




**Spin-triplet topological excitonic insulators in two-dimensional materials**Huaiyuan Yang <sup>1</sup>, Jiaxi Zeng,<sup>1</sup> Yuelin Shao ,<sup>2,3,\*</sup> Yuanfeng Xu,<sup>4</sup> Xi Dai,<sup>5</sup> and Xin-Zheng Li <sup>1,6,7,†</sup><sup>1</sup>State Key Laboratory for Artificial Microstructure and Mesoscopic Physics, Frontier Science Center for Nano-optoelectronics and School of Physics, Peking University, Beijing 100871, People's Republic of China<sup>2</sup>Beijing National Laboratory for Condensed Matter Physics and Institute of Physics, Chinese Academy of Sciences, Beijing 100190, People's Republic of China<sup>3</sup>School of Physical Sciences, University of Chinese Academy of Sciences, Beijing 100049, People's Republic of China<sup>4</sup>Center for Correlated Matter, School of Physics, Zhejiang University, No. 866, Yuhangtang Road, Xihu District, Zhejiang Province, Hangzhou 310058, People's Republic of China<sup>5</sup>Department of Physics, Hong Kong University of Science and Technology, Clear Water Bay, Kowloon 999077, Hong Kong<sup>6</sup>Interdisciplinary Institute of Light-Element Quantum Materials, Research Center for Light-Element Advanced Materials, and Collaborative Innovation Center of Quantum Matter, Peking University, Beijing 100871, People's Republic of China<sup>7</sup>Peking University Yangtze Delta Institute of Optoelectronics, Nantong, Jiangsu 226010, People's Republic of China

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Quantum spin-Hall insulators (QSHIs) possess nontrivial band topology. Using first-principles many-body perturbation theory ( $GW$ +Bethe-Salpeter equation), we show that excitonic insulators (EIs) can exist in QSHIs AsO and  $\text{Mo}_2\text{TiC}_2\text{O}_2$  with nonvanishing band gaps. Their single-particle topological properties can be described by the same low-energy model, and we show that the EI phase in this model is of spin-triplet type due to the nontrivial band geometry. The rotational symmetry is broken by the  $s$ -wave EI order parameter, and the anisotropic absorption together with possible lattice reconstruction can be used as signatures for this spin-triplet topological EI phase. Large amounts of spin-triplet excitons emerge spontaneously when an EI is achieved and exciton spin-Hall effect may be observed.

DOI: [10.1103/PhysRevB.109.075167](https://doi.org/10.1103/PhysRevB.109.075167)**I. INTRODUCTION**

Quantum spin-Hall insulators (QSHIs) have insulating bulk gaps and gapless edge states, which support nondissipative helical transport at the edges [1–6]. This is due to the nontrivial band topology they possess. In analogy to the superconductor, the excitonic insulator (EI) is another quantum state of matter which has received intensive research attention in recent years [7–16]. It was proposed by Keldysh and Kopae, Kohn, and Jérôme *et al.* in the 1960s [17–19], and consists of a phase in which bound excitons composed of electron-hole pairs form a condensate when the exciton binding energy  $E_b$  exceeds the band gap  $E_g$ . In EIs, a detectable quasiparticle gap-opening resembles the superconductors, but no charge transport exists [20]. This hinders their experimental detection by transport measurements. Over the last half-century, massive efforts have been made to realize EIs and much progress has been achieved. There have been several experimental indications for EIs in materials with lattice instability like  $1T$ - $\text{TiSe}_2$  [21,22] and  $\text{Ta}_2\text{NiSe}_5$  [9–11], in artificial heterostructures like InAs/GaSb quantum well [7] and  $\text{MoSe}_2/\text{WSe}_2$  bilayers [8], and in stable monolayer  $\text{WTe}_2$  [23,24]. Nevertheless, it is fair to say that a systematic strategy to identify the EI phase is still absent.

From the theoretic point of view, the realization of the EI phase requires reduced screening of the Coulomb interactions, which is drastic in two-dimensional (2D) systems. However, 2D semiconductors with large  $E_b$  tend to have large  $E_g$ , as both of them are inversely proportional to the magnitude of screening [25]. To break this synergy, one strategy is to seek dipole-forbidden transitions near the band edges [12–14]. This may further lead us to find some nontrivial topological EIs (TEIs). The strategy is to find inversion-symmetric QSHIs whose band inversion does not happen between the conduction band minimum (CBM) and valence band maximum (VBM), but between a far-away band and the CBM+VBM. If the band inversion happens between the CBM and VBM, according to Fu-Kane criterion [26], the CBM and VBM must have opposite parity to make the  $Z_2$  index nontrivial. But when the band inversion is between a far-away band and the CBM+VBM, the parity of CBM and VBM can be the same, as long as the far-away band has the opposite parity to them. Spin-orbital coupling (SOC) opens a gap between the CBM and VBM. In this way, the band-edge states possess the same parity so the dipole transitions are forbidden, and the EI phase may be achieved.

In this Letter, we demonstrate that these desired excitonic instabilities with topological features can exist in such QSHI materials like 2D arsenene oxide (AsO) and  $\text{Mo}_2\text{TiC}_2\text{O}_2$  [27,28]. They are selected from published works about QSHIs following the aforementioned strategy, and they are stable according to the phonon calculations [27,28].

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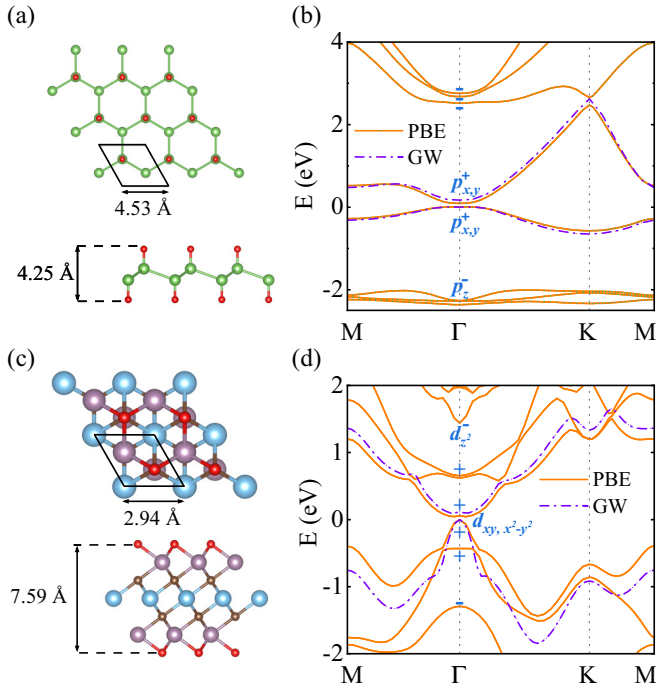


FIG. 1. (a), (c) Top and side (bottom) views of the atomic structures of (a) AsO and (c) Mo<sub>2</sub>TiC<sub>2</sub>O<sub>2</sub>. Green, red, blue, purple, and brown balls denote the As, O, Ti, Mo, and C atoms, respectively. (b), (d) The PBE (orange solid lines) and GW (purple dot-dashed lines) band structures of (b) AsO and (d) Mo<sub>2</sub>TiC<sub>2</sub>O<sub>2</sub>. The blue symbols mark the parity of the bands near the Fermi level.

First-principles GW approximation and Bethe-Salpeter equation (BSE) results show that the exciton binding energies ( $E_b$ ) are larger than the GW band gaps ( $E_g$ ), confirming the existence of the EI phase. Their low-energy physics can be described by the same model Eq. (1). Detailed analysis shows that the EI in this model is of spin-triplet type as a result of the nontrivial band geometry. The rotational symmetry is broken by the  $s$ -wave EI order parameter, and the anisotropic absorption together with possible lattice reconstruction can be used as signatures for this phase. Large amounts of spin-triplet excitons exist when EI is achieved and exciton spin-Hall effect may be detected by the deviations of the static spin Hall conductivity from the QSHI phase, which is also experimental evidence for the spin-triplet TEI phase. Considering the fact that not much effort has been made in realizing EIs in such topological materials [15,29–31], we believe that more TEIs can be found by a systematic search in real materials according to this strategy [32]. The coupling between EIs and topology demonstrated also means that rich physics can exist in materials retaining multiple features.

## II. MATERIALS

Figures 1(a) and 1(c) show the lattice structure of 2D AsO and Mo<sub>2</sub>TiC<sub>2</sub>O<sub>2</sub>, respectively. AsO has a structure similar to hexagonal 2D decorated stanene [28,33] and Mo<sub>2</sub>TiC<sub>2</sub>O<sub>2</sub> is a typical material of MXene family [27]. They both have  $C_3$  rotational symmetry and inversion symmetry, and the band inversion happens at the  $\Gamma$  point between the  $p_z$  orbital with

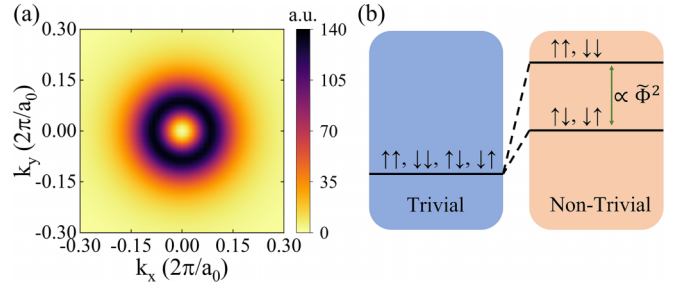


FIG. 2. (a) Berry curvature for spin-up sector calculated from the  $k \cdot p$  model. (b) Schematics for the band geometric effects on the  $1s$  exciton energy levels. Here  $\Phi$  means the average value of  $\Phi_k$  in the region where the  $1s$  exciton wave-function extends.

negative parity and the  $p_x \pm ip_y$  ones with positive parity in AsO, and between the  $d_{z^2}$  orbital with negative parity and the  $d_{xy} \pm id_{x^2-y^2}$  ones with positive parity in Mo<sub>2</sub>TiC<sub>2</sub>O<sub>2</sub>.  $p_z$  and  $d_{z^2}$  orbitals are far from the Fermi level, while  $p_x \pm ip_y$  and  $d_{xy} \pm id_{x^2-y^2}$  orbitals are near the Fermi level [Figs. 1(b) and 1(d)], where SOC contributes to open a band gap between them [27,28,34,35]. The GW band structure does not change significantly from the PBE one except that the band gap value increases from 93 meV to 165 meV in AsO, and from 57 meV to 115 meV in Mo<sub>2</sub>TiC<sub>2</sub>O<sub>2</sub> (the SOC was included in the DFT and GW calculations). After solving the BSE, we obtain large  $1s$  exciton binding energies,  $\sim 300$  meV in AsO and  $\sim 350$  meV in Mo<sub>2</sub>TiC<sub>2</sub>O<sub>2</sub>, as the band-edge states have the same parity [12]. These  $E_b$  values exceed the GW band gaps, indicating excitonic instability in these two materials.

## III. MODEL

To explain the EI properties in more detail, we build the four-band low-energy  $k \cdot p$  model near band edges at  $\Gamma$  point [36]. Including SOC, the Hamiltonian reads [36]

$$H_0(\mathbf{k}) = h_0(\mathbf{k})\tau_0s_0 + \alpha(k_x^2 - k_y^2)\tau_xs_0 + 2\alpha k_xk_y\tau_ys_0 + \lambda\tau_zs_z, \\ = \begin{pmatrix} h_0(\mathbf{k}) + \lambda & 0 & \alpha k_-^2 & 0 \\ 0 & h_0(\mathbf{k}) - \lambda & 0 & \alpha k_-^2 \\ \alpha k_+^2 & 0 & h_0(\mathbf{k}) - \lambda & 0 \\ 0 & \alpha k_+^2 & 0 & h_0(\mathbf{k}) + \lambda \end{pmatrix}. \quad (1)$$

Here  $h_0(\mathbf{k}) = \epsilon_0 + c(k_x^2 + k_y^2)$ ,  $k_{\pm} = k_x \pm ik_y$ , and  $\lambda$  is the SOC strength.  $\tau_i$  and  $s_i$  ( $i = 0, x, y, z$ ) are the Pauli matrices in the orbital space ( $p_x \pm ip_y$  for AsO and  $d_{xy} \pm id_{x^2-y^2}$  for Mo<sub>2</sub>TiC<sub>2</sub>O<sub>2</sub>) and the up/down spin space. This Hamiltonian respects three-fold rotational symmetry  $C_3 = \text{diag}(-1, e^{i\pi/3}, e^{-i\pi/3}, -1)$ , inversion symmetry  $I = \tau_0s_0$  and time-reversal symmetry  $\mathcal{T} = \tau_xs_yK$ , where  $K$  is complex conjugation operator. The parameters  $\epsilon_0, c, \alpha$  and  $\lambda$  are fitted to reproduce the GW band structure near the  $\Gamma$  point. As  $H_0$  is spin-diagonal, we can explicitly calculate the Chern number for both spin sectors by integrating the Berry curvature using  $C_{\uparrow/\downarrow} = \frac{1}{2\pi} \iint \mathcal{F}_{\uparrow/\downarrow} dk_x dk_y$ , and  $\mathcal{F}_{\uparrow}$  is shown in Fig. 2(a).  $C_{\uparrow/\downarrow} = \pm 1$  and the spin Chern number is  $C_s = \frac{1}{2}(C_{\uparrow} - C_{\downarrow}) = 1$ ,

signaling non-trivial topology of the system, and in alignment with the analysis of the band structure.

On top of this single-particle picture, we further explore the excitonic properties. The model BSE based on the  $k \cdot p$  model reads [37]

$$(E_S - \epsilon_{n_c}(\mathbf{k}) + \epsilon_{n_v}(\mathbf{k}))A_{n_c n_v}^S(\mathbf{k}) = \sum_{n'_c, n'_v, \mathbf{k}'} \mathcal{K}_{n_c n_v, n'_c n'_v, \mathbf{k}'} A_{n'_c n'_v}^S(\mathbf{k}'), \quad (2)$$

where  $n_c \in \{c \uparrow, c \downarrow\}$ ,  $n_v \in \{v \uparrow, v \downarrow\}$ ,  $\epsilon_{n_c}(\mathbf{k})$  [ $\epsilon_{n_v}(\mathbf{k})$ ] is the quasiparticle energy of the conduction (valence) band, and  $|S\rangle = \sum_{n_c, n_v, \mathbf{k}} A_{n_c n_v}^S(\mathbf{k}) \hat{c}_{n_c, \mathbf{k}}^\dagger \hat{c}_{n_v, \mathbf{k}} |GS\rangle$  is the exciton eigenstate. The kernel reads [37,38]  $\mathcal{K}_{n_c n_v, n'_c n'_v, \mathbf{k}'} = -W(\mathbf{k} - \mathbf{k}') \Delta_{n_c n'_c}(\mathbf{k}, \mathbf{k}') \Delta_{n_v n'_v}(\mathbf{k}', \mathbf{k}) / \Omega$ , where  $\Omega$  is the area and  $W(\mathbf{q})$  is the screened Coulomb interaction, which equals  $2\pi / [|\mathbf{q}|(1 + 2\pi|\mathbf{q}|\alpha_{2D})]$ .  $\alpha_{2D}$  is the 2D polarizability obtained from first-principles calculation. The form factors  $\Delta_{mn'}(\mathbf{k}, \mathbf{k}') = \langle n\mathbf{k} | n'\mathbf{k}' \rangle$  are calculated from the single-particle eigenvectors  $|n\mathbf{k}\rangle$ . Here we only include the direct part of the kernel, as the exchange part  $\mathcal{K}_{n_c n_v, n'_c n'_v, \mathbf{k}'}^{\text{ex}} = V(\mathbf{k} - \mathbf{k}') \Delta_{n_c n'_c}(\mathbf{k}, \mathbf{k}') \Delta_{n_v n'_v}(\mathbf{k}', \mathbf{k}) / \Omega$  equals zero due to the orthogonality of the eigenstates [38]. As  $H_0$  is spin diagonal, we can consider the like-spin ( $c \uparrow v \uparrow$  and  $c \downarrow v \downarrow$ ) and unlike-spin ( $c \uparrow v \downarrow$  and  $c \downarrow v \uparrow$ ) excitons separately [37]. Here we label the spin of a state in the electron picture to avoid misunderstanding [39] and choose the gauge by requiring that the lowest energy exciton state is in analogy of  $1s$  state in the 2D hydrogen model [36,40,41]. The binding energies calculated from this model BSE match the first-principles results within 1 meV, implying that the key physics is captured in this model. Further, we find that the energies of the unlike-spin  $1s$  excitons are lower than the like-spin  $1s$  excitons, also in alignment with the first-principles results. This indicates that the EI phase is of the spin-triplet type.

#### IV. BAND GEOMETRY

Now we discuss the origin of the spin-triplet exciton ground state. We define  $U_{ij}(\mathbf{k}, \mathbf{k}') \equiv W(\mathbf{k} - \mathbf{k}') \Delta_{ii}(\mathbf{k}, \mathbf{k}') \Delta_{jj}(\mathbf{k}', \mathbf{k})$  as an effective interaction, where  $i, j \in \{c \uparrow, c \downarrow, v \uparrow, v \downarrow\}$ . It is smaller than the  $W(\mathbf{k} - \mathbf{k}')$  as a result of the Bloch form factors. As  $H_0$  is isotropic, we can decompose these quantities into different angular momentum channels, and find that [36,40]

$$U_{c \uparrow v \downarrow}^{1s}(\mathbf{k}, \mathbf{k}') = U_{c \downarrow v \uparrow}^{1s}(\mathbf{k}, \mathbf{k}'), U_{c \uparrow v \uparrow}^{1s}(\mathbf{k}, \mathbf{k}') = U_{c \downarrow v \downarrow}^{1s}(\mathbf{k}, \mathbf{k}'), \\ U_{c \uparrow v \downarrow}^{1s}(\mathbf{k}, \mathbf{k}') - U_{c \uparrow v \uparrow}^{1s}(\mathbf{k}, \mathbf{k}') = [W^0(k, k') - W^4(k, k')] \tilde{\Phi}_k \tilde{\Phi}_{k'}, \quad (3)$$

where  $W(\mathbf{k}_1 - \mathbf{k}_2) = \sum_m W^m(k_1, k_2) e^{im(\theta_1 - \theta_2)}$ ,  $\tilde{\Phi}_k = \Phi_k / 4\pi \in (0, 1/2)$ , and  $\Phi_k$  is the spin-up valence band's Berry curvature flux through the circle around  $\Gamma$  with radius  $k$ . As a result of the long-range nature of the screened Coulomb interaction,  $W^0(k, k') > W^4(k, k')$ , we can conclude that the effective interaction in the  $1s$  unlike-spin channel is larger than that in the like-spin channel. For trivial bands with zero Berry curvature flux, the like- and unlike-spin  $1s$  excitons are degenerate. Therefore, it can be clearly seen that the spin-triplet nature of the lowest energy exciton state is linked to  $H_0$ 's nontrivial band geometry [40,42], which is shown schematically in Fig. 2(b).

#### V. TEI PHASE

To investigate the EI phase in more detail, we performed Hartree-Fock calculations at 0 K based on the  $k \cdot p$  model [36]. The Hartree-Fock mean-field Hamiltonian in the eigenbasis reads  $\hat{H}_{\text{MF}} = \sum_{\mathbf{k}} \Psi_{\mathbf{k}}^\dagger (H_{\text{eig}} + H_{\text{Fock}}) \Psi_{\mathbf{k}}$ , where  $H_{\text{eig}}(\mathbf{k}) = \text{diag}(\epsilon_{c \uparrow}(\mathbf{k}), \epsilon_{c \downarrow}(\mathbf{k}), \epsilon_{v \uparrow}(\mathbf{k}), \epsilon_{v \downarrow}(\mathbf{k}))$  and

$$H_{\text{Fock}}(\mathbf{k}) = \begin{pmatrix} \Delta_{c \uparrow c \uparrow}(\mathbf{k}) & \Delta_{c \uparrow c \downarrow}(\mathbf{k}) & \Delta_{c \uparrow v \uparrow}(\mathbf{k}) & \Delta_{c \uparrow v \downarrow}(\mathbf{k}) \\ \Delta_{c \uparrow c \downarrow}^*(\mathbf{k}) & \Delta_{c \downarrow c \downarrow}(\mathbf{k}) & \Delta_{c \downarrow v \uparrow}(\mathbf{k}) & \Delta_{c \downarrow v \downarrow}(\mathbf{k}) \\ \Delta_{c \uparrow v \uparrow}^*(\mathbf{k}) & \Delta_{c \downarrow v \uparrow}^*(\mathbf{k}) & \Delta_{v \uparrow v \uparrow}(\mathbf{k}) & \Delta_{v \uparrow v \downarrow}(\mathbf{k}) \\ \Delta_{c \uparrow v \downarrow}^*(\mathbf{k}) & \Delta_{c \downarrow v \downarrow}^*(\mathbf{k}) & \Delta_{v \uparrow v \downarrow}^*(\mathbf{k}) & \Delta_{v \downarrow v \downarrow}(\mathbf{k}) \end{pmatrix}, \quad (4)$$

$$\Delta_{ij}(\mathbf{k}) = -\frac{1}{\Omega} \sum_{\mathbf{k}'} U_{ij}(\mathbf{k}, \mathbf{k}') \rho_{ij}(\mathbf{k}'). \quad (5)$$

The density matrix  $\rho_{ij}(\mathbf{k}) = \langle c_{j\mathbf{k}}^\dagger c_{i\mathbf{k}} \rangle - \delta_{ij} \delta_{i=vs}$  is defined relative to the fully filled valence band to avoid the double counting of the interaction and

$$\langle c_{j\mathbf{k}}^\dagger c_{i\mathbf{k}} \rangle = \sum_{\alpha} [\mathcal{U}]_{i, \alpha} f_{\text{F}}(E_{k, \alpha}) [\mathcal{U}^\dagger]_{\alpha, j}. \quad (6)$$

$\mathcal{U}$  is the unitary matrix that diagonalizes the  $\hat{H}_{\text{MF}}$ ,  $E_{k, i}$  are the corresponding eigenvalues, and  $f_{\text{F}}$  is the Fermi-Dirac distribution function. The Hartree energy reads  $E_{\text{Hartree}} = \frac{1}{2\Omega^2} \sum_{ij, k_1 k_2} W(0) \rho_{ii}(\mathbf{k}_1) \rho_{jj}(\mathbf{k}_2)$ , which vanishes as  $\sum_i \rho_{ii}(\mathbf{k}) = 0$ . We choose different initial  $\Delta_{ij}$ s, or, equivalently,  $\rho_{ij}$ s, and solve the Hartree-Fock equations above in a dense  $k$ -point mesh by iterations. Then the total energy density can be calculated by  $E_{\text{total}} = \frac{1}{2\Omega} \sum_{\mathbf{k}} \text{Tr}[\rho(\mathbf{k}) \{H_{\text{eig}}(\mathbf{k}) + H_{\text{MF}}(\mathbf{k})\}]$ , and we compare the energies to determine the ground state. On realistic substrates, screening can be estimated by substituting  $W(\mathbf{q})$  with  $W'(q) = 2\pi / [q(\epsilon + 2\pi q \alpha_{2D})]$ , where  $\epsilon = (1 + \epsilon_r) / 2$  ( $\epsilon_r$  is the dielectric constant of the substrate). In Fig. 3(a), we show the Hartree-Fock phase diagram with respect to  $\epsilon_r$ .

When  $\epsilon_r$  is small, the  $1s$  exciton binding energy is much larger than the band gap. Among the excitonic order parameters  $\Delta_{cv}(\mathbf{k})$ s, only the unlike-spin ones  $\Delta_{c \uparrow v \downarrow}(\mathbf{k})$ ,  $\Delta_{c \downarrow v \uparrow}(\mathbf{k})$  are nonzero [(Fig. 3(b)) due to the band geometric effects explained before, and the band structures in this EI phase are different from the original ones [see the lower insets of Fig. 3(a)]. A prominent increase of the band gap emerges, the conduction band flattens, and the valence band distort strongly, making the gap more indirect than before. The rotational symmetry is broken by the  $s$ -wave excitonic order parameters, while time-reversal symmetry and inversion symmetry are preserved, and the bands are still twofold degenerate everywhere in the  $k$  space due to the Kramers' theorem. To identify the topological property, we calculate the Wilson loop for the two degenerate occupied bands [43,44]. The  $2 \times 2$  overlap matrix  $F_{i, j}^{n, n+1} = \langle i^n | j^{n+1} \rangle$  along square loops around  $\Gamma$  ( $n$  is the step index in the loop), where  $i, j \in \{v \uparrow, v \downarrow\}$ , are calculated [31]. The phase angles  $\theta_k$  correspond to the eigenvalues  $e^{i\theta_k}$  of the product of all  $F$ s in one loop labeled by  $|k\rangle$ , where  $|k\rangle$  is half of the square's side length. As shown in Fig. 4(a), each occupied band winds the cylinder once in

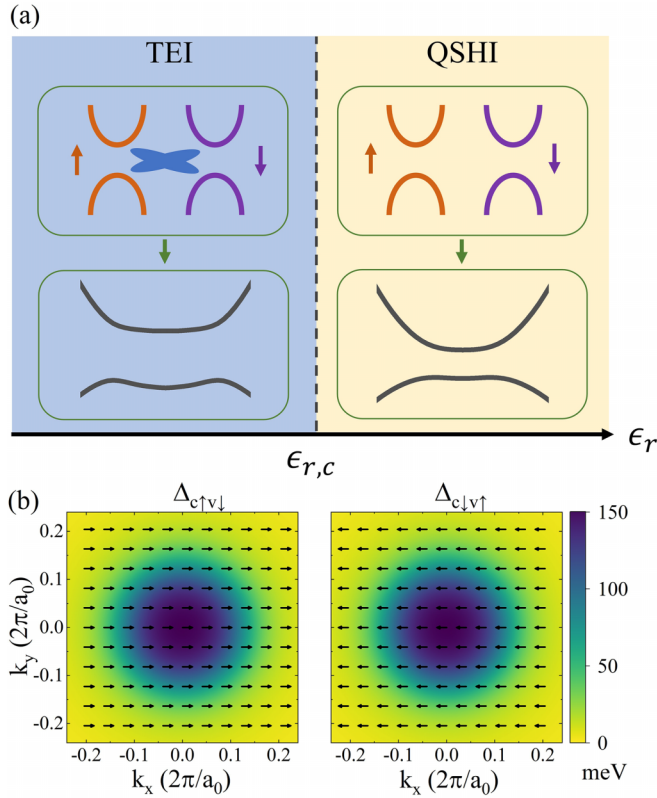


FIG. 3. (a) The excitonic mean-field phase diagram with respect to different substrate dielectric constants. TEI and QSHI represent the topological EI phase and normal quantum spin-Hall insulator phase, respectively. The upper insets show the excitonic pairing channels in these phases schematically, and the lower insets show the band structures in these phases.  $\epsilon_{r,c}$  refer to the phase-transition points. (b) The absolute values and phase winding patterns of the nonzero excitonic order parameters at 0 K in the reciprocal space. The direction of the arrow denotes the phase angle and the color map indicates the magnitude.

opposite directions, indicating that the nontrivial  $Z_2$  topology survives in the excitonic phase, and we label it TEI.

When  $\epsilon_r$  further increases and exceeds a critical value  $\epsilon_{r,c}$  where the exciton binding energy equals the band gap, the excitonic order parameters are all zero and the EI phase disappears. Now the system is the normal QSHI. Numerical results show that  $\epsilon_{r,c} = 6.7$  for AsO and  $\epsilon_{r,c} = 9.6$  for  $\text{Mo}_2\text{TiC}_2\text{O}_2$ , indicating that the TEI phase is achievable on realistic substrates in experiments.

## VI. EXPERIMENTS

Symmetry breaking can be used to detect the EI phase experimentally. For example, a charge-density wave emerges in  $\text{WTe}_2$  [23,24] as the excitons condensate at finite momentum, breaking the translational symmetry. As for the TEI phase here, the broken symmetry is the  $C_3$  rotational symmetry, which is a result of the  $s$ -wave excitonic order parameters [Fig. 3(a)]. The  $C_3$  breaking of the electronic system may affect the lattice symmetry by the electron-phonon coupling, which can be probed by experiments such as XRD and STM.

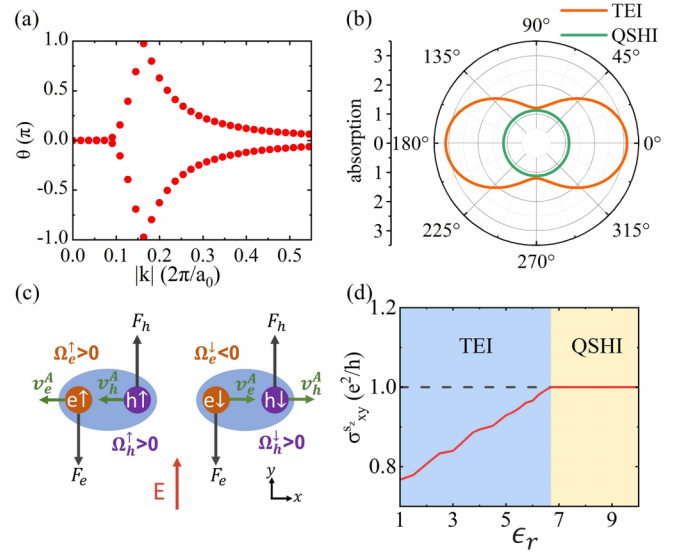


FIG. 4. (a) Results of Wilson-loop calculation for the TEI phase, where the red dots represent the phase angles of the two occupied bands. (b) Absorption intensity at  $\omega = 0.4$  eV with different polarization directions. (c) A schematic diagram for the exciton spin-Hall effect. The electron and hole for each spin-triplet exciton will obtain an anomalous velocity  $v_{e/h}^A = -\mathbf{k}_{e/h} \times \mathbf{\Omega}_{e/h}$  pointing in the same direction. (d) Static spin Hall conductivity with respect to different  $\epsilon_r$ s. (b) and (d) are calculated at 0 K using AsO parameters.

Besides, as shown in Fig. 4(b), the absorption spectrum will be anisotropic as well, which can be demonstrated by the real part of the optical conductivity:

$$\sigma_a(\omega) = \frac{1}{\Omega} \sum_{m \in c, n \in v} \sum_k \frac{4ie^2\omega \mathcal{O}_{k,nm}^a (f_F(E_{k,n}) - f_F(E_{k,m}))}{\hbar\omega + i\eta + E_{k,n} - E_{k,m}}, \quad (7)$$

$$\mathcal{O}_{k,nm}^a = \frac{\hbar^2 |\hat{v}_{nm}^a(\mathbf{k})|^2}{(E_{k,n} - E_{k,m})^2}. \quad (8)$$

Here  $a$  labels the direction of the polarization and the vertex correction can be safely neglected as the collective modes are dark due to the same-parity band edge states [45–49].

Large amounts of spin-triplet excitons emerge spontaneously when TEI is achieved. For the  $c \uparrow v \downarrow$  ( $c \downarrow v \uparrow$ ) exciton, or the  $e \uparrow h \uparrow$  ( $e \downarrow h \downarrow$ ) exciton equivalently, the electron and hole have Berry curvature with opposite signs ( $\Omega_e^\uparrow, \Omega_h^\downarrow < 0$  and  $\Omega_e^\downarrow, \Omega_h^\uparrow > 0$ ). From the semiclassical equations of motion for the exciton  $\dot{\mathbf{K}} = \dot{\mathbf{k}}_e + \dot{\mathbf{k}}_h = 0$ ,  $\dot{\mathbf{R}} = (\partial_{\mathbf{k}_e} \epsilon_{\mathbf{k}_e}^e + \partial_{\mathbf{k}_h} \epsilon_{\mathbf{k}_h}^h)/2 - \dot{\mathbf{k}}_e \times (\mathbf{\Omega}_e - \mathbf{\Omega}_h)/2$ , we can see that the spin-triplet exciton acquires a velocity in the transverse direction [50]. This will result in a net transverse spin transport as schematically shown in Fig. 4(c), and can be called the exciton spin-Hall effect. The static spin Hall conductivity can be calculated using [51,52]

$$\sigma_{xy}^{s_z} = \frac{1}{\Omega} \sum_{m,n,m \neq n} \sum_k \frac{-2\hbar e f_F(E_{k,n}) \text{Im} [\hat{J}_{x,nm}^{s_z}(\mathbf{k}) \hat{v}_{mn}^y(\mathbf{k})]}{(E_{k,n} - E_{k,m})^2}, \quad (9)$$

where  $\hat{J}_x^{s_z}$  is the spin current operator. In QSHI phase,  $\sigma_{xy}^{s_z}$  equals  $\frac{e^2}{h}$ , and the spin Hall current is in the  $+x$  direction



when the electric field is applied in the  $+y$  direction. In the TEI phase, the spin Hall current of the spin-triplet excitons is in the  $-x$  direction, as shown in Fig. 4(c). Therefore, the static spin Hall conductivity in the TEI phase is reduced from  $\frac{e^2}{h}$  in the QSHI phase, as illustrated in Fig. 4(d). This can also be used as an experimental signature for the TEI phase.

The mean-field theory generally overestimates the exciton superfluid transition temperature due to the lack of quantum fluctuations. Instead, it should be estimated by the Berezinsky–Kosterlitz–Thouless (BKT) temperature [36,53,54], and we find that  $T_{\text{BKT}} \approx 27$  K for AsO and  $T_{\text{BKT}} \approx 65$  K for  $\text{Mo}_2\text{TiC}_2\text{O}_2$ , respectively, on hBN substrate where  $\epsilon_r \approx 5$ . However, in real materials the hybridization between the conduction and valence bands is unavoidable, which breaks the electron (hole) U(1) symmetry [55]. The EI transition now only corresponds to the breaking of discrete symmetries ( $C_3$  here), and a true exciton superfluid can never happen, where the collective mode will have a finite gap [46,47,55,56].

This TEI phase may have applications in different electronic, spintronic, and photonic devices. For example, there are exotic transport properties in the EI-based hybrid junction [57–59]. The topological edge states may also play an

essential role in the transport [60] and optical [61] properties in the TEI phase, which deserve further investigation. We hope this combined use of QSHIs with EI may stimulate more theoretical and experimental studies in such interdisciplinary areas.

*Note added.* Recently, we became aware of Ref. [62], whose results are consistent with ours in the finite overlapping part.

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