Low-energy properties of two-leg spin-1 antiferromagnetic ladders with commensurate external fields and their extensions

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This study addresses low-energy properties of two-leg spin-1 ladders with antiferromagnetic (AF) intrachain coupling under a uniform or staggered external field H, and a few of their modifications. The generalization to spin-S ladders is also discussed. In the strong AF rung(interchain)-coupling J_{\perp} region, degenerate perturbation theory applied to spin-S ladders predicts 2S critical curves in the parameter space (J_{\perp}, H) for the staggered-field case, in contrast to 2S finite critical regions for the uniform-field case. All critical areas belong to a universality with central charge c=1. On the other hand, we employ Abelian and non-Abelian bosonization techniques in the weak rung-coupling region. They show that in the spin-1 ladder, a sufficiently strong uniform field engenders a c=1 critical state regardless of the sign of J_{\perp} , whereas the staggered field is expected not to yield any singular phenomena. From the bosonization techniques, new field-theoretical expressions of string order parameters in the spin-1 systems are also proposed.

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I. INTRODUCTION

Spin ladder systems have been investigated theoretically for more than a decade. Several real magnets corresponding to them have been synthesized and observed.¹⁻⁶ A trigger of such studies may be the discovery of high- T_c materials and the connection between the Hubbard model (one of the high- T_c models) and the antiferromagnetic (AF) Heisenberg model.⁷ Recently, it has been recognized that spin ladders themselves can provide several theoretically interesting phenomena: for example, quantum critical phenomena, nontrivial magnetization processes (plateaus and cusps), the connection with field theories and integrable models, topological or exotic orders, etc. Especially, the intensive studies have largely developed the physics of two-leg spin- $\frac{1}{2}$ ladders.

In the spin ladder systems, like other magnetic systems, their responses to external magnetic fields have received theoretical and experimental attentions. Recently, in addition to the standard uniform magnetic field, staggered fields, which have an alternating component along a direction of the system, have been in the spotlight.^{8–15} Actually, several phenomena induced by them have been observed, and some mechanisms generating them in real magnets are known.^{9,14} As will be discussed in the next section, uniform- or staggered-field effects in the two-leg spin- $\frac{1}{2}$ ladder with AF intrachain coupling have been understood well. In the uniform-field magnetization process, a massless phase exists between the saturated state and a massive spin-liquid state. A staggered field yields a quantum phase transition.

Here, the following natural question would arise: how the external fields influence high-spin or *N*-leg ladder systems? To answer this (partially), this study specifically addresses low-energy properties of two-leg spin-1 ladders with external fields through the use of several analytical tools. Our main target is the simple Hamiltonian,

$$\hat{\mathcal{H}} = J \sum_{l,j} \vec{S}_{l,j} \cdot \vec{S}_{l,j+1} + J_{\perp} \sum_{j} \vec{S}_{1,j} \cdot \vec{S}_{2,j} + \hat{\mathcal{H}}_{Z}, \qquad (1)$$

where $\hat{S}_{l,j}$ is the spin-1 operator on the site (l,j); l (=1 or 2) is the chain-number index and the integer j runs along each chain. The intrachain coupling J is positive. We will refer to such ladders as "AF" ladders. The interchain coupling J_{\perp} is called the rung coupling. The Zeeman term $\hat{\mathcal{H}}_{Z}$ here is chosen as two types:

$$\hat{\mathcal{H}}_{u} = -H \sum_{j} \left(S_{1,j}^{z} + S_{2,j}^{z} \right),$$
(2a)

$$\hat{\mathcal{H}}_{s} = -H\sum_{j} (-1)^{j} (S_{1,j}^{z} + S_{2,j}^{z}), \qquad (2b)$$

where $H(\ge 0)$ is the strength of external fields. The latter (2b) has a staggered field along the chain $(-1)^{j}H$. Obviously, the AF rung coupling and the staggered field compete with each other.

Regarding the case without external fields, some preceding theoretical studies¹⁶⁻¹⁸ of the spin-1 ladder (1) exist (although, as will see in Sec. III, there are also a few studies dealing with $\hat{\mathcal{H}}_{u}$). Their results deserve to be summarized here for our consideration in later sections. These studies explain how the first-excitation gap varies in dependence upon the rung coupling J_{\perp} . At the decoupled point $J_{\perp}=0$, the model (1) is reduced to two spin-1 AF chains. As known well, the chain has a finite first-excitation gap (Haldane gap).¹⁹ Around the decoupled point, the gap reduction takes place with $|J_{\perp}|$ increasing. Namely, the gap has a cusp structure around $J_{\perp} = 0$. Far from the decoupled point, in the AFrung side, the gap increases together with the growth of J_{\perp} . It approaches the gap of the rung dimer (two spins along the rung) which is the strong AF rung-coupling limit of the model (1). On the other hand, for the ferromagnetic (FM)-



FIG. 1. A schematic gap profile in the spin-1 AF ladder. The symbol Δ_{Hal} denotes the Haldane gap ($\approx 0.41J$). For details, see Ref. 18.

rung side, even away from the decoupled point, the gap decreases monotonically. It reaches the Haldane gap of the spin-2 AF chain with the bond J' = J/2, which is the strong FM rung-coupling limit. (In general, the two-leg spin-S AF ladder with the intrachain coupling J is reduced to the spin-2S AF chain with J' = J/2 in the strong FM rung-coupling limit.)^{20,21} The first-excitation-gap profile is summarized as Fig. 1. A recent quantum Monte Carlo analysis¹⁸ quantitatively surveys the ground-state (GS) properties of the model (1) without Zeeman terms. It estimates the first-excitation gap and the spin-spin correlation length. Moreover, it proposes a new string-type parameter, which is discussed in a later section. The authors conclude that the GS is always massive from $J_{\perp}=0$ to ∞ , and is characterized by the "plaquette-singlet" solid (PSS) state, one of short-range resonating-valence-bond (RVB) states,²² which is explained in Fig. 2. It smoothly connects two limiting states: the Haldane state $(J_{\perp}=0)$ and the rung-dimer state $(J_{\perp}\rightarrow\infty)$. The new string parameter is able to capture a feature of the PSS state.

Our analysis specifically addresses two regions: the strong AF rung-coupling region $(J_{\perp} \ge J)$ and the weak rungcoupling one $(J \ge |J_{\perp}|)$. For the former (latter) region, we mainly employ degenerate perturbation theory (DPT) (fieldtheoretical methods). In the former region, we can also investigate two-leg spin-*S* ladders. It contributes to a systematic understanding of spin ladder systems. Furthermore, the



FIG. 2. RVB pictures in the GS of the spin-1 AF ladder (1) without external fields. The black point denotes a spin- $\frac{1}{2}$ state. The ellipse including two black points indicates the symmetrization of two spin- $\frac{1}{2}$ states and recovers an original spin-1 site. The black line represents for the singlet bond, which consists of a spin- $\frac{1}{2}$ pair. For $0 < J_{\perp} < \infty$, the GS is well described by the PSS state. With increasing the rung-coupling J_{\perp} , the weight *a* (*b*) increases (decreases) in the GS wave function, and it approaches the tensor product of singlet dimers [singlet of the spin-1 pair]. For details, see Ref. 18.

comparison of our results and existing results of spin- $\frac{1}{2}$ ladders will help to elucidate the spin-ladder systems.

The organization of the remainder of this paper is as follows. First, we give a brief review of two-leg spin- $\frac{1}{2}$ ladders in Sec. II. As mentioned previously, it is useful in comparing our spin-1 case with the spin- $\frac{1}{2}$ case and highlighting the features of the spin-1 case. Section III specifically addresses the strong AF rung-coupling region $(J_{\perp} \gg J)$. For the spin-1 ladder (1), the DPT provides effective Hamiltonians and predicts that there are two critical areas (points) in the magnetization process applying the uniform (staggered) field. We also apply the DPT to the two-leg spin-S ladders, to find that in the spin-S case there are 2S critical regions (points) through the uniform(staggered)-field magnetization process. In addition, we propose RVB-type pictures of noncritical phases in the uniform-field case with $\hat{\mathcal{H}}_u$. In Sec. IV, we consider the weak rung-coupling region $(J \gg |J_{\perp}|)$ and employ some field-theoretical approaches. In particular, to map 1D spin-1 systems onto a field theory, we utilize a non-Abelian bosonization (NAB),²³⁻²⁵ i.e., a Wess-Zumino-Novikov-Witten (WZNW) model description. The first two subsections are devoted to an explanation of the NAB. Through it, the spin-1 ladder (1) is described by using a fermion field theory, which was originally proposed by Tsvelik.²⁶ Subsequently, we will consider the uniform-field case in Sec. IV C. In this case, the NAB is considerably effective because it can treat the uniform Zeeman term nonperturbatively.²⁶ From consequences of the DPT in Sec. III, the NAB here, and the gap profile in Fig. 1, we can determine the whole GS phase diagram in Sec. IV D. The critical regime is "simply connected" and has a c=1 criticality except for the decoupled point $J_{\perp}=0$. In Sec. IV E, we devote our attention to spin-1 ladders without external fields. Section IV E 1 is assigned to the evaluation of string-type parameters in one-dimensional (1D) spin-1 systems within our field-theoretical framework. We propose their fieldtheoretical expressions. Using a RG analysis, we consider the GS phase diagram of a spin-1 ladder extended from the model (1) in Sec. IV E 2. Field-theoretical approaches used here are not sufficiently efficient for the staggered-field case with $\hat{\mathcal{H}}_s$. A brief discussion on it is in Sec. IV F. In Sec. V, we summarize all results and briefly discuss them. The Appendix offers readers supplements of field-theoretical techniques and calculations in Sec. IV.

II. REVIEW OF SPIN-1/2 LADDERS

In this section, we review low-energy properties of the spin- $\frac{1}{2}$ AF ladder which is equivalent to the model (1), in which spin-1 operators are replaced with spin- $\frac{1}{2}$ operators.

For the case without external fields, a finite rung coupling engenders a gapped spin-liquid (no long-range orders occur) GS irrespective of the sign of J_{\perp} . This is true because the GS of the spin- $\frac{1}{2}$ AF Heisenberg chain is critical (massless) and the rung coupling is relevant from the standpoint of the perturbative renormalization group (RG) picture.²⁷ The spin liquid can be illustrated using the short-range RVB picture^{28–32} as in Fig. 3. The figure indicates that the excitation gap in the



FIG. 3. RVB pictures of the GS of the spin- $\frac{1}{2}$ ladder. Panels (a) and (b) are typical spin configurations in the AF-rung and FM-rung spin-liquid phases, respectively. The gray line denotes a singlet bond. Up and down arrows represent $S_{l,j}^z + \frac{1}{2}$ and $-\frac{1}{2}$, respectively. Each number under the dashed loop encircling two sites shows the value of $\tilde{S}_j^z = S_{1,j}^z + S_{2,j+1}^z$ in (a), and one of $S_j^z = S_{1,j}^z + S_{2,j}^z$ in (b). Removing all sites of $\tilde{S}_j^z = 0$ or $S_j^z = 0$, one can see a "hidden" Néel order (+1, -1, +1, -1, ...). For more details, see Refs. 30 and 32.

spin-liquid phase has the same order as the energy required to cut a singlet bond. In the AF-rung side, singlet bonds tend to occur along both chain and rung directions. In contrast, two spins on the rung tend to construct a triplet state on the FM-rung side. The tendency removes singlet bonds along rungs, and allows those along the diagonal direction. The FM-rung spin liquid must connect with the GS of the spin-1 AF chain $(J_{\perp} \rightarrow -\infty)$ smoothly. Therefore, we call it the Haldane phase. In Refs. 30 and 32, the authors show that these two kinds of massive spin liquids [(a) and (b) in Fig. 3] can be detected by the two string-type parameters,

$$\mathcal{O}_{\text{odd}}^{a} = -\lim_{|j-k| \to \infty} \langle S_{j}^{a} e^{i\pi \sum_{n=j+1}^{k-1} S_{n}^{a}} S_{k}^{a} \rangle,$$
(3a)

$$\mathcal{O}_{\text{even}}^{a} = -\lim_{|j-k| \to \infty} \langle \tilde{S}_{j}^{a} e^{i\pi \sum_{n=j+1}^{k-1} \tilde{S}_{n}^{a}} \tilde{S}_{k}^{a} \rangle, \tag{3b}$$

where $a=x, y, z, \langle \cdots \rangle$ represents the expectation value of the GS. We defined two new operators $S_j^a = S_{1,j}^a + S_{2,j}^a$ and $\tilde{S}_j^a = S_{1,j}^a + S_{2,j+1}^a$. Indeed, from Fig. 3, one can confirm that $\mathcal{O}_{\text{even}}^a \neq 0$ and $\mathcal{O}_{\text{odd}}^a = 0$ ($\mathcal{O}_{\text{odd}}^a \neq 0$ and $\mathcal{O}_{\text{even}}^a = 0$) are realized in the AF-rung spin-liquid (Haldane) phase.

For the uniform-field case, low-energy properties have become well understood, but the quantitative GS phase diagram has not been constructed yet as far as we know. For details, see e.g., Refs. 33–37 and references therein. The schematic GS phase diagram is expected as in Fig. 4. The spin-liquid, Haldane and saturated phases correspond to massive plateau regions in the uniform-field magnetization pro-



FIG. 4. Schematic GS phase diagram of the spin- $\frac{1}{2}$ ladder with the uniform Zeeman term (2a).



FIG. 5. Schematic GS phase diagram of the spin- $\frac{1}{2}$ ladder with the staggered Zeeman term (2b). In weak and strong rung-coupling regions, the transition curve follows $h \approx 0.60 \times J_{\perp}^{3/2}/J^{1/2}$ and $h \approx J_{\perp} - 0.50 \times J$, respectively, where the factors (0.60 and 0.50) are determined by our numerical calculations (Ref. 51). These results are consistent with analytical ones in Ref. 14.

cess. The critical phase, except for the decoupled line J_{\perp} =0, can be regarded as an one-component Tomonaga-Luttinger liquid (TLL),³⁸ which is identical to a conformal field theory (CFT)³⁹ with the central charge c=1. In this area, the magnetization per rung $\langle S_j^z \rangle$ changes continuously. When the field is increased, quantum transitions take place at lower and upper critical fields (H_1 and H_2). They are of a commensurate-incommensurate (C-IC) type.^{40–43} The upper critical field H_2 can be determined by calculating the exact spin-wave excitation energy in the saturated (perfect ferromagnetic) state: $H_2=2J+J_{\perp}$ for AF-rung side, and $H_2=2J$ for the FM-rung side. The same logic shows that the upper critical field of the spin-1 AF chain with J'=J/2 (strong FM rung-coupling limit) is 2J, which is consistent with the result $H_2=2J$.

Wang *et al.* have investigated the spin- $\frac{1}{2}$ staggered-field case with the term (2b) by employing the DPT and Abelian bosonization.^{38,39,44–50} They predict that the competition between the AF rung coupling and the field *H* creates a secondorder quantum phase transition. It belongs to a Gaussian type with c=1, and separates a Néel phase and the massive spinliquid phase, which continuously connects with the spinliquid (a) in Fig. 3. Furthermore, Ide, Nakamura and Sato⁵¹ recently determined the transition curve with high accuracy using the level-crossing method⁵² and a new twisted operator method.⁵³ The curve starts from the origin in the space (J_{\perp}, H) because both the rung-coupling term and the staggered Zeeman term are relevant to the single chain. The GS phase diagram is given in Fig. 5.

III. STRONG RUNG-COUPLING LIMIT

This section employs the DPT for the strong rungcoupling region: $J_{\perp} \gg J$. Frequently in 1D systems, theories of the strong coupling limit such as the DPT provide visualizations of GSs and low-lying excitations. This is the case in the strong rung-coupling limit of the model (1), as we discuss in this section.

A. Spin-1 ladders

First, we investigate the spin-1 AF-rung ladder with the uniform field. The DPT³⁵ for this model has already been



FIG. 6. Eigenstates and eigenenergies of $\hat{\mathcal{H}}_{j}$ with the strength of the uniform field *H* varying. The thick dotted line corresponds to the GS. Each vector $|\cdots,\cdots\rangle$ represents a state $|S, S^{z}\rangle_{j}$.

performed, for example in Ref. 54. However, we reproduce it here as a preparation for later discussions.

Under condition $J_{\perp} \gg J$, the 0-th approximation takes the following Hamiltonian:

$$\hat{\mathcal{H}}^{0-\text{th}} = \sum_{j} \hat{\mathcal{H}}_{j}, \qquad (4a)$$

$$\hat{\mathcal{H}}_{j} = J_{\perp} \vec{S}_{1,j} \cdot \vec{S}_{2,j} - H(S_{1,j}^{z} + S_{2,j}^{z}), \qquad (4b)$$

where the original model is reduced to a set of two-body problems on each rung. Because the *j*-th rung Hamiltonian $\hat{\mathcal{H}}_j$ has two conserved quantities, \vec{S}_j^2 and S_j^z , one can easily solve it. Each eigenstate has a one-to-one correspondence to a state $|S, S^z\rangle_j$ where S and S^z are magnitudes of the rung spin \vec{S}_j and its *z* component, respectively. The solution is given in Fig. 6. The GS of the rung encounters two level crossings in the magnetization process. In parameter space (J_{\perp}, H) , we concentrate on vicinities of these two level-crossing lines; $H=J_{\perp}$ and $H=2J_{\perp}$. Near one line, $H=2J_{\perp}$, two low-lying states on the *j*-th rung are

$$|+\rangle_{1,j} \equiv |1,1\rangle_j, \quad |-\rangle_{1,j} \equiv |2,2\rangle_j.$$
 (5)

Low-lying states near another line are

$$+\rangle_{2,j} \equiv |0,0\rangle_{j}, |-\rangle_{2,j} \equiv |1,1\rangle_{j}.$$
 (6)

The first-order calculation of the DPT is equivalent to projecting the total Hamiltonian (1) onto the subspace which consists of the set of two states (5) [or (6)] over all rungs. Two projection operators can be defined as $\hat{P}_1 = \prod_j \hat{P}_{1,j}$ and $\hat{P}_2 = \prod_j \hat{P}_{2,j}$, where

$$\begin{split} \hat{P}_{1,j} &= |+\rangle_{1,j1,j} \langle + |+|-\rangle_{1,j1,j} \langle -|, \\ \hat{P}_{2,j} &= |+\rangle_{2,j2,j} \langle + |+|-\rangle_{2,j2,j} \langle -|. \end{split} \tag{7}$$

For convenience, we define new spin- $\frac{1}{2}$ operators as

$$U_{j}^{z} = \frac{1}{2} [|+\rangle_{1,j1,j} \langle + |-|-\rangle_{1,j1,j} \langle -|],$$

$$U_{j}^{+} = |+\rangle_{1,j1,j} \langle -|, \quad U_{j}^{-} = |-\rangle_{1,j1,j} \langle +|.$$
(8)

Similarly, another spin- $\frac{1}{2}$ operator T_j is defined by replacing the subscript (1, j) to (2, j) in Eq. (8). The relation between

these pseudo-spin operators and original spin-1 ones is

$$\hat{P}_{1,j}S_{l,j}^{z}\hat{P}_{1,j} = -\frac{1}{2}U_{j}^{z} + \frac{3}{4}, \quad \hat{P}_{1,j}S_{l,j}^{\pm}\hat{P}_{1,j} = (-1)^{l}U_{j}^{\mp}, \quad (9a)$$

$$\hat{P}_{2,j}S_{l,j}^{z}\hat{P}_{2,j} = -\frac{1}{2}T_{j}^{z} + \frac{1}{4}, \quad \hat{P}_{2,j}S_{l,j}^{\pm}\hat{P}_{2,j} = \frac{2(-1)^{l}}{\sqrt{3}}T_{j}^{\mp}.$$
 (9b)

We read that $\langle S_j^z \rangle = 0$, 1 and 2 correspond to $\langle T_j^z \rangle = \frac{1}{2}$, $\langle T_j^z \rangle = -\frac{1}{2}$ (or $\langle U_j^z \rangle = \frac{1}{2}$) and $\langle U_j^z \rangle = -\frac{1}{2}$, respectively. Under these preparations, we can obtain the following effective Hamiltonian near $H=2J_{\perp}$:

$$\hat{\mathcal{H}}_{u,1}^{\text{eff}} \equiv \hat{P}_{1}\hat{\mathcal{H}}\hat{P}_{1}$$

$$= \sum_{i,j} \hat{P}_{1,i}\hat{\mathcal{H}}\hat{P}_{1,j}$$

$$= \sum_{j} \mathcal{J}_{1}[U_{j}^{x}U_{j+1}^{x} + U_{j}^{y}U_{j+1}^{y} + \Delta_{1}U_{j}^{z}U_{j+1}^{z}]$$

$$- H_{u,1}\sum_{j} U_{j}^{z} + \text{const}, \qquad (10)$$

where $\mathcal{J}_1=2J$, $\Delta_1=\frac{1}{4}$ and $H_{u,1}=2J_{\perp}-H+\frac{3}{2}J$. Similarly, near $H=J_{\perp}$, we obtain

$$\hat{\mathcal{H}}_{u,2}^{\text{eff}} = \sum_{j} \mathcal{J}_{2} [T_{j}^{x} T_{j+1}^{x} + T_{j}^{y} T_{j+1}^{y} + \Delta_{2} T_{j}^{z} T_{j+1}^{z}] - H_{u,2} \sum_{j} T_{j}^{z} + \text{const},$$
(11)

where $\mathcal{J}_2 = \frac{8}{3}J$, $\Delta_2 = \frac{3}{16}$ and $H_{u,2} = J_{\perp} - H + J/2$. Both (10) and (11) are a spin- $\frac{1}{2}$ XXZ chain with a uniform field.⁵⁵ Known exact results on the spin- $\frac{1}{2}$ XXZ chain immediately lead to the following predictions. From the model (10), in the region $|H_{u,1}| \leq \mathcal{J}_1(1+\Delta_1)$ the system has a c=1 criticality, in which the uniform magnetization and the critical exponents of pseudo-spin correlation functions vary continuously with $H_{u,1}$ varying. Otherwise [i.e., $|H_{u,1}| > \mathcal{J}_1(1+\Delta_1)$], the magnetization is saturated. Similarly, from (11), another massless region with c=1 exists in $|H_{u,2}| \leq \mathcal{J}_2(1+\Delta_2)$. By interpreting these in the context of the original ladder model in the uniform field, we predict that two c=1 critical areas exist: J_{\perp} $-\frac{8}{3}J \le H \le J_{\perp} + \frac{11}{3}J$ and $2J_{\perp} - J \le H \le 2J_{\perp} + 4J$. Therefore, in the strong AF rung-coupling region, the spin-1 AF ladder has an intermediate plateau region with $\langle S_i^z \rangle = 1$ in addition to two trivial plateau regions: the saturated state and the PSS state described in Fig. 2. The presence of the intermediate plateau is contrasted with the spin- $\frac{1}{2}$ case (Fig. 4). From effective models (10) and (11), we also see that all critical phenomena in the magnetization process do not involve any spontaneous symmetry breakings. While effective models also predict the intermediate plateau vanishes at the point (J_{\perp}, H) $=(\frac{14}{3}J,\frac{25}{3}J)$, where the lower and upper boundary curves H $=J_{\perp}^{}+\frac{11}{3}J$ and $H=2J_{\perp}-J$ cross each other. However, this estimation is too rough because the lowest-order DPT is probably valid only in the sufficiently strong rung-coupling cases. A recent numerical study^{56,57} evaluates the vanishing point $(J_{\perp}, H) \approx (1.44J, 2.7J)$. It claims that in the subspace fixing the total magnetization, the transition between the c=1 re-



FIG. 7. Intermediate plateau state in the spin-1 ladder (1) with the uniform field (2a): the case with $J \rightarrow 0$ (α) and the case where J is finite (β). Thin black bonds mean singlet bonds of spin- $\frac{1}{2}$ pair. The dotted bonds mean triplet bonds where both z components of two spins are $+\frac{1}{2}$. In the panel (β), gray plaquettes represent a super-position state drawn in the lowest part of the figure.

gion and the plateau is of a Beresinski-Kosterliz-Thouless (BKT) type.⁵⁸

Imitating the RVB picture in Fig. 2, we attempt to regard the intermediate plateau state as a state comprising bonds of nearest-neighbor spin- $\frac{1}{2}$ pairs. One should note that the pairs contain triplet bonds as well as singlet ones because the plateau has $\langle S_j^z \rangle = 1$. From Ref. 59, the necessary condition for a plateau state is

$$S_{\mu} - M_{\mu} =$$
an integer, (12)

where S_u and M_u are, respectively, the sum of spin magnitudes and magnetizations within the unit cell of the plateau state. According to this condition, relations (9), and two effective models, the plateau state should be invariant under the one-site translation along the chain and the exchange of two chains. These allow us to illustrate the bond picture of the intermediate plateau as in Fig. 7. The state (β) connects with the state (α) smoothly by decreasing the weight *b*. Hereafter, we refer to bond pictures including singlet and triplet bonds as "RVB" pictures.

Next, we turn to the staggered-field case, which has never been discussed in previous studies. In the 0-th order DPT, the even-*j* rung Hamiltonian has the same form as Eq. (4b), but the odd-*j* one has the uniform field pointing to the opposite direction to Eq. (4b). Therefore, low-lying states in odd rungs must be modified as follows:

$$|+\rangle_{1,j=\text{odd}} \rightarrow |1,-1\rangle_j, \quad |-\rangle_{1,j=\text{odd}} \rightarrow |2,-2\rangle_j, \quad (13a)$$

$$|+\rangle_{2,j=\text{odd}} = |0,0\rangle_j, \quad |-\rangle_{2,j=\text{odd}} \rightarrow |1,-1\rangle_j.$$
 (13b)

Consequently, projection and pseudo-spin operators are redefined: new pseudo-spins in odd-*j* sites satisfy the same-type relation as Eq. (9), in which $-\frac{1}{2}U_j^z + \frac{3}{4}\left(-\frac{1}{2}T_j^z + \frac{1}{4}\right)$ and $U_j^{\mp}(T_j^{\mp})$ are replaced with $\frac{1}{2}U_j^z - \frac{3}{4}\left(\frac{1}{2}T_j^z - \frac{1}{4}\right)$ and $-U_j^{\pm}(-T_j^{\pm})$, respectively. Using these new tools, we can also construct effective models for the staggered-field cases in a similar way deriving (10) and (11). In the vicinity of the line $H=2J_{\perp}$, the effective Hamiltonian is

$$\hat{\mathcal{H}}_{s,1}^{\text{eff}} = \sum_{j} \mathcal{J}_{1} [\tilde{U}_{j}^{x} \tilde{U}_{j+1}^{x} + \tilde{U}_{j}^{y} \tilde{U}_{j+1}^{y} + \Delta_{1} \tilde{U}_{j}^{z} \tilde{U}_{j+1}^{z}] - H_{s,1} \sum_{j} (-1)^{j} \tilde{U}_{j}^{z} + \text{const},$$
(14)

where $\tilde{U}_{j}^{x,y} = (-1)^{j} U_{j}^{x,y}$, $\tilde{U}_{j}^{z} = U_{j}^{z}$ and $H_{s,1} = 2J_{\perp} - H - \frac{3}{2}J$. Similarly, near the line $H=J_{\perp}$, the effective one $\hat{\mathcal{H}}_{s,2}^{\text{eff}}$ is the same type as $\hat{\mathcal{H}}_{s,1}^{\text{eff}}$, in which $(\mathcal{J}_1, \Delta_1, \widetilde{U}_j^{\alpha}) \rightarrow (\mathcal{J}_2, \Delta_2, \widetilde{T}_j^{\alpha})$ and $H_{s,1}$ $\rightarrow H_{s,2} = J_{\perp} - H - \frac{1}{2}J$. Unlike the uniform-field cases, the above two models have effective staggered fields $H_{s,1}$ and $H_{s,2}$, respectively. Because such alternating terms are relevant for the spin- $\frac{1}{2}$ critical chain, infinitesimal values of staggered fields immediately yield a finite excitation gap. In other words, only when the field $H_{s,1(2)}$ vanishes, the GS is critical. Therefore, there exist two critical lines (not areas) with c=1: $H=J_{\perp}-\frac{1}{2}J$ and $H=2J_{\perp}-\frac{3}{2}J$. The former (latter) critical line satisfies $\langle \tilde{U}_i^z \rangle = 0$ and $\langle S_i^z \rangle = \frac{3}{2}(-1)^j \ (\langle \tilde{T}_i^z \rangle = 0$ and $\langle S_i^z \rangle = \frac{1}{2}(-1)^j$). Both lines are of a c=1 Gaussian-type transition in common with the spin- $\frac{1}{2}$ case (Fig. 5). On the critical lines, the staggered susceptibility $(-1)^{j} (\partial \langle S_{i}^{z} \rangle / \partial H)$ diverges (see the next subsection). Like the uniform-field case, any symmetry breakings do not occur at the transitions. Numerical¹⁰ and analytical^{9,60} works show that the staggered magnetization in $\hat{\mathcal{H}}_{s,1}^{\text{eff}}$ (or $\hat{\mathcal{H}}_{s,2}^{\text{eff}}$) changes continuously with the staggered field varying. Thereby, we can confirm that the original staggered magnetization $(-1)^{j} \langle S_{i}^{z} \rangle$ has no plateau, contrary to the uniform-field cases.

We should discuss effects of the higher-order terms of J in the DPT, although they have already been explained in Ref. 14. Especially, let us consider whether any mechanisms varying the properties of above c=1 criticalities emerge or not, from higher-order effects. In the vicinity of each transition, both two low-lying states in the rung and the perturbative intrachain coupling part are invariant under spin rotations around the z axis of the total spin. Therefore, the U(1) symmetry cannot be broken by higher-order terms. For instance, an anisotropic XY exchange interaction, which brings a mass generation, does not occur. The continuous U(1) symmetry is one of the characteristic natures in the c=1 criticality. Because the original model (1) has a site-parity symmetry, we can also say that bond-alternating terms, which produce a mass too, do not appear. As long as we focus on the strong rung-coupling cases $(J_{\perp} \gg J)$, anisotropy parameter $\Delta_{1(2)}$ will not exceed the value of the BKT transition point $\Delta_{BKT}=1$. These considerations imply that higher-order perturbations cannot make c=1 criticalities of transitions change, although they will modify parameters $(\mathcal{J}_{1(2)}, \Delta_{1(2)}, H_{u(s),1(2)})$ slightly and generate several new but small terms (e.g., next nearest neighbor interaction terms) in effective models.

Using analytical tools, we can also evaluate several physical quantities around each transition. We will discuss them in the next subsection along with general spin-*S* cases.

B. Generalization to spin-S ladders

Viewing results of DPTs in spin- $\frac{1}{2}$ cases (Figs. 4 and 5, Refs. 14 and 34) and above spin-1 cases, we find it possible

TABLE I. Effective models around the highest-field lines $H=2SJ_{\perp}$. Parameters $(\mathcal{J}_1, \Delta_1, H_{u,1}, H_{s,1})$ are values of the effective exchange coupling constant, the anisotropy parameter, the effective uniform field and the effective staggered field, respectively. The sign Γ denotes the width of the c=1 critical region along the *H*-axis in the original parameter space (J_{\perp}, H) , $M_{u,1}$ represents the possible values of $\langle S_{l,j}^z \rangle$ in the critical region Γ , and $M_{s,1}$ is the value of $|\langle S_{l,j}^z \rangle|$ at the transition line $H_{s,1}=0$.

Spin	\mathcal{J}_1	Δ_1	$H_{u,1}$	Г	$M_{u,1}$	$H_{s,1}$	$M_{s,1}$
1/2	J	1/2	J_{\perp} – H + $\frac{1}{2}J$	3 <i>J</i>	$0 \rightarrow \frac{1}{2}$	$J_{\perp} - H - \frac{1}{2}J$	1/4
1	2J	1/4	$2J_{\perp} - H + \frac{3}{2}J$	5J	$\frac{1}{2} \rightarrow \overline{1}$	$2J_{\perp} - H - \frac{3}{2}J$	3/4
3/2	3J	1/6	$3J_{\perp} - H + \frac{5}{2}J$	7J	$1 \rightarrow \frac{3}{2}$	$3J_{\perp} - H - \frac{5}{2}J$	5/4
2	4J	1/8	$4J_{\perp} - H + \frac{7}{2}J$	9 <i>J</i>	$\frac{3}{2} \rightarrow 2$	$4J_{\perp} - H - \frac{7}{2}J$	7/4
S	2SJ	1/(4 <i>S</i>)	$2SJ_{\perp}-H+rac{4S-1}{2}J$	(4S+1)J	$S - \frac{1}{2} \longrightarrow S$	$2SJ_{\perp}-H-\frac{4S-1}{2}J$	$S - \frac{1}{4}$

to generalize them to two-leg spin-*S* AF ladders with external fields (2a) and (2b). Even for the spin-*S* case, in which $\vec{S}_{l,j}$ means a spin-*S* operator, the rung Hamiltonian is solvable through states $|S, S^z\rangle_j$, in which S runs from 0 to 2*S*. The number of independent states $|S,S^z\rangle_j$ is $\sum_{m=0}^{2S} (2m+1)=(2S+1)^2$, and the table of Clebsch-Gordan (CG) coefficients (or the Wigner-Eckart theorem) can determine the relation between them and the states of original two spins $(\vec{S}_{1,j}, \vec{S}_{2,j})$. The eigen energy of the state $|S,S^z\rangle_i$ is

$$\frac{J_{\perp}}{2}S(S+1) - J_{\perp}S(S+1) - HS^{z},$$
(15)

where we consider the even-j rung. In a subspace with a fixed value of S, the GS of the rung is $(S,S)_i$, although at H=0, all (2S+1) states are degenerate. Because the GS energy of the above subspace goes down with the slope -Swhen H is increased, the GS of the full space has 2S level crossings: $H=J_{\perp}, 2J_{\perp}, \ldots, 2SJ_{\perp}$. (This is a general result of Fig. 6.) Hence, one readily expects that the spin-S case has 2S critical phenomena in the uniform(staggered)-field magnetization process. The first-order DPT near each levelcrossing line gives the effective model, which is the same type as the spin-1 case: we always obtain a spin- $\frac{1}{2}$ XXZ chain with a uniform (staggered) field for the uniform(staggered)-field cases. Therefore, even in the spin-S cases, similar conclusions as the spin-1 cases can be available. In principle, one can obtain effective models in all vicinities of level-crossing lines. However, derivations of the models associated with lower-field crossing lines must calculate numerous CG coefficients (syntheses of spins). Tables I and II depict only the effective models near the highestfield and second-highest-field lines. Nevertheless, these two will be sufficient to conclude that the spin-*S* case has 2*S* critical regions (points) in the uniform(staggered)-field magnetization process. Note that in these two tables, we use the same symbols $(\mathcal{J}_{1(2)}, \Delta_{1(2)}, H_{u(s),1(2)})$ in the spin-1 cases to represent effective models.

From these tables, we can extract the following information on the GS of the spin-*S* case. (i) For uniform-field cases, the critical areas around the highest-field line and secondhighest-field line, respectively, are

$$2SJ_{\perp} - J \le H \le 2SJ_{\perp} + 4SJ, \tag{16a}$$

$$(2S-1)J_{\perp} - \frac{8S^2 + 2S - 2}{4S - 1}J \le H \le (2S-1)J_{\perp} + \frac{24S^2 - 14S + 1}{4S - 1}J,$$
(16b)

which determine the width of the critical region Γ in the tables. The plateau regions exist outside the regions Γ , as with the spin-1 case. (ii) The larger the magnitude of spin *S* becomes, the more the width Γ increases as a result of the growth of the effective coupling $\mathcal{J}_{1(2)}$. The effective model approaches a spin- $\frac{1}{2}$ XY chain. Because plateaus are characteristic in "quantum" spin systems, the growth of Γ , or the decrease of plateau regions, means the system approaches the classical vector spin system. On the other hand, in the case fixing *S*, the highest-field critical region Γ is smaller than the second highest-field one. Therefore we expect that the lower-field critical regions are larger. (iii) Like the spin-1

TABLE II. Effective models around the second-highest-field lines $H=(2S-1)J_{\perp}$. Parameters $(\mathcal{J}_2, \Delta_2, H_{u,2}, \Gamma, M_{u,2}, H_{s,2}, M_{s,2})$ have the same roles as $(\mathcal{J}_1, \Delta_1, H_{u,1}, \Gamma, M_{u,1}, H_{s,1}, M_{s,1})$ in Table I, respectively. Note that the spin- $\frac{1}{2}$ case does not possess the effective model.

Spin	\mathcal{J}_2	Δ_2	$H_{u,2}$	Г	$M_{u,2}$	$H_{s,2}$	$M_{s,2}$
1	$\frac{8}{3}J$	3/16	$J_{\perp}-H+\frac{1}{2}J$	$\frac{19}{3}J$	$0 \rightarrow \frac{1}{2}$	$J_{\perp} - H - \frac{1}{2}J$	1/4
3/2	$\frac{24}{5}J$	5/48	$2J_{\perp} - H + \frac{3}{2}J$	$\frac{53}{5}J$	$\frac{1}{2} \rightarrow \overline{1}$	$2J_{\perp} - H - \frac{3}{2}J$	3/4
2	$\frac{48}{7}J$	7/96	$3J_{\perp} - H + \frac{5}{2}J$	$\frac{103}{7}J$	$1 \rightarrow \frac{3}{2}$	$3J_{\perp} - H - \frac{5}{2}J$	5/4
5/2	$\frac{80}{9}J$	9/160	$4J_{\perp} - H + \frac{7}{2}J$	$\frac{169}{9}J$	$\frac{3}{2} \rightarrow 2$	$4J_{\perp} - H - \frac{7}{2}J$	7/4
S	$\frac{8S(2S-1)}{4S-1}J$	$\frac{4S-1}{16S(2S-1)}$	$(2S-1)J_{\perp} - H + \frac{4S-3}{2}J$	$\frac{32S^2 - 12S - 1}{4S - 1}J$	$S-1 \rightarrow S-\frac{1}{2}$	$(2S-1)J_{\perp} - H - \frac{4S-3}{2}J$	$S - \frac{3}{4}$

case, all intermediate plateaus must vanish at a sufficiently weak rung-coupling region. (iv) For the staggered-field cases, the transition lines with the highest field and the second-highest field are, respectively,

$$H = 2SJ_{\perp} - (4S - 1)J/2, \qquad (17a)$$

$$H = (2S - 1)J_{\perp} - (4S - 3)J/2.$$
(17b)

(v) All critical phenomena do not involve spontaneous symmetry breakings as with the spin-1 case.

Now, let us investigate the physical quantities around each criticality in more detail. If we represent the effective model near each transition with the (second) highest field using the pseudo-spin operator U_j^{α} (T_j^{α}) in a similar manner of the preceding subsection, the original spins are projected out as follows:

$$S_{l,j}^{z} \to -\frac{1}{2}U_{j}^{z} + S - \frac{1}{4}, \quad S_{l,j}^{\pm} \to (-1)^{l}\sqrt{SU_{j}^{\mp}},$$

$$S_{l,j}^{z} \to -\frac{1}{2}T_{j}^{z} + S - \frac{3}{4}, \quad S_{l,j}^{\pm} \to (-1)^{l}2\sqrt{\frac{S(2S-1)}{4S-1}}T_{j}^{\mp},$$
(18)

where we consider even-*j* sites, again. For the staggered-field cases, as Eqs. (13) and (14), we must redefine $U_j^{\alpha}(T_j^{\alpha})$ in all odd-*j* rungs and define $\tilde{U}_j^{\alpha}(\tilde{T}_j^{\alpha})$. The relation (18), of course, contains Eq. (9), and provides the magnetic relation between the effective and original models. As mentioned earlier, the low-energy properties of the effective models are elucidated well by several analytical methods. Therefore, the combination of the relation (18) and such methods can provide accurate predictions of the original spin-*S* ladders.

First we discuss the uniform-field cases. According to Bethe ansatz^{36,61,62} and Abelian bosonization, ^{38,39,44–50} the low-energy physics of the massless area $|H_{u,1(2)}| \leq \mathcal{J}_{1(2)}(1 + \Delta_{1(2)})$ is governed by the free boson field theory with the spin-wave [massless excitation] velocity $v_{1(2)}$ and the compactification radius $R_{1(2)}$. (We refer the reader to Appendix A for an explanation of Abelian bosonization.) Utilizing their knowledge, one can derive the uniform susceptibility formula^{9,63}

$$\chi_{1(2)} \equiv \frac{\partial \langle U_j^z \rangle}{\partial H_{u,1}} \left(\text{or } \frac{\partial \langle T_j^z \rangle}{\partial H_{u,2}} \right) = \frac{a_0}{(2\pi)^2 R_{1(2)}^2 v_{1(2)}}, \quad (19)$$

where a_0 is the lattice constant. Because the effective field $H_{u,1(2)}$ varies linearly with the original field H (see Tables I and II), the relation $\chi_{1(2)} = \frac{1}{2} (\partial \langle S_{l,j}^z \rangle / \partial H)$ is realized for the magnetization process varying only H,⁶⁴ at least in the first-order DPT. One thus can regard all the behavior of $\chi_{1(2)}$ as those of the original susceptibility, except for the difference of the factor $\frac{1}{2}$. The linear relation between the effective and original fields is often used below. The Bethe ansatz can determine the radius $R_{1(2)}$ and the velocity $v_{1(2)}$ as functions of $\mathcal{J}_{1(2)}$, $\Delta_{1(2)}$ and $H_{u,1(2)}$. Especially for $H_{u,1(2)}=0$, the radius and the velocity are represented analytically as

$$R_{1(2)} = \frac{1}{\sqrt{2\pi}} \left(1 - \frac{1}{\pi} \arccos \Delta_{1(2)} \right)^{1/2},$$
$$v_{1(2)} = \frac{\pi}{2} \frac{\sqrt{1 - \Delta_{1(2)}^2}}{\arccos \Delta_{1(2)}} \mathcal{J}_{1(2)} a_0.$$
(20)

Inserting Eq. (20) to Eq. (19), we see that when *S* goes from one half (one) to ∞ , the pseudo-spin magnetization curve slope [i.e., the susceptibility (19)] at the midpoint of the (second) highest-field critical regime [i.e., at $H_{u,1(2)}=0$] decreases monotonically from $1/\sqrt{3}\pi J \cong 0.184 \times J^{-1}$ (0.0954 $\times J^{-1}$) to $1/2\pi SJ$ ($1/4\pi SJ$). Fixing *S*, we also find that $\chi_1(H_{u,1}=0)$ is larger than $\chi_2(H_{u,2}=0)$. For example, in the spin-1 case, $\chi_1(H_{u,1}=0)\cong 0.119 \times J^{-1}$ and $\chi_2(H_{u,2}=0)$ $\cong 0.0954 \times J^{-1}$. These imply a reasonable fact that the larger Γ is, the smaller is the magnetization slope at $H_{u,1(2)}=0$. Subsequently, let us consider how magnetization approaches the value of the plateau (saturation). Without utilizing formula (19), studies of the C-IC transition⁴⁰⁻⁴³ have shown that near the saturation, the magnetization behaves as

$$\langle U_j^{\varepsilon} \rangle$$
(or $\langle T_j^{\varepsilon} \rangle$) ~ $|H_{u,1(2)}^{\rm cr} - H_{u,1(2)}|^{1/2}$, (21)

where $|H_{u,1(2)}^{cr}|$ is the critical value $\mathcal{J}_{1(2)}(1 + \Delta_{1(2)})$.⁶⁵ Hence, in the magnetization process, the original magnetization $\langle S_{l,j}^z \rangle$ also behaves, near each plateau, $\sim |H^{cr} - H|^{1/2}$, where H^{cr} is the critical field of each c=1 region. This power law is a universal property. That is, it is independent of the spin magnitude *S* and the level-crossing line we choose in the twospin problem of the rung. The spin-wave analysis can exactly calculate the gap in the saturated state of each effective model. For $|H_{u,1(2)}| > |H_{u,1(2)}^{cr}|$, the excitation gap is estimated as $|H_{u,1(2)}| - |H_{u,1(2)}^{cr}|$.⁶⁶ Again, translating this into the original model, we see that when *H* is moved just outside each c=1region, the gap grows as $|H-H^{cr}|$.⁶⁷

Performing the same spin-wave analysis in the saturated state of the original spin-S ladders, we can determine the upper critical uniform field H_c . The field gives the boundary between the saturation with $\langle S_j^z \rangle = 2S$ and the c=1 phase just under it. The result is

$$H_c = 4SJ + 2SJ_{\perp}.$$
 (22)

Surprisingly, H_c perfectly agrees with the upper critical field derived from the effective model around the highest-field line [see the region (16a)]. In other words, H_c is not modified by the higher-order perturbation effects of the DPT. For the FM-rung side, the spin-wave theory implies that

$$H_c = 4SJ, \tag{23}$$

where H_c does not depend upon the rung coupling J_{\perp} . Equations (22) and (23) are a generalization of the critical field H_2 in the spin- $\frac{1}{2}$ case (Fig. 4).

Next, we shift our focus to the staggered-field cases. When the effective staggered field $H_{s,1(2)}$ is vanishing (i.e., the GS is massless), the bosonization translates the pseudo-spin operator to the following boson representation:

$$\widetilde{U}_{j}^{z}(\text{or }\widetilde{T}_{j}^{z}) \approx \frac{a_{0}\partial_{x}\phi}{2\pi R_{1(2)}} + (-1)^{j}A_{1(2)}\sin\left(\frac{\phi}{R_{1(2)}}\right), \quad (24)$$

where $\phi(x) [x=j \times a_0]$ and $A_{1(2)}$ are the boson field and a nonuniversal constant,^{68–70} respectively. Here we neglect the so-called Klein factor.^{47–50} From Eq. (24), a finite $H_{s,1(2)}$ leads to a perturbation term proportional to $H_{s,1(2)} \sin(\phi/R_{1(2)})$ for the effective boson field theory, and it then becomes a sine-Gordon model. The vertex operator $\sin(\phi/R_{1(2)})$ has the scaling dimension $x_{1(2)}=1/4\pi R_{1(2)}^2$ and is always relevant (i.e., $x_{1(2)} < 2$). Therefore the scaling argument⁹ tells us that any small fields $H_{s,1(2)}$ yield an excitation gap $m_{1(2)}$ and the pseudo-spin staggered magnetization as

$$m_{1(2)} \sim |H_{s,1(2)}|^{1/[2-x_{1(2)}]},$$
 (25a)

$$\langle \tilde{U}_{j}^{z} \rangle (\text{or } \langle \tilde{T}_{j}^{z} \rangle) \sim (-1)^{j} |H_{s,1(2)}|^{x_{1(2)}/[2-x_{1(2)}]},$$
 (25b)

where if $H_{s,1(2)} \le 0$, we take the replacement $(-1)^j$ $\rightarrow (-1)^{j+1}$ in Eq. (25b). Substituting $R_{1(2)}$ in Tables I and II for $x_{1(2)}$, we find that the larger the value S becomes, the slower the growths of both the gap and the magnetization become. In other words, the singularity of the staggered sus- $\begin{array}{lll} \mbox{ceptibility} & \partial \langle \tilde{U}_{j}^{z} \rangle / \, \partial H_{s,1} \big|_{H_{s,1} \rightarrow 0} \ (\mbox{or} & \partial \langle \tilde{T}_{j}^{z} \rangle / \, \partial H_{s,2} \big|_{H_{s,2} \rightarrow 0}) \ \mbox{decreases with } S \ \mbox{increasing. Particularly, in the limit } S \rightarrow \infty, \end{array}$ $m_{1(2)} \sim |H_{s,1(2)}|$ and $|\langle U_i^z \rangle|$ (or $|\langle T_i^z \rangle|) \sim |H_{s,1(2)}|$, which means the staggered susceptibility does not diverge at the "transition" line $H_{s,1(2)}=0$. These can be again interpreted as a sign of the approach to the classical spin system. On the other hand, fixing S, one observes that when the fields $H_{s,1}=H_{s,2}$ are small enough, m_1 and $|\langle U_i^z \rangle|$ are larger than m_2 and $|\langle T_i^z \rangle|$, respectively. We therefore anticipate that the transition with the higher field has a stronger singularity. In the spin-1 case, we have $m_1 \sim |H_{s,1}|^{0.878}$, $m_2 \sim |H_{s,2}|^{0.903}$, $|\langle \tilde{U}_j^z \rangle| \sim |H_{s,1}|^{0.756}$ and $|\langle \tilde{T}_i^{\varsigma} \rangle| \sim |H_{s,2}|^{0.806}$. In common with the uniform-field cases, $H_{s,1(2)}$ has a linear relation with H. In order to translate all consequences into ones of the model (1) in the original staggered-field magnetization process, it is sufficient to replace $H_{s,1(2)}$ and $\langle \tilde{U}_i^z \rangle$ (or $\langle \tilde{T}_i^z \rangle$), respectively, with H and $\langle S_{l,i}^z \rangle - (-1)^j M_{s,1(2)}$, where $M_{s,1(2)}$ is the staggered magnetization par site at each transition line (see Tables I and II).

Summarizing all the above results about the spin-*S* cases, we can draw GS phase diagrams and the uniform and staggered magnetizations as in Fig. 8. Notably, Fig. 8 is valid in the strong AF rung-coupling limit.

Utilizing solutions of the Bethe ansatz integral equations,⁹ values of the nonuniversal constants $A_{1(2)}$,^{14,70} etc., we can serve more quantitative predictions. We omit them here.

Finally, we speculate the short-range "RVB" picture of the plateau states in the uniform-field case, without any computations. The spin-S case has 2S+1 plateau regions including two trivial plateaus: the saturated state and the H=0 state. The guides to guess the "RVB" pictures are the effective models, in which translational symmetry does not break, the



FIG. 8. Panels (α 1) and (α 2) are, respectively, the GS phase diagrams in the uniform-field case (2a) and the staggered-field one (2b). Panels (β 1) and (β 2) are, respectively, the uniform magnetization curve in the case (2a) and the staggered one in the case (2b). In the panel (β 2), we denote the magnetization of the even-*j* rung.

plateau condition (12), and the expectation that the bonds along the chain are subject to taking the singlet state and all plateaus vanish in the sufficiently weak AF rung-coupling region. From these, in order to build the "RVB" picture for the plateau with $\langle S_i^z \rangle = \tilde{S}$ in the spin-S case, we should perform just the following two procedures: (i) putting S triplet bonds and $(2S-\overline{S})$ singlet bonds per a rung, and (ii) "joining" two nearest-neighbor rungs by singlet or triplet bonds, not to break the translational symmetry along the chain. The plaquette states of the lowest panels in Figs. 2 and 7 are available for the procedure (ii). For instance, two plateau states with $\langle S_i^z \rangle = 1$ and $\langle S_i^z \rangle = 2$ in the spin- $\frac{3}{2}$ case are described as (A) and (B) in Fig. 9, respectively. Similarly, the plateau with $\langle S_i^z \rangle = 0$ could be captured by the set of a PSS state and a spin-liquid state (a) in Fig. 3. Following the above speculations, one would easily produce "RVB" pictures for any plateaus.

Within the "RVB" picture, every time the GS moves from a plateau to the plateau just above it with H increasing, one singlet bond along each rung is cut and exchanged for a



FIG. 9. Expected "RVB" pictures for the plateaux with $\langle S_j^z \rangle = 1$ (A) and $\langle S_i^z \rangle = 2$ (B) in the spin- $\frac{3}{2}$ case.



FIG. 10. GS phase diagram and the schematic gap behavior in the model (26).

triplet bond. This phenomena is reminiscent of successive transitions in the spin-*S* bond-alternated chain.^{25,45,71}

IV. WEAK RUNG-COUPLING LIMIT

This section describes the spin-1 ladder (1) under the opposite condition to the last section: $J \gg |J_{\perp}|$, *H*. We start from the limit $J_{\perp} = H = 0$. There, the ladder becomes two decoupled spin-1 AF Heisenberg chains. The Haldane gap of the single chain complicates the mapping to some field theories. Nevertheless, two famous mappings exist:⁷² Haldane's method based on a non-linear sigma model (NLSM)¹⁹ and the method applying a NAB.^{23–25} We will use the latter in this section. It is useful for treating several additional terms, in first principle, by the perturbation theory and the RG picture.

A. Critical points of spin-1 AF chain

The application of the NAB to 1D spin-1 systems^{17,26,73,74} is supported by low-energy properties of the spin-1 Takhtajan-Babujian (TB) chain^{75,76} and the following spin-1 bilinear-biquadratic chain:

$$\hat{\mathcal{H}}_{\delta} = J \sum_{j} \left[\vec{S}_{j} \cdot \vec{S}_{j+1} + \delta (\vec{S}_{j} \cdot \vec{S}_{j+1})^{2} \right],$$
(26)

where J > 0, S_j is the spin-1 operator on the site *j*, and the TB chain corresponds to $\delta = -1 = \delta_{\text{TB}}$. This subsection presents a brief review the model (26).⁷⁷

The efforts of several people⁷⁸⁻⁸⁷ since the late 1980's have advanced our understanding of the model (26). In particular, the low-energy properties in the region J > 0 and $|\delta| \leq 1$ have been elucidated well. The GS phase diagram and the excitation gap in this region are summarized as in Fig. 10. At least three special points exist aside from our target, the Heisenberg point $\delta = 0$. The TB chain is integrable and has massless excitations with the wave numbers (momenta) k=0 and π/a_0 . The point $\delta_{LS}=1$, called the Lai-Sutherland (LS) model,⁸⁸ is also integrable. It has massless excitations with k=0 and $\pm 2\pi/3a_0$. The low-energy limits of TB and LS points are, respectively, equal to the level-2 SU(2) WZNW model^{89–92} (a CFT) and the level-1 SU(3) WZNW model. On the δ axis, these two points are located in a quantum phase transition. The TB point separates the Haldane phase ($|\delta|$ ≤ 1) and the massive dimerized phase ($\delta < \delta_{\text{TB}}$), which has twice degenerate GSs. On the other hand, the LS point separates the Haldane and massless "trimerized" phase ($\delta > \delta_{LS}$). The transition belongs to a generalized SU(3) BKT type.⁹³ Features of the Haldane phase are the existence of a finite gap between the unique GS and the isolated spin-1 magnon mode, and a "hidden" AF order detected by a string order parameter:

$$\mathcal{O}^{a} = -\lim_{|j-k| \to \infty} \langle S_{j}^{a} e^{i\pi \sum_{n=j+1}^{N-1} S_{n}^{a}} S_{k}^{a} \rangle,$$
$$\equiv \langle \hat{\mathcal{O}}^{a} \rangle, \qquad (27)$$

which is the same form as the string parameter (3a) in the spin- $\frac{1}{2}$ ladder, except that S_j^{α} is a spin-1 operator. The AKLT⁹⁴ point $\delta_{aklt} = \frac{1}{3}$ is noteworthy because its GS is exactly identical to a valence-bond-solid state. Moreover, the point δ_{aklt} is the onset of an incommensurability: in (1>) $\delta > \delta_{aklt}$, the real-space spin correlations has an incommensurate fluctuation, that connects smoothly with the three-site period one at the LS point.

Asides from points above, recent studies have described there are two characteristic points: $\delta_{dis} \cong 0.4$ (Ref. 84) and Lifshitz point $\delta_{Lif} \cong 0.44$.^{81,82} In the region $-1 < \delta < \delta_{dis}$, the momentum of the lowest magnon excitation stays at $k = \pi/a_0$. However, on the right side of δ_{dis} , it has a deviation from $k = \pi/a_0$, and splits into two incommensurate momenta, which smoothly reach the massless points $+3\pi/2a_0$ and $-3\pi/2a_0$ at the LS chain, respectively. At the Lifshitz point, an incommensurability appears in the spin structure factor.

B. Effective field theory

Reviewing the last paragraph, one notes that the TB point in the model (26) can be adopted as an underlying point to consider an effective field theory for the Heisenberg chain (δ =0). It is likely that the LS point is also available for the field theoretical description. However, as mentioned already, there are three points changing the low-energy properties between the LS and Heisenberg points. Therefore, the LS point is not appropriate for deriving the effective theory of the Heisenberg point. This subsection provides the effective field theory for the spin-1 ladder (1) in our notation.¹⁷

The level-2 SU(2) WZNW model, which describes the TB point, has two primary fields: the 2×2 matrix field g_{mn} [$m, n \in \{1, 2\}$] with left and right conformal weights $(\frac{3}{16}, \frac{3}{16})$ and the 3×3 matrix field Φ_{mn} [$m, n \in \{1, 2, 3\}$] with weights $(\frac{1}{2}, \frac{1}{2})$. This WZNW model is identical to three copies of massless Majorana (real) fermions, as the WZNW model has c=3/2 and the Majorana fermion theory, which is equivalent to a 2D critical Ising model, has c=1/2. This identification allows a discussion of low-energy properties of the TB chain using the c=1/2 CFT, instead of the WZNW model. In imaginary time formalism where $\tau=it$ (t is real time), we have the fermionic Euclidean action for the TB chain,

$$S_{\rm TB} = \int d\tau \, dx \, v \big[\xi_L^a \partial_{\overline{z}} \xi_L^a + \xi_R^a \partial_z \xi_R^a \big], \tag{28}$$

where $\xi_L^a(z)$ and $\xi_R^a(\bar{z})$ [a=1,2,3] are, respectively, the left mover of a Majorana fermion with weights $(\frac{1}{2},0)$ and the

right mover with $(0, \frac{1}{2})$. The velocity of the excitations v is the order of $Ja_0.^{89,95}$ Here, we introduced the "light-cone" coordinate: $z=v\tau+ix$, $\overline{z}=v\tau-ix$, $\partial_z=\frac{1}{2}((1/v)\partial_\tau-i\partial_x)$, and $\partial_{\overline{z}}=\frac{1}{2}((1/v)\partial_\tau+i\partial_x)$. The repeated indices are summed. In the operator formalism, the fermions satisfy the following equaltime anticommutation relations: $\{\xi^a_\alpha(x),\xi^b_\beta(y)\}=\delta_{ab}\delta_{\alpha\beta}\delta(x-y)$. On the top of the action, there exist correspondences among the WZNW primary fields and fields of the c=1/2CFT. In accordance with Refs. 17, 74, and 96, $\Phi_{mn}(z,\overline{z})$ comprises a bilinear form of $\xi^a_L(z)$ and $\xi^a_R(\overline{z})$, which indeed has the weights $(\frac{1}{2},\frac{1}{2})$. In addition, from Ref. 17, we have

$$g_{mn}(z,\overline{z}) \propto \sum_{\alpha=0}^{3} (\tau_{\alpha})_{mn} \mathcal{G}_{\alpha}(z,\overline{z}), \qquad (29)$$

where $(\tau_0)_{mn} = \delta_{mn}$ and $\tau_{1,2,3}$ are the Pauli matrices. The fields $\mathcal{G}_{\alpha}(z,\overline{z})$ are determined as

$$\mathcal{G}_0 = \sigma_1 \sigma_2 \sigma_3, \quad \mathcal{G}_a = i \sigma_a \mu_{a+1} \mu_{a+2}, \tag{30}$$

where $\sigma_a(z,\bar{z})$ and $\mu_a(z,\bar{z})$ are, respectively, the order and disorder fields in the critical Ising model (c=1/2 CFT). Here, we use the cyclic index a+3=a. Both fields σ_a and μ_a have weights $(\frac{1}{16}, \frac{1}{16})$. An imaginary unit *i* is embedded in Eq. (30) to let the field *g* be a SU(2) matrix. The SU(2) current operators $J_L^a(z)$ and $J_R^a(\bar{z})$ in the WZNW model can be defined by fermions as follows:

$$J_L^a(z) = -\frac{i}{2} \epsilon_{abc} \xi_L^b \xi_L^c, \quad J_R^a(\overline{z}) = -\frac{i}{2} \epsilon_{abc} \xi_R^b \xi_R^c, \qquad (31)$$

where ϵ_{abc} is the totally antisymmetric tensor and $\epsilon_{123}=1$. The currents $J^a_{L,R}(x)$ satisfy level-2 SU(2) Kac-Moody algebra. Through the NAB,^{24,25,97} the spin operator in the TB chain is translated into the following sum of the uniform and staggered parts:

$$\frac{1}{a_0} S_j^a \approx J_L^a + J_R^a + iC_0 (-1)^j \operatorname{Tr}[(g - g^{\dagger})\tau_a]$$
$$= J_L^a + J_R^a + C_1 (-1)^j \sigma_a \mu_{a+1} \mu_{a+2}, \qquad (32)$$

where both C_0 and C_1 are nonuniversal constants. On the left-hand side, a=1, 2, and 3 correspond to x, y and z, respectively. This formula connects smoothly with the bosonized spin density of the spin- $\frac{1}{2}$ ladder.²⁷ From Eq. (32), one notes that the one-site translation causes $g(x) \rightarrow -g(x + a_0)$.^{24,25}

Here we must mention a subtle point. The OPEs in Appendix B 2 show that a disorder field μ_a has an anticommuting character (so far we implicitly think of it as a bosonic object). One solution to maintain it and the Hermitian property of the staggered part of the spin density (32) is to modify the staggered part as

$$\sigma_a \mu_{a+1} \mu_{a+2} \to \kappa \sigma_a \mu_{a+1} \mu_{a+2}, \tag{33}$$

where the new parameter κ has the same properties as an imaginary unit: $\kappa^* = -\kappa$ and $\kappa^2 = -1$. We will sometimes use this modification below.

Making full use of the above relations, one obtains lowenergy properties of the TB chain. In order to achieve the field theory for the Heisenberg chain beyond the TB chain, one must add the following two perturbation terms to the action (28):

$$im\xi_L^a\xi_R^a - \lambda J_L^a J_R^a. \tag{34}$$

As long as the attached terms are restricted to relevant or marginal ones, only these two terms are admitted and possess spin rotational (see Appendix C) and one-site translational symmetries.⁹⁸ From the forms of Eqs. (32)–(34) and the Hamiltonian for the TB action (28), we can infer that the time reversal transformation $(S_j^a, i) \rightarrow (-S_j^a, -i)$ is mapped to $(\xi_L^a, \xi_R^a, \kappa, i) \rightarrow (\xi_R^a, \xi_L^a, -\kappa, -i)$. Similarly, we infer that link-parity transformation $S_j^a \rightarrow S_{-j+1}^a$ and site-parity one $S_j^a \rightarrow S_{-j}^a$ (S_0^a is fixed) correspond to $[\xi_L^a(x), \xi_R^a(x), g(x)] \rightarrow [\mp \xi_R^a(-x), \pm \xi_L^a(-x), g(-x)]$ and $[\xi_L^a(x), \xi_R^a(x), g(x)] \rightarrow [\mp \xi_R^a(-x), \pm \xi_L^a(-x), -g(-x)]$, respectively.⁹⁹

Because the Heisenberg point (δ =0) is far from the TB point ($\delta = -1$), m and λ are phenomenological parameters. It is known that one may take m > 0 and $\lambda > 0$ in the Haldane phase (Fig. 10).²⁶ The inequality $\lambda > 0$ means that the term $-\lambda J_L^a J_R^a$ is marginally irrelevant. As shown in Eq. (B6), the Ising model picture tells us that m > 0 indicates that each Ising model is in the disordered phase $\langle \mu_a \rangle \neq 0$. The mass parameter m must contribute to the Haldane gap. Consequently, three bands built of ξ_L^a and ξ_R^a can be regarded as the spin-1 magnon modes in the chain (26). Running from δ =-1 to $\delta=0$ allows the velocity v to be renormalized. However, it still has the order of Ja_0 .^{84,100} We will use the same symbol v for the renormalized velocity. In addition to v, for the other parameters $(m, \lambda, \text{ etc.})$, hereafter we use the same symbols whether they contain any renormalization effects or not. It is widely believed that the formula (32) is applicable even for the Heisenberg chain because its low-energy excitations still stay around the uniform point k=0 and the staggered one π/a_0 (see the previous subsection).

Heretofore, we have obtained an effective field theory for the spin-1 Heisenberg chain. This framework was first proposed by Tsvelik²⁶ in 1990. Utilizing Eq. (32), we easily obtain the field theory for the spin-1 ladder (1) without external fields. The action is

$$S_{\text{lad}} = S_{\text{TB}}[\xi_L^a, \xi_R^a] + S_{\text{TB}}[\tilde{\xi}_L^a, \tilde{\xi}_R^a] + \int d\tau \, dx [im\xi_L^a \xi_R^a - \lambda J_L^a J_R^a + im\tilde{\xi}_L^a \tilde{\xi}_R^a - \lambda \tilde{J}_L^a \tilde{J}_R^a + J_\perp a_0 (J_L^a \tilde{J}_R^a + J_R^a \tilde{J}_L^a + J_L^a \tilde{J}_L^a + J_R^a \tilde{J}_R^a) + C_1^2 J_\perp a_0 \kappa \tilde{\kappa} \sigma_a \mu_{a+1} \mu_{a+2} \tilde{\sigma}_a \tilde{\mu}_{a+1} \tilde{\mu}_{a+2}], \qquad (35)$$

where quantities without (with) an overtilde \sim represent fields of the chain 1 (chain 2) with l=1 (l=2). We stress that the Hamiltonian for the action S_{lad} is invariant under spin rotation, one-site translation, time reversal, two parity transformations and exchanging the chain indices.

On top of the rung-coupling term, it is possible to translate the other terms into field-theoretical expressions. The uniform Zeeman term (2a) and the staggered one (2b) are, respectively, mapped to

$$\approx -H \int dx (J_L^3 + J_R^3 + \widetilde{J}_L^3 + \widetilde{J}_R^3), \qquad (36a)$$

$$\approx -C_1 H \int dx (\kappa \sigma_3 \mu_1 \mu_2 + \tilde{\kappa} \tilde{\sigma}_3 \tilde{\mu}_1 \tilde{\mu}_2).$$
 (36b)

An advantage of the field theory used here is that the uniform Zeeman term is translated into the fermionic quadratic form (36a), which can be treated nonperturbatively. Equation (36b) is not invariant under time reversal and one-site translational operations.

Other considerations regarding symmetries between the spin-1 ladder and its effective theory (35) are found in Ref. 17.

C. Uniform-field case

Sections IV A and IV B complete the main preparation dealing with the spin-1 ladder (1). This paragraph presents a discussion of the ladder with a uniform Zeeman term (2a). We clarify what critical phase emerges when the uniform field is applied. It is easy to infer that a weak rung coupling does not collapse the Haldane gap of two decoupled spin-1 AF chains (see the Introduction and the next subsection). Moreover, in the single chain, a sufficiently strong uniform field engenders a c=1 critical state.^{26,101–105} Therefore, we take the following strategy. (i) We review the effective theory for the c=1 critical phase appearing in the spin-1 chain with a strong uniform field.²⁶ (ii) Then, adding the rung coupling terms perturbatively, we investigate the low-energy physics of the ladder (1) with a strong uniform field.

Following the above scenario, first we explain how the c=1 state is described within the field-theoretical scheme. We neglect the four-body interaction, the λ term. One may interpret that it vanishes via the RG procedure. Actually, it is believed that the effective theory without the λ term is sufficient to describe the low-energy physics of the Heisenberg chain.²⁶ In this case, the Hamiltonian for the chain 1 is

$$\begin{aligned} \hat{\mathcal{H}}_{\text{chain1}} &= \int dx i \upsilon (\psi_L^{\dagger} \partial_x \psi_L - \psi_R^{\dagger} \partial_x \psi_R) + i m (\psi_L^{\dagger} \psi_R - \psi_R^{\dagger} \psi_L) \\ &+ H (\psi_R^{\dagger} \psi_R + \psi_L^{\dagger} \psi_L) + i \frac{\upsilon}{2} (\xi_L^3 \partial_x \xi_L^3 - \xi_R^3 \partial_x \xi_R^3) + i m \xi_L^3 \xi_R^3, \end{aligned}$$

$$(37)$$

where, for convenience, we introduced a Dirac (complex) fermion,

$$\begin{pmatrix} \psi_R \\ \psi_L \end{pmatrix} = \frac{1}{\sqrt{2}} \begin{pmatrix} \xi_R^1 + i\xi_R^2 \\ \xi_L^1 + i\xi_L^2 \end{pmatrix}.$$
 (38)

The Hamiltonian (37) is a quadratic form. The uniform field mixes two species $\xi_{L,R}^1$ and $\xi_{L,R}^2$, while it does not affect $\xi_{L,R}^3$. Through Fourier transformations $\psi_{L,R}(x) = \int_{k:all} (dk/2\pi) e^{ikx} \psi_{L,R}(k)$ and $\xi_{L,R}^3(x) = \int_{k>0} (dk/2\pi) \times \{e^{ikx}c_{L,R}(k) + e^{-ikx}c_{L,R}^{\dagger}(k)\} [\xi_{L,R}^3^{\dagger}(x) = \xi_{L,R}^3(x)]$, and Bogoliubov transformations,



FIG. 11. Band structures of the spin-1 AF chain with a uniform field H.

$$\begin{pmatrix} \psi_{R}(k) \\ \psi_{L}(k) \end{pmatrix} = \mathcal{U}(k) \begin{pmatrix} \psi_{+}(k) \\ \psi_{-}^{\dagger}(k) \end{pmatrix},$$
$$\begin{pmatrix} c_{R}(k) \\ c_{L}(k) \end{pmatrix} = \mathcal{U}_{3}(k) \begin{pmatrix} d(k) \\ d^{\dagger}(-k) \end{pmatrix},$$
(39)

where $\mathcal{U}(k)_{11,12} = m/[2\epsilon(k)(\epsilon(k) \mp kv)]^{1/2}$, $\mathcal{U}(k)_{21,22} = \pm i[\epsilon(k) \mp kv]^{1/2}/[2\epsilon(k)]^{1/2}$, $\mathcal{U}_3(k)_{11,12} = \mathcal{U}(k)_{11,12}$, $\mathcal{U}_3(k)_{21,22} = i[\epsilon(k) \mp kv]^{1/2}/[2\epsilon(k)]^{1/2}$ and $\epsilon(k) = [(kv)^2 + m^2]^{1/2}$, we obtain the diagonalized Hamiltonian,

$$\hat{\mathcal{H}}_{\text{chain I}} = \int \frac{dk}{2\pi} [\epsilon_{+}(k)\psi^{\dagger}_{+}(k)\psi_{+}(k) + \epsilon_{-}(k)\psi^{\dagger}_{-}(k)\psi_{-}(k) + \epsilon(k)d^{\dagger}(k)d(k)] + \text{const}, \qquad (40)$$

where $\epsilon_{\pm}(k) = \epsilon(k) \pm H$. The three bands $\epsilon(k)$ and $\epsilon_{\pm}(k)$ reproduce the Zeeman splitting of the spin-1 magnon modes. Their structures are given in Fig. 11. When the uniform field exceeds a critical value *m*, a Fermi surface appears in the lowest band $\epsilon_{-}(k)$ and its low-energy excitations then can be captured as a massless Dirac fermion. This corresponds precisely to the *c*=1 state we are looking for. Here, the mass parameter *m*, after including all the renormalization effects, can be identified with the Haldane gap.

Now, in this strong-field region (H > m), let us recover the λ term, and take into account the rung coupling. Provided that we focus on low-energy physics, expanding the modes $\psi_+(x)$ and $\psi_-(x)$, respectively, around k=0 and the Fermi momentum $k=k_{\rm F}=(H^2-m^2)^{1/2}/v$ will be allowed. Therefore, we obtain

$$\psi_{R}(x) \approx \frac{1}{\sqrt{2}} \psi(x) + e^{ik_{\mathrm{F}}x} U_{+} R^{\dagger}(-x) + e^{-ik_{\mathrm{F}}x} U_{-} L^{\dagger}(-x),$$

$$\psi_{L}(x) \approx \frac{i}{\sqrt{2}} \psi(x) - i e^{ik_{\mathrm{F}}x} U_{-} R^{\dagger}(-x) - i e^{-ik_{\mathrm{F}}x} U_{+} L^{\dagger}(-x),$$

(41)

where $U_{\pm} = \mathcal{U}(\pm k_{\rm F})_{12} = m/\sqrt{2H[H + (H^2 \pm m^2)^{1/2}]}$, R(x) and L(x) are, respectively, the left and right movers of the Dirac fermion $[\psi_{-}(x) \approx e^{ik_{\rm F}x}R(x) + e^{-ik_{\rm F}x}L(x)]$. In addition, we defined the field $\psi(x)$ as $\int (dk/2\pi)\epsilon_{+}(k)\psi_{+}^{+}(k)\psi_{+}(k)\approx \int dx \psi^{\dagger} \times (-(v^2/2m)\partial_x^2 + m + H)\psi$. Similarly, we introduce fields \tilde{L} , \tilde{R} and $\tilde{\psi}$ in chain 2. Substituting these new fields for the effective field theory $(\hat{\mathcal{H}}_{\rm chain1} + \hat{\mathcal{H}}_{\rm chain2} + \lambda \, {\rm term} + {\rm rung}$ coupling),

we obtain the effective Hamiltonian (D1) under the condition H > m. (Because it is too lengthy, the explicit form is put in Appendix D.) In the process, using Eqs. (41), we carefully approximated mass terms, interaction ones and currents $J_{L,R}^a$ while conserving the Hermitian property of each term. Moreover, we dumped all terms possessing some rapid fluctuation factors $\exp(\pm ink_Fx)$ (*n* is an integer). The action toward the Hamiltonian (D1) is written as

$$S_{H>m} = S_0^1[L, R, \tilde{L}, \tilde{R}] + S_0^2[\xi_{\alpha}^3, \tilde{\xi}_{\alpha}^3] + S_0^3[\psi, \tilde{\psi}] + S_{\text{int}}^1[L, R, \tilde{L}, \tilde{R}]$$
$$+ S_{\text{int}}^2[L, R, \tilde{L}, \tilde{R}; \xi_{\alpha}^3, \tilde{\xi}_{\alpha}^3] + S_{\text{int}}^3[L, R, \tilde{L}, \tilde{R}; \psi, \tilde{\psi}]$$
$$+ S_{\text{int}}^4[\xi_{\alpha}^3, \tilde{\xi}_{\alpha}^3; \psi, \tilde{\psi}] + S_{\text{int}}^5[\psi, \tilde{\psi}] + S_{\text{stag}}, \qquad (42)$$

where S_0^{α} , S_{int}^{α} and S_{stag} denote the free part of each field, the four-body interaction terms and the staggered part of the rung-coupling term [i.e., the final term in Eq. (35)], respectively. Integrating out massive fields ξ_{α}^3 , $\tilde{\xi}_{\alpha}^3$, ψ , and $\tilde{\psi}$ leads to the effective action containing only soft modes *L*, *R*, \tilde{L} , and \tilde{R} . Through a cumulant expansion, it can be expressed as

$$S_{\text{eff}}[L, R, \widetilde{L}, \widetilde{R}] = S_0^1 + S_{\text{int}}^1 + \langle \overline{S}_{\text{int}} \rangle_M + \frac{1}{2} [\langle \overline{S}_{\text{int}}^2 \rangle_M - \langle \overline{S}_{\text{int}} \rangle_M^2] + \cdots,$$
(43)

where $\bar{S}_{int} = \sum_{\alpha=2}^{5} S_{int}^{\alpha} + S_{stag}$, and $\langle \cdots \rangle_M$ indicates the expectation value of free parts of four massive fermions. Because the Abelian bosonization is useful for interacting Dirac fermion models (see Appendix A), we introduce the boson fields ϕ and $\tilde{\phi}$ from the Dirac fermions (L,R) and (\tilde{L},\tilde{R}) , respectively. Applying the formula (B10) and the known results of the two-leg spin- $\frac{1}{2}$ ladder with a uniform field [refer Eqs. (29) and (32) in Ref. 36], we can bosonize the Isingfield product of S_{stag} as well as the fermion fields. As a result, S_{stag} is mapped as follows:

$$C_{1}^{2}J_{\perp}a_{0}\kappa\tilde{\kappa}\sigma_{a}\mu_{a+1}\mu_{a+2}\tilde{\sigma}_{a}\tilde{\mu}_{a+1}\tilde{\mu}_{a+2}$$

$$\sim C_{1}^{2}J_{\perp}a_{0}\Big\{\mu_{3}\tilde{\mu}_{3}\cos[\sqrt{\pi}(\theta-\tilde{\theta})] \\
+ \frac{1}{2}\sigma_{3}\tilde{\sigma}_{3}\cos[\sqrt{\pi}(\phi-\tilde{\phi})]\Big\} \\
+ \text{fluctuating or irrelevant terms,}$$
(44)

where $\theta(\tilde{\theta})$ is the dual of the boson field $\phi(\tilde{\phi})$, and the first (second) term on the right-hand side is generated from the *x* and *y* (*z*) components of the rung-coupling staggered part. The result (44) is also supported by the NLSM approach.^{102,104} The final fluctuating or irrelevant terms may be negligible in the low-energy limit. From Eqs. (42)–(44), up to the first cumulant, the effective action S_{eff} yields the following bosonized Hamiltonian:

$$\hat{\mathcal{H}}_{1st} = \int dx [A\Pi_{+}^{2} + B_{+}(\partial_{x}\phi_{+})^{2} + C \ \partial_{x}\phi_{+} + A\Pi_{-}^{2} + B_{-}(\partial_{x}\phi_{-})^{2} + C_{\theta_{-}}\cos(\sqrt{2\pi}\theta_{-}) + C_{\phi_{-}}\cos(\sqrt{8\pi}\phi_{-})],$$
(45)

where we define the symmetric boson field $\phi_+ = (\phi + \tilde{\phi})/\sqrt{2}$ and the antisymmetric one $\phi_- = (\phi - \tilde{\phi})/\sqrt{2}$, and Π_+ $=\partial_t \phi_{\pm} / v'(\theta_{\pm})$ is the canonical conjugate (dual) of the boson ϕ_{\pm} . New parameters in $\hat{\mathcal{H}}_{1st}$ are

$$A = \frac{v'}{2} - \frac{\lambda}{2\pi} U_{+}^{2} U_{-}^{2} + \frac{\lambda}{4\pi} (U_{+}^{2} - U_{-}^{2})^{2}, \qquad (46a)$$

$$B_{\pm} = \frac{v'}{2} - \frac{\lambda}{2\pi} U_{+}^{2} U_{-}^{2} - \frac{\lambda}{4\pi} (U_{+}^{2} - U_{-}^{2})^{2} \pm \frac{J_{\perp} a_{0}}{2\pi} (U_{+}^{2} + U_{-}^{2})^{2},$$
(46b)

$$C = \sqrt{\frac{2}{\pi}} \left[2\lambda \delta_{\xi} U_{+} U_{-} - \frac{\lambda}{4} \delta_{\psi} (U_{+} + U_{-})^{2} + \frac{J_{\perp} a_{0}}{2} (U_{+}^{2} + U_{-}^{2}) \right],$$
(46c)

$$C_{\phi-} = 2 \frac{J_{\perp} a_0}{\pi^2 \alpha^2} U_+^2 U_-^2, \qquad (46d)$$

$$C_{\theta-} \propto C_1^2 J_\perp a_0 \langle \mu_3 \rangle_M^2, \qquad (46e)$$

where α in Eq. (46d) is the cut-off parameter in the bosonization formula (A3), $\delta_{\xi} = i \langle \xi_L^3 \xi_R^3 \rangle_M = i \langle \xi_L^3 \xi_R^3 \rangle_M > 0$ and $\delta_{\psi} = \langle \psi \psi^{\dagger} \rangle_{M} = \langle \widetilde{\psi} \widetilde{\psi}^{\dagger} \rangle_{M} > 0$. Both δ_{ξ} and δ_{ψ} are $O(1/a_{0})$. Except for these two, the averages of products of two massive fermions vanish in the first cumulant $\langle S_{int} \rangle_M$. One should note $\langle \mu_3 \rangle_M = \langle \tilde{\mu}_3 \rangle_M \neq 0$ and $\langle \sigma_3 \rangle_M = \langle \tilde{\sigma}_3 \rangle_M = 0$. In the derivation of Eq. (45), for simplicity, we assume that the Dirac fermion bands are always half-filled. From this, for example, we employed the relation $L^{\dagger}L - LL^{\dagger} = 2L^{\dagger}L - \delta_0 = 2:L^{\dagger}L:$, where the order of δ_0 is the inverse of the fermion wave-number cutoff, and the symbol : : means the normal-ordered product. Observing the Hamiltonian (D1) carefully, and using the operator product expansion (OPE) in the c=1 and c=1/2 CFTs (Appendix B 2, we find that the second cumulant yields new interaction terms $\cos(\sqrt{8\pi\theta_{-}})$, $\cos(2\sqrt{8\pi\phi_{-,L(R)}})$ and $\cos[\sqrt{2\pi}(\phi_{-,L(R)}+3\phi_{-,R(L)})] \text{ from } \langle (S_{\text{int}}^2)^2 \rangle_M \text{ and } \langle S_{\text{int}}^2 S_{\text{stag}} \rangle_M.$ [Here, $\phi_{\pm,L(R)}$ is the left (right) mover of θ_{\pm} .] This means that the second cumulant does not produce any vertex operators having the symmetric bosons ϕ_+ , θ_+ and $\phi_{+,L(R)}$. To verify this result, it is sufficient to note that the presence of $\exp(i\sqrt{8\pi\phi_+}),$ $\exp(i\sqrt{8\pi\theta_+}),$ $\exp(i2\sqrt{8\pi\phi_{+,L}})$ and $\exp(i2\sqrt{8\pi\phi_{+,R}})$ requires, respectively, fermion four-body terms $L^{\dagger}R\widetilde{L}^{\dagger}\widetilde{R}$, $L^{\dagger}R^{\dagger}\widetilde{L}^{\dagger}\widetilde{R}^{\dagger}$, $L^{\dagger}L^{\dagger}\widetilde{L}^{\dagger}\widetilde{L}^{\dagger}$ and $RR\widetilde{R}$. It is expected that except for the above vertex terms, relevant or marginal interactions do not emerge in the higher cumulants.

Besides the discussion related to the explicit counting of vertex operators, the Hamiltonian (D1) and the cumulant expansion have the following four remarkable points. (i) Above vertex operators corresponding to some four-body fermions occur only through the rung coupling (meaning that the λ term does not violate the c=1 phase in the decoupled chain). (ii) We can apply an argument in Ref. 59, which cleverly employs the bosonization and symmetries of spin systems. From Appendix C, the U(1) transformation associated with the spin rotation around z axis is given by $\psi_{L,R} \rightarrow \psi_{L,R} e^{i\varphi}$ (φ is a real number) in the field theory, which accompanies $L^{\dagger} \rightarrow L^{\dagger} e^{i\varphi}$, $R^{\dagger} \rightarrow R^{\dagger} e^{i\varphi}$ and $\psi \rightarrow \psi e^{i\varphi}$ via Eq. (41). Of course,

fields with an overtilde also receive the same transformations. In the boson language, they correspond to a shift of the symmetric dual field $\theta_+ \rightarrow \theta_+$ + constant. This U(1) symmetry hence prohibits the emergence of any vertex operators with the dual field θ_{+} . Similarly, let us consider the one-site translation. As one can see from Eq. (41), it causes $L^{\dagger}(-x)$ $\rightarrow L^{\dagger}(-x-a_0)e^{-ik_Fa_0}$ and $R^{\dagger}(-x)\rightarrow R^{\dagger}(-x-a_0)e^{ik_Fa_0}$. They are mapped to $\phi_{+}(x) \rightarrow \phi_{+}(x+a_0) + 2\sqrt{2k_Fa_0}/r$, where r is the compactification radius in the c=1 theory considered now. It must be close to the value of the massless Dirac fermion $1/\sqrt{4\pi}$ (see Appendix A). Vertex operators with ϕ_+ are therefore forbidden, except for those where k_F becomes some special value. These prohibition rules are actually formed in the above counting of vertex operators. One can confirm that U(1) and one-site translational symmetries are maintained in the Hamiltonian (D1). (iii) Because the correlation functions of massive fields decay exponentially, no long-range interaction terms emerge in all the cumulants. For instance, the correlation lengths of two-point functions for ξ_{α}^3 or ψ are at most the order of $(ma_0)^{-1} \times a_0$, where *m* has the order of the Haldane gap ($\approx 0.41J$),¹⁰⁶ and ma_0 ($\sim Ja_0$) must be a constant in the present scaling limit. In fact, the correlation length of the spin-1 AF Heisenberg chain is only about six times as large as a_0 .¹⁰⁶ The connected correlation functions of Ising fields σ_3 and μ_3 also decay exponentially.¹⁰⁷ (iv) From (iii), roughly speaking, the expansion can be thought of as a J_{\perp}/J expansion.¹⁴

From all the considerations below Eq. (45), when the rung coupling is sufficiently weak, the bosonized Hamiltonian (45), possibly with vertex operators of antisymmetric fields only, could be adopted as an effective theory under a strong uniform field H(>m). Following a standard prescription, we perform a Bogoliubov transformation,

$$\phi'_{\pm} = \frac{1}{\sqrt{K_{\pm}}} \phi_{\pm}, \quad \Pi'_{\pm} = \sqrt{K_{\pm}} \Pi_{\pm}, \quad (47)$$

where $K_{\pm} = \sqrt{A/B_{\pm}}$, and the canonical relations are conserved: $[\phi_{\pm}(x), \Pi_{\pm}(y)] = [\phi'_{\pm}(x), \Pi'_{\pm}(y)] = i \delta(x-y)$. From the view of new boson fields $(\phi'_{\pm}, \Pi'_{\pm})$, interaction terms,

$$\cos(\sqrt{8\pi\phi_{-}}) = \cos(\sqrt{8\pi K_{-}\phi_{-}'}), \qquad (48a)$$

$$\cos(\sqrt{2\pi}\theta_{-}) = \cos\left(\sqrt{\frac{28\pi}{K_{-}}}\theta_{-}'\right), \qquad (48b)$$

$$\cos(\sqrt{8\pi}\phi_{-}) = \cos\left(\sqrt{\frac{8\pi}{K_{-}}}\phi_{-}'\right), \qquad (48c)$$

have the scaling dimensions $2K_{-}$, $1/(2K_{-})$ and $2/K_{-}$, respectively. The parameters J_{\perp} and λ yield a deviation from K_{\pm} = 1. It, however, would be quite small in the weak rungcoupling region. The most relevant term, hence, is $\cos(\sqrt{2\pi/K_{-}\theta'_{-}})$, and it locks the phase field θ'_{-} . Therefore, the ϕ'_{-} mode always becomes massive once the rung coupling J_{\perp} enters into the system. Other interactions $\cos(2\sqrt{8\pi}\phi_{-,L(R)})$ and $\cos[\sqrt{2\pi}(\phi_{-,L(R)}+3\phi_{-,R(L)})]$ have a conformal spin, and it is reported that such fields may engender non-trivial effects.^{38,108} However, they would not be as



FIG. 12. Schematic GS phase diagram of the spin-1 AF ladder (1) with the uniform Zeeman term (2a).

powerful as recovering any massless ϕ'_{-} modes in the present case. On the other hand, for the symmetric part, the linear term $C\partial_x\phi_+$ is absorbed into the quadratic part by the shift $\phi_+ \rightarrow \phi_+ + Cx/(2B_+)$. From these results, we conclude that for a strong uniform field (H > m), only the ϕ'_+ mode remains massless and a c=1 phase is realized, irrespective of the sign of J_{\perp} .

Finally, we note the limitations and the validity of the methods used here. The fermion band width in the effective theory (37) is expected to be smaller than or equal to O(J). Hence, when the uniform field becomes too strong, such as $H \ge J$, it is doubtful whether the theory (37) is valid or not. Furthermore, for such a strong-field case, it may be necessary to take into account other low-energy excitations. Meanwhile, the cumulant expansion is not reliable well when $|J_{\perp}|$ reaches O(J). For the derivation of Eq. (45), we used the assumption that the Dirac fermion bands is half-filled. Removing it does not influence the main results presented in this paragraph. It merely changes parameters in Eq. (45) a bit.

D. GS phase diagram of the uniform-field case

The strategy of the preceding subsection is not suitable for determining the lower critical uniform field, while we have already known that the lowest-excitation-gap profile of the spin-1 ladder is given by Fig. 1. Furthermore, the lowest excitations must consist of a spin-1 magnon triplet. [This expectation is trusted at least for the strong AF or FM rungcoupling regions. Moreover, from our effective theory (excitations of fermions $\xi_{L,R}^a$ are interpreted as spin-1 magnon excitations) and the NLSM analysis,¹⁶ it would be also true for the weak rung-coupling region.] Therefore, the gap profile in Fig. 1 itself is equivalent to the shape of the lower critical uniform field in the space (J_{\perp}, H) . [As *H* is increased, one of the spin-1 magnon bands goes down linearly with *H*, as a result of the Zeeman splitting. See the band $\epsilon_{-}(k)$.]

Taking into account the above lower critical field and predictions in Secs. III and IV C, we can finally draw the whole GS phase diagram of the spin-1 AF ladder (1) with the uniform field as in Fig. 12. The sharp form of the intermediate plateau area is one of the natures of the BKT transition: the correlation length outside of the critical phase in the BKT transition is still anomalously long, and it inversely indicates that the excitation gap, which is proportional to the width of the plateau in the present case, grows considerably slowly. Features of the spin-1 GS phase diagram are the phase boundary near the decoupled point and the existence of the intermediate plateau. On the other hand, the c=1 universality in the critical phase is common to both spin- $\frac{1}{2}$ and spin-1 cases.

E. No-field case

This subsection specifically addresses situations in which spin-1 ladders have no external fields.

1. String order parameters

Here, we attempt to evaluate string-type order parameters in spin-1 systems within the field-theoretical description.

First, we investigate that of the single spin-1 chain, Eq. (27). The estimation of the nonlocal part $\hat{\mathcal{O}}_{ex}^{a} \equiv \exp(i\pi \sum_{n=j+1}^{k-1} S_n^a)$ (note $\hat{\mathcal{O}}_{ex}^{a\dagger} = \hat{\mathcal{O}}_{ex}^a$) can be done similarly to the bosonization technique in Ref. 32, where the string parameters of spin- $\frac{1}{2}$ ladders (3) were calculated. In the continuum limit, $\hat{\mathcal{O}}_{ex}^{a}$ is approximated as

$$\hat{\mathcal{O}}_{\text{ex}}^a \approx \exp\left(\pm i\pi \int_{x_j+a_0}^{x_k-a_0} dy [J_L^a(y) + J_R^a(y)]\right), \qquad (49)$$

where $x_{k(j)} = k(j) \times a_0$ and the staggered part of the spin density is dropped. Constructing the boson theory with the scalar field ϕ from two Ising systems ($\sigma_{a+1}, \sigma_{a+2}$), we can translate Eq. (49) as

$$\hat{\mathcal{O}}_{ex}^{a} \approx \exp\left(\mp i\sqrt{\pi} \int dy \partial_{y} \phi(y)\right)$$

$$\sim \exp\left[\mp i\sqrt{\pi} (\phi(x_{k}) - \phi(x_{j}))\right]$$

$$= \left\{\cos(\sqrt{\pi} \phi(x_{k})) \mp i\sin(\sqrt{\pi} \phi(x_{k}))\right\}$$

$$\times \left\{\cos(\sqrt{\pi} \phi(x_{j})) \pm i\sin(\sqrt{\pi} \phi(x_{j}))\right\}$$

$$\sim \left\{\mu_{a+1}(x_{k})\mu_{a+2}(x_{k}) \mp \sigma_{a+1}(x_{k})\sigma_{a+2}(x_{k})\right\}$$

$$\times \left\{\mu_{a+1}(x_{j})\mu_{a+2}(x_{j}) \pm \sigma_{a+1}(x_{j})\sigma_{a+2}(x_{j})\right\}, \quad (50)$$

where we used Eqs. (A4), (B8), and (B10). The remaining problem is just two edge spins S_j^a and S_k^a . [This problem does not appear in the calculation of Eqs. (3).] At least in the Haldane phase where $\langle \sigma_a \rangle = 0$, the staggered parts of the edge spins could not contribute to \mathcal{O}^a . While, the product of $\hat{\mathcal{O}}_{ex}^a$ and edge-spin uniform parts can be evaluated using OPE rules: $J_{L,R}^a \times \sigma_{a+1}\sigma_{a+2} \sim \mu_{a+1}\mu_{a+2}$ and $J_{L,R}^a \times \mu_{a+1}\mu_{a+2} \sim \sigma_{a+1}\sigma_{a+2}$. Therefore, an expected field-theoretical form of \mathcal{O}^a is written as $\mathcal{O}^a \sim \langle \hat{\mathcal{O}}_{ex}^a \rangle \sim \langle \mu_{a+1}\mu_{a+2} \rangle^2 + \langle \sigma_{a+1}\sigma_{a+2} \rangle^2$. The derivation of this form, however, has some subtle aspects, which are mainly attributable to the continuous-field (coarsegrained) scheme. A similar difficulty is also present in the estimation of Eqs. (3).^{32,113} To eliminate it, some ideas that are independent of field theories are necessary. Actually, Nakamura resolves such an ambiguity of the field-theoretical expressions of Eqs. (3) using a symmetry cleverly.¹¹³ For our spin-1 chain case, $\mathcal{O}^a \neq 0$ in the Haldane phase, whereas $\mathcal{O}^a = 0$ in the dimerized phase (see Fig. 10). Counting on this fact, we can propose an appropriate form,

$$\mathcal{O}^a \sim \langle \mu_{a+1} \mu_{a+2} \rangle^2, \tag{51}$$

which may imply that two edge spins follow the rule selecting the disorder-field portion from the exponential part \hat{O}_{ex}^{a} . The formula (51) has the same form as the field-theoretical form of Eqs. (3). That similarity must be one reflection of the fact that the FM-rung spin- $\frac{1}{2}$ AF ladder is tied with the spin-1 AF chain smoothly. Furthermore, it also reminds us that O^{a} is exactly mapped into an FM order parameter by a nonlocal unitary transformation.¹¹⁴

Our new proposal (51) can also tell us the behavior of \mathcal{O}^a in the vicinity of the TB chain. A scaling argument (or the exact solution for the 2D Ising model) leads to $m \sim (\delta+1)$ and $\langle \mu_a \rangle \sim (\delta+1)^{1/8}$ near the chain. Therefore, we predict that the critical behavior,

$$\mathcal{O}^a \sim (\delta + 1)^{1/2},\tag{52}$$

occurs in the Haldane phase close to the TB chain.

We next examine the spin-1 AF ladder. We denote two string order parameters of chains 1 and 2 as \mathcal{O}_1^a and \mathcal{O}_2^a , respectively. In Ref. 18, the quantum Monte Carlo simulation shows that: (i) a new string parameter $\langle \hat{\mathcal{O}}_1^a \hat{\mathcal{O}}_2^a \rangle$ is always finite for the AF-rung side; (ii) the string order parameter of each single chain vanishes, once an AF rung coupling is attached in the system; and (iii) in the AF-rung side, $\langle \hat{\mathcal{O}}_1^a \hat{\mathcal{O}}_2^a \rangle$ decreases until $J_{\perp} \sim 0.4J$ and then grows monotonically until $J_{\perp} \rightarrow \infty$ (the rung dimer) (see Fig. 6 in Ref. 18). From these results, it is expected that the new string parameter is a quantity characterizing the PSS state. We discuss how the field theories reproduce these, and what they can predict. Supposing that Eq. (51) is applicable even for the spin-1 ladder, we have

$$\langle \hat{\mathcal{O}}_{1}^{a} \hat{\mathcal{O}}_{2}^{a} \rangle \sim \langle \mu_{a+1} \tilde{\mu}_{a+1} \mu_{a+2} \tilde{\mu}_{a+2} \rangle^{2}$$
$$\sim \langle \cos(\sqrt{\pi} \phi_{a+1}) \cos(\sqrt{\pi} \phi_{a+2}) \rangle^{2}$$
(53a)

$$\sim \langle \cos(\sqrt{\pi}\Phi)\cos(\sqrt{\pi}\tilde{\Phi})\rangle^2.$$
 (53b)

In Eq. (53a), the boson ϕ_a is made from the two Ising systems $(\sigma_a, \tilde{\sigma}_a)$. In Eq. (53b), bosons Φ and $\tilde{\Phi}$ are made from $(\sigma_{a+1}, \sigma_{a+2})$ and $(\tilde{\sigma}_{a+1}, \tilde{\sigma}_{a+2})$, respectively. Equations (53a) and (53b) can be evaluated by a bosonized effective theory (E1) [or (E2)] and another theory (E3) plus (E4), respectively. The semiclassical analysis for Eqs. (E1) or (E2) predicts that ϕ_a is locked to the point $\phi_a=0$ for the single-chain case $(J_{\perp}=0)$, and at that time Eq. (53a) has a finite value. This is in agreement with the fact that $\langle \hat{\mathcal{O}}_1^a \hat{\mathcal{O}}_2^a \rangle = (\mathcal{O}_1^a)^2 \neq 0$ is realized at the decoupled point. While, for a weak (but finite) rung-coupling case, the effective theory (E2) possesses a new potential proportional to $J_{\perp} \sin(\sqrt{\pi}\phi_a)$, as well as the mass potential proportional to $m \cos(\sqrt{4\pi}\phi_a)$. Their combi-

TABLE III. Operators in the RG procedure. The sign $G_j(L=0)$ means the initial value of each running coupling constant in the RG flow. The parameter α_0 is the cut-off parameter defined in Eq. (54).

Operators	Scaling dimension x_j	$G_j(L=0)$
$\mathcal{O}_1 = \sum_{a=1}^3 \varepsilon_a + \widetilde{\varepsilon}_a$	1	$m \times \alpha_0 \times \frac{\pi}{v}$
$\mathcal{O}_2 = (\Sigma_{a=1}^3 \varepsilon_a) (\Sigma_{b=1}^3 \widetilde{\varepsilon}_b)$	2	0
$\mathcal{O}_{3} = \sum_{a>b}^{3} 2(\varepsilon_{a}\tilde{\varepsilon}_{b} + \varepsilon_{b}\tilde{\varepsilon}_{a}) + (\xi_{L}^{a}\xi_{R}^{b} + \xi_{L}^{b}\xi_{R}^{a})(\tilde{\xi}_{L}^{a}\tilde{\xi}_{R}^{b} + \tilde{\xi}_{L}^{b}\tilde{\xi}_{R}^{a})$	2	0
$\mathcal{O}_4 = (\xi_L^a \xi_R^b + \xi_R^a \xi_L^b) (\tilde{\xi}_L^a \tilde{\xi}_R^b + \tilde{\xi}_R^a \tilde{\xi}_L^b)$	2	0
$\mathcal{O}_5 {=} J^a_R J^a_L {+} \widetilde{J}^a_R \widetilde{J}^a_L$	2	$-\lambda imes rac{\pi}{v}$
$\mathcal{O}_6 = J_L^a \widetilde{J}_L^a + J_R^a \widetilde{J}_R^a$	2	$J_{\perp}a_0 imes rac{\pi}{v}$
$\mathcal{O}_7 = J_R^a \widetilde{J}_L^a + J_L^a \widetilde{J}_R^a$	2	$J_{\perp}a_0 imes rac{\pi}{v}$
$\mathcal{O}_8 = \kappa \widetilde{\kappa} \sigma_a \mu_{a+1} \mu_{a+2} \widetilde{\sigma}_a \widetilde{\mu}_{a+1} \widetilde{\mu}_{a+2}$	3/4	$C_1^2 J_\perp a_0 \times \alpha_0^{5/4} \times \frac{\pi}{v}$
$\mathcal{O}_9 = \kappa \tilde{\kappa} \sigma_1 \sigma_2 \sigma_3 \tilde{\sigma}_1 \tilde{\sigma}_2 \tilde{\sigma}_3$	3/4	0

nation must vary the locking point from $\phi_a = 0$ to a finite and small value irrespective of the sign of J_{\perp} . Therefore, we reach the same conclusion as the first content of (iii), and predict that the decrease of $\langle \hat{\mathcal{O}}_1^a \hat{\mathcal{O}}_2^a \rangle$ also occurs in the FMrung side: the new string parameter would have a cusp structure like the gap in Fig. 1. Similarly, let us also perform the semiclassical analysis for another theory, (E3) plus (E4). It predicts that Φ , $\tilde{\Phi}$, and ϕ_a are all locked to zero at the decoupled point. The rung coupling engenders a new potential (E4) proportional to $J_{\perp} \cos[\pi(\Theta - \tilde{\Theta})]$, in which Θ and $\tilde{\Theta}$ are dual fields of Φ and $\tilde{\Phi}$, respectively. This potential tends to fix Θ and $\tilde{\Theta}$ instead of Φ and $\tilde{\Phi}$. Fixing Θ means that the fluctuation of Φ is large because Φ and Θ are a canonical conjugate pair (see Appendix A). Therefore, assuming that $\Theta - \overline{\Theta}$ is locked in the low-energy limit as the rung coupling is finite, we can predict that the rung coupling makes the string parameter of the single chain $\langle \hat{\mathcal{O}}^a \rangle \sim \langle \cos(\sqrt{\pi}\Phi) \rangle^2$ become zero. This result consistent with the content (ii). Moreover, it implies that $\langle \hat{\mathcal{O}}^a \rangle$ also vanishes in the FM-rung side. Note that fixing $\Theta - \tilde{\Theta}$ does not mean $\langle \hat{\mathcal{O}}_1^a \hat{\mathcal{O}}_2^a \rangle \rightarrow 0$ because it can be rewritten as $\langle \hat{\mathcal{O}}_1^a \hat{\mathcal{O}}_2^a \rangle \sim \langle \cos[\sqrt{\pi}(\Phi + \tilde{\Phi})] \rangle + \langle \cos[\sqrt{\pi}(\Phi + \tilde{\Phi})] \rangle$ $-\tilde{\Phi}$) \rangle and $\langle \cos[\sqrt{\pi}(\Phi + \tilde{\Phi})] \rangle$ is expected not to have a large fluctuation.

We see that spin-1 and spin- $\frac{1}{2}$ string parameters take quite similar field-theoretical expressions. However, one should bear in mind that the effective theory for the spin- $\frac{1}{2}$ ladder is different from that of the spin-1 ladder: the former is two coupled sine-Gordon-like chains;²⁷ the latter is three coupled sine-Gordon-like chains in Eq. (E1).

2. In the vicinity of the TB point

In this paragraph, we briefly consider the spin-1 ladder, in which two spin-1 chains are located near the TB point (Fig. 10), through the perturbative RG technique. In the effective theory of such a chain, parameters m and λ are much smaller than those of the spin-1 Heisenberg chain. Furthermore, as mentioned already, $m \sim (\delta+1)$ is realized. For the region where m, λ , and J_{\perp} are considerably smaller than J, the

perturbative RG method based on the TB fixed point becomes a reliable tool to investigate the low-energy physics.

We construct one-loop RG equations for coupling constants¹⁰⁹ applying the OPE technique.^{110–112} First, we consider all relevant and marginal terms around the fixed point (28). They are summarized in Table III, where we classify them into nine operators $\{\mathcal{O}_j: j=1, \ldots, 9\}$ to render each operator invariant under the spin rotational transformation (see Appendix D) and the interchange of two chains. Moreover, we introduced energy operator (mass term) $\varepsilon_a(z,\bar{z}) = i\xi_L^a \xi_R^a$. Operators $\mathcal{O}_{2,3,4,9}$ are generated dynamically in the RG flow, even though they are not present initially in the action (35).

In the low-energy effective action, the dimensionless coupling constants $\{G_j\}$ toward the operators $\{\mathcal{O}_j\}$ can be defined as

$$S_{\text{lad}} = S * + \sum_{j=1}^{9} G_j \int \frac{dx \, v d\tau}{\pi \alpha_0^{2-x_j}} \mathcal{O}_j, \tag{54}$$

where $S^* = S_{\text{TB}}[\xi_L^a, \xi_R^a] + S_{\text{TB}}[\tilde{\xi}_L^a, \tilde{\xi}_R^a]$ is the fixed-point action, $\alpha_0 [\sim O(a_0)]$ is the short-distance cut-off parameter, and x_j is the scaling dimension of \mathcal{O}_j . The RG equations for $\{G_j\}$ are the following:

$$\dot{G}_1 = G_1 - \frac{1}{2\pi^2} (G_2 + 4G_3 - 2G_5)G_1 + \pi (G_8^2 - G_9^2),$$
(55a)

$$\dot{G}_2 = -2G_1^2 + \frac{2}{\pi^2}G_2G_5 + \frac{2}{\pi^2}(2G_5 - G_7)G_3 + \frac{2}{\pi^2}G_4G_7 - 3\pi^2G_8^2 - \pi^2G_9^2,$$
(55b)

$$\dot{G}_3 = \frac{1}{2\pi^2} (3G_7 - 2G_5)G_3 - \frac{1}{2\pi^2}G_4G_7 + 2\pi^2 G_8^2$$
, (55c)

$$\dot{G}_4 = \frac{1}{2\pi^2} (2G_2 + G_3)G_7 + \frac{1}{\pi^2} (2G_5 + G_7)G_4 - 2\pi^2 G_8 G_9,$$
(55d)

$$\dot{G}_{5} = 2G_{1}^{2} + \frac{4}{\pi^{2}}G_{2}G_{3} - \pi^{2}(G_{8}^{2} - G_{9}^{2}) + \frac{1}{\pi^{2}} \left(\frac{3}{2}G_{2}^{2} + G_{3}^{2} + G_{4}^{2} + \frac{1}{2}G_{5}^{2}\right),$$
(55e)

$$\dot{G}_6 = 0,$$
 (55f)

$$\dot{G}_7 = \frac{1}{\pi^2} (2G_2 + G_4)G_3 + \frac{1}{2\pi^2} (3G_3^2 + G_4^2 + G_7^2) + 2\pi^2 (G_8 + G_9)G_8, \qquad (55g)$$

$$\dot{G}_8 = \frac{5}{4}G_8 - \frac{1}{2\pi^2}G_4G_9 + \frac{G_7G_9}{4\pi^2} + \frac{1}{\pi^2} \left(\pi G_1 - \frac{1}{8}G_2 + \frac{3}{2}G_3 - \frac{1}{4}G_4 + \frac{1}{2}G_7\right)G_8,$$
(55h)

$$\dot{G}_{9} = \frac{5}{4}G_{9} - \frac{3}{2\pi^{2}}G_{4}G_{8} + \frac{3}{8\pi^{2}}G_{7}G_{8} - \frac{1}{\pi^{2}}\left(3\pi G_{1} + \frac{9}{8}G_{2} + \frac{3}{2}G_{3} - \frac{3}{4}G_{5}\right)G_{9}.$$
 (55i)

Therein, $G_j = dG_j(L)/dL$ and *L* is the scaling parameter (the infinitesimal scaling transformation is $\alpha_0 \rightarrow \alpha_0 e^{dL}$). We adopted a simple circle-type cutoff.¹¹⁰

Using the RG equations, we discuss the low-energy properties near two decoupled TB chains. Close to this fixed point sufficiently, we can approximate them as

$$\dot{G}_1 \approx G_1 + \pi (G_8^2 - G_9^2),$$
 (56a)

$$\dot{G}_8 \approx \left(\frac{5}{4} + \frac{1}{\pi}G_1\right)G_8,$$
 (56b)

$$\dot{G}_9 \approx \left(\frac{5}{4} - \frac{3}{\pi}G_1\right)G_9.$$
 (56c)

Couplings G_1 , G_8 and G_9 are more relevant than the other couplings. The coupling G_1 bears a single-chain character, whereas both G_8 and G_9 are the representatives of the rung coupling. Moreover, we may omit G_9 because its initial value is zero. Under these approximations, the treatment of Eqs. (56) becomes fairly easier. One can find two nontrivial fixed points $(G_1, G_8) = (-5\pi/4, \pm \sqrt{5}/4)$. Let us assume the presence of these two fixed points, even though they are not close to the TB point $(G_1, G_8) = (0, 0)$. Linearization of the approximated RG equations around new fixed points indicates that both points are of a divergent type, thereby implying the existence of phase transitions. Similarly, the TB point is of a divergent type. Therefore, there exist two phase transition curves connecting the TB point and a new fixed point or another. In the vicinity of the TB point where approximations $\dot{G}_1 \approx G_1$ and $\dot{G}_8 \approx \frac{5}{4}G_8$ are allowed, a conservation law under the RG transformation, $|G_1/G_8^{4/5}| \approx$ a constant, is real-



FIG. 13. Expected GS phase diagram around two decoupled TB chains (c=3).

ized. Taking into account this law and recalling that $G_1 \propto m$, $G_8 \propto J_{\perp}$, and $m \sim (\delta+1)$ are realized near the TB point, we expect that the phase transition curves follow:

$$\pm J_{\perp} \sim |\delta + 1|^{5/4},\tag{57}$$

around the TB point. Consequently, we can draw the GS phase diagram near the two TB chains as in Fig. 13. In this figure, the right side $\delta > -1$ of the horizontal (decoupled) line $J_{\perp}=0$ is probably not corresponding to any phase transitions. In fact, we know that on the Heisenberg line $\delta=0$, the point $J_{\perp}=0$ does not correspond to Heisenberg line, the GS of the strong AF-rung limit (rung dimer) is quite different from one of the FM-rung limit (spin-2 AF chain), both AF- and FM-rung sides may belong to the same phase. Whereas it is not sure whether the left side $\delta < -1$ of the line $J_{\perp}=0$ corresponds to a phase transition or not. The dimerized phases 1 and 2 must break the one-site translational symmetry along the chain direction. According to the Zamolodchikov's "*c* theorem,"¹¹⁵ two critical curves starting from the TB point $(c=2 \times 3/2)$, belong to a universality class with c < 3.

From Fig. 13, it is believed that the area characterized by the PSS-state picture (or connected to a spin-2 AF chain) widely expands around two decoupled Heisenberg chains, in the space (δ, J_{\perp}) .

F. Staggered-field case

The low-energy action for the staggered field case is given by Eq. (35) plus Eq. (36b). The latter term is only invariant under the U(1) rotation around the spin z axis; and it does not possess the SU(2) symmetry. This partial violation of the symmetry makes each operator \mathcal{O}_i in Table III decoupled to two U(1) invariant parts through the OPE between \mathcal{O}_i and the staggered term (36b). Neither part is invariant under the SU(2) rotation. We have to consider more than 21 coupling constants, to construct the RG equations. Although we actually constructed the RG, we do not record them here. We were unable to extract characteristic contents from them because they are extremely complicated. Coupling constants for mass, rung-coupling and staggered Zeeman terms all grow up just monotonically. Therefore, the GS in the staggered-field case must have some massive excitations. Moreover, two critical curves in the AF-rung side (Fig. 8) do not reach the origin $(J_{\perp}, H) = (0, 0)$. We infer that the present field-theoretical strategy cannot predict how the curves finish.



FIG. 14. Expected GS phase diagrams of two-leg spin-S AF ladder with the uniform Zeeman term (2a).

V. SUMMARY AND DISCUSSIONS

We explored the spin-1 AF ladder (1) and some of its extensions. In the strong AF rung-coupling region, we performed the DPT and found that the GS phase diagram of the uniform(staggered)-field case includes two c=1 critical areas (curves). Subsequently, we extended these results to the spin-S ladders, and predicted that the spin-S uniform (staggered)-field case has 2S c=1 areas (curves). Figure 8 summarizes GS phase diagrams and the magnetization curves. The upper critical uniform fields (22) and (23) were determined by the spin-wave analysis; we saw that, surprisingly, Eq. (22) is equal to predictions of first-order DPTs (see Table I). We also proposed the "RVB" picture of each plateau (massive) state.

On the other hand, we applied field-theoretical methods for the weak rung-coupling region. For the uniform-field case, we employed the non-Abelian bosonization efficiently. Combining the consequences of weak and strong rungcoupling analyses, we complete the GS phase diagram of the uniform-field case as in Fig. 12. Meanwhile, our fieldtheoretical approach was not efficient for the staggered-field case. Therefore, the GS phase diagram is not determined perfectly. The uncertain area, i.e., the area where the critical curves in Fig. 8 (2α) vanish, is probably located in an intermediate AF rung-coupling region, which must be distant from both weak and strong rung-coupling regions.

Using those field theories, we revisited and discovered some properties of 1D spin-1 systems without external fields. We showed that field theories can describe string order parameters in spin-1 systems, and proposed formulas (51) and (53). We hope that these formulas are useful in the search for some new string-type parameters in spin-1 systems. We also considered the GS phase diagram around two decoupled TB chains (Fig. 13).

Through the present work, one obtains GS phase diagrams of both the spin- $\frac{1}{2}$ and spin-1 ladders with the uniform Zeeman term (2a) (see Figs. 4 and 12). The former (latter) model consists of two gapless (gapped) spin chains. These and our prediction of Fig. 8 enable us to expect that phase diagrams of two-leg integer-spin and half-integer-spin AF ladders are written as in Fig. 14. On the other hand, for the staggered-field case, we can give only the following two predictions about the spin-*S* ladders. For the two-leg integerspin ladders, critical curves in Fig. 8 (2 α) vanish in a weak AF rung-coupling region. For the half-integer-spin ladders, Figs. 5 and 8 imply that the origin $(J_{\perp}, H) = (0, 0)$ is perhaps a multicritical point, from which 2*S* critical curves start.

Except for the spin- $\frac{1}{2}$ cases, the bosonization techniques for higher spin systems have some subtle and phenomeno-

logical aspects. Establishing more sophisticated bosonizations is an interesting but difficult problem that remains for a future work.

Nowadays, several spin- $\frac{1}{2}$ ladder compounds have been reported.^{1–5} Unfortunately, the materials regarded as a spin-1 ladder have never been found. An organic compound "BIP-TENO"⁶ may be a candidate of spin-1 ladders, but its magnetic behavior differs from the simple ladder (1). Suitable theoretical predictions regarding it have not been constructed.

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APPENDIX A: ABELIAN BOSONIZATION RULE

In this appendix, we briefly summarize the Abelian bosonization^{38,39,44–50} used in Secs. III and IV, which is deeply related with the concept of TLL and c=1 CFT. (Our notation is similar to Refs. 38 and 48.)

Bosonization shows that (1+1)D Dirac fermion models are equivalent to a (1+1)D boson field theory. The main root of this technique lies in the identification between the massless Dirac fermion and the massless free scalar boson field theories. The former Hamiltonian is represented as

$$\hat{\mathcal{H}}_{\text{Dirac}} = \int dx i v \left(\psi_L^{\dagger} \, \partial_x \psi_L - \psi_R^{\dagger} \, \partial_x \psi_R \right), \qquad (A1)$$

where $\psi_L(z)$ and $\psi_R(\overline{z})$ are, respectively, the left and right moving components of the Dirac fermion. The sign v denotes the "light" velocity. [In real time formalism, z and \overline{z} means, respectively, i(vt+x) and i(vt-x).] The fermions obey the equal-time anticommutation relations $\{\psi_{\alpha}^{\dagger}(x), \psi_{\beta}(y)\} = \delta_{\alpha\beta}\delta(x-y)$ and $\{\psi_{\alpha}(x), \psi_{\beta}(y)\} = 0$. The corresponding massless boson theory has the following Hamiltonian (here we do not make the terms of the zero-mode excitations^{44,47} clear):

$$\hat{\mathcal{H}}_{\text{Scalar}} = \int dx \frac{v}{2} [\Pi^2 + (\partial_x \phi)^2], \qquad (A2)$$

where $\phi(z, \overline{z}) = \phi_L(z) + \phi_R(\overline{z})$ is the scalar boson field, $\phi_{L(R)}$ is the left (right) mover of ϕ and $\Pi = \partial_t \phi/v$ is the canonical conjugate of ϕ . The Hamiltonian (A2) can be mapped to the same form for the dual field $\theta(z, \overline{z}) = \phi_L - \phi_R$. The equal-time commutation relations among boson fields are defined as $[\phi_R(x), \phi_R(y)] = -[\phi_L(x), \phi_L(y)] = (i/4) \operatorname{sgn}(x-y)$ and $[\phi_L(x), \phi_R(y)] = 0$. Since above two theories have a chiral U(1) symmetry, this method is called the "Abelian" bosonization.

They have the following operator identities:

$$\psi_L(z) = \frac{\eta_L}{\sqrt{2\pi\alpha}} \exp[-i\sqrt{4\pi}\phi_L(z)], \qquad (A3a)$$

$$\psi_R(\bar{z}) = \frac{\eta_R}{\sqrt{2\pi\alpha}} \exp[i\sqrt{4\pi}\phi_R(\bar{z})], \qquad (A3b)$$

where $\eta_{L,R}$, called Klein factors,^{47–50} are necessary to guarantee the anticommutation relation between the left and right movers of the fermions, and they hence satisfy $\{\eta_a, \eta_b\} = 2\delta_{ab}$. The factor α in Eqs. (A3) is a parameter which order is the inverse of the wave-number cutoff of the Dirac fermion. The exponential-type operators are called "vertex operators." Using a point-splitting technique,^{47,48} one can also bosonize the U(1) currents J_L and J_R as follows:

$$J_L(z) = :\psi_L^{\dagger}\psi_L:(z) = \frac{1}{\sqrt{\pi}}\partial_x\phi_L, \qquad (A4a)$$

$$J_R(\overline{z}) = :\psi_R^{\dagger}\psi_R:(\overline{z}) = \frac{1}{\sqrt{\pi}}\partial_x\phi_R, \qquad (A4b)$$

where the symbol : : stands for the normal-ordered product. [Note that the above U(1) currents are different from the SU(2) currents J_L^a and J_R^a in Sec. IV. However, if we think of the c=1 CFT here as the c=1 part of the c=3/2 WZNW model, one component of the SU(2) currents is proportional to the U(1) current. See Eq. (B8).]

From these relations, one sees that Dirac fermion models even involving arbitrary interactions can be mapped to a boson theory with vertex operators. The RG flow lets several kinds of interacting Dirac fermion models go to a free boson theory with a modified velocity [it is different from v in Hamiltonians (A1) and (A2)] and a compactification radius R[which determines the period of the boson as $\phi=\phi+2\pi R$],^{39,45,48} in the low-energy limit. Nowadays, the terminology "TLL" means the low-energy properties of such fermion models or the corresponding free boson theories. The c=1 CFT consists of all the free boson theories with an arbitrary radius. The radius of the massless Dirac fermion (A2) is $1/\sqrt{4\pi}$.

We mention the scaling dimensions $x = \Delta_L + \Delta_R$ and conformal spins $s = \Delta_L - \Delta_R$ of primary fields in the c = 1 CFT, where $\Delta_{L(R)}$ is the left (right) conformal weight. In our notation, the conformal weights of the vertex operator $\exp[i(\alpha_L\phi_L + \alpha_R\phi_R)]$ is $(\Delta_L, \Delta_R) = (\alpha_L^2/8\pi, \alpha_R^2/8\pi)$. Possible values of α_L and α_R can be determined by the modular invariance. The currents J_L and J_R always have weights (1,0) and (0,1), respectively. In the Dirac fermion (A1), ψ_L and ψ_R have weights $(\frac{1}{2}, 0)$ and $(0, \frac{1}{2})$, respectively.

APPENDIX B: ISING MODEL AND c=1/2 CFT

We review some facts in terms of the 2D statistical (or 1D transverse) Ising model and c=1/2 CFT. The latter field

theory emerges as the effective field theory in Sec. IV.

1. Ising model

Here, we summarize relations between the Ising model on the square lattice and its continuum limit. (The contents here almost follows Ref. 116.)

It is well known that both the order-disorder phase transition in the 2D Ising model and the quantum phase transition in the 1D transverse Ising model^{117,118} belong to the universality of the c=1/2 CFT.^{38,39,119–121} These two models are connected with each other via the transfer matrix method. The latter Hamiltonian is

$$\hat{\mathcal{H}}_{\mathrm{TI}} = -\sum_{j} \left[\mathcal{J}\sigma_{j}^{z}\sigma_{j+1}^{z} + h\sigma_{j}^{x} \right], \tag{B1}$$

where σ_j^a is *a* component of Pauli matrices settling in site *j*, and *h* is the transverse field. The critical point lies in $h = \mathcal{J}$: if $0 \le h < \mathcal{J}$ ($h > \mathcal{J}$), the order parameter satisfies $\langle \sigma_j^z \rangle \ne 0$ (=0). Here, let us introduce the disorder operator $\mu_{j+1/2}^a$ on the dual lattice {*j*+1/2} as

$$\mu_{j+1/2}^{z} = \prod_{p=1}^{j} \sigma_{p}^{x}, \quad \mu_{j+1/2}^{x} = \sigma_{j}^{z} \sigma_{j+1}^{z},$$
 (B2a)

$$\sigma_j^z = \prod_{p=0}^{j-1} \mu_{p+1/2}^x, \quad \sigma_j^x = \mu_{j-1/2}^z \mu_{j+1/2}^z,$$
 (B2b)

where $\mu_{j+1/2}^{x,y,z}$ obey the same commutation relations as Pauli matrices. From Eqs. (B2), we have

$$\hat{\mathcal{H}}_{\mathrm{TI}}[\{\sigma_i^a\};\mathcal{J},h] = \hat{\mathcal{H}}_{\mathrm{TI}}[\{\mu_{i+1/2}^a\};h,\mathcal{J}].$$
(B3)

This is called the Kramers-Wannier duality. The self-dual point is just the critical one $h = \mathcal{J}$. The ordered phase in the original Ising model, where $\langle \sigma_j^z \rangle \neq 0$, corresponds to the disordered phase in the dual model, where $\langle \mu_{j+1/2}^z \rangle = 0$, and *vice versa*. In the vicinity of the critical point, continuum limits of σ_j^z and $\mu_{j+1/2}^z$ are, respectively, associated with the order field $\sigma(z, \bar{z})$ and disorder field $\mu(z, \bar{z})$ in the c=1/2 CFT, which are identical with $\sigma_a(z, \bar{z})$ and $\mu_a(z, \bar{z})$ respectively in Sec. IV. It is worthwhile emphasizing that the relation between σ_j^z and $\mu_{k+1/2}^z$ is nonlocal: these two commute when j > k, but anticommute otherwise.

Real fermion operators can be introduced as

$$\eta_j = \sigma_j^z \mu_{j-1/2}^z, \quad \zeta_j = i \sigma_j^z \mu_{j+1/2}^z,$$
 (B4)

where $\{\eta_j, \eta_k\} = \{\zeta_j, \zeta_k\} = 2\delta_{jk}, \{\eta_j, \zeta_k\} = 0$. Inversely Ising operators are written by fermions as

$$\sigma_j^x = i\zeta_j \eta_j, \quad \mu_{j+1/2}^x = -i\zeta_j \eta_{j+1}, \quad (B5a)$$

$$\sigma_{j}^{z} = i \eta_{j} \prod_{p=1}^{j-1} i \zeta_{p} \eta_{p}, \quad \mu_{j+1/2}^{z} = \prod_{p=1}^{j} i \zeta_{p} \eta_{p}.$$
(B5b)

The Hamiltonian (B1) can be described by these fermions, and is solvable in the fermion language. In particular, considering the vicinity of the critical point $h = \mathcal{J}$, one can trans-

form it to the following field-theoretical Hamiltonian:

$$\hat{\mathcal{H}}_{\mathrm{TI}} \approx \int dx i \frac{v}{2} (\xi_L \,\partial_x \xi_L - \xi_R \,\partial_x \xi_R) + im \xi_L \xi_R, \qquad (\mathrm{B6})$$

where $v=2\mathcal{J}a_0$, $m=2(h-\mathcal{J})$, $x=j\times a_0$ and a_0 is the lattice constant. New Majorana (real) fermions ξ_L and ξ_R are defined as

$$\xi_L = (\eta + \zeta) / \sqrt{2}, \quad \xi_R = (\zeta - \eta) / \sqrt{2},$$
 (B7)

where $\eta(x) = \eta_j/\sqrt{2a_0}$ and $\zeta(x) = \zeta_j/\sqrt{2a_0}$. At the critical point, the mass term vanishes, and the effective field theory (B6) then becomes a massless Majorana fermion model, which is just a c=1/2 CFT. The fields ξ_L and ξ_R are corresponding to ξ_L^a and ξ_R^a in Sec. IV B, respectively. From Eqs. (B5b) and (B7), it is obvious that $\xi_{L(R)}$ has a nonlocal relation with σ and μ , too.

Two copies of the critical Majorana fermion theories are equivalent to the massless Dirac fermion (A1), i.e., a c = 1/2+1/2=1 CFT. Here let us denote the fields of two c = 1/2 systems, the corresponding Dirac fermion and boson theories as $(\xi_{L,R}^1, \sigma_1, \mu_1)$, $(\xi_{L,R}^2, \sigma_2, \mu_2)$, $\psi_{L,R}$ defined as Eq. (37), and $\phi_{L,R}$, respectively. The U(1) currents in Eq. (A4) are written by Majorana fermions as follows:

$$J_L = i\xi_L^1 \xi_L^2, \quad J_R = i\xi_R^1 \xi_R^2.$$
(B8)

Energy operators $\varepsilon_{1,2} = i\xi_L^{1,2}\xi_R^{1,2}$ are mapped to

$$\varepsilon_1 + \varepsilon_2 = i(\psi_L^{\dagger}\psi_R - \psi_R^{\dagger}\psi_L) = i\frac{\eta_L\eta_R}{\pi\alpha}\cos(\sqrt{4\pi\phi}), \quad (B9)$$

where $\eta_{L,R}$ are Klein factors in Eq. (A3). In addition, it is believed that order and disorder fields are bosonized as^{38,116,122}

$$\sigma_1 \sigma_2 \sim \sin(\sqrt{\pi}\phi), \quad \mu_1 \mu_2 \sim \cos(\sqrt{\pi}\phi),$$

$$\sigma_1 \mu_2 \sim \cos(\sqrt{\pi}\theta), \quad \mu_1 \sigma_2 \sim \sin(\sqrt{\pi}\theta), \quad (B10)$$

where θ is the dual of ϕ .

2. OPE

We write down the OPEs among the primary fields in the c=1/2 CFT:^{17,39,112,122} the identity operator 1, the left (right) mover $\xi_{L(R)}$ of the Majorana fermion, the energy operator $\varepsilon(z,\bar{z})=i\xi_L\xi_R$, the order field σ and the disorder one μ . These are derived^{39,122} by making use of fusion rules and the Abelian bosonization based on the fact that two copies of c = 1/2 CFTs form a massless Dirac fermion model, a c=1 CFT. The results are

$$\xi_L(z)\xi_L(0) \sim \frac{1}{2\pi z},\tag{B11a}$$

$$\xi_R(\bar{z})\xi_R(0) \sim \frac{1}{2\pi\bar{z}},$$
 (B11b)

$$\sigma(z,\overline{z})\sigma(0,0) \sim \frac{1}{|z|^{1/4}} + \pi |z|^{3/4} \varepsilon(0,0),$$
 (B11c)

$$\mu(z,\overline{z})\mu(0,0) \sim \frac{1}{|z|^{1/4}} - \pi |z|^{3/4} \varepsilon(0,0),$$
 (B11d)

$$\sigma(z,\overline{z})\mu(0,0) \sim \frac{\sqrt{\pi}}{|z|^{1/4}} [e^{i\pi/4} z^{1/2} \xi_L(0) + e^{-i\pi/4} \overline{z}^{1/2} \xi_R(0)],$$
(B11e)

$$\mu(z,\overline{z})\sigma(0,0) \sim \frac{\sqrt{\pi}}{|z|^{1/4}} \left[e^{-i\pi/4} z^{1/2} \xi_L(0) + e^{i\pi/4} \overline{z}^{1/2} \xi_R(0) \right],$$
(B11f)

$$\xi_L(z)\sigma(0,0) \sim \frac{e^{i\pi/4}}{2\sqrt{\pi}z^{1/2}}\mu(0,0),$$
 (B11g)

$$\xi_R(\bar{z})\sigma(0,0) \sim \frac{e^{-i\pi/4}}{2\sqrt{\pi}\bar{z}^{1/2}}\mu(0,0),$$
 (B11h)

$$\xi_L(z)\mu(0,0) \sim \frac{e^{-i\pi/4}}{2\sqrt{\pi}z^{1/2}}\sigma(0,0),$$
 (B11i)

$$\xi_R(\bar{z})\mu(0,0) \sim \frac{e^{i\pi/4}}{2\sqrt{\pi}\bar{z}^{1/2}}\sigma(0,0).$$
 (B11j)

As a reflection of nonlocal natures among $\xi_{L(R)}$, σ and μ , some OPEs have a branch cut. The OPE (B11e) indicates that the product of the order and disorder fields must have a fermionic property. Following Ref. 112, in the main text, we often use a rule that a disorder field anticommutes with other disorder fields (when we consider some copies of c=1/2CFTs) and fermion fields, but commutes with itself and order fields. This is responsible for the improvement (33).

As mentioned in Sec. IV, three copies of c=1/2 CFTs are equivalent to the level-2 SU(2) WZNW model. Using the definition of the SU(2) currents (31), OPEs (B2a) and (B2b), we obtain the following OPEs among the currents:

$$J_{L}^{a}(z)J_{L}^{b}(0) \sim \frac{\delta_{ab}}{4\pi^{2}z^{2}} + i\epsilon_{abc}\frac{J_{L}^{c}(0)}{2\pi z},$$
 (B12)

$$J_{R}^{a}(\bar{z})J_{R}^{b}(0) \sim \frac{\delta_{ab}}{4\pi^{2}\bar{z}^{2}} + i\epsilon_{abc}\frac{J_{R}^{c}(0)}{2\pi\bar{z}}.$$
 (B13)

APPENDIX C: SU(2) SYMMETRY IN SPIN SYSTEMS AND THE WZNW MODEL

We consider what transformation for the effective field theories (28) or (35) is corresponding to the global spin rotational transformation for spin-1 systems.

The latter can be represented by a vector rotation form as

$$\vec{S}_j \to T_z(-\varphi_3)T_y(-\varphi_2)T_z(-\varphi_1)\vec{S}_j \equiv \mathcal{R}\vec{S}_j, \qquad (C1)$$

where $\tilde{S}_j = {}^T(S_j^x, S_j^y, S_j^z)$ and $T_a(\varphi)$ stands for the 3D rotation about *a* axis by angle φ [an SO(3) matrix]. For example, T_z is defined as

$$T_{z}(\varphi) = \begin{pmatrix} \cos\varphi & \sin\varphi & 0\\ -\sin\varphi & \cos\varphi & 0\\ 0 & 0 & 1 \end{pmatrix}.$$
 (C2)

From Eq. (32), the spin rotation on the lattice is interpreted, in the WZNW model, as

$$\vec{J}_{L,R} \to \mathcal{R}\vec{J}_{L,R},$$
 (C3a)

$$\vec{I} \to \mathcal{R}\vec{I},$$
 (C3b)

where $\vec{J}_{\alpha} = {}^{T}(J_{\alpha}^{1}, J_{\alpha}^{2}, J_{\alpha}^{3})$ and $\vec{I} = {}^{T}(\mathcal{G}_{1}, \mathcal{G}_{2}, \mathcal{G}_{3})$ $\propto {}^{T}(\sigma_{1}\mu_{2}\mu_{3}, \sigma_{2}\mu_{3}\mu_{1}, \sigma_{3}\mu_{1}\mu_{2})$. The transformation for the spin uniform part (C3a) is reproduced by the following transformation for Majorana fermions:

$$\vec{\xi}_{L,R} \to \mathcal{R}\vec{\xi}_{L,R},$$
(C4)

where $\vec{\xi}_{\alpha} \equiv {}^{T}(\xi_{\alpha}^{1}, \xi_{\alpha}^{2}, \xi_{\alpha}^{3})$. One can confirm that the effective theory for the Heisenberg chain [Eq. (28) plus Eq. (34)] is invariant under the rotation (C4). Especially, the level-2 SU(2) WZNW model (28) is invariant both under the rotation of left movers $\vec{\xi}_{L} \rightarrow \mathcal{R}\vec{\xi}_{L}$ and under that of right movers $\vec{\xi}_{R} \rightarrow \mathcal{R}\vec{\xi}_{R}$. These two symmetries must correspond to the chiral SU(2) symmetry of the WZNW model. Reversely, both terms in Eq. (34) violate the chiral symmetry, and are invariant just under the "diagonal" rotation.

Next, we focus on the rotation of the spin staggered part (C3b). When one represents the action of the WZNW model by using the matrix field g,^{38,39} its global SU(2) symmetry means that the action is invariant under

$$g \to V g V^{\dagger},$$
 (C5)

where V is a SU(2) matrix. A natural expectation is that the transformation (C5) leads to the rotation (C3b). Following this idea, in fact, one can verify that if the matrix V is parametrized as follows:

$$V = \begin{pmatrix} e^{-i(\varphi_3 + \varphi_1)/2} \cos \frac{\varphi_2}{2} & -ie^{-i(\varphi_3 - \varphi_1)/2} \sin \frac{\varphi_2}{2} \\ -ie^{i(\varphi_3 - \varphi_1)/2} \sin \frac{\varphi_2}{2} & e^{i(\varphi_3 + \varphi_1)/2} \cos \frac{\varphi_2}{2} \end{pmatrix},$$
(C6)

the explicit correspondence between (C3b) and (C5) appears. From a rotation (C3b), one also finds the spin rotation (C1) does not affect $\mathcal{G}_1 = \sigma_1 \sigma_2 \sigma_3$. Proving that the action (28) and operators \mathcal{O}_j in Table III are invariant under the spin rotation is an easy work.

We touch the rotation around spin z axis $\vec{S}_j \rightarrow T_z(-\varphi)\vec{S}_j$. It does not affect the z component of the spin, and provides the transformations $\xi^1_{\alpha} \rightarrow \cos \varphi \xi^1_{\alpha} - \sin \varphi \xi^2_{\alpha}$ and $\xi^2_{\alpha} \rightarrow \sin \varphi \xi^1_{\alpha} + \cos \varphi \xi^2_{\alpha}$. In the Dirac fermion picture, defined by Eq. (38), these U(1) transformations are

$$\psi_{L,R} \to \exp(i\varphi)\psi_{L,R}.$$
 (C7)

This is used in Sec. IV C.

APPENDIX D: EFFECTIVE HAMILTONIAN IN SEC. IV B

The effective Hamiltonian for the spin-1 ladder (1) with a uniform field (2a) under the condition H > m is

$$\begin{aligned} \hat{\mathcal{H}}_{\rm eff} &= \int dx [\hat{H}_{\rm free}(L,R,\xi_{\alpha}^{3},\psi) + \hat{H}_{\rm free}(\widetilde{L},\widetilde{R},\widetilde{\xi}_{\alpha}^{3},\widetilde{\psi}) \\ &+ \hat{H}_{\rm int}^{1}(L,R,\widetilde{L},\widetilde{R}) + \hat{H}_{\rm int}^{2}(L,R,\widetilde{L},\widetilde{R};\xi_{\alpha}^{3},\widetilde{\xi}_{\alpha}^{3}) \\ &+ \hat{H}_{\rm int}^{3}(L,R,\widetilde{L},\widetilde{R};\psi,\widetilde{\psi}) + \hat{H}_{\rm int}^{4}(\xi_{\alpha}^{3},\widetilde{\xi}_{\alpha}^{3};\psi,\widetilde{\psi}) + \hat{H}_{\rm int}^{5}(\psi,\widetilde{\psi}) \\ &+ \hat{H}_{\rm stag}(\sigma,\mu)], \end{aligned}$$
(D1)

where

$$\hat{H}_{\text{free}} = iv'(L^{\dagger}\partial_{x}L - R^{\dagger}\partial_{x}R) + \psi^{\dagger}\left(-\frac{v^{2}}{2m}\partial_{x}^{2} + m + H\right)\psi$$
$$+ i\frac{v}{2}(\xi_{L}^{3}\partial_{x}\xi_{L}^{3} - \xi_{R}^{3}\partial_{x}\xi_{R}^{3}) + im\xi_{L}^{3}\xi_{R}^{3}, \qquad (\text{D2a})$$

$$\begin{split} \hat{H}_{\rm int}^{1} &= -\frac{\lambda}{4} U_{+}^{2} U_{-}^{2} \{ (R^{\dagger}R - RR^{\dagger})^{2} + (L^{\dagger}L - LL^{\dagger})^{2} + (R \to \tilde{R})^{2} \\ &+ (L \to \tilde{L})^{2} \} - \frac{\lambda}{4} (U_{+}^{4} + U_{-}^{4}) \{ (R^{\dagger}R - RR^{\dagger}) (L^{\dagger}L - LL^{\dagger}) \\ &+ (R \to \tilde{R}) (L \to \tilde{L}) \} - \lambda U_{+}^{2} U_{-}^{2} \{ R^{\dagger}RLL^{\dagger} + L^{\dagger}LRR^{\dagger} \\ &+ (R, L \to \tilde{R}, \tilde{L}) \} + \frac{J_{\perp}a_{0}}{4} (U_{+}^{2} + U_{-}^{2})^{2} \{ (R^{\dagger}R - RR^{\dagger}) (R \\ &\to \tilde{R}) + (L^{\dagger}L - LL^{\dagger}) (L \to \tilde{L}) \} + \frac{J_{\perp}a_{0}}{4} (U_{+}^{2} + U_{-}^{2})^{2} \{ (R^{\dagger}R - RR^{\dagger}) (R \\ &- RR^{\dagger}) (\tilde{L}^{\dagger}\tilde{L} - \tilde{L}\tilde{L}^{\dagger}) + (R \to \tilde{R}) (\tilde{L} \to L) \} \\ &+ 4J_{\perp}a_{0} U_{+}^{2} U_{-}^{2} [RL^{\dagger}\tilde{L}\tilde{R}^{\dagger} + LR^{\dagger}\tilde{R}\tilde{L}^{\dagger}], \end{split}$$
(D2b)

$$\begin{split} \hat{H}_{\text{int}}^{2} &= i\lambda U_{+}U_{-}\{[R^{\dagger}R - RR^{\dagger} + L^{\dagger}L - LL^{\dagger}]\xi_{L}^{3}\xi_{R}^{3} + [R \rightarrow \tilde{R} + L \\ &\rightarrow \tilde{L}]\tilde{\xi}_{L}^{3}\tilde{\xi}_{R}^{3}\} + J_{\perp}a_{0}\{[U_{+}^{2}(R^{\dagger}\tilde{R} + R\tilde{R}^{\dagger}) + U_{-}^{2}(L^{\dagger}\tilde{L} \\ &+ L\tilde{L}^{\dagger})]\xi_{R}^{3}\tilde{\xi}_{R}^{3} + [U_{-}^{2}(R^{\dagger}\tilde{R} + R\tilde{R}^{\dagger}) + U_{+}^{2}(L^{\dagger}\tilde{L} + L\tilde{L}^{\dagger})]\xi_{L}^{3}\tilde{\xi}_{L}^{3}\} \\ &- iJ_{\perp}a_{0}U_{+}U_{-}\{[R^{\dagger}\tilde{R} - R\tilde{R}^{\dagger} + L^{\dagger}\tilde{L} - L\tilde{L}^{\dagger}]\xi_{L}^{3}\tilde{\xi}_{R}^{3} \\ &+ [\tilde{R}^{\dagger}R - \tilde{R}R^{\dagger} + \tilde{L}^{\dagger}L - \tilde{L}L^{\dagger}]\tilde{\xi}_{L}^{3}\tilde{\xi}_{R}^{3}\}, \end{split}$$
(D2c)

$$\begin{split} \hat{H}_{\text{int}}^3 &= \frac{\lambda}{8} (U_+^2 + U_-^2) \{ (\psi^{\dagger} \psi - \psi \psi^{\dagger}) [R^{\dagger} R - R R^{\dagger} + L^{\dagger} L - L L^{\dagger}] \\ &+ (\psi \rightarrow \widetilde{\psi}) [R \rightarrow \widetilde{R} + L \rightarrow \widetilde{L}] \} + \frac{\lambda}{2} U_+ U_- \{ \psi^{\dagger} \psi (R^{\dagger} R + L^{\dagger} L) + \psi \psi^{\dagger} (R R^{\dagger} + L L^{\dagger}) + (R, L, \psi \rightarrow \widetilde{R}, \widetilde{L}, \widetilde{\psi}) \} \\ &- \frac{J_\perp a_0}{4} (U_+^2 + U_-^2) \{ (\psi^{\dagger} \psi - \psi \psi^{\dagger}) [\widetilde{R}^{\dagger} \widetilde{R} - \widetilde{R} \widetilde{R}^{\dagger} + \widetilde{L}^{\dagger} \widetilde{L}] \} \end{split}$$

$$-\widetilde{L}\widetilde{L}^{\dagger}] + (\widetilde{R}, \widetilde{L}, \psi \to R, L, \widetilde{\psi}) \} + \frac{J_{\perp}a_0}{2} (U_+ - U_-)^2$$

$$\times \{\psi^{\dagger}\widetilde{\psi}^{\dagger}(R^{\dagger}\widetilde{L}^{\dagger} + L^{\dagger}\widetilde{R}^{\dagger}) + \psi^{\dagger}\widetilde{\psi}(R^{\dagger}\widetilde{R} + L^{\dagger}\widetilde{L}) + \text{h.c.}\},$$
(D2d)

$$\begin{split} \hat{H}_{\text{int}}^{4} &= i\frac{\lambda}{2} \{ (\psi^{\dagger}\psi - \psi\psi^{\dagger})\xi_{L}^{3}\xi_{R}^{3} + (\psi \to \widetilde{\psi})\widetilde{\xi}_{L}^{3}\widetilde{\xi}_{R}^{3} \} + \frac{J_{\perp}a_{0}}{2}(\psi^{\dagger}\widetilde{\psi} \\ &- \widetilde{\psi}^{\dagger}\psi)(\xi_{R}^{3}\widetilde{\xi}_{R}^{3} + \xi_{L}^{3}\widetilde{\xi}_{L}^{3}) - i\frac{J_{\perp}a_{0}}{2}(\psi^{\dagger}\widetilde{\psi} + \widetilde{\psi}^{\dagger}\psi)(\xi_{L}^{3}\widetilde{\xi}_{R}^{3} + \widetilde{\xi}_{L}^{3}\xi_{R}^{3}), \end{split}$$
(D2e)

$$\begin{aligned} \hat{H}_{\text{int}}^{5} &= -\frac{\lambda}{16} \{ (\psi^{\dagger}\psi - \psi^{\dagger}\psi)^{2} + (\psi \to \widetilde{\psi}) \} \\ &+ \frac{J_{\perp}a_{0}}{4} (\psi^{\dagger}\psi - \psi\psi^{\dagger})(\psi \to \widetilde{\psi}), \end{aligned} \tag{D2f}$$

$$\hat{H}_{\text{stag}} = C_1^2 J_{\perp} a_0 \kappa \tilde{\kappa} \sigma_a \mu_{a+1} \mu_{a+2} \tilde{\sigma}_a \tilde{\mu}_{a+1} \tilde{\mu}_{a+2}. \quad (\text{D2g})$$

We define a new velocity $v' = (H^2 - m^2)^{1/2}v/H$. In the interaction terms $\hat{\mathcal{H}}_{int}^{1-5}$, Dirac fermions *L* and *R* stand for L(-x) and R(-x), respectively. From the field-theoretical point of view, biquadratic terms such as $(L^{\dagger}L - LL^{\dagger})^2$ should be interpreted as a product of two point-splitting terms. For example, $(L^{\dagger}L - LL^{\dagger})^2$ means $\lim_{\delta \to 0} (L^{\dagger}L - LL^{\dagger})(-x) \times (L^{\dagger}L - LL^{\dagger})(-x + \delta)$.

APPENDIX E: ABELIAN BOSONIZATION IN THE SPIN-1 LADDER

The low-energy action for the spin-1 AF ladder is given in Eq. (35). If we make the boson theory with a scalar field ϕ_a from two Ising systems σ_a and $\tilde{\sigma}_a$ (a=1,2,3), we can obtain a bosonized Hamiltonian for the action (35) through several relations in Appendices A and B. It has been already given in Ref. 17. The result is

$$\begin{aligned} \hat{\mathcal{H}}_{\text{lad}} &= \sum_{a=1}^{3} \int dx \Biggl\{ \frac{v}{2} [\Pi_{a}^{2} + (\partial_{x} \phi_{a})^{2}] - \frac{m}{\pi \alpha} \cos(\sqrt{4\pi} \phi_{a}) \\ &+ B_{1} [\cos(\sqrt{4\pi} \phi_{a}) \cos(\sqrt{4\pi} \phi_{a+1}) \\ &+ \cos(\sqrt{4\pi} \theta_{a}) \cos(\sqrt{4\pi} \theta_{a+1})] + B_{2} [\Pi_{a} \Pi_{a+1} \\ &+ \partial_{x} \phi_{a} \partial_{x} \phi_{a+1}] + B_{3} [\sin(\sqrt{4\pi} \phi_{a}) \sin(\sqrt{4\pi} \phi_{a+1}) \\ &+ \sin(\sqrt{4\pi} \theta_{a}) \sin(\sqrt{4\pi} \theta_{a+1})] \\ &+ B_{4} \sin(\sqrt{\pi} \phi_{a}) \cos(\sqrt{\pi} \phi_{a+1}) \cos(\sqrt{\pi} \phi_{a+2}) \Biggr\}, \quad (E1) \end{aligned}$$

where $B_1 \propto 2\lambda/(2\pi\alpha)^2$, $B_{2,3} \propto J_{\perp}a_0/2\pi$ and $B_4 \sim C_1^2 J_{\perp}a_0$. We cannot consider the Klein factors correctly, because the formulas (B10) are not perfect. However, here let us assume that it is allowed. Actually, the same Hamiltonian in Ref. 17 (though its notation is different from ours) surely seems to work well.

Like Ref. 17, we take the following mean-field prescription for $\hat{\mathcal{H}}_{lad}$. (i) We neglect $B_{1,2,3}$ terms, and leave only the free part (fermion kinetic and mass terms) and the most relevant interaction B_4 term. (ii) For the weak AF rung-coupling case, the mass potential $-\cos(\sqrt{4\pi\phi_a})$ will be still dominant, and therefore the field ϕ_a is locked near the point $\phi_a=0$. This argument allows the following approximation: $\cos(\sqrt{\pi\phi_a}) \rightarrow B$ (a constant). Through (i) and (ii), the Hamiltonian $\hat{\mathcal{H}}_{lad}$ is reduced to

$$\hat{\mathcal{H}}_{\text{lad}}^{\text{MF}} = \sum_{a=1}^{3} \int dx \Biggl\{ \frac{v}{2} [\Pi_{a}^{2} + (\partial_{x} \phi_{a})^{2}] - \frac{m}{\pi \alpha} \cos(\sqrt{4\pi} \phi_{a}) + B^{2} B_{4} \sin(\sqrt{\pi} \phi_{a}) \Biggr\}.$$
(E2)

This is three copies of a double-sine-Gordon model.¹²³ For details of this mean-field argument, see Ref. 17.

Next, we consider the case that three boson fields ϕ_a , Φ and $\tilde{\Phi}$ are composed of $(\sigma_a, \tilde{\sigma}_a)$, $(\sigma_{a+1}, \sigma_{a+2})$, and $(\tilde{\sigma}_{a+1}, \tilde{\sigma}_{a+2})$, respectively. Like Eq. (E1), the fermion free part in the total Hamiltonian is mapped to

$$\begin{aligned} \hat{\mathcal{H}}_{\text{free}} &= \int dx \frac{v}{2} [(\Pi_a^2 + (\partial_x \phi_a)^2) + (\Pi_{\Phi}^2 + (\partial_x \Phi)^2) + (\widetilde{\Pi}_{\widetilde{\Phi}}^2 \\ &+ (\partial_x \widetilde{\Phi})^2)] - \frac{m}{\pi \alpha} [\cos(\sqrt{4\pi}\phi_a) + \cos(\sqrt{4\pi}\Phi) \\ &+ \cos(\sqrt{4\pi}\widetilde{\Phi})], \end{aligned} \tag{E3}$$

where Π_{Φ} and $\widetilde{\Pi}_{\widetilde{\Phi}}$ are canonical conjugated momenta of Φ and $\widetilde{\Phi}$, respectively. The most relevant rung-coupling term $J_{\perp}a_0C_1^2\kappa\tilde{\kappa}\sigma_a\mu_{a+1}\mu_{a+2}\tilde{\sigma}_a\tilde{\mu}_{a+1}\tilde{\mu}_{a+2}$ is mapped as follows:

$$\sim J_{\perp}[\sin(\sqrt{\pi}\phi_a)\cos(\sqrt{\pi}\Phi)\cos(\sqrt{\pi}\tilde{\Phi}) + \cos(\sqrt{\pi}\phi_a) \\ \times \{\cos(\sqrt{\pi}\Theta)\cos(\sqrt{\pi}\tilde{\Theta}) + \sin(\sqrt{\pi}\Theta)\sin(\sqrt{\pi}\tilde{\Theta})\}] \\ \rightarrow J_{\perp}B\cos[\sqrt{\pi}(\Theta - \tilde{\Theta})].$$
(E4)

On the right side of the arrow \rightarrow , we performed the same mean-field approximation used in Eq. (E2): $\cos(\sqrt{\pi}\phi_a) \rightarrow B$ and $\sin(\sqrt{\pi}\phi_a) \rightarrow 0$.

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