

## Strong coupling regime and hybrid quasinormal modes from a single plasmonic resonator coupled to a transition metal dichalcogenide monolayer

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We present a rigorous quasinormal mode approach to describe the strong coupling behavior between a monolayer of MoSe<sub>2</sub> and a single gold nanoparticle. The onset of strong coupling, described through a classical spectral mode splitting (analog of vacuum Rabi splitting) is quantified by computing the full three-dimensional hybrid quasinormal modes of the combined structure, allowing one to accurately model light-matter interactions without invoking the usual phenomenological theories of strong coupling. We explore the hybrid quasinormal modes as a function of gap size and temperature, and find spectral splittings in the range of around 80–110 meV, with no fitting parameters for the material models. We also show how the hybrid modes exhibit Fano-like resonances and quantify the complex poles of the hybrid modes as well as the Purcell factor resonances from embedded dipole emitters. The Rabi splitting is found to be larger at elevated temperatures for very small gap separations between the metal nanoparticle and the monolayer, but smaller at elevated temperatures for larger gaps. We also show how these spectral splittings can differ qualitatively from the actual complex poles of the hybrid quasinormal modes.

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### I. INTRODUCTION

One common goal of nano-optics is to create photonic cavity modes that can significantly enhance light-matter interactions, leading to new capabilities in sensing and quantum optics. While much success has been achieved with semiconductor cavity structures [1], recently substantial attention has been devoted to metallic nanoparticles (MNPs), inspired by their ability to trap light in subwavelength spatial scales and allow a broadband enhanced coupling. This can help enable new regimes in quantum plasmonics [2,3], including the demonstration of strongly coupled single molecules and MNPs at room temperature [4].

Recently, there has been much interest in increasing the interaction strengths even further by coupling to two-dimensional (2D) semiconductors, such as transition metal dichalcogenides (TMDCs). Monolayers of TMDCs are direct gap semiconductors with strong light-matter interactions, which makes them promising for optoelectronic applications [5,6]. The reduced dimensionality of these atomically thin materials leads to a boost of the Coulomb interaction, which is responsible for the formation of tightly bound electron-hole pairs (excitons) [7]. The large excitonic binding energies make TMDCs a promising platform to study exciton physics [8,9]. The TMDC excitons form separate, spectrally well-isolated resonances below the band gap and can couple radiatively to MNPs if their dielectric surrounding is properly designed. This allows one to also achieve signatures of strong coupling from near resonant TMDC-MNP hybrid systems, which gives rise to large Rabi splittings.

In this work, we will classify “strong coupling” in a similar way to a typical spectrum experiment, namely when the cavity

mode of interest (in this case, a localized plasmon resonance) spectrally splits through significant coupling to the TMDC (with respect to the various decay rates), which in the time domain will exhibit characteristic Rabi oscillations. The spectral mode splitting will increase as the mode coupling increases and for larger detuning. We stress that strong coupling can be interpreted classically or quantum mechanically [10], but for the purpose of this paper is a purely classical definition.

To date, a variety of MNPs have been used to observe signatures of strong coupling between MNPs and TMDCs, including single MNP nanorods [11–13], bipyramids [14], disks [15], spheroids [16], dimers [17], and arrays of MNPs [18–20]. Measurements are often performed using reflection and/or transmission from a low-powered laser or dark-field scattering [11] and are typically performed at room temperature. Impressive spectral Rabi splittings of 500 meV have been achieved using a microcavity coupled to a TMDC sheet with arrays of gold disks [20] (although the splitting arises primarily from the classical mode splitting between the cavity and MNP array), while the average Rabi splittings in recent works range from approximately 50 to 150 meV. Most if not all of these works are in the regime of so-called normal mode splitting and thus the physics of the splitting can be well described classically [21]. Despite numerous experimental observations, there are no rigorous three-dimensional (3D) models in the literature to properly assess the strong coupling regime in these material systems, which is significantly more challenging than typical planar structures, e.g., with quantum wells [22], since the MNPs break translational invariance. The terminology of “normal mode splitting” is also not appropriate, as the MNPs on their own do not support such modes, requiring a more rigorous mode theory from the beginning.

Besides normal mode splitting with planar-like cavity systems, strong coupling phenomena of single quantum dots (which naturally break translational invariance) have been reported in a number of semiconductor microcavity systems [23–25], where the emitter-cavity coupling rate is defined through  $g = (\pi e^2 f / 4\pi \epsilon_r \epsilon_0 m_0 V_c)^{1/2}$ , with  $f$  the oscillator strength,  $m_0$  the free electron mass, and  $V_c$  the cavity mode volume. In these systems, experimental Rabi splittings up to 140  $\mu\text{eV}$  have been reported, and the description of  $g$  as a cavity-emitter coupling rate is more appropriate since it is describing a single quantum emitter and the light field within a dipole approximation; the single-mode approximation is also excellent here since the cavity system is usually very low loss, yielding substantial quality factors ( $Q > 1000$ ). The interpretation of these emitter-cavity systems in the strong coupling regime is clear since the emitter-cavity coupling rate is larger than any dissipation rates. However, since the upper limit to  $g$  in these systems is bound by the diffraction limit, most, if not all, of the single quantum dot experiments in this field have to work at very low temperatures.

Despite the similarities between point dipole emitters in cavities and TMDC-plasmon systems, to our knowledge, no one has reported a first-principles electromagnetic calculation of the underlying hybrid modes for strongly dissipating metal structures using material models with fully microscopically determined parameters for the TMDC. The understanding of strong coupling is also essential to develop mode quantization theories, which can then allow true signatures of quantum optical effects in these material systems.

In this work, we introduce a rigorous electromagnetic theory and model to describe the regime of strong coupling in TMDC-MNP systems, including a full analysis of the underlying hybrid modes. A mode description can be done in normal modes or quasinormal modes (QNMs). Whereas normal modes are the formal solutions to the source free (i.e., no external magnetization or polarization sources) Maxwell's equations with closed or periodic boundary conditions, QNMs are the solutions to cavities subject to open boundary conditions. For a cavity system with normal modes, one obtains real eigenfrequencies with spatially converging modes, while for QNMs, one obtains complex eigenfrequencies with spatially diverging modes (outside the resonator). In this paper, we develop a quasinormal mode theory of such hybrid systems, enabling a full 3D description of the modes, light-matter interactions, and the strong coupling behavior of these modes. In this respect, QNMs are known to be highly accurate for describing such hybrid material systems and have recently shown much success in modeling a wide range of resonators in nano-optics and plasmonics [26–30].

Specifically, we explore the hybridized QNMs of a  $\text{MoSe}_2$  monolayer TMDC encapsulated in Hexagonal Boron Nitride (hBN) coupled to a gold nanorod MNP. Note that the original uncoupled mode of the TMDC is in fact a normal mode since it is bound in  $z$  and translationally invariant (or periodic) in  $x$  and  $y$  (i.e., has well-behaved closed boundaries), but becomes a QNM when it is coupled to the QNM of the MNP. By tuning the dimensions of the MNP to get the desired resonance frequency, we show strong coupling between the second lowest mode of the MNP, which is the next mode in

frequency space from the fundamental mode, and the TMDC for various gap sizes between the two structures.

We then compare the QNM analysis to the full-dipole numerical calculations (with no approximations) and show excellent agreement to justify the validity of the QNM analysis over a wide range of frequencies and spatial points near the resonators. We also compare the optical response for selected temperatures of 4, 77, and 300 K with microscopically calculated material parameters [31,32]; we also show the anticrossing behavior when detuning the resonances by varying the size of the MNP, which is a clear signature of strong coupling. We then compare the splitting observed from the spectral Purcell response and the splitting between the complex poles of the hybrid QNMs, with no fitting parameters. Lastly, we also show how the dipole transmission spectrum from an embedded dipole differs from the near-field Purcell factor, which shows complementary but different signatures of the strong coupling regime. The dipole transmission requires the full two-space-point Green function and accounts for spatial quenching between the dipole and the detection point, while the Purcell factor is a measure of the projected local density of states at the dipole location, which is also contained within the Green function with equal space points. Conveniently, we construct an analytical solution to the full two-space-point Green function through an analytical expansion of the hybrid QNMs, which critically contain the QNM phase, and can be applied to a wide range of problems in nanophotonics.

During completion of this paper, we became aware of related work on the coupling between TMDCs and MNPs [33]. Similar to our work, they consider a MNP cavity that is described by a single QNM which is then coupled to a TMDC with in-plane Coulomb interaction coupled exciton states. The coupling to the TMDC sheets is then carried out using a quantum reaction-coordinate approach to exciton-resonator interactions, and master equations, as well as semiclassical calculations for the scattered field using a Lippmann-Schwinger equation. Unlike our approach, which is based on a microscopic material theory to calculate the underlying *hybrid QNMs* for linear optics (and also for use for quantized QNM master equations [34,35]), Ref. [33] develops a coupled oscillator model with microscopically determined parameters that can be used to also describe a nonlinear optical response.

The rest of our paper is organized as follows: We begin in Sec. II, with a review of the models commonly used in the literature to describe strong coupling between two modes and introduce QNMs as an alternative to the usual coupled harmonic oscillator model. In Sec. III, we discuss the Drude model as well as the anisotropic susceptibility model for the TMDC layer for various temperatures. In Sec. IV, we describe our design for the MNP-TMDC hybrid system. As a specific example to illustrate the theory, we perform a simple optimization of a rounded gold nanorod on an hBN substrate such that its second order mode is spectrally resonant with the TMDC resonance. We also define the generalized Purcell factor.

In Sec. V, we present the system QNMs and show how the generalized Purcell factor obtained from the QNM expansion of the photonic Green function. The complex mode volume is also introduced, which is spatially dependent (since it merely

quantifies the inverse QNM field squared). We also show results of the Purcell factor as a function of gap size between the MNP and TMDC, temperature, and spectral detuning for the MNP-TMDC hybrid system, exhibiting clear signatures of strong coupling. Section VI compares an analysis of the complex QNM poles to the observed splitting in the Purcell factor. We show that the poles of the hybridized modes result in a smaller splitting than the Purcell factor spectra, which can be explained by the Fano-like feature of the lower energy QNMs. In Sec. VII, we provide an example of how the QNM technique can also be used to obtain the dipole transmission and compare the spectral splittings with the Purcell factor results.

Finally, in Sec. VIII, we provide our conclusions and discuss the generality of the QNM technique for obtaining and explaining strong coupling between a TMDC layer and a MNP. We emphasize the QNM technique can be applied to arbitrarily complex heterostructures and nanoparticles.

## II. SUMMARY OF COMMON MODELS USED IN THE LITERATURE

We first summarize some common models and results reported in the literature and discuss the various formalisms currently being used to explain the TMDC-MNP strong coupling behavior. For this specific work, we will refer to “strong coupling” in the semiclassical sense of QNM spectral splitting when the two hybrid modes are suitably coupled together. As is well known, strong coupling in the linear regime can also be explained from the classical perspective of linear dispersion theory [10], and this is essentially the regime we also explore below, though with a rigorous QNM approach.

We begin by introducing the usual textbook model of coupled harmonic oscillators, also commonly used to describe strong coupling, and so-called normal mode splitting in TMDC-MNP systems [21,36]:

$$\begin{bmatrix} \dot{\mathbf{P}} \\ \dot{\mathbf{E}} \end{bmatrix} = \begin{bmatrix} (\omega_x - i\gamma_x) & g \\ g & (\omega_c - i\gamma_c) \end{bmatrix} \begin{bmatrix} \mathbf{P} \\ \mathbf{E} \end{bmatrix}, \quad (1)$$

where  $\mathbf{P}$  is the polarizability of the TMDC exciton due to the dominant exciton of interest,  $\mathbf{E}$  is the electric field of the interacting cavity mode,  $g$  is the exciton-cavity coupling rate,  $\gamma_{x,c}$  is the phenomenological decay rate of the TMDC exciton or cavity mode, and  $\omega_{x,c}$  is the resonant frequency of the TMDC or cavity. The fields  $\mathbf{P}$  and  $\mathbf{E}$  are both 3D vectors in general, but the excitons live primarily in plane to the TMDC, so these vectors are effectively 2D, although out-of-plane excitons with comparably weak radiative interaction can exist using stacked monolayer designs [16].

The strong coupling regime here characterizes the coupled mode splitting of some spectral signature such as the emission spectra, which can be seen as representing classical oscillations of particles and fields in the time domain (if adopting a two-level atom model for one of the oscillators). This also allows one to construct a quantized field theory in order to invoke the quantum mechanical picture of strong coupling (i.e., vacuum Rabi oscillations) to connect to quantum optics formalisms like the Jaynes-Cummings (JC) model. However, in contrast to spatially extended systems such as MNP-TMDC hybrids, the JC model (or quantum Rabi model, if a rotating

wave approximation is not made [37]) either assumes point coupling (such as in atom cavity-QED), or constant coupling as a function of space, such as with quantum wells in distributed Bragg reflector (DBR) mirrors.

Phenomenologically, as a first approximation, the eigenfrequencies of this simplified hybrid system can be found by assuming a harmonic time dependence for  $\mathbf{P}$ ,  $\mathbf{E} \propto \exp(\pm i\omega t)$ . When the system is on resonance, such that  $\omega_0 \equiv \omega_c = \omega_x$ , and assuming that  $\gamma_x, \gamma_c \ll g, \omega_c, \omega_x$ , the complex eigenfrequencies are readily obtained as

$$\omega_{\pm} = \omega_0 - \frac{i(\gamma_c + \gamma_x)}{2} \pm \frac{\Omega_R}{2}, \quad (2)$$

where  $\hbar\Omega_R \equiv \hbar\sqrt{4g^2 - (\gamma_x - \gamma_c)^2}$  is the spectral mode splitting. Thus, the coupling constant can be determined by the observed splitting, using

$$g = \frac{\sqrt{\Omega_R^2 + (\gamma_x - \gamma_c)^2}}{2}, \quad (3)$$

which can be thought of as a JC-type cavity-emitter coupling rate, though this is usually defined for a single two-level atom or point dipole emitter [38].

The usual criterion for observing the strong coupling regime, for vacuum dynamics or linear excitation, is often given by the condition:  $\Omega_R = 2g > |\gamma_c - \gamma_x|$ . However, for large damping rates of the cavity mode, a more accurate measure is given by [12,13,21]

$$\Omega_R > \gamma_x + \gamma_c, \quad (4)$$

but even this criterion is only a crude approximation for spatially extended TMDC-MNP systems. Clearly, one needs to understand the underlying properties of the modes before defining what is meant here by strong coupling, especially for the development of a quantum model. In particular, at best,  $g$  is an *effective coupling constant*, but it does not tell us anything about the spatially dependent coupling.

For the strong coupling regime, in addition to satisfying the approximate relation,  $\Omega_R > \gamma_x + \gamma_c$ , the other usual assumption is that  $g/\omega_0 < 0.1$ ; otherwise the rotating-wave approximations used in the derivation of the JC models do not work. Above this threshold, we enter the so-called ultrastrong coupling (USC) regime [37,39]. However, at the semiclassical level, such effects are in fact easy to account for; namely, we do not have to invoke a rotating wave approximation in the theory.

To date, almost all works to describe strong coupling between TMDCs and MNPs in the literature use this simple coupled oscillator model for explaining experimental data, with reasonably good success in fitting the locations of the eigenfrequencies [12–14,40–44]. For example, the coupled oscillator model was used to describe the strong coupling behavior between WSe<sub>2</sub> and a gold bipyramid MNP [14]; the work explored the coupling as a function of number of TMDC layers, which resulted in a saturation of coupling as the number of layers increased. Simulation fits with the simple model and experimental data are good, but they fail to account for the actual effective mode volume,  $V_{\text{eff}}$ , of the MNP being a function of space, and the meaning of  $V_{\text{eff}}$  is also ambiguous in general, since it is defined from an effective theoretical

coupling constant,

$$g_{\text{eff}} = d \sqrt{\frac{4\pi \hbar N c}{\epsilon \epsilon_0 \lambda V_c}}, \quad (5)$$

where  $d$  is the exciton dipole moment,  $N$  is the number of excitons,  $c$  is the speed of light in vacuum,  $\epsilon_0$  is the vacuum permittivity, and  $\lambda$  is the wavelength; here  $V_c$  is clearly a *spatially averaged* effective mode volume, but in reality it changes as a function of position as does  $g$ . This simple theory likely relates back to older works that exploit a simple coupled mode theory with translational invariance, and also without any dissipation in general, since the theory exploits the properties of “normal modes,” which are not the correct modes of open resonators [45,46]. In addition, it is not clear how to choose the ratio of number of excitons  $N$  per mode volume  $V_c$ . Reference [47] also uses a bipyramid nanoparticle coupled to MoSe<sub>2</sub>, which employs the same assumption of a fixed and heuristic effective mode volume from a two-oscillator model. Moreover, most reports in this field [13] do not properly calculate the mode volume of a lossy mode system; e.g., in Ref. [13], it was assumed that  $V_c \propto (\text{Re}[\epsilon] + 2\omega_c \text{Im}[\epsilon]/\gamma_c) |E_c|^2$ , and  $N$  is also not well defined. This is because the localized plasmons excited by the 3D nanoparticle break translational invariance, even if the TMDC-MNP hybrid system is excited with a plane wave.

A recent review paper [48] warns about using  $N$  and  $V_c$  in many nanophotonic systems, highlighting the limitations of Eq. (5) and the problems that can arise. For example, with collective exciton systems, usually a total coupling constant is determined as  $g = \sqrt{\sum_i g(\mathbf{r}_i)^2}$ , where  $i$  is the  $i$ th exciton, and the exciton Bohr radius is assumed to be constant over the entire TMDC sheet. The authors highlighted that for a TMDC coupled to plasmonic system, this is obviously not applicable, and a more appropriate calculation would include a more detailed theory of excitons as spatially extended composite particles.

To help address this problem in terms of the underlying open cavity modes, plasmonic cavity systems can be rigorously described in terms of QNMs, which are the complex eigenmode solutions for resonators with open boundary conditions. The use of QNMs allows one to obtain the correct position-dependent mode volume (which simply characterizes the normalized mode strength squared) and coupling constant as functions of space which directly involves the excitonic wave function. The same theory also gives the photonic Lamb shifts and collective effects if required, e.g., coupling to multiple quantum dots at different spatial locations and important propagation effects. These QNMs can also be fully quantized [34], allowing for the exploration of new physics beyond the simple JC models [35] and accounting for important QNM phase effects. Thus, it is highly desirable to connect to the underlying QNMs of the MNP before and after coupling to the TMDC system. In the presence of TMDC coupling, the “hybrid” QNMs fully characterize the classical electromagnetic coupling. Notably, these hybrid QNMs are valid modes regardless of whether we work in the weak or strong coupling regime, so they offer a unified description. Just like two coupled atoms, which can form super-radiant and subradiant states, the coupling between photonic resonators can also form

analogous of these hybrid states and are the natural dressed states of the system.

### III. MODELING THE DIELECTRIC PROPERTIES OF THE GOLD RESONATOR AND THE MoSe<sub>2</sub> LAYER

To model the gold MNP, we employ the Drude model,

$$\epsilon_{\text{Drude}}(\omega) = 1 - \frac{\omega_p^2}{\omega(\omega + i\gamma_p)}, \quad (6)$$

where  $\omega_p$  and  $\gamma_p$  are the plasma and collision frequencies, respectively. Although this is a local material model, it is known to work quantitatively well even for sub-nm gap sizes. This model matches well with experimental material data from Ref. [49] in the frequency range of interest ( $\approx 1.4$ – $1.8$  eV). More refinements can be introduced by using more complex data and fits (e.g., from Ref. [50]) instead of the Drude model used here. In addition, the smallest gap sizes used below (0.5 nm) are experimentally feasible and stay within a regime where electronic tunneling effects are negligible [3]. However, note that the QNM theory we use below can also include nonlocal effects, if needed, which has been demonstrated at the level of a hydrodynamical model [51].

To model the TMDC sheet, we begin with the 2D susceptibility for right-handed (+) or left-handed (−) polarized light,

$$\chi_{+/-}^{2D}(\omega) = \frac{|\mathbf{d}_{+/-}^{1s}|^2}{\hbar \epsilon_0} \left( \frac{1}{\omega_0^{1s} - \omega - i\gamma'_{1s}} \right), \quad (7)$$

where  $\mathbf{d}_{+/-}^{1s} = d \varphi^{1s}(\mathbf{r} = 0) \mathbf{e}_{+/-}$  is the excitonic dipole moment, exhibiting a circular dichroism. The probability of finding electrons and holes at the same position  $\varphi^{1s}(\mathbf{r} = 0)$  is calculated by exploiting the Wannier equation [52,53], where we use the reduced excitonic mass [6] and the Coulomb potential of the slab [54] as an input.  $\gamma'_{1s}$  is the dephasing rate from exciton phonon coupling, which was calculated according to Ref. [31] (note that this rate does not include radiative decay as that will be self-consistently captured from a self-consistent Maxwell model that we use below).

As only small excitonic momenta on the order of the inverse nanorod radius contribute to the interaction, it is reasonable to assume a flat excitonic dispersion in order to reduce numerical complexity. For our parameter choice in MoSe<sub>2</sub>, this approximation overestimates the Rabi splitting by a few meV [31], which is small compared to the observed splitting.

Since the unit of  $\chi^{2D}$  is m (length), using Eq. (7), we obtain the unitless 3D electric permittivity (or dielectric constant),

$$\epsilon_{+/-}^{3D}(\omega) = 1 + \frac{\chi_{+/-}^{2D}(\omega)}{b}, \quad (8)$$

where  $b$  is the thickness of the TMDC layer.

All of the parameters pertaining to the  $1s$  exciton for MoSe<sub>2</sub> encapsulated in hBN are given in Table I; note that there is also evidence that encapsulating TMDC layers in hBN is helpful in reducing defects as well as reducing the linewidth of the excitonic resonance [55]. The low-temperature decay rate in Table I agrees with the results in Ref. [55]. The permittivity of the TMDC, as a function of frequency, is shown in Fig. 1 for  $T = 4, 77,$  and  $300$  K. In a 2D system (i.e., a

TABLE I. Material parameters for MoSe<sub>2</sub> encapsulated in hBN, as well as gold.

Parameter	Value	Reference
$d$	$4.325 \times 10^{-29}$ Cm ( $\approx 13$ D)	[5]
$\varphi^{1s}(\mathbf{r}=0)$	$4.8 \times 10^8$ m <sup>-1</sup>	a
$\hbar\omega_0^{1s}$	1.6 eV	[56]
$\hbar\gamma_{1s}'(4\text{ K})$	0.3 meV	b
$\hbar\gamma_{1s}'(77\text{ K})$	3.5 meV	b
$\hbar\gamma_{1s}'(300\text{ K})$	26.9 meV	b
$b$	0.7 nm	
$\frac{(d\varphi^{1s})^2}{\epsilon_0 b}$	0.434 eV	
$\epsilon_{\text{hBN}}$	4.5	[57,58]
$\hbar\omega_p$	8.2935 eV	c
$\hbar\gamma_p$	92.8 meV	c

<sup>a</sup>Calculated by exploiting the Wannier equation.

<sup>b</sup>Calculated by exploiting the method from Ref. [31].

<sup>c</sup>Parameters used to fit Palik data for gold [49].

sheet), the permittivity is naturally anisotropic. In the circular basis, the 2D susceptibility tensor is written as

$$\chi_{+/-}^{2D} \rightarrow \begin{bmatrix} \chi_+^{2D} & 0 \\ 0 & \chi_-^{2D} \end{bmatrix}, \quad (9)$$

where the  $\omega$  dependence is implicit. This can be transformed into the Cartesian basis such that  $\mathbf{e}_{+/-} = \frac{1}{\sqrt{2}}(\mathbf{e}_x \pm i\mathbf{e}_y)$ ; thus, we write

$$\chi_{xy}^{2D} \rightarrow \frac{1}{2} \begin{bmatrix} \chi_+^{2D} + \chi_-^{2D} & -i(\chi_+^{2D} - \chi_-^{2D}) \\ i(\chi_+^{2D} - \chi_-^{2D}) & \chi_+^{2D} + \chi_-^{2D} \end{bmatrix}, \quad (10)$$

which for the case of equivalent valleys ( $\chi_+^{2D} = \chi_-^{2D}$ ), reduces to

$$\chi_{xy}^{2D} \rightarrow \begin{bmatrix} \chi_x^{2D} & 0 \\ 0 & \chi_y^{2D} \end{bmatrix}, \quad (11)$$

where  $\chi_x^{2D} = \chi_y^{2D} = \chi_{+/-}^{2D}$ . The full 3D permittivity tensor in Cartesian coordinates is then given by

$$\epsilon_{xyz}^{3D} \rightarrow \begin{bmatrix} 1 + \chi_x^{2D}/b & 0 & 0 \\ 0 & 1 + \chi_y^{2D}/b & 0 \\ 0 & 0 & \epsilon_{\text{hBN}} \end{bmatrix}, \quad (12)$$

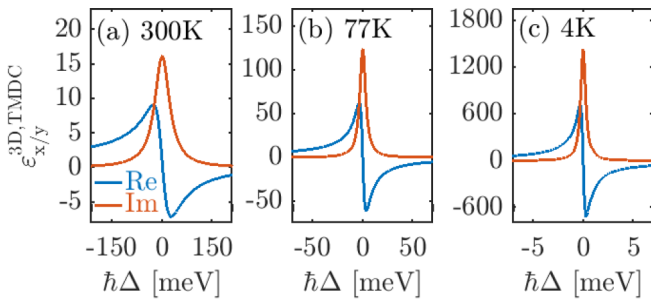


FIG. 1. [(a)–(c)] The relative in-plane permittivity of monolayer MoSe<sub>2</sub> given by Eq. (12) as a function of detuning from the TMDC resonance frequency,  $\hbar\Delta = \hbar(\omega - \omega_0^{1s})$ , for selected temperatures. Parameters are given in Table I.

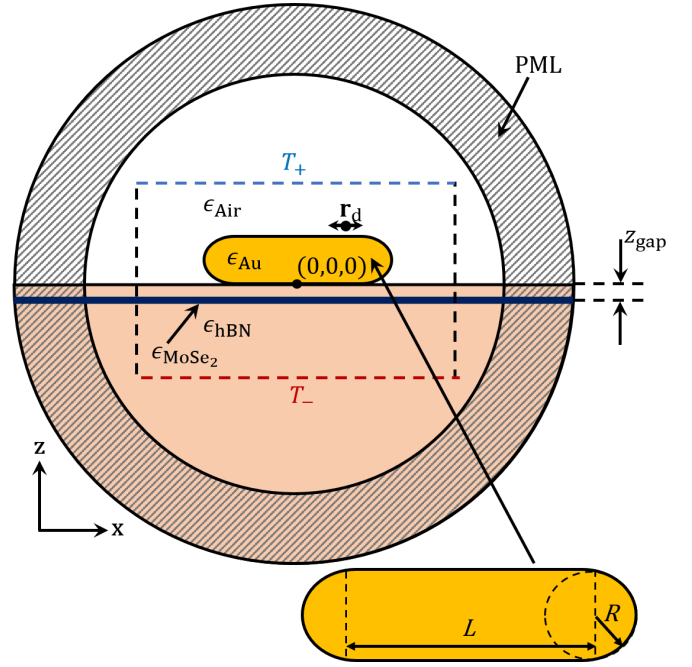


FIG. 2. Schematic of the numerical simulation geometry, containing a gold nanorod on top of a hBN-MoSe<sub>2</sub>-hBN stack, where  $z_{\text{gap}}$  is the distance between the nanorod and the top of the TMDC, the dipole location is given by  $\mathbf{r}_d$ , and the top (bottom) power transmission monitors,  $T_+$  ( $T_-$ ), are shown as dashed blue (red) lines. The dipole transmission monitors are defined by a cylindrical surface with height of 180 nm and radius of 120 nm, centered at the origin. The entire simulation domain is surrounded by perfectly matched layers (PMLs) to simulate outgoing boundary conditions.

for which the  $x$  and  $y$  components are plotted for three different temperatures in Fig. 1.

#### IV. METALLIC RESONATOR DESIGNS AND ELECTROMAGNETIC CALCULATIONS OF STRONG COUPLING AND FIGURES OF MERIT

For the MNP, we use a simple cylindrical gold nanorod with rounded ends (see Fig. 2), where the radius ( $R$ ) and length ( $L$ ) can be tuned to achieve a spectral resonance that overlaps with the TMDC resonance. The second lowest mode (with respect to frequency) of the MNP is chosen to couple to the TMDC as it is typically much larger in quality factor (thus, smaller decay rate), compared to the first-order mode, which can aid in obtaining strong coupling behavior with the TMDC; note that Ref. [12] uses the third lowest mode of a silver nanorod to achieve high- $Q$  low-mode-volume conditions, requiring a much larger MNP. All calculations discussed below are fully 3D in nature without any approximations or fitting parameters, other than the microscopic parameters already stated in the models.

For our models, we will first compute the MNP QNM as well as the hybrid QNMs formed from the coupled TMDC-MNP system, at different gap separations and for different temperatures. The QNMs are spatially dependent and contain important phase effects and frequency information (e.g., from the complex poles). Using the QNMs in a Green function

expansion, we can easily compute a range of important light-matter interactions at different spatial positions over a wide range of frequencies. In typical experiments, the absorption, transmission, or reflection from an optical source is usually what can be used to detect this mode hybridization, e.g., in combination with near-field optical techniques. One can also add additional emitters such as single quantum dots and study the modified spontaneous emission (Purcell effect), as well as light propagation and photon exchange effects.

As an application of the theory, we will report on two frequency-dependent functions that are relevant to probing strong coupling. The first is the Purcell factor as a function of frequency, which is related to the modified spontaneous emission of a point dipole at some position  $\mathbf{r}_d$ . The Purcell factor depends on the projected local density of states (LDOS), which is completely contained within the imaginary part of the (photonic) Green function,  $\text{Im}[\mathbf{G}(\mathbf{r}_d, \mathbf{r}_d, \omega)]$ . Since we are interested in the strong coupling between the TMDC and the MNP, we consider an immutable dipole (weakly coupled and in a linear response, though this is not a model restriction). Second, we consider the emitted spectrum at some surface away from a dipole source, which can be probed, e.g., by near-field microscopy techniques and localized detectors. For this latter case, we require the two-space-point Green function,  $\mathbf{G}(\mathbf{r}, \mathbf{r}_d, \omega)$ , projected on a surface point  $\mathbf{r}$  at a different position away from the dipole. This scenario differs in the sense that it also accounts for quenching and propagation between two spatial points, unlike the LDOS. These spectral functions also relate to the QNM phase (at different positions) and are complementary but subtly different. In a traditional normal mode approach, these spectral functions would typically be identical, unless additional filtering is included in the input-output theory.

To numerically implement and corroborate our QNM theory and model assumptions, we carry out full numerical electromagnetic simulations in COMSOL MULTIPHYSICS [59]. The numerical generalized Purcell factor (denoted as  $F_p$ ), which includes the homogeneous background contribution of  $\epsilon_B = 1$  as well the scattered contributions of all of the modes present in the nanostructure, is calculated by performing full dipole simulations and examining surface-integrated Poynting vector around the dipole at  $\mathbf{r}_d$  (cf. Fig. 2), from

$$F_p(\mathbf{r}_d, \omega) = \frac{\int_s \hat{\mathbf{n}} \cdot \mathbf{S}_{\text{dipole}, \text{total}}(\mathbf{r}; \omega) dA}{\int_s \hat{\mathbf{n}} \cdot \mathbf{S}_{\text{dipole}, \text{background}}(\mathbf{r}; \omega) dA}, \quad (13)$$

where the surface  $s$  is of a small sphere centered around the *finite-size* dipole oriented in the  $i$ th direction; the small sphere is approximately 1 nm in radius, and  $\hat{\mathbf{n}}$  is the normal vector directed outward relative to the dipole. This allows us to capture the power flow which we have also checked is quantitatively accurate against known solutions in free space. In experiments, this would be measured as the ratio of the spontaneous emission rate of a dipole emitter in the full scattering structure to the rate in a homogeneous background medium. COMSOL can also be used to obtain the QNMs of the system, which allows us to obtain the Purcell factor everywhere in the system, not just at a single point as in Eq. (13).

The gold nanorod (on the hBN substrate) was designed such that the peak Purcell factor of the second lowest mode

was located near 1.6 eV to spectrally overlap with the TMDC response. The final dimensions of the nanorod were determined to be  $L = 148$  nm and  $R = 10$  nm. The small frequency shift due to the presence of the TMDC, which alters the effective background permittivity, was not considered in this design, but will be discussed later when examining the anti-crossing behavior with respect to detuning.

## V. HYBRID QUASINORMAL MODES AND SPECTRAL SPLITTING IN THE STRONG COUPLING REGIME

We next describe how the hybrid QNMs can be obtained to assess and understand the strong coupling regime of the coupled TMDC MNP system and the spectral interaction of QNMs, e.g., through QNM splitting. Numerically, we again use COMSOL, since it can work in complex frequency space. We adopt an inverse Green function approach, where the normalized QNMs are obtained from the solution to a scattering problem in complex frequency space [60,61].

The optical QNMs are solutions to the vector Helmholtz equation in the complex frequency domain, which are the proper mode solutions of cavity structures with open-boundary conditions. Assuming nonmagnetic ( $\mu_r = 1$ ) permeability, the electric field QNM eigenvalue equation is

$$\nabla \times \nabla \times \tilde{\mathbf{f}}_\mu(\mathbf{r}) - \left(\frac{\tilde{\omega}_\mu}{c}\right)^2 \epsilon(\mathbf{r}, \tilde{\omega}_\mu) \tilde{\mathbf{f}}_\mu(\mathbf{r}) = 0, \quad (14)$$

where  $\tilde{\mathbf{f}}_\mu$  are the QNMs,  $\tilde{\omega}_\mu = \omega_\mu - i\gamma_\mu$  are the complex eigenfrequencies, and  $\mu$  is the mode number. The permittivity,  $\epsilon(\mathbf{r}, \omega)$ , is completely general and is composed of the Drude gold [Eq. (6)], the anisotropic TMDC model [Eq. (12)], the background permittivity ( $\epsilon_B$ ), and hBN substrate permittivity ( $\epsilon_{\text{hBN}}$ ). The QNM cavity factors are given by  $Q_\mu = \omega_\mu/2\gamma_\mu$ .

The electric-field Green function can then be defined in terms of an expansion over the QNMs and a complex frequency prefactor [30],

$$\mathbf{G}(\mathbf{r}, \mathbf{r}', \omega) = \sum_{\mu=\pm 1, \pm 2, \dots} \frac{\omega}{2(\tilde{\omega}_\mu - \omega)} \tilde{\mathbf{f}}_\mu(\mathbf{r}) \tilde{\mathbf{f}}_\mu(\mathbf{r}'), \quad (15)$$

where the QNMs only depend on spatial position. Note that the form of the Green function uses an unconjugated product, and this is a general feature of QNMs, including the MNP on its own as well as the hybrid modes. The unconjugated product is essential to capture complex interference effects arising from the QNM phase of the hybridized modes, which can also give rise to Fano-like resonances [62,63]. The above expansion is known to be highly accurate for spatial locations within and near the resonator [26,29,46]. For positions far from the resonator, then the above solution can be used with the Dyson equation to obtain regularized (nondivergent) QNMs [64], even for spatial positions far from the resonator; or one can also use near-field to far-field transformations [65] (see also Ref. [66]).

As mentioned earlier, the concept of effective mode volume here represents a measure of  $\tilde{\mathbf{f}}_\mu^2$ , and is thus a spatially dependent quantity, and it is also complex (for QNMs). The complex mode volume, for mode  $\mu$ , for an emitter at position

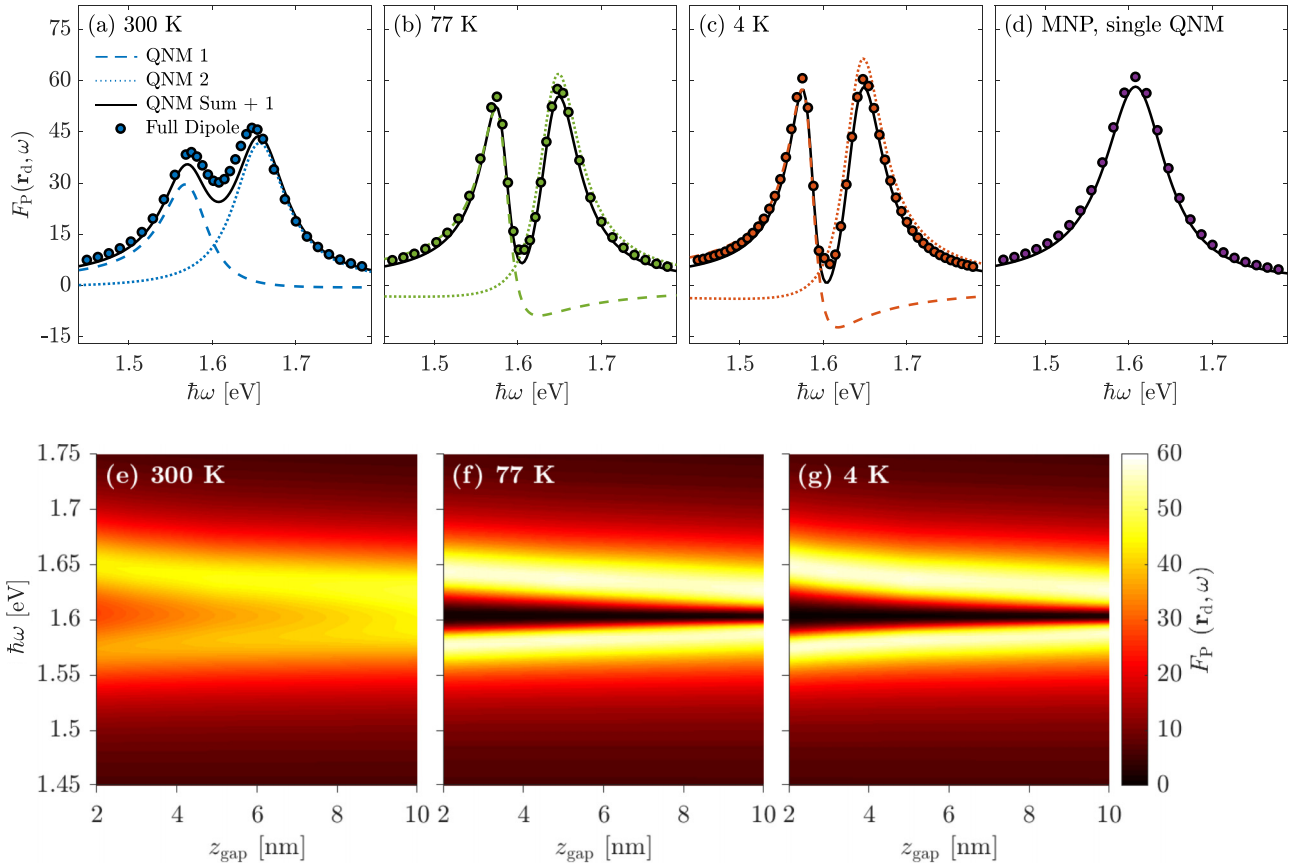


FIG. 3. Generalized Purcell factor at the  $x$ -oriented dipole location ( $\mathbf{r}_d = [44, 0, 40]$  nm) using full dipole calculations [markers, Eq. (13)] and QNM analysis [lines, Eq. (19)]. Generalized Purcell factor for [(a)–(c)] the hybridized TMDC-MNP modes for selected temperature and (d) the MNP alone on the hBN substrate.  $L = 148$  nm,  $R = 10$  nm,  $z_{\text{gap}} = 2$  nm. Note that some of the full-dipole Purcell factor features near the minimum are caused by finite-size effects and small reflections that can come from the TMDC interfering with the PML; thus, this region shows a larger departure with the QNM results, but the overall trends are clearly in very good qualitative agreement, especially as we are not using any fitting parameters. [(e)–(g)] Purcell factor using QNM analysis as a function of frequency and gap size at (e) 300, (f) 77, and (g) 4 K.

$\mathbf{r}_d$  in  $\epsilon_B$ , is given by

$$\tilde{V}_\mu(\mathbf{r}_d) = \frac{1}{\epsilon_B(\mathbf{r}_d)\tilde{f}_\mu(\mathbf{r}_d)^2}. \quad (16)$$

The effective mode volume for use in Purcell's formula can be calculated as the real part of Eq. (16),

$$V_{\text{eff},\mu}(\mathbf{r}_d) = \text{Re}[\tilde{V}_\mu(\mathbf{r}_d)]. \quad (17)$$

Thus, for one QNM,  $\mu = c$  (positive frequency pole), we recover the usual one-mode solution from the Purcell factor (PF),

$$\text{PF}(\mathbf{r}_d, \omega = \omega_c) = \frac{3}{4\pi^2} \left( \frac{\lambda_c}{n_B} \right)^3 \frac{Q_c}{V_{\text{eff},c}(\mathbf{r}_d)}, \quad (18)$$

where we assume the dipole is aligned with the dominant polarization of the QNM, and  $n_B = \sqrt{\epsilon_B}$ . With several modes, there are complex interference effects stemming from the concept of a complex effective mode volume, which is a consequence of the QNM phase. These effects can also be obtained directly from the single QNM Green function, which is in fact much more convenient with coupled QNMs.

For two QNMs, the generalized Purcell factor can be obtained from the two-QNM Green function ( $\mu = 1, 2$ ) relative

to the homogeneous solution,

$$F_P(\mathbf{r}_d, \omega) = \frac{\hat{\mathbf{n}}_i \cdot \text{Im}[\mathbf{G}(\mathbf{r}_d, \mathbf{r}_d, \omega)] \cdot \hat{\mathbf{n}}_i}{\text{Im}[G_{\text{hom}}]} + 1, \quad (19)$$

where  $\text{Im}[G_{\text{hom}}] = \frac{n_B}{6\pi\epsilon_0} \left( \frac{\omega}{c} \right)^3$ . The Green function that is obtained using the QNM method is the scattered part of the total Green function. Thus, the plus one appears due to the total Green function being the sum of the scattered and the homogeneous parts [64]:  $\mathbf{G}^{\text{total}} = \mathbf{G}^{\text{scatt}} + \mathbf{G}^{\text{hom}}$ .

Figure 3 shows the numerical full-dipole Purcell factor (markers) as well as the individual hybrid QNMs (dashed and dotted lines) and the sum of the two QNMs (solid line) for the hybrid TMDC-MNP system at various temperatures of interest (4, 77, 300 K) as well as the single MNP on hBN (assumed to be independent of temperature). The dipole position in Fig. 3 is  $\mathbf{r}_d = [44, 0, 40]$  nm, which was mainly chosen such that the  $x$  position overlapped with one of the antinodes of the mode of interest. Of course, the  $z$  position could be moved closer to achieve higher Purcell factors (at least until positions far enough away from the surfaces to avoid additional static effects). One of the unfortunate consequences of using the anisotropic permittivity for the TMDC is that the PML has trouble fully absorbing radiation near the TMDC layer, which resulted in small Fabry-Pérot resonances in the TMDC. This

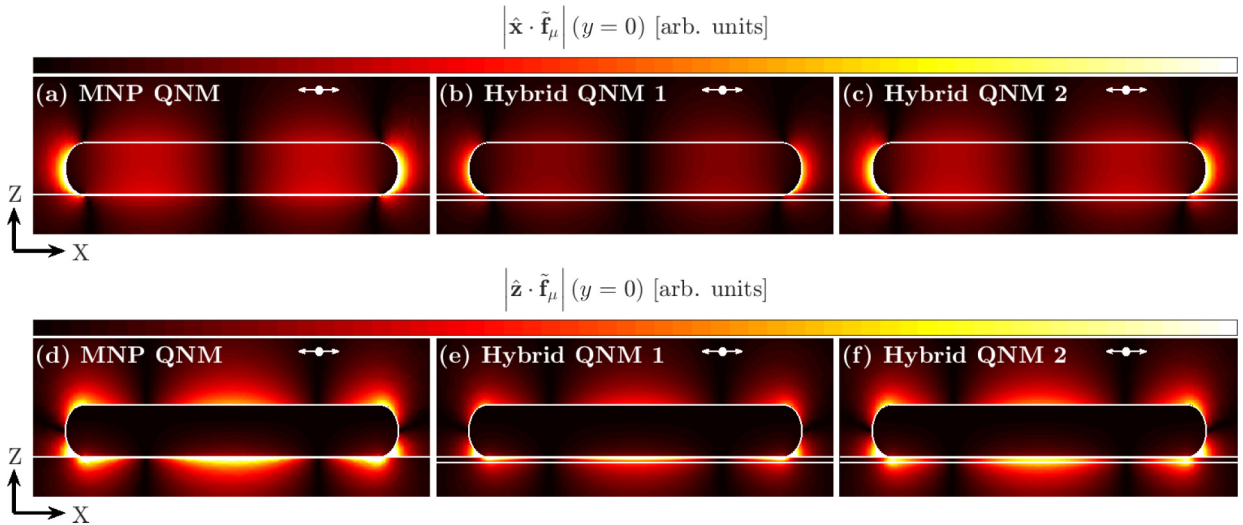


FIG. 4. The magnitude of the [(a)–(c)]  $x$  component and [(d)–(f)]  $z$  component of the QNM field profile for the original MNP QNM, first QNM of the hybrid MNP-TMDC system, and second QNM of the hybrid MNP-TMDC system at a temperature of 4 K.  $L = 148$  nm,  $R = 10$  nm,  $z_{\text{gap}} = 1$  nm. White lines outline the MNP, substrate, and TMDC. The dipole location is given by the double arrow and marker, which is located 20 nm above the gold surface.

is why we chose a  $z$  position that was as far from the TMDC layer while still having a strong Purcell factor. We would like to emphasize that these extra modes are fictitious, stemming from PML reflections. Considering that no other modes are used in the sum (i.e., higher and lower order plasmonic modes that are not spectrally isolated from the frequency range of interest, but far enough away to be safely ignored), the agreement between the full numerical simulations and the two-QNM simulations (with no fitting parameters) is overall in very good agreement. For these calculations, the full dipole simulations are computationally quite demanding ( $\approx 200$  GB of RAM and 20 min per data point), whereas the QNM can be obtained for all frequencies in approximately 1 h (same RAM).

Having now confirmed that the dipole Purcell factor is well described by the two-QNM Green function expansion, we stress that Eq. (15) can be used to obtain the Purcell factor at all locations near the resonator, highlighting the remarkable power of the QNM technique. This can be recognized from Fig. 4 showing the absolute value of the  $x$  component of the individual QNMs,  $|\hat{x} \cdot \tilde{\mathbf{f}}_{\mu}(\mathbf{r})|$ , in the  $xz$  plane ( $y = 0$ ) and  $xy$  plane ( $z = -0.5$  nm, in the middle of the gap), for a gap of 1 nm. The MNP, substrate, and TMDC are outlined as white lines. The two hybridized modes look qualitatively similar to the bare MNP QNM, but are indeed new modes, not just perturbations of the original. Figure 5 shows the anticrossing behavior in the total Purcell factor, calculated using Eq. (19), for the MNP-TMDC system with a gap of 2 nm, which is expected in the presence of strong coupling, showing minimum Rabi splittings of 84.6 and 86.1 meV for temperatures of 4 and 300 K, respectively. Figure 5(c) shows the value of the Rabi splitting as a function of detuning, which is achieved by modifying the length of the MNP. In addition to the anticrossing behavior,  $\hbar\Omega_R > \hbar(\gamma_p + \gamma_c)$  is sometimes used as a benchmark for the onset of strong coupling; in this case, these values are 45.1 and 71.7 meV, respectively, which are much less than the observed splitting.

The minimum Rabi splitting is observed at a detuning of approximately 10–15 meV, rather than 0 meV. This is due to finite QNM losses as well as the MNP design; the radius and length of the MNP (on a substrate of hBN) were varied until the peak of the Purcell factor matched the resonance frequency of the TMDC. However, due to the presence of the TMDC in the system, it slightly shifts the background effective permittivity, which blue shifts the MNP resonance. The peak permittivity is larger for lower temperature, explaining why the shift is slightly larger at 4 K relative to 300 K. A 10-meV shift can be achieved by changing the effective substrate permittivity from 4.5 to 4.6, which is a reasonable magnitude to expect from the presence of a TMDC layer.

The effect of the gap size between the TMDC and MNP,  $z_{\text{gap}}$ , is shown in Fig. 6 at 4 and 300 K. The individual QNM Purcell factors are shown as dashed or dotted lines and the total Purcell factors are shown as solid lines. As expected, the observed Rabi splitting increases as the TMDC gets closer to the MNP since the strength of the electric field due to the plasmonic resonance increases dramatically near the metal surface. Interestingly, the Fano-like behavior of the individual QNMs is most pronounced at large gap sizes or low temperatures. This can be partly explained by the QNM phase interference between the bare modes, which is more drastic with the inequality of the linewidths of the two modes, and is more pronounced at elevated temperatures.

## VI. COMPLEX POLES AS A FUNCTION OF TEMPERATURE AND GAP SIZE

Next, Fig. 7(a) displays a summary of the complex poles of the hybrid QNMs as a function of temperature and gap size. Also shown is the resonance frequency of the TMDC alone (dashed) and the QNM pole of the MNP alone (marker, +). Since the TMDC alone does not support a QNM, the TMDC resonance is represented by a vertical line. As the gap between the TMDC and MNP increases, the modes become



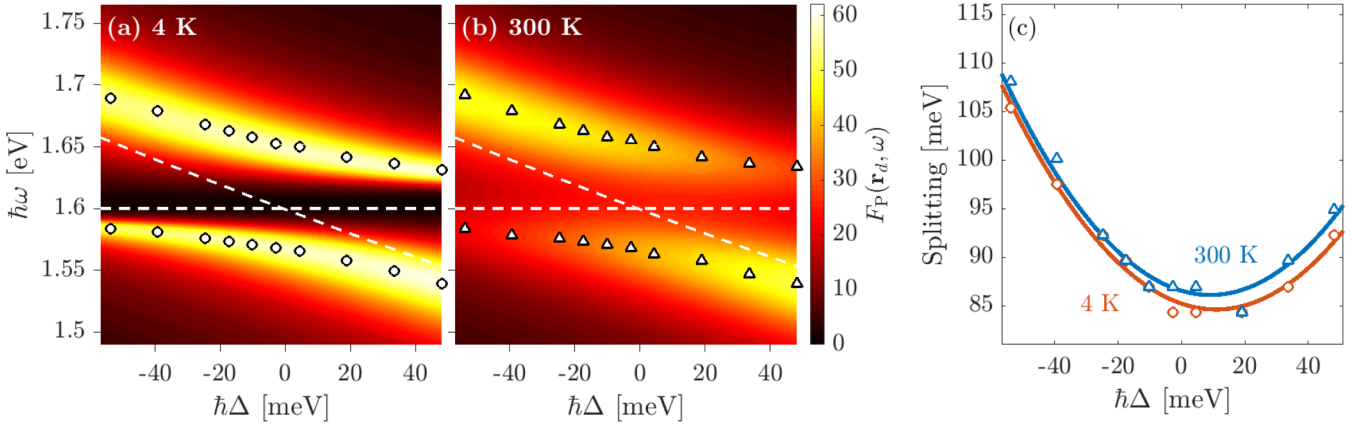


FIG. 5. Generalized Purcell factor at the location of the  $x$ -oriented dipole ( $\mathbf{r}_d = [44, 0, 40]$  nm) using QNM analysis [Eq. (19)] as a function of detuning ( $\Delta \equiv \omega_0^{ls} - \omega_0^{\text{MNP}}$ ) at (a) 4 and (b) 300 K. The dashed lines show the resonant frequency of the TMDC and the MNP. Detuning is achieved by changing the length of the MNP ( $L = 140\text{--}156$  nm). The markers indicate the peak Purcell factor of the upper and lower peaks at the values of detuning used to create the image. (c) The splitting of the upper and lower peaks at each temperature where the line is a parabolic fit to the data. Minimum anticrossing is observed at  $\approx 10$  meV detuning (see text).

less coupled, resulting in the modes moving toward either the MNP (upper mode) or TMDC (lower mode), until they are completely uncoupled. The upper mode is more MNP-like, while the lower mode is a more pronounced hybridization of the two original modes. The difference in the imaginary part of the modes contributes to greater changes in phase which in turn result in greater Fano-like lineshapes as seen in Fig. 6.

In Fig. 7(b), the Rabi splittings as a function of gap size for 4 and 300 K are shown using two different calculations: (i) the splitting due to the poles (dashed line) is calculated as the difference between the real part of the poles and (ii) the splitting due to the Purcell factor (solid line) is calculated as the difference between the frequency locations of the two maximums of the total Purcell factor. Since the calculations are obtained for discrete values of  $z_{\text{gap}}$ , the data are fit to an exponential curve to make the readability of the information more clear. The standard deviations of the fits are shown by the shaded region, which is negligible for the pole-calculated fit. Interestingly, the frequency separation of the real part of the QNM poles is uniformly larger for 300 versus 4 K, which is a consequence of the 3D spatial averaging of the coupling between the system modes. However, for increasing gap sizes, the Rabi splitting in the Purcell factor shows a larger splitting for the 4 K (vs 300 K) for larger gap sizes beyond about 2 nm. This is caused by the Fano-like behavior at lower temperatures, which is more pronounced for the lower energy QNM at larger gap sizes (e.g., see Fig. 6). Thus, the spectral splitting is not a true indication for the location of the hybrid-mode resonances and/or poles, and this effect is magnified at lower temperatures.

## VII. DIPOLE TRANSMITTED POWER AND THE POYNTING VECTOR USING THE QNMS, AND SPECTRAL SPLITTING FROM THE PURCELL FACTOR VERSUS THE TRANSMITTED POWER

As discussed earlier, another experimental observable could be the emitted spectrum to some detector position that is spatially separated from a local excitation (such as from

a dipole source). The theory to describe the detected field at these points requires the full two-space-point Green function (or *propagator*), rather than just the projected LDOS. In normal mode theory, such a spectrum would be identical to the one at the dipole location (apart from a scaling constant), but in QNM theory the phase of the QNM changes as a function of position. In addition, there are propagation and quenching effects between two spatial positions that can render the spectral response between these two functions different in plasmonic and TMDC systems. Thus, for completeness, here we also describe how the Poynting vector (and thus the dipole transmission through some arbitrary surface) can be reconstructed using the QNMs in the relevant spectral region of interest (in a spatial region that is not too far from the resonators).

The Poynting vector is defined as

$$\mathbf{S}(\mathbf{r}, \omega) = \frac{1}{2} \text{Re}[\mathbf{E}(\mathbf{r}, \omega) \times \mathbf{H}^*(\mathbf{r}, \omega)], \quad (20)$$

where  $\mathbf{E}$  is the electric field and  $\mathbf{H}$  is the auxiliary magnetic field ( $\mathbf{H} = \mu_0^{-1} \mathbf{B}$ , where  $\mu_0$  is the permeability of free space and  $\mathbf{B} = (i\omega)^{-1} \nabla \times \mathbf{E}$  is the magnetic field). The electric field due to a point dipole source with dipole moment  $\mathbf{d}$  is constructed from the Green function via

$$\mathbf{E}(\mathbf{r}, \omega) = \frac{1}{\epsilon_0} \mathbf{G}(\mathbf{r}, \mathbf{r}_d, \omega) \cdot \mathbf{d}, \quad (21)$$

where we note that the Green function is a tensor of rank 2 (3 by 3 matrix). The total power flow through a surface  $T$  is then given by

$$S_z^\pm(\omega) = \int_{T^\pm} S_z(\mathbf{r}, \omega) d\mathbf{r}. \quad (22)$$

The upper surface ( $T^+$ ) and lower surface ( $T^-$ ) values are shown in Fig. 2, which are monitors in the  $xy$  plane with normal vectors pointing outwards. The observed spectral splitting due to the power transmission of a dipole for a gap of 2 nm and temperature of 4 K is 74.1 meV. In contrast, the splitting observed in Fig. 7 due to the complex poles and the

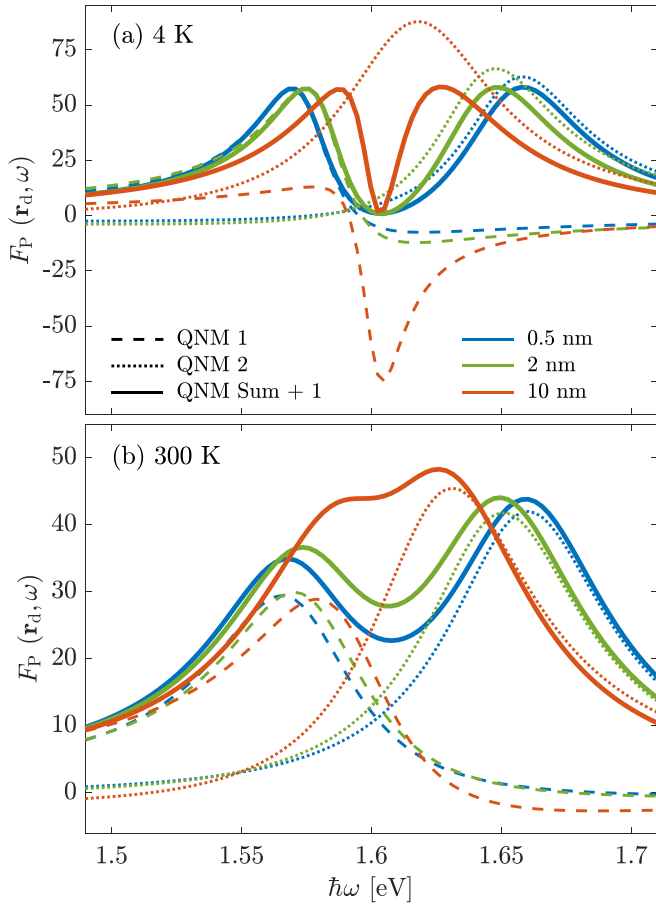


FIG. 6. Generalized Purcell factor at the location of the  $x$ -oriented dipole ( $\mathbf{r}_d = [44, 0, 40]$  nm) using QNM analysis [Eq. (19)] for the individual QNMs of the hybridized system (dashed and dotted lines) as well as the sum of the QNMs (solid lines), as a function of temperature and gap size.

Purcell factor were 59.5 and 73.8 meV, respectively. There is a slightly greater splitting when observed in the transmission of a dipole emitter compared to the Purcell enhancement of the emission of the same dipole emitter, as shown in Fig. 8. This is a consequence of the changing QNM properties as a function of space (especially the phase), which is captured in the dipole transmission but not in the local Purcell factor.

Power transmission can typically be measured experimentally by exciting the system with a plane wave or tightly focused beam [67] and comparing the optical transmission with and without the optical scatterer. This is different from what we have presented here, since our source is a dipole emitter, but the transmission should be similar to a background-free measurement. In contrast, experimentally determining the Purcell factor requires measuring the change in the radiative lifetime for a quantum emitter of either the photoluminescence spectra [68] or Raman spectra [69]. These differences are subtle but fully captured in our model. The two-space-point Green functions can also be used to complement other formalisms for systems containing two and more quantum emitters, since they account for important photon exchange effects [70,71].

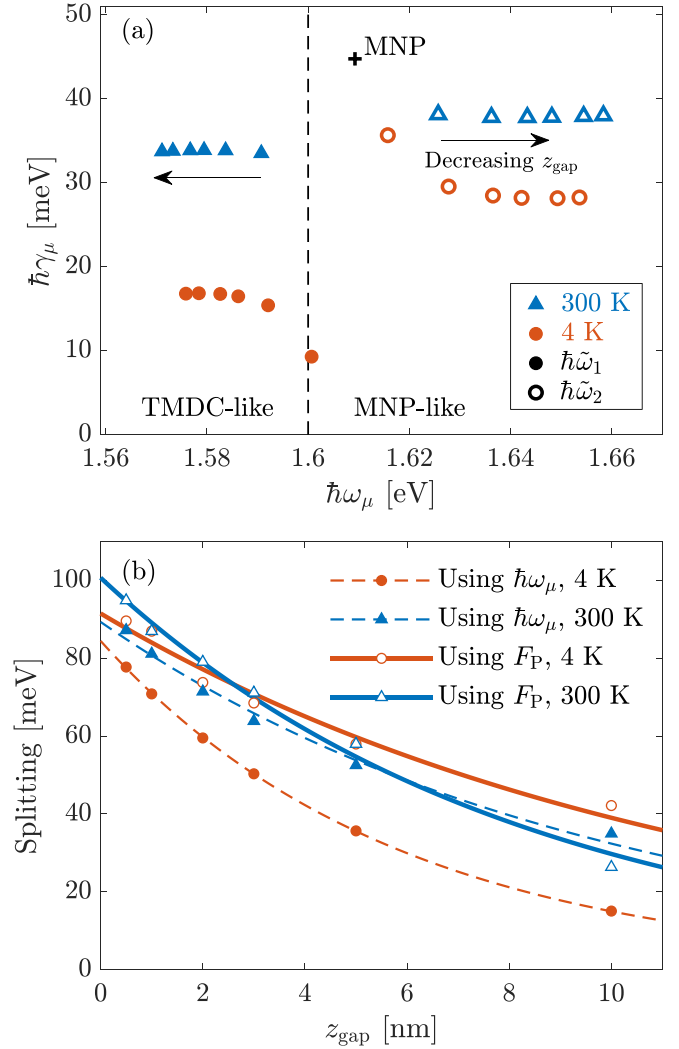


FIG. 7. (a) Complex poles of the QNMs for the hybridized system at 4 and 300 K as a function of gap size (values of 0.5, 1, 2, 3, 5, and 10 nm). The TMDC does not support a QNM, so the resonant frequency ( $\omega^{ls}$ ) is given by a dashed line. The complex pole of the MNP on the hBN substrate is given by the plus (+) marker. (b) Frequency separation between the real part of the QNM poles (dashed lines, solid symbols) and using the frequency at the maxima of the spectral splitting of the generalized Purcell factor (solid lines, open symbols) for 4 K (red) and 300 K (blue). These lines are exponential fits to the data.

## VIII. CONCLUSIONS

In summary, we have presented a QNM approach for the description of the modal physics of a hybrid TMDC-MNP system in the strong coupling regime. In this fully 3D approach, there is no fixed  $g$ , but rather the splitting behavior is captured from the underlying hybrid modes, using the full 3D geometry of hybrid cavity structure.

We also examined the effect of temperature, gap size, and detuning to illustrate the characteristics of the coupling between the TMDC and MNP. Spectral splittings as large as 90 meV are observed for a gap size of 0.5 nm. Fano-like contributions from the individual QNMs also manifest in the splitting associated with strong coupling. These hybrid modes

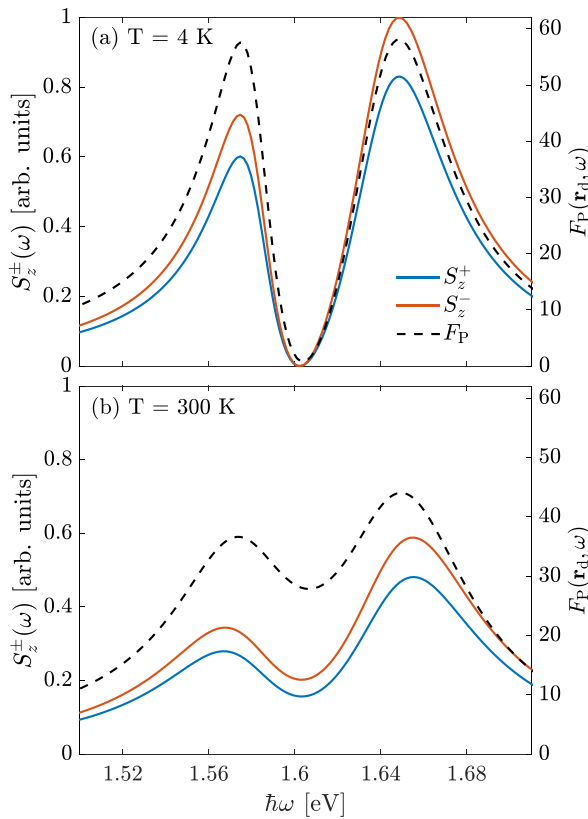


FIG. 8. Dipole transmission (upper and lower surface) from the dipole-emitted Poynting vector, reconstructed using the QNM analysis. Here we use  $z_{\text{gap}} = 2$  nm and  $\mathbf{r}_d = [44, 0, 40]$  nm at (a) 4 and (b) 300 K.

are indeed the desired dressed states of the hybrid system. Knowing the QNMs of the system allows us to examine the

coupling as a function of frequency and space, which can be used to examine more exotic and complex systems such as coupled arrays of dipoles or quantum emitters. Moreover, the use of a QNM model is critically important for the quantization of these lossy modes in quantum optics since they contain the full dispersive nature of the modes that arises from complex eigenfrequencies, unlike traditional normal modes that require phenomenologically added dephasing contributions in Jaynes-Cummings-type models [34,35]. In particular, in the quantized QNM approach applied, there are important nondiagonal decay terms that are not captured in a dissipative Jaynes-Cummings model (namely a Lindblad decay process that couples QNM 1 to QNM 2 and vice versa), of the form  $\gamma_{\alpha\beta}/2[2\hat{a}_\alpha\rho\hat{a}_\beta^\dagger - \hat{a}_\alpha^\dagger\hat{a}_\beta\rho - \rho\hat{a}_\alpha^\dagger\hat{a}_\beta]$ ; these account for dissipation-induced quantum mechanical coupling between classically orthogonal QNMs, and can also exhibit striking interference effects including Fano resonances [34,35]. Our approach thus paves the way to describe such complex cavity structures, including the coupling of more quantum emitters, fully accounting for collective effects, as well as radiative and nonradiative decay and transport as mediated from the hybrid modes. Indeed, it is even possible to add gain elements into the cavity structures, and will use a QNM approach [72].

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