Exceptional points as signatures of dynamical magnetic phase transitions

Kuangyin Deng[®],* Xin Li[®], and Benedetta Flebus^{®†}

Department of Physics, Boston College, 140 Commonwealth Avenue, Chestnut Hill, Massachusetts 02467, USA

(Received 14 May 2022; accepted 20 February 2023; published 6 March 2023)

One of the most fascinating and puzzling aspects of non-Hermitian systems is their spectral degeneracies, i.e., exceptional points (EPs), at which both eigenvalues and eigenvectors coalesce to form a defective state space. While coupled magnetic systems are natural hosts of EPs, the relation between the linear and nonlinear spin dynamics in the proximity of EPs remains relatively unexplored. Here we theoretically investigate the spin dynamics of easy-plane magnetic bilayers in the proximity of exceptional points. We show that the interplay between the intrinsically dissipative spin dynamics and external drives can yield a rich dynamical phase diagram. In particular, we find that, in antiferromagnetically coupled bilayers, a periodic oscillating dynamical phase emerges in the region enclosed by EPs. Our results not only offer a pathway for probing magnetic EPs and engineering magnetic nano-oscillators with large-amplitude oscillations, but also uncover the relation between exceptional points and dynamical phase transitions in systems displaying nonlinearities.

DOI: 10.1103/PhysRevB.107.L100402

I. INTRODUCTION

The degeneracies of Hermitian Hamiltonians are diabolic points, i.e., points at which two (or more) real eigenenergies coalesce, while the eigenstates still span the full Hilbert space. Non-Hermitian degeneracies, i.e., exceptional points (EPs), display properties that are radically different from their Hermitian counterpart. At an EP, two (or more) complex eigenvalues and the corresponding eigenvectors simultaneously coalesce, resulting in a defective Hamiltonian that cannot span the entire Hilbert space [1–3]. The incompleteness of the eigenbases at second-order EPs leads to a square root dependence on external perturbations, resulting in a giant sensitivity-factor enhancement [4–7].

As non-Hermitian systems are recently under comprehensive research [8–12], intense efforts have been put forward to explore the properties of EPs. Particular emphasis has been placed on \mathcal{PT} -symmetric systems [6,13–15], where EPs signal a \mathcal{PT} -symmetry-breaking transition at which a system's eigenvalues turn from real to complex conjugate pairs. The emergence of EPs does not, however, require a fine-tuned balance of gain and loss [16]. EPs have been reported in a plethora of open systems, ranging from optics and photonics [4,6,13,17,18] to superconducting quantum circuits [19], semimetals [20–23], and magnetic systems [24–35].

Magnetic systems are intrinsically open due to the ubiquitous dissipation of magnetization dynamics [35–37]. The gain can be tuned via experimentally established techniques such as, e.g., spin current injection [35,38–42]. Exceptional points naturally emerge in the description of coupled magnetization dynamics and have been recently observed in magnonic \mathcal{PT} -symmetric devices [35]. Second-order and higher-order

EPs displaying higher-order roots singularities [43–49], which can yield further ultrasensitivity, have been reported in magnetic multilayers [29]. While the potential of EPs in magnetic sensing has been under intense scrutiny, the role that EPs play in dynamical magnetic phase transitions is yet relatively unexplored.

Coupled magnetization dynamics can be described, in the long-wavelength limit, via the coupled Landau-Lifshitz-Gilbert (LLG) equations [50]. By linearizing the LLG equations of motion, one can derive an effective non-Hermitian Hamiltonian quadratic in second-quantized magnon operators. The EPs appear as singularities of the quadratic Hamiltonian, signaling a dynamical phase transition of the linearized dynamics due to a width bifurcation [51–54]. If signatures of such transition survive in the nonlinear LLG-like classical dynamics, the analysis of the corresponding quadratic magnon Hamiltonian can unveil unforeseen dynamical regimes as a function of experimentally tunable parameters.

In this Letter, we explore the connection between linear and nonlinear spin dynamics in proximity of EPs by taking an easy-plane magnetic bilayer as an example. The ratio between gain and loss is modulated by spin injection in the bottom layer and the loss of magnetization dynamics is taken to be larger than the overall gain. As a function of the interlayer coupling, we find that the linearized spectrum displays two regions encircled by exceptional points, emerging around, respectively, vanishing and strong antiferromagnetic (AFM) interlayer coupling. The nonlinear dynamics in proximity of the region with vanishing interlayer coupling displays a ferromagnetic (FM) to AFM dynamical phase transition. Such transition has been reported in a magnonic \mathcal{PT} -symmetric system [28]: our results show that fine-tuned balance of gain and loss is not necessary for the transition to take place.

Furthermore, we unveil a distinct dynamical phase transition occurring in the AF-coupled region encircled by the

^{*}dengku@bc.edu

[†]flebus@bc.edu

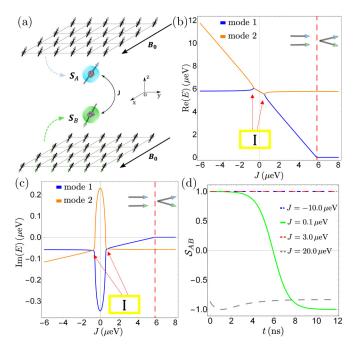


FIG. 1. (a) Magnetic bilayer with interlayer coupling J in an external magnetic field \mathbf{B}_0 . In the long-wavelength limit, the uniform magnetization of the top (bottom) layer can be treated as a macrospin $\mathbf{S}_{A(B)}$. (b), (c) Dependence on J of the real and imaginary energy, respectively, for K=0. Region I is enclosed by EPs. The red dashed line separates a collinear from a noncollinear ground state. (d) The time evolution of \mathcal{S}_{AB} for different values of the interlayer coupling J. The FM-to-AFM dynamical phase transition emerges in region I for small interlayer coupling, e.g., $J=0.1~\mu\text{eV}$. Instead, for values of J further away from region I, the relative alignment of the macrospins remains the one of the corresponding ground state. In each figure, the parameters are set to $B_0=0.1~\text{T}$, K=0, $\alpha_A=0.06$, and $\alpha_B=-0.04$.

EPs. Simulations of the nonlinear dynamics show that upon crossing the EP in parameter space, the damped magnetization dynamics enters a regime of steady self-oscillations with large amplitude that can be described by a supercritical Hopf bifurcation [55–57]. According to our estimates, this dynamical phase transition might be observed in van der Waals and synthetic AFM bilayers [58,59], which could open up a route to engineer magnetic nano-oscillators [42,60–66] with large-amplitude oscillations. Our findings have also the potential to shed light on the interplay between EPs and dynamical phase transition in other dissipative-driven systems displaying nonlinearities.

II. MODEL

We consider the magnetic bilayer shown in Fig. 1(a), whose spin Hamiltonian can be written, in the long-wavelength limit, as

$$\mathcal{H} = \sum_{i=A,B} \left(K S_i^{z^2} + \gamma \mathbf{B}_0 \cdot \mathbf{S}_i \right) + J \mathbf{S}_A \cdot \mathbf{S}_B, \tag{1}$$

where $\mathbf{S}_{A(B)}$, with $|\mathbf{S}_{A,B}| = S$, is the (dimensionless) macrospin operator of the top (bottom) layer, \mathbf{B}_0 is the applied magnetic field, $\gamma > 0$ is the gyromagnetic, J is the interlayer coupling, and $K \geqslant 0$ parametrizes the easy-plane anisotropy. Here we

set $\hbar = 1$ by adopting its unit to other parameters. To introduce loss and gain, we recast the magnetization dynamics in the form of coupled LLG equations [50], i.e.,

$$\frac{d\mathbf{S}_A}{dt} = -\gamma \mathbf{S}_A \times \mathbf{B}_A^{\text{eff}} - \frac{\alpha_A}{S} \mathbf{S}_A \times \frac{d\mathbf{S}_A}{dt},\tag{2}$$

$$\frac{d\mathbf{S}_B}{dt} = -\gamma \mathbf{S}_B \times \mathbf{B}_B^{\text{eff}} - \frac{\alpha_B}{S} \mathbf{S}_B \times \frac{d\mathbf{S}_B}{dt},\tag{3}$$

where we have introduced the effective field $\gamma \mathbf{B}_i^{\text{eff}} = \partial \mathcal{H}/\partial \mathbf{S}_i$, with i = A, B. Here $\alpha_A > 0$ ($\alpha_B < 0$) represents the effective damping (gain) parameter of the top (bottom) layer.

To investigate the non-Hermitian spin-wave spectrum as a function of the exchange coupling J and magnetic field \mathbf{B}_0 , we orient the spin-space Cartesian coordinate system such that the $\hat{\mathbf{z}}$ axis locally lies along the classical orientation of the macrospin $\tilde{\mathbf{S}}_i$. The latter can be related to the spin operator \mathbf{S}_i in the global frame of reference via the transformation (see Supplemental Material [67])

$$\mathbf{S}_{i} = \mathcal{R}_{z}(\phi_{i})\mathcal{R}_{v}(\theta_{i})\tilde{\mathbf{S}}_{i},\tag{4}$$

where the matrix $\mathcal{R}_{z(y)}(\eta)$ describes a right-handed rotation by an angle η about the $\hat{z}(\hat{y})$ axis, and $\theta_i(\phi_i)$ is the polar (azimuthal) angle of the classical orientation of the spin \mathbf{S}_i . We then solve self-consistently Eqs. (2) and (3) in the linear approximation, i.e., we consider $\tilde{\mathbf{S}}_i = (\tilde{S}_i^x, \tilde{S}_i^y, S)$. Next, we introduce the complex variable $\tilde{S}_i^+ = \tilde{S}_i^x + i\tilde{S}_i^y$ and invoke the Holstein-Primakoff transformation $\tilde{S}_{A(B)}^+ \approx \sqrt{2S}a(b)$, where the second-quantized operator a(b) annihilates a magnon in the top (bottom) layer and obeys bosonic commutation relations [68]. By invoking the Heisenberg equation for a(b), we obtain the non-Hermitian Hamiltonian $\mathcal{H}_{\mathrm{NH}}$. The resulting Hamiltonian is not block diagonal and a Bogoliubov transformation is required to obtain the spin-wave spectrum [67].

III. ANTIFERROMAGNETIC TO FERROMAGNETIC TRANSITION

As a first instructive example, we turn off the easy-plane anisotropy, i.e., K = 0, and we take a damping coefficient of the same order of magnitude of the ones reported for chromium trihalide crystals [69], i.e., $\alpha_A = 0.06$, while we set $\alpha_B = -0.04$ [70]. We set $B_0 = 0.1$ T and take $\mathbf{B}_0 \parallel \hat{x}$. It is worth noting that our results do not depend on the field direction since the Hamiltonian (1) is SO(3) symmetric for K=0. The real and imaginary energy spectra of \mathcal{H}_{NH} as a function of J are shown, respectively, in Figs. 1(b) and 1(c). Near J = 0, region I is enclosed by EPs. On the left side of the red dashed line, the ground state of the Hermitian Hamiltonian [i.e., Eq. (1) for $\alpha_{A(B)} = 0$] is collinear and oriented along the magnetic field. On the right side of the dashed line, the interplay between the magnetic field and the antiferromagnetic coupling J leads to a noncollinear ground state, while increasing J further yields an AFM ground state.

To investigate how the degeneracies of the non-Hermitian linear spectrum affect the nonlinear magnetization dynamics, we simulate Eqs. (2) and (3) by setting the initial direction of the spins slightly away (2°) from their ground-state equilibrium position. We solve Eqs. (2) and (3) for different values of J and track the time evolution of the product of the macrospins, i.e., $S_{AB}(t) = \mathbf{S}_A(t) \cdot \mathbf{S}_B(t)/S^2$. As shown in

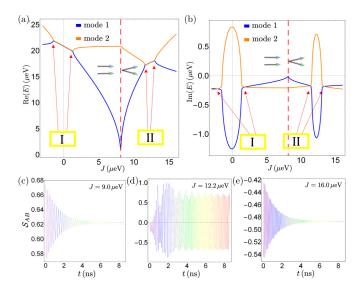


FIG. 2. Real (a) and imaginary (b) energy for $B_0 = 0.14$ T, $K = 45.9 \mu \text{eV}$, $\alpha_A = 0.06$, and $\alpha_B = -0.04$. Here, region I is in direct correspondence with region I of Fig. 1. The red dashed line marks the transition from a collinear to a noncollinear configuration. Region II is enclosed by another pair of EPs in the noncollinear configuration. (c)–(e) The time evolution of $S_{AB}(t)$ for different values of the interlayer coupling J. A periodic dynamical phase emerges only within region II.

Fig. 1(d), the relative alignment S_{AB} between the macrospins remains FM or AFM for values of J further away from the exceptional point. Instead when we choose J within region I, we observe a switch from a FM to an AFM configuration. Our result agrees with the observations of Ref. [28], in which the authors analyze the \mathcal{PT} -symmetric case (i.e., $\alpha_A = -\alpha_B$) of Eqs. (1)–(3) for K = 0. Here, we propose a simple explanation for this dynamical phase transition, which occurs when the coupling J is close to zero. In this regime, the spins are barely coupled and, thus, eventually, each macrospin obeys its individual dynamics. The macrospin experiencing gain flips, while the lossy one recovers its equilibrium orientation, leading to an AFM orientation. As we have shown, \mathcal{PT} symmetry is not required for the FM-to-AFM switching to occur.

IV. MAGNETIC NANO-OSCILLATOR

To explore the dynamical phase diagram of our model, we now turn on the easy-plane anisotropy, i.e., K > 0. With $CrCl_3$ in mind, we set $K = 45.9 \,\mu\text{eV}$ [58]. We consider a U(1)-symmetry-breaking magnetic field $\mathbf{B}_0 \parallel \hat{x}$ and set $B_0 = 0.14 \,\text{T}$, $\alpha_A = 0.06$, and $\alpha_B = -0.04$. The real and imaginary parts of the magnon energy are shown in Figs. 2(a) and 2(b), respectively. We find two regions enclosed by EPs: region I near J = 0 and region II near $J = 12.2 \,\mu\text{eV}$, i.e., the exchange interaction of $CrCl_3$ [58]. Region I corresponds to region I shown in Figs. 1(b) and 1(c). Region II emerges instead in correspondence with a noncollinear ground state and, as we will show in detail, its nonlinear magnetization dynamics (2) and (3) display very different features from the ones observed in region I.

Figures 2(c)-2(e) show the time evolution of the relative alignment of the macrospins $S_{AB}(t)$ for, respectively, J = 9,

12.2, and 16 µeV. Similarly to region I, passing through the EPs yields a dynamical phase transition. However, around region II, the exchange interaction is too strong for a FM-to-AFM switching to take place. Instead, while for J = 9.0 and 16.0 μeV we observe damped dynamical phases, see Figs. 2(c) and 2(e), inside region II (i.e., $J = 12.2 \mu eV$) a periodic dynamical phase emerges, as shown in Fig. 2(d). Within the periodic dynamical phase, the value of S_{AB} ranges from 0.7 to -0.7, signaling unusual large-amplitude oscillations. Our results show that, although the overall loss is larger than the effective gain, i.e., $\alpha_A > |\alpha_B|$, the system can still survive in a steady periodic state in a EP-enclosed region. The dynamical phase transition can be understood as a supercritical Hopf bifurcation [55–57]. When crossing the EPs and entering in region II, the fixed point of the dynamical system, which corresponds to the damped magnetization dynamics, bifurcates into a stable orbital. We have verified numerically that the large-amplitude oscillations persist at long times.

V. TUNABILITY

We proceed to investigate the dependence of the periodic stable magnetization dynamics on the system's parameters. Not surprisingly, the stability of the periodic solution strongly depends on the ratio between the effective gain and loss. Setting $J = 12.2 \mu \text{eV}$ and $\alpha_A = 0.06$, in Figs. 3(a)-3(d) we show the time evolution of S_A (upper panel) and S_B (lower panel) on the Bloch sphere decreasing the effective gain $|\alpha_B|$ from 0.055 to 0.01. The colors in Figs. 3(a)-3(d) are in direct correspondence with the time intervals of the time evolution of S_{AB} shown in Figs. 2(c)-2(e). For larger values of gain, e.g., $\alpha_B = -0.055$, the dynamics of both macrospins S_A and S_B flow to a fixed point, as shown by Fig. 3(a). We have verified that the same scenario is realized at the \mathcal{PT} -symmetric point. For lower values of the gain, the spin dynamics evolve into a steady-state oscillations [see Figs. 3(b)-3(d)]. Since the macrospin S_B is directly subjected to gain while S_A experiences it indirectly via the coupling to S_A , the amplitude of oscillations of the macrospin S_A is smaller than the one of S_B . For decreasing α_B , the amplitudes of both limit cycles shrink.

In an experimental setup, the effective gain α_B can be controlled via the injection of spin current J_s into the bottom layer. As shown in a very recent work [71], swapping the dynamical gain in Eq. (3) with a spin-transfer torque term, i.e., $-\frac{\alpha_B}{S}\mathbf{S}_B \times \frac{d\mathbf{S}_B}{dt} \to J_s\mathbf{S}_B \times (\mathbf{S}_B \times \hat{\mathbf{z}})$, does not affect the emergence of an oscillatory phase in correspondence of EP crossing.

The ratio α_A/α_B is determined by the spin current transport efficiency through the magnetic layers which, to our knowledge, has not been yet thoroughly investigated in van der Waals magnets. It is worth noting that here we take $CrCl_3$ as an example; in practice, the high degree of tunability offered by synthetic AFMs might make them a more desirable platform for engineering non-Hermitian phenomena [72]. To avoid spin current injection in the top layer of a synthetic AFM bilayer, one could sandwich a good spin sink, e.g., Pt thin film [35,73], between the two magnetic layers. In this case, the strength of the (Ruderman-Kittel-Kasuya-Yosida) interlayer coupling can be controlled by tuning the Pt layer thickness [35]. Synthetic AFM based on permalloy magnetic

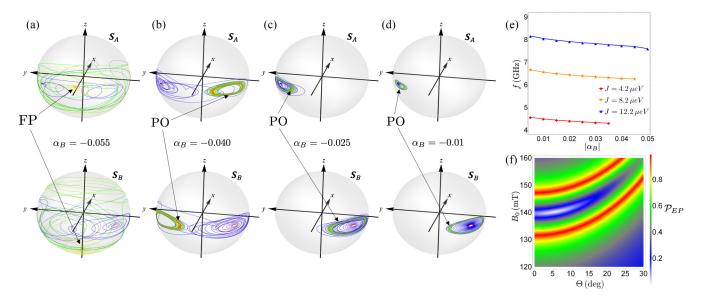


FIG. 3. (a)–(d) The spin evolution on the Bloch spheres for different values of the effective gain α_B in the region II of Fig. 2 for $B_0 = 0.14$ T, $K = 45.9 \,\mu\text{eV}$, $J = 12.2 \,\mu\text{eV}$, and $\alpha_A = 0.06$. The above (below) panels shows the time evolution of \mathbf{S}_A (\mathbf{S}_B). The colors on curves are in direct correspondence with the time intervals of the time evolution of \mathcal{S}_{AB} in Figs. 2(c) and 2(d), i.e., they label the earliest to the latest time by ordering purple, blue, gray, green, yellow, orange, and red. (a) For $\alpha_B = -0.055$, the dynamics of \mathbf{S}_A and \mathbf{S}_B flow into fixed points (FP). (b)–(d) When $|\alpha_B| \leq 0.05$, the system drops on periodic orbitals (PO) through the supercritical Hopf bifurcation. \mathbf{S}_A with larger loss than the gain in \mathbf{S}_B would form smaller orbitals to maintain the steady periodic oscillation. (e) Frequency f of the coupled oscillations \mathcal{S}_{AB} as a function of the effective gain α_B for different values of f. For f = 4.2 μ eV (f = 8.2 μ eV), steady periodic dynamical phases exist only for $|\alpha_B| \leq 0.035$ ($|\alpha_B| \leq 0.045$). (f) The dependence of the square of the overlap of the two right eigenvectors, i.e., $\mathcal{P}_{EP} \equiv |\langle \psi_1^R | \psi_2^R \rangle|^2$, on the magnetic field strength f and polar angle f.

elements displays an easy-plane anisotropy consistent with our model (1) [72].

We find that the periodic oscillatory phase does not require fine tuning but it can instead be accessed within a relative broad range of α_A/α_B values. As shown in Fig. 3(e), the strength of the interlayer coupling controls the frequency f of the periodic oscillations (found by changing B_0) of the coupled dynamics S_{AB} . For CrCl₃ [58], the interlayer coupling strength $J=12.2~\mu eV$ yields large-amplitude oscillations with frequencies in the 1–10-GHz range.

Finally, we explore the dependence of the onset of region II on the strength and direction of the applied magnetic field. In Fig. 3(f), we plot $\mathcal{P}_{EP} \equiv |\langle \psi_1^R | \psi_2^R \rangle|^2$, where $\psi_{1,2}^R$ are the two right eigenvectors of the non-Hermitian Hamiltonian \mathcal{H}_{NH} . While approaching an exceptional point, the two eigenstates coalesce, i.e., $\mathcal{P}_{EP} \to 1$. The two red regions in Fig. 3(f) appear in proximity of the EPs: the region comprised between them, which centers on white and blue, corresponds to region II, i.e., it displays periodic oscillatory coupled spin dynamics. As shown by Fig. 3(f), accessing the region II does not require fine tuning: there is a broad range of values of the magnetic field's strength and polar angle Θ , with $\mathbf{B}_0 \cdot \hat{\mathbf{z}} = B_0 \sin \Theta$, for which the steady-state oscillations appear.

VI. DISCUSSION AND OUTLOOK

In this Letter, we investigate the interplay between the linear and nonlinear spin dynamics in proximity of exceptional

points. We show that the emergence of EPs in the linearized magnon Hamiltonian underlies a dynamical phase transition of the nonlinear spin dynamics. As an example, we consider an easy-plane bilayer in which, while one layer experiences effective gain, the other layer keeps a larger loss rate. An analysis of the linearized long-wavelength magnetization dynamics of the bilayer shows that two regions encircled by EPs can appear as a function of the interlayer coupling. One region, characterized by small values of the interlayer coupling, displays an interlayer FM-to-AFM dynamical phase transition. The second region, appearing for larger values of the AFM interlayer coupling, displays large-amplitude steady-state oscillations without fine tuning or \mathcal{PT} symmetry. We argue that this oscillatory dynamical regime might be accessed via spin injection in CrCl₃ or synthetic AFM bilayers, opening a concrete route for experimentally probing magnetic EPs and for engineering large-amplitude magnetic nano-oscillators.

Our theory has the potential to shed light onto the relation between non-Hermitian singularities and dynamical phase transitions in a plethora dissipative-driven systems whose dynamics display nonlinearities, e.g., molecular spin dimers [74,75], quantum dots [76–78], and microwave resonators [34,79].

ACKNOWLEDGMENTS

K.D. thanks B. Li for helpful discussions. This work was supported by NSF Grant No. DMR-2144086.

- [1] W. Heiss, Phys. Rev. E 61, 929 (2000).
- [2] W. Heiss, J. Phys. A: Math. Theor. 45, 444016 (2012).
- [3] C. Dembowski, H.-D. Gräf, H. L. Harney, A. Heine, W. D. Heiss, H. Rehfeld, and A. Richter, Phys. Rev. Lett. 86, 787 (2001).
- [4] W. Chen, Ş. Kaya Özdemir, G. Zhao, J. Wiersig, and L. Yang, Nature (London) 548, 192 (2017).
- [5] J. Wiersig, Phys. Rev. Lett. 112, 203901 (2014).
- [6] M.-A. Miri and A. Alu, Science 363, eaar7709 (2019).
- [7] J.-H. Park, A. Ndao, W. Cai, L. Hsu, A. Kodigala, T. Lepetit, Y.-H. Lo, and B. Kanté, Nat. Phys. 16, 462 (2020).
- [8] Z. Gong, Y. Ashida, K. Kawabata, K. Takasan, S. Higashikawa, and M. Ueda, Phys. Rev. X 8, 031079 (2018).
- [9] H. Shen, B. Zhen, and L. Fu, Phys. Rev. Lett. 120, 146402 (2018).
- [10] S. Yao and Z. Wang, Phys. Rev. Lett. 121, 086803 (2018).
- [11] K. Kawabata, K. Shiozaki, M. Ueda, and M. Sato, Phys. Rev. X 9, 041015 (2019).
- [12] E. J. Bergholtz, J. C. Budich, and F. K. Kunst, Rev. Mod. Phys. 93, 015005 (2021).
- [13] Ş. K. Özdemir, S. Rotter, F. Nori, and L. Yang, Nat. Mater. 18, 783 (2019).
- [14] L. Xiao, T. Deng, K. Wang, Z. Wang, W. Yi, and P. Xue, Phys. Rev. Lett. 126, 230402 (2021).
- [15] V. Achilleos, G. Theocharis, O. Richoux, and V. Pagneux, Phys. Rev. B 95, 144303 (2017).
- [16] Y. Zhiyenbayev, Y. Kominis, C. Valagiannopoulos, V. Kovanis, and A. Bountis, Phys. Rev. A 100, 043834 (2019).
- [17] S. Longhi and G. Della Valle, Phys. Rev. A 89, 052132 (2014).
- [18] P. Renault, H. Yamaguchi, and I. Mahboob, Phys. Rev. Appl. 11, 024007 (2019).
- [19] M. Partanen, J. Goetz, K. Y. Tan, K. Kohvakka, V. Sevriuk, R. E. Lake, R. Kokkoniemi, J. Ikonen, D. Hazra, A. Mäkinen *et al.*, Phys. Rev. B 100, 134505 (2019).
- [20] R. A. Molina and J. González, Phys. Rev. Lett. 120, 146601 (2018).
- [21] K. Kawabata, T. Bessho, and M. Sato, Phys. Rev. Lett. 123, 066405 (2019).
- [22] J. González and R. A. Molina, Phys. Rev. B 96, 045437 (2017).
- [23] D. Chowdhury, A. Banerjee, and A. Narayan, Phys. Rev. B 105, 075133 (2022).
- [24] S. Komineas, arXiv:2209.01572.
- [25] X. Li, K. Deng, and B. Flebus, Phys. Rev. B 106, 214432 (2022).
- [26] J. M. Lee, T. Kottos, and B. Shapiro, Phys. Rev. B 91, 094416 (2015).
- [27] A. Galda and V. M. Vinokur, Phys. Rev. B 94, 020408(R) (2016).
- [28] H. Yang, C. Wang, T. Yu, Y. Cao, and P. Yan, Phys. Rev. Lett. 121, 197201 (2018).
- [29] T. Yu, H. Yang, L. Song, P. Yan, and Y. Cao, Phys. Rev. B **101**, 144414 (2020).
- [30] H. M. Hurst and B. Flebus, J. Appl. Phys. 132, 220902 (2022).
- [31] X.-g. Wang, G.-h. Guo, and J. Berakdar, Phys. Rev. Appl. 15, 034050 (2021).
- [32] T. Jeffrey, W. Zhang, and J. Sklenar, Appl. Phys. Lett. **118**, 202401 (2021).
- [33] B. Flebus, R. A. Duine, and H. M. Hurst, Phys. Rev. B 102, 180408(R) (2020).

- [34] P. M. Gunnink, B. Flebus, H. M. Hurst, and R. A. Duine, Phys. Rev. B 105, 104433 (2022).
- [35] H. Liu, D. Sun, C. Zhang, M. Groesbeck, R. Mclaughlin, and Z. V. Vardeny, Sci. Adv. 5, eaax9144 (2019).
- [36] Y. Tserkovnyak, Phys. Rev. Res. 2, 013031 (2020).
- [37] K. Deng and B. Flebus, Phys. Rev. B 105, L180406 (2022).
- [38] B. Flebus, J. Appl. Phys. 129, 161101 (2021).
- [39] D. C. Ralph and M. D. Stiles, J. Magn. Magn. Mater. 320, 1190 (2008).
- [40] J. Sun and D. Ralph, J. Magn. Magn. Mater. 320, 1227 (2008).
- [41] J. Katine and E. E. Fullerton, J. Magn. Magn. Mater. 320, 1217 (2008).
- [42] T. Chen, R. K. Dumas, A. Eklund, P. K. Muduli, A. Houshang, A. A. Awad, P. Dürrenfeld, B. G. Malm, A. Rusu, and J. Åkerman, Proc. IEEE 104, 1919 (2016).
- [43] G.-Q. Zhang and J. Q. You, Phys. Rev. B 99, 054404 (2019).
- [44] I. Mandal and E. J. Bergholtz, Phys. Rev. Lett. 127, 186601 (2021).
- [45] S. Wang, B. Hou, W. Lu, Y. Chen, Z. Zhang, and C. T. Chan, Nat. Commun. 10, 1 (2019).
- [46] H. Hodaei, A. U. Hassan, S. Wittek, H. Garcia-Gracia, R. El-Ganainy, D. N. Christodoulides, and M. Khajavikhan, Nature (London) 548, 187 (2017).
- [47] Y. Wu, P. Zhou, T. Li, W. Wan, and Y. Zou, Opt. Express 29, 6080 (2021).
- [48] Z. Xiao, H. Li, T. Kottos, and A. Alù, Phys. Rev. Lett. 123, 213901 (2019).
- [49] M. Zhang, W. Sweeney, C. W. Hsu, L. Yang, A. D. Stone, and L. Jiang, Phys. Rev. Lett. 123, 180501 (2019).
- [50] M. Lakshmanan, Phil. Trans. R. Soc. A 369, 1280 (2011).
- [51] I. Rotter, J. Phys. A: Math. Theor. 42, 153001 (2009).
- [52] H. Eleuch and I. Rotter, Phys. Rev. A 93, 042116 (2016).
- [53] H. Eleuch and I. Rotter, Phys. Rev. E 87, 052136 (2013).
- [54] I. Rotter, Acta Polytechnica 50 (2010).
- [55] J.-V. Kim, in *Solid State Physics* (Elsevier, Amsterdam, 2012), Vol. 63, pp. 217–294.
- [56] S. H. Strogatz, Nonlinear Dynamics and Chaos: With Applications to Physics, Biology, Chemistry, and Engineering (CRC, Boca Raton, FL, 2018).
- [57] I. D. Mayergoyz, G. Bertotti, and C. Serpico, *Nonlinear Magnetization Dynamics in Nanosystems* (Elsevier, Amsterdam, 2009).
- [58] D. MacNeill, J. T. Hou, D. R. Klein, P. Zhang, P. Jarillo-Herrero, and L. Liu, Phys. Rev. Lett. 123, 047204 (2019).
- [59] J. Sklenar and W. Zhang, Phys. Rev. Appl. 15, 044008 (2021).
- [60] J.-R. Chen, A. Smith, E. A. Montoya, J. G. Lu, and I. N. Krivorotov, Commun. Phys. 3, 1 (2020).
- [61] D. Marković, N. Leroux, M. Riou, F. Abreu Araujo, J. Torrejon, D. Querlioz, A. Fukushima, S. Yuasa, J. Trastoy, P. Bortolotti et al., Appl. Phys. Lett. 114, 012409 (2019).
- [62] D. Houssameddine, U. Ebels, B. Delaët, B. Rodmacq, I. Firastrau, F. Ponthenier, M. Brunet, C. Thirion, J.-P. Michel, L. Prejbeanu-Buda *et al.*, Nat. Mater. 6, 447 (2007).
- [63] S. Kaka, M. R. Pufall, W. H. Rippard, T. J. Silva, S. E. Russek, and J. A. Katine, Nature (London) 437, 389 (2005).
- [64] V. Tiberkevich, A. Slavin, and J.-V. Kim, Appl. Phys. Lett. 91, 192506 (2007).
- [65] I. Firastrau, L. Buda-Prejbeanu, B. Dieny, and U. Ebels, J. Appl. Phys. 113, 113908 (2013).

- [66] R. Cheng, D. Xiao, and A. Brataas, Phys. Rev. Lett. 116, 207603 (2016).
- [67] See Supplemental Material at http://link.aps.org/supplemental/ 10.1103/PhysRevB.107.L100402 for the coordinate transformation and a detailed derivation.
- [68] T. Holstein and H. Primakoff, Phys. Rev. 58, 1098 (1940).
- [69] X. Shen, H. Chen, Y. Li, H. Xia, F. Zeng, J. Xu, H. Y. Kwon, Y. Ji, C. Won, W. Zhang et al., J. Magn. Magn. Mater. 528, 167772 (2021).
- [70] These values can be chosen with a certain flexibility as long as the loss is larger than the gain, as we discuss in detail later.
- [71] R. A. Duine, V. Errani, and J. S Harms, arXiv:2302.07607.
- [72] M. M. Subedi, K. Deng, Y. Xiong, J. Mongeon, M. T. Hossain, P. Meisenheimer, E. Zhou, J. Heron, M. B. Jungfleisch, W. Zhang *et al.*, arXiv:2301.07311.

- [73] B. Heinrich, Y. Tserkovnyak, G. Woltersdorf, A. Brataas, R. Urban, and G. E. W. Bauer, Phys. Rev. Lett. 90, 187601 (2003).
- [74] A. Ardavan, A. M. Bowen, A. Fernandez, A. J. Fielding, D. Kaminski, F. Moro, C. A. Muryn, M. D. Wise, A. Ruggi, E. J. McInnes *et al.*, npj Quantum Inf. 1, 15012 (2015).
- [75] C. M. Ramsey, E. Del Barco, S. Hill, S. J. Shah, C. C. Beedle, and D. N. Hendrickson, Nat. Phys. 4, 277 (2008).
- [76] A. F. Amin, G. Li, A. H. Phillips, and U. Kleinekathöfer, Eur. Phys. J. B 68, 103 (2009).
- [77] P. Zhang, Q.-K. Xue, and X. C. Xie, Phys. Rev. Lett. 91, 196602 (2003).
- [78] X. Yang and Y. Liu, J. Appl. Phys. 113, 164310 (2013).
- [79] M. Parto, S. Wittek, H. Hodaei, G. Harari, M. A. Bandres, J. Ren, M. C. Rechtsman, M. Segev, D. N. Christodoulides, and M. Khajavikhan, Phys. Rev. Lett. 120, 113901 (2018).