

**Electron cooling by phonons in superconducting proximity structures**Danilo Nikolić<sup>1</sup>, Denis M. Basko<sup>2</sup> and Wolfgang Belzig<sup>1</sup><sup>1</sup>*Fachbereich Physik, Universität Konstanz, D-78467 Konstanz, Germany*<sup>2</sup>*Université Grenoble Alpes and CNRS, LPMMC, 25 Rue des Martyrs, 38042 Grenoble, France*

(Received 13 November 2020; accepted 11 December 2020; published 28 December 2020)

We investigate the electron-phonon cooling power in disordered electronic systems with a special focus on mesoscopic superconducting proximity structures. Employing the quasiclassical Keldysh Green's function method, we obtain a general expression for the cooling power perturbative in the electron-phonon coupling but valid for arbitrary electronic systems out of equilibrium. We apply our theory to several disordered electronic systems valid for an arbitrary relation between the thermal phonon wavelength and the electronic mean-free path due to impurity scattering. In addition to recovering the known results for bulk normal metals and BCS superconductors, we consider two experimentally relevant geometries of superconductor-normal metal proximity contacts. Both structures feature a significantly suppressed cooling power at low temperatures related to the existence of a minigap in the quasiparticle spectrum. This improved isolation low cooling feature in combination with the high tunability makes such structures highly promising candidates for quantum calorimetry.

DOI: [10.1103/PhysRevB.102.214514](https://doi.org/10.1103/PhysRevB.102.214514)**I. INTRODUCTION**

In experiments on quantum thermodynamics, it is important to understand the ultimate limits of thermal energy transfer in nanoscale systems. A prime candidate for ultralow temperature detectors of single heat quanta are so-called proximity thermometers, which consist of normal metals in contact with a superconductor, offering a great variability by structuring. An important limiting factor in heat control is the unavoidable coupling of electronic systems out of equilibrium to the phonon bath. A general description for proximity thermometers is still missing and we close that gap in this paper.

At low temperatures, the electron-phonon coupling plays an important role in the description of heat removal from hot electrons [1]. Besides the theoretical importance, understanding this effect has a practical meaning in quantum calorimetry [2–4]. Particularly, fluctuations of the electron-phonon cooling power, related to the electron-phonon thermal conductance by a Nyquist-like relation [4,5], provide a fundamental limitation for the minimum portion of energy which can be detected by its electron heating effect. From the theoretical point of view, the problem of electron cooling by phonons is intimately related to that of ultrasound attenuation by electrons, since both problems are concerned with energy exchange between electrons and phonons.

Numerous experiments on normal metals have shown that the power (typically per unit volume) transferred from hot electrons at temperature  $T_e$  to cold phonons at  $T_{ph}$  can be written as  $Q(T_e, T_{ph}) = Q(T_e) - Q(T_{ph})$ , where  $Q(T) \propto T^p$ . The well-known result  $p = 5$  for clean normal metals has been proven experimentally [6–8] in agreement with theory [8,9]. Electron scattering on impurities modifies the power  $p$ . Due to the so-called Pippard ineffectiveness condition [10], disordered metals with fully screened Coulomb interaction

have a power  $p = 6$  at low temperatures, so the cooling power is weaker than in the clean case [11–15], as has been verified experimentally [16,17]. The crossover between the  $T^5$  and  $T^6$  behaviors occurs at a temperature when the thermal phonon wavelength  $\lambda_{ph}$  is of the order of the electronic mean-free path  $\ell$  due to the impurity scattering.

The energy exchange between electrons and phonons has also been studied in bulk BCS superconductors [13,18–21] and superconducting proximity structures [22]. The presence of a gap in the quasiparticle spectrum leads to a significant suppression of the cooling power at low temperatures and makes these systems advantageous for quantum calorimetry applications. In Ref. [22], the authors studied the influence of the proximity effect on the cooling power by solving the kinetic equation with the electron-phonon collision integral in the clean limit (i.e.,  $\ell \gg \lambda_{ph}$ ).

In this paper, we calculate the energy current between electrons and phonons, kept at temperatures  $T_e$  and  $T_{ph}$ , respectively, in superconducting proximity structures for an arbitrary relation between  $\ell$  and  $\lambda_{ph}$ . We only assume  $\ell$  (i) to be small compared to the superconducting coherence length and to the typical size of the structure and (ii) to be large compared to the Fermi wavelength, so the proximity effect can be described by the quasiclassical diffusive Usadel equation. Under these conditions, the energy exchange between electrons and phonons is local on the scale  $\ell$ . As a result, the spatial dependence of the cooling power is disentangled from its dependence on the phonon momentum. Interestingly, the latter dependence is the same as for a normal metal [10,12,18].

The paper is organized as follows. In Sec. II, we first specify the electron-phonon interaction in the comoving frame of reference, and present a very general expression for the cooling power in terms of the electronic stress response function. This expression is perturbative in the electron-phonon

interaction, but valid for an arbitrary out-of-equilibrium electronic system. Then we show how this stress response function can be found in a proximitized superconducting structure using the quasiclassical Keldysh Green's formalism. The central result of this chapter is the cooling power expression mentioned above. In Sec. III, we illustrate this approach by applying it to several electronic structures. Besides recovering the known results for a bulk normal metal and a bulk BCS superconductor, we consider two geometries of mesoscopic superconductor-normal metal proximity structures: a normal metal tunnel-coupled to a bulk superconductor and a bilayer of a normal metal in contact with a superconductor. We find a strong suppression of the cooling power at low temperatures that is related to the formation of a minigap in the spectrum. Finally, in Sec. IV we summarize our work and give concluding remarks.

## II. GENERAL FRAMEWORK

### A. Electron-phonon interaction and cooling power

Since we are going to describe several structures with normal and superconducting parts, we do not specify the electronic Hamiltonian here. We assume the electrons to be in the diffusive limit because of impurity scattering, and the Coulomb interaction is assumed to be very strong. The electrons are described by the usual fermionic field operators  $\hat{\psi}^\dagger(\mathbf{r})$  and  $\hat{\psi}(\mathbf{r})$ . We omit the spin indices for compactness (the spin multiplicity will give an additional factor of 2 in the final result). Eventually, we will only need the electronic quasiclassical Keldysh Green's functions, built from these electronic operators, and satisfying the Eilenberger equation in the presence of impurities.

The acoustic phonons are described via the lattice displacement field  $\hat{\mathbf{u}}(\mathbf{r})$ , giving the displacement of an atom initially located at the point  $\mathbf{r}$ . In the standard quantization procedure for lattice vibrations, the displacement operator takes the following form:

$$\hat{\mathbf{u}}(\mathbf{r}) = \sum_{\mathbf{q}\lambda} \mathbf{e}^{\mathbf{q}\lambda} \sqrt{\frac{1}{2\rho_0 L^3 \omega_{\mathbf{q}\lambda}}} (\hat{b}_{\mathbf{q}\lambda} + \hat{b}_{-\mathbf{q}\lambda}^\dagger) e^{i\mathbf{q}\mathbf{r}}, \quad (1)$$

where  $\hat{b}_{\mathbf{q}\lambda}$  ( $\hat{b}_{\mathbf{q}\lambda}^\dagger$ ) is the annihilation (creation) operator of a phonon with momentum  $\mathbf{q}$  and polarization characterized by a unit polarization vector  $\mathbf{e}^{\mathbf{q}\lambda}$ ,  $\omega_{\mathbf{q}\lambda}$  is the phonon frequency which in general depends on the momentum and polarization,  $\rho_0$  is the mass density of the material and  $L^3$  is the sample volume. For the polarization  $\lambda = l, t1, t2$ , we assume a decomposition in one longitudinal and two transverse modes in a standard manner: the longitudinal  $\mathbf{e}^{\mathbf{q},l} = \mathbf{q}/q$ , while two transverse vectors  $\mathbf{e}^{\mathbf{q},t1}$ ,  $\mathbf{e}^{\mathbf{q},t2}$  are chosen so  $\mathbf{e}^{\mathbf{q},t1} \cdot \mathbf{q} = \mathbf{e}^{\mathbf{q},t2} \cdot \mathbf{q} = 0$  and  $\mathbf{e}^{\mathbf{q},t1} \cdot \mathbf{e}^{\mathbf{q},t2} = 0$ . The dispersion relation is assumed to be the usual relation for acoustic phonons,  $\omega_{\mathbf{q},l} = c_l q$ ,  $\omega_{\mathbf{q},t1} = \omega_{\mathbf{q},t2} = c_t q$ , where  $c_{l/t}$  is the longitudinal/transverse speed of sound in the material, respectively. For simplicity, we assume an isotropic material where the two transverse modes have the same velocity, i.e.,  $c_{t1} = c_{t2} = c_t$ . A general, anisotropic case with  $c_{t1} \neq c_{t2}$  can be easily implemented in our model but we do not expect this to qualitatively affect the cooling power. Also, since we restrict ourselves to low temperatures, we can safely neglect optical phonons which, if exist at all,

have typical energies of the order of room temperature. The lattice Hamiltonian is

$$\hat{H}_{\text{ph}} = \sum_{\mathbf{q}\lambda} \omega_{\mathbf{q}\lambda} \hat{b}_{\mathbf{q}\lambda}^\dagger \hat{b}_{\mathbf{q}\lambda}. \quad (2)$$

As discussed in Refs. [12,13,18–20], the electron-phonon interaction in disordered systems is most conveniently described in a comoving reference frame, i.e., attached to the oscillating ions of the crystal lattice, since the impurities oscillate together with the lattice. The electron-phonon interaction Hamiltonian is assumed to have the form

$$\hat{H}_{\text{e-ph}} = \int d\mathbf{r} \hat{\sigma}_{ij}(\mathbf{r}) \hat{u}_{ij}(\mathbf{r}), \quad (3)$$

where  $\hat{\sigma}_{ij}$  and  $\hat{u}_{ij}$  are the stress and strain tensors, respectively,

$$\begin{aligned} \hat{\sigma}_{ij}(\mathbf{r}) &= \frac{1}{4m} \left( \frac{\partial}{\partial r_i} - \frac{\partial}{\partial r'_i} \right) \left( \frac{\partial}{\partial r_j} - \frac{\partial}{\partial r'_j} \right) \hat{\psi}^\dagger(\mathbf{r}) \hat{\psi}(\mathbf{r}') \Big|_{\mathbf{r}=\mathbf{r}'} \\ &+ \frac{\delta_{ij}}{3} \frac{p_F^2}{m} \hat{\psi}^\dagger(\mathbf{r}) \hat{\psi}(\mathbf{r}), \end{aligned} \quad (4)$$

$$\hat{u}_{ij}(\mathbf{r}) = \frac{1}{2} \left( \frac{\partial \hat{u}_i}{\partial r_j} + \frac{\partial \hat{u}_j}{\partial r_i} \right), \quad (5)$$

and the summation over the repeated Cartesian indices  $i, j = x, y, z$  is implied. The Coulomb interaction is assumed to be very strong, so electronic charge density fluctuations are completely suppressed. Formally, this is described by dressing the electron-phonon vertex by the Coulomb interaction in the random phase approximation [12,13,19,20] and results in the subtraction from the first term in  $\hat{\sigma}_{ij}(\mathbf{r})$  of its projection on the electron density. Here,  $p_F$  is the electron Fermi momentum defined via the average of  $p^2$  over the Fermi surface,  $p_F = (\langle p^2 \rangle_F)^{1/2}$ , and  $m$  the free electron mass.

With the electron-phonon interaction at hand, we can define the operator for the total energy current flowing into the phonons due to the electron-phonon interaction in the whole sample:

$$\dot{\hat{H}}_{\text{ph}} = i[\hat{H}_{\text{e-ph}}, \hat{H}_{\text{ph}}] = i \int d\mathbf{r} [\hat{u}_{ij}(\mathbf{r}), \hat{H}_{\text{ph}}] \hat{\sigma}_{ij}(\mathbf{r}). \quad (6)$$

We are interested in the cooling power when the phonons are in thermal equilibrium at temperature  $T_{\text{ph}}$ . Since the energy current, Eq. (6), is linear in the phonon operators, it has zero average over any density matrix of the direct product form,  $\hat{\rho}_e \otimes e^{-\hat{H}_{\text{ph}}/T_{\text{ph}}}$ , with an arbitrary electronic density matrix  $\hat{\rho}_e$ . To obtain a nonzero value to leading order in the electron-phonon coupling, one has to perturb such a phonon state to the first order in  $\hat{H}_{\text{e-ph}}$ . This amounts to calculating the linear response of  $d\hat{H}_{\text{ph}}/dt$  to the perturbation  $\hat{H}_{\text{e-ph}}$ , which can be done using the Kubo formula,

$$P = \left\langle \frac{d\hat{H}_{\text{ph}}}{dt} \right\rangle = -i \int_{-\infty}^t dt' \langle [\dot{\hat{H}}_{\text{ph}}(t), \hat{H}_{\text{e-ph}}(t')] \rangle_0, \quad (7)$$

where all the operators are represented in the interaction picture and the average is taken over the noninteracting density matrix  $\hat{\rho}_e \otimes e^{-\hat{H}_{\text{ph}}/T_{\text{ph}}}$ .

Since we are dealing with a nonequilibrium situation, it is natural to use the Keldysh Green's function formalism.

Expanding the commutator in the Kubo formula and identifying various Keldysh Green's function components [23] (see Appendix A), we end up with the following expression for the cooling power:

$$P = \frac{1}{4} \int d\mathbf{r} d\mathbf{r}' \int_{-\infty}^{\infty} \frac{d\omega}{2\pi} \omega \times \{ D_{ijkl}^K(\mathbf{r}, \mathbf{r}', \omega) [\Pi_{kl ij}^R(\mathbf{r}', \mathbf{r}, \omega) - \Pi_{kl ij}^A(\mathbf{r}', \mathbf{r}, \omega)] - [D_{ijkl}^R(\mathbf{r}, \mathbf{r}', \omega) - D_{ijkl}^A(\mathbf{r}, \mathbf{r}', \omega)] \Pi_{kl ij}^K(\mathbf{r}', \mathbf{r}, \omega) \}, \quad (8)$$

where  $\Pi_{ijkl}^{R,A,K}(\mathbf{r}, \mathbf{r}', \omega)$  and  $D_{ijkl}^{R,A,K}(\mathbf{r}, \mathbf{r}', \omega)$  are the retarded, advanced, and Keldysh components of Green's functions built from the bosonic operators, Eqs. (4) and (5), respectively. For phonons in thermal equilibrium at temperature  $T_{\text{ph}}$ ,

$$D_{ijkl}^K(\omega) = [D_{ijkl}^R(\omega) - D_{ijkl}^A(\omega)] \coth \frac{\omega}{2T_{\text{ph}}}. \quad (9)$$

Being mainly interested in various proximity structures, we can make further assumptions about the spatial dependence. Assuming the phonons to be unaffected by the

proximity effect, we take them to be spatially homogeneous,  $D_{ijkl}(\mathbf{r}, \mathbf{r}', \omega) = D_{ijkl}(\mathbf{r} - \mathbf{r}', \omega)$ . On the other hand, the situation for the electronic polarization operator,  $\Pi_{ijkl}(\mathbf{r}, \mathbf{r}', \omega)$  can be rather complicated, due to the proximity effect. Still, we assume the electrons to be in the quasiclassical regime, so we pass to the Wigner (mixed) representation where the spatial dependence of  $\Pi_{ijkl}(\mathbf{r}, \mathbf{r}', \omega)$  is decomposed into the center of mass,  $\mathbf{R} = (\mathbf{r} + \mathbf{r}')/2$ , and the relative coordinate component,  $\mathbf{x} = \mathbf{r} - \mathbf{r}'$ . Fourier transform is, therefore, performed in the following way:

$$D_{ijkl}(\mathbf{r}, \mathbf{r}', \omega) = \int \frac{d\mathbf{q}}{(2\pi)^3} D_{ijkl}(\mathbf{q}, \omega) e^{i\mathbf{q}(\mathbf{r}-\mathbf{r}')}, \quad (10)$$

$$\Pi_{ijkl}\left(\mathbf{R} + \frac{\mathbf{x}}{2}, \mathbf{R} - \frac{\mathbf{x}}{2}, \omega\right) = \int \frac{d\mathbf{q}}{(2\pi)^3} \Pi_{ijkl}(\mathbf{R}, \mathbf{q}, \omega) e^{i\mathbf{q}\mathbf{x}}. \quad (11)$$

In leading order of the quasiclassical approximation, the spatial convolution becomes a simple product in the Wigner representation. Then the total cooling power can be written as a volume integral,  $P = \int d\mathbf{R} Q(\mathbf{R})$ , where the position-dependent power per volume is given by

$$Q(\mathbf{R}) = \int \frac{d\mathbf{q}}{(2\pi)^3} \int_{-\infty}^{\infty} \frac{d\omega}{2\pi} \frac{\omega}{4} [D_{ijkl}^R(\mathbf{q}, \omega) - D_{ijkl}^A(\mathbf{q}, \omega)] \{ [\Pi_{kl ij}^R(\mathbf{R}, \mathbf{q}, \omega) - \Pi_{kl ij}^A(\mathbf{R}, \mathbf{q}, \omega)] \coth \frac{\omega}{2T_{\text{ph}}} - \Pi_{kl ij}^K(\mathbf{R}, \mathbf{q}, \omega) \}. \quad (12)$$

This formula is very general and applicable to an arbitrary electronic system out of equilibrium. Combining Eqs. (5) and (1), we obtain the phonon spectral function explicitly:

$$D_{ijkl}^R(\mathbf{q}, \omega) - D_{ijkl}^A(\mathbf{q}, \omega) = \sum_{\lambda} \mathcal{T}_{ij}^{\mathbf{q}\lambda} \mathcal{T}_{kl}^{\mathbf{q}\lambda} D_{\lambda}^{R-A}(\mathbf{q}, \omega), \quad (13a)$$

$$D_{\lambda}^{R-A}(\mathbf{q}, \omega) = i\pi \frac{q}{\rho_0 c_{\lambda}} [\delta(\omega + c_{\lambda}q) - \delta(\omega - c_{\lambda}q)], \quad (13b)$$

$$\mathcal{T}_{ij}^{\mathbf{q},l} \equiv \frac{q_i q_j}{q^2}, \quad \mathcal{T}_{ij}^{\mathbf{q},\kappa} \equiv \frac{e_i^{\mathbf{q},\kappa} q_j + e_j^{\mathbf{q},\kappa} q_i}{2q} \quad (\kappa = 1, 2). \quad (13c)$$

## B. Electronic polarization operator

Electrons in the proximitized superconductor are described by the quasiclassical Green's function  $\check{g}(t, t'; \mathbf{r}, \mathbf{n})$  with  $\mathbf{n}$  and  $\mathbf{r}$  being, respectively, the unit vector which indicates the direction of momentum and the center-of-mass coordinate [24,25]. The Green's function has a  $2 \times 2$  matrix structure in Keldysh space,

$$\check{g} = \begin{pmatrix} \hat{g}^R & \hat{g}^K \\ \hat{g}^Z & \hat{g}^A \end{pmatrix}, \quad (14)$$

where each component is itself a  $2 \times 2$  matrix in the Gor'kov-Nambu space [25]. The Green's function is subject to the constraint

$$\int \check{g}(t, t''; \mathbf{r}, \mathbf{n}) \check{g}(t'', t'; \mathbf{r}, \mathbf{n}) dt'' = \check{1}_{4 \times 4} \delta(t - t'), \quad (15)$$

and satisfying the Eilenberger equation [26],

$$\left[ \check{\partial}_t \otimes \hat{\tau}_3 + \check{\Delta} \otimes \hat{\tau}_1 + i\check{V} \otimes \hat{\tau}_0 + \frac{\langle \check{g} \rangle_{\mathbf{n}}}{2\tau}, \check{g} \right] + v_F \mathbf{n} \cdot \nabla \check{g} = 0, \quad (16)$$

where  $\hat{\tau}_i$  are the Pauli matrices in the Gor'kov-Nambu space,  $\otimes$  is the direct (Kronecker) product, and  $\langle \dots \rangle_{\mathbf{n}}$  denotes the average over the directions  $\mathbf{n}$ . The electron-impurity scattering time  $\tau$  and the Fermi velocity  $v_F$  define the mean-free path  $\ell = v_F \tau$ . The commutator in Eq. (16) includes the convolution over time. Thus, the time derivative  $\check{\partial}_t$ , the superconducting gap  $\check{\Delta}$ , and the perturbation  $\check{V}$  should be understood as integral operators in the time variables with kernels  $\delta'(t - t')$ ,  $\check{\Delta}(\mathbf{r}) \delta(t - t')$ , and  $\check{V}(\mathbf{r}, t, \mathbf{n}) \delta(t - t')$ , respectively.

In Keldysh space,  $\check{\partial}_t$  and  $\check{\Delta}$  are proportional to the  $2 \times 2$  unit matrix. The same is true for a classical perturbation  $V^c$ , in which case the left-lower corner of the Green's function  $\hat{g}^Z = 0$ . However, the goal of this subsection is to evaluate the three components (retarded, advanced, and Keldysh) of the electronic polarization operator,  $\Pi_{ijkl}^{R,A,K}(\mathbf{r}, \mathbf{r}', \omega)$ , needed in Eq. (12) for the cooling power. In a disordered superconductor, the calculation of the polarization operator involves summation of ladder diagram series, which is rather cumbersome [13]; in addition, here we are interested in a proximity

system, lacking translational invariance. A more convenient way, equivalent in the quasiclassical limit  $p_F \ell \gg 1$ , is to calculate the response of the electronic stress  $\sigma_{ij}$  to an applied external classical strain  $u_{ij}^c$  using the Eilenberger equation [27]. Indeed, the average stress tensor, Eq. (4), in terms of the quasiclassical Keldysh-Green's functions reads

$$\sigma_{ij}(\mathbf{r}, t) = \frac{\pi N_0}{2} \frac{p_F^2}{m} \langle (n_i n_j - \delta_{ij}/3) \text{Tr} \hat{g}^K(t, t; \mathbf{r}, \mathbf{n}) \rangle_{\mathbf{n}}, \quad (17)$$

where  $N_0$  is the normal density of states at the Fermi level per spin projection. If the Green's function is found to first order in the perturbing stress, the result determines the retarded component of the polarization operator,  $\Pi_{ijkl}^R$ , since the latter coincides with the Kubo susceptibility (up to the sign). Due to certain symmetries [31], the advanced component of the

polarization operator,  $\Pi_{ijkl}^A$ , can be deduced from the retarded one. On the other hand, if the goal is a description of nonequilibrium situations we are required to calculate the Keldysh component,  $\Pi_{ijkl}^K$ , as well. This can be done by introducing the quantum component  $u_{ij}^q$  of the strain. Thus, we shall consider the perturbation  $\check{V}$  with the following structure:

$$\check{V}(t, t'; \mathbf{r}, \mathbf{n}) = -\frac{p_F^2}{m} (n_i n_j - \delta_{ij}/3) \delta(t - t') e^{-i\omega t} \times \begin{pmatrix} u_{ij}^c(\mathbf{r}) & u_{ij}^q(\mathbf{r}) \\ u_{ij}^q(\mathbf{r}) & u_{ij}^c(\mathbf{r}) \end{pmatrix}, \quad (18)$$

and calculate the response of  $\check{g}$  to first order in this perturbation from Eq. (16). The three components of the electronic polarization operator can then be determined as [27]

$$\Pi_{ij,kl}^R(\mathbf{r}, \mathbf{r}', \omega) = -\frac{\pi N(0)}{2} \frac{p_F^2}{m} \left\langle \left( n_i n_j - \frac{\delta_{ij}}{3} \right) \text{Tr} \frac{\delta \hat{g}^K(t, t; \mathbf{r}, \mathbf{n}) e^{i\omega t}}{\delta u_{kl}^c(\mathbf{r}')} \right\rangle_{\mathbf{n}}, \quad (19a)$$

$$\Pi_{ij,kl}^A(\mathbf{r}, \mathbf{r}', \omega) = -\frac{\pi N(0)}{2} \frac{p_F^2}{m} \left\langle \left( n_i n_j - \frac{\delta_{ij}}{3} \right) \text{Tr} \frac{\delta (\hat{g}^R + \hat{g}^A)(t, t; \mathbf{r}, \mathbf{n}) e^{i\omega t}}{\delta u_{kl}^q(\mathbf{r}')} \right\rangle_{\mathbf{n}}, \quad (19b)$$

$$\Pi_{ij,kl}^K(\mathbf{r}, \mathbf{r}', \omega) = -\frac{\pi N(0)}{2} \frac{p_F^2}{m} \left\langle \left( n_i n_j - \frac{\delta_{ij}}{3} \right) \text{Tr} \frac{\delta (\hat{g}^K + \hat{g}^Z)(t, t; \mathbf{r}, \mathbf{n}) e^{i\omega t}}{\delta u_{kl}^q(\mathbf{r}')} \right\rangle_{\mathbf{n}}. \quad (19c)$$

Note that in the presence of the quantum component  $u_{ij}^q$ , the lower left corner of Eq. (14),  $\hat{g}^Z \neq 0$ .

We assume to be in the dirty limit,  $\omega\tau \ll 1$ ,  $\Delta\tau \ll 1$ , so the unperturbed solution (at  $\check{V} = 0$ ) has the following angular structure [28]:

$$\check{g}(t, t'; \mathbf{r}, \mathbf{n}) = \int \frac{d\epsilon}{2\pi} e^{-i\epsilon(t-t')} [\check{g}_0(\epsilon; \mathbf{r}) - v_F \tau \mathbf{n} \cdot \check{g}_0(\epsilon; \mathbf{r}) \nabla \check{g}_0(\epsilon; \mathbf{r}) + O((\ell \nabla g_0)^2)]. \quad (20)$$

The isotropic part  $\check{g}_0(\epsilon; \mathbf{r})$  satisfies the Usadel equation [28] which should be solved in each specific geometry of the proximitized system. In this subsection, we will assume that  $\check{g}_0(\epsilon; \mathbf{r})$  is known. Constraint Eq. (15) for  $\check{g}$  implies

$$\check{g}_0(\epsilon; \mathbf{r}) \check{g}_0(\epsilon; \mathbf{r}) = \check{1}_{4 \times 4} + O((\ell \nabla g_0)^2). \quad (21)$$

Usually, in the dirty limit it is sufficient to work with the Usadel equation without invoking the full Eilenberger equation at all. It is the angular structure of the perturbation,  $n_i n_j - \delta_{ij}/3$ , proportional to the second spherical harmonics, that obliges us to work with Eq. (16).

Let us first assume that the perturbation is a smooth function of space and time. The linear in  $\check{V}$  correction,  $\delta\check{g}$ , to the leading order in  $\tau\Delta$ ,  $\tau\partial_t \check{V}$ ,  $\ell \nabla \check{V}$ , satisfies

$$[\check{g}_0, \delta\check{g} - \langle \delta\check{g} \rangle_{\mathbf{n}}] = -2i\tau [\check{V}, \check{g}_0], \quad (22)$$

$$\check{g}_0 \delta\check{g} + \delta\check{g} \check{g}_0 = 0, \quad (23)$$

obtained by linearizing Eqs. (16) and (15), respectively. Angular averaging gives  $\langle \delta\check{g} \rangle_{\mathbf{n}} = 0$  because  $\langle \check{V} \rangle_{\mathbf{n}} = 0$ . Adding Eqs. (22) and (23), multiplying by  $\check{g}_0$  on the left, and using Eq. (21), we obtain the response, local in space on the scale  $\ell$ :

$$\delta\check{g} = i\tau (\check{V} - \check{g}_0 \check{V} \check{g}_0) [1 + O(\tau\Delta, \ell \nabla)]. \quad (24)$$

Let us now consider  $u_{ij}(\mathbf{r}) \propto e^{i\mathbf{q}\mathbf{r} - i\omega t}$  assuming  $\omega\tau \ll 1$ ,  $\Delta\tau \ll 1$ , but not  $q\ell \ll 1$ . As just seen, the spatial scale of the nonlocality in the response is  $\ell$ , while  $\check{g}_0$ , found from the Usadel equation, depends on  $\mathbf{r}$  on a longer scale. Then, to find the response at  $q \sim 1/\ell$ , one can neglect the  $\mathbf{r}$  dependence of  $\check{g}_0$  and seek the correction  $\delta\check{g}$  in the form  $\delta\check{g}(\mathbf{r}, \mathbf{n}) = \delta\check{g}(\mathbf{n}) e^{i\mathbf{q}\mathbf{r}}$ . The linearized Eilenberger equation becomes

$$[\check{g}_0, \delta\check{g} - \langle \delta\check{g} \rangle_{\mathbf{n}}] + 2i\ell(\mathbf{q}\mathbf{n}) \delta\check{g} = 2i\tau [\check{g}_0, \check{V}], \quad (25)$$

and the correction again satisfies Eq. (23). Multiplying it with 1 and  $(\mathbf{q}\mathbf{n})$ , averaging over the angles, and using  $\langle \check{V} \rangle_{\mathbf{n}} = 0$ ,  $\langle \mathbf{n}\check{V} \rangle_{\mathbf{n}} = 0$ , we obtain  $\langle (\mathbf{q}\mathbf{n}) \delta\check{g} \rangle_{\mathbf{n}} = 0$ ,  $\langle (\mathbf{q}\mathbf{n})^2 \delta\check{g} \rangle_{\mathbf{n}} = 0$ . Adding Eq. (23) with its angular average subtracted, we obtain

$$\check{g}_0 \delta\check{g} + i\ell(\mathbf{q}\mathbf{n}) \delta\check{g} = \check{g}_0 \langle \delta\check{g} \rangle_{\mathbf{n}} + i\tau \check{g}_0 \check{V} - i\tau \check{V} \check{g}_0, \quad (26)$$

$$i\ell(\mathbf{q}\mathbf{n}) \check{g}_0 \delta\check{g} + \delta\check{g} = \langle \delta\check{g} \rangle_{\mathbf{n}} + i\tau \check{V} - i\tau \check{g}_0 \check{V} \check{g}_0, \quad (27)$$

where the second equation is obtained from the first by multiplying by  $\check{g}_0$ . This gives

$$\delta\check{g} = i\tau \frac{1 - i\ell(\mathbf{q}\mathbf{n}) \check{g}_0}{1 + \ell^2(\mathbf{q}\mathbf{n})^2} \left( \frac{\langle \delta\check{g} \rangle_{\mathbf{n}}}{i\tau} + \check{V} - \check{g}_0 \check{V} \check{g}_0 \right), \quad (28)$$

$$\frac{\langle \delta\check{g} \rangle_{\mathbf{n}}}{i\tau} = \left\langle \frac{\ell^2(\mathbf{q}\mathbf{n})^2}{1 + \ell^2(\mathbf{q}\mathbf{n})^2} \right\rangle_{\mathbf{n}}^{-1} \left\langle \frac{\check{V} - \check{g}_0 \check{V} \check{g}_0}{1 + \ell^2(\mathbf{q}\mathbf{n})^2} \right\rangle_{\mathbf{n}}. \quad (29)$$

Bearing in mind the structure of the strain-strain spectral function, Eqs. (13), it is convenient to define three components of the polarization operator:

$$\Pi_\lambda(\mathbf{q}, \omega) = \mathcal{T}_{ij}^{\mathbf{q}\lambda} \mathcal{T}_{kl}^{\mathbf{q}\lambda} \Pi_{ijkl}(\mathbf{q}, \omega), \quad \lambda = l, t1, t2, \quad (30)$$

which can be found from Eq. (28) for the following perturbations:

$$\check{V}_\lambda(t, t'; \mathbf{r}, \mathbf{n}) = \delta(t - t') e^{i\mathbf{q}\mathbf{r} - i\omega t} \Phi_\lambda(\mathbf{n}) \begin{pmatrix} u_\lambda^c & u_\lambda^q \\ u_\lambda^c & u_\lambda^c \end{pmatrix}, \quad (31)$$

$$\Phi_l(\mathbf{n}) = \frac{(\mathbf{q}\mathbf{n})^2}{q^2} - \frac{1}{3}, \quad \Phi_{t1,t2}(\mathbf{n}) = \frac{(\mathbf{q}\mathbf{n})(\mathbf{e}_{t1,t2}\mathbf{n})}{q}. \quad (32)$$

As a result,

$$\Pi_\lambda^{R/A}(\mathbf{q}, \omega) = 2N_0 \left( \frac{p_F^2}{m} \right)^2 \left[ \mathcal{Y}_\lambda(0) + \frac{i\tau}{8} \mathcal{Y}_\lambda(q\ell) \int_{-\infty}^{\infty} d\epsilon \text{Tr} \left\{ \hat{g}_0^{R/A}(\epsilon_+) \hat{g}_0^K(\epsilon_-) + \hat{g}_0^K(\epsilon_+) \hat{g}_0^{A/R}(\epsilon_-) \right\} \right], \quad (33a)$$

$$\Pi_\lambda^K(\mathbf{q}, \omega) = 2N_0 \left( \frac{p_F^2}{m} \right)^2 \left[ \frac{i\tau}{8} \mathcal{Y}_\lambda(q\ell) \int_{-\infty}^{\infty} d\epsilon \text{Tr} \left\{ \hat{g}_0^K(\epsilon_+) \hat{g}_0^K(\epsilon_-) - \hat{g}_0^{R-A}(\epsilon_+) \hat{g}_0^{R-A}(\epsilon_-) \right\} \right], \quad (33b)$$

where  $\lambda = l, t1, t2$ ,  $\epsilon_\pm = \epsilon \pm \omega/2$  and  $\hat{g}_0^{R-A} = \hat{g}_0^R - \hat{g}_0^A$ . The term with  $\mathcal{Y}_\lambda(0)$  is not captured by the quasiclassical theory and is inserted by noting that the response at  $\omega = 0$  is determined by the Fermi sea, and thus is (i) insensitive both to disorder and to superconductivity and (ii) is local on the spatial scale of the Fermi wavelength, so it can be evaluated for a clean Fermi gas at  $q = 0$  [27]. The factors  $\mathcal{Y}_\lambda(q\ell)$  coming from angular averages (see Appendix B) are given by

$$\mathcal{Y}_l(\xi) = -\frac{\xi - (1 + \xi^2/3) \arctan \xi}{3\xi^2(\xi - \arctan \xi)}, \quad (34a)$$

$$\mathcal{Y}_{t1,t2}(\xi) = \frac{\xi(1 + 2\xi^2/3) - (1 + \xi^2) \arctan \xi}{2\xi^5}. \quad (34b)$$

Remarkably, Eqs. (33) have a separable form: the dependence on  $\mathbf{q}$  and  $\lambda$  is factorized from the rest which contains the frequency and coordinate dependence and all information about the superconductivity and the proximity effect. The  $\mathbf{q}$ ,  $\lambda$  dependence is entirely contained in the factors  $\mathcal{Y}_\lambda(q\ell)$ , and is the same as calculated for a normal metal [12].

### C. Final expression for the cooling power

Having obtained Eqs. (33) for the polarization operator, we can rewrite Eq. (12) for the cooling power per unit volume as follows:

$$Q = \sum_\lambda \int \frac{d\mathbf{q}}{(2\pi)^3} \int_{-\infty}^{\infty} \frac{d\omega}{2\pi} \frac{\omega}{4} D_\lambda^{R-A}(\mathbf{q}, \omega) \times 2N_0 \left( \frac{p_F^2}{m} \right)^2 \left( \frac{i\tau}{8} \right) \mathcal{Y}_\lambda(q\ell) \mathcal{F}(\mathbf{R}, \omega). \quad (35)$$

Here  $\mathcal{F}(\mathbf{R}, \omega)$  denotes the factor

$$\mathcal{F} = \int_{-\infty}^{\infty} d\epsilon \text{Tr} \left\{ \left[ \hat{g}_0^{R-A}(\epsilon_+) \coth \frac{\omega}{2T_{\text{ph}}} - \hat{g}_0^K(\epsilon_+) \right] \hat{g}_0^K(\epsilon_-) - \left[ \hat{g}_0^K(\epsilon_+) \coth \frac{\omega}{2T_{\text{ph}}} - \hat{g}_0^{R-A}(\epsilon_+) \right] \hat{g}_0^{R-A}(\epsilon_-) \right\}, \quad (36)$$

whose frequency dependence comes from  $\epsilon_\pm = \epsilon \pm \omega/2$  and the coordinate dependence from that of the Green's function  $\hat{g}_0(\mathbf{R}, \epsilon_\pm)$  whose spatial argument is omitted in Eq. (36) for brevity. Since the  $\mathbf{q}$  dependence of the electronic spectral function is solely contained in  $\mathcal{Y}_\lambda(q\ell)$ , the integration over  $\mathbf{q}$  is straightforwardly performed by resolving the  $\delta$  functions in

Eq. (13b), which yields

$$Q = \frac{N_0\tau}{8\pi\rho_0} \left( \frac{p_F^2}{m} \right)^2 \int_0^\infty \frac{d\omega}{2\pi} \sum_\lambda \frac{\omega^4}{c_\lambda^5} \mathcal{Y}_\lambda(\omega\ell/c_\lambda) \mathcal{F}(\mathbf{R}, \omega). \quad (37)$$

This very general formula is the main result of this paper and it is applicable to a variety of electronic systems, including superconducting proximity structures. If the electron-electron relaxation is sufficiently fast we can assume the electrons to be in thermal equilibrium at temperature  $T_e$  [29], so  $\hat{g}_0^K(\epsilon) = \hat{g}_0^{R-A}(\epsilon) \tanh[\epsilon/(2T_e)]$ , then Eq. (37) further simplifies adopting the form

$$Q(T_e, T_{\text{ph}}) = \frac{N_0\tau}{8\pi\rho_0} \left( \frac{p_F^2}{m} \right)^2 \int_0^\infty \frac{d\omega}{2\pi} \sum_\lambda \frac{\omega^4}{c_\lambda^5} \mathcal{Y}_\lambda(\omega\ell/c_\lambda) \times \left( \coth \frac{\omega}{2T_e} - \coth \frac{\omega}{2T_{\text{ph}}} \right) \mathcal{I}(\mathbf{R}, \omega), \quad (38)$$

where

$$\mathcal{I}(\mathbf{R}, \omega) = 2 \int_{-\infty}^{\infty} d\epsilon [n_F(\epsilon_-) - n_F(\epsilon_+)] \times \text{Tr} \left\{ \hat{g}_0^{R-A}(\mathbf{R}, \epsilon_+) \hat{g}_0^{R-A}(\mathbf{R}, \epsilon_-) \right\}, \quad (39)$$

and  $n_F(\epsilon) = [\exp(\epsilon/T_e) + 1]^{-1}$  is the Fermi distribution. The whole information about the electronic properties of the system is contained in the function  $\mathcal{I}(\mathbf{R}, \omega)$ . Essentially, our task from now on is to calculate it for various systems. Another important quantity we are interested in is the thermal conductance per unit volume:

$$K(T) = \left. \frac{\partial Q(T_e, T)}{\partial T_e} \right|_{T_e=T}. \quad (40)$$

Equations (38) and (40) yield an expression for the thermal conductance of the same form as Eq. (38), but with a replacement:

$$\coth \frac{\omega}{2T_e} - \coth \frac{\omega}{2T_{\text{ph}}} \rightarrow \frac{\omega}{2T^2 \sinh[\omega/(2T)]}. \quad (41)$$

In the following section, we shall make use of the developed formalism to calculate the electron-phonon cooling power in various electronic systems.

### III. APPLICATION TO SPECIFIC STRUCTURES

#### A. Bulk normal metal

In a bulk normal metal, the retarded and advanced components of  $\hat{g}$  are just  $\hat{g}^{R/A} = \pm \hat{\tau}_3$ , so the function  $\mathcal{I}(\omega)$  from Eq. (39) simply reads  $\mathcal{I}(\omega) = 16\omega$ . Plugging it into Eq. (38), we obtain the cooling power per unit volume in the form  $Q(T_e) - Q(T_{\text{ph}})$  with  $Q(T)$  given by

$$Q(T) = \frac{2N_0\tau}{\pi^2\rho_0} \left(\frac{p_F^2}{m}\right)^2 \sum_{\lambda} \int_0^{\infty} d\omega \frac{\omega^5}{c_{\lambda}^5} \frac{\mathcal{Y}_{\lambda}(\omega\ell/c_{\lambda})}{e^{\omega/T} - 1}. \quad (42)$$

Since the functions  $\mathcal{Y}_{\lambda}(\xi)$  [see Eq. (34)] are rather complicated, the integral should be calculated numerically. Still, it simplifies in two limiting cases.

At low temperatures,  $T \ll c_{\lambda}/\ell$ , we employ Eqs. (B3a) and (B3c) for  $\mathcal{Y}_{\lambda}(\xi)$  and arrive at the well-known  $T^6$  dependence [12,13],

$$Q(T) = \frac{32\pi^4}{945} \frac{N_0 c_t \tau}{\rho_0 \ell^6} \left(\frac{p_F^2}{m}\right)^2 \left(1 + \frac{2}{3} \frac{c_t^5}{c_l^5}\right) \frac{T^6}{T_*^6}, \quad (43)$$

where the crossover temperature  $T_* \equiv c_t/\ell$ . At high temperatures,  $T \gg c_{\lambda}/\ell$ , we use Eqs. (B3b) and (B3d) for  $\mathcal{Y}_{\lambda}(\xi)$  and we end up with the following expression for the cooling power:

$$Q(T) = \frac{N_0 c_t \tau}{\rho_0 \ell^6} \left(\frac{p_F^2}{m}\right)^2 \left(\frac{3\zeta(5)}{3\pi} \frac{c_t^4}{c_l^4} \frac{T^5}{T_*^5} + \frac{4\pi^2}{45} \frac{T^4}{T_*^4}\right), \quad (44)$$

where  $\zeta(x)$  is the Riemann zeta function. In the clean limit,  $\tau, \ell \rightarrow \infty$  with  $\ell/\tau = v_F$ , the second term  $\propto T^4$  vanishes, while the first one gives the standard  $Q(T) \propto T^5$  result for clean metals [8,9].

The thermal conductance per unit volume,  $K(T) = dQ(T)/dT$ , is shown in Fig. 1. As can be seen from Eq. (42),

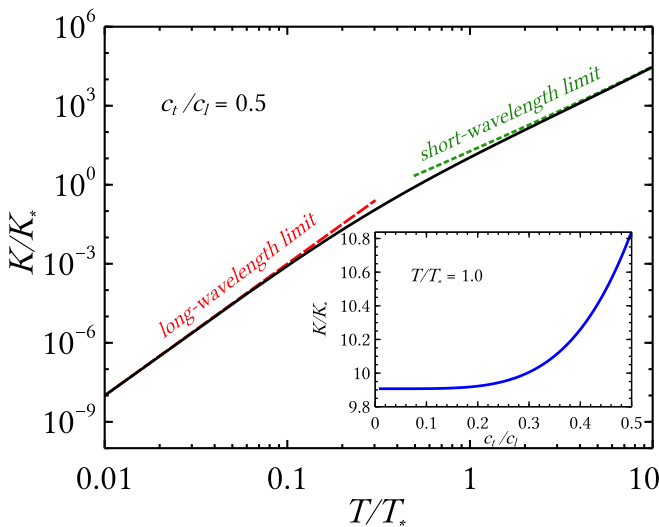


FIG. 1. Electron-phonon thermal conductance per unit volume in a bulk normal metal as a function of temperature  $T$  for  $c_t/c_l = 0.5$ . The dotted and dashed lines correspond to the high- and low- $T$  limits, respectively. The inset shows the same quantity as a function of  $c_t/c_l$  for the temperature  $T/T_* = 1.0$ .

$K(T)$  has a natural unit

$$K_* = \frac{2N_0\tau}{\pi^2\rho_0\ell^5} \left(\frac{p_F^2}{m}\right)^2, \quad (45)$$

so  $K(T)/K_*$  is a dimensionless function of two dimensionless parameters  $T/T_* \equiv T\ell/c_t$  and  $c_t/c_l$  (note that  $c_t/c_l < 1/\sqrt{2}$  [30]). We numerically evaluate the integral in Eq. (42) and plot  $K/K_*$  as a function of  $T/T_*$  for  $c_t/c_l = 0.5$  in Fig. 1. The low- and high- $T$  limits are indicated by the dashed and dotted lines, respectively. Their validity depends on  $c_t/c_l$  but, roughly speaking, the two limits are reached for  $T/T_* < 0.1$  and  $T/T_* > 1$ . The inset shows the cooling power as a function of the  $c_t/c_l$  ratio at temperature  $T/T_* = 1.0$ . Estimation of the crossover temperature in copper with  $\ell = 10$  nm is  $T_* \approx 1.8$  K. The values taken for the longitudinal and transverse speed of sound are, respectively,  $c_l = 4.8$  km/s and  $c_t = 2.3$  km/s.

#### B. Bulk BCS superconductor

In a superconductor, the retarded and advanced components of the quasiclassical Keldysh Green's function  $\hat{g}^{R/A}(\epsilon)$  can be parameterized in terms of the normal,  $g$ , and the anomalous,  $f, f^\dagger$ , Green's functions (we omit the superscripts  $R, A$  for compactness):

$$\hat{g}(\epsilon) = \begin{pmatrix} g(\epsilon) & f(\epsilon) \\ f^\dagger(\epsilon) & -g(\epsilon) \end{pmatrix}, \quad g^2(\epsilon) + f(\epsilon)f^\dagger(\epsilon) = 1. \quad (46)$$

Assuming the superconducting gap to be real,  $\Delta = \Delta^*$ , we also have  $f = f^\dagger$ . Substituting the parametrization from Eq. (46) into Eq. (39) and employing the relation  $\hat{g}^R = -\hat{\tau}_3(\hat{g}^A)^\dagger\hat{\tau}_3$  [31], we obtain

$$\begin{aligned} \mathcal{I}(\omega) = & 16 \int_{-\infty}^{\infty} d\epsilon [n_F(\epsilon_-, T) - n_F(\epsilon_+, T)] \\ & \times [\text{Re } g^R(\epsilon_+) \text{Re } g^R(\epsilon_-) - \text{Im } f^R(\epsilon_+) \text{Im } f^R(\epsilon_-)]. \end{aligned} \quad (47)$$

We note that this expression is rather general and will be applied to the bulk homogeneous superconductor immediately below, as well as to other proximity structures in the following subsections. We also note that since the Green's functions depend on the electronic temperature  $T_e$  via the superconducting gap, the cooling power can no longer be represented in the form  $Q(T_e) - Q(T_{\text{ph}})$ . In the following, we will focus on the thermal conductance per unit volume, Eq. (40), which depends only on one temperature. It is given by

$$\begin{aligned} \frac{K(T)}{K_*} = & \int_0^{\infty} \frac{\omega^5 \mathcal{I}(\omega) d\omega}{64T^2 \sinh^2[\omega/(2T)]} \\ & \times \left[ \frac{\mathcal{Y}_l(\omega\ell/c_l)}{(c_l/\ell)^5} + 2 \frac{\mathcal{Y}_t(\omega\ell/c_t)}{(c_t/\ell)^5} \right]. \end{aligned} \quad (48)$$

In a bulk homogeneous superconductor, the quasiclassical Green's functions are given by

$$g(\epsilon) = \frac{-i\epsilon}{\sqrt{\Delta^2 - \epsilon^2}}, \quad f(\epsilon) = f^\dagger(\epsilon) = \frac{\Delta}{\sqrt{\Delta^2 - \epsilon^2}}. \quad (49)$$

The retarded/advanced Green's function is obtained by the substitution  $\epsilon \rightarrow \epsilon \pm i\eta$ . The broadening parameter  $\eta$  can be

taken to be infinitesimal, or finite, describing level broadening due to some relaxation processes [32,33]. The temperature dependence of the superconducting gap is assumed to be [34]

$$\Delta(T) = \Delta_0 \tanh(1.74\sqrt{T_c/T - 1}), \quad (50)$$

where  $\Delta_0$  is the superconducting gap at zero temperature and  $T_c$  is the critical temperature.

Plugging the Green's functions from Eqs. (49) into Eq. (47), we obtain  $\mathcal{I}(\omega)$  of a bulk BCS superconductor:

$$\begin{aligned} \mathcal{I}(\omega) = & 16 \int_{-\infty}^{\infty} d\epsilon [n_F(\epsilon_-, T) - n_F(\epsilon_+, T)] \\ & \times \frac{\theta(|\epsilon_+| - \Delta) \theta(|\epsilon_-| - \Delta)}{\sqrt{\epsilon_+^2 - \Delta^2} \sqrt{\epsilon_-^2 - \Delta^2}} \\ & \times (|\epsilon_+ \epsilon_-| - \Delta^2 \text{sign } \epsilon_+ \epsilon_-). \end{aligned} \quad (51)$$

[ $\theta(x)$  is the Heaviside step function], illustrated in Fig. 2(a) for different temperatures. At  $T = T_c$ , the normal state dependence  $\mathcal{I}(\omega) = 16\omega$  is recovered. The main difference between the normal and superconducting cases is the presence of a gap in  $\mathcal{I}(\omega)$  at  $\omega < 2\Delta$ . With increasing temperatures, this gap shrinks and is not empty anymore due to thermal quasiparticle population [see the blue line in Fig. 2(a) that corresponds to  $T/T_c = 0.8$ ]. At  $T \ll \Delta$ ,

$$\mathcal{I}(0 < \omega < 2\Delta) = 16\sqrt{\frac{2\pi\omega\Delta T}{\omega + 2\Delta}} (1 - e^{-\omega/T}) e^{-\Delta/T}, \quad (52a)$$

$$\mathcal{I}(\omega = 2\Delta + 0^+) = 16\pi\Delta. \quad (52b)$$

The thermal conductance per unit volume  $K(T)$ , besides  $T/T_*$  and  $c_l/c_t$ , now depends on another dimensionless parameter  $T_*/\Delta_0$ . For aluminum with the electronic mean-free path of  $\ell = 10$  nm,  $T_*/\Delta_0 \approx 1.1$ . The values for the longitudinal and transverse speed of sound are taken  $c_l = 6.4$  km/s and  $c_t = 3.0$  km/s, respectively. Plugging Eq. (51) into Eq. (48) and evaluating the integral numerically, we show  $K(T)$  in Fig. 2(b) for  $c_l/c_t = 0.5$  and several values of  $T_*/\Delta_0$ . Increase of  $T_*/\Delta_0$  almost does not change the shape of the curves just shifting them along the vertical axis. At low temperatures, the cooling power in a BCS superconductor is exponentially suppressed in comparison to the normal state [see the dashed blue line in Fig. 2(b)] due to the presence of the superconducting gap:

$$\frac{K(T \ll \Delta)}{K_*} = \frac{693\pi}{32} \zeta\left(\frac{13}{2}\right) \left(1 + \frac{2}{3} \frac{c_t^5}{c_l^5}\right) \frac{T^5}{T_*^5} e^{-\Delta/T}. \quad (53)$$

This difference diminishes at higher temperatures and, finally, at  $T = T_c$  the normal case is recovered. The same results can be obtained from the nonlinear sigma model, whose saddle point is the quasiclassical Green's function  $\hat{g}$  [21].

### C. Thin SN contact

Let us now consider a simple superconducting-normal (SN) proximity structure consisting of a small island of normal metal coupled to a massive superconducting electrode via a weak tunnel contact. Then we can neglect suppression of superconductivity by the inverse proximity effect in the superconductor and focus on the proximity effect in the normal

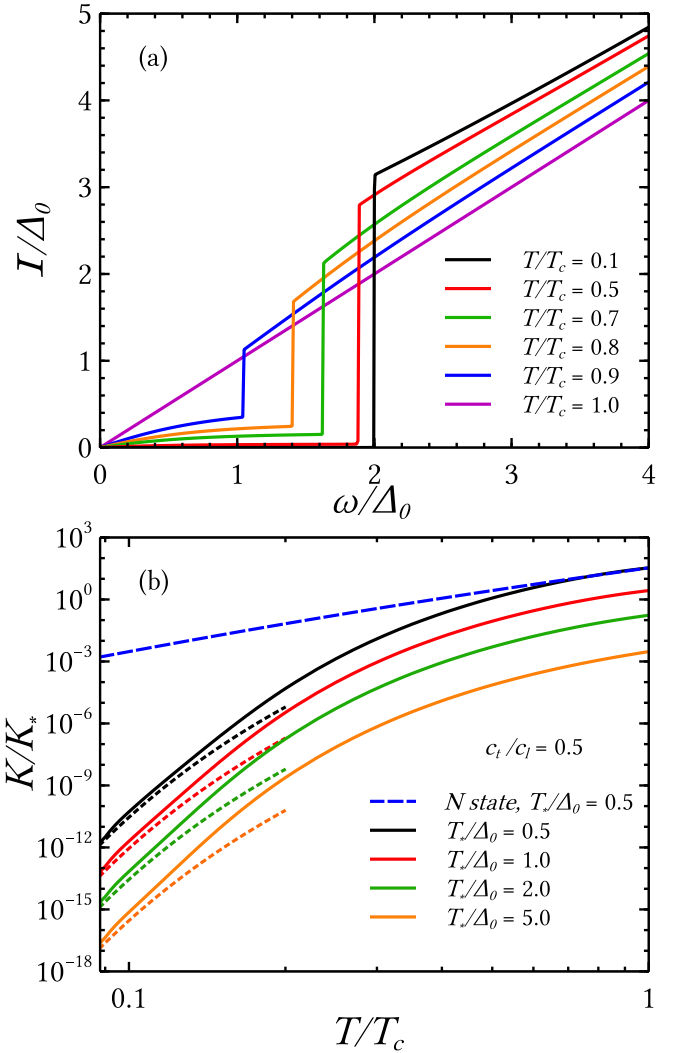


FIG. 2. (a) The  $\mathcal{I}(\omega)$  function of a bulk BCS superconductor for various temperatures. At  $T = T_c$ , the normal state result  $\mathcal{I}(\omega) = 16\omega$  is recovered. (b) Electron-phonon thermal conductance per unit volume of a bulk superconductor as a function of temperature  $T$  for  $c_l/c_t = 0.5$  and several values of  $T_*/\Delta_0$ . The dashed blue line corresponds to the normal case with  $T_*/\Delta_0 = 0.5$  (whose only role in the normal state is to set the scale of the horizontal axis). The dotted lines show the low-temperature asymptotics from Eq. (53).

part. In the zero-dimensional limit, it can be described by the quantum circuit theory [35]. The quasiclassical Green's function of the normal metal  $\hat{g}_N^{R/A}$  satisfies the zero-dimensional analog of the Usadel equation [35–38],

$$-i\epsilon[\hat{\tau}_3, \hat{g}_N^{R/A}(\epsilon)] + \Gamma[\hat{g}_S^{R/A}(\epsilon), \hat{g}_N^{R/A}(\epsilon)] = 0, \quad (54)$$

where  $\hat{g}_S^{R/A}(\epsilon)$  is the solution for a homogeneous BCS superconductor given in Eqs. (49) and the first commutator denotes the so-called leakage of coherence [see the inset in Fig. 3].  $\Gamma$  is half of the rate of electron escape from the island into the bulk electrode, related to the tunnel contact conductance  $G$  via  $G = 4e^2 N_0 \mathcal{V} \Gamma$ , where  $\mathcal{V}$  is the island volume, so  $1/(N_0 \mathcal{V})$  is the electronic orbital mean-level spacing in the island.  $\Gamma$  must be small compared to the island Thouless energy  $E_{\text{Th}}$ , defined as the inverse time needed for an electron to cross the

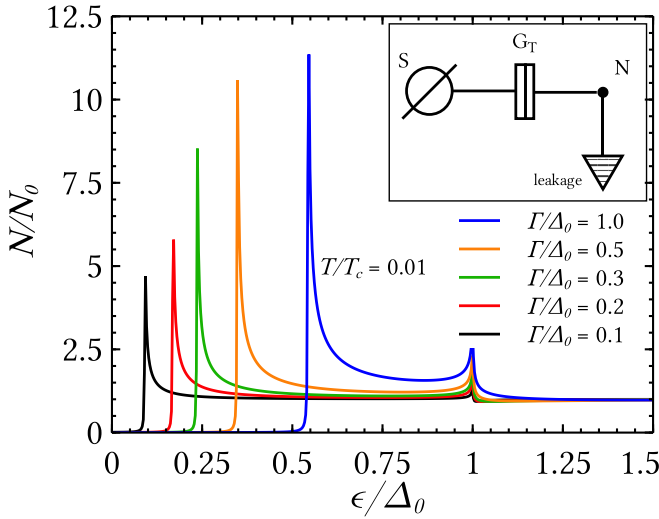


FIG. 3. The density of state  $N(\epsilon)$  in a thin normal metal coupled to a massive superconducting lead via a tunnel contact for several values of  $\Gamma/\Delta_0$ , and temperature  $T/T_c = 0.01$ . The Dynes broadening parameter is  $\eta/\Delta_0 = 10^{-3}$ . The inset shows a schematic view of the structure.

island for the island to be in the zero-dimensional limit; at the same time, we need  $\Gamma \gg 1/(N_0\mathcal{V})$  for the Coulomb blockade effects to be negligible [39]. Equation (54) can also describe a planar structure when both  $\mathcal{V}$  and  $G$  are proportional to the contact area, while  $\Gamma$  is independent of the area; in this geometry, the normal layer thickness  $d$  should be larger than the mean-free path but small enough so the time needed for an electron to travel the distance  $d$  is smaller than  $1/\Gamma$  (see the next subsection for more details).

The solution of Eq. (54) reads

$$\hat{g}_N(\epsilon) = \frac{a\hat{\tau}_3 + b\hat{\tau}_1}{\sqrt{a^2 + b^2}}, \quad (55)$$

$$a \equiv -i\epsilon \left( 1 + \frac{\Gamma}{\sqrt{\Delta^2 - \epsilon^2}} \right), \quad b \equiv \frac{\Gamma\Delta}{\sqrt{\Delta^2 - \epsilon^2}},$$

and the retarded and advanced functions are obtained by substituting  $\epsilon \rightarrow \epsilon \pm i\eta$ , as in the previous subsection. Since Eq. (55) has the same structure as for a bulk superconductor, Eqs. (49), we expect the presence of a minigap in the quasiparticle spectrum [40,41]. This feature is clearly seen in Fig. 3 that shows the density of states (DOS) per unit volume,  $N(\epsilon) = N_0 \text{Re } g_N^R(\epsilon)$  for the temperature  $T/T_c = 0.01$  and several values of  $\Gamma/\Delta_0$ , with a finite Dynes broadening parameter  $\eta/\Delta_0 = 10^{-3}$ . The minigap is narrower than the bulk gap  $\Delta$  and for small  $\Gamma \ll \Delta_0$  it is determined by  $\Gamma$  (see the black line in Fig. 3 that corresponds to  $\Gamma/\Delta_0 = 0.1$ ).

$\mathcal{I}(\omega)$  from Eq. (47) is plotted in Fig. 4(a) for the temperature  $T/T_c = 0.01$  and several values of  $\Gamma$ . Similarly to the bulk superconductor case, it has a gap determined by the minigap in the island DOS, strongly dependent on  $\Gamma$  [see Fig. 4(a)]. For  $\Gamma \ll \Delta_0$ , the gap is approximately  $2\Gamma$  [the black line in Fig. 4(a)]. Since we are at low temperature, the gap is empty. The same function for various temperatures and the  $\Gamma/\Delta_0 = 0.2$  is shown in Fig. 4(b). Again, as in the bulk case,

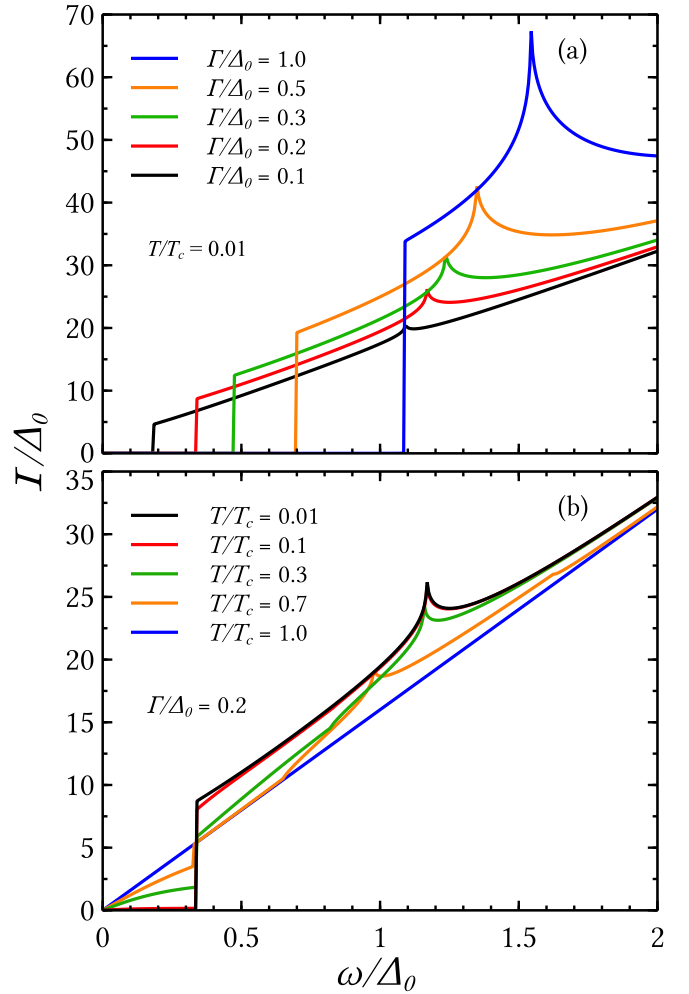


FIG. 4.  $\mathcal{I}(\omega)$  function in a thin normal metal coupled to a massive superconducting lead for (a) different values of  $\Gamma/\Delta_0$ , and temperature  $T/T_c = 0.01$ , (b) different temperatures and  $\Gamma/\Delta_0 = 0.2$ . The broadening parameter  $\eta/\Delta_0 = 10^{-5}$ .

the gap is getting filled toward higher temperatures, finally achieving the normal state at  $T = T_c$ .

Plugging this  $\mathcal{I}(\omega)$  into Eq. (48), one arrives at the thermal conductance  $K(T)$  per unit volume, shown in Fig. 5(a) for various values of  $\Gamma/\Delta_0$ ,  $T^*/\Delta_0 = 1$ , and  $c_t/c_l = 0.5$ . All curves lie between those for the bulk superconductor (the dashed blue line) and the normal state (the dashed violet line) and  $K(T)$  is suppressed toward larger  $\Gamma$ . This clearly follows from the fact that the minigap in the DOS grows with  $\Gamma$ , always remaining smaller than  $\Delta_0$  (Fig. 3). With increasing temperatures, all curves tend toward the normal state which is recovered at  $T = T_c$ . For small  $\Gamma$ , e.g.,  $\Gamma/\Delta_0 = 0.1$ , the minigap is very narrow and this case shows a similar behavior like the normal metal even at low temperatures,  $T/T_c \sim 0.07$  [the black line in Fig. 5(b)]. On the other hand, for  $\Gamma/\Delta_0 = 1.0$  the minigap is quite large (the blue line in Fig. 3), and the behavior of the proximitized metal in this case is similar to the bulk superconductor [the orange line in Fig. 5(a)].

To see the role of  $T^*/\Delta_0$ , we plot  $K(T)$  in Fig. 5(b) for various values of the  $\alpha$  parameter and  $\Gamma/\Delta_0 = 0.2$ ,  $c_t/c_l = 0.5$ . Similarly to the bulk superconductor, increase of  $T^*/\Delta_0$



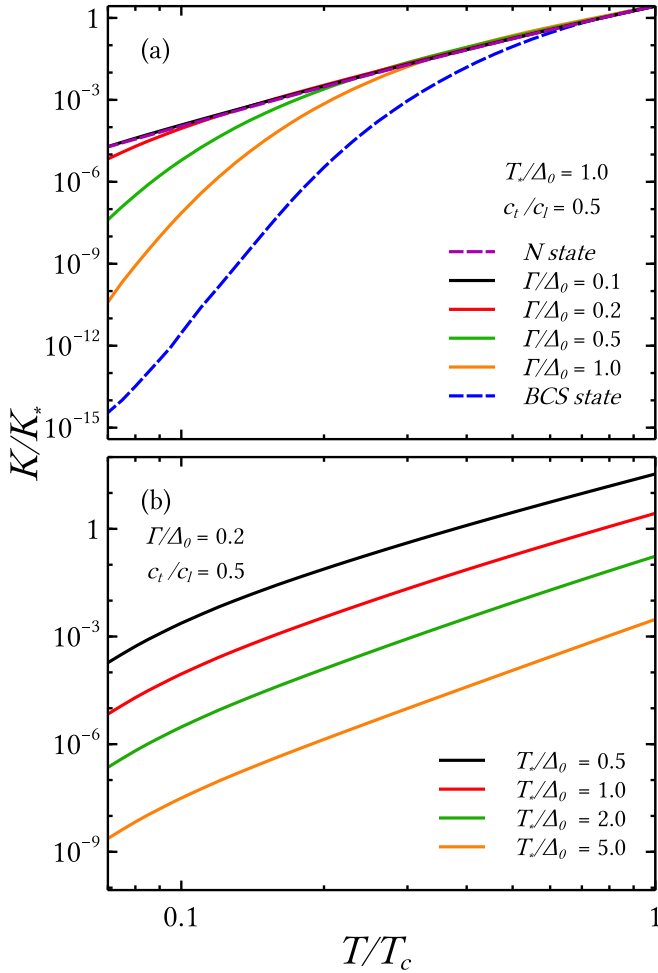


FIG. 5. Electron-phonon thermal conductance per unit volume as a function of temperature  $T$  in a thin normal metal coupled to a massive superconducting lead for  $c_l/c_t = 0.5$  and (a) different values of  $\Gamma/\Delta_0$  and  $T_*/\Delta_0 = 1.0$ , (b) different values of  $T_*/\Delta_0$  and  $\Gamma/\Delta_0 = 0.2$ . The dashed violet and blue lines correspond to the cases of a bulk normal metal and a bulk superconductor, respectively, at  $T_*/\Delta_0 = 1.0$  and  $5.0$  on panels (a) and (b), respectively.

does not change the shape of the curves, but just shifts them downward.

#### D. Thin SN bilayer

Finally, let us consider a thin SN bilayer in the dirty limit  $\Delta_0\tau \ll 1$ , shown schematically in Fig. 6 and described in the corresponding caption. The difference between this geometry and the structure studied in the previous subsection is twofold: (i) both the normal metal and the superconductor are thin and (ii) the contact is not considered in the tunneling limit, i.e., the interface conductance per unit area  $\mathcal{G}$  is a measure of imperfection of the SN interface which would be perfectly transparent in the ideal case with  $\mathcal{G} \rightarrow \infty$ . Both these features lead to the inverse proximity effect in the superconductor that has now to be treated on equal footing with the proximity effect in the normal layer.

The Green's functions for this system were found in Ref. [42]. Assuming the system to be homogeneous in the

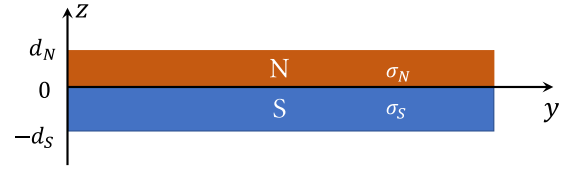


FIG. 6. A schema of a thin SN bilayer consisting of a normal metal (orange) of a thickness  $d_N$  coupled to a superconductor (blue) of a thickness  $d_S$ . The nonideal SN interface is characterized by the electric conductance  $\mathcal{G}$  per unit area, whereas  $\sigma_{N/S}$  denotes the normal state conductivity of the N/S layer material.

plane ( $x, y$  dimensions), we arrive at an one-dimensional problem along the transverse ( $z$ ) direction. Parametrizing the Green's function  $\hat{g}$  by the proximity angle  $\theta$  such that  $\hat{g} = \hat{\tau}_3 \cos \theta + \hat{\tau}_1 \sin \theta$ , we can write the Usadel equation in each of the two materials as [25]

$$\frac{D}{2} \frac{d^2 \theta}{dz^2} = -i\epsilon \sin \theta - \Delta \cos \theta, \quad (56)$$

where  $D = v_F \ell / 3$  is the diffusion coefficient of the corresponding material, and  $\Delta$  is superconducting gap that is nonzero only for  $z < 0$ . In principle  $\Delta$  has to be determined self-consistently for a given geometry, which we neglect here for simplicity. Eq. (56) should be supplemented by the boundary conditions. At the SN interface,  $z = 0$ , we have [43]

$$\sigma_S \frac{d\theta}{dz} \Big|_{z=0^-} = \sigma_N \frac{d\theta}{dz} \Big|_{z=0^+} = \mathcal{G} \sin[\theta(0^+) - \theta(0^-)], \quad (57)$$

where  $\sigma_{N/S} = 2e^2 N_{0,N/S} D_{N/S}$  is the normal state conductivity of the normal metal/superconductor. At the free surfaces,  $z = -d_S, z = d_N$  (Fig. 6), there is no current flow and the boundary conditions are simply  $(d\theta/dz)|_{z=-d_S} = (d\theta/dz)|_{z=d_N} = 0$ .

Assuming the system to be thinner than the superconducting coherence length,  $d_S + d_N \ll \xi \equiv \sqrt{D/\Delta}$ , we can seek the solution in the form

$$\theta(z < 0) = \theta_S + \frac{\theta_S''}{2} (z + d_S)^2 + \dots, \quad (58a)$$

$$\theta(z > 0) = \theta_N + \frac{\theta_N''}{2} (z - d_N)^2 + \dots, \quad (58b)$$

where the second term is small compared to the main one by a factor  $\sim d_{S,N}^2/\xi^2$ , and subsequent terms are even smaller. Then boundary conditions, Eq. (57), lead to the following system of nonlinear equations:

$$\frac{\mathcal{G}}{4e^2 N_{0S} d_S} \sin(\theta_S - \theta_N) = i\epsilon \sin \theta_S + \Delta \cos \theta_S, \quad (59a)$$

$$\frac{\mathcal{G}}{4e^2 N_{0N} d_N} \sin(\theta_S - \theta_N) = -i\epsilon \sin \theta_N. \quad (59b)$$

The retarded and advanced solutions are obtained by shifting  $\epsilon \rightarrow \epsilon \pm i\eta$ . Note that Eq. (59b) has exactly the same form as Eq. (54), with  $\Gamma$  given by the coefficient on the left-hand side of Eq. (59b). When the coefficient on the left-hand side of Eq. (59a) is small compared to  $\Delta$ , that is  $(\mathcal{G}\xi/\sigma_S)(\xi/d_S) \ll 1$ , then  $\theta_S$  is close to its bulk value, and we recover the results of the previous subsection. When  $\Gamma \ll \Delta$ , the relevant energy scale in the normal metal is  $\epsilon \sim \Gamma$ , so the length scale controlling the expansion in Eq. (58b) is  $\sqrt{D/\Gamma}$ , and the condition

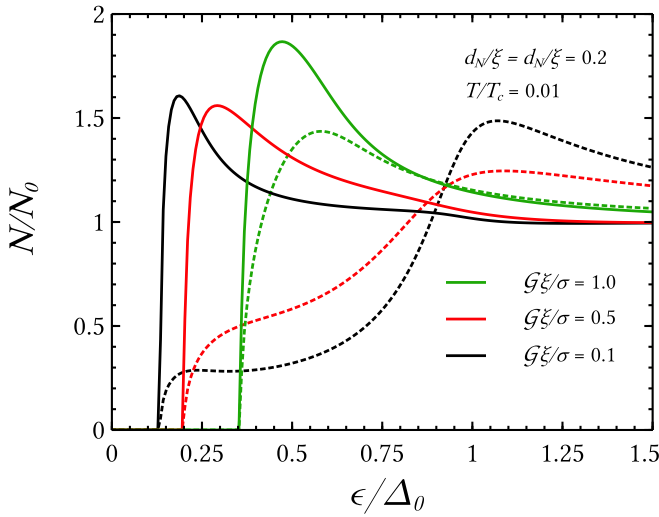


FIG. 7. Local DOS in the normal (solid lines) and superconducting (dotted lines) parts of a thin SN bilayer for various  $\mathcal{G}$ , the equal thicknesses of the layers  $d_N = d_S = 0.2\xi$  and the temperature  $T/T_c = 0.01$ .

$d_N \ll \sqrt{D/\Gamma}$  is equivalent to  $\Gamma \ll E_{\text{Th}} = D/d_N^2$ . In the opposite limit of a thick superconductor,  $d_S \gg \xi$ , the correction to  $\theta_S$  is small and the results of the previous subsection are recovered when  $\mathcal{G}\xi/\sigma_S \ll 1$ .

The local DOS per unit volume can be obtained as  $N(\epsilon, z) = N_0 \text{Re} \cos \theta_N^R(\epsilon, z)$  [in fact, the  $z$  dependence is weak in the regime of the expansion in Eqs. (58)]. We take  $D_N = D_S = D$ ,  $\sigma_N = \sigma_S = \sigma$ ,  $T = 0.01 T_c$ ,  $d_N = d_S = 0.2\xi$ , and plot in Fig. 7  $N(\epsilon, d_N)$  (solid lines) and  $N(\epsilon, -d_S)$  (dotted lines) as a function of energy for various  $\mathcal{G}$ . The main feature, as in all gapped systems, is the minigap which is smaller than  $\Delta_0$  and shrinking as  $\mathcal{G}$  decreases. The spectrum in both  $N$  and  $S$  layers is smeared, due the inverse proximity effect, taken into account here and neglected in the previous subsection. More details on these results can be found in Ref. [42].

Having found the Green's functions, we calculate  $\mathcal{I}(z, \omega)$  from Eq. (47). We plot  $\mathcal{I}(d_N, \omega)$  (solid lines) and  $\mathcal{I}(-d_S, \omega)$  (dotted lines) for different transparencies [controlled by  $\mathcal{G}$ ] of the SN interface [Fig. 8(a)] and different temperatures [Fig. 8(b)], other parameters being the same as in Fig. 7. As before,  $\mathcal{I}(d_N, \omega)$  exhibits a gap that strongly depends on  $\mathcal{G}$ . The edge of the gap is not sharp due to the smeared spectrum previously shown in Fig. 7. Increasing temperature leads to shrinking and filling of the gap until  $T = T_c$ , where we arrive at the normal state in both layers. Plugging  $\mathcal{I}(z, \omega)$  into Eq. (48), we obtain the electron-phonon thermal conductance  $K(T)$  in the normal metal and the superconductor *per unit area* of the structure. In Fig. 9(a), we plot  $K(T)$  on the normal side for various transparencies of the SN interface for  $c_t/c_l = 0.5$ ,  $T_*/\Delta_0 = 1.0$  and other parameters as in Fig. 7. The minigap suppresses the cooling power at low temperatures. With increasing  $\mathcal{G}$  the effect is stronger since the minigap is getting larger. In Fig. 9(b), we present  $K(T)$  on the superconducting side for the same parameters as in Fig. 9(a). As in all superconducting structures, at  $T = T_c$ , all curves converge to the normal state one. Since the minigap is always smaller than

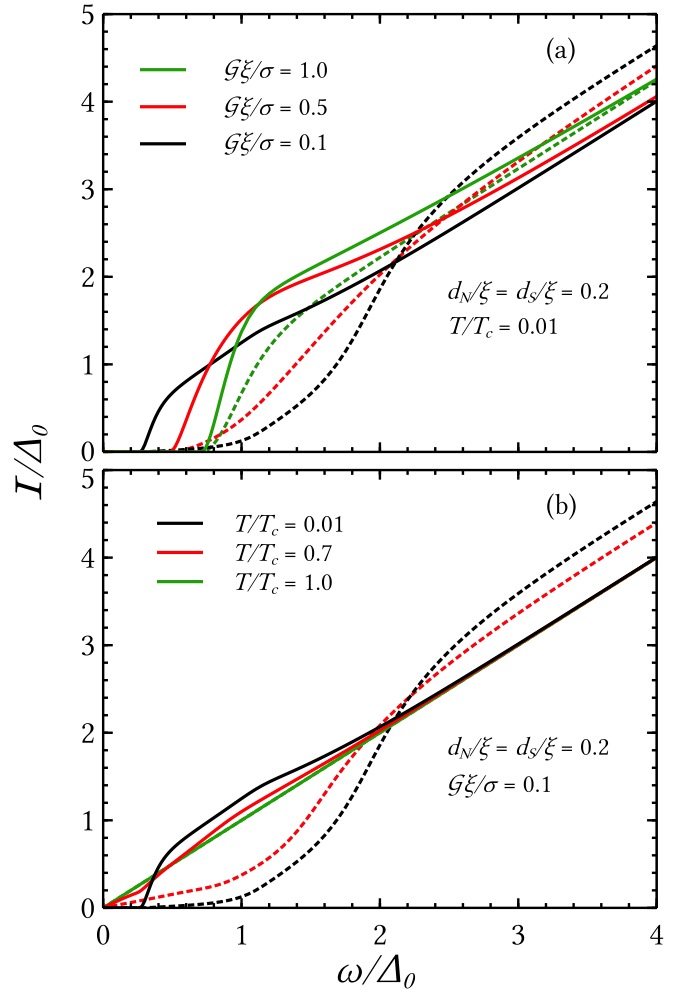


FIG. 8.  $\mathcal{I}(d_N, \omega)$  (solid lines) and  $\mathcal{I}(-d_S, \omega)$  (dotted lines) (a) for different  $\mathcal{G}$  and  $T/T_c = 0.01$ , (b) for various temperatures and  $\mathcal{G}\xi/\sigma = 0.1$ . Other parameters are the same as in Fig. 7.

$\Delta$ , the low-temperature suppression of  $K(T)$  is weaker than in the bulk superconductor case [the dashed orange line in Fig. 9(a,b)] but, depending on  $\mathcal{G}$ , much stronger than in the normal case [the blue line in Figs. 9(a) and 9(b)]. Figure 9(c) shows  $K(T)$  on the normal (solid lines) and the superconducting side (dotted lines) of a thin SN bilayer for various values of  $T_*/\Delta_0$  and the conductance of the SN interface  $\mathcal{G}\xi/\sigma = 0.1$ . As in the previous subsections, increasing  $T_*/\Delta_0$  just shifts the curves downward. One notes that the effect is stronger in the  $S$  region due to the inverse proximity effect visible in Fig. 7.

#### IV. CONCLUSIONS

We have studied electron cooling by phonons in superconducting proximity structures. Using the quasiclassical approximation and perturbation theory in electron-phonon coupling, we obtained a rather general formula for the cooling power and the thermal conductance, Eq. (37), that is applicable to an arbitrary electronic system, even nonequilibrium. We focused on situations when electrons and phonons are in equilibrium among themselves, but have different temperatures.

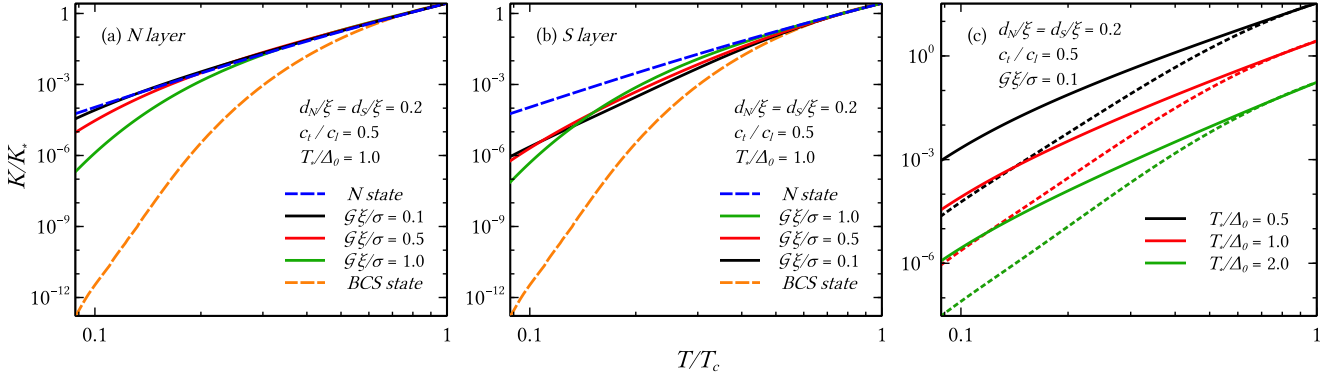


FIG. 9. Electron-phonon thermal conductance per unit area (a) on the normal and (b) superconducting side of a thin SN bilayer as a function of temperature  $T$  for various  $\mathcal{G}$ ,  $c_i/c_l = 0.5$ , and  $T_*/\Delta_0 = 1.0$ . The dashed blue and orange lines correspond to the cases of a bulk normal metal and a bulk superconductor. Panel (c) shows  $K(T)$  per unit area on the normal (solid lines) and the superconducting side (dotted lines) of a thin SN bilayer for various values of  $T_*/\Delta_0$ ,  $c_i/c_l = 0.5$ , and  $\mathcal{G}\xi/\sigma = 0.1$ . Other parameters are the same as in Fig. 7.

In the simple cases of a bulk normal metal and a bulk BCS superconductor, we recovered the previously known results.

Subsequently, we illustrated our theory on two simple geometries of a superconductor-normal metal contact. Due to the presence of a proximity minigap, these heterostructures exhibit a strong suppression of the cooling power at low temperatures which makes them suitable candidates for making quantum thermal detectors. Our theory can serve as a tool for optimizing the structure to improve the detector sensitivity, which could serve as a benchmark for future experiments.

#### ACKNOWLEDGMENTS

We thank Jukka Pekola and Bayan Karimi for numerous useful discussions. D.N. thanks Université Grenoble Alpes and CNRS for hospitality during his visit. This work was funded through the European Union's Horizon 2020 research and innovation program under Marie Skłodowska-Curie actions (Grant No. 766025).

#### APPENDIX A: KELDYSH GREEN'S FUNCTIONS

In the derivation of Eq. (8) based on the Kubo formula, we make use of the contour-ordered Green's function which can be constructed for an arbitrary set of bosonic fields  $\varphi_\alpha(t)$  (the index  $\alpha$  incorporating the spatial coordinates and all other indices) as

$$\check{D}_{\alpha\beta}(t, t') = \begin{pmatrix} D_{\alpha\beta}(t, t') & D_{\alpha\beta}^<(t, t') \\ D_{\alpha\beta}^>(t, t') & \check{D}_{\alpha\beta}(t, t') \end{pmatrix}, \quad (\text{A1a})$$

$$iD_{\alpha\beta}(t, t') = \langle \mathcal{T}\varphi_\alpha(1)\varphi_\beta(1') \rangle, \quad (\text{A1b})$$

$$iD_{\alpha\beta}^<(t, t') = \langle \varphi_\beta(1')\varphi_\alpha(1) \rangle, \quad (\text{A1c})$$

$$iD_{\alpha\beta}^>(t, t') = \langle \varphi_\alpha(1)\varphi_\beta(1') \rangle, \quad (\text{A1d})$$

$$i\check{D}_{\alpha\beta}(t, t') = \langle \check{\mathcal{T}}\varphi_\alpha(1)\varphi_\beta(1') \rangle, \quad (\text{A1e})$$

where  $\mathcal{T}$  ( $\check{\mathcal{T}}$ ) denotes chronological (antichronological) time ordering. These functions are not independent and by performing the Larkin-Ovchinnikov rotation [44],  $\check{D} \rightarrow \check{L}\check{\tau}_3\check{D}\check{L}^\dagger$  with  $\check{L} = (1 - i\check{\tau}_2)/\sqrt{2}$  and  $\check{\tau}_2$  being the second Pauli matrix, we pass to the so-called Keldysh space, obtaining

$$\check{D}_{\alpha\beta}(t, t') = \begin{pmatrix} D_{\alpha\beta}^R(t, t') & D_{\alpha\beta}^K(t, t') \\ 0 & D_{\alpha\beta}^A(t, t') \end{pmatrix}. \quad (\text{A2})$$

The newly introduced functions satisfy the following relations [ $\theta(t)$  being the Heaviside step function]:

$$D_{\alpha\beta}^R(t, t') = \theta(t - t') [D_{\alpha\beta}^>(t, t') - D_{\alpha\beta}^<(t, t')], \quad (\text{A3})$$

$$D_{\alpha\beta}^A(t, t') = \theta(t' - t) [D_{\alpha\beta}^<(t, t') - D_{\alpha\beta}^>(t, t')], \quad (\text{A4})$$

$$D_{\alpha\beta}^K(t, t') = D_{\alpha\beta}^>(t, t') + D_{\alpha\beta}^<(t, t'), \quad (\text{A5})$$

which are used to derive Eq. (8) from Eq. (7).

#### APPENDIX B: CALCULATION OF THE $\mathcal{Y}_\lambda(q\ell)$ FACTORS

The factors  $\mathcal{Y}_\lambda(q\ell)$  coming from angular averages that are given by

$$\mathcal{Y}_\lambda(q\ell) = \left\langle \frac{\Phi_\lambda(\mathbf{n})}{1 + \ell^2(\mathbf{q}\mathbf{n})^2} \right\rangle_{\mathbf{n}}^2 \left( 1 - \left\langle \frac{1}{1 + \ell^2(\mathbf{q}\mathbf{n})^2} \right\rangle_{\mathbf{n}} \right)^{-1} + \left\langle \frac{\Phi_\lambda^2(\mathbf{n})}{1 + \ell^2(\mathbf{q}\mathbf{n})^2} \right\rangle_{\mathbf{n}}, \quad (\text{B1})$$

where  $\langle \dots \rangle_{\mathbf{n}}$  denotes averaging over the directions of the Fermi velocity and  $\Phi_\lambda(\mathbf{n})$  are given in Eq. (32). Evaluation of the angular averages gives

$$\left\langle \frac{1}{1 + \ell^2(\mathbf{q}\mathbf{n})^2} \right\rangle_{\mathbf{n}} = \frac{\arctan q\ell}{q\ell},$$

$$\left\langle \frac{(\mathbf{q}\mathbf{n})^2/q^2 - 1/3}{1 + \ell^2(\mathbf{q}\mathbf{n})^2} \right\rangle_{\mathbf{n}} = \frac{q\ell - (1 + q^2\ell^2/3)\arctan q\ell}{q^3\ell^3},$$

$$\left\langle \frac{[(\mathbf{qn})^2/q^2 - 1/3]^2}{1 + \ell^2(\mathbf{qn})^2} \right\rangle_{\mathbf{n}} = \frac{(1 + q^2\ell^2/3)^2}{(q\ell)^5} \arctan q\ell - \frac{1 + q^2\ell^2/3}{(q\ell)^4} \left\langle \frac{(\mathbf{e}_{\tau\kappa}\mathbf{n})(\mathbf{qn})/q}{1 + \ell^2(\mathbf{qn})^2} \right\rangle_{\mathbf{n}} = 0,$$

$$\mathcal{Y}_l(q\ell) = -\frac{q\ell - (1 + q^2\ell^2/3) \arctan q\ell}{3q^2\ell^2(q\ell - \arctan q\ell)}, \quad (\text{B2a})$$

$$\mathcal{Y}_{l_1, l_2}(q\ell) = \left\langle \frac{(\mathbf{e}_{\tau\kappa}\mathbf{n})^2(\mathbf{qn})^2/q^2}{1 + \ell^2(\mathbf{qn})^2} \right\rangle_{\mathbf{n}} =$$

$$= \frac{q\ell(1 + 2q^2\ell^2/3) - (1 + q^2\ell^2) \arctan q\ell}{2q^5\ell^5}. \quad (\text{B2b})$$

Note that these integrals are the same for a normal metal and a superconductor, and  $\mathcal{Y}_l(q\ell)$  are in agreement with Ref. [12]. The asymptotic behavior is

$$\mathcal{Y}_l(q\ell \rightarrow 0) = \frac{4}{45} + O(q^2\ell^2), \quad (\text{B3a})$$

$$\mathcal{Y}_l(q\ell \rightarrow \infty) = \frac{\pi}{18q\ell} + O(q^{-2}\ell^{-2}), \quad (\text{B3b})$$

$$\mathcal{Y}_{l_1, l_2}(q\ell \rightarrow 0) = \frac{1}{15} + O(q^2\ell^2), \quad (\text{B3c})$$

$$\mathcal{Y}_{l_1, l_2}(q\ell \rightarrow \infty) = \frac{1}{3q^2\ell^2} + O(q^{-3}\ell^{-3}). \quad (\text{B3d})$$

- 
- [1] F. Giazotto, T. T. Heikkilä, A. Luukanen, A. M. Savin, and J. P. Pekola, Opportunities for mesoscopies in thermometry and refrigeration: Physics and applications, *Rev. Mod. Phys.* **78**, 217 (2006).
- [2] M. D. Eisaman, J. Fan, A. Migdall, and S. V. Polyakov, Invited review article: Single-photon sources and detectors, *Rev. Sci. Instrum.* **82**, 071101 (2011).
- [3] J. P. Pekola, P. Solinas, A. Shnirman, and D. V. Averin, Calorimetric measurement of work in a quantum system, *New J. Phys.* **15**, 115006 (2013).
- [4] B. Karimi, F. Brange, P. Samuelsson, and J. P. Pekola, Reaching the ultimate energy resolution of a quantum detector, *Nat. Commun.* **11**, 367 (2020).
- [5] J. P. Pekola and B. Karimi, Quantum noise of electron-phonon heat current, *J. Low Temp. Phys.* **191**, 373 (2018).
- [6] V. F. Gantmakher, The experimental study of electron-phonon scattering in metals, *Rep. Prog. Phys.* **37**, 317 (1974).
- [7] M. L. Roukes, M. R. Freeman, R. S. Germain, R. C. Richardson, and M. B. Ketchen, Hot Electrons and Energy Transport in Metals at Millikelvin Temperatures, *Phys. Rev. Lett.* **55**, 422 (1985).
- [8] F. C. Wellstood, C. Urbina, and J. Clarke, Hot-electron effects in metals, *Phys. Rev. B* **49**, 5942 (1994).
- [9] P. J. Price, Hot electrons in a GaAs heterolayer at low temperature, *J. Appl. Phys.* **53**, 6863 (1982).
- [10] A. B. Pippard, Ultrasonic attenuation in metals, *Philos. Mag.* **46**, 1104 (1955).
- [11] D. Belitz, Electron-phonon interaction, ultrasonic attenuation, and Eliashberg function  $\alpha^2F$  in impure metals, *Phys. Rev. B* **36**, 2513 (1987).
- [12] A. Schmid, Electron-phonon interaction in an impure metal, *Z. Phys.* **259**, 421 (1973).
- [13] M. Yu Reizer and A. V. Sergeev, Electron-phonon interaction in impure metals and superconductors, *Zh. Exp. Theor. Fiz.* **90**, 1056 (1986) [*Sov. Phys. JETP* **63**, 616 (1986)].
- [14] M. Yu. Reizer and A. V. Sergeev, The effect of the electron-phonon interaction of the conductivity of impure metals, *Zh. Eksp. Teor. Fiz.* **92**, 2291 (1987) [*Sov. Phys. JETP* **65**, 1291 (1987)].
- [15] V. I. Yudson and V. E. Kravtsov, Electron kinetics in isolated mesoscopic rings driven out of equilibrium, *Phys. Rev. B* **67**, 155310 (2003).
- [16] M. E. Gershenson, D. Gong, T. Sato, B. S. Karasik, and A. V. Sergeev, Millisecond electron-phonon relaxation in ultrathin disordered metal films at millikelvin temperatures, *App. Phys. Lett.* **79**, 2049 (2001).
- [17] A. Savin, J. Pekola, M. Prunnila, J. Ahopelto and P. Kivinen, Electronic cooling and hot electron effects in heavily doped silicon-on-insulator film, *Phys. Scr.* **2004**, 57 (2004).
- [18] T. Tsuneto, Ultrasonic attenuation in superconductors, *Phys. Rev.* **121**, 402 (1960).
- [19] A. V. Shtyk, M. V. Feigel'man, and V. E. Kravtsov, Magnetic Field-Induced Giant Enhancement of Electron-Phonon Energy Transfer in Strongly Disordered Conductors, *Phys. Rev. Lett.* **111**, 166603 (2013).
- [20] A. V. Shtyk and M. V. Feigel'man, Ultrasonic attenuation via energy diffusion channel in disordered conductors, *Phys. Rev. B* **92**, 195101 (2015).
- [21] Y. Savich, L. Glazman, and A. Kamenev, Quasiparticle relaxation in superconducting nanostructures, *Phys. Rev. B* **96**, 104510 (2017).
- [22] T. T. Heikkilä and F. Giazotto, Phase sensitive electron-phonon coupling in a superconducting proximity structure, *Phys. Rev. B* **79**, 094514 (2009).

- [23] L. V. Keldysh, Diagram technique for nonequilibrium processes, *Zh. Eksp. Teor. Fiz.* **47**, 1515 (1964) [*Sov. Phys. JETP* **20**, 1018 (1965)].
- [24] A. I. Larkin and Yu. N. Ovchinnikov, Quasiclassical method in the theory of superconductivity, *Zh. Eksp. Teor. Fiz.* **55**, 2262 (1968) [*Sov. Phys. JETP* **28**, 1200 (1969)].
- [25] W. Belzig, F. K. Wilhelm, C. Bruder, G. Schön, and A. D. Zaikin, Quasiclassical Green's function approach to mesoscopic superconductivity, *Superlattices Microstruct.* **25**, 1251 (1999).
- [26] G. Eilenberger, Transformation of Gorkov's equation for type II superconductors into transport-like equations, *Z. Phys.* **214**, 195 (1968).
- [27] B. N. Narozhny, I. L. Aleiner, and B. L. Altshuler, Theory of interaction effects in normal-metal-superconductor junctions out of equilibrium, *Phys. Rev. B* **60**, 7213 (1999).
- [28] K. D. Usadel, Generalized Diffusion Equation for Superconducting Alloys, *Phys. Rev. Lett.* **25**, 507 (1970).
- [29] H. Pothier, S. Gueron, N. O. Birge, D. Esteve, and M. H. Devoret, Energy Distribution Function of Quasiparticles in Mesoscopic Wires, *Phys. Rev. Lett.* **79**, 3490 (1997).
- [30] L. D. Landau and E. M. Lifshitz, *Theory of Elasticity*, Course of Theoretical Physics, Vol. 7 (Pergamon Press, Oxford, 1970), Sec. 22.
- [31] J. Rammer and H. Smith, Quantum field-theoretical methods in transport theory of metals, *Rev. Mod. Phys.* **58**, 323 (1986).
- [32] R. C. Dynes, V. Narayanamurti, and J. P. Garno, Direct Measurement of Quasiparticle-Lifetime Broadening in a Strongly-Coupled Superconductor, *Phys. Rev. Lett.* **41**, 1509 (1978).
- [33] R. C. Dynes, J. P. Garno, G. B. Hertel, and T. P. Orlando, Tunneling Study of Superconductivity Near the Metal-Insulator Transition, *Phys. Rev. Lett.* **53**, 2437 (1984).
- [34] B. Mühlshlegel, Die thermodynamischen Funktionen des Supraleiters, *Z. Phys.* **155**, 313 (1959).
- [35] Yu. V. Nazarov, Novel circuit theory of Andreev reflection, *Superlattices and Microstruct.* **25**, 1221 (1999).
- [36] J. Börlin, W. Belzig, and C. Bruder, Full Counting Statistics of a Superconducting Beam Splitter, *Phys. Rev. Lett.* **88**, 197001 (2002).
- [37] J. P. Morten, A. Brataas, and W. Belzig, Circuit theory of crossed Andreev reflection, *Phys. Rev. B* **74**, 214510 (2006).
- [38] The zero-dimensional Usadel equation in Refs. [36,37] contains a term, nonlinear in  $\hat{g}_N$ . This term can be neglected when the transmission  $\mathcal{T}$  of each conduction channel in the contact is small compared to unity. For an island of area  $\mathcal{A}$ , thickness  $d$ , and volume  $\mathcal{V} \sim \mathcal{A}d$ , the number of conduction channels is  $\sim p_F^2 \mathcal{A}$ , the tunnel conductance of the contact  $G \sim p_F^2 \mathcal{A} \mathcal{T} (e^2/\hbar)$ , and the escape rate  $\Gamma \sim p_F^2 \mathcal{A} \mathcal{T} / (N_0 \mathcal{V})$ . The condition  $\mathcal{T} \ll 1$  translates into  $\Gamma \ll p_F^2 \mathcal{A} / (N_0 \mathcal{V})$  which is satisfied automatically when  $\Gamma \ll E_{\text{Th}}$ , the Thouless energy,  $E_{\text{Th}} \sim \min\{D/d^2, v_F/d\}$  with  $D = v_F \ell / 3$  being the diffusion coefficient. Indeed,  $v_F/d \ll p_F^2 / N_0$  as soon as  $d \gg p_F^{-1}$ .
- [39] I. L. Aleiner, P. W. Brouwer, and L. I. Glazman, Quantum effects in Coulomb blockade, *Phys. Rep.* **358**, 309 (2002).
- [40] W. Belzig, C. Bruder, and G. Schön, Local density of states in a dirty normal metal connected to a superconductor, *Phys. Rev. B* **54**, 9443 (1996).
- [41] E. Scheer, W. Belzig, Y. Naveh, M. H. Devoret, D. Esteve, and C. Urbina, Proximity Effect and Multiple Andreev Reflections in Gold Atomic Contacts, *Phys. Rev. Lett.* **86**, 284 (2001).
- [42] Ya. V. Fominov and M. V. Feigel'man, Superconductive properties of thin dirty superconductor-normal-metal bilayers, *Phys. Rev. B* **63**, 094518 (2001).
- [43] M. Yu. Kuprianov and V. F. Lukichev, Influence of boundary transparency on the critical current of "dirty" SS'S structures, *Zh. Eksp. Teor. Fiz.* **94**, 139 (1988) [*Sov. Phys. JETP* **67**, 1163 (1988)].
- [44] A. I. Larkin and Y. N. Ovchinnikov, Nonlinear conductivity of superconductors in the mixed state, *Zh. Eksp. Teor. Fiz.* **68**, 1915 (1975) [*Sov. Phys. JETP* **41**, 960 (1976)].