Neutron scattering study of magnetic anisotropy in the tetragonal antiferromagnet Bi₂CuO₄

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We present a comprehensive study of magnon excitations in the tetragonal easy-plane antiferromagnet $\mathrm{Bi}_2\mathrm{CuO}_4$ using inelastic neutron scattering and spin-wave analyses. The nature of low-energy magnons, and hence the anisotropy in this material, has been controversial. We show unambiguously that the low-energy magnon spectrum consists of a gapped and a gapless mode, which we attribute to out-of-plane and in-plane spin fluctuations, respectively. We modeled the observed magnon spectrum using linear spin-wave analysis of a minimal anisotropic spin model motivated by the lattice symmetry. By studying the magnetic field dependence of the (1,0,0) Bragg peak intensity and the in-plane magnon intensity, we observed a spin-flop transition in the *ab* plane at ~ 0.4 T, which directly indicates the existence of a small in-plane anisotropy that is classically forbidden. It is only by taking into account magnon zero-point fluctuations beyond the linear spin-wave approximation that we could explain this in-plane anisotropy and its magnitude, the latter of which is deduced from the critical field of the spin-flop transition. The microscopic origins of the observed anisotropic interactions are also discussed. We found that our data are inconsistent with a large Dzyaloshinskii-Moriya interaction, which suggests a potential departure of $\mathrm{Bi}_2\mathrm{CuO}_4$ from the conventional theories of magnetic anisotropy for other cuprates.

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I. INTRODUCTION

One of the central topics in magnetism research is the understanding of anisotropic interactions between spins on a microscopic level. Since the full spin rotational symmetry of the magnetic Hamiltonian is broken by these interactions, their elucidation is essential for the description of a material's ground state and its low-energy excitations. For example, despite having much smaller magnitudes than the isotropic or Heisenberg interactions, these anisotropic interactions are responsible for giving rise to a bulk magnetic anisotropy energy (MAE), which determines the ordering direction in an ordered magnet, and providing magnetoelastic/magnetoelectric coupling in certain multiferroics [1]. In recent years, materials with anisotropic interactions comparable to or even larger than the Heisenberg interactions are beginning to attract much attention [2]. Dominant anisotropic terms have been shown to modify the magnetism dramatically and give rise to many exotic phenomena in these materials, such as a spin liquid phase with topological order [3–5], and topological excitations [6-8]. These new discoveries provide an additional impetus to study the anisotropic interactions in different

In general, the anisotropic interactions arise from the spinorbit coupling (SOC), and their strength scales with that of the SOC. Although they can be understood qualitatively by examining the local symmetry of the interacting magnetic ions, the magnitude of each symmetry-allowed term can only be obtained through the full electronic Hamiltonian including SOC, a crystal electric field (CEF), Coulomb interaction (U_0), and hopping (t). Up to now, the anisotropic interactions have been best understood in 3d transition-metal materials, where SOC is much smaller than the other energy scales, and it can therefore be treated perturbatively. In particular, systems in which the magnetic ion contains only a single hole in a nondegenerate orbital have been studied most intensively due to its simplicity and direct applicability to high- T_c cuprates. The anisotropic interactions in such systems take the form of an exchange anisotropy between two $S=\frac{1}{2}$ spins (as opposed to single-ion anisotropy, which depends on individual spins), which can be written as a sum of an antisymmetric and a symmetric part:

$$\vec{A} \cdot (\vec{S}_1 \times \vec{S}_2) + \vec{S}_1^\mathsf{T} \mathsf{M} \vec{S}_2, \tag{1}$$

where \vec{A} and M are a vector and a symmetric matrix, respectively. First shown by Moriya [9], and later confirmed by Shekhtman and co-workers [10,11], Eq. (1), when expanded up to second order in SOC, takes the following specific form:

$$\vec{D} \cdot (\vec{S}_1 \times \vec{S}_2) + \frac{|\vec{D}|^2}{4J} [(\hat{d} \cdot \vec{S}_1)(\hat{d} \cdot \vec{S}_2) - \vec{S}_1 \cdot \vec{S}_2].$$
 (2)

In Eq. (2), the magnitude of \vec{D} is given approximately by $|\vec{D}| \sim \frac{\lambda}{\epsilon} J$, where λ , ϵ , and J denote the SOC, CEF, and Heisenberg superexchange interaction, respectively. The two terms of Eq. (2), linear and quadratic in SOC, are often referred to as the Dzyaloshinskii-Moriya (DM) and symmetric anisotropic (SA) interactions. Corrections to Eq. (2) have been investigated by Yildirim *et al.* in a realistic model [12], where they showed that Eq. (2) is actually valid up to all orders of SOC as long as the Coulomb exchange is zero, and the Coulomb interaction is independent of orbitals. The Coulomb

exchange, K, and parts of the Coulomb interaction depending on orbital occupancy, ΔU , generate corrections to both the DM and SA interactions in Eq. (2) that are an order $\sim O(\frac{K}{U_0})$ and $\sim O(\frac{\Delta U}{U_0})$ smaller than the leading terms in Eq. (2). Such corrections become important when \vec{D} vanishes due to inversion symmetry. The general theory, including both Eq. (2) and the corrections due to K and ΔU , microscopically explains the magnetic anisotropy in a wide range of tetragonal [13–18] and orthorhombic [19,20] Cu²⁺ oxides with a simple Cu-O-Cu bond geometry.

A natural next question involves the form of the anisotropic interaction when the geometry of the exchange path is more complex. In particular, it is unclear whether the general theory with a dominant anisotropic term given by Eq. (2) still holds when the exchange route is more complicated than a simple Cu-O-Cu bond geometry. One example studied is Bi₂CuO₄, with a tetragonal lattice structure shown in Fig. 1. The magnetic sublattice consists of chains of Cu2+ ions arranged in a square lattice. Below $T_N \sim 50$ K, the Cu-moments acquire a C-type antiferromagnetic order consisting of ferromagnetic chains that are antiferromagnetically arranged [21–24]. The ordered moments lie in the ab plane [25], suggesting the existence of easy-plane anisotropy similar to other tetragonal cuprates with simpler structure. As shown in Fig. 1, the geometry of the superexchange path between any two Cu²⁺ ions in Bi₂CuO₄ is very complex. An example is the Cu-O-Bi-O-Cu path indicated by a yellow dotted line in Fig. 1(a), where the Cu-O-Bi and O-Bi-O angles are 109° and 88°, respectively. This makes it difficult to theoretically determine the magnetic anisotropy. Experimentally, many studies have been carried out to elucidate the form and size of the anisotropy terms in this material by examining its magnetic excitations. However, the results obtained so far have been inconclusive. Although early inelastic neutron scattering (INS) studies agree on the overall magnon dispersion in Bi₂CuO₄, they disagree on the nature of the low-energy magnons. The first INS study carried out by Ain et al. observed only one low-energy magnon mode with a gap of \sim 2 meV [26]. This is in apparent contradiction with the observation of an in-plane ordered moment, which should give two distinct magnon modes polarized in and out of the easy plane. We will henceforth refer to the two modes as "in-plane" and "out-of-plane" magnons. (Note that "in-plane" and "out-of-plane" refer to the polarizations of spin fluctuations, not propagation wave vectors.) Subsequent INS by Roessli et al. found two modes, with a gap of ~4 and ~2 meV [27]. Later polarized INS experiment by the same authors reported different gap sizes of ~ 0.5 and ~2 meV, which they attributed to in-plane and out-ofplane spin fluctuations [28], respectively. Observation of such a large in-plane magnon gap in an easy-plane magnet with tetragonal lattice symmetry is entirely unexpected by symmetry (see Sec. IV C 1), which motivated early theoretical work that introduced a highly unconventional four-spin interaction [27,29]. Lastly, all the INS results to date contradicted the antiferromagnetic resonance (AFMR) results [30,31], which reported a gapped and a gapless magnon mode.

To reconcile the controversies in earlier studies, and further the understanding of anisotropic interactions in Bi_2CuO_4 , we carried out new high-resolution INS studies of magnetic excitations in a Bi_2CuO_4 single crystal. Using a thermal neutron

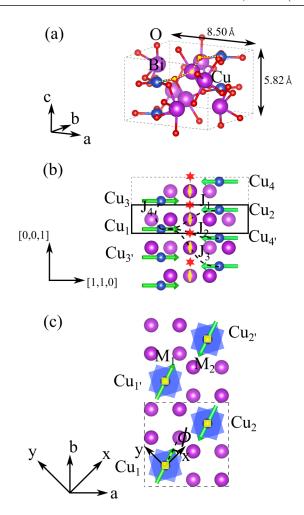


FIG. 1. (a) Crystal structure of Bi₂CuO₄. Oxygen, bismuth, and copper ions are shown as red, purple, and blue spheres. (b),(c) Projection of the Bi₂CuO₄ structure along the (b) [1, -1, 0] and (c) [0, 0, 1] directions. Oxygen atoms have been omitted in (b) and (c). The local spin axes, \hat{x} and \hat{y} defined in Sec. IV, are shown in (c). Cu spins are denoted by green arrows, which make an angle ϕ with respect to \hat{x} . The two sublattice magnetizations are indicated by \vec{M}_1 and \vec{M}_2 . Dashed and solid line boxes denote the structural and magnetic unit cell, respectively. J_1, J_2, J_3 , and J_4 are the superexchange interactions used in the spin-wave calculation. In (b), the twofold rotation and inversion symmetries are denoted by yellow ovals and red stars, respectively. In (c), yellow squares denote fourfold rotational symmetry around the chains of Cu ions.

with an intermediate energy resolution, we mapped out the full magnon spectrum. The overall magnon dispersion relation observed in our study is qualitatively consistent with earlier results [26,27]. However, using a cold neutron with much higher resolution than all previous INS studies, we show that the low-energy spectra consist of two modes—one that is gapless and one that has a \sim 2 meV gap—that can be attributed to in-plane and out-of-plane magnons, respectively. Our results, therefore, confirm the AFMR results and resolve the controversies regarding the nature of the low-energy excitations. We also carried out INS in the presence of a magnetic field applied along the (0,1,0) direction. By studying the field dependence of the (1,0,0) magnetic Bragg peak intensity, and that of the gapless mode, we show that there is a spin-flop transition

within the ab plane at ~ 0.4 T, which directly indicates the existence of an in-plane MAE that selects the direction of ordered moments in the ab plane. Using a symmetry argument, we show that such an MAE is forbidden on a mean-field level in Bi₂CuO₄, and therefore it could only be explained by considering corrections to the ground-state energy due to quantum fluctuations, a phenomena known as quantum order by disorder [32]. We could explain the observed magnon dispersion by carrying out linear spin-wave analysis on a model containing Heisenberg interaction and a symmetry-allowed exchange anisotropy of the form $\alpha_{\parallel}S_{1,x}S_{2,x} - \alpha_{\parallel}S_{1,y}S_{2,y} +$ $\alpha_{\perp} S_{1,z} S_{2,z}$, where $2\alpha_{\parallel} \sim \alpha_{\perp} \sim~0.01$. Beyond the linear spin-wave approximation, we considered corrections to the ground-state energy due to magnon zero-point fluctuations. This predicts an in-plane MAE that quantitatively explains the critical field of the spin-flop transition.

II. EXPERIMENTAL DETAILS

Bi₂CuO₄ single crystal (4.35 g) used for neutron scattering measurements was grown using the floating zone technique [25]. The full magnon spectrum of Bi₂CuO₄ was mapped out using the HYSPEC time-of-flight (TOF) spectrometer at the Spallation Neutron Source (SNS) at Oak Ridge National Laboratory. An incident energy of $E_i = 25 \text{ meV}$ was used to give an energy resolution of ~ 1 meV at zero-energy transfer. The field dependence of magnon below ~4 meV was studied using the Disk Chopper Spectrometer (DCS) and Spin Polarized Inelastic Neutron Spectrometer (SPINS) at the NIST Center for Neutron Research (NCNR). Two incident energies of $E_i = 4.9$ and 2.3 meV were used for TOF measurement at DCS, which gave an energy resolution of ~ 0.18 and ~ 0.06 meV at the elastic line, respectively. The triple-axis measurement at SPINS was performed using a fixed final energy $E_f = 5$ meV. A vertically focusing pyrolitic graphite (PG) monochromator, a flat PG analyzer, and a Be filter were used to select incident and final energies at SPINS. A collimation setting of guide-open-80'-open was used to achieve an energy resolution of $\sim 0.2~\text{meV}$ at the elastic line. For all measurements, the crystal was aligned with (H, 0, L) in the scattering plane. The alignment was carried out at the McMaster Alignment Diffractometer (MAD) prior to the INS experiments. A 10 T vertical field superconducting magnet was used for measurements at DCS and SPINS to apply a field along the (0,1,0) direction. The sample temperature was kept at ~ 1.5 K for all measurements.

III. EXPERIMENTAL RESULTS

Full magnon dispersion in Bi_2CuO_4 mapped out using the HYSPEC TOF spectrometer is shown in Figs. 2(a) and 2(b). As shown in Fig. 2(a), the energy of the magnon increases monotonically along H, reaching an energy of $\omega=12.6$ meV at the magnetic zone boundary at $\mathbf{Q}=(1.5,0,0)$. On the other hand, the magnon along L first disperses upward, reaching a maximum energy of $\omega=9.2$ meV at $\mathbf{Q}=(1,0,\pm0.7)$ [denoted by vertical arrows in Fig. 2(b)], before curving down to an energy of $\omega=8.6$ meV at the zone boundary with $\mathbf{Q}=(1,0,\pm1)$. These features are in qualitative agreement with early INS results reported by other authors [26,27]. Results

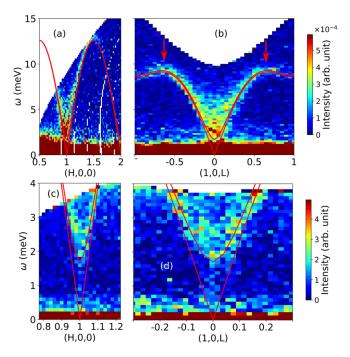


FIG. 2. (a),(b) INS spectra as a function of energy, ω (y-axis), and momentum transfer (x-axis) along (a) (H, 0, 0) and (b) (1, 0, L). We set $\hbar = 1$ throughout the paper. The data are obtained at HYSPEC using an incident energy of $E_i = 25$ meV. Vertical arrows in (b) denote the positions of local maxima in the dispersion along L. (c),(d) High-resolution INS spectra along (c) (H, 0, 0) and (d) (1, 0, L) obtained at DCS using an $E_i = 4.7$ meV. The intensity scales used to plot the HYSPEC and DCS data are shown to the right of (b) and (d). Red solid lines in all plots are calculated dispersion relations within the XYZ model, as described in the text.

of high-resolution measurement of magnon excitations below \sim 4 meV from the DCS experiment are shown in Figs. 2(c) and 2(d) for momentum transfer along H and L, respectively. Clearly, a magnon gap of \sim 2 meV can be resolved with the high-resolution data, consistent with Refs. [26–28].

However, even at zero field, there seems to be a small but nonzero intensity below the gapped mode in Figs. 2(c) and 2(d). As shown in Fig. 3(a), the intensity below the \sim 2 meV gap can be enhanced by applying a small magnetic field (1 T) along the (0, 1, 0) direction. The shape of its dispersion clearly shows that it originates from another mode with an acoustic-like dispersion. The acoustic mode merges with the gapped mode away from the magnetic zone center, making them indistinguishable at energy transfer larger than \sim 2 meV. To determine the presence of any small gap in this acoustic-like mode, we carried out measurements using an $E_i = 2.3$ meV with higher resolution. The results in Fig. 3(d) clearly show that this mode is gapless within an experimental resolution of \sim 0.06 meV.

Given the highly symmetric crystal structure of Bi₂CuO₄, one expects the ordered moments to be able to rotate freely within the *ab* plane, giving rise to a gapless magnon mode due to the in-plane spin fluctuation. On the other hand, an easy-plane anisotropy is expected from the observation that the ordered moments lie in the *ab* plane, implying that the magnon mode due to out-of-plane spin fluctuation must be

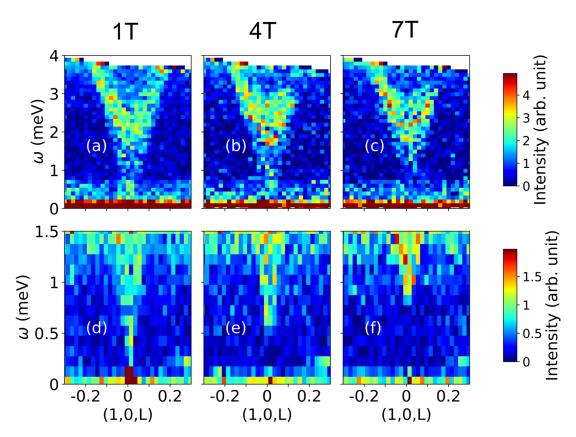


FIG. 3. (a)–(c) INS spectra along (1, 0, L) obtained at DCS using $E_i = 4.7$ meV for different fields along (0, 1, 0). The magnitude of the field is given on top of each figure. (d)–(f) Same as (a)–(c) but obtained using $E_i = 2.3$ meV, which gives higher energy resolution. Intensity scales used for the two E_i 's are shown on the right.

gapped. These arguments allow us to assign the acoustic and gapped magnon mode observed in our data to in-plane and out-of-plane spin fluctuations, respectively.

As shown in Figs. 3(e) and 3(f) and Figs. 3(b) and 3(c), applying higher fields gaps out the acoustic mode while leaving the gapped mode unchanged. Since a magnetic field along (0, 1, 0) breaks the spin rotational symmetry within the easy plane, in-plane spin fluctuation should acquire a gap roughly equal to the Zeeman energy, or $g\mu_BH$. Using $g\approx 2$ for Cu²⁺ [31], we estimate the in-plane magnon gap to be \sim 0.5 and \sim 0.8 meV at 4 and 7 T, in quantitative agreement with our data in Figs. 3(e) and 3(f). On the other hand, the out-of-plane magnon gap is unaffected by the field as it is much larger than the Zeeman energy for the range of fields used in our experiment.

To study the intensity change of the two modes at $H \lesssim 1$ T in greater detail, an energy scan at constant $\mathbf{Q} = (1,0,0)$ was carried out for different fields below 1.2 T as shown in Fig. 4(a). The peak at \sim 2 meV in all energy scans corresponds to the gapped out-of-plane magnon mode shown in Figs. 3(a)–3(c). Clearly, the intensity of this mode is almost independent of applied field. We also plot the energy scan at $\mathbf{Q} = (1.1,0,0)$ obtained at zero field in Fig. 4(a) with open circles. Since the magnon has a fairly steep dispersion, it has dispersed to higher energy ($\omega > 3$ meV) at this \mathbf{Q} , and the small residual intensity for energy transfers $0.5 \lesssim \omega \lesssim 3$ meV can be taken as the background. Compared to the $\mathbf{Q} = (1.1,0,0)$ data, the scan at $\mathbf{Q} = (1,0,0)$ at zero field clearly shows additional

inelastic intensity below the \sim 2 meV peak that extends down to the elastic region. This intensity comes from the gapless mode identified from our DCS data [Fig. 3(d)]. As shown in Fig. 4(a), this intensity increases with field. To obtain a quantitative measure of the in-plane magnon mode intensity, the background at $\mathbf{Q} = (1.1, 0, 0)$ was first subtracted from the energy scan at $\mathbf{Q} = (1, 0, 0)$, and then the intensity from 0.5 to 1.5 meV [shaded region in Fig. 4(a)] was integrated. The integrated intensity is plotted as a function of applied field strength in Fig. 4(b) (solid circle). One can observe that the in-plane mode intensity in this energy range almost doubles from 0 to \sim 0.4 T and then stays the same beyond this field. Also shown in Fig. 4(b) is the intensity of the magnetic Bragg peak at $\mathbf{Q} = (1, 0, 0)$ represented by open circles, which is completely suppressed as the intensity of the in-plane mode reaches its maximum. Both the intensity of the in-plane mode and the (1,0,0) magnetic Bragg peak intensity change at \sim 0.4 T. This coincides with the metamagnetic transition observed in bulk magnetization studies, which was attributed to a spin-flop transition [24]. As we will explain in Sec. IV, the intensity change is quantitatively consistent with reorientation of spins due to a spin-flop transition within the ab plane.

In the absence of any magnetic anisotropy in the *ab* plane, spins can rotate freely and respond to even an infinitesimal field. Observation of a spin-flop transition at a finite field therefore directly indicates that in addition to the easy-plane anisotropy, there exists a finite in-plane magnetic anisotropy energy (MAE).

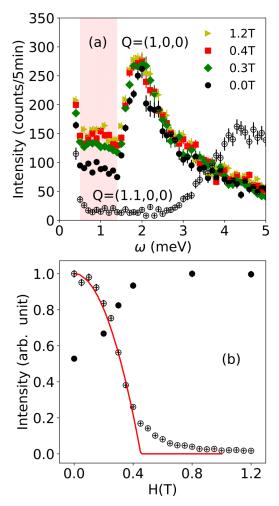


FIG. 4. (a) Energy scan at constant $\mathbf{Q}=(1,0,0)$ for different fields $(0-1.2\,\mathrm{T})$ applied along (0,1,0). Data shown in the open circle are an energy scan at $\mathbf{Q}=(1.1,0,0)$ at zero field, which is used as a nonmagnetic background for energy transfer $0.5\lesssim\omega\lesssim2.5$ meV. The data are obtained at SPINS with a fixed energy $E_f=5$ meV. (b) Field dependence of the (1,0,0) magnetic Bragg peak intensity (open circle) and intensity of the gapless mode (solid circle). The intensity of the gapless mode is obtained by integrating the constant \mathbf{Q} scan at (1,0,0) from 0.5 to 1.5 meV [shaded region in (a)] after subtracting the background at (1.1,0,0) within the same energy range. The intensities of the magnetic Bragg peak and the gapless mode have been normalized with respect to the values at 0 and 1.2 T, respectively. The solid line is the calculated (1,0,0) Bragg peak intensity as described in Sec. IV C 3.

IV. SPIN-WAVE ANALYSIS

A. Heisenberg model

In this subsection, we provide a quantitative description of our data within linear spin-wave theory (see Appendix A for details). The dominant superexchange interactions in Bi_2CuO_4 , labeled by J_1 , J_2 , J_3 , and J_4 in Fig. 1(b), were proposed in previous studies, and corroborated by an *ab initio* calculation [33]. Since the exchange anisotropy in each bond is expected to be much smaller than the isotropic part, we first determine the magnitude of the latter by comparing our data to a Heisenberg model, which greatly simplifies the calculation.

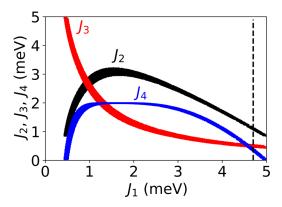


FIG. 5. Allowed J_2 , J_3 , and J_4 for a given J_1 . The thickness of the lines denotes the range of allowed values for each parameter, which reflects uncertainties in the constraints used to determine these parameters. The values of J_1 – J_4 used in our spin-wave calculation are indicated by a dashed line.

As we show by symmetry analysis in Appendix A, all interactions centered at Cu_3 can be obtained from those centered at Cu_1 by a combination of inversion and twofold rotation (these symmetry operations have been indicated in Fig. 1). Since a Heisenberg interaction of the form $J\vec{S}_i \cdot \vec{S}_j$ is left invariant by these symmetry operations, interactions centered at Cu_3 and Cu_1 are therefore identical within the Heisenberg model, making it invariant under a translation by *half* of the structural unit cell along the c direction. The primitive magnetic unit cell within the Heisenberg model [solid line in Fig. 1(b)] is therefore half of the structural unit cell [dashed line in Fig. 1(b)], and it consists of only two Cu ions. Linear spin-wave analysis therefore predicts two magnon modes, whose energies are degenerate and are given by the following simple analytic expression:

$$\omega(\mathbf{Q}) = \left\{ \{ J_4[\cos(\pi L) - 1] + 2J_1 + 2J_2 + 2J_3 \}^2 - \left| \frac{1}{2} [A_{-\mathbf{Q}} + B_{-\mathbf{Q}}] [J_1 + J_2 e^{-i\pi L} + J_3 e^{-i2\pi L}] \right|^2 \right\}^{\frac{1}{2}},$$
(3)

where $A_{\mathbf{Q}} = 1 + e^{i2\pi(H+K)}$, $B_{\mathbf{Q}} = e^{i2\pi H} + e^{i2\pi K}$, and \mathbf{Q} is given in the reciprocal-lattice unit of the structural unit cell. Rather than fitting to the full magnon spectrum as done previously by other authors [26,27], we note that the exchange parameters can already be determined by three independent quantities: magnon energies at $\mathbf{Q} = (1.5, 0, 0)$ and $\mathbf{Q} =$ (1, 0, 1), as well as energy and **Q** of the local maximum in the L-dispersion shown in 2(b). The magnon zone boundary energies in Figs. 2(a) and Fig. 2(b) are determined to be $\omega =$ 12.6(2) and 8.6(3) meV, respectively. However, location of the local maximum in Fig. 2(b) can only be roughly determined to be at $\omega = 9-9.5$ meV and L = 0.65-0.75. In Fig. 5, we show the allowed parameters obtained from these constraints. For a given J_1 , J_2 – J_4 are more or less fixed. However, J_1 itself can vary from ~ 0.5 to ~ 5 meV, implying that there is no unique set of "best-fit" parameters as suggested by previous INS studies. We have checked that all these parameters give almost identical magnon dispersions that describe our data equally well. Motivated by results from the ab initio calculations showing $J_1 \gg J_2$, J_3 , J_4 , we use the representative set of parameters: $J_1 = 4.7$ meV, $J_2 = 1.1$ meV, $J_3 = 0.5$ meV, and $J_4 = 0.36$ meV, where we have fixed the value of J_1 to that estimated from the tight-binding and LSDA + U calculation in Ref. [33]. These values are indicated by the dashed line in Fig. 5.

B. Exchange anisotropy

To capture the magnetic anisotropy in Bi₂CuO₄, we have to go beyond the simple Heisenberg model and include anisotropic terms. For a given bond, the exchange anisotropy should roughly scale with the isotropic part, both of which are proportional to $\frac{t^2}{U_0}$ in the large U_0 limit. We will therefore only consider the exchange anisotropy for the dominant exchange path, J_1 . The simplest symmetry-allowed anisotropic exchange beyond the Heisenberg model (see Appendix A) is given by $J_{xx}^1 S_{x,1} S_{x,2} + J_{yy}^1 S_{y,1} S_{y,2} + J_{zz}^1 S_{z,1} S_{z,2}$. We will call this an XYZ model. Taking this to be the interaction between Cu₁ and Cu₂, fourfold symmetry implies that the interaction between $Cu_{1'}$ and Cu_2 [Fig. 1(c)] is $J_{yy}^1 S_{x,1'} S_{x,2} + J_{xx}^1 S_{y,1'} S_{y,2} +$ $J_{zz}^1 S_{z,1'} S_{z,2}$. In these expressions, we have defined a new coordinate system xyz, where \hat{x} and \hat{y} are rotated by 45° with respect to the crystallographic \hat{a} and \hat{b} directions, and $\hat{z} \parallel \hat{c}$. These definitions are motivated by the observation that \hat{y} (\hat{x}) is the local twofold axis for a bond directed along \hat{x} (\hat{y}). We emphasize that an XYZ model is a minimal model that can quantitatively account for all the observations in our data, notably the existence of both an out-of-plane magnon gap and an in-plane MAE revealed by a spin-flop transition. As we show by symmetry analysis (see Appendix A), other exchange anisotropy, such as off-diagonal SA and DM interactions, is also allowed for the $Cu_1 - Cu_2$ bond. Although we cannot rule out the former in Bi₂CuO₄, we will show later that a large DM interaction is inconsistent with the observed magnon spectrum.

A magnetic unit cell that is half of the structural unit cell can still be used for a spin-wave calculation within the XYZ model (see Appendix A). The angle between the sublattice magnetization, \vec{M}_1 (or equivalently the staggered moment, $\vec{n} = \vec{M}_1 - \vec{M}_2$), and the \hat{x} -axis is given by ϕ as shown in Fig. 1(c) [also in Fig. 7(c)]. Since $J_{xx} \neq J_{yy}$ breaks the in-plane spin rotational symmetry of the Hamiltonian, the resulting magnon spectrum is expected to have an explicit ϕ dependence. Within linear spin-wave theory, the energies of the two magnon modes are given by

$$\omega_{\pm} = \left(C_{\mathbf{Q}}^2 + |E_{\mathbf{Q}}|^2 - |F_{\mathbf{Q}}|^2 \pm \sqrt{4|C_{\mathbf{Q}}E_{\mathbf{Q}}|^2 - |\bar{E}_{\mathbf{Q}}F_{\mathbf{Q}} - E_{\mathbf{Q}}\bar{F}_{\mathbf{Q}}|^2}}\right)^{\frac{1}{2}},\tag{4}$$

where

$$C_{\mathbf{Q}} = J_{4} \cos(\pi L) - J_{4} + \left(J_{xx}^{1} + J_{yy}^{1}\right) + 2J_{2} + 2J_{3},$$

$$E_{\mathbf{Q}} = \frac{1}{4} \left\{ -J_{xx}^{1} [\sin^{2}(\phi) A_{-\mathbf{Q}} + \cos^{2}(\phi) B_{-\mathbf{Q}}] - J_{yy}^{1} [\sin^{2}(\phi) B_{-\mathbf{Q}} + \cos^{2}(\phi) A_{-\mathbf{Q}}] + J_{zz}^{1} (A_{-\mathbf{Q}} + B_{-\mathbf{Q}}) \right\}$$

$$F_{\mathbf{Q}} = \frac{1}{4} \left\{ J_{xx}^{1} [\sin^{2}(\phi) A_{-\mathbf{Q}} + \cos^{2}(\phi) B_{-\mathbf{Q}}] + J_{yy}^{1} [\sin^{2}(\phi) B_{-\mathbf{Q}} + \cos^{2}(\phi) A_{-\mathbf{Q}}] + J_{zz}^{1} (A_{-\mathbf{Q}} + B_{-\mathbf{Q}}) \right\}$$

$$+ \frac{1}{2} (A_{-\mathbf{Q}} + B_{-\mathbf{Q}}) [J_{2} e^{-i\pi L} + J_{3} e^{-i2\pi L}], \tag{5}$$

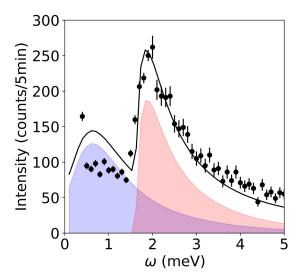


FIG. 6. Energy scan at $\mathbf{Q} = (1,0,0)$ at 0 T fit to a sum of in-plane and out-of-plane magnon mode as described in the text. Contributions of the two modes are shaded in blue and pink, respectively.

and $\bar{E}_{\mathbf{Q}}$ and $\bar{F}_{\mathbf{Q}}$ denote their complex conjugates. In the above expressions, J_2 , J_3 , and J_4 are set to be the values determined in the preceding subsection. Different components of $J^1_{\zeta\zeta}$ are parametrized by the following: $J^1_{yy/xx} = J_1(1\pm\alpha_\parallel)$ and $J^1_{zz} = J_1(1-\alpha_\perp)$, where the isotropic part, J_1 , is fixed to be 4.7 meV, and α_\parallel and α_\perp are to be determined.

At the magnetic zone center, $\mathbf{Q}=(1,0,0)$, the energies of the two modes are $\omega_-=0$ and $\omega_+=2\sqrt{(2J_1+2J_2+2J_3)J_1\alpha_\perp}$, respectively, corresponding to in-plane and out-of-plane spin fluctuations observed in our data. Note that the in-plane gap remains zero within the linear spin-wave approximation despite a nonzero in-plane exchange anisotropy, α_\parallel . To determine α_\perp , we fit the zero-field energy scan data shown in Fig. 4(a) to the following form of the dynamical structure factor convolved with the instrumental resolution:

$$S(\omega) = \frac{1}{1 - \exp(-\omega/k_B T)} \left(\frac{1}{2} \frac{\delta(\omega - \omega_-)}{\omega_-} + \frac{\delta(\omega - \omega_+)}{\omega_+} \right), \tag{6}$$

plus a constant background. In Eq. (6), k_B is the Boltzmann constant, and the first and second terms are contributions by the in-plane and out-of-plane spin fluctuations, respectively. The factor of 1/2 for the in-plane spin fluctuation will be explained in Sec. IV C3. As shown in Fig. 6, a gap of 1.7(2) meV or $\alpha_{\perp} = 0.013(2)$ gives a good description of the data: a peak at \sim 2 meV followed by a long tail extending up to \sim 5 meV that results from convolving the steep magnon dispersion with the instrumental resolution. The slight discrepancy between the relative intensities of the two modes in our data and the calculation might be due to additional momentum-dependent factors in the scattering intensity not captured by Eq. (6).

C. Quantum order by disorder

1. Symmetry argument for accidental degeneracy

Since the in-plane spin rotational symmetry is absent in the XYZ model, the magnon dispersions given by Eqs. (4) and (5) are expected to depend explicitly on the ordering direction, ϕ . However, the in-plane magnon gap, ω_- , predicted by linear spin-wave theory is exactly 0, independent of ϕ . We now argue that this somewhat surprising finding is a consequence of the unique crystal symmetry of Bi₂CuO₄, independent of the underlying microscopic magnetic Hamiltonian.

We consider a generic ordered state where the magnetic unit cell is the same as the structural unit cell (the magnetic order observed in Bi₂CuO₄ is a special case in which the unit cell of the ordered structure is half of the structural unit cell). Ordered magnetic moments on Cu₁–Cu₄ are given by \vec{M}_1 – \vec{M}_4 . If we consider only interactions quadratic in spin operators, the mean-field energy of the system is given by $E_{\rm MF} = \sum_{i,j}^{\zeta\eta} M_i^{\zeta} \Gamma_{i,j}^{\zeta\eta} M_j^{\eta}$, where i, j = 1–4 denotes the spin index, and ζ , $\eta = x, y, z$ denotes the spin component. The matrix $\Gamma_{i,j}^{\zeta\eta}$ is obtained by summing all exchange interactions.

Next we note that the lattice is invariant under a rotation by 90° about the c axis passing through the chain of Cu atoms. This operation both moves the atoms as well as rotates their spins. However, given the lattice structure of Bi_2CuO_4 , this operation only moves atoms within its own sublattice. In other words, Cu_i in one unit cell is moved to the same position in another unit cell. It is therefore equivalent to rigidly rotating the \vec{M}_i by 90° , which maps $M_{i,x} \to M_{i,y}$, $M_{i,y} \to -M_{i,x}$, and $M_{i,z} \to M_{i,z}$ for i = 1–4. This constrains the mean-field energy to be

$$E_{\text{MF}} = \Gamma_{i,j}^{xx} (M_{i,x} M_{j,x} + M_{i,y} M_{j,y}) + \Gamma_{i,j}^{zz} M_{i,z} M_{j,z}$$
$$+ \Gamma_{i,j}^{xy} (M_{i,x} M_{j,y} - M_{i,y} M_{j,x}).$$
(7)

Clearly, $E_{\rm MF}$ acquires an accidental in-plane spin rotational symmetry. This implies that all ordering directions within the ab plane are classically degenerate. Moreover, since the in-plane magnon at the zone center corresponds to a rigid rotation of all spins that costs zero energy on a mean-field level, it must remain gapless within linear spin-wave approximation. Note that this argument only works because of the simple ferromagnetic chain arrangement of Cu ions in Bi₂CuO₄, which is unique among the tetragonal cuprates. Similar arguments fail, for example, in Sr₂CuO₂Cl₂, where the adjacent Cu ions along the c direction are displaced diagonally by half of the unit cell, in which case an anisotropic term is allowed in the mean-field energy due to interlayer coupling [18].

2. Magnon zero-point fluctuations

Although no magnetic anisotropy within the *ab* plane is expected on a classical level, summing magnon zero-point fluctuations (ZPFs) at all **Q**'s generates a correction to the ground-state energy that is explicitly ϕ -dependent, which contributes to the bulk magnetic anisotropy energy (MAE) of Bi₂CuO₄. Quantitatively, this correction is given (up to a constant) by [32]

$$E_{\rm ZPF}(\phi) = \frac{1}{2} \sum_{\bf Q} [\omega_{+}(\phi) + \omega_{-}(\phi)].$$
 (8)

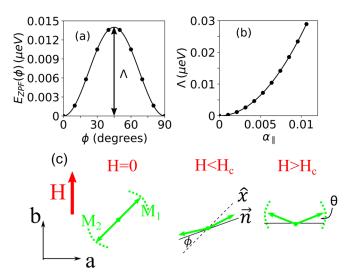


FIG. 7. (a) Correction to the ground-state energy obtained by summing magnon zero-point fluctuations for a different direction of ordered moment, ϕ . An $\alpha_{\parallel}=0.0074$ has been used. The peak height, Λ , is equal to the energy difference between $\phi=0$ (ordered moment along \hat{x}) and $\phi=45^{\circ}$ (ordered moment along a). (b) Λ as a function of the exchange anisotropy, α_{\parallel} . (c) Configurations of the two sublattice magnetizations, \vec{M}_1 and \vec{M}_2 , at H=0, H<0, and $H>H_c$, where H_c is the critical field of the spin-flop transition. The canting between \vec{M}_1 and \vec{M}_2 is given by θ . The angle between the staggered magnetization, $\vec{n}=\vec{M}_1-\vec{M}_2$, and the \hat{x} axis is denoted by ϕ .

Carrying out the sum numerically gives an $E_{ZPF}(\phi)$ shown in Fig. 7(a) that is minimum at $\phi=0$ and maximum at $\phi=45^\circ$. The ordered moments, therefore, lie along the Cu-Cu bond directions $(\hat{x} \text{ or } \hat{y})$ at zero field. $E_{ZPF}(\phi)$ can be fit very well by $E_{ZPF}(\phi) = \Lambda \sin(2\phi)^2$, where Λ gives the difference $E_{ZPF}(45^\circ) - E_{ZPF}(0^\circ)$. Λ as a function of α_{\parallel} is shown in Fig. 7(b), which is described very well by a quadratic function. The fact that E_{ZPF} is an even function of α_{\parallel} can be understood by noting that a sign change of α_{\parallel} is equivalent to interchanging S_x and S_y in the XYZ model, which does not matter for tetragonal lattice symmetry.

3. Spin-flop transition

We now show that a bulk MAE given by Eq. (8) provides a natural explanation for the observed spin-flop transition. At zero field, the sublattice magnetizations, \vec{M}_1 and \vec{M}_2 , are antiparallel and lie along \hat{x} or \hat{y} preferred by $E_{\rm ZPF}(\phi)$. When a sufficiently large magnetic field is applied along (0, 1, 0), \vec{M}_1 and \vec{M}_2 are reoriented almost perpendicular to the field if the Zeeman energy gain by canting \vec{M}_1 and \vec{M}_2 toward the field [denoted by θ in Fig. 7(c)] is sufficient to overcome the MAE generated by zero-point fluctuations. This leads to a spin-flop transition at a finite critical magnetic field, H_c , where $g\mu_B H_c \cos(\theta) \sim \Lambda$.

A spin-flop transition within the *ab* plane explains the observed change in (1, 0, 0) magnetic Bragg peak intensity as well as the intensity of the in-plane mode shown in Fig. 4. For a domain where the ordered moment lies along \hat{x} at zero field, its in-plane fluctuation is polarized along \hat{y} [the ordered moment and the in-plane spin fluctuation are denoted by the solid

arrow and the dotted line in Fig. 7(c)]. Neutron scattering is only sensitive to the spin component along (0, 1, 0), which is 45° from \hat{x} and \hat{y} , for scattering near $\mathbf{Q} = (1, 0, 0)$. Therefore, only half of the Bragg peak and the in-plane magnon mode intensity at (1, 0, 0) are detected at zero field. When the field along (0, 1, 0) is greater than H_c of the spin-flop transition, all spins are reoriented perpendicular to the field. The ordered moments are now almost parallel to (1,0,0) as shown in Fig. 7(c) and hence do not contribute to Bragg peak intensity at (1,0,0). On the other hand, the in-plane spin fluctuation is now entirely along the (0, 1, 0) direction. This maximizes the intensity of the in-plane mode. The intensity of the inplane mode for $H > H_c$ should be twice the intensity at zero field, in agreement with the integrated intensity at H = 0 and 1.2 T shown in Fig. 4(b). Lastly, since spin fluctuation along c is independent of spin orientations within the ab plane, the out-of-plane mode should be unchanged across the spin-flop transition. This is also consistent with our results in Fig. 4(a).

Quantitatively, the spin-flop transition happens as a result of the competition between the exchange energy, the MAE generated by zero-point fluctuation [Eq. (8)], and Zeeman energy due to the canting of the magnetic moments. Summing the three contributions gives the following form for the total energy (per magnetic unit cell):

$$E_{\text{tot}} = -4S^2 \left(J_1 + J_2 + J_3 - \frac{1}{2} J_4 \right) \cos(2\theta)$$
$$-2HS \sin(\theta) \cos\left(\phi + \frac{\pi}{4}\right) + E_{\text{ZPF}}(\phi), \qquad (9)$$

where $E_{\rm ZPF}(\phi)$ is given by Eq. (8), and it can be approximated as $\Lambda \sin(2\phi)^2$. Assuming that \vec{M}_1 and \vec{M}_2 initially lie along \hat{x} (the same results hold if they lie along \hat{y}), Eq. (9) is minimized with respect to θ and ϕ to find the orientations of \vec{M}_1 and \vec{M}_2 at a finite field. To directly compare with our data, the intensity of the (1,0,0) magnetic Bragg peak is computed from the square of the projection of \vec{n} along (0,1,0), or $\cos^2(\frac{\pi}{4}-\phi)$. As shown by the solid line in Fig. 4(b), $\Lambda=0.014(2)~\mu eV$, or equivalently, $\alpha_{\parallel}=0.0074(4)$ describes the observed field dependence of the Bragg peak intensity reasonably well. Spin-wave dispersion determined using the complete set of parameters, $\alpha_{\parallel}=0.0074$, $\alpha_{\perp}=0.013$, $J_1=4.7~meV$, $J_2=1.1~meV$, $J_3=0.5~meV$, and $J_4=0.36~meV$, is shown in Fig. 2.

To summarize, we have demonstrated the existence of a bulk MAE in the ab plane due to magnon zero-point fluctuations through the observation of a spin-flop transition in the ab plane. This anisotropy also implies that the in-plane magnon mode must acquire a small gap when corrections beyond the linear spin-wave approximation are considered. This gap is estimated from the curvature of the semiclassical energy [32] $[E_{\rm MF} + E_{\rm ZPF}(\phi)]$ to be $4\sqrt{\Lambda J_1 \alpha_\perp} \approx 3.5~\mu eV$. Although it is too small to be observed in our experiment or AFMR, the gap may be directly observed in future neutron spin-echo or backscattering experiments. Another check of our model is the direction of ordered moments, which we predict to be 45° from a and b. Although this cannot be unambiguously determined from neutron diffraction due to domain averaging, future torque magnetometry [34] or angle-dependent suscep-

tibility measurement on a well-oriented crystal might be able to provide direct confirmation for our model.

V. DISCUSSIONS

In the preceding section, we showed that an XYZ model with an exchange anisotropy of the form $\alpha_{\parallel}S_{x,1}S_{x,2} - \alpha_{\parallel}S_{y,1}S_{y,2} - \alpha_{\perp}S_{z,1}S_{z,2}$ is a minimal model that explains the magnitude of both the easy-plane anisotropy and the small (classically forbidden) in-plane anisotropy, determined experimentally from the out-of-plane magnon gap and the critical field of an in-plane spin-flop transition, respectively. A natural question involves the microscopic origin of this exchange anisotropy, particularly whether it is consistent with the general theory given by Eq. (2). In this section, we address this question by considering an alternative model where the exchange anisotropy is given by Eq. (2).

The symmetry analyses in Appendix A show that Eq. (2) takes a form of

$$D_1 \left(S_y^1 S_z^2 - S_z^1 S_y^2 \right) + \frac{D_1^2}{4 J_1} \left(S_x^1 S_x^2 - S_y^1 S_y^2 - S_z^1 S_z^2 \right) \tag{10}$$

for the dominant superexchange between Cu1 and Cu2 in Bi₂CuO₄. The second symmetric anisotropic (SA) term alone gives rise to the magnon gap at the magnetic zone center, which allows the only parameter in this model, D_1 , to be determined. Notably, the SA term in Eq. (10) takes a form quite similar to the exchange anisotropy in our XYZ model given by $\alpha_{\parallel}S_{1,x}S_{2,x} - \alpha_{\parallel}S_{1,y}S_{2,y} + \alpha_{\perp}S_{1,z}S_{2,z}$ (the two are of the same form when $\alpha_{\parallel} = \alpha_{\perp}$). Using the value of D_1 determined from the out-of-plane magnon gap, the magnitude of the SA term relative to J_1 is estimated to be $\frac{D_1^2}{4I_2^2} \sim 0.01$. Incidentally, this is also on the same order of magnitude as α_{\parallel} and α_{\perp} estimated in the preceding section. It is therefore tempting to conclude that the exchange anisotropy in our XYZ model originates from the SA term in Eq. (10). On the other hand, the only difference between Eq. (10) and the XYZ model is the existence of an accompanying DM term in Eq. (10) that is an order of magnitude larger. However, as we show below, such a large DM term is inconsistent with the observed magnon spectrum.

In Fig. 8, we compare the measured magnon dispersion along H [Figs. 8(a) and 8(d)] to predictions by the XYZ model [Figs. 8(b) and 8(e)] and the model with DM and SA terms given by Eq. (10) [or the "DM + SA" model, Figs. 8(c)and 8(f)]. Clearly, our data are well reproduced by the XYZ model. Although the magnon spectrum within the DM + SAmodel has an overall shape and intensity similar to the XYZ model, it predicts an anticrossing close to the zone boundary at around (1.35, 0, 0) and an energy transfer of $\omega \sim 11$ meV. This is emphasized in Fig. 8(f), where we zoom into the region close to the anticrossing. The existence of an anticrossing in the magnon spectrum can be understood as follows. As we show in Appendix A, although XYZ interaction [and hence the SA term in Eq. (10)] between Cu₁ and Cu₂ is identical to that between Cu₃ and Cu₄, the sign of the DM interaction is reversed for the two bonds. The translational symmetry by half of the structural unit cell present in the XYZ model is therefore removed by including the DM interaction. In other words, the magnetic unit cell is now the same size as the structural unit cell, and it consists of four rather than two Cu²⁺ ions.

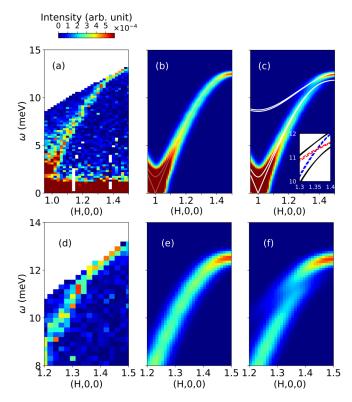


FIG. 8. (a)–(c) Comparison between the (a) measured INS spectrum along (0, 0, H) [same figure as Fig. 2(a)] and the calculated magnon spectrum for (b) the XYZ model and (c) the DM + SAmodel. The parameters used in (b) are $\alpha_{\parallel} = 0.0074$, $\alpha_{\perp} = 0.013$, $J_1 = 4.7 \text{ meV}, J_2 = 1.1 \text{ meV}, J_3 = 0.5 \text{ meV}, \text{ and } J_4 = 0.36 \text{ meV}.$ Part (c) uses the same parameters for the Heisenberg interactions, J_1 – J_4 , and $D_1 = 0.22J_1$ for DM + SA interactions between Cu₁ and Cu₂. The calculation is performed using the SPINW package [38] taking into account both a Q resolution of $dQ = 0.05 \text{ Å}^{-1}$ estimated from the width of the (1, 0, 0) Bragg peak, and an energy resolution of the form $dE = (7.2 \times 10^{-4}E^2 - 5.4 \times 10^{-2}E + 0.97)$ meV calculated for $E_i = 25$ meV at HYSPEC. The white solid lines in (b) and (c) are calculated magnon dispersions. The inset of (c) shows the magnon dispersion of the DM + SA model close to the anticrossing. The dashed lines are calculated by setting the DM interaction to 0 while keeping the SA term, which removes the anticrossing. (d)-(f) same as (a)–(c) but zoomed into the region close to the anticrossing.

Consequently, in addition to the two magnon modes already present when a smaller unit cell is used [blue dashed line in the inset of Fig. 8(c)], one expects two additional magnon modes obtained by folding the zone boundary magnon along (H, 0, 1) to (H, 0, 0) (red dashed line). The DM interaction couples these two sets of magnon modes, and it gives rise to an anticrossing between them that scales with D_1 . Although we have used a model where J_1 is dominant, and therefore we only considered its exchange anisotropy, we emphasize that the above argument is based on symmetry and should be applicable if Eq. (10) is considered for other bonds. For example, since the exchange paths for J_1 and J_3 have the same symmetries, a large DM interaction along either or both exchange paths is expected to produce an anticrossing similar to that shown in Figs. 8(c) and 8(f).

As shown in Fig. 8(f), the predicted anticrossing should show up as a small splitting in the magnon dispersion. To

detect this subtle feature in our experiment, we used a relatively small $E_i = 25$ meV, which offers a good resolution $(\sim 0.5 \text{ meV})$ at the energy transfer of the predicted splitting, but partially obscures the top of the magnon dispersion due to kinematic constraint. Even with this limitation, after closely examining our data in Figs. 8(a) and 8(d), we could not find any sign of splitting in the magnon dispersion. Therefore, even though it is tempting to associate the exchange anisotropy in our XYZ model with the SA term in Eq. (10) as discussed at the beginning of this section, our data do not support the existence of an accompanying DM term that is an order of magnitude larger. This suggests that the spin interactions in Bi₂CuO₄ might deviate from the general form given by Eq. (2) with a dominant DM term. Deviation from the general theory might be a consequence of the complex geometry of the exchange path in Bi₂CuO₄. Alternatively, this deviation might be explained by participation of the heavy bismuth ion in mediating the superexchange interaction in Bi₂CuO₄ as shown by nuclear resonance measurement [35]. Inclusion of nonmagnetic ions with strong SOC has been shown to dramatically modify the exchange anisotropy in 3d transition-metal magnets [36,37]. Understanding the effects of bismuth ions on the exchange anisotropy in Bi₂CuO₄ from first principles should be a focus of future theoretical work.

VI. CONCLUSIONS

We have carried out inelastic neutron scattering to study the low-energy magnetic excitations in the tetragonal antiferromagnet Bi₂CuO₄. We found a gapless and a gapped magnon mode at low energy that are attributed to spin fluctuations in and out of the easy plane. Our results resolve the longstanding controversies between early INS and AFMR results regarding the low-energy excitations in this material, and they confirm the latter. By studying the field dependence of the (1, 0, 0) magnetic Bragg peak intensity and that of the inplane mode, we directly observed a spin-flop transition in the ab plane at ~ 0.4 T that was only inferred from previous bulk magnetizations measurements. This indicates the existence of a bulk magnetic anisotropy energy (MAE) in the ab plane, which is classically forbidden. We explained all our observations by carrying out spin-wave analysis of a minimal anisotropic spin model motivated by the lattice symmetry (which we refer to as an XYZ model). In addition to reproducing the observed magnon dispersion, our model quantitatively explains the critical field of the spin-flop transition, and hence the classically forbidden in-plane MAE through a quantum order-by-disorder mechanism. In addition to the XYZ model, we also considered an alternative model with a dominant antisymmetric DM interaction, motivated by the conventional theory of exchange anisotropy in cuprates. We found that our data are inconsistent with the presence of a large DM interaction, suggesting a departure from the conventional theory in Bi₂CuO₄ with a complex exchange route.

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APPENDIX

In this Appendix, we present a symmetry analysis of the general magnetic Hamiltonian in Bi₂CuO₄,

$$\mathcal{H} = \frac{1}{2} \sum_{ij} \mathcal{H}_{i,j},\tag{A1}$$

and we determine its magnon dispersion in the magnetically ordered state using linear spin-wave theory. As discussed in the Introduction, the most general pairwise interaction between sites i and j, $\mathcal{H}_{i,j}$, is given by

$$\mathcal{H}_{i,j} = J_{i,j} \vec{S}_i \cdot \vec{S}_j + \vec{A}_{i,j} \cdot (\vec{S}_i \times \vec{S}_j) + \vec{S}_i^{\mathsf{T}} \mathsf{M}_{i,j} \vec{S}_j. \tag{A2}$$

The three terms proportional to $J_{i,j}$, the vector $\vec{A}_{i,j}$, and the symmetric matrix $M_{i,j}$ denote the isotropic Heisenberg interaction and the antisymmetric and symmetric anisotropic exchange interactions, respectively.

1. Symmetry analysis

In this subsection, we present a symmetry analysis of the exchange anisotropy parametrized by the vector \vec{A} and the symmetric matrix M of Eq. (A2) for the dominant superexchange paths, J_1 – J_4 , as well as the bonds related to them by symmetry. Although we only considered the exchange anisotropy for the dominant exchange path, J_1 , in our spinwave analysis, the symmetry analysis below is provided for all exchange paths for completeness. Figures 1(b) and 1(c) show examples of relevant local symmetry operations, including centers of inversion at $[\frac{1}{2}, \frac{1}{2}, \frac{n}{2}]$ [red stars in Fig. 1(b)], twofold rotations around \hat{y} axes through $[\frac{1}{2}, \frac{1}{2}, \frac{1}{4} + \frac{n}{2}]$ [yellow ovals in Fig. 1(b)], and fourfold rotations around c axes passing through the chains of Cu atoms [yellow squares in Fig. 1(c)].

a. J_1 and J_3

 J_1 and J_3 in Fig. 1(b) have the same local symmetry characterized by a twofold axis along \hat{y} through the center of the bond (shown by yellow ovals). Focusing on J_1 between Cu₁ and Cu₂, the twofold rotation around \hat{y} maps $S_{1,x} \leftrightarrow -S_{2,x}$, $S_{1,y} \leftrightarrow S_{2,y}$, $S_{1,z} \leftrightarrow -S_{2,z}$. This constrains the vector, \vec{A} , to lie perpendicular to \hat{y} , and therefore takes a form of $(A_{1,x}, 0, A_{1,z})$. Within linear spin-wave theory, one only needs to consider the component of \vec{A} parallel to the ordered moment. For an ordered moment perpendicular to c, \vec{A} can be taken as $(A_{1,x}, 0, 0)$ without loss of generality, which justifies the form of Eq. (10) used in the DM + SA model.

Similarly, the symmetric matrix, M, takes a form of

$$\begin{pmatrix} J_{xx}^{1} & 0 & J_{xz}^{1} \\ 0 & J_{yy}^{1} & 0 \\ J_{xz}^{1} & 0 & J_{zz}^{1} \end{pmatrix}, \tag{A3}$$

where the superscript indicates that the parameters are for the superexchange path, J_1 .

Interactions along other symmetry equivalent bonds, such as $Cu'_1 - Cu_2$, in the *ab* plane can be generated by a fourfold rotation around the vertical axis through Cu_2 , which maps $S_{1,x} \leftrightarrow -S_{1',y}$, $S_{1,y} \leftrightarrow S_{1',x}$, $S_{1,z} \leftrightarrow S_{1',z}$ and $S_{2,x} \leftrightarrow -S_{2,y}$, $S_{2,y} \leftrightarrow S_{2,x}$, $S_{2,z} \leftrightarrow S_{2,z}$. Consequently, the vector \vec{A} along this bond is given by $(0, -A_{1,x}, 0)$, and the matrix M is given by

$$\begin{pmatrix} J_{yy}^{1} & 0 & 0 \\ 0 & J_{xx}^{1} & -J_{xz}^{1} \\ 0 & -J_{xz}^{1} & J_{zz}^{1} \end{pmatrix}. \tag{A4}$$

Symmetry equivalent interactions along the c axis, such as that between Cu_3 and Cu_4 , can be generated by inversion about the point $[\frac{1}{2},\frac{1}{2},\frac{1}{2}]$. This maps $\vec{S}_1\leftrightarrow\vec{S}_4$ and $\vec{S}_2\leftrightarrow\vec{S}_3$. An antisymmetric term, $\vec{A}\cdot(\vec{S}_1\times\vec{S}_2)$, between Cu_1 and Cu_2 gives $\vec{A}\cdot(\vec{S}_4\times\vec{S}_3)=-\vec{A}\cdot(\vec{S}_3\times\vec{S}_4)$ between Cu_3 and Cu_4 . In other words, the antisymmetric interaction changes sign when translated by half of the structural unit cell along the c direction. However, the symmetric interaction characterized by \vec{M} is left invariant by inversion. We therefore arrive at the following observations. If only the symmetric term (e.g., the XYZ model considered in the main text) is present, the primitive unit cell of the magnetic Hamiltonian is half of the structural unit cell. On the other hand, the full structural unit cell has to be used if one also considers the antisymmetric term.

b. J

The center of inversion between Cu_1 and Cu'_4 [red star in Fig. 1(b)] implies that $\vec{A} = 0$ between them. However, all terms in the symmetric matrix, M, are allowed by symmetry,

$$\begin{pmatrix} J_{yy}^2 & J_{xy}^2 & J_{xz}^2 \\ J_{xy}^2 & J_{xx}^2 & J_{yz}^2 \\ J_{xz}^2 & J_{yz}^2 & J_{zz}^2 \end{pmatrix}.$$
 (A5)

As in the case of J_1 , other symmetry equivalent interactions in the ab plane are generated by fourfold rotation. Those along the c direction are generated by twofold rotations. For example, twofold rotation around the \hat{y} axis through $[\frac{1}{2},\frac{1}{2},\frac{1}{4}]$ maps $\text{Cu}_1 \to \text{Cu}_2$, $\text{Cu}_4' \to \text{Cu}_3$, and simultaneously changing the sign of S_x and S_z , while leaving that of S_y unchanged. The matrix M for the bond $\text{Cu}_3 - \text{Cu}_2$ is therefore

$$\begin{pmatrix} J_{yy}^2 & -J_{xy}^2 & J_{xz}^2 \\ -J_{xy}^2 & J_{xx}^2 & -J_{yz}^2 \\ J_{xz}^2 & -J_{yz}^1 & J_{zz}^2 \end{pmatrix}. \tag{A6}$$

The above analysis shows that certain entries of M for the superexchange pathway J_2 change sign when translated by half of the structural unit cell along c, indicating that the structural unit cell must be used when carrying out spin-wave analysis including the full symmetric anisotropy for J_2 .

 $c. J_4$

The anisotropic term between Cu_1 and Cu_3 is constrained by the fourfold rotation about the axis passing through them

[yellow square in Fig. 1(c)], which maps $S_{1,x} \leftrightarrow -S_{1,y}$, $S_{1,y} \leftrightarrow S_{1,x}$, $S_{1,z} \leftrightarrow S_{1,z}$ (similar relations hold for \vec{S}_3). This constrains the vector, \vec{A} , to be $(0, 0, A_4)$, and the matrix, M, to be

$$\begin{pmatrix} J_{xx}^4 & 0 & 0 \\ 0 & J_{xx}^4 & 0 \\ 0 & 0 & J_{zz}^4 \end{pmatrix}. \tag{A7}$$

Note that the general symmetry-allowed anisotropic terms along this bond do not break the in-plane spin rotational symmetry. The bond $\operatorname{Cu}_3' - \operatorname{Cu}_1$ is related to $\operatorname{Cu}_1 - \operatorname{Cu}_3$ by a twofold rotation about the \hat{y} -axis through $[\frac{1}{2}, \frac{1}{2}, \frac{1}{4}]$ followed by an inversion about $[\frac{1}{2}, \frac{1}{2}, 0]$, which maps $S_{3,x} \leftrightarrow -S_{1,x}$, $S_{3,y} \leftrightarrow S_{1,y}$, $S_{3,z} \leftrightarrow -S_{1,z}$ and $S_{1,x} \leftrightarrow -S_{3',x}$, $S_{1,y} \leftrightarrow S_{3',y}$, $S_{1,z} \leftrightarrow -S_{3',z}$. This operation changes the sign of \vec{A} while leaving M unchanged.

2. Spin-wave calculation

We first define a locally rotated coordinate system (x'y'z'), where \hat{z}' is along the direction of ordered moment. For Cu^{2+} in the first sublattice $[\vec{M}_1$ in Fig. 1(c)], the transformation to the new coordinate system is defined by

$$S_x = -\sin(\phi)S_{y'} + \cos(\phi)S_{z'},$$

$$S_y = \cos(\phi)S_{y'} + \sin(\phi)S_{z'},$$

$$S_z = -S_{x'}.$$
(A8)

Coordinate transformation for the other sublattice (\vec{M}_2) is obtained by replacing $\phi \to \pi + \phi$ in Eq. (A8). Spin components in this new coordinate system are then expressed as boson creation/annihilation operators via the Holstein-Primakoff transformation as

$$S_{z'} = \frac{1}{2} - a^{\dagger} a, \quad S_{+'} = a, \quad S_{-'} = a^{\dagger}.$$
 (A9)

After a Fourier transformation, the magnetic Hamiltonian given by Eq. (A1) can be written as a quadratic boson Hamiltonian in the momentum space,

$$\mathcal{H} = \frac{1}{2} \sum_{\mathbf{Q}} \psi^{\dagger} \mathsf{H}_{\mathbf{Q}} \psi. \tag{A10}$$

 $\mathsf{B}_{\mathbf{Q}} = \begin{pmatrix} 0 & \mathcal{D}_{\mathbf{Q}}^{+} + \mathcal{D}_{\mathbf{Q}}^{-} & 0 & \mathcal{E}_{-\mathbf{Q}} e^{-i2\pi L} \\ \mathcal{D}_{-\mathbf{Q}}^{+} + \mathcal{D}_{-\mathbf{Q}}^{-} & 0 & \mathcal{E}_{\mathbf{Q}} & 0 \\ 0 & \mathcal{E}_{-\mathbf{Q}} & 0 & \mathcal{D}_{\mathbf{Q}}^{+} - \mathcal{D}_{\mathbf{Q}}^{-} \end{pmatrix}. \tag{A15}$

In Eqs. (A14) and (A15),

$$\mathcal{A}_{\mathbf{Q}} = \frac{\delta_1}{4} [\cos(2\phi)(A_{-\mathbf{Q}} - B_{-\mathbf{Q}}) - (A_{-\mathbf{Q}} + B_{-\mathbf{Q}})], \quad \mathcal{B}_{\mathbf{Q}} = \frac{1}{2} J_4 (1 + e^{-i2\pi L}),$$

$$C_0 = J_4 \cos(\pi L) - J_4 + 2J_1 + 2J_2 + 2J_3$$

$$\mathcal{D}_{\mathbf{Q}}^{+} = \frac{1}{2} \left[J_{1} - \frac{\delta_{1}}{2} + J_{3} e^{-i2\pi L} \right] (A_{-\mathbf{Q}} + B_{-\mathbf{Q}}) - \frac{\delta_{1}}{4} \cos(2\phi) (A_{-\mathbf{Q}} - B_{-\mathbf{Q}}), \quad \mathcal{D}_{\mathbf{Q}}^{-} = \frac{iD_{1}}{2} [\sin(\phi) F_{-\mathbf{Q}} - \cos(\phi) E_{-\mathbf{Q}}],$$

$$\mathcal{E}_{\mathbf{Q}} = \frac{1}{2} J_{2} (A_{\mathbf{Q}} + B_{\mathbf{Q}}), \tag{A16}$$

For a primitive unit cell with n magnetic ions, $\psi = (a_{1,\mathbf{Q}}, \ldots, a_{1,\mathbf{Q}}, a_{n,-\mathbf{Q}}^{\dagger}, \ldots, a_{n,-\mathbf{Q}}^{\dagger})^{\mathsf{T}}$, and $\mathsf{H}_{\mathbf{Q}}$ is a $2n \times 2n$ matrix given by [38]

$$\mathsf{H}_{\mathsf{Q}} = \begin{pmatrix} \mathsf{A}_{\mathsf{Q}} & \mathsf{B}_{\mathsf{Q}} \\ \mathsf{B}_{\mathsf{O}}^{\dagger} & \bar{\mathsf{A}}_{-\mathsf{Q}} \end{pmatrix}, \tag{A11}$$

where A and B are $n \times n$ submatrices. The eigenvalues can be found by diagonalizing the non-Hermitian matrix, GH_Q , where G is a diagonal matrix with the first and last n entries given by 1 and -1, respectively.

a. XYZ model

A primitive unit cell with two Cu ions can be used for the XYZ model. The 2×2 submatrices A and B from Eq. (A11) are given by

$$A_{\mathbf{Q}} = \begin{pmatrix} C_{\mathbf{Q}} & E_{\mathbf{Q}} \\ \bar{E}_{\mathbf{Q}} & C_{\mathbf{Q}} \end{pmatrix} \tag{A12}$$

and

$$\mathsf{B}_{\mathbf{Q}} = \begin{pmatrix} 0 & F_{\mathbf{Q}} \\ \bar{F}_{\mathbf{Q}} & 0 \end{pmatrix},\tag{A13}$$

respectively. The parameters $C_{\mathbf{Q}}$, $E_{\mathbf{Q}}$, $F_{\mathbf{Q}}$ have been defined in Eq. (5). The eigenvalues can be found analytically in this case [39], and the results are given by Eq. (4).

b. DM + SA model

As discussed in the preceding subsection, a primitive magnetic unit cell that is the same as the structural unit cell has to be used when DM interaction is included for J_1 . The submatrices A and B in this case are given by

$$A_{\mathbf{Q}} = \begin{pmatrix} \mathcal{C}_{\mathbf{Q}} & \mathcal{A}_{\mathbf{Q}} & \mathcal{B}_{\mathbf{Q}} & 0 \\ \bar{\mathcal{A}}_{\mathbf{Q}} & \mathcal{C}_{\mathbf{Q}} & 0 & \mathcal{B}_{\mathbf{Q}} \\ \bar{\mathcal{B}}_{\mathbf{Q}} & 0 & \mathcal{C}_{\mathbf{Q}} & \mathcal{A}_{\mathbf{Q}} \\ 0 & \bar{\mathcal{B}}_{\mathbf{Q}} & \bar{\mathcal{A}}_{\mathbf{Q}} & \mathcal{C}_{\mathbf{Q}} \end{pmatrix}$$
(A14)

where $\delta_1=\frac{D_1^2}{4J_1}$, $E_{\mathbf{Q}}=1-e^{i2\pi(H+K)}$, and $F_{\mathbf{Q}}=e^{i2\pi H}-e^{i2\pi K}$. Numerical diagonalization using the procedure outlined at the

beginning of this subsection gives the dispersion shown in Fig. 8(c).

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