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Three-dimensional electron-hole superfluidity in a superlattice close to room temperature

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Although there is strong theoretical and experimental evidence for electron-hole superfluidity in separated sheets of electrons and holes at low T, extending superfluidity to high T is limited by strong two-dimensional fluctuations and Kosterlitz-Thouless effects. We show this limitation can be overcome using a superlattice of alternating electron- and hole-doped semiconductor monolayers. The superfluid transition in a three-dimensional superlattice is not topological, and for strong electron-hole pair coupling, the transition temperature T_c can be at room temperature. As a quantitative illustration, we show T_c can reach 270 K for a superfluid in a realistic superlattice of transition metal dichalcogenide monolayers.

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It was predicted half a century ago that bound pairs of electrons and holes (excitons) in a semiconductor should quantum condense at low temperatures [1]. To prevent fast electron-hole (e-h) recombination, the electrons and holes can be confined in two spatially separated two-dimensional (2D) layers [2]. At atomically small layer separations, the attractive Coulomb interaction is strong and e-h binding energies in excess of 1000 K have been demonstrated [3]. Under appropriate conditions, these indirect excitons are predicted to form a superfluid condensate with a large energy gap [4,5]. Enhanced tunneling has been observed in e-h double bilayers [6] at transition temperatures $T_c \sim 1$ K. Such enhancement of tunneling is a strong indication of superfluidity or Bose-Einstein condensation (BEC) [7]. A dramatic increase in T_c was recently reported with the observation of enhanced tunneling up to $T_c \sim 100 \text{ K}$ in a double-monolayer transition metal dichalcogenide (TMD) heterostructure [8,9], in good agreement with recent predictions [10].

One might reasonably expect that the transition temperature could be further increased up to the limit set by the large pair binding energies \sim 1000 K and the large superfluid gaps \gg 300 K. However, any further increase of the transition temperature in these quasi-2D systems is blocked by the Mermin-Wagner theorem [11,12]. Thus the maximum transition temperature is not limited by the e-h binding energy or superfluid gap, but by a Berezinskii-Kosterlitz-Thouless (BKT) topological transition [13]. The transition temperature T^{BKT} is proportional to the carrier density, so it does not increase with coupling strength. Increasing T^{BKT} by increasing the density is not possible, because strong screening of the e-h Coulomb interactions at high densities kills the superfluidity [5,14].

Here, we overcome the restrictions associated with Mermin-Wagner and exploit the strong e-h coupling, by considering superfluidity in a three-dimensional (3D) superlattice, consisting of a stack of alternating electron and hole monolayers. In a 3D system, strong e-h coupling and the associated large superfluid gaps can lead to superfluid transitions at room temperature. We focus specifically on a superlattice of alternating electron-doped and hole-doped monolayers of the transition metal dichalcogenides $n\text{-WS}_2$ and $p\text{-WSe}_2$, but the approach would work for other systems of stacked e-h 2D layers. We note there are already many examples of superlattice-based superconductors [15], including the high- T_c cuprates [16,17].

Figure 1(a) schematically shows the infinite superlattice of alternating n- and p-doped monolayers of two different TMDs, indicated by green and black lines. Within each monolayer, a layer of W transition metal atoms is sandwiched between two layers of S or Se chalcogen atoms. We consider an AA stacked superlattice of WS2 and WSe2 monolayers, with the tungsten atoms horizontally aligned, and the chalcogen atoms horizontally aligned [3]. For this stacking, the superlattice has a direct band gap [18]. Electrons and holes generated by the alternate n and p doping of the monolayers form bound pairs. The WS₂/WSe₂ band alignment is type II, which keeps the electrons and the holes spatially separated in their monolayers. This ensures long lifetimes for the interlayer excitons: in a related double-monolayer MoSe₂/WSe₂ system, optically generated interlayer excitons with lifetimes ~1.8 ns have been observed [19]. Since we consider external doping and since the spins of the lowest-energy electrons and holes are opposite (see below), the lifetimes in our system should be an order of magnitude longer than this. Radiative recombination can become relevant at high temperatures and densities, but we find, by considering the interlayer coupling to first order perturbation theory, that the optical transition matrix element for our 3D system is only 1.3 times larger

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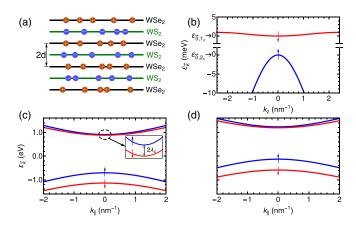


FIG. 1. (a) Schematic illustration of the WS₂/WSe₂ heterostructure superlattice of periodicity 2d, of alternating monolayers of the two different TMDs, one type n doped (green lines) and the other p doped (black lines). (b) Lowest conduction band and highest valence band of the superlattice as a function of k_z , expressed relative to the center of the K valley. Blue and red bands are spin-up and spin-down bands, respectively. For the K' valley, the spins are reversed. (c) Bands predominantly associated with WS₂ as a function of k_{\parallel} . Inset shows a close-up of the two spin-split WS₂ conduction bands, separated by $2\lambda_c = 27$ meV. (d) Bands predominantly associated with WSe₂ as a function of k_{\parallel} .

than that for the corresponding 2D system, thus ensuring sufficiently long exciton lifetimes.

We use a hybrid continuum tight-binding approach to determine the band structure of the superlattice. The lowenergy Hamiltonian for the superlattice is given in Eqs. (S1)– (S3) of the Supplemental Material [20]. The energy spectrum shown in Figs. 1(b)-1(d) and the corresponding eigenstates are obtained by numerically solving the eigenvalue equation of the 4×4 Hamiltonian, Eq. (S1). For a given spin and valley quantum number, the single-particle eigenstate for energy band β is $|\psi_{\vec{k},\beta}\rangle$. For the WS₂ monolayer conduction band, we need consider only the lowest conduction band, with spin down (up) for the K(K') valley [see Fig. 1(c)], since the band above will start to fill only for $T \gtrsim 300$ K. We label the corresponding superlattice band $\beta = 1_c$, referring to the dominant component in Eq. (S1). Similarly, for the valence band of the WSe₂ monolayer, the very large spin splitting means that we need consider only the highest valence band, with spin up (down) for the K(K') valley. We label the corresponding superlattice band $\beta = 2_{\nu}$. Because of the spin polarization in the valleys, the number of flavors for the electrons and holes comes only from the valley degeneracy, $g_v = 2$. Figure 1(b) shows the lowest conduction band and highest valence band of the WS₂/WSe₂ heterostructure superlattice as a function of the perpendicular wave vector component k_z , expressed relative to the center of the K valley. Blue and red bands are spin-up and spin-down bands, respectively. For the K' valley, the spins are reversed. Figures 1(c) and 1(d) show the bands associated predominantly with WS₂ and WSe₂, respectively, as a function of the in-plane wave vector component k_{\parallel} , again relative to the *K* valley.

We will evaluate the bare Coulomb interaction matrix elements $\langle \psi_{\vec{k}',\alpha'}\psi_{\vec{k}',\beta'}|V|\psi_{\vec{k},\alpha}\psi_{\vec{k},\beta}\rangle$ for e-h scattering between the $|\psi_{\vec{k},\beta}\rangle$ eigenstates of the superlattice, with V(r)=

 $-e^2/(4\pi\varepsilon_r\varepsilon_0 r)$. The dielectric constant ε_r accounts for static screening effects of both ions and the filled valence bands. For bulk WS₂ $\varepsilon_r = \sqrt{\varepsilon_z \varepsilon_{\parallel}} = 9.9$, and for WSe₂ $\varepsilon_r = 11.2$ [21]. In the limit of no hybridization between the different TMD types, the system would effectively consist of two decoupled bulk TMDs with an interlayer distance twice that of their normal bulk forms. It is shown in Ref. [22] that the dielectric constant of MoS₂ is approximately halved when the interlayer distance is doubled. For the WS₂/WSe₂ superlattice, we therefore take as the value of the dielectric constant for the heterostructure superlattice $\varepsilon_r = 5.5$, half of the average of the two bulk TMDs. While the Keldysh potential [23] applies for monolayer TMDs, here the nature of the interactions in $\langle \psi_{\vec{\kappa}',\alpha'} \psi_{\vec{k}',\beta'} | V | \psi_{\vec{\kappa},\alpha} \psi_{\vec{k},\beta} \rangle$ is 3D and the average interparticle distances for the densities we are considering are much larger than the small distance between layers.

The interaction between electrons and holes from the same type TMD monolayers is given by [24,25]

$$V^{(0)}(\boldsymbol{q}_{\parallel}, q_{z}) = \frac{-e^{2}}{4\pi\varepsilon_{r}\varepsilon_{0}NA} \frac{2\pi}{q_{\parallel}} \left[\frac{\sinh(2q_{\parallel}d)}{\cosh(2q_{\parallel}d) - \cos(2q_{z}d)} \right]$$
(1)

(for details see discussion in the Supplemental Material [20]). Equation (1) passes between the correct 2D and 3D limits (see Fig. S1). In the limit $d \to \infty$, the rightmost term is equal to unity, and we recover the 2D interaction potential for N layers of surface area A. In the limit $d \to 0$, a Taylor expansion of the trigonometric functions transforms the rightmost term to $2q_{\parallel}/[2d(q_{\parallel}^2+q_z^2)]$, thus recovering the 3D interaction potential for volume (AN2d).

For electrons and holes from different type TMD monolayers, we find that the interaction is

$$V^{(d)}(\boldsymbol{q}_{\parallel}, q_{z}) = \frac{-e^{2}}{4\pi \varepsilon_{r} \varepsilon_{0} NA} \frac{2\pi}{q_{\parallel}} \left[\frac{2 \sinh(q_{\parallel}d) \cos(q_{z}d)}{\cosh(2q_{\parallel}d) - \cos(2q_{z}d)} \right]. \tag{2}$$

In the limit $d \to 0$, Eq. (2) reduces to the standard 3D interaction potential, while the limit $d \to \infty$ introduces the familiar factor $2e^{-q_{\parallel}d}$.

When evaluating $\langle \psi_{\vec{k}',\alpha'} \psi_{\vec{k}',\beta'} | V | \psi_{\vec{k},\alpha} \psi_{\vec{k},\beta} \rangle$, it suffices to consider the dominant intraband interactions: $\alpha = \alpha' = 1_c$ and $\beta = \beta' = 2_v$ because of the large energy band gaps. For the superfluid calculations, e-h pairs with zero center-of-mass momentum are required for which the interaction is

$$\langle \psi_{-\vec{k}',\alpha=1_{c}} \psi_{\vec{k}',\beta=2_{v}} | V | \psi_{-\vec{k},\alpha=1_{c}} \psi_{\vec{k},\beta=2_{v}} \rangle
= F_{\vec{k},\alpha;\vec{k}',\beta}^{(H)} V^{(0)}(\boldsymbol{q}_{\parallel},q_{z}) + F_{\vec{k},\alpha;\vec{k}',\beta}^{(0)} V^{(d)}(\boldsymbol{q}_{\parallel},q_{z}),$$
(3)

with $\vec{q} = \vec{k} - \vec{k}'$. We represent 2D vectors in the *x-y* space of the monolayer planes as k_{\parallel} , and vectors in 3D space as $\vec{k} \equiv (\mathbf{k}_{\parallel}, k_z)$. The form factors $F_{\vec{k}, \alpha; \vec{k}', \beta}^{(H)}$ and $F_{\vec{k}, \alpha; \vec{k}', \beta}^{(0)}$ are given in Eqs. (S7) of the Supplemental Material [20].

Equation (3) expresses the property that, due to the hybridization between the bands of the different type monolayers, there is a small intralayer contribution to the e-h potential. This is because, while the electrons and holes in the hybridized bands are mostly in opposite layers, there is a small

probability they will be in the same layer. At large momentum exchange q_{\parallel} , the potential is dominated by 2D interactions between same type TMDs, $V^{(0)}(q_{\parallel},q_z)$, while at small q_{\parallel} , the total interaction potential in Eq. (3) is dominated by 3D interactions between different type TMDs, $V^{(d)}(q_{\parallel},q_z)$ (see Fig. S1 in the Supplemental Material [20]). It is interesting to note that since pairing by the screened Coulomb attraction is primarily generated by two-particle scattering processes with small momentum exchange, pair formation is 3D in character.

Our interacting Hamiltonian for electrons and holes in the superlattice is

$$\begin{split} \mathcal{H} &= \sum_{\vec{k}} \left(\varepsilon_{\vec{k},1_c} - \mu_e \right) c_{\vec{k},1_c}^{\dagger} c_{\vec{k},1_c} + \left(-\varepsilon_{\vec{k},2_v} - \mu_h \right) d_{\vec{k},2_v}^{\dagger} d_{\vec{k},2_v} \\ &+ \sum_{\vec{k}\vec{k}'} \psi_{-\vec{k}',1_c} \psi_{\vec{k}',2_v} \big| V \big| \psi_{-\vec{k},1_c} \psi_{\vec{k},2_v} \big\rangle c_{-\vec{k}',1_c}^{\dagger} d_{\vec{k}',2_v}^{\dagger} d_{\vec{k},2_v} c_{-\vec{k},1_c}. \end{split}$$

We make the standard transformation for the holes in the valence band to positively charged particles with positive energies, so the chemical potentials μ_e and μ_h in the monolayers are both positive. $c_{\vec{k},1_c}^{\dagger}$ and $c_{\vec{k},1_c}(d_{\vec{k},2_v}^{\dagger})$ and $d_{\vec{k},2_v}$ are the creation and destruction operators for the electrons (holes).

We use a self-consistent mean-field approach to determine the superfluid gap $\Delta(\vec{k})$ at zero temperature. To calibrate this approach, it has been tested against a full diffusion quantum Monte Carlo calculation for a 2D double-layer system [26]. The results for $\Delta(\vec{k})$ were found to be in excellent agreement.

In our 3D system, the zero-temperature $\Delta(\vec{k})$ is the self-consistent solution of

$$\Delta(\vec{k}) = -\sum_{\vec{k}'} V^{RPA}(\vec{k}, \vec{k}') \frac{\Delta(\vec{k}')}{2E_{\vec{k}'}},$$
 (5)

where $E_{\vec{k}} = \sqrt{\xi_{\vec{k}}^2 + \Delta_{\vec{k}}^2}$, with $\xi_{\vec{k}} = \frac{1}{2}(\varepsilon_{\vec{k},1_c} - \varepsilon_{\vec{k},2_v}) - \mu$. We evaluate Eq. (5) at a fixed value of the average chemical potential $\mu = \frac{1}{2}(\mu_e + \mu_h)$. The terms in the summation over k'_{\parallel} are non-negligible only at low energies, but the summation over k'_z has significant contributions across the full Brillouin zone, i.e., between $\pm \pi/2d$. $V^{RPA}(\vec{k}, \vec{k}')$ is the self-consistent RPA screened e-h interaction in the superflattice in the presence of the superfluid. The screening is due to the polarization of the electron and hole densities and the superfluid condensate [5]. The expression for $V^{RPA}(\vec{k}, \vec{k}')$ is given by Eq. (S8) in the Supplemental Material [20].

For given values of the chemical potentials μ_e and μ_h , the 3D electron and hole densities are given by

$$n = \frac{g_v}{AN2d} \sum_{\vec{k}} (v_{\vec{k}})^2.$$
 (6)

Note even though we set electron and hole densities n equal, $\mu_e \neq \mu_h$ because of the unequal effective masses.

Figure 2(a) shows the zero-temperature Δ^{max} , the maximum of the momentum-dependent superfluid gap $\Delta(\vec{k})$ [Eq. (5)], as a function of the 3D electron and hole densities n. For reference the top axis shows an effective 2D carrier density, defined as $n_{\text{2D}} = 2dn$. At large densities, Coulomb

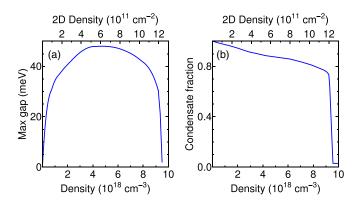


FIG. 2. (a) Maximum superfluid gap Δ^{\max} as a function of equal electron and hole densities n. Top axis shows effective 2D density n_{2D} . (b) Condensate fraction \mathcal{C} .

screening suppresses the superfluidity. Below an onset density n_0 , large gap superfluidity self-consistently weakens the screening sufficiently for superfluidity to appear. As the density is further decreased, Δ^{\max} increases to a maximum value of 48 meV (560 K), and then decreases. Note that even for very small values of n, Δ^{\max} remains in excess of 10 meV (120 K). These large values of Δ^{\max} reflect the strong e-h Coulomb pairing interaction. Figure 2(b) shows the condensate fraction \mathcal{C} that determines the density range for the BCS, BCS-BEC crossover, and BEC regimes [see Eq. (S11) of the Supplemental Material [20]].

At high densities at weak coupling, the superfluid transition temperature T_c can be determined from the mean-field BCS equations, Eqs. (5) and (6), generalized to finite temperatures.

As the density is lowered, we enter the BCS-BEC crossover regime. With the increased pairing strength, the chemical potential μ must drop below the Fermi energy E_F to keep the density fixed. This drop incorporates a large part of the effect of the fluctuations that build up as the crossover regime is penetrated. Although within the crossover regime the T_c determined from the generalized Eqs. (5) and (6) using the self-consistent μ starts to overestimate the actual transition temperature, this overestimate is expected to be \lesssim 20% across the full crossover regime [27,28]. For example, for ultracold fermions, the simplest non-self-consistent t-matrix approach overestimates the T_c obtained by quantum Monte Carlo (QMC) simulations by only ~20% at unitarity in the crossover regime (Fig. 3 of Ref. [28]). In this t-matrix approach, the sole ingredient entering the T_c calculation is the renormalization of the chemical potential.

In the self-consistent screening, we retain the superfluid gap at zero T, since the pseudogap arising from the pair fluctuations should remain of the order of $\Delta(T=0)$ in the intermediate coupling regime [29], and so to a large extent the low-lying excited states will continue to be excluded from the screening excitations, suppressing the detrimental Coulomb screening. In this way we take into account a major part of the fluctuation effects that renormalize T_c to lower values, by incorporating a large part of the fluctuations through the reduction of the chemical potential and through the development of the pseudogap.

This effective mean-field approach to determine the superfluid T_c is robust against fluctuation-driven suppression of T_c

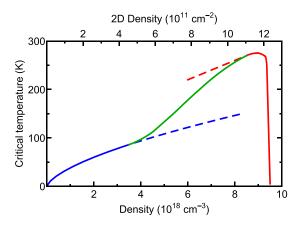


FIG. 3. Superfluid transition temperature T_c as a function of n, the equal electron and hole density in the superlattice. Red line: T_c determined in the BCS and BCS-BEC crossover regimes using Eqs. (5) and (6) generalized to finite temperatures. Blue line: T_c determined in the deep BEC regime using Eq. (S12) of the Supplemental Material [20]. Green line: interpolation.

arising from the strong anisotropy of the superlattice [30]. Reference [30] evaluates T_c across the BCS-BEC crossover regime for an anisotropic layered superfluid Fermi gas in an optical lattice, and includes Gaussian fluctuations beyond mean field. These fluctuations are expected to incorporate most of the suppression of T_c due to low-dimensional fluctuations in the superfluid when the dimensionality is lowered from 3D to 2D [31]. Figure 2 in Ref. [30] shows T_c in the BCS-BEC crossover regime for different values of the single-particle hopping anisotropy. It can be seen that near the maximum T_c , the regime of interest to us, a factor 10 in the anisotropy reduces T_c by less than 15%. The hopping anisotropy in our superlattice is of the order of ten, so we can conclude that the fluctuations associated with anisotropy have little effect on the T_c calculated within our effective mean-field approach described above, for the density range from the onset density to the crossover regime where our T_c passes through its maximum. It is interesting to note that we find the anisotropy of the superfluid near the optimal density is much smaller than the anisotropic ratio of the superlattice, consistent with the findings in Ref. [30].

In the deep BEC regime at low densities ($\mathcal{C} > 0.9$), this method for determining T_c becomes unreliable, primarily because the pseudogap is replaced by a real gap of the order of the pair binding energy. In the deep BEC, we can approximate the e-h pairs as pointlike bosons, so we can use the T_c for BEC of noninteracting bosons [Eq. (S12) of the Supplemental Material [20]]. The T_c thus obtained is known to underestimate the actual T_c for BEC as determined by QMC [32]. Finally, in the density range from the upper boundary of the BEC regime to the start of the deep BEC, we use a smooth interpolation of T_c between the high- and low-density results.

Figure 3 shows the resulting superfluid transition temperature in the superlattice. In the deep-BEC regime, T_c (blue curve) can approach 100 K, many orders of magnitude larger than the BEC transition temperatures found in ultracold-atom systems [33–35]. These BEC transition temperatures are so much larger because the effective electron and hole masses are tiny compared to atomic masses, and because our densities are several orders of magnitude larger than in ultracold-atom systems. Increasing the density causes T_c to rapidly rise, pushing it to a maximum in the BCS-BEC crossover regime (red curve) very close to room temperature, $T_c = 270$ K—conveniently accessible in a domestic refrigerator.

We do not expect that disorder or small density imbalance between layers would significantly affect our results for the following reasons. The effect of charged disorder on electronhole superfluidity is similar to that of magnetic impurities in a superconductor, and for this reason closely related to the effect of density imbalance. Our superfluid results are confined to the BEC and BCS-BEC crossover regimes, and Ref. [36] showed for electrons and holes in GaAs double quantum wells, that in these regimes the superfluidity is not very sensitive to density imbalances even of 10%. Furthermore, the recent experimental observation of condensation at high T_c in electron-hole double TMD monolayers [8] is additional evidence that the effect of disorder will be weak, particularly since these observations are consistent with our theoretical predictions for the same TMD system which were calculated with no disorder [10]. The effect of disorder on T_c is not expected to be stronger in 3D than in 2D.

While for convenience our calculations use the realistic band structure of an infinite superlattice, our conclusions remain valid for corresponding finite superlattices consisting of more than a few monolayers [37]. To detect the superfluidity, a neutral supercurrent parallel to the superlattice layers that is uniform in the perpendicular direction, could be set up in a counterflow configuration by electrically contacting together the *n*-doped layers, and similarly with the *p*-doped layers. Alternatively, a capacitance spectroscopy measurement [38] could detect the drop in density of states for the superfluid state relative to the normal state. The onset of superfluidity will be characterized by a jump in the inverse of the total capacitance across the sample [39], and then as the density is decreased, this will monotonically increase.

Our results open the way to generating 3D e-h superfluidity at room temperature in this and related superlattices.

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