Theory of single-electron heat engines coupled to electromagnetic environments

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We introduce a new class of mesoscopic heat engines consisting of a tunnel junction coupled to a linear thermal bath. Work is produced by transporting electrons up against a voltage bias like in ordinary thermoelectrics but heat is transferred by microwave photons, allowing the heat bath to be widely separated from the electron system. A simple and generic formalism capable of treating a variety of different types of junctions and environments is presented. We identify the systems and conditions required for maximal efficiency and maximal power. High efficiencies are possible with quantum dot arrays but high power can be achieved also with metallic systems.

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I. INTRODUCTION

Conversion of heat to work, and, in particular, recovery of waste heat produced by electronic components is a problem of great and ever increasing importance. Solid-state thermoelec-tric systems^{[1](#page-6-0)} are ideally suited for this purpose since they are easily integrated with the rest of the circuitry on the microchip. Mesoscopic heat transfer devices are a promising class of thermoelectric systems due to their easy fabrication, control, and measurement, $²$ and because sharp features in the energy</sup> spectrum, a requirement for efficient operation, 3 are readily available. Due to their small size, they can also be used to study foundational issues, such as the importance of fluctuations[4](#page-6-0) and the fundamental limits of heat engine performance.⁵

Arguably the simplest mesoscopic heat engine consists of a single-level quantum dot placed between two metallic leads held at different temperatures and voltages.^{[6](#page-6-0)} Positioning the dot level far enough from the Fermi levels of the leads enables the electrons to flow against the voltage bias while carrying heat from hot to cold. Thermoelectric properties of weakly coupled quantum dots have also been experimentally studied.^{[7–10](#page-6-0)} This type of device operates as a heat engine by generating electrical current and transferring heat between the same two reservoirs. A recent modification $11,12$ of this scheme makes the charge and heat currents flow along different pathways by introducing a third reservoir: charge is transported between two reservoirs at the same temperature, while the third reservoir, at a different temperature, is Coulomb coupled to the transport electrons and supplies the thermal fluctuations driving the heat engine.

Here we introduce a new type of mesoscopic heat engine, sketched in Fig. $1(a)$. It consists of one or more quantum dots or metallic dots between two electronic leads at the same temperature T but with a voltage bias V . The leads are connected to an external circuit with temperature T_{env} and impedance $Z(\omega)$. If the tunnel coupling for one of the junctions is small enough, a tunneling electron will exchange energy with the electromagnetic environment, and with a proper choice of parameters it is then possible to achieve a net current against the voltage bias. This system is similar in spirit to the devices of Refs. [11](#page-6-0) and [12](#page-6-0) but instead of a direct Coulomb interaction between the electrons in the transport system and in the heat bath, in our proposal the

coupling is mediated by microwave photons. Photonic heat conduction in electronic circuits has been investigated in recent years both theoretically^{[13–18](#page-6-0)} and experimentally,^{[19,20](#page-6-0)} while previously studied single-electron devices for thermal applications include a thermometer, $2,21$ a cooler, 14 and a heat diode.[22](#page-6-0) There are also theoretical proposals for three-reservoir heat engines where the electrons are driven by a coupling to a phonon bath[.23,24](#page-6-0)

A significant advantage of the photonic coupling compared to Coulombic or phononic interaction is that the two parts of the circuit with different temperatures can be located arbitrarily far apart. One can imagine a scenario where the external circuit is a relatively large device which performs some useful function but at the same time produces excess heat. Our engine can recover a part of this heat and feed it back to the main device as electrical power.

We show that in an optimal configuration the electrical current in different types of junction systems is given by a single concise formula, Eq. [\(6\).](#page-2-0) Then a junction between two quantum dots is shown to be ideal in terms of efficiency, while all junction types, involving either metals or quantum dots, are able to deliver approximately equal maximal power production.

The rest of the paper is organized as follows. In Sec. II, we present the theory for electron tunneling in a linear external environment. In Sec. [III,](#page-1-0) we consider bath-assisted transport in junction arrays and conclude that in an appropriate limit the current is given by Eq. [\(6\)](#page-2-0) for a variety of different systems. The heat engine characteristics of different junction types are studied in detail in Sec. [IV,](#page-3-0) with a particular emphasis on performance under maximum power conditions. In Sec. [V,](#page-5-0) we summarize the results and consider experimental prospects.

II. COUPLING TO THE ENVIRONMENT

The exchange of energy between the tunneling electron and the external environment is treated with the so-called $P(E)$ theory. A thorough account of this formalism is given in Refs. [25](#page-6-0) and [26,](#page-6-0) and in this section, we only present the results relevant for the present study. $P(E)$ theory, and therefore also our present work, rests on two fundamental requirements: (i) it is assumed that the coupling between the different electron

FIG. 1. (Color online) (a) Schematic of a single-electron heat engine coupled to an external environment with impedance $Z(\omega)$. Electrons tunneling through the left junction exchange energy with the heat bath, enabling net current against the voltage bias. (b), (c) Energy-level diagrams of junction systems with one or two dots between the leads. One of the junctions, marked with a photon symbol, is coupled to the external bath. The photon-assisted tunneling rates are Γ_{\pm} .

systems is weak enough and that the temperature of the electrons or the environment is high enough so that transport can be adequately described by the lowest-order Fermi golden rule, and (ii) it is assumed that the environment relaxation is much faster than the tunneling rate. Then within $P(E)$ theory the tunneling rate $\Gamma_{i\rightarrow j}$ between electron systems *i* and *j* through a junction, that is, a single insulating barrier, is given by the Fermi golden rule formula with the energy-conserving *δ* function replaced by *P*(*E*), the probability density to exchange energy E with the environment. Thus we have 25 $(\text{with } \hbar = k = e = 1)$

$$
\Gamma_{i \to j} = 2\pi |t|^2 \int d\varepsilon_i d\varepsilon_j \rho_i (\varepsilon_i - \mu_i) \bar{\rho}_j (\varepsilon_j - \mu_j) P(\varepsilon_{ij}),
$$
\n(1)

where $\varepsilon_{ij} = \varepsilon_i - \varepsilon_j$. For the electron density $\rho_i(\varepsilon)$, we consider two cases, a single-level quantum dot with $\rho_i(\varepsilon) = \delta(\varepsilon)$ and a metal with $\rho_i(\varepsilon) = v_i f(\varepsilon)$, where v_i is the density of states and $f(\varepsilon)$ is the Fermi function. Similarly, the hole density is $\bar{\rho}_i(\varepsilon) = \delta(\varepsilon)$ for dots and $\bar{\rho}_i(\varepsilon) = v_i[1 - f(\varepsilon)]$ for metals. Note that in the quantum dot case, we assume that dot *i* is occupied and dot *j* is empty, otherwise the rate would vanish. The tunneling matrix element between the initial and final states is *t*, which is taken here to be energy independent. The Fermi level of a metal or the single level of a quantum dot is μ_i with possible Coulomb charging energies absorbed into it. The heat current emitted by the environment during the tunneling process is obtained from the rate formula by weighing the integral with $\varepsilon_j - \varepsilon_i = -\varepsilon_{ij}$:

$$
J_{i\to j} = -2\pi |t|^2 \int d\varepsilon_i d\varepsilon_j \, \varepsilon_{ij} \rho_i (\varepsilon_i - \mu_i) \bar{\rho}_j (\varepsilon_j - \mu_j) P(\varepsilon_{ij}).
$$
\n(2)

The *P*(*E*) function for an electromagnetic environment can be determined by a circuit theory analysis of the system. If the junction, which itself has some capacitance *C*, is coupled to an environment with impedance $Z(\omega)$, the total impedance Z_t over the junction is *C* and $Z(\omega)$ in parallel, that is, $Z_t(\omega) = [i\omega C + 1/Z(\omega)]^{-1}$. We will omit the rather complicated general expression for *P*(*E*). For our purposes it is sufficient to note that it only depends on the environment temperature T_{env} and the real part of $Z_t(\omega)$. Since $P(E)$ is a probability density, its integral is normalized to unity, and additionally the detailed balance for the environment requires that^{[25](#page-6-0)} $P(-E) = e^{-E/T_{\text{env}}} P(E)$.

When presenting numerical results, we will consider a simple and prototypical environment, namely, an ohmic resistor with impedance $Z(\omega) = R$. We further assume the high-impedance limit where *RC* is the largest time scale of the system. Then the $P(E)$ function is given as^{[25](#page-6-0)}

$$
P(E) = \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{(E - E_C)^2}{2\sigma^2}},
$$
\n(3)

where $E_C = e^2/2C$ is the charging energy of a junction with capacitance *C* and $\sigma^2 = 2E_C T_{\text{env}}$.

III. CURRENTS IN JUNCTION SYSTEMS

Thermoelectric power generation in a three-reservoir single-electron device requires at least one environmentcoupled tunnel junction, and we will now consider systems with one, two, or three junctions in series. The concrete realizations of these systems are zero, one, or two (quantum or metallic) dots placed between two metallic reservoirs. We work within the framework of $P(E)$ theory, and thus assume weak coupling and fast environment relaxation, as explained in Sec. [II.](#page-0-0)

Let us start with a single junction with no dots between two noninteracting metallic leads at temperature *T* . The junction is coupled to an electromagnetic environment with an arbitrary $P(E)$ and temperature T_{env} . The tunneling rate for the positive direction, from left (L) to right (R) , is Γ_+ and the rate in the opposite direction is Γ . With the voltage bias $\mu_R - \mu_L = V$, Eq. (1) gives the current as

$$
I_0 = \Gamma_+ - \Gamma_- = \gamma \int d\varepsilon_L d\varepsilon_R f(\varepsilon_L) [f(V - \varepsilon_R) - f(-V - \varepsilon_R)] P(\varepsilon), \tag{4}
$$

where $\gamma = 2\pi |t|^2 v_L v_R$ and $\varepsilon = \varepsilon_L - \varepsilon_R$. The subscript 0 for the current denotes the fact that there are no dots in the system. We use a convention where a positive voltage *V* means that electrons have a higher energy in the right lead and a positive current *I* means that electrons travel, on the average, from left to right. Therefore if *I* and *V* have the same sign, that is, the generated power $\dot{W} = IV$ is positive, heat is converted to electrical work and the device operates as a heat engine. For the present case, the bracketed term in Eq. (4) has a sign that is opposite to the sign of *V* and therefore $\dot{W} \leq 0$. This simple junction cannot produce thermoelectric power. One way to understand this failure is to think of the system as a Brownian motor, 27 which is driven by thermal fluctuations due to the external environment. However, these fluctuations do not intrinsically have any preferred direction and therefore the noise must be rectified by the electron transport system in order to generate net power.¹² Rectification requires a nonlinear current-voltage characteristic but the simple junction (without the environment coupling) is linear. Therefore a nonlinearity must be introduced into the transport system, and here we do it by adding a (quantum or metallic) dot between the two leads. We further assume that the Coulomb repulsion within the dot is so strong that it can only be empty (with probability p_0) or singly occupied (with probability p_1). The Fermi level of the metallic dot or the single-particle level of the quantum dot is at energy *E*, with Coulomb energy included; see Fig. $1(b)$. Now the system has two junctions, and the tunneling rates through the left and right junction are Γ_{\pm} and $\Gamma_{R\pm}$, respectively. Instead of Eq. [\(4\),](#page-1-0) the current is given by $I = p_0 \Gamma_+ - p_1 \Gamma_-$. The probabilities can be solved from the master equation $\dot{p}_0 = p_1(\Gamma_+ + \Gamma_{R+}) - p_0(\Gamma_+ + \Gamma_{R-})$ in the steady state, $\dot{p}_0 = 0$. This gives the current for the one-dot system as

$$
I_1 = \frac{\Gamma_+ \Gamma_{R+} - \Gamma_- \Gamma_{R-}}{\Gamma_+ + \Gamma_{R+} + \Gamma_- + \Gamma_{R-}}.
$$
 (5)

If the two junctions are identical, symmetry of the system implies that there is no thermally induced net current for $V = 0$, and a calculation with Eq. [\(1\)](#page-1-0) shows that there can be no power production for any *V* . For instance, in the case of a quantum dot the numerator of Eq. (5) is proportional $\int d\varepsilon d\varepsilon' P(\varepsilon)P(\varepsilon')[[f(\varepsilon+E)f(\varepsilon'-E+V)-f(\varepsilon+E-\varepsilon)]$ *V*) $f(\varepsilon' - E)$]. For *V* > 0, the first and the second Fermi functions are smaller that the third and the fourth, respectively, implying $I_1 < 0$. To arrive at the preceding expression the *P*(*E*) functions for the two junctions must be identical, and therefore unequal environmental couplings are required for power production.

Since both junctions are connected to the same external circuit, the only way they can have different $P(E)$ functions is that the junction capacitances, C_L and C_R , are unequal. In that case, circuit theory analysis 25 shows that the total impedance over junction *i* is Re $Z_{t,i}(\omega) = \kappa_i^2 \text{Re } \tilde{Z}_t(\omega)$, where $\kappa_i = C/C_i$ and $\tilde{Z}_t(\omega) = [i\omega C + 1/Z(\omega)]^{-1}$, with $1/C = 1/C_L + 1/C_R$. In other words, the only difference to the single junction case is that the external impedance seen by junction i is effectively reduced by a factor κ_i^2 . Thus a maximal difference between the $P(E)$ functions of the two junctions can be obtained when the capacitances have different orders of magnitude. If, for example, with a small left-side capacitance $C_L \ll C_R$, we have $C \approx C_L$, $\kappa_L \approx 1$, and $\kappa_R \approx C_L/C_R$. In this limit, the left junction is coupled to the environment with energy $E_C = e^2/2C_L$, while the coupling of the right junction is suppressed by a factor of $(C_L/C_R)^2$. Note, however, that the charging energy of the dot is $e^2/2(C_L + C_R)$ that must still be large enough to prevent a multiple occupation of the dot. To simplify Eq. (5) , we note that since now the right junction is effectively decoupled from the environment, detailed balance requires $\Gamma_{R+} = \Gamma_{R-}e^{(E-V)/T}$. This relation can, of course, be also derived from Eq. [\(1\)](#page-1-0) with $P(E) = \delta(E)$. Furthermore, a junction with a small capacitance is usually also weakly transmitting and therefore it is consistent to assume that $C_L \ll C_R$ implies $\Gamma_{\pm} \ll \Gamma_{R\pm}$. Then, we obtain

$$
I = f(V - E)\Gamma_+ - f(E - V)\Gamma_-\tag{6}
$$

This is the main equation of the present paper. Below we argue that it applies also to more generic junction systems and therefore we have dropped the subscript from I_1 . The heat engine behavior produced by this equation is examined in detail in the next section.

Let us then turn to the case of two dots in series between the leads, as depicted in Fig. [1\(c\).](#page-1-0) The energy levels of the left and right dots are E_L and E_R , respectively, and $E = E_R - E_L$. We again assume a strong enough Coulomb repulsion so that the double dot can be either empty (probability p_0), or there can be one electron in the left dot (probability p_L) or in the right dot (probability p_R). The tunneling rates through the left, center, and right junctions are $\Gamma_{L\pm}$, Γ_{\pm} , and $\Gamma_{R\pm}$, respectively, and the current is given by $I_2 = p_L \Gamma_+ - p_R \Gamma_-$. The master equation for the occupations is

$$
\dot{p}_0 = -p_0(\Gamma_{L+} + \Gamma_{R-}) + p_L \Gamma_{L-} + p_R \Gamma_{R+}, \n\dot{p}_L = p_0 \Gamma_{L+} - p_L(\Gamma_{L-} + \Gamma_{+}) + p_R \Gamma_{-}, \n\dot{p}_R = p_0 \Gamma_{R-} + p_L \Gamma_{+} - p_R(\Gamma_{R+} + \Gamma_{-}),
$$
\n(7)

and the steady-state solution gives the current as

$$
I_2 = (\Gamma_{L+}\Gamma_{+}\Gamma_{R+} - \Gamma_{L-}\Gamma_{-}\Gamma_{R-})/\tilde{\Gamma}^2
$$
 (8)

with $\tilde{\Gamma}^2 = \Gamma_{L+}\Gamma_{R+} + \Gamma_{L-}\Gamma_{R-} + \Gamma_{L-}\Gamma_{R+} + \Gamma_{+}(\Gamma_{L+} +$ $\Gamma_{R+} + \Gamma_{R-}$) + $\Gamma_{-}(\Gamma_{L+} + \Gamma_{L-} + \Gamma_{R-})$. Similarly to the one-dot case, we now assume that the central junction between the dots has a small capacitance and a small transmittance compared to the other two junctions. Thus $\Gamma_+ \ll \Gamma_{L\pm, R\pm}$, and since now the left and right junctions are effectively decoupled from the environment, detailed balance implies $\Gamma_{L-}/\Gamma_{L+} = e^{E_L/T}$ and $\Gamma_{R+}/\Gamma_{R-} = e^{(E_R-V)/T}$. The expression for the current is then simplified to

$$
I_2 = \frac{e^{(E-V)/T}\Gamma_+ - \Gamma_-}{1 + e^{(E-V)/T} + e^{(E_R-V)/T}}.
$$
\n(9)

The last term of the denominator is vanishingly small compared to the first two if $-(E_R - V) \gg T$ and $-E_L \gg T$. In this limit, the expression for the current is again reduced to Eq. (6). Physically this limit means that the dot levels are much below the Fermi levels of the leads and thus either of the two dots is always occupied ($p_0 \rightarrow 0$), leading effectively to a two-state system similar to the one-dot case. Clearly this argument could also be extended to a larger number of dots if necessary.

We have now seen that Eq. (6) is the fundamental expression for thermoelectric current in the optimal limit when only one junction is exchanging heat with the external bath and when all "idle" time spent on processes with no environment coupling can be neglected. The generality of Eq. (6) can also be intuitively seen as follows. The system is always in one of two possible states: there is an electron ready to tunnel either from left to right or from right to left through the bath-coupled junction. The probabilities of these two states are p_+ and $p_-,$ and the average current through the junction is therefore $I = p_+ \Gamma_+ - p_- \Gamma_-$. On the left side of the junction there is a metal with Fermi level E_L , or a quantum dot with a level at *EL* strongly coupled to a metal. In either case, the probability that the left side has an electron ready for tunneling is proportional to $f(E_L)$. Similarly, the right side has a level at $E_R - V$, and it is ready to receive the tunneling electron with a probability proportional to $1 - f(E_R - V) = f(V - E_R)$. Thus we have $p_+ \propto f(E_L)f(V - E_R)$ and, analogously, $p_{-} \propto f(-E_L)f(E_R - V)$. Normalizing with $p_{+} + p_{-} = 1$

gives $p_{+} = f(V - E)$ and $p_{-} = f(E - V)$, and we arrive at Eq. [\(6\).](#page-2-0) The existence of these two states is due to the electron-electron interaction. The noninteracting case of Eq. [\(4\)](#page-1-0) is obtained when there is only one single state allowing electrons to tunnel at any time in either direction.

The heat current *J* emitted by the environment can be calculated by following exactly the same steps as for the electrical current, and the result corresponding to Eq. [\(6\)](#page-2-0) is

$$
J = f(V - E)J_+ + f(E - V)J_-, \tag{10}
$$

where J_+ and J_- are the energy currents absorbed by the electron tunneling to the right and to the left, respectively, as obtained from Eq. [\(2\).](#page-1-0) The sign difference between Eqs. [\(6\)](#page-2-0) and (10) is due to the fact that J_{\pm} already contain the direction of the heat flow.

IV. HEAT ENGINE CHARACTERISTICS

As we have argued, in the optimal limit, an array of one or more dots can be seen as a two-state system obeying Eqs. [\(6\)](#page-2-0) and (10), and thus when evaluating the thermoelectric power generation in these devices it is only necessary to consider the single junction that is coupled to the electromagnetic environment. Some generic remarks about Eq. [\(6\)](#page-2-0) can be made without any explicit model for the junction. First, note that a mirror reflection of a solution with (E, V, I) produces another solution with $(-E, -V, -I)$ and therefore it is sufficient to consider the case $E > 0$. Next, the $I(V)$ curve of Eq. [\(6\)](#page-2-0) has a simple overall structure. Since the tunneling rates Γ_+ depend only on the level difference *E* over the junction but not on the voltage bias *V* , the current depends on *V* only through the Fermi functions. Thus we see that *I* approaches asymptotically Γ_+ and $-\Gamma_-$ for large negative and positive values of V , respectively. Since $I(V)$ decreases monotonically, at some point $V = V_0$ the current vanishes. For our purposes, the most important fact is that for voltages between 0 and V_0 , *I* and *V* have the same sign and the device operates as a heat engine. From Eq. [\(6\),](#page-2-0) we can solve

$$
V_0 = E - T \ln \frac{\Gamma_-}{\Gamma_+}.\tag{11}
$$

All the systems studied here have $\Gamma_{-} > \Gamma_{+}$ and, therefore, *E* is an upper limit for *V*0, while no lower limit exists. We will also see that a hot environment ($T_{\text{env}} > T$) implies $V_0 > 0$ and, therefore, the heat engine operates with positive *V* and *I* , while for a cold environment, $(T_{\text{env}} < T)$ *V* and *I* are negative.

An important characteristic of a heat engine is the efficiency $\eta = IV/J_H$, where J_H is the heat current from the hot bath. When $T_{\text{env}} > T$, we have simply $J_H = J$ but when $T_{\text{env}} < T$ the hot bath is the transport system and then $J_H = IV - J$, that is, the heat taken from the electrons is the sum of the produced power *IV* and the heat −*J* expelled to the cold environment. Thus we have

$$
\eta = \begin{cases} \frac{IV}{J}, & T_{\text{env}} > T, \\ \frac{IV}{IV-J}, & T_{\text{env}} < T. \end{cases}
$$
(12)

The fundamental upper limit for η is the Carnot efficiency $\eta_C =$ $1 - T_C/T_H$, where $T_C = \min\{T, T_{env}\}\$ and $T_H = \max\{T, T_{env}\}.$ In this limit, transport proceeds reversibly and power production is vanishingly small. Thus reaching Carnot efficiency is not a very useful goal in practice.

Another efficiency measure, widely used in the context of thermoelectric power generation, is the figure of merit *ZT* . Even though the separation of heat and charge pathways makes the devices covered by our theory quite different from typical thermoelectrics, the usual definition of *ZT* can still be straightforwardly applied to the present case. In the linear response limit, when *V* and $\Delta T \equiv T_{\text{env}} - T$ are much smaller than T , we have

$$
ZT = \frac{\sigma S^2}{\kappa}T,\tag{13}
$$

where the Seebeck coefficient is $S = \partial V_0 / \partial (\Delta T)$, electrical conductance is $\sigma = \partial I/\partial V$ at $\Delta T = 0$, and thermal conductance is $\kappa = \partial J/\partial(\Delta T)$ at $I = 0$. Generally, κ should include all forms of heat transfer between the reservoirs, but since we are not modeling any parasitic flows, they are not included in *ZT* . There is a major effort in thermoelectrics research to produce systems with $ZT > 1$.¹

When an electron is transported between the leads of a thermoelectric system it always performs the same amount of work $\pm V$ where the sign depends on the direction of tunneling. However, the amount of heat transferred between the thermal baths can vary from one tunneling event to another, and the spectrum of this energy exchange is determined both by the structure of the junction and the environment. We consider two limiting cases for the junction structure. The first is a fully energy-selective junction, where each tunneling event is accompanied by an exchange of a fixed amount of heat $\pm E$. A physical realization for this is a junction between two quantum dots with sharply defined energy levels separated by *E*. The other extreme is a totally unfiltered junction where essentially any amount of heat can be exchanged. The two physical examples that we consider are a junction between a quantum dot and a metal, and a junction between two metals.

A. Energy-selective junctions

A junction between two quantum dots can only exchange a fixed energy *E* with the external bath during the tunneling events. Using Eq. [\(1\)](#page-1-0) together with detailed balance for the environment yields

$$
\Gamma_{+} = \Gamma_{-} e^{-E/T_{\text{env}}},
$$

\n
$$
\Gamma_{-} = 2\pi |t|^2 P(E).
$$
\n(14)

Similarly, the heat flows from Eq. [\(2\)](#page-1-0) are $J_{+} = E\Gamma_{+}$ and $J_{-} =$ $-E\Gamma_{-}$, which imply the simple relation $J = EI$. Therefore, at all temperatures, the ratio of produced power and transferred heat is a constant V/E , a situation known as strong coupling between particle and heat flows. Carnot efficiency can only be achieved by such strongly-coupled systems, $5,28,29$ and in the present case, this can be confirmed by noting that the stopping voltage from Eq. (11) is

$$
V_0 = E(1 - T/T_{\text{env}})
$$
 (15)

and substituting $V = V_0$ in Eq. (12) yields $\eta = \eta_C$. Thus Carnot efficiency implies vanishing current and power. The value for the figure of merit *ZT* can be inferred directly by noting that since κ in Eq. [\(13\)](#page-3-0) is evaluated at $I = 0$, the strong-coupling condition implies $J = \kappa = 0$ and therefore $ZT = \infty$, independent of any parameters. This is another indication that energy-selective junctions can be used to construct maximally efficient thermoelectrics.

In order to investigate, the physics beyond linear response and to find out the conditions that maximize the power instead of efficiency, we perform a numerical calculation and for that purpose an explicit expression for the environment spectrum is needed. Since an energy-selective junction interacts with the environment only at a single energy *E*, the full form of the *P*(*E*) function does not generally have much significance. There is one caveat, however: Fermi golden rule, which $P(E)$ theory is based on, is not able to treat transitions between discrete states, and therefore our approach fails if the environment and both sides of the junction are discrete. Our example environment of Eq. (3) is continuous and therefore the present approach is valid also for a junction between two quantum dots, except in the limit $\sigma \to 0$ when $P(E)$ becomes a discrete *δ* peak.

For each pair of temperatures *T* and *T*env, the generated power $\dot{W} = IV$ from Eqs. [\(6\)](#page-2-0) and [\(14\)](#page-3-0) is numerically maximized with respect to the bias *V* , the level difference *E*, and the coupling energy E_C , and the results are presented in Fig. $2(a)$. In order to estimate the maximum power achievable with this device, we note that the unit of power in Fig. $2(a)$ is $2\pi |t|^2$, and to find an upper limit for this quantity, we model the junction between two quantum dots as a two-state system with level difference *E* and tunnel coupling *t*. The left and right dots must be approximate energy eigenstates, requiring that $|t| \ll E$. Since $E \approx T_0$ for maximum power operation, we end

FIG. 2. (Color online) Maximum power production for (a) a junction between two quantum dots, and (b) a junction between a quantum dot and a metal. (Top) The maximum power for given temperatures. Note the different units of power for (a) and (b). (Middle) efficiency at maximum power. (Bottom) values of *V* (full line), E (dashed), and E_C (dash-dotted) that give the maximum power. The temperature difference is $\Delta T = T_{\text{env}} - T$ and the average temperature is $T_0 = \frac{1}{2}(T + T_{env})$.

up with $|t| \ll T_0$. Thus the output power is strictly limited by the operating temperature. The spurious divergence of power for very large temperature differences is due to the breakdown of $P(E)$ theory, as explained in the preceding paragraph.

We remark that this energy-selective system is very similar to the one studied in Ref. [11.](#page-6-0) The physical implementations are rather different, with the system of Ref. [11](#page-6-0) requiring a total of four quantum dots while for our device two dots are sufficient, but the structures of the energy transfer processes are fundamentally identical, leading to very similar performance figures.

B. Unfiltered junctions

Junctions that do not restrict the amount of energy exchanged between the tunneling electron and the environment will be called *unfiltered*. We concentrate on a system where the other side of the junction is a quantum dot and the other side is a metal, but at the end of the section, we also briefly consider a junction between two metals. For a metal-quantum dot junction, Eq. [\(1\)](#page-1-0) gives

$$
\Gamma_{\pm} = \Gamma \int d\varepsilon P(\varepsilon) f(\varepsilon \pm E), \tag{16}
$$

where $\Gamma = 2\pi |t|^2 \nu$. This form shows immediately that Γ_{-} Γ_+ and thus $V_0 < E$. Linearizing Eqs. [\(6\)](#page-2-0) and [\(10\)](#page-3-0) then yields the figure of merit from Eq. (13) as

$$
ZT = \left(\frac{c\tilde{J}}{\tilde{E}^2} - 1\right)^{-1},\tag{17}
$$

where $c = F[0], \quad \tilde{E} = F[1], \quad \tilde{J} = F[2], \text{ and } F[n] =$ $\int_0^\infty d\varepsilon P(\varepsilon) \varepsilon^n [f(E-\varepsilon)e^{-\frac{\varepsilon}{T}}+(-1)^n f(E+\varepsilon)].$ These definitions show that if $P(E)$ consists of a pair of δ peaks at energies $\pm E_0$, then in the limit $E = E_0 \gg T$, we have $ZT \rightarrow$ ∞ and, therefore, this kind of environment is able to mimic the effect of an energy-selective junction. However, in this limit, *E* and thus the power *IV*, scales as $exp(-E/T)$. A more detailed analysis shows that beyond *ZT* ∼ 1 a linear increase in *ZT* corresponds to an exponential suppression of generated power. This should be contrasted to the energy-selective junction where the infinite *ZT* is due to the idealized assumption of perfectly sharp energy levels. In reality, the levels are broadened and the figure of merit is finite. However, when the level width is decreased, power is reduced roughly inversely, and not exponentially, with ZT .^{[30](#page-6-0)} Thus an energy-selective junction is the only realistic way of achieving very high efficiencies, at least in the linear regime. The fundamental difference between the energy filtering provided by the junction and by the environment is the fact the former is directional while the latter is not: when an electron tunnels to the right in an energy-selective junction it must always absorb a photon and when tunneling in the other direction it must emit a photon, but for an unfiltered junction both emission and absorption are possible for either direction.

After concluding that large efficiencies are not available for linear response, we turn to the nonlinear regime and conditions for maximum power. Figure $2(b)$ shows numerical results for an ohmic environment, as represented by Eq. (3) , with the power calculated from Eqs. (6) and (16) . The figure of merit at maximum power is $ZT \approx 0.5$. For $T_{env} > T$, the power is large but the efficiency clearly below the energy-selective case. This is because the power is generated by elementary tunneling processes each performing the same work *V* but absorbing a different amount of heat from the hot bath. These elementary processes thus have different efficiencies, and the overall average efficiency will be lower than in the energyselective case where each process carries the same amount of heat.

In the opposite case of a cold environment, $T_{\text{env}} < T$, performance of the heat engine is dramatically degraded. Since now $V < 0$, electrons tunneling from right to left perform useful work, and therefore large power production requires that[−] dominates Γ_{+} . Indeed, this is the case for the energy-selective junction: as can be seen from Eq. [\(14\),](#page-3-0) $T_{env} \rightarrow 0$ implies $\Gamma_{-} \gg$ Γ_{+} . However, the unfiltered case of Eq. [\(16\)](#page-4-0) does not share this property. The physical explanation is that in the former case electrons can tunnel from left to right only by absorbing energy from the cold environment, while in the latter case, they can tunnel by using the thermal energy of the hot electron system, without any energy exchange with the external bath. The transport processes which are decoupled from the environment produce a considerable leakage current down along the voltage bias, thus making heat engine performance very poor.

For a metal-quantum dot junction, the magnitude of the maximum power depends on the product of Γ and T_0 . Validity of our approach requires that sequential tunneling dominates all higher-order processes, and this is the case if $\Gamma \ll T_0$, and thus the unit of power is constrained by $\Gamma T_0 \ll T_0^2$.

Another model system for the unfiltered case is a tunnel junction between two metals. In this case, Eq. [\(1\)](#page-1-0) yields

$$
\Gamma_{\pm} = \gamma \int d\varepsilon P(\varepsilon)(\varepsilon \pm E)n(\varepsilon \pm E), \tag{18}
$$

where $\gamma = 2\pi |t|^2 v_L v_R$ and $n(\varepsilon)$ is the Bose function at temperature *T*. We have also used the identity $\int d\varepsilon' f(\varepsilon') [1$ $f(\varepsilon' - \varepsilon)$] = $\varepsilon n(\varepsilon)$. Comparing Eq. (18) to Eq. [\(16\),](#page-4-0) we see that the quantitative results for the metal-quantum dot junction can be transferred to the present case by replacing $\Gamma \rightarrow \gamma$ and $f(\varepsilon) \rightarrow \varepsilon n(\varepsilon)$. All qualitative arguments remain unchanged, and numerical maximization yields results very similar to those in Fig. $2(b)$, with the unit of power now being γT_0^2 . The existence of Coulomb blockade requires²⁶ $\gamma \ll 1$ and therefore just like in the previous cases the operating temperature strictly limits the attainable power.

V. DISCUSSION

Above we have shown that highly efficient energy conversion is, in practice only, available for an energy-selective junction. This type of device also performs equally well for hot and cold environments. On the other hand, unfiltered junctions should be operated with a hot environment and cold electron transport system. To intuitively understand this behavior, one can consider the system in Fig. $1(b)$ with the left junction coupled to the environment. When the electron system is cold, that is, *T* is small compared to the other energies, then the Fermi functions are sharp and electrons cannot tunnel up in energy from the right lead to the center, and therefore only the positive direction transport processes remain. First, an electron tunnels from the left lead to the center by absorbing a photon, and then due to the strong tunnel coupling of the second junction it discharges to the right lead. Thus each tunneling electron transfers heat from hot to cold and performs useful work, leading to optimal thermoelectric performance. On the other hand, for a hot electron system, the Fermi functions are smeared and in general electrons can tunnel in both directions without absorbing or emitting photons. Such environment-decoupled processes transport electrical current down the voltage bias, that is, they produce Joule heating from work, hence severely degrading the engine power and efficiency. Only a fully energy-selective junction is able to force the tunneling electrons to always interact with the environment, resulting in highly efficient energy conversion.

Achieving high efficiency is typically a major goal in heat engine design but for the purposes of waste heat recovery the thermal input energy of the device can be considered free and abundant, making efficiency an irrelevant quantity. In this case, one should instead concentrate on maximizing the power output, as has been done in Sec. [IV.](#page-3-0) From Fig. [2,](#page-4-0) one can see that the attainable power is roughly 0*.*01 *...* 0*.*1, expressed in units of $2\pi |t|^2$ for a junction between quantum dots, ΓT_0 for a metal-quantum dot junction, and γT_0^2 for a metal-metal junction. We have concluded that these three expressions are all bounded to be much smaller than T_0^2 , which leads us to estimate that the maximum power achievable with this type of device is about $10^{-2}T_0^2$. If $T_0 = 1$ *K*, the generated power falls in the femtowatt range. This is a typical figure for low-temperature single-electron devices.^{[22,30](#page-6-0)}

In principle, it is possible to increase the power production by having several engine units in parallel with the external impedance. The coupling energy E_C scales inversely with the number of parallel devices and therefore the capacitances of the individual junctions should be decreased. However, in order to see an actual increase in current and power, this change in the capacitances should not considerably lower the tunneling rates of the junctions.

Even if one is not concerned with efficiency, heat leaks between the thermal baths should be minimized in order to have a maximally large temperature difference. Phononic heat conduction is a problem with all thermoelectric systems. Since phonons are not part of our model, we only note that at very low temperatures the electron-phonon coupling becomes weak and this conduction channel can be ignored. On the other hand, two heat leak mechanisms particular to the type of devices considered here are heat conduction by electrons moving between the junction and the external circuit, and photonic heat transfer between the external impedance and the metallic reservoirs of the junction system. The first leakage channel can be eliminated by using superconducting wires, and the second one is suppressed if the resistance of the electron reservoirs is much smaller than the tunnel resistance of the junctions.

We have assumed that the whole electron transport system remains at the same temperature T . This is a nontrivial requirement especially for the small dots which can be easily driven to different temperatures or even out of equilibrium. However, one central assumption leading to Eq. [\(6\)](#page-2-0) was that those junctions which are effectively uncoupled from the environment have a relatively high transmittance, and the back and forth tunneling of electrons through these junctions will equilibrate the dot with the reservoir.

One should also note that since the generated current flows through the external impedance $Z(\omega)$, the power *P* and voltage bias *V* must be related by $Z(\omega \to 0) = V^2/P$ if there are no other voltage sources. For example, from Fig. $2(b)$, we have $Z(0) \sim 10^2 T_0/\Gamma$ which is consistent with the assumption of a high-impedance environment since the validity of $P(E)$ theory requires $T_0/\Gamma \gg 1$. Of course, a nonthermoelectric voltage source in series with the heat engine can be used to drive the current through an even larger load.

In conclusion, we have investigated the heat engine performance of several types of single-electron junctions coupled to linear electromagnetic environments. Highest thermoelectric performance is obtained when only a single junction in an array of junctions is coupled to the external heat bath, and in this case a simple formula is able to describe the essential dynamics. It was confirmed that an energy-selective junction between two quantum dots is capable of highly efficient energy conversion, while equally large power production is possible with all studied junction types.

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