Real Hopf insulator

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Establishing the fundamental relation between the homotopy invariants and the band topology of Hamiltonians has played a critical role in the recent development of topological phase research. In this work, we establish the homotopy invariant and the related band topology of three-dimensional (3D) real-valued Hamiltonians with two occupied and two unoccupied bands. Such a real Hamiltonian generally appears in \mathcal{PT} -symmetric spinless fermion systems where \mathcal{P} and \mathcal{T} indicate the inversion and time-reversal symmetries, respectively, and $(\mathcal{PT})^2 =$ 1 due to the spinless condition. We show that the 3D band topology of the system is characterized by two independent Hopf invariants when the lower-dimensional band topology is trivial. Thus, the corresponding 3D band insulator with nonzero Hopf invariants can be called a real Hopf insulator (RHI). In sharp contrast to all the other topological insulators discovered up to now, the topological invariants of RHI can be defined only when the fixed number of both the occupied and unoccupied states are simultaneously considered. Thus, the RHI belongs to the category of delicate topological insulators proposed recently. We show that finite-size systems with slab geometry support surface states with nonzero Chern numbers in a \mathcal{PT} -symmetric manner independent of the Fermi level position, and establish the bulk-boundary correspondence. We also discuss the bulk-boundary correspondence of rotation-symmetric RHIs using the reverting Thouless pump.

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I. INTRODUCTION

Establishing the relation between mathematical homotopy invariants and physical properties of topological insulators is the most critical step in the study of topological phases. Although possible topological invariants have been systematically categorized [1-10], there are only few topological invariants whose integral form is explicitly known. One representative example is the two-dimensional (2D) Chern number C whose integral form is given by

$$C = \frac{1}{2\pi} \int_{BZ} d^2k \operatorname{TrF}(\mathbf{k}), \tag{1}$$

where $F = \nabla \times \mathbf{A} + [A_x, A_y]$ is a non-Abelian Berry curvature of the occupied states, $[A_i]_{nm} = i \langle u_n | \partial_{k_i} u_m \rangle$ is a non-Abelian Berry connection for the Bloch states $|u_n\rangle$, and BZ denotes the Brillouin zone (BZ). A Chern insulator with nonzero C breaks time-reversal \mathcal{T} symmetry, and carries chiral edge modes as long as the energy gap remains finite [11]. Since the topological property is unaffected by adding trivial bands below the Fermi energy E_F , the Chern insulator belongs to the category of stable topological insulators [3,4].

Interestingly, by superposing two Chern insulators with opposite Chern numbers, a new type of topological insulators can be generated when additional symmetries are supplemented. For example, in 2D spinless fermion systems

with the combined \mathcal{PT} symmetry where \mathcal{P} indicates the inversion symmetry, such a superposition can give a Euler insulator when the number of the occupied bands is two [12–16] or a Stiefel-Whitney insulator when more than two bands are occupied [17-22]. For a given Euler insulator with two occupied bands, its integer Z-valued Euler invariant e can be computed by integrating the off-diagonal component of the 2×2 Berry curvature matrix in the occupied subspace,

$$e = \frac{1}{2\pi} \int_{BZ} d^2 k [\mathbf{F}(\mathbf{k})]_{12},\tag{2}$$

where $[F]_{12} = \nabla \times [A]_{12}$. A Euler insulator can support in-gap corner states in the presence of additional mirror symmetry and chiral symmetry [12]. As the Wannier obstruction of a Euler insulator can be relieved by adding additional trivial bands below E_F , it belongs to the category of fragile topological insulators [23–28].

In the case of three-dimensional (3D) systems, one representative topological invariant whose integral form is known is the Hopf invariant, and the relevant topological insulator, called the Hopf insulator, was first proposed by Moore-Ran-Wen (MRW) [29]. The Hopf insulator is a two-band insulator with one occupied band and one unoccupied band, characterized by the integer **Z**-valued Hopf invariant χ defined as

$$\chi = -\frac{1}{4\pi^2} \int_{\mathbf{R}^{\mathbf{Z}}} d^3k \,\mathbf{A} \cdot \mathbf{F},\tag{3}$$

where **A** and **F** are the Abelian Berry connection and the Berry curvature of the occupied state, respectively [29]. Unlike the

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Chern insulator or the Euler insulator, the Hopf insulator with nonzero Hopf number can be trivialized by adding trivial bands either above or below the Fermi energy E_F . Namely, it belongs to the category of delicate topological insulators [30], which is distinct from fragile topological insulators [23–28] that can be trivialized by adding trivial bands below the Fermi level, or stable topological insulators (TIs) with robust band topology. Generally, a Hopf insulator does not have nontrivial in-gap states at the boundary without additional symmetries [31,32]. However, it always has surface states with nonzero Chern number that is equal to the Hopf invariant of the bulk [33,34]. There have been various intriguing recent developments aiming at understanding the delicate band topology and the bulk-boundary correspondence of the Hopf insulator, taking into account additional symmetries [30,35,36].

In this work, we study the band topology of 3D \mathcal{PT} symmetric spinless fermion systems with two occupied bands and two unoccupied bands. Due to the spinless condition, we can set PT = K after a suitable gauge choice, so that Hamiltonian becomes real valued. The low-dimensional band topology of such a Hamiltonian is characterized by π Berry phase on 1D and Z-valued Euler class on 2D. When those low-dimensional invariants are trivial, we show that the bulk topology can be characterized by two integer invariants, each of which is equivalent to the Hopf invariant of a complex twoband system defined below. The corresponding topological insulator with nonzero Hopf invariants can be called a real Hopf insulator (RHI) because the \mathcal{PT} symmetry imposes the reality of the Hamiltonian and the bulk wave function. Thus, a RHI can be considered as a superposition of two conventional Hopf insulators in a \mathcal{PT} -symmetric manner, similar to the case of a Euler insulator constructed by superposing two Chern insulators preserving the \mathcal{PT} symmetry.

In particular, we derive the integral form of the RHI invariants, thus providing an additional rare example of the topological invariants with explicit integral form. Interestingly, we find that the Berry curvature and the Berry connection of both the occupied and unoccupied bands are simultaneously required to define the RHI invariant, directly manifesting the delicate band topology of RHIs. This is in sharp contrast to all the other known topological invariants, including those in Eqs. (1)–(3) that depend only on the occupied states. In the case of RHIs, any combination of the Berry curvature or Berry connection of the occupied bands cannot give quantized topological invariants. Both the occupied and unoccupied states are equally important to characterize the RHI.

We also establish the bulk-boundary correspondence of RHIs. Especially, we show that RHIs generally support surface Chern bands in a \mathcal{PT} -symmetric manner. Although the bulk wave function has trivial Chern class due to the \mathcal{PT} symmetry, the surface of a finite slab of RHI can support Chern bands since \mathcal{PT} symmetry is absent on individual sides of the surface. In the presence of additional rotational symmetry, the band topology of RHI can be described by using the idea of reverting Thouless pump (RTP), also known as returning Thouless pump [30]. Especially, we illustrate the physical meaning of two Hopf invariants of RHIs in the context of RTP and discuss the role of multicellularity on the crossing between neighboring Wannier sheets.

II. ORGANIZATION OF THE PAPER

A. Grassmannian parametrization using quaternions: Secs. III and IV

In Sec. III, we reformulate the conventional two-band Hopf insulator in terms of quaternions. Using quaternion formalism, the correspondence between Hopf map and Hopf insulator is clearly stated. This is in anticipation of a similar construction for real Hopf insulator, which is the theme of Sec. IV. There, the classifying space for spinless \mathcal{PT} -symmetric four-band insulators is discussed. Augmenting the conventional classifying space with "modified" classifying spaces, we provide a general construction for such insulators in 3D. The upshot is that the classifying space for 4×4 real Hamiltonian can be parametrized using a pair of unit quaternions, which enables analyzing the relevant insulators by associating a pair of Hopf maps.

B. Definition of real Hopf insulator: Sec. V

We define the real Hopf Insulator (RHI) as a subset of the aforementioned class of insulators and explicitly compute the bulk topological invariants. The resulting invariant distinguishes 3D RHI from 2D four-band Euler insulator, which is classified by the same Grassmannian as RHI. While each of the two Euler invariants can be defined using conduction or valence band only, the 3D RHI invariant does not allow such representation. This is the main result of the section [Eq. (126)]:

$$\chi_z + \chi_w = -\frac{1}{8\pi^2} \int_{BZ} a^c \wedge Eu^c + a^v \wedge Eu^v,$$

$$\chi_z - \chi_w = -\frac{1}{8\pi^2} \int_{BZ} a^c \wedge Eu^v + a^v \wedge Eu^c.$$

Equation (126) is in stark contrast to the corresponding formulas for the case of Euler insulators [Eq. (D41)]

$$v^v = \frac{1}{2\pi} \int_{\mathbb{T}^2} \mathrm{E} \mathrm{u}^v, \quad v^c = \frac{1}{2\pi} \int_{\mathbb{T}^2} \mathrm{E} \mathrm{u}^c,$$

and the two-band 3D Hopf insulator [Eq. (22)]

$$\chi = -\frac{1}{4\pi^2} \int_{\mathbf{R}^2} d^3 k \, \mathbf{F} \cdot \mathbf{A},$$

whose topological invariant can be defined in terms of either valence or conduction band only.

C. Physical properties: Secs. VI and VII

As a result of nontrivial 3D RHI invariants, Sec. VI reveals the bulk-boundary correspondence of RHI arising in the slab geometry. In continuation of the theme that valence and conduction bands of RHI are on equal footing, the bulk-boundary correspondence relates bulk invariants to the sum of surface Chern numbers of both bands [Eq. (149)]. Finally, Sec. VII provides an interpretation of the RHI invariants in terms of reverting Thouless pump (RTP) which was previously used to describe the physical significance of conventional Hopf invariant. It turns out that, when there is an appropriate rotation symmetry, the two real Hopf invariants contain the

information of RTP behavior of both conduction and valence bands, as expected [Eqs. (186), (187), (212), (213)].

III. QUATERNION FORMULATION OF HOPF INSULATOR

A. Review of the Hopf insulator

Let us first briefly review the formulation of the Hopf insulator proposed by Moore-Ran-Wen (MRW) in Ref. [29]. The Hopf insulator indicates a magnetic topological insulator in three dimensions with one occupied band and one unoccupied band whose band topology is characterized by a nonzero Hopf invariant. In momentum \mathbf{k} space, such a band insulator can be described by a 2×2 matrix Hamiltonian $H(\mathbf{k})$ which has one positive and one negative eigenvalue for any \mathbf{k} assuming that the Fermi energy E_F is zero. By deforming all the positive eigenvalues to +1 and all the negative eigenvalues to -1, $H(\mathbf{k})$ can be written as

$$H(\mathbf{k}) = W(\mathbf{k})\sigma_z W^{\dagger}(\mathbf{k}), \tag{4}$$

where $\sigma_{x,y,z}$ are Pauli matrices for two bands, and $W(\mathbf{k}) \in U(2)$, the vector space of unitary 2×2 matrices. As the overall phase change within either the occupied subspace or the unoccupied subspace does not affect the σ_z part of the Hamiltonian, for any \mathbf{k} , $H(\mathbf{k})$ is a point on the manifold $U(2)/[U(1) \times U(1)]$ that is isomorphic to a 2-sphere \mathbb{S}^2 , i.e.,

$$H(\mathbf{k}) \in \frac{\mathrm{U}(2)}{\mathrm{U}(1) \times \mathrm{U}(1)} = \mathbb{S}^2. \tag{5}$$

So a two-band insulator in three dimensions is described by the mapping from the 3D Brillouin zone torus \mathbb{T}^3 to \mathbb{S}^2 . When the Chern number of the system is zero, different classes of topological two-band insulators correspond to different classes of the mapping from \mathbb{S}^2 to \mathbb{S}^2 characterized by the integer Hopf index valued in the third homotopy group $\pi_3[\mathbb{S}^2] = \mathbf{Z}$.

The Hopf map can be described as follows. We first consider $z(\mathbf{k}) \in \mathbb{S}^3$ defined as $z(\mathbf{k})^\top = (z_\uparrow(\mathbf{k}), z_\downarrow(\mathbf{k}))^\top \in \mathbf{C}^2$ where two complex numbers $z_\uparrow, z_\downarrow \in \mathbf{C}$ can be written as $z_\uparrow = a + bi$, $z_\downarrow = c + di$ with real numbers a, b, c, d, which satisfy $|z_\uparrow|^2 + |z_\downarrow|^2 = a^2 + b^2 + c^2 + d^2 = 1$. Then a map $p: \mathbb{S}^3 \longrightarrow \mathbb{S}^2$ can be defined by

$$p: z(\mathbf{k}) \in \mathbb{S}^3 \longrightarrow z^{\dagger}(\mathbf{k}) \sigma z(\mathbf{k}) \in \mathbb{S}^2,$$
 (6)

where

$$z^{\dagger}(\mathbf{k})\boldsymbol{\sigma}z(\mathbf{k}) \equiv \mathbf{v}(\mathbf{k}) = [v^{1}(\mathbf{k}), v^{2}(\mathbf{k}), v^{3}(\mathbf{k})],$$
 (7)

satisfying $\sum_{i=1,2,3} [v^i(\mathbf{k})]^2 = 1$.

In the real coordinate system (a, b, c, d), the Hopf map p is given by

$$p: \mathbb{S}^{3} \subseteq \mathbf{R}^{4} \longrightarrow \mathbb{S}^{2} \subseteq \mathbf{R}^{3},$$

$$(a, b, c, d) \mapsto (v^{1}, v^{2}, v^{3}),$$

$$v^{1} = 2(ac + bd),$$

$$v^{2} = 2(ad - bc),$$

$$v^{3} = a^{2} + b^{2} - c^{2} - d^{2},$$

$$(9)$$

in which $a^2 + b^2 + c^2 + d^2 = 1$.

The Hopf map projects a circle embedded in \mathbb{S}^3 onto a single point, thus mapping onto the lower-dimensional sphere \mathbb{S}^2 . This is often rephrased by saying that the Hopf map p is a fibration over \mathbb{S}^2 with fiber \mathbb{S}^1 ,

$$\mathbb{S}^1 \hookrightarrow \mathbb{S}^3 \xrightarrow{p} \mathbb{S}^2, \tag{10}$$

where the hook arrow from \mathbb{S}^1 in Eq. (10) specifies that the preimage of every point in \mathbb{S}^2 by p has the shape of a circle. The circular fibers of Hopf map will be precisely described in Sec. IV B.

In general, the maps from \mathbb{S}^3 to \mathbb{S}^2 are classified (up to homotopy) by an integer invariant called Hopf index. One can conceive of this index as an analog of winding numbers, although the former is defined between spheres with different dimensions while the latter for spaces with the same dimension. In particular, the Hopf map given by Eq. (8) has Hopf index h[p] = 1 and serves as a representative in the class h = 1. There are versions of Hopf maps representing those classes with different values of h.

Given a version of Hopf map p, the Hamiltonian $H(\mathbf{k}) = (p \circ q)(\mathbf{k})$ is the composition of p and a deformation mapping

$$q: BZ = \mathbb{T}^3 \longrightarrow \mathbb{S}^2 \tag{11}$$

that shrinks the surface of the BZ into a point, which is possible since the Chern number of the system vanishes. This implies the BZ can effectively be regarded as a 3-sphere to which the Hopf map can be applied. A prominent example of such deformation map appears in the Moore-Ran-Wen model $H(\mathbf{k}) = p \circ q_{\mathrm{MRW}}^{l,h}$ with adjustable parameters t, h, where

$$q_{\text{MRW}}^{t,h}: \mathbb{T}^3 \longrightarrow \mathbb{S}^2 \subset \mathbf{R}^4,$$

$$\begin{pmatrix} k_x \\ k_y \\ k_z \end{pmatrix} \mapsto \frac{1}{\mathcal{N}_{\mathbf{k}}} \begin{pmatrix} \sin k_x \\ t \sin k_y \\ \sin k_z \\ h + \sum \cos k_i \end{pmatrix}. \tag{12}$$

Here $\mathcal{N}_{\mathbf{k}}$ is a normalization factor.

Since q maps between two spaces of same dimension, it is classified by the usual winding number [37]

$$w_3[q] = \frac{1}{12\pi^2} \int_{\mathbb{T}^3} d^3k \, \epsilon^{abcd} \epsilon^{ijk} q_a \partial_i q_b \partial_j q_c \partial_k q_d. \tag{13}$$

For instance, $w_3[q_{\text{MRW}}^{t,h}] = 1$ for t = 1, $h = \pm \frac{3}{2}$ [29,37]. The **Z**-valued Hopf invariant classifying the Hopf insulator is given by the product of the Hopf index h[p] and the winding number $w_3[q]$:

$$\chi = h[p] \cdot w_3[q]. \tag{14}$$

Since every integer n can be realized as the winding number of an appropriate deformation map, e.g., by substituting $k_z \rightarrow nk_z$ to the Moore-Ran-Wen model with $w_3 = 1$, without loss of generality one can fix a version of Hopf fibration having index 1 and call it "the" Hopf fibration. Then Eq. (14) reduces to

$$\chi = w_3[q],\tag{15}$$

which corresponds to the models with the fixed Hopf fibration map. These exhaust all homotopy classes of the Hopf insulator. In the remaining part of this paper, we will take this route and fix the Hopf fibration structure as in either Eq. (8) or Eq. (42). [These two choices are equivalent; see below Eq. (42).] The integer in Eq. (15) will be referred to as the Hopf invariant. The corresponding Hamiltonian for the Hopf insulator is

$$H_C = -[z^{\dagger}(\mathbf{k})\sigma z(\mathbf{k})] \cdot \sigma \equiv -\mathbf{v}(\mathbf{k}) \cdot \sigma. \tag{16}$$

The Moore-Ran-Wen model of Hopf insulator refers to the family of Hamiltonians in two parameters (t, h):

$$H_{C.\text{MRW}}^{t,h} = -[z_{t,h}^{\dagger}(\mathbf{k})\boldsymbol{\sigma}z_{t,h}(\mathbf{k})] \cdot \boldsymbol{\sigma},$$

$$z_{t,h}(\mathbf{k}) = \frac{1}{\mathcal{N}_{\mathbf{k}}} \left(\frac{\sin k_x + it \sin k_y}{\sin k_z + i \left[h + \sum_{i=x} \sum_{y \in \mathcal{X}} \cos k_i \right]} \right). \quad (17)$$

The normalization factor $\mathcal{N}_{\mathbf{k}}$ is such that $|z(\mathbf{k})| = 1$. As a special case, $(t, h) = (1, \pm \frac{3}{2})$ realizes the class $\chi = 1$.

The topological property of the Hopf insulator can be described by using $\mathbf{F} = (F^1, F^2, F^3)$ and $\mathbf{A} = (A^1, A^2, A^3)$ which are defined as

$$F^{a} = \epsilon^{abc} \mathbf{v} \cdot \frac{\partial}{\partial k_{b}} \mathbf{v} \times \frac{\partial}{\partial k_{c}} \mathbf{v}, \tag{18}$$

satisfying the magnetostatic equations

$$\nabla_{\mathbf{k}} \times \mathbf{A} = \mathbf{F},\tag{19}$$

$$\nabla_{\mathbf{k}} \cdot \mathbf{A} = 0. \tag{20}$$

In fact, in terms of $z(\mathbf{k}) = (z_{\uparrow}(\mathbf{k}), z_{\downarrow}(\mathbf{k}))$, **A** can be explicitly written as

$$\mathbf{A} = i(z_{\uparrow}^*, z_{\downarrow}^*) \nabla (z_{\uparrow}, z_{\downarrow})^{\top}, \tag{21}$$

which is nothing but the familiar Berry connection. Finally, the integer-valued Hopf index is given by

$$\chi = -\frac{1}{4\pi^2} \int_{BZ} d^3k \, \mathbf{F} \cdot \mathbf{A}. \tag{22}$$

B. Quaternion formulation of the Hopf insulator

The Hopf insulator can also be formulated in terms of the quaternion as described below.

1. Quaternions

The quaternion algebra \mathbf{H} is the four-dimensional real vector space with basis vectors $\{1, i, j, k\}$,

$$\mathbf{H} = \{ a + b\mathbf{i} + c\mathbf{j} + d\mathbf{k} : a, b, c, d \in \mathbf{R} \}, \tag{23}$$

equipped with the multiplication rules

$$i^2 = j^2 = k^2 = ijk = -1.$$
 (24)

We regard the complex vector space **C** as the subset

$$C = \{a + bi + cj + dk : c = d = 0\} \subset H.$$
 (25)

H has the conjugation operation

$$z = a + b\mathbf{i} + c\mathbf{j} + d\mathbf{k}$$

$$\mapsto \overline{z} = a - b\mathbf{i} - c\mathbf{j} - d\mathbf{k}, \tag{26}$$

which extends the complex conjugation defined on C, and the norm function

$$|z|^2 = z\overline{z} = a^2 + b^2 + c^2 + d^2.$$
 (27)

These operations satisfy the equations

$$\overline{zw} = \overline{w} \cdot \overline{z},\tag{28}$$

$$|\overline{z}| = |z|, \tag{29}$$

$$|zw| = |z| \cdot |w|,\tag{30}$$

where $z, w \in \mathbf{H}$. The order of z, w in Eq. (28) is important since the quaternion multiplication is not commutative.

H has an obvious isomorphism to \mathbb{R}^4 :

$$|\cdot\rangle: \mathbf{H} \longrightarrow \mathbf{R}^4,$$

$$q = p_0 + p_1 \mathbf{i} + p_2 \mathbf{j} + p_3 \mathbf{k} \mapsto |q\rangle \equiv (p_0, p_1, p_2, p_3)^{\top}.$$
 (31)

Under the identification in Eq. (31), we can model \mathbb{S}^3 as the set of unit quaternions:

$$\mathbb{S}^3 = \{ q \in \mathbf{H} : |q|^2 = 1 \} \subseteq \mathbf{H}.$$

Also, the Euclidean inner product of two vectors $|p\rangle = (p_0, p_1, p_2, p_3)^{\top}$ and $|q\rangle = (q_0, q_1, q_2, q_3)^{\top}$,

$$\langle p|q\rangle = \sum_{i=0}^{3} p_i q_i, \tag{32}$$

can be expressed using quaternions as

$$\langle p|q\rangle = \text{Re}[p\overline{q}] = \text{Re}[\overline{p}q],$$
 (33)

using the projection onto the real part

$$Re: \mathbf{H} \longrightarrow \mathbf{R}$$

$$a + b\mathbf{i} + c\mathbf{j} + d\mathbf{k} \mapsto a.$$
 (34)

Re also satisfies the following useful relation:

$$Re[wq\overline{w}] = |w|^2 Re[q]. \tag{35}$$

There is another identification of vector spaces

$$\mathbf{H} \longrightarrow \mathbf{C}^2$$
, $a + b\mathbf{i} + c\mathbf{j} + d\mathbf{k} \mapsto (a + b\mathbf{i}, c + d\mathbf{i})^{\top}$. (36)

Since

$$a + bi + cj + dk = a + bi + (c + di)j,$$
 (37)

we can interchangeably use a complex vector $(\alpha, \beta)^{\top} \in \mathbb{C}^2$ in place of $\alpha + \beta j \in \mathbf{H}$ and vice versa. To avoid confusion, we denote the quaternion conjugate by $\overline{(\cdot)}$ and the complex conjugate by $(\cdot)^*$ in the following.

2. Quaternion form of the Hopf map

The Hopf map can be compactly formulated in terms of the quaternion as pointed out in Ref. [38]. Under the identification $\mathbf{R}^4 \approx \mathbf{H}$ of real 4-vectors and quaternions, the sphere \mathbb{S}^3 in \mathbf{R}^4 can also be seen as the unit quaternions. For any $z \in \mathbb{S}^3$, observe that

$$\bar{z}iz \in \{ai + bj + ck \in \mathbf{H} : a^2 + b^2 + c^2 = 1\}$$

= {purely imaginary unit quaternions}
= \mathbb{S}^2 . (38)

This can be checked applying Eqs. (28)–(30):

$$\overline{\overline{z}iz} = \overline{z}(-i)z = -\overline{z}iz, \tag{39}$$

which implies ziz is purely imaginary, and

$$|\overline{z}iz| = |\overline{z}| \cdot |i| \cdot |z| = |z|^2 = 1, \tag{40}$$

indicating that it has unit length. The last equality in Eq. (40) follows from $z \in \mathbb{S}^3$.

Now the Hopf map in Eq. (8) can be alternatively defined as

$$p: \mathbb{S}^3 \subseteq \mathbf{H} \longrightarrow \mathbb{S}^2 \subseteq \mathbf{H},$$

$$z \mapsto \overline{z}iz. \tag{41}$$

Indeed, using the real coordinates z = a + bi + cj + dk, we can check

$$\overline{z}iz = (a - bi - cj - dk) \cdot i \cdot (a + bi + cj + dk)
= (a^2 + b^2 - c^2 - d^2) i
+ 2(-ad + bc) j
+ 2(ac + bd) k,$$
(42)

in agreement (up to a rotation) with Eq. (8). Since Hopf index of a map $f: \mathbb{S}^3 \to \mathbb{S}^2$ is invariant under continuous deformation of f such as rotation, Eq. (42) can be taken as a Hopf map with index unity.

3. Quaternion form of the Hopf insulator

Using the quaternion $z = a + b\mathbf{i} + c\mathbf{j} + d\mathbf{k} \equiv z_{\uparrow} + z_{\downarrow}\mathbf{j} \in \mathbf{H}$, the Hamiltonian for the Hopf insulator can be written as

$$H_O = \text{Re}[\overline{z}iz \cdot \sigma_O] = -u^1 \sigma_x - u^2 \sigma_y - u^3 \sigma_z, \tag{43}$$

where $\sigma_Q = \sigma_x \mathbf{i} + \sigma_y \mathbf{j} + \sigma_z \mathbf{k}$, and

$$\overline{z}iz = u^1 i + u^2 i + u^3 k.$$
 (44)

in which

$$u^{1} = a^{2} + b^{2} - c^{2} - d^{2} = v^{3},$$

$$u^{2} = 2(bc - ad) = -v^{2},$$

$$u^{3} = 2(ac + bd) = v^{1}.$$
(45)

Using a unitary matrix

$$U = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1\\ 1 & -1 \end{pmatrix},\tag{46}$$

it is straightforward to show that

$$U^{-1}H_{\mathcal{Q}}U = \operatorname{Re}[\overline{z}iz \cdot U^{-1}\sigma_{\mathcal{Q}}U] = -v^{1}\sigma_{x} - v^{2}\sigma_{y} - v^{3}\sigma_{z},$$
(47)

which is nothing but the Hopf insulator Hamiltonian H_C in Eq. (16).

By defining

$$\mathbf{a} = \text{Re}[-\mathbf{i} \cdot z \nabla \overline{z}], \quad \mathbf{f} = \nabla \times \mathbf{a},$$
 (48)

one can show that Eq. (22) is equivalent to

$$\chi = -\frac{1}{4\pi^2} \int_{\mathbb{R}^7} d^3 k \, \mathbf{f} \cdot \mathbf{a}. \tag{49}$$

Moreover, we find the relation between **A** for H^C and **a** for H_O such that

$$\mathbf{A} = -a\nabla b + b\nabla a - c\nabla d + d\nabla c = \mathbf{a}.\tag{50}$$

IV. \mathcal{PT} -SYMMETRIC FOUR-BAND INSULATORS IN THREE DIMENSIONS

In this work, we study the topological properties of the four-band real Hamiltonian $H_R^{2,2}(\mathbf{k})$ with two occupied and two unoccupied bands in \mathcal{PT} -symmetric spinless fermion systems in three dimensions. In the absence of spin-orbit coupling, the combined symmetry \mathcal{PT} can be represented by $\mathcal{PT} = \mathcal{K}$ where \mathcal{K} denotes the complex-conjugation operator. As \mathcal{PT} is local in \mathbf{k} space, the \mathcal{PT} invariance of the \mathbf{k} -space Hamiltonian $H_R^{2,2}(\mathbf{k})$ imposes the reality condition on $H_R^{2,2}(\mathbf{k})$ given by

$$(PT)H_R^{2,2}(\mathbf{k})(PT)^{-1} = \left[H_R^{2,2}(\mathbf{k})\right]^* = H_R^{2,2}(\mathbf{k}).$$
 (51)

The Hamiltonian, being both Hermitian and real, allows a diagonalization with a real orthogonal basis. To be precise, the spectral theorem for real symmetric matrices states that

$$H = H^{\dagger} \text{ and } H^* = H$$

 $\Rightarrow H = O \cdot \text{diag}(E_1, E_2, \dots, E_n) \cdot O^{\top},$ (52)

where n is the dimension. Hence, the wave function corresponding to $\mathcal{PT} = \mathcal{K}$ can be chosen to be real. Therefore, the \mathcal{PT} -symmetric spinless fermion systems are an ideal avenue to study the band topology of real wave functions [12,17,18].

A. Classifying space

To examine the topological property of $H_R^{2,2}(\mathbf{k})$, one can deform all the positive eigenvalues to +1 and all the negative eigenvalues to -1 assuming the Fermi energy at 0 ($E_F=0$). The resulting flattened Hamiltonian $\overline{H}_R^{2,2}(\mathbf{k})$ can generally be written as

$$\overline{H}_{R}^{2,2}(\mathbf{k}) = R \begin{pmatrix} 1 & & & \\ & 1 & & \\ & & -1 & \\ & & & -1 \end{pmatrix} R^{\top}, \tag{53}$$

where $R \in O(4)$, the space of real orthogonal 4×4 matrices. As the energy levels are fixed, the Hamiltonian is completely determined by the projection operator onto the occupied subspace

$$P: BZ = \mathbb{T}^3 \longrightarrow Gr(2,4), \tag{54}$$

where the classifying space, or Grassmannian, Gr(2, 4) is the set of two-dimensional subspaces of \mathbf{R}^4 . The unoccupied subspace is automatically determined as the complement of $P(\mathbf{k})$. Since O(2) rotation within the occupied (unoccupied) band subspace generated by the first (last) two columns of R does not affect the projector in Eq. (54), $Gr(2, 4) \approx O(4)/[O(2) \times O(2)]$. These two spaces can be used interchangeably. In the rest of this paper, we completely identify these spaces. That is, we identify the projector P with the equivalence class of the matrix R.

Replacing the orthogonal groups in the above consideration with special orthogonal groups, one obtains the

"oriented" Grassmannian

$$Gr^+(2, 4) = SO(4)/[SO(2) \times SO(2)].$$
 (55)

Equation (55) can be geometrically interpreted as the projectors onto the occupied subspace, provided we distinguish the two projectors of the same subspace with different order of the occupied states. Once the occupied states are ordered, we can fix the order of unoccupied states so that the matrix R has determinant 1. Hence, appears SO(4) in Eq. (55). Note that the oriented projector is invariant under the SO(2) rotation of the occupied (unoccupied) band subspace.

In fact, $Gr^+(2, 4)$ is a covering space of Gr(2, 4) with the covering map

$$q: \operatorname{Gr}^+(2,4) \longrightarrow \operatorname{Gr}(2,4),$$

 $[A]^+ \mapsto [A],$ (56)

which maps the oriented subspace represented by $A \in SO(4)$ to the subspace represented by $A \in O(4)$. The plus sign in the superscript indicates that the equivalence class is taken in the oriented Grassmannian. The map in Eq. (56) is "two to one" in the sense that the preimage $q^{-1}([A])$ of a point $[A] \in Gr(2,4)$ is always a two-point set $\{[A]^+, [A']^+\}$. Here $A' \in SO(4)$ is a special orthogonal matrix whose first two columns span the same subspace as that of A but are oriented in the opposite order. Although there are infinitely many different choices for such A', we shall canonically define A' as the matrix obtained from A by multiplying -1 to the second and fourth columns. That is,

$$A' = (\mathbf{a}_1 - \mathbf{a}_2 \ \mathbf{a}_3 - \mathbf{a}_4), \tag{57}$$

where \mathbf{a}_{j} is the *j*th column vector of A.

As will be shown in the next subsection, $Gr^+(2,4)$ is homeomorphic to $\mathbb{S}^2 \times \mathbb{S}^2$ with trivial fundamental group, thus being the universal cover of Gr(2,4). Having a two-to-one universal cover, a standard theorem of topology guarantees that Gr(2,4) has a noncontractible loop, unique up to homotopy, which becomes null homotopic when multiplied by itself: $\pi_1[Gr(2,4)] = \mathbb{Z}_2$. Since we will rely on the relatively simple space $Gr^+(2,4) \approx \mathbb{S}^2 \times \mathbb{S}^2$ when classifying the topological phases of real four-band insulators, it is worth noting the relation between the noncontractible loop of Gr(2,4) and the cover $Gr^+(2,4)$ (see Fig. 1). For any point $[A] \in Gr(2,4)$, there is a continuous path

$$\gamma^+: [0,1] \longrightarrow \operatorname{Gr}^+(2,4)$$
(58)

in $\operatorname{Gr}^+(2,4)$ connecting the two points in its preimage $q^{-1}([A]) = \{[A]^+, [A']^+\}$. Then its projection $\gamma = q \circ \gamma^+$ onto $\operatorname{Gr}(2,4)$ represents the nonzero element $[\gamma] \in \pi_1[\operatorname{Gr}(2,4)]$.

In fact, interpreting the domain of the map in Eq. (58) as one-dimensional Brillouin zone BZ = [0, 1], $\gamma = q \circ \gamma^+$ can be viewed as a 1D Hamiltonian with π Berry phase (see Appendix D 1). Thus, using the oriented Grassmannian Gr⁺(2, 4), whose fundamental group is trivial, instead of Gr(2, 4), amounts to restricting one's focus to those Hamiltonians with trivial Berry phases along every direction in the BZ. Later, we will further narrow down to those systems with trivial Euler numbers on every surface in the BZ, as stated in the Introduction. This will be done by replacing Gr⁺(2, 4)

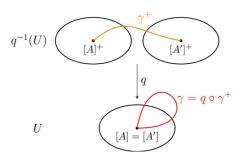


FIG. 1. The structure of a "two-to-one" universal cover. To each point in the base space, denoted by x = [A] = [A'], correspond exactly two points $y_1 = [A]^+$ and $y_2 = [A']^+$ in the covering space. Every continuous path that connects these two points projects onto a noncontractible loop in the base space, and the homotopy class of the projected loop does not depend on the original path.

by another space that has identical homotopy groups with $\mathrm{Gr}^+(2,4)$ except that it has trivial second homotopy group. These points will be elucidated in Sec. V A.

In the viewpoint of homotopy groups, the difference between the base space and the covering space is all contained in the fundamental group: the homotopy groups of higher dimension coincide. In particular, $\pi_2[Gr(2,4)] = \pi_2[Gr^+(2,4)] = \pi_2[\mathbb{S}^2 \times \mathbb{S}^2] = \mathbf{Z} \oplus \mathbf{Z}$ and $\pi_3[Gr(2,4)] = \pi_3[Gr^+(2,4)] = \pi_3[\mathbb{S}^2 \times \mathbb{S}^2] = \mathbf{Z} \oplus \mathbf{Z}$. This fact will be crucial in the homotopy classification of 3D \mathcal{PT} -symmetric four-band insulators as shown below. It is worth noting that this homotopy-theoretic consideration also enabled the classification of four-band Euler insulator, as presented in [13].

B. Modified classifying space and real Hopf invariant

As shown above, the classifying space Gr(2,4) is usually constructed as the quotient space $O(4)/O(2) \times O(2)$ and interpreted as the set of projectors onto the occupied subspace. Although this construction applies to every noninteracting insulator with finite numbers of occupied and unoccupied bands, it is hard to understand geometrically how two integer invariants of $\pi_{2,3}[Gr(2,4)]$ arise and how to compute them.

To improve on this, we used the double cover as a "modified" classifying space $\operatorname{Gr}^+(2,4)$ and found $\pi_{n>1}[\operatorname{Gr}(2,4)]=\pi_{n>1}[\mathbb{S}^2\times\mathbb{S}^2]$. In the rest of this section, we will further this strategy and construct another "classifying space" $\mathbb{S}^3\times\mathbb{S}^3$ enveloping both $\operatorname{Gr}(2,4)$ and $\operatorname{Gr}^+(2,4)$. The promised isomorphism $\operatorname{Gr}^+(2,4)\approx\mathbb{S}^2\times\mathbb{S}^2$ will be established en route.

What we will observe is that the projector P can be determined from a pair of unit quaternions. This suggests the possibility of employing the set of pairs of unit quaternions to express arbitrary four-band \mathcal{PT} -symmetric Hamiltonian. In turn, the set of unit quaternions can also be seen as the sphere \mathbb{S}^3 inside \mathbf{R}^4 under the identification $\mathbf{R}^4 \approx \mathbf{H}$ of real 4-vectors and quaternions. Thus, using $\mathbb{S}^3 \times \mathbb{S}^3$ as the enveloping classifying space, one can examine the relation between the Hopf insulator and the general 3D four-band Hamiltonians with spinless \mathcal{PT} symmetry at half-filling. The latter, which will be shown to be the \mathcal{PT} -symmetric superposition of two Hopf insulators and its generalizations, will be examined in the

framework of homotopy theory. When the lower-dimensional contribution to the homotopy ("weak topological invariants") is trivial, it will be called the real Hopf insulator (RHI).

To be precise, $\mathbb{S}^3 \times \mathbb{S}^3$ forms a Serre fibration [39] over the Grassmannian and can be seen as the composition of two familiar fibrations

$$\mathbb{S}^3 \times \mathbb{S}^3 \xrightarrow{p_2} \operatorname{Gr}^+(2,4) \xrightarrow{p_1} \operatorname{Gr}(2,4). \tag{59}$$

The first map is the product of two copies of Hopf fibration, which is commonly used to construct Hopf insulators, while the second is the 2-1 covering space over the Grassmannian.

Being a Serre fibration, Eq. (59) enjoys the homotopy lifting property with respect to the three-dimensional cube I^3 : For each continuous map $f: I^3 \longrightarrow Gr(2,4)$, there exists its (not necessarily unique) lifts such as

$$f^+: I^3 \longrightarrow Gr^+(2,4),$$

 $\widetilde{f}: I^3 \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,$ (60)

where the continuous maps f, f^+ , \widetilde{f} satisfy $p_2 \circ \widetilde{f} = f^+$ and $p_1 \circ f^+ = f$.

This lifting property is crucial for using the modified classifying spaces. One might try to lift the projector of a flattened Hamiltonian

$$P: BZ = \mathbb{T}^3 \longrightarrow Gr(2,4) \tag{61}$$

up along the fibration, however, one cannot define such maps on BZ since the fibration in Eq. (59) does not have the lifting property with respect to the 3-torus. To bypass this difficulty, we interpret the projector as a map on the cube with periodic boundary conditions:

$$f: I^3 \longrightarrow Gr(2,4),$$

 $\mathbf{k} \mapsto P(\mathbf{k}),$ (62)

for which the fibration admits lifting. The lifted maps f^+ , \widetilde{f} are then maps on the cube with certain boundary conditions as will be described [see Eq. (92)].

To reach the aforementioned goal, we begin with the following homomorphism of groups:

$$g: \mathbb{S}^3 \times \mathbb{S}^3 \longrightarrow SO(4),$$

 $(z, w) \mapsto R_{z,w},$ (63)

where SO(N) is the group of the $N \times N$ special orthogonal matrices. For a fixed pair of unit quaternions $z, w \in \mathbb{S}^3$, the 4×4 matrix $R_{z,w}$ is defined by

$$R_{z,w}|x\rangle = |\overline{z}xw\rangle \quad (x \in \mathbf{H}).$$
 (64)

We will use without proof the fact that g is surjective, i.e., every $R \in SO(4)$ arises as $R = R_{z,w}$ for some $z, w \in \mathbb{S}^3$, and that

$$\ker g = \{\pm (1, 1)\} \approx \mathbf{Z}_2. \tag{65}$$

It follows that by factoring out the kernel, we get the group isomorphism

$$\overline{g}: \mathbb{S}^3 \times \mathbb{S}^3 / \{\pm(1,1)\} \longrightarrow SO(4),$$

$$[(z,w)] \mapsto R_{z,w}. \tag{66}$$

Before proceeding, we shall describe the matrix $R_{z,w}$ by directly computing its column vectors. Observe that for any 4×4

matrix R, the four columns of R are precisely the images of the elementary basis vectors

$$R\begin{pmatrix} 1\\0\\0\\0\end{pmatrix}, \quad R\begin{pmatrix} 0\\1\\0\\0\end{pmatrix}, \quad R\begin{pmatrix} 0\\0\\1\\0\end{pmatrix}, \quad R\begin{pmatrix} 0\\0\\0\\1\end{pmatrix}. \tag{67}$$

Accordingly, the column vectors of $R_{z,w}$ are

$$|\bar{z}w\rangle, \quad |\bar{z}iw\rangle, \quad |\bar{z}jw\rangle, \quad |\bar{z}kw\rangle.$$
 (68)

Now we want to pass to the classifying space by factoring the right-hand side of Eq. (66) by the $SO(2) \times SO(2)$ action. We can transfer this action using the isomorphism (66) and factor the left-hand side of Eq. (66) by this induced action. The resulting space, being isomorphic to $SO(4)/SO(2) \times SO(2)$, provides an alternative description to the oriented Grassmannian.

To see things more vividly, here we write explicitly how SO(2) acts on the occupied (unoccupied) space. Acting

$$\begin{pmatrix}
\cos \theta_1 & -\sin \theta_1 \\
\sin \theta_1 & \cos \theta_1
\end{pmatrix} \oplus \begin{pmatrix}
\cos \theta_2 & -\sin \theta_2 \\
\sin \theta_2 & \cos \theta_2
\end{pmatrix}$$

$$\in SO(2) \times SO(2) \tag{69}$$

to a matrix $R \in SO(4)$, R moves to a new special orthogonal matrix whose column vectors are

$$R\begin{pmatrix} \cos \theta_1 \\ \sin \theta_1 \\ 0 \\ 0 \end{pmatrix}, \quad R\begin{pmatrix} -\sin \theta_1 \\ \cos \theta_1 \\ 0 \\ 0 \end{pmatrix}, \quad R\begin{pmatrix} 0 \\ 0 \\ \cos \theta_2 \\ \sin \theta_2 \end{pmatrix}, \quad R\begin{pmatrix} 0 \\ 0 \\ -\sin \theta_2 \\ \cos \theta_2 \end{pmatrix}.$$

$$(70)$$

Now let us assume $R = R_{z,w}$. Then the vectors in Eq. (70) can be recast as

$$\cos \theta_{1} |\overline{z}w\rangle + \sin \theta_{1} |\overline{z}iw\rangle = |\overline{z}e^{i\theta_{1}}w\rangle,$$

$$-\sin \theta_{1} |\overline{z}w\rangle + \cos \theta_{1} |\overline{z}iw\rangle = |\overline{z}e^{i\theta_{1}}iw\rangle,$$

$$\cos \theta_{2} |\overline{z}jw\rangle + \sin \theta_{2} |\overline{z}kw\rangle = |\overline{z}e^{i\theta_{2}}jw\rangle,$$

$$-\sin \theta_{2} |\overline{z}jw\rangle + \cos \theta_{2} |\overline{z}kw\rangle = |\overline{z}e^{i\theta_{2}}kw\rangle. \tag{71}$$

The form of vectors in Eq. (71) indicates that the action could be understood as changing the quaternions $z, w \in \mathbb{S}^3$ instead of rotating the columns of $R_{z,w}$. From now on, let us identify the SO(2) × SO(2) matrix in Eq. (69) with a pair of complex numbers $(e^{i\theta_1}, e^{i\theta_2}) \in \mathbb{S}^1 \times \mathbb{S}^1$. We define a new action

$$(\mathbb{S}^3 \times \mathbb{S}^3) \times (\mathbb{S}^1 \times \mathbb{S}^1) \longrightarrow (\mathbb{S}^3 \times \mathbb{S}^3),$$

$$((z, w), (e^{i\phi_1}, e^{i\phi_2})) \mapsto (e^{i\phi_1}z, e^{i\phi_2}w). \tag{72}$$

Notice that Eq. (72) maps (-z, -w) to $(-e^{i\phi_1}z, -e^{i\phi_2}w)$, that is, it moves a pair of elements congruent under the \mathbb{Z}_2 action to another congruent pair. Hence, it induces an action on the quotient space $\mathbb{S}^3 \times \mathbb{S}^3/\{\pm(1,1)\}$:

$$\left(\frac{\mathbb{S}^3 \times \mathbb{S}^3}{\{\pm(1,1)\}}\right) \times (\mathbb{S}^1 \times \mathbb{S}^1) \longrightarrow \left(\frac{\mathbb{S}^3 \times \mathbb{S}^3}{\{\pm(1,1)\}}\right),
([(z,w)], (e^{i\phi_1}, e^{i\phi_2})) \mapsto [(e^{i\phi_1}z, e^{i\phi_2}w)]. \tag{73}$$

Direct computation shows that acting $(e^{i\theta_1}, e^{i\theta_2})$ on $R_{z,w}$ corresponds, via the isomorphism (66), to acting $(e^{i\phi_1}, e^{i\phi_2})$ on

[(z, w)] if $\theta_{1,2}, \phi_{1,2}$ are related by

$$\theta_1(\phi_1, \phi_2) = \phi_2 - \phi_1,$$

$$\theta_2(\phi_1, \phi_2) = -(\phi_1 + \phi_2).$$
 (74)

Since any pair (θ_1, θ_2) can be expressed as the difference and sum of a pair (ϕ_1, ϕ_2) , the orbit of Eq. (73) is isomorphic to the orbit of Eq. (69).

It implies that after modding out the $\mathbb{S}^1 \times \mathbb{S}^1$ actions on both sides of Eq. (66), it induces an isomorphism between orbit spaces:

$$g^{+}: \frac{\mathbb{S}^{3} \times \mathbb{S}^{3}}{\mathbb{S}^{1} \times \mathbb{S}^{1}} \longrightarrow \frac{\text{SO}(4)}{\text{SO}(2) \times \text{SO}(2)},$$
$$[(z, w)] \mapsto [R_{z, w}]. \tag{75}$$

In Eq. (75), we do not write $((\mathbb{S}^3 \times \mathbb{S}^3)/\{\pm(1,1)\})/(\mathbb{S}^1 \times \mathbb{S}^1)$ since the orbits of the $\mathbb{S}^1 \times \mathbb{S}^1$ action always contain that of the $\{\pm(1,1)\}$ action. To be precise, given $(z,w) \in \mathbb{S}^3 \times \mathbb{S}^3$,

$$\{\pm(z,w)\}\subset\{(e^{i\phi_1}z,e^{i\phi_2}w):\phi_1,\phi_2\in\mathbf{R}\}.$$
 (76)

It follows that

$$((\mathbb{S}^3 \times \mathbb{S}^3)/\{\pm(1,1)\})/(\mathbb{S}^1 \times \mathbb{S}^1) = (\mathbb{S}^3 \times \mathbb{S}^3)/(\mathbb{S}^1 \times \mathbb{S}^1).$$
(77)

Since each multiplicand of $\mathbb{S}^1 \times \mathbb{S}^1$ acts independently [see Eq. (72)] on the respective component of $\mathbb{S}^3 \times \mathbb{S}^3$, the domain of the isomorphism (75) can also be written as the product of two independent orbit spaces:

$$g^{+}: \frac{\mathbb{S}^{3}}{\mathbb{S}^{1}} \times \frac{\mathbb{S}^{3}}{\mathbb{S}^{1}} \longrightarrow \frac{\text{SO}(4)}{\text{SO}(2) \times \text{SO}(2)},$$

$$([z], [w]) \mapsto [R_{z,w}]. \tag{78}$$

In Eq. (78), $\mathbb{S}^3/\mathbb{S}^1$ is the orbit space of the \mathbb{S}^1 action

$$\mathbb{S}^{3} \times \mathbb{S}^{1} \longrightarrow \mathbb{S}^{3},$$

$$(z, e^{i\theta}) \mapsto e^{i\theta} z. \tag{79}$$

Now, let us show that the orbit space $\mathbb{S}^3/\mathbb{S}^1$ can be identified with the sphere \mathbb{S}^2 precisely as in the Hopf fibration sequence in Eq. (10) by using the alternative form of the Hopf map $p: z \mapsto \overline{z}iz$ in Eq. (41). In Eq. (75), we formed the quotient space $\mathbb{S}^3/\mathbb{S}^1$ by factoring the orbits of the \mathbb{S}^1 action on \mathbb{S}^3 given by

$$e^{i\theta}z = e^{i\theta}z. \tag{80}$$

It is easy to see that

$$\overline{e^{i\theta}z} \cdot i \cdot e^{i\theta}z = \overline{z} \underbrace{e^{-i\theta}ie^{i\theta}}_{=i} z = \overline{z}iz, \tag{81}$$

i.e., $e^{i\theta}z \in p^{-1}(\overline{z}iz)$. Conversely, suppose $w \in p^{-1}(\overline{z}iz)$, i.e., $\overline{z}iz = \overline{w}iw$ for some $z, w \in \mathbb{S}^3$. We want to show $z\overline{w} = e^{i\theta}$ for some θ since then $w = e^{-i\theta}z$ and w belongs to the orbit of z under the action (80). Note that

$$\overline{z}iz = \overline{w}iw$$
 (82)

$$\Rightarrow z(\overline{z}iz)\overline{z} = z(\overline{w}iw)\overline{z}$$
 (83)

$$\Rightarrow i = (z\overline{w})i(w\overline{z}) \tag{84}$$

$$\Rightarrow$$
 $i(z\overline{w}) = (z\overline{w})i.$ (85)

Since $z\overline{w}$ has unit length and commutes with i, it must be of the form

$$z\overline{w} = a + bi \quad (a^2 + b^2 = 1),$$
 (86)

i.e., $z\overline{w} = e^{\mathrm{i}\theta} \in \mathbb{S}^1$ for some $\theta \in \mathbf{R}$:

$$p^{-1}(\overline{z}iz) = \{e^{i\theta}z : \theta \in \mathbf{R}\} \approx \mathbb{S}^1.$$
 (87)

In conclusion, we can represent the equivalence class [z] in Eq. (78) by using $\overline{z}iz$. This establishes an isomorphism between $\mathbb{S}^2 \times \mathbb{S}^2$ and the oriented classifying space given by

$$g^{+}: \mathbb{S}^{2} \times \mathbb{S}^{2} \longrightarrow \frac{SO(4)}{SO(2) \times SO(2)},$$

 $(\overline{z}iz, \overline{w}iw) \mapsto [R_{z,w}].$ (88)

V. REAL HOPF INSULATOR

The conclusion we have obtained so far is twofold. First, we have established the isomorphism

$$\mathbb{S}^2 \times \mathbb{S}^2 \xrightarrow{\approx} Gr^+(2,4), \tag{89}$$

which enables us to classify the band topology of any 4×4 real Hamiltonian $H_R^{2,2}(\mathbf{k})$ with two occupied and two unoccupied bands by $\pi_3(\mathbb{S}^2 \times \mathbb{S}^2) = \mathbf{Z} \oplus \mathbf{Z}$ indices. Second, we have shown that each \mathbb{S}^2 factor in Eq. (89) can be regarded as the base space of the Hopf fibration in Eq. (10). This indicates the topological classes of $H_R^{2,2}(\mathbf{k})$ can be classified by two integer Hopf invariants (χ_z, χ_w) . The topological insulator described by $H_R^{2,2}(\mathbf{k})$ carrying nontrivial Hopf invariant pairs can be called a real Hopf insulator (RHI).

A. Definition and construction of real Hopf insulator

What have been shown so far is that for any flattened Hamiltonian $\overline{H}_R^{2,2}(\mathbf{k})$, there are two lifts of the projector f^+ and \widetilde{f} that map into the modified classifying spaces. From now on, we denote the lifted projectors by

$$\underline{P}^{+}: I^{3} \longrightarrow Gr^{+}(2, 4),
\widetilde{P}: I^{3} \longrightarrow \mathbb{S}^{3} \times \mathbb{S}^{3}.$$
(90)

and call them "oriented" and "enveloping" projectors, respectively. The underlines in \underline{P}^+ , $\underline{\widetilde{P}}$ signify that the domain of projectors changed from torus to cube, while the symbols P^+ , \widetilde{P} are reserved for when the domain remains to be a torus; see Eqs. (94) and (98).

Let us comment on the boundary conditions of the projectors. Since the genuine projector $P(\mathbf{k})$ is a function on \mathbb{T}^3 (equivalently, a periodic function on I^3), the lifted projectors must satisfy certain boundary conditions. In view of the fibration structure between genuine and modified classifying spaces,

$$\mathbb{S}^{3} \times \mathbb{S}^{3} \xrightarrow{p_{2}} \mathbb{S}^{2} \times \mathbb{S}^{2} \xrightarrow{p_{1}} Gr(2, 4),$$

$$(z, w) \mapsto (\overline{z}iz, \overline{w}iw) \mapsto [R_{z,w}],$$
(91)

the boundary condition for $\widetilde{\underline{P}} = (z(\mathbf{k}), w(\mathbf{k})) \equiv (z, w)(\mathbf{k})$ can be determined as follows. Since the (unoriented) classifying space is $Gr(2, 4) = Gr^+(2, 4)/\mathbf{Z}_2 \approx \mathbb{S}^2 \times \mathbb{S}^2/\{\pm (1, 1)\}, (z, w)(\mathbf{k})$ can be any $(\mathbb{S}^3 \times \mathbb{S}^3)$ -valued functions on I^3 subject

to the boundary condition

$$(\overline{z}iz, \overline{w}iw)(\mathbf{k}) = \pm (\overline{z}iz, \overline{w}iw)(\mathbf{k} + 2\pi \mathbf{e}_j)$$

 $(\mathbf{e}_j \text{ is the unit vector along } k_j \text{ axis, } j = 1, 2, 3), \quad (92)$

The plus (minus) sign in Eq. (92) corresponds to the contractible (noncontractible) loop along k_i in $\pi_1[Gr(2,4)]$. It is easy to see that the periodic boundary condition

$$(\overline{z}iz, \overline{w}iw)(\mathbf{k}) = (\overline{z}iz, \overline{w}iw)(\mathbf{k} + 2\pi \mathbf{e}_j)$$

 $(\mathbf{e}_j \text{ are unit vectors }, j = 1, 2, 3).$ (93)

is equivalent to saying that the oriented projector can be written as a function on the torus,

$$P^{+}: \mathbb{T}^{3} \longrightarrow \mathbb{S}^{2} \times \mathbb{S}^{2},$$

$$\mathbf{k} \mapsto (\overline{z}iz, \overline{w}iw)(\mathbf{k}), \tag{94}$$

instead of just a function on I³. It is explained in Appendix B that this is possible if and only if the Berry phases along three axes all vanish:

$$\int_{\mathbb{T}^1} \text{Tr} A(\mathbf{k}) dk_j = 0 \mod 2\pi \quad (j = 1, 2, 3). \tag{95}$$

On the other hand, the antiperiodic boundary condition [minus sign in Eq. (92)] along any direction k_i is equivalent to the nontrivial Berry phase

$$\int_{\mathbb{T}^1} \operatorname{Tr} A(\mathbf{k}) dk_j = \pi \mod 2\pi. \tag{96}$$

We focus our attention to those Hamiltonians with periodic oriented projectors, i.e., all loops along the three independent directions in BZ = \mathbb{T}^3 being contractible in the classifying space Gr(2, 4); In this case, Eq. (93) implies

$$z(k_1, k_2, 2\pi) = e^{i\theta_3(k_1, k_2)} z(k_1, k_2, 0),$$

 $w(k_1, k_2, 2\pi) = e^{i\phi_3(k_1, k_2)} w(k_1, k_2, 0),$
for some $\theta_3, \phi_3 : I^2 \to \mathbf{R},$
similarly for cyclic permutations of 1, 2, 3. (97)

The functions θ_i , ϕ_i (j = 1, 2, 3) can be set to constant zero, that is, the enveloping projector can be set (up to homotopy) as a periodic function

$$\widetilde{P}: \mathbb{T}^3 \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,$$

$$\mathbf{k} \mapsto (z, w)(\mathbf{k}) \tag{98}$$

if and only if the Euler class associated to the occupied (unoccupied) bands vanishes on all three faces (see Appendixes B and also D2):

$$\int_{\mathbb{T}^2} \operatorname{Eu}^{\nu}(\mathbf{k}) dk_1 dk_2 = \int_{\mathbb{T}^2} \operatorname{Eu}^{c}(\mathbf{k}) dk_1 dk_2 = 0,$$
as well as for cyclic permutations of 1, 2, 3. (99)

Equivalently, Euler number vanishes if and only if the realvalued wave function can be defined analytically over the whole BZ. The Euler form $Eu^{v,c}(\mathbf{k})$, which can be defined for PT-symmetric insulators in spatial dimension two, will be defined in Eqs. (122) and (123).

It is easy to observe that the condition in Eq. (99) implies Eq. (95) since triviality on faces guarantees that on edges. This is consistent with the fact that the Euler invariant is well defined when the Berry phase is vanishing.

We define the real Hopf insulators (RHIs) to be the class of four-band spinless PT-symmetric Hamiltonians at halffilling, with additional constraint in Eq. (99). A RHI can be specified (up to homotopy) by either one of the two ways: One (the level of genuine classifying space) is by the periodic \mathbf{R}^4 -valued real wave functions $\{|u_1^v(\mathbf{k})\rangle, |u_2^v(\mathbf{k})\rangle\}$ and $\{|u_1^c(\mathbf{k})\rangle, |u_2^c(\mathbf{k})\rangle\}$ on BZ = \mathbb{T}^3 that span the occupied and unoccupied subspaces, respectively; the other (the level of enveloping classifying space) is by two unit quaternion-valued periodic functions $z(\mathbf{k})$, $w(\mathbf{k})$ on BZ = \mathbb{T}^3 . In the second case, using the notation in Eq. (31), the wave functions are determined by

$$|u_1^v\rangle = |\bar{z}jw\rangle, \quad |u_2^v\rangle = |\bar{z}kw\rangle$$
 (100)

for the occupied bands, and

$$|u_1^c\rangle = |\bar{z}w\rangle, \quad |u_2^c\rangle = |\bar{z}iw\rangle$$
 (101)

for the unoccupied bands. In both ways of defining RHI, analyticity of the wave functions guarantees the triviality condition in Eq. (99).

A concrete model of RHI with two integer invariants (χ_z, χ_w) can be constructed as follows. First, we can choose $z(\mathbf{k}), w(\mathbf{k})$ as the unit quaternions corresponding to the occupied states of the conventional Hopf insulator, described by the Moore-Ran-Wen model in Eq. (17), with the Hopf indices χ_z , χ_w , respectively. We then assign $\{|\overline{z}jw\rangle, |\overline{z}kw\rangle\}$ as the occupied eigenstates of $\overline{H}_R^{2,2}(\mathbf{k})$ with the energy eigenvalue -1 while $\{|\overline{z}w\rangle, |\overline{z}iw\rangle\}$ as the unoccupied states with the eigenvalue +1. The occupied (unoccupied) space is invariant under the action

$$(z, w) \mapsto (e^{i\theta_1}z, e^{i\theta_2}w),$$
 (102)

which can be understood from Eq. (71). Then the matrix form of the flattened RHI Hamiltonian is given by

$$\overline{H}_{R}^{2,2}(\mathbf{k}) = R_{z,w} \begin{pmatrix} 1 & & & \\ & 1 & & \\ & & -1 & \\ & & & -1 \end{pmatrix} R_{z,w}^{\top}, \qquad (103)$$

where $R_{z,w}$ is defined in Eq. (64). A more general unflat-tened Hamiltonian $H_R^{2,2}(\mathbf{k})$ can be obtained from $\overline{H}_R^{2,2}(\mathbf{k})$ by allowing the momentum-dependent variation of the energy eigenvalues while keeping the finite-energy gap between the occupied and unoccupied bands.

The Moore-Ran-Wen RHI, defined in Eq. (103), is especially useful when constructing RHI models with additional symmetries. For instance, Appendix L 2 describes the models having the inversion (P) and time-reversal (T) symmetries separately.

At this point, let us clarify that two-band Hopf insulator and four-band RHI have relations stronger than merely sharing a mathematical construction using the Hopf map. In fact, a \mathcal{PT} -symmetric superposition of a pair of Hopf insulators realizes a subset of RHIs. To be precise, let us consider the RHI with $(\chi_z, \chi_w) = (0, n)$ for integer n. Setting $z \equiv 1$, the corresponding Hamiltonian reads as

$$\overline{H}_{R}^{2,2}(\mathbf{k}) = \begin{pmatrix} u^{1} & 0 & u^{3} & -u^{2} \\ 0 & u^{1} & u^{2} & u^{3} \\ u^{3} & u^{2} & -u^{1} & 0 \\ -u^{2} & u^{3} & 0 & -u^{1} \end{pmatrix}, \tag{104}$$

where $(u^1, u^2, u^3)(\mathbf{k})$ is determined by

$$u^{1}\mathbf{i} + u^{2}\mathbf{j} + u^{3}\mathbf{k} = (\overline{w}\mathbf{i}w)(\mathbf{k}). \tag{105}$$

Under a basis change,

$$U\overline{H}_R^{2,2}(\mathbf{k})U^{\dagger} = \begin{pmatrix} H_C^* & O \\ O & H_C \end{pmatrix}, \tag{106}$$

$$H_C = \begin{pmatrix} u^1 & u^3 + iu^2 \\ u^3 - iu^2 & -u^1 \end{pmatrix}, \tag{107}$$

where H_C is the Hamiltonian of a Hopf insulator associated to the function $(z^{\dagger}\sigma z)(\mathbf{k}) = [v^1(\mathbf{k}), v^2(\mathbf{k}), v^3(\mathbf{k})] = [u^3(\mathbf{k}), -u^2(\mathbf{k}), u^1(\mathbf{k})]$ [compare Eqs. (7) and (45)], H_C^* its complex conjugate, and O the zero matrix. The relevant unitary transformation is given by

$$U = \begin{pmatrix} c & -c^* & 0 & 0\\ 0 & 0 & c & -c^*\\ c & c^* & 0 & 0\\ 0 & 0 & c & c^* \end{pmatrix}, \quad c = -\frac{1}{2} + \frac{1}{2}i. \quad (108)$$

It turns out that H_C^* is also a Hamiltonian of a Hopf insulator with the same Hopf invariant χ as H_C .

Hence, every RHI with the first invariant trivial $\chi_z = 0$ is the \mathcal{PT} -symmetric superposition of two independent copies of Hopf insulator. As one turns on the interaction between the two, without breaking \mathcal{PT} , nontrivial terms appear in the off-diagonal entries in Eq. (106). The energy gap should be closed during the process, passing to another homotopy class $(\chi_z, \chi_w) = (m, n)$ of RHI.

B. Bulk invariants of RHI

Let us explain how one can compute the two integer topological invariants of $H_R^{2,2}(\mathbf{k})$ related to the third homotopy group

$$\pi_3[\operatorname{Gr}(2,4)] = \pi_3[\mathbb{S}^2 \times \mathbb{S}^2] = \mathbf{Z} \oplus \mathbf{Z}. \tag{109}$$

Here we assume that the 1D and 2D topological invariants of $H_R^{2,2}(\mathbf{k})$, that is, the Berry phase and the Euler invariant, respectively, are trivial because the two Hopf invariants are well defined only under such a condition. The influence of the 1D and 2D invariants is further discussed in Appendix D.

For a given flattened Hamiltonian $\overline{H}_R^{2,2}(\mathbf{k})$, one can find a map

$$\mathbb{T}^3 \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,$$

$$\mathbf{k} \mapsto (z, w)(\mathbf{k}). \tag{110}$$

The two integer invariants are the degree of the maps

$$z(\mathbf{k}), w(\mathbf{k}) : \mathbb{T}^3 \longrightarrow \mathbb{S}^3.$$
 (111)

These degrees can be quantified by the following manner: First, we define the connection 1-forms on the BZ

$$a_z = \text{Re}[-i \cdot z \, d\overline{z}], \quad a_w = \text{Re}[-i \cdot w \, d\overline{w}], \quad (112)$$

where d is the differential operator defined by

$$df = \frac{\partial f}{\partial k_x} dk_x + \frac{\partial f}{\partial k_y} dk_y + \frac{\partial f}{\partial k_z} dk_z.$$
 (113)

Differentiating a_z and a_w , we get

$$f_z = da_z, \quad f_w = da_w. \tag{114}$$

Then the integers in $\pi_3[Gr(2,4)] = \mathbf{Z} \oplus \mathbf{Z}$ are computed in the same way as the Hopf invariant:

$$(\chi_z, \chi_w) = \left(\frac{-1}{4\pi^2} \int_{BZ} a_z \wedge f_z, \ \frac{-1}{4\pi^2} \int_{BZ} a_w \wedge f_w\right) \in \mathbf{Z} \oplus \mathbf{Z}.$$
(115)

In the following two subsections, we provide alternative definitions, equivalent to the one above, of RHI invariants using the eigenstates of the Hamiltonian, instead of the abstract functions z, w.

C. RHI invariants of unflattened Hamiltonian

To develop methods to compute the 3D invariants of a general unflattened Hamiltonian $H_R^{2,2}(\mathbf{k})$, one needs the relation between $\overline{z}iz$, $\overline{w}iw$ and the occupied and unoccupied wave functions. For example, one can see from Eq. (100) that

$$u_2^v \overline{u_1^v} = \overline{z} i z,$$

$$-\overline{u_1^v} u_2^v = \overline{w} i w.$$
 (116)

Then, by combining two orthogonal occupied eigenstates $u_1^v(\mathbf{k})$ and $u_2^v(\mathbf{k})$, we can define two functions

$$\mathbf{v}_{z}: \mathbb{T}^{3} \longrightarrow \mathbb{S}^{2},$$

$$\mathbf{k} \mapsto \mathbf{v}_{z}(\mathbf{k}) = u_{2}^{v}(\mathbf{k})\overline{u_{1}^{v}}(\mathbf{k}),$$
(117)

$$\mathbf{v}_w : \mathbb{T}^3 \longrightarrow \mathbb{S}^2,$$

$$\mathbf{k} \mapsto \mathbf{v}_w(\mathbf{k}) = -\overline{u}_1^v(\mathbf{k})u_2^v(\mathbf{k}). \tag{118}$$

Then by applying the procedures described in Eqs. (18)–(22) to $\mathbf{v}_z(\mathbf{k})$ and $\mathbf{v}_w(\mathbf{k})$, one can determine the corresponding connection and curvature tensors, from which the bulk invariants of RHI can be computed. The resulting integer invariants (χ_z, χ_w) are independent of the choice of orthogonal basis $u_1^v(\mathbf{k})$ and $u_2^v(\mathbf{k})$. In Appendix A, we prove the invariance of (χ_z, χ_w) under the rotation

$$u_1^v \mapsto \cos\theta \ u_1^v - \sin\theta \ u_2^v,$$

$$u_2^v \mapsto \sin\theta \ u_1^v + \cos\theta \ u_2^v$$
(119)

and the reflection

$$u_1^v \mapsto u_2^v, u_2^v \mapsto u_1^v.$$
 (120)

Similar relations can also be found by using the unoccupied wave functions such as

$$u_2^c \overline{u_1^c} = \overline{z} i z,$$

$$\overline{u_1^c} u_2^c = \overline{w} i w.$$
 (121)

D. RHI invariants in terms of Euler connections

More importantly, we can define the bulk invariants from the conduction (valence) band Euler connections. This will reveal a characteristic feature of RHI: The integral formula for the bulk invariants necessarily includes the Euler connections of both conduction and valence bands,

$$\mathbf{a}^c = \langle u_2^c | d | u_1^c \rangle, \quad \mathbf{a}^v = \langle u_2^v | d | u_1^v \rangle, \tag{122}$$

and the corresponding curvatures

$$Eu^c = da^c, \quad Eu^v = da^v. \tag{123}$$

In Eq. (122), the wave functions $|u\rangle_{1,2}^{v,c}$ are set to be real vectors, which is enabled by the \mathcal{PT} symmetry. For such a real basis, the 2×2 connection matrix for the occupied (unoccupied) subspace $a_{ij}^{v,c} \equiv \langle u_j^{v,c}|d|u_i^{v,c}\rangle$ becomes real antisymmetric. Hence, the connection matrix is determined by its off-diagonal component $a_{12}^{v,c} = a^{v,c}$, which is the definition of Euler connection [12,18].

Using Eqs. (100) and (101), we can compute Eq. (122) in terms of z, w:

$$a^{c} = \langle \overline{z}iw|d|\overline{z}w\rangle$$

$$= \operatorname{Re}[\overline{w}(-i)z(d\overline{z}\cdot w + \overline{z}dw)]$$

$$= \operatorname{Re}[-i\cdot zd\overline{z} + \overline{w}(-i)dw]$$

$$= \operatorname{Re}[-i\cdot zd\overline{z} + i\cdot w d\overline{w}]$$

$$= a_{z} - a_{w}, \qquad (124)$$

where the first equality is the definition. In the second and third equalities, we use Eqs. (33) and (35), respectively. The fourth again follows from Eq. (33). Analogously, we have

$$a^{v} = a_{z} + a_{w}.$$
 (125)

Now it directly follows that

$$-\frac{1}{8\pi^2} \int_{BZ} a^c \wedge Eu^c + a^v \wedge Eu^v = \chi_z + \chi_w,$$

$$-\frac{1}{8\pi^2} \int_{BZ} a^c \wedge Eu^v + a^v \wedge Eu^c = \chi_z - \chi_w$$
 (126)

or, equivalently.

$$-\frac{1}{16\pi^{2}} \int_{BZ} (a^{c} + a^{v}) \wedge (Eu^{c} + Eu^{v}) = \chi_{z},$$

$$-\frac{1}{16\pi^{2}} \int_{BZ} (a^{c} - a^{v}) \wedge (Eu^{c} - Eu^{v}) = \chi_{w}.$$
(127)

It is worth noting that the 3D bulk invariants (χ_z , χ_w) of RHI are defined in terms of both occupied and unoccupied bands. One may try to find other invariants, similar to above ones, using only the Euler connection and curvature of occupied bands. However, as shown in Appendix E, any attempt to build such new invariants ends up with an expression which is either gauge noninvariant or nonquantized. This is in sharp contrast with all the other topological invariants including the Chern number, Euler number, Hopf invariant, which can be computed by using only the occupied subspace.

This fact has a consequence on the bulk-boundary correspondence of RHI. Analogous to the other integral formulas such as Berry phase in 1D and Chern class in 2D, which contain physical information of the boundary charge and edge

current, the integral formulas for the RHI bulk invariants allow interpretation as the Berry curvature polarization, which would leave a mark on the boundary of a finite-size sample. More precisely, we will show later that the first equation of Eq. (126) is directly proportional to the surface Chern number [40] of the total bands, including both occupied and unoccupied bands. This fact is intimately connected to the appearance of the connection and curvature of both the occupied and unoccupied states in the definition of quantized topological invariants, which is a direct manifestation of the delicate nature of the RHI band topology.

As the final remark for this section, we discuss the apparent contradiction between Eq. (116) and the uniqueness statement of Eq. (127). The fact that Eq. (116) provides a way to express χ_z , say, in terms of occupied states only may render the uniqueness of Eq. (127) invalid. However, the definition of χ_z from Eq. (116) requires one to solve the magnetostatic equations in Eqs. (19) and (20), whose solution cannot be expressed in terms of occupied state Euler connection. In fact, the solution is

$$a_z = \frac{a^c + a^v}{2}. (128)$$

This inevitably enforces the use of both occupied and unoccupied bands when computing the bulk invariants of RHI in terms of Euler connection.

VI. BULK-BOUNDARY CORRESPONDENCE

A. Review on the bulk-boundary correspondence of the Hopf insulator

Let us first review the bulk-boundary correspondence of the Hopf insulator which has nontrivial surface Chern numbers at the boundary [33]. Generally, the surface state of a topological insulator is described by using its occupied states only. On the other hand, in the Hopf insulator, the unoccupied states as well as the occupied states are equally important to understand its surface states as discussed below.

More specifically, let us consider a slab geometry of a Hopf insulator with N_z layers stacked in the z direction while keeping the periodic boundary condition in the x and y directions with the corresponding momentum denoted by $\kappa = (\kappa_x, \kappa_y)$. When the system is periodic along all three directions, the Wannier states of the occupied and unoccupied bands are well defined because there is a finite bulk energy gap $E_{g,\text{bulk}}$ and the Chern number of the system is zero. On the other hand, in a slab geometry, possible band crossings between the surface occupied and unoccupied bands can cause some difficulty in defining the corresponding Wannier states. However, in the case of two-band Hopf insulator, it was shown that the band crossing between surface states can be removed by applying appropriate surface perturbations [33,41].

For an eigenstate $|u_{\rm slab}\rangle$ of the slab Hamiltonian, one can define the expectation value of the z coordinate as $\langle u_{\rm slab}|Z_{\rm slab}|u_{\rm slab}\rangle$ where $Z_{\rm slab}$ is the z-directional position operator. In general, there is a unitary transformation $U\in \mathrm{U}(N_z)$ for the occupied states $\{|u^v_{n,\mathrm{slab}}\rangle: n=1,\ldots,N_z\}$ such that the transformed occupied states $|\tilde{u}^v_{n,\mathrm{slab}}\rangle=\sum_m U_{nm}|u^v_{m,\mathrm{slab}}\rangle$ are localized in the z direction. The transformed occupied state $|\tilde{u}^v_{n,\mathrm{slab}}\rangle$ and its z-directional position $z^v_{n,\mathrm{slab}}$ is equivalent to

the eigenstate and the eigenvalue of $P_{\text{slab}}Z_{\text{slab}}P_{\text{slab}}$ where P_{slab} is the projection operator onto the occupied states $\{|u^v_{n,\text{slab}}\rangle\}$ [42]. Similarly, using the projection operator Q_{slab} onto the unoccupied states, one can define the z-directionally localized unoccupied states $|\tilde{u}^c_{n,\text{slab}}\rangle$ and their z positions $z^c_{n,\text{slab}}$ as the eigenstates and eigenvalues of $Q_{\text{slab}}Z_{\text{slab}}Q_{\text{slab}}$. Without loss of generality, the indices of $|\tilde{u}^v_{n,\text{slab}}\rangle$ and $z^v_{n,\text{slab}}$ (respectively $|\tilde{u}^c_{n,\text{slab}}\rangle$ and $z^c_{n,\text{slab}}\rangle$ can be chosen as $z^v_{1,\text{slab}}\leqslant\cdots\leqslant z^v_{N_z,\text{slab}}$ (respectively $z^c_{1,\text{slab}}\leqslant\cdots\leqslant z^c_{N_z,\text{slab}}\rangle$). By plotting $\{z^{v(c)}_{n,\text{slab}}:n=1,\ldots,N_z\}$ as a function of κ , we obtain the Wannier sheets stacked along the z direction. Note that $z^{v(c)}_{1,\text{slab}}$ corresponds to the bottom sheet and $z^v_{N_z,\text{slab}}$ corresponds to the top sheet. Also, $|\tilde{u}^v_{n,\text{slab}}\rangle$, $|\tilde{u}^c_{n,\text{slab}}\rangle$ are called by the slab hybrid Wannier functions (HWF) of the occupied and unoccupied states [40].

Let us first consider the occupied states. Suppose that, for some n_0 , $z^v_{n_0,\mathrm{slab}}$ is decoupled from adjacent Wannier sheets, i.e., $z^v_{n_0-1,\mathrm{slab}}(\kappa) < z^v_{n_0,\mathrm{slab}}(\kappa) < z^v_{n_0+1,\mathrm{slab}}(\kappa)$ for all $\kappa \in \mathrm{rBZ}$ where rBZ indicates the reduced Brillouin zone for inplane momenta κ . In this case, the Chern number of $|\tilde{u}^v_{n_0,\mathrm{slab}}\rangle$ can be computed by integrating the Abelian Berry curvature $\frac{i}{2\pi}(\langle \partial_{\kappa_x}\tilde{u}^v_{n_0,\mathrm{slab}}|\partial_{\kappa_y}\tilde{u}^v_{n_0,\mathrm{slab}}\rangle - \langle \partial_{\kappa_y}\tilde{u}^v_{n_0,\mathrm{slab}}|\partial_{\kappa_x}\tilde{u}^v_{n_0,\mathrm{slab}}\rangle)$ of the slab HWF $|\tilde{u}^v_{n_0,\mathrm{slab}}\rangle$ over the rBZ. One can also define the Chern number C_{n_1,n_2} for a group of adjacent Wannier sheets $\{z^v_{n,\mathrm{slab}}: n_1 \leqslant n \leqslant n_2\}$ given by

$$C_{n_1,n_2}^v = \frac{1}{2\pi} \int_{\text{rBZ}} d\kappa \,\text{Tr}\mathcal{F},\tag{129}$$

where Tr is a trace over $\{|\tilde{u}^v_{n,\mathrm{slab}}\rangle: n_1 \leqslant n \leqslant n_2\}$ and \mathcal{F} is the corresponding non-Abelian Berry curvature [33]. We note that C_{n_1,n_2} is well defined regardless of possible crossing among $\{z^v_{n,\mathrm{slab}}: n_1 \leqslant n \leqslant n_2\}$ as long as $z^v_{n_1-1,\mathrm{slab}}(\kappa) < z^v_{n_1,\mathrm{slab}}(\kappa)$ and $z^v_{n_2,\mathrm{slab}}(\kappa) < z^v_{n_2+1,\mathrm{slab}}(\kappa)$ for all $\kappa \in \mathrm{rBZ}$. Similarly, one can define the Chern number $C^c_{n_1,n_2}$ for the unoccupied states by using $\{|\tilde{u}^c_{n,\mathrm{slab}}\rangle: n_1 \leqslant n \leqslant n_2\}$.

Now we define the bottom surface Chern number C_{bottom}^{v} of the occupied states as

$$C_{\text{bottom}}^{v} = C_{1,n_{\text{bulk}}}^{v},\tag{130}$$

where n_{bulk} is a sufficiently large integer such that $|\tilde{u}^{v}_{n_{\text{bulk}},\text{slab}}\rangle$ is bulklike. Namely, we assume that $|\tilde{u}^{v}_{n_{\text{bulk}},\text{slab}}\rangle$ is similar to the bulk HWF $|w^{v}_{l}(k_{x},k_{y})\rangle$ obtained from the bulk state $|u^{v}(\mathbf{k})\rangle$ by taking the Fourier transformation in the z direction as

$$\left|w_l^v(k_x, k_y)\right\rangle = \frac{c}{2\pi} \int dk_z e^{ik_z(z-lc)} |u^v(\mathbf{k})\rangle, \qquad (131)$$

where l is an integer, c is the lattice constant along the z direction, and $\mathbf{k} = (k_x, k_y, k_z)$ is a 3D momentum [43].

It is known that there is a unitary transformation $U \in U(1)$ for the occupied state $|u^v\rangle$ such that the bulk HWF $|\tilde{w}^v_l\rangle$ obtained from the unitary-transformed occupied states are localized in the z direction [42]. Then the *bulklike* state $|\tilde{u}^v_{n_{\text{bulk}},\text{slab}}\rangle$ should have the following properties similar to those of $|\tilde{w}^v_l\rangle$. First, the distance in the z direction between adjacent Wannier sheets should be c, i.e., $|z^v_{n_{\text{bulk}}+1,\text{slab}}-z^v_{n_{\text{bulk}},\text{slab}}| \approx c$. This follows from the fact that in the case of $|\tilde{w}^v_l\rangle$, its translational invariance along the z direction

$$\left|\tilde{w}_{l}^{v}(z+c)\right\rangle = \left|\tilde{w}_{l-1}^{v}(z)\right\rangle \tag{132}$$

gives

$$z_l^v = z_{l-1}^v + c, (133)$$

where z_l^v is the Wannier center of $|\tilde{w}_l^v\rangle$ in the z direction. Therefore, the adjacent Wannier sheets are always apart from each other by the distance c.

Second, the Chern number of each Wannier sheet should be zero. This comes from the fact that the Chern number of an arbitrary 2D submanifold of the 3D Brillouin zone is zero for the Hopf insulator [29,43]. From these two properties of the *bulklike* states, we can deduce that the bottom surface Chern number C_{bottom}^{v} of the occupied states in Eq. (130) is invariant with respect to the choice of n_{bulk} : when n_{bulk} is changed, C_{bottom}^{v} will also be changed as much as the Chern number of the added or subtracted *bulklike* states, which is equal to zero. Therefore, C_{bottom}^{v} does not vary under the change of n_{bulk} .

We can also define the top surface Chern number C_{top}^{v} of the occupied states as

$$C_{\text{top}}^v = C_{n_{\text{bulk}}, N_z}^v. \tag{134}$$

Similarly, the top and bottom surface Chern numbers C_{top}^c , C_{bottom}^c of the unoccupied states can be defined as those of the occupied states. Then we define the bottom surface Chern number C_{bottom} as

$$C_{\text{bottom}} = C_{\text{bottom}}^{v} + C_{\text{bottom}}^{c}.$$
 (135)

Likewise, the top surface Chern number C_{top} is given by $C_{\text{top}}^{v} + C_{\text{top}}^{c}$.

 C_{top}^c . The surface Chern numbers of the Hopf insulator can be related to its Hopf invariant through the surface theorem for the Chern-Simons 3-form θ_3 [40], which is defined as

$$\theta_3^v = -\frac{1}{4\pi} \int_{BZ} d\mathbf{k} \, \epsilon^{ijk} \text{Tr} \left[A_i \partial_j A_k - \frac{2}{3} i A_i A_j A_k \right], \quad (136)$$

where e^{ijk} is the Levi-Civita symbol and A_i is the non-Abelian Berry connection of the occupied bulk states with components $[A_i]_{nm} = i\langle u_n | \partial_i | u_m \rangle$, and the trace is over the occupied states. Note that, for the Hopf insulator with a Hopf invariant χ , we have $\theta_3^v = \pi \chi$.

 θ_3^v can be related to the quantity $\theta_{\rm slab}^v$ defined for the slab geometry of the same Hamiltonian. For a slab composed of N_z layers stacked in the z direction, $\theta_{\rm slab}^v$ is given by

$$\theta_{\rm slab}^{v} = \frac{1}{N_z} \int_{\rm rBZ} d\kappa \, \text{Tr} \big[Z_{\rm slab}^{v} \Omega_{xy,{\rm slab}}^{v} \big], \tag{137}$$

where Z_{slab}^v and $\Omega_{xy,\text{slab}}^v$ are the *z*-directional position operator and the non-Abelian Berry curvature of the occupied states of the slab Hamiltonian, and the trace is over the occupied states of the slab Hamiltonian. Restricting to the gauge where HWFs are maximally localized along the *z* direction, it can be shown that [40]

$$\theta_{\rm slab}^{v} \to \theta_3^{v} - 2\pi C_{\rm top}^{v} \quad \text{as} \quad N_z \to \infty,$$
 (138)

where C_{top}^{ν} is defined in the same way as Eq. (134). This theorem holds when the total Chern number of the occupied subspace of the entire slab is trivial, which is the case for Hopf insulator. Note that although specific gauge condition was imposed to prove Eq. (138), it remains true in any other gauge since the Chern-Simons 3-form is gauge independent

when there is only one occupied band. Note that the other two terms in Eq. (138) are gauge independent regardless of the number of bands. The situation will be complicated for the case of real Hopf insulator with two occupied bands.

We have a similar equation for the unoccupied states:

$$\theta_{\rm slab}^c \to \theta_3^c - 2\pi C_{\rm ton}^c \quad \text{as} \quad N_z \to \infty.$$
 (139)

Interestingly, we also find that

$$\theta_{\text{slab}}^{v} + \theta_{\text{slab}}^{c} = 0, \tag{140}$$

as shown in Appendix F. After adding Eqs. (138) and (139), we obtain $\theta_3^v + \theta_3^c = 2\pi (C_{top}^v + C_{top}^c) = 2\pi C_{top}$. For a Hopf insulator with the Hopf invariant χ , it was shown that θ_3^v and θ_3^c are the same and equal to $\pi \chi$ [44,45], therefore, we obtain

$$\chi = C_{\text{top}} = -C_{\text{bottom}},\tag{141}$$

where $C_{\text{top}} + C_{\text{bottom}} = 0$ since not only the total Chern number of the conduction band and the valence band of the slab but also the total Chern number of the bulk region are zero.

B. Bulk-boundary correspondence of real Hopf insulators

Similar to the Hopf insulator, topologically protected surface Chern number can also exist in the real Hopf insulator. Let us consider a real Hopf insulator slab with N_z layers stacked in the z direction. As in the case of the Hopf insulator, an energy gap between the surface occupied and unoccupied states is needed to define the surface Chern numbers of the occupied and unoccupied states. When there are band crossings between surface occupied and unoccupied bands, one can open a gap by adding suitable perturbations preserving \mathcal{PT} symmetry. We note that although gapless nodes can be symmetry protected in 2D \mathcal{PT} -symmetric systems, as it relates the top and bottom surfaces in the case of a slab, gapless nodes can always be removed by applying \mathcal{PT} -symmetric perturbations.

When the energy gap is open, we can define a projection operator on the occupied states $P_{\rm slab}$ and the unoccupied states $Q_{\rm slab}$ in the rBZ. And the eigenstates and eigenvalues of $P_{\rm slab}Z_{\rm slab}P_{\rm slab}$ are slab HWFs $|\tilde{u}^v_{n,{\rm slab}}\rangle$ and their Wannier sheets $z^v_{n,{\rm slab}}$. Since there are two occupied states in the bulk unit cell of the real Hopf insulator, the index n can be from 1 to $2N_z$. For the unoccupied states, we can define slab HWFs $|\tilde{u}^c_{n,{\rm slab}}\rangle$ and their Wannier sheets $z^c_{n,{\rm slab}}$ similarly. Without loss of generality, the order of the index n is chosen to satisfy $z^v_{1,{\rm slab}}\leqslant \cdots \leqslant z^v_{2N_z,{\rm slab}}$ and $z^c_{1,{\rm slab}}\leqslant \cdots \leqslant z^c_{2N_z,{\rm slab}}$.

To define the surface Chern number of the RHI, one needs to be more careful than the case of the Hopf insulator because of the possible band crossings between adjacent Wannier sheets. For example, the surface Chern number in Eq. (130) is well defined when n_{bulk} is an index belonging to the bulk region. This is because, in the Hopf insulator, the Wannier sheets $z_{n_{\text{bulk}},\text{slab}}^v$ in the bulk region are not touching with their adjacent Wannier sheets and have Chern number 0. In the case of the RHI, as there are two occupied states per unit cell, Eq. (133) might not be satisfied, especially for the adjacent Wannier sheets belonging to the same unit cell. However, as long as adjacent Wannier sheets belonging to different unit cells do not touch each other, we can define the Chern number of the two Wannier sheets in one unit cell, which is zero

because the Chern number of the RHI on any 2D submanifold is trivial

Then let us divide the Wannier sheets $\{z_{n,\mathrm{slab}}^v: n=1,\ldots,2N_z\}$ into three regions: the bottom surface region, the bulk region, and the top surface region. The states with indices $1 \le n \le n_{\mathrm{bottom}}$ and $n_{\mathrm{top}} \le n \le 2N_z$ belong to the bottom surface region and top surface region, respectively. And the other states belong to the bulk region. Note that $n_{\mathrm{bottom}} < n_{\mathrm{top}}$ and top surface region is automatically determined after setting the bottom surface region due to the \mathcal{PT} symmetry. Since there are integer numbers of unit cells in the bulk region, n_{bottom} should be set not to cut the interior of a unit cell in the bulk region. If we change n_{bottom} obeying this condition, Wannier sheets are added to or subtracted from the bottom surface region in units of unit cells. Then we define the bottom surface Chern number C_{bottom}^v of the occupied states by

$$C_{\text{bottom}}^{v} = C_{1,n_{\text{bottom}}}^{v}, \tag{142}$$

where $C_{1,n_{\text{bottom}}}^{v}$ is given by Eq. (129). We can confirm that C_{bottom}^{v} is well defined since the Chern number of a unit cell is zero. Also, if we define the top surface Chern number C_{top}^{v} of the occupied states by

$$C_{\text{top}}^{v} = C_{n_{\text{top}}, 2N_z}^{v}, \tag{143}$$

 C_{top}^{v} is well defined.

Note that the surface Chern number is not well defined when *bulklike* Wannier sheets in different unit cells are touching each other. We observed this phenomenon in several RHI models and explain why these models have such property in the context of multicellularity of delicate states in Appendix J. The Wannier sheets of the unoccupied states can also be divided into the bottom surface region, the bulk region, and the top surface region, and the corresponding surface Chern numbers C_{bottom}^c and C_{top}^c can also be defined as in Eqs. (142) and (143), respectively, using localized unoccupied states.

Applying the surface theorem for the Chern-Simons 3-form [40], we can get Eq. (138) for the occupied states and Eq. (139) for the unoccupied states. The definitions of θ_3 and θ_{slab} are given by Eqs. (136) and (137), respectively. After adding Eqs. (138) and (139), we can get

$$\theta_3^v + \theta_3^c = 2\pi C_{\text{top}} = -2\pi C_{\text{bottom}}, \tag{144}$$

where $\theta^v_{\rm slab} + \theta^c_{\rm slab} = 0$, which is proved in Appendix F, $C_{\rm top} = C^v_{\rm top} + C^c_{\rm top}$ and $C_{\rm bottom} = C^v_{\rm bottom} + C^c_{\rm bottom}$. We used $C_{\rm top} = -C_{\rm bottom}$ in the second line, which is due to the \mathcal{PT} symmetry.

To find a relation between $\theta_3^v + \theta_3^c$ and the real Hopf invariants χ_z and χ_w , let us express θ_3^v and θ_3^c using the Euler connections and the Euler forms of the occupied and unoccupied states, which are in Eqs. (122) and (123), respectively. The non-Abelian Berry connection \mathbf{A}^v of the occupied states is given by

$$\mathbf{A}^{v} = \begin{pmatrix} 0 & -i\langle u_{2}^{v} | \nabla | u_{1}^{v} \rangle \\ i\langle u_{2}^{v} | \nabla | u_{1}^{v} \rangle & 0 \end{pmatrix} = \mathbf{a}^{v} \sigma_{y}, \quad (145)$$

where $|u_{1,2}^v\rangle$ are the occupied states, $\mathbf{a}^v = \langle u_2^v | \nabla | u_1^v \rangle$, and σ_y is the Pauli matrix. Note that the diagonal components of \mathbf{A}^v are zero since $|u_{1,2}^v\rangle$ are real valued. Substituting \mathbf{A}^v into the

TABLE I. Possible surface Chern numbers of the Hopf insulator and the real Hopf insulator. n_1 , n_2 , and m are arbitrary integers and C_{total}^{v} means the total Chern number of the occupied states.

	Top surface		Bottom surface		CV
	C_{top}^{v}	C_{top}^{c}	$C_{ m bottom}^v$	$C_{ m bottom}^{ m c}$	C_{total}^{v}
Hopf insulator $\chi = 2N$	$2N-n_1$	n_1	$-2N+n_2$	$-n_2$	n_2-n_1
Real Hopf insulator $\chi_z + \chi_w = N$	2N-m	m	-2N+m	-m	0

definition of θ_3^v in Eq. (136), we can get

$$\theta_3^{\nu} = -\frac{1}{2\pi} \int_{BZ} d\mathbf{k} \, \mathbf{a}^{\nu} \cdot \mathbf{\nabla} \times \mathbf{a}^{\nu}$$
$$= -\frac{1}{2\pi} \int_{BZ} \mathbf{a}^{\nu} \wedge \mathbf{E} \mathbf{u}^{\nu}, \tag{146}$$

where we used the definition of a^{ν} and Eu^{ν} in the second line, which are in Eqs. (122) and (123). Similarly, one can easily show that θ_3^c is given by

$$\theta_3^c = -\frac{1}{2\pi} \int_{\mathbb{R}^7} \mathbf{a}^c \wedge \mathbf{E} \mathbf{u}^c. \tag{147}$$

Adding Eqs. (146) and (147), we find that

$$\theta_3^{\nu} + \theta_3^{c} = -\frac{1}{2\pi} \int_{BZ} (a^{\nu} \wedge Eu^{\nu} + a^{c} \wedge Eu^{c})$$
$$= 4\pi (\chi_z + \chi_w), \tag{148}$$

where we used the first equation of Eq. (126) in the second line. Using Eqs. (144) and (148), we find that

$$C_{\text{bottom}} = -2(\chi_z + \chi_w) = -C_{\text{top}}, \tag{149}$$

where we use $C_{\text{top}} + C_{\text{bottom}} = 0$.

The only caveat here is that we made two separate gauge choices in the proof of Eq. (149). Namely, we used the real gauge to compute θ_3^v , θ_3^c while maximally localized HWF gauge is required to employ the surface theorem of Chern-Simons 3-form. However, there is no actual harm since in the case of RHI, Chern-Simons 3-form in the real gauge takes the same value in both gauges (see Appendix G).

Let us compare the surface Chern numbers of a Hopf insulator with χ and a real Hopf insulator with (χ_z, χ_w) that satisfy $\chi = 2(\chi_z + \chi_w) = 2N$. According to Eqs. (141) and (149), both the Hopf insulator and the real Hopf insulator have topologically protected surface Chern number $C_{\text{top}} = 2N$. However, the Chern number distribution between the occupied and unoccupied states is quite different as shown below.

Let us separately consider the surface Chern numbers of the occupied states and the unoccupied states. $C_{\rm top}^v$ and $C_{\rm top}^c$ can exchange their values by closing the energy gap between the occupied and unoccupied states in the top surface region. This is the same for the bottom region. We write possible surface Chern numbers of the Hopf insulator with $\chi=2N$ in the first row of Table I. Here, n_1 (respectively n_2) is an integer that can be changed by closing the energy gap between the occupied and unoccupied states in the top (respectively bottom) region. Note that $C_{\rm top}^v + C_{\rm bottom}^v$ is not necessarily zero for the Hopf insulator. However, in the case of the real Hopf insulator,

 \mathcal{PT} symmetry constraints $C_{\text{top}}^v = -C_{\text{bottom}}^v$. This difference affects the total Chern numbers of their occupied states, C_{total}^v . Since the Chern numbers of the bulk states are zero for both Hopf insulator and real Hopf insulator, C_{total}^v of both cases are $C_{\text{top}}^v + C_{\text{bottom}}^v$, which are written in the last column of Table I. Therefore, the occupied states of the Hopf insulator slab can have nontrivial Chern number but those of the real Hopf insulator slab always have trivial Chern number.

At this point, let us recall that the bulk-boundary correspondence of conventional Hopf insulator also relates the total surface Chern number, including both occupied and unoccupied states, to the bulk invariant, as a result of delicate topology. However, in this case, the bulk invariant can be computed only using the occupied state. In contrast, RHI illustrates the feature of delicate topology in a more decisive way: The bulk invariant has integral formula that unavoidably contains both occupied and unoccupied bands. Furthermore, if one tries to construct another integral formula written solely in terms of occupied (unoccupied) bands, such as

$$\int_{BZ} a^c \wedge Eu^c \text{ or } \int_{BZ} a^v \wedge Eu^v, \tag{150}$$

one is bound to get gauge noninvariant or nonquantized results (see Appendix E). Hence, RHI provides a clear evidence that the bulk-boundary correspondence of occupied and unoccupied bands as a whole is a signature of delicate topology. We note that the bulk invariant of Hopf insulator can also be defined as a property of the total bands including both occupied and unoccupied bands. However, due to the intrinsic particle-hole symmetry, Hopf insulator partially eluded the above observation regarding the nature of delicate TI. In fact, particle-hole symmetry makes possible the integral formula for bulk invariant only containing the occupied band.

Before turning to the numerical results, we point out an implication of Eq. (149) on the time-reversal (\mathcal{T}) and spaceinversion (P) symmetries of RHI. Since Berry curvature is odd under \mathcal{T} transformation, \mathcal{T} symmetry requires vanishing surface Chern number, hence $\chi_z + \chi_w = 0$. It turns out that every homotopy class $(\chi_z, \chi_w) = (m, -m) \ (m \in \mathbb{Z})$ of RHI contains at least one model equipped with both \mathcal{T} and \mathcal{P} symmetries (note that all RHIs have the combined \mathcal{PT} symmetry, but individual symmetries \mathcal{P} and \mathcal{T} are not warranted in general) and such an example is given by the Moore-Ran-Wen RHIs. To be specific, converting the MRW model in Eq. (12) into the quaternion form as in Sec. III B 3 yields appropriate $z(\mathbf{k})$ such that $\chi_z = m$. Then $w(\mathbf{k})$ is defined by putting $k_z \rightarrow -k_z$ into $z(\mathbf{k})$. The resulting flattened RHI Hamiltonian $\overline{H}_{R}^{2,2}$ [see Eq. (103)] realizes the desired symmetries for every $m \in \mathbb{Z}$. A detailed derivation appears in Appendix L 2.

C. Model calculation of bulk-boundary correspondence

Let us confirm Eq. (149) using the tight-binding models with the real Hopf invariants $(\chi_z, \chi_w) = (\pm 1, 0)$, $(\pm 2, 0)$, $(0, \pm 1)$, $(0, \pm 2)$, respectively.

In Sec. V A, we show that, for given two quaternions z, w, the eigenstates of RHI with invariants (χ_z, χ_w) are given by normalized states $|\bar{z}w\rangle$, $|\bar{z}iw\rangle$, $|\bar{z}jw\rangle$, $|\bar{z}kw\rangle$, which are column vectors of the matrix $R_{z,w}$ defined in Eq. (64). Then we can

define a real-valued Hamiltonian $\overline{H}_{R}^{2,2}(\mathbf{k})$ as in Eq. (53):

$$\overline{H}_{R}^{2,2}(\mathbf{k}) = R_{z,w} \begin{pmatrix} 1 & & & \\ & 1 & & \\ & & -1 & \\ & & & -1 \end{pmatrix} R_{z,w}^{\top}.$$
 (151)

We can easily show that $\overline{H}_{R}^{2,2}(\mathbf{k})$ has eigenstates $|\bar{z}w\rangle$, $|\bar{z}iw\rangle$, $|\bar{z}jw\rangle$, $|\bar{z}kw\rangle$. Also, the energy of $|\bar{z}w\rangle$, $|\bar{z}iw\rangle$ ($|\bar{z}jw\rangle$, $|\bar{z}kw\rangle$) is |z||w| (-|z||w|). Therefore, for given quaternions $z(\mathbf{k})$, $w(\mathbf{k})$ which have nontrivial Hopf invariants, we can make a RHI model with invariants (χ_z , χ_w) by using Eq. (151).

For example, two quaternions z, w of a real Hopf insulator model with $(\chi_z, \chi_w) = (1, 0)$ are given by [38]

$$z = \sin k_x + i \sin k_y + j \sin k_z + k \left(\sum_{i=x,y,z} \cos k_i - \frac{3}{2} \right),$$

$$w = 1.$$
(152)

We study a slab Hamiltonian of this model with 16 layers stacked in the z direction. To calculate Wannier sheets $z_{n,\text{slab}}^v$, $z_{n,\text{slab}}^c$ of the occupied and unoccupied states, it is important to make an energy gap between the surface occupied and unoccupied states of the slab Hamiltonian, which are achieved by adding a small \mathcal{PT} -symmetric perturbation

$$H_{\text{pert}} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \tag{153}$$

to the top and bottom layers.

To check the surface Chern number, we divide the slab into the surface regions and the bulk region. The bulk region is divided into bulk unit layers which nearly satisfy the zdirectional translation symmetry. We illustrate the Wannier sheets of the occupied and unoccupied states near the bottom surface in Figs. 2(a) and 2(d). The Wilson loop spectra of the bottom surface region are shown in Figs. 2(b) and 2(e), from which the bottom surface Chern numbers are given by $C_{\mathrm{bottom}} = C_{\mathrm{bottom}}^v + C_{\mathrm{bottom}}^c = -2$ consistent with Eq. (149). Note that $C_{\mathrm{top}}^{v(c)} = -C_{\mathrm{bottom}}^{v(c)}$ due to the \mathcal{PT} symmetry. Also, we calculate the Wilson loop spectra of all the bulk unit layers and find that the relevant Chern numbers are all zero. Note that the bulk Hamiltonian made by the quaternions in Eq. (152) has a C_{4z} symmetry which is given by Eqs. (169) and (170). Although the C_{4z} symmetry is broken near the surface due the the surface perturbation, Eq. (153), we can expect that the bulk states have the C_{4z} symmetry, which can be checked from Fig. 2. From Figs. 2(b), 2(c), 2(e), and 2(g), we can find that Wannier sheets and the Wilson loop spectra of the bulk unit cell satisfy C_{2z} symmetry, which comes from the C_{4z} symmetry of the bulk Hamiltonian. Also, since the bulk states have C_{4z} symmetry, the Wannier sheets and the Wilson loop spectra along -Y- Γ -Y line are the same as those along $-X-\Gamma-X$ line, which are illustrated in Figs. 2(b), 2(c), 2(e), and 2(g).

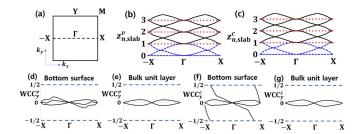


FIG. 2. Wannier sheets and their Wilson loop spectra of the real Hopf insulator slab with $(\chi_z, \chi_w) = (1, 0)$ described in Eq. (152). (a) Brillouin zone of the slab Hamiltonian. (b), (c) Cross sections of valence (conduction) band Wannier sheets, along k_x axis, of a surface-deformed slab Hamiltonian near the bottom surface. The blue dashed lines indicate the Wannier sheets inside bottom surface region while the black solid lines are those in bulk region. The red dotted lines divide the slab into unit layers whose length is set to be 1. (d), (e) Wilson loop spectra of the valence band Wannier sheets (d) inside the bottom surface region, (e) inside a single bulk layer. WCC_y stands for the Wannier charge center in spatial y direction. (f), (g) Wilson loop spectra of the conduction band Wannier sheets (f) inside the bottom surface region, (g) inside a single bulk layer.

To make a real Hopf insulator model with invariant (2,0), we use two quaternions z, w given by [38]

$$z = \sin k_x - i \sin k_y + j \sin k_z + k \left(\sum_{i=x,y,z} \cos k_i - \frac{1}{2} \right),$$

$$w = 1.$$
(154)

For the corresponding slab Hamiltonian with 16 layers, we add

$$H'_{\text{pert}} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \tag{155}$$

to open the gap between the occupied and unoccupied states. The relevant Wannier sheets for the occupied states near the bottom surface and the unoccupied states are shown in Figs. 3(a) and 3(d), respectively. We choose the lowest three sheets as a surface region, the blue dashed lines in Figs. 3(a) and 3(d). The Wilson loop spectra near the bottom surface region for the occupied states and the unoccupied states are illustrated in Figs. 3(b) and 3(e), respectively. We find that $C_{\text{bottom}} = C_{\text{bottom}}^{v} + C_{\text{bottom}}^{c} = -4$, which satisfies Eq. (149). We have also confirmed that the Chern number of each bulk unit layer is zero. Note that the bulk Hamiltonian made by the quaternions in Eq. (154) also has the C_{4z} symmetry [see Eqs. (169) and (170)]. Similar to the previous case, the slab Hamiltonian near the surface does not have the C_{47} symmetry due to the surface perturbation, Eq. (155), but the bulk unit cell has the C_{4z} symmetry [see Figs. 3(b), 3(c), 3(e), and 3(g)].

It is worth noting that we have chosen odd numbers of the surface Wannier sheets in Figs. 2(a), 2(d), and 3(a), 3(d) to avoid the crossing between adjacent Wannier sheets in neighboring unit cells. For validity of the surface theorem, the boundary of the surface and bulk regions must be put in a way that it does not intersect any of the Wannier sheets.

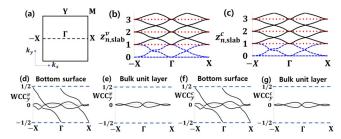


FIG. 3. Wannier sheets and their Wilson loop spectra of the real Hopf insulator slab with $(\chi_z, \chi_w) = (2, 0)$ described in Eq. (154). (a) Brillouin zone of the slab Hamiltonian. (b), (c) Cross sections of valence (conduction) band Wannier sheets, along k_x axis, of a surface-deformed slab Hamiltonian near the bottom surface. The blue dashed lines indicate the Wannier sheets inside bottom surface region while the black solid lines are those in bulk region. The red dotted lines divide the slab into unit layers whose length is set to be 1. (d), (e) Wilson loop spectra of the valence band Wannier sheets (d) inside the bottom surface region, (e) inside a single bulk layer. WCC_y stands for the Wannier charge center in spatial y direction. (f), (g) Wilson loop spectra of the conduction band Wannier sheets (f) inside the bottom surface region, (g) inside a single bulk layer.

Otherwise, the Wannier sheet would be partially included in the surface region so that the surface region is ill defined. To avoid the intersections, one regards the (k_x, k_y) planes anchored at the integer points z = N along the z axis as virtual unit-cell boundaries. After perturbing the Hamiltonian slightly, the Wannier sheets near the top (bottom) region shift away from the top (bottom) virtual unit cell so that the top (bottom) virtual unit cell can play the role of top (bottom) surface region. The rest of the unit cells are then regarded as the bulk region.

We can get a RHI model with invariants $(\chi_z, \chi_w) = (-1, 0)$ by applying a simple transformation $k_y \rightarrow -k_y$ to Eq. (152) [38]. This transformation can be regarded as a *y*-directional mirror symmetry transformation, which inverts the sign of the surface Chern number. In accordance with this, one can confirm that the bottom surface Chern number of this model is $C_{\text{bottom}} = 2$, being consistent with Eq. (149).

Similarly, we can get a RHI model with invariants $(\chi_z, \chi_w) = (-2, 0)$ by applying the transformation $k_y \to -k_y$ to Eq. (154) [38]. By the same reasoning as above, $C_{\text{bottom}} = 4$ for this model, which satisfies Eq. (149).

We can also get RHI models with invariants $(\chi_z, \chi_w) = (0, \pm 1)$, $(0, \pm 2)$ by applying a simple transformation to Eqs. (152) and (154). Given two quaternion-valued functions $z(\mathbf{k})$, $w(\mathbf{k})$ on BZ, let us define two RHI Hamiltonians $\overline{H}_R^{2,2}$, $\overline{H}_{R'}^{2,2}$ by using Eq. (151), where $R = R_{z,w}$, $R' = R_{w,z}$. They have opposite pairs of RHI invariants (χ_z, χ_w) and (χ_w, χ_z) , respectively. However, we find that

$$\overline{H}_{R}^{2,2} = O\overline{H}_{R'}^{2,2}O^{\top} \tag{156}$$

for an orthogonal matrix $O = \operatorname{diag}(-1,1,1,1)$. The same is true for the slab Hamiltonians $\overline{H}_{R,\operatorname{slab}}^{2,2,N_z}$ and $\overline{H}_{R',\operatorname{slab}}^{2,2,N_z}$, made by stacking N_z layers of $\overline{H}_R^{2,2}$ and $\overline{H}_{R'}^{2,2}$ in the z direction: There is an orthogonal transformation $O_{\operatorname{slab}} \in \operatorname{O}(4N_z)$ such that $\overline{H}_{R,\operatorname{slab}}^{2,2,N_z} = O_{\operatorname{slab}} \overline{H}_{R',\operatorname{slab}}^{2,2,N_z} O_{\operatorname{slab}}^{\top}$. Since the surface Chern num-

ber defined in Eq. (130) is invariant under the transformation by O_{slab} , the surface Chern numbers of $\overline{H}_{R,\text{slab}}^{2,2,N_z}$ and $\overline{H}_{R',\text{slab}}^{2,2,N_z}$ are identical. Then it is straightforward to show that Eq. (149) applies to both Hamiltonians with the same value of $\chi_z + \chi_w$. Since we already verified the bulk-boundary correspondence of the RHI models with $(\chi_z, \chi_w) = (\pm 1, 0)$, $(\pm 2, 0)$, by applying the orthogonal transformation O in Eq. (156) to these models, we can show that Eq. (149) is also satisfied for RHI models with invariants $(\chi_z, \chi_w) = (0, \pm 1)$, $(0, \pm 2)$.

For other examples of real Hopf insulators with arbitrary (χ_z, χ_w) , we observed that the well definedness of the surface Chern number is not guaranteed due to the crossings between Wannier sheets, which are robust against small perturbations. In certain models featuring C_{4z} symmetry, such crossings can be shown to be unavoidable (see Appendix J) and originate from the multicellular nature of delicate topological insulators, which will be remarked at the end of the next section.

VII. REVERTING THOULESS PUMP IN ROTATIONAL-SYMMETRIC RHI

A. Review of the reverting Thouless pump in Hopf insulator

In a class of Hopf insulator with additional n-fold rotational symmetry about the z axis C_{nz} , together with certain symmetry conditions, the rotation eigenvalues of the occupied (unoccupied) states behave coherently, resulting in the Hopf-reverting Thouless pump (RTP) relation where the Hopf invariant χ controls the z-directional polarization of the occupied (unoccupied) state wave functions at C_{nz} -invariant momenta. There are numerous sufficient conditions for this to happen. Without digging into the general theory of RTP [30,47], we illustrate the Hopf-RTP phenomenon with a chosen class of C_{4z} -symmetric Hopf insulator. We will return to the problem of symmetry conditions for RTP to arise in the next subsection where we turn to RTP in real Hopf insulator.

In this section, Γ , M, X, Y denote the C_{2z} -invariant lines in the 3D BZ. Namely,

$$\Gamma = \{(0, 0, k_z) : k_z \in [0, 2\pi]\},$$

$$M = \{(\pi, \pi, k_z) : k_z \in [0, 2\pi]\},$$

$$X = \{(\pi, 0, k_z) : k_z \in [0, 2\pi]\},$$

$$Y = \{(0, \pi, k_z) : k_z \in [0, 2\pi]\}.$$

Defining the z polarization

$$p_z(k_x, k_y) = \frac{1}{2\pi} \int_0^{2\pi} dk_z \text{Tr}[A_z(k_x, k_y, k_z)], \quad (157)$$

where $A_{z,mn} = i \langle u_m | \partial_{k_z} | u_n \rangle$ is the z component of the non-Abelian Berry connection and the trace is over the occupied subspace [46], we will find

$$p_z(\Pi_1) \equiv p_z(\Pi_2) \mod 1 \tag{158}$$

between two C_{4z} -invariant momenta $\{\Pi_1, \Pi_2\} = \{\Gamma, M\}$. Suppose $p_z(M) - p_z(\Gamma) = 1$, say. While one sweeps the entire BZ starting from Γ , passing M, and returning again to Γ , one will observe an increase of $p_z(k_x, k_y)$ by 1 followed by a decrease by the same amount. This is the rationale behind the name "reverting Thouless pump." Note that the RTP behavior is

consistent with the vanishing Chern class of Hopf insulator since the total change in polarization is zero.

The Moore-Ran-Wen Hopf insulator, defined in Eq. (17), instantly provides an example of Hopf-RTP physics. The $(t,h)=(1,\frac{3}{2})$ model $(\chi=1)$ obeys C_{4z} symmetry given by

$$R_{C_{4z}}H_{C,\text{MRW}}^{1,3/2}(\mathbf{k})R_{C_{4z}}^{-1} = H_{C,\text{MRW}}^{1,3/2}(C_{4z}\mathbf{k}), \tag{159}$$

$$R_{C_{4z}} = \begin{pmatrix} i & 0 \\ 0 & 1 \end{pmatrix}. \tag{160}$$

Equivalently (we drop the cumbersome subscripts of $z_{1,3/2}$)

$$R_{C_{4z}}(z^{\dagger}\boldsymbol{\sigma}z)(\mathbf{k})R_{C_{4z}}^{-1} = (z^{\dagger}\boldsymbol{\sigma}z)(C_{4z}\mathbf{k}), \tag{161}$$

$$e^{-i\pi/4}(\overline{z}iz)(\mathbf{k})e^{i\pi/4} = (\overline{z}iz)(C_{4z}\mathbf{k}). \tag{162}$$

In Eq. (161), z is a complex vector in \mathbb{C}^2 . Equation (162) is a rewriting of Eq. (161) in terms of unit quaternion $z \in \mathbb{S}^3 \subset \mathbf{H}$ employing the unitary transformation in Eq. (47). It will be useful in the next subsection.

Since the valence (conduction) band of Hopf insulator has rank 1, the occupied (unoccupied) subspace is spanned in real space by a C_{4z} -symmetric exponentially localized Wannier functions (WFs) [48]. These WFs control the rotation eigenvalues of the occupied (unoccupied) states at invariant momenta as follows. The symmetric WFs $W^{v,c}(\mathbf{r})$ are characterized by the properties

$$\psi_{\mathbf{k}}^{v,c}(\mathbf{r}) = \frac{1}{\sqrt{N}} \sum_{\mathbf{R}} e^{i\mathbf{k}\cdot\mathbf{R}} W_{\mathbf{R}}^{v,c}(\mathbf{r}),$$

$$W_{C_{4z}^{-1}\mathbf{R}}^{v,c} \left(C_{4z}^{-1}\mathbf{r}\right) = \lambda^{v,c} W_{\mathbf{R}}^{v,c}(\mathbf{r}),$$

$$(\lambda^{v}, \lambda^{c}) = (i, 1) \text{ or } (1, i),$$
(163)

where $\psi_{\mathbf{k}}^{v,c}$ is the Bloch wave function and N is the number of unit cells of the Bravais lattice whose points are the position vectors \mathbf{R} . Without loss of generality, suppose $(\lambda^v, \lambda^c) = (i, 1)$. Operating the C_{4z} rotation to the first line of Eq. (163),

$$\psi_{C_{4z}^{-1}\mathbf{k}}^{v,c}(C_{4z}^{-1}\mathbf{r}) = \frac{1}{\sqrt{N}} \sum_{\mathbf{R}} e^{i\mathbf{k}\cdot\mathbf{R}} W_{C_{4z}^{-1}\mathbf{R}}^{v,c}(C_{4z}^{-1}\mathbf{r})$$

$$= \frac{1}{\sqrt{N}} \sum_{\mathbf{R}} e^{i\mathbf{k}\cdot\mathbf{R}} \lambda^{v,c} W_{\mathbf{R}}^{v,c}(\mathbf{r})$$

$$= \lambda^{v,c} \psi_{\mathbf{k}}^{v,c}(\mathbf{r}). \tag{164}$$

Since there are two orbitals for a primitive unit cell of Hopf insulator, $\psi_{\mathbf{k}}^v$ is represented by a two-component vector $|\mathbf{k}\rangle \in \mathbb{C}^2$ whose components correspond to the coefficients relevant to the orbital basis. Also, $|\mathbf{k}\rangle$ serves as the occupied eigenstate of the Bloch Hamiltonian $H(\mathbf{k})$. Then Eqs. (159) and (160) imply that $|\mathbf{k}\rangle$ is multiplied by the matrix $R_{C_{4z}}$ when passing from $C_{4z}^{-1}\mathbf{k}$ to \mathbf{k} . Together with Eq. (164), this consideration leads to the result

$$R_{C_{4z}}|\mathbf{k}\rangle = \lambda^v |C_{4z}^{-1}\mathbf{k}\rangle. \tag{165}$$

Substituting the invariant momentum Π into \mathbf{k} , we find that the rotation eigenvalue of the occupied state is identically λ^{v} on all Π . Hence, the occupied (unoccupied) Bloch state on Π is the eigenvector of $R_{C_{4z}}$ associated to the eigenvalue λ^{v} (λ^{c}). To guarantee the uniqueness of such an eigenvector, it

is important to take different rotation eigenvalues between the conduction and valence bands as in Eq. (160). This is known as the mutually exclusive condition to define the RTP [30,47].

 $H_{C.MRW}^{1,3/2}$ also enjoys C_{2z} symmetry with

$$R_{C_{2z}} = (R_{C_{4z}})^2 = \begin{pmatrix} -1 & 0\\ 0 & 1 \end{pmatrix}.$$
 (166)

Repeating the previous discussion now for $R_{C_{2z}}$, we get a stronger result: $|\Pi\rangle$ is the same for all C_{2z} -invariant momenta $\Pi = \Gamma, M, X, Y$. There, the polarization $p_z(\Pi)$ has the same value modulo 1. That is, the Hopf insulator with rotational symmetry (159) harbors a rich set of RTP between the invariant momenta $\Pi = \Gamma, M, X, Y$.

Interestingly, the polarizations $p_z(\Gamma, M, X, Y)$ are constrained by a relation, which is determined by the topological invariant χ . Since the occupied subspace is constant on all C_{2z} -invariant momenta, so are the coefficients $(\overline{z}iz)(\mathbf{k})$ of σ in the Hamiltonian, as a function from BZ into \mathbb{S}^2 . We can denote the constant image of $(\overline{z}iz)(\mathbf{k})$ at an invariant momentum Π as im(Π). Then the Whitehead formula [49] implies

$$\chi = \int_{\Sigma} \mathbf{F} \cdot d\mathbf{\Sigma} = \int_{\partial \Sigma} \mathbf{A} \cdot d\mathbf{I}$$

$$= \pm [\mathbf{p}_{z}(\Gamma) + \mathbf{p}_{z}(\mathbf{M}) - \mathbf{p}_{z}(\mathbf{X}) - \mathbf{p}_{z}(\mathbf{Y})]$$

$$= \pm (\Delta \mathbf{p}_{\mathbf{X}\Gamma} + \Delta \mathbf{p}_{\mathbf{Y}\mathbf{M}}), \tag{167}$$

where $\Delta p_{AB} = p_z(B) - p_z(A)$ and Σ is any surface embedded in BZ whose boundary $\partial \Sigma = (\overline{z}iz)^{-1}[\text{im}(\Gamma)]$ is precisely the preimage of $\text{im}(\Gamma)$. The sign \pm in Eq. (167) depends on the rotation eigenvalue of valence (conduction) band [i.e., either $(\lambda^v, \lambda^c) = (i, 1)$ or (1, i)] and can be determined using the method of Appendix K. In general, the preimage $\partial \Sigma$ of the Hamiltonian may contain arbitrary closed curves, arranged in a C_{4z} -symmetric fashion, in addition to the C_{2z} -invariant lines Γ , M, X, Y. These additional components contribute a multiple of 4 to the second integral in Eq. (167) (for detailed derivation, consult Refs. [30,47]). Hence, a precise statement of the Hopf-RTP relation should be

$$\chi \equiv \int_{\Sigma} \mathbf{F} \cdot d\mathbf{\Sigma} = \int_{\partial \Sigma} \mathbf{A} \cdot d\mathbf{l} \mod 4,$$

$$\chi \equiv \Delta \mathbf{p}_{\mathbf{X}\Gamma} + \Delta \mathbf{p}_{\mathbf{Y}\mathbf{M}} \mod 4,$$

$$\partial \Sigma = \Gamma^{\pm} \cup \mathbf{M}^{\pm} \cup \mathbf{X}^{\mp} \cup \mathbf{Y}^{\mp}.$$
(168)

The superscript "+ (-)" in the final line of Eq. (168) indicates that the corresponding component is oriented in the $+\hat{k}_z$ ($-\hat{k}_z$) direction. In Eqs. (167) and (168), it is part of the claim that the sign of polarizations (orientation of $\partial \Sigma$) is either one of the two possibilities, corresponding to the upper and lower sets of superscripts in the last line of (168). It is a consequence of the following observation: Among the four components Γ , X, M, Y of $\partial \Sigma$, the number of components oriented in $+\hat{k}_z$ direction equals the number of those oriented in the opposite way $-\hat{k}_z$ due to the trivial Chern number on any subtori in the BZ [30]. Furthermore, C_{4z} symmetry enforces the orientations of X and Y to be identical. These two constraints precisely lead to the two orientations on $\partial \Sigma$ (equivalently, on Σ) specified in Eq. (168).

While RTP is a name for a general 3D insulator whose polarization difference is quantized between at least two

lines in the BZ, the Hopf-RTP relation further constrains the quanta in terms of the bulk Hopf invariant. Were it not for the Hopf-RTP relation, in the model discussed here, $\{\Delta p_{X\Gamma}, \Delta p_{YM}\} = \{\Delta p_{X\Gamma}, \Delta p_{XM}\}$ would be a complete set of independent polarization differences since $\Delta p_{YM} = \Delta p_{XM}$ due to C_{4z} symmetry. However, the bulk topology constrains them as in Eq. (167).

B. Reverting Thouless pump in the real Hopf insulator

A \mathcal{PT} -symmetric analog of Hopf-RTP relation arises in rotational-symmetric models. As in two-band Hopf insulator, the rotational symmetry should satisfy certain symmetry conditions for this to happen. We illustrate this again with an example, which can be investigated with ease thanks to the discussion in the previous section.

We investigate the RHI Hamiltonian with C_{4z} symmetry

$$R_{C_{4z}}H_R^{2,2}(\mathbf{k})R_{C_{4z}}^{-1} = H_R^{2,2}(C_{4z}\mathbf{k}), \tag{169}$$

$$R_{C_{4z}} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 1 \\ 0 & 0 & -1 & 0 \end{pmatrix}, \tag{170}$$

where $R_{C_{4z}}$ has eigenvalues $\pm i$ (1) on the occupied (unoccupied) band. The models satisfying Eqs. (169) and (170) are easily realized using the Moore-Ran-Wen models (see Appendix L 1), however, we do not specify a model here in order to demonstrate that the existence of RTP is determined by the symmetry operator (170) regardless of the functional form of the Hamiltonian. To avoid conveying a false impression that Eqs. (169) and (170) were chosen in an *ad hoc* way, we point out that there is an abundant supply of RTP-inducing symmetry conditions resulting from simple spectral assumptions on band structure (see Appendix I and Ref. [47]). Our purpose here is to exemplify how RTP arises from one such symmetry representation.

In the quaternion notation, the C_{4z} operator in Eq. (170) transforms an eigenstate $|u\rangle$ by

$$R_{C_{4z}}|u\rangle = |e^{-i\pi/4}ue^{i\pi/4}\rangle, \qquad (171)$$

where $u = u_1 + u_2 \mathbf{i} + u_3 \mathbf{j} + u_4 \mathbf{k}$ when $|u\rangle = (u_1, u_2, u_3, u_4)^{\top}$. According to Eq. (169), the unoccupied subspace at two points \mathbf{k} , $R_{C_{4z}}\mathbf{k}$ are connected by $R_{C_{4z}}$: For some function valued in the orthogonal group $U(\mathbf{k}) \in O(2)$,

$$R_{C_{4z}}|\overline{z}w\rangle(\mathbf{k}) = |e^{-i\pi/4}\overline{z}we^{i\pi/4}\rangle(\mathbf{k})$$

$$= (U_{11}|\overline{z}w\rangle + U_{12}|\overline{z}iw\rangle)(C_{4z}\mathbf{k}), \qquad (172)$$

$$R_{C_{4z}}|\overline{z}iw\rangle(\mathbf{k}) = |e^{-i\pi/4}\overline{z}iwe^{i\pi/4}\rangle(\mathbf{k})$$

$$= (U_{21}|\overline{z}w\rangle + U_{22}|\overline{z}iw\rangle)(C_{4z}\mathbf{k}). \tag{173}$$

Reading Eqs. (172) and (173) in quaternions instead of 4-vectors, we get

$$(e^{-i\pi/4}\overline{z}we^{i\pi/4})(\mathbf{k}) = (U_{11}\overline{z}w + U_{12}\overline{z}iw)(C_{4z}\mathbf{k}),$$
 (174)

$$(e^{-i\pi/4}\bar{z}iwe^{i\pi/4})(\mathbf{k}) = (U_{21}\bar{z}w + U_{22}\bar{z}iw)(C_{4z}\mathbf{k}). \quad (175)$$

These equations give us transformation rules of $\overline{z}iz$, $\overline{w}iw$ by C_{4z} , the 3-vectors that are two entries of the oriented projector. Namely,

$$(e^{-i\pi/4}\overline{z}ize^{i\pi/4})(\mathbf{k}) = (\overline{z}iz \cdot \det U)(C_{4z}\mathbf{k})$$
$$= (\overline{z}iz)(C_{4z}\mathbf{k}), \tag{176}$$

$$(e^{-i\pi/4}\overline{w}iwe^{i\pi/4})(\mathbf{k}) = (\overline{w}iw \cdot \det U)(C_{4z}\mathbf{k})$$
$$= (\overline{w}iw)(C_{4z}\mathbf{k}). \tag{177}$$

Equation (176) can be obtained by taking Eq. (175) and multiplying by the conjugate of Eq. (174) from the right. Equation (177) follows similarly if the multiplication is taken from the left. Finally, the value of det U can be determined by evaluating both equations at a C_{4z} -invariant momentum; to do this, observe that

$$e^{-i\pi/4}(a_1i + a_2j + a_3k)e^{i\pi/4} = a_1i - a_3j + a_2k.$$
 (178)

Suppose $\Pi = C_{4z}\Pi$ and $(\overline{z}iz)(\Pi) = a_1i + a_2j + a_3k$. Since det $U = \pm 1$ and the left-hand side of Eq. (176) is a SO(3) rotation of 3-vectors along the x axis by $-\pi/2$, det U = 1 is necessary.

Interpreting $(\overline{z}iz)(\mathbf{k})$ as the Hopf insulator Hamiltonian [see Eq. (43)]

$$H_O^z = \text{Re}[\overline{z}iz \cdot \sigma_Q],$$
 (179)

Eq. (176) implies the Hamiltonian H_Q^z has the same symmetry as $H_{C,\text{MRW}}^{1,3/2}$ discussed in the previous subsection [see Eq. (162)]. This establishes via Whitehead formula

$$\chi_z \equiv \int_{\Sigma} \mathbf{f}_z \cdot d\mathbf{\Sigma} = \int_{\partial \Sigma} \mathbf{a}_z \cdot d\mathbf{l} \mod 4,$$

$$\partial \Sigma = \Gamma^{\pm} \cup \mathbf{M}^{\pm} \cup \mathbf{X}^{\mp} \cup \mathbf{Y}^{\mp}. \tag{180}$$

Analogously, Eq. (177) produces

$$\chi_w \equiv \int_{\Sigma} \mathbf{f}_w \cdot d\mathbf{\Sigma} = \int_{\partial \Sigma} \mathbf{a}_w \cdot d\mathbf{l} \mod 4,$$

$$\partial \Sigma = \Gamma^{\pm} \cup \mathbf{M}^{\pm} \cup \mathbf{X}^{\mp} \cup \mathbf{Y}^{\mp}. \tag{181}$$

The functions \mathbf{a}_z , \mathbf{f}_z , \mathbf{a}_w , \mathbf{f}_w are the vector forms of Eqs. (112) and (114).

Before proceeding, a few comments on the orientation of $\partial \Sigma$ are in order. As noted in the previous subsection, the orientation of $\partial \Sigma$ is either one of the two possibilities as specified in Eqs. (180) and (181). For two-band Hopf insulator, the correct orientation among the two should be identified by actual computation. However, for the case of four-band real Hopf insulator, there exists a transformation on the enveloping projector $\widetilde{P}(\mathbf{k}) = (z, w)(\mathbf{k})$ that leaves the Hamiltonian $H_R^{2,2}$ invariant but reverses the sign (orientation) of \mathbf{f}_z , \mathbf{f}_w , and $\partial \Sigma$ at the same time. To see this, note that two different enveloping projectors

$$\widetilde{P}_1(\mathbf{k}) = (z, w)(\mathbf{k}), \quad \widetilde{P}_2(\mathbf{k}) = (jz, jw)(\mathbf{k})$$
 (182)

define exactly the same RHI Hamiltonian $H_R^{2,2}$ because they induce the same (genuine) projector $P_1(\mathbf{k}) = P_2(\mathbf{k})$ (see Appendix D). However, the associated pair of Hopf insulator Hamiltonians $H_Q^z = \overline{z}iz$, $H_Q^w = \overline{w}iw$ have sign a change under the transformation $(z, w) \to (jz, jw)$. This interchanges the

occupied and unoccupied states of $H_Q^{z,w}$, resulting in the total flip of sign of the occupied state Berry curvature $\mathbf{f}_{z,w}$ and also the orientation of Σ and $\partial \Sigma = \Gamma^{\pm} \cup \mathbf{M}^{\pm} \cup \mathbf{X}^{\mp} \cup \mathbf{Y}^{\mp}$ (see Appendix K). In consequence, the integral

$$\int_{\Sigma} \mathbf{f}_{z,w} \cdot d\mathbf{\Sigma} \tag{183}$$

is well defined as the overall sign is invariant. From now on, we fix the orientation of $\partial \Sigma$ as $\partial \Sigma = \Gamma^+ \cup M^+ \cup X^- \cup Y^-$, assuming that an appropriate enveloping projector is chosen in order to produce such orientation.

Finally, it is part of the claim in Eqs. (180) and (181) that the same orientation of $\partial \Sigma$ applies to both equations, even though one may flip the sign in both equations passing to different enveloping projector. This can be confirmed by simple calculations: The symmetry representation in Eq. (170) implies that the unoccupied states $|u_1^c\rangle = |\overline{z}w\rangle$, $|u_2^c\rangle = |\overline{z}iw\rangle$, having rotation eigenvalue 1, have the form

$$u_1^c = a_0 + a_1 \mathbf{i}, \quad u_2^c = b_0 + b_1 \mathbf{i} \quad (a_i, b_i \in \mathbf{R}). \quad (184)$$

Since the quaternions of this form commute with each other, we have

$$H_O^z = \overline{z}iz = u_2^c \overline{u}_1^c = \overline{u}_1^c u_2^c = \overline{w}iw = H_O^w.$$
 (185)

Hence, the associated Hopf Hamiltonians $H_Q^{z,w}$ have the same occupied state (and Berry curvature), leading to the same orientation on $\partial \Sigma$.

Now we turn to the physical consequences of Eqs. (180) and (181), especially on the Wilson loop spectra of RHIs. Using the relation between valence (conduction) band Euler class and the curvature vectors $\mathbf{f}_{z,w}$, we arrive at

$$\chi_z + \chi_w \equiv \int_{\Sigma} \mathbf{E} \mathbf{u}^v \cdot d\mathbf{\Sigma} \mod 4$$
$$= \Delta \mathbf{p}_{X\Gamma}^v + \Delta \mathbf{p}_{YM}^v \mod 4, \qquad (186)$$

$$\chi_z - \chi_w \equiv \int_{\Sigma} \mathbf{E} \mathbf{u}^c \cdot d\mathbf{\Sigma} \mod 4$$
$$= \Delta \mathbf{p}_{X\Gamma}^c + \Delta \mathbf{p}_{YM}^c \mod 4, \qquad (187)$$

where $\partial \Sigma = \Gamma^+ \cup M^+ \cup X^- \cup Y^-$.

In Eqs. (186) and (187), \mathbf{Eu}^v , \mathbf{Eu}^c is the vector notation for the Euler forms defined in Eqs. (122) and (123). Their relationship to $\mathbf{a_z}$, $\mathbf{a_w}$ can be found using Eqs. (124) and (125). They can be regarded as the Berry curvatures of the complex-valued state vectors $|u_+^{v,c}\rangle = \frac{1}{\sqrt{2}}(|u_1^{v,c}\rangle + i|u_2^{v,c}\rangle)$ (see Appendix H). Passing to the boundary $\partial \Sigma$ with the help of Stokes theorem, Eqs. (186) and (187) are polarization differences between C_{2z} -invariant lines, where polarizations are calculated using $|u_+^{v,c}\rangle$. As the formulas only refer to the polarization pumping between different invariant lines and do not constrain the polarization at other points, and as the shape of Σ is not specified except for its boundary, Eqs. (186) and (187) are not a statement for specific path in the Brillouin zone; they describe the reverting Thouless pump between two fixed end points, completely independent of the path in-between.

These polarization differences leave a mark on the hybrid Wannier functions (HWFs) which are Wannier representations in one chosen direction and Bloch type in the other [43]. The result conforms to the multicellular obstruction of delicate topology, which is reported in the next subsection.

We point out that the form of the Whitehead formula (186) and (187), obtained by assuming C_{4z} rotation symmetry represented by Eq. (170), may alter if the Hamiltonian $H_R^{2,2}(\mathbf{k})$ has a different symmetry condition. In fact, there are similar but different C_{4z} representations that satisfy the uniaxial and iso-orbital conditions [30], which are explained in Appendix I as a sufficient condition for RTP.

For instance, the rotation matrix may be given by

$$R_{C_{4z}} = \begin{pmatrix} -1 & 0 & 0 & 0\\ 0 & -1 & 0 & 0\\ 0 & 0 & 0 & 1\\ 0 & 0 & -1 & 0 \end{pmatrix}, \tag{188}$$

whose set of eigenvalues is $\{-1, -1, \pm i\}$. After a sign change $R_{C_{4}} \rightarrow -R_{C_{4}}$, which does not change the physics,

$$R_{C_{4z}} \to R'_{C_{4z}} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & -1 \\ 0 & 0 & 1 & 0 \end{pmatrix},$$
 (189)

we have equations very close to Eqs. (171) and (176) and (177):

$$R_{C_{4z}}|u\rangle = |e^{i\pi/4}ue^{-i\pi/4}\rangle, \tag{190}$$

$$(e^{i\pi/4}\overline{z}ize^{-i\pi/4})(\mathbf{k}) = (\overline{z}iz)(C_{4z}\mathbf{k}), \tag{191}$$

$$(e^{\mathrm{i}\pi/4}\overline{w}\mathrm{i}we^{-\mathrm{i}\pi/4})(\mathbf{k}) = (\overline{w}\mathrm{i}w)(C_{4\tau}\mathbf{k}). \tag{192}$$

This again leads to Eqs. (180) and (181), the only difference compared to the previous case being in the orientation of $\partial \Sigma$ determined by the rotation eigenvalues of $H_Q^{z,w}$. Furthermore, the orientation of $\partial \Sigma$ remains to be the same for H_Q^z and H_Q^w , due to the same reasoning below Eqs. (180) and (181).

Essentially, there is one remaining possibility that leads to RTP realtions analogous to Eqs. (180) and (181):

$$R_{C_{4z}} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & 0 & -1 \\ 0 & 0 & 1 & 0 \end{pmatrix}, \tag{193}$$

which requires a bit more considerations. Now, Eq. (171) should be changed into

$$R_{C_{4z}}|u\rangle = |e^{-i\pi/4}\overline{u}e^{i\pi/4}\rangle,$$
 (194)

where the extra quaternion conjugation reverts the sign of the determinant. However, this leads to a substantial change in Eqs. (176) and (177):

$$-(e^{-\mathrm{i}\pi/4}\overline{w}\mathrm{i}we^{\mathrm{i}\pi/4})(\mathbf{k}) = (\overline{z}\mathrm{i}z\cdot\det U)(C_{4z}\mathbf{k}), \quad (195)$$

$$-(e^{-i\pi/4}\overline{z}ize^{i\pi/4})(\mathbf{k}) = (\overline{w}iw \cdot \det U)(C_{4z}\mathbf{k}).$$
 (196)

That is, they are no longer a symmetry condition on $H_Q^{z,w}$ but a constraint that interrelates H_Q^z , H_Q^w together. In such a case, Eqs. (195) and (196) imply

$$(e^{-i\pi/2}\overline{z}ize^{i\pi/2})(\mathbf{k}) = (\overline{z}iz)(C_{2z}\mathbf{k}), \tag{197}$$

$$(e^{-i\pi/2}\overline{w}iwe^{i\pi/2})(\mathbf{k}) = (\overline{w}iw)(C_{2r}\mathbf{k}), \tag{198}$$

which is a C_{2z} , rather than C_{4z} , symmetry condition on $H_Q^{z,w}$. Thus, although C_{4z} -symmetric RHI with det $R_{C_{4z}} = -1$ might support RTP, its analysis cannot be reduced to a pair of C_{4z} -symmetric Hopf insulators and requires more complicated analysis (in this case, analysis on the C_{2z} -symmetric Hopf insulators). Under the additional assumption of iso-orbital condition on both H_Q^z and H_Q^w [48], one obtains Eqs. (180) and (181) again, but now the equations hold modulo 2 instead of 4.

C. Model calculation of the reverting Thouless pump

We numerically confirm the RTP relations of two RHI tight-binding models both having $(\chi_z, \chi_w) = (1, 1)$. The first model $H_{R,1}(\mathbf{k})$ is given by Eq. (151), but with unnormalized quaternions (hence unflattened Hamiltonian) $z = z_0 + z_1 \mathbf{i} + z_2 \mathbf{j} + z_3 \mathbf{k}$ and $w = w_0 + w_1 \mathbf{i} + w_2 \mathbf{j} + w_3 \mathbf{k}$ where [38]

$$z_{0} = \sin k_{x}, z_{1} = \sin k_{y}, z_{2} = \sin k_{z},$$

$$z_{3} = \cos k_{x} + \cos k_{y} + \cos k_{z} - \frac{3}{2},$$

$$w_{0} = \sin k_{x}, w_{1} = \sin k_{y}, w_{2} = \sin k_{z},$$

$$w_{3} = \cos k_{x} + \cos k_{y} + \cos k_{z} + \frac{3}{2}.$$
(199)

The associated Hopf insulators are defined by

$$H_{C,1}^{z}(\mathbf{k}) = -(z^{\dagger} \sigma z)(\mathbf{k}) \cdot \sigma,$$

$$H_{C,1}^{w}(\mathbf{k}) = -(w^{\dagger} \sigma w)(\mathbf{k}) \cdot \sigma.$$
 (200)

These Hamiltonians have C_{4z} symmetry represented in the real gauge as in the previous subsection, which we rewrite here:

$$R_{R,1}H_{R,1}(\mathbf{k})R_{R,1}^{-1} = H_{R,1}(C_{4z}\mathbf{k}),$$
 (201)

$$R_{C,1}H_{C,1}^{z}(\mathbf{k})R_{C,1}^{-1} = H_{C,1}^{z}(C_{4z}\mathbf{k}),$$
 (202)

$$R_{C,1}H_{C,1}^{w}(\mathbf{k})R_{C,1}^{-1} = H_{C,1}^{w}(C_{4z}\mathbf{k}), \tag{203}$$

$$R_{R,1} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 1 \\ 0 & 0 & -1 & 0 \end{pmatrix}, \quad R_{C,1} = \begin{pmatrix} i & 0 \\ 0 & 1 \end{pmatrix}. \quad (204)$$

Similarly, the second model $H_{R,2}(\mathbf{k})$ with associated Hopf insulators $H_{C,2}^z(\mathbf{k})$, $H_{C,2}^w(\mathbf{k})$ is given by

$$z_{0} = \sin k_{x}, z_{1} = \sin k_{y}, z_{2} = \sin k_{z},$$

$$z_{3} = \cos k_{x} + \cos k_{y} + \cos k_{z} - \frac{3}{2},$$

$$w_{0} = \sin k_{x}, w_{1} = -\sin k_{y}, w_{2} = -\sin k_{z},$$

$$w_{3} = \cos k_{x} + \cos k_{y} + \cos k_{z} + \frac{3}{2}.$$
(205)

Its C_{4z} symmetry has a slightly different representation:

$$R_{R,2}H_{R,2}(\mathbf{k})R_{R,2}^{-1} = H_{R,2}(C_{4z}\mathbf{k}),$$
 (206)

$$R_{C,2}^z H_{C,2}^z(\mathbf{k}) R_{C,2}^{z^{-1}} = H_{C,2}^z (C_{4z} \mathbf{k}),$$
 (207)

$$R_{C,2}^w H_{C,2}^w(\mathbf{k}) R_{C,2}^{w^{-1}} = H_{C,2}^w(C_{4z}\mathbf{k}), \tag{208}$$

$$R_{R,2} = \begin{pmatrix} 0 & 1 & 0 & 0 \\ -1 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}, \quad R_{C,2}^z = \begin{pmatrix} i & 0 \\ 0 & 1 \end{pmatrix},$$

$$R_{C,2}^w = \begin{pmatrix} -i & 0 \\ 0 & 1 \end{pmatrix}, \tag{209}$$

where the set of the C_{4z} eigenvalues of the occupied states at C_{4z} -invariant lines are $\{1, 1\}$.

The important difference between two Hamiltonians $H_{R,1}(\mathbf{k})$ and $H_{R,2}(\mathbf{k})$ is the C_{4z} eigenvalues of the occupied states at C_{4z} -invariant momenta. Let us denote the C_{4z} eigenvalues of the occupied (respectively unoccupied) states at the C_{4z} -invariant momentum Π_4 by $L_4^{\text{occ}}(\Pi_4)$ [respectively $L_4^{\text{unocc}}(\Pi_4)$]. Then in the case of $H_{R,1}(\mathbf{k})$, $L_4^{\text{occ}}(\Pi_4)$ and $L_4^{\text{unocc}}(\Pi_4)$ are given by

$$L_4^{\text{occ}}(\mathbf{\Pi}_4) = \{+i, -i\}, \ L_4^{\text{unocc}}(\mathbf{\Pi}_4) = \{1, 1\},$$
 (210)

regardless of the choice of Π_4 . On the other hand, $L_4^{\rm occ}(\Pi_4)$ and $L_4^{\rm unocc}(\Pi_4)$ of $H_{R,2}(\mathbf{k})$ are given by

$$L_4^{\text{occ}}(\mathbf{\Pi}_4) = \{1, 1\}, \ L_4^{\text{unocc}}(\mathbf{\Pi}_4) = \{+i, -i\},$$
 (211)

regardless of the choice of Π_4 . Comparing Eqs. (210) and (211), one could expect that the role of occupied and unoccupied bands in the RTP relation will be reversed.

Indeed, such difference results in a modification of the Whitehead formula: Adapting the method in Appendix K, one gets an extra minus sign in Eq. (181). The upshot is that while the first model (199) follows Eqs. (186) and (187), the second satisfies slightly different formulas

$$\chi_z + \chi_w \equiv \int_{\Sigma} \mathbf{E} \mathbf{u}^c \cdot d\mathbf{\Sigma} \mod 4, \tag{212}$$

$$\chi_z - \chi_w \equiv \int_{\Sigma} \mathbf{E} \mathbf{u}^v \cdot d\mathbf{\Sigma} \mod 4. \tag{213}$$

Note that the place of valence and conduction bands switched.

For both models, the corresponding "real Hopf-RTP" relations can be observed in the Wilson loop spectra of states $|u_1^v\rangle + i|u_2^v\rangle$ and $|u_1^c\rangle + i|u_2^c\rangle$ along the surfaces $\Sigma_{\rm X\Gamma}$ and $\Sigma_{\rm YM}$ embedded in BZ, where Σ_{AB} is a surface whose boundary is $\partial \Sigma_{AB} = B^+ \cup A^-$. This is because their Berry connection (Berry curvature) coincides with the Euler connection (Euler form) of the real wave functions $|u_{1,2}^{v,c}\rangle$ (see Appendix H). From Figs. 4(a) and 4(b), we can read off the Euler number of the valence band on $\Sigma = \Sigma_{X\Gamma} \cup \Sigma_{YM}$, or the Chern number of $|u_1^v\rangle + i|u_2^v\rangle$ on Σ , which is 1+1=2. From Figs. 4(c) and 4(d), the Euler number of the conduction band on Σ (the Chern number of $|u_1^c\rangle + i|u_2^c\rangle$ is 1 + (-1) = 0. This confirms the Whitehead formulas in Eqs. (186) and (187). On the other hand, the data in Figs. 4(e)-4(h) indicate that the second model (205) satisfies the other set of Whitehead formulas (212) and (213).

In Sec. VI, the bulk-boundary correspondence of RHI related $\chi_z + \chi_w$ to the surface Chern number of a finite slab [Eq. (149)]. However, the bulk-boundary correspondence alone did not reveal the physical significance of the other bulk invariant $\chi_z - \chi_w$. Intriguingly, both $\chi_z + \chi_w$ and $\chi_z - \chi_w$ take part in the RTP physics regulating the Wannier charge centers. For example, two RHIs with different set of invariants

RHI model	Wilson loop spectrum					
	Valenc	e band	Conduction band			
	$\Sigma_{ m X\Gamma}$	Σ_{YM}	$\Sigma_{ ext{X}\Gamma}$	Σ_{YM}		
Eq. (199)	(a) WCC _z 0 X	(b) WCC _z	(c) WCC _z	(d) WCC _z 0 Y		
Eq. (205)	(e) WCC _z 0 X	2π (f) WCC _z 0 Y	1 (g) WCC _z 0 X Γ	(h) WCC _z 0 Y M		

FIG. 4. Comparing the flow of the Wannier charge centers (WCCs) between rotation-invariant momenta for two RHI (1,1) models with different C_{4z} symmetry. (a), (b) [(c), (d)] Wilson loop spectra of $|u_1^v\rangle + i|u_2^v\rangle$ ($|u_1^c\rangle + i|u_2^c\rangle$) on $\Sigma_{X\Gamma}$ and Σ_{YM} , respectively, calculated using Eq. (199). WCC_z stands for the Wannier charge center in spatial z direction. The unit-cell length is set to be 1. (e), (f) [(g), (h)] Wilson loop spectra of $|u_1^v\rangle + i|u_2^v\rangle$ ($|u_1^c\rangle + i|u_2^c\rangle$), respectively, computed for another model in Eq. (205). Difference with the above model manifests the change of real Hopf-RTP relation from Eqs. (186) and (187) to (212) and (213).

 $(\chi_z, \chi_w) = (1, 1)$ and $(\chi_z, \chi_w) = (2, 0)$ share the same value of $\chi_z + \chi_w = 2$. As a result, two models look identical on the surface. Nonetheless, they show different behavior regarding the flow of Wannier charge centers between rotation invariant momenta (see Fig. 5).

As a final remark, we point out that the (real) Hopf-RTP relation is an incarnation of multicellularity, which was proposed as the counterpart of Wannier obstruction for delicate topological insulators [30]. Each of the equations (168), (186), and (187), and (212) and (213) says if the bulk invariant in the left-hand side is not zero mod 4, the Wannier center flow corresponding to the right-hand side is nontrivial; as a result, the Wannier center in the z direction makes contacts with at least two unit cells.

VIII. CONCLUSION

In this paper, we have established the band topology of a spinless PT-symmetric insulator in three dimensions with

	Wilson loop spectrum					
(χ_z,χ_w)	Valenc	e band	Conduction band			
	$\Sigma_{ m X\Gamma}$	Σ_{YM}	$\Sigma_{ m X\Gamma}$	Σ_{YM}		
(1,1)	(a) WCC _z 0 X	(b) WCC _z 0 Y M	(c) WCC _z 0	(d) WCC _z 0 Y		
(2,0)	1 (e) WCC _z 0 X	(f) WCC _z 0 Y M	1 (g) WCC _z 0 X	(h) WCC _z 0 Y		

FIG. 5. Comparing the flow of the Wannier charge centers between rotation-invariant momenta for RHI (1,1) and (2,0) models. (a), (b) [(c), (d)] Wilson loop spectra of $|u_1^v\rangle + i|u_2^v\rangle$ ($|u_1^c\rangle + i|u_2^c\rangle$) on $\Sigma_{X\Gamma}$ and Σ_{YM} , respectively, calculated using Eq. (199) which has $(\chi_z, \chi_w) = (1, 1)$. WCC_z stands for the Wannier charge center in spatial z direction. The unit-cell length is set to be 1. (e), (f) [(g), (h)] Wilson loop spectra of $|u_1^v\rangle + i|u_2^v\rangle$ ($|u_1^c\rangle + i|u_2^c\rangle$), computed for another model in Eq. (154) which has $(\chi_z, \chi_w) = (2, 0)$. Both models follow the real-Hopf RTP relation (186) and (187).

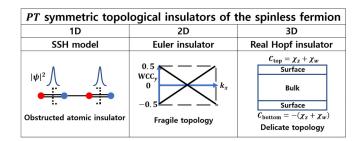


FIG. 6. Various topological insulators appearing in \mathcal{PT} -symmetric spinless fermion systems. Topological invariants of 1D, 2D, and 3D are the Berry phase, the Euler class, and the real Hopf invariants, respectively.

two occupied and two unoccupied bands, dubbed "real Hopf insulator (RHI)," whose 1D and 2D (weak) topological invariants are trivial by definition.

The discovery of 3D RHI is in continuation of the previous studies on \mathcal{PT} -symmetric topological insulators (TIs) in 1D and 2D, and thus filling the last box in Fig. 6. Namely, together with the 1D TI with obstructive atomic band topology characterized by π -Berry phase and the 2D Euler TI with fragile band topology characterized by an Euler invariant, the 3D RHI with delicate band topology characterized by two Hopf invariants completes the list of \mathcal{PT} -symmetric TIs in spinless real fermion systems.

With the use of "oriented" classifying space, which is mathematically the double cover $\mathbb{S}^2 \times \mathbb{S}^2$ of the original classifying space Gr(2,4), RHI can be defined using a pair of Hopf maps and their associated shrinking maps. With a fixed pair of unit index Hopf maps, one can enumerate all topological classes of RHI by varying the pair of shrinking maps $(z, w) : BZ = \mathbb{T}^3 \to \mathbb{S}^3 \times \mathbb{S}^3$. Named as the "enveloping" classifying map, this pair plays a central role in classifying RHIs and computing important physical quantities thereof.

Enabled by the theory of oriented and enveloping classifying spaces, we identified two bulk invariants that are functionals of the Euler connection of both occupied and unoccupied bands [see Eqs. (126) and (127)]. Note that we restricted our focus to the 3D topology of the \mathcal{PT} -symmetric four-band Hamiltonian while neglecting the 1D and 2D topology, as done for two-band Hopf insulator. However, it is worth noting that the extension of Hopf insulator allowing nontrivial 2D topology was investigated [29,50]. This family of Hopf-Chern insulators in AZ symmetry class A demonstrates novel topological properties such as the joint signature of 2D and 3D topology on the boundary. Thus, we anticipate that equally intriguing features would emerge by allowing nontrivial low-dimensional topology in class AI, which could be named (real) Hopf-Euler insulator.

Together with the peculiar appearance of Euler connection of both bands in topological invariants, the delicate character of RHI reveals itself in the bulk-boundary correspondence which involves the surface Chern number as defined in [33]. While the surface Chern number of either one of occupied and unoccupied band is not topological, the total surface Chern number is topologically stable and directly related to the bulk RHI invariant [Eq. (149)].

Being a \mathcal{PT} -symmetric double of Hopf insulator in the sense described in the main text, RHI inherits its physics of reverting Thouless pump (RTP) [30,35,47]. Two bulk invariants of RHI rule how the polarization of occupied (unoccupied) states jumps between high-symmetry lines, provided the system enjoys rotational symmetry. The relevant \mathcal{PT} -symmetric version of Hopf-RTP relation [47] controls the spread of the hybrid Wannier functions, demonstrating the multicellular [30] nature of rotationally symmetric RHI.

This paper thus explores a different avenue of delicate topological insulator, rediscovering and building upon the previously reported characteristics of delicate topology. In addition to its own interesting properties, RHI adds to our understanding an abundant set of examples of TIs it provides an example of an inversion-symmetric delicate TI. RHI suggests there is still a rich body of physics of delicate TIs that awaits discovery.

ACKNOWLEDGMENTS

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APPENDIX A: INVARIANCE OF RHI INVARIANTS UNDER THE BASIS TRANSFORMATION

Here we give detailed proof for the invariance of RHI invariants under the basis change when the invariant is computed by using the occupied wave functions in (100). For convenience, denote

$$u_1^v = A, \quad u_2^v = B.$$
 (A1)

Under the rotation, \mathbf{v}_z transforms to

$$\mathbf{v}'_z = (\sin\theta \ A + \cos\theta \ B)(\cos\theta \ \overline{A} - \sin\theta \ \overline{B})$$

$$= \sin\theta \ \cos\theta \ (A\overline{A} - B\overline{B})$$

$$+ \cos^2\theta \ B\overline{A} - \sin^2\theta \ A\overline{B}. \tag{A2}$$

From orthonormality of A, B and Eq. (33), the following facts follow:

$$A\overline{A} = B\overline{B} = 1,$$
 (A3)

$$Re[B\overline{A}] = 0. (A4)$$

Equation (A4) implies that $B\overline{A}$ is purely imaginary, i.e.,

$$B\overline{A} = -\overline{B}\overline{\overline{A}} = -A\overline{B}.$$
 (A5)

Hence,

$$\mathbf{v}_{z}' = B\overline{A} = \mathbf{v}_{z}. \tag{A6}$$

Repeating the above computation for $A = \overline{u_2^v}, B = -\overline{u_1^v}$ reveals that \mathbf{v}_w is also invariant:

$$\mathbf{v}_{w}' = \mathbf{v}_{w}.\tag{A7}$$

Therefore, $\mathbf{F}_{z,w}$, $\mathbf{A}_{z,w}$ hence $\chi_{z,w}$ are all invariant under the rotation (119).

We now turn to reflection. As in Eq. (A5),

$$\mathbf{v}_{z}' = A\overline{B} = -B\overline{A} = -\mathbf{v}_{z},\tag{A8}$$

$$\mathbf{v}_{w}' = -\overline{B}A = \overline{A}B = -\mathbf{v}_{w}.\tag{A9}$$

Hence $\mathbf{F}_{z,w}$, $\mathbf{A}_{z,w}$ change their signs under the reflection. However, Eq. (22) is invariant since it only contains the expression $\mathbf{F} \cdot \mathbf{A}$.

APPENDIX B: BOUNDARY CONDITIONS AND WEAK INVARIANTS

In this Appendix, we discuss the lifting problems raised in Sec. IVB and its relation to the weak invariants. As usual, every function appearing in this section is a continuous map between connected CW complexes (cell complexes which satisfy closed-finiteness and endowed with weak topology [39]). One can avoid this technical nomenclature and regard all spaces as connected manifolds such as spheres, tori, SO(n), etc. The only purpose of referring to CW complexes here is to conform to the standard texts in algebraic topology.

1. Lifting problem and fibration

Given a triple of topological spaces X, Y, \widetilde{Y} , a continuous map $f: X \to Y$, and a continuous surjection $p: \widetilde{Y} \to Y$, the lifting problem is to find another map $\widetilde{f}: X \to \widetilde{Y}$ such that $p \circ \widetilde{f} = f$ (see Eq. (B1)]:

$$\begin{array}{ccc}
\widetilde{Y} & & \\
\widetilde{f} & \downarrow p & \\
X & \xrightarrow{f} & Y
\end{array}$$
(B1)

In case such \widetilde{f} exists, we say \widetilde{f} is a lift of f, or \widetilde{f} covers f.

There are special surjective maps $p: Y \to Y$, called Serre fibrations, for which the following type of lifting problems can always be solved: Suppose $X = A \times I$ is a product of A with the interval and the restriction $f_0: A \times \{0\} \to Y$ of the map $f_t: A \times I \to Y$ has a lift onto Y. Then there exists a lift f_t that covers f_t and extends f_0 . That is, the lifting problem for $(A \times I, Y, Y)$ can be solved so that the resulting lift coincides with the given restricted lift [see Eq. (B2)]. This property is commonly referred to as the homotopy lifting property [39].

$$A \times \{0\} \xrightarrow{\widetilde{f}_0} A \times I \xrightarrow{f_t} Y$$
(B2)

Covering spaces and the Hopf fibration are typical examples of Serre fibration. Arbitrary compositions and products of Serre fibrations are again Serre fibrations. The latter statement means that whenever $p_i: \widetilde{Y}_i \to Y_i \ (i=1,2)$ are Serre fibrations, so is $p_1 \times p_2: Y_1 \times Y_2 \to Y_1 \times Y_2$. For Serre fibration in place of p, the lifting problem (B1) is always solvable for $X = I^n$. Indeed, starting from the point $\mathbf{0} \in I^n$ and its arbitrary lifting in $p^{-1}(f(\mathbf{0}))$, one can successively apply the homotopy lifting property to get a lift on the entire I^n . Let us apply this fact to the problems relevant to this paper.

Given a general projector function

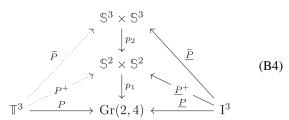
$$P: \mathbb{T}^3 \to Gr(2,4),$$

$$\mathbf{k} \mapsto [R_{z,w}](\mathbf{k}),$$
(B3)

there is no guarantee that P should be lifted to an oriented projector $P^+: \mathbb{T}^3 \to \operatorname{Gr}^+(2,4)$. However, since the covering map $\operatorname{Gr}^+(2,4) \to \operatorname{Gr}(2,4)$ and the Hopf fibration $\mathbb{S}^3 \to \mathbb{S}^2$ are Serre fibrations, the oriented and even enveloping projectors can be defined as a function on I^3 with the understanding that the original map P is a periodic function on I^3 . There are certain boundary conditions on these projectors, however, since P is a periodic function on I^3 (see Sec. V A). These boundary conditions are more general than periodic boundary conditions (PBC). In case they can be reduced to the PBC, the lifted projectors can be defined on \mathbb{T}^3 so that the lifting problem on $X = \mathbb{T}^3$ is solved without compromise. The definability of lifted projectors on \mathbb{T}^3 turns out to be related with the Berry phase and the Euler class, which is the subject of the next subsection.

2. Weak invariants as the obstruction to lifting

Now we prove the aforementioned claim that the oriented projector can be defined on \mathbb{T}^3 if and only if the Berry phases vanish (mod 2π), and the enveloping projector can be defined on \mathbb{T}^3 if and only if the Euler numbers vanish (see Sec. V A). The "only if" part of the proposition is easy to show, which goes as follows:



Definability of lifted projectors is equivalent to the solvability of the corresponding lifting problem, as depicted in the left half of (B4). Suppose the lifting was achieved for P^+ . Since $\pi_1[\mathbb{S}^2 \times \mathbb{S}^2] = 0$, the images of the edges in \mathbb{T}^3 by P^+ are null homotopic. Composing the homotopy with p_1 , we get a null homotopy of the edge images by P. But an edge is contractible in the classifying space Gr(2, 4) if and only if the Berry phase is trivial. Next, suppose the lifting problem for the enveloping classifying space was solved. Since $\pi_2[\mathbb{S}^3 \times \mathbb{S}^3] = 0$, the images of the faces of \mathbb{T}^3 by \widetilde{P} are null homotopic. Composing with p_2 , we get a null homotopy of the face images in Gr(2, 4). This guarantees the well definedness of the Euler class because the triviality of face maps implies triviality of edge maps, hence the vanishing Berry phases. Moreover, the face maps are trivial if and only if the corresponding Euler class vanishes. This completes the "only if" side of the proof.

The next step is the "if" part, for which the modified classifying BZ (= I^3) is useful. Recall that the modified oriented projector \underline{P}^+ can be defined on the cube I^3 , thanks to the homotopy lifting property of Serre fibrations. Suppose the Berry phases along three edges of BZ vanish, i.e., the edge images are contractible loops in Gr(2, 4). This implies that \underline{P}^+ sends each edge onto a closed loop in $\mathbb{S}^2 \times \mathbb{S}^2$, or an element of

 $\pi_1[\mathbb{S}^2 \times \mathbb{S}^2]$, which is trivial. Collapsing these edges, the homotopy classes of the face images of \underline{P}^+ can be regarded as the images of 2-spheres. There are three pairs of opposite faces, each pair projecting onto the same element in $\pi_2[\operatorname{Gr}(2,4)]$ by p_1 . Since p_1 induces the isomorphism $p_{1*}:\pi_2[\mathbb{S}^2\times\mathbb{S}^2]\to\pi_2[\operatorname{Gr}(2,4)]$, they were actually identical as an element in $\pi_2[\mathbb{S}^2\times\mathbb{S}^2]$. The upshot is that \underline{P}^+ can be continuously deformed so that the opposite faces of I^3 have identical images; after the deformation, \underline{P}^+ becomes a periodic function, thus inducing the oriented projector $P^+:\mathbb{T}^3\to\mathbb{S}^2\times\mathbb{S}^2$.

Finally, we conclude by proving the "if" part for the enveloping projector. To this end, we need a supplementary fact about the Hopf fibration: It is the pullback of the universal \mathbb{S}^1 bundle, $E\mathbb{S}^1 \to B\mathbb{S}^1$, by a degree-1 map $h: \mathbb{S}^2 \to B\mathbb{S}^1$, in the sense that the induced homomorphism of cohomology

$$h^*: H^2(B\mathbb{S}^1, \mathbf{Z}) \longrightarrow H^2(\mathbb{S}^2, \mathbf{Z})$$
 (B5)

is an isomorphism:

$$f^{*}\mathbb{S}^{3} \longrightarrow \mathbb{S}^{3} \longrightarrow E\mathbb{S}^{1}$$

$$\sigma \left(\downarrow \qquad \tilde{f} \qquad \downarrow^{p} \qquad \downarrow \right)$$

$$X \xrightarrow{f} \mathbb{S}^{2} \xrightarrow{h} B\mathbb{S}^{1}$$
(B6)

Suppose one is trying to solve the lifting problem depicted in (B6). What one really needs is a section σ of the pullback bundle $f^*\mathbb{S}^3 \longrightarrow X$, so that the composition

$$\widetilde{f}: X \xrightarrow{\sigma} f^* \mathbb{S}^3 \longrightarrow \mathbb{S}^3$$
 (B7)

gives the desired lift. The bundle $f^*\mathbb{S}^3 \longrightarrow X$ can also be thought as the pullback of the universal bundle by $h \circ f$ and it admits a section if and only if $h \circ f$ is null homotopic. Moreover, by the property of classifying space $B\mathbb{S}^1$, this is equivalent to saying that the cohomology map induced by $h \circ f$,

$$f^* \circ h^* : H^2(B\mathbb{S}^1, \mathbf{Z}) \longrightarrow H^2(\mathbb{S}^2, \mathbf{Z}) \longrightarrow H^2(X, \mathbf{Z}),$$
 (B8)

is zero. Since h^* is an isomorphism, it means $f^* = 0$. This cohomological statement hints at the relevance to the Euler class since characteristic classes represent elements in the de Rham cohomology.

Now we are ready to handle the existence problem of the RHI enveloping projector, which is nothing but a slight modification of (B6):

$$(P^{+})^{*}(\mathbb{S}^{3} \times \mathbb{S}^{3}) \longrightarrow \mathbb{S}^{3} \times \mathbb{S}^{3} \longrightarrow E(\mathbb{S}^{1} \times \mathbb{S}^{1})$$

$$\downarrow^{\sigma} \downarrow \qquad \qquad \downarrow^{p_{2}=p \times p} \qquad \downarrow \qquad \text{(B9)}$$

$$\mathbb{T}^{3} \xrightarrow{P^{+}} \longrightarrow \mathbb{S}^{2} \times \mathbb{S}^{2} \xrightarrow{h \times h} B(\mathbb{S}^{1} \times \mathbb{S}^{1})$$

Since the universal bundle of $\mathbb{S}^1 \times \mathbb{S}^1$ is given by the direct product $E(\mathbb{S}^1 \times \mathbb{S}^1) = E\mathbb{S}^1 \times E\mathbb{S}^1$, one now has the diagram (B9). Given the oriented projector on \mathbb{T}^3 , the sufficient condition for finding its lift to the enveloping level is a section of the leftmost bundle in (B9). The section is available if and only if the bundle is trivial, i.e., the cohomology map induced by $(h \times h) \circ P^+$ is null homotopic. Since $(h \times h)^*$ is an isomorphism, this is to say that the top arrow of the following diagram vanishes. The bottom arrow also vanishes due to the

commutativity of the diagram.

$$H^{2}(\mathbb{S}^{2} \times \mathbb{S}^{2}, \mathbf{Z}) \xrightarrow{(P^{+})^{*}} H^{2}(\mathbb{T}^{3}, \mathbf{Z})$$

$$\downarrow \approx \qquad \qquad \downarrow \approx \qquad \qquad \downarrow \otimes$$

$$\mathbf{Z} \times \mathbf{Z} \xrightarrow{=0} \mathbf{Z} \times \mathbf{Z} \times \mathbf{Z} \qquad (B10)$$

Let us conclude by explaining the bottom arrow of (B10), which we name the "Chern map." \mathfrak{Ch} sends the generator (1,0) [(0,1)] to the integral (on each face of BZ) of the "curvature tensor" f_z (f_w) associated to the z (w) component of the oriented projector. This curvature tensor can be computed by solving the magnetostatic equation as in Sec. V C. Since $BZ = \mathbb{T}^3$ has three independent faces, this produces a triplet of integers. Accordingly, \mathfrak{Ch} maps into \mathbb{Z}^3 . Finally, the element $\mathfrak{Ch}(1,-1)$ [$\mathfrak{Ch}(1,1)$] corresponds to the unoccupied (occupied) band Euler class of three faces (see Sec. V D). Therefore, the condition $\mathfrak{Ch} = 0$, being equivalent to $\mathfrak{Ch}(1,-1) = \mathfrak{Ch}(1,1) = 0$, means that the Euler classes of both occupied and unoccupied bands all vanish on every face of BZ.

APPENDIX C: FREE HOMOTOPY VS BASED HOMOTOPY

Suppose we have a classifying space Y, each point of which represents an occupied subspace of electron states. Any continuous map

$$f: BZ \longrightarrow Y$$
 (C1)

fixes the band structure of the system. As long as we are interested in the topological classification of such systems, any pair of maps f_0 , f_1 of the form (C1) are considered equivalent if they are homotopic (for generality, we replace BZ by an arbitrary space X): (def. free homotopy). There exists a continuous interpolation

$$F: X \times [0, 1] \longrightarrow Y,$$

$$F(-, 0) = f_0,$$

$$F(-, 1) = f_1.$$
(C2)

Informally speaking, f_0 can be continuously deformed into f_1 . Equation (C2) is an equivalence relation whose equivalence classes are called *homotopy classes*. Since each equivalence class of band structures corresponds to a homotopy class of Eq. (C1), it is important to compute the set of homotopy classes of Eq. (C1). We denote the set as [X, Y].

It turns out that for practical examples of X, [X, Y] is related with the homotopy groups $\pi_n[Y]$. Homotopy groups are also defined through homotopy relations but with a variation: We choose a point from each space, $x_0 \in X$ and $y_0 \in Y$, and only consider the "based" maps

$$f: X \longrightarrow Y$$

bound to the condition
$$f(x_0) = y_0$$
. (C3)

Two maps of the form (C3) are homotopic in the based sense if (def. based homotopy). There exists a continuous interpolation

$$F: X \times [0, 1] \longrightarrow Y,$$

$$F(-, 0) = f_0,$$

$$F(-, 1) = f_1,$$

bound to the condition

$$F(x_0, t) = y_0, \quad \forall t \in [0, 1].$$
 (C4)

Colloquially, if f_0 can be continuously deformed into f_1 while obeying the condition $x_0 \mapsto y_0$ throughout the deformation process. The set of based homotopy classes, which we will denote by $[X,Y]^{\bullet}$, does not depend on the choice of x_0,y_0 . The homotopy groups are precisely

$$\pi_n[Y] \equiv [\mathbb{S}^n, Y]^{\bullet}. \tag{C5}$$

For the moment, we shall denote the free homotopy class of f as [f] and its based homotopy class as $[f]^{\bullet}$.

Since Eq. (C2) allows richer set of interpolations than Eq. (C4), [X, Y] is generally "coarser" than $[X, Y]^{\bullet}$: There are two based maps f_0 , f_1 that are distinct in the latter while identical in the former, i.e., $[f_0]^{\bullet} \neq [f_1]^{\bullet}$ but $[f_0] = [f_1]$. This difference can be measured by introducing a group action on $[X, Y]^{\bullet}$:

$$[X,Y]^{\bullet} \times \pi_1[X] \longrightarrow [X,Y]^{\bullet},$$

 $([f]^{\bullet},[\gamma]^{\bullet}) \mapsto [f \cdot \gamma]^{\bullet}.$ (C6)

This operation is denoted as \triangleright_{γ} in Ref. [13]. The definition of the map $f \cdot \gamma : X \to Y$ will be given in the following paragraphs.

Let X be based at x_0 and Y at y_0 . Then the loop $\gamma : \mathbb{S}^1 \to Y$ can be interpreted as a free homotopy of the point map

$$*: \{x_0\} \longrightarrow Y,$$

$$x_0 \mapsto y_0 \tag{C7}$$

to itself. That is,

$$\gamma: \{x_0\} \times [0, 1] \longrightarrow Y$$
 with $\gamma(x_0, 0) = \gamma(x_0, 1) = y_0$ (C8)

continuously interpolates two identical point maps $\gamma(-, 0) = \gamma(-, 1) = *$. Note that we defined γ on $\{x_0\} \times [0, 1]$ instead of \mathbb{S}^1 and imposed the periodic boundary condition.

Given a based map $f:(X,x_0) \to (Y,y_0)$ and a loop γ as in Eq. (C8), γ specifies a free homotopy of the point map in Eq. (C7). But (X,x_0) , being a CW pair, enjoys the homotopy extension property: There is a free homotopy starting from f, which extends the free homotopy γ on $\{x_0\}$ onto whole X.

There exists a continuous map

$$F: X \times [0, 1] \longrightarrow Y$$

such that

$$F(-,0) = f$$
, $F(x_0, -) = \gamma(x_0, -)$. (C9)

To put it another way, F is a (base-point-free) deformation of f that equals γ when restricted to the subset $\{x_0\} \times [0, 1] \subseteq X \times [0, 1]$. We define $f \cdot \gamma \equiv F(-, 1)$ (see Fig. 7). Although there are many choices of F, the based homotopy class $[f \cdot \gamma]^{\bullet}$ is independent of this choice. Furthermore, $[f \cdot \gamma]^{\bullet}$ only depends on the based homotopy class of f, γ so that Eq. (C6) is well defined. To sum up, $[f \cdot \gamma]^{\bullet}$ is defined by the recipe

Continuously deform f so that

the image of x_0 moves along γ .

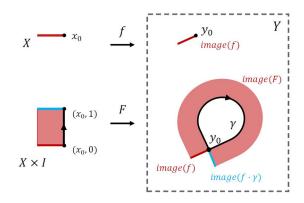


FIG. 7. Loop γ acting on f.

Take $f \cdot \gamma$ to be the end result of the deformation.

Then
$$[f \cdot \gamma]^{\bullet}$$
 is uniquely determined. (C10)

Equation (C10) determines a group action: Since the identity element $e \in \pi_1[Y]$ is the constant loop,

$$[f \cdot e]^{\bullet} = [f]^{\bullet}. \tag{C11}$$

Furthermore,

$$[(f \cdot \gamma_1) \cdot \gamma_2]^{\bullet} = [f \cdot (\gamma_1 \gamma_2)]^{\bullet}. \tag{C12}$$

The recipe (C10) can be extended to continuous paths whose starting and ending points do not match (see Fig. 8). In this case, $f \mapsto f \cdot \gamma$ is not a group action; the set [I, Y] of continuous paths is not a group. Even worse, $f \cdot \gamma$ does not have the base-point condition $x_0 \mapsto y_0$ in general. However, $f \mapsto f \cdot \gamma$ for nonloop γ is a useful concept for computing Eq. (C6) for Y having a covering space $q: \widetilde{Y} \to Y$ (see Fig. 1). In such cases, there exist the "lifts"

$$f^+: X \longrightarrow \widetilde{Y}, \quad \gamma^+: [0,1] \longrightarrow \widetilde{Y}$$
 (C13)

of f, γ such that $q \circ f^+ = f$, $q \circ \gamma^+ = \gamma$. γ^+ is a continuous path, but generally not a loop. The *homotopy lifting property* of covering space guarantees the following:

To find $f \cdot \gamma$ for a loop γ in Y,

Lift f, γ to f^+ , γ^+ .

Find $f^+ \cdot \gamma^+$ and project it down to Y.

Then the result $[q \circ (f^+ \cdot \gamma^+)]^{\bullet}$ equals $[f \cdot \gamma]^{\bullet}$. (C14)

For a graphical description, see Fig. 9.

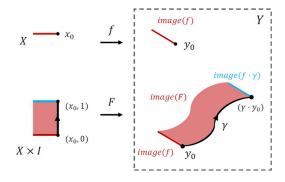


FIG. 8. Path γ acting on f.

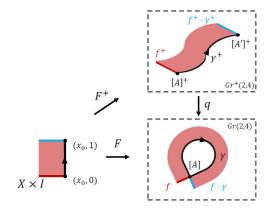


FIG. 9. Finding $f \cdot \gamma$: Lift f to f^+ , push along γ^+ , and project by q.

Now we state the main theorem of this section.

Theorem. Given two based maps f and g, [f] = [g] if and only if $[g]^{\bullet} = [f \cdot \gamma]^{\bullet}$ for some γ .

Proof. The "if" part is straightforward. Since based homotopies are just special cases of free homotopy, $[g]^{\bullet} = [f \cdot \gamma]^{\bullet}$ automatically implies $[g] = [f \cdot \gamma]$. Moreover, since $f \cdot \gamma$ is defined by a free homotopy from f, $[f \cdot \gamma] = [f]$. Then clearly [g] = [f]. To show the "only if" part, suppose [f] = [g], i.e., there is a free homotopy F that interpolates from f to g. Since $F(x_0, 0) = f(x_0) = y_0 = g(x_0) = F(x_0, 1)$, F restricted to $\{x_0\} \times [0, 1]$ defines a loop with the same basedness condition $x_0 \mapsto y_0$. Call this loop γ . Then $[g]^{\bullet} = [f \cdot \gamma]^{\bullet}$ by the definition of $[f \cdot \gamma]^{\bullet}$.

Now we can precisely describe how "coarser" than $[X, Y]^{\bullet}$ is [X, Y]. Consider the map

$$\Phi: [X, Y]^{\bullet} \longrightarrow [X, Y],$$

$$[f]^{\bullet} \mapsto [f].$$
(C15)

Intuitively, as $[f]^{\bullet}$ passes through the function Φ , it "forgets" the basedness condition $x_0 \mapsto y_0$ and identifies itself with another map g whenever f can be deformed into g along a free homotopy, even if it is impossible through based homotopy. The theorem says that the class $\Phi^{-1}([f])$ of base-homotopy classes that project onto the free-homotopy class [f] is precisely the orbit of $[f]^{\bullet}$ by the action (C6). Therefore, we can think of the set [X,Y] as the orbit space of Eq. (C6). Symbolically,

$$[X,Y]^{\bullet}/\pi_1[Y] \approx [X,Y]. \tag{C16}$$

APPENDIX D: FREE HOMOTOPY AND CLASSIFICATION OF 4×4 REAL HAMILTONIAN ON ONE, TWO, AND THREE SPATIAL DIMENSIONS

Topological phases of RHI have a one-to-one correspondence with the set of free homotopy classes of occupied space projectors

$$P: BZ = \mathbb{T}^3 \longrightarrow Gr(2, 4),$$

$$\mathbf{k} \mapsto [R_{z,w}](\mathbf{k}), \tag{D1}$$

called classifying maps, which assigns to each point \mathbf{k} on the momentum space the projection operator $P(\mathbf{k})$ onto the

occupied subspace at **k**. We denote the set of such homotopy classes as $[\mathbb{T}^3, Gr(2, 4)]$.

 $[\mathbb{T}^3, Gr(2, 4)]$ can be decomposed into different sectors according to the weak invariants, which characterize the band structure along 2D faces of the BZ. We express this fact as

$$[\mathbb{T}^3, Gr(2,4)] = \bigcup_{\nu_{xy}, \nu_{yz}, \nu_{zx}} [\mathbb{T}^3, Gr(2,4)]^{(\nu_{xy}, \nu_{yz}, \nu_{zx})}, \quad (D2)$$

where the weak invariant $\nu_{xy} \in [\mathbb{T}^2, \operatorname{Gr}(2,4)]$ is the free homotopy class of a given classifying map restricted to the (k_x, k_y) surface in \mathbb{T}^3 (similar for ν_{yz}, ν_{zx}). Each subset $[\mathbb{T}^3, \operatorname{Gr}(2,4)]^{(\nu_{xy}, \nu_{yz}, \nu_{zx})}$ consists of the homotopy classes of continuous maps \mathbb{T}^3 (the bulk of BZ) to $\operatorname{Gr}(2,4)$ whose restriction to each face \mathbb{T}^2 of \mathbb{T}^3 corresponds to $\nu_{xy}, \nu_{yz}, \nu_{zx}$, respectively.

The set of free homotopy classes of 2D Hamiltonians $[\mathbb{T}^2, Gr(2, 4)]$ can be decomposed further as

$$[\mathbb{T}^2, Gr(2,4)] = \bigcup_{\alpha_x, \alpha_y} [\mathbb{T}^2, Gr(2,4)]^{(\alpha_x, \alpha_y)},$$
 (D3)

where $\alpha_x \in [\mathbb{T}^1, Gr(2, 4)]$ is the homotopy class of $\nu_{x,y}$ restricted to the loop along k_x (similarly for k_y).

Hence, there is a hierarchy of homotopy classes where the lower-dimensional data (weak invariants) determine the classification result in one higher dimension. This paper explores the relatively simple sector

$$[\mathbb{T}^3, \operatorname{Gr}(2,4)]^{(0,0,0)} = [\mathbb{S}^3, \operatorname{Gr}(2,4)],$$
 (D4)

where the superscript (0,0,0) means that the restrictions to 2D reduced Brillouin zones (rBZ) $\nu_{xy} = \nu_{yz} = \nu_{zx} = 0 \in [\mathbb{T}^2, \operatorname{Gr}(2,4)]^{(0,0)} \subset [\mathbb{T}^2, \operatorname{Gr}(2,4)]$ are the trivial class. Note that 2D (surface) classes being trivial requires every 1D (edge) restriction to be the trivial element $0 \in [\mathbb{T}^1, \operatorname{Gr}(2,4)]$, hence the superscript (0,0). We will see that triviality of surface and edge maps is equivalent to vanishing Euler numbers and Berry phases, respectively.

The next task is to compute the right-hand side of (D4) and its low-dimensional counterparts, which are generally different from the homotopy groups:

$$[S^{1}, Gr(2, 4)]^{\bullet} = \pi_{1}[Gr(2, 4)],$$

$$[S^{2}, Gr(2, 4)]^{\bullet} = \pi_{2}[Gr(2, 4)],$$

$$[S^{3}, Gr(2, 4)]^{\bullet} = \pi_{3}[Gr(2, 4)].$$
(D5)

This amounts to computing the $\pi_1[Gr(2,4)]$ action on the pointed homotopy groups $[\mathbb{S}^n, Gr(2,4)]^{\bullet}$ (see Appendix C). To this end, we consider the transformation

$$(z, w) \longrightarrow (z', w') = (jz, jw).$$
 (D6)

We will show that (D6) describes the $\pi_1[Gr(2, 4)]$ action on RHI's associated to the unit quaternion functions (z, w).

First, we observe that (D6) alters $R_{z,w}$ to $R'_{z,w}$: Directly computing how the columns of $R_{z,w}$ transform, we see

$$|\overline{z}w\rangle \longrightarrow |\overline{z}w\rangle, \quad |\overline{z}iw\rangle \longrightarrow -|\overline{z}iw\rangle,$$
 $|\overline{z}jw\rangle \longrightarrow |\overline{z}jw\rangle, \quad |\overline{z}kw\rangle \longrightarrow -|\overline{z}kw\rangle.$ (D7)

The result is precisely the columns of $R'_{z,w}$. Furthermore, (D6) can be interpolated continuously, i.e., it is a result of

homotopy

$$\widetilde{F}: \mathbb{S}^3 \times \mathbb{S}^3 \times [0, 1] \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,$$

$$(z, w; t) \mapsto \left(e^{j\frac{\pi}{2}t} z, e^{j\frac{\pi}{2}t} w \right). \tag{D8}$$

We are now ready to describe $f \cdot \gamma$ for a RHI Hamiltonian f and a nontrivial loop γ in Gr(2, 4) (see Appendix C).

Since the unique nontrivial loop $[\gamma]^{\bullet} \in \pi_1[\operatorname{Gr}(2,4)]$ can be lifted to a path γ^+ connecting R_{z_0,w_0} to R'_{z_0,w_0} for fixed (z_0,w_0) , $f \cdot \gamma$ can be obtained by lifting the Hamiltonian into f^+ in $\operatorname{Gr}^+(2,4)$, applying the path action of γ^+ , and projecting $f^+ \cdot \gamma^+$ back onto $\operatorname{Gr}(2,4)$. This is due to the homotopy lifting property of covering spaces.

1. Free homotopy computation in 1D

In the following sections, dependence on momentum variables \mathbf{k} of an expression is denoted only once for each case, for example, we write $(z, w)(\mathbf{k})$ in place of $(z(\mathbf{k}), w(\mathbf{k}))$. Appropriate use of parentheses will preclude ambiguity. Suppose we are given a 1D enveloping projector (see Sec. V A),

$$\widetilde{\underline{P}}_{1D}: \mathbf{I}^1 \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,
k \mapsto (z, w)(k),$$
(D9)

satisfying the boundary condition (92) but not necessarily Eq. (93). It can alternatively be described by the map

$$P_{1D}: \mathbb{T}^1 \longrightarrow Gr(2,4),$$

$$k \mapsto [R_{z,w}(k)] \tag{D10}$$

or the lifted map

$$\underline{P}_{1D}^{+}: \mathbf{I}^{1} \longrightarrow \mathbf{Gr}^{+}(2,4) \approx \mathbb{S}^{2} \times \mathbb{S}^{2},
k \mapsto [R_{z,w}(k)]^{+} \leftrightarrow (\overline{z}iz, \overline{w}iw)(k)$$
(D11)

subject to the boundary condition

$$[R_{z,w}(2\pi)]^{+} = [R_{z,w}(0)']^{+}$$

$$\leftrightarrow$$

$$(\overline{z}iz, \overline{w}iw)(2\pi) = -(\overline{z}iz, \overline{w}iw)(0). \tag{D12}$$

The set of topological equivalence classes of 1D systems is

$$[\mathbb{T}^1, Gr(2,4)] = [\mathbb{S}^1, Gr(2,4)]$$
 (D13)

which we will compute employing the relation (C16). We already know

$$[\mathbb{S}^1, \operatorname{Gr}(2,4)]^{\bullet} = \pi_1[\operatorname{Gr}(2,4)] = \{[e]^{\bullet}, [\gamma]^{\bullet}\} \approx \mathbf{Z}_2 \quad (D14)$$

and

$$[\mathbb{S}^1, Gr(2,4)] = [\mathbb{S}^1, Gr(2,4)]^{\bullet}/\pi_1[Gr(2,4)], \quad (D15)$$

where $e(\gamma)$ is the contractible (noncontractible) loop in Gr(2, 4). Note that $([\gamma]^{\bullet})^{-1} = [\gamma]^{\bullet}$. Our goal here is to understand how $\pi_1[Gr(2, 4)]$ acts on itself.

It suffices to take one such projector in the homotopy class and deform it according to (D8). As will be shown through Eqs. (D22)–(D25), we can take

$$\widetilde{\underline{P}}_{1D}: \mathbf{I}^1 \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,
k \mapsto \left(e^{j\frac{k}{4}}, e^{j\frac{k}{4}}\right)$$
(D16)

as an initial projector function. The result of homotopy is

$$\underbrace{\widetilde{P}_{1D}} \cdot \widetilde{\gamma} : I^{1} \longrightarrow \mathbb{S}^{3} \times \mathbb{S}^{3},
k \mapsto (je^{j\frac{k}{4}}, je^{j\frac{k}{4}}).$$
(D17)

Now $\widetilde{P}_{1D} \cdot \widetilde{\gamma}$ satisfies the same boundary condition (D24) as \widetilde{P}_{1D} . This indicates $[\widetilde{P}_{1D} \cdot \widetilde{\gamma}]^{\bullet} = [\widetilde{P}_{1D}]^{\bullet}$. Projecting the resulting map $\widetilde{\gamma}$ down to Gr(2,4), we get $[P_{1D} \cdot \gamma]^{\bullet} = [P_{1D}]^{\bullet}$. That is, the noncontractible loop acts trivially on 1D models.

The homotopy class of 1D model can also be determined by computing the Berry phase. To this end, one takes a continuous, complex gauge for occupied states as follows:

$$|u_1\rangle = u_1 \cdot |\overline{z}jw\rangle + u_2 \cdot |\overline{z}kw\rangle,$$
 (D18)

$$|u_2\rangle = u_3 \cdot |\bar{z}jw\rangle + u_4 \cdot |\bar{z}kw\rangle,$$
 (D19)

where

$$\begin{pmatrix} u_1(k) & u_2(k) \\ u_3(k) & u_4(k) \end{pmatrix} \in U(2).$$
 (D20)

Then one computes

$$\int_{0}^{2\pi} dk \operatorname{Tr} A = \int_{0}^{2\pi} dk \sum_{j=1}^{2} \langle u_{j} | i \nabla | u_{j} \rangle$$

$$= \begin{cases} 0 \operatorname{mod} 2\pi & (\text{trivial}), \\ \pi \operatorname{mod} 2\pi & (\text{nontrivial}). \end{cases}$$
(D21)

We will illustrate one example of a nontrivial 1D model. Define

$$z(k) = w(k) = e^{j\frac{k}{4}}$$
 (D22)

so that $R_{z,w}$ satisfies the boundary condition

$$R_{z,w}(2\pi) = R_{z,w}(0)'.$$
 (D23)

For the definition of matrix operation $R \to R'$, see Eq. (57). Indeed, from

$$z(2\pi) = iz(0), \quad w(2\pi) = iw(0),$$
 (D24)

it follows that

$$(\overline{z}w)(2\pi) = (\overline{z}w)(0), \quad (\overline{z}iw)(2\pi) = -(\overline{z}iw)(0),$$

$$(\overline{z}jw)(2\pi) = (\overline{z}jw)(0), \quad (\overline{z}kw)(2\pi) = -(\overline{z}kw)(0). \quad (D25)$$

In fact,

$$(\overline{z}w)(k) = 1, \quad (\overline{z}\mathrm{i}w)(k) = \mathrm{i}e^{\mathrm{j}(k/2)},$$

 $(\overline{z}\mathrm{j}w)(k) = \mathrm{j}, \quad (\overline{z}\mathrm{k}w)(k) = \mathrm{k}e^{\mathrm{j}(k/2)}.$ (D26)

Hence, the loop $k \mapsto [R_{z,w}]$ is noncontractible; it lifts to the curve $k \mapsto [R_{z,w}]^+$ which connects $[R_{z,w}(0)]^+$ to $[R_{z,w}(0)']^+$. This can also be seen in the space $\mathbb{S}^2 \times \mathbb{S}^2$: The lifted classifying map

$$I^1 \longrightarrow \mathbb{S}^2 \times \mathbb{S}^2,$$

 $k \mapsto (\overline{z}iz, \overline{w}iw)(k)$ (D27)

satisfies

$$(\overline{z}iz, \overline{w}iw)(2\pi) = -(\overline{z}iz, \overline{w}iw)(0),$$
 (D28)

the boundary condition of Eq. (D12).

Using Eq. (D26), we form continuous occupied eigenstates

$$|u_{1}\rangle = \frac{1}{\sqrt{2}} [1 \cdot |\overline{z}jw\rangle + e^{i(k/2)} \cdot |\overline{z}kw\rangle],$$

$$|u_{2}\rangle = \frac{1}{\sqrt{2}} [1 \cdot |\overline{z}jw\rangle - e^{i(k/2)} \cdot |\overline{z}kw\rangle].$$
 (D29)

Direct computation shows that the Berry phase is $\pi \pmod{2\pi}$ for this model. Furthermore, the action of the noncontractible loop given by (D6) amounts to interchanging $|u_1\rangle$ and $|u_2\rangle$, hence leaving the trace in (D21) unchanged. This again confirms that the π_1 action on the 1D model is trivial.

2. Free homotopy computation in 2D

Henceforth, we assume the boundary condition (93) so that all Berry phases vanish. In this case, each face map belongs to the sector with trivial edges in Eq. (D3), namely,

$$[I^{2}, Gr(2,4)]^{(0,0)} = [\mathbb{S}^{2}, Gr(2,4)]$$
$$= [\mathbb{S}^{2}, Gr(2,4)]^{\bullet}/\pi_{1}[Gr(2,4)], \quad (D30)$$

which we will now compute. As suggested in the Berry phase calculation in the previous section, one can associate a topological invariant to each homotopy class in $[\mathbb{S}^2, Gr(2,4)]^{\bullet}$ and investigate how it transforms under (D6). First, we observe

$$[\mathbb{S}^2, Gr(2,4)]^{\bullet} = \pi_2[Gr(2,4)] = \pi_2[Gr^+(2,4)]$$

= $\pi_2[\mathbb{S}^2 \times \mathbb{S}^2] \approx \mathbf{Z} \oplus \mathbf{Z}.$ (D31)

Here each of the two **Z** components contains the homotopy classes of the map $\mathbf{k} \mapsto (\overline{z}iz)(\mathbf{k}) [(\overline{w}iw)(\mathbf{k})]$. However, these integers can be directly computed from $z(w) \in \mathbb{S}^3$ instead of $\overline{z}iz$ ($\overline{w}iw$), which reveals the relation between these integer invariants and Euler class.

Given a 2D model with the enveloping projector

$$\frac{\widetilde{P}_{2D}: I^2 \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,}{\mathbf{k} \mapsto (z, w)(\mathbf{k}),}$$
 (D32)

we extract two differential forms as in Sec. VB:

$$a_z = \text{Re}[-i \cdot z \, d\overline{z}], \quad a_w = \text{Re}[-i \cdot w \, d\overline{w}], \quad (D33)$$

$$f_z = da_z, \quad f_w = da_w. \tag{D34}$$

Then the integers in $\pi_2[Gr(2,4)] = \mathbf{Z} \oplus \mathbf{Z}$ are the first Chern class

$$v_z = \frac{1}{2\pi} \int_{I^2} f_z, \quad v_w = \frac{1}{2\pi} \int_{I^2} f_w.$$
 (D35)

Now we will see how $\pi_1[Gr(2, 4)]$ acts on these numbers. The result of homotopy in Eq. (D8) acted on the function (D32) is represented by the (z, w) function

$$\underbrace{\widetilde{P}_{2D}} \cdot \widetilde{\gamma} : I^2 \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,
\mathbf{k} \mapsto (\mathbf{j}z, \mathbf{j}w)(\mathbf{k}).$$
(D36)

It can be shown that the transformation

$$z(\mathbf{k}) \to \mathbf{j}z(\mathbf{k})$$
 (D37)

flips the sign of a_7 :

$$a'_{z} = \operatorname{Re}[-i \cdot z' \, d\overline{z}']$$

$$= \operatorname{Re}[-i \cdot jz \, d\overline{z}(-j)]$$

$$= -\operatorname{Re}[j(-i \cdot z \, d\overline{z})(-j)]$$

$$= -\operatorname{Re}[-i \cdot z \, d\overline{z}] \quad [\text{use Eq. (35)}]$$

$$= -a_{z}. \tag{D38}$$

Therefore, the invariants corresponding to $\underline{\widetilde{P}}_{2D} \cdot \widetilde{\gamma}$ are (-m, -n), the orbit space of (m, n) being $\{\pm (m, n)\}$. As a result,

$$[I^2, Gr(2,4)]^{(0,0)} \approx \mathbf{Z} \oplus \mathbf{Z}/\{\pm(1,1)\}.$$
 (D39)

A (3D) real Hopf insulator, which is the main subject of this paper, is characterized by a 3D enveloping projector

$$\underbrace{\widetilde{P}}_{3D} \cdot \widetilde{\gamma} : I^3 \longrightarrow \mathbb{S}^3 \times \mathbb{S}^3,
\mathbf{k} \mapsto (z, w)(\mathbf{k})$$
(D40)

with Euler classes v_z , $v_w = 0$ on every 2D face of the 3D BZ. This vanishing of Euler numbers can be expressed in terms of the Euler classes of the occupied (unoccupied) eigenstates, which are physically more relevant than abstract quantities v_z , v_w . Namely,

$$v^{v} = \frac{1}{2\pi} \int_{\mathbb{T}^{2}} Eu^{v}, \quad v^{c} = \frac{1}{2\pi} \int_{\mathbb{T}^{2}} Eu^{c},$$
 (D41)

where the Euler forms $\text{Eu}^{v,c}$ are constructed from the real-valued eigenstates $u_1^{v,c}$, $u_2^{v,c}$ of the respective band following the recipe

$$a^{v,c} = \langle u_2^{v,c} | d | u_1^{v,c} \rangle, \quad \text{Eu}^{v,c} = da^{v,c}.$$
 (D42)

A simple computation (see Sec. VD) shows that

$$a^{v} = a_{z} + a_{w}, \quad a^{c} = a_{z} - a_{w},$$
 (D43)

which in turn implies

$$Eu^{v} = f_{z} + f_{w}, \quad Eu^{c} = f_{z} - f_{w},$$
 (D44)

hence the equality

$$v^{v} = v_{z} + v_{w}, \quad v^{c} = v_{z} - v_{w}.$$
 (D45)

We can now state that the vanishing of ν_z , ν_w is equivalent to the vanishing of physical Euler classes ν^v , ν^c .

3. Free homotopy computation in 3D

A (3D) RHI, being trivial when restricted to every 2D section of BZ, is represented by the homotopy classes in

$$[I^{3}, Gr(2, 4)]^{(0,0,0)} = [\mathbb{S}^{3}, Gr(2, 4)]$$

$$= [\mathbb{S}^{3}, Gr(2, 4)]^{\bullet} / \pi_{1}[Gr(2, 4)]$$

$$= \pi_{3}[Gr(2, 4)] / \pi_{1}[Gr(2, 4)]. \quad (D46)$$

The machinery to compute this has already been prepared. The third homotopy group of the (honest) classifying space is

$$\pi_3[\operatorname{Gr}(2,4)] \approx \mathbf{Z} \oplus \mathbf{Z},$$
 (D47)

where the two integer invariants in the right-hand side are given by

$$(\chi_z, \chi_w) = \left(\frac{-1}{4\pi^2} \int_{BZ} a_z \wedge f_z, \frac{-1}{4\pi^2} \int_{BZ} a_w \wedge f_w\right). \quad (D48)$$

From the previous section we know that the transformation $(z, w) \rightarrow (jz, jw)$ flips the sign of (a_z, a_w) and (f_z, f_w) . As a result, this transformation has no effects on 3D invariants and the $\pi_1[Gr(2, 4)]$ action on these invariants is trivial. Therefore,

$$[I^3, Gr(2,4)]^{(0,0,0)} = \pi_3[Gr(2,4)] \approx \mathbf{Z} \oplus \mathbf{Z}.$$
 (D49)

APPENDIX E: UNIQUENESS OF THE INTEGRAL FORMULAS FOR BULK RHI INVARIANTS

In this Appendix, we prove that the expression of 3D real Hopf invariants in terms of Euler connection and curvature, Eq. (126), is unique in a precise sense: there are no other functionals of Berry connection that produce real Hopf invariants. There is a related question of whether the functional could be chosen to contain only the valence part of the connection. We will resolve this problem first in the real gauge and then in the general complex gauge; see below Eq. (E13).

For convenience, we will use the notation

$$x_0 = 1$$
, $x_1 = i$, $x_2 = j$, $x_3 = k$. (E1)

In the SO(4) gauge, which means that the eigenstates of the Hamiltonian are arranged in a SO(4) matrix, the non-Abelian Berry connection of RHI is given by

$$A_{\alpha\beta} = \langle \overline{z}x_{\beta}w|d|\overline{z}x_{\alpha}w\rangle$$

$$= \operatorname{Re}[x_{\alpha}\overline{x}_{\beta}zd\overline{z}] + \operatorname{Re}[\overline{x}_{\alpha}x_{\beta}wd\overline{w}]$$

$$= A_{\alpha\beta}^{1}dk_{x} + A_{\alpha\beta}^{2}dk_{y} + A_{\alpha\beta}^{3}dk_{z}$$

$$\times (\alpha, \beta = 0, 1, 2, 3). \tag{E2}$$

Since $A_{\beta\alpha} = -A_{\alpha\beta}$, there are $6 \times 3 = 18$ independent components in this gauge, namely,

$$A_{01}^{i}, A_{02}^{i}, A_{03}^{i}, A_{12}^{i}, A_{23}^{i}, A_{31}^{i} \quad (i = 1, 2, 3).$$
 (E3)

The Berry curvature is given by

$$F_{\alpha\beta} = dA_{\alpha\beta}.$$
 (E4)

We expect that the topological invariants of RHI can be expressed as the form

$$\chi[p] = \int_{BZ} p(A_{\alpha\beta}, F_{\alpha\beta}), \tag{E5}$$

where p is a polynomial of $A_{\alpha\beta}$, $F_{\alpha\beta}$'s $(\alpha, \beta = 1, i, j, k)$. For dimensional reason, p only consists of the following two types of terms:

$$A_{\mu\nu} \wedge F_{\rho\sigma}$$
, (E6)

$$A_{\mu\nu} \wedge A_{\rho\sigma} \wedge A_{\tau\lambda},$$
 (E7)

where each of μ , ν , ρ , σ , τ , λ individually runs over $\{1, i, j, k\}$ while i, j, k are dummy indices. Gauge invariance of the invariant in Eq. (E5) strongly restricts the form of p. There are

two independent gauge transformations,

$$(z, w) \to (e^{i\theta_1} z, e^{i\theta_1} w),$$
 (E8)

$$(z, w) \to (e^{i\theta_2}z, e^{-i\theta_2}w).$$
 (E9)

By Eq. (E8), $A_{\alpha\beta}$ transforms as

while Eq. (E9) acts on $A_{\alpha\beta}$ as

It turns out that there are no polynomials that are themselves gauge invariant. To see this, observe that the first transformation, along with the dimensional analysis, only permits the following invariant polynomials:

$$A_{01} \wedge A_{02} \wedge A_{03}, \quad A_{01} \wedge A_{31} \wedge A_{12},$$

$$A_{02} \wedge F_{03}, \quad A_{31} \wedge F_{12}, \quad F_{02} \wedge A_{03}, \quad F_{31} \wedge A_{12},$$

$$A_{02} \wedge F_{31} + A_{03} \wedge F_{12}, \quad F_{02} \wedge A_{31} + F_{03} \wedge A_{12},$$

$$A_{02} \wedge F_{12} - A_{03} \wedge F_{31}, \quad F_{02} \wedge A_{12} - F_{03} \wedge A_{31}. \quad (E12)$$

Nonetheless, none of these terms are invariant under the second transformation.

The other possibility is that the polynomial $p(A_{\alpha\beta}, F_{\alpha\beta})$ itself is not gauge invariant while the integral in Eq. (E5) is. Such polynomials are

$$A_{01} \wedge F_{01}, A_{23} \wedge F_{23}, \quad A_{01} \wedge F_{23}, A_{23} \wedge F_{01}.$$
 (E13)

However, it is easy to see that (e.g., by testing for numerical models with tunable parameters) the integrals

$$\int_{BZ} A_{01} \wedge F_{01}, \ \int_{BZ} A_{23} \wedge F_{23},$$

$$\int_{BZ} A_{01} \wedge F_{23}, \ \int_{BZ} A_{23} \wedge F_{01}$$
(E14)

have nonquantized values. As we have seen in Eq. (126), only the linear combinations of them

$$\int_{BZ} A_{01} \wedge F_{01} + A_{23} \wedge F_{23},$$

$$\int_{BZ} A_{01} \wedge F_{23} + A_{23} \wedge F_{01}$$
(E15)

are quantized and serve as the bulk invariants of RHI. Hence, we conclude that there are no polynomials in the real gauge, except those in Eq. (E15), that produce topological invariants of RHI by Eq. (E5).

The above discussion also sheds light on the question of whether the RHI invariants can be expressed by the means of Eq. (E5), only using the valence part of the Berry connection (curvature), if the real gauge assumption is lifted. Namely, the RHI invariants cannot be computed by using the valence (conduction) band Berry connection and curvature only even if complex wave functions are allowed. If it was possible, the relevant polynomial p_C (C standing for complex gauge) would possibly contain only the polynomials of the form

$$A_{ij} \wedge A_{kl} \wedge A_{mn}$$
, $A_{ij} \wedge F_{kl}$ $(i, j = 2, 3)$, (E16)

where the indices running over $\{2,3\}$ indicate that the polynomials depend on the valence band eigenstates only. Consideration for the conduction band case only requires switching the values of i, j to 0,1. Note that the diagonal entries A_{ii} of the Berry connection do not vanish since we are working in the general gauge.

However, if we happen to compute the RHI invariant

$$\chi[p_C] = \int_{BZ} p_C(A_{ij}, F_{ij} : i, j = 2, 3)$$
 (E17)

in the real gauge, where $A_{ij} + A_{ji} = 0$, all terms containing at least one of the diagonal elements A_{ii} would contribute nothing to the integral. Therefore, in this gauge, only $A_{23} \wedge F_{23}$ survives among Eq. (E16). ($A_{23} \wedge A_{23} \wedge A_{23}$ is identically zero in any gauge and hence excluded.) However, slightly perturbing the Hamiltonian while sticking to the real gauge, one will see that the integral of $A_{23} \wedge F_{23}$ takes value in a continuum rather than integer multiples of a fixed number. This is not a desired property of p_C .

In conclusion, one is bound to use both conduction and valence band Berry connection (curvature) at the same time to compute RHI invariants.

APPENDIX F: PROOF OF EQ. (140)

In Ref. [40] a quantity θ_0^v is defined for an insulator with the open boundary condition in x, y, z,

$$\theta_0^v = -8\pi^2 \operatorname{Im} \operatorname{Tr}[PxPyPz], \tag{F1}$$

where P is the projection operator onto the occupied states and the trace is over not only the occupied states but also the unoccupied states. Suppose that there are N unit cells in the x, y directions and N_z unit cells in the z direction. When there are lots of unit cells in the x, y directions, the geometry of this insulator can be regarded as a slab geometry. Under this limit, we can compare θ_{slab}^v in Eq. (137) with θ_0^v . In Ref. [40], it is shown that

$$\frac{\theta_0^{\nu}}{N^2 A_{\text{call}}} \to N_z c \, \theta_{\text{slab}}^{\nu} \text{ for } N \to \infty, \tag{F2}$$

where A_{cell} is the area of the unit cell in the xy plane. Equation (F2) is satisfied when the Chern number of the occupied states of the entire slab is trivial; this is satisfied for the Hopf insulator. For the unoccupied states, θ_0^c can be defined similarly as Eq. (F1), and θ_0^c , θ_{slab}^c satisfy Eq. (F2) after replacing occupied states by unoccupied states. If we show that $\theta_0^v + \theta_0^c = 0$, then Eq. (140) is straightforward. After substituting $Q = \mathbb{1} - P$ in θ_0^c , $\theta_0^v + \theta_0^c$ is given by

$$\theta_0^v + \theta_0^c = -8\pi^2 \operatorname{Im} \operatorname{Tr}(xyz - Pxyz - xPyz - xyPz + PxPyz + PxyPz + xPyPz).$$
 (F3)

Obviously, Im Tr[xyz] = 0 since xyz is a Hermitian operator. Tr[Pxyz] is given by

$$Tr[Pxyz] = \sum_{n \in occ} \langle \psi_n | xyz | \psi_n \rangle, \tag{F4}$$

where $|\psi_n\rangle$ is an eigenstate and n is an index for the occupied eigenstates. Since $\text{Im}[\langle \psi_n | xyz | \psi_n \rangle] = 0$ for all $n \in \text{occ}$, the second term in Eq. (F3) is zero. Also, Tr[xPyz] = Tr[Pyzx] and Tr[xyPz] = Tr[Pzxy]. Therefore, the third and fourth terms in Eq. (F3) are zero. Tr[PxPyz] is given by

$$Tr[PxPyz] = \sum_{n,m \in occ} \langle \psi_n | x | \psi_m \rangle \langle \psi_m | yz | \psi_n \rangle.$$
 (F5)

The complex-conjugated Tr[PxPyz] is given by

$$Tr[PxPyz]^* = \sum_{n,m \in occ} \langle \psi_m | x | \psi_n \rangle \langle \psi_n | yz | \psi_m \rangle$$
$$= Tr[PxPyz]. \tag{F6}$$

Therefore, ImTr[PxPyz] = 0. Note that Tr[PxyPz] = Tr[PzPxy] and Tr[xPyPz] = Tr[PyPzx]. Therefore, ImTr[PxyPz] = ImTr[xPyPz] = 0 due to the same reason.

APPENDIX G: BASIS FOR THE MAXIMALLY LOCALIZED HYBRID WANNIER FUNCTION OF THE REAL HOPF INSULATOR

Let us define the hybrid Wannier function first. Here we focus on the valence band; extension to the conduction band is straightforward. In Eq. (131), we defined the bulk HWF in the case of one occupied band. The extension to the two-band case is straightforward: replacing the occupied state $|u^{\nu}\rangle$ in the right-hand side of Eq. (131) by the real wave functions $|u_{\nu}^{\nu}\rangle$, n = 1, 2, of RHI, we have

$$\left|w_{ln}^{v}(k_{x},k_{y})\right\rangle = \frac{c}{2\pi} \int dk_{z} e^{ik_{z}(z-lc)} \left|u_{n}^{v}(\mathbf{k})\right\rangle, \tag{G1}$$

where $l \in \mathbf{Z}$ is the layer index of the HWF. Note that Wannier transformation is carried out in the z direction. Different choice of basis $|u'^v_n\rangle = \sum_m U_{mn}|u^v_m\rangle$, $U \in U(2)$ leads to different set of HWFs. By adjusting the matrix function $U(\mathbf{k}) \in U(2)$, one can minimize the spread of the HWFs along the z direction [42]. The HWFs so obtained are called maximally localized. It is known that the corresponding basis states $|u'^v_n\rangle = \sum_m U_{mn}|u^v_m\rangle$ are precisely the eigenvectors of the projected position operator $P(k_x, k_y)\hat{z}P(k_x, k_y)$, where $P(k_x, k_y)$ is the projection operator onto the occupied states with the the momentum (k_x, k_y) [42]. Equivalently, they are the eigenstates of the Wilson loop operator [51]

$$W(k_x, k_y) = \overline{\exp}\left[-\int_0^{2\pi} dk_z A_z(k_x, k_y, k_z)\right], \quad (G2)$$

where A_z is the z component of non-Abelian Berry connection and $\overline{\exp}$ is the path-ordered exponential. By inspection, it suffices to diagonalize **A** to get maximally localized HWFs. In the case of RHI, this is achieved by the "Chern basis" (see Appendix H)

$$|u'^{v}_{n}\rangle = \sum_{m=1}^{2} U_{mn} |u^{v}_{m}\rangle, \quad U = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1\\ i & -i \end{pmatrix},$$
 (G3)

where $|u_{1,2}^{\nu}\rangle$ are the real-valued occupied eigenstates. Furthermore, simple computation shows that the Chern-Simons 3-form is invariant under the transition from the real basis to the Chern basis. Therefore, the use of real gauge in computing θ_3^{ν} in Sec. VIB is legitimate.

APPENDIX H: INTERPRETATION OF EULER CONNECTION AS THE BERRY CONNECTION OF THE CHERN-BASIS WAVE FUNCTIONS

Here we describe the method of Chern basis as a convenient way to interpret the Euler connection of a pair of real wave functions as the Berry connection of a complex wave function, which is used several times in this paper.

Given a two-band real wave function,

$$|u_1(\mathbf{k})\rangle, |u_2(\mathbf{k})\rangle,$$
 (H1)

one often computes the Euler connection $a = \langle u_2 | d | u_1 \rangle$ and other quantities derived from it. For example, Eqs. (186) and (187) relate Eu = da with the bulk invariants of RHI. It is in turn interpreted in Sec. VII C as the Wilson loop spectral flow

$$\mathsf{p}_{+}(k_x, k_y) = \frac{1}{2\pi} \int_0^{2\pi} \langle u_2 | \partial_{k_z} | u_1 \rangle dk_z \mod 1,$$

$$\mathsf{p}_{-}(k_x, k_y) = \frac{-1}{2\pi} \int_0^{2\pi} \langle u_2 | \partial_{k_z} | u_1 \rangle dk_z \mod 1, \quad (H2)$$

as a function along a curve in the (k_x, k_y) plane. But passing to the complex gauge defined by the "Chern basis"

$$|\psi_{+}(\mathbf{k})\rangle = \frac{1}{\sqrt{2}}(|u_{1}(\mathbf{k})\rangle + i|u_{2}(\mathbf{k})\rangle),$$

$$|\psi_{-}(\mathbf{k})\rangle = \frac{1}{\sqrt{2}}(|u_{1}(\mathbf{k})\rangle - i|u_{2}(\mathbf{k})\rangle),$$
 (H3)

it is easy to see that the Berry connection of the complex wave function is given by

$$i\langle\psi_{\pm}|d|\psi_{\pm}\rangle = \pm\langle u_2|d|u_1\rangle.$$
 (H4)

When the reality of wave functions in Eq. (H1) arises from an antiunitary symmetry \mathcal{I} realized by the complex conjugation \mathcal{K} , the complex wave functions in Eq. (H3) are an \mathcal{I} -symmetric pair, hence conveniently exposing the symmetry of the given problem. In our case, $\mathcal{I} = \mathcal{PT}$.

We also point out that the surface Chern number described in Sec. VI, which takes the opposite sign at the top and bottom surfaces of a slab, is another manifestation of Chern basis. If $|\psi_{+}\rangle$ in Eq. (H3) describes the surface state localized at the top surface, $|\psi_{-}\rangle$ corresponds to the bottom side of the slab. They necessarily carry opposite Chern numbers due to \mathcal{PT} symmetry.

APPENDIX I: SUFFICIENT CONDITIONS FOR RTP-INDUCING C_{4z} SYMMETRY IN EQ. (170)

In this Appendix, we illustrate how the C_{4z} -symmetry condition pertinent to reverting Thouless pump (RTP) discussed in Sec. VII arises from other physical constraints. The conditions to be discussed jointly form a sufficient condition for RTP to arise in RHI. Note that this is an adaptation of the previous discussion for Hopf insulator [30].

First, we need the *uniaxial condition* which states that all of the orbitals that make up the tight-binding basis are aligned along a single C_{4z} rotation invariant axis. This condition makes the tight-binding Hamiltonian at the C_{4z} invariant line in the Brillouin zone commute with the C_{4z} -symmetric operator. For RHI, there are four tight-binding basis orbitals $|\mathbf{R}, n\rangle$ ($n = 1, \ldots, 4$) at each unit cell at \mathbf{R} in the real space. Let us denote the C_{4z} rotation eigenvalue of each $|\mathbf{R}, n\rangle$ as $e^{2\pi i \mathcal{L}_n/4}$. Here \mathcal{L}_n is the angular momentum of $|\mathbf{R}, n\rangle$ and integer valued with $1 \leq \mathcal{L}_n \leq 4$. To get the tight-binding basis $|\mathbf{k}, n\rangle$ in the momentum space, we perform the transformation $|\mathbf{R}, n\rangle$,

$$|\mathbf{k}, n\rangle = \frac{1}{\sqrt{N}} \sum_{\mathbf{R}} e^{-i\mathbf{k}\cdot(\mathbf{R}+\mathbf{x}_n)} |\mathbf{R}, n\rangle,$$
 (I1)

where N is the number of unit cells and \mathbf{x}_n is the sublattice position of $|\mathbf{R}, n\rangle$ in the unit cell. Then the tight-binding Hamiltonian $H(\mathbf{k})$ under the basis $|\mathbf{k}, n\rangle$ satisfies the C_{4z} -symmetric relation

$$R_{C_{4z}}H(\mathbf{k})R_{C_{4z}}^{-1} = H(C_{4z}\mathbf{k}),$$
 (I2)

where $C_{4z}(k_x, k_y, k_z) = (-k_y, k_x, k_z)$, and R_{4z} is the C_{4z} -symmetry representation for $H(\mathbf{k})$, where its components are given by

$$[R_{C_{4z}}]_{nm} = e^{2\pi i \mathcal{L}_n/4} \delta_{nm}. \tag{I3}$$

Any C_{4z} invariant momentum Π_4 in the Brillouin zone satisfies $C_{4z}\Pi_4 = \Pi_4 + \mathbf{G}_{\Pi_4}$ where \mathbf{G}_{Π_4} is a reciprocal lattice vector. Whenever $\mathbf{G}_{\Pi_4} \neq 0$ this gives a phase difference between the tight-binding basis at two points $\mathbf{k} = \Pi_4$ and $\mathbf{k} = C_{4z}\Pi_4$,

$$|C_{4\tau}\mathbf{\Pi}_4, n\rangle = e^{-i\mathbf{G}_{\mathbf{\Pi}_4} \cdot \mathbf{x}_n} |\mathbf{\Pi}_4, n\rangle, \tag{I4}$$

which varies for different n. The uniaxial condition prevents such phase incoherence: In this case, \mathbf{x}_n does not depend on n and the transformation matrix between the tight-binding basis in Eq. (I4) is a constant multiple of identity matrix. As a result, $H(\mathbf{\Pi}_4) = H(C_{4z}\mathbf{\Pi}_4)$. In conclusion, when C_{4z} -symmetric RHI satisfies the uniaxial condition,

$$\left[R_{C_{4-}}, H(\mathbf{\Pi}_4)\right] = 0. \tag{I5}$$

Second, it requires a particular set of rotation eigenvalues for RTP to emerge. It was a crucial assumption in Sec. VII A that the valence and conduction states of two-band Hopf insulator take distinct rotation eigenvalues as in $(\lambda^v, \lambda^c) = (i, 1)$ so that the valence (conduction) state at invariant momenta is completely characterized by its angular momentum. For four-band RHI Hamiltonian $H_R^{2,2}$ to harbor RTP, this must be true for the associated Hopf insulators H_C^z, H_C^w . Together with the last condition to be discussed below, the rotation eigenvalue $\{1, 1, i, -i\}$ exactly satisfies this requirement.

To state the last condition, it is useful to introduce the following notation: Denote the set of C_{4z} eigenvalues of the occupied (unoccupied) states at a C_{4z} invariant momentum $\mathbf{k} = \mathbf{\Pi}_4$ as $L_4^{\text{occ}}(\mathbf{\Pi}_4)$ [$L_4^{\text{unocc}}(\mathbf{\Pi}_4)$]. Due to the \mathcal{PT} symmetry,

there are two possibilities on $L_4^{\rm occ}(\Pi_4)$ and $L_4^{\rm unocc}(\Pi_4)$:

$$L_4^{\text{occ}}(\mathbf{\Pi}_4) = \{1, 1\}, \quad L_4^{\text{unocc}}(\mathbf{\Pi}_4) = \{i, -i\},$$
 (I6)

$$L_4^{\text{occ}}(\mathbf{\Pi}_4) = \{i, -i\}, \quad L_4^{\text{unocc}}(\mathbf{\Pi}_4) = \{1, 1\}.$$
 (I7)

Now one can define the iso-orbital condition

$$L_4^{\text{occ}}(\mathbf{\Pi}_4) = L_4^{\text{occ}}(\mathbf{\Pi}_4') \tag{I8}$$

for every pair of rotation invariant momenta $\Pi_4 \neq \Pi_4'$. Due to the iso-orbital condition, it is meaningful to denote $L_4^{\rm occ}$ and $L_4^{\rm unocc}$ without specifying the momentum. We can deduce that $L_4^{\rm occ}$ will be $\{1,1\}$ or $\{i,-i\}$ and we can find that the RHI model in Eq. (199) has $L_4^{\rm occ} = \{i,-i\}$ and that in Eq. (205) has $L_4^{\rm unocc} = \{1,1\}$.

APPENDIX J: WANNIER SHEET CROSSINGS OF RHI WITH APPROXIMATE ROTATIONAL SYMMETRY

We demonstrate that those RHIs with "large polarization differences" necessarily have crossing points, robust against small perturbations, interconnecting the bulk Wannier sheets of adjacent unit cells. To be precise, the robust Wannier crossings are unavoidable as soon $|\Delta p_{AB}| \geqslant 2$ for either occupied or unoccupied band and for any pair of points A, B on the 2D rBZ. As a result, the Wannier sheets cannot be detached and packaged into completely decoupled groups, resulting in a breakdown of the surface theorem (see Sec. VI).

In this Appendix, we illustrate this principle with the C_{4z} -symmetric RHI in Eq. (J1). The model describes a family of RHIs with small C_{4z} breaking perturbation, free of gap closing while $|\lambda_1|, |\lambda_2| < \frac{\sqrt{3}}{2}$. In the limit $\lambda_1 = \lambda_2 = 0$, the model reduces to the model in Eq. (199) and recovers C_{4z} symmetry. However, the point remains valid for the other rotation-symmetric models, inasmuch as Sec. VII provides a general scheme applicable to any kind of rotation symmetry:

$$z_{0} = \sin k_{x}, \quad z_{1} = \sin k_{y} + \lambda_{1}, \quad z_{2} = \sin k_{z},$$

$$z_{3} = \cos k_{x} + \cos k_{y} + \cos k_{z} - \frac{3}{2},$$

$$w_{0} = \sin k_{x} + \lambda_{2}, \quad w_{1} = \sin k_{y}, \quad w_{2} = \sin k_{z},$$

$$w_{3} = \cos k_{x} + \cos k_{y} + \cos k_{z} + \frac{3}{2}, \quad (J1)$$

When C_{4z} symmetry is present, one can find many C_{4z} -symmetric RHIs that harbor $|\Delta p_{AB}| \ge 2$. As will be seen, this enforces a series of crossing points interconnecting the bulk Wannier sheets. This phenomenon is often observed when χ_z , χ_w are both nonzero; a case of $(\chi_z, \chi_w) = (1, 1)$ is illustrated in Fig. 10.

In the following, let us suppose without loss of generality that $|\mathbf{p}_{\Gamma M}^c| = m \geqslant 2$. This implies that the bulk Wannier sheets constructed from the Chern-basis state $|u_1^c\rangle + i|u_2^c\rangle$ (see Appendix H) range across at least two unit cells. Figure 10(a) depicts such a Wannier sheet.

Under the condition $|\mathbf{p}_{\Gamma \mathbf{M}}^c| = m \geqslant 2$, we can choose a continuous path γ in the (k_x, k_y) plane in the BZ that begins at Γ , ends at \mathbf{M} , and otherwise never passes through any one of Γ , \mathbf{M} , \mathbf{X} , \mathbf{Y} .

Along such γ , the Wannier centers traverse m times the unit-cell length. Different Wannier sheets must intersect each other due to the large value of $m \ge 2$ [Fig. 10(b)]. These

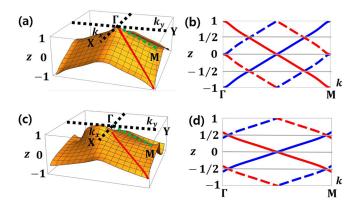


FIG. 10. Wannier sheet crossing of a real Hopf insulator model in Eq. (J1) with $(\chi_z, \chi_w) = (1, 1)$. (a) One of the bulk Wannier sheets of $|u_1^c\rangle + i|u_2^c\rangle$ of Eq. (199), which is the $\lambda_1 = \lambda_2 = 0$ limit of Eq. (J1). In the (k_x, k_y) plane, the green dotted line connects Γ and M without passing through the C_{2z} -invariant momenta along the way, thus being a path γ as described in the main text. Along γ , the Wannier center travels two unit layers (red solid line). (b) Cross section of the Wannier sheet in (a) along the ΓM line. The red solid line is the cross section of the Wannier sheet in (a) and the blue solid line is its \mathcal{PT} -symmetric partner. The red (blue) dashed lines are given by the parallel translation of the red (blue) solid line and depict Wannier sheets of adjacent unit cells. (c) One of the bulk Wannier sheets of $|u_1^c\rangle + i|u_2^c\rangle$ of Eq. (J1) with $\lambda_1 = \lambda_2 = 0.7$. (d) Cross section of the Wannier sheets in (c) and their partners along ΓM .

crossing points between conduction band Wannier sheets can be operationally divided into two groups of integer-spaced points. Setting the positions of the crossing points to be the union of integers and half-integers, we name the group of crossing points sitting on the integers as the even crossings, while those sitting on the half odd integers will be called odd. In Fig. 10(b), the odd crossings arise as the touching points between two Wannier sheets from adjacent unit cells. On the other hand, the even crossings are made between the PT-symmetric pairs of Wannier sheets inside a single unit cell. Since the Wannier sheets do not merely osculate but completely pass over each other on both groups of crossing points, these points do not disappear after perturbing the Hamiltonian unless the perturbation severely destroys the Wannier sheet configuration [Figs. 10(c) and 10(d)]. The spacing between the crossing points remains smaller than a unit-cell length, preventing the \mathcal{PT} pairs of Wannier sheets from being decoupled from the other pairs and lying in a single unit cell. This nullifies the scheme of the surface theorem to define surface Chern numbers.

APPENDIX K: DIRECTIONS OF THE BERRY CURVATURE OF THE C_{4z} -SYMMETRIC HOPF INSULATOR ALONG THE C_{4z} INVARIANT LINES

To apply the Whitehead formula [49] to a surface Σ , we need to specify the orientation on every component of $\partial \Sigma$. The three rules completely determine the orientations $\partial \Sigma$ [30]:

First, due to the trivial first Chern class, the number of lines with $+\hat{k}_z$ direction and that of $-\hat{k}_z$ direction are the same.

Second, due to the rotational symmetry, the line passing through a momentum \mathbf{k} has the same orientation with that passing through $C_{nz}\mathbf{k}$.

Finally, the direction of any line component γ coincides with the sign of the z component of the Berry curvature $F_z = -2 \operatorname{Im} \langle \partial_{k_x} \psi^v | \partial_{k_y} \psi^v \rangle$. Note that the last rule is a master principle that determines the orientation for an arbitrary line component. The first two rules serve to minimize the labor.

Let us consider a 2 \times 2 Bloch Hamiltonian with C_{4z} symmetry, where the C_{4z} transformation rule is given by

$$R_{C_{4z}}H(\mathbf{k})R_{C_{4z}}^{-1} = H(C_{4z}\mathbf{k}), \quad R_{C_{4z}} = \begin{pmatrix} i & 0\\ 0 & 1 \end{pmatrix}, \quad (K1)$$

where $C_{4z}\mathbf{k} = (-k_y, k_x, k_z)$. For any invariant momentum $\Pi = C_{4z}\Pi = (\Pi_x, \Pi_y, \Pi_z)$, the Hamiltonian can be expanded as

$$H(\Pi + \kappa) = a_x(\kappa)\sigma_x + a_y(\kappa)\sigma_y + a_z(\kappa)\sigma_z, \quad (K2)$$

$$a_x(\kappa) = A_0(\Pi) + A_x(\Pi)\kappa_x + A_y(\Pi)\kappa_y,$$

$$a_y(\kappa) = B_0(\Pi) + B_x(\Pi)\kappa_x + B_y(\Pi)\kappa_y,$$

$$a_z(\kappa) = C_0(\Pi) + C_x(\Pi)\kappa_x + C_y(\Pi)\kappa_y$$
(K3)

for small $\kappa = (\kappa_x, \kappa_y)$. The term proportional to the identity matrix is ignored because it does not affect the eigenstates. The constraint (K1) implies

$$A_0 = B_0 = C_x = C_y = 0$$
, $B_x = -A_y$, $B_y = A_x$. (K4)

Then $H(\mathbf{k})$ near Π is given by

$$H(\mathbf{k}) = C_0 \sigma_z + (A_x \kappa_x + A_y \kappa_y) \sigma_x + (-A_y \kappa_x + A_x \kappa_y) \sigma_y.$$
(K5)

The z-directional Berry curvature can now be computed:

$$F_{z} = -2 \operatorname{Im} \langle \partial_{\kappa_{x}} \psi^{v} | \partial_{\kappa_{y}} \psi^{v} \rangle$$

$$= -2 \operatorname{Im} \frac{\langle \psi^{v} | \partial_{\kappa_{x}} H | \psi^{c} \rangle \langle \psi^{c} | \partial_{\kappa_{y}} H | \psi^{v} \rangle}{(E_{c} - E_{v})^{2}}, \quad (K6)$$

where $|\psi^v\rangle$ ($|\psi^c\rangle$) is the occupied (unoccupied) state with energy E_v (E_c).

To determine the orientation of the invariant line anchored at Π , Eq. (K6) is evaluated on Π . Along the C_{4z} -invariant line, $H(\mathbf{k}) \equiv C_0 \sigma_3$. Since $H(\mathbf{k})$ is insulating, $C_0 \neq 0$. The answer depends on the sign of C_0 . First, let $C_0 > 0$. In this case, $|\psi^v\rangle = (0, 1)^\top$, $|\psi^c\rangle = (1, 0)^\top$, and

$$F_z = \frac{1}{2|C_0|^2} \left(A_x^2 + A_y^2 \right) > 0.$$
 (K7)

That is, the orientation of the Π line is upward.

Now suppose the opposite $C_0 < 0$. In this case, $|\psi^v\rangle = (1,0)^{\top}$ and $|\psi^c\rangle = (0,1)^{\top}$, which leads to

$$F_z = -\frac{1}{2|C_0|^2} (A_x^2 + A_y^2) < 0.$$
 (K8)

The corresponding orientation is downward.

Using the fact that ψ^v , ψ^v are always the eigenvectors of $R_{C_{4z}}$, one can deduce the orientation from the corresponding eigenvalues (angular momenta), even without the functional form of the Hamiltonian. For the present case, where Eq. (K1) is known, the angular momentum $l^{v,c}$ is determined (modulo

4) by the relation $R_{C_{4z}}|\psi^{v,c}\rangle=\exp(2\pi i l^{v,c}/4)$. Then, previous analysis yields

$$\Delta l = l^v - l^c \equiv -1 \mod 4 \Rightarrow \text{upward orientation},$$

 $\Delta l = l^v - l^c \equiv 1 \mod 4 \Rightarrow \text{downward orientation}. (K9)$

APPENDIX L: SYMMETRIES OF MOORE-RAN-WEN RHI

The real Hopf insulators we discussed so far have \mathcal{PT} symmetry by construction (i.e., they have real Hamiltonians). Each homotopy class of RHIs can be realized using two Moore-Ran-Wen models for Hopf insulator, and such RHI models have additional symmetries.

The fact that a general Hamiltonian H has a symmetry S with its operator representation R_S can be stated as

$$R_{S}H(\mathbf{k})R_{S}^{-1} = H(S\mathbf{k}). \tag{L1}$$

Without changing the homotopy class of the Hamiltonian, the energy spectrum can be flattened so that the restriction of the Hamiltonian onto the occupied subspace is a constant multiple of the occupied state projector,

$$\overline{H}(\mathbf{k}) = \mathbb{1} - 2\sum_{n \in \text{occ}} |\psi_n(\mathbf{k})\rangle \langle \psi_n(\mathbf{k})| = \mathbb{1} - 2P_{\text{occ}}(\mathbf{k}).$$
 (L2)

The conduction (valence) energy level is fixed at constant +1 (-1), placing the Fermi level at $E_F = 0$. Then (L1) can be recast as

$$R_S P_{\text{occ}}(\mathbf{k}) R_S^{-1} = P_{\text{occ}}(S\mathbf{k}). \tag{L3}$$

Equation (L3) states that $|\psi(\mathbf{k})\rangle$ is an occupied (unoccupied) state with momentum \mathbf{k} if and only if $R_S|\psi(\mathbf{k})\rangle$ is an occupied (unoccupied) state with momentum $S\mathbf{k}$; in other words,

$$R_S|\psi^{\alpha}(\mathbf{k})\rangle = U^{\alpha}{}_{\beta}(\mathbf{k})|\psi^{\beta}(\mathbf{S}\mathbf{k})\rangle,$$
 (L4)

where $\psi^{\alpha=1,\dots,N}$ run over all (independent) occupied eigenstates and $U(\mathbf{k})$ is a 2×2 unitary matrix. For the symmetries not involving time reversal, R_S is just an orthogonal matrix whereas for those involving time reversal, $R_S = \mathcal{O} \cdot \mathcal{K}$ for some $\mathcal{O} \in \mathrm{O}(4)$ and the complex conjugation \mathcal{K} .

In the remaining part of this Appendix, we fix

$$z = z_0 + z_1 \mathbf{i} + z_2 \mathbf{j} + z_3 \mathbf{k},$$
 (L5)

$$w = w_0 + w_1 \mathbf{i} + w_2 \mathbf{j} + w_3 \mathbf{k}, \tag{L6}$$

where

$$1z_{0} = \sin k_{x}, \quad z_{1} = \sin k_{y}, \quad z_{2} = \sin[mk_{z}],$$

$$z_{3} = \cos k_{x} + \cos k_{y} + \cos[mk_{z}] - \frac{3}{2},$$

$$w_{0} = \sin k_{x}, \quad w_{1} = \sin k_{y}, \quad w_{2} = \sin[nk_{z}],$$

$$w_{3} = \cos k_{x} + \cos k_{y} + \cos[nk_{z}] - \frac{3}{2},$$

$$m, n \in \mathbf{Z},$$
(L7)

so that

$$\chi_z = m, \quad \chi_w = n.$$
 (L8)

The resulting Hamiltonian $H_{m,n}$ has the conduction band spanned by

$$\overline{z}w = (z_0w_0 + z_1w_1 + z_2w_2 + z_3w_3)
+ (z_0w_1 - z_1w_0 - z_2w_3 + z_3w_2)i
+ (z_0w_2 + z_1w_3 - z_2w_0 - z_3w_1)j
+ (z_0w_3 - z_1w_2 + z_2w_1 - z_3w_0)k,
\overline{z}iw = (-z_0w_1 + z_1w_0 - z_2w_3 + z_3w_2)
+ (z_0w_0 + z_1w_1 - z_2w_2 - z_3w_3)i
+ (z_0w_3 + z_1w_2 + z_2w_1 + z_3w_0)j
+ (z_0w_2 + z_1w_3 + z_2w_0 + z_3w_1)k.$$
(L9)

1. C₄₇ symmetry of Moore-Ran-Wen RHI

For $S = C_{4z}$ symmetry, the crystal momentum **k** transforms as

$$S(k_x, k_y, k_z) = (-k_y, k_x, k_z).$$
 (L10)

First we observe how S acts on the unoccupied eigenstates. Substituting (L10) to Eq. (L7), we get

$$z(S\mathbf{k}) = e^{i\frac{\pi}{4}}z(\mathbf{k})e^{i\frac{\pi}{4}}, \quad w(S\mathbf{k}) = e^{i\frac{\pi}{4}}w(\mathbf{k})e^{i\frac{\pi}{4}}.$$

Colloquially, the coefficients of 1, i in z, w rotates by $\pi/2$ while the coefficients of j, k stay fixed. This in turn implies that the quaternions corresponding to unoccupied states satisfy

$$(\overline{z}w)(S\mathbf{k}) = e^{-i\frac{\pi}{4}}\overline{z}(\mathbf{k})e^{-i\frac{\pi}{4}}e^{i\frac{\pi}{4}}w(\mathbf{k})e^{i\frac{\pi}{4}}$$
$$= e^{-i\frac{\pi}{4}}(\overline{z}w)(\mathbf{k})e^{i\frac{\pi}{4}}, \tag{L11}$$

$$(\overline{z}iw)(S\mathbf{k}) = e^{-i\frac{\pi}{4}}\overline{z}(\mathbf{k})e^{-i\frac{\pi}{4}}e^{i\frac{\pi}{4}}w(\mathbf{k})e^{i\frac{\pi}{4}}$$
$$= e^{-i\frac{\pi}{4}}(\overline{z}iw)(\mathbf{k})e^{i\frac{\pi}{4}}.$$
 (L12)

In terms of eigenstates $|\psi^1_{\rm occ}\rangle=|\bar{z}{
m j}w\rangle,\,|\psi^2_{\rm occ}\rangle=|\bar{z}{
m k}w\rangle,$ this means

$$R_S|\psi^{\alpha}(\mathbf{k})\rangle = U^{\alpha}{}_{\beta}|\psi^{\beta}(S\mathbf{k})\rangle$$
 (L13)

with

$$R_S = \begin{pmatrix} 1 & 0 & & \\ 0 & 1 & & \\ & & 0 & 1 \\ & & -1 & 0 \end{pmatrix}, \quad U = \begin{pmatrix} 0 & 1 \\ -1 & 0 \end{pmatrix}, \quad (L14)$$

so that Eq. (L4) is fulfilled.

2. \mathcal{P} symmetry under the condition $\chi_w = -\chi_z$

We will see that $S=\mathcal{P}$ symmetry for any nontrivial RHI with \mathcal{PT} symmetry (thus having both \mathcal{P} and \mathcal{T}) is allowed only when

$$\chi_w = -\chi_z \tag{L15}$$

and must be represented by a matrix R_S with negative determinant

$$\det R_S = -1, \quad S = \mathcal{P}, \tag{L16}$$

while the matrix representation with positive determinant forces the trivial RHI $\chi_z = \chi_w = 0$. Before proving this fact,

we shall observe how \mathcal{P} is embodied in the MRW-RHI Hamiltonian $H_{m,-m}$. Note that in this case

$$(w_0, w_1, w_2, w_3)(\mathbf{k}) = (z_0, z_1, -z_2, z_3)(\mathbf{k}).$$
 (L17)

Direct computation yields

$$\bar{z}w = (z_0^2 + z_1^2 - z_2^2 + z_3^2) - 2z_2z_3\mathbf{i} - 2z_0z_2\mathbf{j} + 2z_1z_2\mathbf{k},
\bar{z}\mathbf{i}w = -2z_2z_3 + (z_0^2 + z_1^2 + z_2^2 - z_3^2)\mathbf{i} + 2z_0z_3\mathbf{j} + 2z_1z_3\mathbf{k}.$$
(L18)

Again, we take the unoccupied states $|\psi^1\rangle = |\bar{z}w\rangle$, $|\psi^2\rangle = |\bar{z}iw\rangle$. Noting $z_i(S\mathbf{k}) = \eta_i z_i(\mathbf{k})$ with $\eta_3 = 1$, $\eta_{0,1,2} = -1$, we get

$$|\psi^{1}(S\mathbf{k})\rangle = R_{S}|\psi^{1}(\mathbf{k})\rangle,$$

$$|\psi^{2}(S\mathbf{k})\rangle = -R_{S}|\psi^{2}(\mathbf{k})\rangle,$$
 (L19)

where

$$R_S = \begin{pmatrix} 1 & & & \\ & -1 & & \\ & & 1 & \\ & & & 1 \end{pmatrix}, \quad U = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \quad \text{(L20)}$$

fulfills Eq. (L4).

By the discussion in the previous subsection, C_{2z} (even C_{4z}) symmetry is still present in $H_{m,-m}$. Hence, $H_{m,-m}$ has the symmetries

$$\mathcal{P}, \mathcal{T}, C_{4z}, M_z \tag{L21}$$

separately.

Now we prove the claim stated at the beginning of this subsection. Since $S = \mathcal{P}$ does not involve time reversal, it is represented by a unitary operator. In our context,

$$R_S \in \mathcal{O}(4). \tag{L22}$$

To begin with, we assume

$$\det R_S = 1, \text{ i.e., } R_S \in SO(4),$$
 (L23)

to arrive at the conclusion $\chi_z = \chi_w = 0$. Recall that surjectivity of Eq. (63) implies that there exist α , $\beta \in \mathbb{S}^3 \subset \mathbf{H}$ such that

$$R_{S}\mathbf{x} = \overline{\alpha}\mathbf{x}\beta, \quad \forall \ \mathbf{x} \in \mathbf{R}^{4} = \mathbf{H}.$$
 (L24)

Using R_S , we can compute $\chi_{z,w}$ in two different ways; first, we can apply the procedure equations (18)–(22) to the functions (117) and (118). Alternatively, we can apply the same process to

$$R_S u_1^v(S\mathbf{k})$$
 and $R_S u_2^v(S\mathbf{k})$, (L25)

which is just another basis of the occupied space at \mathbf{k} . The two results must coincide.

Temporarily using the notation

$$\mathbf{x} = u_1^{v}(S\mathbf{k}), \quad \mathbf{y} = u_2^{v}(S\mathbf{k}), \tag{L26}$$

we shall keep track of how the functions (117) and (118) change as we pass from $u_{1,2}^{v}(\mathbf{k})$ to Eq. (L25). For simplicity, we will only discuss Eq. (117) and arrive at the conclusion $\chi_z = -\chi_z$. The same reasoning about Eq. (118) leads to $\chi_w = -\chi_w$:

$$\mathbf{v}_{z}(\mathbf{k}) \to \mathbf{v}_{z}'(\mathbf{k}) = \overline{\alpha} \mathbf{y} \beta \cdot \overline{\alpha} \overline{\mathbf{x} \beta} = \overline{\alpha} \mathbf{y} \beta \cdot \overline{\beta} \overline{\mathbf{x}} \alpha = \overline{\alpha} \cdot \mathbf{y} \overline{\mathbf{x}} \cdot \alpha$$
$$= \overline{\alpha} \cdot \mathbf{v}_{z}(S\mathbf{k}) \cdot \alpha = \overline{\alpha} \cdot \mathbf{v}_{z}(S\mathbf{k}) \cdot \alpha. \quad (L27)$$

Since $x \mapsto \overline{\alpha}x\alpha$ is a rotation of

$$\mathbf{R}^3 = \{x_0 + x_1 \mathbf{i} + x_2 \mathbf{j} + x_3 \mathbf{k} \in \mathbf{H} : x_0 = 0\}, \quad (L28)$$

and Eq. (18) is invariant under the rotation of \mathbf{v} ,

$$\mathbf{F}'_{z}(\mathbf{k}) = (F'_{z}, F'_{z}, F'_{z}, F'_{z})(k_{x}, k_{y}, k_{z})$$

$$= (F'_{z}, F'_{z}, F''_{z}, F''_{z})(-k_{x}, -k_{y}, -k_{z})$$

$$= \mathbf{F}_{z}(S\mathbf{k}). \tag{L29}$$

If $\mathbf{A} = \mathbf{A}_z(\mathbf{k})$ solves the magnetostatic equations (19) and (20) for $\mathbf{F} = \mathbf{F}_z(\mathbf{k})$, then

$$\mathbf{A}'_{z}(\mathbf{k}) = (A'^{1}_{z}, A'^{2}_{z}, A'^{3})(k_{x}, k_{y}, k_{z})$$

$$= (-A^{1}_{z}, -A^{2}_{z}, -A^{3}_{z})(-k_{x}, -k_{y}, -k_{z})$$

$$= -\mathbf{A}_{z}(S\mathbf{k})$$
 (L30)

solves the primed equations

$$\nabla \times \mathbf{A}_{z}' = \mathbf{F}_{z}', \tag{L31}$$

$$\nabla \cdot \mathbf{A}_{z}' = 0. \tag{L32}$$

Therefore,

$$\chi_z = -\frac{1}{4\pi^2} \int_{BZ} d^3k (\mathbf{F}_z' \cdot \mathbf{A}_z')(\mathbf{k})$$

$$= -\frac{1}{4\pi^2} \int_{BZ} d^3k (-\mathbf{F}_z \cdot \mathbf{A}_z)(S\mathbf{k})$$

$$= -\frac{1}{4\pi^2} \int_{BZ} d^3k (-\mathbf{F}_z \cdot \mathbf{A}_z)(\mathbf{k})$$

$$= -\chi_z. \tag{L33}$$

Next, we tackle the case

$$\det R_S = -1$$
, i.e., $R_S \in O(4) \setminus SO(4)$. (L34)

Any such operation R_S acting on $\mathbf{R}^4 = \mathbf{H}$ is the composition of the inversion

$$\mathbf{x} \mapsto \overline{\mathbf{x}}$$
 (L35)

and a rotation

$$x \mapsto \overline{\alpha} \mathbf{x} \beta.$$
 (L36)

Hence, Eq. (L27) is modified to

$$\mathbf{v}_{z}(\mathbf{k}) \to \mathbf{v}_{z}'(\mathbf{k}) = \overline{\alpha}\overline{\mathbf{y}}\beta \cdot \overline{\alpha}\overline{\mathbf{x}}\beta = \overline{\alpha}\overline{\mathbf{y}}\beta \cdot \overline{\beta}\mathbf{x}\alpha = \overline{\alpha} \cdot \overline{\mathbf{y}}\mathbf{x} \cdot \alpha$$

$$= \overline{\alpha} \cdot (-\overline{\mathbf{x}}\mathbf{y}) \cdot \alpha = \overline{\alpha} \cdot \mathbf{v}_{w}(S\mathbf{k}) \cdot \alpha$$

$$= \overline{\alpha} \cdot \mathbf{v}_{w}(S\mathbf{k}) \cdot \alpha. \tag{L37}$$

Repeating the previous discussion, we arrive at

$$\chi_z = -\chi_w. \tag{L38}$$

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