# Magnetization and magnetoelectric effect in  $Bi_{1-x}La_xFeO_3$  (0≤ $x$  ≤ 0.15)

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We report on magnetization and magnetocapacitance measurements in the  $Bi_{1-x}La_xFeO_3$  series for  $0 \leq x$  $\leq$  0.15. We confirm that doping with La reduces the threshold magnetic field  $H_c$  for cancelling the magnetic spiral phase, and we show that  $H_c$  decreases as the La content increases up to  $x=0.15$ , which is the highest concentration for maintaining the noncentrosymmetric rhombohedral structure of BiFeO<sub>3</sub>. Measurements of the dielectric constant as a function of magnetic field in the series also show a maximum magnetocapacitance for  $x=0.15$ .

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### **I. INTRODUCTION**

Recently, the perovskite compound  $BiFeO<sub>3</sub>$ , where ferroelectricity and antiferromagnetism coexist at room temperature, has been the subject of renewed interest. $1-4$  Such multiferroic<sup>5[,6](#page-5-3)</sup> materials can present a strong coupling between the electric and magnetic order parameters, also called the magnetoelectric (ME) effect. Thus they are potential candidates for applications to devices where, for instance, the magnetization could be switched by the reversal of an elec-tric field.<sup>7[,8](#page-5-5)</sup> However, this is only of interest if some net magnetization arises in the material. In  $BiFeO<sub>3</sub>$ , the antiferromagnetic (AF) structure is of *G* type, but it is not collinear, showing a spiral cycloidal spin arrangement in which the  $Fe<sup>3+</sup>$  moments rotate in a plane, with an incommensurate period  $\lambda \approx 620$  Å.<sup>9,[10](#page-5-7)</sup> Due to the magnetoelectric coupling, the two  $Fe<sup>3+</sup>$  sublattices are canted, resulting in a weak local net magnetization, which however averages to zero over a period of the incommensurate modulated spin structure.<sup>1</sup> Another consequence of the cycloidal spin structure is that it inhibits the observation of the linear ME effect, $^{11}$  i.e., of the linear dependence of the induced electric polarization on the magnetic field. The ME coupling is however strong enough to allow the reversal of AF domains by switching the electric field, as shown recently. $12$ 

It is therefore of interest to try and destroy the spacemodulated spin cycloid. Various methods have been used for this purpose. The application of a magnetic field of 20 T has been shown to induce a transition to a homogeneous AF state and to restore a nonzero magnetization.<sup>1[,13](#page-5-10)</sup> Making BiFeO<sub>3</sub> in thin-film form also leads to a homogeneous AF spin structure.<sup>14,[15](#page-5-12)</sup> Low-level substitutions of rare-earth ions  $(La)$ , Dy, …- for bismuth have an interesting effect; the introduction of rare-earth cations in  $BiFeO<sub>3</sub>$  seems to increase the magnetocrystalline anisotropy, $16$  thus making the cycloidal spin structure energetically unfavorable. It can then be destroyed by a magnetic field lower than in pure  $BiFeO<sub>3</sub>$ .

La-doped  $BiFeO<sub>3</sub>$  has already been the subject of numerous investigations $17\frac{1}{21}$  but the transition from the cycloidal to the homogeneous AF state has not yet been detected in highfield magnetization curves. In this work, we determine the effect of a magnetic field up to 14 T on the magnetization and dielectric constant (or magnetocapacitance) in the  $Bi_{1-x}La_xFeO_3$  series, with *x* varying between 0 and 0.15, in polycrystalline samples. We show that the critical field for the transition from spiral to AF collinear magnetic structure decreases with increasing La doping, and we observe a correlated behavior for the magnetocapacitance as a function of magnetic field.

# **II. CRYSTAL STRUCTURE AND EXPERIMENTAL DETAILS**

Ceramic samples of  $Bi_{1-x}La_xFeO_3$  (0, 0.05, 0.10, 0.15, 0.20, and 0.25) were synthesized by a conventional solidstate reaction using the starting oxides  $Bi<sub>2</sub>O<sub>3</sub>$ ,  $La<sub>2</sub>O<sub>3</sub>$ , and  $Fe<sub>2</sub>O<sub>3</sub>$  (purity  $\geq$ 99.99%). The mixtures were ground and calcinated at  $960\degree C$  during 10 h. Then the samples were ground and pressed at 6 kbars into pellets 5 mm in diameter and 1.5 mm in height, and sintered at 960 °C for 10 h. All the samples were found single phase, except for a small amount  $(\sim 2-3\%)$  of  $Bi_{25}FeO_{39}$  which was detected for  $x=0$  and  $x=0.25$ . For pure BiFeO<sub>3</sub>, the x-ray diffraction (XRD) reflections were indexed in the rhombohedral system  $(R3c)$  with lattice parameters  $a=0.5576(2)$  nm and  $c = 1.3863(2)$  $c = 1.3863(2)$  $c = 1.3863(2)$  nm. Analysis of the XRD patterns (Fig. 1) reveals that, when increasing the La content, the lattice symmetry gradually changes from rhombohedral (R3c) to orthorhombic (C222). For instance, the intensity of the (006) and (018) peaks becomes weaker and the splitting of the peaks around 39 $^{\circ}$  and 50 $^{\circ}$  decreases [see, respectively, insets (a) and (b) in Fig. [1](#page-1-0)], indicating that the rhombohedral distortion is reduced as the La content increases. It has almost completely disappeared near  $x=0.15$ . These observations agree with those already published by Zalesskii *et al.*<sup>[22](#page-5-16)</sup>

The isothermal dc magnetization curves were measured at 20 K as a function of the applied magnetic field *H* up to 14 T, using an automated vibrating sample magnetometer (Cryogenic Ltd). It has been checked that the measurements are temperature independent up to 200 K.

Dielectric constants were obtained by measuring the capacitance at 10 kHz on the ceramic pellets using a commercial LCR meter (Instek LCR-819). Silver paste (Dupond 4929) painted on both planes was used as electrode. The magnetic field up to 8 T was applied perpendicular to the plane of the disk. To avoid ohmic losses due to grain boundaries, the measurements were not performed at room temperature but at 100 K where the capacitance of our samples

<span id="page-1-0"></span>

FIG. 1. Powder x-ray diffraction pattern in Bi<sub>1−*x*</sub>La<sub>x</sub>FeO<sub>3</sub>  $(0 \le x \le 0.25)$  at 300 K using Cu  $K\alpha$  radiation. The asterisks correspond to the lines of the  $Bi<sub>25</sub>FeO<sub>39</sub>$  impurity, especially visible for *x*=0. Insets: enlarged view near (a)  $2\theta = 39^\circ$  and (b)  $50^\circ$  showing the progressive disappearance of the rhombohedral splitting (arrows) with increasing La content.

is nearly *T* independent with a value around 20 pF.

# **III. SPIRAL STRUCTURE IN Bi1−***x***La***x***FeO3**

In pure BiFe $O_3$ , the spontaneous electric polarization  $P^0$ below  $T_{\rm C} \approx 1100$  K lies along the cubic  $[111]_{\rm c}$  direction  $([001]_{hex})$ , labeled the *z* axis in the following, and below  $T_N = 673$  K, the spiral magnetic structure is such that the Fe<sup>3+</sup> moments lie in the  $(1 - 1)$  o<sub>hex</sub> plane, the propagation vector being  $\mathbf{q}_0 = [110]_{\text{hex}}$ . Introducing the unit vectors **L**  $=(M_1 - M_2)/2M_0$  and  $M = (M_1 + M_2)/2M_0$ , where  $M_1$  and  $M_2$  are the Fe<sup>3+</sup> moments on the two AF sublattices and  $M_0$ their common length, and using the formalism of Refs. [1](#page-5-0)[–3,](#page-5-17) the ME effect in  $BiFeO<sub>3</sub>$  results in the presence of energy invariants mixing electric and magnetic variables (see Fig. [2](#page-1-1)), and leading thus to a coupling between them.

<span id="page-1-1"></span>

FIG. 2. Schematic representation of the magnetic and electric polarization vectors in  $BiFeO<sub>3</sub>$ . The magnetic spiral is taken to lie in the *zOy* plane, the angle  $\theta$  determining the current position of the vector  $L \cdot P^0$  is the spontaneous electric polarization along  $Oz$  and  $m<sub>s</sub>$  the local net moment.

The ME invariant of the type  $g_1 \propto P_z$  ( $H_y L_x - H_x L_y$ ) leads to a spontaneous magnetic moment,

$$
\mathbf{m}_s = -\partial g_1/\partial \mathbf{H} \propto P^0(L_y, -L_x, 0) \propto P^0 \sin \theta \mathbf{i} \tag{1}
$$

along the  $x$  axis (see Fig. [2](#page-1-1)). This spontaneous moment can be obtained in an equivalent manner considering the ME invariant,

$$
g_2 \propto P_z(M_y L_x - M_x L_y) = -\mathbf{P}^0 \cdot \mathbf{M} \times \mathbf{L} = -\mathbf{P}^0 \cdot \mathbf{M}_1 \times \mathbf{M}_2,
$$
\n(2)

emphasizing thereby the similarity with the classical Dzyaloshinsky-Moriya interaction.<sup>23[,24](#page-5-19)</sup> Averaging over a period of the spiral, this moment vanishes. In single crystal  $BiFeO<sub>3</sub>$ , application of a magnetic field along  $[001]_{c}$  induces a transition to a collinear AF structure at  $H_c$ =20 T,<sup>13</sup> which is accompanied by the appearance of a weak ferromagnetic moment. In La-doped BiFe $O_3$ , in zero field, the spiral structure has been shown to persist up to  $x=0.10$  by nuclear (antiferro) magnetic resonance.<sup>22</sup> From our experiments with  $57$ Fe Mössbauer spectroscopy, we could evidence the signature of the spiral structure, i.e., a characteristic spectral asymmetry,<sup>25</sup> only up to  $x=0.05$ . For higher dopings, the line broadenings due to cation disorder seem to preclude the observation of the spiral-induced asymmetry. Thus the spiral magnetic structure is likely to be present as long as the crystal structure remains rhombohedral, i.e., up to *x*=0.15.

## **IV. RESULTS**

#### **A. Magnetization measurements**

The isothermal magnetization curves for various Ladoping contents  $0 \le x \le 0.15$  in Bi<sub>1−*x*</sub>La<sub>*x*</sub>FeO<sub>3</sub> polycrystalline samples are shown in Fig.  $3(a)$  $3(a)$ . At low and intermediate fields, for pure  $B$ iFeO<sub>3</sub>, the  $m(H)$  curve exhibits a linear field dependence, as expected for an antiferromagnetic spin structure. However, a departure from the linear behavior appears for  $H \sim 6$  T and for  $H \ge 6$  T the field dependence is noticeably nonlinear. With increasing La content (up to  $x=0.15$ ), the low-field magnetization is still linear but the threshold field for deviation from the linear behavior decreases. For  $x=0.10$ , 0.125, and 0.15, a linear dependence is the recovered at high field, with a somewhat higher slope. We interpret this behavior as due to the crossover from the spiral magnetic structure to a collinear one when the field is increased. This crossover takes place for decreasing fields as the La doping increases.

The width of the transition (a few  $T$ ) is due to the dependence of the critical field upon its orientation with respect to the crystal axes, leading to a spread of  $H_c$  values in our ceramic samples.

In order to interpret more quantitatively the magnetization curves, we computed the orientational dependence of the critical field  $H_c$  using the theory developed in Refs.  $1-3$  $1-3$ . For this purpose, one has to assume some spin configuration in the high-field collinear phase, which is likely to depend on the type of crystalline (small) anisotropy in  $BiFeO<sub>3</sub>$ . Recently, the density-functional theory has been applied to  $BiFeO<sub>3</sub>$  (Ref. [26](#page-5-21)) and the anisotropy was found to be of

<span id="page-2-0"></span>

FIG. 3. (Color online) (a) Magnetization curves at 20 K in  $Bi_{1-x}La_xFeO_3$  ceramic samples for  $0 \le x \le 0.15$ . The lines are guide for the eyes; (b) calculated  $m(H)$  curves in a polycrystalline sample for different values of the anisotropy energy density *K*.

planar type, i.e., the easy plane is the  $(001)_{hex}$  plane. Using an approach similar to that of Ref. [27,](#page-5-22) the same result is obtained and, assuming that the single-ion anisotropy density is written as  $E_a = K \sin^2 \theta$ , a numerical estimate yields  $K \approx$  $-2 \times 10^6$  ergs/cm<sup>3</sup> (see Ref. [28](#page-5-23)). Therefore, we make the reasonable assumption that, in the collinear AF phase, the **L** vector remains in the basal *xOy* easy plane and is oriented perpendicular to the field. Then, for a given orientation  $(\psi, \gamma)$ of the applied field, computation of the critical field is straightforward and is given in detail in the Appendix. The parameters of the problem are the transverse AF susceptibility  $\chi_{\perp}$ , the anisotropy density *K*, and the gain in exchange energy density of the spiral phase  $E_s = Aq_0^2$ , where *A* is the exchange stiffness and the ME-induced spontaneous magnetization  $m_s$ . The critical field  $H_c(\psi, \gamma)$  depends on  $m_s/\chi_{\perp}$  and  $(Aq_0^2 - |K|/2)/\chi_{\perp}$ . For a given applied magnetic field, we compute the powder magnetization using

$$
M(H) = \frac{1}{4\pi} \int_0^{2\pi} d\gamma \int_0^{\pi} d\psi \sin \psi F(H, \psi, \gamma), \tag{3}
$$

with, using Eqs.  $(A2)$  $(A2)$  $(A2)$  and  $(A4)$  $(A4)$  $(A4)$ ,

$$
F(H, \psi, \gamma) = \frac{1}{2} \chi_{\perp} H(\sin^2 \psi \cos^2 \gamma + 1) \quad \text{for} \quad H < H_c(\psi, \gamma),
$$

$$
F(H, \psi, \gamma) = \chi_{\perp} H + m_{\rm s} \sin \psi \quad \text{for} \quad H > H_{\rm c}(\psi, \gamma). \tag{4}
$$

The asymptotic forms for  $m(H)$  after powder averaging are

$$
m(H) = 2/3\chi_{\perp}H \quad \text{for} \quad H < \min\{H_{\rm c}(\psi, \gamma)\},\tag{5}
$$

i.e., when all crystallites are in the spiral phase, with no ferromagnetic component as expected; and

$$
m(H) = \chi_{\perp}H + \pi/4m_s \quad \text{for} \quad H > \max\{H_c(\psi, \gamma)\}, \quad (6)
$$

<span id="page-2-1"></span>i.e., when all crystallites are in the collinear phase. These expressions account for the increase in the  $m(H)$  slope observed for the samples with  $x \ge 0.10$  between the low- and high-field regions; the model also predicts a weak ferromagnetic moment above the critical field, which is observed for the sample with  $x=0.15$ . The dependence of  $H_c$  on the anisotropy density  $K$  can be examined, for instance, in a simple case, i.e., when the field is applied along the *x* axis. Then [see Eq.  $(A6)$  $(A6)$  $(A6)$ ],

$$
H_{\rm c} = \frac{1}{4} (m_{\rm s}/\chi_{\perp}) [4\chi_{\perp} (Aq_0^2 - |K|/2)/m_{\rm s}^2 - 1]. \tag{7}
$$

It appears from this expression that  $H_c$  is a decreasing function of  $|K|$ , as can be expected from simple energetic considerations. This trend holds for any orientation of the applied field. Experimentally, the low-field slope  $2/3\chi$  is seen to increase slightly with La doping, yielding  $\chi_{\perp}$  values between  $7.5\times10^{-5}$  for pure BiFeO<sub>3</sub> and  $10.0\times10^{-5}$  for *x*=0.125. While we have no explanation as to the reason for this increase, we have included it in our simulations. Figure  $3(b)$  $3(b)$ represents the  $m(H)$  curves computed for different values of  $|K|$ , the energy gain for the spiral state being<sup>29</sup>  $E_s = Aq_0^2$  $=6.5\times10^5$  ergs/cm<sup>3</sup>. We find that *K* values ranging from  $4.5\times10^5$  to 10<sup>6</sup> ergs/cm<sup>3</sup> and a weak ferromagnetic magnetization  $m_s$ =1.2 emu/cm<sup>3</sup>=0.15 emu/g reproduce qualitatively the observed features of the  $m(H)$  curves with increasing La doping. Although they do not match precisely the experimental data, these calculations put on a more solid ground the assumption of an increasing anisotropy density with increasing La content in the rhombohedral Bi<sub>1−*x*</sub>La<sub>*x*</sub>FeO<sub>3</sub> compounds.

#### **B. Magnetodielectric measurements**

In Fig.  $4(a)$  $4(a)$  is reported the magnetic field dependence of the normalized dielectric constant  $\varepsilon$ (*H*)/ $\varepsilon$ (*H*=0) of samples with different La contents at 100 K.

In pure BiFeO<sub>3</sub>, as well as for  $x=0.05$ , there is no clearcut field dependence of the dielectric constant up to 8 T. For  $x=0.10$ , a slight increase in  $\varepsilon$  above 5 T is observed and for  $x=0.15$  a clear upturn occurs above 3 T, culminating in a 0.14% relative enhancement around 8 T. We associate the stronger field dependence of  $\varepsilon$  as *x* increases up to 0.15 with the destruction of the spiral spin structure at lower fields, as

<span id="page-3-0"></span>

FIG. 4. (Color online) In the  $Bi_{1-x}La_xFeO_3$  series: (a) magnetic field dependence of the normalized dielectric constant at 100 K; (b) threshold fields for deviation of  $m(H)$  from a linear law (full squares) and for deviation of  $\varepsilon(H)$  from a constant (open circles).

shown by the preceding magnetization data. Figure  $4(b)$  $4(b)$ shows the comparison of the experimentally determined threshold fields for deviation of the  $m(H)$  curves from a linear law and for deviation of the  $\varepsilon$ (*H*) curves from a constant value, as a function of La content. There is a clear correlation, which is a strong indication that the two phenomena are linked. In the following, we interpret the behavior of  $\varepsilon$ (*H*) in a way similar to the cancellation of the linear magnetoelectric effect by the spiral magnetic structure and its recovery in the presence of a strong magnetic field.

In the presence of magnetic and electric fields, the *k* component of the induced polarization in a multiferroic material reads, up to the second order in the fields (and using the Einstein rule of summation over repeated indices),

$$
P_{k}(E,H;T) = -\frac{\partial g}{\partial E_{k}} = {}^{S}P_{k} + \varepsilon_{0}\varepsilon_{ik}E_{i} + \alpha_{ki}H_{i} + \frac{1}{2}\beta_{kij}H_{i}H_{j}
$$

$$
+ \gamma_{ijk}H_{i}E_{j}, \qquad (8)
$$

where  ${}^{s}P$  is the spontaneous electric polarization and  $\varepsilon_0$  is the free space permittivity. The second-rank tensors  $\varepsilon_{ik}$  and  $\alpha_{ik}$  are, respectively, the relative permittivity and the linear magnetoelectric coupling, and the third-rank tensors  $\beta_{ijk}$  and  $\gamma_{ijk}$  are associated with higher-order magnetoelectric interactions. $30-32$  $30-32$  In our ac measurement of the dielectric constant (or of the relative permittivity), the magnetic field H is static and the electric field **E** is oscillating. Therefore, in order to obtain the ac-induced polarization, we must keep only the terms proportional to **E** in the expression for **P**. Then, the *H*-dependent renormalized permittivity tensor writes

$$
\varepsilon_0 \Sigma_{ij}(\mathbf{H}) = \varepsilon_0 \varepsilon_{ij} + \frac{1}{2} \gamma_{kij} H_k,\tag{9}
$$

<span id="page-3-1"></span>i.e., it depends linearly on the magnetoelectric tensor  $\gamma$ . The  $\alpha$  and  $\gamma$  tensors can be derived from energy invariants containing, respectively, terms of the type  $E_i H_k L_j$  and  $H_i E_j E_k L_m$ , i.e., they depend linearly on the AF vector **L**. In the spiral AF phase of BiFeO<sub>3</sub>,  $\langle L \rangle = 0$  over a period of the spiral, implying  $\langle \alpha \rangle = \langle \gamma \rangle = 0$ . Therefore, there is no linear *H* dependence of

the dielectric constant, as experimentally observed. On increasing the La content, the spiral structure is progressively destroyed in lower fields, leading to a measurable *H* dependence of the dielectric constant. Averaging over the orientations in our ceramic sample should not alter the main conclusions derived from expression  $(9)$  $(9)$  $(9)$ , which provides thus a qualitative explanation of the observed behavior of  $\varepsilon(H)$ .

#### **V. DISCUSSION**

We considered here only a negative sign for the anisotropy constant *K*, i.e., an easy plane perpendicular to the electric polarization, for the  $Fe<sup>3+</sup>$  moments. This is in line with recent calculations $26,28$  $26,28$  and the numerical estimate from *ab initio* calculations<sup>28</sup>  $|K| \approx 2 \times 10^6$  ergs/cm<sup>3</sup> is reasonably close to the values we used for our simulations. Our values are also similar to that derived from electron-spin-resonance experiments in Ref.  $29$ , where however *K* is taken to be positive. We remark that the sign of *K* is irrelevant as to the stability of the spiral structure as long as the condition  $-Aq_0^2+|K|/2 < 0$  is fulfilled, i.e., the spiral structure is stable if  $|K| < 2Aq_0^2$ .

It is worth noting that, besides the present spin configuration in the high-field collinear phase, we tried other reasonable assumptions but none of them yielded a solution for the critical field for all field orientations in the crystal axes. This spin configuration, for which **L** is oriented perpendicular to **H**, implies that the powder susceptibility in the high-field phase is exactly  $\chi_{\perp}$  [see expression ([6](#page-2-1))]. Comparison with experimental results shows that this value is overestimated, which could be due to the crudeness of our assumption. Neutron scattering with a magnetic field could help determine the high-field magnetic structure if large enough crystals of the doped materials were available.

The magnetic and dielectric properties of the *x*=0.15 compound have recently been studied in Ref. [33.](#page-5-27) In their sample, the authors find a crystal structure very close to orthorhombic, without rhombohedral distortion, in contradiction with our findings. We think this result comes from the fact that  $x=0.15$  is a borderline composition and that small deviations from this nominal value can push the material on one or either side of the rhombohedral to orthorhombic transition.

What are the possible mechanisms for the increase in anisotropy with La doping? Since the presence of orbital degrees of freedom, such as in  $Co^{3+}$ ,  $Fe^{2+}$ , or the rare earths, leads effectively to large *K* values, one could think of the presence of  $\text{Fe}^{2+}$  (associated to oxygen vacancies) or to an admixture of 4*f* components into the Fe wave functions, both effects arising from the presence of La. On the one hand, our 57Fe Mössbauer measurements in the doped compounds show that the  $Fe<sup>2+</sup>$  content (if any) is very small, lower than 1%. On the other hand, a *d*-*f* hybridization at the Fe site could be conceivable in a metallic or strongly covalent material but its presence in an ionic compound such as  $BiFeO<sub>3</sub>$ seems rather unlikely. Thus the exact mechanism for the enhancement of *K* due to La doping remains to be found. We note that another effect has been found, in zero field, when doping  $BiFeO<sub>3</sub>$  with Mn (Ref. [34](#page-5-28)); an increase in the spatial period  $\lambda$  of the spiral spin modulation, together with a "bunching" of the Fe moments toward the  $[001]_{\text{hex}}$  axis.

# **VI. CONCLUSION**

We have performed magnetic and dielectric measurements as a function of magnetic field in La-doped  $BiFeO<sub>3</sub>$ polycrystalline samples. We confirm that La substitution reduces the transition field  $H_c$  from the spatially modulated to the collinear magnetic state and we find a good correlation between the  $H_c$  values obtained by magnetic and dielectric measurements as a function of La doping. In our ceramic samples, the orientational dependence of the critical field somewhat broadens the transition but we show that the transition is globally shifted to lower fields with increased La doping. Calculations based on the free-energy model of Refs. [1](#page-5-0) and [3](#page-5-17) allow to interpret this behavior in terms of increasing (negative) anisotropy density energy *K*. In the sample  $Bi_{0.85}La_{0.15}FeO_3$ , where the rhombohedral structure is still present, we obtain the minimum field  $(7-8)$  T) for complete transition to the collinear AF phase and the maximum positive magnetocapacitance effect at 8 T.

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#### **APPENDIX**

Our calculation follows the formalism developed in Refs. [1](#page-5-0) and [3.](#page-5-17) It uses a simplified model to obtain the critical field for transition from the spiral magnetic phase to the collinear AF phase for an arbitrary orientation  $(\psi, \gamma)$  of the applied field **H**, in the frame defined in Fig. [2.](#page-1-1) Whereas it is known that the cycloidal spiral is harmonic (i.e., sine wave) at room temperature and in zero field, some anharmonicity sets in on lowering the temperature and/or on increasing the magnetic field. We shall neglect here these departures from the sinewave cycloid. Apart from the exchange, anisotropy and Zeeman terms in the energy, we write the ME coupling as an effective Zeeman energy with a field  $H_{ME} = \beta L \times P^0$ , which adds to the applied field. In the spiral phase, the exchange energy-density gain over the collinear phase is  $E_s = A q_0^2$ . The anisotropy energy density is  $E_a = K \sin^2 \theta$ , with  $K < 0$  as re-cently determined.<sup>26,[28](#page-5-23)</sup> Averaging over a period, in the harmonic approximation for the cycloid, yields  $\langle E_a \rangle = \frac{1}{2}K$ . In the collinear phase, our assumption is that **L** lies in the basal  $xOy$  plane  $(\theta = \pi/2)$  and is perpendicular to **H**; hence **L**= $(-\sin \gamma, \cos \gamma, 0)$  and  $E_a = -|K|$ . The Zeeman energy is written as  $E_Z = -1/2\chi_\perp H_\perp^2$ , where  $H_\perp$  is the component of the total field  $H + H_{ME}$  perpendicular to **L** (we neglect  $\chi_{\parallel}$ since  $T \ll T_N$ ). Introducing the amplitude of the ME-induced magnetization along *Ox* in the spiral phase  $m_s$ , then  $m_s = \chi_+$  $H_{\text{ME}} = \chi_{\perp} \beta P^0$ , whence the ME coupling parameter  $\beta$  is worth  $\beta P^0 = m_s / \chi_{\perp}$ . After a straightforward calculation, one obtains the energy in the spiral phase (after averaging over a period):

$$
E_{\rm SP} = -Aq_0^2 - 1/2|K| - 1/4\chi_{\perp}H^2(1 + \sin^2\psi\cos^2\gamma) - 1/4\chi_{\perp}(m_s/\chi_{\perp})^2
$$
 (A1)

<span id="page-4-0"></span>and the magnetization

$$
M_{\rm SP} = 1/2\chi_{\perp}H(1+\sin^2\psi\cos^2\gamma). \tag{A2}
$$

In the collinear AF phase, the energy is

$$
E_{\rm AF} = -|K| - \frac{1}{2}\chi_{\perp}H^2 - \frac{1}{2}\chi_{\perp}(m_s/\chi_{\perp})^2 - m_sH\sin\,\psi\,\,\text{(A3)}
$$

<span id="page-4-1"></span>with the magnetization

$$
M_{\rm AF} = \chi_{\perp} H + m_{\rm s} \sin \psi. \tag{A4}
$$

With reasonable values of the parameters,  $E_{SP}$  is lower than  $E_{AS}$  at low fields; hence, above the critical field  $H_c$ , the collinear phase becomes the ground state. The second-order equation that yields the critical field is

$$
(1 - \sin^2 \psi \cos^2 \gamma)H_c^2 + 4(m_s/\chi_\perp)H_c \sin \psi + (m_s/\chi_\perp)^2 - 4/\chi_\perp (Aq_0^2 - |K|/2) = 0.
$$
 (A5)

If  $\psi = \pi/2$  and  $\gamma = 0$  or  $\pi$  (i.e., **H** is along the *x* axis), the equation is first order and the critical field writes

<span id="page-4-2"></span>
$$
H_c(\pi/2,0 \text{ or } \pi) = \frac{1}{4}(m_s/\chi_\perp)[4\chi_\perp (Aq_0^2 - |K|/2)/m_s^2 - 1].
$$
\n(A6)

For an orientation of **H** outside the *x* axis, the solution for  $H_c$ is

$$
H_c(\psi, \theta) = 2(m_s/\chi_\perp)(\sqrt{N-1})\sin\psi/(1-\sin^2\psi\cos^2\gamma),\tag{A7}
$$

where

$$
N = 1 - [1 - 4\chi_{\perp} (Aq_0^2 - |K|/2)/m_s^2]
$$
  
×(1 - sin<sup>2</sup>  $\psi$  cos<sup>2</sup>  $\gamma$ )/(4 sin<sup>2</sup>  $\psi$ ). (A8)

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