## Subband picture of high-harmonic generation in solids

Tomohiro Tamaya<sup>®</sup><sup>\*</sup> and Takeo Kato

Institute for Solid State Physics, University of Tokyo, Kashiwa, 277-8581, Japan

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We propose a picture of high-harmonic generation (HHG) in solids based on the concept of temporally changing band structures. To demonstrate the utility of this picture, we focus on the high-order sideband generation (HSG) caused by strong terahertz (THz) and weak near-infrared (NIR) light in the context of pump-probe spectroscopy. We find that the NIR frequency dependence of the HSG indicates the existence of new energy levels (subbands) around the band-gap energy, which have multiple frequencies of THz light. This subband picture explains why the HSG intensity becomes a nonmonotonic function of the THz light amplitude. The present analysis not only reveals the origin of the plateau structure in HHG spectra, but also provides a connection to other high-field phenomena.

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High-harmonic generation (HHG) is one of the most fundamental topics of nonlinear optics [1-3]. In particular, HHG in gaseous media has made it possible to develop a highfrequency light source and has paved the way for attosecond science [4-9]. In recent years, HHG in solids has been experimentally observed, and its diversity has led to a new research field and expectations of novel optical devices [10-24]. In fact, HHG has been explored in a wide variety of solids, and by clarifying the universal properties of HHG in solids, much progress in high-intensity optical technology can be expected.

The HHG mechanism in solids has been mainly explained in terms of either the three-step model or the Bloch oscillation [10–29]. In these models, however, the connection between HHG and other high-field phenomena, such as the dynamical Franz-Keldysh effect [30–34], above-threshold ionization [35–37], and coherent destruction of tunneling [38–40], is unclear. It appears that HHG and these optical phenomena are different aspects of the same electron interaction with the strong light field, and revealing their connections would provide new aspects of HHG. Moreover, clarifying them might lay the foundation for understanding high-intensity optical phenomena and reveal a different HHG mechanism in solids.

A representative method of exploring the HHG mechanism is pump-probe spectroscopy, where weak near-infrared (NIR) and strong terahertz (THz) light are simultaneously imposed. Recent studies have claimed that the two-color light yields high-order sideband generation (HSG) [41–49] whose properties are determined by quasiparticle collisions [45,46]; i.e., carriers excited by the weak NIR light are driven by the strong THz light, after which they collide and induce HSG. This physical interpretation is similar to the one for gaseous media [50–55]. HSG experiments, however, can be understood in a different way, i.e., as a probe of the *modified* states of solids under strong THz light irradiation, assisted by one-photon excitation due to the weak NIR light. Therefore, tuning the NIR frequency as well as the intensity of the THz light would be a pump-probe spectroscopy for the HHG mechanism and changes in the HSG spectra should be important clues to the nonperturbative mechanisms of HHG.

In this Rapid Communication, we theoretically investigate how the properties of HSG in solids change depending on the THz intensity and NIR frequency. Our numerical results suggest a subband picture of HHG in solids that indicates a new aspect of HHG and clarifies the connection to other high-field phenomena.

To investigate the properties of HSG, we have extended the previous theories [18,25,26] to the case of a two-color pumpprobe system. In this work, we consider a two-dimensional covalent crystal with two different atoms in a unit cell as a minimum model in which space-inversion symmetry is kept. The theoretical model employed here is simple, but has enough facility to clarify the essence of HSG. By performing a similar procedure to that of Refs. [18,25,26], we arrive at the Hamiltonian  $H = H_0 + H_{intra} + H_{intra}$ , where [56]

$$H_0 = \sum_{\boldsymbol{k}} [E_c(\boldsymbol{k}) a_{c\boldsymbol{k}}^{\dagger} a_{c\boldsymbol{k}} + E_v(\boldsymbol{k}) a_{v\boldsymbol{k}}^{\dagger} a_{v\boldsymbol{k}}], \qquad (1)$$

$$H_{\text{intra}} = \sum_{k,\nu} \hbar \Omega_{\nu}(t) \cos \theta_k (a_{ck}^{\dagger} a_{ck} - a_{\nu k}^{\dagger} a_{\nu k}), \qquad (2)$$

$$H_{\text{inter}} = -\sum_{k,\nu} \hbar \Omega_{\nu}(t) \sin \theta_k (a_{ck}^{\dagger} a_{\nu k} + a_{\nu k}^{\dagger} a_{ck}).$$
(3)

The Hamiltonian  $H_0$  describes a bulk semiconductor, where  $a_{ck}$  ( $a_{vk}$ ) is the annihilation operator of conduction (valence) electrons, and the dispersion is given as  $E_{c(v)} = \hbar^2 k^2 / 2m_{c(v)} \pm E_g/2$  [ $\hbar$  is the reduced Planck constant, k is the two-dimensional Bloch wave vector,  $m_{c(v)}$  is the effective mass of the conduction (valence) band, and  $E_g$  is the band-gap energy]. Here, we define  $\theta_k$  as the angle of k measured from the x axis. In this Rapid Communication, we suppose  $m_c = -m_v$ , i.e.,  $E_c(k) = -E_v(k) = E(k)$ . The light-matter interaction  $H_I$  is composed of  $H_{inter}$  and  $H_{intra}$ , where the former (latter) describes the interband (intraband) transition. It is remarkable that the intraband Hamiltonian  $H_0$ , which leads us to

<sup>\*</sup>tamaya@issp.u-tokyo.ac.jp



FIG. 1. Normalized high-harmonic spectra caused by high-intensity THz and low-intensity NIR light for (a) multiphoton absorption regime ( $\Omega_{\text{THz}} = 0.4\omega_{\text{THz}}$ ), (b) AC Zener regime ( $\Omega_{\text{THz}} = 4\omega_{\text{THz}}$ ), and (c) semimetal regime ( $\Omega_{\text{THz}} = 12\omega_{\text{THz}}$ ). The band-gap energy is set to  $E_g = 21\hbar\omega_{\text{THz}}$ . The green and red lines indicate HHG (without the NIR light) and HSG spectra (with the NIR light), respectively. The cutoff frequencies in the AC Zener regime and the semimetal regime can be estimated as  $E_g/\hbar + 1.6\Omega_{\text{THz}}$  and  $3.6\Omega_{\text{THz}}$ , respectively [25].

the idea of a temporally changing band structure defined by  $\xi_{c(v)}(\mathbf{k}, t) = E_{c(v)}(\mathbf{k}) \pm \hbar \cos \theta_{\mathbf{k}} \sum_{v} \Omega_{v}(t)$  [18,25,26]. Below, we assume that the Rabi frequency  $\Omega_{v}(t)$  (v = NIR or THz) has the following time profile:

$$\Omega_{\nu}(t) = \Omega_{\nu} \exp[-(t-t_0)^2/T^2] \cos \omega_{\nu} t, \qquad (4)$$

where  $\Omega_{\nu}$  and  $\omega_{\nu}$  are the maximum amplitudes of the Rabi frequency and the incident frequency of light, respectively [62]. Throughout this Rapid Communication, the parameters of the incident light will be fixed at  $t_0 = 24\pi/\omega_{\text{THz}}$  and  $T = 4\pi/\omega_{\text{THz}}$ .

Using the above Hamiltonian, the time-evolution equations for the wave function  $\psi_{ck}$  ( $\psi_{vk}$ ) of the conduction (valence) electrons can be derived as [56]

$$i\hbar\dot{\psi}_{ck} = \xi_c(k,t)\psi_{ck} - \sin\theta_k \sum_{\nu} \hbar\Omega_{\nu}(t)\psi_{\nu k}, \qquad (5)$$

$$i\hbar\dot{\psi}_{\nu k} = \xi_{\nu}(\boldsymbol{k},t)\psi_{\nu k} - \sin\theta_{k}\sum_{\nu}\hbar\Omega_{\nu}(t)\psi_{ck},\qquad(6)$$

with the initial conditions,  $\psi_{ck}(0) = 0$  and  $\psi_{vk}(0) = 1$ . The numerical solutions of Eqs. (5) and (6) give the time evolution of  $\psi_{ck}$  and  $\psi_{vk}$ . The temporal variations of the generated currents can be calculated using the definition  $\mathcal{J}(t) = -c \sum_{\nu} \langle \partial H_I / \partial A_{\nu}(t) \rangle \propto$  $\sum_k [\cos \theta_k (|\psi_{ck}|^2 - |\psi_{vk}|^2) - \sin \theta_k (\psi_{vk}^* \psi_{ck} + \psi_{ck}^* \psi_{vk})]$ . We can derive the HSG intensity spectra as  $I = |\omega \mathcal{J}(\omega)|^2$ , where  $\mathcal{J}(\omega)$  is the Fourier transform of the generated current. Below, we set the band-gap energy of the semiconductor as  $E_g = 21\hbar\omega_{\text{THz}}$  and discuss the difference between the HHG ( $\Omega_{\text{NIR}} = 0$ ) and the HSG ( $\Omega_{\text{NIR}} = 10^{-4}\omega_{\text{THz}}$ ) spectra.

First, let us consider the resonant case of  $\omega_{\text{NIR}} = E_g/\hbar = 21\omega_{\text{THz}}$ . The numerically calculated HHG and HSG spectra are shown in Fig. 1 for the (a) multiphoton absorption regime ( $\Omega_{\text{THz}} = 0.4\omega_{\text{THz}}$ ), (b) AC Zener regime ( $\Omega_{\text{THz}} = 4\omega_{\text{THz}}$ ), and (c) semimetal regime ( $\Omega_{\text{THz}} = 12\omega_{\text{THz}}$ ), respectively [18,25,26]. Here, the green and red lines indicate the HHG and HSG spectra. In the multiphoton absorption regime [Fig. 1(a)], we find that the low-order harmonics (first through seventh) indicate the well-known relation of conventional nonlinear optics, wherein  $I_N \propto |P_N|^2 \propto |E_0|^{2N}$  for both the HHS and HSG spectra. For the HSG spectra,

we also find a peak at  $\omega = \omega_{\text{NIR}}$  (denoted with n = 0) accompanied with side peaks at  $\omega = \omega_{\text{NIR}} + n\omega_{\text{TH}2} (\equiv \omega_{\text{HSG},n})$  $(n = \pm 2, \pm 4, \ldots)$ , whose intensity is proportional to  $|E_0|^{2|n|}$ . Hereafter, the difference between the HHG and HSG spectra is called the HSG signal. In the AC Zener regime [Fig. 1(b)], plateau and decay regions appear in the HHG spectra. Although the peaks at  $\omega = \omega_{\text{HSG},n}$  still remain in the HSG spectra, their intensities are suppressed, and approach those for HHG with increasing  $\Omega_{\text{TH}2}$ . While the HSG signal decays away from the main peak at  $\omega = \omega_{\text{NIR}}$ , its decay rate is more moderate than that for the multiphoton absorption regime [63]. In the semimetal regime [Fig. 1(c)], the HSG and HHG spectra nearly coincide, and a clear HSG signal does not appear.

These features in the HSG spectra can be understood by considering a temporally changing band structure denoted with  $\xi_{c(v)}(\mathbf{k}, t)$ , which originates from the intraband transition described by  $H_{\text{intra}}$  [18,25,26]. In the multiphoton absorption regime, the side peak of n > 0 (n < 0) in the HSG is just the sum (difference) frequency generation between the THz and NIR lights [1–3]. With increasing  $\Omega_{\text{THz}}$ , the temporal shift of the band structure disturbs the complete resonant condition,  $\omega_{\text{NIR}} = E_g/\hbar$ , and results in a decrease of the HSG signal. Upon further increase of  $\Omega_{\text{THz}}$ , the conduction and valence bands start to overlap, and the system is driven into a semimetal state, for which the HSG signal disappears, as the resonant condition makes no sense there.

The present HSG signal can be regarded as the result of pump-probe spectroscopy using the high-intensity THz pump light and the low-intensity NIR probe light. From this viewpoint, let us consider the HSG signal while sweeping the NIR frequency in the AC Zener regime. Figures 2(a)-2(c) plot the side peak intensities of n = 2 (the blue line) and n = -2(the red line) as a function of  $\omega_{\text{NIR}}$  for  $\Omega_{\text{THz}}/\omega_{\text{THz}} = 0.5$ , 1, and 2, respectively. For  $\Omega_{\text{THz}}/\omega_{\text{THz}} = 0.5$  [Fig. 2(a)], the HSG signal of n = 2 has the largest maximum when the resonant condition,  $\omega_{\text{HSG},2} = \omega_{\text{NIR}} + 2\omega_{\text{THz}} = E_g/\hbar + \omega_{\text{THz}}$ , is satisfied and also has two maxima when  $\omega_{\text{HSG},2} = E_g/\hbar$ and  $\omega_{\text{HSG},2} = E_g/\hbar + 2\omega_{\text{THz}}$ . Similarly, the HSG signal of n = -2 has maxima when  $\omega_{\text{HSG},-2} = E_g/\hbar$ ,  $E_g/\hbar - \omega_{\text{THz}}$ , and  $E_g/\hbar - 2\omega_{\text{THz}}$ . With increasing  $\Omega_{\text{THz}}$ , more peaks become visible [Fig. 2(b)], until all are clearly displayed [Fig. 2(c)]. These peaks at different frequencies of  $\omega_{\text{THz}}$  in the NIR probe



FIG. 2. NIR frequency dependence of  $\pm 2$ nd HSG for  $E_g = 21\hbar\omega_{THz}$  in the case of (a)  $\Omega_{THz} = 0.5\omega_{THz}$ , (b)  $\Omega_{THz} = \omega_{THz}$ , and (c)  $\Omega_{THz} = 2\omega_{THz}$ . The blue and red lines indicate positive and negative second HSG, respectively.

spectra reflect the *modified* state of the system under strong THz light irradiation.

To investigate the influence of strong THz light, let us consider the dynamics for continuum waves  $[\Omega_{\text{THz}}(t) = \Omega_{\text{THz}} \cos \omega_{\text{THz}} t]$  in the absence of NIR light. The formal solution of  $\psi_{ck}(t)$  in Eq. (5) is written as

$$\psi_{ck}(t) = \sum_{k=-\infty}^{\infty} i J_k \left(\frac{\Omega_{\text{THz}}}{\omega_{\text{THz}}}\right) \Omega_{\text{THz}} \sin \theta_k$$
$$\times \int_0^t dt' g(t, t') \psi_{vk}(t'), \tag{7}$$

where  $J_k(x)$  is the *k*th Bessel function, and  $g(t, t') = \exp[-i(E(\mathbf{k}) + k\hbar\omega_{\text{THz}})(t - t')]\cos\omega_{\text{THz}}t'$ . This equation indicates that the conduction band is composed of a superposition of subbands which have eigenenergies  $E(\mathbf{k}) + k\hbar\omega_{\text{THz}}$  [see the exponential part in g(t, t')], where *k* is an integer. We stress that the intraband transition described by  $H_{\text{intra}}$ , that is, the concept of a temporally changing band structure, is crucial to the formation of this subband picture [see Fig. 3(a)]. Moreover, it is worth noting that the formation of new energy levels under a strong external field has been discussed in a similar way in the study of above-threshold ionization, as indicated in experiments on gaseous media [37].

Let us describe our analysis based on Eq. (7). The equation indicates that the prefactor of the integral,  $J_k(\Omega_{\text{THz}}/\omega_{\text{THz}})\Omega_{\text{THz}}$ , effectively describes mixing matrix elements between the kth subband and the valence band, which can be used for a rough estimate of the transition amplitude. To check this idea, we plot in Fig. 3(b) the numerical solution of the intensity of the second positive HSG peak (n = 2)as a function of  $\Omega_{THz}$ . Here, the red, blue, and green dots indicate (A)  $\omega_{\text{NIR}} = 18\omega_{\text{THz}}$ , (B)  $\omega_{\text{NIR}} = 17\omega_{\text{THz}}$ , and (C)  $\omega_{\rm NIR} = 16\omega_{\rm THz}$ , respectively, where these three frequencies correspond to HSG signals developed for  $\Omega_{\text{THz}} \gtrsim 2\omega_{\text{THz}}$  [see Fig. 2(c)], and satisfy the conditions  $\omega_{\text{HSG},2} = E_g/\hbar - \omega_{\text{THz}}$ ,  $E_g/\hbar - 2\omega_{\text{THz}}$ , and  $E_g/\hbar - 3\omega_{\text{THz}}$  [see Fig. 3(a)]. The intensity of the HSG signal is a nonmonotonic function of  $\Omega_{THz}$ and becomes almost zero at finite values of  $\Omega_{THz}$  for the case (A). For comparison, the inset of Fig. 3(b) plots the analytic results expected from the transition amplitude as a function of  $\Omega_{THz}$ . Here, the red, blue, and green lines show  $|xJ_{-1}(x)|^2$ ,  $|xJ_{-2}(x)|^2$ , and  $|xJ_{-3}(x)|^2$ , respectively, where  $x = \Omega_{\rm THz} / \omega_{\rm THz}$ . These figures certainly convince us that the nonmonotonic behavior of the positive second HSG reflects the effective transition amplitude from the valence band to the subbands of the conduction band [64].

The above analysis is useful for gaining a qualitative understanding of the HSG signal. For a more concrete understanding, we can perform a unitary transformation on the total Hamiltonian  $H = H_0 + H_{intra} + H_{inter}$  [see Eqs. (1)–(3)].



FIG. 3. (a) Schematic diagram of the subband picture originating from temporally changing band structure. (b) Numerical results of positive 2nd HSG as a function of  $\Omega_{\text{THz}}/\omega_{\text{THz}}$ . Here, the red, blue, and green dots indicate (A)  $\omega_{\text{NIR}} = 18\omega_{\text{THz}}$ , (B)  $\omega_{\text{NIR}} = 17\omega_{\text{THz}}$ , and (C)  $\omega_{\text{NIR}} = 16\omega_{\text{THz}}$ , respectively, whose processes are illustrated in (a). Inset figure: Analytic results of 2nd HSG as a function of  $\Omega_{\text{THz}}/\omega_{\text{THz}}$ . The red, blue, and green lines show  $|xJ_{-1}(x)|^2$ ,  $|xJ_{-2}(x)|^2$ , and  $|xJ_{-3}(x)|^2$ , respectively, where  $x \equiv \Omega_{\text{THz}}/\omega_{\text{THz}}$ .

Here, we introduce a unitary transformation  $a_{ck} = e^{i\lambda} \sin(\theta_k/2)\alpha_{ck} + e^{-i\lambda}\cos(\theta_k/2)\alpha_{vk}$  and  $a_{vk} = e^{i\lambda}\cos(\theta_k/2)\alpha_{ck} - e^{-i\lambda}\sin(\theta_k/2)\alpha_{vk}$ , where  $\lambda = (\Omega_{\text{THz}}/\omega_{\text{THz}})\sin\omega_{\text{THz}}t$  and  $\theta_k$  is the angle of the wave number measured from the *x* axis. By supposing the continuum waves  $\Omega_{\text{THz}}(t) = \Omega_{\text{THz}}\cos\omega_{\text{THz}}t$  in the absence of NIR light  $\Omega_{\text{NIR}}(t) = 0$  and performing the above unitary transformation on the Hamiltonian, we can rewrite the Hamiltonian as [56]

$$H = \sum_{k} [E_{c}(\mathbf{k})\alpha_{ck}^{\dagger}\alpha_{ck} + E_{v}(\mathbf{k})\alpha_{vk}^{\dagger}\alpha_{vk}]\cos\theta_{k}$$
$$+ \sum_{k,l} E(\mathbf{k})\sin\theta_{k}J_{l}\left(\frac{2\Omega_{\text{THz}}}{\omega_{\text{THz}}}\right)$$
$$\times (e^{il\omega_{\text{THz}}l}\alpha_{ck}^{\dagger}\alpha_{vk} + \text{H.c.}). \tag{8}$$

Accordingly, the generated current becomes  $\mathcal{J}(t) =$  $\sum_{k} [|\phi_{ck}|^2 - |\phi_{vk}|^2]$ , where  $\phi_{ck}$  and  $\phi_{vk}$  are the wave functions for the new basis. This Hamiltonian indicates that the valence-conduction energy difference is fixed to  $2E(\mathbf{k})$ (the rigid-band picture), while the incident THz electric fields are modulated as if there are multiple light sources whose frequencies are  $l\omega_{\text{THz}}$  (*l* is an integer). Then, the amplitude of this virtual light source with frequency  $l\omega_{\text{THz}}$  is proportional to  $J_l(2\Omega_{\rm THz}/\omega_{\rm THz})$ , and therefore, it starts to be effective for  $2\Omega_{\rm THz}/\omega_{\rm THz} \gtrsim l$  because of the nature of the Bessel function. We should note that the conventional framework of nonlinear optics [1-3] is based on the perturbation expansion with respect to light-matter coupling after approximating the Bessel function as  $J_0(x) \simeq 1$ ,  $J_1(x) \simeq x$  and neglecting higher-order Bessel functions. Next, let us consider the effect of the strong THz light via the zeroth-order Bessel function. By diagonalizing the Hamiltonian (8), the eigenenergies are given as  $\pm E(\mathbf{k})[\cos^2\theta_{\mathbf{k}} + \sin^2\theta_{\mathbf{k}}J_0^2(2\Omega_{\text{THz}}/\omega_{\text{THz}})]^{1/2}$ . This expression indicates that the energy difference between the conduction and valence bands is suppressed with increasing  $\Omega_{THz}$ . This result suggests the dynamical Franz-Keldysh effect [30-34], though the suppression also depends on the angle  $\theta_k$ . The condition for the strongest suppression of the band gap,  $J_0(2\Omega_{\text{THz}}/\omega_{\text{THz}}) = 0$ , is in common with that of coherent destruction of tunneling (or dynamical localization) in transport theory of strongly driven systems [38-40].

Let us discuss the origin of the plateau structure of the HHG from the viewpoint of these multiple light sources. By regarding all the light sources with frequencies  $l\omega_{THz}$  as perturbations, we can express the HHG spectra by a series expansion with respect to the amplitudes of the light sources. The HHG spectra are then determined by the multivariable polynomials of the amplitudes of the light sources, which are intuitively expressed as excitation paths constructed from multiple lights (see Fig. 4). Here, we should note that for the strong THz light ( $\Omega_{THz} \gg \omega_{THz}$ ), the amplitude of each light source,  $J_l(2\Omega_{THz}/\omega_{THz})$ , becomes an oscillating function of l. Therefore, the intensity of *n*th order HHG becomes insensitive to *n* after averaging out all the possible processes, which



FIG. 4. Schematic diagram of the excitation paths in the *n*th HHG. In this picture, the incident THz electric field is modulated as if there exist multiple light sources, whose frequencies and intensities are  $n\omega_{\rm THz}$  (*n* is an integer) and  $J_n(2\Omega_{\rm THz}/\omega_{\rm THz})$ , respectively. Various excitation paths constructed from multiple lights are shown by colorful arrows.

results in the plateau structure in HHG spectra. Furthermore, a semimetallic state arises under the condition  $2\Omega_{\text{THz}} \gtrsim E_g/\hbar$ , because the direct resonant transition from the valence band to the conduction band (not taken into account in Fig. 4) starts to be effective. The multiple-excitation picture implies that by tuning the NIR frequency, the HSG spectra can probe superpositions of various excitation paths.

In conclusion, we theoretically investigated the HSG in a semiconductor from the viewpoint of pump-probe spectroscopy with strong THz and weak NIR lights. We calculated the  $\pm 2$ nd HSG signal as a function of the NIR frequency and found that multiple resonant subpeaks develop at  $\omega_{\text{NIR}} =$  $E_g/\hbar + k\omega_{\text{THz}}$  (k is an integer) as the THz light amplitude increases. The HSG signal shows nonmonotonic behavior as a function of the amplitude of the THz light. Our analysis revealed that these features can be derived from the concept of a temporally changing band structure, and it is difficult to interpret them on the basis of the three-step model or the Bloch oscillation. The present analysis utilizing a unitary transformation indicates that the plateau structure in HHG spectra originates from a superposition of the various excitation paths constructed by multiple virtual light sources. This consideration may reveal the connection between HHG and other high-field phenomena, such as the above-threshold ionization, the dynamical Franz-Keldysh effect, and the coherent destruction of tunneling [65].

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- [65] We expect that our theory might provide further information also for atomic systems beyond the three-step model, which has succeeded in explaining various features of HHG. Detailed study is left for a future work.