

Brief Reports

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Relaxation times for nonlinear heat conduction in solid H₂

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The temperature distribution in solid crystalline hydrogen has been shown to be governed by the essentially nonlinear diffusion equation $\partial\Theta/\partial t = D\Theta^2\nabla^2\Theta$ in which there appears the dimensionless thermal variable $\Theta \equiv [1 + (T/T_c)^4]^{-1}$ with the constants D and T_c dependent on the ortho-H₂ percentile. In the present communication, generic upper bounds are obtained on the cooling and warming relaxation times for a volume of solid H₂ subject to a constant-temperature-surface condition. Valid for H₂ solids of unrestricted size and shape, these generic upper bounds on the relaxation times apply for arbitrary initial-temperature distributions.

In solid crystalline molecular hydrogen, the temperature distribution $T = T(\vec{x}, t)$ is governed by the equation¹

$$\frac{\partial\Theta}{\partial t} = D\Theta^2\nabla^2\Theta \tag{1}$$

in which the dimensionless thermal variable $\Theta = \Theta(\vec{x}, t) \equiv [1 + (T/T_c)^4]^{-1}$ is patently positive but less than unity, and the diffusion constant appears as

$$D \equiv (415 \text{ cm}^2/\text{sec})/\chi T_c^3 = (1.69 \text{ cm}^2/\text{sec})/\chi(1 + 1.043\chi)^3, \tag{2}$$

with the ortho-H₂ fraction χ in the range $0.05 \leq \chi \leq 0.75$ and $T_c \equiv 6.26 + 6.53\chi$. Suppose that a volume $V = \int_R d^3x$ of solid H₂ occupies the spatial region R with the smooth bounding surface ∂R maintained at a constant temperature, so that $\Theta = \Theta_s$ ($\equiv \text{const}$) for all $\vec{x} \in \partial R$. Then the non-negative quantity

$$\Gamma = \Gamma(t) \equiv \int_R (\Theta^{-1} - \Theta_s^{-1})^2 d^3x \tag{3}$$

is a Liapunov functional,² since

$$\begin{aligned} \frac{d\Gamma}{dt} &= -2 \int_R (\Theta^{-1} - \Theta_s^{-1})\Theta^{-2} \left(\frac{\partial\Theta}{\partial t}\right) d^3x \\ &= -2D \int_R (\Theta^{-1} - \Theta_s^{-1})\nabla^2\Theta d^3x \\ &= -2D \int_R \Theta^{-2} |\nabla\Theta|^2 d^3x \end{aligned} \tag{4}$$

by virtue of (1), Gauss's theorem, and $\Theta = \Theta_s$ over ∂R . Since the final member in (4) is patently negative definite, the Liapunov functional (3) decreases monotonically to zero with increasing t

as Θ approaches Θ_s through the region. To obtain an upper bound on the relaxation time associated with the thermal adjustment $\Theta \rightarrow \Theta_s$, first observe that

$$\begin{aligned} \int_R \Theta^{-2} |\nabla\Theta|^2 d^3x &= \int_R \left| \nabla \ln\left(\frac{\Theta}{\Theta_s}\right) \right|^2 d^3x \\ &\geq 3 \left(\frac{\pi}{2}\right)^{4/3} \left(\int_R \left[\ln\left(\frac{\Theta}{\Theta_s}\right) \right]^6 d^3x \right)^{1/3} \\ &\geq 3 \left(\frac{\pi}{2}\right)^{4/3} V^{-2/3} \int_R \left[\ln\left(\frac{\Theta}{\Theta_s}\right) \right]^2 d^3x, \end{aligned} \tag{5}$$

where use is made of a Sobolev inequality³ for the third member and a Hölder inequality for the final member.⁴ By combining (5) with (4), one obtains

$$\frac{d\Gamma}{dt} \leq -6 \left(\frac{\pi}{2}\right)^{4/3} V^{-2/3} D \int_R \left[\ln\left(\frac{\Theta}{\Theta_s}\right) \right]^2 d^3x. \tag{6}$$

The two cases of practical importance are treated separately:

Cooling: $\Theta \leq \Theta_s$. Define $\hat{\Theta} \equiv \min_{\vec{x} \in R} \Theta(\vec{x}, 0)$, corresponding to the maximum initial temperature in the solid; then with $\hat{\Theta} \leq \Theta \leq \Theta_s$ it follows that

$$\ln\left(\frac{\Theta_s}{\Theta}\right) \geq \left[(\hat{\Theta}^{-1} - \Theta_s^{-1})^{-1} \ln\left(\frac{\Theta_s}{\hat{\Theta}}\right) \right] (\Theta^{-1} - \Theta_s^{-1}) \tag{7}$$

from the convexity (i.e., negative second derivative) of the logarithm. By applying (7) to (6), one obtains

$$\frac{d\Gamma}{dt} \leq -\tau_c^{-1} \Gamma, \tag{8}$$

where

$$\tau_c = (0.0913)V^{2/3}D^{-1}(\hat{\Theta}^{-1} - \Theta_s^{-1})^2 \left[\ln\left(\frac{\Theta_s}{\hat{\Theta}}\right) \right]^{-2}. \tag{9}$$

The solution to the differential inequality (8),

$$\Gamma(t) \leq \Gamma(0)e^{-t/\tau_c}, \quad (10)$$

shows that the Liapunov functional (3) approaches zero with a characteristic relaxation time less than or equal to the quantity (9). Hence, (9) is a rigorous upper bound on the relaxation time for cooling.

Warming: $\Theta \geq \Theta_s$. In this case the lower bound on the logarithm

$$\ln(\Theta/\Theta_s) \geq 1 - \Theta_s\Theta^{-1} \quad (11)$$

in combination with (6) yields

$$\frac{d\Gamma}{dt} \leq -\tau_w^{-1}\Gamma, \quad (12)$$

where

$$\tau_w = (0.0913)V^{2/3}D^{-1}\Theta_s^{-2}. \quad (13)$$

In view of (12), the Liapunov functional (3) approaches zero with a characteristic relaxation time less than or equal to (13), and thus the latter quantity is a rigorous upper bound on the relaxation time for warming.

It is of interest to evaluate (9) and (13) for parameter values pertinent to current experiments⁵ on solid hydrogen in the sample chamber of a dilution refrigerator: $V = 0.10 \text{ cm}^3$, $\chi = 0.125$, $D = 9.36 \text{ cm}^2/\text{sec}$ [according to (2)], $T_c = 7.08$, $\Theta_s = 1.000$ for cooling with, for example, $\hat{\Theta} = 0.890$ (corresponding to a maximum temperature in the solid of 4.20 K) and $\Theta_s = 0.890$ for warming; these parameter values yield $\tau_c = 2.36 \text{ msec}$ and $\tau_w = 2.65 \text{ msec}$.

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¹G. Rosen, Phys. Rev. B **19**, 2398 (1979).

²See, for example, W. Hahn, *Theory and Application of Liapunov's Direct Method* (Prentice-Hall, Englewood Cliffs, 1963), pp. 132-139. Distinct Liapunov functionals have recently been considered for a class of related nonlinear diffusion equations by J. G. Berryman, J. Math. Phys. **21**, 1326 (1980).

³G. Talenti, Ann. Pura Appl. **110**, 353 (1976); G. Rosen, SIAM (Soc. Ind. Appl. Math.) J. Appl. Math. **21**, 30 (1971); E. H. Lieb, Rev. Mod. Phys. **48**, 553 (1976). For ϕ continuous and with piecewise-continuous first derivatives through unbounded Euclidean space, the Sobolev inequality $\int |\nabla\phi|^2 d^3x \geq 3(\pi/2)^{4/3} (\int \phi^6 d^3x)^{1/3}$

holds if the integral on the right side is finite. This inequality, involving integrals over unbounded Euclidean space, is adapted in (5) by putting $\phi = \ln(\Theta/\Theta_s)$ for $\vec{x} \in R$ and $\phi \equiv 0$ for $\vec{x} \notin R$.

⁴In the event that the shape of R admits solution to the Helmholtz eigenvalue problem $\nabla^2\psi = -\lambda^2\psi$ for $\vec{x} \in R$, $\psi = 0$ for $\vec{x} \in \partial R$, then (5) can be sharpened by using the smallest eigenvalue λ_{\min}^2 in place of $3(\pi/2)^{4/3}V^{-2/3}$ ($< \lambda_{\min}^2$) and omitting the third member that appears in (5). Such a specialized calculation would result in a smaller numerical coefficient and the appearance of dimensionless shape factors in (9) and (13).

⁵See, for example, G. Rosen and R. W. H. Webeler, Lett. Nuovo Cimento **26**, 579 (1979).