## Temperature-linear spin-spin relaxation rates of one-dimensional <sup>3</sup>He fluid formed in nanochannels

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We have made systematic nuclear magnetic resonance measurements for <sup>3</sup>He fluid formed in <sup>4</sup>He-coated nanochannels including the quantum-mechanically one-dimensional (1D) region, which is a possible candidate for a different type of Tomonaga-Luttinger (TL) liquid. Corresponding to the previous heat capacity measurements, a dimensional crossover into the 1D state at low temperatures was observed by the susceptibility. In the 1D region, increases of the spin-spin relaxation time inversely proportional to temperature were found, which is apparently similar to T-linear electron spin resonance linewidths for 1D spin chains. While the relevance for TL liquids is still controversial since the behavior is observed in both degenerate and nondegenerate fluids, increases of the spin-spin relaxation time were confirmed to be observed only when 1D conditions for <sup>3</sup>He fluid are satisfied, indicating that it is a characteristic property of the 1D <sup>3</sup>He fluid.

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In three dimensions or two dimensions, the physical properties of a fluid consisting of interacting fermions are well described by the Landau Fermi liquid theory in which singleparticle-like quasiparticles play a main role. In one dimension, however, the situation is expected to change drastically. The strong correlation between neighbor particles necessarily makes all excitations collective; thus, one-dimensional (1D) quantum systems are described as the Tomonaga-Luttinger (TL) liquid instead [1]. While theoretical studies of 1D systems have a long history from individual works by Tomonaga and Luttinger [2-4], experimental studies were later because of the difficulty in making 1D systems with real materials. While the power-law correlation characteristic of a TL liquid appeared to be reported in 1D organic conductors from the 1980s [5], evidence of the spin-charge separation was shown much more recently in quantum wires [6,7]. Although the TL properties represented by the power law have been reported in various 1D systems such as carbon nanotubes [8], edge states in quantum Hall systems [9], quantum spin chains [10], and cold atoms in an optical lattice [11], the comprehensive experimental test of 1D TL physics is still an ongoing issue in condensed-matter physics.

For helium quantum fluids, realization of 1D systems has been attempted using confinement in nanometer-sized channels. Recently, 1D superfluid responses observed in <sup>4</sup>He adsorbed in nanochannels [12–14] have attracted interest for the possibility of being interpreted as those of a bosonic TL liquid [15,16]. For a fermionic 1D fluid, dilute <sup>3</sup>He atoms floating on a <sup>4</sup>He film precoated in nanochannels are a candidate to realize the TL liquid. For such <sup>3</sup>He in nanochannels, a dimensional crossover into the quantum-mechanically 1D state has been shown by the specific heat maximum followed by a decrease of the specific heat at low temperatures [17,18]. The 1D <sup>3</sup>He fluid has several properties different

from electron systems. It has uniform densities but no lattice or interchain exchange. A fluid with no charge enables us to study the effects of interactions other than the Coulomb potential. In addition, the interaction between atoms is suggested to be controlled by the channel size and coated <sup>4</sup>He film thickness [19]. It is theoretically predicted that the combination of repulsive hard-core and attractive van der Waals potentials between <sup>3</sup>He atoms can show various 1D fluid phases with the reentrant density dependence of the Luttinger parameter [20]. Thus, 1D  $^{3}$ He could be a model system for a TL liquid. Recently, 1D classical diffusion of dilute <sup>3</sup>He in <sup>4</sup>He-coated nanochannels was confirmed by the nuclear magnetic resonance (NMR) above 1.5 K [21]. For relatively dense <sup>3</sup>He, low-temperature NMR was also performed [22,23]. In this Letter, we show the results of systematic NMR measurements performed for dilute <sup>3</sup>He in the 1D state, down to the degenerate regime. The 1D condition was determined from the dimensional crossover shown in the susceptibility. Properties characteristic of a 1D <sup>3</sup>He fluid were investigated by the spin relaxations.

In this study, nanochannels of folded sheet mesoporous materials (FSMs) [24] are employed as a template to form 1D <sup>3</sup>He. FSMs are a family of nanoporous silicate powder with a honeycomb array of straight nanometer-sized channels. The length of the channel is the same as the grain size, about 300 nm, and the channel diameter is uniform and selectable in synthesis. The properties of <sup>4</sup>He adsorbed in the channels were confirmed to change systematically depending on the diameters, which were 1.5 nm (C8) to 2.8 nm (C16) and 4.7 nm [25,26]. Thus, FSM(C14) with a diameter of 2.4 nm was chosen for this study. The FSM powder was packed in a sample cell made of Stycast 1266 epoxy, so that channel axes were randomly oriented against the applied magnetic field. The effective surface area in the cell was measured by the Brunauer-Emmett-Teller (BET) method using the nitrogen adsorption isotherm at 77 K, and areal densities of adatoms were estimated using this surface area. In the superfluid

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experiment [14], the surface area out of these channels was estimated to be less than 3%, so that NMR signals of <sup>3</sup>He other than in channels can be neglected. Film conditions consisting of <sup>4</sup>He and <sup>3</sup>He in these channels were clarified in preceding studies. The channel wall was initially covered with a <sup>4</sup>He film before adsorption of <sup>3</sup>He atoms. Film growth of <sup>4</sup>He in FSM channels was investigated by vapor pressure and heat capacity measurements [25,27]. In general, the effective film thickness estimated from the vapor pressure linearly increases with coverage at first, indicating uniform formation of <sup>4</sup>He film on the channel wall. And above a coverage  $n_{\rm f}$ , adatoms start to fill the void central region in channels. In the film region below  $n_{\rm f}$ , the two-dimensional (2D) compressibility shows a broad minimum at a density  $n_1$ , showing the first atomic layer completion. For the 2.4 nm FSM(C14) used here,  $n_1$  were estimated to be 16 and 18  $\mu$ mol/m<sup>2</sup> for <sup>3</sup>He and <sup>4</sup>He atoms, respectively, from the heat capacities [27]. The upper limit  $n_{\rm f}$  of <sup>4</sup>He film growth was indicated to be  $1.7n_1$ for this channel. The lowest coverage  $n_c$  for the 1D superfluid response was observed to be about  $1.33n_1$  using a torsional oscillator [14]. Therefore,  $1.4n_1$  (25.0  $\mu$ mol/m<sup>2</sup>) of <sup>4</sup>He film between  $n_c$  and  $n_f$ , where the <sup>4</sup>He film is partially fluid, was prepared for this study, so that the gaslike mobility of <sup>3</sup>He atoms adsorbed on the <sup>4</sup>He surface is guaranteed.

The experimental condition to realize 1D <sup>3</sup>He in <sup>4</sup>Hecoated nanochannels was examined with a model of noninteracting gas for the interpretation of the previous heat-capacity study using FSM(C16) and FSM(C12) [18]. In this model, single-particle energy states of <sup>3</sup>He atoms are described as  $\epsilon = \hbar^2 k^2 / 2m_3 + \Delta_{lm}$ , where  $m_3$  is a mass of <sup>3</sup>He atoms, k is a continuous wave number for atomic motion along the channel axis, and  $\Delta_{lm}$  is a discrete energy with quantum numbers l and m for excitations of radial and azimuthal motions, respectively. The lowest excitation is  $\Delta_{01}$  for azimuthal motion, which is estimated to be subkelvin as  $A\hbar^2/2m_3(2\pi/\pi d')^2$ , where A = 1-8.9, depending on the strength of the adsorption potential and d' is the channel diameter narrowed by the precoated <sup>4</sup>He film. When the Fermi energy of <sup>3</sup>He atoms is larger than  $\Delta_{01}$ , excited states with azimuthal motion are partially occupied even at T = 0. Therefore, <sup>3</sup>He must be dilute to realize a quantum-mechanically genuine 1D fluid, which is typically a few percent of  $n_1$ . In this study, <sup>3</sup>He with densities of 0.04–0.95  $\mu$ mol/m<sup>2</sup>, corresponding to 0.25%–6% of  $n_1$  or line densities of 0.15–3.6 nm<sup>-1</sup>, were adsorbed in the <sup>4</sup>He-coated channels. In addition, the temperature T has to be lower than  $\Delta_{01}/k_{\rm B}$  to neglect thermal excitation of azimuthal motions. In the 1D state, even though the <sup>3</sup>He wave function expands in the whole channel cross section, the hard core of about 0.3 nm in diameter is still smaller than the channel radius. Therefore, exchange between <sup>3</sup>He atoms is considered to occur via tunneling through a potential barrier necessary for shrinkage of the wave packets.

For this system, pulsed NMR for <sup>3</sup>He atoms was performed at 4.29 MHz down to 60 mK. The NMR single coil was thermally anchored to the middle of the heat exchanger in the dilution refrigerator to avoid warming up the sample by Joule heating. The signal was measured by a phase-sensitive detector and several ten signals were averaged to improve the signal-to-noise ratio. The susceptibility  $\chi$  was measured by extrapolation of the free-induction decay (FID) to the



FIG. 1. (a) Temperature dependences of the nuclear magnetic susceptibility  $\chi$  of <sup>3</sup>He in 1D channels with various <sup>3</sup>He densities  $n_3$ , derived by fitting the form  $I(t) = I_0 \exp(-t/T_2^*)$  to the free induction decay after a  $\pi/2$  pulse. (b) Temperature dependences of  $\chi T$  normalized by  $n_3$  for relatively low  $n_3$ . The dashed line is a guide for the eyes corresponding to Curie's law. For reference, crosses indicate  $\chi T/n_3$  of <sup>3</sup>He adsorbed in 3D interconnected nanopores coated with a 25  $\mu$ mol/m<sup>2</sup> <sup>4</sup>He film. The inset shows isotherms of  $\chi T/n_3$  for <sup>3</sup>He in 1D channels.

time of the rf pulse. The longitudinal relaxation time  $T_1$  was measured by the ordinary comb-pulse method using a pulse sequence with comb- $t_1$ -90°- $t_2$ -180°- $t_2$ -echo. For the spin-spin relaxation time  $T_2$ , the spin echo after 90° and 180° pulses was measured. In this system, application of a field gradient did not show further spin echo decay due to spin diffusion, so a field gradient of about 10 G/cm was applied in the  $T_2$  measurement to suppress FID. The absence of diffusion effects also suggests that the possible <sup>3</sup>He diffusion range in the  $T_2$  timescale is not longer than a few times the channel length at low temperatures [28].

Figure 1 shows susceptibilities  $\chi$  of <sup>3</sup>He at various <sup>3</sup>He densities  $n_3$ . Preliminary low- $n_3$  data were shown in Ref. [29]. In the specific heat, a dimensional crossover into the 1D state is indicated by a decrease from the gas constant R of a 2D Boltzmann gas and the accompanying Schottky-like peak, whose temperature is almost  $n_3$  independent at  $\sim \Delta_{01}/2k_B$  [17,18]. In contrast to the specific heat,  $\chi$  of the Boltzmann gas is known to obey the same Curie law independent of the dimensionality. However,  $\chi$  in one di-



FIG. 2. Temperature dependences of nuclear spin relaxation times for various <sup>3</sup>He densities  $n_3$  in 1D channels. (a) Longitudinal relaxation times  $T_1$ . The function  $I(t) = I_{\infty} - I_0 \exp(-t/T_1)$  was fitted to the relaxation curve, where  $I_{\infty}$  is the intensity observed without comb pulses. For fitting, only data with intensity  $I \leq I_{\infty} - 0.5I_0$  were used to ignore a longer thermal relaxation. (b) Spin-spin relaxation times  $T_2$ . The function  $I(t) = I_0 \exp(-t/T_2)$  was fitted to spin echoes with the intensity  $I \geq 0.15I_0$ . For reference,  $T_2$  of <sup>3</sup>He ( $T_F \approx 0.18$  K) adsorbed in 3D connected nanopores coated with <sup>4</sup>He of 25  $\mu$ mol/m<sup>2</sup> are shown by crosses.

mension becomes significantly smaller by a degenerate effect even at temperatures much higher than the Fermi temperature  $T_{\rm F}$ . As a result, the dimensional crossover for nondegenerate <sup>3</sup>He can be detected by a reduction from the Curie law, around  $T \sim \Delta_{01}/2k_{\rm B}$ , independently of  $n_3$ , which was shown in Ref. [29] with a simulation result using the dimensional crossover model explaining the heat capacity. Figure 1(b) shows  $\chi T$  normalized by  $n_3$ , which is constant for the Curie susceptibility. As a reference,  $\chi T$  of <sup>3</sup>He in three-dimensional (3D) nanopores of HMM-2, whose pore size and absorption potential are similar to those of FSM channels [30], is also shown. For dilute <sup>3</sup>He in 1D channels, reductions from the Curie law similarly occur below about 0.25 K higher than that in 3D pores, indicating the dimensional crossover. Isotherms in the inset show that they are almost identical for  $n_3$  below 0.2  $\mu$ mol/m<sup>2</sup>. Thus, the lowest excitation energy  $\Delta_{01}$ for azimuthal motion in this channel is found to be around 0.5 K. As shown in Fig. 1(a), T-independent susceptibilities characteristic of degenerate states were observed only in a narrow  $n_3$  region between 0.31 and 0.36  $\mu$ mol/m<sup>2</sup> below 0.1 K because of the overlapping dimensional crossover effect. Recalling that the constant  $\chi$  appears below  $T \sim 0.5T_{\rm F}$  in a 1D gas, the Fermi temperature  $T_{\rm F} = (\hbar^2/2m^*k_{\rm B})(\pi N/2L)^2$ is considered to be about 0.2 K for  $n_3 = 0.31 \ \mu \text{mol/m}^2$ . In this case, the effective mass  $m^*$  is estimated to be  $1.4m_3$ , which is reasonable for a hydrodynamic mass of <sup>3</sup>He on a <sup>4</sup>He film, compared with the other <sup>3</sup>He system floating on the <sup>4</sup>He surface [31]. In addition, the value  $\Delta_{01}/k_{\rm B} \sim 0.5$  K is also appropriate for  $m^*/m_3 = 1.4$ , which was discussed previously in Ref. [29]. Assuming  $N^2$ -linear dependence of  $T_F$  for a 1D gas,  $T_{\rm F}$  should exceed  $\Delta_{01}/k_{\rm B}$  at  $n_3 = n_{\rm lim} \sim 0.5 \,\mu {\rm mol/m^2}$ . Above  $n_{\rm lim}$ , azimuthal excited states are occupied even at T = 0, so that the system does not have a quantum-mechanically 1D region. As shown later, the corresponding qualitative change is observed in the spin-spin relaxation above  $n_{\text{lim}}$ , which supports the validity of this  $T_{\rm F}$  estimation. Thus, "genuine" 1D

conditions for <sup>3</sup>He in this channel have been determined as  $T < \Delta_{01}/k_{\rm B} - T_{\rm F}$  and  $n < n_{\rm lim}$ .

Nuclear spin relaxation times for <sup>3</sup>He in this system are shown in Fig. 2. For longitudinal relaxation at low T, especially below 0.15 K, a tail continuing over 10 s became remarkable in addition to the exponential form [28]. Since this is attributed to thermal relaxation of the sample after an rf pulse, the relaxation time of the initial part is shown in Fig. 2(a) as a longitudinal relaxation time  $T_1$ . At T > 0.4 K, where azimuthal motion of <sup>3</sup>He is thermally excited, both  $T_1$ and spin-spin relaxation times  $T_2$  shown in Fig. 2(b) decrease monotonically with decreasing T. They can be regarded as spin relaxations via dipolar coupling at  $\omega \tau < 1$ , where  $\omega$  is the Larmor frequency and  $\tau$  is the correlation time related to <sup>3</sup>He diffusive motion, considering that  $T_2$  is always much shorter than  $T_1$  in low-dimensional systems [32,33]. They did not depend on  $n_3$ , which implies that relaxations are determined by a single-particle process via diffusion in the local magnetic field such as by impurities, similar to high-temperature results observed in 1D channels of MCM-41 [21]. As a difference, the decreasing behavior of  $T_1$  with T contrasts with  $T_1$  increases observed in MCM-41 [21], which probably implies higher <sup>3</sup>He mobility in our condition using a FSM.

In the genuine 1D state of <sup>3</sup>He below 0.3 K ( $\sim \Delta_{01}/2k_B$ ), several characteristic behaviors are observed as follows. As seen in Fig. 2,  $n_3$  dependences of both  $T_1$  and  $T_2$  are developed below 0.3 K, which is consistent with the 1D state where collective motions among <sup>3</sup>He become dominant. In addition, transverse relaxation curves in this region fit the stretched exponential function  $\exp[-(t/T_2')^{\alpha}]$  rather than the simple exponential function, where the exponent  $\alpha$  starts to deviate below 0.3 K, from 1 at high T to about 0.7 at the lowest temperatures [28]. The stretched-exponential curves suggest a distribution of  $T_2$  below 0.3 K, which is reasonable for 1D systems with large anisotropy of  $T_2$  since the observed is a sum of signals from <sup>3</sup>He in many FSM grains with various orienta-



FIG. 3. Temperatures at the minimum of  $T_2$  shown in Fig. 2(b) and proportional coefficients of the *T*-linear relaxation rate  $T_2^{-1}$  derived from linear plots of  $T_2^{-1}$  shown in the inset.

tions against the field. The most notable behaviors observed in the 1D region are upturns of  $T_2$  below about 0.15 K, as shown in Fig. 2(b). In <sup>3</sup>He systems adsorbed on the wall,  $T_2$  is often determined by motional narrowing due to diffusive motion of <sup>3</sup>He atoms. Therefore,  $T_2$  monotonically decreases with T by suppression of thermally excited motion and becomes constant in the tunneling region at low T [32]. The behavior can be seen for  $T_2$  of <sup>3</sup>He adsorbed in 3D interconnected nanopores ( $T_{\rm F} \approx 0.18$  K), shown in Fig. 2(b) as an example of other <sup>3</sup>He systems. Indeed, the approach to constant  $T_2$ at low T has been observed also in these 1D channels at  $n_3 > 0.6 \ \mu \text{mol/m}^2 \gtrsim n_{\text{lim}}$ , where azimuthal motional states are partially occupied even at T = 0. Thus, the  $T_2$  increases at low T are likely to be a characteristic property of the genuine 1D system. As shown in Fig. 2(b),  $T_2$  increases are inversely proportional to the temperature; that is, relaxation rates  $T_2^{-1}$ are linear in T. The characteristic parameters, temperatures at the  $T_2$  minimum and proportional coefficients at low T, are summarized in Fig. 3.

Since <sup>3</sup>He atoms and their nuclear spins form a 1D fluid in this system, the <sup>3</sup>He NMR corresponds to an electron spin resonance (ESR) in electronic systems. In 1D spin chains, although isotropic exchange interaction J does not result in any linewidths corresponding to  $T_2^{-1}$ , a small anisotropic interaction  $\delta$  causes T-linear linewidths  $\eta$  at  $T < J/k_B$ , written as  $\eta_{\parallel} \sim 4\pi^3 (\delta/J)^2 (k_B/\hbar)T$  for anisotropy with the axis parallel to the applied field and  $\eta_{\perp} = \eta_{\parallel}/2$  for anisotropy perpendicular to the field [34]. A similar behavior was also shown by an analysis of the spin sector of the TL liquid model [35]. Thus, T-linear ESR linewidths have been considered to be a typical signature of a TL liquid for electrons. In this 1D <sup>3</sup>He, the dipole-dipole interaction is anisotropic, so that similar behavior is expected. On the other hand, when the typical dipole-dipole energy  $\delta$  in 1D channels is considered to be  $(\mu_0/4\pi)(\gamma^2\hbar^2/4d^3)$  for an interatomic distance  $d \sim 1$  nm,  $\delta$  is estimated to be only 0.8 nK, which is too small compared with  $J \sim \epsilon_{\rm F}$  to yield  $T_2$  on the order of milliseconds. The mismatch implies the relevance of the other interactions, such as atomic exchange in channels or edge effects due to a finite length of about 300 nm [19]. What is puzzling is that similar  $T_2$  increases were also observed even in the nondegenerate region above  $T_{\rm F}$ . For dilute <sup>3</sup>He below 0.2  $\mu$ mol/m<sup>2</sup>,  $T_{\rm F}$  is considered to be lower than 0.1 K. A model calculation by Yao and Oshikawa considering the dipole-dipole interaction for a <sup>3</sup>He fluid adsorbed in the realistic nanochannel geometry confirmed that relaxations similar to ESR of 1D systems appear in NMR of the <sup>3</sup>He fluid even without a lattice but also showed that T-linear  $T_2^{-1}$  will be observed only below  $T_{\rm F}$ , together with estimation of  $T_2$  a few orders longer than observed [36]. As a clue for the solution, it is noted that  $T_1$  shown in Fig. 2(a) and T-linear coefficients of  $T_2^{-1}$  in Fig. 3 indicate qualitative differences below about  $n_3 \sim 0.2 \ \mu \text{mol/m}^2$ , which suggests that different relaxation mechanisms work in the dilute nondegenerate region. In the dilute region,  $T_1$  shows a T dependence similar to  $T_2$ , which can be considered just a property of the dipolar relaxation with rapid diffusive motion at  $\omega \tau < 1$  [32]. If that is the case, <sup>3</sup>He diffusive motion is implied to be faster with decreasing T, which is a quite characteristic behavior of this 1D system. Thus, the direct comparison with the TL liquid picture still leaves several issues. Nevertheless, the fact that T-linear  $T_2^{-1}$ are observed only in the 1D state indicates that this behavior is a reflection of the one dimensionality. The origin will be clarified by further studies under conditions with a different space, mobility, and interparticle interaction for <sup>3</sup>He, which can be modulated by the channel size and <sup>4</sup>He coating [19], together with the frequency dependences.

In conclusion, we have performed systematic NMR measurements for a quantum-mechanically 1D <sup>3</sup>He fluid formed in nanochannels, which is a candidate for the realization of a Tomonaga-Luttinger liquid. We found increases of the spinspin relaxation time inversely proportional to *T* below 0.15 K, which is apparently similar to *T*-linear ESR linewidths for a spin TL liquid. While the origin is still controversial since similar behavior seems to be observed even in the nondegenerate region, it has been confirmed to be a characteristic behavior indicating the one dimensionality, which is observed only when the form, density, and temperature fulfill the 1D conditions for a <sup>3</sup>He fluid. Further experimental and theoretical studies are desired to reveal the 1D physics.

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