Quantum Brownian motion of a magnetic skyrmion

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Within a microscopic theory, we study the quantum Brownian motion of a skyrmion in a magnetic insulator coupled to a bath of magnonlike quantum excitations. The intrinsic skyrmion-bath coupling gives rise to an effective mass for the skyrmion, which remains finite down to zero temperature due to the quantum nature of the magnon bath. We show that the quantum version of the fluctuation-dissipation theorem acquires a nontrivial temperature dependence. As a consequence, the skyrmion mean-square displacement is finite at zero temperature and has a fast thermal activation that scales quadratically with temperature, contrary to the linear increase predicted by the classical phenomenological theory. The effects of an external oscillating drive which couples directly to the magnon bath are investigated. We generalize the standard quantum theory of dissipation and we show that the external drive generates a time-periodic term linear in the skyrmion velocity, and a time-periodic magnus force correction, which are both absent in the static limit. The skyrmion response function inherits the time periodicity of the driving field and is thus enhanced and lowered over a driving cycle. Finally, we provide a generalized version of the nonequilibrium fluctuation-dissipation theorem valid for weakly driven baths.

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I. INTRODUCTION

The impact of the bath fluctuations on the dynamics of open nonequilibrium systems is commonly treated by nonlinear stochastic differential equations for the macrovariables, known as generalized Langevin equations [\[1\]](#page-11-0). Within this description, the thermal bath exerts random fluctuating forces on the central system which eventually undergoes a Brownian propagation $[2-4]$. The system-bath coupling gives rise to non-Markovian memory dissipation terms and random forces with a colored correlation [\[5\]](#page-11-0). In principle, both the noise and the dissipation terms are determined by the system-bath interaction, a relation which is manifested in the well-known fluctuation-dissipation theorem [\[6\]](#page-11-0).

Quantum stochastic dynamics are present in a variety of physical systems, ranging from quantum optics [\[7\]](#page-11-0), transport processes in Josephson junctions [\[8\]](#page-11-0), coherence effects and macroscopic quantum tunneling in condensed matter physics [\[9\]](#page-11-0), and many more, which form a large body of current active research. Here, we focus on the stochastic dynamics of particlelike magnetic skyrmions which, similar to particlelike solitonic textures in quantum superfluids [\[10,11\]](#page-11-0), experience dissipative and stochastic forces from their environmental surroundings.

Skyrmions are spatially localized two-dimensional (2D) magnetic textures characterized by a topologically nontrivial charge Q_0 [\[12,13\]](#page-11-0) given by

$$
Q_0 = \frac{1}{4\pi} \int d\mathbf{r} \, \mathbf{m} \cdot (\partial_x \mathbf{m} \times \partial_y \mathbf{m}), \tag{1}
$$

where **m** is the normalized magnetization vector field and *x* and *y* are the spatial coordinates of the 2D magnetic layer. Aside from their early theoretical prediction [\[14,15\]](#page-11-0), magnetic skyrmions have been observed in bulk metallic

magnets [\[16–18\]](#page-11-0), multiferroic insulators [\[19,20\]](#page-11-0), as well as ultrathin metal films on heavy-element substrates [\[21,22\]](#page-11-0). Because of their protected topology, nanoscale size, high mobility $[23-27]$, and controllable creation $[22]$, they are in the focus of current research as attractive candidates for future spintronic devices [\[28\]](#page-12-0).

Classically, the dynamics of a magnetic skyrmion is gov-erned by the Landau-Lifshitz-Gilbert (LLG) equation [\[29,30\]](#page-12-0), which incorporates dissipation mechanisms by a phenomenological local-in-time Ohmic friction term, known as Gilbert damping. At finite temperatures *T* , the skyrmion is subjected to thermal fluctuations which will render its propagation stochastic, similarly to the Brownian motion of a particle. The conventional assumption for the fluctuating field acting on magnetic particles $[31]$ as well as skyrmions $[32-39]$ is that it is a Gaussian stochastic process with a white-noise correlation function proportional to the phenomenological Gilbert damping.

In a magnetic insulator and at low enough temperature, the skyrmion dynamics is dominated by the unavoidable coupling of its center of mass with the magnetic excitations generated by the skyrmion motion itself. Magnetic excitations are defined as fluctuations around the classical skyrmion solution through a consistent separation between collective (center-of-mass) and intrinsic (magnetic excitations) degrees of freedom. A description of the dynamics of one-dimensional (1D) domain walls [\[40\]](#page-12-0) and 2D magnetic skyrmions [\[41\]](#page-12-0) in a magnetic insulator beyond the classical framework demonstrated that the dissipation arising from the magnetic excitations is generally non-Markovian with a magnon kernel that is nonlocal in time. The quantum nature of the magnetic bath, naturally incorporated within this approach, becomes evident in the nontrivial temperature dependence of the magnon kernel which remains finite even for vanishingly small *T*. A

theory of dissipation which ignores quantum effects based on the classical phenomenological LLG equation is expected to be inadequate for atomic-scale skyrmions observed in stateof-the-art experiments carried out at low temperatures of a few K [\[21,](#page-11-0)[42,43\]](#page-12-0).

In this paper, we develop a microscopic description of the stochastic skyrmion dynamics at finite temperatures using the functional Keldysh formalism for dissipative quantum systems [\[44–46\]](#page-12-0), as well as the Faddeev-Popov collective coordinate approach [\[40,47\]](#page-12-0) to promote the skyrmion center of mass to a dynamic variable. We then arrive at a Langevin equation of motion that includes a non-Markovian magnon kernel and a stochastic field with a colored autocorrelation function as a result of the coupling between the skyrmion and the magnon bath generated by the skyrmion motion. We demonstrate that the quantum version of the fluctuation-dissipation theorem acquires a nontrivial temperature dependence. As an important consequence, the mean-square displacement of the skyrmion is finite at $T = 0$, and has a fast thermal activation being proportional to $T²$ for finite temperatures, in contrast to the linear *T* increase obtained within the usual phenomenological theory $[37]$.

We also investigate the effects of an external oscillating driving field which unavoidably couples with the magnon bath in an analogous fashion to many physical situations where the driving of the bath results in important contributions to the dynamical response of the entire nanoscale system [\[48–51\]](#page-12-0). We demonstrate explicitly that additional magnon response terms are generated by the driving field via its bath coupling, in particular a time-periodic term linear in the skyrmion velocity and a time-periodic magnus force correction, which are both absent in the static limit and are known to affect the skyrmion kinematics, rendering its propagation ratchetlike [\[52\]](#page-12-0). As a consequence, the skyrmion response function inherits the time periodicity of the drive, and it is thus enhanced and lowered over a driving cycle. Since the magnetic excitations are driven out of equilibrium, a generalization of the fluctuation-dissipation theorem should not be expected in general. Quite remarkably, however, in the weak driving regime, we find a nonequilibrium fluctuationdissipation relation, which reduces to the equilibrium one in the static limit.

For the efficient manipulation of skyrmions at the nanoscale, it is important to understand how random processes contribute to the skyrmion propagation, especially in the presence of time-periodic microwave fields which appear to be among the most efficient ways to induce translational motion of skyrmions in magnetic insulators [\[52–54\]](#page-12-0). The microscopic understanding of the stochastic skyrmion motion becomes also important in view of proposed devices for stochastic computing based on skyrmions [\[55,56\]](#page-12-0).

The structure of the paper is as follows. In Sec. Π we present a detailed derivation of the Langevin equation for the skyrmion collective coordinate using the functional Keldysh formalism in the presence of a time-dependent magnetic field. In Sec. [III](#page-3-0) we evaluate and discuss the magnon kernel, while in Sec. [IV](#page-5-0) we investigate the skyrmion response function. The quantum fluctuation-dissipation theorem and its generalized nonequilibrium version in the presence of the oscillating field are presented in Sec. [V,](#page-7-0) together with a discussion on the

skyrmion mean-square displacement. Our main conclusions are summarized in Sec. [VI,](#page-9-0) while some technical details are deferred to four appendices.

II. LANGEVIN EQUATION

The purpose of this section is to present a derivation of the quantum Langevin equation for the skyrmion center-of-mass coordinate, by making use of a functional integral approach for the magnetic degrees of freedom at finite but low temperatures, combined with the Keldysh technique to include the effects of a time-dependent oscillating magnetic field. To begin with, we note that the essential features of the dynamics of a normalized magnetization field in spherical parametrization $\mathbf{m} = [\sin \Theta \cos \Phi, \sin \Theta \sin \Phi, \cos \Theta]$ defined in the 2D $\int \mathcal{D}\Phi \mathcal{D}\Pi e^{iS}$. Here, the functional integration is over all conspace, are described by a partition function of the form $Z =$ figurations and the field $\Pi = \cos \Theta$ is canonically conjugate to Φ . The Euclidean action S for a thin magnetic insulator in physical units of space $\tilde{\mathbf{r}}$ and time \tilde{t} is given by

$$
S = \int d\tilde{t} d\tilde{\mathbf{r}} \left[\frac{SN_A}{\alpha^2} \dot{\Phi} (\Pi - 1) - N_A \mathcal{W}(\Phi, \Pi) \right], \qquad (2)
$$

where $\dot{\Phi} = \partial_{\tilde{t}} \Phi$ denotes the real-time derivative of field Φ . The first term in Eq. (2) describes the dynamics and is known as the Wess-Zumino or Berry phase term [\[40\]](#page-12-0), while the translationally symmetric energy term

$$
W(\mathbf{m}) = J(\nabla_{\tilde{\mathbf{r}}} \mathbf{m})^2 + \frac{D}{\alpha} \mathbf{m} \cdot \nabla_{\tilde{\mathbf{r}}} \times \mathbf{m} - \frac{K}{\alpha^2} m_z^2 - \frac{g \mu_B H}{\alpha^2} m_z
$$
\n(3)

supports skyrmion configurations with nontrivial topological number *Q*⁰ as metastable solutions due to the presence of the Dzyaloshinskii-Moriya (DM) interaction [\[57,58\]](#page-12-0) of strength *D*. Here, $\tilde{\mathbf{r}} = (\tilde{x}, \tilde{y})$, *S* is the magnitude of the spin, *N_A* is the number of magnetic layers along the perpendicular \tilde{z} axis and α is the lattice spacing. The strength of the exchange interaction *J*, the easy axis anisotropy *K*, and finally *D* are measured in units of energy while the strength of the magnetic field H is given in units of Tesla (T) .

It is convenient to introduce dimensionless variables as $\mathbf{r} = (D/J\alpha)\tilde{\mathbf{r}}, t = D^2\tilde{t}/J$, and $T = k_B\tilde{T}J/D^2$, where \tilde{T} is the temperature measured in Kelvin (K) . Also, k_B is the Boltzmann constant and throughout this work we use $\hbar = 1$. The energy functional in reduced units is given by

$$
\mathcal{F}(\mathbf{m}) = (\nabla_{\mathbf{r}} \mathbf{m})^2 + \mathbf{m} \cdot \nabla_{\mathbf{r}} \times \mathbf{m} - \kappa m_z^2 - h m_z, \qquad (4)
$$

where $\kappa = JK/D^2$, $h = Jg\mu_B H/D^2$, and $\mathcal{F}(\mathbf{m}) =$ $J(\alpha)^2/D^2W(m)$. The classical skyrmion field, denoted as $\Phi_0(\mathbf{r})$ and $\Pi_0(\mathbf{r})$, is found by minimizing the energy functional $\mathcal{F}(\mathbf{m})$ [\[59,60\]](#page-12-0). We then arrive at the following rotationally symmetric solution in polar coordinates $\mathbf{r} = (\rho \cos \phi, \rho \sin \phi)$ given by $\Phi_0(\mathbf{r}) = \phi + \pi/2$, while the skyrmion profile depends only on the radial coordinate $\Theta_0(\mathbf{r}) = \Theta(\rho)$. In Fig. [1](#page-2-0) we depict the magnetization profile of the skyrmion $\Theta_0(\rho)$ for various values of the magnetic field *h*, using the trial function $\Theta_0(\rho) = A \cos^{-1}(\tanh[(\rho \lambda$)/ Δ_0]), where $A = \pi / \cos^{-1}(\tanh[-\lambda/\Delta_0])$. The parameter λ , which denotes the skyrmion size, and Δ_0 are calculated

FIG. 1. Magnetization profiles $\Theta_0(\rho)$ of a skyrmion as function of radial distance ρ for $\kappa = 0.1$ and three values of the magnetic field. The colored surface in the inset represents the out-of-plane component of the magnetization texture $\cos \Theta_0$ of a skyrmion with *Q* = −1 in the 2D *xy* plane for κ = 0.1 and *h* = 0.35.

by fitting the approximate function to the one obtained numerically. This profile has a topological number $Q_0 = -1$.

We next address the stochastic dynamics of the skyrmion described by the classical fields Φ_0 and Θ_0 in contact with the bath of magnetic excitations at finite temperature driven by an external magnetic field that oscillates in time. This is achieved by first promoting the skyrmion center of mass to a dynamical variable $\mathbf{R}(t)$, then treating the magnetic excitations as quantum fluctuations around the classical field, and finally obtaining an effective functional [\[1](#page-11-0)[,40,41,61\]](#page-12-0) by integrating out the magnon degrees of freedom. At the same time, the real-time dynamics of the external field as well as the stochastic effects of the magnon bath at finite *T* are captured by replacing the time integration by an integration over the Keldysh contour which consists of two branches. The upper branch extends from $t = -\infty$ to $t = +\infty$, while the lower branch extends backwards from $t = \infty$ to $t = -\infty$ [\[46\]](#page-12-0). It is worth mentioning that the formalism derived below is applicable to any general energy functional $\mathcal F$ as long as it satisfies the specified requirements.

We define two components of the fields as $\Phi_+ \equiv \Phi(t + i0)$ and $\Phi_{-} \equiv \Phi(t - i0)$, that reside on the upper and the lower parts of the time contour, respectively. Similarly, we define fields $\Pi_{\pm} = \Pi(t \pm i0)$. Moreover, quantization of the pathintegral variables implies the following form:

$$
\Phi_{\pm}(\mathbf{r},t) = \Phi_0^{\pm}(\mathbf{r} - \mathbf{R}_{\pm}(t)) + \varphi_{\pm}(\mathbf{r} - \mathbf{R}_{\pm}(t),t),
$$

$$
\Pi_{\pm}(\mathbf{r},t) = \Pi_0^{\pm}(\mathbf{r} - \mathbf{R}_{\pm}(t)) + \eta_{\pm}(\mathbf{r} - \mathbf{R}_{\pm}(t),t),
$$
 (5)

where η and φ are the quantum fluctuations and the coordinate **R**(*t*) is energy independent owing to the assumed translational invariance of the system. We therefore expect the existence of a pair of zero modes \mathcal{Y}_i , with $i = x, y$, which need to be excluded from the functional integral to avoid overcounting degrees of freedom by imposing proper gauge-fixing conditions. We use the following convenient spinor notation:

$$
\chi_{\pm} = \frac{1}{2} \begin{pmatrix} \varphi_{\pm} \sin \Theta_0 + i \eta_{\pm} / \sin \Theta_0 \\ \varphi_{\pm} \sin \Theta_0 - i \eta_{\pm} / \sin \Theta_0 \end{pmatrix},
$$
(6)

and we also define linear transformations of the fields by perand we also define linear transformations of the fields by per-
forming a Keldysh rotation of the form $\chi_{c,q} = (\chi_+ \pm \chi_-)/\sqrt{2}$ as well as $\mathbf{R}_{c,q} = (\mathbf{R}_+ \pm \mathbf{R}_-) / \sqrt{2}$. Here, $\chi_c(\mathbf{R}_c)$ and $\chi_q(\mathbf{R}_q)$ denote the classical and quantum fluctuations (coordinate), respectively. Moreover, we introduce the field $\zeta = \left(\frac{\chi_c}{\chi_q}\right)$ in order to obtain the action in a more compact form. Implementing all the above transformations in the action of Eq. (2) , taking into account that time integration is now performed over the upper and lower time branches denoted by the symbol $s = \pm 1$, the partition function becomes $Z = \int \mathcal{D} \mathbf{R}_c \mathcal{D} \mathbf{R}_q e^{iS_{cl}} \tilde{Z}$, where

$$
\tilde{Z} = \int \mathcal{D}\zeta^{\dagger} \mathcal{D}\zeta \prod_{s=\pm 1} \delta\big(F_x^s\big) \delta\big(F_y^s\big) \det(J_{\mathbf{F}^s}) e^{i\mathcal{S}_{\mathbf{Q}}}.\tag{7}
$$

Here, $F_i^s = \int d\mathbf{r} \chi_s^{\dagger} \sigma_z \mathcal{Y}_i$ is the gauge-fixing constraint that the magnon modes be orthogonal to the zero modes [\[40,41\]](#page-12-0), and $J_{\mathbf{F}}^{s}(t, t') = d\mathbf{F}^{s}(t)/d\mathbf{R}(t')$ is the Jacobian matrix of the coordinate transformation and is treated as additional perturbation to the *NA* term in the action. The classical part of the effective action reads as

$$
S_{\rm cl} = N_A d \int_{t, \mathbf{r}} \sum_{s=\pm 1} s \big[-S \dot{\mathbf{R}}_s \Pi_0^s \nabla \Phi_0^s - \mathbf{b} \cdot \mathbf{m} \big(\Phi_0^s, \Pi_0^s \big) \big],\tag{8}
$$

where $\mathbf{b}(t)$ denotes a time-dependent external field, $d =$ $(J/D)^2$, and we have also neglected an overall constant from the configuration energy of the classical skyrmion $S_0 = d \int_{\mathbf{r},t} \mathcal{F}(\Phi_0, \Pi_0)$. The fluctuation-dependent part of the Keldysh action takes the form

$$
S_Q = N_A d \zeta^{\dagger} \circ \hat{G}^{-1} \zeta, \qquad (9)
$$

where $\hat{G}^{-1} = (\mathcal{G}_0^{-1} - V + \frac{1}{\sqrt{2}} \mathcal{K}_c) \sigma_x + \frac{1}{\sqrt{2}} \mathcal{K}_q \mathbb{1}$. The magnon Green function is $\mathcal{G}_0^{-1} = iS\sigma_z\partial_t - \mathcal{H}$ and the Hamiltonian is defined as $\mathcal{H} = \delta_{\chi^{\dagger}} \delta_{\chi} \mathcal{F}|_{\chi = \chi^{\dagger} = 0}$. The potential $V(\mathbf{r}, t) =$ **b**(*t*) · **D** with $\mathbf{D} = \delta_{\chi} \delta_{\chi} \mathbf{m} |_{\chi = \chi^{\dagger} = 0}$ describes the coupling of the external field with the magnons and it is treated as a timedependent perturbation to the magnon Hamiltonian. The magnetic fluctuations appear as solutions of the eigenvalue problem (EVP) $\mathcal{H}\Psi_n = \varepsilon_n \sigma_z \Psi_n$, solved in detail in Appendix [D.](#page-10-0) Moreover, we define $K_s = -iS\sigma_z R_s^i \Gamma_i$, assuming that repeated indices $i, j = x, y$ are summed over and we also introduce the abbreviation $\Gamma_i = \mathbb{1}\partial_i - \sigma_x \cot \Theta_0 \partial_i \Theta_0$. The circular multiplication sign in Eq. (9) implies convolution of the form

$$
\zeta^{\dagger} \circ G^{-1} \zeta \equiv \int_{t, \mathbf{r}} \int_{t', \mathbf{r'}} \zeta^{\dagger}(\mathbf{r}, t) G^{-1}(\mathbf{r}, \mathbf{r'}, t, t') \zeta(\mathbf{r'}, t'). \tag{10}
$$

Note that Eq. (9) assumes the absence of potentials that break translational symmetry which will generate additional classical response terms [\[41\]](#page-12-0) with interesting consequences on the skyrmion dynamics in confined geometries [\[52\]](#page-12-0). A considerable simplification is also provided in the limit where the skyrmion configuration energy S_0 is much larger than the energy $S_B = d \int_{\mathbf{r},t} \mathbf{b}(t) \cdot \mathbf{m}(\mathbf{r},t)$ added by the external applied field $S_0 \gg S_B$. In this case, $\mathbf{m}(\Phi_0, \Pi_0)$ is a good approximation for the skyrmion configuration, while terms

linear in the fluctuations are negligibly small and do not appear in Eq. (9) .

To proceed, we note that the functional \tilde{Z} is an integral with a Gaussian form if we neglect terms *O*[1] in *NA* originating from the Jacobian determinant $det(J_F)$. Thus, after integration, *Z*˜ reduces to

$$
\tilde{Z} = \frac{1}{\det'(-iN_A d\hat{G}^{-1})} = \frac{e^{-\text{Tr}' \log[1 + G_0(\tilde{\mathcal{K}} - \tilde{V})]}}{\det'(-iN_A dG_0^{-1})},\tag{11}
$$

with $\tilde{\mathcal{K}} = \frac{1}{\sqrt{2}} \mathcal{K}_c \sigma_x + \frac{1}{\sqrt{2}} \mathcal{K}_q \mathbb{1}, \ G_0^{-1} = \mathcal{G}_0^{-1} \sigma_x, \ \tilde{V} = V \sigma_x$, and the prime notation on the determinant and the trace excludes the zero modes. By performing an expansion retaining terms up to the second order in \bf{R} and first one in V , the effective action for the classical and quantum coordinate is

$$
S_{\rm eff} = S_{\rm cl} - \frac{i}{2} \operatorname{Tr}' [G_0 \tilde{\mathcal{K}} G_0 \tilde{\mathcal{K}} - \Delta G_0 \tilde{\mathcal{K}} G_0 \tilde{\mathcal{K}} - G_0 \tilde{\mathcal{K}} \Delta G_0 \tilde{\mathcal{K}}],
$$
\n(12)

where $\Delta G_0 = G_0 \tilde{V} G_0$. The advantage of the Keldysh rotation is that the operator G_0 is identified with the Green function of the fluctuations

$$
G_0 = \begin{pmatrix} G_0^K & G_0^R \\ G_0^A & 0 \end{pmatrix}, \tag{13}
$$

where $G_0^{R,A} = (iS\sigma_z\partial_t \pm i0 - \mathcal{H})^{-1}$ are the retarded and advanced Green functions given in real time as

$$
G_0^{R,A}(t,t') = \mp \frac{i}{S} \sigma_z \Theta(\pm (t-t')) T_{\pm} e^{-i\sigma_z \mathcal{H}(t-t')/S}, \qquad (14)
$$

provided that T_{\pm} time orders chronological/antichronological order. We parametrize the Keldysh Green function as $G_0^K = G_0^R \circ F - F \circ G_0^A$, where $F = F(t - t')$ and in thermal equilibrium is given by $F(\omega) = \coth(\beta \omega/2)$, with $\beta = 1/T$. The representation in frequency space ω is obtained by the usual Fourier transformation $g(t) = (1/2\pi) \int_{-\infty}^{\infty} d\omega g(\omega) e^{-i\omega t}$.

The standard way to calculate the quasiclassical equation of motion for the skyrmion coordinate \mathbf{R}_c is to calculate the saddle point of the action (12) by extremizing with respect to the quantum coordinate \mathbf{R}_q [\[62\]](#page-12-0). We note that terms proportional to $\mathcal{K}_{q}\mathcal{K}_{q}$ describe temperature-dependent dissipation due to magnon modes, while we show explicitly that terms proportional to $\mathcal{K}_q\mathcal{K}_q$ give rise to random forces. To distinguish between the contributions from these terms, we rewrite the effective action of Eq. (12) as $S_{\text{eff}} = S_{\text{cl}} + S_{\text{dis}} + S_{\text{st}}$, where the dissipative part reads as

$$
S_{dis} = -\frac{i}{4} \text{Tr}' [G^K \mathcal{K}_c G^A \mathcal{K}_q + G^R \mathcal{K}_c G^K \mathcal{K}_q
$$

$$
+ G^K \mathcal{K}_q G^R \mathcal{K}_c + G^A \mathcal{K}_q G^K \mathcal{K}_c], \qquad (15)
$$

where $G^i = G^i_0 - \Delta G^i$ with $i = R, A, K, \Delta G^{R,A} =$ $G_0^{R,A} V G_0^{R,A}$, and $\Delta G^K = G_0^R V G_0^K + G_0^K V G_0^A$. Similarly, the stochastic part is given by

$$
S_{st} = -\frac{i}{4} \operatorname{Tr} [G^K \mathcal{K}_q G^K \mathcal{K}_q + G^R \mathcal{K}_q G^A \mathcal{K}_q + G^A \mathcal{K}_q G^R \mathcal{K}_q]
$$

$$
\equiv -R_q^i \circ C_{ij} R_q^j.
$$
 (16)

The function $C_{ij}(t, t')$ is found by evaluating the trace appearing in Eq. (16) with the eigenstates $\Psi_{\nu}(\mathbf{r},t)$ of the operator G and is given explicitly in Appendix [A.](#page-9-0) To demonstrate that S_{st} indeed gives rise to random fluctuating forces, we introduce auxiliary fields ξ*ⁱ* via a Hubbard-Stratonovich transformation

$$
e^{iS_{\rm st}} = \det[(2iC)^{-1}] \int \mathcal{D}\xi \, \mathcal{D}\xi^{\dagger} e^{i[\xi^{\dagger} \cdot (2C)^{-1}\xi + \xi^{\dagger} \cdot \bar{R}_{q} + \bar{R}_{q}^{\dagger} \cdot \xi]}, \quad (17)
$$

where $\bar{R}_q = \binom{R_q^x}{R_q^y} / \sqrt{2}$ and $\xi = \binom{\xi_x}{\xi_y} / \sqrt{2}$. Minimizing the righthand side of Eq. (17) with respect to R_q^j results in a random force term ξ ^{*j*} in the equation of motion characterized by an ensemble average of the form

$$
\langle \xi(t) \rangle = 0, \qquad \langle \xi_i(t) \xi_j(t') \rangle = -i C_{ij}(t, t'), \qquad (18)
$$

where $\langle \dots \rangle = \det[(2iC)^{-1}] \int \mathcal{D}\xi \mathcal{D}\xi^{\dagger} \dots e^{i\xi^{\dagger} \cdot (2C)^{-1}\xi}$. By minimizing the effective action S_{eff} , we obtain the dynamical Langevin equation for the classical coordinate **R***c*,

$$
\tilde{Q}_0 \epsilon_{ij} \dot{R}_c^j(t) + \int_{-\infty}^t dt' \dot{R}_c^j(t') \gamma_{ji}(t, t') = \xi_i(t), \qquad (19)
$$

with $Q_0 = -4\pi N_A Q_0 S d$, ϵ_{ij} is the Levi-Civita tensor, and the time of preparation of the initial state is at $t \to -\infty$. The first term in Eq. (19) is a Magnus force acting on the skyrmion and being proportional to the winding number [\[63,64\]](#page-12-0), while the nonlocal (in time) magnon kernel is given by

$$
\gamma_{ji}(t, t') = \partial_t \left[\gamma_{ji}^{RK}(t, t') + \gamma_{ji}^{KA}(t, t') + \gamma_{ij}^{KR}(t', t) + \gamma_{ij}^{AK}(t', t) \right],
$$
\n(20)

where

$$
\gamma_{ji}^{ab}(t, t') = \frac{-iS^2}{4} \sum_{\nu}^{\prime} \int_{\bar{\mathbf{r}}, \mathbf{r}, \mathbf{r}'} \Psi_{\nu}(\bar{\mathbf{r}}) G^a(\bar{\mathbf{r}}, \mathbf{r}, t, t') \sigma_z \Gamma_j(\mathbf{r})
$$

$$
\times G^b(\mathbf{r}, \mathbf{r}', t', t) \sigma_z \Gamma_i(\mathbf{r}') \sigma_z \Psi_{\nu}(\mathbf{r}'), \tag{21}
$$

with $a, b = R, A, K$.

The magnon kernel of Eq. (20) originates from the coupling of the skyrmion to the quantum bath of magnetic excitations and has an explicit temperature dependence through the Keldysh Green function G^K . Note that an external force acting on the skyrmion is absent, as a direct consequence of the spatial uniformity assumed for the external magnetic field. The translational motion of the skyrmion would be induced by a spatially dependent magnetic field, for example, a magnetic field gradient [\[65,66\]](#page-12-0), and its effect has been studied in Ref. [\[52\]](#page-12-0). Here, the external time-periodic field acts on the quantum bath of magnons and is naturally incorporated in the stochastic Langevin equation of Eq. (19). This allows us to generalize the quantum theory of dissipation to account for the effects of the driven bath in several observables related to the skyrmion dynamics.

III. MAGNON KERNEL

Our next task is to analyze the magnon kernel of Eq. (20) in the case of a driven bath. In Appendix \bf{B} \bf{B} \bf{B} we obtain the real-time magnon kernel $\gamma_{ij}^0(t - t')$ in the absence of a drive, and thus establish agreement with earlier results derived in Matsubara space using the imaginary-time functional integral approach [\[41\]](#page-12-0). Note that, although the Laplace transform $\gamma_{ij}^0(z)$ is frequency dependent, we are usually interested in the long-time asymptotic behavior of the skyrmion dynamics which is in turn determined by the low-frequency part of the kernel. This low-frequency regime is specified by the condition $|\omega| \ll \varepsilon_{\text{gap}}$, with $\omega = \text{Re}(iz)$, $\varepsilon_{\text{gap}} = 2\kappa + h$, being the lowest magnon gap, while at the same time the temperature is limited to the quantum regime $T \ll \varepsilon_{\text{gap}}$.

Thus, under the assumptions specified above, the diagonal magnon kernel, given in Eq. [\(B4\)](#page-10-0), acquires the super-Ohmic power-law behavior $\gamma_{ii}^0(z) = z\mathcal{M}(T) + O[(z/\varepsilon_{\text{gap}})^2]$. Following the usual terminology [\[1\]](#page-11-0), Ohmic friction is described by a dissipation term of the form $z\gamma(z) \propto z^s$ with $s = 1$, while for $s > 1$ we call it super-Ohmic. In the limit of low frequency and low temperature, $\omega \ll T \ll \varepsilon_{\text{gap}}$, magnon-induced intrinsic Ohmic friction is absent, in an analogous fashion to domain-wall dynamics [\[67\]](#page-12-0) and quasiparticle-induced friction of solitons in superfluids $[10]$. In these studies, it has been demonstrated that a frictional force is induced by the backreaction of the bosonic excitations, but is nonlocal in time and super-Ohmic $s = 3$ in the low-frequency regime $z\gamma(z) \propto$ $e^{-\beta \epsilon_0} z^3$, with ϵ_0 being the energy gap of the continuum modes of the system. The absence of Ohmic friction can be attributed to the reflectionless potential for the quasiparticles scattering off the central system. We should emphasize that Ohmic dissipation could arise at $T \gtrsim \varepsilon_{\text{gap}}$, or through several other sources, typically a phonon bath activated at large enough temperatures. Here, we focus on the low-temperature quantum regime of an insulating magnet, where phonon excitations decouple from the spins [\[68\]](#page-12-0), rendering magnetic excitations the only relevant low-energy degrees of freedom. In addition, bulk magnons in 3D ferromagnets give rise to an Ohmic dissipation process [\[69\]](#page-12-0), but such magnons are frozen for the sufficiently thin ferromagnets we consider.

The *T* -dependent mass is given by

$$
\mathcal{M}(T) = \sum_{v,v'} \frac{\text{Re}(\mathcal{B}_{ii}^{vv'}) \bar{F}_{vv'}}{\varepsilon_{v'} - \varepsilon_v},\tag{22}
$$

with $\bar{F}_{\nu\nu'} = F(\varepsilon_{\nu}) - F(\varepsilon_{\nu'})$ and $F(\varepsilon_{\nu}) = \coth(\beta \varepsilon_{\nu}/2)$. Here, the sum runs over the quantum number $v = \{q = \pm 1, n\}$, where the index *q* distinguishes between particle states $(q = 1)$, solutions of the eigenvalue problem $\mathcal{H}\Psi_n = \varepsilon_n^q \sigma_z \Psi_n$ with positive eigenfrequency $\varepsilon_n^1 = +\varepsilon_n$, and antiparticle states $(q = -1)$ with negative eigenfrequency $\varepsilon_n^{-1} = -\varepsilon_n$ [\[41\]](#page-12-0). The matrix elements are given by $\mathcal{B}_{ij}^{vv'} = \mathcal{B}_{ij}^{n,q;n',q'} = \mathcal{B}_{ij}^{n,q;n',q'}$ $(qq'/2) \int_{\mathbf{r}} \Psi_{\nu}^{\dagger} \Gamma_i \sigma_z \Psi_{\nu'} \int_{\mathbf{r}'} \Psi_{\nu'}^{\dagger} \Gamma_j \sigma_z \Psi_{\nu}$. Note that the expression of Eq. (22) is symmetric under the exchange of indices ν and v' , and that there is no singularity for $\varepsilon_v = \varepsilon_{v'}$ since $\lim_{\varepsilon_v \to \varepsilon_{v'}} \bar{F}_{v'v}/(\varepsilon_v - \varepsilon_{v'}) = \frac{\beta}{2} \sinh^2(\beta \varepsilon_v/2)$. The quantum nature of the magnon bath is evident from the nonvanishing $\mathcal{M}(T)$ in the $T \to 0$ limit. Such a nonvanishing contribution arises from the fact that the bosonic magnon Hamiltonian H has particle and antiparticle excitations with a nonzero particle-antiparticle overlap $|\mathcal{B}_{ii}^{n,1;n',-1}| > 0$ [\[41\]](#page-12-0). Similarly, a zero-temperature magnon kernel, and consequently an effective mass, arises from the gapped spin waves around a domain

FIG. 2. Temperature dependence of the quantum mass $\mathcal{M}(\tilde{T})$ of the skyrmion given in Eq. (22) for a static magnetic field of amplitude $H = 216$ mT, radius $\lambda = 5.32$ nm, and a choice of $J = 1$ meV, $S = 1$, $J/D = 4$, and $\alpha = 5$ Å. The dashed vertical line indicates the value of the magnon gap in units of temperature $\varepsilon_{\text{gap}} = 0.435 \text{ K}$, up to which our result is valid. The inset depicts the constant \bar{W}_{ii} of Eq. [\(30\)](#page-5-0) for an oscillating magnetic field of amplitude $b_0 = 0.05$ (27 mT), $\omega_{ext} = 0.32$ (4.8 GHz), and $\varphi_{ext} = \pi/4$.

wall $[40]$, or from the gapped Bogoliubov excitations around a bright soliton in a superfluid [\[10\]](#page-11-0).

In order to emphasize that $\mathcal{M}(0)$ is finite and that it is independent of the effective spin $N_A S$, contrary to the magnus force proportional to $\tilde{Q}_0 = -4\pi Q_0 N_A S d$, we refer to the mass of Eq. (22) as *quantum mass*. This terminology allows us to distinguish $\mathcal{M}(T)$ from the semiclassical mass already calculated in Ref. [\[41\]](#page-12-0) in the presence of spatial confinement, which scales linearly with *NAS*. The *T* dependence of the quantum mass $\mathcal{M}(T)$ is depicted in Fig. 2 in physical units for $J = 1$ meV, $\alpha = 5$ Å, $J/D = 4$, $h = 0.4$ (216 mT), $\lambda = 2.67$ (5.34 nm), $\kappa = 0.1$, and $S = 1$. Details on the calculation are given in Appendix [D.](#page-10-0) At zero temperature we find that $\mathcal{M}(0) = 8m_e$, with m_e the electron mass. From Eq. [\(19\)](#page-3-0) we note that the skyrmion performs a cyclotron motion as a result of the strong emergent magnetic field $\mathcal{B}_{em} = \tilde{Q}_0/e = 5378$ T, with *e* the electron charge, at a frequency $\omega_c = 1.24 \times$ 10^{14} Hz. Thus, the quantum effects, in terms of quantized Landau levels, are weak. This has been pointed out already in [\[70\]](#page-12-0), with the additional observation that in the presence of a pinning potential, the degenerate lowest Landau levels split into discrete levels, which can be observed experimentally by microwave absorption. Finally, the off-diagonal magnon kernel, given in Eq. $(B5)$, has a super-Ohmic low-frequency power law $\gamma_{xy}(z) \propto z^2$, irrelevant for the skyrmion dynamics at times $t \gg \varepsilon_{\rm gap}^{-1}$.

With this preparation, we are now in position to generalize the magnon kernel in the presence of the external driving field turned on at time $t = t_0$, $\mathbf{b}(t) = b_0 \Theta(t$ t_0) cos(ω_{ext} *t*)(sin φ_{ext} , 0, cos φ_{ext}), tilted in the *xz* plane with the angle φ_{ext} away from the *z* axis. In the presence of **, the magnons are subjected to the potential** $V(\mathbf{r}, t) =$ $b_0\Theta(t - t_0)\cos(\omega_{\text{ext}}t)V(\mathbf{r})$, where $V(\mathbf{r})$ is given in Eq. [\(D6\)](#page-11-0). The magnon kernel of Eq. (20) acquires an additional

correction due to the time-dependent field $\gamma_{ji}(t, t') = \gamma_{ji}^0(t - t')$ t') + $\Delta \gamma_{ji}(t, t')$, where

$$
\Delta \gamma_{ji}(t, t') = \partial_t W_{ji}(t - t') \left[g_{\text{ext}}^{ji}(t) + g_{\text{ext}}^{ji}(t') \right]. \tag{23}
$$

The function $g_{ext}^{ji}(t)$ carries information on the external drive $g_{ext}^{ji}(t) = \Theta(t - t_0) b_0 \cos(\omega_{ext} t - |\epsilon_{ji}| \pi/2),$ while $W_{ji}(t)$ carries information about the magnon modes

$$
W_{ji}(t) = \sum_{\nu_1, \nu_2, \nu_3} \frac{\mathcal{C}_{ji}^{\nu_1 \nu_2 \nu_3} \big[w_{\nu_3 \nu_2}(t) - w_{\nu_3 \nu_1}(t) \big]}{\big(\varepsilon_{\nu_2} - \varepsilon_{\nu_1}\big)^2 - \omega_{\text{ext}}^2},\qquad(24)
$$

where $w_{\nu_1 \nu_2}(t) = \Theta(t) \bar{F}_{\nu_1 \nu_2} \sin[(\varepsilon_{\nu_1} - \varepsilon_{\nu_2})t]$. We also introduced the matrix elements

$$
\mathcal{C}_{ii}^{\nu_1 \nu_2 \nu_3} = q_{\nu_1} q_{\nu_2} q_{\nu_3} (\varepsilon_{\nu_2} - \varepsilon_{\nu_1}) \text{Re}(b_i^{\nu_3 \nu_1} V_{\nu_1 \nu_2} b_i^{\nu_2 \nu_3}) / 2S,
$$

$$
\mathcal{C}_{yx}^{\nu_1 \nu_2 \nu_3} = q_{\nu_1} q_{\nu_2} q_{\nu_3} \omega_{\text{ext}} \text{Im}(b_y^{\nu_3 \nu_1} V_{\nu_1 \nu_2} b_x^{\nu_2 \nu_3}) / 2S,
$$
 (25)

where $b_i^{\nu_1 \nu_2} = \int_{\mathbf{r}} \Psi_{\nu_1}^{\dagger} \Gamma_i \sigma_z \Psi_{\nu_2}$ and $V_{\nu_1 \nu_2} = \int_{\mathbf{r}} \Psi_{\nu_1}^{\dagger} V \Psi_{\nu_2}$. We note that the triple summation over the magnon quantum numbers originates from the fact that the external field induces a finite overlap $V_{\nu_1\nu_2} \neq 0$ for $\nu_1 \neq \nu_2$. Note that Eq. (24) is valid only away from the resonance condition $\omega_{ext} = \varepsilon_{\nu_2}$ – ε_{ν_1} , under the assumption that the external potential *V* induces only a small overlap $0 < |V_{\nu_1 \nu_2}| \ll 1$ between magnon modes carrying approximately the same energy. Thus, the energy differences are restricted as $0 \leq |\varepsilon_{\nu_1} - \varepsilon_{\nu_2}| \leq \varepsilon_d$ and it also holds that $\varepsilon_d \ll \omega_{\text{ext}}$. The singularities appearing in Eq. (24) are usually treated by a phenomenological relaxation rate, which parametrizes mechanisms that lead to relaxation of the magnon bath dynamics [\[52\]](#page-12-0), for example, higher-order magnon-magnon interactions, or the the back-action of the skyrmion to the magnon bath.

Similarly to the equilibrium case, we consider time differences $t - t'$ and inverse driving frequencies ω_{ext}^{-1} longer than the characteristic decay time of the memory magnon kernel $\varepsilon_{\text{gap}}^{-1}$. In order to make use of this approximation and derive a more transparent understanding of the physics, we rewrite the equation of motion for the classical center of mass **R***c*, given in Eq. [\(19\)](#page-3-0), in Fourier space with frequency ω as

$$
F(t,\omega) = -i\omega[\tilde{Q}_0\epsilon_{ij} + \gamma_{ji}(t,\omega)]R_c^j(\omega) - \xi_i(\omega), \qquad (26)
$$

with $F(t, \omega)$ satisfying $\int_{-\infty}^{\infty} d\omega e^{-i\omega t} F(t, \omega) = 0$, and where $\gamma_{ji}(t, \omega) = \gamma_{ji}^0(\omega) + \Delta \gamma_{ji}(t, \omega)$. It is convenient to calculate $\Delta \gamma_{ii}(t,\omega)$ in Laplace space *z* with $\omega = \text{Re}(iz)$:

$$
\Delta \gamma_{ji}(t, z) = W_{ji}(z) \left[z g_{\text{ext}}^{ji}(t) + \partial_t g_{\text{ext}}^{ji}(t) \right] + \frac{b_0}{2} \sum_{m=\pm 1} e^{-im(\omega_{\text{ext}}t + \frac{\pi |\epsilon_{ji}|}{2})} \times (z + im\omega_{\text{ext}}) W_{ji}(z + im\omega_{\text{ext}}). \tag{27}
$$

The correction to the magnon kernel $\Delta \gamma_{ii}(t, z)$ describes the effects of the driven magnon bath on the skyrmion and is treated as a perturbation to $\gamma_{ji}^0(z)$. Here, $W_{ji}(z)$ is the Laplace transform of $W_{ji}(t)$ given in Eq. (24). In Eq. (26), we assume that the time t_0 coincides with the preparation time of the initial state, i.e., $t_0 \rightarrow -\infty$, and we therefore neglect boundary terms that depend on *t*0. A Taylor expansion around the origin $\gamma_{ji}(t, z) \simeq \gamma_{ji}(t, 0) + z \partial_z \gamma_{ji}(t, z)|_{z=0} + O(z^2)$, valid for frequencies $\omega \ll \varepsilon_{\text{gap}}$, provides the low-frequency power-law behavior of the magnon kernel. For the diagonal part we find

$$
\Delta \gamma_{xx}(t, z) \simeq D(T) \sin(\omega_{\text{ext}} t) + z \,\delta M(T) \cos(\omega_{\text{ext}} t), \quad (28)
$$

and similarly the off-diagonal corrections are

$$
\Delta \gamma_{yx}(t, z) \simeq \delta Q(T) \cos(\omega_{ext} t) + z G(T) \sin(\omega_{ext} t). \tag{29}
$$

Explicit expressions of the *T* -dependent coefficients appearing in Eqs. (28) and (29) are given in Appendix [C.](#page-10-0) As expected, in the static limit $\omega_{ext} \rightarrow 0$, all the terms in Eqs. (28) and (29), except the mass renormalization, vanish. In the special case of $\varepsilon_d \ll \omega_{ext} \ll \varepsilon_{gap}$, where $0 \leqslant |\varepsilon_{\nu_2} - \varepsilon_{\nu_1}| \leqslant \varepsilon_d$ is the energy difference induced by the external potential V , we find the simplified expressions $D(T) = -\omega_{ext}\overline{W}_{ii}$, $\delta M(T) =$ \bar{W}_{ii} , $\delta Q(T) = \omega_{\text{ext}} \bar{W}_{yx}$, and $G(T) = \bar{W}_{yx}$. The coefficient \bar{W}_{ji} is given by

$$
\bar{W}_{ji} = \sum_{\nu_1, \nu_2, \nu_2} \frac{2C_{ji}^{\nu_1 \nu_2 \nu_3}}{\omega_{\text{ext}}^2} \left(\frac{\bar{F}_{\nu_2 \nu_3}}{\varepsilon_{\nu_3} - \varepsilon_{\nu_2}} - \frac{\bar{F}_{\nu_1 \nu_3}}{\varepsilon_{\nu_3} - \varepsilon_{\nu_1}} \right),\tag{30}
$$

where $\bar{F}_{\nu\nu'}$ is given after Eq. [\(22\)](#page-4-0). From Eq. (30) and the structure of the matrix elements of Eq. (25) it becomes apparent that W_{ji} is symmetric under the exchange of the indices v_1 , v_2 , and v_3 . The temperature dependence of the coefficient \bar{W}_{ii} is depicted in the inset of Fig. [2,](#page-4-0) for the choice $\varphi_{ext} = \pi/4$, $b_0 = 0.05$ (27 mT), $\omega_{ext} = 0.32$ (4.8 GHz), and $h = 0.4$ (216 mT).

Due to the symmetries of the matrix elements we note the relations $\Delta \gamma_{xx}(t, z) = \Delta \gamma_{yy}(t, z)$ and $\Delta \gamma_{xy}(t, z) =$ $-\Delta \gamma_{yx}(t, z)$, thus, the term $\delta Q(T) \cos(\omega_{ext} t)$ can be considered as a temperature- and time-dependent correction to the topological charge \tilde{Q}_0 , induced by the external drive. Similarly, the quantum mass acquires the correction $\delta M(T) \cos(\omega_{ext}t)$. The low-frequency linear dependence of the quantity $z\gamma_{ji}(t, z)$ signals a super-Ohmic to Ohmic crossover behavior, with measurable consequences on the skyrmion trajectory [\[52\]](#page-12-0). More specifically, the ac driving of the magnon bath at resonance displaces the skyrmion from its equilibrium position and results in a unidirectional ratchetlike propagation.

IV. RESPONSE FUNCTION

In this section, we calculate the equilibrium skyrmion response function, which is then generalized to the nonequilibrium case of a driven bath of magnons. The linear response of the skyrmion to the fluctuating force $\xi_i(t)$ is encoded in the equilibrium response function $\chi_{ij}^0(t - t')$ via the relation

$$
R_c^i(t) = \int_{-\infty}^t dt' \chi_{ij}^0(t - t') \xi_j(t'), \tag{31}
$$

where the elements in Laplace space are

$$
\chi_{ii}^{0}(z) = \frac{\gamma_{ii}^{0}(z)}{z\pi^{0}(z)}, \quad \chi_{yx}^{0}(z) = \frac{\tilde{Q}_{0} + \gamma_{yx}^{0}(z)}{z\pi^{0}(z)}, \quad (32)
$$

with $\pi^{0}(z) = [\tilde{Q}_{0} + \gamma^{0}_{yx}(z)]^{2} + [\gamma^{0}_{xx}(z)]^{2}$ and χ^{0}_{xy} $\chi^0_{xy}(z) =$ $-\chi_{yx}^0(z)$. The response functions at finite frequency $\chi_{ij}^0(z)$ are dynamical observables carrying physical information on the skyrmion dynamics. By employing

FIG. 3. (a) The colored surface represents the time and Laplace frequency dependence of the diagonal response function $\chi_{xx}(t, z)$, given in Eq. (34), for $T = 0.4$ (0.3 K), $\omega_{\text{ext}} = 0.32$ (4.8 GHz), $\varphi_{\text{ext}} =$ $\pi/4$, and $b_0 = 0.05$ (27 mT) the amplitude of the external field. The skyrmion is stabilized from a uniform out-of-plane magnetic field of strength $h = 0.4$ (216 mT) and has a radius of $\lambda = 2.67$ (5.32 nm), and we choose $J = 1$ meV, $\alpha = 0.5$ nm, and $J/D = 4$. Insets (b) and (c) depict the frequency dependence of $\chi_{xx}(t, z)$ at given times *t*, where $T_{\text{ext}} = 2\pi/\omega_{\text{ext}}$ denotes the period of the external drive.

the low-frequency power-law behavior of $\gamma_{ij}^0(z)$, one finds that $\chi_{ii}^0(z) = \mathcal{M}(T)/[\tilde{Q}_0^2 + \mathcal{M}(T)^2 z^2]$ and $\chi_{yx}^0(z) =$ $\tilde{Q}_0/[z(\tilde{Q}_0^2 + \mathcal{M}(T)^2 z^2)]$. The expansion at $z = 0$ yields $\chi^0_{ii}(z) \simeq \mathcal{M}(T)/\tilde{Q}_0^2 + O(z^2)$. A finite static susceptibility $\chi_0 = \mathcal{M}(T)/\tilde{Q}_0^2$ implies that a free topological particle with $\tilde{Q} \neq 0$ exhibits a different dynamical behavior than the one with $\tilde{Q}_0 = 0$. In particular, we note that the static susceptibility χ_0 is infinite for a freely moving and finite for a confined Brownian particle [\[1\]](#page-11-0). For example, $\chi_0 = 1/\omega_0^2$ for a damped harmonic oscillator of frequency ω_0 [\[1\]](#page-11-0). Therefore, we see that χ_0 is finite due to the nontrivial \tilde{Q}_0 , and as expected, χ_0 diverges for $\tilde{Q}_0 = 0$. Moreover, the low-frequency expansion for the off-diagonal response function is $\chi^0_{yx}(z) \simeq (1/\tilde{Q}_0 z) + O(z)$.

The response of the classical skyrmion position $\mathbf{R}_c(t)$ when the external drive $\mathbf{b}(t)$ is turned on is encoded in the response function $\chi_{ij}(t, t')$ defined through the relation

$$
R_c^i(t) = \int_{-\infty}^t dt' \chi_{ij}(t, t') \xi_j(t').
$$
 (33)

In an analogous fashion to the decomposition of the magnon kernel given in Eq. (23) , we generalize the response function as $\chi_{ij}(t, t') = \chi_{ij}^0(t - t') + \delta \chi_{ij}(t, t')$. Starting from the equation of motion given in Eq. [\(19\)](#page-3-0) and using Eq. (33), we solve for the function $\delta \chi_{ij}(t,\omega)$, defined as $\delta \chi_{ij}(t,t')$ = (1/2π) *d*ω *e*[−]*i*ω(*t*−*t*) δχ*i j*(*t*,ω), retaining first-order terms in $b₀$. In Laplace space, by performing an expansion of the full

FIG. 4. (a) The colored surface represents the time and Laplace frequency dependence of the off-diagonal response function $\chi_{yx}(t, z)$, given in Eq. (35) for $T = 0.4$ (0.3 K), $\omega_{ext} = 0.32$ (4.8 GHz), $\varphi_{ext} = \pi/4$, and $b_0 = 0.05$ (27 mT) the amplitude of the external field. The skyrmion is stabilized from a uniform out-of-plane magnetic field of strength $h = 0.4$ (216 mT) and has a radius of $\lambda = 2.67$ (5.32 nm), and we choose $J = 1$ meV, $\alpha = 0.5$ nm, and $J/D = 4$. Insets (b) and (c) depict the frequency dependence of $\chi_{xx}(t, z)$ at given times *t*, where $T_{ext} = 2\pi/\omega_{ext}$ denotes the period of the external drive.

response function $\chi_{ij}(t, z) = \chi_{ij}^0(z) + \delta \chi_{ij}(t, z)$ around $z = 0$ and keeping leading-order terms in *z*, we find

$$
\chi_{ii}(t,z) \simeq \frac{D(T)}{\tilde{Q}_0^2 z} \sin(\omega_{\text{ext}}t) + \chi_0 + \delta \chi \cos(\omega_{\text{ext}}t), \quad (34)
$$

with $\delta \chi = [-2\mathcal{M}(T)\delta Q(T) + \tilde{Q}_0 \delta M(T)]/\tilde{Q}_0^3$, and similarly

$$
\chi_{yx}(t,z) \simeq \frac{1}{\tilde{Q}_0 z} - \frac{\delta Q(T)}{\tilde{Q}_0^2 z} \cos(\omega_{\text{ext}} t) + \delta \bar{\chi} \sin(\omega_{\text{ext}} t), \quad (35)
$$

where $\delta \bar{\chi} = [-2\mathcal{M}(T)D(T) - \tilde{Q}_0 G(T)]/\tilde{Q}_0^3$. We observe that new terms emerge for the diagonal response function and a new static susceptibility term for the off-diagonal one. The characteristic behavior of the response functions $\chi_{ii}(t, z)$ is illustrated in Figs. 3 and 4. To begin with, an anticipated result is depicted in the colored surfaces plotted in Figs. $3(a)$ and $4(a)$, namely, that $\chi_{ji}(t, z)$ are periodic functions of time *t*, with a period $T_{ext} = 2\pi/\omega_{ext} = 19.63$ (1.3 ns). The *z* dependence of $\chi_{ji}(t, z)$ carries information on the memory effects that originate from the skyrmion-magnon bath coupling, including the additional dissipative terms generated by the oscillating driving field. Thus, we notice that the diagonal $\chi_{ii}(t, z)$ depends on the coefficient $D(T)$, while the off-diagonal $\chi_{yx}(t, z)$ has a dependence on the magnus force correction $\delta Q(T)$.

V. FLUCTUATION-DISSIPATION THEOREM

In this section we turn our attention to the derivation of the fluctuation-dissipation (FD) theorem, for a skyrmion in contact to a bath of magnons at equilibrium. An extension of the FD relation is also derived for a nonequilibrium bath of magnons which is weakly driven by an oscillating magnetic field, a relation which reduces to the FD theorem in the static limit. We also calculate the time and temperature dependence of the skyrmion mean-square displacement (MSD).

The FD theorem relates equilibrium thermal fluctuations and dissipative transport coefficients $[1,4]$. In the absence of an external drive, the Fourier transform $C_{ij}^0(\omega)$ of the quantum stochastic force correlation function defined through Eq. [\(16\)](#page-3-0) is related to the magnon kernel $\gamma_{ij}^0(\omega)$ by the relation

$$
C_{ij}^{0}(\omega) + C_{ji}^{0}(-\omega) = i\omega \coth\left(\frac{\beta\omega}{2}\right) \left[\gamma_{ij}^{0}(\omega) + \gamma_{ji}^{0}(-\omega)\right].
$$
\n(36)

Equation (36) is the quantum mechanical version of the FD theorem with the observation that quantum effects enter not only through the usual $\omega \coth(\beta \omega/2)$ term, but additionally through the nontrivial $\propto \coth(\beta \varepsilon_v/2)$ dependence of the magnon kernel $\gamma_{ij}(\omega)$.

We now turn to the extension of the FD relation of Eq. (36) in the presence of an external field $\mathbf{b}(t)$. In general, the stochastic fluctuations of reservoirs driven out of equilibrium do not necessarily relate to their dissipative properties, and a generalization of the FD theorem should not be expected, except for some special cases [\[71–74\]](#page-12-0). Following the same methodology as in Sec. [III,](#page-3-0) we decompose the random force autocorrelation function as follows:

$$
\langle \xi_j(t)\xi_i(t')\rangle = -i\Big[C_{ji}^0(t-t') + \Delta C_{ji}(t,t')\Big],\qquad(37)
$$

where the stochastic function $\Delta C_{ji}(t, t')$ satisfies

$$
\Delta C_{ji}(t, t') = \partial_t \partial_{t'} U_{ji}(t - t') \left[g_{\text{ext}}^{ji}(t) + g_{\text{ext}}^{ji}(t') \right]. \tag{38}
$$

Here, $U_{ji}(t - t')$ carries information about the magnon bath and is given by

$$
U_{ji}(t) = \sum_{\nu_1, \nu_2, \nu_2} \frac{i \mathcal{C}_{ji}^{\nu_1 \nu_2 \nu_3} \left[u_{\nu_3 \nu_2}(t) - u_{\nu_3 \nu_1}(t) \right]}{2 \left[\left(\varepsilon_{\nu_2} - \varepsilon_{\nu_1} \right)^2 - \omega_{\text{ext}}^2 \right]},\qquad(39)
$$

where $u_{\nu_1 \nu_2}(t) = [1 - F(\varepsilon_{\nu_1}) F(\varepsilon_{\nu_2})] \cos[(\varepsilon_{\nu_1} - \varepsilon_{\nu_2})t]$. We remind the reader that the magnon kernel $\Delta \gamma_{ji}(t, t')$ equals $\Delta \gamma_{ji}(t, t') = \partial_t W_{ji}(t - t') [g_{ext}^{ji}(t) + g_{ext}^{ji}(t')]$, with $W_{ji}(t)$ given in Eq. [\(24\)](#page-5-0). The generalization of the FD theorem is found to be independent of the form of the external drive and is expressed as a relation between the functions $W_{ii}(t)$ and $U_{ji}(t)$ in Fourier space,

$$
U_{ji}(\omega) + U_{ij}(-\omega) = \coth\left(\frac{\beta\omega}{2}\right)[W_{ji}(\omega) - W_{ij}(-\omega)].
$$
 (40)

The nonequilibrium FD relation (40) is valid within firstorder perturbation theory with respect to the amplitude of the driving field, however, we expect it will serve as a basis for future investigations of the effects of time-dependent driving fields beyond first-order perturbation theory. We emphasize that Eq. (40) is independent of the form of the external drive and the value of the external frequency ω_{ext} , and holds irrespectively of whether the time dependence of the drive is periodic.

In the special case of a static external field $\omega_{ext} \rightarrow 0$, the FD theorem in equilibrium, Eq. (36), is recovered trivially,

$$
C_{ij}(\omega) + C_{ji}(-\omega) = i\omega \coth\left(\frac{\beta \omega}{2}\right) [\gamma_{ij}(\omega) + \gamma_{ji}(-\omega)],
$$
\n(41)

where $C_{ij}(\omega) = C_{ij}^0(\omega) + 2\omega^2 U_{ij}(\omega) g_{\text{ext}}^{ji}(0)$ and $\gamma_{ij}(\omega) =$ $\gamma_{ij}^0(\omega) + 2(-i\omega)W_{ij}(\omega)g_{\text{ext}}^{ji}(0)$. This indicates that the magnons are driven out of equilibrium by the time dependence of the drive. It is also important to note that, although there is no global equilibrium, in terms of Green's functions depending only on the time differences [\[75\]](#page-12-0), our result shows that FD relations also hold for local (in time) equilibrium, as long as the amplitude of the drive is small and first-order perturbation theory is valid.

We now focus on the temperature dependence of the righthand side of Eq. (36) , which we expect to give rise to a finite zero-temperature mean-squared displacement (MSD) of the skyrmion position. This motivates us to consider the correlation function $S_{ij}(t, t') = \frac{1}{2} \langle [R_c^i(t) - R_c^j(t')]^2 \rangle$, where $\langle \ldots \rangle$ denotes ensemble average, and where $\langle \mathbf{R}_c \rangle = 0$. From Eqs. [\(32\)](#page-5-0) and [\(18\)](#page-3-0) it follows that in the special case of $\mathbf{b}(t)$ = 0, the diagonal MSD $S_{ii}(\bar{t}) = S_{ii}(t - t')$ reduces to

$$
S_{ii}(\bar{t}) = \int \frac{d\omega}{2\pi} (e^{-i\omega\bar{t}} - 1) \chi_{il}(\omega) \chi_{lk}(\omega) \chi_{ik}(-\omega), \qquad (42)
$$

where $\mathcal{X}_{ij}^0(\omega) = -i[C_{ij}^0(\omega) + C_{ji}^0(-\omega)]$ is the symmetrized autocorrelation function. Equation (42) contains several contributions, of which we retain only the leading terms in \tilde{Q}_0 , under the assumption $\tilde{Q}_0 \gg 1$, to further simplify the MSD to

$$
S_{ii}(\bar{t}) = \frac{2\pi}{\tilde{Q}_0^2} \sum_{v,v'} B_{ii}^{v;v'} [F(\varepsilon_v) F(\varepsilon_{v'}) - 1] \sin^2[(\varepsilon_{v'} - \varepsilon_v) \bar{t}/2].
$$
\n(43)

First, we focus on the temperature dependence of the First, we focus on the temperature dependence of the root-mean-square displacement (RMSD) $\sqrt{S_{ii}(\bar{t})}$, which is summarized in Fig. [5.](#page-8-0) As a result of the quantum magnetic excitations, the RMSD at $\tilde{T} = 0$, defined as $S_Q = \sqrt{S_{ii}}(\tilde{T})$ 0), remains finite. The dependence of S_Q on the skyrmion size λ , illustrated in the inset of Fig. [5,](#page-8-0) implies that quantum fluctuations become important for very small skyrmions of a few lattice sites, while their effect on the RMSD becomes negligible for larger skyrmions. We should emphasize that in this work we consider a classical skyrmion coupled to a bath of quantum magnetic excitations, and disregard quantum effects of the center of mass, which could increase the value of *SQ* further and make it experimentally more accessible. Such quantum effects are beyond the scope of this paper, and we leave it as a motivation for further studies.

Another important feature of Fig. [5](#page-8-0) is the fast linear Another important reature or Fig. 5 is the fast linear
thermal activation for temperatures $\tilde{T} > 4$ K, i.e., $\sqrt{S_{ii}(\bar{t})} \simeq$ 0.14 \tilde{T} α /K. Such a behavior results from the nontrivial temperature dependence of the fluctuation-dissipation theorem (36) and stands in contrast to the \sqrt{T} dependence obtained in a classical description [\[37\]](#page-12-0). For a skyrmion with a radius

FIG. 5. Root-mean-square displacement (RMSD) $\sqrt{S_{ii}}$ given in Eq. [\(42\)](#page-7-0) as a function of temperature \tilde{T} at time $t = 6.6$ ps, for a skyrmion of radius $\lambda = 2.57\alpha$, and $Q_0 = -1$. The RMSD is plotted for the choice $J = 1$ meV, $N_A S = 1$, and $d = 1$, and given in units of the lattice constant α . Due to the quantum magnetic excitations, the RMSD at zero temperature, $S_Q \equiv \sqrt{S_{ii}} (\tilde{T} = 0)$, remains finite, while it scales linearly with \tilde{T} at finite temperatures. The inset depicts the dependence of S_Q on the skyrmion size λ .

10α, the RMSD is (3.3/*N_AS*) percentage of its radius at \tilde{T} = 1.5 K, (10.8/*N_AS*) percentage at $\tilde{T} = 5$ K, and (32.5/*N_AS*) percentage at $\tilde{T} = 15$ K.

Further results are shown in Fig. 6, where we plot the dependence of the RMSD on the skyrmion size λ . We note that there is a critical radius $\lambda_{cr}(\tilde{T})$ which signals the interplay between long-time renormalization and short-time dynamical effects. For $\lambda < \lambda_{cr}$, the RMSD is inversely proportional to the skyrmion size, as expected for a massive particle with a mass proportional to the area λ^2 . Indeed, the time-dependent magnon kernel $\gamma_{ij}^0(t)$ of Eq. [\(B4\)](#page-10-0) is renormalized to the effective mass of Eq. (22) in the long-time scale approximation. On the contrary, for $\lambda > \lambda_{cr}$, shorter timescale dynamical information becomes dominant and the RMSD scales linearly with λ. Analogous results are obtained for very low temperatures below 2 K, illustrated in the inset of Fig. 6.

Several conclusions can be drawn also from the time dependence of $S_{ii}(\bar{t})$ as illustrated in Fig. 7. At short times $\bar{t} \ll 1$, we find a quadratic dependence $S_{ii}(\bar{t}) \simeq S_0 \bar{t}^2$, which resembles the ballistic regime of the Brownian motion of a particle [\[76\]](#page-12-0). The constant S_0 is found from Eq. [\(43\)](#page-7-0) under the replacement $\sin[(\varepsilon_{\nu'} - \varepsilon_{\nu})\bar{t}/2] \rightarrow (\varepsilon_{\nu'} - \varepsilon_{\nu})\bar{t}/2$, while for the specific parameters plotted in Fig. 7 we find $S_0 = 4.2 \times 10^5$. Such a ballistic motion is a direct consequence of the memory effects which dominate the dynamics at short timescales. At longer times, the memory effects become negligible and $S_{ii}(\bar{t})$ saturates at a value which can be estimated from replacing $\sin^2[(\varepsilon_{\nu'}-\varepsilon_{\nu})\bar{t}/2] \rightarrow 1/2$ in Eq. [\(43\)](#page-7-0).

The ballistic regime of the Brownian motion for a classical particle with a large inertia mass of the order of 10^{-14} kg has been experimentally observed for short timescales of the inertia-dominated regime of μ s [\[77,78\]](#page-12-0). Here, the ballistic motion we predict for the quantum dynamics of a magnetic skyrmion, with an inertial mass of 0.2×10^{-28} kg at

FIG. 6. The RMSD $\sqrt{S_{ii}}$ given in Eq. [\(43\)](#page-7-0) as a function of the skyrmion size λ at three different temperatures $\tilde{T} = 5$, 10, and 15 K, for $J = 1$ meV, $t = 50$ ps, and $N_A S = 1$. The dashed vertical line indicates the value $\lambda = \alpha$. The inset depicts the λ dependence of the RMSD at low temperatures below 2 K. For a given temperature \tilde{T} , the RMSD has a local minimum at a critical radius $\lambda_{cr}(\tilde{T})$ which signals a crossover from short-time dynamical effects to long-time renormalization: for $\lambda < \lambda_{cr}$, the RMSD decreases as $1/\lambda$, while for $\lambda > \lambda_{cr}$ it scales linearly with λ .

 $T = 580$ mK, is restricted to the immeasurably small femtosecond regime, which, however, is comparable to the duration of ultrafast light-induced heat pulses needed to write and erase magnetic skyrmions [\[79\]](#page-12-0). We anticipate that the ballistic motion for a confined skyrmion with an inertial mass of about 10^{-26} kg [\[41\]](#page-12-0) could possibly take place within the experimentally accessible nanosecond regime. It suffices to mention that the classical dissipation is dominated by the

FIG. 7. Mean-squared displacement (MSD) $S_{ii}(\tilde{t})$ given in Eq. [\(43\)](#page-7-0) as a function of time at temperature $\tilde{T} = 14.5$ K, for a skyrmion of radius $\lambda = 3.63\alpha$. The MSD is plotted for the choice of $J = 1$ meV, $N_A S = 1$, and $d = 4$. We observe a ballistic regime at a very small timescale, while for larger times the MSD saturates quickly at the value obtained when the memory effects become negligible.

contribution of some low-lying localized modes with energy ε_0 in the GHz regime [\[80\]](#page-12-0). Thus, the quadratic short-time expansion is valid up to times ε_0^{-1} , i.e., the ballistic regime extends in the nanosecond regime. We also note that our predictions significantly deviate from the classical results for the mean-squared displacement which, in the latter case, increases linearly with time [\[37\]](#page-12-0), a result that directly follows from the assumption of a phenomenological thermal white noise which scales proportional to the Gilbert damping parameter.

VI. CONCLUSIONS

In this work, we consider the stochastic dynamics of a magnetic skyrmion in contact with a dissipative bath of magnons in the presence of a time-periodic external field, which directly couples to the magnon bath. We develop a microscopic derivation of the Langevin equation for the classical center of mass, based on a quantum field theory approach which combines the functional Keldysh and the collective coordinate formalism. The non-Markovian magnon kernel is explicitly related to the colored autocorrelation function of the stochastic fluctuating fields, through the quantum mechanical version of the fluctuation-dissipation theorem. Emphasis is given to the nontrivial temperature dependence of the dynamical properties of the system, in terms of the fundamental response and correlation functions. Contrary to the prediction of the classical theory, the magnon kernel and the mass remain finite at vanishingly small temperatures, due to the quantum nature of the bath considered in this work. This will give rise to a finite mean-squared displacement at $T \rightarrow 0$, which increases with temperature as T^2 , a result that deviates from the phenomenological prediction of a linear increase.

We rigorously treat the effects of an external drive on the bath, and therefore on the skyrmion-bath coupling, and we generalize the theory of quantum dissipative response. The bath is dynamically engineered out of equilibrium and through its interaction with the skyrmion gives rise to dissipation and random forces that incorporate the bath's dynamical activity. The magnitude of these effects is illustrated in the diagonal and off-diagonal response functions, which acquire an additional time periodicity inherited by the external drive. In addition, a crossover behavior is signaled by a new timeperiodic term linear to the skyrmion velocity and a magnus force correction, similar to the effects predicted within a microscopic theory of classical dissipation with measurable consequences for the skyrmion path [\[52\]](#page-12-0). We note, however, that, in contrast to Ref. [\[52\]](#page-12-0), where the external drive couples to a well-pronounced bath mode, here we do not consider resonance effects.

Within our path-integral formulation, we are able to establish a generalization of the fluctuation-dissipation theorem to the nonequilibrium case for weakly driven magnetic excitations. The spectral characteristics of the bath modes of the magnon kernel are related to the ones of the stochastic correlation function, irrespectively of the form of the external drive and the value of the external frequency. Noteworthy, our results apply to similar mesoscopic systems embedded in a driven bath. Advances in the theoretical understanding of skyrmion dynamics out of equilibrium is expected to have an

impact on similar particlelike objects such as solitonic textures in quantum superfluids and domain walls in ferromagnets. Our nonequilibrium formalism of skyrmion dynamics can serve as a basis for future experimental investigations as well as theoretical studies that go beyond first-order perturbation theory and beyond the slow dynamics of the GHz regime.

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APPENDIX A: AUTOCORRELATION FUNCTION

Here, we present in more detail the autocorrelation function of the stochastic fields $C_{ij}(t, t')$, defined in Eq. [\(16\)](#page-3-0) of Sec. [II.](#page-1-0) To evaluate the trace we use the functions $\Psi_{\nu}(\mathbf{r}, t)$, eigenfunctions of the magnon Hamiltonian H , which are pre-sented in detail in Appendix [D.](#page-10-0) After some algebra, $C_{ij}(t, t')$ is expressed as

$$
C_{ij}(t, t') = C_{ij}^{K,K}(t, t') + C_{ij}^{R,A}(t, t') + C_{ij}^{A,R}(t, t'), \quad (A1)
$$

where

$$
C_{ij}^{a,b}(t,t') = \frac{iS^2}{4} \sum_{\nu}^{\prime} \int_{\bar{t}} \int_{\bar{\mathbf{r}},\mathbf{r},\mathbf{r'}} \partial_t \partial_{t'} [\Psi_{\nu}^{\dagger}(\bar{\mathbf{r}},\bar{t}) G^a(\bar{\mathbf{r}},\mathbf{r'},\bar{t},t') \times \Gamma_i(\mathbf{r'}) \sigma_z G^b(\mathbf{r'},\mathbf{r},t',t) \sigma_z \Gamma_j(\mathbf{r}) \Psi_{\nu}(\mathbf{r},t)],
$$
\n(A2)

with $a, b = K, R, A$. A more transparent form is obtained for a bath of magnetic excitations at equilibrium, i.e., $\mathbf{b}(t) = 0$,

$$
C_{ij}^{0}(t-t') = \frac{i}{4} \partial_t \partial_{t'} \sum_{v,v'} B_{ij}^{vv'} e^{-i(\varepsilon_{v'} - \varepsilon_{v})(t-t')}
$$

$$
\times [\Theta(t-t') + \Theta(t'-t) - F(\varepsilon_{v'})F(\varepsilon_{v})], \quad (A3)
$$

which is further simplified in Fourier space

$$
C_{ij}^{0}(\omega) = \frac{i\pi\omega^{2}}{2} \coth\left(\frac{\beta\omega}{2}\right) \sum_{\nu,\nu'} B_{ij}^{\nu\nu'} \bar{F}_{\nu'\nu} \delta(\omega - \varepsilon_{\nu'} + \varepsilon_{\nu}),
$$
\n(A4)

where, again, $\bar{F}_{\nu\nu'} = F(\varepsilon_{\nu}) - F(\varepsilon_{\nu'})$ and $F(\varepsilon_{\nu}) =$ $\coth(\beta \varepsilon_v/2)$.

APPENDIX B: EQUILIBRIUM MAGNON KERNEL

Our current task is to analyze the magnon kernel of Eq. [\(20\)](#page-3-0) by considering first the special case $\mathbf{b}(t) = 0$. By a simple inspection of Eq. [\(14\)](#page-3-0) we notice that correlations in equilibrium are time-translation invariant and the Green functions depend on time differences $G^{R,A}(t, t') = G^{R,A}(t - t')$ and as a result the the diagonal part of the magnon kernel is found equal to

$$
\gamma_{ii}^0(t) = \Theta(t)\partial_t \sum_{\nu\nu'} \text{Re}\big(\mathcal{B}_{ii}^{\nu\nu'}\big)\bar{F}_{\nu\nu'}\sin[(\varepsilon_{\nu'} - \varepsilon_{\nu})t], \quad (B1)
$$

while the off-diagonal part can be cast into the form

$$
\gamma_{yx}^0(t) = \Theta(t)\partial_t \sum_{v,v'} \text{Im}\big(\mathcal{B}_{yx}^{vv'}\big)\bar{F}_{vv'}\cos[(\varepsilon_{v'} - \varepsilon_v)t]. \quad (B2)
$$

Here, we sum over the quantum number $v = \{q = \pm 1, n\}$, where the index *q* distinguishes between particle states

 $(q = 1)$, solutions of the eigenvalue problem $\mathcal{H}\Psi_n = \varepsilon_n^q \sigma_z \Psi_n$, with positive eigenfrequency $\varepsilon_n^1 = +\varepsilon_n$, and antiparticle states $(q = -1)$ with negative eigenfrequency $\varepsilon_n^{-1} = -\varepsilon_n$ [\[41\]](#page-12-0). The matrix elements are given by $B_{ij}^{vv'} = B_{ij}^{n,q;n',q'} =$ $(qq'/2)\int_{\mathbf{r}} \Psi_{\nu}^{\dagger} \Gamma_i \sigma_z \Psi_{\nu'} \int_{\mathbf{r}'} \Psi_{\nu'}^{\dagger} \Gamma_j \sigma_z \Psi_{\nu}$. From the structure of the matrix elements we conclude that $B_{ii}^{\nu\nu'} = \text{Re}(B_{ii}^{\nu\nu'})$ and $\mathcal{B}_{xy}^{vv'} = i \operatorname{Im}(\mathcal{B}_{ij}^{vv'})$. We also note that $\gamma_{xy}^0(t) = -\gamma_{yx}^0(t)$ and that $\text{Re}(\mathcal{B}_{ii}^{\nu' \nu}) = \text{Re}(\mathcal{B}_{ii}^{\nu \nu'}), \text{ while } \text{Im}(\mathcal{B}_{yx}^{\nu' \nu'}) = -\text{Im}(\mathcal{B}_{yx}^{\nu \nu'}).$ Thus, both Eqs. $(B1)$ and $(B2)$ are symmetric under the interchange of ν and ν' .

It appears convenient to derive the Langevin equation of Eq. [\(19\)](#page-3-0) in the Laplace-frequency *z* space,

$$
\tilde{Q}_0 \epsilon_{ij} z R_c^j(z) + z R_c^j(z) \gamma_{ji}(z) = \xi_i(z), \tag{B3}
$$

where the frequency-dependent kernel of Eq. $(B1)$ equals

$$
\gamma_{ii}^{0}(z) = z \sum_{\nu,\nu'} \frac{\text{Re}(\mathcal{B}_{ii}^{\nu;\nu'}) (\varepsilon_{\nu'} - \varepsilon_{\nu}) \bar{F}_{\nu\nu'}}{(\varepsilon_{\nu'} - \varepsilon_{\nu})^2 + z^2}, \quad (B4)
$$

and the off-diagonal kernel of Eq. $(B2)$ is found to be

$$
\gamma_{xy}^0(z) = z^2 \sum_{\nu,\nu'} \frac{\text{Im}[\mathcal{B}_{xy}^{\nu;\nu'}]\bar{F}_{\nu\nu'}}{(\varepsilon_{\nu'} - \varepsilon_{\nu})^2 + z^2},
$$
(B5)

and it also holds that $\gamma_{yx}^0(z) = -\gamma_{xy}^0(z)$. Note that agreement of the magnon kernel $\gamma_{ij}^0(z)$ with earlier results derived in Matsubara space using the imaginary-time path-integral approach [\[41\]](#page-12-0) can be established by simple analytic continuation.

In the limit $\omega \ll T \ll \varepsilon_{\text{gap}}$, with $\omega = \text{Re}(iz)$, intrinsic Ohmic friction is absent and the low-frequency power-law behavior of $z\gamma_{ii}^0(z) = z\mathcal{M}(T) + O[(z/\varepsilon_{\text{gap}})^2]$ is super-Ohmic, where M is given by Eq. [\(22\)](#page-4-0). This is analogous to domain wall [\[67\]](#page-12-0) and solitons in superfluid [\[10\]](#page-11-0) dynamics, where it has been demonstrated that a super-Ohmic frictional force is induced by the back-reaction of the bosonic gapped excitations $z\gamma(z) \propto e^{-\beta \epsilon_0} z^3$, with ϵ_0 being the energy gap of the continuum modes of the system. We should emphasize that the magnon kernels of Eqs. $(B4)$ and $(B5)$ have been derived considering only the low-temperature limit, at which the spin degrees of freedom are decoupled from phonons, and focusing on slow dynamics, where fast oscillating terms at frequencies higher than ε_{gap} are neglected. We also neglect relaxation mechanisms for the magnon bath, for example, higher-order magnon-magnon interactions, or the back-action of the skyrmion to the magnon bath. Such terms can be phenomenologically included by multiplying the magnon kernels $\gamma_{ij}^0(t)$ by $e^{-\Gamma t}$, where Γ is the relaxation rate. It can be shown that in this case, Ohmic dissipation arises proportional to $z\gamma_{ii}^0(z)\propto z\Gamma e^{-\beta\epsilon_{\rm gap}}/(\epsilon_{\rm gap}^2+\Gamma^2)$, for $\omega\ll\Gamma\ll\varepsilon_{\rm gap}$.

APPENDIX C: NONEQUILIBRIUM MAGNON KERNEL

In this Appendix we provide explicit formulas for the reduced expressions of the nonequilibrium magnon kernels appearing in Eq. [\(28\)](#page-5-0). First, we note that the Laplace transform $W_{ij}(z)$ of the function $W_{ij}(t)$ given in Eq. [\(24\)](#page-5-0) is expressed as

$$
W_{ji}(z) = \sum_{\nu_1, \nu_2, \nu_2} \frac{\mathcal{C}_{ji}^{\nu_1 \nu_2 \nu_3} \left[w_{\nu_3 \nu_2}(z) - w_{\nu_3 \nu_1}(z) \right]}{\left(\varepsilon_{\nu_2} - \varepsilon_{\nu_1} \right)^2 - \omega_{\text{ext}}^2}, \quad (C1)
$$

where $w_{\nu_1 \nu_2}(z) = \bar{F}_{\nu_1 \nu_2}(\varepsilon_{\nu_1} - \varepsilon_{\nu_2})/[(\varepsilon_{\nu_1} - \varepsilon_{\nu_2})^2 + z^2]$ and where the matrix elements $C_{ji}^{\nu_1 \nu_2 \nu_3}$ are given in Eq. [\(25\)](#page-5-0). Starting from Eq. (27) we define the temperature-dependent dissipation constants through a Taylor expansion of the kernel $\Delta \gamma_{ii}(t, z)$ around $z = 0$ as

$$
\Delta \gamma_{xx}(t,0) = -\omega_{\text{ext}}[W_{xx}(0) + W_{xx}(i\omega_{\text{ext}})]\sin(\omega_{\text{ext}}t) \quad (C2)
$$

for the linear terms and the next order is given through the relation

$$
\partial_z \Delta \gamma_{xx}(t, z)|_{z=0} = \cos(\omega_{ext}t)[W_{xx}(0) + W_{xx}(i\omega_{ext}) + i\omega_{ext}W'_{xx}(i\omega_{ext})].
$$
 (C3)

Analogously, we find

$$
\Delta \gamma_{yx}(t,0) = \omega_{ext}[W_{yx}(0) + W_{yx}(i\omega_{ext})] \cos(\omega_{ext}t)
$$
 (C4)

for the linear terms and

$$
\partial_z \Delta \gamma_{yx}(t, z)|_{z=0} = \sin(\omega_{ext} t)[W_{yx}(0) + W_{yx}(i\omega_{ext}) + i\omega_{ext}W'_{yx}(i\omega_{ext})]
$$
(C5)

for the next-order term. First, we note that in the static limit $\omega_{\text{ext}} \rightarrow 0$, all the terms vanish beside a mass renormalization term $W_{xx}(0)$. At this point, we emphasize that our approach is valid only for slow dynamics and, consequently, the frequency of the external drive should be restricted to the GHz range, i.e., $\omega_{\text{ext}} \ll \varepsilon_{\text{gap}}$. At the same time we recall that the external potential *V* induces a finite but small overlap $0 < |V_{\nu_1 \nu_2}| \ll$ 1 between magnon modes carrying approximately the same energy. Thus, under the assumptions $\varepsilon_d \ll \omega_{\rm ext} \ll \varepsilon_{\rm gap}$, with $\varepsilon_d = |\varepsilon_{\nu_1} - \varepsilon_{\nu_2}|$, the resulting expressions are summarized in Eqs. [\(28\)](#page-5-0) and [\(29\)](#page-5-0), with $D(T) = -\omega_{ext}W_{ii}$, $\delta M(T) = W_{ii}$, $\delta Q(T) = \omega_{\text{ext}} \bar{W}_{yx}$, and $G(T) = \bar{W}_{yx}$. The \bar{W}_{ji} coefficient can be found in Eq. (30) .

APPENDIX D: MAGNON SPECTRUM

Here, we briefly discuss the structure of the magnon excitations, while a more detailed discussion can be found in Refs. [\[41,52\]](#page-12-0). The magnon Hamiltonian H for the model of Eq. (3) in dimensionless units is given by

$$
\mathcal{H} = 2[-\nabla^2 + U_0(\rho)]\mathbb{1} + 2U_1(\rho)\sigma_x - 2iU_2(\rho)\frac{\partial}{\partial \phi}\sigma_z, \quad (D1)
$$

where $U_2(\rho) = \frac{2 \cos \Theta_0}{\rho^2} - \frac{\sin \Theta_0}{\rho}$, and

$$
U_1(\rho) = \frac{\sin 2\Theta_0}{4\rho} - \frac{(\Theta_0')^2}{2} + \frac{1}{2}\left(\kappa + \frac{1}{\rho^2}\right)\sin^2\Theta_0 - \frac{\Theta_0'}{2}
$$
(D2)

and

$$
U_0(\rho) = \frac{h \cos \Theta_0}{2} - \frac{3 \sin 2\Theta_0}{4\rho}
$$

$$
- \frac{(\Theta'_0)^2}{2} + \left(\frac{\kappa}{4} + \frac{1}{4\rho^2}\right)(1 + 3\cos 2\Theta_0) - \frac{\Theta'_0}{2}.
$$
 (D3)

The goal is to solve the eigenvalue problem of the form $\mathcal{H}\Psi_n = \varepsilon_n \sigma_z \Psi_n$. Using the wave expansions

 $\Psi_n = e^{im\phi} \psi_{n,m}(\rho) / \sqrt{2\pi}$, the eigenvalue problem takes the form $\mathcal{H}_m \psi_{n,m}(\rho) = \varepsilon_{n,m} \sigma_z \psi_{n,m}(\rho)$, with

$$
\mathcal{H}_m = 2\left(-\nabla_{\rho}^2 + U_0(\rho) + \frac{m^2}{\rho^2}\right)\mathbb{1} + 2U_1(\rho)\sigma_x + 2U_2(\rho)m\sigma_z,
$$
\n(D4)

and $\nabla^2_{\rho} = \frac{\partial^2}{\partial_{\rho}} + \frac{1}{\rho} \frac{\partial}{\partial_{\rho}}$. Scattering states $\Psi_{m,k}(\mathbf{r})$, classified by *m* as well as the radial momentum $k \geq 0$, carry energy $\varepsilon(k) =$ $\varepsilon_{\rm gap} + k^2$, with $\varepsilon_{\rm gap} = 2\kappa + h$, and are of the form

$$
\psi_{m,k}(\rho) = d_m[\cos(\delta_m)J_{m+1}(k\rho) - \sin(\delta_m)Y_{m+1}(k\rho)]\binom{1}{0},\tag{D5}
$$

where J_m (Y_m) are the Bessel functions of the first (second) kind, $d_m(k)$ is a normalization constant, and $\delta_m(k)$ is a scattering phase shift that determines the intensity of magnon scattering due to the presence of the skyrmion. The phase shifts are calculated within the WKB approximation discussed in detail in Refs. [\[41,81\]](#page-12-0). In the presence of an oscillating field **b**(*t*) = $b_0\Theta(t - t_0)\cos(\omega_{\text{ext}}t)(\sin\varphi_{\text{ext}}, 0, \cos\varphi_{\text{ext}})$, the magnons experience a potential $V(\mathbf{r}, t) = \mathbf{b}(t) \cdot \mathbf{D} =$ $b_0 \Theta(t - t_0) \cos(\omega_{\text{ext}} t) V(\mathbf{r})$, with $\mathbf{D} = \delta_{\chi^{\dagger}} \delta_{\chi} \mathbf{m}|_{\chi = \chi^{\dagger} = 0}$ and

$$
V(\mathbf{r}) = V_1(\mathbf{r})\mathbb{1} + V_2(\mathbf{r})\sigma_x + V_3(\mathbf{r})\sigma_y.
$$
 (D6)

The potentials are $V_{1,2}(\mathbf{r}) = \csc[\Theta_0(\rho)]^2 B_1(\mathbf{r}) \pm B_2(\mathbf{r}),$ $V_3(\mathbf{r}) = (1/2)\csc[\Theta_0(\rho)]B_3(\mathbf{r}) + B_2(\mathbf{r})$, and $B_1(\mathbf{r}) = (1/2)$ $\sin(\varphi_{\text{ext}})\cos[\Phi_0(\phi)]\sin[\Theta_0(\rho)], B_2(\mathbf{r})=B_1(\mathbf{r})+(1/2)\cos(\varphi_{\text{ext}})$ $\cos[\Phi_0(\phi)] \sin[\Theta(\rho)]$, and $B_1(\mathbf{r})=-(1/2) \sin(\varphi_{\rm ext}) \sin[\Phi_0(\phi)]$ $cos[\Theta_0(\rho)].$

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We note that since the Hamiltonian H is invariant under the conjugation transformation C, where $C = K \sigma_x$ with K the complex-conjugation operator, there exists an additional class of solutions $\Psi_n^{-1} = C \sigma_x \Psi_n^1$ with negative eigenfrequency. To distinguish these two classes of solutions we use an additional index $\Psi_n^{q=\pm 1}$, where the states Ψ_n^1 have positive eigenfrequencies $\varepsilon_n^1 \geq 0$, while Ψ_n^{-1} have negative eigenfrequencies $\varepsilon_n^{-1} \leq$ 0. The biorthogonality conditions for the solutions are of the form $\langle \Psi_n^q | \sigma_z | \Psi_m^q \rangle = q \delta_{q,q} \delta_{n,m}$. Similarly, the resolution of the unity operator is given by $1 = \sum_{q=\pm 1} \sum_n q |\Psi_n^q\rangle \langle \Psi_n^q|\sigma_z$ and the trace of an operator is $\text{Tr}(A) = \sum_{q=\pm 1} \sum_n q \langle \Psi_n^q | \sigma_z A | \Psi_n^q \rangle$. To calculate the mass $\mathcal{M}(T)$ of Eq. [\(22\)](#page-4-0), as well as the driveinduced dissipation of Eq. (30) , the sum over the quantum number ν is replaced in the following way:

$$
\sum_{v} \Psi_{v} = \sum_{q=\pm 1,n} \Psi_{n}^{q} \rightarrow \sum_{q=\pm 1} \sum_{m} \sum_{k} \Psi_{m,k}^{q}.
$$
 (D7)

To render our results finite in the thermodynamic limit, we subtract the background fluctuations [\[40\]](#page-12-0) as Σ Σ $\psi_{m,k} \rightarrow$ ψ_k ($\Psi_{m,k}^{\text{free}} - \Psi_{m,k}$), where $\Psi_{m,k}^{\text{free}}$ are given by Eq. (D5) for $\overline{\delta_m}(k) = 0$. We also note that in addition to scattering states, a few localized modes which correspond to deformations of the skyrmion into polygons exist in the range $0 < \varepsilon_n < \varepsilon_{\text{gap}}$, but do not contribute significantly compared to the continuum of modes $\Psi_{m,k}$. For detailed formulas of the explicit calculation of the mass $\mathcal{M}(T)$ we refer the reader to Appendix [C](#page-10-0) of Ref. [\[41\]](#page-12-0) and in particular to Eq. (C8). Finally, we note that for the matrix elements $\mathcal{B}_{ii}^{\nu\nu'}$ of Eq. [\(22\)](#page-4-0), both elastic, $\mathcal{B}_{ii}^{k,k}$, and inelastic, $\mathcal{B}_{ii}^{k,k'}$, scattering processes are taken into account. Magnon-magnon scattering is neglected as it corresponds to a higher-order process.

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