# **Phase diagram of the superfluid phases of 3He in 98% aerogel**

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The phase diagram of the superfluid phases of 3He in 98% aerogel was determined in the range of pressure from 15 to 33 bars and for fields up to 3 kG using high-frequency sound. The superfluid transition in aerogel at 33.4 bars is field independent from 0 to 5 kG and shows no evidence of an *A*1-*A*<sup>2</sup> splitting. The first-order transition between the *A* and *B* phases is suppressed by a magnetic field, and exhibits strong supercooling at high pressures. We show that the equilibrium phase in zero applied field is the *B* phase with at most a region of *A* phase  $\leq$  20  $\mu$ K just below  $T_c$  at a pressure of 33.4 bars. This is in contrast to pure <sup>3</sup>He which has a large stable region of *A* phase and a polycritical point. The quadratic coefficient for magnetic-field suppression of the *AB* transition,  $g_a(\beta)$ , was obtained. The pressure dependence of  $g_a(\beta)$  is markedly different from that to the pure superfluid,  $g_0(\beta)$ , which diverges at a polycritical pressure of 21 bars. We compare our results with calculations from the homogeneous scattering model for  $g_a(\beta)$ , defined in a Ginzburg-Landau theory in terms of strong-coupling parameters  $\beta$ . We find qualitatively good agreement with the experiment if the strongcoupling corrections are rescaled from known values of the  $\beta$ 's for pure <sup>3</sup>He, reduced by the suppression of the superfluid transition temperature. The calculations indicate that the polycritical pressure in the aerogel system is displaced well above the melting pressure and out of experimental reach. We cannot account for the puzzling supercooling of the aerogel *AB* transition in zero applied field within the framework of known nucleation scenarios.

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## **I. INTRODUCTION**

Quenched disorder in condensed-matter systems is manifest in a wide variety of materials from glassy solids and liquid crystals to the mixed state of superconductors. It arises in diverse phenomena ranging from cosmological models for the evolution of the universe to vortex tangles in superfluid  $4$ He. Disorder in superfluid  $3$ He is of special interest since the order parameter structure of this superfluid is nontrivial, although well known, and its various phases exhibit a number of spontaneously broken symmetries. Quenched disorder in a superfluid can be generated extrinsically by a random impurity field with inhomogeneity on a length scale comparable to the coherence length. In the present case this is achieved by imbibing  ${}^{3}$ He into silica aerogel, a highly porous material made of randomly interconnected strands of SiO<sub>2</sub>.

Aerogels have been used to study liquid crystals, $<sup>1</sup>$  super-</sup> fluid  ${}^{4}$ He,<sup>2</sup>  ${}^{3}$ He- ${}^{4}$ He mixtures,<sup>3</sup> and superfluid  ${}^{3}$ He.<sup>4,5</sup> Glassy effects have been observed in the liquid-crystal-aerogel systems. In  ${}^{3}$ He- ${}^{4}$ He mixtures a profound influence of aerogel on the phase diagram<sup>3</sup> was reported. Superfluid  ${}^{3}$ He in aerogel was found to have a suppressed, but relatively sharp, transition temperature and the order parameter appears to be reduced.<sup>4,5</sup> However, the nature of the phase diagram and identification of the thermodynamically stable phases have not yet been clearly established. Here we report the use of high-resolution transverse-acoustic impedance to map out this phase diagram.

The <sup>3</sup>He-*A* and -*B* superfluid phases were discovered in 1972 by Osheroff, Richardson, and Lee.<sup>6</sup> The order parameter is now established to be a *p*-wave spin triplet which has

two thermodynamically stable superfluid phases in zero field. The *A* phase is the axial state which separately breaks spin and orbit rotational symmetries. The *B* phase is the isotropic state which breaks relative spin-orbit symmetry. The stability of the *A* phase over the *B* phase at elevated pressure, above the polycritical pressure of 21 bars in zero field, is a consequence of strong coupling in the quasiparticle interactions. After 30 years of extensive experimental and theoretical investigation 3He is the best understood of all unconventional superfluids or superconductors. Motivation to investigate disorder in this superfluid derives in part from our need to understand impurity effects in this, and in similar, unconventionally paired systems. New families of superconducting materials such as  $Sr_2RuO_4$ ,<sup>7</sup> URhGe,<sup>8</sup> and organic conductors<sup>9</sup> may be unconventional superconductors, and in some cases, a *p*-wave structure has been suggested.

At millikelvin temperatures  ${}^{3}$ He is the purest material in nature. Its properties have been investigated extensively as a system entirely free of impurity scattering other than at surfaces. The influence of aerogel on  ${}^{3}$ He is to suppress the transition retaining a narrow width and to alter the behavior of the superfluid phases. In contrast, for surface scattering, the orientation and the amplitude of the order parameter are both constrained and the superfluid becomes spatially inhomogeneous. The use of highly porous aerogels to introduce impurity scattering in  ${}^{3}$ He has provided a significant opportunity to learn about unconventional pairing states. The first observations of superfluidity were torsional oscillator experiments to measure the superfluid density, performed at Cornell, $4$  and nuclear magnetic resonance (NMR) studies performed at Northwestern.5,10 These results were found to be consistent with theoretical models for impurity scattering.<sup>11</sup> In its simplest form, the homogeneous scattering model (HSM), the suppression of the superfluid transition is given by the well-known Abrikosov-Gorkov formula

$$
\ln\left(\frac{T_{c0}}{T_{ca}}\right) = \Psi\left(\frac{1}{2} + \frac{1}{2}\frac{\xi_0}{l_{tr}}\frac{T_{c0}}{T_{ca}}\right) - \Psi\left(\frac{1}{2}\right),\tag{1}
$$

where  $T_{ca}(T_{c0})$  is the superfluid transition temperature of the aerogel (bulk) system,  $\xi_0 \equiv \hbar v_f / 2\pi k_B T_{c0}$  is the bulk coherence length, and  $l_{tr}$  is the transport mean free path. These earlier results triggered numerous experimental investigations<sup>12–17</sup> and theoretical work<sup>11,18–25</sup> aimed at characterizing and understanding the properties of the ''dirty'' superfluid formed inside the aerogel matrix. However, the identification of the superfluid state in the  ${}^{3}$ He-aerogel system has been controversial, and only recently has there been agreement as to which superfluid phases are observed.

The first NMR measurement in pure  ${}^{3}$ He and 1.2 kG suggested a superfluid in an equal-spin pairing  $(ESP)$  state<sup>5</sup> similar to the bulk *A* phase. With <sup>4</sup>He additions a non-ESP state was found<sup>10</sup> like the bulk *B* phase. NMR measurements at lower fields ( $\sim$  50 G) without <sup>4</sup>He found evidence for a *B*-phase superfluid in aerogel<sup>12</sup> and Barker *et al.*<sup>15</sup> found a transition between an ESP and a non-ESP state at 284 G with <sup>4</sup>He coverage. This transition was found to supercool quite readily and was identified to take place between *A* and *B* superfluids, but it should be kept in mind that the orbital symmetry of the order parameter in aerogel has not yet been determined. The aerogel *AB* transition was also observed recently by a vibrating aerogel disk at low pressures,  $26$  and was studied near the bulk polycritical pressure (PCP) using high-frequency sound.<sup>27</sup> The reason for covering the strands with some  ${}^{4}$ He (two or more atomic layers) is to replace magnetic solid  ${}^{3}$ He that contributes to measurement of the <sup>3</sup>He magnetization and may also affect the nature of the scattering and possibly properties of the dirty superfluid. In the present work, we present a comprehensive acoustics study of the phase diagram of the *A*- and *B*-superfluid phases of  ${}^{3}$ He in a 98% aerogel without  ${}^{4}$ He and from 0 to 3 kG.

## **II. EXPERIMENT**

High-frequency sound ( $\sim$ MHz) has proven to be a powerful tool to study the properties of pure  $3$ He in the normal Fermi liquid and in the superfluid state. For example, Landau's seminal prediction of collisionless sound in a Fermi liquid, called zero sound, was experimentally verified with high-frequency sound attenuation measurements.<sup>28</sup> Highfrequency sound also couples strongly to the order-parameter collective modes (OPCM) of the superfluid and numerous OPCM have been observed in both the *A* and *B* phases of pure  ${}^{3}$ He (see Ref. 29 for a review). Transverse sound was predicted to exist in normal 3He by Landau, and was shown to propagate in 3He-*B* from the observation of an acoustic Faraday effect.<sup>30</sup> In what follows, we describe a technique used to probe the phase diagram of  $3$ He in aerogel using both transverse and longitudinal high-frequency sound waves.



# FIG. 1. Schematics of the acoustic cavity. The X-cut (longitudinal sound) and AC-cut (transverse sound) transducers are separated by  $270-\mu$ m spacers and the 98% porous aerogel was grown *in situ*. Each transducer has two active sides; one probes the aerogel-filled cavity while the other probes the bulk liquid outside the cavity.

The acoustic technique is similar to that reported previously $3^{31,32}$  and a schematic of our acoustic cavity is depicted in Fig. 1. The cavity was formed with two quartz transducers separated by two parallel stainless-steel wires producing a cavity of width  $d=270 \mu m^{33}$  One transducer was AC-cut for transverse sound, and the other X-cut for longitudinal sound, with a diameter of 9.5 mm. Their fundamental frequencies were 2.9 MHz and 4.8 MHz, respectively. This arrangement allowed us to perform experiments with either transverse or longitudinal sound. The aerogel was grown *in situ*, in the volume between the transducers. Each transducer has two active sides; one probes the aerogel-filled cavity, and the other the bulk liquid outside the cavity. All experiments were performed with pure  ${}^{3}$ He which was verified to contain less than 250 ppm of  ${}^{4}$ He, much less than the amount required to cover the aerogel strands with one atomic layer of  ${}^{4}$ He.

The electrical impedance of the transducers was measured using a continuous-wave spectrometer. The measurements were performed at a fixed frequency corresponding to odd harmonics of the fundamental resonance, with a frequency modulation of 400 Hz and modulation amplitude of 3 kHz. In the case of longitudinal sound, the medium inside the cavity is of sufficiently low attenuation that a standing-wave pattern is established throughout the cavity. Small changes in the attenuation and velocity, induced by changes in temperature or pressure, produced changes in the electrical impedance of the transducers that can be detected by the spectrometer.<sup>31,33</sup> For transverse sound, the highly attenuating medium prohibits the existence of well-defined standing waves and the measurement is similar to that of an acoustic impedance measurement.<sup>32</sup> It is not possible with this technique to separate individual contributions from attenuation, sound velocity, or coupling to collectives modes in the transverse-acoustic impedance. However, we have found that, at low frequencies ( $\leq 10$  MHz), the transverse sound impedance changes abruptly at all of the known phase transitions in each of the bulk and aerogel superfluids, see Fig. 2.

The transverse-acoustic response at 8.691 MHz and a pressure of 25 bars is shown in the left panels of Fig. 2 on cooling (upper trace) and warming (lower trace), and at zero (upper panel) and  $2.57$  kG applied magnetic field (lower panel). The phase transitions in the bulk liquid and the aerogel are denoted by arrows. On cooling, and in zero applied



FIG. 2. Left: transverse-acoustic response at 25 bars and zero applied field (upper panel), and 2.57 kG (lower panel). In each panel, the data in the upper (lower) trace is taken on cooling (warming). The temperature scale is for warming only; for cooling the traces were offset for clarity. The various transitions in the bulk and aerogel superfluids are indicated by arrows. The inset is an enlarged view of the bulk superfluid transition  $T_{c0}$  in zero field (upper), and 2.57 kG (lower) which shows the bulk  $A_1$  and  $A_2$  transitions. Right: an enlarged view of the aerogel *AB* transition on warming is shown at 25 bars and 2.57 kG for the acoustic response of transverse sound at 8.691 MHz in the upper panel, and longitudinal sound at 14.635 MHz in the lower panel.

field, we successively observed the bulk superfluid  $(T_{c0})$ , bulk *AB* ( $T_{AB0}$ ), aerogel superfluid ( $T_{ca}$ ) and aerogel *AB*  $(T_{ABa})$  transitions. The thermometry scales for cooling and warming are different. The scale shown in the figure is for slow warming such that equilibrium is assured between the LCMN thermometer used in low field, the melting curve thermometer, and the aerogel sample. For the results in Fig. 2 and Fig. 4 below, we corrected the thermometry for the more rapid cooling experiments using the temperature dependence of the acoustic impedance established in equilibrium during warming. This provides a convenient and intrinsic secondary thermometer, but for clarity the cooling traces are offset. When a magnetic field is applied, we also observed the bulk  $A_1 - A_2$  splitting as a "knee" in the acoustic response, as shown in the inset of the lower left panel. The bulk  $A_1$  and *A*<sup>2</sup> transitions are completely resolved in the acoustic trace at a field of  $\sim$  5 kG and above.

In the right panels of Fig. 2 we show a direct comparison of the signatures from transverse and longitudinal sound for the aerogel *AB* transition observed on warming at 25 bars and 2.57 kG. A small jump in the acoustic trace of longitudinal sound, coincident in temperature with that of transverse sound, was observed when the *AB* transition occured at temperatures sufficiently well below  $T_{ca}$ . The condition for observing the signature in longitudinal sound was that it appears at sufficiently low temperatures, meaning that the transition is either supercooled or that it appears on warming in a field  $B \ge 2$  kG. However, we cannot determine whether this jump in the longitudinal sound trace arises from a change in attenuation due to collective modes, or from quasiparticle excitations. The observation of the aerogel *AB* transition in longitudinal sound ensures that the transition observed with transverse sound is not a local effect occurring near the surface of the transducer. We have shown previously<sup>31,33</sup> that a well-defined longitudinal sound mode can be established in our acoustic cavity, and therefore the *AB* transition observed with this mode reflects the behavior of the superfluid over the entire aerogel sample. We have



FIG. 3. Phase diagrams of the superfluid phases in aerogel at various pressures in a magnetic field. The triangles are the superfluid transition temperature,  $T_{ca}$ , determined from transverse acoustics. The supercooled aerogel *AB* transitions,  $T_{ABa}$ , are shown on cooling (empty circles) and in equilibrium on warming (filled circles). The data are plotted as function of  $B^2$  to illustrate the quadratic suppression of the *AB* transition at low field. The dashed lines show the average value of *Tca* and the dotted lines are an extrapolation of  $T_{ABa}$  to zero field. Note that the field axis is different for the left and right panels.

also verified that the change of slope in the transverseacoustic trace labeled  $T_{ca}$  corresponds to the temperature at which the attenuation of longitudinal sound decreases at the onset of the superfluid transition.<sup>31</sup> However, the wider range of observability of the aerogel *AB* transition by transverse sound, as compared with longitudinal sound, and its higher precision, makes it a better tool to map out the phase diagram of <sup>3</sup>He in 98% aerogel. The frequency dependence of the bulk superfluid transition  $T_{c0}$ , as observed with transverse sound, was also systematically studied at a pressure of

17 bars and for frequencies ranging from 3 MHz to 55 MHz. We found that the transverse-acoustic signature signaling  $T_{c0}$ is weakly frequency dependent but that it recovers the transition temperature  $T_{c0}$  in the low-frequency limit,  $\leq$ 10 MHz. The transition temperatures observed in our sample are in excellent agreement with those reported elsewhere<sup>5,15,34</sup> for the same density of aerogel. In what follows, the  $(P-T-B)$  phase diagram of <sup>3</sup>He in aerogel was determined using transverse sound at a frequency of 8.691 MHz.

## **III. RESULTS AND DISCUSSION**

## **A.** *P***-***T***-***B* **dependence of the** *AB* **transition in aerogel**

One of the key issues in the study of superfluid  $3$ He in aerogel is to determine the way in which the superfluid phase diagram is modified by impurity scattering. Unlike *s*-wave superconductors for which only magnetic impurity scattering is pair breaking, *p*-wave Cooper pairs are sensitive to all forms of scattering. For superfluid  ${}^{3}$ He in aerogel, there is now general agreement that impurity scattering suppresses the superfluid transition temperature and the amplitude of the order parameter, and that a non-ESP phase similar to the bulk *B* phase is favored near zero field. However, most experiments have been performed in different regions of *P*, *T*, and *B* and also under different experimental conditions, e.g., with or without 4He preplating on the aerogel strands and with different aerogel densities. In particular, the phase diagram of the superfluid phases of pure  $3$ He in 98% aerogel has not been established; the zero-field phase diagram is largely unknown. We emphasize that only the spin structure of the pairing state of  $3$ He in aerogel has been identified through NMR measurement of the magnetization $10,15$  or the stability of the transition in a magnetic field.<sup>26,27</sup> In the latter case, assuming triplet pairing, we can infer the spin component of the order parameter (ESP or non-ESP) from the field dependence of the phase boundaries. The orbital symmetry is more elusive. For example, it would be helpful to investigate the OPCM which couple to orbital degrees of freedom of the order parameter, but they have not yet been observed.<sup>31</sup> Nonetheless, we use the earlier notation<sup>15,26,27</sup> "*A*" and "*B*" for the aerogel superfluid phases corresponding to ESP and non-ESP states, by analogy with the bulk, and we later discuss implications from our measurements for the orbital symmetry of the aerogel superfluid.

The phase diagrams of the aerogel *AB* transition as a function of  $B^2$  and for various pressures are shown in Fig. 3. The triangles denote the superfluid transitions,  $T_{ca}$ , as determined by the change of slope in the transverse-acoustic trace, the filled circles are the equilibrium *AB* transitions taken on slow warming, and the empty circles are the supercooled *AB* transitions. The long-dashed lines show the average values of  $T_{ca}$  and the dotted lines are extrapolations to zero field. With our technique, we were unable to observe directly the aerogel *AB* transitions on warming at fields below 1.4 kG, i.e., for  $T_{ABa}/T_{ca} \ge 0.9$ . An independent check on the validity of our extrapolation to zero field is discussed below (Fig. 4).

The magnetic-field-independent transition from normal to superfluid state, and field-dependent transitions from *A* to *B* superfluids strongly suggest that these are transitions between normal fluid to ESP superfluid states, and between ESP and non-ESP states, as in the bulk. The strong supercooling of the *AB* transition, even in zero applied field, shows that the transition is first order. However, there are key differences in the aerogel phase diagram as compared to the bulk. In particular, the zero-field equilibrium region of aerogel *A* phase is extremely narrow,  $\leq 20$   $\mu$ K at 33.4 bars, if it exists at all.

In order to locate the *AB*-phase boundary at 33.4 bars in zero applied field, we have performed a series of temperature



FIG. 4. Lower panel: transverse-acoustic response at 33.4 bars and zero applied field during slow warming in the vicinity of  $T_{ca}$ and subsequent rapid cooling. The traces labeled 1 to 4 correspond to several maximum temperatures reached prior to rapid cooling. The corresponding cooling traces are shown in the upper panel as a function of time, and the bulk and aerogel *AB* transitions are denoted by arrows. For traces 1 and 2 the aerogel *AB* transition was not crossed on warming and for traces 3 and 4 it was. The trace labeled 5 shows the aerogel *AB* transition but for a cooling experiment originating from the normal state. In the lower panel, the vertical solid line is  $T_{ca}$  as determined from the change in slope of the acoustic response on warming, and the dotted line is a lower bound on the temperature for the aerogel *AB*-phase boundary,  $\sim$  20  $\mu$ K below  $T_{ca}$ .

sweeps in which the temperature was slowly raised from low temperature ( $\sim$  0.6 mK) to a temperature in the vicinity, but slightly less than,  $T_{ca}$ , and then rapidly cooled. If the *AB*-phase boundary were reached on warming, the supercooled *AB* transition would be observed on cooling, whereas in the opposite case the aerogel superfluid would remain in the *B* phase with no evidence of an *AB* transition. This procedure depends on the absence of what is called a memory effect for secondary nucleation which we verified independently in modest magnetic fields.<sup>35</sup>

Figure 4 shows these various traces upon warming to a temperature in the vicinity of  $T_{ca}$  (lower panel and traces labeled 1 to 4, vertically offset for clarity), and then rapidly cooled. The thermal disequilibrium during sudden cooling is sufficient to make the cooling traces appear to move up in this figure. The lowest trace (unlabeled) shows the complete acoustic record in slow warming with  $T_{ca}$  indicated by a change of slope and marked by a solid vertical line.

In the upper panel, we show the same acoustic traces for rapid cooling  $(1 \text{ to } 4)$  as a function of time while the trace labeled 5 is for a cooling experiment originating from the normal state. We do not observe the aerogel *AB* transition upon cooling in the traces 1 and 2 (and also for any partial warmup to temperatures below those shown here), while in the traces 3 and 4 the aerogel *AB* transition is observed on cooling. This shows that the equilibrium aerogel *AB* transition lies at a temperature somewhere between the traces 2 and 3, which is indicated in the lower panel of Fig. 4 by a dotted line. This is close to  $T_{ca}$  ( $\leq$ 20  $\mu$ K) and is approximately the width of  $T_{ca}$  itself ( $\sim$ 30  $\mu$ K), sufficiently close that we cannot say that the normal state of the  $3$ He fluid in aerogel had not been reached somewhere in the sample. Consequently, we have inferred that the region of the *A* phase in aerogel in zero applied field is extremely narrow,  $\leq 20 \mu K$ at a pressure of 33.4 bars. We have also verified at a pressure of 20 bars that the *AB*-phase boundary in zero applied field is indistinguishable from  $T_{ca}$  using the same slow warming and quench-cooling method.

From the data of Fig. 3 we construct a three-dimensional phase diagram for pressure, temperature, and magnetic field for the superfluid phases of pure  $3$ He in 98% aerogel, see Fig. 5. The relative stability of the superfluid phases of the pure and dirty superfluids can be directly visualized and compared. The data for the equilibrium *AB* transition from Fig. 3 are shown as empty circles, and the thick solid lines are a smoothed fit of  $T_{ABa}$  and  $T_{ca}$ . Below 10 bars, the data from Matsumoto *et al.*<sup>34</sup> were used to describe  $T_{ca}$ . They found a critical pressure of  $\sim$  6 bars in the zero-temperature limit. The thick solid curve at a pressure of 4.8 bars was taken from the field dependence of the aerogel *AB* transition measured by the Lancaster group with a vibrating aerogel disk,<sup>26</sup> but with its superfluid transition adjusted to match that of Matsumoto *et al.*<sup>34</sup> Above 10 bars our data for  $T_{ca}$  in zero field are similar to that of Matsumoto *et al.*<sup>34</sup> and the data points are not shown for reasons of clarity. The aerogel phases are denoted by ''*A*'' and ''*B*'' while the pure phases are denoted by *A* and *B*. The shaded volume emphasizes the aerogel *A* phase opening up with applied magnetic field, and the dotted lines are the pure phase diagram shown here for comparison.36 The field dependence of the aerogel superfluid transitions  $T_{ca}$  plotted as a solid line at 33.4 bars will be discussed later.

The three-dimensional plot of the (*P*-*T*-*B*) phase diagram of 3He in 98% aerogel shows the effects of impurity scattering on the equilibrium *A* phase. The equilibrium region of *A* phase is destabilized by impurity scattering in zero field; however, we believe that there is a very thin sliver of equilibrium *A* phase that gives rise to supercooling of the *A* phase observed in zero applied field<sup>27</sup> at pressures above 15 bars.



FIG. 5. Three-dimensional phase diagram (*P*-*T*-*B*) of the *A*and *B*-superfluid phases of  ${}^{3}$ He in 98% aerogel. The aerogel phases are labeled ''*A*'' and ''*B*'' and are delineated by solid lines while for the pure phases they are labeled *A* and *B* and shown with dotted lines. The shaded area shows the volume spanned by the equilibrium *A* phase in aerogel. The open circles are data from the present work, and the lines connecting them are fits to the data. At pressures below 10 bars,  $T_{ca}$  was taken from Matsumoto *et al.* (Ref. 34), together with the field dependence of the *AB* transition observed by the Lancaster group at  $4.8$  bars (Ref. 26).

Barker *et al.*<sup>15</sup> observed a metastable aerogel *AB* transition on cooling using an NMR technique at 284 G and with  ${}^{4}$ He preplating. At 32 bars, an equilibrium region of *A* phase of 70  $\mu$ K was inferred from the data. This is somewhat larger than our results at the same field. The magnetization discontinuity at the *AB* transition known to occur in the bulk system was not observed in aerogel, making it difficult for them to locate the equilibrium *AB* transition. Furthermore, given the scatter of the data $15$  and the thermometry resolution  $\sim$  20  $\mu$ K, it seems plausible that the *A*-phase region might have been smaller than 70  $\mu$ K and consistent with our findings here.

## **B. Magnetic suppression of the** *AB* **transition and the homogeneous scattering model**

The Ginzburg-Landau (GL) theory for superfluid  $3$ He describes the free energy near the transition temperature expanded in powers of the order parameter. With this approach the relative stability of various possible *p*-wave states can be explored in terms of the expansion coefficients of the theory.<sup>37</sup> An extension to the dirty superfluid has been  $\alpha$  developed<sup>11</sup> using a model that describes elastic quasiparticle scattering. There are five possible fourth-order combinations of the order parameter that are invariant under all symmetry transformation of the *p*-wave superfluid. These fourth-order terms are characterized by the coefficients,  $(\beta_1, \beta_2,$  $\beta_3$ ,  $\beta_4$ ,  $\beta_5$ ), which in the GL theory are determined by thermodynamic quantities such as heat capacity, the magnetization, the phase diagram, and the NMR frequency shift. In addition, there is a term in the theory with a coefficient  $g<sub>z</sub>$ that incorporates strong-coupling modifications to the Zeeman energy and has been shown to be equal to its weakcoupling value within 5% at all pressures for bulk  ${}^{3}$ He.<sup>38</sup> In principle, one could uniquely determine the  $\beta_i$ 's (thus the free-energy functional) if five independent thermodynamic measurements were performed; the fact that in bulk superfluid <sup>3</sup>He there are only four such measurements is unfortunate. Nonetheless, combinations of the  $\beta$ <sup>'</sup>s can be extracted from experiment and are very helpful in understanding the magnetic suppression of the *B* phase of  ${}^{3}$ He in aerogel.

In the pure superfluid the GL theory can be used to describe the suppression of the *AB* transition by magnetic field only for pressures less than 21 bars, the pressure of the polycritical point. For superfluid  $3$ He in aerogel, the data from Fig. 3 suggest that this theory can be applied at all pressures with

$$
1 - \frac{T_{ABa}}{T_{ca}} = g_a(\beta) \left(\frac{B}{B_0}\right)^2 + \mathcal{O}\left(\frac{B}{B_0}\right)^4,\tag{2}
$$

where  $g_a(\beta)$  is a strong-coupling parameter defined in a manner similar to that of the pure superfluid, and  $B_0$  $=\sqrt{N(0)/6g_z}$  is given by

$$
B_0 = \sqrt{\frac{8\,\pi^2}{7\,\zeta(3)}} \frac{k_B T_{ca}}{\gamma \hbar} (1 + F_0^a),\tag{3}
$$

with  $\gamma$  the gyromagnetic ratio of <sup>3</sup>He and  $F_0^a$  a Fermi-liquid parameter. In the homogeneous scattering Model (HSM) which we describe below,  $B_0$  is modified by impurity scattering according to $24,20$ 

$$
B_0^{HSM}/B_0 = \sqrt{\frac{7\zeta(3)\left[1 - x\sum_{n=1}^{\infty} (n - 1/2 + x)^{-2}\right]}{\sum_{n=1}^{\infty} (n - 1/2 + x)^{-3}}},\tag{4}
$$

where  $x = \hbar v_f / 4\pi k_B T_{cd} l_{tr}$  and  $l_{tr}$  is the transport mean free path. This correction is about 2.5% at 25 bars with a 200-nm mean free path. Assuming that the aerogel *AB* transition occurs between the axial and the isotropic states, as in the pure superfluid, the coefficient  $g_a(\beta)$  is written as

$$
g_a(\beta) = \frac{\beta_{245}}{2(-3\beta_{13} + 2\beta_{345})}
$$

$$
\times \left(1 + \sqrt{\frac{(3\beta_{12} + \beta_{345})(2\beta_{13} - \beta_{345})}{\beta_{245}\beta_{345}}}\right), \quad (5)
$$

where we have used the Mermin-Stare convention,  $\beta_{ijk} \equiv \beta_i + \beta_j + \beta_k$ . In the weak-coupling limit,  $-\beta_5^{wc}$ 



FIG. 6. Pressure dependence of the strong-coupling coefficient  $g(\beta)$ . The aerogel data from the present work (solid circles) are compared to the bulk (empty circles) (Ref. 36). The data at 4.8 bars denoted by a star are from Brussaard et al. (Ref. 26). The solid line is a guide to the eye. The dotted line is the HSM with  $l_{tr}$  $=$  200 nm and for which the pure <sup>3</sup>He strong-coupling corrections are used. The same model was used with strong-coupling corrections rescaled from pure <sup>3</sup>He by the factor  $T_{ca}/T_{c0}$ , and two values of transport mean free path were choosen:  $l_{tr}$ =200 nm (dashed line) and 150 nm (dot-dashed line).

 $=\beta_4^{wc} = \beta_3^{wc} = \beta_2^{wc} = -2\beta_1^{wc} = 2\beta_0^{wc}$  with  $\beta_0^{wc} = 7\zeta(3)N(0)/$  $240(\pi k_B T_{c0})^2$  and N(0) is the density of states. In the weakcoupling limit,  $g_a(\beta^{wc})=1$ .

The coefficient  $g_a(\beta)$  can be taken directly from the lowfield slope, *m*, of the data in Fig. 3,  $m = -g_a(\beta)T_{ca}/B_0^2$ . In Fig. 3, the dotted lines show the quadratic suppression of *TABa* for the smallest field at which the transition was observed, and the extrapolation to zero field was verified using the quench-cooling method we have described above, see Fig. 4. The pressure dependence of  $g_a(\beta)$  obtained from the data between  $15$  and  $33.4$  bars is shown in Fig. 6 (filled circles), together with the measured values from the bulk,  $g_0(\beta)$ , taken from Tang *et al.*<sup>36</sup> (open circles). We also give the values of  $T_{ca}$ ,  $m$ ,  $B_0$ , and  $g_a(\beta)$  in Table I. For the aerogel data,  $B_0$  was defined as in the pure case; using  $B_0^{HSM}$ increases  $g_a(\beta)$  slightly, however, its effect for a mean free path of  $\sim$  200 nm remains within experimental error. For this reason and for clarity, we have used  $B_0$  which does not depend on the transport mean free path. We have also deduced the value of  $g_a(\beta)$  at 4.8 bars from the magnetic suppression of the aerogel *AB* transition measured by the Lancaster group, $^{26}$  denoted in Fig. 6 with a star. The solid line is a guide to the eye and the dotted, dashed, and dot-dashed lines are calculations using the HSM which we discuss below. The pressure dependence of  $g_a(\beta)$  is markedly different from the pure superfluid,  $g_0(\beta)$ , which diverges at the PCP near 21 bars. The almost linear dependence on pressure ob-

TABLE I. Values of  $T_{ca}$ , slope *m* of the quadratic field dependence of the  $AB$  transition,  $B_0$ , and strong-coupling parameter  $g_a(\beta)$ . The values at 4.8 bars were determined from the data of Brussaard et al. (Ref. 26).

$P$ (bars)	$T_{ca}$ (mK)	$m$ (mK/kG <sup>2</sup> )	$B_0$ (kG)	$g_a(\beta)$
4.8	0.653	$-0.095$	3.47	1.8
15.0	1.530	$-0.085$	7.53	3.2
20.0	1.779	$-0.095$	8.41	3.8
25.0	1.946	$-0.092$	9.2	4.0
28.0	2.023	$-0.108$	9.96	5.3
33.4	2.123	$-0.121$	10.46	6.2

served in the aerogel superfluid, even at high pressure, is a substantial modification of the phase diagram induced by impurity scattering.

The simplest model of impurity scattering is the HSM.<sup>11</sup> In this model, the scattering probability is independent of position and the medium is completely isotropic. This model has the advantage that the Ginzburg-Landau theory is only slightly modified from that of pure  ${}^{3}$ He. The superfluid transition in aerogel,  $T_{ca}$ , is given by solving Eq. (1) in the form

$$
\ln(T_{ca}/T_{c0}) + \sum_{n=1}^{\infty} \left( \frac{1}{n - \frac{1}{2}} - \frac{1}{n - \frac{1}{2} + x} \right) = 0, \qquad (6)
$$

where  $x = \hbar v_f / 4\pi k_B T_{cal} t_r$  and  $l_{tr}$  is the transport mean free path. The  $\beta_i$ 's have been calculated for the HSM and are given  $bv^{11}$ 

$$
\begin{pmatrix}\n\beta_1 \\
\beta_2 \\
\beta_3 \\
\beta_4 \\
\beta_5\n\end{pmatrix} = a_1 \begin{pmatrix}\n-1 \\
2 \\
2 \\
2 \\
-2\n\end{pmatrix} + a_2 \begin{pmatrix}\n0 \\
1 \\
0 \\
1 \\
1 \\
-1\n\end{pmatrix} + \begin{pmatrix}\n\delta\beta_1^{sc} \\
\delta\beta_2^{sc} \\
\delta\beta_3^{sc} \\
\delta\beta_4^{sc} \\
\delta\beta_5^{sc}\n\end{pmatrix}, \quad (7)
$$

where the coefficients  $a_1$  and  $a_2$  are,

$$
a_1 = \beta_a^{wc} = \frac{N(0)\sum_{n=1}^{\infty} \left(n - \frac{1}{2} + x\right)^{-3}}{240(\pi k_B T_{ca})^2},
$$
 (8)

$$
a_2 = \frac{N(0)\hbar v_f}{288(\pi k_B T_{ca})^3 l_{tr}} \left( \sin^2 \delta_0 - \frac{1}{2} \right) \sum_{n=1}^{\infty} \left( n - \frac{1}{2} + x \right)^{-4}, \tag{9}
$$

and the  $\delta \beta_i^{sc}$ 's are the strong-coupling corrections to the free energies. Note that in the bulk limit  $(l_{tr} \rightarrow \infty)$ ,  $a_1 \rightarrow \beta_0^{wc}$  and  $a_2 \rightarrow 0$ . We choose a random scattering phase shift  $\delta_0$  such that  $\sin^2 \delta_0 = 1/2$  and  $a_2 = 0$ . Calculations performed with a scattering phase shift in the unitary limit  $(\sin^2 \delta_0 = 1)$  or Born limit (sin<sup>2</sup> $\delta_0$ =0) have only a small effect on the magnitude of  $g_a(\beta)$  and do not alter our conclusions. The strongcoupling corrections relative to the weak-coupling value

 $\delta \beta_i^{sc} / \beta_0^{wc}$ , essential to calculate accurately  $g_a(\beta)$ , are taken from pure <sup>3</sup>He;<sup>38</sup> namely,  $\beta_{345}$  is derived from measurements of the *B*-phase NMR *g* shifts and longitudinal resonance frequency,<sup>38</sup>  $\beta_{12}$  from the normal to *B*-phase heat-capacity jump,<sup>39</sup> and  $\beta_{245}$  and  $\beta_5$  are from measurements of the  $A_1$ - $A_2$  splitting<sup>40</sup> and magnetic suppression of the bulk  $AB$ transition,  $g_0(\beta)$ .<sup>36</sup> The only unknown parameter in the HSM is the transport mean path,  $l_{tr}$ , for which highfrequency acoustic measurements on our sample were found to be consistent with a mean free path of  $\sim$ 200–300 nm.<sup>31,33</sup> In all of the calculations,  $T_{ca}$  was solved using Eq.  $(6)$  and was used consistently throughout our calculations of the  $\beta_i$ 's.

In Fig. 6, the dotted line shows the calculations of  $g_a(\beta)$ which assumes that the strong-coupling corrections are the same as in the pure superfluid and with a transport mean free path of 200 nm. The effect of scattering is to increase the polycritical pressure, where  $g_a(\beta)$  diverges, thus increasing the stability of the dirty *B* phase. This model does not describe our experimental data for any reasonable value of the transport mean free path. However, we expect<sup>41</sup> that the strong-coupling corrections should scale to first order as  $\delta \beta_i^{sc} \sim (T_c/T_F) \beta_0^{wc}$ , hence being reduced (relative to the weak-coupling value) in the dirty system accordingly to  $(\delta \beta_i^{sc})_a / \beta_a^{wc} \approx (\delta \beta_i^{sc})_0 / \beta_0^{wc} \times T_{ca} / T_{c0}$  where  $(\delta \beta_i^{sc})_a$  and  $(\delta \beta_i^{sc})_0$  are the strong-coupling corrections in the dirty and the pure superfluids. In Fig. 6 the calculations of  $g_a(\beta)$  were also performed with the HSM using the rescaled strongcoupling coefficients. They are shown with two choices of transport mean free path of 200 nm (dashed line) and 150 nm (dot-dashed line). Considering the limitations of the HSM, the agreement between the data and calculated  $g_a(\beta)$  is reasonably good. But more importantly, the HSM calculations shows unambiguously that the strong-coupling corrections (relative to weak coupling) are reduced by impurity scattering and that the PCP is increased in a 98% porous aerogel above the melting pressure, beyond experimental reach. At the PCP, the heat-capacity jump in the *A* phase equals that of the *B* phase, equivalent to the condition,  $3\beta_{13}=2\beta_{345}$  in Eq. ~5!. The HSM with rescaled strong-coupling corrections predicts a PCP of  $\sim$  34 bars for a mean free path of 200 nm and a PCP of  $\sim$ 40 bars for a mean free path of 150 nm. The almost linear dependence on pressure of  $g_a(\beta)$  that we observe suggests that the true PCP may even be higher than estimated from the HSM. Experiments with higher porosity aerogels, having a correspondingly larger mean free path, may be able to clarify this situation. It might also be necessary to take into account modification of the strong-coupling corrections beyond a simple rescaling as we have done, e.g., the effect of impurities on spin-fluctuation feedback.<sup>42</sup>

Recently, Fisher *et al.*<sup>43</sup> have proposed that there is significant pinning of the *AB* interface in the aerogel sample. They argue that the pinning leads to both supercooling and superheating of the *AB* transition, and hence the true thermodynamic transition is bracketed by the *AB* transition observed on cooling and warming. This is supported by experiment at low pressure where they observed hysteresis of order  $\sim$  20  $\mu$ K between cooling and warming experiments.<sup>26</sup> This scenario implies the existence of a stable region of *A* phase in zero field and thus of a polycritical pressure (PCP) in 98% aerogel inconsistent with the phase diagram we have proposed. Our experimental value of  $g_a(\beta)$  provides complementary and independent evidence that the PCP does not exist in the 98% porous aerogel superfluid. Our point of view44 is supported by the HSM model, provided that rescaling of the strong-coupling corrections is taken into account.

The qualitative agreement of our data with the HSM calculations using a rescaling of the strong-coupling corrections to the  $\beta$ <sup>'</sup>s provides qualitative evidence that the orbital symmetry of the order parameter in the aerogel system is similar to that of the pure superfluid. The expression, Eq.  $(4)$ , for suppression of the *AB* transition is specific to the transition between axial and isotropic states and so the agreement between the model and our measurements of the transition is consistent with, but not proof of, their identification with *A* and *B* phases in the dirty superfluid.

Finally, it is worth noting that in the pure superfluid  $g_0(\beta)$  does not recover its weak-coupling value (1) at zero pressure, but rather takes the value  $1.61$ .<sup>36</sup> This rather large deviation from weak-coupling theory at zero pressure,  $\sim$  40%, is unexpected since all other thermodynamic measurements indicate much smaller deviations from weak coupling at low pressure. At zero pressure, the *B*-phase heatcapacity jump<sup>39</sup> and  $A_1 - A_2$  linear field splitting<sup>40</sup> are within 3% of their weak-coupling values. This finite contribution to  $g_0(\beta)$  at zero pressure has been interpreted as evidence that  $3\text{He}$  is not a weak-coupling superfluid at zero pressure.<sup>36</sup> As we have shown above, the strong-coupling corrections are reduced by scattering (scaling with  $T_{ca}$ ) and should therefore be dramatically reduced at low pressure where  $T_{ca}$  is most strongly suppressed. We therefore expect  $g_a(\beta)$  to recover its weak-coupling limit in aerogel at low pressure, if indeed the deviation of  $g_0(\beta)$  from weak coupling in pure <sup>3</sup>He at low pressure is due to strong-coupling corrections. Our data in aerogel do not allow us to extrapolate to zero pressure and so an accurate measurement of  $g_a(\beta)$  at low pressures would be desirable since it might shed light on this problem.

#### **C. Field dependence of**  $T_{ca}$

The field dependence of  $T_{ca}$  at 33.4 bars is shown in Fig. 7 for fields ranging from 0 to 5 kG. The transition is clearly field independent and from this we can infer that the superfluid transition is from a normal fluid to an ESP superfluid. These data contradict earlier NMR work where a  $B^2$  field dependence was reported for the superfluid transition in aerogel.<sup>10</sup> Upon reanalysis of these same earlier results including some additional experiments, by Haard and Halperin,<sup>38</sup> it was found that the NMR data are consistent with the acoustic experiments presented here to within experimental error.

In pure superfluid  ${}^{3}$ He, owing to particle-hole asymmetry, a magnetic field produces a linear splitting of the normal-to-*A*-phase transition.40 The field dependence of the splitting between the  $A_1$  and  $A_2$  phase lines is 6  $\mu$ K/kG near melting pressure and is shown in Fig. 7 as dotted lines shifted to the average value of  $T_{ca}$ .



FIG. 7. Field dependence of the aerogel superfluid transition  $T_{ca}$ at 33.4 bars. The dashed line shows the average value of  $T_{ca}$ . The slopes of the two dotted lines are the same as for the  $A_1 - A_2$  splitting measured for pure  ${}^{3}$ He near melting pressure (Ref. 40).

In contrast, for the aerogel superfluid we do not observe any deviation of  $T_{ca}$  from its zero-field value, nor do we observe significant broadening of the transition region in the acoustic trace even at our highest field of  $8 \text{ kG}$  (not shown in Fig. 7). This splitting may be hard to resolve owing to the rather broad superfluid transition in aerogel,  $\sim$  30  $\mu$ K. The expected linear  $A_1$ - $A_2$  splitting in the dirty superfluid can be estimated from calculations based on Ginzburg-Landau theory and the HSM (see above). The bulk  $A_1$ - $A_2$  splitting can be expressed by the quantity  $U_0$  defined as<sup>36</sup>

$$
U_0 \equiv -\frac{(dT/dB)_{A1}}{(dT/dB)_{A2}} = -\frac{\beta_5}{\beta_{245}},\tag{10}
$$

which ranges for pure  $3$ He from 0.97 at zero pressure to 1.81 at melting pressure. In the HSM, the *U* parameter can be calculated from  $\beta_5$  and  $\beta_{245}$  and in aerogel takes the value at melting pressure of  $U_a \approx 0.85 U_0$  with a mean free path of 200 nm. For this estimate, we have used the rescaled bulk strong-coupling corrections as discussed above. Measurements of  $T_{ca}$  in high fields sufficient to resolve this splitting are desirable in order to establish a better understanding of the thermodynamics of the dirty superfluid.

## **D. Supercooling of the aerogel** *AB* **transition in zero applied field**

We have shown that the polycritical point vanishes for superfluid <sup>3</sup>He in 98% aerogel. Consequently, in zero field we expect that superfluidity occurs by a second-order transition from the normal state directly to the *B* phase without supercooling. Our observation of supercooling giving a large region of metastable *A* phase *with no applied field* is quite unexpected. Supercooling was first noted by Barker *et al.*<sup>15</sup> for the aerogel  $AB$  transition at 284 G with  $^{4}$ He preplating. This was also found for zero applied field and was studied as a function of magnetic field by Gervais *et al.*27,35 Our smallest field in this case was estimated to be less than 10 G.

There are a number of possible intrepretations and so a review of the expected behavior in the limit of low magnetic field is appropriate.

Taking pure superfluid  ${}^{3}$ He as a guide at pressures less than the PCP, the first transition encountered on cooling in a small but nonzero magnetic field is from the normal state to the  $A_1$  phase and then, in the absence of supercooling, to the *B* phase. If there were to be supercooling it is likely that the *A*<sup>2</sup> transition would be encountered before reaching the *B* phase. This follows since the  $A_1$  transition increases linearly with field whereas the *B* phase is suppressed quadratically. Consequently, the supercooling of the aerogel *AB* transition at 284 G observed by Barker *et al.*<sup>15</sup> can be explained in a trivial way: a small region of  $A_1$  phase in equilibrium,  $\leq 1$   $\mu$ K, is first encountered on cooling, leading to a metastable *A* phase that supercools until the *B* phase nucleates. However, the mechanism for producing relative stability of one phase over another, or the nucleation of the most stable phase, has not been explored in such a small interval of temperature near  $T_c$ .

Can the same argument for supercooling in 284 G hold at very low field as well? If the total field for the case of zero applied field were less than 10 G then the window of stability of the  $A_1$  phase would be only  $\leq 0.03$   $\mu$ K. We find supercooling under these circumstance to be even more remarkable since there is no evidence of similar supercooling for the pure superfluid at pressures below the polycritical point. If the phenomenon of supercooling in low field were to be unique to the dirty superfluid then it would require a correspondingly unique nucleation scenario specific to the aerogel *AB* transition, which, in addition, must also account for our observation that the extent of supercooling is field independent.<sup>27</sup> Furthermore, it seems not to make sense to rely on details for phase stability in such a narrow window of temperature when the superfluid transition  $T_{ca}$  is inhomogeneously broadened over an interval three orders-ofmagnitude larger. A second possibility, and one that we believe to be more likely, is that there must be a thin, but unobserved, sliver of *A* phase near  $T_{ca}$  which gives rise to the metastability that is observed. This sliver is at most  $\leq 20$  $\mu$ K wide, but might be stabilized by inhomogeneity in the aerogel structure in a manner that is not yet understood. In Fig. 8, the metastable phase diagram from Gervais *et al.*<sup>27</sup> is shown with no applied magnetic field ranging in pressure from 15 to 33.4 bars. The region of metastability is strikingly similar to that observed by Barker *et al.*<sup>15</sup> in a field of 284 G, with <sup>4</sup>He preplating, and for a much larger aerogel sample. The critical radius  $R_c$  for *B*-phase nucleation may play an important role, since a large critical radius in the aerogel might give rise to the observed metastability. An estimate<sup>35</sup> near melting pressures from the susceptibility difference and field dependence of  $T_{ABa}$  shows that it is larger in aerogel,  $R_c^{aero} \sim 5R_c^{bulk}$ , at the same value of  $T/T_{AB}$ . In pure <sup>3</sup>He the critical radius has not been measured below melting pressure. Future work in a magnetically shielded environment and with different aerogel densities, together with characterization of  $R_c$  as a function of pressure, could bring some understanding to this puzzle.



FIG. 8. Phase diagram for metastable 3He-*A* phase in 98% porous aerogel in zero applied magnetic field. The triangles are the aerogel superfluid transition and the circles the aerogel *AB* transition on cooling. The inset shows the magnitude of supercooling of the aerogel *AB* transition as a function of pressure. The dashed lines are the pure <sup>3</sup>He superfluid phases and solid phase.

For all experiments to date it has been unavoidable that pure and dirty superfluids be juxtaposed. In future work it may be possible to explore the connection between these two unconventional superfluids and such experiments can benefit from detailed knowledge of the phase diagram. In this spirit we have recently investigated the nucleation of the *AB* transition $35$  showing that proximity coupling between the pure and dirty superfluids is too weak to act as a source of nucleation.

#### **IV. CONCLUSION**

We have described the phase diagram of superfluid  $3$ He in 98% aerogel. In this phase diagram we find two equilibrium states which we call *A* and *B*, by analogy with pure <sup>3</sup>He. The *B* phase is favored in zero field and is destablized by a magnetic field yielding the *A* phase. The superfluid transition from the normal state, i.e., the normal-to-*A*-phase transition, is insensitive to magnetic field. On this basis alone we can be confident of the nature of the spin part of the order parameter associated with each of these phases: the *A* phase is an equalspin pairing state and the *B* phase is a non-equal-spin pairing state. The field dependence of the *AB* transition can be understood from calculations using the HSM combined with a simple rescaling of strong-coupling corrections to the quasiparticle interactions, assuming that the *A* and *B* dirty phases are in fact the axial and isotropic *p*-wave states. The theory and experiment both concur that sufficient impurity scattering, as is the case for 98% aerogel, causes the polycritical point to vanish. It is intriguing that no hint of the expected but small  $A_1 - A_2$  splitting was observed even at fields of  $\sim$ 8 kG; however, higher-field experiments will be better able to address this question.

The extensive supercooling of the *AB* transition, especially with no applied field, remains a puzzle. It cannot simply be explained in terms of the phase diagram that we present, nor in terms of current nucleation scenarios. This raises further questions concerning the nature of the superfluid state in aerogel and whether it might be inherently inhomogeneous. In summary, the measurements of the equilibrium phase diagram of 3He with impurity scattering improves our understanding of pure and dirty superfluids and

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set the stage for a better understanding of its nonequilibrium behavior, metastability, and nucleation.

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