# **Ordering of geometrically frustrated classical and quantum triangular Ising magnets**

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A systematic study of both classical and quantum geometric frustrated Ising models with a competing ordering mechanism is reported in this paper. The ordering comes in the classical case from a coupling of two-dimensional (2D) layers and in the quantum model from the quantum dynamics induced by a transverse field. By mapping the Ising models on a triangular lattice to elastic lattices of noncrossing strings, we derive an exact relation between the spin variables and the displacement field of the strings. Using this map for both the classical  $(2+1)D$  stacked model and the quantum frustrated 2D system, we obtain a microscopic derivation of an effective Hamiltonian which was proposed before on phenomenological grounds within a Landau-Ginzburg-Wilson approach. In contrast to the latter approach, our derivation provides the coupling constants and hence the entire transverse field-versus-temperature phase diagram can be deduced, including the universality classes of both the quantum and the finite-temperature transitions. The structure of the ordered phase is obtained from a detailed entropy argument. We compare our predictions to recent simulations of the quantum system and find good agreement. We also analyze the connections to a dimer model on the hexagonal lattice and its height profile representation, providing a simple derivation of the continuum free energy and a physical explanation for the universality of the stiffness of the height profile for anisotropic couplings.

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## **I. INTRODUCTION**

Frustrated two-dimensional magnetic systems exhibit a rich variety of phases and critical points. The consequences of quantum or thermal fluctuations about the highly degenerate ground states of frustrated magnets are important to understand in the ongoing quest to find novel exotic quantum states.<sup>1</sup> The past decades have seen a resurgence of significant interest in a systematic study of geometrically frustrated antiferromagnets.2 Geometric frustration arises in materials containing antiferromagnetically coupled moments that reside on geometrical units, which inhibit the formation of a collinear magnetically ordered Néel state, and induces a macroscopically large degeneracy of the classical ground state.

For magnets with a discrete Ising symmetry, the complexity of the ground-state manifold can endow the system with a continuous symmetry. Such symmetry is of particular importance to two-dimensional (2D) quantum magnets at finite temperatures since then the Mermin-Wagner theorem applies, precluding an ordered phase.3 Another possible but contrary scenario is "order from disorder"<sup>4</sup> where zero-point fluctuations select a small class of states from the groundstate manifold since those states are particularly susceptible to fluctuations. This fundamental mechanism can produce an ordered symmetry-broken state.5 Hence one expects weak competing fluctuations about the classical ground states to be able to generate new strongly correlated states and (quantum) phase transitions of unexpected universality classes.

From a theoretical perspective, it is natural to try to understand the role of frustration from extremely simple interactions and dynamics. The possibly simplest realization of classical frustration is found in the antiferromagnetic Ising model on a triangular lattice (TIAF). Each elementary triangle is frustrated, and the TIAF model is disordered even at zero temperature with a finite entropy density and algebraically decaying spin correlations.6 The effect of quantum fluctuations about the highly degenerate ground states can be studied in its simplest form by introducing quantum spin dynamics from a magnetic field which is transverse to the spin coupling. For this transverse field TIAF model, and its companions on other 2D lattices, Moessner and Sondhi have argued the existence of both ordered and spin-liquid phases.<sup>5</sup> In the limit of a small field, the quantum ground state is constructed as a linear superposition of classical ground states that maximize the number of spins which can be flipped to gain transversal field energy at no cost in exchange energy. This yields a strong suppression of configurations and, since the TIAF model is already critical at zero field, order emerges. As a result, there will be a discontinuity in entropy and correlations in the ground state  $(i.e., T=0)$  when the transverse field is going to zero. It is separated from the ordered state by a quantum critical point. The additional effect of thermal fluctuations has been studied quantitatively so far only in simulations.<sup>7</sup>

Experimental realizations of these frustrated Ising systems can be found either directly in magnets with strong anisotropy, e.g., in  $LiHoF<sub>4</sub><sup>8</sup>$  or indirectly [via the equivalent  $(2+1)D$  classical model] in stacked triangular lattice antiferromagnets $9$  with strong couplings along the stacking direction as studied in recent experiments on  $CsCoBr<sub>3</sub>$ .<sup>10</sup> However, transverse field Ising models can also provide insight into some more complicated systems in certain limits. They may describe the singlet sector below the spin gap of frustrated antiferromagnetic quantum Heisenberg models, e.g., on the Kagome lattice, since the latter model can then be formulated as a  $\mathbb{Z}_2$  gauge theory which in turn is related by duality to the transverse field Ising system on the dual lattice of the original Heisenberg model.<sup>11</sup> An ordered Ising phase describes then in the Heisenberg problem a paramagnet with spin waves forming the gapped excitations. A related approach to study Heisenberg antiferromagnets is via quantum dimer models (QDMs) on the same lattice.<sup>12</sup> Depending on the lattice symmetry, the QDM exhibits a disordered state (on the triangular lattice),  $13,14$  corresponding to a resonating valence bond or spin-liquid phase, or it is found always in ordered valence-bond solid phases (on the hexagonal lattice).<sup>13,14</sup> Interestingly, the spin-liquid phase renders the triangular QDM a promising candidate for quantum computing.15 For Ising spins, there is also a direct correspondence between QDM's with just kinetic terms and fully frustrated Ising models in a small transverse field on the dual lattice.<sup>5</sup> In particular, the transverse field TIAF model maps to the hexagonal QDM.

For comparison to the developments presented in this work, we briefly review the salient achievements for the classical stacked and quantum TIAF models obtained in earlier studies. Symmetry arguments have been used to guess a Landau-Ginzburg-Wilson (LGW) theory for the  $(2+1)D$ classical stacked system.16 After translation to the quantum TIAF, this approach suggests a quantum critical point of 3D *XY* universality at intermediate transverse field strength and an extended critical phase at finite temperatures.<sup>5</sup> However, the Suzuki-Trotter mapping relating the 2D quantum and  $(2+1)$ D classical systems involves a scaling limit with a diverging anisotropy of the classical exchange coupling which may invalidate a LGW approach.<sup>17</sup> Moreover, the latter approach has been put somewhat into question by Coppersmith, mainly since it has been argued that it fails to describe the (classical) system at low temperatures since it neglects the restriction to classical spin values  $\pm 1$  and thus geometrical frustration.18 Coppersmith has shown also that mean-field theory and a conventional low-temperature expansion are both unreliable. Instead, she has formulated the problem of the low-temperature behavior of the  $(2+1)D$  stacked system in the spirit of chainlike excitations about the ground-state configurations, resembling the concept of *order from disorder*. <sup>4</sup> But she concludes that none of the sublattice magnetizations can be 0 or 1 as temperature tends to zero. Very recent Monte Carlo simulations support the LGW-based conjecture for the phase diagram but the actual computations were performed for the  $(2+1)D$  classical problem.<sup>7</sup> Recently, the weak-field behavior has also been studied in terms of a quantum kink crystal.19

In a recent Letter<sup>20</sup> the present authors have presented a string description of the transverse field TIAF model in order to obtain a quantitative prediction for the phase diagram. In the present paper, we will give a full account of the relation between spins and noncrossing strings, including a more complete presentation of the relation to dimer models and its surface height representation. We exploit and extend the quantum dimer analogy in order to map the TIAF model, at arbitrary transverse field strength, to quantum strings which result from the superposition of dimer configurations plus defects and a fixed reference dimer state. Using the Suzuki-Trotter theorem<sup>17</sup> we obtain a stack of coupled 2D layers of classical strings which in the Suzuki-Trotter limit of infinitely many layers can be described by the Villain model.<sup>21</sup> We show that the LGW action,<sup>16</sup> which was employed in the vicinity of the quantum critical point, $5$  can be derived microscopically from the quantum string action if the phase of the complex LGW order parameter is identified with the displacement field of the string lattice. However, our approach explicitly takes into account the frustration that is encoded in the topological constraint on the phase field resulting from the noncrossing property of the strings. This constraint restricts the phase field configurations of the order parameter and thus distinguishes our theory from the original LGW approach. Our approach confirms explicitly the 3D *XY* universality of the quantum critical point, and allows us to predict the phase diagram at *arbitrary* transverse field strength and finite temperature. Using an entropy argument for the strings, we can determine the nature of the ordered phase.

In this paper we present first a thorough discussion of the relations between Ising spins on the triangular lattice, dimers on the hexagonal lattice and its height representation, and elastic string lattices. After introduction of the spin models in Sec. II, we explore the relations to dimers and strings in Sec. III for the classical 2D Ising model on the triangular lattice in order to set up the formalism for the following sections. In Sec. IV we map the Ising model on a stacked triangular lattice to a  $(2+1)D$  string lattice which is described by a 3D *XY* model with a sixfold-symmetry-breaking term. Using the results of the latter section, we perform a Suzuki-Trotter mapping of the 2D quantum Ising system to the classical stacked model which enables us to predict a quantitative phase diagram for the quantum frustrated model in Sec. V. Finally, we conclude with a summary and a discussion of potential extensions of our work in Sec. VI.

#### **II. MODELS**

We are interested in two models which are both based on the Ising antiferromagnet on a triangular lattice. First, we study a classical three-dimensional Ising system which consists of a stack of TIAF's that are coupled ferromagnetically. The Hamiltonian reads

$$
H_{3D} = J_{\parallel} \sum_{\langle ij \rangle, k} \sigma_{ik} \sigma_{jk} - J_{\perp} \sum_{i,k} \sigma_{ik} \sigma_{ik+1}, \qquad (1)
$$

with  $\sigma_{ik} = \pm 1$  and where  $J_{\parallel}, J_{\perp} > 0$  and  $\langle ij \rangle$  indicates summation over nearest-neighbor pairs in each TIAF plane. This system is fully frustrated in each layer, but has no competing interaction along the stacking direction. This model has been studied originally within a Landau-Ginzburg-Wilson approach by Blankschtein *et al.*<sup>16</sup> In fact, much of the physics of the stacked triangular lattice is similar to that of the twodimensional triangular lattice. However, the presence of the third dimension has the tendency to stabilize ordered phases. Indeed, for all well-characterized materials which have triangular magnetic lattices, the long-range order at low temperatures is three dimensional in nature. The stacked system is of direct experimental relevance since it describes the lowtemperature physics of the Ising-like compounds  $CsCoCl<sub>3</sub>$ ,  $CsCoBr<sub>3</sub>$ , and related materials where transition metal atoms form chains along the stacking direction which are coupled through three equivalent halogen atoms. For a review on these compounds see Ref. 9. Almost the entire existing body of theory on this stacked system is based on the LGW ap-

proach, mean-field theory, and numerical simulations with sometimes conflicting results for the low-temperature ordered phase. We will briefly review previous developments for this model in Sec. IV.

As will be demonstrated below, the previously introduced model is also useful in describing the two-dimensional quantum antiferromagnet which results from applying a transverse magnetic field to the TIAF model. The latter system has the Hamiltonian

$$
H = J \sum_{\langle i,j \rangle} \sigma_i^z \sigma_j^z + \Gamma \sum_i \sigma_i^x, \tag{2}
$$

where  $\sigma^x$ ,  $\sigma^z$  are Pauli operators, and  $\Gamma$  is the transverse field. This model is of particular interest since it combines a standard realization of geometric frustration with simple quantum dynamics. The transverse field induces tunneling between the exponentially large number of classical ground states at zero temperature. One can argue that the quantum fluctuations select a smaller susceptible class of the ground states. This would lead then to a reduction of ground state entropy, and an order from disorder $4$  phenomenon is expected.

Both the classical stacked magnet and the 2D quantum TIAF are related to the quantum dimer model (QDM) on the hexagonal lattice.

## **III. STRING PICTURE OF CLASSICAL FRUSTRATED 2D MAGNETS**

## **A. From spins to dimers**

We start with the description of the antiferromagnetic Ising model on the triangular lattice in order to explain its relation to dimers and strings. The Hamiltonian is

$$
H_{\text{TIAF}} = \sum_{\langle i,j \rangle} J_{ij} \sigma_i \sigma_j \tag{3}
$$

where the couplings  $J_{ij}$  are equal to one of the three positive constants  $J_1$ ,  $J_2$ , or  $J_3$  depending on the orientation of the bond *(ij)* relative to the three main lattice directions. It is well known<sup>6</sup> that the ground state of this system has exponentially large degeneracy in the isotropic case  $J_1 = J_2 = J_3$ , leading to a finite entropy density and the absence of order even at zero temperature. For all ground states of the general model of Eq. (3) each triangle has exactly one frustrated bond, and hence there is a one-to-one correspondence (modulo a global spin flip) of all spin ground-state configurations to complete dimer coverings of the dual hexagonal lattice. This can be seen from Fig. 1: If one places a dimer across every frustrated bond, one obtains the corresponding dimer covering of the dual hexagonal lattice, where each lattice site in the hexagonal lattice is touched by one and only one dimer.<sup>22</sup> If the two smallest couplings are equal,  $J_1 = J_3 < J_2$ , then dimers can occupy bonds in directions 1 and 3 only and there is still a huge ground-state degeneracy. But the entropy at  $T=0$  scales now  $\sim \sqrt{N}$  with the number of lattice sites *N*, due to the constraint that dimers cannot touch each other. Thus the entropy density vanishes and the system is ordered at *T*= 0 but disordered at any finite temperature.



FIG. 1. (Color online) Mapping of a spin configuration to a dimer covering on the dual hexagonal lattice.

At finite *T* topological defects have to be considered; see below.) If one of the three coupling constants is the smallest, then there is only one dimer ground-state configuration with all dimers being perpendicular to the direction with smallest coupling, and order survives at finite temperature.

The analogy to dimers can be expressed by the fact that the Ising partition function in the limit of vanishing temperature is proportional to that of the dimers, which reads

$$
Z_D = \sum_{\{D\}} z_1^{n_1} z_2^{n_2},\tag{4}
$$

where the sum runs over all complete dimer coverings of the hexagonal lattice, and  $n_1$  and  $n_2$  are the numbers of dimers being perpendicular to directions 1 and 2, respectively. Here we assumed that  $J_3 \leq J_1, J_2$  so that the weights for the two types of nonvertical bonds are given by

$$
z_1 = e^{-2(J_1 - J_3)/T}, \quad z_2 = e^{-2(J_2 - J_3)/T}, \tag{5}
$$

and all vertical bonds have a weight of unity. Of course, for the TIAF the isotropic case with  $J_1 = J_2 = J_3$  is of most interest but for the dimer model itself anisotropic weights provide some interesting insight as will become clear below. We note that even at finite temperature the analogy to dimers will turn out to be useful but then defects (triangles with all three bonds crossed by dimers) have to be included.

#### **B. From dimers to strings**

In this section we make use of another mapping which relates dimer configurations to fluctuating strings that are directed and noncrossing.<sup>23</sup> This mapping applies to general weights for the dimers but of primary interest is the TIAF at *T*= 0 where the dimer weights are either unity or zero, and there is a one-to-one correspondence (modulo a global spin flip) of Ising ground states to string configurations. The string representation results from the superposition of a given dimer covering and a fixed reference dimer covering



FIG. 2. (Color online) Mapping a dimer covering (a) to a string configuration (c) via the reference state (b). The numbers denote the height profiles associated with the dimer coverings. The displacement of a string from its straight reference position is determined by the height profile at the two plaquettes which are joined by the displaced dimer in the original dimer covering (a).

where all vertical bonds of the hexagonal lattice are occupied by dimers [see Fig. 2(b)]. The superposition is an "exclusive or" operation, i.e., only if a given bond is covered by a dimer either in the original covering or in the reference covering will it be covered in the superposition. The resulting superposition is no longer a dimer covering (since dimers touch each other) but an array of strings which are directed (along the reference direction) and noncrossing (due to the fact that each site is touched by exactly one dimer in the original dimer covering).<sup>24</sup> The mapping to strings has also been used to study the effect of a staggered field conjugate to one of the classical ground states of the TIAF.25 The fluctuations of the lines result from the nonzero entropy density of the spin system, or in other words, we map the zero-temperature TIAF to a line lattice at a finite (virtual) temperature  $T_l$ .

Before we parametrize the string configurations, it is useful to introduce a height profile *h* which can be associated with a dimer covering. If the lattice covered by dimers is bipartite, then there exists a well-defined (single-valued) height profile which is defined on the sites of the original (triangular) lattice. Starting at an arbitrary site with some integer number, one follows a triangle pointing down clockwise and changes the height by  $+2$  (-1) if a (no) dimer is crossed. Repeating the latter process for all triangles pointing downward, one obtains a consistent height on all sites [see Fig.  $2(a)$ ]. If one subtracts the height profile of the fixed reference dimer covering from a given height profile, one observes that the previously introduced strings separate domains of equal height which is an integer multiple of  $3$  [see Fig.  $2(c)$ ]. It will turn out that the height profile measures the roughness, i.e., the displacement of the strings from a perfectly straight configuration.

The array of strings is characterized only by its density  $\rho=1/\ell$  and the elastic line tension *g* of the strings. The interaction between the strings consists only of the noncrossing constraint and thus introduces no additional energy scale. The configurations of a single directed string are characterized by its position function  $x_i(y)$  since overhangs are forbidden. The reduced elastic Hamiltonian for all strings is then<sup>26</sup>

$$
\frac{H_l}{T_l} = \sum_i \int dy \frac{g}{2T_l} \left(\frac{dx_i}{dy}\right)^2,\tag{6}
$$

where only those displacements  $x_i(y)$  are allowed which are consistent with the noncrossing condition. The free energy



. FIG. 3. Different kinds of steps of the random walk of a string.

will have a density-dependent entropic contribution which is caused by the reduction of configurations due to the noncrossing constraint [see Eq. (19) below]. First, we determine the line tension *g* from a simple random walk argument. If  $\bar{x}$ denotes the mean string position, then the total mean squared displacement of a string of length  $L = \sqrt{3}aM$  along the *y* direction (after  $M$  steps), with  $a$  the triangular lattice constant, must be

$$
\sum_{i=1}^{M} \left\langle (x_i - \overline{x})^2 \right\rangle = LT_l/g \tag{7}
$$

in order to be consistent with the result of the continuum model of Eq. (6). Here  $x_i = -a, 0, +a$  are the three possible transversal steps. The different kinds of steps correspond to the paths *OL*, *OC*, and *OR* shown in Fig. 3. The corresponding probabilities for the steps can be expressed in terms of the weights of the occupied nonvertical bonds as

$$
p_L = \frac{z_2^2}{(z_1 + z_2)^2}, \quad p_C = \frac{2z_1z_2}{(z_1 + z_2)^2}, \quad p_R = \frac{z_1^2}{(z_1 + z_2)^2}.
$$
 (8)

The mean position after one step is

$$
\bar{x} = (p_R - p_L)a = \frac{z_1 - z_2}{z_1 + z_2}a.
$$
\n(9)

Thus, after *M* steps, the variance of the transverse wandering around the mean position is

$$
\sum_{i=1}^{M} \langle (x_i - \bar{x})^2 \rangle = L \frac{2}{\sqrt{3}(2 + \eta + \eta^{-1})} a,
$$
 (10)

where  $\eta = z_1 / z_2$ , yielding the line tension

$$
\frac{g}{T_l} = \frac{\sqrt{3}(2 + \eta + \eta^{-1})}{2a}.
$$
\n(11)

The *mean* density of strings depends also on the dimer weights of the nonvertical bonds. It can be computed exactly with the result $22,23$ 

$$
\rho = \frac{2}{\pi a} \arcsin\left(\frac{(z_1 + z_2)^2 - 1}{4z_1 z_2}\right)^{1/2} \tag{12}
$$

for  $z_1 + z_2 > 1$ . For  $z_1 + z_2 \le 1$  the density vanishes,<sup>27</sup> corresponding to a Kasteleyn or commensurate-incommensurate transition. For the isotropic TIAF, one has  $z_1 = z_2 = 1$  and  $\rho$  $=2/(3a)$ .

Before we introduce the relation between the string displacement and the height profile, and a corresponding continuum description, it is instructive to focus on the free energy of the string array. This will allow for an independent check of our random walk description. Moreover, from the free energy one can determine the elastic constants on large length scales which are needed for the proper continuum model.

Actually, the density of strings is determined by the densities  $\rho_1, \rho_2$  of nonvertical dimers with weights  $z_1, z_2$ , respectively. This can be seen from the fact that along a cut perpendicular to the string direction each nonvertical dimer corresponds to one string. It follows from Eq. (4) that

$$
\rho_i = \frac{z_i}{N} \frac{\partial \log Z_D}{\partial z_i},\tag{13}
$$

for *i*=1,2, where the number of triangular lattice sites, *N*, equals the total number of dimers. The string density then reads

$$
\rho = \frac{\rho_1 + \rho_2}{a}.\tag{14}
$$

Now we change variables from  $z_1$ ,  $z_2$  to  $\eta = z_1 / z_2$  and  $\tilde{\rho} = \rho a$ [see Eq. (12)]. Since  $z_1 \partial \eta / \partial z_1 + z_2 \partial \eta / \partial z_2 = 0$ , and using Eq.  $(12)$ , we have

$$
z_1 \frac{\partial}{\partial z_1} + z_2 \frac{\partial}{\partial z_2} = \frac{1 + \eta^2 + 2\eta \cos(\pi \tilde{\rho})}{\pi \eta \sin(\pi \tilde{\rho})} \frac{\partial}{\partial \tilde{\rho}}.
$$
 (15)

This allows us to derive a differential equation for the freeenergy density of the dimers,

$$
f_D = -\frac{2 \log Z_D}{\sqrt{3}Na^2},\tag{16}
$$

as a function of the parameters  $\eta$ ,  $\rho$  of the string system.  $f_D$ satisfies the equation

$$
\frac{\partial f_D}{\partial \rho} = -\frac{2\pi}{\sqrt{3}} \frac{\eta \rho \sin(\pi a \rho)}{1 + \eta^2 + 2\eta \cos(\pi a \rho)}.
$$
 (17)

Integrating the latter expression yields the exact result for the lattice string model. In the continuum limit  $a \rightarrow 0$ , the result simplifies to

$$
f_D = -\frac{\pi^2}{3} \frac{2a}{\sqrt{3}(2+\eta+\eta^{-1})} \rho^3.
$$
 (18)

There is an alternative and simple approach to obtain the free energy in the continuum limit. The strings can be regarded as the world lines of free fermions in one dimension.28 The noncrossing condition is then implemented automatically by the Pauli principle. In the limit of infinitely long strings, the



FIG. 4. Two different flat states, with the corresponding sublattice magnetizations of the isotropic TIAF indicated below.

ground-state energy density of the fermions equals the freeenergy density of the strings if the fermion mass is mapped to the line tension *g* and  $\hbar$  to the temperature  $T_l$ . From the expression for the ground-state energy of one-dimensional free fermions follows immediately the reduced free-energy density of the strings,

$$
f_l = f_1 \rho + \frac{\pi^2}{6} \frac{T_l}{g} \rho^3,
$$
 (19)

where  $f_1$  is the reduced free energy (per length) of a single string, and the last term is generated by the reduction of entropy due to the noncrossing condition. A direct comparison of the free energies of Eqs.  $(18)$  and  $(19)$  is not possible since the number of strings varies with the dimer coverings although the number of dimers is fixed. Only the *mean* density of strings is fixed. Hence, one has to consider the grand potential density *j* for the string system which follows easily from the free-energy density,

$$
j = f_l - \mu \rho = -\frac{\pi^2}{3} \frac{T_l}{g} \rho^3,
$$
 (20)

where  $\mu = \partial f_l / \partial \rho$  is the chemical potential (per string length). Comparing Eqs. (18) and (20), we see that  $f_D = j$  exactly for the expression of the line tension which we obtained above from an independent random walk argument [see Eq.  $(11)$ ]. Thus in the continuum limit the ground states of the TIAF and the dimer model can be described as free fermions with their mass determined by our simple random walk argument on the lattice.

Now we turn to the structural properties of the string lattice. The most ordered state consists of straight ("flat") strings which do not wander transversally. Depending on the string density there are different commensurate and incommensurate states possible. For the discussion of the flat states we focus on the state with a maximal density of  $\rho = 2/(3a)$ which corresponds to the most interesting case of isotropic couplings for the TIAF. In this case there are two nonequivalent classes of flat strings which are not related by shifts by a nearest-neighbor vector of the triangular lattice (see Fig. 4).

These classes translate directly to different ordered spin states which are characterized by their sublattice magnetizations. One state  $(+-0)$  is obtained by orienting two sublattices uniformly but opposite while the third sublattice has the same number of + and − spins, leading to zero magnetization. This, on average, locks the straight strings *on* the sublattice with zero magnetization. Since each of the three sublattices can be chosen as the one with zero magnetization, equivalent flat-string states are related by a shift of *a*/ 2. The other state (++–) has up spins on two sublattices and down spins on the other sublattice, which places the nonvertical dimers on straight strings that are locked symmetrically between the two sublattices with equal magnetization.

The displacement *u* from flat strings is determined by the original height profile *h* of the corresponding dimer covering. Since only nonvertical dimers are conserved under the subtraction of the reference covering, we will defined *u* for each nonvertical bond of the hexagonal lattice. If a bond is occupied by a string segment, then *u* measures the normal distance between the corresponding flat string and the center of the segment; cf. Fig.  $2(c)$ . Since a shift of the height *h* by 3 corresponds to a string translation by the mean string distance  $\ell$ , the displacement on each nonvertical bond is given by  $u = \ell \bar{h}/3 + u_0$  where  $\bar{h}$  is the coincident (original) height of the two hexagonal plaquettes which are joined by the nonvertical bond [see Fig. 2(a)].  $u_0$  is a global offset of the flat-string lattice. For  $u_0 = na/2$ ,  $n \in \mathbb{Z}$ , the class  $(++-)$  is chosen while  $u_0 = a/4 + na/2$  selects  $(+-0)$ . This definition of *u* is equivalent to the height profile introduced by Zeng and Henley<sup>29</sup> by averaging over the three sites of every triangle in order to obtain a coarse-grained height on the center of the triangles.

After a coarse graining over length scales large compared to the lattice constant, one obtains a continuous field  $u(\mathbf{r})$ which allows one to write the effective *free* energy of longwavelength fluctuations of the string lattice in the form of a continuum elastic energy,

$$
\frac{\mathcal{F}_{\text{el}}}{T_l} = \int d^2 \mathbf{r} \left( \frac{c_{11}}{2} (\partial_x u)^2 + \frac{c_{44}}{2} (\partial_y u)^2 + V_L(u) \right) \tag{21}
$$

with compression  $c_{11}$  and tilt  $c_{44}$  modulus. The tilt modulus is fixed by the line tension *g* as  $c_{44} = (g/T_l)\rho$ . The compression modulus on asymptotically large length scales is affected by the entropic repulsion between strings and has to be determined in a macroscopic way. The compressibility of the lattice is given by the second derivative of the freeenergy density with respect to the mean distance  $\ell = 1/\rho$  between the strings, $30$  which leads to the result

$$
c_{11} = \ell \frac{\partial^2}{\partial \ell^2} [\ell f_i(\ell)] = \pi^2 \frac{T_i}{g} \rho^3, \qquad (22)
$$

where we have used Eq. (19).  $V_L(u)$  is a periodic potential which reflects the discreteness of the lattice and favors an ordered phase with flat strings. Since equivalent flat states are related by shifts of all straight strings by  $a/2$  and since  $u = \ell h/3 + u_0$ , the locking potential must have the form<sup>31</sup>

$$
V_L = -v\cos\left(\frac{4\pi}{a}(u-u_0)\right) = -v\cos\left(\frac{4\pi}{3}\frac{e}{a}h\right) \tag{23}
$$

with  $v > 0$ . If  $\sqrt{c_{11}c_{44}} > 2\pi/a^2$  the string lattice is sufficiently stiff and the potential  $V_L$  is relevant (under renormalization) so that the strings lock into one of the flat states. Interestingly,  $\sqrt{c_{11}c_{44}} = \pi/\ell^2$  is independent of the line tension, and the locking potential is relevant for  $\ell < a/\sqrt{2}$ . However, the minimal string separation is  $\ell = 3a/2$  (corresponding to isotropic dimer weights), and hence  $V_L$  is irrelevant at all possible densities.

However, if there are additional interactions present which increase the stiffness of the string lattice, the lock-in potential might become relevant. In fact, we will see below that a coupling of many TIAF's can render the periodic pinning relevant. Therefore, it is important to determine the consequences of the lock-in potential for the spin configurations, which depend on the sign of that potential. To do so, we recall that the offset  $u_0$  selects the lattice positions of the strings in the flat states. It has to be determined from additional information which is in the present case provided by spin configurations which correspond to flat strings and small fluctuations around the locked-in states. Thus, we focus now on the isotropic TIAF so that the possible classes of flat states are those shown in Fig. 4. If one switches between the two classes,  $u_0$  shifts by  $a/4$  and thus the sign of  $V_L$ changes. The sign can be determined as follows.

The systems selects the class with the largest entropy, i.e., with the maximal number of configurations which yield at arbitrary large **r** still a finite displacement  $\langle [u(\mathbf{r}) - u(\mathbf{0})]^2 \rangle_{\text{flat}}$  $\sim$  const, where the displacement is measured relative to the respective flat state. For large systems, the entropy of such macroscopically flat states can be estimated from the number of string configurations on the hexagonal lattice for which each string fluctuates in a tube of width  $\ell$  about its straight reference position, i.e.,  $|u| \le \ell/2 = 3a/4$  for each nonvertical dimer.<sup>32</sup> This puts a strong constraint on the spin states since a flip of a single flippable spin (a spin with three up and three down spins as neighbors) shifts a string by the hexagonal plaquette on which the spin sits. In the class  $(+-0)$  the spins on one sublattice (dark gray in Fig. 4) can assume any of the  $2^{N/3}$  possible states where *N* is the number of triangular lattice sites. The maximal displacement of  $u = 3a/4$  is obtained if spins on the other two sublattices are also flipped with respect to the perfectly ordered state  $(++-)$  which, however, is possible only for  $1/2^3 \times 2N/3$  sites since the three neighbors on the fully flippable sublattice must have the same orientation as the spin to be flipped in order to have directed<br>and noncrossing strings This vields  $2^{N/3+ N/12}$ and noncrossing strings. This yields =exp(0.2888*N*) configurations. For the fluctuations in class (++−) all spins on one sublattice (white in Fig. 4) are frozen. The sites of the other two sublattices can be divided into *N*/12 "rings," each of six plaquettes centered about a frozen site, and  $N/6$  extra plaquettes between the rings. Due to the constraints on the strings, each ring permits only 18 spin states. For a given spin state on all rings, the extra plaquettes can flip only if its three neighboring spins located on rings point up, which occurs with probability  $(13/18)^3$ . Thus there

are  $18^{N/12} \times 2^{(13/18)^3 N/6} = \exp(0.2844N)$  configurations. We conclude that entropy favors flat states of the class (+–0) and one has to set  $u_0 = -a/4$  as shown in Fig. 2(c), i.e.,  $V_L(u)$  $= v \cos(4\pi u/a)$  with positive amplitude *v*.

## **C. Spin-spin correlations**

In this section, we are going to apply the above framework to the spin correlations of the TIAF model at zero temperature. We concentrate on isotropic couplings since otherwise the system is ordered. We have seen that the ground-state manifold of the isotropic TIAF can be regarded as the configuration space of a string lattice. Based on the irrelevance of lattice pinning effects, one can expect from the effective elastic description of Eq. (21) an algebraic decay of correlations which is characteristic for this kind of twodimensional systems. In fact, this corresponds to the exact result found by Stephenson.33

The displacement correlations of the string lattice can be easily computed for large  $\mathbf r$  from Eq.  $(21)$  with the result

$$
\langle [u(\mathbf{r}) - u(\mathbf{0})]^2 \rangle = \frac{1}{\pi} \frac{1}{\sqrt{c_{11} c_{44}}} \ln \left( \frac{r}{a} \right). \tag{24}
$$

So far, we have constructed the string displacement field and the height profile from a given dimer covering of the hexagonal lattice. Although the dimer covering in turn is uniquely determined by the corresponding spin state, we have not yet established a direct relation between the spin variables  $\sigma_i$  and the displacement field *u*. We will first express the spin variable in terms of the height profile. For a given spin state, we chose one up spin and consider its site as the point of origin with height  $h=0$ . The construction of the dimer covering from the spin state means that the height on all other sites is then fixed since parallel (antiparallel) spins imply a height change by  $+2$  (-1) from site to site if the down pointing triangles are traversed clockwise. If a single spin is flipped, the height on that site changes by  $\pm 3$ . From this is it clear that the height profile can locally be changed by 6 without affecting the spin state. However, a spin flip with such a change in *h* leads out of the ground-state manifold. Allowing for this excitation, the height profile is no longer single valued. This induces topological defects which are vortex-antivortex pairs in the form of two triangles, each having three parallel spins (see Fig. 5). Along a closed curve around a single (anti)vortex the height changes by 6. One easily proves that the above constraints are met by the spinheight relation

$$
\sigma_i = \cos\left(\mathbf{q} \cdot \mathbf{r}_i + \frac{\pi}{3}h_i\right) = \pm 1, \qquad (25)
$$

with  $\mathbf{q} = (4\pi/(3a), 0)$  and the triangular lattice sites  $\mathbf{r}_i$ . The relation to the string displacement field is then given by the coarse-grained relation  $\bar{h} = 3(u - u_0)/\ell$  with  $\ell = 3a/2$  in the isotropic case considered here. Using these relations, the spin-spin correlation function can be written as



FIG. 5. (Color online) Vortex-antivortex pair connected by a string loop. (b) Loop connected to a string so as to generate a nondirected string. This configuration is obtained from the one in (a) by flipping a single spin (encircled) which costs no energy.

$$
\langle \sigma_i \sigma_j \rangle = \cos \left( \frac{4\pi}{3a} (x_i - x_j) \right) e^{(-1/2)(\pi^2/\ell^2) \langle [u(\mathbf{r}_i) - u(\mathbf{r}_j)]^2 \rangle}, \tag{26}
$$

where we have used the fact that  $u(\mathbf{r})$  is Gaussian and that there are no topological defects at  $T=0$ . From Eq. (24) and  $\sqrt{c_{11}c_{44}} = \pi l l^2$  it immediately follows that

$$
\langle \sigma_i \sigma_j \rangle = \cos \left( \frac{4\pi}{3a} (x_i - x_j) \right) \frac{1}{|\mathbf{r}_i - \mathbf{r}_j|^\eta}
$$
 (27)

with  $\eta = 1/2$  which is in agreement with the exact result.<sup>33</sup> The anisotropy factor depends here only on the *x* coordinates of the spins since the *x* axis was chosen to coincide with one of the triangular lattice directions.

Finally, we consider the height correlations for general anisotropic dimer weights. These correlations have been studied in the context of the triangular solid-on-solid-model some time  $ago^{22,34}$  In those works, the correlations were obtained from four-spin correlations of the TIAF in the isotropic case, and in terms of the Pfaffian method for the anisotropic situation. In contrast, here we present a simple deri-

vation of the correlations based on our effective elastic description of the string lattice. The mean squared height difference between two distant positions increases logarithmically as the string displacement does. The coefficient *K* measures the large-scale stiffness of the height profile,

$$
\langle [h(\mathbf{r}) - h(\mathbf{0})]^2 \rangle = \frac{1}{\pi K} \ln \left( \frac{r}{a} \right). \tag{28}
$$

By making use of the relation between the height profile and the string displacement field, one easily gets

$$
K = \frac{\ell^2}{9} \sqrt{c_{11} c_{44}} = \frac{\pi}{9},\tag{29}
$$

which is independent of the dimer weights  $z_1$  and  $z_2$ . This remarkable universality (as well as the value of  $K$ ) was found already in the exact solution of the dimer model in Refs. 22 and 34, but the physical reason for that remained unclear. Our interpretation of the stiffness *K* as the geometric mean of the two elastic constants of the string lattice can explain the universality. By changing the dimer weights, one tunes both the string density and the string tension *g*. Naively, one would expect that an increasing *g* would render the height profile stiffer. However, there is also a reduction of the entropic repulsion between the strings which accompanies the reduction of string fluctuations. Interestingly, both effects act together to generate universality since  $c_{44} \sim g$ ,  $c_{11} \sim 1/g$ , and there is a density-dependent relation between *h* and *u*.

#### **D. Finite temperature**

For the TIAF at finite temperatures, the mapping from spin states to string lattices can still be applied. The strings remain noncrossing, since each triangle can have only one or three frustrated bonds. However, the triangles with three frustrated bonds are excitations that generate topological defects [see Fig.  $5(a)$ ]. Two defects form a pair that spans a string loop which is confined between the strings, i.e., strings cannot cross loops. However, loops can attach to strings resulting in nondirected strings [see Fig.  $5(b)$ ]. The fugacity for the lowest-energy single-spin excitations is *e*−4*J*/*<sup>T</sup>*. The quasilong-range order of the  $T=0$  phase is destroyed if the defect pairs can unbind. This will happen at sufficiently weak string lattice stiffness. Actually, the critical stiffness for that is  $\sqrt{c_{11}c_{44}}$ =  $2\pi/\ell^2$  and hence by a factor of 2 larger than the actual stiffness corresponding to the TIAF at  $T=0$ . Hence topological defects are *always* a relevant perturbation but they can occur only for  $T>0$  where the fugacity is finite, leading to exponentially decaying spin correlations. Thus the system does *not* show a Kosterlitz-Thouless transition by tuning the temperature.

### **IV. STACKED**  $(2+1)D$  **ISING MODEL**

After we have introduced the description of the frustrated 2D TIAF in terms of fluctuating strings, we shall apply this mapping now to study the  $(2+1)$ -dimensional stacked TIAF which consists of ferromagnetically coupled TIAF layers [see Eq.  $(1)$ ]. As in the 2D system, the in-plane frustration is

expected to have strong influence on the underlying physics due to the Ising symmetry. Actually, the behavior is independent of the interaction along the stacking direction, whether it is ferro- or antiferromagnetic. Experimentally, the stacked model is a reasonable description of triangular cobalt antiferromagnets of the type  $A\text{Co}X_3$  where *A* is an alkali metal and  $X$  a halogen atom.<sup>9</sup> For these magnets, a strong crystal-field splitting leads to an effective spin-1/2 state with the moment oriented along the stacking direction. In these compounds the in-plane exchange coupling  $J_{\parallel}$  is small compared to the interplane coupling  $J_{\perp}$ . The increased dimensionality of the stacked system reduces the degeneracy of the ground state so that the entropy per spin vanishes at  $T=0$  and ordering even at finite temperature might be possible. This is also suggested by the following argument.<sup>16</sup> Each ground state of the 2D TIAF yields a ground state of the stacked system if all spins are aligned along the stacking direction, i.e., the configuration in each layer is identical. Hence, at *T*= 0 the spin correlation function cannot decay in plane faster than that of the 2D system. However, one might wonder if the system can gain entropy by introducing domain walls parallel to the layers which would destroy the order along the stacking direction. The average energy cost for such a wall is at least

$$
E_{\rm dw} \sim 2J_{\perp} \int_0^{N^{1/3}} \frac{2\pi r}{\sqrt{r}} dr \sim N^{1/2}
$$
 (30)

where *N* is the total number of spins of the 3D system and we used the power law of Eq. (27). This has to be compared to the entropy gain which grows only  $\sim (1/3) \ln N$  since the wall can be placed at any of the  $N^{1/3}$  layers. This naive argument suggests the absence of domain walls at *T*= 0, and order along the stacking direction. Moreover, as we will see more clearly below, the huge in-plane degeneracy can actually induce order even in-plane, a phenomenon known as order from disorder.4

The stacked TIAF has been studied first by Blankschtein *et al.*<sup>16</sup> Their results based on the LGW approach and Monte Carlo simulations suggested the existence of two different ordered phases and an *XY*-like transition into the paramagnetic phase. The LGW Hamiltonian was constructed for large-scale fluctuations about the two minimal-energy modes with wave vectors  $Q_{\pm} = (\pm 4\pi/3, 0)$ , leading to a 3D *XY* model with a sixfold-symmetry-breaking term

$$
H_{\text{LGW}}(\psi) = \int d^3 \mathbf{r} \left( \frac{1}{2} |\nabla \psi_0|^2 + \frac{r}{2} |\psi_0|^2 + u_4 |\psi_0|^4 + u_6 |\psi_0|^6 + v_6 |\psi_0|^6 \cos(6\phi) \right)
$$
(31)

for the complex order parameter  $\psi(\mathbf{r}) = \psi_0 e^{i\phi}$ . Since for *p*  $\approx$  3.4 the symmetry-breaking term is irrelevant in 3D,<sup>35</sup> the LGW theory predicts for the transition to the paramagnetic phase *XY* universality.<sup>16,36</sup> The sign of  $v_6$  is not fixed in this approach, and hence two ordered phases with a relevant symmetry-breaking term are possible in principle (see below for the two types of ordering). In fact, the two corresponding phases were observed with increasing temperature in the Monte Carlo simulations in Ref. 16. However, more recent

simulations indicated the existence of only one ordered phase, which corresponds to the one found in Ref. 16 at higher temperatures only.<sup>14,37–40</sup> This conclusion is also supported by a hard-spin mean-field theory.<sup>41</sup> There is also a controversy about the nature of the transition to the paramagnetic state. While the simulations of Heinonen *et al.* indicate tricritical behavior,  $42$  a histogram Monte Carlo analysis supports *XY*-like behavior.<sup>43</sup> These conflicting results have to be viewed against the background of Coppersmith's work.18 She argued that the above-mentioned LGW approach is not reliable since it ignores the geometric frustration and hence does not yield the correct low-temperature state. Hence she developed a description in terms of the entropy of chainlike excitations above the ground states, which is conceptually close to our approach.

In the following, by making use of the string mapping established in the preceding section, we provide a microscopic derivation of the LGW action for the stacked TIAF. This will allow us to discuss the nature of the ordered phase and the transition to the paramagnetic state. In each layer, we relate the spin variables  $\sigma_{ik}$  to a height profile  $h_{ik}$  as in the preceding section so that the relation of Eq.  $(25)$  holds for every layer. Then the intralayer coupling can be written as

$$
\sigma_{ik}\sigma_{jk} = -\cos\left(\frac{\pi}{3}(h_{ik} - h_{jk} + \eta_{ij})\right) \tag{32}
$$

with a shift  $\eta_{ij}$ =+1 for the bond directions *(a, 0)* and  $\eta_{ij}$  $=$  -1 for the directions ( $a/2, \pm \sqrt{3}a/2$ ). Next, we have to define how the height should change along the stacking direction. Since  $h_{ik}$  changes by  $\pm 3$  for a spin flip, we set along the column passing through the origin of each layer  $h_{0k}$ =0 (3) if  $\sigma_{0k}$ = +1 (-1), where *k* numbers the layers. According to this rule, the interlayer coupling reads

$$
\sigma_{ik}\sigma_{ik+1} = -\cos\left(\frac{\pi}{3}(h_{ik} - h_{ik+1})\right). \tag{33}
$$

Now, the height profile can again be interpreted as the displacement field of strings, which now form a threedimensional lattice. Hence, it is expected to more stable against fluctuations, and spin order will occur. However, the periodic couplings of the displacement field allow for topological defects which eventually drive the system into the paramagnetic state. Even in the presence of defects, the picture of noncrossing strings remains valid since a triangle can have either one or three frustrated bonds. When introducing continuous fields, the lock-in potential of Eq. (23) has to be included so as to reflect the original discreteness of the height which reads  $h_{ik} = 3(u_{ik} - u_0)/\ell$  in terms of the string displacement  $u_{ik}$ . Hence, we obtain the reduced 3D string Hamiltonian

$$
H_S = -\widetilde{K}_{\parallel} \sum_{\langle ij \rangle, k} \cos \left( \frac{\pi}{\ell} (u_{ik} - u_{jk} + \eta_{ij} a/2) \right)
$$

$$
-\widetilde{K}_{\perp} \sum_{i,k} \cos \left( \frac{\pi}{\ell} (u_{ik} - u_{ik+1}) \right) + v \sum_{i,k} \cos \left( \frac{6\pi}{\ell} u_{ik} \right)
$$
(34)

with couplings  $\widetilde{K}_{\parallel} = J_{\parallel}/T$ ,  $\widetilde{K}_{\perp} = J_{\perp}/T$  and mean string separa-

tion  $\ell = 3a/2$ . Here  $\nu > 0$  due to the entropy argument at the end of Sec. III B. The in-plane shift  $\eta_{ii}$  reflects frustration since  $\sum \eta_{ij}=3$ , where the sum runs over the bonds of a downpointing triangle. Since in the discrete version the  $u_{ik}$  can vary over the bonds only by +*a* or −*a*/ 2, the energy is minimized for a nonuniform change of  $u_{ik}$  along the triangles. This is distinct from the *a priori* continuous field of an antiferromagnetic *XY* model on a triangular lattice whose oriented uniform change defines a helicity, giving rise to an additional  $\mathbb{Z}_2$  symmetry.<sup>44</sup> Hence, the latter *XY* model exhibits an Ising transition because of the  $\mathbb{Z}_2$  symmetry breaking of the ground states.44 However, in the present case, the noncrossing restriction for the strings, originating from the geometrical frustration, prohibits this extra symmetry breaking.

Thus the stacked Ising model of Eq.  $(1)$  maps to a stack of planar lattices of *noncrossing* strings which is described by a  $(2+1)D$  frustrated *XY* model with a sixfold clock term. Interestingly, this provides a microscopic derivation of the LGW theory<sup>16</sup> if the string displacement  $u$  is identified with the phase  $\phi$  of the order parameter via  $\phi = \pi u/\ell$ . However, our effective model differs from the LGW theory in two important points: (i) the in-plane *XY* coupling is frustrated and (ii) there is a topological constraint on  $\phi$  since *u* is restricted by the noncrossing condition. The latter point will lead to an entropically increased phase stiffness on large length scales.

With the model of Eq. (34) at hand, we can analyze the ordering mechanism and the transition to the paramagnetic phase. The latter transition is driven by topological defects which are generated by thermal fluctuations.<sup>45</sup> It is well known that the *XY* coupling allows for defect loops across which  $\phi$  changes by  $2\pi$ . These defects are superpositions of two kinds of loops (cf. Fig. 6): fully frustrated triangles with all spins aligned form in-plane vortex-antivortex pairs, which can be viewed as a string forming an in-plane loop. Together with other pairs in the neighboring layers they form defect loops oriented perpendicular to the planes [cf. Fig.  $6(a)$ ]. Another type of defect loops is oriented parallel to the layers. They arise as the boundaries of 2D areas across which strings in adjacent planes are shifted by  $2\ell$  [cf. Fig. 6(b)]. For the universality class of the transition to the ordered state it is important to take into account the stacked nature of the  $(2+1)$ D *XY* model and the sixfold clock term. In turns out that the stacking is irrelevant since the layers cannot decouple independently from the vortex unbinding transition within the layers. This is due to the fact that unbinding of defects oriented parallel to the layers can occur only at a critical value for the effective coupling  $K_{\parallel}$  which is by a factor of  $1/8$  below that for the in-plane dissociation of vortices.<sup>46</sup> In addition, a  $p$ -fold clock term (in our case,  $p$ = 6) is known to be irrelevant at the *XY* critical point under renormalization if  $p \ge 3.4$ .<sup>35</sup> Hence we conclude that the transition from the paramagnetic phase to an ordered state must be in the 3D *XY* universality class.

In the following, let us discuss the property of the ordered phase. In the latter phase, the *XY* couplings of Eq. (34) can be expanded in  $u_{ik}$ , and in the continuum limit each layer is described by Eq. (21) with an additional harmonic interlayer coupling. Moreover, the sixfold clock is relevant, and the strings are locked into a flat state with spin order whose



FIG. 6. (Color online) Different type of topological defects. (a) Vortex-antivortex pairs in the layers form vortex loops perpendicular to the planes. (b) Vortex loop parallel to the planes borders the mismatch regions in which the strings in two adjacent planes are shifted by  $2\ell$ .

nature depends on the form of the locking potential. In order to compare our approach with the LGW theory,<sup>16</sup> we discuss potential ordered states. As we have seen in Sec. III B, there are two classes of flat strings. They differ by their value of the shift  $u_0$  in the lock-in potential  $V_L(u)$ . After going over from the discrete field  $u_{ik}$  to a coarse-grained description with a continuous field  $u(\mathbf{r})$ , the coarse-grained spin variable can be written as

$$
\sigma(\mathbf{R}_{jk}) = \cos\left(\mathbf{Q} \cdot \mathbf{R}_{jk} + \frac{2\pi}{3a} [u(\mathbf{R}_{jk}) - u_0] \right),\tag{35}
$$

where  $\mathbf{R}_{jk}$  are the 3D lattice sites and  $\mathbf{Q} = (4\pi/(3a), 0, 0)$ . For flat strings, the coarse-grained field  $u(\mathbf{r})$  is zero on average, and the global shift  $u_0$  determines the sublattice magnetizations. For the first state (cf. the left part of Fig. 4)  $u_0$  $=-a/4$ , and there is an additional shift of  $\pi/6$  in Eq. (35), leading to the sublattice magnetizations  $\langle \sigma \rangle = (\frac{\sqrt{3}}{2}, -\frac{\sqrt{3}}{2}, 0)$ . For the second state (cf. the right part of Fig. 4)  $u_0 = 0$ , one has the sublattice magnetizations  $\langle \sigma \rangle = (1, -\frac{1}{2}, -\frac{1}{2})$  since  $\mathbf{QR}_{jk} = 0$ ,  $4\pi/3$ , or  $-4\pi/3$  on the three sublattices. Hence all sublattices are at least partially ordered. Since our entropy argument leads to  $u_0 = -a/4$ , the first state with one fully disordered sublattice should set up the ordered phase at all temperatures, which appears to be consistent with more recent simulations.

How can this ordering be reconciled with the fact that each ground state of the highly degenerate and hence disordered 2D TIAF is also a ground state of the stacked model when all spins are aligned along the stacking direction? This is the point where the mechanism of order from disorder comes into play. As we have seen at the beginning of this section, the formation of domain walls parallel to the layers is energetically not favorable. However, the system can gain entropy by flipping single (so called flippable) spins in a single layer which does not cost energy within the layer. Due to the huge ground-state degeneracy there are many configurations which just differ in their orientation of flippable spins. Hence, a subset of all the 2D ground states is selected which allows for those single spin flips. This explains the existence of the found ordered state since it is composed only of an appropriate subset of all 2D ground states which on average has one sublattice disordered. The spins on this disordered sublattice form chains along the stacking directions which are decoupled from each other at low temperatures, and hence should behave as individual 1D Ising spin chains. At sufficiently low temperatures, the stacked system is thus expected to show excitations which are 1D Ising-like. This conclusion is consistent with multispin Monte Carlo simulations of the specific heat at low temperatures.<sup>37</sup>

### **V. QUANTUM FRUSTRATED MODEL**

Having established the relation of the  $(2+1)$ -dimensional TIAF to a lattice of fluctuating strings with topological defects, we now will apply this relation to the two-dimensional TIAF in a transverse magnetic field. The Hamiltonian of this model is given in Eq. (2). The transverse field introduces simple quantum dynamics to the highly degenerate critical state of the classical TIAF. Due to the general relation between 2D quantum spin systems and 3D classical Ising spin models,17 one can expect from the results for the stacked TIAF quantum order arising from the interplay of quantum fluctuations and geometric frustration. The existence of a quantum ordered state was suggested in recent works on the basis of a LGW theory,<sup>5</sup> a kink model,<sup>19</sup> and simulations.<sup>7</sup>

The exact mapping from the 2D quantum TIAF to a classical stacked Ising system is provided by Suzuki's theorem which states that the partition function of the quantum system can be written  $as<sup>17</sup>$ 

$$
Z = \text{Tr} \exp\left(-\frac{J}{T} \sum_{\langle i,j \rangle} \sigma_i^z \sigma_j^z + \frac{\Gamma}{T} \sum_i \sigma_i^x\right)
$$
  
\n
$$
= \lim_{n \to \infty} \left[\frac{1}{2} \sinh\left(\frac{2\Gamma}{nT}\right) \right]^{nN/2} \sum_{\{\sigma_{ik}\}} \exp\left(-\frac{J}{nT} \sum_{\langle i,j \rangle,k} \sigma_{ik} \sigma_{jk}\right)
$$
  
\n
$$
+ \frac{1}{2} \ln \coth\left(\frac{\Gamma}{nT}\right) \sum_{i,k} \sigma_{i,k} \sigma_{i,k+1}, \qquad (36)
$$

where  $\sigma_{ik} = \pm 1$  are classical Ising variables which are defined on a stacked system of *n* antiferromagnetic triangular lattices, and the second index  $k=1,\ldots,n$  refers to the layer

number. Hence, in the relevant limit of large *n* the quantum system is described by the Hamiltonian of the stacked TIAF of Eq. (1) with the couplings  $J_{\parallel}$  and  $J_{\perp}$  replaced by a infinitesimal small in-plane coupling  $\tilde{K}_{\parallel} = J/(nT)$  and a strong ferromagnetic interlayer coupling  $K_{\perp} = \frac{1}{2} \ln(nT/\Gamma)$  which is controlled by the strength of the quantum fluctuations, i.e., the transverse field  $\Gamma$ . In analogy with the preceding section, the quantum system is hence described by a  $(2+1)D$  string lattice with the Hamiltonian of Eq. (34). This suggests that, as for the classical 3D system, the transverse field Ising model must have an ordered phase at small transverse field and a quantum phase transition in the 3D *XY* universality class to a disordered state. This scenario was previously predicted by the LGW approach. However, in contrast to the latter approach, our mapping of the quantum frustrated spin system to strings yields even the coupling constants of Eq. (34) which is of utmost importance for the construction of the phase diagram.

### **A. Quantum critical point**

First, let us focus on the quantum phase transition to the paramagnetic phase. The purpose of the following analysis is to estimate the location of the critical point and to show that the Trotter limit  $n \rightarrow \infty$  can be carried out explicitly in our approach. It is useful to separate the partition function associated with the  $XY$  model of Eq.  $(34)$  into a spin-wave part and a vortex part. This can be done by making use of the fact that the planar model can be mapped to a simpler model proposed by Villain.<sup>21</sup> As was shown by Kleinert<sup>47</sup> and in Ref. 48, in the partition function one can make the substitution

$$
e^{\tilde{K}\cos(\phi)} \to c \sum_{m=-\infty}^{\infty} e^{-K(\phi - 2\pi m)^2/2},\tag{37}
$$

where the right-hand side is known as Villain coupling<sup>47,48</sup> with a new *K*-dependent coupling *K*. Both expressions become identical in the two limits of  $K \rightarrow 0$  and  $K \rightarrow \infty$  which are fortunately precisely the two cases arising from the Trotter limit  $n \rightarrow \infty$ . Then the coupling constant *K* and the coefficient *c* are given by

$$
K = \widetilde{K}, \quad c = e^K \quad \text{for } \widetilde{K} \to \infty ,
$$
 (38)

$$
K = \frac{1}{2 \ln(2/\tilde{K})}, \quad c = \sqrt{2\pi K} \quad \text{for } \tilde{K} \to 0.
$$
\n(39)

Hence, after taking the Trotter limit, the coupling constants of the equivalent Villain model both scale logarithmically with *nT*,

$$
K_{\perp} = \frac{1}{2} \ln \left( \frac{nT}{\Gamma} \right), \quad K_{\parallel} = \frac{1}{2} \frac{1}{\ln(2nT/J)}.
$$
 (40)

Only for  $T=0$  can one set  $T \sim J/n$  so that for  $n \to \infty$  the coupling  $K_{\perp}$  remains finite, and the system shows 3D behavior. For any finite *T*, however,  $K_{\perp}$  must diverge with *n* and the system shows a 3D to 2D crossover with increasing length scales.

Knowing the coupling constants of the Villain model with decoupled spin-wave and vortex parts for large *n*, we can go ahead and apply dimensional crossover scaling in order to make quantitative predictions about the location and universality of the quantum critical point. We start by eliminating *n* from Eq. (40). From this we obtain the temperatureindependent relation

$$
K_{\perp} = \frac{1}{4K_{\parallel}} - \frac{1}{2} \ln \left( 2 \frac{\Gamma}{J} \right)
$$
 (41)

between  $K_{\parallel}$  and  $K_{\perp}$  which makes the parameter space one dimensional. The geometric mean of the coupling constants controls the stiffness of the *XY* system. It can be expanded in the relevant limit of small  $K_{\parallel}$  as

$$
\sqrt{K_{\parallel}K_{\perp}} = \frac{1}{2} [1 - \ln(2\Gamma/J)K_{\parallel} + O(K_{\parallel}^2)],
$$
 (42)

where we used the relation of Eq.  $(41)$ . The latter relation will be compared to a crossover scaling result which provides a quantitative description of the increase of the transition temperature of a layered  $(2+1)D XY$  model under the increase of the number of layers. Following closely the analysis in Refs. 49 and 50, one obtains a relation between the 3D critical value  $K^c_\infty$  for the in-plane coupling and the corresponding  $K_n^c$  for a system of *n* layers,

$$
\frac{1}{n}\frac{K_{\infty}^c}{K_n^c} = \gamma \left(\frac{K_{\parallel}}{K_{\perp}}\right)^{1/2} \left(1 - \frac{K_{\infty}^c}{K_n^c}\right)^{\nu}
$$
(43)

with the critical exponent  $\nu \approx 2/3$  of the 3D *XY* model and a numerical constant  $\gamma$ . For  $n=1$  this relation yields at the 3D critical point with  $K_{\parallel} = K_{\infty}^c$  the following expression for the geometric mean of the coupling constants:

$$
\sqrt{K_{\infty}^{c}K_{\perp}} = \gamma K_{1}^{c} \left(1 - \frac{K_{\infty}^{c}}{K_{1}^{c}}\right)^{\nu} = \gamma K_{1}^{c} \left(1 - \nu \frac{K_{\infty}^{c}}{K_{1}^{c}} + \cdots \right), \quad (44)
$$

where we have expanded for  $K^c_\infty \ll K^c_1$ . For consistency, the latter expression should be of the same form as the expression in Eq. (42) at the quantum critical point with  $\Gamma = \Gamma_c$ corresponding to  $K_{\parallel} = K_{\infty}^c$ . Indeed, both expressions are identical if one sets

$$
\gamma = 1/(2K_1^c), \quad 2\Gamma_c/J = e^{\nu/K_1^c}.
$$
 (45)

Hence, the location of the quantum critical point is determined by the critical value for the coupling of the 2D *XY* model on a triangular lattice. The standard Kosterlitz-Thouless argument for the vortex-unbinding transition yields<sup>44</sup> in that case  $K_1^c = 2/\pi \times 2/\sqrt{3}$ , leading to  $\Gamma_c / J = 1.24$ . However, this scaling approach neglects renormalization effects due to the sixfold clock term and the noncrossing of strings which should provide a net increase of  $\Gamma_c$ . This is consistent with recent Monte Carlo studies which suggest  $\Gamma_c / J \approx 1.65$ <sup>7</sup>

#### **B. Phase diagram**

Having established the existence of an ordered phase for  $\Gamma < \Gamma_c$  at *T*=0, it is important to study the stability of this phase against thermal fluctuations. For finite temperatures, 2D *XY* physics should dominate at large length scales, and two Kosterlitz-Thouless transitions separating a critical phase at intermediate temperatures from the ordered and the paramagnetic state, respectively, are expected. $48$  In the following we will construct a quantitative phase diagram for the transverse field TIAF in the  $\Gamma$ -*T* plane. The stability range of the phase with bound defects can be estimated from the crossover scaling formula of Eq. (43). Setting in the latter expression  $K_{\parallel}$  to its critical value  $K_n^c$  for an *n*-layer system, and using the scaling formula also at  $n=1$  in order to relate  $K_{\infty}^{c}$  to  $K_{1}^{c}$  and the bare coupling ratio  $K_{\perp}/K_{\parallel}$ , we can derive an expression for the Kosterlitz-Thouless transition temperature  $T_{c,2}(\Gamma)$  of the critical phase  $(C)$  which has only bound defects (see the Appendix for details),

$$
\frac{T_{c,2}}{J} = b \frac{\Gamma}{\Gamma_c} \ln \nu \left( \frac{\Gamma_c}{\Gamma} \right),\tag{46}
$$

where  $b$  is a numerical constant which is fixed by the  $(un$ known) renormalization of  $K_{\perp}$  and remains finite for  $n \rightarrow \infty$ . At large but finite *n*, for consistency, the renormalized effective coupling for the *n*-layer system must behave at as  $K_{\perp}^{\text{eff}}$  $\sim (n/n_c)^{3/5}$  with a characteristic number  $n_c = bK_1^c(J/\overline{T})$  $\times(\Gamma/\Gamma_c)$  which is a measure for the strength of quantum fluctuations and characterizes the effective system size along the Trotter ("imaginary time") axis. The spin correlation function in the critical phase  $(C)$  decays according to Eq. (27) with the exponent  $\eta$  varying continuously between  $\eta$  $= 1/4$  at  $T_{c,2}$  and 1/9 at a lower critical temperature  $T_{c,1}$ which marks the transition to the ordered phase  $(O)$ .<sup>48</sup> The correlation function exponent behaves discontinuously at  $\Gamma$ = 0 where it is  $\eta = 1/2$  and at the quantum critical point where the 3D *XY* result  $\eta \approx 0.040$  holds.<sup>51</sup>

At the lower critical temperature  $T_{c,1}$  there is a second Kosterlitz-Thouless transition to an ordered state where the clock term in Eq. (34) is relevant and locks the strings to the lattice. For a single layer, this transition occurs at the critical coupling  $K_1^c = 9/(2\pi) \times 2/\sqrt{3}$  (see Ref. 48). The boundary of the ordered phase can be obtained analogously to that at  $T_{c,2}$ , yielding

$$
T_{c,1} = \frac{4}{9}T_{c,2}.
$$
 (47)

Close to the quantum critical point both Kosterlitz-Thouless transition temperatures vanish  $\sim (\Gamma_c - \Gamma)^{\nu}$  as expected from scaling. Figure 7 compares our analytical results to recent Monte Carlo data for the phase boundaries, showing very good agreement across the entire range of  $\Gamma$  if we set *b*  $= 0.98$  in Eq. (46). According to our analysis of the ordered phase for the stacked system in Sec. IV the quantum ordered phase  $(O)$  is characterized by the finite sublattice magnetizations  $(\sqrt{3}/2, -\sqrt{3}/2, 0)$ . This type of order is consistent with recent simulations.7



FIG. 7. (Color online) Phase diagram with the phase boundaries given by Eq.  $(46)$  with  $b = 0.98$  and Monte Carlo results of Fig. 1 in Ref. 7. A critical phase  $(C)$  is separated by a boundary at  $T_{c,2}$  from the paramagnetic phase (PM) and at  $T_{c,1} = 4/9T_{c,2}$  from an ordered phase  $(O)$ .

## **VI. CONCLUSION AND EXTENSIONS**

In this paper, we have studied for a 2D Ising system the combined effect of classic geometric frustration and an ordering mechanism which results either from stacking many 2D system or by allowing for quantum dynamics from a transverse field. We have presented an exact relation between spin variables and the displacement field of a string lattice which we used to derive an effective Hamiltonian that was obtained previously only on the basis of a LGW approach. This allowed us to determine the nature of the ordered phase, the universality of the quantum phase transition to the paramagnetic phase, and the quantitative phase diagram at finite temperatures. To our knowledge, this is the first approach for the analyzed models which explicitly performs the Trotter limit  $n \rightarrow \infty$  to obtain quantitative results for the transition temperatures. We have compared the phase diagram so obtained to predictions of recent simulations and found satisfying agreement. We related the spin model also to its dimer model representation and the resulting height profile description. Implementing a simple random walk argument for the strings, we could derive the exact free energy in the continuum limit which was known before only from a more complicated Pfaffian method. Our approach could also explain the physical reason for the previously found universality of the large-scale stiffness of the height profile in the presence of anisotropic bond weights.

For future extensions of our approach it is interesting to note that the string analogy for the spin configurations applies independently of the form of the spin couplings. So it might be interesting to probe if the mapping to strings could also be useful in the presence of some form of quenched disorder in the couplings. Of course, the model for the strings would contain then also disorder, and the universality class would be different from the one studied in the present paper.52 This is also reflected by the fact that disorder will induce topological defects in the 2D string lattice since the degeneracy can be lifted by disorder. In the case of a ran-

domly diluted 2D TIAF, the dilution sites act as pinning centers for the strings since the couplings connecting the removed spin to the adjacent spins can be set to zero so that the spins can be parallel, hence forcing a string to wander though the diluted site due to the construction of strings from spin configurations. In fact, the mapping to height models has been successfully applied already in discussing glassy interfaces in  $d=1+1$  systems,<sup>53</sup> and it would be interesting to have another application of these concepts.

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## **APPENDIX: PHASE BOUNDARY**

In this appendix we derive the boundary of the critical phase  $(C)$ . We start from the scaling result of Eq.  $(43)$  with  $n=1$ . This allows us to compute a relation between the critical couplings  $K_1^c$  and  $K_\infty^c$ . In the limit  $K_\infty^c \ll K_1^c$  we find

$$
K_{\infty}^{c} = \frac{K_{1}^{c}}{\nu + \gamma^{-1} \sqrt{K_{\perp}/K_{\parallel}}},
$$
\n(A1)

where  $\nu$  is the critical exponent of the 3D *XY* model, and  $\nu$  $=1/(2K_1^c)$ . Using the latter result again in the scaling formula of Eq. (43) for arbitrary *n* and with  $K_{\parallel} = K_n^c$  set to its critical value, we obtain

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$$
\frac{1}{K_n^c} = \frac{n}{K_1^c} \left( \nu \gamma \sqrt{\frac{K_n^c}{K_\perp}} + 1 \right) \left( 1 - \frac{K_1^c}{\nu K_n^c + \gamma^{-1} \sqrt{K_\perp K_n^c}} \right)^{\nu},\tag{A2}
$$

which yields  $K_n^c$  as a function of the interlayer coupling  $K_{\perp}$ at large but finite *n*. We continue by introducing the bare coupling constant  $\zeta_0 = e^{2K_\perp}$  so that  $n = \zeta_0 \Gamma / T$ . The renormalized effective coupling constant will be denoted by  $\zeta = e^{2K_{\perp}^{\text{eff}}}$ . This notation allows us to take into account the fact that the renormalization of the couplings  $K_{\parallel}$  and  $K_{\perp}$  is dependent due to their relation by Eq. (41). Then the effective couplings can be written as

$$
K_{\parallel}^{\text{eff}} = \frac{1}{2 \ln(2\zeta \Gamma/J)}, \quad K_{\perp}^{\text{eff}} = \frac{1}{2} \ln \zeta.
$$
 (A3)

Now we use  $K_n^c = K_{\parallel}^{\text{eff}}$  and  $K_{\perp} = K_{\perp}^{\text{eff}}$  in Eq. (A2), and expand the resulting equation for large  $\zeta$  which gives

$$
1 = \frac{\zeta_0}{\left(2 \ln \zeta\right)^{5/3} K_1^c} \frac{\Gamma}{T} \left[ \frac{\nu}{K_1^c} - \ln \left(2 \frac{\Gamma}{J}\right) \right]^\nu. \tag{A4}
$$

Multiplying with *T*/*J* and using the relation  $2\Gamma_c = Je^{\nu/K_1^c}$  for the quantum critical point, we get the final result

$$
\frac{T_{c,2}}{J} = \frac{\zeta_0 e^{\nu/K_1^c}}{2K_1^c (2 \ln \zeta)^{5/3}} \frac{\Gamma}{\Gamma_c} \ln^{\nu} \left(\frac{\Gamma_c}{\Gamma}\right),\tag{A5}
$$

which corresponds to Eq.  $(46)$  if we denote by *b* the coefficient in the latter expression. For consistency, it follows from  $K_{\perp}^{\text{eff}} = \frac{1}{2} \ln \zeta$  and the definition of *b* that the effective interlayer coupling must diverge with  $n \rightarrow \infty$  according to  $K_{\perp}^{\text{eff}}$  $=(n/n_c)^{3/5}$  with a characteristic  $n_c = bK_1^cJ\Gamma/(T\Gamma_c)$  which itself diverges for  $T\rightarrow 0$ .

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