Stability and dynamics of many-body localized systems coupled to a small bath

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It is known that strong disorder in closed quantum systems leads to many-body localization (MBL), and that this quantum phase can be destroyed by coupling to an infinitely large Markovian environment. However, the stability of the MBL phase is less clear when the system and environment are of finite and comparable size. Here, we study the stability and eventual localization properties of a disordered Heisenberg spin chain coupled to a finite environment, and extensively explore the effects of environment disorder, geometry, initial state, and system-bath coupling strength, using the steady-state value of magnetization as a probe. Focusing on nonequilibrium dynamics and steady-state properties, our results indicate that within system sizes amenable to exact diagonalization, a strongly localized system interacting in a junction configuration retains remnant information on its initial state at long times despite coupling to a finite ergodic environment. In contrast, in a ladder configuration, strong dependencies on the initial state and coupling strength are observed, which can lead to either the loss or retention of information. Finally, we highlight and discuss discrepancies that can arise when similar methodologies are employed to infer localization or thermalization, revealing the need for careful interpretation.

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I. INTRODUCTION

Dynamics in ergodic systems typically lead to thermalization, in which the system converges to a thermodynamic equilibrium state independent of its initial state [1–3]. Yet, from the point of view of quantum information processing, understanding conditions in which thermalization fails—thus resulting in the local retention of information—is attractive. Interacting many-body quantum systems that are able to locally retain information, said to exhibit many-body localization (MBL) [4–7], allow us to contrive dynamics which maintain quantum information in the presence of interactions. It is now generally accepted that strong disorder can drive closed ergodic systems into localization, a fact supported by large bodies of theoretical [8–10], experimental [11–16], and numerical [6,17,18] work, barring a few studies on whether it constitutes a true phase of matter in the thermodynamic limit [19–24].

In practical situations, quantum systems are not ideally isolated and may be coupled to an ergodic environment to varying extents. Even in the ideal isolated situation, rare regions of low disorder that form amid a disordered system effectively act as ergodic subsystems with the potential to thermalize the larger system via an avalanching mechanism, depending on dimensionality and the nature of the couplings [25-28]. An understanding on the resulting fate of such interactions between localized and ergodic phases is therefore important to establish the stability and robustness of MBL, and whether it can survive in higher dimensions [29-32]. This is also experimentally interesting [14,33], especially in higher dimensional systems which are still inaccessible to numerical simulations.

While one can model the system-bath interaction with quantum master equations such as the Lindblad master equation, the number of degrees of freedom of the bath is assumed to be large compared to that of the system, and with this approach the system is expected to thermalize at long times [34–37]. However, the situation is less clear if the number of degrees of freedom of the environment is comparable to that of the system, in which backaction and proximity effects can be significant. Under certain conditions, it has been shown that these effects can prevent quantum systems from thermalization [31,38–40], which can be a desirable scenario for quantum information processing. Moreover, there has been less emphasis on understanding the effects of such couplings from a dynamical perspective, and its relation to results obtained from the entire eigenspectrum of MBL systems, which is important in understanding many existing experimental results [11–14,16].

In this article, we focus on the situation where (i) the number of degrees of freedom of the environment is comparable

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FIG. 1. A schematic depiction of a disordered spin chain interacting with a bath. We consider two types of system-bath configurations: (a) the system is connected to the bath with a single connection and (b) the system is attached to the bath in a ladder configuration.

to that of the system, and (ii) the system is in the strongly localized regime, asking whether such couplings preserve or destroy the localization properties of the system or the environment. Does a strongly localized system lose its localization properties when coupled to an ergodic bath, or is the bath localized instead? Do they retain their initial localization properties? If so, to what extent?

We numerically investigate these questions by studying the dynamics of a prototypical system exhibiting MBL—the disordered s = 1/2 Heisenberg chain [6,18]—when specific initial states are coupled together under different configurations (either in a *junction* or *ladder* configuration; see Fig. 1). By investigating these configurations for a range of parameters and system sizes, we wish to understand how the strength and geometry of couplings to a small bath affect the localization properties of both the system and the bath concretely, if information about the system's initial conditions can still be recovered after long evolution times. Allowing two chains of differing disorder to interact with different interaction strengths, we study their dynamics and steady-state localization properties, using the staggered magnetization as a diagnostic of localization [12,41,42].

The study of these configurations can be treated as idealizations of the local physics of an ergodic spot appearing within a strongly localized 1D (2D) system in the junction (ladder) configuration, where thermalization of the localized subsystem from its boundary signals the onset of an avalanching thermalization across the larger system [27,28,32,43,44]. Indeed, in the limit of large system sizes, such ergodic spots with anomalously weak disorder necessarily appear, with the capacity to trigger this avalanche if the overall system is not sufficiently localized. Additionally, in the case of a strongly localized system interacting with an ergodic spot, we wish to understand the roles played by the strength and geometry of their interactions. The ongoing study to understand this mechanism reveals crucial information about the stability of the MBL phase in the thermodynamic limit and in different dimensions.

Our numerical results indicate a complex interplay of disorder strength, system-bath geometry, coupling, and the choice of initial states. For a strongly localized system interacting in the junction configuration, the system and environment tend to independently retain their localization properties, insensitive to the system-environment interaction strength, in the form of remnant magnetization and fidelity (with the initial state). For the ladder configuration, we observe a similar conclusion for system-environment interaction strengths that are comparable or smaller than the ladder's intrachain interaction strength-there is no domination of localization or ergodicity, only a weakening of both characteristics. Numerics on larger system sizes support this conclusion in both configurations. On the other hand, for large interaction strengths, the system and environment are characterized by the dimerization of each 2-qubit ladder rung. The eventual dynamics and steady-state behavior of the dimerized chain are then dependent on initial conditions, which can tend toward information loss or retention, which we illustrate with analyses on the dynamics of individual spins.

As we will describe, the limited system sizes accessible do not allow concrete claims on the ergodic/MBL transition point to be made. Moreover, directly interpreting the preservation (or lack thereof) of magnetization as a signature of localization in the thermodynamic limit by extrapolating from these sizes leads to discrepancies with related studies that involve more detailed probes or larger system sizes, revealing the need for careful interpretation in existing experimental studies.

Our results supplement existing studies on MBL systems coupled to small baths [29,31,33,39,43–46], and generalize them by exploring the effects of different geometries, interaction strengths, environment disorders, and nonequilibrium initial states. Using an experimentally accessible diagnostic of localization, we hope to shed light on the interplay between localization and ergodicity, and the potential for localized systems to retain encoded information.

We structure the article as follows: In Sec. II, we describe the model and the two interaction configurations considered. In Sec. III, we define and motivate the use of staggered magnetization as a dynamical signature to detect localization. Next, we present our main numerical results in Sec. IV, along with additional numerics for different system sizes, comparisons with existing work, and discussions on apparent discrepancies. In Sec. V, we discuss the applications of our results in quantum memory. Finally in Sec. VI, we conclude and reiterate our main results.

II. SYSTEM-ENVIRONMENT MODEL

The total Hamiltonian of the system and its environment can be written as

$$H_{\rm tot} = H_{\rm s} + H_{\rm e} + H_{\rm int},\tag{1}$$

where H_s , H_e , and H_{int} are the system, environment, and interaction Hamiltonians, respectively. In the following analyses, we take the system and environment to be 1D isotropic Heisenberg spin-1/2 chains of l spins (forming a total of L = 2l spins) with disordered transverse magnetic field and open boundary conditions:

1 1

$$H_{\rm s} = J \sum_{i=1}^{l-1} \vec{S}_i \cdot \vec{S}_{i+1} + \sum_{i=1}^{l} h_i^{(s)} S_i^z, \qquad (2)$$

$$H_{\rm e} = J \sum_{i=l+1}^{2l-1} \vec{S}_i \cdot \vec{S}_{i+1} + \sum_{i=l+1}^{2l} h_i^{(e)} S_i^{z}, \qquad (3)$$

where $\vec{S}_i = (S_i^x, S_i^y, S_i^z)$ is the vector of local spin operators at site *i*, with $i \in [1, l]$ denoting the *l* system spins and $i \in [l+1, 2l]$ denoting the l environment spins. J is the intrachain interaction strength while $h_i^{(s)}$ $(h_i^{(e)})$ is the disorder parameter of the system (environment), which is a random real number uniformly distributed in the interval $[-W_s, W_s]$ $([-W_e, W_e])$. Taken independently, the critical disorder at which the ergodic-MBL transition occurs for Hamiltonians Eq. (2) and Eq. (3) has been extensively studied with various numerical methods, with the location of this transition (as determined by exact diagonalization methods) increasing from $W \approx 2J$ up to $W \approx 3.7J$ as the number of spins increases from 6 to 22 [6,18,47,48]. We will consider total system sizes within the regime of exact diagonalization of up to L = 16 in our following analyses, keeping in mind the inexactness of the critical disorder's location.

The system and its environment are then allowed to interact via spin-spin interactions in two configurations:

(1) Junction configuration:

$$H_{\rm int}^{\rm (junc)} = J_{\rm int}\vec{S}_l \cdot \vec{S}_{l+1}.$$
 (4)

(2) Ladder configuration:

$$H_{\rm int}^{\rm (ladder)} = J_{\rm int} \sum_{i=1}^{l} \vec{S}_i \cdot \vec{S}_{i+l}.$$
 (5)

Here J_{int} represents the strength of the system-environment coupling. Figure 1 schematically illustrates these two systembath configurations. Throughout the article, we set J = 1. We will also set the disorder of the system to be $W_s = 9$ so that the system always lies well within the strongly localized regime at all investigated system sizes, while allowing the environment disorder W_e to vary from $W_e = 0$ (representing an ergodic phase) to $W_e = W_s$ (representing a strongly localized phase).

III. DYNAMICAL SIGNATURES OF LOCALIZATION

An important signature of MBL systems is the existence of a set of local conserved operators, referred to as quasilocal integrals of motion (LIOMs). This integrability constrains the system's dynamics, leading to atypical dynamical properties such as a logarithmic growth of entanglement and boundarylaw scaling of entanglement entropy [8,9,49]. The dynamical signature that we focus on is the equilibration of local observables to nonthermal values under a quantum quench [6,50], in particular that of the local physical spin operators S_i^z . The LIOM theory predicts that at long times, $\langle S_i^z \rangle$ will equilibrate to values that carry information about the initial state. This is in contrast to thermalizing systems which retain no long-term memory, evolving into a temperature-dependent equilibrium state with no memory of the initial states. As we will subsequently restrict our attention to initial Néel states of the form $|\uparrow\downarrow\uparrow\downarrow\uparrow\downarrow\ldots\rangle$ (chosen as an instance of a highly nonthermal initial state) to measure the collective effect of the equilibration of $\langle S_i^z \rangle$ across the entire chain, it is instructive to measure the (normalized) staggered magnetization, defined as

$$M(t, [a, b]) = \frac{1}{|b-a|} \sum_{i=a}^{b} (-1)^{i} \langle \psi(t) | S_{i}^{z} | \psi(t) \rangle, \quad (6)$$

where 1/|b-a| is a normalization factor, and [a, b] is the portion of subsystem of interest. We further denote $M_{sys} \equiv M([1, l])$ and $M_{env} \equiv M([l+1, 2l])$ the staggered magnetization of the system and environment chains, respectively. As a probe of localization [48], the staggered magnetization has the advantage of being experimentally accessible [12], and is equivalent to the particle imbalance probed in cold-atom setups [11].

We will be interested in the disorder-averaged quasisteady-state behavior of M at late times, i.e., the behavior of

$$\overline{M}([a,b]) = \frac{1}{\Delta t_{SS}} \int_{t_{SS}} M(t,[a,b]) dt$$
(7)

when it is averaged over numerous disorder realizations, with an appropriately chosen steady-state window t_{SS} that does not contain transient behavior. The bar denotes averaging over the steady-state window, and we will always consider disorderaveraged quantities (the notation of which we suppress). We thus expect that if an initial highly nonthermal state of the form $|\psi(0)\rangle = |\uparrow\downarrow\uparrow\downarrow\ldots\rangle$ is subjected to a quench, \overline{M} should remain close to its initial value of $\overline{M} = 1$ if the system is fully localized, while decaying to $\overline{M} = 0$ in the ergodic case.

The staggered magnetization can also be rescaled to define the Hamming distance:

$$D(t) = \frac{1}{2} [1 - M(t)], \tag{8}$$

which is 0.5 for a thermal state and 0 for a fully localized Néel state. Also a quantifier of localization, it has been studied in MBL models [41,42], including an experimental demonstration of MBL in a disordered long-range Ising model with ultracold ions [12]. For initial states that are not in the Néel form, a more general measure is desirable, and in Appendix A we study the fidelity, which is a quantifier of localization that does not depend upon the initial state being in the Néel form. Alternatively, one may use state-independent generalizations of the staggered magnetization that reduces to Eq. (6) for the Néel state as in Refs. [51,52].

To compute the long-time averages of observables, in lieu of an evolution over a finite duration and averaging over a window at late times as we have done, we note that one can in principle obtain the infinite-time average with the diagonal ensemble [3] (this is explored in Appendix C). However, the latter approach requires an exact diagonalization of the Hamiltonian, which we observed to be more computationally demanding than an evolution in a closed system for finite time. Since we observe good agreement in values and qualitative behavior from both approaches (see Fig. 2), subsequent analyses will be done with the former approach.



FIG. 2. (a) Dynamics of staggered magnetization, M(t), and (b) steady-state spatial distribution of local spin expectation values for parameters $J_{int} = J = 1$, $W_{env} = 0$, and $W_{sys} = 9$, averaged over 100 disorder realizations. The steady-state window $\Delta t_{ss} = 2.4$ corresponding to $t \in [9.6, 12]$ is used to compute the steady-state spin distribution of (b). Error bars are too small to be displayed. The red line in panels (a) and (b) indicates staggered magnetization and local spin values obtained with the diagonal ensemble, respectively (see Appendix C).

IV. NUMERICAL RESULTS

In this section, we present numerical results on the dynamics under the junction and ladder configurations, and investigate features that arise. To study the steady-state localization properties of the system, we initialize the total system in a highly nonthermal initial product state $|\psi(0)\rangle =$ $|\psi^{s}(0)\rangle \otimes |\psi^{e}(0)\rangle$, allow it to evolve under H, and study the subsequent dynamics of $|\psi(t)\rangle$. Each individual chain starts as a Néel state, and we denote $|\psi_{even}\rangle \equiv |\downarrow\uparrow\downarrow\uparrow\downarrow\uparrow\rangle$ and $|\psi_{odd}\rangle \equiv$ $|\uparrow\downarrow\uparrow\downarrow\uparrow\downarrow\uparrow\downarrow\rangle$ to distinguish between Néel states with positive spins at even-numbered sites and those with positive spins at odd-numbered sites, respectively. This distinction is important for the localization dynamics of the ladder configuration, as shown in Sec. IV B. To quantify the extent of localization or the preservation of the initial state, we study the staggered magnetization \overline{M} as defined in Eq. (7), which measures the deviation of $|\psi(t)\rangle$ from the initial Néel state.

A. Junction

We first consider the junction configuration and the initial state $|\psi(0)\rangle = |\psi_{even}^s\rangle \otimes |\psi_{even}^e\rangle$, in which case the ergodic and localized 1D subsystems interact through a single contact point. The resulting physics can be treated as an idealization of the local physics of an ergodic spot appearing within a strongly localized 1D chain, where compared to higher dimensional systems, the area of contact between the two phases is independent of the size of spontaneously appearing ergodic spots.

To illustrate the quenched dynamics and equilibration at long times of the staggered magnetization, we consider a strongly localized system ($W_{sys} = 9$) coupled to a strongly ergodic environment ($W_{env} = 0$) with interchain interaction strength $J_{int} = J$. Figure 2(a) shows the dynamics of M_{sys} and M_{env} . Starting from the initial state with $M_{sys}(t = 0) =$ $M_{env}(t = 0) = 1$, both curves display a rapid decrease in Mat short times, before fluctuating about different equilibrium values ($M_{sys} \approx 0.4$ and $M_{env} \approx 0$) after a transient period. Figure 2(b) further shows the equilibrated spatial distribution



FIG. 3. Steady-state staggered magnetization of the system, M_{sys} (left), and environment, \overline{M}_{env} (right), for the junction configuration. The tuples (J_{int}, W_{env}) form a grid separated by 0.5 intervals. Each point is averaged over 200 disorder realizations, evolved for Jt = 50.

of local spin expectation values $\langle S_i^z \rangle$, averaged over the steadystate window $t \in [9.6, 12]$, appropriately chosen beyond the transient period.

The large value of $M_{\rm sys} \approx 0.4$ reflects the preservation of information in the localized system half chain despite its coupling to an ergodic environment. On the other hand $M_{\rm env} \approx 0$ signals information loss in the other ergodic environment half chain. This can also be seen from the spin distribution in Fig. 2(b)—the system retains its alternating local spin expectation values $\langle S_i^z \rangle$, while the environment retains no such feature.

We also note that the spin belonging to the system closest to the boundary (i = 6) has equilibrated to a value close to zero, potentially signifying the penetration of ergodicity into the localized system. While spins close to the boundary contribute to the value of the equilibrated staggered magnetization, this contribution is expected to decrease as the length of the chain is increased.

Under these parameters, we thus observe that both the system and environment retain their localization properties—measured by the retention (or lack thereof) of magnetization—despite the coupling. That is, they evolve as independent half chains, even with contrasting localization properties, as the only interaction between the two chains occurs at the boundary. Indeed, we find that this conclusion can be further extended to a larger range of values for J_{int} and W_{env} , as we summarize in Fig. 3, which shows the values of \overline{M}_{sys} (left) and \overline{M}_{env} (right) for $J_{int} \in [0, 10]$ and $W_{env} \in [0, 9]$. We note the large values of \overline{M}_{sys} , regardless of J_{int} and W_{env} ; the system retains its magnetization (in particular, even when the system is interacting strongly with a highly ergodic bath).

Additionally, we observe that the system environment coupling shifts the apparent ergodic-MBL transition point to larger disorder values for this system size, visible by comparing the values of \overline{M}_{env} at $J_{int} = 0$ with finite J_{int} in Fig. 3. Nonetheless, we expect this shift to vanish for increasing system sizes, as the number of interactions do not scale with chain length. This is confirmed later in Sec. IV C, where additional numerical simulations for increasing total system sizes indicate the retention of localization properties in both the system and environment. With increasing system size, the contribution of the system-environment coupling to \overline{M} will also tend to zero, visible in Fig. 2(b) at sites 6 and 7, and in Fig. 8(b).



FIG. 4. Illustration of different initial states for the ladder configuration: (a) aligned state, $|\psi_A\rangle$, and (b) misaligned state, $|\psi_B\rangle$.

B. Ladder

Next, we consider a more physically realistic situation, in which the system-bath interactions scale with system sizes. One possible configuration is the ladder configuration described by $H = H_s + H_e + H^{(\text{ladder})}$ from Eqs. (2), (3), and (5) in which every spin in the system interacts with an environment spin with interaction strength J_{int} [illustrated in Fig. 1(b)].

It is known that the physical properties of this configuration depend on the ratio $\gamma \equiv J/J_{int}$ [53]. In the limit where $J_{int} = 0$, the two chains decouple and evolve independently of one another. A small but nonzero J_{int} then acts as a weak perturbation to each chain. On the other hand, in the limit where J = 0and so $\gamma = 0$, each ladder rung decouples from the other and evolves independently under the local rung Hamiltonian:

$$H_i = J_{\text{int}} \vec{S}_i \cdot \vec{S}_{i+l}.$$
(9)

The eigenstates of (9) are the triplets $|\uparrow\uparrow\rangle$, $|\downarrow\downarrow\rangle\rangle$, $\frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)$ with total spin 1, and the singlet state $\frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)$ with total spin 0; each rung is effectively a site that can exist as a spin-0 or spin-1 particle (or a superposition of both).

In the following, we again follow a similar analysis to that of the previous section by studying the quenched dynamics of an initial state $|\psi(0)\rangle$ evolving under the Hamiltonian H = $H_s + H_e + H_{int}^{(ladder)}$. Fixing J = 1, we start in the limit $J_{int} = 0$ where both chains are decoupled and vary the ratio $\gamma = J/J_{int}$ by increasing J_{int} .

The subsequent results indicate that the steady-state localization properties of the system will persist for small to intermediate interchain coupling strength J_{int} , but at large J_{int} different dynamics emerge, which depend strongly on the initial state of both the system and the environment. We will consider two different initial states: we call $|\psi_A\rangle \equiv |\psi_{even}\rangle \otimes$ $|\psi_{even}\rangle$ the aligned state, and $|\psi_M\rangle \equiv |\psi_{even}\rangle \otimes |\psi_{odd}\rangle$ the misaligned state (see Fig. 4). Importantly, the two initial states have different energy densities due to the interaction terms $H_{int}^{(ladder)}$. This term is positive for the aligned case and negative for the misaligned case. In the regime where J_{int} is large, its contribution to the energy density becomes significant, resulting in distinct dynamics for the two different initial states.

Figure 5 shows the values of \overline{M}_{sys} (left) and \overline{M}_{env} (right) for $J_{int} \in [0, 10]$ and $W_{env} \in [0, 9]$, for both choices of initial states. In the following, we analyze our results in the weak, intermediate, and strong system-environment interaction regimes independently.





FIG. 5. Steady-state staggered magnetization for the system, \bar{M}_{sys} (left), and environment, \bar{M}_{env} (right), for the ladder configuration. The upper two plots were obtained with the aligned initial state $|\psi_A\rangle \equiv |\psi_{even}\rangle \otimes |\psi_{even}\rangle$, while the bottom two plots were obtained with the misaligned initial state $|\psi_M\rangle \equiv |\psi_{even}\rangle \otimes |\psi_{odd}\rangle$. The tuples (J_{int}, W_{env}) form a grid separated by 0.5 intervals. Each point is averaged over 200 disorder realizations, evolved for Jt = 50.

1. Weak-interaction regime: $J_{int} \ll J$

For J_{int} much smaller compared to J, the system and environment are reduced to independently evolving chains that weakly perturb one another. This is consistent with our expectations, illustrated by the independence between M_{sys} and W_{env} in Fig. 5 at small values of J_{int} . For $J_{int} = 0$, when W_{env} is increased, the environment transitions from being ergodic to localized, while the localized system remains so, with M_{sys} unchanged.

2. Intermediate regime: $J_{int} \approx J$

In this regime, the ladder configuration represents an intermediate configuration between 1D and 2D. In the case of $J = J_{int}$, this has been studied in the context of MBL to exhibit localization beyond a critical disorder strength across the entire ladder [54]. Since our focus is on the coupling between two systems of different localization properties, the above situation is effectively a special case of our results when $W_{env} = W_{sys}$.

For $J \approx J_{\text{int}}$, while $\overline{M}_{\text{env}}$ responds to changes in W_{env} , the near constant value of $\overline{M}_{\text{sys}} \approx 0.3$ in Fig. 5 indicates the preservation of localization in the system, regardless of the environment disorder. The system and environment thus evolve independently from one another, illustrated by the strong independence between $\overline{M}_{\text{sys}}$ and $\overline{M}_{\text{env}}$. In particular, this observation is consistent with the fact that the critical disorder strength for a ladder of the same model with $J_{\text{int}} = J$ has been determined to be $W = (8.5 \pm 0.5)J$ by analyses on the scaling of entanglement entropy and spectral statistics [54]. This parameter choice corresponds to points close to the upper-left corner of the plots of Fig. 5, i.e., the points $(J_{\text{int}}, W_{\text{env}}) = (1, 8.5).$

We note the drop of \overline{M}_{sys} when the system is coupled to the environment at $J \approx J_{int}$, which is independent of the environment disorder W_{env} . Consistent with the ladder's larger critical disorder strength of $W = (8.5 \pm 0.5)J$, this is because the two chains effectively form a quasi-2D configuration, which localizes at a larger disorder.

We conclude that in this regime, the initially localized system and environment both retain their localization properties in the form of remnant magnetization upon coupling, albeit to a lesser extent than if they were connected via the junction configuration. This degradation can be attributed to the transition from a 1D system to a quasi-2D one, which requires larger disorder to be localized. Additional simulations performed in this regime for different total system sizes in Sec. IV C indicate that the above conclusion continues to hold.

3. Strong-interaction regime: $J_{int} \gg J$

For large values of J_{int} , Fig. 5 indicates that \overline{M}_{sys} and \overline{M}_{env} become strongly correlated, with $\overline{M}_{sys} \approx \overline{M}_{env}$. The boundary at which this occurs is seen from the figures at values of $J_{int} \in [4, 6]$, depending on W_{env} . The values of \overline{M} also depend now on the initial state, with $\overline{M} \approx 0.55$ for the aligned initial state (blue regions in top plots) and $\overline{M} \approx 0$ for the misaligned initial state (red regions in bottom plots).

The values of \overline{M}_{sys} and \overline{M}_{env} in each case can be explained by the large interaction strength J_{int} between qubits in the top and bottom rung reducing the ladder into a series of dimers that interact with their neighbors. That is, in the timescale Jt, the spin-1/2 ladder is reduced to a single spin chain consisting of particles that have both spin-0 and spin-1 degrees of freedom. The quenched dynamics of the ladder thus depends strongly on the rungs' initial configuration.

For an initial aligned state $|\psi_A\rangle$, each rung is either $|\uparrow\uparrow\rangle$ or $|\downarrow\downarrow\rangle$, which correspond to two of the triplet states. More generally, if the top and bottom spins of a rung are initially aligned in the same direction, it is an eigenstate of the J_{int} term of the total Hamiltonian; the resulting two-qubit product state can always be written as a superposition of the triplets. An evolution generated by the same term will therefore only result in the multiplication of a global phase factor. As $J \ll$ J_{int} , in the timescale Jt, the two spins of a rung are therefore strongly coupled, with a common direction that can effectively be described by a total spin vector. This total spin vector then interacts with its neighbors via the J terms of the total Hamiltonian. In this case the ladder is reduced to a chain of interacting spin-1 particles with an effective external disorder that depends on both W_{sys} and W_{env} , with the steady-state staggered magnetization indicating the strength of localization arising from the effective disorder. This is the reason we observe the preservation of remnant magnetization in the top two plots of Fig. 5.

The dynamics of staggered magnetization for different values of $W_{\rm env}$ shown in Fig. 6 illustrates this behavior. For $J_{\rm int} = 20$, the values of $M_{\rm sys}$ and $M_{\rm env}$ for each disorder strength W are strongly correlated and close to one another, such that for larger $J_{\rm int}$ we expect $M_{\rm sys} \approx M_{\rm env}$. Their dy-



FIG. 6. Dynamics of staggered magnetization for the aligned initial state in the ladder configuration, for different disorder W and interaction strength $J_{int} = 20$. Solid line indicates system staggered magnetization M_{sys} while dashed lines indicate environment staggered magnetization M_{env} . When $J_{int}/J \gg 1$, the dynamics is qualitatively similar to that of a 1D chain, and $\langle S_i^z \rangle \approx \langle S_{i+1}^z \rangle$.

namics and final steady-state values are thus qualitatively similar to that of a disordered spin-1/2 chain, where the staggered magnetization scales with disorder strength, transitioning from thermal to localized. The large values of $M_{\rm sys}$ and $M_{\rm env}$ in Fig. 5 also indicate that memory of the initial configuration is retained, encoded in the +1 and -1 total spin vectors of each dimer. We discuss and provide further numerical analysis on the reduction of the spin-1/2 ladder to a spin-1 chain in Appendix B.

For the misaligned initial state $|\psi_M\rangle$, each rung is either $|\uparrow\downarrow\rangle$ or $|\downarrow\uparrow\rangle$, which are superpositions of both singlet and triplet states. The dynamics in this case is separated into two timescales: the dynamics of the chain controlled by J, and the internal dynamics of each dimer controlled by J_{int} . This is shown in Fig. 7(a), where the dynamics of staggered magnetization consists of high-frequency oscillations bounded by an envelope, with a time average of zero. The internal oscillations arise from the J_{int} terms of the total Hamiltonian, which cause each dimer to oscillate between spin-0 and spin-1 modes with a frequency proportional to J_{int} [see inset of Fig. 7(a)]. On the other hand, the envelope originates from interactions between neighboring dimers due to the J terms, and the presence of disorder. Both effects serve to introduce phase differences between the dimers, leading to the suppression of the amplitude of the envelope. Figure 7(b) shows this suppression effect as the neighboring interaction (controlled by J) and disorder (controlled by W_{sys} or W_{env}) are successively turned on. Ultimately, the steady-state staggered magnetization averages to zero, leading to the red regions in Fig. 5 (bottom) at large $J_{\text{int.}}$ This situation is expected to occur whenever a two-qubit rung is in a superposition of spin-0 and spin-1 modes; the subsequent dynamics then consists of oscillations between the two spin degrees of freedom, resulting in the loss of remnant magnetization.

In a generic situation where the system and environment initial states are uncorrelated, we therefore expect the loss of remnant magnetization in this regime, leading to dynamics of



FIG. 7. Dynamics of staggered magnetization for the misaligned initial state in the ladder configuration, showing internal oscillations with frequencies proportional to J_{int} (top) and the suppression of amplitude due to disorder and neighboring interactions (bottom).

the type shown in Fig. 7(a). Only in the rare case where the spins are aligned in the same direction can dimerization occur, mapping the dynamics to that of a chain of spin-1 particles shown in Fig. 6. The onset of this regime is observed to be between $J_{\text{int}} \in [4, 6]$. For larger system sizes, the same conclusions are expected to hold, due to the dimerization between top and bottom qubit pairs.

C. Scaling for different total system sizes

In this section, we provide numerical evidence that similar conclusions hold in both the junction configuration of Sec. IV A and the ladder configuration of Sec. IV B 2 in the intermediate coupling regime for larger system sizes.

Figure 8 shows additional numerical results for different total system sizes of $L \in \{4, 6, 8, 10, 12, 14, 16\}$. We consider both the junction and ladder configurations in the intermediate coupling regime $J_{int} = J = 1$, with the system's disorder fixed at $W_{sys} = 9$, starting from the aligned initial state. Figures 8(a) and 8(b) show \overline{M}_{sys} and \overline{M}_{env} as functions of W_{env} and L, respectively.

For all system sizes, \overline{M}_{sys} remains at nonzero values as W_{env} is changed (top two blue plots), indicating the preservation of magnetization regardless of the environment's localization properties. On the other hand, the environment shows



FIG. 8. Steady-state staggered magnetization \overline{M} for different system sizes, for both the junction and ladder configurations in the intermediate regime $J_{int} = J = 1$. Top four curves of (a) in blue show response against W_{env} , while bottom four curves of (b) in red show response against *L*. Both sets of curves are plotted from the same data set. We find similar qualitative results for the misaligned initial state, which we omit.

a transition from retention to loss of magnetization as its disorder W_{env} is changed (bottom two blue plots). The curves of \overline{M} against W_{env} also appear to be converging to a fixed function as L increases, or equivalently that the gradients of the \overline{M} against L curves (red curves) are decreasing with increasing L.

Within the system sizes amenable to the numerics, these two observations taken together suggest that the main conclusion of the previous sections—that in the intermediate coupling regime, the system and environments both retain their localization properties—persists for larger system sizes. Even if the total system may eventually equilibrate, displaying either localization or thermalization for both parts when approaching the thermodynamic limit, we note that the rate at which this is obtained is substantially different depending on whether the subsystem exhibits disorder or not.

D. Discussion and comparison with relevant work

We compare and discuss our results in relation to existing work that seeks to identity the ergodic/MBL crossover point in the thermodynamic limit more precisely.

Reference [43], which studies an effective model with exponentially decaying system-bath interaction strength (effectively a configuration that is intermediate between our junction and ladder configurations), observed thermalization using numerous eigenstate probes. Reference [45] studies the junction configuration with increasing system sizes, and observes a slow transition to thermalization with increasing system sizes, using the statistics of local observables across different eigenstates. For a model closest to our work, Ref. [54] studies Heisenberg chains arranged in a ladder configuration as one single system, arriving at a critical disorder of ≈ 8.5 for small system sizes within the capacity of ED. The above works consider quantities such as entropies and the statistics of local observables which are taken over the entire eigenspectrum, distinct to our approach of considering specific initial states.

Most relevant to us in terms of methodology, Ref. [32] considers hard-core bosons interacting (among others) in a ladder configuration, and infers thermalization based on the dynamics of local observables [48], arriving at a critical disorder of \approx 12 by considering up to 2 × 20 spins with non-ED methods. This conclusion was carefully obtained by taking the halting of a power-law decay of magnetization to be the ergodic-MBL crossover point, starting from a striped initial state (equivalent to the aligned initial state considered in our work).

Comparing with our junction results in Fig. 8, where we instead observed clear signatures that a system coupled to a small bath retains its magnetization $[\overline{M}_{sys}$ remains at nonzero values for increasing system sizes (red curves, top-left plot)], a discrepancy appears if the preservation of magnetization observed within system sizes amenable to ED is directly taken to be an indicator of localization in the thermodynamic limit. These discrepancies further establish the presence of a strong finite-size drift for the ergodic/MBL crossover point in the thermodynamic limit, when the steady-state value of the staggered magnetization at small system sizes is used as a signature of localization. Limited numerics with the steady-state fidelity in Fig. 9 also appear to indicate similar conclusions.

A possible explanation of the discrepancy may be that the system's disorder of $W_{\text{sys}} = 9$ considered in our work is too strong (compared to the known critical disorder of $W_c \approx 3.7$ for individual half chains), leading to the inability of the ergodic bath to wash away the magnetization of the initial states. Weaker disorder is expected to more strongly trigger the avalanching mechanism, with direct consequences on the steady-state values of local observables and fidelities. We delegate the exploration of this important question to further work, choosing to presently focus on the different choices of initial states and interaction strengths.

Comparing with studies focusing on quantities such as entropies and the statistics of local observables which are taken over the entire eigenspectrum [6,17,39,55], our approach of studying the steady-state properties of different initial states reveals that general conclusions may differ for initial states



FIG. 9. Steady-state fidelity for the system, \overline{F}_{sys} , for different parameters W_{env} and J_{int} . System-environment are in the ladder configuration, with an initial aligned state $|\psi_A\rangle \equiv |\psi_{even}\rangle \otimes |\psi_{even}\rangle$. The tuples (J_{int}, W_{env}) form a grid separated by 1 intervals. Each point is averaged over 200 disorder realizations.

that are far from equilibrium, in our case significantly affecting the steady-state magnetization after quenching. A related issue is the presence of the MBL mobility edge [18,38,54,56], where states with different energy densities can give rise to different localization properties. This is illustrated in Fig. 5, where dynamics under an MBL Hamiltonian with the same W and J_{int} results in significantly different magnetization values, depending on the energy density of the initial state.

As our approach is consistent with a large number of experimental investigations of MBL [11–14,16,56] (since separable initial states such as the Néel state can be easily prepared and local observables can be easily extracted), the above discussion highlights that conclusions gained from similar methodologies concerning the stability and scaling properties of the MBL phase should be interpreted with care, with the underlying dynamics and energy densities taken into account.

V. IMPLICATIONS ON INFORMATION RETENTION PROPERTIES

In the actual implementation of many-body quantum systems for technological applications, unwanted dissipation and couplings to the environment cannot be completely eliminated. While a simple model treating the environment as an infinitely large system can be described by a quantum master equation, the neglect of backaction effects eventually drives the MBL system toward a thermal state logarithmically [39,57]. As a first step in studying whether such a finite bath can lead to a different picture, it is instructive to consider both the system and the environment as a closed system.

Our numerical approach answers the question for the case when the system and environment belong to the same type and size. This is relevant for future implementations of many-body quantum systems; as isolation from the external environment with a large number of degrees of freedom improves, the dominant source of noise and decoherence then shifts toward the system itself, where subsystems act as internal baths.

In this situation, our results indicate that the MBL phase remains robust even when coupled to an ergodic (or localized) environment in a configuration where the number of interaction terms scales with system size (the ladder configuration), provided that the coupling strength, controlled by J_{int} , is comparable to (or smaller than) the system's internal interaction strength, J. This conclusion is supported by the numerical results obtained with different total system sizes. With the steady-state staggered magnetization as a diagnostics for the preservation of information about the system's initial state, we find persisting magnetization that does not decay over time. Moreover, this behavior does not depend on the initial configuration of the system and environment; memory of the system's initial state can thus be retained and extracted from local spin expectation values, regardless of the system's initial configuration and a coupling to an ergodic environment.

As J_{int} is increased, a different dynamics emerges, which depends on the system's and environment's initial configurations. We identify this behavior as resulting from the ladder being reduced into a chain of particles with both spin-0 and spin-1 degrees of freedom. The dynamics then depends on whether each dimerized ladder rung can oscillate between the two spin states under the given Hamiltonian.

Our analysis is also relevant for applications in quantum memory devices, involving the storage of information of an initial state over prolonged periods of time. Focusing on the case where the system and environment are both in the MBL phase (i.e., with large disorder) and disregarding the labels "system" and "environment," we treat the entire ladder from the previous section as a closed memory device. If information is encoded in local spins, our results indicate the persistence of information when J_{int} is comparable to or lower than J. However, in the regime where $J_{int} \gg J$, the inhomogeneity in energy scales in the Hamiltonian generally leads to local oscillations that destroy localization, a process dependent on the initial state of the configuration. This imposes restrictions on the relative strengths of J_{int} and J if these local oscillations are to be avoided.

VI. CONCLUSION

In this work, we investigate the localization properties of MBL systems interacting with a finite environment by studying the magnetization dynamics of disordered Heisenberg spin chains. We extensively explore the interplay between system/environment disorder strengths, geometry, initial state, and system-environment coupling strengths. We show that in most cases a strongly localized system retains its localization properties despite the coupling to the environment in the form of remnant magnetization at long times, albeit to a reduced extent. This is supported by numerics on larger system sizes. However, in cases where the system is strongly coupled to the environment in a ladder configuration, the eventual localization properties are highly dependent on the initial state, and could lead to either the loss or retention of magnetization. Our study can be experimentally implemented in multiple platforms such as trapped ion and neutral ion systems [58-60], since the staggered magnetization probed here is easily accessible in experiments. Additional numerical results using fidelity as a measure of localization and different system sizes show that our conclusions are general. Our findings are relevant to quantum technological applications as quantum devices are increasingly miniaturized and isolated; the bath could simply be regions of quantum devices where we have limited control. Finally, we find that discrepancies can arise if the persistence of magnetization (or lack thereof) at relatively small system sizes is directly taken as a probe of localization in the thermodynamic limit, calling for more careful interpretation of conclusions obtained from similar methodologies.

Furthermore, our results shed new light on quantum dynamics in the strong system-environment coupling limit with highly nonequilibrium initial states, a regime highly nontrivial for standard master equation approaches. Our findings demonstrate that the dynamics in this regime are qualitatively different from those in the weak and intermediate coupling regimes, and call for the development of new analytical and numerical tools to investigate open quantum systems in these limits.

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APPENDIX A: FIDELITY AS A STATE-INDEPENDENT DIAGNOSTIC OF LOCALIZATION

Instead of the staggered magnetization, which we use to measure the deviation from an initial Néel state, more general quantifiers that are state-independent such as the fidelity or trace distance can be monitored instead. In this section, we track the fidelity instead of the staggered magnetization as an indicator of localization.

The fidelity between two mixed states ρ and σ is defined as

$$F(\rho,\sigma) = \left(\text{Tr}\sqrt{\sqrt{\rho}\sigma\sqrt{\rho}}\right)^2 \tag{A1}$$

and reduces to the squared inner product if the two states are pure. To measure how much a quantum state has deviated from its initial state after a quantum quench, we measure the fidelity $F(\rho(t), \rho(0))$ between a time-evolved state $\rho(t)$ and its initial state $\rho(0)$, where ρ can be chosen as a subsystem of a larger system.

When ρ is chosen to be the pure state of the entire systemenvironment, $F(\rho(t), \rho(0))$ reduces to the return probability $|\langle \psi(0) | \psi(t) \rangle|^2$ [42]. Following the system-environment partition in our configuration, we define $F_s \equiv F(\rho_s(t), \rho_s(0))$ and $F_e \equiv F(\rho_e(t), \rho_e(0))$ to be the system and environment fidelities, respectively, where $\rho_e \equiv \text{Tr}_s \rho$ and $\rho_s \equiv \text{Tr}_e \rho$. We can thus track localization in individual subsystems, as we did in previous sections by studying M_{sys} and M_{env} . The overline \overline{F} similarly denotes an average over the steady-state window of the fidelity.

Concretely, we replicate the analysis in Sec. IV B by evolving an initially aligned strongly interacting ladder of 12 spins under the Hamiltonian $H = H_s + H_e + H_{ing}^{(ladder)}$ [see Fig. 1(b)], with the initial aligned state $|\psi_A\rangle$. Computing \overline{F}_{sys} and \overline{F}_{env} for different parameters $J_{int} \in [0, 10]$ and $W_{env} \in [0, 9]$, we obtain Fig. 9.

Notably, Fig. 9 is qualitatively similar to the upper two plots of Fig. 5, reproducing the characteristics described in Sec. IV B on the weak, intermediate, and strong interaction

regimes for the aligned initial state. \overline{F} can therefore be monitored in place of the staggered magnetization for states that are not in the Néel form $|\uparrow\downarrow\uparrow\ldots\rangle$ as a diagnostic of localization.

APPENDIX B: RELATION BETWEEN SPIN CHAINS AND STRONGLY COUPLED ALIGNED LADDERS

While the spin-1/2 ladder configuration consisting of a localized and an ergodic leg was introduced in the previous section to model the coupling of a spin chain to an external environment, Fig. 6 indicates that in the $J_{int} \gg J$ regime, rungs with initially aligned spins can encode and retain information, even when one of the legs is strongly ergodic with $W_{env} = 0$. Each rung then acts as a effective spin-1 particle which forms a localized 1D chain.

In this section, we compare the retention of information between such ladders and a 1D chain of qubits at various disorder strengths by monitoring the local magnetization. More precisely, suppose we wish to encode and store a binary string in a chain of localized qubits that evolve under the Hamiltonian Eq. (2), with $\langle S_i \rangle > 0$ and $\langle S_i \rangle < 0$ corresponding to the two possible values of a bit. Alternatively, the results in the previous section indicate that a bit could also be encoded as the -1 and +1 states of a spin-1 particle, which we prepare as $|\downarrow\downarrow\rangle$ and $|\uparrow\uparrow\rangle$ states that evolve under Eq. (1) in the ladder configuration Eq. (5) in the $J_{int} \gg J$ regime. The binary string 1010... can then be encoded as a qubit chain in the Néel initial state $|\uparrow\downarrow\uparrow\downarrow\ldots\rangle$ and as an aligned ladder state in the form $|\psi_A\rangle \equiv |\psi_{\text{even}}\rangle \otimes |\psi_{\text{even}}\rangle$. As a measure of information retention, we again monitor the steady-state staggered magnetization, \overline{M} . For the qubit chain, we vary the disorder W across the chain, while for the ladder, we vary both W_{sys} and W_{env} .

Figures 10(a) and 10(b) show the steady-state staggered magnetization \overline{M} for the ladder (as $W_{\rm sys}$ and $W_{\rm env}$ are varied, with $J_{\rm int} = 20$) and qubit chain (as W is varied), respectively. In Fig. 10(a), as the system and environment are equivalent and interchangeable, the matrix $\overline{M}_{\rm sys}[W_{\rm sys}, W_{\rm env}]$ is symmetric, and we display only the lower triangular portion. Moreover, $\overline{M}_{\rm sys} \approx \overline{M}_{\rm env}$ (as $J \ll J_{\rm int}$; see Sec. IV B 3), so we display only $\overline{M}_{\rm sys}$.

From Fig. 10(b), we observe that a strongly interacting aligned ladder with $W_{sys} = W_{env} = W$ (dotted blue line) can reproduce the localization properties of a 6-qubit chain with disorder W (red line). That is, the same amount of information can be encoded in the +1 and -1 states of a spin-1 particle or in the +1/2 and -1/2 states of a spin-1/2 particle with the choice $W_{sys} = W_{env} = W$; information loss to the 0 state of the spin-1 mode and the spin-0 mode appear negligible. We also observe from Fig. 10(a) that different choices of W_{sys} and W_{env} can lead to the same staggered magnetization [there are multiple regions with the same color in Fig. 10(a)].



FIG. 10. (a) Values of \overline{M}_{sys} for a strongly coupled aligned ladder for different pairs of W_{sys} and W_{env} at $J_{int} = 20$. As the system and environment are equivalent and interchangeable, the matrix $\overline{M}_{sys}[W_{sys}, W_{env}]$ is symmetric, and we display only the lower triangular portion. (b) Values of \overline{M} for a 6-qubit chain for different W(solid red line). For comparison, we also include the diagonal entries of the matrix $\overline{M}_{sys}[W, W]$ for the ladder considered in (a) (dotted blue line). Each point is averaged over 200 disorder realizations, and error bars are too small to be displayed.

APPENDIX C: DIAGONAL ENSEMBLE

Here, we briefly describe how infinite-time averages of observables can be obtained by considering the diagonal ensemble [3], as we did in Fig. 2. For an initial state $|\psi(0)\rangle = \sum_{i} C_{i} |\phi_{i}\rangle$ expanded in the eigenbasis $\{|\phi_{i}\rangle\}$ of a Hamiltonian *H*, its evolution under the same Hamiltonian is

$$|\psi(t)\rangle = \sum_{i} C_{i} e^{-iE_{i}t} |\phi_{i}\rangle.$$
 (C1)

The expectation value of any observable \hat{O} then evolves as

$$\langle \psi(t)|\hat{O}|\psi(t)\rangle = \sum_{i,j} C_i^* C_j e^{-i(E_i - E_j)t} \langle \phi_i|\hat{O}|\phi_j\rangle.$$
(C2)

Taking the infinite-time average of this quantity, the offdiagonal terms of *O* are oscillatory and hence average to zero, leaving the diagonal terms remaining:

$$\overline{\langle \psi(t)|\hat{O}|\psi(t)\rangle} = \sum_{i} |C_{i}|^{2} \langle \phi_{i}|\hat{O}|\phi_{i}\rangle.$$
(C3)

We can thus compute infinite-time averages of observables such as the staggered magnetization in Eq. (6) by diagonalizing *H* to obtain $\{|\phi_i\rangle\}$. Alternatively, one can take the time average of the observable after evolving the system for a long time as in Eq. (7). Figure 2 shows expectation values obtained from the two approaches for the staggered magnetization and local spin operators. We find good agreement between the two approaches, and expect that evolving and averaging over a longer period of time will yield convergence to the diagonal ensemble values.

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