# Spin-orbit coupling effects in single-layer phosphorene

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The electronic band structure of monolayer phosphorene is thoroughly studied by considering the presence of spin-orbit interaction. We employ a multiorbital Slater-Koster tight-binding approach to derive effective  $\mathbf{k} \cdot \mathbf{p}$ -type Hamiltonians that describes the dominant spin-orbit coupling (SOC) effects of the Rashba and intrinsic origin at the high  $\Gamma$  and S high symmetry points in phosphorene. In the absence of SOC effects a minimal admixture of  $p_z$  and  $p_y$  atomic orbitals suffices to reproduce the well-known anisotropy of highest valence and the lowest conduction bands at the  $\Gamma$  point, consistent with density functional theory (DFT) and  $\mathbf{k} \cdot \mathbf{p}$  methods. In contrast, the inclusion of the  $p_x$  and s atomic orbitals are rather crucial for an adequate description of the SOC effects in phosphorene at low energies, particularly at the S point. We introduce useful analytical expressions for the Rashba and intrinsic SOC parameters in terms of the relevant Slater-Koster integrals. In addition, we report simple formulas for the interband dipole strengths, revealing the nature of the strong anisotropic behavior of its lower bands. Our findings can be useful for further studies of electronic and spin transport properties in monolayer phosphorene and its nanoribbons.

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### I. INTRODUCTION

Single-layer phosphorene has emerged as an appealing and promising two-dimensional (2D) semiconductor. This is due to its unique electronic, optic, thermoelectric, and mechanical properties, all exhibiting a highly anisotropic character [1–6]. Among its prominent optoelectronic features are its direct energy band gap at the  $\Gamma$  point close to 2.1 eV [7–11], its very high *p*-type mobility (~10<sup>3</sup> cm<sup>2</sup> V<sup>-1</sup> s<sup>-1</sup>), and its highly anisotropic band structure near the Fermi energy, the latter contributing to its large anisotropic interband dipole couplings [12,13]. In addition, few-layer phosphorene have shown also a layer-sensitive band gap with an extraordinary enhanced photoluminescence intensity [12]. All these features make phosphorene an excellent candidate for applications in optoelectronic, photonic, and energy-saving two-dimensional devices [14–20].

Recent studies have also targeted phosphorene as a suitable material for spintronics applications owing its relatively weak spin-orbit coupling of its phosphorous atoms [9,21,22]. High spin lifetime has been measured in phosphorene at room temperature ( $\sim 0.7$  ns) [21], which together with its large spin diffusion lengths leads to coherent spin-polarized transport covering micrometric distances ( $\sim 2.5 \,\mu m$ ). Despite the relatively weak spin-orbit effects, phosphorene experiences unavoidable spin-scattering events that hinder the control of coherent spin transport. These events stem from two primary sources of spin scattering induced by spin-orbit interactions in phosphorene. They are of intrinsic and extrinsic nature, leading to the known Elliot-Yafet, and the D'yakonov-Perel' spin-relaxation mechanisms, respectively. Recent estimates of the spin-relaxation lifetimes yields strongly anisotropic relaxing times in the plane of phosphorene, showing field and carrier dependence for both types of spin relaxation mechanisms. Moreover, intriguing interplays are anticipated to emerge under moderate electric fields, though with dominant (strongly anisotropic) D'yakonov-Perel' spin scattering at high electric fields [23]. The origin of such anisotropies was associated to the expected highly anisotropic Rashba splitting, although no explicit expressions for the anisotropic Rashba-SOC Hamiltonians was provided. The spin-dependent electronic properties of phosphorene have been also recently addressed introducing phenomenological anisotropies of the Rashba coupling strength weighted by the ratio of the effective masses along the x and y direction but without further physical insights [24]. As for the intrinsic type of spin-orbit interaction, an earlier DFT calculation [23] identified that its dominant contribution arises at the S high symmetry point within the Brillouin zone, yielding a uniform band spin splitting of about 17.5 meV at the lowest conduction band. Nevertheless, the nature of the atomic hybridizations participating in the spin splitting was not examined.

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Motivated by these studies, our foremost goal is to construct a minimal multiorbital tight-binding model for twodimensional phosphorene valid under spin-orbit effects. This model will serve as the framework for deriving effective Hamiltonians that accurately characterize the electronic properties of phosphorene's lowest-energy bands. Through this approach, we aim to deepen our understanding of the inherent anisotropies within its energy bands and elucidate the interplay of SOC effects in single-layer phosphorene.

We began our study in the absence of SOC using a multiorbital tight-binding model consisting of a natural basis of the admixture of rotated  $p_7$ - and  $p_{y}$ -like atomic orbitals. This allows us to derive an effective Hamiltonian that reproduces the main characteristics of the anisotropy of its electronic band structure near the Fermi energy as dictated by DFT calculations. Analytical expressions of the effective masses in terms of the Slater and Koster parameters were also derived, offering further physical insights on the origin of the large anisotropy of the conduction and valence band effective masses of phosphorene around the  $\Gamma$  high symmetry point within the Brillouin zone. Subsequently, within the same tight-binding footing, a model that incorporates the s, and  $\{p_x, p_y, p_z\}$ atomic orbitals and the effects of the SOC is introduced. Such model leads to an eight-band effective Hamiltonian that at the  $\Gamma$  point describes the predicted anisotropic Rashba coupling in phosphorene. We were able to quantify the ratio of such anisotropy. It is shown that at moderate external electric fields (~3 V/nm) and typical carrier densities of  $10^{12}$  cm<sup>-2</sup> the strength of the Rashba parameter along the  $\Gamma$ -Y direction is around 20 times smaller than the one of the  $\Gamma$ -X direction, and that the range of the induced spin splittings is in the order

of a few  $\mu$ eV. On the other hand, and in contrast with what it occurs near the  $\Gamma$  point, the intrinsic type of spin-orbit coupling is the dominant interaction at the S point, while the Rashba-type is rather small, in agreement with our DFT calculations. We also found that an intrinsic SOC-induced spin splitting is developed at the S point of phosphorene of about 20.4 meV. Finally, we present simple formulas for the interband dipole strengths, revealing the origin of the strong anisotropic behavior of its lower bands.

#### II. PHOSPHORENE TIGHT-BINDING MODEL WITHOUT SPIN-ORBIT EFFECTS

We first analyze the tight-binding model for monolayer phosphorene neglecting the spin-orbit coupling, in a later stage its effects will be incorporated on equal footing. We start the model by defining the Hamiltonian operator describing the kinetic energy of the electrons and the energy potential  $V_{\rm at}$ produced by the ions of the 2D crystal lattice of phosphorene,

$$\hat{H}_0 = -\frac{\hbar^2}{2m}\nabla^2 + \sum_{ij} V_{\rm at}(\mathbf{R}_i - \mathbf{R}_j), \qquad (1)$$

which within the two-center tight-binding (Slater-Koster) approximation, only involves the atoms i/j at the vector positions  $\mathbf{R}_i/\mathbf{R}_j$ , as well as its first atomic neighbors. Considering all the outer shell 3*s* and 3*p* orbitals of each phosphorus atom yields a 16 × 16 Hamiltonian matrix; that is, four atomic orbitals for each of the four distinct A(A') and B(B') atomic sites in the unit cell [Figs. 1(a) and 1(b)]. We are interested, however, to set up the minimal multiorbital model, which



FIG. 1. (a) Phosphorene's crystalline structure showing the rectangular primitive lattice with dimensions *a* and *b*, being  $\theta$  the angle of the A(A'-B(B') bond with the *y* axis. (b) Side view, where the four atoms of the basis labeled as A, A', B, and B' are identified. The angle of the  $\hat{z}$  axis with the A(B)-A'(B') bond is defined as  $\varphi$ . The parameters  $b_1$  and  $b_2$  are the A(A')-B(B') and A(B)-A'(B') atomic distances, respectively. (c) Illustration of the band structure of monolayer phosphorene unfolded into the full Brillouin zone obtained by *ab initio* DFT calculations. Inset (d), first Brillouin zone of the phosphorene lattice showing its high symmetry points  $\Gamma$ , X, Y, and S. (e) Projected LDOS for the *s*,  $p_x$ ,  $p_y$ , and  $p_z$  orbitals. (f) Depiction of the of *p* orbitals of phosphorene.

TABLE I. Some Slater-Koster (SK) hopping integrals definitions used in this work, with the indices  $\{\mu, \nu\} = \{x, y, z\}$ . The cosine directors are given by  $n_x = \sin \theta \sin \varphi$ ,  $n_y = \cos \theta \sin \varphi$ , and  $n_z = \cos \theta$ .

Matrix element	in terms of the SK parameters
$\overline{\langle s^{\mathrm{A}/\mathrm{B}} \hat{H_0} s^{\mathrm{A}'/\mathrm{B}'} angle}$	$V_{ss\sigma}$
$\langle s^{ m A/B} \hat{H_0} p_{\mu}^{ m A'/B'} angle$	$n_{\mu}V_{sp\sigma}$
$\langle p^{\mathrm{A}/\mathrm{B}}_{\mu} \hat{H_0} p^{\mathrm{A}'/\mathrm{B}'}_{ u} angle$	$-n_\mu n_ u (V_{pp\pi}-V_{pp\sigma})$
$\langle p_{\mu}^{\mathrm{A}/\mathrm{B}} \hat{H_{0}} p_{\mu}^{\mathrm{A}'/\mathrm{B}'} angle$	$n_\mu^2 V_{pp\sigma} + (1-n_\mu^2) V_{pp\pi}$

enables us to capture the main features of the lowest-energy bands at the highest symmetry points. The proper selection of such atomic orbitals are dictated by the most highly occupied atomic states at the symmetry points of interest. For this we rely on our first-principles calculations implemented by DFT (see Appendix E for details). Figure 1(c) shows the calculated electronic band dispersion of monolayer phosphorene and Fig. 1(e) presents the calculated projected local density of states (LDOS). The projected LDOS shows that the highest valence and minimum conduction bands near the  $\Gamma$  point, for instance, have a strong contribution coming from the  $p_{\tau}$ orbitals, with a moderate contribution originated by the  $p_{y}$ orbitals, and a very weak or negligible presence of the  $p_x$  and s orbitals [Fig. 1(e)]. Therefore, a reasonable starting point to construct a minimal tight-binding model near the  $\Gamma$ -symmetry point can be chosen with a subspace spanned only by the  $p_z$  and  $p_y$  atomic orbitals. This is also consistent with group theory symmetry arguments, dictating that in nonsymmorphic group  $D_{2h}$  crystals as phosphorene, those states belonging to the  $\Gamma_{z-}$  and  $\Gamma_{y+}$  character are the only ones that are symmetry allowed at the  $\Gamma$  point [25]. Furthermore, given the atomic spatial configuration of the phosphorous atoms in phosphorene [Figs. 1(b) and 1(f)], we find it useful to introduce a basis set composed of rotated  $p_z$  and  $p_y$  orbitals defined as,

$$\begin{split} |\phi^{\mathrm{A}/\mathrm{A}'}\rangle &= -m_z \big| p_z^{\mathrm{A}/\mathrm{A}'} \big\rangle - m_y \big| p_y^{\mathrm{A}/\mathrm{A}'} \big\rangle, \\ |\phi^{\mathrm{B}/\mathrm{B}'}\rangle &= -m_z \big| p_z^{\mathrm{B}/\mathrm{B}'} \big\rangle + m_y \big| p_y^{\mathrm{B}/\mathrm{B}'} \big\rangle, \end{split} \tag{2}$$

where  $m_y = \sin(\varphi)$  and  $m_z = \cos(\varphi)$ . Now, since we will assume electron hoppings occurring only between the first nearest neighbors for each of the four atoms of the unit cell, thus solely the Slater-Koster overlapping integrals between the A – A', A – B, B – B', and A' – B' atomic sites will be needed. Next-nearest neighbors and beyond will be neglected as they are expected to decay exponentially with the interatomic distance [26]. It can be shown that the matrix elements that govern the electron hopping energy between  $\phi^{A/B}$  orbitals from the atomic sites A(B) to the  $\phi^{A'/B'}$  of the A'(B') atoms form a  $\sigma$ -type bond, that is, all these matrix elements reduce to  $\langle \phi^{A/B} | \hat{H}_0 | \phi^{A'/B'} \rangle = V_{pp\sigma}$  with vanishing  $\pi$ bonding. Here we have used the conventional Slater-Koster relations  $\langle p_{\mu}^{A/B} | \hat{H}_0 | p_{\mu}^{A'/B'} \rangle$  and  $\langle p_{\mu}^{A/B} | \hat{H}_0 | p_{\nu}^{A'/B'} \rangle$ , as defined in Table I with the indices { $\mu$ ,  $\nu$ } = {x, y, z}.

Therefore, the simplest tight-binding Hamiltonian in the basis given by  $\{|\phi\rangle\} = \{|\phi^A\rangle, |\phi^{A'}\rangle, |\phi^B\rangle, |\phi^{B'}\rangle\}$ , takes the

compact form

$$H_{\phi} = \begin{pmatrix} 0 & V_{pp\sigma} & V_{AB} & 0 \\ V_{pp\sigma} & 0 & 0 & V_{AB} \\ V_{AB} & 0 & 0 & V_{pp\sigma} \\ 0 & V_{AB} & V_{pp\sigma} & 0 \end{pmatrix}.$$
 (3)

Here the on-site energy of the *p* orbitals of phosphorene was taken as the reference energy, and set to zero ( $\varepsilon_p = 0$ ). Lastly, the matrix element  $V_{AB} = \langle \phi^A | \hat{H}_0 | \phi^B \rangle = V_{A'B'}$ , which in terms of the Slater-Koster parameters reads,

$$V_{\rm AB} = m_z^2 V_{pp\pi} - m_y^2 \left( n_y^2 V_{pp\sigma} + \left( 1 - n_y^2 \right) V_{pp\pi} \right), \qquad (4)$$

being  $n_y$  is the cosine director along the y axis as defined in Table I, among the remaining Slater-Koster integrals.

### A. Continuum Hamiltonian and low-energy band structure

Next, by Fourier transform the model of Eq. (3), an effective low-energy  $4 \times 4$  Hamiltonian in reciprocal space is obtained,

$$H_{\phi}(\mathbf{k}) = \begin{pmatrix} 0 & g(\mathbf{k})V_{pp\sigma} & f(\mathbf{k})V_{AB} & 0\\ g^{*}(\mathbf{k})V_{pp\sigma} & 0 & 0 & f^{*}(\mathbf{k})V_{AB}\\ f^{*}(\mathbf{k})V_{AB} & 0 & 0 & g^{*}(\mathbf{k})V_{pp\sigma}\\ 0 & f(\mathbf{k})V_{AB} & g(\mathbf{k})V_{pp\sigma} & 0 \end{pmatrix},$$
(5)

where  $\mathbf{k} = k_x \hat{x} + k_y \hat{y}$  is the wave vector lying in the plane of the phosphorene layer, and we have used the following definitions for the spectral functions,

$$f(\mathbf{k}) = 2e^{iyk_y} \cos\left(\frac{bk_x}{2}\right), \quad g(\mathbf{k}) = e^{-ik_yh}, \tag{6}$$

with  $b = 2b_1 \sin \theta$ ,  $y = b_1 \cos \theta$ ,  $h = b_2 \sin \varphi$ , and h + y = a/2. The Hamiltonian matrix Eq. (5) can be diagonalized exactly, however, in order to arrive to an effective low-energy Hamiltonian we find it convenient to rewrite it in the basis  $\{|\phi^A\rangle, |\phi^{B'}\rangle, |\phi^{A'}\rangle, |\phi^B\rangle$  and perform a similarity transformation (Appendix C) that leads to a block-diagonal Hamiltonian composed of two  $2 \times 2$  matrix Hamiltonians  $\mathcal{H}_1$  and  $\mathcal{H}_2$  given by,

$$\mathscr{H}_{\eta}(\boldsymbol{k}) = (-1)^{\eta} \begin{pmatrix} \operatorname{Re}[\mathscr{V}_{\eta}(\boldsymbol{k})] & i \operatorname{Im}[\mathscr{V}_{\eta}(\boldsymbol{k})] \\ -i \operatorname{Im}[\mathscr{V}_{\mu}(\boldsymbol{k})] & -\operatorname{Re}[\mathscr{V}_{\eta}(\boldsymbol{k})] \end{pmatrix}, \quad (7)$$

where  $\mathscr{V}_{\eta}(\mathbf{k}) = V_{AB}f(\mathbf{k}) + (-1)^{\eta+1}V_{pp\sigma}g(\mathbf{k})$ , and  $\eta = 1, 2$ . The lowest-energy bands dispersion will correspond to the eigenvalues of (7) with  $\eta = 1$ ,

$$\mathscr{E}_{\pm} = \pm \sqrt{V_{pp\sigma}^2 + 4V_{AB}V_{pp\sigma}\cos(k_xc)\cos(k_yd) + 4V_{AB}^2\cos(k_xc)^2},$$
(8)

where the  $\pm$  sign refers here to the electron/hole bands, being c = b/2 and d = a/2. The anisotropy of the generic bands is already evident within this model. Note also that the energy gap  $\mathcal{E}_g$  at the  $\Gamma$  point, is simply given by  $\mathcal{E}_+(0) - \mathcal{E}_-(0) = 2|V_{pp\sigma} + 2V_{AB}|$ .

As for the Slater-Koster parameters, they are extracted either by fitting numerically the electronic band structure obtained by DFT calculations or by a subsequent step of TABLE II. Numerical values of some Slater and Koster parameters for phosphorene (in eV) without spin-orbit coupling, with the exception of those from Ref. [23] where SOC was taken into account. The parameter  $V_{AB}$  was calculated using Eq. (4). Note that in all cases  $V_{pp\pi} \simeq V_{AB}$ .

	$V_{pp\sigma}$	$V_{pp\pi}$	$V_{ m AB}$
DFT+W90	3.85	-0.99	-1.02
Ref. [23] <sup>a</sup>	3.15	-1.04	-1.01
DFT <sup>b</sup>	3.30	-1.19	-1.14
Ref. [26]	4.03	-1.14	-1.15

<sup>a</sup>Fitted to Eq. (8) with DFT data of Ref. [23].

<sup>b</sup>Best fit to Eq. (8) using our DFT raw data.

the DFT process by mapping the electronic structure to a maximally localized Wannier basis of atomic orbitals using WANNIER90 (DFT + W90) [27]. The values obtained here are listed in Table II together with these fitted to the DFT data of Ref. [23] and SK parameters reported in Ref. [26] for sake of comparison.

Starting from Eq. (5), we now focus on the resulting lowenergy  $\mathbf{k} \cdot \mathbf{p}$ -type effective Hamiltonian and its corresponding eigenvalues near the  $\Gamma$ -symmetry point. The expansion of the matrix elements around  $\mathbf{k} = 0$  of  $\mathcal{H}_{\pm}(\mathbf{k})$  up to quadratic terms in  $k_x$  and  $k_y$  leads to the simplified continuum Hamiltonian,

$$\mathscr{H}_{\Gamma}(\boldsymbol{k}) = \left(\alpha k_x^2 + \beta k_y^2 - \Delta\right) \tau_z - \upsilon_y k_y \tau_y, \tag{9}$$

where the coefficients in terms of the Slater-Koster parameters (using the result  $V_{AB} \simeq V_{pp\pi}$ ), are

$$v_{y} = hV_{pp\sigma} - 2yV_{pp\pi}, \quad \text{(in units of }\hbar\text{)}$$
  
$$\beta = \frac{h^{2}}{2}V_{pp\sigma} + y^{2}V_{pp\pi},$$
  
$$\alpha = \frac{b^{2}}{4}V_{pp\pi}, \quad (10)$$

with  $\Delta = \mathscr{E}_g/2$ , and  $\tau_y$ ,  $\tau_z$  are the y and z Pauli matrices written in the electron-hole basis. The eigenvalues of Eq. (9) produce the simplified formulas for the anisotropic dispersion of the conduction/valence bands,

$$\mathscr{E}_{\Gamma_{\pm}} = \pm \sqrt{\left(\alpha k_x^2 + \beta k_y^2 - \Delta\right)^2 + v_y^2 k_y^2}.$$
 (11)

Next, we present useful simplified expressions for the lowenergy bands, as well as for the effective masses that are determined directly from Eq. (11). They are up to second order in  $k_x$  and  $k_y$ ,

$$\mathscr{E}_{\Gamma_{\pm}}^{(0)}(\boldsymbol{k}) = \frac{\hbar^2}{2} \left( \frac{1}{m_{\pm,\Gamma X}^*} k_x^2 + \frac{1}{m_{\pm,\Gamma Y}^*} k_y^2 \right) \pm \Delta, \qquad (12)$$

in which the Slater-Koster-dependent effective masses along the  $\Gamma\text{-}X$  and  $\Gamma\text{-}Y$  path are given by

$$\frac{1}{m_{\pm,\Gamma X}^*} = \pm \frac{b^2}{2\hbar^2 \Delta} \left( |V_{pp\pi} V_{pp\sigma}| - 2V_{pp\pi}^2 \right),$$
$$\frac{1}{m_{\pm,\Gamma Y}^*} = \pm \frac{a^2}{2\hbar^2 \Delta} |V_{pp\pi} V_{pp\sigma}|.$$
(13)

TABLE III. List of the anisotropic conduction and hole effective masses for phosphorene monolayer (in units of the free electron mass) along the  $\Gamma$ -X and  $\Gamma$ -Y directions.

	$m^*_{+,\Gamma \mathrm{X}}$	$m^*_{+,\Gamma Y}$	$m^*_{-,\Gamma \mathrm{X}}$	$m^*_{-,\Gamma Y}$
DFT+W90	1.13	0.23	-3.08	-0.20
Ref. [ <mark>28</mark> ]	1.16	0.22	-3.24	-0.19
Eq. ( <mark>13</mark> ) <sup>a</sup>	1.18	0.17	-1.18	-0.17
Ref. [23] <sup>b</sup>	1.15	0.24	-7.29	-0.24
Ref. [ <mark>29</mark> ]	1.24	0.17	-7.20	-0.16
Ref. [23] <sup>c</sup>	1.28	0.42	-4.06	-0.44

<sup>a</sup>Using the SK parameters of Ref. [26] and Eq. (13).

<sup>b</sup>Reported in Ref. [23].

<sup>c</sup>Parabolic fit of the bands presented in Ref. [23].

Using the Slater-Koster parameters provided in Table II in the expressions above, we compute the phosphorene's effective masses around the  $\Gamma$  point, and are listed together with those reported in the literature in Table III. In Fig. 2 we present the lowest electronic bands of phosphorene at the vicinity of the  $\Gamma$  and S point in the absence of SOC effects. The blue (solid lines) correspond to the outcome of the first-principles DFT calculations. The results from the minimal tight-binding model obtained through Eq. (8) are plotted in squared symbols (red) by using the best fit to the SK parameters extracted from the DFT data, while the dotted (gray) curves correspond to the evaluation of Eq. (8) using the SK parameters obtained through the DFT + W90 procedure. Interestingly, despite its simplicity, our minimal tight-binding model clearly displays the expected asymmetry of the electronic bands around the high symmetry points characteristic of phosphorene band structure [5,23,24].

Overall, we find that the minimal base tight-binding model reproduces accurately the lowest bands, though showing a slight deviation for the valence band in the  $\Gamma$ -X direction where, in comparison with the DFT bands, a smaller effective mass is obtained. Such slight discrepancy is not actually owed to the fact that we have neglected the  $p_x$  and s orbitals at the present stage of the tight-binding model. It is shown *a posteriori* that taking into account such orbitals does not lead to any appreciable change of the curvature of the bands around the  $\Gamma$  point.

### III. TIGHT-BINDING MODEL WITH SPIN-ORBIT INTERACTION

We now proceed to examine the relativistic effects in monolayer phosphorene. We focus on the spin-orbit interaction of the intrinsic (atomic) and extrinsic (Rashba) type. The former arises naturally due the local spin-orbit interaction of the atomic outer shell 3s and 3p electrons owing to the presence of the potential V(r) of the phosphorous ions. The latter (Rashba-type) can be present owing to the Stark effect, and it is produced by an external uniform electric field Eperpendicular to the phosphorene plane, breaking the phosphorene spatial inversion symmetry along such direction.

The atomic spin-orbit interaction is modeled with the Hamiltonian,

$$H_{so} = \frac{\hbar}{2m^2c^2} [\nabla V(\boldsymbol{r}) \times \boldsymbol{p}] \cdot \boldsymbol{s} = \xi(r)\boldsymbol{L} \cdot \boldsymbol{S}, \qquad (14)$$



FIG. 2. Electronic low-energy bands for monolayer phosphorene without SOC along the paths (a) X- $\Gamma$ -Y, (b)  $\Gamma$ -S, and (c)  $\Gamma$ -S-X, respectively. The continuum (blue) lines correspond to the DFT band-structure calculations. The dotted (gray) and squared symbols (red) curves are obtained with the exact eigenvalues of the low-energy effective model given in Eq. (8), using the SK-parameters provided by the DFT + W90 calculations, and the best fit parameters of DFT electronic band structure at low energies, respectively (see Table II). The Fermi energy of the DFT bands were shifted here to negative energies by half the band gap in order to facilitate their comparison with theoretical model.

where *m* is the free-electron mass, *c* is the speed of light in vacuum, *p* is the linear momentum operator,  $s = (s_x, s_y, s_z)$ , is the vector of the Pauli matrices,  $S = \frac{\hbar}{2}s$  denotes the electron spin vector operator, and *L* is the orbital angular momentum operator. Within the two-center approximation, the atomic potential is assumed to be spherically symmetric  $V(r) \rightarrow V(r)$ , therefore the function  $\xi(r) = \frac{1}{m^2c^2} \frac{1}{r} \frac{\partial V}{\partial r}$  carries all the radial dependence. In addition, the spin-orbit interactions between neighboring phosphorous atoms and beyond are assumed to be negligible. Hence, only the on-site spin-orbit interaction terms will be considered in our approach.

Regarding the Stark effect, we include it by introducing an external electric field  $E = E_z \hat{z}$  perpendicular to the phosphorene plane. This field may arise from various sources such as an externally applied voltage or charge impurities at the substrate interface. We model this effect through the dipole term in the Hamiltonian,

$$H_{\rm SE} = -eE_z z, \tag{15}$$

where *e* is the charge of the electron. As this interaction yields a spatial symmetry breaking in the  $\hat{z}$  direction, thus within tight-binding theory, the Stark effect leads to on-site transitions between orbitals with opposite parity in the direction of the field. Thus, as a consequence of the spatial inversion symmetry breaking in the phosphorene layer, a sizable spin splitting can be exhibited in the electronic bands.

Here the net effect of the spin-orbit interaction and the Stark effect are included into the model by using an extended spin-dependent basis  $|\Psi\rangle = |\psi\rangle \otimes \{\uparrow, \downarrow\}$ . In such basis  $|\psi\rangle = \{|\phi\rangle, |\chi\rangle\}$ , in which  $|\phi\rangle$  are described in Eq. (2), while  $|\chi\rangle$  takes into account the hybridization of the in-plane  $p_{x^-}$  and  $p_{y}$ -like orbitals, and the *s*-like orbitals, all within the same footing. Explicitly  $|\chi\rangle = \{|\Theta^A\rangle, |\Theta^{A'}\rangle, |\Theta^B\rangle, |\Theta^{B'}\rangle, |s^A\rangle, |s^{A'}\rangle, |s^B\rangle, |s^{B'}\rangle\}$ , being

$$\begin{split} |\Theta^{A/A'}\rangle &= n_{lx} \left| p_x^{A/A'} \right\rangle \pm n_y \left| p_y^{A/A'} \right\rangle, \\ |\Theta^{B/B'}\rangle &= -n_{lx} \left| p_x^{B/B'} \right\rangle \mp n_y \left| p_y^{B/B'} \right\rangle \end{split}$$
(16)

with  $n_{lx} = (-1)^l \sin \theta$ , and  $n_y = \cos \theta$ , where l = 1, 2 and distinguishes the first two in-plane neighbors B(B') and A(A') atoms [see Fig. 1(b)].

We then can construct a full spin-dependent  $24 \times 24$ Hamiltonian in the basis  $|\Psi\rangle$ . It reads,  $\mathscr{H}_T = \mathscr{H}_0 + \mathscr{H}_{SO} + \mathscr{H}_{SE}$ , where

$$\mathscr{H}_{0} = \begin{pmatrix} \mathscr{H}_{\phi} & \mathscr{U} \\ \mathscr{U}^{\dagger} & \mathscr{H}_{\Theta,s} \end{pmatrix}, \tag{17}$$

with  $\mathcal{H}_{\phi} = H_{\phi} \otimes \{\uparrow, \downarrow\}$  and  $\mathcal{H}_{\Theta,s} = H_{\Theta,s} \otimes \{\uparrow, \downarrow\}$ , in which  $H_{\Theta,s}$  contains the on-site and hopping integrals between the  $\{|\Theta\rangle\}$  and  $\{|s\rangle\}$  states, whereas  $\mathcal{U}$  is the coupling matrix between the  $\{|\Theta\rangle\}$  and  $\{|\Theta\rangle, |s\rangle\}$  states. The Hamiltonians  $\mathcal{H}_{SO}$  and  $\mathcal{H}_{SE}$  correspond to the spin-orbit and Stark Hamiltonians written in the basis  $|\Psi\rangle$ , respectively. Details of the derivation a low-energy effective Hamiltonian starting from  $\mathcal{H}_T$  using a Löwding transformation method is provided in the Appendix D.

It is noteworthy that the matrix elements of the spin-orbit sector of the total Hamiltonian  $\mathscr{H}_T$  have the general form

$$\left\langle \psi_{\nu,\sigma}^{(u)} \middle| \xi(r) \boldsymbol{L} \cdot \boldsymbol{S} \middle| \psi_{\nu',\sigma'}^{(u)} \right\rangle \to \Gamma_{\nu,\nu'}^{\sigma,\sigma'}(u) \tag{18}$$

with  $(v, v') = \{s, p_x, p_y, p_z\}$  denoting the character of the atomic orbital of a given phosphorous atom  $u = \{A, A', B, B'\}$  of the primitive cell, and  $(\sigma, \sigma') = \{\uparrow, \downarrow\}$  describing its spin state. Operationally, in order to arrive to such matrix elements,

the states  $|\psi_{\nu,\sigma}^{(u)}\rangle$  are written in the basis of the eigenkets of the angular momentum  $|\ell, m, \sigma\rangle$ , with  $\ell = 0, 1$  and  $m = 0, \pm 1$ , the angular and magnetic quantum numbers. Hence, matrix elements of the type  $\xi_{\ell}\langle\ell, m, \sigma | L \cdot S | \ell', m', \sigma'\rangle \delta_{\ell,\ell'}$  can be straightforwardly calculated, where here the parameter  $\xi_{\ell}$ measures the strength of the spin-orbit coupling. Such parameter is given by the integration of the radial part of the  $\ell$  orbitals of phosphorus atoms; here all the nonvanishing matrix elements are those for  $\ell = 1$ . As this parameter cannot be known within the tight-binding approach, we rely on the results obtained by first-principles calculations after Wannierization of the electronic band structure.

However, although it is indeed possible to introduce explicitly all the  $\Gamma_{\nu,\nu'}^{\uparrow,\downarrow}(\mu)$  in the model, the resulting Hamiltonian expressions are rather complex, rendering them far less illuminating. Therefore, we consider instead its mean absolute value within perturbation theory, defined hereafter by  $\xi_p$ . From the DFT + W90 calculations we extract  $\xi_p = 0.047 \text{ eV}$  for monolayer phosphorene. Such value is slightly greater than the reported for silicene ( $\xi_p \approx 0.034 \,\text{eV}$ ) [30] as expected, owing to the atomic numbers of silicon and phosphorus differing by just by one. On the other hand, the Stark effect leads to on-site transitions between s and  $p_z$  orbitals of the type  $z_{sp} = \langle s|z|p_z \rangle$ . Thus the energy associated to the Stark effect is  $\Delta_z = -E_z e z_{sp}$ , where the magnitude of the electric field,  $E_z$ , ranges typically between 1 and 5V/nm [23]. As for  $z_{sp}$ , it depends on the atomic size, here we estimate  $z_{sp} \approx 4.5a_0$ , where  $a_0 = 0.0529$  nm is the Bohr radius.

#### A. Hamiltonian near the $\Gamma$ point with SOC

Once we have considered the presence of the Stark effect and intrinsic spin-orbit coupling in phosphorene, we then proceed to determine the effective continuum Hamiltonian written in reciprocal space near the  $\Gamma$  point and valid for its low-energy quasiparticles (see Appendix E). The Hamiltonian reads,

$$H(\mathbf{k}) = (\alpha k_x^2 + \beta k_y^2 - \Delta) s_0 \tau_z - v_y k_y s_0 \tau_y + \lambda_{Rx} k_x s_y \tau_z - \lambda_{Ry} k_y s_x \tau_z + \Delta_{R_0} s_x \tau_y,$$
(19)

where,  $(\tau_y, \tau_z)$  and  $(s_x, s_y)$  are the usual Pauli matrices acting on the electron-hole bands, and on the physical spin, respectively, being  $s_0$  the unit matrix in spin space. The first two terms in Eq. (19) characterize the low-energy quasiparticles in the absence of SOC effects already discussed in the previous section. The next two terms proportional to  $\lambda_{Rx}$  along the  $\Gamma$ -X, and to  $\lambda_{Ry}$  along the  $\Gamma$ -Y direction, describe an anisotropic klinear Rashba-SOC arisen because of the Stark effect. The last term accounts for a spin-orbit-dependent interaction between conduction and hole bands with strength  $\Delta_{R_0}$ . It is also of Rashba nature, though k independent, as it is proportional to the external electric field.

In terms of the Slater-Koster overlapping integrals, the Rashba parameters are found to be (see Appendix E 1)

$$\lambda_{Rx} \simeq 4b_1 \zeta_0 (\sin \theta)^2$$
  

$$\lambda_{Ry} \simeq 2b_2 \zeta_0 (\cos \theta \sin \varphi)^2$$
  

$$\Delta_{R_0} = \frac{\lambda_{Ry}}{b_2 \sin \varphi},$$
(20)

where

$$\zeta_0 = \frac{\Delta_z \xi_p V_{ss\sigma} V_{sp\sigma} \cos \varphi}{(V_{AA} - V_{pp\sigma})(\varepsilon_s - \varepsilon_p)^2},$$
(21)

and  $V_{AA} = n_{lx}^2 V_{pp\pi} - n_y^2 (m_y^2 V_{pp\sigma} + (1 - m_y^2) V_{pp\pi})$ . Here,  $\lambda_{Rx}$ ,  $\lambda_{Ry}$ , and  $\Delta_{R_0}$  are all proportional to the magnitude of the electric field  $E_z$  via  $\Delta_z$ , as well as with the intrinsic spinorbit parameter associated to p orbitals of phosphorene  $\xi_p$ . Also, as can be seen in Eq. (21), they depend linearly on the on-site hybridization between s orbitals ( $V_{ss\sigma}$ ) and between s and p orbitals ( $V_{sp\sigma}$ ) of the phosphorous atoms. The strong anisotropy of the Rashba spin splitting of the bands can be estimated through the ratio

$$\frac{\lambda_{Rx}}{\lambda_{Ry}} = \frac{2b_1}{b_2} \frac{\tan^2 \theta}{\sin^2 \varphi} \simeq 18.7,$$
(22)

which incidentally, at first order, is not related to the SK parameters, depending only upon geometrical factors of the phosphorene atomic configuration. Using the SK parameters obtained within the DFT + W90 procedure, we find that at a typical electric field of  $E_z = 3 \text{ eV/nm}$ , the linear in k Rashba coupling coefficients are  $\lambda_{Rx} = 0.2576 \text{ meV}$  nm and  $\lambda_{Ry} = 0.01379 \text{ meV}$  nm, respectively, whereas the estimates as such field for the term independent of k gives us  $\Delta_{R_0} \simeq 0.168 \text{ meV}$ . Note that within this model, the intrinsic SOC does not appear explicitly here, as it turns out to be vanishing smaller. Therefore, we can safely argue that is the Rashba coupling type that gives rise to the dominant spin-orbit interaction at the  $\Gamma$ -symmetry point of phosphorene, being the k-linear-dependent term the most dominant at typical fields.

Neglecting the spin-dependent interaction term  $\Delta_{R_0} s_x \tau_y$  between conduction and valence bands, the eigenvalues of the Hamiltonian in Eq. (19) give the following exact band dispersion laws,

$$E_{\sigma}^{(\mu)}(\boldsymbol{k}) = \mu \sqrt{v_y^2 k_y^2 + \left(\alpha k_x^2 + \beta k_y^2 - \Delta + \sigma \kappa\right)^2}, \quad (23)$$

where  $\mu = \pm$  describes the conduction/valence bands,  $\sigma = \pm$  denotes the spin-state for a given band, and  $\kappa = |\kappa|$ , with  $\kappa = (\lambda_{Rx}k_x, \lambda_{Ry}k_y)$ , such that  $\kappa \exp(\pm i\phi_k) = \lambda_{Rx}k_x \pm i\lambda_{Ry}k_y$ , with tan  $\phi_k = \lambda_{Ry}k_y/(\lambda_{Rx}k_x)$ .

In Fig. 3(a) we present plots of the conduction and valence bands using expression (23) showing the large anisotropy of the band spin splittings occurring near the  $\Gamma$  point when an electric field of  $E_z = 3 \text{ eV/nm}$  is considered. If we define the energy spin splitting of the bands at a given Fermi wave number  $k_F$  as  $\Delta_{R_i}(k_F) = 2\lambda_{R_i}k_F$  with i = x, y and choosing a small  $k_F = 0.01 \text{ nm}^{-1}$  (for a small carrier density), yields spin-splitting energies of  $\Delta_{Rx}(k_F) = 5.15 \,\mu\text{eV}$ and  $\Delta_{Ry}(k_F) = 0.28 \ \mu eV$ , respectively [Figs. 3(a), 3(d) and 3(e)]. While for higher carrier densities  $(n_F = 1 \times 10^{12} \text{ cm}^{-2})$ entailing a Fermi wave number of about  $k_F = 0.25 \text{ nm}^{-1}$ , we get spin-splitting energies of  $\Delta_{Rx}(k_F) = 0.13 \text{ meV}$  and  $\Delta_{R_V}(k_F) = 6.89 \ \mu eV$ , respectively. The monotonic linear behavior of the Rashba spin splitting with the SOC parameter  $\xi_p$  and with the field  $E_z$  is depicted in Figs. 3(d)-3(e). The plot in Fig. 3(c) shows the valence bands in the vecinity of the S point, with (red continuous curves) and without (black dashed lines) intrinsic SOC. More details of the intrinsic SOC are discussed in the following section.



FIG. 3. Band structure of phosphorene with SOC. In (a) the asymmetric spin splitting of the bands between the directions  $\Gamma$ -X and  $\Gamma$ -Y, giving a ratio  $\lambda_{Rx}/\lambda_{Ry} = 18.7$ . (b) Depiction of the spin texture of the valence bands for an energy of 10 µeV. The plot in (c) shows the intrinsic spin-orbit splitting at the S point between the valence bands  $\Delta_I^{\text{TB}} = 22.4 \text{ meV}$ , red (continuous) curves. The black (dashed) curves correspond to the same bands without SOC. The splitting obtained from the DFT calculations is shown for comparison  $\Delta_I^{\text{DFT}} = 20.4 \text{ meV}$ . For (a)–(c) the electric field is  $E_z = 3 \text{ V/nm}$ and the intrinsic spin-orbit parameter was set to  $\xi_p = 0.047 \text{ eV}$ . (d)– (e) show the dependence of the intrinsic SOC splitting at the S point denoted by  $\Delta_{I}^{TB} = \Delta_{I}$  and the Rashba spin splitting in the  $k_{x}$  and  $k_{y}$ directions,  $\Delta_{Rx}$  and  $\Delta_{Ry}$ , respectively, as a function of  $\xi_p$  for a fixed electric field of  $E_z = 3V/nm$  (d), and (e) as a function of the electric field  $E_z$  for  $\xi_p = 0.047$  eV. The Rashba splittings  $\Delta_{Rx}$  and  $\Delta_{Ry}$ , were calculated for  $k_F = 0.01 \text{ nm}^{-1}$ , where  $k_F$  is the Fermi wave number.

The corresponding normalized eigenvectors of Eq. (19) for the conduction (c) and valence bands (v) read,

$$\begin{split} \left|\psi_{\sigma}^{(c)}(\mathbf{k})\right\rangle &= \frac{1}{\sqrt{2}} \begin{pmatrix} \sigma e^{-i\phi_{k}}\cos(\vartheta_{\sigma}/2) \\ i\cos(\vartheta_{\sigma}/2) \\ -\sigma i e^{-i\phi_{k}}\sin(\vartheta_{\sigma}/2) \\ \sin(\vartheta_{\sigma}/2) \end{pmatrix}, \\ \left|\psi_{\sigma}^{(v)}(\mathbf{k})\right\rangle &= \frac{1}{\sqrt{2}} \begin{pmatrix} \sigma e^{-i\phi_{k}}\sin(\vartheta_{\sigma}/2) \\ -i\sin(\vartheta_{\sigma}/2) \\ \sigma i e^{-i\phi_{k}}\cos(\vartheta_{\sigma}/2) \\ \cos(\vartheta_{\sigma}/2) \end{pmatrix}, \end{split}$$
(24)

where we have defined  $\vartheta_{\sigma} = \arctan(v_y k_y/E_{\sigma})$ , and we have omitted the superscript (c/v) in  $E_{\sigma}$  to simplify the notation. The spin texture is then readily calculated,

$$\langle \boldsymbol{S} \rangle_{\mu,\sigma} = \mu \sigma \left( -\frac{\lambda_{Ry} k_y}{\kappa}, \frac{\lambda_{Rx} k_x}{\kappa}, 0 \right)$$
$$= \frac{\mu \sigma}{\kappa} (\hat{\boldsymbol{z}} \times \boldsymbol{\kappa}). \tag{25}$$

Observe that the relative magnitude of the spin-orientation vectors depend on the ratio  $\lambda_{Rx}/\lambda_{Ry}$  through  $\kappa$ , and that Rashba coupling anisotropy in phosphorene imposes  $\langle S \rangle_{\mu,\sigma}$ .  $k \neq 0$  in general, contrasting with what occurs in graphene with Rashba spin-orbit coupling, where  $\langle S \rangle_{\mu,\sigma} \cdot k = 0$  is always satisfied. In Fig. 3(b) we show the spin texture around the Fermi energy contour formed by the valence bands for an energy of  $-10 \,\mu\text{eV}$ , an electric field  $E_z = 3 \,\text{V/nm}$ , and a spin-orbit parameter  $\xi_p = 0.047 \text{ eV}$ . The spin-splitting asymmetry near the  $\Gamma$  point is evident, having a nontangential direction of the spin with respect to the energy Fermi contour, except in the points  $(k_x^F, 0)$  and  $(0, k_y^F)$ . We also explored the range of the linear Rashba spin- splitting  $\Delta_{R_x}$  and  $\Delta_{R_y}$  for a fixed  $\xi_p = 0.047 \text{ meV}$  as a function of the external field  $E_z$ [Fig. 3(e)]. The counterparts for a fixed field  $E_z = 3 \text{ V/nm}$  as a function of  $\xi_p$  are plotted in [Fig. 3(d)].

It is also illustrative to calculate dipole strength coupling between the conduction and valence band along the x and y direction as a function of k, defined here as

$$D_{i}(\boldsymbol{k}) = \sum_{\sigma} \left| \left\langle \psi_{\sigma}^{(c)} \right| \frac{m_{o}}{\hbar} \frac{\partial H(\boldsymbol{k})}{\partial k_{i}} \left| \psi_{\sigma}^{(v)} \right\rangle \right|^{2}, \quad i = x, y \quad (26)$$

with  $m_o$  the free electron mass. This leads to dipole strength anisotropy

$$D_{x}(\boldsymbol{k}) = \lambda_{Rx}^{2} \sin\left(\frac{\vartheta_{+} + \vartheta_{-}}{2}\right)^{2} \sin\phi_{k}^{2},$$
$$D_{y}(\boldsymbol{k}) = \lambda_{Ry}^{2} \sin\left(\frac{\vartheta_{+} + \vartheta_{-}}{2}\right)^{2} \cos\phi_{k}^{2} \qquad (27)$$

in units of  $m_o^2/\hbar^2$ . Interestingly, the ratio of the dipole strengths  $\eta_{cv} = D_y/D_x$  along the *x* and *y* direction does not depend on the spin-orbit coupling strengths, nor in its anisotropy, and gives the simple formula  $\eta_{cv} = k_x^2/k_y^2$ . Plots of the dipole strength along different directions are depicted in Fig. 4.

#### B. Hamiltonian around the S point with SOC

Using Löwdin transformation theory it can be shown (Appendix D) that in the vecinity of the S-symmetry point  $k_s = (k_{sx}, k_{sy})$ , the full  $8 \times 8$  spin-dependent Hamiltonian is given by

$$\mathscr{H}(\boldsymbol{k}) = \mathscr{H}'(\boldsymbol{k})s_o + \mathscr{H}_I(\boldsymbol{k})$$
(28)

with  $\mathbf{k} = \mathbf{k}_s + \mathbf{q}$ , being  $\mathbf{q} = (\pi/b, \pi/a)$  the location of the S point in the rectangular Brillouin zone referred to zone center  $\Gamma$ . Here,

$$\mathcal{H}' = \begin{pmatrix} \mathcal{H}_2 & 0\\ 0 & \mathcal{H}_1 \end{pmatrix},\tag{29}$$



FIG. 4. Dipole strength ratio  $\eta_{cv} = D_y/D_x$  as a function of  $k_i$  in the  $\Gamma$ -X (i = x, orange), the  $\Gamma$ -Y (i = y, blue), and the  $\Gamma$ -S (i = s, magenta) directions. The inset shows the dependence of the dipole strength  $D_x$ , and  $D_y$  with the angle  $\phi_k$ , exhibiting the strong anisotropy.

where  $\mathcal{H}_{1,2}(\mathbf{k})$  were already described in Eq. (7), and comprises the diagonal sectors in spin of the full Hamiltonian. In Eq. (28)  $\mathcal{H}_1$  arises as the dominant spin-orbit interacting term at this symmetry point, and it turns out to be of purely intrinsic nature, as it is owed to the atomic SOC of the outer shell electrons with the nucleus of the phosphorous atoms. It has the compact form

$$\mathscr{H}_{I}(\boldsymbol{k}) = \lambda_{I} \mathrm{Im}[h(\boldsymbol{k})] \tau_{z} \sigma_{y} s_{o} - \lambda_{I} \mathrm{Re}[h(\boldsymbol{k})] \tau_{z} \sigma_{z} s_{x}, \qquad (30)$$

where  $h(\mathbf{k}) = 2 \sin(\frac{bk_x}{2})e^{ik_y a/2}$ , and we have introduced the new the Pauli matrices  $(\sigma_y, \sigma_z)$  on order to describe the coupling of the otherwise (in the absence of SOC) double degeneracy (four degeneracy taking into account the spin) of the conduction and valence bands along the S-X direction. The constant  $\lambda_I$  modulates the strength of the intrinsic spin-orbit interaction, and as a function of the Slater-Koster parameters reads,

$$\lambda_I = \frac{2V_{pp\sigma}\xi_p\cos\theta\sin\theta\sin^2\varphi}{V_{\rm AA} - V_{pp\sigma}},\tag{31}$$

note that it depends only on the intrinsic spin-orbit parameter  $\xi_p$ , and on the hybridization between  $\sigma$  and p orbitals of phosphorene, while those involving  $V_{ss\sigma}$  and  $V_{sp\sigma}$ , for instance, do not play any role here, and as a consequence, in the spin splitting of the bands.

In the following, to simplify the notation, we will make the replacement  $k_s \rightarrow k$ , with the assumption that the shifting with zone center has been already performed. An effective  $k \cdot p$ -type low-energy Hamiltonian can be derived by expanding Eq. (28) up to second order in k, however, such Hamiltonian turns out to be cumbersome and not too illuminating to describe it here. On the other hand, it is compelling that given the smallness of  $\lambda_I$  we can consider only the leading-order expansion of  $\mathscr{H}_1$ . This renders the full Hamiltonian exactly diagonalizable, yielding to the following eigenvalues for the (two) conduction bands at the S point,

$$\mathscr{E}_{S,\nu}^{\sigma}(\boldsymbol{k}) = \sqrt{V_{pp\sigma}^2 + 4\lambda_I^2 + 4V_{AB}^2 \sin^2\left(\frac{bk_x}{2}\right) + 4\sigma\nu V_{pp\sigma}} \sqrt{V_{AB}^2 \sin^2\left(\frac{bk_x}{2}\right) \sin^2\left(\frac{ak_y}{2}\right) + \lambda_I^2},$$
(32)

with  $\sigma = \pm$  for a given spin state, and  $\nu = \pm$  for the conduction band 1 or 2, respectively. As the electron-hole symmetry is not broken within this model, we have similarly  $-\mathscr{E}_{S,\nu}^{\sigma}(\mathbf{k})$  for the valence bands.

From the expression (32) we can extract the energy spin splitting at k = 0 of a given conduction or valence band ( $\nu$ ), and it gives simply,

$$\Delta_I^{TB} = \mathscr{E}_{S,\nu}^{\sigma}(0) - \mathscr{E}_{S,\nu}^{-\sigma}(0) = 4|\lambda_I|.$$
(33)

According to this formula, using (31) and the output of the tight-binding SK parameters obtained through Wannieralization of the band structure, the SOC spin splitting at the S point between the conduction/valence bands is  $\Delta_I^{\text{TB}} = 22.4 \text{ meV}$ , which is in very good agreement with the value obtained directly by our DFT calculations ( $\Delta_I^{\text{DFT}} = 20.4 \text{ meV}$ ). Note that for phosphorene  $\lambda_I^{\text{TB}} = 5.6 \text{ meV}$  is greater than the value estimated for Silicene ( $\lambda_I = 3.9 \text{ meV}$ ) but much smaller than the one calculated for germanene ( $\lambda_I = 43 \text{ meV}$ ) [30] at the Dirac K point.

#### IV. CONCLUSIONS AND SUMMARY

We have introduced a minimal Slater-Koster multiorbital tight-binding model amenable for description of the lowenergy quasiparticles in two-dimensional phosphorene under spin-orbit effects. Our theoretical analysis was complemented with numerical DFT calculations of the electronic band structure with a posteriori construction of a Hamiltonian written in a suitable maximally localized Wannier basis employing the WANNIER90 code [27]. The latter allows us to extract the relevant Slater-Koster hopping integrals that were subsequently utilized in our effective models. Our analytical tight-binding approach yields useful expressions for the effective  $\mathbf{k} \cdot \mathbf{p}$ -type Hamiltonians describing the large anisotropy of the electronic band structure of monolayer phosphorene near the Fermi energy at the high symmetry points. The model predicts also a strong anisotropy of the extrinsic Rashba-SOC when a perpendicular electric field is applied. It was found that the dominant spin-orbit coupling effects at the zone center  $\Gamma$  is of the extrinsic (field-dependent) Rashba type, comprising two main terms, one which is linear in momentum, and other one that is momentum independent, though rather weak. In contrast, at the S-symmetry point, is the intrinsic SOC, which is the leading interaction, being the Rashba-type interaction totally absent at this point.

We found that anisotropy of the Rashba coefficients follows the rule  $\lambda_{R_x} \simeq 19\lambda_{R_y}$ , independent of the field. The tunability of the Rashba coefficients could lead to sizable spin-splittings. It is shown that a typical fields of ~3 V/nm and carrier densities of the order of  $10^{12}$  cm<sup>-2</sup> the energy spin splitting of the bands in the  $\Gamma$ -X direction is in the tenths of meVs (~0.13 meV), while it ranges in the  $\mu$ eVs in the  $\Gamma$ -Y path (~7  $\mu$ eV). It should be mentioned that an enhancement of about one order of magnitude of the Rashba coefficients can be achieved in phosphorene without the need of an external electric field, but by means of proximity effects with suitable substrates, as very recent has been reported in phosphorene/WSe<sub>2</sub> bilayer [31].

In contrast with what occurs near the  $\Gamma$ -symmetry point, our tight-binding model also predicts that at the S-symmetry point, it is rather the (atomic) intrinsic type of spin-orbit coupling, which turn to be the dominant interaction, while the Rashba-type is basically negligible at this point. The latter is in agreement with our DFT calculations. We found that the energy spin splitting developed at the S-symmetry point is about 22 meV. Given the ranges of energies around the S point, the results presented here can provide valuable insights into the physics of electron-hole recombination processes in phosphorene, particularly through direct and indirect optical transitions, such as thermal excitations (electron-phonon interactions). In this context, our effective Hamiltonian with SOC around the S point would be useful, for example, for the study of anisotropic thermal conductivity in phosphorene.

Lastly, simple formulas for the interband dipole strengths are presented, revealing the origin of the strong anisotropic behavior of the low-energy bands in phosphorene. We hope that this study and the effective Hamiltonian models with spin-orbit effects introduced here could serve as a good starting point for further scrutiny of the spin-dependent transport as well as its optospintronic properties in phosphorene and possibly in its nanoribbons.

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## APPENDIX A: PHOSPHORENE'S CRYSTALLINE STRUCTURE AND GEOMETRICAL PARAMETERS

Single-layer (black) phosphorene possesses a twodimensional (2D) honeycomb puckered structure [see Figs. 1(a) and 1(b)] of phosphorus atoms covalently bounded to their three nearest neighbors throughout a  $sp^3$  orbital hybridization. It has a rectangular 2D primitive lattice with a basis formed by four atoms sites, denoted by A, A', B, and B', as shown in Fig. 1(b). The primitive lattice vectors are given by  $\mathbf{a}_1 = b\hat{x}$  and  $\mathbf{a}_2 = a\hat{y}$ , where b and a are the lattice parameters in  $\hat{x}$  (zigzag) and  $\hat{y}$  (armchair) direction, respectively. Note that for a given phosphorus atom A (A') there are two

TABLE IV. Relaxed geometrical parameters of monolayer black phosphorus [23].

$b_1$	2.222 [Å]
$b_2$	2.260 [Å]
heta	47.92°
arphi	$21.29^{\circ}$
а	4.620 [Å]
b	3.298 [Å]

nearest-neighbor B(B') atoms in the same plane, and only one nearest-neighbor A'(A) atom out of the plane. Therefore the relative position vectors between the nearest-neighbor atoms can be written as

$$\begin{split} \delta_{AB_{l}} &= b_{1}(n_{lx}, n_{y}, n_{z}), \\ \delta_{A'B'_{l}} &= b_{1}(n_{lx}, -n_{y}, n_{z}), \\ \delta_{AA'} &= b_{2}(m_{x}, -m_{y}, -m_{z}), \\ \delta_{BB'} &= b_{2}(m_{x}, m_{y}, -m_{z}) \end{split}$$
(A1)

with the definitions,

$$n_{lx} = (-1)^l n_x \left(\theta, \frac{\pi}{2}\right), \quad n_y = n_y \left(\theta, \frac{\pi}{2}\right), \quad n_z = n_z \left(\frac{\pi}{2}\right),$$
$$m_x = n_x(0, \varphi), \quad m_y = n_y(0, \varphi), \quad m_z = n_z(\varphi), \tag{A2}$$

where  $b_1$  is the A(A')-B(B') atomic distance, while  $b_2$  is the A(B)-A'(B') atomic separation. Here l = 1, 2 and distinguishes the first two, in-plane, neighbors B(B') for the atom A(A'). The cosine directors, which in terms of the Euler angles of the line joining the A(A')-B(B') atomic sites with respect to the  $\hat{y}$  and  $\hat{z}$  axes are given by,  $n_x(\theta, \varphi) = \sin \theta \sin \varphi$ ,  $n_y(\theta, \varphi) = \cos \theta \sin \varphi$ , and  $n_z(\varphi) = \cos \varphi$ . The values of all the parameters mentioned above have been taken by relaxed DFT [23] calculations, and are reproduced in Table IV. As the unit cell in reciprocal space for monolayer phosphorene is also rectangular [Fig. 1(c)], thus its the first Brillouin zone has a rectangular shape with its high symmetry points denoted by S, X, Y, and  $\Gamma$ , which are located at the points  $(\pi/b, \pi/a)$ ,  $(\pi/b, 0), (0, \pi/a)$ , and (0,0), respectively.

## APPENDIX B: AB INITIO COMPUTATIONAL METHOD

First-principles simulations were performed using density functional theory (DFT) as implemented in the Vienna ab *initio* simulation package [32] (VASP 5.4.4) using the relaxed structure as provided by Ref. [23]. The hybrid Becke threeparameter Lee-Yang-Parr (B3LYP) approximation [33] was used to account for exchange and correlation effects, which have been shown to accurately reproduce the band-gap energy in phosphorene [11]. The lattice constants were selected based on the relaxed structural parameters provided in Table IV. The interaction between ions and electrons was described using the projector-augmented wave (PAW) method [34]. DFT calculations were carried out using an  $11 \times 9 \times 1$   $\Gamma$ -centered k mesh and a plane wave energy cutoff of 420 eV. Additionally, an augmentation charge cutoff energy of 343 eV was utilized in the calculations. SOC effects was included within the PAW formalism in the self-consistent DFT method [35].

To construct the effective Wannier Hamiltonian in the maximally localized Wannier basis, atomic orbitals (P : s; p) were projected onto using the WANNIER90 code [27] as a postprocessing step of the DFT calculations. The Wannier Hamiltonian was derived within a localized orbital basis set without the need for additional Wannierization procedures. This Hamiltonian facilitates the extraction of tight-binding Slater-Koster parameters, simplifying the description of the electronic structure of phosphorene.

### APPENDIX C: EFFECTIVE HAMILTONIAN IN RECIPROCAL SPACE WITHOUT SPIN-ORBIT COUPLING

The explicit form of matrix elements of the Hamiltonian  $H_{\phi}$  in Eq. (5) are given by,

$$H_{\mathrm{AA}'} = e^{i\boldsymbol{k}\cdot\boldsymbol{\delta}_{\mathrm{AA}'}} \langle \phi^{\mathrm{A}} | \hat{H}_0 | \phi^{\mathrm{A}'} \rangle = V_{pp\sigma} e^{-ik_y h},$$

$$H_{AB} = \sum_{l} e^{i\mathbf{k}\cdot\boldsymbol{\delta}_{AB_{l}}} \langle \phi^{A} | \hat{H}_{0} | \phi^{B_{l}} \rangle$$

$$= 2V_{AB} e^{iyk_{y}} \cos\left(\frac{bk_{x}}{2}\right),$$

$$H_{A'B'} = \sum_{l} e^{i\mathbf{k}\cdot\boldsymbol{\delta}_{A'B'_{l}}} \langle \phi^{A'} | \hat{H}_{0} | \phi^{B'_{l}} \rangle$$

$$= 2V_{AB} e^{-iyk_{y}} \cos\left(\frac{bk_{x}}{2}\right),$$

$$H_{BB'} = e^{i\mathbf{k}\cdot\boldsymbol{\delta}_{BB'}} \langle \phi^{B} | \hat{H}_{0} | \phi^{B'} \rangle = V_{pp\sigma} e^{ik_{y}h}.$$
(C1)

Now, in order to find the continuum Hamiltonian corresponding to the model without spin orbit coupling, we find convenient to first rewrite Eq. (5), in the basis  $\{|\phi^A\rangle, |\phi^{B'}\rangle, |\phi^{A'}\rangle, |\phi^B\rangle\}$ , which yields to

$$H_{\phi,\mathrm{T}}(\boldsymbol{k}) = \begin{pmatrix} 0 & 0 & g(\boldsymbol{k})V_{pp\sigma} & f(\boldsymbol{k})V_{\mathrm{AB}} \\ 0 & 0 & f(\boldsymbol{k})V_{\mathrm{AB}} & g(\boldsymbol{k})V_{pp\sigma} \\ g^{*}(\boldsymbol{k})V_{pp\sigma} & f^{*}(\boldsymbol{k})V_{\mathrm{AB}} & 0 & 0 \\ f^{*}(\boldsymbol{k})V_{\mathrm{AB}} & g^{*}(\boldsymbol{k})V_{pp\sigma} & 0 & 0 \end{pmatrix},$$
(C2)

which by taking its square leads to a block diagonal matrix,

$$H_{\phi,\mathrm{T}}^{2}(\mathbf{k}) = \begin{pmatrix} V_{pp\sigma}^{2} + 2V_{AB}^{2}g_{2}(\mathbf{k}) & 4V_{AB}V_{pp\sigma}f_{2}(\mathbf{k}) & 0 & 0\\ 4V_{AB}V_{pp\sigma}f_{2}(\mathbf{k}) & V_{pp\sigma}^{2} + 2V_{AB}^{2}g_{2}(\mathbf{k}) & 0 & 0\\ 0 & 0 & V_{pp\sigma}^{2} + 2V_{AB}^{2}g_{2}(\mathbf{k}) & 4V_{AB}V_{pp\sigma}f_{2}(\mathbf{k})\\ 0 & 0 & 4V_{AB}V_{pp\sigma}f_{2}(\mathbf{k}) & V_{pp\sigma}^{2} + 2V_{AB}^{2}g_{2}(\mathbf{k}) \end{pmatrix},$$
(C3)

T

where we have defined the functions,

$$f_2(\mathbf{k}) = \cos\left(\frac{bk_x}{2}\right)\cos\left(\frac{ak_y}{2}\right),$$
$$g_2(\mathbf{k}) = 2\cos^2\left(\frac{bk_x}{2}\right).$$
(C4)

The eigenvalues of the squared Hamiltonian of Eq. (C3) are given by

$$\varepsilon_{\mu}^{2}(\boldsymbol{k}) = 2V_{AB}^{2} + V_{pp\sigma}^{2} + 2V_{AB}^{2}\cos\left(bk_{x}\right)$$
$$-4(-1)^{\mu}V_{AB}V_{pp\sigma}\cos\left(\frac{bk_{x}}{2}\right)\cos\left(\frac{ak_{y}}{2}\right), \quad (C5)$$

hence the dispersions of the four bands are  $\mathscr{E}_{\pm\mu}(\mathbf{k}) = \pm \sqrt{|\varepsilon_{\mu}|}$ , where  $\mu = 1, 2$  denotes the index of the band, and the sign  $\pm$  for the conduction/valence character (c/v) of a given band. The eigenvectors of (C3) are

$$\begin{aligned} |\psi_{v_2}\rangle &= \frac{1}{\sqrt{2}} \begin{pmatrix} 0\\ 0\\ -1\\ 1 \end{pmatrix}, \quad |\psi_{c_2}\rangle &= \frac{1}{\sqrt{2}} \begin{pmatrix} -1\\ 1\\ 0\\ 0 \end{pmatrix}, \\ |\psi_{v_1}\rangle &= \frac{1}{\sqrt{2}} \begin{pmatrix} 0\\ 0\\ 1\\ 1 \end{pmatrix}, \quad |\psi_{c_1}\rangle &= \frac{1}{\sqrt{2}} \begin{pmatrix} 1\\ 0\\ 0 \end{pmatrix}. \end{aligned}$$
(C6)

which are utilized to construct a unitary matrix,

$$\widetilde{U} = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 & -1 & 0 & 1\\ 0 & 1 & 0 & 1\\ -1 & 0 & 1 & 0\\ 1 & 0 & 1 & 0 \end{pmatrix}.$$
 (C7)

that led to a block-diagonal Hamiltonian  $\widetilde{H}_{\phi,\mathrm{T}}$  through the similar transformation,

$$\begin{split} \widetilde{H}_{\phi,\mathrm{T}} &= \widetilde{U}^{\dagger} H_{\phi,\mathrm{R}} \widetilde{U} \\ &= \begin{pmatrix} 0 & \mathscr{V}_{2}^{*}(\boldsymbol{k}) & 0 & 0 \\ \mathscr{V}_{2}(\boldsymbol{k}) & 0 & 0 & 0 \\ 0 & 0 & 0 & \mathscr{V}_{1}^{*}(\boldsymbol{k}) \\ 0 & 0 & \mathscr{V}_{1}(\boldsymbol{k}) & 0 \end{pmatrix}, \quad (C8) \end{split}$$

where the function  $\mathscr{V}_{\eta}(\mathbf{k}) = V_{AB}f(\mathbf{k}) + (-1)^{\eta+1}V_{pp\sigma}g(\mathbf{k})$ , and  $f(\mathbf{k})$  and  $g(\mathbf{k})$  were defined in Eq. (6). Subsequently, The matrix Hamiltonian in Eq. (C8) can be transformed into a new basis U that couples the conduction and valence block states for each given band index  $\eta = 1, 2$ . Such unitary transformation has the form

$$U = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1 & 0 & 0\\ -1 & 1 & 0 & 0\\ 0 & 0 & 1 & 1\\ 0 & 0 & -1 & 1 \end{pmatrix}.$$
 (C9)

TABLE V. Slater and Koster (SK) parameters obtained here from the DFT+W90 calculations without and with SOC.

SK integral	Without SOC (eV)	With SOC (eV)		
V <sub>ppg</sub>	3.85	3.81		
$V_{pp\pi}$	-0.99	-0.95		
V <sub>AB</sub>	-1.02	-0.98		
$V_{\rm AA}$	-0.39	-0.38		
$V_{sp\sigma}$	2.16	2.15		
$V_{ss\sigma}$	-1.99	-1.99		
$\mathcal{E}_{s}$	-12.03	-11.87		
$\mathcal{E}_p$	-3.42	-3.33		
$\xi_p$		0.047		
$\Delta_z$		0.23		

Hence, the Hamiltonian transformed to new the basis  $\{|\phi_{v2}\rangle, |\phi_{c2}\rangle, |\phi_{v1}\rangle, |\phi_{c1}\rangle\}$  reads,

$$\mathscr{H}' = U^{\dagger} \widetilde{H}_{\phi, \mathrm{T}} U = \begin{pmatrix} \mathscr{H}_2 & 0\\ 0 & \mathscr{H}_1 \end{pmatrix}, \qquad (C10)$$

where,

$$\mathscr{H}_{\eta}(\boldsymbol{k}) = (-1)^{\eta} \begin{pmatrix} \operatorname{Re}[\mathscr{V}_{\eta}(\boldsymbol{k})] & i\operatorname{Im}[\mathscr{V}_{\eta}(\boldsymbol{k})] \\ -i\operatorname{Im}[\mathscr{V}_{\eta}(\boldsymbol{k})] & -\operatorname{Re}[\mathscr{V}_{\eta}(\boldsymbol{k})] \end{pmatrix}. \quad (C11)$$

and the explicit form for such basis is given by,

$$\begin{split} |\phi_{v1}\rangle &= \frac{1}{2}(|\phi^{A'}\rangle + |\phi^{B}\rangle - |\phi^{A}\rangle - |\phi^{B'}\rangle), \\ |\phi_{c1}\rangle &= \frac{1}{2}(|\phi^{A'}\rangle + |\phi^{B}\rangle + |\phi^{A}\rangle + |\phi^{B'}\rangle), \end{split}$$

$$\begin{aligned} |\phi_{v2}\rangle &= \frac{1}{2}(|\phi^{B}\rangle - |\phi^{A'}\rangle - |\phi^{B'}\rangle + |\phi^{A}\rangle), \\ |\phi_{c2}\rangle &= \frac{1}{2}(|\phi^{B}\rangle - |\phi^{A'}\rangle + |\phi^{B'}\rangle - |\phi^{A}\rangle). \end{aligned}$$
(C12)

### APPENDIX D: EFFECTIVE HAMILTONIAN WITH SPIN-ORBIT INTERACTION

In this Appendix we outline the derivation of the effective Hamiltonian model including the spin-orbit coupling effects. With this aim we first expand the original basis  $|\phi\rangle$  introduced in Eq. (2), to include spin and the hybridization of the in-plane  $p_{x^-}$  and  $p_y$ -like orbitals, as well as the *s*-like orbitals; here denoted compactly by  $|\Psi\rangle = \{|\phi\rangle, |\chi\rangle\} \otimes \{\uparrow, \downarrow\}$ , with

$$|\chi\rangle = \{|\Theta^{A}\rangle, |\Theta^{A'}\rangle, |\Theta^{B}\rangle, |\Theta^{B'}\rangle, |s^{A}\rangle, |s^{A'}\rangle, |s^{B}\rangle, |s^{B'}\rangle\},\$$

in which the  $|\Theta^{A/A'}\rangle$  and  $|\Theta^{B/B'}\rangle$  are linear combinations of  $p_x$ - and  $p_y$ -like orbitals as established in Eq. (16). Therefore, the full (24 × 24) Hamiltonian in the basis  $|\Psi\rangle$  has the form

$$\mathscr{H}_{T} = \begin{pmatrix} \mathscr{H}_{\phi} & \mathscr{U} \\ \mathscr{U}^{\dagger} & \mathscr{H}_{\Theta,s} \end{pmatrix}, \tag{D1}$$

where  $\mathscr{H}_{\phi} = H_{\phi} \otimes \{\uparrow, \downarrow\}$  is a  $(8 \times 8)$  matrix, with  $H_{\phi}$ provided in Eq. (3).  $\mathscr{H}_{\Theta,s} = H_{\Theta,s} \otimes \{\uparrow, \downarrow\}$  is a  $(16 \times 16)$ Hermitian matrix, where  $H_{\Theta,s}$  contains the onsite and hopping integrals between the  $|\Theta\rangle$  and  $|s\rangle$  orbital states, and finally, the  $(8 \times 16)$  complex matrix  $\mathscr{U}$  and the  $(16 \times 16) \mathscr{U}^{\dagger}$  contain the hopping integrals between  $|\phi\rangle \otimes \{\uparrow, \downarrow\}$  and  $|\chi\rangle \otimes$  $\{\uparrow, \downarrow\}$  states. Explicitly, the Hamiltonian  $H_{\Theta,s}$  in the basis  $\{|\Theta^A\rangle, |\Theta^{A'}\rangle, |\Theta^B\rangle, |\Theta^{B'}\rangle, |s^A\rangle, |s^{A'}\rangle, |s^B\rangle, |s^{B'}\rangle\}$  is found to be,

	( 0	$V_{ m AA}$	$-V_{pp\sigma}$	0	0	$-n_y m_y V_{sp\sigma}$	$-V_{sp\sigma}$	0)	
$H_{\Theta,s} =$	$V_{\rm AA}$	0	0	$-V_{pp\sigma}$	$-n_y m_y V_{sp\sigma}$	0	0	$-V_{sp\sigma}$	
	$-V_{pp\sigma}$	0	0	$V_{ m AA}$	$-V_{sp\sigma}$	0	0	$-n_y m_y V_{sp\sigma}$	
	0	$-V_{pp\sigma}$	$V_{ m AA}$	0	0	$-V_{sp\sigma}$	$-n_y m_y V_{sp\sigma}$	0	
	0	$-n_y m_y V_{sp\sigma}$	$-V_{sp\sigma}$	0	$\varepsilon_{sp}$	$V_{ss\sigma}$	$V_{ss\sigma}$	0	,
	$-n_y m_y V_{sp\sigma}$	0	0	$-V_{sp\sigma}$	$V_{ss\sigma}$	$\varepsilon_{sp}$	0	$V_{ss\sigma}$	
	$-V_{sp\sigma}$	0	0	$-n_y m_y V_{sp\sigma}$	$V_{ss\sigma}$	0	$\varepsilon_{sp}$	$V_{ss\sigma}$	
	0	$-V_{sp\sigma}$	$-n_y m_y V_{sp\sigma}$	0	0	$V_{ss\sigma}$	$V_{ss\sigma}$	$\varepsilon_{sp}$ )	
								(	D2)

where the atomic on-site energy difference between the *s* and *p* states is  $\varepsilon_{sp} = \varepsilon_s - \varepsilon_p$ , and we have found that the matrix elements  $\langle \Theta^{A/A'} | \hat{H}_0 | \Theta^{B/B'} \rangle = -V_{pp\sigma}$  and that  $V_{AA'} = V_{BB'}$  with

$$V_{AA'} = \langle \Theta^{A/B} | \hat{H}_0 | \Theta^{A'/B'} \rangle = n_{lx}^2 V_{pp\pi} - n_y^2 \left( m_y^2 V_{pp\sigma} + \left( 1 - m_y^2 \right) V_{pp\pi} \right),$$
(D3)

the remaining SK parameters,  $V_{ss\sigma}$  and  $V_{sp\sigma}$  are defined in Table V. The coupling matrix,  $\mathscr{U}$ , between the  $|\phi\rangle \otimes \{\uparrow,\downarrow\}$ and  $|\chi\rangle \otimes \{\uparrow,\downarrow\}$  are provided in Table VI below,where  $V_{pp\sigma}^* = n_y m_y V_{pp\sigma}$ , and  $V_{sp\sigma}^* = n_y m_y V_{sp\sigma}$ , and we have defined  $u_1^{\pm} = -n_{lx}m_y s_z + (n_{lx}s_y \pm n_y s_x)m_z$  and  $u_2^{\pm} = -n_{lx}m_y s_z - (n_{lx}s_y \mp n_y s_x)m_z$ , being  $\{s_x, s_y, s_z\}$  the spin Pauli matrices, and  $s_0$  is the 2 × 2 identity matrix. Starting from Eq. (D1) an effective Hamiltonian in real space can be obtained by using the band-folding method considering the  $|\chi\rangle \otimes \{\uparrow,\downarrow\}$  states in perturbation theory,

$$\mathcal{H}_{\text{eff}} \approx \mathcal{H}_{\phi} - \mathcal{U} \mathcal{H}_{\Theta,s}^{-1} \mathcal{U}^{\dagger} = \begin{pmatrix} 0 & V_{pp\sigma} s_{\text{o}} + i\Lambda_{R+} s_{x} & V_{\text{AB}} s_{\text{o}} - i\Lambda_{R} s_{-} & -i\Lambda_{I} s_{z} \\ V_{pp\sigma} s_{\text{o}} - i\Lambda_{R+} s_{x} & 0 & i\Lambda_{I} s_{z} & V_{AB} s_{\text{o}} + i\Lambda_{R} s_{+} \\ V_{\text{AB}} s_{\text{o}} + i\Lambda_{R} s_{-} & -i\Lambda_{I} s_{z} & 0 & V_{pp\sigma} s_{\text{o}} - i\Lambda_{R-} s_{x} \\ i\Lambda_{I} s_{z} & V_{\text{AB}} s_{\text{o}} - i\Lambda_{R} s_{+} & V_{pp\sigma} s_{\text{o}} + i\Lambda_{R-} s_{x} & 0 \end{pmatrix},$$
(D4)

	$ \Theta^{\mathrm{A}},\uparrow\downarrow angle$	$ \Theta^{\mathrm{A}'},\uparrow\downarrow angle$	$ \Theta^{ m B},\uparrow\downarrow angle$	$ \Theta^{\mathrm{B}'},\uparrow\downarrow angle$	$ s^{\mathrm{A}},\uparrow\downarrow angle$	$ s^{\mathrm{A}'},\uparrow\downarrow angle$	$ s^{\mathrm{B}},\uparrow\downarrow angle$	$ s^{\mathrm{B}'},\uparrow\downarrow angle$
$\overline{\langle \phi^{\mathrm{A}}, \uparrow \downarrow  }$	$iu_1^-\xi_p$	$V_{pp\sigma}^* s_0$	$V_{pp\sigma}^* s_{o}$	0	$\Delta_z s_o$	$V_{sp\sigma}s_{o}$	$V^*_{sp\sigma}s_{ m o}$	0
$\langle \phi^{\mathrm{A}'}, \uparrow \downarrow  $	$-V_{pp\sigma}^*s_{o}$	$iu_1^+\xi_p$	0	$-V_{pp\sigma}^*s_{o}$	$-V_{sp\sigma}s_{o}$	$\Delta_z s_o$	0	$-V_{sp\sigma}^*s_0$
$\langle \phi^{ m B}, \uparrow \downarrow  $	$V^*_{pp\sigma}s_{ m o}$	0	$iu_2^+\xi_p$	$V^*_{pp\sigma}s_{ m o}$	$V^*_{sp\sigma}s_{ m o}$	0	$\Delta_z s_o$	$V_{sp\sigma}s_{o}$
$\langle \phi^{\mathrm{B}'}, \uparrow \downarrow  $	0	$-V_{pp\sigma}^*s_0$	$-V_{pp\sigma}^*s_{\mathrm{o}}$	$iu_2^-\xi_p$	0	$-V_{sp\sigma}^*s_0$	$-V_{sp\sigma}s_{o}$	$\Delta_z s_0$

TABLE VI. Elements of the coupling matrix  $\mathscr{U}$ . The short notation  $|\Theta^A, \uparrow\downarrow\rangle$  represent the set  $\{|\Theta^A\uparrow\rangle, |\Theta^A\downarrow\rangle\}$ , and similarly for the other states.

with  $s_{\pm} = n_{lx}s_y \pm n_ys_x$ , and,

$$\Lambda_{I} = \frac{2n_{lx}m_{y}n_{y}^{2}V_{pp\sigma}\xi_{p}}{V_{AA} - V_{pp\sigma}}, \quad \Lambda_{R\pm} = \frac{2m_{z}n_{y}V_{sp\sigma}V_{ss\sigma}\Delta_{st}\xi_{p}(1\pm n_{y}m_{y})}{(V_{AA} - V_{pp\sigma})\varepsilon_{sp}^{2}} \left(1 + \frac{4V_{ss\sigma}^{2}}{\varepsilon_{sp}^{2}}\right), \quad \Lambda_{R} = \frac{2m_{z}V_{sp\sigma}V_{ss\sigma}\Delta_{st}\xi_{p}(1+n_{y}m_{y})}{(V_{AA} - V_{pp\sigma})\varepsilon_{sp}^{2}}.$$
 (D5)

Note that the coupling parameter  $\Lambda_I$  arises due the intrinsic SOC through  $\xi_p$ , whereas the coefficients  $\Lambda_R$  and  $\Lambda_{R_{\pm}}$  depend on both,  $\xi_p$  and  $\Delta_z$ , the latter being proportional to the electric field, which suggests its Rashba-type nature.

### APPENDIX E: EFFECTIVE HAMILTONIAN WITH SPIN-ORBIT INTERACTION IN RECIPROCAL SPACE

Once the Fourier transform in k space is perfored to the expression in Eq. (D4), the following effective Hamiltonian is obtained,

$$\mathscr{H}(\boldsymbol{k}) = \begin{pmatrix} 0 & (V_{pp\sigma}s_{o} + i\lambda_{R}+s_{x})g(\boldsymbol{k}) & V_{AB}s_{o}f(\boldsymbol{k}) - i\lambda_{R}S_{xy}(\boldsymbol{k}) & \lambda_{I}s_{z}h^{*}(\boldsymbol{k}) \\ (V_{pp\sigma}s_{o} - i\lambda_{R}+s_{x})g^{*}(\boldsymbol{k}) & 0 & -\lambda_{I}s_{z}h(\boldsymbol{k}) & V_{AB}s_{o}f^{*}(\boldsymbol{k}) - i\lambda_{R}S_{xy}(\boldsymbol{k}) \\ V_{AB}s_{o}f^{*}(\boldsymbol{k}) + i\lambda_{R}S^{*}_{xy}(\boldsymbol{k}) & -\lambda_{I}S_{z}h^{*}(\boldsymbol{k}) & 0 & (V_{pp\sigma}s_{o} + i\lambda_{R}-s_{x})g^{*}(\boldsymbol{k}) \\ \lambda_{I}s_{z}h(\boldsymbol{k}) & V_{AB}s_{o}f(\boldsymbol{k}) + i\lambda_{R}S^{*}_{xy}(\boldsymbol{k}) & (V_{pp\sigma}s_{o} - i\lambda_{R}-s_{x})g(\boldsymbol{k}) & 0 \end{pmatrix}, \quad (E1)$$

which is written in the basis  $\{|\phi^{A}, \uparrow\downarrow\rangle, |\phi^{A'}, \uparrow\downarrow\rangle, |\phi^{B}, \uparrow\downarrow\rangle, |\phi^{B'}, \uparrow\downarrow\rangle\}$ , with  $S_{xy}(\mathbf{k}) = s_x \cos\theta f(\mathbf{k}) - is_y \sin\theta f'(\mathbf{k})$ , and

$$\lambda_{I} = \frac{2V_{pp\sigma}\xi_{p}\cos\theta\sin\theta\sin^{2}\varphi}{V_{AA} - V_{pp\sigma}}, \quad \lambda_{R\pm} = \frac{2V_{ss\sigma}V_{sp\sigma}\Delta_{st}\xi_{p}\cos\theta\cos\varphi(1\pm\cos\theta\sin\varphi)}{(V_{AA} - V_{pp\sigma})\varepsilon_{sp}^{2}} \left(1 + \frac{4V_{ss\sigma}^{2}}{\varepsilon_{sp}^{2}}\right),$$

$$\lambda_{R} = \frac{2V_{sp\sigma}V_{ss\sigma}\Delta_{st}\xi_{p}\cos\varphi(1+\cos\theta\sin\varphi)}{(V_{AA} - V_{pp\sigma})\varepsilon_{sp}^{2}},$$
(E2)

where  $f(\mathbf{k})$  and  $g(\mathbf{k})$  were defined in Eq. (6), and we have introduced the new spectral functions,

$$f'(\mathbf{k}) = 2e^{ik_y y} \sin\left(\frac{bk_x}{2}\right), \quad h(\mathbf{k}) = 2\sin\left(\frac{bk_x}{2}\right)e^{ik_y a/2}.$$
(E3)

Observe that at  $\Gamma$ -symmetry point the spectral function  $h(\mathbf{k})$  vanishes, hence all the off-diagonal matrix elements of (E1) are identically zero. This leaves a Hamiltonian with a dominant Rashba-SOC and absent intrinsic SOC effects.

### 1. Low-energy effective Hamiltonian with SOC at the $\Gamma$ point

We start by writing the Hamiltonian of Eq. (C10) expanded into the spin basis  $\{|\phi_{v2}\uparrow\rangle, |\phi_{c2}\uparrow\rangle, |\phi_{v2}\downarrow\rangle, |\phi_{c2}\downarrow\rangle, |\phi_{v1}\uparrow\rangle, |\phi_{v1}\uparrow\rangle, |\phi_{v1}\downarrow\rangle, |\phi_{c1}\downarrow\rangle\}$ 

$$\mathscr{H}_{0} = \begin{pmatrix} H_{2} & 0_{4\times 4} \\ 0_{4\times 4} & H_{1} \end{pmatrix}, \quad H_{\mu} = \begin{pmatrix} \mathscr{H}_{\mu} & J \\ J^{*} & \mathscr{H}_{\mu} \end{pmatrix}, \quad \mu = 1, 2$$
(E4)

$$J = \begin{pmatrix} \mathscr{I}_1(\mathbf{k}) & \mathscr{I}_2(\mathbf{k}) \\ \mathscr{I}_2^*(\mathbf{k}) & -\mathscr{I}_1(\mathbf{k}) \end{pmatrix},$$
(E5)

having defined

$$\mathscr{I}_{1}(\boldsymbol{k}) = -\frac{1}{2}(\lambda_{R+} - \lambda_{R-})\sin(hk_{y}) - 2i\sin\theta\lambda_{R}\sin\left(\frac{bk_{x}}{2}\right)\cos(yk_{y}),\tag{E6}$$

$$\mathscr{I}_{2}(\boldsymbol{k}) = -\frac{1}{2}i(\lambda_{R+} - \lambda_{R-})\cos(hk_{y}) + 2\sin\theta\lambda_{R}\sin\left(\frac{bk_{x}}{2}\right)\sin(yk_{y}),\tag{E7}$$

which, at linear order in  $k_x$  and  $k_y$ , simplifies to

$$\mathscr{I}_{1}(\boldsymbol{k}) \approx -i(\lambda_{R}\sin\theta)bk_{x} - \frac{\lambda_{R+} - \lambda_{R-}}{2}hk_{y} \quad \mathscr{I}_{2}(\boldsymbol{k}) \approx -i\frac{\lambda_{R+} - \lambda_{R-}}{2}.$$
(E8)

Hence for the lowest-energy bands ( $\eta = 1$ ) the corresponding effective  $\mathbf{k} \cdot \mathbf{p}$ -type Hamiltonian [ $H_1(\mathbf{k}) \rightarrow H(\mathbf{k})$ ] that includes the Rashba SOC around the  $\Gamma$  point reduces to

$$H(\mathbf{k}) \simeq \begin{pmatrix} (\alpha k_x^2 + \beta k_y^2 - \Delta) s_o + \lambda_{Rx} k_x s_y - \lambda_{Ry} k_y s_x & i v_y k_y s_o - i \Delta_{R_o} s_x \\ -i v_y k_y s_o + i \Delta_{R_o} s_x & (-\alpha k_x^2 - \beta k_y^2 + \Delta) s_o - \lambda_{Rx} k_x s_y + \lambda_{Ry} k_y s_x \end{pmatrix},$$
(E9)

where we have defined the constants,

$$\lambda_{Rx} = \lambda_R b \sin \theta \simeq 4b_1 \zeta_0 (\sin \theta)^2, \quad \lambda_{Ry} = \frac{h(\lambda_{R+} - \lambda_{R-})}{2} \simeq 2b_2 \zeta_0 (\cos \theta \sin \varphi)^2,$$
  
$$\Delta_{R_o} = \frac{\lambda_{R+} - \lambda_{R-}}{2} = \frac{\lambda_{Ry}}{b_2 \sin \varphi}.$$
 (E10)

with

$$\zeta_0 = \frac{\Delta_z \xi_p V_{ss\sigma} V_{sp\sigma} \cos\varphi}{(V_{AA} - V_{pp\sigma})(\varepsilon_s - \varepsilon_p)^2}.$$
(E11)

Expression (E9) corresponds to the Hamiltonian provided compactly in Eq. (19). The eigenenergies of (E9) yields,

$$\mathscr{E}^{\mu}_{\sigma}(\mathbf{k}) = \mu \sqrt{v^2 k_y^2 + \Omega_k^2 + \kappa^2 + \Delta_{R_0}^2 + 2\sigma} \sqrt{\lambda_{R_x}^2 k_x^2 (\Omega_k^2 + \Delta_{R_0}^2) + \lambda_{R_y}^2 k_y^2 \left(\Omega_k + \frac{v\Delta_{R_0}}{\lambda_{R_y}}\right)^2},$$
(E12)
with  $\Omega_{\mu} = \alpha k^2 + \theta k^2$   $\Delta_{R_0} = \alpha k^2 + \theta k^2$  (E12)

with 
$$\Omega_k = \alpha k_x^2 + \beta k_y^2 - \Delta$$
, and  $\kappa^2 = \lambda_{R_x}^2 k_x^2 + \lambda_{R_y}^2 k_y^2$ , (E13)

where  $\mu = \pm$  labels the conduction/valence band and  $\sigma = \pm$  its spin state. In the limit  $\Delta_{R_o} \rightarrow 0$ , the band structure (E12) reduces to Eq. (23).

### 2. Low-energy effective Hamiltonian with SOC at the S point

At the vicinity of the S point we have  $\mathbf{k} = \mathbf{k}_s + \mathbf{q}$ , being  $\mathbf{q} = (\pi/b, \pi/a)$ . At this point, is the intrinsic SOC that dominates over the Rashba-SOC. Hence we can safely preserve only the intrinsic type of SOC matrix elements in (E1). That is, those matrix elements which are proportional to  $\lambda_I$ . Bearing this in mind, afterwards we can conveniently write the resulting Hamiltonian in proper basis that renders the Hamiltonian block diagonal in such basis, leading to the Hamiltonian,

$$\mathscr{H}(\mathbf{k}) = \mathscr{H}'(\mathbf{k})s_o + \mathscr{H}_I(\mathbf{k}), \tag{E14}$$

written in the basis  $\{(|\phi_{v2}\rangle, |\phi_{c1}\rangle, |\phi_{c1}\rangle\} \otimes |\uparrow, \downarrow\rangle$ , where  $\mathcal{H}'(\mathbf{k})$  is given in (C10), and the intrinsic spin-orbit term reads

$$\mathscr{H}_{I}(\boldsymbol{k}) = \begin{pmatrix} H_{vc}^{\uparrow} & 0\\ 0 & H_{vc}^{\downarrow} \end{pmatrix}, \tag{E15}$$

with

$$H_{vc}^{\uparrow} = \begin{pmatrix} 0 & -\lambda_{I} \operatorname{Re}[h(\boldsymbol{k})] & -i\lambda_{I} \operatorname{Im}[h(\boldsymbol{k})] & 0 \\ \lambda_{I} \operatorname{Re}[h(\boldsymbol{k})] & 0 & 0 & -i\lambda_{I} \operatorname{Im}[h(\boldsymbol{k})] \\ i\lambda_{I} \operatorname{Im}[h(\boldsymbol{k})] & 0 & 0 & \lambda_{I} \operatorname{Re}[h(\boldsymbol{k})] \\ 0 & i\lambda_{I} \operatorname{Im}[h(\boldsymbol{k})] & \lambda_{I} \operatorname{Re}[h(\boldsymbol{k})] & 0 \end{pmatrix}, \text{ and } H_{vc}^{\downarrow} = -H_{vc}^{\uparrow}.$$
(E16)

Next, by evaluating (E14) in  $\mathbf{k} = \mathbf{k}_s + \mathbf{q}$ , and expanding the Hamiltonian around  $\mathbf{k}_s$  while considering only the dominant terms in  $\mathcal{H}_l(\mathbf{k})$ , the eigenvalues of (E14) leads to the band structure at the S-symmetry point reported in (32), in which we have replaced there  $\mathbf{k}_s \rightarrow \mathbf{k}$  to simplify the notation.

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