Microscopic many-body theory of two-dimensional coherent spectroscopy of excitons and trions in atomically thin transition metal dichalcogenides

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We present a microscopic many-body theory of the recently measured two-dimensional coherent spectroscopy (2DCS) of excitons and trions in monolayer $MoSe_2$ materials [K. Hao *et al.*, Nano Lett. **16**, 5109 (2016)], where excitons and trions can be well interpreted as repulsive and attractive polarons, respectively, in the dilute limit of exciton density. We derive a simple relation for the 2DCS spectrum in terms of a modified, mixing time-dependent polaron Green function, which is valid in the single-exciton limit. Our simulated spectra are in excellent qualitative agreement with experiments without introducing any phenomenological parameters such as decoherence rates. In particular, quantum beats between the off-diagonal cross peaks in the experimental 2DCS spectra are well reproduced. Our work, therefore, clarifies the microscopic principle that underlies the observed optical signals of exciton-trion coherence. We find that there are two quantitative discrepancies between theory and experiment: the smaller than expected cross-peak strength and the slightly unsynchronized quantum beats at different cross peaks. Tentatively, we attribute these residual discrepancies to the finite exciton density and the resultant polaron-polaron interaction, which is not taken into account in our theory.

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I. INTRODUCTION

Over the last decade, atomically thin transition metal dichalcogenides (TMD) have received increasing attention [1–3] due to their unique physical properties arising from extreme low-dimensional constraints. These two-dimensional (2D) materials are expected to be promising candidates for a wide range of applications in ultrathin low-power electronics, optoelectronics, and spintronics. For this perspective, different types of experimental spectroscopy techniques have been used to characterize optical properties of monolayer TMD materials [2,3], including the reflection or absorption spectra [4,5], photoluminescence [6], spatial self-phase modulation [7–9], nonlinear two-pulse pump-probe measurement [10,11], and nonlinear four-wave mixing [12].

Here, we are specifically interested in the nonlinear two-dimensional coherent spectroscopy (2DCS) based on the four-wave mixing [13-15], which enables the study of excited-state dynamics on femtosecond (fs) timescales and maps out the full third-order nonlinear optical susceptibility of 2D materials by correlating excitation and emission energies [15]. 2DCS has been applied to probe the formation and dynamics of excitons and higher-order excitonic complexes such as trions and biexcitons in both molybdenum-based (Mo X_2) and tungsten-based (WX₂) TMD materials [12,16-18]. A remarkable recent experimental discovery is the quantum coherence between trions and excitons in monolayer MoSe₂, as revealed by quantum beats between the two off-diagonal cross peaks at the timescale of 100 fs [16]. However, due to the lack of theoretical interpretation of 2DCS spectrum at the microscopic level [14], it remains a challenge to clarify the microscopic mechanisms underlying such quantum beats.

In this respect, two pioneering theoretical analyses are worth mentioning [19,20]. One is the combined use of the perturbative Fermi golden rule and the few-body solution for excitons and trions by Tempelaar and Berkelbach [19]. As in the experiment, the electron density could be nonzero, a trion is now commonly viewed as an attractive polaron [21,22], i.e., a quasiparticle formed by dressing an exciton with particlehole excitations of the electron Fermi sea [23–30]. Therefore, in the numerical calculations for three-body trions [19], the Brillouin zone sampling resolution has been varied as a way to effectively tune the electron density and to provide an approximate polaron description for excitons and trions. In another theoretical analysis by Lindoy, Chang, and Reichman [20], which was posted most recently, the unrealistic limit of an infinitely heavy hole has been taken in order to utilize the exact solution of the well-known Mahan-Nozières-De Dominicis (MND) model [31–33]. However, in the immobile heavy-hole limit, polaron quasiparticle resonance turns into a power-law singularity due to the famous Anderson orthogonality catastrophe [34,35]. Although the MND model provides useful insight into quantum beats, it is desirable to consider mobile holes and excitons with finite mass.

In this work, we would like to remove the downsides of these two theoretical analyses by taking an *exact* polaron model for *mobile* excitons and trions, with a realistic exciton mass. We present a full microscopic many-body calculation of the 2DCS spectrum of excitons and trions. Intriguingly, as photons in four-wave-mixing pulses have negligible momentum [33], any intermediate nonexciton states that involve particle-hole excitations of the Fermi sea will not make contributions to the 2DCS signal due to their different linear momentum from the initial configuration of the electron Fermi sea. This is true if we always restrict the maximum number of excitons during excitations to one in the low-exciton density limit. The absence of particle-hole excitations allows us to derive a simple expression for the 2DCS spectrum, which provides a microscopic understanding of the perturbative Fermi golden rule adopted by Tempelaar and Berkelbach [19]. The latter was adopted without explanation.

We perform a numerical simulation of the 2DCS spectrum under the experimental conditions without introducing any phenomenological parameters. There are excellent qualitative agreements between our theory and the recent experiment by Hao *et al.* [16], indicating that the microscopic mechanism of quantum beats is indeed captured by the exciton-trion-polaron model [21,22]. We also find some residual discrepancies, such as the smaller than expected cross-peak strength and the slightly unsynchronized oscillations at different cross peaks. These discrepancies could be due to the polaron-polaron interaction at finite exciton density, which is not considered in our calculations but is worth exploring in future works.

It is interesting to note that a cold-atom analog of the 2DCS spectroscopy was recently proposed by us (i.e., the 2D Ramsey spectroscopy) [36–38], in which the role of an exciton is played by a spin- $\frac{1}{2}$ impurity atom, and the fourwave mixing is implemented by using a sequence of Ramsey $\pi/2$ radio-frequency (rf) pulses to flip the pseudospin of the impurity [35]. In this work, we will also briefly compare these two different two-dimensional spectroscopies.

The rest of the paper is organized as follows. In the following section (Sec. II), we outline the model Hamiltonian for the exciton-trion-polaron in 2D materials. In Sec. III, we present the many-body theory of the 2DCS spectroscopy and make a brief comparison to the 2D Ramsey spectroscopy with cold atoms [38]. In Sec. IV, we first discuss the details of our numerical calculations and then show the theoretical results in comparison with the experimental data [16]. Finally, Sec. V is devoted to conclusions and outlooks.

II. MODEL HAMILTONIAN

In monolayer MoSe₂, spin-up (spin-down) electrons and holes near the K(K') valley can form tightly bound excitons, with binding energy about several hundred meV [2,16]. These excitons can also attract extra spin-opposite electrons (to be described by the creation and annihilation field operators $c_{\mathbf{k}}^{\dagger}$ and c_k) in other valleys to form singlet trions, with a trion binding energy $E_T \sim 30 \text{ meV}$ [19]. In general, the density of extra electrons in other valleys is finite, as characterized by an electron Fermi energy about several tens meV, $\varepsilon_F \sim 10 \text{ meV}$. As the exciton binding energy is significantly larger than other energy scales in the system, the internal structure of excitons is frozen and we can describe them by using the creation and annihilation field operators $X_{\mathbf{k}}^{\dagger}$ and $X_{\mathbf{k}}$. In the dilute limit of exciton density, the system under consideration therefore can be well described by a polaron model Hamiltonian ($\hbar = 1$) [21,22],

$$\mathcal{H} = \sum_{\mathbf{k}} \left[\epsilon_{\mathbf{k}} c_{\mathbf{k}}^{\dagger} c_{\mathbf{k}} + \epsilon_{\mathbf{k}}^{X} X_{\mathbf{k}}^{\dagger} X_{\mathbf{k}} \right] + U \sum_{\mathbf{q} \mathbf{k} \mathbf{p}} X_{\mathbf{k}}^{\dagger} c_{\mathbf{q}-\mathbf{k}}^{\dagger} c_{\mathbf{q}-\mathbf{p}} X_{\mathbf{p}}, \quad (1)$$

where the maximum number of excitons is restricted to 1, i.e., $\sum_{\mathbf{k}} X_{\mathbf{k}}^{\dagger} X_{\mathbf{k}} \leq 1$, and the density of the electrons $(n = \sum_{\mathbf{k}} c_{\mathbf{k}}^{\dagger} c_{\mathbf{k}})$ can be tuned by the Fermi energy ε_F through gate



FIG. 1. (a) Time ordering of excitation pulses for standard rephasing 2D coherent spectra. The evolution, mixing, and emission time delays are labeled as t_1 , t_2 , and t_3 , respectively. (b), (c) The two double-sided Feynman diagrams representing the two contributions to the phase-match directions $\mathbf{k}_s = -\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3$. (b) Describes the process of excited-state emission (ESE), $R_2(t_1, t_2, t_3)$, while (c) is referred to as ground-state bleaching (GSB), $R_3(t_1, t_2, t_3)$. Here, we use $|g\rangle$ and $|e\rangle$ to denote the many-body states without and with excitons, respectively. There could be infinitely many excited many-body (polaron) states $|e\rangle$, as indicated by different colors. In contrast, the many-body state of the electron gas $|g\rangle$ (describing the Fermi sea) does not change, due to the negligible momentum of photons in the excitation pulses, as discussed in the text.

voltage. $\epsilon_{\mathbf{k}} = k^2/(2m_e)$ and $\epsilon_{\mathbf{k}}^X = k^2/(2m_X)$ are the singleparticle energy dispersion relations of electrons and excitons, respectively, with electron mass m_e and exciton mass $m_X \simeq 2m_e$ in 2D TMD materials [2].

In the dilute limit of electron density $(n \rightarrow 0)$, the formation of a trion is driven by the interaction Hamiltonian (i.e., the U term). Hence, the interaction strength U can be determined by reproducing the trion binding energy E_T [21,22]. In the general case of a finite electron density, it is now understood that trions and excitons could be well interpreted as the attractive polarons and repulsive polarons, the two types of quasiparticles that have been systematically studied over the past 15 years in ultracold-atomic physics [23–30]. In this context, we may understand the trion in the zero-electron density limit as the molecule phase and the trion at finite-electron density as the polaron phase. These two phases are separated by a quantum phase transition, i.e., the polaron-molecule transition, which is observable by decreasing the electron density [23].

III. MANY-BODY THEORY OF TWO-DIMENSIONAL COHERENT SPECTROSCOPY

In the 2DCS spectroscopy [13,14], three pulses are applied to the sample at times τ_1 , τ_2 , and τ_3 , respectively, separated by an evolution time delay $t_1 = \tau_2 - \tau_1$ and a mixing time delay $t_2 = \tau_3 - \tau_2$, as illustrated in Fig. 1(a). The nonlinear

third-order four-wave-mixing signal (i.e., the red wave packet in the figure), as a result of the three pulses, is measured with frequency-domain heterodyne detection at a later time τ_s , separated from the third pulse by an emission time delay $t_3 = \tau_s - \tau_3$. In the 2DCS experiment for excitons and trions in MoSe₂ [16], the three excitation pulses and detected signal are all cocircularly polarized (i.e., σ^+ polarization). As a consequence, only *K*-valley excitons are created or annihilated by each excitation pulse, as described by the light-matter interaction operator \hat{V} ,

$$\sum_{\mathbf{k}} (\phi_{\mathbf{k}} e_{\mathbf{k}} h_{-\mathbf{k}} + \phi_{\mathbf{k}}^* h_{-\mathbf{k}}^\dagger e_{\mathbf{k}}^\dagger) \propto X_0 + X_0^\dagger \equiv \hat{V}, \qquad (2)$$

where $\phi_{\mathbf{k}}$ is the dipole matrix element. As we mentioned earlier, the proportionality in the above equation (i.e., the introduction of the exciton field operator) is reasonable in the limit of extremely large exciton binding energy. We note that only the zero-momentum exciton field operators appear in the interaction operator \hat{V} , due to the negligible photon momentum in the excitation pulses (i.e., $\mathbf{k}_i \sim \mathbf{k}_s \sim 0$). After some of the three pulses, different many-body polaron states $|e\rangle$ with a single exciton are created. These include the intervalley trion or attractive polaron, consisting of a *K*-valley exciton and a *K'*-valley electron, dressed by the multiple-particle-hole excitations of the electron Fermi sea in the *K'* valley [16,19].

According to the standard nonlinear response theory [15,39,40], the four-wave-mixing signal is given by the thirdorder nonlinear response function

$$\mathcal{R}^{(3)} \propto \langle [[[\hat{V}(t_1 + t_2 + t_3), \hat{V}(t_1 + t_2)], \hat{V}(t_1)], \hat{V}] \rangle, \quad (3)$$

where the time-dependent interaction operator $\hat{V}(t) \equiv e^{i\mathcal{H}t}\hat{V}e^{-i\mathcal{H}t}$, and $\langle \dots \rangle$ stands for the quantum average over the initial many-body configuration of the system without excitation pulses, which can be either the ground state at zero temperature or a thermal state at nonzero temperature. By expanding the three bosonic commutators, there are a total of four distinct correlation functions and their complex conjugates [15]. For the rephasing scheme (i.e., $t_1 >$ 0) with the phase-match directions $\mathbf{k}_s = -\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3$, as adopted in the experiment [16], we can consider two significant contributions within the rotating-wave approximation in the low-exciton density limit, i.e., the process of so-called excited-state emission (ESE) [17,40],

$$R_2 = \langle \hat{V}\hat{V}(t_1 + t_2)\hat{V}(t_1 + t_2 + t_3)\hat{V}(t_1)\rangle, \qquad (4)$$

and the process of ground-state bleaching (GSB) [17,40],

$$R_3 = \langle \hat{V}\hat{V}(t_1)\hat{V}(t_1 + t_2 + t_3)\hat{V}(t_1 + t_2)\rangle.$$
(5)

These two processes can be understood by using double-sided Feynman diagrams, as shown in Figs. 1(b) and 1(c), respectively. Note that at a small exciton density we only include the excitations involving a *single* exciton and therefore neglect the third rephasing process of excited-state absorption (ESA) [17,40], $R_1^*(t_1, t_2, t_3)$.

The total rephasing 2DCS spectrum can then be obtained by evaluating the two correlation functions after a double Fourier transformation [14,40],

$$S(\omega_1, t_2, \omega_3) = S_2(\omega_1, t_2, \omega_3) + S_3(\omega_1, t_2, \omega_3), \quad (6)$$

where, for i = 2, 3,

$$S_i = \int_0^\infty \int_0^\infty dt_1 dt_3 e^{i\omega_1^+ t_1} e^{i\omega_3^+ t_3} R_i(t_1, t_2, t_3).$$
(7)

Here, ω_1 is the excitation (or absorption) energy and ω_3 is the emission energy. As a response function, we have defined $\omega_1^+ = \omega_1 + i0^+$ and $\omega_3^+ = \omega_3 + i0^+$, where the infinitesimal 0^+ is introduced to regularize the Fourier transformation at $t_1 \rightarrow \infty$ and $t_3 \rightarrow \infty$.

A. A simple expression of the 2DCS spectrum

Let us first focus on the ESE process $R_2(t_1, t_2, t_3)$, as described by Fig. 1(b). By inserting the expression of \hat{V}_0 and explicitly listing the time dependence of the operators, we find that

$$R_{2}(t_{1}, t_{2}, t_{3}) = \langle \mathrm{FS} | X_{0} e^{i\mathcal{H}_{X}(t_{1}+t_{2})} X_{0}^{\dagger} e^{i\mathcal{H}_{0}t_{3}} X_{0} e^{-i\mathcal{H}_{X}(t_{2}+t_{3})}$$
$$\times X_{0}^{\dagger} | \mathrm{FS} \rangle e^{-iE_{\mathrm{FS}}t_{1}}, \qquad (8)$$

where \mathcal{H}_0 and \mathcal{H}_X denote the model Hamiltonian \mathcal{H} in the cases of no exciton and of a single exciton, respectively. We also denote the initial configuration of the system (without any excitons and with a background energy E_{FS} of the electron Fermi sea) as $|\text{FS}\rangle$, so we can evaluate

$$e^{-i\mathcal{H}t_1}|\mathrm{FS}\rangle = e^{-i\mathcal{H}_0t_1}|\mathrm{FS}\rangle = e^{-iE_{\mathrm{FS}}t_1}|\mathrm{FS}\rangle. \tag{9}$$

The configuration $|FS\rangle$ could be a thermal mixed state at nonzero temperature.

In the above expression of $R_2(t_1, t_2, t_3)$, we may insert a complete set of many-body states of the electron Fermi sea, just before or just after $e^{i\mathcal{H}_0t_3}$. These many-body states can formally be constructed by creating multiple-particle-hole excitations out of the Fermi sea, in the form

$$|\vec{\kappa}_{\nu}\rangle = \left[\prod_{i=1}^{\nu} c_{\mathbf{k}_{p}^{(i)}}^{\dagger} \prod_{i=1}^{\nu} c_{\mathbf{k}_{h}^{(i)}}\right] |\text{FS}\rangle, \qquad (10)$$

where ν is the number of particle-hole pairs, $\vec{k}_{\nu} \equiv \{\mathbf{k}_{p}^{(1)}, \mathbf{k}_{p}^{(2)}, \dots, \mathbf{k}_{p}^{(\nu)}; \mathbf{k}_{h}^{(1)}, \mathbf{k}_{h}^{(2)}, \dots, \mathbf{k}_{h}^{(\nu)}\}$ collectively indexes the ν particle momenta $(\mathbf{k}_{p}^{(i)} > k_{F})$ and hole momenta $(\mathbf{k}_{h}^{(i)} < k_{F})$, where k_{F} is the Fermi wave vector. The corresponding momentum and energy of the many-body state can be denoted as $\epsilon_{\vec{k}_{\nu}}$ and $\mathbf{k}_{\vec{k}_{\nu}}$, respectively. In the absence of any particle-hole excitations, we simply have $|\vec{k}_{\nu=0}\rangle = |\mathbf{FS}\rangle$ and $\epsilon_{\vec{k}} = E_{\mathbf{FS}}$.

excitations, we simply have $|\vec{\kappa}_{\nu=0}\rangle = |\text{FS}\rangle$ and $\epsilon_{\vec{\kappa}_{\nu}} = E_{\text{FS}}$. By inserting the identity $\sum_{\vec{\kappa}_{\nu}} |\vec{\kappa}_{\nu}\rangle \langle \vec{\kappa}_{\nu}| = 1$ into Eq. (8), we find that

$$R_2 = \sum_{\vec{\kappa}_{\nu}} F^*_{\vec{\kappa}_{\nu}}(t_1 + t_2) F_{\vec{\kappa}_{\nu}}(t_2 + t_3) e^{i\epsilon_{\vec{\kappa}_{\nu}}t_3} e^{-iE_{\rm FS}t_1}, \qquad (11)$$

where we have defined the correlation function

$$F_{\vec{\kappa}_{\nu}}(t) \equiv \langle \vec{\kappa}_{\nu} | X_0 e^{-i\mathcal{H}_X t} X_0^{\dagger} | \text{FS} \rangle.$$
(12)

An immediate observation is that, as a result of the momentum conservation, the many-body states $|\vec{\kappa}_{\nu}\rangle$ must have *zero* momentum. Thus, no particle-hole excitations are allowed in $|\vec{\kappa}_{\nu}\rangle$ and the only contribution to $F_{\vec{\kappa}_{\nu}}(t)$ is provided by the unperturbed Fermi sea $|\vec{\kappa}_{\nu=0}\rangle = |FS\rangle$.

We now see that the correlation function $F_{\vec{k}_{\nu}}(t)$ can be directly expressed in terms of the retarded polaron Green

function at zero momentum $G_{\mathbf{k}=0}(t) = G(t)$, i.e.,

$$F(t) = iG(t)e^{-iE_{\rm FS}t},$$
(13)

where [28,33]

$$G_{\mathbf{k}}(t-t') \equiv -i\theta(t-t') \langle \mathrm{FS} | [X_{\mathbf{k}}(t), X_{\mathbf{k}}^{\dagger}(t')] | \mathrm{FS} \rangle.$$
(14)

Therefore, we obtain a remarkably simple expression for the ESE contribution R_2 :

$$R_2(t_1, t_2, t_3) = G^*(t_1 + t_2)G(t_2 + t_3).$$
(15)

It would be useful to write a formal expression for the retarded polaron Green function at zero momentum. For this purpose, we recall that different zero-momentum polaron states (i.e., the *n*th state with polaron energy $E^{(n)}$) can be written as [38,41]

$$|n\rangle = \phi_0^{(n)} X_0^{\dagger} |\text{FS}\rangle + \sum_{\vec{k}_{\nu} \ge 1} \phi_{\vec{k}_{\nu}}^{(n)} X_{-\mathbf{k}_{\vec{k}_{\nu}}}^{\dagger} |\vec{k}_{\nu}\rangle, \qquad (16)$$

where the second term describes the dressing of multiparticle-hole excitations and the first term describes the ability of free propagation of the exciton, as measured by the polaron residue $Z^{(n)} \equiv \phi_0^{(n)*} \phi_0^{(n)}$. By inserting the identity

$$e^{-i\mathcal{H}_X t} = \sum_n |n\rangle e^{-iE^{(n)}t} \langle n|$$
(17)

into the expression of the polaron Green function, we find that

$$G(t) = -i\sum_{n} Z^{(n)} e^{-i\mathcal{E}^{(n)}t},$$
(18)

where $\mathcal{E}^{(n)} = E^{(n)} - E_{\text{FS}}$ is the polaron energy measured with respect to the Fermi sea energy. Therefore, the ESE contribution R_2 takes the form

$$R_2 = \sum_{nm} Z^{(n)} Z^{(m)} e^{i\mathcal{E}^{(n)}t_1} e^{i\left[\mathcal{E}^{(n)} - \mathcal{E}^{(m)}\right]t_2} e^{-i\mathcal{E}^{(m)}t_3}.$$
 (19)

The physics behind this expression may easily be understood from the ESE process illustrated in Fig. 1(b). The factor $Z^{(n)}Z^{(m)}$ or $\phi_0^{(n)}\phi_0^{(m)*}\phi_0^{(n)*}$ measures the transfer rates between many-body states induced by the three excitation pulses and the four-wave-mixing signal, while the three dynamical (time-evolution) phase factors simply show the phases accumulated during the time delays t_1 , t_2 , and t_3 , respectively.

After the double Fourier transformation, we obtain

$$S_2 = \sum_{nm} \frac{-Z^{(n)}}{\omega_1^+ + \mathcal{E}^{(n)}} e^{i \left[\mathcal{E}^{(n)} - \mathcal{E}^{(m)}\right] t_2} \frac{Z^{(m)}}{\omega_3^+ - \mathcal{E}^{(m)}}.$$
 (20)

It is convenient to introduce a modified, t_2 -dependent polaron Green function in the frequency domain [33]

$$G_{R}(\omega, t_{2}) \equiv \sum_{n} \frac{Z^{(n)}}{\omega + i0^{+} - \mathcal{E}^{(n)}} e^{-i\mathcal{E}^{(n)}t_{2}}, \qquad (21)$$

which reduces to the conventional retarded polaron Green function $G_R(\omega)$ at zero mixing time delay $t_2 = 0$. Then, the ESE third-order response function S_2 can be written as

$$S_2(\omega_1, t_2, \omega_3) = G_R^*(-\omega_1, t_2)G_R(\omega_3, t_2).$$
(22)

The GSB process R_3 can be analyzed in the exactly same way. We find the expressions $R_3(t_1, t_2, t_3) = G^*(t_1)G(t_3)$ and

$$S_3(\omega_1, t_2, \omega_3) = G_R^*(-\omega_1)G_R(\omega_3).$$
 (23)

The absence of the mixing time (t_2) dependence in the expressions is easy to understand from Fig. 1(c): the system returns to the initial configuration between the second and third pulses and therefore does not evolve during the mixing time delay.

By adding the two contributions S_2 and S_3 , $S = S_2 + S_3$, we arrive at one of the key results of our work,

$$\mathcal{S}(\omega_1, t_2, \omega_3) = \sum_{nm} \frac{Z^{(n)} Z^{(m)}}{(-\omega_1)^- - \mathcal{E}^{(n)}} \frac{1 + e^{i \left[\mathcal{E}^{(n)} - \mathcal{E}^{(m)}\right] t_2}}{\omega_3^+ - \mathcal{E}^{(m)}}, \quad (24)$$

where $(-\omega_1)^- \equiv -\omega_1 - i0^+$. It is readily seen that the 2DCS spectrum satisfies the relation

$$S(\omega_1, t_2, \omega_3) = S^*(-\omega_3, t_2, -\omega_1).$$
 (25)

Therefore, the amplitude and the real part of the 2DCS spectrum are both symmetric, upon the replacements $-\omega_1 \rightarrow \omega_3$ and $-\omega_3 \rightarrow \omega_1$.

We would like to emphasize that the symmetric 2DCS spectrum is rooted in two facts. First, the excitation pulse creates or annihilates electron-hole pairs at essentially zero momentum [33]. The electron-hole pairs can be either tightly bound (i.e., excitons considered in this work) or loosely bound. On the other hand, we must only take into account one electron-hole pair in the intermediate excited states. The existence of the pair-pair correlation, for example, the exciton-exciton scattering will redistribute the excited momentum and then lead to the contributions from the excited Fermi sea $|\vec{\kappa}_v\rangle$. In this case, we can no longer write the response function R_2 and R_3 into a product of two polaron Green functions, i.e., as given in Eq. (15).

B. Connection to the Fermi golden rule

At this point, it is useful to contrast our simple expression of the 2DCS spectrum, Eq. (24), with the many-body formalism used by Tempelaar and Berkelbach (TB) [19]:

$$S_{\text{TB}}(\omega_1, t_2, \omega_3) = -(2\pi)^2 \sum_{\alpha\beta} |\langle \Psi^i | \hat{V} | \Psi^\alpha \rangle|^2 |\langle \Psi^i | \hat{V} | \Psi^\beta \rangle|^2$$
$$\times e^{-(i\omega_{\alpha\beta} + \gamma_{\alpha\beta})t_2} \Gamma^* (E^\alpha - E^i + \omega_1)$$
$$\times \Gamma (E^\beta - E^i - \omega_3), \qquad (26)$$

where Ψ^i is the initial state, Ψ^{α} (Ψ^{β}) are the excited states with energies E^{α} (E^{β}), $\omega_{\alpha\beta} \equiv E^{\alpha} - E^{\beta}$ are the energy differences, and $\gamma_{\alpha\beta}$ are the associated decoherence rates. $\Gamma(\omega) = 1/(i\omega - \sigma)$ is the complex line-shape function with σ as the line-broadening parameter.

It is readily seen that the t_2 -independent term (i.e., the R_3 contribution) in our Eq. (24) is absent in the TB formalism. This is simply because Tempelaar and Berkelbach focused on the simulated emission signal [19], which is precisely our ESE contribution S_2 . We can clearly see that, if we neglect the phenomenological decoherence rates $\gamma_{\alpha\beta}$ and line-broadening parameter σ , the TB formalism (26) is essentially identical to our Eq. (20), owing to the correspondences in the indices $\alpha \leftrightarrow n$ and $\beta \leftrightarrow m$, in the overlaps $Z^{(n)} \leftrightarrow |\langle \Psi^i | \hat{V} | \Psi^{\alpha} \rangle|^2$ and $Z^{(m)} \leftrightarrow |\langle \Psi^i | \hat{V} | \Psi^{\beta} \rangle|^2$, and finally in the energies $\mathcal{E}^{(n)} \leftrightarrow E^{\alpha} - E^i$ and $\mathcal{E}^{(m)} \leftrightarrow E^{\beta} - E^i$. Thus, our derivation of the 2DCS spectrum (24) provides a useful microscopic explanation to the TB formalism (26).

C. 2DCS versus 2D Ramsey spectroscopy

Let us now briefly compare 2DCS with another type of 2D spectroscopy with ultracold atoms, the so-called 2D Ramsey spectroscopy [36-38], in which the exciton in 2DCS is replaced by a spin- $\frac{1}{2}$ impurity atom. The spin state of the impurity can be controlled by a rf pulse with a specific phase [35] and only the spin-up impurity experiences an interaction potential with the background Fermi sea. As a result, the two spin-flip operations, given by the Pauli matrices $\hat{s}^+ =$ $(\sigma_x + i\sigma_y)/2$ and $\hat{s}^- = (\sigma_x - i\sigma_y)/2$, roughly correspond to the exciton creation operator X^{\dagger} and annihilation operator X. A notable difference is that the excitation rf pulse does not change the external spatial status of the impurity atom, so it might be understood as an effective light-matter interaction operator $\hat{V}_{eff} \sim \sum_{\mathbf{k}} (X_{\mathbf{k}} + X_{-\mathbf{k}}^{\dagger})$. Therefore, as the momentum of the impurity atom (i.e., an effective exciton) is not restricted to zero, for the intermediate many-body dynamics the excited Fermi sea with multiple-particle-hole excitations (as described by $|\vec{\kappa}_{\nu}\rangle$ with $\nu \ge 1$) do make contributions to the third-order response function $\mathcal{R}^{(3)}$. The simple expression found for the 2DCS spectrum, Eq. (24), does not hold in the 2D Ramsey spectroscopy. Additional terms that make the spectroscopy asymmetric (with respect to exchange the excitation and emission energies) will appear [38].

Apart from this difference, there are amazing similarities between the 2DCS and the 2D Ramsey spectroscopy, although in the latter [36–38] we have used different notations such as (τ, T, t) for various time delays and $(\omega_{\tau}, \omega_t)$ as the excitation and emission energies. In both spectroscopies, phase-cycling techniques can be implemented to select the desired pathways. In the rephasing mode, the ESE term $R_2(t_1, t_2, t_3)$ in the 2DCS is exactly given by the pathway $I_1^*(\tau, T, t)$ in the 2D Ramsey spectroscopy [38] and the GSB term $R_3(t_1, t_2, t_3)$ corresponds to the pathway $I_2^*(\tau, T, t)$ [38]. Finally, the third-order response function $S(\omega_1, t_2, \omega_3)$ in the 2DCS precisely corresponds to the symmetric 2D Ramsey response $\mathcal{A}_s^*(-\omega_{\tau}, T, \omega_t)$ [38].

IV. RESULTS AND DISCUSSIONS

A. Computation details

To demonstrate the usefulness of the simple expression (24), we perform numerical simulations for monolayer MoSe₂, with the effective polaron model Hamiltonian in Eq. (1). To reduce the numerical workload, we load the system, which consists of *N* electrons and a single exciton, onto a two-dimensional square lattice with $L \times L$ sites. The electron density is then given by $n = N/(La)^2$, where *a* is the lattice spacing and will be set to be unity (a = 1) unless specified otherwise. We assume the electrons and the exciton move on the lattice with hopping strength t_c and t_d , respectively. Their single-particle energy dispersion relations are

$$\epsilon_{\mathbf{k}} = -2t_c[\cos(k_x) + \cos(k_y)] \simeq -4t_c + \frac{k_x^2 + k_y^2}{2m_e},$$
 (27)

$$\epsilon_{\mathbf{k}}^{I} = -2t_{d}[\cos(k_{x}) + \cos(k_{y})] \simeq -4t_{d} + \frac{k_{x}^{2} + k_{y}^{2}}{2m_{X}},$$
 (28)

where $m_e \equiv 1/(2t_c a^2)$ and $m_X \equiv 1/(2t_d a^2)$ in the dilute limit $(n \to 0)$ that of interest. We note that the momentum **k** on the

lattice takes the values

$$(k_x, k_y) = \left(\frac{2\pi n_x}{L}, \frac{2\pi n_y}{L}\right), \tag{29}$$

with the integers n_x , $n_y = -L/2 + 1$, $\dots - 1$, 0, 1, $\dots L/2$.

We solve the polaron model at zero temperature by applying the polaron ansatz (16) truncated to one-particle-hole excitations [41]. This is the so-called Chevy ansatz [41], which is known to yield a quantitatively accurate prediction for the attractive polaron energy in the strongly interacting unitary limit [23]. In other words, we consider a Hilbert space constructed by the two kinds of basis states (at zero polaron momentum)

$$|i\rangle = X_0^{\dagger} |\text{FS}\rangle, \tag{30}$$

$$|j\rangle = X_{-\mathbf{k}_p+\mathbf{k}_h}^{\dagger} c_{\mathbf{k}_p}^{\dagger} c_{\mathbf{k}_h} |\text{FS}\rangle.$$
(31)

Here, the Fermi sea at zero temperature $|FS\rangle$ is obtained by filling the single-particle energy level $\epsilon_{\mathbf{k}}$ with *N* electrons from the bottom of the energy band (i.e., $-4t_c$), up to the energy E_F . The hole momentum \mathbf{k}_h and the particle momentum \mathbf{k}_p must satisfy the constraints $\epsilon_{\mathbf{k}_p} \ge E_F$ and $\epsilon_{\mathbf{k}_h} < E_F$, respectively. The Fermi energy measured from the band bottom is then

$$\varepsilon_F = E_F + 4t_c \simeq 4\pi nt_c = \frac{4\pi N}{L^2} t_c. \tag{32}$$

It is readily seen the dimension of the Hilbert space is $D = 1 + N(L^2 - N)$. Under the basis states, the polaron Hamiltonian then is casted into a $D \times D$ matrix, with the following matrix elements:

$$\langle \mathrm{FS}|X_0 \mathcal{H} X_0^{\dagger}|\mathrm{FS}\rangle = E_{\mathrm{FS}} - 4t_d + nU, \qquad (33)$$

$$\langle \mathrm{FS} | X_0 \mathcal{H} X_{-\mathbf{k}_p + \mathbf{k}_h}^{\dagger} c_{\mathbf{k}_p}^{\dagger} c_{\mathbf{k}_h} | \mathrm{FS} \rangle = U/L^2, \qquad (34)$$

and

$$\langle \mathrm{FS} | c_{\mathbf{k}_{h}^{\dagger}}^{\dagger} c_{\mathbf{k}_{p}^{\prime}} X_{-\mathbf{k}_{p}^{\prime}+\mathbf{k}_{h}^{\prime}} \mathcal{H} X_{-\mathbf{k}_{p}+\mathbf{k}_{h}}^{\dagger} c_{\mathbf{k}_{p}^{\dagger}} c_{\mathbf{k}_{h}} | \mathrm{FS} \rangle$$

$$= \left[E_{\mathrm{FS}} + nU + \epsilon_{\mathbf{k}_{p}} - \epsilon_{\mathbf{k}_{h}} + \epsilon_{-\mathbf{k}_{p}+\mathbf{k}_{h}}^{(I)} \right] \delta_{\mathbf{k}_{p}\mathbf{k}_{p}^{\prime}} \delta_{\mathbf{k}_{h}\mathbf{k}_{h}^{\prime}}$$

$$+ \frac{U}{L^{2}} (\delta_{\mathbf{k}_{h}\mathbf{k}_{h}^{\prime}} - \delta_{\mathbf{k}_{p}\mathbf{k}_{p}^{\prime}}).$$

$$(35)$$

We diagonalize the matrix to obtain the eigenvalues $E^{(n)}$ and eigenstates, from which we extract the polaron energies $\mathcal{E}^{(n)} = E^{(n)} - (E_{\text{FS}} - 4t_d)$ and the residues $Z^{(n)} \equiv \phi_0^{(n)*}\phi_0^{(n)}$. Here, due to the use of a square lattice, we also need to subtract the lowest energy of exciton (i.e., $-4t_d$) in calculating the polaron energies.

Let us now fix the parameters t_c , t_d , and U in the polaron model Hamiltonian, according to the recent experimental data on monolayer MoSe₂ [16]. The electron mass and hole mass in MoSe₂ are very similar, i.e., $m_e = m_h \simeq 0.6m_0$ where m_0 is the free-electron mass [2]. Therefore, the mass of the exciton should be two times larger, indicating $t_d = t_c/2$. The hopping parameter t_c might be estimated by the relation $t_c = \hbar^2/(2m_ea^2)$, where the lattice spacing of monolayer MoSe₂ $a \sim 3.2$ Å [19]. We find then $(t_c)_{expt} \sim 620$ meV,



FIG. 2. The simulated polaron spectral function at the electron Fermi energy $\varepsilon_F = 9.3 \text{ meV}$, revealing the existence of attractive polaron (trion) and repulsive polaron (exciton). The two dashed lines indicate the two peak positions for trions (1632 meV) and excitons (1663 meV) shown in the experimental photoluminescence spectrum of monolayer MoSe₂ taken at 20 K [16].

where the subscript "expt" stands for the experiment. However, we can not directly use this value, considering the small electron density $n \sim 10^{12}$ cm⁻² in the experiment [16], which leads to $(na^2)_{expt} = N/L^2 \sim 10^{-3}$. Our numerical simulations have to be restricted to relatively small lattice size, i.e., L = $18 \sim N$, which has a density $(na^2)_{sim} \sim 0.06$, where the subscript "sim" means numerical simulation. Despite the vastly different electron density, the low-energy results would be the same, as long as the 2D Fermi energy

$$\varepsilon_F = \frac{\hbar^2}{2m_e} (4\pi n) = 4\pi n a^2 t_c \tag{36}$$

is kept to the same value. In other words, na^2t_c should be invariant. As a result, it seems reasonable to take $(t_c)_{sim} = (na^2)_{expt}(t_c)_{expt}/(na^2)_{sim} \simeq 10 \text{ meV}.$

To determine the interaction strength U < 0, we recall that the trion binding energy is about 30 meV [16,19]. In our polaron model, this binding energy corresponds to the difference between the repulsive polaron energy and the attractive polaron energy. By performing numerical calculations with varying U at a given Fermi energy $\varepsilon_F = 9.3$ meV (which corresponds to N = 24 at the lattice size L = 18), we find that $U = -6.6t_c$ reproduces the observed trion binding energy, as reported in Fig. 2. There, the simulated polaron spectral function has been rigidly shifted by an amount $\omega_X = 1657$ meV, so the repulsive polaron peak lies at about 1663 meV. The photoluminescence spectrum of monolayer MoSe₂ observed in the experiment [16] is then qualitatively reproduced, by using our polaron model.

As a brief summary of the parameters to be used, throughout the work we will use $t_c = 10 \text{ meV}$, $t_d = t_c/2 = 5 \text{ meV}$, and $U = -6.6t_c = -66 \text{ meV}$. The lattice size is fixed to L =18. We tune the Fermi energy $\varepsilon_F \simeq 4\pi N t_c/L^2$ by changing the number of electrons N. For the largest number of electrons considered in our simulations, N = 32, the dimension of the whole Hilbert space is D = 9345. For this matrix size, we use the standard diagonalization routine for a real symmetric matrix to calculate all the eigenvalues (i.e., polaron energies) and eigenstates (i.e., polaron residues).

To compare with the experimental 2DCS data [16], the excitation energy ω_1 and the emission energy ω_3 will be shifted by $\omega_X = 1657 \text{ meV}$. As we use a finite-size square lattice, the level spacing in the single-particle dispersion relation is about $\delta = 4t_c/L$. We will use δ to replace the infinitesimal 0^+ and to eliminate the discreteness in single-particle energy levels. Finally, we would like to emphasize that, in our numerical simulations, we do not include any phenomenological parameters such as decoherence rates, which are often used to qualitatively understand the experimental data [16,19]. For the trion peak in Fig. 2, its nonzero spectral width is due to the finite level spacing δ , which would vanish in the thermodynamic limit. On the other hand, in addition to the level spacing δ the exciton peak has an intrinsic spectral width, due to the nonzero decay rate or lifetime of repulsive Fermi polarons [23,28]. Therefore, the width of the exciton peak remains finite even in the thermodynamic limit.

B. Quantum beats at the two cross peaks

In Fig. 3, we present the simulated rephasing 2D coherent spectra $|S(\omega_1, t_2, \omega_3)|$ at three mixing time decays $t_2 = 0$ (a), $t_2 = 70$ fs (b), and $t_2 = 140$ fs (c). Although the electron density in the experiment is unknown, we believe $\varepsilon_F = 9.3$ meV, which corresponds to the electron number N = 24, could be a reasonable choice. The three time delays are selected according to the measurements in Figs. 2(a)–2(c) of Ref. [16], so we can make an one-to-one comparison.

We find clearly the exciton (X) and trion (T) peaks along the diagonal direction (see the dashed lines), as in the experiment. Furthermore, two off-diagonal cross peaks, labeled as HCP and LCP, are fairly evident. Their brightness oscillates with the mixing time delay t_2 as experimentally observed, revealing the coherent coupling between excitons and trions.

All those intriguing features can be understood from the simple expression (24). At zero mixing time $t_2 = 0$, Eq. (24) precisely predicts the existence of two diagonal peaks at the attractive polaron (trion) energy $E_T = \mathcal{E}^{(n=0)}$ and at the repulsive polaron (exciton) energy E_X , respectively, with strengths given by the residues $Z_T = \phi_0^{(0)*}\phi_0^{(0)}$ and $Z_X \sim 1 - Z_T$. The expression also predicts the two off-diagonal cross peaks at $(-\omega_1, \omega_3) = (E_T, E_X)$ and (E_X, E_T) , with strength $\sqrt{Z_T Z_X}$. At nonzero mixing time $t_2 \neq 0$, the quantum beats at the HCP and LCP cross peaks can be easily attributed to the term $e^{-i(\mathcal{E}_n - \mathcal{E}_m)T}$, which gives rise to quantum oscillations with periodicity $2\pi/|E_X - E_T|$.

Let us now have a close comparison into the details. There is an apparent quantitative discrepancy between theory and experiment on the cross-peak brightness. Our prediction of the cross-peak strength $\sqrt{Z_T Z_X}$ means that at the zero mixing time $t_2 = 0$ the cross-peak brightness should lie between those of the two diagonal peaks, as shown in Fig. 3(a). However, this is not observed in the experiment [16]. Experimentally, the cross peaks are always darker than the two main diagonal peaks, indicating the possibility of some decoherence channels (i.e., the phonon-assisted up-conversion and downconversion processes as experimentally observed [16]).



FIG. 3. The simulated rephasing 2D coherent spectra (amplitude) at various mixing time decays t_2 , to be compared with the experimental data in Fig. 2 of Ref. [16]. As in the experiment, the exciton (*X*) and trion (*T*) peaks appear on the diagonal dashed line. The higher (HCP) and lower (LCP) off-diagonal cross peaks oscillate as a function of t_2 , revealing quantum coherence between excitons and trions. The red color illustrates the maximum amplitude, as indicated in the color map above each subplot. The electron Fermi energy is set to be $\varepsilon_F = 9.3$ meV.

Apart from this discrepancy, we find a remarkable agreement between theory and experiment on other details, upon changing the mixing time t_2 . As in the experiment, in each subplot of Fig. 3, the color scale is normalized to the highest peak (i.e., the exciton peak X) in the spectra. For the trion peak T, we can see that its *relative* brightness is highest at $t_2 = 140$ fs and then is a bit weaker at $t_2 = 0$ fs and 70 fs. This subtle change is precisely observed in the experiment [16]. At the two cross peaks, their relative brightness is similar at $t_2 = 0$ and 140 fs, which is also experimentally observed [16].

In Fig. 4, we report the simulated rephasing 2D signal at the cross peaks as a function of the mixing time t_2 . The amplitude of the 2D signal in Fig. 4(a) should be contrasted with Fig. 3(b) of the experiment [16]. Our simulation reproduces very well the quantum oscillations observed in the experiment, with essentially the same periodicity. However, we note that, in spite of the same periodicity the two oscillations at HCP and LCP cross peaks measured in the experiment are slightly unsynchronized. Our theory always predicts the exactly same oscillation at the two cross peaks, as the predicted 2DCS response (24) is *symmetric* upon switching the excitation and emission energies, as we emphasized earlier.

On the other hand, the real part of the 2D signal in Fig. 4(b) might be compared with Fig. 3(b) of the pioneering work by Tempelaar and Berkelbach [19]. There is an excellent agreement in curve shape and periodicity. The only difference is that our 2D signal never decays to zero. This is simply due to the ground-state bleaching (GSB) process illustrated in Fig. 1(c), which has not taken into account in Ref. [19] but gives an important t_2 -independent 2D signal.

C. Dependence on the electron density

We finally consider the dependence of the rephasing 2D signal on the electron density or the electron Fermi energy at the mixing time $t_2 = 0$. As shown in Fig. 5, as the density increases, the attractive polaron (or trions) peak acquires larger brightness (i.e., oscillation strength) and has a redshift in energy with respect to the repulsive polaron peak (excitons). This observation agrees well the existing measurements

[2] on the reflection (absorption) spectra of 2D materials and also the relevant theoretical explanations [19]. The brightness of the two off-diagonal cross peaks also increases with increasing electron density. This theoretical prediction could be examined in future 2DCS measurements with a controllable electron density.



FIG. 4. The simulated amplitude (a) and real part (b) of the rephasing 2D signal at the cross peaks as a function of the mixing time delays t_2 . The upper plot (a) is to be compared with Fig. 3(b) of the experiment [16]. We take the electron Fermi energy $\varepsilon_F = 9.3$ meV.



FIG. 5. The simulated rephasing 2D coherent spectra (amplitude) with increasing electron density or Fermi energy, at zero mixing time delay $t_2 = 0$. The red color illustrates the maximum amplitude, as indicated in the color map above each subplot.

V. CONCLUSIONS AND OUTLOOKS

In summary, we have investigated the 2D coherent spectroscopy of excitons and trions in monolayer transition metal dichalcogenides by using a many-body Fermi polaron model with mobile exciton. Our investigation complements the previous pioneering studies based on either few-body calculations [19] or the exact solutions in immobile heavy-exciton limit [20]. We have derived a simple expression for the 2D coherent spectroscopy, which is applicable to the limit of a single exciton. By performing numerical simulations without any phenomenological parameters, we have found that this simple expression captures the essential features of the observed 2D coherent spectroscopy of monolayer MoSe₂ and yields an excellent agreement with the experiment [16].

There are residual discrepancies at the quantitative level. For example, the predicted cross-peak relative brightness is higher than what has been observed [16] and our theory is unable to explain the slightly unsynchronized quantum beats at different cross peaks in the experiment [16]. Presumably, we feel that the polaron-polaron interaction (that we have neglected in our treatment) could be one of the sources for these discrepancies. To take into account the polaron-polaron interaction, we need to consider at least two excitons. The third rephasing process of excited-state absorption [i.e., the $R_1^*(t_1, t_2, t_3)$ term] then would start to make contributions. We have performed some preliminary calculations of the excitedstate absorption in a one-dimensional configuration [42] and have confirmed that it leads to small but quantitative contributions to the 2D coherent spectroscopy. We plan to extend such calculations to the more laborious case of two-dimensional configuration in future studies.

On the other hand, for a quantitative comparison with the experimental data, it would be interesting to consider various realistic experimental conditions, such as nonzero temperature and the finite radiative decay of excitons. The temperature effect might be conveniently taken into account by using a finite-temperature diagrammatic theory for the impurity Green function [28], based on our key formulas (22) and (23). The radiative decay of excitons might also be considered either by using a line-broadening factor or more fundamentally by adopting a nonequilibrium diagrammatic theory.

Finally, experimentally, the different implementation of the polarization of the laser pulses (such as the pathway $\sigma^+\sigma^-\sigma^+\sigma^-$) can be used to create biexcitons [17] and bipolarons [18] in the many-body dynamics of monolayer 2D materials. It would be interesting to extend our theoretical framework to explain the experimental data in those situations.

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