Universality of Coherent Raman Gain Suppression in Gas-Filled Broadband-Guiding Photonic Crystal Fibers

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As shown in the early 1960s, the gain in stimulated Raman scattering (SRS) is drastically suppressed when the rate of creation of phonons (via a pump-to-Stokes conversion) is exactly balanced by the rate of phonon annihilation (via a pump-to-anti-Stokes conversion). This occurs when the phonon coherence waves—synchronized vibrations of a large population of molecules—have identical propagation constants for both processes; i.e., they are phase-velocity matched. As recently demonstrated, hydrogen-filled photonic crystal fiber pumped in the vicinity of its zero-dispersion wavelength provides an ideal system for observing this effect. Here we report that Raman gain suppression is actually a universal feature of SRS in gas-filled hollow-core fibers and that it can strongly impair SRS even when the phase mismatch is high, particularly at high pump powers when it is normally assumed that nonlinear processes become more (not less) efficient. This counterintuitive result means that intermodal stimulated Raman scattering (for example, between LP₀₁ and LP₁₁ core modes) begins to dominate at high power levels. The results reported have important implications for fiber-based Raman shifters, amplifiers, or frequency combs, especially for operation in the ultraviolet, where the Raman gain is much higher.

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I. INTRODUCTION

Stimulated Raman scattering (SRS) has been used for the efficient generation of new optical frequencies in several different configurations, including gas cells [1], solid-state materials [2], silicon waveguides [3], and glass-core fibers [4,5]. Many practical applications have emerged from glass-fiber-based SRS, where a tight field confinement and long interaction lengths permit much lower threshold powers. In addition, the ability to tailor the dispersion has allowed the reliable observation of effects such as the soliton self-frequency shift [6]. The hollow-core photonic crystal fiber (HC PCF) offers similar advantages in the context of gas-based SRS and so is an ideal vehicle for studying all kinds of gas-laser interactions [7,8]. One particular type of HC PCF guides by antiresonant reflection (ARR), offering low-loss transmission over a very broad wavelength range as well as pressure-tunable dispersion when filled with gas. ARR PCFs have enabled the generation of bright tunable vacuum and deep ultraviolet (UV) light [9], Raman frequency combs [10,11], and supercontinua extending from the vacuum UV to the infrared [12]. In addition, the inherent multimode nature of most ARR PCFs [13,14] has been exploited to up-convert broadband signals [15] and to enhance the generation of anti-Stokes sidebands in the UV [16].

Being seeded from noise, the pump-to-Stokes conversion is automatically phase matched, giving rise to a phonon coherence wave with wave vector ($\beta_P - \beta_S$), where β_P and β_S are the propagation constants of the pump and the Stokes waves, respectively. The pump-to-anti-Stokes conversion, on the other hand, requires a coherence wave with wave vector $(\beta_{AS} - \beta_P)$, where AS denotes anti-Stokes. It might be expected, therefore, that anti-Stokes generation will be strongest when the two coherence waves are identical, i.e., $\vartheta = (\beta_S + \beta_{AS}) - 2\beta_P = 0$. However, as first predicted by Bloembergen and Shen [17] and subsequently studied by several groups [18–23], the Raman gain is actually dramatically suppressed when $\vartheta = 0$. This is because the rate of creation of phonons (via the pump-to-Stokes conversion) is exactly balanced by the rate of phonon annihilation (via the pump-to-anti-Stokes conversion), resulting in a suppression of the Raman gain.

This effect was recently observed in a H₂-filled kagometype ARR PCF, pressure tuned in the vicinity of its zero dispersion point (ZDP) so that $\vartheta = 0$ for intramodal SRS between LP₀₁-like core modes [24]. Although in this way the intra-LP₀₁-mode Raman gain is strongly suppressed, intermodal SRS between an LP₀₁-like pump and an LP₀₂like Stokes turns out to be strongly enhanced, through the absence of gain suppression.

Here, we report that gain suppression is, in fact, a universal feature of SRS in broadband-guiding HC PCFs and that, for a high enough pump power, it can be observed even when the system is operated far from $\vartheta = 0$. We find that the Raman gain can actually decrease with increasing pump power, because nonlinear coupling between the Stokes, pump, and anti-Stokes signals overcomes the dephasing effect of $|\vartheta| > 0$. This has important practical implications for the design of high-power Raman shifters,

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amplifiers, and frequency-comb sources based on hollowcore fiber technology. The effect is even more pronounced in the ultraviolet spectral region, where the Raman gain is much higher.

II. ANALYSIS OF SYSTEM

The propagation constant of the LP_{ij} -like core mode at frequency ω can be expressed to a good approximation in the form [25]

$$\beta^{ij} = \sqrt{k_0^2 n_g^2(p,\omega,T) - u_{ij}^2/a^2(\omega)},$$
 (1)

where $k_0 = \omega/c$ is the vacuum wave vector, c is the speed of light in a vacuum, $n_g(p, \omega, T) = [1 + \delta(\omega)pT_0/p_0T]^{0.5}$ is the refractive index of the filling gas at pressure p and temperature T, and $\delta(\omega)$ is the Sellmeier expansion of the relative dielectric constant at p_0 (atmospheric pressure) and $T_0 = 273.15$ K [26]. u_{ij} is the *j*th root of the *i*th-order Bessel function of the first kind, and $a(\omega) = a_{AP}/[1 + 4\pi^2c^2q/(a_{AP}\omega^2t)]$ is the frequency-dependent effective core radius, where a_{AP} is the area-preserving core radius, t is the core-wall thickness, and q = 0.065 is an empirical parameter derived from fitting Eq. (1) to the results of finite element modeling of an evacuated, ideal kagome fiber [25]. The dephasing rate for LP₀₁ to LP_{ij} conversion takes the form

$$\vartheta_{ij} = \beta_{\rm AS}^{ij} + \beta_S^{ij} - 2\beta_P^{01}, \qquad (2)$$

and perfect phase matching $(\vartheta_{ij} = 0)$ can be arranged by appropriately adjusting the pressure of the filling gas (the weak anomalous dispersion of the hollow-core modes is counterbalanced by the normal dispersion of the gas [27]).

In this work, we study the dominant vibrational mode of hydrogen, which has a Raman frequency shift of $\Omega_R = 125 \times 10^{12}$ Hz. At T = 298 K, the vibrational Raman gain coefficient g_P [m/W] at pump frequency ω_P [Hz] and pressure p [bar] can be written [28]

$$g_P(\omega_P, p) = \frac{9.37 \times 10^{12} (57.2p/\Delta\nu)(\omega_P - \Omega_R)}{c(7.19 \times 10^{13} - \omega_p^2/c^2)^2}, \quad (3)$$

where $\Delta \nu = (280/p) + 56.98p$ is the Raman linewidth in megahertz. For pressures above approximately 10 bar, g_P saturates to maximum values of 2.94 and 9.46 cm/GW at the 532- and 266-nm pump wavelengths, respectively.

The effective Raman gain coefficient in the fiber, γ_{eff} [m/W], is defined as $\gamma_{\text{eff}} = \rho_{ij}S_{ij}g_P$, where S_{ij} is the spatial overlap integral between the LP₀₁-like pump mode and the LP_{ij}-like Stokes mode and ρ_{ij} is the gain reduction factor [24]:

$$\rho_{ij} = \left| \operatorname{Re}_{\sqrt{\left(\frac{q-1}{2}\right)^{2} - \frac{\vartheta_{ij}}{g_{P}I_{P}} \left(\frac{\vartheta_{ij}}{g_{P}I_{P}} + i(q+1)\right)} \right| - \left(\frac{q-1}{2}\right), \tag{4}$$

where $q = g_{AS}\omega_{AS}/g_P\omega_P \sim 1.65$ at a pump wavelength of 532 nm.

Equation (4) shows that, for the conversion to the LP₀₁ mode, the gain reduction factor depends on the ratio $|\vartheta_{01}/(g_P I_P)| = \pi (L_G/L_D)$, where L_G is the exponential gain length and $L_D = \pi/\vartheta_{01}$ the dephasing length. The gain suppression factor equals 0.83 at $\vartheta_{01}/g_P I_P = 2$, rapidly dropping for smaller values of $\vartheta_{01}/g_P I_P$. In other words, for large dephasing rates, i.e., far from the ZDP, the effect of gain suppression is significant, provided $L_G \leq L_D$, which occurs at high values of $g_P I_P$. The long low-loss single-mode interaction lengths in an ARR PCF make the exploration of this regime straightforward, in contrast to previous work with bulk gas cells [19].

To illustrate the effect, $\gamma_{\rm eff}$ and ρ_{01} are plotted as functions of the gas pressure and pump intensity in Fig. 1 for a hydrogen-filled kagome PCF with a flat-to-flat core diameter of 21.3 μ m. For pump wavelengths of 266 and 532 nm, the pressures p_{01} for perfect gain suppression ($\vartheta_{01} = 0$) are 650 mbar and 17.8 bar, respectively. At a fixed pressure, ρ_{01} drops with an increasing pump intensity as expected from Eq. (4). Similarly, for high pump intensities, the pressure range over which gain reduction effects are important broadens. This effect can be quantified using the normalized parameter $\Delta p = |(p_{1/2} - p_{01})/p_{01}|$, where $p_{1/2}$ is the



FIG. 1. Effective Raman gain coefficient $\gamma_{\rm eff}$ (upper) and gain reduction factor ρ_{ij} (lower) for the LP₀₁ mode, plotted as a function of the pump intensity and gas pressure for pump wavelengths 266 (left) and 532 nm (right). The dashed lines indicate the position of the phase-matching pressure for a H₂-filled kagome-type ARR PCF with a 21.3 μ m core diameter. Because of a higher Raman gain at the shorter wavelength, the pressure range where $\rho_{01} < 1$ is wider for the UV pump.



FIG. 2. (a) Δp as a function of the pump intensity. (b) Dispersion diagram of the LP₀₁ mode for a kagome-style ARR PCF with a 21.3 μ m core diameter at different hydrogen-filling pressures. Horizontal dashed lines indicate the positions of the pump (*P*), Stokes (*S*), and anti-Stokes (AS) bands. The solid blue and green lines indicate the coherence waves present in the system. The red circles indicate the position of the ZDP for each pressure. In order to highlight the small changes in the dispersion, the frequency-dependent parameter $\beta_{\text{ref}} = (\omega/\omega_m)\beta(\omega_m)$, ω_m being the maximum plotted frequency, is subtracted from β .

pressure $(>p_{01})$ at which $\rho_{01} = 0.5$. In Fig. 2(a), Δp is plotted against the pump intensity, showing how dramatic is the effect of a higher Raman gain in the ultraviolet: The pressure range for gain suppression is more than 10 times larger.

Figure 2(b) shows the dispersion curves of the LP₀₁ mode for different gas pressures. Sufficiently away from p_{01} , for example, at 10 bar for a 266-nm pump and 30 bar for a 532-nm pump, the ZDP is located far from the central pump wavelength so that ϑ_{01} is far from zero. Although under these conditions one might expect coherent gain suppression to be very weak [29], this turns out not to be the case at high pump intensities, because the overall gain per unit length $G_{ij} = \rho_{ij}S_{ij}g_pI_P$. Indeed, ρ_{ij} can dominate over I_P at a high enough pump intensity, resulting in a strong gain suppression. This is illustrated in the left-hand panel in Fig. 3(a), where G_{01} is plotted against the pressure and pump intensity using the same parameters as in Fig. 1 for the 532-nm pump wavelength. As I_P increases, a higher gas pressure is required to maintain high gain.

For comparison, the gain in the absence of gain suppression, G_{01}/ρ_{01} , is also plotted (right-hand panel). Figure 3(b) plots G_{01} and G_{01}/ρ_{01} against increasing I_P at a fixed pressure of 40 bar, for which $\vartheta_{01} \sim 300 \text{ m}^{-1}$ $(p_{01} = 17.8 \text{ bar})$. G_{01}/ρ_{01} increases linearly with the pump intensity as expected. G_{01} , however, initially follows G_{01}/ρ_{01} but then begins to saturate as ρ_{01} starts to play a role. As discussed above, G_{01} actually drops at even higher values of I_P , as a result of the dominance of the gain suppression. Interestingly, above a certain pressuredependent intensity threshold, the intermodal LP₀₁-LP₁₁ gain G_{11} (full green line), which is unaffected by gain suppression at the pressures achievable in the experiments $(\vartheta_{11} = 0 \text{ at } 490 \text{ bar})$, overtakes the intramodal LP₀₁-LP₀₁



FIG. 3. (a) Left-hand panel: Overall Stokes gain per unit length G_{01} (theory) plotted on a logarithmic scale against the pump intensity and gas pressure. Right-hand panel: The Stokes gain with the gain suppression factor removed, G_{01}/ρ_{01} . The pump wavelength is 532 nm, and the other parameters are identical to those used in Fig. 1. (b) Intramodal gain G_{01} (full blue curve) and intermodal gain G_{11} (full green curve) plotted against the pump intensity at a pressure of 40 bar. G_{11} shows no sign of gain suppression at this pressure ($p_{11} = 490$ bar). The full red curve plots G_{01}/ρ_{01} for comparison.

gain, causing the Stokes signal to be emitted predominantly in the LP_{11} mode (see the next section).

III. EXPERIMENT

The experimental setup for observing the intensity broadening of the gain suppression region is sketched in Fig. 4. A length of kagome PCF is attached to two pressure cells, evacuated, and then filled with hydrogen to the required pressure. Pump pulses at 532 (1 ns) and 266 nm (3 ns) are launched into the core, and the resulting Stokes signal is separated from the pump light using a prism. The near-field mode profile of the Stokes light is imaged using a CCD camera, and the Stokes power is measured with a power meter.

A. Pumping at 532 nm

Pulses at 532 nm are launched into a 37-cm-long H₂-filled kagome PCF with a 21.3 μ m core diameter. The pressure is gradually increased from 6 to 32.5 bar,



FIG. 4. Schematic of the experimental setup. Two different pump lasers, at 532 and 266 nm, are used for the experiments. Linearly polarized pump light is used to prevent the generation of rotational sidebands. Stokes light is spatially separated from the pump using a prism. Two different kagome PCFs are used in the experiment: for the visible pump a 37-cm-long fiber with a core diameter of approximately 21.3 μ m, and for the UV pump a 10-cm-long fiber with a core diameter of approximately 23 μ m.



FIG. 5. (a) Stokes power measured for 1-ns pump pulses, wavelength 532 nm, with energies of 1.80, 2.25, and 3.60 μ J. The gas pressure is varied from 6 to 32.5 bar. The dashed lines indicate the pressures at which the near-field Stokes profiles are imaged [shown in (c)]. The pressures at which the Stokes is emitted predominantly in the LP₁₁ mode are plotted in red. (b) Gain reduction factor ρ_{01} plotted as a function of the energy and pressure. The numerals correspond to the experimental points marked in (a) and (c). The effective Raman gain of the LP₀₁ mode is lower than that of the LP₁₁ mode within the region bounded by the brown dashed lines. (c) Near-field profiles of the Stokes beam at each pressure and pulse energy, recorded with a CCD camera. The pressures in each case are shown at the top of the images.

and the Stokes power at 683 nm is measured, along with its near-field mode profile, for launched pulse energies of 1.80, 2.25, and 3.60 μ J. In the experiments, it is difficult to avoid launching a small fraction of the pump beam into the LP₁₁ mode. This results in the intramodal generation of a weak LP₁₁ Stokes signal, which acts as a seed for LP₀₁-LP₁₁ conversion, resulting in a strong LP₁₁ Stokes mode at the fiber output. Note, however, that coincidental excitation of a weak higher-order pump mode is highly dependent on the experimental parameters and is not required for the observation of the effects discussed in this paper.

Figure 5(a) plots the Stokes pulse energies measured at different pressures, and Fig. 5(c) shows the corresponding near-field images. The red points correspond to conditions where an inspection of the near-field images revealed noticeable LP₁₁ mode content in the Stokes signal, i.e., when there is a significant LP₀₁-mode gain suppression. This region widens as the pump energy increases. Comparing points (2) and (6) in Fig. 5(c), we observe that the LP₁₁ mode content also increases with the intensity, providing evidence of decreasing overall intramodal gain G_{01} . This has important practical implications for the design of Raman HC-PCF-based lasers and amplifiers, where a high output power, as well as a pure LP₀₁ mode profile, is desirable.

This seemingly negative aspect of the gain suppression effect can be turned to an advantage if the Stokes signal is required to emerge in a particular higher-order mode (HOM) for applications in, e.g., optical tweezers or particle trapping [30]. By choosing an appropriate pressure and pump intensity, LP_{01} - LP_{01} Stokes generation can be strongly suppressed while LP_{01} - LP_{11} conversion is strongly enhanced (provided competing processes, such as the generation of a second Stokes band or other intermodal transitions, do not intervene).

To emphasize the universality of coherent Raman gain suppression, the theoretical value of ρ_{01} is plotted in Fig. 5(b), overlaid with experimental data points. The dashed brown lines enclose the region where the effective Raman gain of the LP₁₁ mode $g_P \rho_{11} S_{11} > g_P \rho_{01} S_{01}$ [$\rho_{11} = 1$ for the pressure range investigated (see above), $S_{01} = 1$, and $S_{11} = 0.68$] [24]. There is excellent agreement between the experiment and the analytical predictions of Eq. (4).

B. Pumping at 266 nm

Coherent gain suppression is more pronounced at pump wavelengths in the UV, when the Raman gain g_P is much higher (see above). To investigate this, narrow-band 266-nm pulses (fourth harmonic of the 1064-nm Q-switched laser) with approximately 3 ns duration are launched into a 10-cm-long kagome PCF with an approximately 23 μ m core diameter. Under these conditions, $p_{01} = \sim 550$ mbar [16], so that naïvely one might expect that there should be no trace of gain suppression effects at a



FIG. 6. Near-field images of the UV Stokes beam at different pressures. The modal pattern converges towards a LP_{01} -like mode at a sufficiently high pressure. The lower right-hand plot shows the finite element modeling of the near-field mode profile at the Stokes frequency for a mixture of LP_{02} and LP_{21} -like modes; it closely resembles the experimental measurements at 10.8 and 7.8 bar.

high pressure. This is, however, far from the truth, as we now discuss.

Figure 6 shows near-field optical images of the UV Stokes signal (emitted at 299 nm) at different pressures when pump pulses with approximately 10 μ J energy are launched into the fiber. It is evident that, below approximately 14 bar, the Stokes signal is emitted in a mixture of higher-order modes, indicating that the LP₀₁-LP₀₁ gain is significantly lower than the intermodal gain below this pressure.

A simple estimate using Eq. (4) gives a transition pressure of approximately 16.7 bar, close to the experimental value. Thus, below this threshold, the UV intramodal SRS will be very inefficient—a counterintuitive situation if coherent gain suppression is not taken into account.

In the UV experiment at lower pressures, the near-field distribution of the Stokes signal suggests that it is in a superposition of LP_{02} and LP_{21} modes (bottom row in Fig. 6), i.e., that intermodal LP_{01} - LP_{02} and LP_{01} - LP_{21} pump-Stokes conversion is taking place simultaneously, perhaps aided by the launching of small fractions of HOM pump light, as already mentioned above.

IV. MODELING AND DISCUSSION

To accurately describe the Raman interaction under the conditions of coherent gain suppression, we make use of the coupled Maxwell-Bloch equations described previously [24,31], for the case when the majority of the molecules are in the ground state. Using these equations, coherent Raman gain suppression can be classically explained as the mutual cancellation of the optical fringe patterns created by pump-Stokes and pump-anti-Stokes interference: These field patterns drive the creation of Raman coherence waves. When only LP_{01} pump, Stokes, and anti-Stokes fields are

considered in the steady-state regime (when the pulse duration is much longer than T_2) [32], the driving fringes produce a coherence wave:

$$Q = -i\frac{T_2}{4} (\kappa_{1,1}|E_1|e^{i\phi_1}|E_0|e^{-i\phi_0}q_1q_0^* + \kappa_{1,0}|E_0|e^{i\phi_0}|E_{-1}|e^{-i\phi_{-1}}q_0q_{-1}^*),$$
(5)

where E_l is the slowly varying field amplitude of the *l*th sideband, ϕ_l is its phase, $q_1 = \exp[-\beta(\omega_l)z]$, and the coupling constants are defined by

$$\kappa_{1,l} = \frac{1}{Z_0} \sqrt{\frac{2g_l}{NT_2 \hbar \omega_{l-1}}},\tag{6}$$

where *N* is the molecular number density, \hbar the reduced Planck's constant, Z_0 the impedance of free space, and T_2 the dephasing time of the Raman polarization [32]. The value of $\kappa_{1,l}$ can be obtained from the experimental gain values g_l [28].

For complete gain suppression, the two contributions on the right-hand side of Eq. (5) must cancel out. This occurs when the amplitudes and phases of the interacting fields at pressure p_{01} (when $\vartheta_{01} = 0$) satisfy

$$\Phi = (2n+1)\pi,$$

$$\kappa_{1,1}|E_1(z,t)| = \kappa_{1,0}|E_{-1}(z,t)|,$$
(7)

where $\Phi = \phi_{-1} + \phi_1 - 2\phi_0 + \vartheta_{01}z$ is the global phase [33], *n* is an integer, and $\kappa_{1,1}/\kappa_{1,0} \sim 1$ in the visible domain. Gain suppression $(Q \sim 0)$ will occur if the Stokes and anti-Stokes fields have similar amplitudes and the global phase is an odd multiple of π . If these conditions are already met at the fiber input, stimulated Raman scattering is inhibited, and only incoherent spontaneous scattering will be present. In contrast, if the input global phase is externally set to a different value, the Raman coherence will be initially nonzero, enabling the transfer of energy between the fields until the effect of phase locking stabilizes the global phase to a multiple of π and the gain stops [33]. In practice, this phase stabilization effect occurs over millimeter length scales, much shorter than the fiber length, resulting in negligible conversion to noise-seeded Stokes and anti-Stokes bands [34].

To model the dynamics of the real system, we solve the Maxwell-Bloch equations including both LP_{01} and LP_{11} fiber modes. The Stokes mode energies for a 532-nm pump are plotted against the gas pressure in Fig. 7, showing good agreement with the experimental results. The only free parameters, adjusted for the best agreement with the experiments, are the initial Stokes sideband amplitudes [200 V/m in Fig. 7(a) and 100 V/m in Fig. 7(b)] and the loss of the LP_{11} mode, which we take to be 5 times that of



FIG. 7. Simulated Stokes output energy for (a) 3.60 and (b) 1.80 μ J pump energy. The full red line represents the Stokes signal generated in the LP₀₁ mode, and the dashed green line the signal in the LP₁₁ mode. The full blue line is the sum of the two modal contributions. The experimental data points (the same as in Fig. 5) are also shown with blue symbols.

the LP_{01} mode (a reasonable assumption based on results obtained for similar fibers [13,35]).

Given the good agreement, we can extract information from the simulations about the precise modal content of the different signals (something that was experimentally inaccessible). In Fig. 7, we observe that the region where the LP₁₁:LP₀₁ Stokes energy ratio exceeds 1:10 (indicated by a gray shaded area) is clearly wider for higher-input pulse energies. In fact, the regions where the LP₁₁ Stokes contribution is dominant agree well with our estimates [the red data points in Fig. 5(a)] based on an examination of the near-field profiles in Fig. 5(c).

In Fig. 8, we plot the simulated spatiotemporal evolution of the inter- and intramodal coherence at a pressure of 35 bar (top panels) and 17.5 bar (bottom panels), for 1.80 μ J pump energy. It is evident that the intramodal coherence is suppressed by more than 5 orders of magnitude at 17.5 bar, i.e., when operating close to p_{01} [bottom panel in Fig. 8(a)]. As a consequence, intermodal SRS to the LP11 mode is dramatically enhanced and indeed dominates the Stokes signal. Interestingly, and in contrast to the 35-bar case, the intermodal coherence continuously increases along the fiber due to a lower effective gain. At 35 bar, there is evidence of the onset of a second Stokes band in the form of a longitudinal modulation of the intramodal coherence [top panel in Fig. 8(a)]. This modulation is caused by interference between the intramodal coherence waves generated by the pump and first-Stokes and



FIG. 8. Spatiotemporal evolution of the steady-state (a) intramodal (LP_{01} - LP_{01}) and (b) intermodal (LP_{01} - LP_{11}) coherence at a pressure of 35 (top panels) and 17.5 bar (bottom panels). The pump pulse energy is 1.80 μ J. The inset shows a detail of the interference fringes observed in the intramodal coherence at a high pressure.

first and second-Stokes signals [27]. The beat length of this fringe pattern is

$$L_B = \frac{2\pi}{|2\beta_{S1}^{01} - \beta_P^{01} - \beta_{S2}^{01}|} = 23.2 \text{ mm.}$$
(8)

Although not shown here, the model described in this section may also be applied for UV pumping [16], where similar results are expected.

V. SUMMARY AND CONCLUSIONS

In summary, intramodal Raman gain in gas-filled HC PCFs is always significantly suppressed at high pump energies, even when operating far from the zerodispersion point. Coherent gain suppression is stronger at shorter pump wavelengths, when the material Raman gain is larger. This is a key effect that should be taken into account in the design of Raman frequency shifters, amplifiers, and frequency-comb generators based on gasfilled broadband-guiding HC PCFs or in any application requiring a high conversion efficiency to Raman sidebands emitted in a pure LP₀₁ mode. This is because HC PCFs inherently support HOMs with losses that, although high, can easily be overcome by the very large intermodal Raman gain made possible by intramodal (LP₀₁-LP₀₁) gain suppression. The result is high conversion efficiencies (approximately 30%, limited by the generation of a strong second Stokes signal) to the LP_{11} mode. Coherent gain suppression offers the unique possibility of generating a Stokes beam in a complex higher-order mode, with potential applications in, e.g., supercontinuum generation [36], optical tweezers [37], and particle trapping [30].

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