Josephson diode effects in twisted nodal superconductors

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Recent Josephson tunneling experiments on twisted flakes of high- T_c cuprate superconductor Bi₂Sr₂CaCu₂O_{8+x} revealed a nonreciprocal behavior of the critical interlayer Josephson current, i.e., a Josephson diode effect. Motivated by these findings we study theoretically the emergence of the Josephson diode effect in twisted interfaces between nodal superconductors, and highlight a strong dependence on the twist angle θ and damping of the junction. In all cases, the theory predicts diode efficiency that vanishes exactly at $\theta = 45^{\circ}$ and has a strong peak at a twist angle close to $\theta = 45^{\circ}$, consistent with experimental observations. Near 45°, the junction breaks time-reversal symmetry \mathcal{T} spontaneously. We find that for underdamped junctions showing hysteretic behavior, this results in a *dynamical* Josephson diode effect in a part of the \mathcal{T} -broken phase. The direction of the diode is trainable in this case by sweeping the external current bias. This effect provides a sensitive probe of spontaneous \mathcal{T} breaking. We then show that explicit \mathcal{T} -breaking perturbations with the symmetry of a magnetic field perpendicular to the junction plane lead to a *thermodynamic* diode effect that survives even in the overdamped limit. We discuss an experimental protocol to probe the double-well structure in the Josephson free energy that underlies the tendency towards spontaneous \mathcal{T} breaking even if \mathcal{T} is broken explicitly. Finally, we show that in-plane magnetic fields can control the diode effect in the short junction limit, and predict the signatures of explicit \mathcal{T} breaking in Shapiro steps.

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I. INTRODUCTION

Twisted nodal superconductors have emerged as a promising platform to engineer exotic forms of superconductivity [1–8], capable of hosting topological phases with potentially large energy scales inherited from constituent high- T_c materials such as monolayer cuprate Bi₂Sr₂CaCu₂O_{8+x} (BSCCO) [9]. In particular, time-reversal symmetry breaking (TRSB), a prerequisite for chiral topological superconductivity, has been predicted to occur spontaneously [2,10] for twist angles θ close to 45°. The mechanism driving this unconventional transition is the second harmonic of the interlayer Josephson current-phase relation (CPR), that favors a nontrivial (i.e., different from 0 or π) phase difference across the junction in equilibrium [2,10,11].

Recent Josephson experiments [12] at the twisted interface between thin flakes of BSCCO have provided evidence for this second harmonic. In particular, anomalous Fraunhofer patterns in the presence of in-plane magnetic fields and fractional Shapiro steps under microwave driving are consistent with the second harmonic being dominant near $\theta = 45^{\circ}$. However, neither of these observations are directly sensitive to TRSB at the interface. Moreover, it is possible theoretically to have dominant second harmonic in CPR that does not lead to spontaneous TRSB [2,10,11]. Additional complication arises due to the two-dimensional nature of the interface where TRSB occurs, precluding bulk probes, such as muon spin resonance or nuclear spin resonance. Therefore, more direct probes of TRSB are required.

Some observables proposed to detect TRSB at the interfaces include polar Kerr effect measurements [13] and spontaneous currents around impurities or edges [14,15], that may be detected using SQUID magnetometry [16] or oscillations in magnetic field [17]. Here we argue that a particularly sensitive probe of TRSB in superconductors is the Josephson diode effect (JDE), whereby the critical current in a Josephson junction becomes dependent on the current polarity. Conceptually, this follows from the simple observation that current is odd under both time reversal \mathcal{T} and inversion \mathcal{P} and hence the diode effect can be present only when both symmetries are broken [18].

Nonreciprocal transport properties of superconductors have been explored recently in a variety of setups where \mathcal{P}



FIG. 1. (a) Two flakes of a *d*-wave superconductor form a twisted *c*-axis Josephson junction. In the absence of time reversal \mathcal{T} and inversion \mathcal{P} , the critical Josephson currents for the two current directions are allowed to be unequal. (b) Schematic phase diagram implied by the GL theory. Dynamical Josephson diode effect (d-JDE) is found to occur inside the spontaneously \mathcal{T} -broken phase.

and \mathcal{T} are broken. In noncentrosymmetric superconductors, supercurrent diode effects can be induced by applying an external magnetic field or by proximitizing with a magnetic material. This was observed recently in an experiment on a Nb/V/Ta superlattice without an inversion center [19], in magnetic Josephson junctions built from twisted bilayer graphene [20,21] or *d*-wave superconductors on top of topological insulators [22], in InAs quantum wells [23], in NbSe₂ nanowires [24] or films [25], and in the Dirac semimetal NiTe₂ [26]. Recent theoretical works on the JDE in inversion-broken superconductors under an external magnetic field, including Rashba superconductors, were also reported [27–31].

SC diode effects can also occur through spontaneous \mathcal{T} breaking, which gives rise to a hysteresis loop in the diode response as a function of applied magnetic field, as reported in experiments on alternating-twist trilayer graphene [32,33]. Another recent experiment on transition metal dichalcogenide (TMD)-based junctions reports JDE without a clear source of TRSB, which is difficult to reconcile with the basic symmetry requirements mentioned above [34] and could be related to theory ideas developed in [35]. Other relevant theory work on JDE includes Refs. [36–38].

In this work, we investigate the JDE in twisted c-axis cuprate junctions, schematically depicted in Fig. 1(a), with

the aim of providing a theoretical background for recent experimental results [12,39,40]. In particular, Ref. [39] has reported a diode effect induced and controlled by magnetic field, whereas Ref. [40] reported a diode effect in the absence of magnetic field. Reference [12], in addition to the above effects, observed a zero-field diode effect that can be trained by a directed current sweeping.

We base our analysis on the mean-field theory of twisted *d*-wave superconductors following Refs. [2,10,11]. This approach famously predicts a strong suppression of the Josephson critical current for junctions with a twist angle θ close to 45°. Importantly, for these values of the twist angle the remnant value of the critical current is predicted to be due to a second-harmonic Josephson effect generated by Cooper pair cotunneling. Both of these features were clearly observed in recent experiment [12]. Data presented in Refs. [40,41] on nominally similar samples showed only moderate suppression and were interpreted as evidence for an *s*-wave pairing component. However, experiments that could distinguish the second Josephson harmonic close to $\theta = 45^{\circ}$ have not been performed in those works, leaving open a possibility that the same physics is being realized.

Our analysis identifies two different pathways that can engender nonreciprocal currents in twisted *d*-wave junctions: (i) *dynamical* JDE brought about by the spontaneous TRSB and (ii) *thermodynamic* JDE relying on explicit TRSB unrelated to the Josephson physics. In the former the polarity of the diode depends on its history, is trainable with current biasing, and allows for detection of spontaneous TRSB in Josephson experiments. The latter implies a "memory effect," whereby the junction exhibits the same polarity of JDE after it has been cycled above the superconducting critical temperature T_c or driven into the resistive state by exceeding its critical current.

Dynamical JDE arises as a result of the characteristic double-minimum structure of the free energy in the \mathcal{T} -broken phase, predicted to occur in bilayer *d*-wave junctions in the vicinity of $\theta = 45^{\circ}$. Importantly, because of kinematic and symmetry constraints the effect vanishes at 45° twist and extends over a subregion of the \mathcal{T} -broken phase as illustrated in the phase diagram, Fig. 1(b). In the presence of explicit TRSB, on the other hand, the thermodynamic JDE occurs at all twist angles except $\theta = 0^{\circ}, 45^{\circ}$ and at all temperatures below T_c . Its strength, as measured by the figure of merit η defined below, is found to peak in the vicinity of $\theta = 45^{\circ}$.

The rest of this paper is organized as follows. In Sec. II we introduce the Ginzburg-Landau (GL) theory formalism appropriate for twisted nodal superconductors and discuss the relevant symmetries of the free energy in the context of the JDE. In Sec. III we investigate the dynamical JDE and explain how it can be used as a sensitive probe of spontaneous \mathcal{T} breaking. In Sec. IV we consider the explicit breaking of \mathcal{T} and its consequences for both thermodynamic and dynamical diode effects. Detailed experimental protocols that allow to distinguish the two categories of JDEs are contrasted in Sec. V. Finally, we discuss the consequences of explicit \mathcal{T} breaking for Fraunhofer patterns and Shapiro steps measurements in twisted junctions in Sec. VI and present concluding remarks in Sec. VII.

II. SETUP AND SYMMETRIES

We start from the Ginzburg-Landau description of twisted superconductors and derive the form of the Josephson energy of the twisted interface. While this approach is strictly valid only close to T_c , the resulting description of the Josephson energy can be shown to hold also at low temperatures for weak tunneling [10,11]. We can write the Ginzburg-Landau free energy for twisted bilayer *d*-wave superconductors (omitting gradient terms) as

$$\mathcal{F}[\psi_1, \psi_2] = \mathcal{F}_0[\psi_1] + \mathcal{F}_0[\psi_2] + A|\psi_1|^2|\psi_2|^2 + B(\psi_1^*\psi_2 + \text{H.c.}) + C(\psi_1^{*2}\psi_2^2 + \text{H.c.}), \quad (1)$$

where ψ_a (a = 1, 2) is the SC order parameter of layer aand $\mathcal{F}_0[\psi_a] = \alpha |\psi_a|^2 + \beta |\psi_a|^4$, with $\alpha \sim (T - T_c)$ and $\beta > 0$, denotes the free energy of each individual layer. The Bterm describes single Cooper pair tunneling between the layers, while *C* describes Cooper pair co-tunneling. At 45°, the former process is forbidden due to a vanishing overlap of the *d*-wave order parameters. Denoting the twist angle as θ , we follow Ref. [2] and assume $B = -B_0 \cos 2\theta$ with $B_0 > 0$ while we take *C* as constant independent of the twist.

When C > 0 the free energy (1) admits a \mathcal{T} -broken, chiral SC phase near the 45° twist. To see this we assume identical layers and take $\psi_1 = \psi$ and $\psi_2 = \psi e^{i\phi}$ with real ψ . Equation (1) then becomes

$$\mathcal{F}(\phi) = \mathcal{E}_0 - \frac{\hbar}{2e} \left[J_{c1} \cos 2\theta \, \cos \phi - \frac{J_{c2}}{2} \cos 2\phi \right], \quad (2)$$

with $J_{c1} = (4e/\hbar)B_0\psi^2$, $J_{c2} = (8e/\hbar)C\psi^4$. Here \mathcal{E}_0 collects terms independent of the phase ϕ . For sufficiently small $|\cos 2\theta|$, that is, in the vicinity of $\theta = 45^\circ$, the last term in Eq. (2) begins to dominate and produces a free energy with two nonequivalent minima at $\phi = \pm \phi_0$, resulting in a spontaneously \mathcal{T} -broken superconducting state. The twist-angle range for such chiral \mathcal{T} -broken SC in this model is $45^\circ \pm \theta_c$ with

$$\theta_c = \frac{1}{2} \arccos\left(\frac{2J_{c2}}{J_{c1}}\right). \tag{3}$$

Note that C > 0 is not required by symmetry. Although microscopic calculations often show this to be the case [10,11], including additional effects, such as momentum nonconserving tunneling, can lead to C < 0 [10]. On the other hand, twist-angle disorder near 45° can favor the \mathcal{T} -broken state, resulting in the same effective description, Eq. (2) at a coarse-grained level [42].

Additionally, we allow for the possibility of *explicit* \mathcal{T} breaking in the SC state (i.e., we assume that the normal state from which SC emerges may also break \mathcal{T}). Such a possibility is motivated by experimental observations of a memory effect in a few samples, whereby the diode polarity remains robust to thermal and current cycling [12]. In such a situation, the Ginzburg-Landau free energy will also include a term of the form

$$\mathcal{F}_m = \frac{im}{2}(\psi_1\psi_2^* - \psi_1^*\psi_2) = m\psi^2\sin\phi.$$
(4)

Due to the *d*-wave nature of the order parameters ψ_1 and ψ_2 , the factor *m* in Eq. (4) transforms as the irreducible

representation A_2 of either of the point groups D_4 (valid for generic nonzero twist angle) and D_{4d} (valid for 45° twist). Additionally, *m* is odd under time reversal,

$$\mathcal{T}: m \to -m. \tag{5}$$

Therefore, *m* transforms as an out-of-plane magnetization. As this term couples directly to the superconducting phase difference ϕ we name it "magnetochiral coupling." Note that, unlike an actual out-of-plane magnetic field, this term allows for homogeneous superconducting order parameters and does not imply generation of vortices. The symmetries broken by this term suggest the following potential microscopic origins. A magnetic field below H_{c1} would satisfy this requirement, as well as spontaneous orbital or spin magnetization that persists in the normal state, setting the sign of *m*. Another effect breaking the relevant symmetries is the presence of trapped Abrikosov vortices, leading to additional physical effects beyond a homogeneous *m* (see Ref. [39]). The interplay between the magnetochiral effect identified here and vortex physics would be an interesting topic for future work.

Precisely at 45°, the point group D_{4d} does not contain true inversion, but instead a mirror σ_d and an eightfold rotoinversion S_8 that sends $\psi_1 \rightarrow \psi_2$ and $\psi_2 \rightarrow -\psi_1$, under which *m* is even. However, at 0° or 90° twist angle *m* instead transforms as the irrep A_{2u} of the point group D_{4h} , which is odd both under inversion and a mirror symmetry that interchanges the two layers, $\psi_1 \leftrightarrow \psi_2$. Therefore, *m* cannot arise from an outof-plane magnetization at 0° or 90°. The simplest (i.e., the lowest harmonic) twist-angle dependence consistent with the above requirements is

$$m = m_0 \sin 2\theta, \tag{6}$$

and we will use this functional form in our considerations below unless otherwise noted. The Josephson current through the junction $I_J(\phi) = (2e/\hbar)\partial_{\phi}\mathcal{F}$ is obtained as

$$I_J(\phi) = J_{c1}(\theta) \sin \phi - J_{c2} \sin 2\phi + J_m(\theta) \cos \phi, \quad (7)$$

where we introduced a shorthand notation

$$J_{c1}(\theta) = J_{c1}\cos 2\theta, \ \ J_m(\theta) = J_m\sin 2\theta, \tag{8}$$

and $J_m = (2e/\hbar)\psi^2 m_0$. Interestingly, the same form of the current-phase relation can arise in ferromagnetic Josephson junctions [43–47]. In this work we will focus on physical aspects that are unique to twisted nodal superconductors, including the twist-angle dependence and how to use the diode response to distinguish between spontaneous and explicit TRSB.

Finally, we define the thermodynamic critical current

$$I_c^{\pm} = \max_{\phi} [\pm I_J(\phi)], \qquad (9)$$

which is in general different from the actual measured critical current that may depend on the phase dynamics in the junction, as explained below. We note that thermodynamic nonreciprocity, that is $I_c^+ \neq I_c^-$, is only possible when $J_m \neq 0$, in accord with the requirement that time reversal must be broken at the level of the free energy in order to observe the diode effect. On the other hand, we will show that "dynamical" nonreciprocity is possible even when $J_m = 0$, provided that the free energy has a double-well structure as described by Eq. (2) when θ is close enough to 45°.

III. DYNAMICAL DIODE EFFECT FROM SPONTANEOUS ${m {\cal T}}$ BREAKING

We first discuss the possibility of Josephson diode effect for $J_m = 0$. In the symmetry-broken state $[J_{c1}(\theta) < 2J_{c2}]$ in Eq. (2)] nonzero $\langle \phi \rangle$ breaks both time-reversal and reflection symmetries, which allows for the diode effect. However, the current (7) still satisfies $I_J(\phi) = -I_J(-\phi)$, which implies that its maximum and minimum have the same absolute value, i.e., it is the same in both directions.

Nevertheless, as we show below, the actual measured critical current is equal to $\pm \max_{\phi} |I_J(\phi)|$ only when capacitance of the junction can be ignored (i.e., the junction is overdamped), which typically occurs close to T_c . The situation changes when capacitive effects are considered. To study these effects, we use resistively and capacitively shunted junction (RCSJ) model for the Josephson junction dynamics [48,49] in which the phase evolution is governed by

$$\frac{\hbar C}{2e}\partial_{tt}\phi(t) + \frac{\hbar}{2eR}\partial_t\phi + J_{c1}(\theta)\sin\phi - J_{c2}\sin 2\phi = J_0, \quad (10)$$

with *R* the normal resistance of the junction, *C* its capacitance, and J_0 represents the bias current. Voltage across the junction is equal to $\frac{\hbar}{2e}\partial_t\phi$ per the Josephson relation. It is convenient to normalize all currents by J_{c2} and define timescale $t_0 = \frac{\hbar}{(2eRJ_{c2})}$ to obtain a dimensionless equation

$$\beta_c \partial_{\tau\tau} \phi + \partial_{\tau} \phi + \bar{J}_{c1} \cos(2\theta) \sin \phi - \sin 2\phi = \bar{J}_0, \quad (11)$$

where $\tau = t/t_0$ is the dimensionless time variable. We defined $\bar{J}_{c1} = J_{c1}/J_{c2}$, $\bar{J}_0 = J_0/J_{c2}$ and

$$\beta_c = 2eR^2 C J_{c2}/\hbar \tag{12}$$

denotes the Stewart-McCumber parameter.

Equation (11) can be interpreted as an equation of motion of a phase "particle" (also referred to as the RCSJ particle) with an inertial mass $\propto \beta_c$ in a tilted washboard potential

$$U(\phi) = -\frac{\hbar}{2e}J_0\phi + \mathcal{F}(\phi).$$
(13)

The parameter β_c controls the importance of friction: for $\beta_c \gg 1$ friction can be ignored, while for $\beta_c \ll 1$ inertia can be neglected and motion is purely viscous. In the latter case, if $U(\phi)$ has any local minima, the motion will terminate there. Therefore, when $\beta_c \ll 1$ the measured critical current is equal to the thermodynamic critical current.

From a practical perspective, β_c can be controlled by temperature. It is expected to vanish when $T \rightarrow T_c$, as the critical current J_{c2} goes to zero [see Eq. (12)]. As temperature is lowered, β_c increases due to two effects: the critical current J_{c2} becomes larger, while the resistance of the junction R may additionally increase due to the thermal depletion of quasiparticle population [48].

A. Weakly damped junction: $\beta_c \gg 1$

We now consider the case where capacitive effects are dominant, $\beta_c \gg 1$. We first ignore the effects of friction, and only take into account an infinitesimal damping to ensure a



FIG. 2. Schematic of the phase dynamics for $-J_0 < J_c$ and $\beta_c \gg$ 1. (a), (b) for $2J_{c2} > J_{c1} \cos(2\theta) > 0.79J_{c2}$ [see Eq. (16)]; (c), (d) for $0.79J_{c2} > J_{c1} \cos(2\theta)$. In (a) and (b) one observes that ϕ can relocate to the other local potential minimum at J', when the original minimum becomes unstable. However, energy conservation allows unbounded motion only in case (d).

static steady state when the RCSJ particle is trapped in one of the potential wells. Effects of finite damping will be discussed in the following subsection.

In the absence of friction, the motion can be analyzed from the energy viewpoint. As discussed above, for $J_{c1}(\theta) < 2J_{c2}$ the free energy at $J_0 = 0$ has two distinct minima. This is the interesting case for the onset of JDE. We assume without loss of generality that the minimum spontaneously chosen is $\phi = \phi_0 > 0$ as illustrated in Figs. 2(a) and 2(c). Turning on the bias current corresponds to tilting the potential landscape for the phase particle. Because the potential is not symmetric around the chosen minimum, the sign of J_0 will matter for the determination of the critical current. It therefore follows that I_c can be different for the two directions of the bias current, giving rise to the junction nonreciprocity.

Let us consider the onset of voltage across the junction upon increasing the bias current J_0 . In our analysis we assume that the current is turned on adiabatically, i.e., at each value of $J_0 + dJ_0$ we perform the stability analysis starting from the energy minimum at the previous step $\phi_0(J_0)$. Clearly, the phase value will track the local minimum of $U(\phi)$, until $J_0 = J_c$ where the minimum becomes unstable.

For $J_0 > 0$ the particle follows the initial minimum at ϕ_0 until $J_0 = J_c$, where it becomes unstable. J_c is given by

$$J_c = \frac{J_{c2}}{8}\sqrt{8 - 2x^2 + 2x\sqrt{x^2 + 8}}(\sqrt{x^2 + 8} + x)$$
(14)

with $x = J_{c1}(\theta)/(2J_{c2})$. For $J_0 > J_c$ the phase ϕ will exhibit unbounded motion resulting in a nonzero $\dot{\phi}$ and, therefore, voltage.

The situation is different for $J_0 < 0$. In this case, the minimum that is adiabatically connected to the original one can become unstable at a lower value of $|J_0| = J' < J_c$ (see Fig. 2).

The value of J' can be found as follows. Since the minimum becomes unstable at this current value, the second derivative of $U(\phi)$, Eq. (13), should be zero at the respective equilibrium position $U''(\phi') = 0$. Noting that $U''(\phi)$ is independent of J_0 we can find ϕ' that corresponds to the second



FIG. 3. (a) Characteristic currents for the dynamical diode effect from the RCSJ model (11) as a function of $J_{c1}(\theta)$ for the inital state of ϕ taken to be at the right potential energy minimum (see Fig. 2). $J_{c1}(\theta) = 0$ corresponds to $\theta = 45^{\circ}$. Dashed black line shows the J'_0 value, where the initial potential minimum (taken to be at $\phi = \phi_0 > 0$) becomes unstable [see Fig. 2(b)]. The black dotted and solid lines show the normalized critical current for positive and negative current bias [see Figs. 2(b) and 2(c)] in the $\beta_c \to \infty$ limit. Diode effect ($I_c^+ \neq I_c^-$) is present for J_{c1} less than a critical value (16). Colored lines represent I_c^- from the numerical solution of Eq. (11) for finite β_c (I_c^+ remains the same as for $\beta_c \to \infty$). The transition from diode to nondiode regime remains abrupt for all β_c , but shifts to lower $J_{c1}(\theta)$ values. (b) Diode efficiency η_{dyn} , Eq. (17), as a function of twist angle θ for $J_{c1}(\theta = 0) = 0.1J_{c2}$. Note that the system is in a TRSB state already for $\theta > 39.2^{\circ}$ for these values.

local minimum disappearing. The corresponding current value (J') for its disappearance is then given by

$$J' = \sqrt{1 - \cos^2(\phi'_{-})[J_{c1}(\theta) - 2J_{c2}\cos(\phi'_{-})]}.$$
 (15)

The dependence of J' on $J_{c1}(\theta)/J_{c2}$ is shown in Fig. 3 together with that of J_c . One observes that for $J_{c1}(\theta) = 2J_{c2}$ one has J' = 0, whereas for $J_{c1}(\theta) = 0$, one obtains $J' = J_c$.

For $|J_0| > |J'|$ two cases can be distinguished. Figure 2(b) illustrates the case when at J' the initial energy is not sufficient for ϕ to overcome the next potential hump. Therefore, ϕ will exhibit an oscillatory motion around the remaining minimum. Infinitesimal damping will eventually localize the particle at the remaining stable minimum. So the actual critical current in this case remains J_c for both directions of applied current and the behavior is reciprocal.

The other possibility is shown in Fig. 2(d). In this case, the potential energy of ϕ is sufficient to overcome the next barrier. This results, for infinitesimal damping, in an unbounded motion and nonzero voltage. In this case the critical current

is -J' rather than $-J_c$ and, therefore, there is a nonzero diode effect for a given initial ϕ_0 value and adiabatic current ramping. Analyzing Eq. (13) numerically, we find that this case is realized for

$$\left(\frac{J_{c1}(\theta)}{J_{c2}}\right) < \left(\frac{J_{c1}(\theta)}{J_{c2}}\right)_D \approx 0.79.$$
(16)

Thus, importantly, we conclude that the diode effect that occurs in the absence of explicit time-reversal breaking is only expected within a portion of the TRSB phase. In particular, this sets a limit for the twist angle $|\theta - 45^\circ| \leq 0.4 |\theta_{\text{TRSB}} - 45^\circ|$ for the onset of the diode effect. In addition, JDE must vanish at $\theta = 45^\circ$ despite the broken time-reversal symmetry at 45°. We therefore stress that its observation is a sufficient but not necessary condition for TRSB. For $0.79J_{c2} < J_{c1}(\theta) < 2J_{c2}$, TRS is broken but the diode effect cannot be observed due to kinetic energy arguments.

B. Intermediate β_c

Above we demonstrated that for $\beta_c \rightarrow \infty$ in Eq. (11), there is a finite diode effect for small enough $J_{c1}(\theta)$. At the same time, for $\beta_c = 0$ diode effect should be absent. Here we study numerically the behavior of Eq. (10) for finite values of β_c .

To find the critical current, we assume the initial conditions to be $\phi(0) = \phi_0$; $\phi'(0) = 0$ and solve Eq. (11) with bias current ramping up linearly in time, $\bar{J}_0 = \tau/\tau_0$, where τ_0 is the inverse ramping rate. The critical current is determined by the value of τ when $|\phi|$ becomes larger than π . This criterion implies that ϕ has traversed the largest potential barrier (see Fig. 2) and has enough energy to continue moving. The criterion yields the exact value of J_c only in the limit $\tau_0 \to \infty$ but we have checked that already for $\tau_0 = 4000$ the result is independent of τ_0 and use these converged results in our discussion.

In Fig. 3(a) we present the value of the critical current for reverse bias (as shown in Fig. 2) as a function of the first-harmonic critical current for different values of β_c . We can also quantify the dynamical diode efficiency by

$$\eta_{\rm dyn} = \left| \frac{I_M^+ - I_M^-}{I_M^+ + I_M^-} \right|,\tag{17}$$

where M = L(R). $I_M^{+(-)}$ is the critical current value when voltage first appears on increasing J_0 from zero towards positive (negative) values with initial condition at potential energy minimum M. For the results of this section, the two options M = L(R) give an identical result for η_{dyn} due to the purely spontaneous nature of symmetry breaking considered (see, however, Sec. IV B). In Fig. 3(b) we show the calculated η_{dyn} as a function of twist angle. As expected from the above discussion, it vanishes at 45° exactly, then increases up to a finite value on decreasing the twist angle, vanishing at a critical value. Note that this critical value always remains within the TRSB phase.

Let us now discuss the effects of decreasing β_c (increasing damping). One observes that the transition between the diode and reciprocal regime remains abrupt down to the lowest value considered. This allows us to define a critical value of the first Josephson harmonic $J_{c1}(\theta)$ for the onset of the diode effect, as



FIG. 4. Critical value of the first-harmonic critical current for the onset of the diode effect. For large McCumber parameter β_c , the result agrees with the analytical $\beta_c \rightarrow \infty$ limit (16). Inset shows the behavior near the onset of hysteretic behavior of the RCSJ model β_c^{hyst} .

shown in Fig. 4. From the inset, one observes that the diode effect becomes extremely fragile at small values of β_c .

At low β_c the RCSJ model solutions are known to become nonhysteretic [50]. In the hysteretic regime, the switching current I_c (critical current on increasing the current from zero) and retrapping current I_r (where the voltage drops to zero on decreasing the current from high value) are different, $I_r < I_c$. For the current bias between I_c and I_r , therefore, two steady-state solutions of Eq. (11) are possible. In the nonhysteretic regime, $I_c = I_r$, and there is only one steady-state solution of Eq. (11) for each value of J_0 . However, the dynamical diode effect requires that there can be a zero-voltage and a finite-voltage solution at the same value of the bias current, depending on the initial condition for ϕ . Thus, hysteresis is a necessary condition for the dynamical diode effect.

Figure 4, inset, suggests that the diode effect disappears at around $\beta_c \approx 0.35$ –0.4. This critical value coincides with the hysteresis onset of the RCSJ model with the secondharmonic current phase relation for $J_{c1}(\theta) = 0$. This value can be obtained from the value $\beta_c^{\text{hyst}} \approx 0.7$ [50,51] for the first-harmonic RCSJ model by replacing $2\phi \rightarrow \tilde{\phi}$ in Eq. (11).

IV. DIODE EFFECTS IN THE PRESENCE OF EXPLICIT \mathcal{T} BREAKING

We now consider the situation where time-reversal symmetry is explicitly broken, that is, the GL free energy includes the contribution \mathcal{F}_m defined in Eq. (4), with nonvanishing \mathcal{T} breaking field *m*. The \mathcal{F}_m term is such that $I_J(\phi) \neq -I_J(-\phi)$, and therefore leads to a Josephson diode effect already at the level of thermodynamic critical currents. Such a \mathcal{T} -breaking term, if it survives for $T > T_c$, could also give rise to memory effects when the system is heated up above T_c . The junction would then show the same polarity of the diode effect after cycling above the critical temperature or after being driven into the resistive state by exceeding its critical current.

A. Thermodynamic diode effect

For concreteness we assume the simplest twist-angle dependence compatible with the symmetry constraints of the magnetochiral coupling indicated in Eq. (6). However, our results are not changed qualitatively by adding higher harmonics that are also allowed by symmetry. It is then straightforward to obtain the thermodynamic critical currents, defined as $I_c^{\pm} = \max_{\phi} [\pm I_J(\phi)]$, from the GL free-energy description that leads to Eq. (7) for the Josephson current. Figure 5 shows that when both J_{c2} and J_m are nonzero the junction exhibits nonreciprocal behavior, $I_c^+ \neq I_c^-$, for all twist angles except for $\theta = 0, 45^{\circ}$.

This result can be understood as follows. First, note that for any $m \neq 0$ the free-energy component \mathcal{F}_m is odd under both \mathcal{T} and \mathcal{P} , and hence the basic symmetry requirements for the SC diode effect are met. As already discussed in Sec. II, for an untwisted junction symmetry dictates that m = 0 such that, the free energy is symmetric around $\phi = 0$ and there is no thermodynamic nonreciprocity. At $\theta = 45^{\circ}$ the magnetochiral coupling is maximal, as per Eq. (6), but now the first-order Josephson term $J_{c1}(\theta)$ vanishes. It is easy to verify that $\mathcal{F}(\phi)$ is then symmetric about its \mathcal{T} -breaking minima at $\phi_0 = \pm \pi/2$ and, once again, this implies equal thermodynamic critical currents for both directions.

Furthermore, when $J_{c2} = 0$ (no Cooper pair cotunneling), I_J is stationary for $\phi_0 = \arctan[J_{c1}(\theta)/J_m(\theta)]$ and $I_c^{\pm} = \max[\pm I_J(\phi_0)]$ with

$$I_J(\phi_0) = \pm \sqrt{J_{c1}^2(\theta) + J_m^2(\theta)},$$
 (18)

and there is again no critical current asymmetry. This occurs because $I_J(\phi)$, while no longer antisymmetric in ϕ , is nevertheless antisymmetric with respect to a shifted origin. We thus need all three of $J_{c1}(\theta)$, J_{c2} , and $J_m(\theta)$ nonvanishing to observe thermodynamic nonreciprocity, as also demonstrated numerically in Fig. 5.

We can derive a bound on the diode efficiency, expressed through the figure of merit

$$\eta = \frac{I_c^+ - I_c^-}{I_c^+ + I_c^-},\tag{19}$$

as follows. We first observe that the maximum of $|\eta|$ occurs along the $J_m(\theta) = \pm J_{c1}(\theta)$ lines [Fig. 5(c)]. This can be understood by recasting Eq. (7) using trigonometric identities as

$$I_J(\phi) = \sqrt{J_{c1}^2(\theta) + J_m^2(\theta)} \sin(\phi + \alpha) - J_{c2} \sin 2\phi, \quad (20)$$

where $\tan \alpha = J_m(\theta)/J_{c1}(\theta)$. Clearly, the current I_c^+ will be maximal when the maxima of the two sine functions coincide. This happens when $\alpha = -\pi/4$ or $\alpha = 3\pi/4$, implying $J_m(\theta) = -J_{c1}(\theta)$. By sketching the two sine functions it is also easy to see that, at the same time, such α choices minimize I_c^- , hence leading to maximum η for $J_m(\theta) = -J_{c1}(\theta)$, as indeed found numerically.¹

Taking $\alpha = -\pi/4$ the current-phase relation (20) simplifies to $I_J(\phi) = J_m(\theta)(\cos \phi - \sin \phi) - J_{c2} \sin 2\phi$ which gives

¹Similarly, when $\alpha = +\pi/4$ or $\alpha = -3\pi/4$ the minima of the two sine functions in Eq. (20) are aligned, leading to optimal but reversed diode efficiency, $\eta = -\frac{1}{3}$. Changing the sign of J_{c2} also has the effect of reversing the diode efficiency.



FIG. 5. Thermodynamic Josephson diode effect as a function of twist angle θ , obtained from the Ginzburg-Landau description in Eq. (7) (equivalent to the overdamped regime $\beta_c \ll 1$ of the RCSJ model). We take $J_{c2} = 0.1J_{c1}$, which sets the critical twist angle for the appearance of topological superconductivity to $\theta_c = 39.2^{\circ}$ through Eq. (3), denoted by vertical black dashed lines. (a) Critical Josephson currents I_c^{\pm} develop an asymmetry in the presence of the \mathcal{T} -breaking term J_m (here $J_m = \sqrt{2}J_{c2}$). (b) The corresponding difference $\Delta I_c = I_c^+ - I_c^-$ and figure of merit η , defined in Eq. (19), exhibit a sharp increase upon entering the spontaneous \mathcal{T} -breaking phase. The diode effect vanishes at $\theta = 45^{\circ}$, where the diode polarity reverses. (c) The figure of merit η in the θ - J_m plane. The maximal diode efficiency $|\eta| = \frac{1}{3}$ lies on the $J_m/J_{c1} = \pm \cot 2\theta$ curves (the orange dashed line shows the "-" solution).

the following critical currents:

$$I_c^+ = \sqrt{2}J_m(\theta) + J_{c2} \tag{21}$$

and

$$I_{c}^{-} = \begin{cases} \sqrt{2}J_{m}(\theta) - J_{c2}, & J_{c2} < \frac{J_{m}(\theta)}{2\sqrt{2}} \\ \frac{J_{m}^{2}(\theta)}{4J_{c2}} + J_{c2}, & J_{c2} > \frac{J_{m}(\theta)}{2\sqrt{2}}. \end{cases}$$
(22)

The maximal diode efficiency $\eta = \frac{1}{3}$ occurs when $J_{c2} = J_m(\theta)/\sqrt{2}$, as shown in Fig. 5(c). Note that at $J_{c2} = \sqrt{2}|J_m(\theta)|$ the free energy transitions from having a double-well structure (for large J_{c2}) to a \mathcal{T} -broken single-well structure (for small J_{c2}) (see also Fig. 7). The largest diode efficiency therefore occurs in the regime with a single \mathcal{T} -broken ground state. In the double-well regime the largest diode efficiency is $\eta = \frac{7}{25}$ near the transition point $J_{c2} = \sqrt{2}J_m(\theta)$.

Figure 6 further illustrates the nonmonotonic behavior of the asymmetry parameter η as function of J_m , with a peak at an optimal value J_m^{opt} . This peak is very broad for low twist-angle junctions, and becomes progressively sharper when θ approaches 45°. Junctions close to 45° twist, as in Fig. 6(c), are very sensitive to explicit \mathcal{T} breaking, as shown by their small optimal value J_m^{opt} .

We also stress that, within the GL free-energy description, both the theory with $J_{c2} > 0$ (where the system exhibits chiral SC in a range of twist angles) and $J_{c2} < 0$ (which favors the trivial phase for all twist angles) show similar phenomenology for the thermodynamic diode effect. As such, the observation of a nonzero asymmetry η in the presence of explicitly broken \mathcal{T} is, in itself, insufficient to determine whether the underlying superconductor is chiral. However, if the \mathcal{T} -breaking term can be controlled externally (such as by applying an out-of-plane magnetic field), the presence of two \mathcal{T} -breaking ground states for $J_{c2} > 0$ should be accompanied by a hysteresis loop when



FIG. 6. Thermodynamic Josephson diode effect as a function of the \mathcal{T} -breaking perturbation J_m , obtained from the Ginzburg-Landau description in Eq. (7) (equivalent to the overdamped regime $\beta_c \ll 1$ of the RCSJ model). Various curves denote J_{c2}/J_{c1} between 0 and 0.1, corresponding to θ_c ranging from 45° (vanishing topological region) to 39.2°. (a) For small twist angles, the efficiency parameter η shows a broad and low peak centered around a large optimal value J_m^{opt} . (b), (c) For larger twist angles near 45°, η peaks near its theoretical maximum of $\frac{1}{3}$ for the value of J_{c2}/J_{c1} that best approximates $\theta_c \approx \theta$ through Eq. (3). The η peaks become sharper, and occur at a decreasing optimal value J_m^{opt} , when θ approaches 45°.



FIG. 7. Critical value of the first-harmonic Josephson current $J_{c1}(\theta_{cr}^m)$ for the emergence of two potential minima in the Josephson energy $U_m(\phi)$ (23) for $J_0 = 0$ (illustrated by insets) as a function of TRSB Josephson current J_m .

 J_m is swept back and forth around 0. Such a hysteresis is not expected in the theory with $J_{c2} < 0$, which supports a single \mathcal{T} -preserving ground state.

B. Dynamical diode effect in the presence of explicit time-reversal breaking

We now revisit the results of Sec. III in the presence of explicit TRSB terms in the Josephson energy, which now takes the form

$$U_m(\phi) = -\frac{\hbar}{2e} J_0 \phi + \frac{\hbar}{2e} J_m(\theta) \sin \phi + \mathcal{F}(\phi), \quad (23)$$

where $\mathcal{F}(\phi)$ is defined by Eq. (2). For $J_0 = 0$, there is always only one global minimum of Eq. (23). However, two distinct local minima in the Josephson energy $U_m(\phi)$ can still remain. In particular, for a fixed value of J_m , two minima exist for $J_{c1}(\theta)$ ranging from zero (corresponding to 45°) to a finite critical value. In Fig. 7 we present this critical value of the first harmonic of the Josephson current as a function of J_m . Note that for $J_m > 2J_{c2}$ only a single minimum exists for all values of J_{c1} .

In this section, similarly to Sec. III A, we consider the dynamical diode effect neglecting damping, i.e., for $\beta_c \gg 1$ and assuming adiabatic current ramping. Let us consider the case when two distinct minima exist [Fig. 8(a)]. For ϕ being initially at *L* (*R*) there exist two characteristic current values $(I_{L(R)}^{\pm})$ when the particle escapes that minimum under positive or negative current bias. In Fig. 8(b) we present $I_{L(R)}^{\pm}$ calculated numerically for $J_m/J_{c2} = 0.5$ as a function of J_{c1} . The behavior qualitatively resembles Fig. 3, but the curves for I_L and I_R are not symmetric, reflecting the explicit TRSB.

The black dots in Fig. 8(b) mark the values where one of the minima ceases to exist, but not necessarily leading to the onset of voltage. At low J_{c1} values there are four such characteristic currents, two positive and two negative. For the current values between the second and third characteristic currents (ordered by their value from lowest to highest), two minima in the potential exist. Remarkably, for $J_{c1}(\theta) \ge J_{c2}$ one observes that this range does not cover zero current. This implies that additional minima in (23) can be generated by



FIG. 8. (a) Illustration of the Josephson potential (23) with TRSB term $J_m < J_{c2}$ in the absence of external current. (b) Four characteristic current values $I_{L,R}^{\pm}$ for $\beta_c \rightarrow \infty$ and $J_m/J_{c2} = 0.5$. The colored lines show the values where the ϕ can actually escape the local minimum, leading to the onset of the voltage. The black points mark all values where one of the local minima ceases to exist, not necessarily leading to the voltage onset. (c) Maximum diode efficiency [obtained by varying J_{c1} for each value of J_m] for the thermodynamic and dynamic diode effect.

the applied current in presence of finite J_m , even if there is only one minimum at $J_0 = 0$ (see Fig. 7). The application of a current can thus restore, to a degree, the symmetry of the potential, by counteracting the TRSB term in Eq. (23).

Let us now discuss the expected behavior of the critical current in an experiment. In thermodynamic equilibrium, ϕ always starts at *L* for $J_m > 0$ [Fig. 8(a)], and therefore I_R and bistability of the potential is unobservable in the critical current (see, however, Sec. V for the nonequilibrium case). Nonetheless, the possibility of preemptive escape alters the diode effect strength with respect to thermodynamic effect corresponding to the overdamped limit discussed in Sec. IV A.

In Fig. 8(c) we present the maximal diode efficiency η_{max} [Eq. (17), where M = L(R) for $J_m > (<)0$], as a function of J_m (obtained by varying J_{c1} for each value of J_m and compare it with the thermodynamic η [Eq. (19)], where $|I_c^{\pm}| = \max[|I_L^{\pm}|, |I_R^{\pm}|]$. The dynamical diode efficiency can be larger than the maximal value $\frac{1}{3}$ for η , due to the possibility of early escape. At low values of J_m , $\eta_{dyn} \approx 0.53$, corresponding to the dynamical diode effect caused by spontaneous symmetry breaking (Fig. 3).

V. DYNAMICAL VS THERMODYNAMIC DIODE EFFECT: EXPERIMENTAL PROTOCOL

In the above sections we have demonstrated that both spontaneous (Sec. III) and explicit (Sec. IV) TRSB can lead to current nonreciprocity in twist junctions of *d*-wave superconductors. However, for purely spontaneous TRSB, one expects the sign of nonreciprocity to be random, while the addition of even a small explicit TRSB term will fix it. This raises the question of how the possible spontaneous nature of TRSB and the bistability of the current-phase relation can be identified in an experiment. As has been discussed above, while the diode effect in the thermodynamic critical current requires the second harmonic of the Josephson current to be present, it may occur even in the case when there is no bistability. Here we explain how can one characterize the TRSB in twisted nodal superconductors by adapting the protocol used in experiments on ferromagnetic Josephson junctions [47].

A. Spontaneous TRSB: $J_m = 0$

Since TRSB occurs spontaneously, the equilibrium value ϕ is chosen randomly to be equal to $+\phi_0$ or $-\phi_0$. The key insight is that one can deterministically prepare the system in one or the other equilibrium by current sweeping.

Consider adiabatically decreasing $|J_0|$ from high bias larger than I_c towards zero. For $\beta_c > \beta_c^{cr}$ (hysteretic regime) the voltage will only go to zero at I_r , $|I_r| < I_c$. Let us focus on how retrapping occurs. The value of I_r corresponds to the case when $\phi(t)$ eventually stops ($\dot{\phi} = 0$ as $t \to \infty$) for any initial conditions. For such a solution to exist, the potential (13) has to have at least one local minimum (otherwise, there will be a force acting on ϕ and causing motion). In Sec. III, we demonstrated (see Fig. 2) that for $J' < J_0 < J_c$ values only one minimum exists. Moreover, this minimum is adiabatically connected with the right (left) minimum at $J_0 = 0$ for $J_0 >$ (<)0. Thus, for $I_r > J'$ (which requires sufficiently strong damping, but still in the hysteretic regime), the value of ϕ can be deterministically prepared by retrapping.

A more general argument can be given that extends to lower I_r , where for each interval $\phi \in [2\pi n, 2\pi (n+1)]$ there exist two minima of (13). Without loss of generality, let us assume $J_0 > 0$. For $J_0 > I_r$, $\dot{\phi}(t)$ is a periodic function such that $\phi(t)$ advances by 2π over the period. This implies that $\dot{\phi}$ has a global minimum $\dot{\phi}_{\min}$ for every period. For large J_0 , where Josephson nonlinearity can be neglected $\phi > 0$ for all t. Therefore, for large enough J_0 , $\phi_{\min} > 0$. To go into the retrapped state, ϕ_{\min} has to go through zero at some value of J_0 . We will show now that this value is the retrapping current. At this critical value, $\dot{\phi}_{\min} = 0$, but $\dot{\phi} \ge 0$ at all times. The equation (13), on the other hand, implies that $\ddot{\phi} \sim -U'(\phi)$. So if $\phi(t_{\min}) = 0$, $\dot{\phi}$ has to be negative either before or after this moment unless $U'(\phi(t_{\min})) = 0$. This implies that ϕ has to be in the minimum or maximum of $U(\phi)$. The former can be excluded since infinitesimal increase of J_0 will not set ϕ into motion. Thus, ϕ is at the maximum of $U(\phi)$. This implies that reducing J_0 further would lead to $\dot{\phi} < 0$. Since energy is dissipated with time, ϕ will never be able to overcome the potential maximum and is thus retrapped. For Eq. (13), only one such maximum exists per 2π interval if $J_{c1} \neq 0$. Therefore,



FIG. 9. (a) Three current sweeping protocols [Eq. (24)] for $t_c = 2000t_0$. (b), (c) Voltage (averaged over $10t_0$) from numerical solution of Eq. (11) for $\beta_c = 5$ (b) and $\beta_c = 80$ (c). Voltage is shown for the second cycle of the current sweeping to suppress the effects of initial conditions. The time at which voltage first appears corresponds to a critical current value in (a). The two half-sweep directions (purple line) lead to identical critical current amplitudes, as is expected in the absence of explicit TRSB. For the full-sweep protocol (green dashed line), on the other hand, the current is sweeped in the opposite direction with respect to the position of the phase at zero current (see Fig. 2). The difference in full-sweep and half-sweep current demonstrates the bistability of the Josephson energy.

 ϕ would stop to the left (right) of the potential maximum for $J_0 > (<)0$ and will be trapped in different minima depending on the sign of J_0 . Note that for large β_c , ϕ can perform many oscillations before stopping, and thus the result of retrapping becomes extremely sensitive to β_c [45].

The above discussion leads to the following experimental protocol. One can "prepare" ϕ to be in the left or right minimum by retrapping. Then, biasing the junction with positive or negative voltage will lead to different critical currents in a part of TRSB phase (see Fig. 3). One can implement these ideas by comparing the measured voltage for three periodic current patterns depicted in Fig. 9(a). We refer to these as full-sweep and half-sweep protocols $J_0^{\text{full}}(t)$ and $J_0^{\text{half},\pm}(t)$, mathematically defined as

$$I_0^{\text{full}}(t) = \begin{cases} J_{\max}s(t), & 0 < s(t) < 1\\ J_{\max}[2 - s(t)], & 1 < s(t) < 3\\ J_{\max}[-4 + s(t)], & 3 < s(t) < 4 \end{cases}$$
(24)

where $s(t) = \mod [t, 4t_c]/t_c$ and $J_0^{\text{half},\pm}(t) = \pm |J_0^{\text{full}}(t)|$. For the full sweep and half-sweep the junction is biased in opposite directions after an interval over which they coincide. The latter can be viewed as a "preparation" step, where ϕ is prepared in the same minimum, but afterwards biased in opposite directions for full and half-sweeps. A difference in the measured voltage between the two protocols implies dynamical diode effect and spontaneous TRSB.

To demonstrate the protocol explicitly, we numerically solved Eq. (11). Two typical solutions are presented in Figs. 9(b) and 9(c). One observes that full and half-sweep protocols always give different critical current values, as expected from dynamical diode effect. Note that there is no difference between \pm half-sweep cases, because there is no explicit TRSB. One observes that changing the value of β_c leads to different relation between full and half-sweep cases. In particular, this points out that the minimum, where ϕ is retrapped, depends on the value of β_c [45]. Nonetheless, for both cases the dynamical diode effect and thus spontaneous TRSB can be demonstrated from this protocol.

B. Explicit TRSB: $J_m \neq 0$

Large J_m excludes the possibility of deterministic retrapping since there is only one minimum at zero current bias (see Fig. 7). However, at smaller values of J_m , two minima remnant from the spontaneous TRSB state can still exist.

In Fig. 10 we present four characteristic regimes that occur as a function of J_{c1} for a fixed J_m . For large J_{c1} [Fig. 10(a)], the full- and half-sweep protocols yield the same values of the critical current. However, positive and negative bias (two stages of full-sweep or \pm half-sweep protocols) show different critical current for voltage onset. This is the thermodynamic diode effect, described in Sec. IV A. Decreasing J_{c1} [Figs. 10(b) and 10(c)] leads to the splitting between full and half-sweep protocols, consistent with additional characteristic current values appearing in Fig. 8(b). This indicates bistability of the potential (23) remnant from the spontaneous TRSB state at $J_m = 0$. Interestingly, the full-sweep/half-sweep critical current splitting disappears at yet smaller values of J_{c1} (corresponding to twist angles closest to 45°) [Fig. 10(d)]. The analysis of the numerical solution suggests that at low J_{c1} retrapping training is ineffective: ϕ always gets trapped in the global minimum, leaving only signatures of the thermodynamic diode effect.

Thus, the described protocol gives access (for sufficiently large β_c and not too close to 45°) to all four characteristic values of the current [Figs. 10(b) and 10(c)]. This allows to directly demonstrate the presence of two minima in the Josephson energy even in the presence of explicit TRSB.

VI. OTHER IMPLICATIONS OF SECOND-HARMONIC AND MAGNETOCHIRAL COUPLING

As discussed in earlier theoretical works [10,11], and confirmed by experimental observations in twisted BSCCO bilayers [12], the presence of the second-harmonic term J_{c2} in the free energy $\mathcal{F}(\phi)$ can be probed by means of perturbing the junction using in-plane magnetic field or a radio-frequency (rf) drive. In this section we briefly discuss the effect of these



FIG. 10. (a)–(d) Voltage (averaged over $10t_0$) from numerical solution of Eq. (11) with added TRSB term J_m (values given in the panels) and current driving shown in Fig. 9(a). Insets in (d) marked by black dashed line show magnified transition region (not to scale). In contrast to Fig. 9, the half-sweep critical current (related to the voltage onset time) depends on the current polarity (red solid line for "+," blue solid line for "-"), reflecting the explicit TRSB. The full-sweep values when the first harmonic is large (a) or extremely small (d). For other values of J_{c1} (b), (c), the full sweep shows values of critical current distinct from both (c) or at least one (b) of the half-sweep protocols. The latter observation can be used to demonstrate bistability of the Josephson potential even if TRSB is explicitly broken.

perturbations on the Josephson response in the presence of both J_{c2} and magnetochiral coupling $J_m(\theta)$. We find that the asymmetry between the two current directions is sensitive to the presence of in-plane magnetic field which can therefore be used to probe the effect in greater detail. The magnetochiral coupling, on the other hand, modifies the junction response to the rf drive and produces asymmetry in the resulting Shapiro steps.

A. Fraunhofer patterns

In a regular Josephson junction, all of the junction area can support the critical current I_c^{\pm} because of the positionindependent phase difference between the superconductors. An in-plane magnetic field, however, induces a phase gradient such that the maximum and minimum interlayer current densities vary spatially. More concretely, with the junction plane perpendicular to the z direction, when a magnetic field B_y is applied along y, the Josephson current density along x is given



FIG. 11. Fraunhofer interference patterns, Shapiro steps and the JDE. (a), (b) In the presence of a dominant second harmonic and $J_m = 0.25J_{c2}$ (with $J_{c2} = 0.2$ in units of J_{c1}), the envelopes of the positive and negative critical currents are different. At half-integer flux quanta, the curves intersect and the diode effect vanishes because the contribution from the second harmonic goes to zero due to its π periodicity. (c), (d) Close to 45°, the normalized Shapiro step heights (indicated with the color scale) are asymmetric about zero voltage.

by $I_J(\phi_x)$, where the phase variation [48,49]

$$\phi_x = \frac{2\pi d}{\Phi_0} B_y x + \phi_0. \tag{25}$$

Here *d* is the effective junction thickness, $\Phi_0 = (hc/2e)$ denotes the superconducting flux quantum, and ϕ_0 is a uniform phase shift. When integrated over the area of a junction of unit length *L* and width *W*, the interference from different contributions results in a Fraunhofer pattern

$$I_{J}(\phi_{0}, \Phi) = [J_{c1}(\theta)\sin(\phi_{0}) + J_{m}(\theta)\cos(\phi_{0})]\frac{\sin(\pi \Phi/\Phi_{0})}{\pi \Phi/\Phi_{0}} - J_{c2}\sin(2\phi_{0})\frac{\sin(2\pi \Phi/\Phi_{0})}{2\pi \Phi/\Phi_{0}},$$
(26)

where $\Phi = dLB_y$ is the magnetic flux through the junction. The equilibrium critical currents for a given flux are determined by the extrema of $I_J(\phi_0, \Phi)$ with respect to ϕ_0 .

We notice that Eq. (26) has the same form as the zerofield expression (7), albeit with renormalized coefficients. The second and first harmonics are renormalized differently. In particular, at $\Phi/\Phi_0 = n + 1/2$ with *n* integer, the second harmonic vanishes, while the first harmonic and the magnetochiral term do not. At the corresponding field values B_{y} we therefore expect the thermodynamic diode effect to be suppressed. This is indeed observed in our simulation results [Figs. 11(a) and 11(b)]. The diode effect persists at nonzero field strengths except at half-integer fluxes where contribution from the second harmonic vanishes because of its π periodicity. In its absence, the diode effect cannot be induced by the J_m term alone and, hence, $I_c^+ = I_c^-$. Moreover, the switch in the values of the second harmonic at half-integer fluxes changes the diode polarity and is manifested as the oscillating pattern in the I_c^+ and I_c^- curves. The polarity flipping as a function of the in-plane field is, therefore, suggestive of a dominant second harmonic alongside the magnetochiral term.

B. Shapiro steps

When a Josephson junction is subjected to an external rf drive, the *I-V* curves show steps at integer multiples of the voltage $V_s = (\hbar \omega/2e)$, where ω is the drive frequency. The phenomenon is captured by the resistively shunted junction

(RSJ) model [49]

$$\frac{\hbar}{2eR}\frac{\partial\phi}{\partial t} + I_J(\phi) = I_{\rm dc} + J_{\rm rf}\sin(\omega t), \qquad (27)$$

where *R* is the junction resistance, I_{dc} is the measured direct current (dc), and J_{rf} is the drive amplitude. We solve Eq. (27) numerically using energy units where $\hbar/2e = 1$, R = 0.7, and $\omega = 0.6$. Two representative results are depicted in Figs. 11(c) and 11(d). The *n*th Shapiro step represents a *n* photon-assisted tunneling of Cooper pairs across the junction. In the presence of a dominant second harmonic, cotunneling of Cooper pairs gives rise to steps at half-integer multiples of V_s . In a symmetric Josephson junction, the step heights for positive and negative bias voltages are identical. We observe that in the presence of the magnetochiral term the step heights at half-integer voltages are no longer symmetric about zero voltage [Fig. 11(d)]. Such an asymmetry, therefore, could be indicative of explicit TRSB in the junction.

VII. DISCUSSION AND CONCLUSIONS

The free energy $\mathcal{F}(\phi)$ of a Josephson junction can develop the characteristic double-well structure when the Cooper pair cotunneling process (i.e., the second CPR harmonic J_{c2}) becomes dominant. In twisted *c*-axis junctions between two *d*-wave superconductors this is expected to occur as the twist angle approaches 45° and the single-pair tunneling J_{c1} is suppressed [2]. In this work we identified two types of Josephson diode effects that can occur in these kinds of junctions.

The *dynamical* JDE depends on the initial state of the system and relies on the fact that, for a given free-energy minimum, the barrier between the SC and resistive states is generally different for the two polarities of the bias current. Therefore, when the damping is small, the junction can exhibit consistent JDE, provided that the measurement protocol is devised such that one always starts from the same free-energy minimum. According to our analysis, spontaneous TRSB is a prerequisite for the dynamical JDE; however, it occurs only in a portion of the \mathcal{T} -broken phase as illustrated in Fig. 1. Observation of the dynamical JDE therefore provides evidence for the bistability of the free-energy landscape and spontaneous \mathcal{T} breaking in the twisted junction.

The *thermodynamic* JDE by contrast depends on explicit \mathcal{T} breaking that is present at the level of the GL free energy, that is, exists already in the normal state of the material. In this case $\mathcal{F}(\phi)$ has a single global minimum away from $\phi = 0, \pi$ and the diode effect exhibits a fixed polarity controlled by the sign of the \mathcal{T} -breaking term. As we discussed, the second harmonic J_{c2} must be present in this case also for the device to show JDE, even though it need not be dominant. In addition, thermodynamic JDE survives in the limit of strong damping. Importantly, signatures of the bistability of the potential can be revealed in an experiment even in the case when \mathcal{T} is broken explicitly. As discussed in Sec. V B this can be achieved by comparing different current sweep protocols, allowing to trap the phase in a local minimum of the free energy.

Some consequences of spontaneous \mathcal{T} breaking predicted by theory [2,10,11] were recently explored in Ref. [12], which reported anomalous Fraunhofer diffraction patterns and halfinteger Shapiro steps in near-45° twisted BSCCO junctions. The same work reported evidence of zero-field SC diode effect in these devices. Samples with twist angle slightly away from 45° (but within a window of about $\pm 6^{\circ}$) showed behavior consistent with the dynamical diode effect discussed in Sec. III, indicative of a Josephson free energy with a pronounced double-minimum structure. The nonreciprocal response was probed via the "full-sweep/half-sweep protocol" described in Sec. V, whereby the current sequence applied to the twisted junction is defined so as to controllably prepare the system in one of the two \mathcal{T} -broken minima. Importantly, junctions outside of the $45^{\circ} \pm 6^{\circ}$ twist-angle window showed reciprocal behavior, consistent with our result that dynamical JDE is only expected to be observed within a portion of the TRSB phase. Furthermore, the diode effect was found to vanish in the limit $\theta \to 45^\circ$, in accord with the discussion in Sec. III. Our theory therefore provides a good explanatory framework for the experimental findings of Zhao et al. [12]. Together, these works make a compelling case for spontaneous TRSB in high-quality BSCCO junctions with a twist angle close to 45°.

Several samples studied in Ref. [12] were reported to exhibit a memory effect indicative of the thermodynamic JDE, with fixed diode polarity independent of its current bias history [12] and efficiency η up to 20%, somewhat lower than the theoretically expected maximum of $\frac{1}{3}$ (see Fig. 6). Most of them showed the full-sweep/half-sweep splitting, indicating bistability of the potential (see Sec. VB). According to our analysis in Sec. IV such behavior is suggestive of explicit \mathcal{T} breaking in the device that is, presumably, present already in the normal state. Since optimally doped BSCCO crystals are normally thought to be nonmagnetic, the nature of this normal-state \mathcal{T} breaking poses an interesting open question. We consider two distinct possibilities for its origin: (i) Even though a single monolayer BSCCO is nonmagnetic, it is possible that a twisted bilayer develops normal state orbital or spin magnetism. This would not be unprecedented; twisted graphene bilayers are well known to develop \mathcal{T} -breaking instabilities even thought a single monolayer is nonmagnetic. (ii) A "vestigial" order [52] that arises from fluctuations of the two superconducting order parameters breaking time-reversal symmetry [53–56]. Briefly, the idea is that above T_c the individual phase-averaged order parameters vanish, $\langle \psi_1 \rangle =$

 $\langle \psi_2 \rangle = 0$, but the composite object $m \propto \langle i\psi_1\psi_2^* + c.c. \rangle$ may remain ordered up to a higher critical temperature $T_m > T_c$. This scenario requires the relative phase ϕ to remain fixed at one or the other \mathcal{T} -breaking value even above T_c , hence enabling the return to the same free-energy minimum upon cooling back below T_c . However, the free energy of the superconducting state below T_c is identical to the case without vestigial order and therefore current training of the diode polarity (dynamical diode effect) should still be possible. Consequently, coupling to other degrees of freedom (spins or orbitals), e.g., through scenario (i), appears required to explain the observed memory effect.

Josephson diode effects have also been observed in twisted BSCCO junctions by two other groups [39,40]. Reference [39] reports a large thermodynamic diode effect in presence of a magnetic field along z, with a diode efficiency η reaching up to 60%. Its efficiency was found to be largest near 45°, but nevertheless nonzero for all twist angles considered. Further, the diode polarity can be switched by cycling an applied out-of-plane magnetic field, accompanied by a hysteresis loop. Such observations have been attributed to the presence of a component of the magnetic field through the junction, generated by the in-plane bending of flux lines connecting the misaligned Abrikosov vortex lattices of the two BSCCO flakes. Therefore, in such a setup the identification of potential signatures of spontaneous \mathcal{T} breaking, as discussed in this work, will be much more subtle. Developing a generalization of our theory to include effects of vortices remains an interesting question for future work, which may explain the large value of η observed. Reference [40], by contrast, reports observation of the diode effect in the nominal absence of external magnetic field for a sample close to 45°. We note that our theory predicts that the thermodynamic diode efficiency rises rapidly as the angle is tuned away from 45° (see Fig. 5) and even a small misalignment from 45° can lead to a significant diode effect. The finite value of I_c in the sample has been interpreted in Ref. [40] as evidence of non-d-wave pairing component. However, the remnant critical current could as well arise from the second-harmonic mechanism [10,11] considered in our work. Shapiro step measurements could be potentially used to test this scenario.

Our results are agnostic to the microscopic origin of the second-harmonic term in the Josephson free energy. A first possibility is that of direct Cooper pair cotunneling between the twisted BSSCO flakes [2]. The expected magnitude of such a contribution is, however, difficult to compute accurately [8,11]. Another interesting recent proposal is that twist-angle inhomogeneities for near-45° junctions may lead to a first-harmonic term that vanishes on average but still retains significant spatial fluctuations [42]. Such a setup was then shown to lead, under suitable conditions, to an effective second-harmonic term with the correct sign to promote spontaneous \mathcal{T} breaking at the interface. Similarly, we do not attempt to identify the microscopic mechanism behind the possible residual \mathcal{T} breaking suggested in the normal state of twisted BSCCO bilayers by the results of Ref. [12]. This is clearly an intriguing effect and, provided that it can be reproduced in more samples and that conditions for its onset are better understood, furnishes an interesting topic for future studies.

On the other hand, the phenomenological character of our model allows the application of our results to other systems where the same current-phase relation appears. For example, our results for the undamped and overdamped limits are in agreement with Refs. [57] and [21], respectively. Therefore, the analysis performed in this work for arbitrary damping and the experimental protocols discussed in Sec. V can prove useful for the analysis of a wide variety of systems [21,43,57].

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