# Strain-Driven Orbital and Magnetic Orders and Phase Separation in Epitaxial Half-Doped Manganite Films for Tunneling Devices

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Mixed-valence manganites  $La_{1-x}A_xMnO_3$  ( $A = Sr$ , Ca) with  $x \approx 0.5$  can be driven from a ferromagnetic-metallic to an antiferromagnetic-insulating state by a small modification  $(\Delta x)$  of the carrier density ( $\Delta x/x < 1$ ). For this reason, these oxides have received renewed attention due to their potentially advantageous integration in ferroelectric tunnel junctions of adjustable tunnel barrier width. Interestingly, in thin films, epitaxial strain can modify the electronic and magnetic ground state strongly affecting their magnetotransport properties. Here we exploit the extreme sensitivity of linearly and circularly polarized x-ray absorption to orbital anisotropy and magnetic ordering to explore the role of structural distortions and electronic bandwidth on the orbital occupancy and spin ordering of Mn 3d states in La<sub>0.5</sub>A<sub>0.5</sub>MnO<sub>3</sub> films under various strain states. <sup>55</sup>Mn NMR experiments are used to get information about the electronic and magnetic phase separation and orbital ordering occurring in these films. These results combined with the corresponding structural, magnetic, and electrical characterization allow us to map the strain-dependent orbital and magnetic phase diagrams of half-doped manganites and its dependence on the electronic bandwidth.

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# I. INTRODUCTION

Manganites have been considered as one of the most promising materials for achieving an effective electrical manipulation of magnetic properties, leading to the creation of magnetoelectric devices to replace current memory technologies [\[1\]](#page-10-0). In ferroelectric-manganite heterostructures, modifications of the charge carrier concentration, strain, or chemical bonds can occur at the interface, and this modification can stabilize different ground states in the manganite layer [\[2,3\].](#page-10-1) These effects are expected to be exceptionally effective at manganite compositions close to the boundary between two magnetic phases. That is the case of half-doped (HD) manganites of composition La<sub>1−x</sub>A<sub>x</sub>MnO<sub>3</sub> (A = Ca, Sr) with  $x \approx 0.5$ . The bulk phase diagrams of these materials [\[4\]](#page-10-2) show that they are on the verge between ferromagnetic (FM)-metallic  $(x < 0.5)$  and antiferromagnetic (AFM)-insulating  $(x > 0.5)$  phases. Integration of ultrathin layers of these materials adjacent to a ferroelectric layer in ferroelectric tunnel junctions can, in principle, allow us to switch their metallic or insulating nature on and off upon the reversal of the ferroelectric polarization by promoting a charge injection or depletion, i.e., by the polarization-controlled field effect. By inducing a metal-to-insulator transition in the manganite, a modification in the tunnel barrier width can lead to a giant tunnel electroresistance [\[5\],](#page-10-3) much larger than in conventional BaTiO<sub>3</sub>-based ferroelectric tunnel junctions  $[5-7]$  $[5-7]$  and even larger than in  $BaTiO<sub>3</sub>$  ferroelectric barriers with a polarization-dependent depletion layer in the semiconducting ferroelectric layer [\[8\]](#page-11-0). However, although such heterostructures have been fabricated yielding promising results [\[9\]](#page-11-1), the actual properties and response of the ultrathin HD layer required for tunnel devices may differ from the known properties of nanometric layers [\[10\]](#page-11-2).

A first step to understand and optimize the materials to be intercalated in the ferroelectric junction is to consider the strain effects on the HD manganite layers, whose electronic properties are known to be extremely sensitive to charge or orbital orderings [\[11,12\]](#page-11-3). In fact, the strain-dependent phase diagram in these compounds has been explored by first-principles band-structure calculations [\[13\]](#page-11-4) demonstrating that in tetragonally distorted films with a doping  $0.2 < x < 0.6$ , the ground state can be tuned from C-type antiferromagnetic insulating to ferromagnetic metallic and to A-type antiferromagnetic metallic by changing the strain from compressive (elongated  $c$  axis) to tensile (compressed  $c$  axis). This magnetic and electronic phase modulation has already been experimentally demonstrated in La<sub>1−x</sub>Sr<sub>x</sub>MnO<sub>3</sub> films grown on different substrates by Konishi et al. [\[14\]](#page-11-5). However, the strain is not the only

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relevant factor, since the electronic bandwidth seems to play a key role. For instance, Gutiérrez et al. [\[10\]](#page-11-2) recently showed by means of an exhaustive study of the transport and magnetic properties of  $La<sub>0.5</sub>Sr<sub>0.5</sub>MnO<sub>3</sub>$  (LSMO) and  $La<sub>0.5</sub>Ca<sub>0.5</sub>MnO<sub>3</sub> (LCMO)$  thin films, that the magnetization and metallic behavior of LSMO films can be largely controlled by strain, while LCMO films remain in a non-FM-insulating state independent of the applied strain. The narrower bandwidth of LCMO seems to play a relevant role by promoting electron localization and favoring the appearance of electronic phase separation and charge localization as already observed in bulk HD manganites [\[15\].](#page-11-6)

On the basis of the well-established influence of surface and interfaces on the electronic states, we anticipate that both strain and bandwidth can have a nontrivial interplay in the determination of the orbital character of electrons participating in the tunnel transport. Bearing this in mind, here we use element-sensitive x-ray absorption measurements to probe the orbital occupancy of the Mn  $3d(e_a)$ levels, thus, disclosing the effects of strain on the breaking of the degeneracy of the  $3d(e_q)$  manifold. In the same experiment, at temperatures below the magnetic ordering of the films, we examine the presence (and magnetic orientation) of FM and/or AFM phases. In this way, a direct connection between orbital and spin degrees of freedom is established. On the other hand, we use <sup>55</sup>Mn NMR to determine the hyperfine magnetic field acting on <sup>55</sup>Mn nuclei which is known to be an extremely sensitive probe of nanoscale electronic and magnetic properties [\[16](#page-11-7)–19].

Our measurements show that in LSMO, strain controls the occupancy of either  $x^2 - y^2$  or  $3z^2 - r^2$  orbitals, and resulting from this orbital selection, different magnetic ground states are stabilized, as expected from calculations [\[13\]](#page-11-4), while in LCMO, a more complex scenario involving different orbital orderings drives the system to a mostly AFM state. NMR data provide microscopic evidence of strain-induced electronic phase separation and of magnetic hardening under compressive stress. In our study, tensileand compressive-strain states are explored, and the surface contribution to the orbital occupancy is disentangled from the purely elastic response, thus, largely expanding recent works [\[20\]](#page-11-8) where only tensile effects on properties of HD LSMO films were addressed.

The results presented here provide a comprehensive spectroscopic view of strain effects on half-doped manganites with particular focus on orbital occupancy and magnetic order and the distinct response of  $La<sub>1/2</sub>(Ca, Sr)<sub>1/2</sub>MnO<sub>3</sub>$  to strain depending on bandwidth. The results described here should help to better understand the response of ultrathin HD manganite films which can be of relevance for the quest for more responsive ferroelectric tunnel barriers.

## II. EXPERIMENT

<span id="page-1-1"></span> $La<sub>0.5</sub>Sr<sub>0.5</sub>MnO<sub>3</sub>$  and  $La<sub>0.5</sub>Ca<sub>0.5</sub>MnO<sub>3</sub>$  films are epitaxially grown by pulsed laser deposition on (001)-oriented single-crystal substrates with cubic or nearly cubic crystal structure:  $DyScO<sub>3</sub>$  (DSO, lattice constant of 3.940 Å),  $SrTiO<sub>3</sub>$  (STO, 3.905 Å),  $(La, Sr)(Al, Ta)O<sub>3</sub>$  (LSAT, 3.870 Å), LaAlO<sub>3</sub> (LAO, 3.792 Å), and YAlO<sub>3</sub> (YAO, 3.720 Å). Pseudocubic cell dimensions are given for orthorhombic substrates. The deposition conditions are specified in Ref. [\[10\].](#page-11-2) Films are grown with a thickness of 20 nm, as checked by x-ray reflectivity. For NMR experiments, in order to increase the signal, films with a thickness of 36 nm are also grown. The calculated mismatch values between the pseudocubic lattice parameter of LSMO (3.858 Å) or LCMO (3.830 Å) and the crystalline substrates are shown in Table [I](#page-1-0) together with the ratio between out-of-plane  $(c)$  and in-plane  $(a)$  lattice parameters (Ref. [\[10\]\)](#page-11-2). The mismatch between films and substrates produces a biaxial strain that tunes the tetragonality of the films, leading to a broad range of  $c/a$  values that allows an extensive study of strain effects (both compressive and tensile) on half-doped manganite films. Structural, transport, and magnetic characterization of the films was reported in Ref. [\[10\]](#page-11-2).

X-ray absorption experiments are performed at the BACH beamline of the Elettra synchrotron radiation source. Spectra were taken in total electron yield (TEY) mode at energies corresponding to the Mn  $L_{2,3}$  edge (2p-3d) dipolar transitions) in grazing incidence configuration (x rays impinging at 30° from the sample surface). While orbital order is probed at  $T = 300$  K, above any magnetic ordering of the films, magnetic orders are probed at low temperatures ( $T = 5$  K for LSMO and  $T = 50$  K for LCMO [\[21\]](#page-11-9)) in the presence of a magnetic field parallel to the x ray propagation direction, large enough to saturate the magnetic moments  $(B = 2$  T) according to the macroscopic measurements of the samples having a measurable magnetic signal [\[10\]](#page-11-2).

Linearly polarized spectra are taken with photon polarizations either parallel  $(E_{ab})$  or perpendicular  $(E_c)$  to the surface of the samples, and the linear dichroism (XLD) is calculated as the difference in absorption  $I_{ab} - I_c$ , where the misalignment from out-of-plane direction of  $E_c$  is taken into account by applying a geometrical correction as specified in Ref. [\[22\].](#page-11-10) X-ray absorption spectra  $[XAS = (I_{ab} + I_c)/2]$  are normalized to the

<span id="page-1-0"></span>TABLE I. Calculated lattice mismatch between bulk pseudocubic lattice parameters of LSMO, LCMO, and substrates, and  $c/a$  ratio measured in the films.

Substrate	LSMO		<b>LCMO</b>	
	$\delta$ (%)	c/a	$\delta$ (%)	c/a
<b>DSO</b>	$+2.13$	0.958	$+2.87$	0.955
<b>STO</b>	$+1.22$	0.973	$+1.96$	0.957
<b>LSAT</b>	$+0.31$	0.990	$+1.04$	0.975
YAO	$-3.58$	1.007	$-2.87$	1.017
LAO	$-1.71$	1.043	$-0.99$	1.023

intensity at the photon energy  $E = 642$  eV, and prior to the extraction of dichroic spectra, the intensities of individual spectra are matched at energies below the  $MnL_3$  edge, resulting in perfect intensity matching at energies above the  $MnL_2$  edge as well. Circularly polarized spectra are taken with right  $(E_{\text{right}})$  and left  $(E_{\text{left}})$  circularly polarized photons. The magnetic circular dichroism (XMCD) spectra are obtained as the difference  $I_{\text{right}} - I_{\text{left}}$  after performing the same normalization procedure used for linearly polarized spectra.

NMR experiments are carried out at 4.2 K with the use of a coherent broadband spin-echo spectrometer. The spectra are recorded with the driving field  $h_1$  applied in plane and with no applied dc magnetic field  $(H = 0)$ . The experimental data are corrected for the distribution of the NMR enhancement factor  $\eta$  and for its frequency variation using a protocol elaborated by Panissod et al. [\[23\]](#page-11-11). The corrected NMR spectrum computed in such way represents the intensity distribution, which is proportional only to the number of nuclei resonating at a given NMR frequency f. Application of the Panissod protocol makes it also possible to determine the mean value of the enhancement factor  $\eta$  by measuring  $h_{\text{1opt}}(f)$ , i.e., the rf field amplitude that maximizes the spin-echo NMR signal. In addition, knowing  $h_{1\text{opt}}$ , one can calculate the (frequency-dependent) NMRrestoring field  $H_{\text{rest}}$ , which is defined as  $H_{\text{rest}}=(H_{hf}/\eta)$  =  $\beta h_{1opt}$  where  $H_{hf}$  is the internal magnetic field sensed by the nucleus, and  $\beta$  is the instrumental scaling factor [\[23\]](#page-11-11). The restoring field  $H_{\text{rest}}$  is the internal magnetic field acting on the local electronic magnetization and provides insight into the material local magnetic stiffness in different parts of the sample. The experiments are performed on a sample of LSMO or LCMO film with lateral dimensions of  $5 \times 5$  mm, which is placed in a tight-fitting flat coil to maximize the filling factor. A bulk sample containing several tenths of milligrams of LSMO powder glued on a tape with the dimension  $5 \times 5$  mm is measured using the same coil in order to make the  $\beta$  factor very similar to the one in the case of the thin-film sample and to facilitate the comparison between the respective data.

# III. RESULTS AND DISCUSSION

# A. X-ray absorption

The x-ray absorption spectra (XAS) obtained with linearly polarized radiation are shown in Figs. [1\(a\)](#page-2-0) and [1\(b\)](#page-2-0) for LSMO and LCMO samples, respectively. While all LCMO samples and the LSMO sample on the DSO substrate, which imposes the largest tensile strain, show an almost featureless Mn  $L_{2,3}$  XAS characteristic of the expected Mn<sup>3+</sup>/Mn<sup>4+</sup> contributions, most of the LSMO samples show a doublepeak structure in the lower-energy region of the  $L_3$  edge, at approximately 639.5–640.5 eV, similar to that observed in Refs. [24–[27\].](#page-11-12) The difference between an XAS spectrum presenting this double-peak structure and the one not

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FIG. 1. Normalized x-ray absorption spectra obtained with inplane ( $I_{ab}$ , solid line) and out-of-plane ( $I_c$ , dashed line) x-ray polarization of LSMO (a) and LCMO (b) samples measured at 300 K. Bottom of (a): difference XAS spectra between LSAT and DSO samples and simulated  $Mn^{2+}$  spectrum. Resultant XLD spectra  $(I_{ab} - I_c)$  of LSMO (c) and LCMO (d) samples (shaded areas indicate region of integration as indicated in the text).

showing it results in a spectrum that can be well reproduced by a simulated Mn spectrum with single  $2+$  valence [spectrum labeled "Mn<sup>2+</sup>(sim)" at the bottom of Fig. [1\(a\)](#page-2-0) [\[28,29\]](#page-11-13) ]. As an example, we report the difference between the spectrum on LSAT and on DSO [cyan curve labeled "LSAT DSO" in Fig. [1\(a\)\]](#page-2-0). The observation of reduced  $Mn^{2+}$  species in XAS experiments on manganites is rather common; its origin is attributed to the existence of atmospheric reducing agents chemically interacting with the  $La(Ca, Sr)MnO<sub>3</sub>$  surface [\[24,25\]](#page-11-12) or to beam-stimulated oxygen desorption [\[30\]](#page-11-14). The prominence of this Mn double-peak structure is observed to vary with the strain of the films. A similar strain effect has also been observed earlier in  $RNiO<sub>3</sub>$  films (see, for instance, the Supplemental Material from Ref. [\[31\]](#page-11-15)). This can be explained as the result of a surface relaxation by promoting the formation of oxygen vacancies, thus, favoring the appearance of surface  $Mn^{2+}$ states. The film with the largest tensile strain (LSMO on DSO), although showing a coherent epitaxial growth, has extended fracture microcracks [\[10\]](#page-11-2) that may allow alleviation of the elastic strain energy; consistently, the  $Mn^{2+}$ feature is absent in the XAS of this sample. Nevertheless, the reason for the larger content of  $Mn^{2+}$  on LSMO samples with respect to LCMO [Fig. [1\(b\)\]](#page-2-0) cannot be clarified by the data currently at hand. In the Supplemental Material S1 [\[32\]](#page-11-16), we study the influence of  $Mn^{2+}$  on the orbital and magnetic response of the films and explore possible pathways to diminish its contribution.

#### B. Orbital order

Figure [1\(c\)](#page-2-0) shows the linear dichroic spectra (XLD) of LSMO samples calculated as  $I_{ab} - I_c$ . A clear evolution of the XLD signal with the tetragonal distortion of the films is evidenced in Fig. [1\(c\),](#page-2-0) most clearly visible at the  $L_2$  edge (i.e., above 648 eV), where samples under compressive strain (LAO, YAO,  $c/a > 1$ ) show a positive XLD signal corresponding to  $I_{ab} > I_c$ , which implies a larger number of accessible states for in-plane photon polarization or, equivalently, a larger occupancy of out-of-plane–oriented states  $(3z^2 - r^2)$ . The opposite is found for tensile-strained films (DSO, STO,  $c/a < 1$ ) where a negative XLD signal is observed, indicating larger occupancy of planar orbitals  $(x^2 - y^2)$ . The XLD spectral shapes resemble those reported previously for half-doped manganite LSMO films grown both on LAO and STO substrates [\[33\]](#page-11-17). The film grown on LSAT, although having a nearly cubic structure  $(c/a \approx 0.99)$ , has a clearly positive XLD. This positive dichroism indicative of a preferential occupancy of  $3z^2 - r^2$  states can be attributed to the surface symmetry breaking favoring the stabilization of out-of-plane–oriented orbitals at the surface layers [34–[36\].](#page-11-18)

The relative hole population of  $3d(e_a)$  states is, according to the XLD sum rules [\[37\],](#page-12-0) proportional to the area under the XLD signal,  $I_{\text{XLD}} \propto h_{x^2-y^2} - h_{3z^2-r^2}$ ,  $(h_{x^2-y^2}$  and  $h_{3z^2-r^2}$  are the hole occupancies of  $x^2 - y^2$  and  $3z^2 - r^2$ states). In order to monitor the dependence of the orbital occupancy on the strain, we integrate the XLD signal at the Mn  $L_2$  edge [648–662 eV, shaded regions in Fig. [1\(c\)](#page-2-0)], as in this energy range the signal is not strongly affected by the presence of the  $Mn^{2+}$  peak; nevertheless, extending the integration range to include the  $L_3$  edge yields similar results (see the Supplemental Material S2 [\[32\]\)](#page-11-16).

In Fig. [2,](#page-3-0) we include the obtained values for  $I_{XLD}$  as a function of strain. We can highlight two aspects in this plot: (a)  $I_{\text{XLD}}$  shows a nearly linear dependence on the tetragonality of the films; this observation is in agreement with the expected degeneracy removal by means of Jahn-Teller-like distortion of the Mn-oxygen coordination polyhedron under substrate-induced strain. (b) An asymmetry is shown in the plot displacing the values towards positive  $I_{\text{XLD}}$ (larger  $3z^2 - r^2$  electron occupancy), as expected from the contribution of symmetry breaking at the surface layers explained above. Therefore, in HD LSMO, the orbital occupancy can be well described by the joint contribution of the substrate-induced tetragonal distortion of the LSMO unit cell (represented by the tetragonality ratio  $c/a$ ) and the additional specific surface-dependent term favoring  $3z^2 - r^2$  occupancy.

The integrated area under the XLD signal provides a qualitative picture of the strain dependence of orbital occupancy. The  $I_{\text{XLD}}$  values can be used to calculate the

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FIG. 2. Integrated area under XLD as a function of the  $c/a$  ratio for LSMO (solid squares) and LCMO (empty circles) films grown on DSO (black symbols), STO (blue), LSAT (green), YAO (red), and LAO (orange) substrates. Lines correspond to linear fittings of  $I_{\text{XLD}}$  ( $c/a$ ) for all LSMO samples (solid line) and for all LCMO samples except film on STO (dashed line).

relative occupation of  $3d(e_q)$  states. Most commonly, this is expressed through the orbital polarization  $P_{e_g}$  of states with  $e_q$  symmetry defined as the relative difference of electron occupancies for  $x^2 - y^2$  ( $n_{x^2-y^2}$ ) and  $3z^2 - r^2$  ( $n_{3z^2-r^2}$ ) states [\[38,39\]](#page-12-1):  $P_{e_g} = (n_{x^2-y^2} - n_{3z^2-r^2})/n_{e_g}$ . Naturally, an accurate definition of the total number of electrons in  $e_a$ states  $(n_{e_g})$  is required in order to evaluate the orbital polarization  $P_{e_g}$ . The most simple assumption that  $n_{e_g}$  is given by the doping level  $(x = \frac{1}{2})$  ignores the effect of metal-oxygen hybridization [\[39\]](#page-12-2) and neglects the possible contribution of spurious surface  $Mn^{2+}$ , which will lead to unreliable  $P_{e_q}$  values. Notice that the presence of Mn<sup>2+</sup> will not modify the shape of the XLD signal (see the Supplemental Material S1 [\[32\]](#page-11-16)) but will affect the numerical evaluation of  $P_{e_0}$  due to the added number of electrons at the 3d manifold. Therefore, any numerical estimate of  $P_{e_q}$  is plagued by a number of uncertainties that will render it inaccurate; consequently, in the following, we do not discuss the numerical estimates of  $P_{e_g}$ .

The XLD spectra obtained for LCMO samples are shown in Fig. [1\(d\)](#page-2-0). A visual inspection of the  $L_2$  edge in Fig. [1\(d\)](#page-2-0) shows that the dichroic signal is similar to that of LSMO samples and roughly follows the same trend: compressively strained samples (LAO and YAO) show a positive signal  $(I_{\text{XLD}} > 0)$ , whereas those under tensile strain (DSO and STO) display a negative XLD ( $I_{\text{XLD}} < 0$ ). Remarkably, the LCMO film grown on LSAT has an  $XLD > 0$ . As argued in the case of LSMO∥LSAT above, the free surface of the film always gives a positive contribution that may override an eventual negative compressive-strain-induced orbital polarization [\[35\].](#page-11-19) This effect accounts for the observed  $I_{XLD} > 0$  signal of the LCMO film on LSAT.

Analogous to LSMO, the integrated signal  $I_{\text{XLD}}$  of the LCMO samples (Fig. [2](#page-3-0)) shows a roughly linear dependence with tetragonal distortion. However, the slope is smaller than in LSMO indicating that orbital occupancy in LCMO is less sensitive to strain variations than in LSMO. This can be related to the presence of mechanisms for strain accommodation other than the Jahn-Teller-like associated with the tetragonal distortion of the lattices. Octahedral rotations leading to unit-cell symmetry lowering, more likely to occur in LCMO than in LSMO due to the smaller size of  $Ca^{2+}$ , can be a possible candidate. By using in-house x-ray-diffraction experiments [\[10\]](#page-11-2), we are not capable of resolving a lower-than-tetragonal symmetry in our films. On the other hand, the reduction of the A-cation size (going from Sr to Ca) also produces a bandwidth narrowing promoting electron localization, which can also lead to the stabilization of special orbital orderings. Theoretical calculations [\[12\]](#page-11-20) show that tensile strain can stabilize an in-plane  $(3x^2 - r^2)/(3y^2 - r^2)$  zigzag orbital order that will yield a strongly negative XLD signal [\[40\].](#page-12-3) This is indeed observed in our data for the LCMO film on STO, which deviates from the linear tendency followed by all other LCMO samples, yielding a negative signal much larger in magnitude than expected from the anticipated Jahn-Teller (JT) tendency. Further work is required to elucidate the quantitative differences observed for the strain dependence of XLD in LSMO and LCMO.

Finally, it is worth mentioning that in some cases, the orbital ordering is not dictated by the local JT splitting, but other effects, most notably the gain in electronic kinetic energy via electron delocalization, may override the JT-like effect as demonstrated in layered oxides (i.e.,  $La<sub>0.5</sub>Sr<sub>1.5</sub>MnO<sub>4</sub>)$  [\[41\]](#page-12-4). It has been also claimed that this mechanism may also play a role in manganese perovskites either close to half-filling [\[42\]](#page-12-5) or A-site Mn doped [\[43\]](#page-12-6). The systematic and consistent variation of orbital filling with strain shown here seems to indicate that these alternative mechanisms do not play a major role.

# C. Magnetic order

The observed effects of strain on the orbital order shall impact the magnetic interactions in the films. To explore these effects, we measure at low temperatures both the circular (XMCD) and linear (XMLD) magnetic dichroism at the Mn  $L_{2,3}$  edges in order to infer the presence of FM and AFM phases, respectively.

The XMCD signal obtained at  $T = 5$  K under a field of 2 T which saturates the samples is plotted in Fig. [3\(a\)](#page-4-0) for the LSMO films. A large difference in the dichroism magnitude for the different samples is observed: films with the lowest strain values (LSAT, YAO) show the largest XMCD signal, which gets reduced for increasing compressive (LAO) or tensile (STO, DSO) strain. Indeed, for the largest tensile strain (DSO), the signal vanishes,

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FIG. 3. XMCD spectra of LSMO (a) and LCMO (d) samples measured at 5 and 50 K, respectively (shaded areas indicate region of integration after subtraction of  $Mn^{2+}$  contribution as indicated in the text). XMLD [XLD (5 or 50 K)–XLD (300 K)] spectra of LSMO (b) and LCMO (e) samples. Normalized integrated area under XMCD at the  $L_2$  edge (left axis, solid squares, solid line) and intensity difference between the first and second peak of XMLD at the  $L_2$  edge (right axis, empty circles, dashed line) for LSMO (c) and LCMO (f) samples as a function of the  $c/a$  ratio. All measurements taken with applied field  $B = 2$  T.

indicating the complete suppression of ferromagnetic order in this sample. The application of the XMCD sum rules [\[44\]](#page-12-7) is here hampered by the uncertainty in the number of holes in the 3d manifold and the presence of a fraction of  $Mn^{2+}$  ions at the surface of some of our samples. As indicated in the Supplemental Material S1 [\[32\],](#page-11-16) the comparison of similar samples with different  $Mn^{2+}$  content allows us to disentangle a  $Mn^{2+}$  XMCD spectrum that after applying a rescaling factor can be subtracted to the original XMCD spectrum of each sample. The resultant spectra indicated by the shadowed area in Figs. [3\(a\)](#page-4-0) and [3\(d\)](#page-4-0) are used for the calculation of magnetic moments applying sum rules that provide the orbital and spin magnetic moment per Mn atom in the explored sample depth (3–5 nm). While the orbital contribution is approximately null in all samples, the spin magnetic moment per number of holes plotted in Figs. [3\(c\)](#page-4-0) and [3\(f\)](#page-4-0) shows a clear evolution as a function of the tetragonality of the films.

Data in Fig. [3\(c\)](#page-4-0) indicate that the ferromagnetic fraction of LSMO is maximum for  $c/a \approx 1$  but when  $c/a$  deviates from 1, the fraction of ferromagnetic phase in the film decreases. The observed suppression of ferromagnetism by strain in HD LSMO films is in agreement with earlier macroscopic magnetic measurements [\[10\]](#page-11-2) and indicates

that the behavior observed here is not restricted to the most superficial layers explored by XMCD measurements, but it reflects the magnetic character of the whole film. It, thus, follows that most likely an AFM phase coexists with the FM one when  $c/a$  strongly deviates from 1.

The presence of antiferromagnetic phases at low temperatures can be probed by means of linear dichroism measurements. While in the paramagnetic phase (above the Curie  $T_c$  or Néel  $T_N$  temperatures), XLD explores the orbital anisotropy, at low temperatures, when magnetic ordering comes into play, XLD is also sensitive to the charge deformation produced by the spin-orbit coupling in the core and valence-band levels. Thus, XLD can be used to examine the anisotropy of the spin axis [\[45\].](#page-12-8) Briefly, if the spin axis is parallel to the beam direction, there will be no difference due to the magnetic moments in the x-ray absorption for linear vertical and horizontal polarizations, both of which have electric field components perpendicular to the beam. Therefore, the x-ray magnetic linear dichroism (XMLD) will be null. On the other hand, if the spin axis is oriented perpendicular to the beam direction, almost parallel to the electric field vector of one polarization and perpendicular to the other, the XMLD signal will be maximum. Furthermore, the shape of the XMLD signal will provide information about the orientation of the spin axis relative to the beam direction.

In order to separate the ferromagnetic and antiferromagnetic contributions, a magnetic field large enough to saturate the ferromagnetic component can be applied in the direction of the beam. In that way, the ferromagnetically coupled spins parallel to the applied field will always be perpendicular to the photon polarization, thus, canceling their contribution to the XLD. Antiferromagnetic phases present in the sample will not be significantly affected by the magnetic field and can contribute to the measured linear dichroism. The orbital part, which is measured at  $T>T_C$  $(T_N)$  and described above, can be subtracted from the measured XLD allowing one to obtain the XMLD and disentangle the AFM contribution. The subtraction of the paramagnetic XLD is accurate enough under the assumption that it is temperature independent (i.e., for an isotropic thermal expansion of the lattice and in the absence of structural phase transitions).

We show in Fig. [3\(b\)](#page-4-0) the resultant XMLD recorded at grazing incidence at the Mn  $L<sub>2,3</sub>$  absorption edges obtained from the XLD measured in LSMO samples at 5 K in the presence of a magnetic field ( $B = 2$  T), after the subtraction of the XLD measured at  $T = 300$  K [shown previously in Fig. [1\(c\)\]](#page-2-0). We first notice that in the sample with the largest ferromagnetic contribution (LSAT), this subtraction results in a dichroism with nearly zero intensity for all energies, indicating the absence of AFM phases in this sample. However, the XMLD signal is large in all remaining samples. One should remark the very different behavior (most obvious at the  $L_2$  edge) between the XMLD of the compressively strained LSMO films (samples on LAO and YAO) and that of the tensile-strained samples (STO and DSO): The XMLD spectra have inverted sign (negativepositive or positive-negative XMLD at the  $L_2$  edge) indicating reversed directions of the spin axis. For LAO and YAO films, the XMLD shape corresponds to an out-ofplane spin-axis orientation, as shown in Refs. [\[46,47\]](#page-12-9). In order to confirm the c-axis orientation of the antiferromagnetically coupled magnetic moments in these layers, we perform XMLD measurements at 5 K in normal incidence. These measurements (shown in the Supplemental Material S3 [\[32\]\)](#page-11-16) yield a zero dichroism, as expected from the perpendicular orientation of the spin axis and the x-ray polarization vectors, giving the same absorption for both light polarizations.

The opposite sign of the XMLD of the samples under tensile strain (STO, DSO) [bottom of Fig. [3\(b\)](#page-4-0)] is in agreement with an in-plane AFM alignment of the magnetic moments in these samples. Indeed, the spectral shape coincides with previously reported XMLD in materials showing antiferromagnetic phases with in-plane spin alignment [\[48\]](#page-12-10).

In order to monitor the evolution of the AFM spin-axis direction as a function of strain, from the data in Fig. [3\(b\)](#page-4-0), we evaluate the difference of XMLD magnitude (ΔXMLD) between the first peak observed (labeled  $i_p$ ) at the MnL<sub>2</sub> edge (positive for in-plane alignment) and the second peak (labeled  $o_p$  and positive for out-of-plane alignment). The data [open symbols in Fig.  $3(c)$ ] combined with the corresponding XMCDs indicate a wide region of phase coexistence with a predominance of AFM phase for  $c/$  $a < 0.98$  to ferromagnetic phase for  $0.98 < c/a < 1.00$ and finally to out-of-plane AFM phase for  $c/a > 1.00$ . Nevertheless, the considerable magnetic moment measured with XMCD for samples having  $c/a > 0.97$  clearly indicates a FM and AFM phase coexistence in these samples.

XMCD and XMLD measurements are also recorded on LCMO samples at 50 K [\[21\]](#page-11-9). The spectra of the measured samples are shown in Figs.  $3(d)$  and  $3(e)$  [the strong insulating character of the samples prevents us from obtaining a reliable dichroic signal in the samples not shown in Figs. [3\(d\)](#page-4-0) and [3\(e\)\]](#page-4-0). The XMCD signal registered for samples under tensile strain is nearly zero, while an increasing XMCD is observed for increasing compressive strain. The calculated spin magnetic moment per number of holes is displayed in Fig. [3\(f\)](#page-4-0) (as in the case of LSMO samples, orbital contribution is found to be irrelevant in LCMO samples). We can conclude from these measurements that HD LCMO films are largely AFM, although some residual fraction of FM phase coexists. This is in agreement with magnetization measurements on the same films [\[10\].](#page-11-2) The data indicate that a larger compressive strain will be required to stabilize a FM phase in LCMO films.

On the other hand, XMLD measurements [Fig. [3\(e\)\]](#page-4-0) show signatures of AFM phases in both compressively (LAO, YAO) and tensile- (STO, DSO) strained samples. As in the case of LSMO, strain controls the spin axis, stabilizing an AFM alignment with out-of-plane (in-plane) spin axis for compressive (tensile) strain. The difference in intensity between the corresponding  $i_p$  and  $o_p$  peaks in the XMLD at the  $L_2$  edge is plotted in Fig. [3\(f\)](#page-4-0) as a function of  $c/a$ , showing a similar trend as that observed for LSMO films  $[Fig. 3(c)]$  $[Fig. 3(c)]$  $[Fig. 3(c)]$ , although the dichroic values are smaller. This is likely due to the fact that measurements in LCMO films are performed at higher temperature (50 K instead of 5 K for LSMO).

# D. Orbital ordering studied by NMR

In ferromagnetic materials, the excitation and detection of the NMR signal is determined by the local magnetic susceptibility, which may have multiple origins ranging from domain-wall pinning to magnetocrystalline anisotropy. Regardless of the physical mechanism behind the local NMR enhancement factor  $\eta$ , the applied protocol (see Sec. [II\)](#page-1-1) makes it possible to determine phenomenologically the optimum driving field  $h_1$  at each frequency and to correct the observed NMR signal amplitude for the intrinsic enhancement factor, as described in Ref. [\[23\].](#page-11-11) To illustrate this procedure, in Fig. [4](#page-6-0) we plot the NMR signal amplitude as a function of the driving field  $h<sub>1</sub>$ , for a given frequency, for the series of three samples of LSMO with identical thickness but having different lattice strain. The experimental points for each sample are fitted with a log-normal function showing clearly that the distributed character of  $\eta$  leads to the situation

<span id="page-6-0"></span>

FIG. 4. Spin-echo intensity in LSMO (36-nm) thin films at 376 MHz (films on LSAT, YAO) and 330 MHz (film on STO) as a function of rf field strength expressed in the units of restoring field  $(\beta h_1)$ . Dashed curves are fittings to the log-normal function. Vertical arrows indicate  $h_{1 \text{ opt}}$  corresponding to  $H_{\text{rest}}$ , horizontal arrows indicate maximum signal intensity  $I_{opt}$  corresponding to  $I_0$ .

that the NMR amplitude follows the theoretically predicted Gaussian distribution as a function of  $log(h_1)$ . In addition, we note that the width of the distribution is similar in the three studied samples, whereas the position of its maximum corresponding to the  $h_{1opt}$  is strongly dependent on the lattice distortion due to strain.

The same procedure is applied in the full frequency range, with the step of 1 MHz, in order to obtain the spectra for each thin-film sample investigated in this work. At each frequency value, three parameters are determined: (i) maximum spin-echo intensity  $I_{\text{opt}}$ , (ii) the corresponding  $h_{1 \text{ opt}}$ , and (iii) width of the intensity distribution sigma  $(\sigma)$ .

The NMR intensities  $I_0(f)$  (hereinafter referred to as a spectrum) discussed further in this paper are obtained as a product  $I_0(f) = I_{opt}(f)h_{1 opt}(f)\sigma(f)$ , thus, correcting for the mean enhancement factor  $\eta(f) = H_{hf}/[\beta h_{1 \text{ opt}}(f)]$  and frequency variation of sigma. In addition, the standard  $1/f^2$ factor is applied.

Figure [5](#page-7-0) presents <sup>55</sup>Mn NMR spectra at 4.2 K, elaborated with the use of the above procedure, for the LSMO films (20 nm) grown on STO, LSAT, and YAO substrates, respectively, i.e., representing different stress states. For comparison, in the panel presenting the unstrained sample grown on LSAT, we also show the NMR spectrum recorded from a bulk (ceramic sample) of half-doped LSMO. In the case of the highly strained LSMO films grown on LAO and DSO substrates, the <sup>55</sup>Mn NMR signal cannot be observed in the experimental conditions suitable for detecting NMR signal from a ferromagnetic material. Likewise, the <sup>55</sup>Mn NMR signal is not observed in any of the studied LCMO films, independent of the substrate and corresponding strain. It will be shown that this is consistent with the XMCD data reported above. The same situation is observed in the case of 36-nm-thick films: the signal cannot be detected except for LSMO films and in the case of the three substrates mentioned above. The NMR spectra recorded from 36-nm films are almost identical to those of 20 nm, and the NMR signal intensities scale with the layer thickness, as shown in Fig. [5](#page-7-0). At this point, we want to emphasize that the applied procedure leads to the "final" NMR spectra  $I_0(f)$  having comparable intensities in all studied samples, despite the fact that the experimentally recorded intensities and the used  $h_1$  amplitudes differ by more than one order of magnitude (Fig. [4](#page-6-0)).

Two clearly resolved lines with a Gaussian-like shape are present in each spectrum in Fig. [5](#page-7-0). Interestingly, their respective intensity ratio depends on the value of tetragonal lattice distortion. To simplify further discussion, we label the line at a central frequency of 376 MHz as  $f_0$ , while the other line, around 330 MHz, as  $f_1$ .

It is well established that the  $f_0$  line in ferromagnetic, metallic, and virtually cubic LSMO is due to Mn ions in a mixed-valence-state  $Mn^{3+/4+}$  created by very fast  $(\tau < 10^{-9}$  s) electron interchange between Mn<sup>3+</sup> and Mn<sup>4+</sup> ions participating in the three-dimensional DE coupling

<span id="page-7-0"></span>

FIG. 5. <sup>55</sup>Mn NMR spectra recorded at 4.2 K from 20- and 36-nm LSMO films grown on STO (a), LSAT (b), and YAO (c). <sup>55</sup>Mn NMR spectrum recorded from bulk LSMO is also shown in the middle panel (b). Arrow lines indicate the frequencies  $f_0$  and  $f_1$ . All <sup>55</sup>NMR spectra are corrected for enhancement factor following the Panissod procedure [\[23\],](#page-11-11) and the spectrum intensity at each frequency point is proportional—with a common proportionality factor for all spectra taking into account samples mass—to the number of nuclei (Mn atoms) characterized by this resonance frequency.

(3D DE). Therefore,  $Mn^{3+/4+}$  ions giving rise to this line are contributing to the magnetization and to electric conduction [16–[19,48](#page-11-7)–53]. More precisely, the observed frequency  $f_0 \approx 376$  MHz is in good agreement with the expected frequency value for a half-doped manganite [\[53\]](#page-12-11). Now, we focus on the origin of the line  $f_1$ . We first consider the differences in the intensities of the  $f_0$  and  $f_1$  NMR lines in the three panels of Fig. [5](#page-7-0). Comparing the spectra in the middle (nonstrained film on LSAT) and the top (tensilestrained film on STO) panels, one can readily notice that the intensity of the  $f_0$  line dramatically decreases, whereas that of  $f_1$  increases in the strained film. In fact, the intensity ratio between  $f_1$  and  $f_0$  is practically interchanged when going from LSMO∥LSAT to LSMO∥STO. The reduction of the intensity of the  $f_0$  line is consistent with the fact that this line is a fingerprint of the ferromagnetic-metallic fraction in the sample, and with the observation  $[Fig. 3(c)]$  $[Fig. 3(c)]$  $[Fig. 3(c)]$  that the magnetization of the strained film (LSMO∥STO) is much reduced [\[10\].](#page-11-2) Figure [6](#page-7-1) illustrates the relationship between the intensities of the  $f_0$  and  $f_1$  lines and the sample's magnetization as derived from magnetic [superconducting quantum-interference device (SQUID)] measurements [\[10\].](#page-11-2) By the same token, the  $f_1$  line cannot be attributed to a ferromagnetic fraction of the sample characterized by a different <sup>55</sup>Mn NMR frequency. Indeed, using the  $f(x)$ expression derived in Ref. [\[53\]](#page-12-11) to describe the hole concentration dependence of the <sup>55</sup>Mn NMR frequency in DE-governed ferromagnetic manganites, the observed  $f_1 \approx 330-336$  MHz will correspond to an unrealistic hole concentration  $(x \approx 1)$ . Therefore, neither the intensity evolution of the  $f_1$  line nor its frequency allow us to assign the  $f_1$  line to a ferromagnetic contribution.

Focusing now on the comparison of the middle and bottom panels in Fig. [5](#page-7-0), it is clear that the total intensity under the  $f_0$  line is also largely reduced in compressively strained films (LSMO∥YAO). This is also consistent with the observed reduction of the magnetization [Figs.  $3(c)$ ] and [6\]](#page-7-1). One also notices that the relative fraction of  $f_1$ and  $f_0$  is almost preserved.

Understanding these variations demands a critical revision of applicability of the conventional wisdom used to interpret NMR data of manganites to the present case of the orbitally ordered  $\text{La}_{1/2}\text{Sr}_{1/2}\text{MnO}_3$ . It is commonly reported that in the optimally doped manganites  $(La_{2/3}A_{1/3}MnO_3)$ ,  $A = Ca$ , Sr), the NMR spectra display a similar shape than those of Fig. [5,](#page-7-0) with two resonance lines at similar frequencies. The most intense resonance line  $(f_0)$  located at high frequency is related to the 3D DE  $Mn^{3+/4+}$  ions. The resonance observed at lower frequency is attributed to localized  $Mn^{4+}$  ferromagnetic ions formed due to the charge localization [\[16,19,49](#page-11-7)–52] as sketched in

<span id="page-7-1"></span>

FIG. 6. <sup>55</sup>Mn NMR spectrum intensity registered at 4.2 K as a function of magnetization in LSMO 20-nm (solid symbols) and 36-nm (empty symbols) thin films for LSAT, YAO, and STO substrates. NMR intensity is obtained by integrating spectra in the 300–420 MHz range  $(f_0 + f_1)$  lines) (black symbols), 300– 350 MHz range  $(f_1$  line, yellow symbols), 350–420 MHz range  $(f_0)$  line, purple symbols), and normalized to layer thickness for comparison of 20- and 36-nm-thick layers.

<span id="page-8-0"></span>

FIG. 7. (a) Sketch of electronic-phase-separated  $Mn^{3+/4+}$  and  $Mn^{4+}$  ferromagnetic regions in optimally doped  $La_{2/3}Sr_{1/3}MnO_3$ as inferred from <sup>55</sup>Mn NMR spectroscopy [\[16,18,19,50](#page-11-7)–52]. (b), (c) sketches of the  $(x^2 - y^2)$  and  $(3z^2 - r^2)$  orbitals and associated A-type and C-type AFM spin ordering and the corresponding dipolar hyperfine field  $(H_{\text{dip}})$  (blue and red arrows) and hyperfine Fermi contact field  $(H_{\text{cont}})$  (black arrows) acting on the <sup>55</sup>Mn nuclei [\[54\].](#page-12-13)

Fig. [7\(a\)](#page-8-0). Consistently, in that scenario the sample magnetization scales well with the total intensity under the NMR spectra, including both lines assigned to the itinerant  $Mn^{3+/4+}$  and to the localized  $Mn^{4+}$  ions [\[16,50](#page-11-7)–52]. As clearly illustrated by data in Fig. [6,](#page-7-1) the situation is different in the present  $La_{1/2}Sr_{1/2}MnO_3$  films, and a radically different scenario should be envisaged to account for the origin of the  $f_1$ .

The starting point for the discussion is the data in Fig. [5](#page-7-0). It indicates that the electronic configuration of the 3d  $(e_{q})$ state of a fraction of Mn ions contributing to the isotropic double-exchange interaction and represented in NMR spectrum by the  $f_0$  line is changed due to the presence of an epitaxial strain.

In order to trace this change, let us consider how strain can influence the hyperfine field experienced by  $55$ Mn nuclei in manganites. It is well known that for octahedrally coordinated Mn<sup>3+</sup> (3d<sup>4</sup>) ions with an orbital 3d( $e<sub>q</sub>$ ) doublet as a ground state, the hyperfine field can be strongly anisotropic [\[55,56\]](#page-12-12) in contrast to the case of Mn<sup>4+</sup> (3d<sup>3</sup>) ions where an orbital singlet state  $3d(t_{2q})$  gives rise to an isotropic hyperfine field. Indeed, in the case of  $Mn^{3+}$  ions, an electron located in 3d (e<sub>g</sub>) orbitals  $(x^2 - y^2, 3z^2 - r^2)$ will create a dipolar hyperfine field  $(H_{div})$  due to its own spin dipole moment that will add to an isotropic hyperfine field component due to the Fermi contact interaction  $(H_{cont})$ . The dipolar hyperfine field is strongly anisotropic, and its value depends on the symmetry of the  $3d(e_q)$  orbital occupied by an electron and the orientation of the spin moment. It turns out that for each orientation of the spin moment (S), the relation  $H_{\text{dip}}(x^2-y^2) = -H_{\text{dip}}(3z^2-r^2)$ holds valid, and for specific orientations of S: either in plane  $(x - y)$ : S<sub>∥xy</sub> or out of plane (z): S<sub>∥z</sub>, the dipolar fields  $H_{\text{dip}}(x^2 - y^2)_{(\mathbf{S}_{\parallel xy})} = (\frac{1}{2})H_{\text{dip}}(3z^2 - r^2)_{(\mathbf{S}_{\parallel z})}$  are always parallel to S and antiparallel to  $H_{\text{cont}}$  [\[54,55\]](#page-12-13).

In the case of a cubic symmetry, the 3d  $(e<sub>a</sub>)$  state of  $Mn^{3+}$  ions is degenerated, and, thus, the probability of an electron to have the symmetry of one of the  $e_q$  orbitals is identical. Consequently, the dipolar hyperfine field due to  $3d(e_a)$  electrons vanishes for any orientation of the electron spin, and only the isotropic Fermi contact hyperfine field remains. In contrast, the situation changes when the local symmetry is lowered from cubic to tetragonal, resulting in the elongation or compression of  $MnO<sub>6</sub>$  octahedra favoring  $(3z<sup>2</sup> - r<sup>2</sup>)$  orbital occupation for compressive strain or favoring the  $(x^2 - y^2)$  occupation for tensile strain, as confirmed by the XLD data shown in a previous section. In any event, one of the  $3d(e_q)$  orbitals lowers its energy and becomes more populated, and the condition for a mutual cancellation of the dipolar hyperfine fields originating from the spin of  $3d(e_a)$  electrons, is no longer fulfilled. The hyperfine field for  $Mn^{3+}$  ions becomes an average between the fields of  $Mn^{3+}$  with the  $3d(e_a)$ electron on the  $(x^2 - y^2)$  orbital and Mn<sup>3+</sup> with the  $3d(e_0)$  electron on the  $(3z^2 - r^2)$  orbital weighted by their relative population, itself modulated by the strain. Such a scenario, in the case of LSMO tensely strained thin film favoring in-plane  $3d(e_a)$  orbitals  $(x^2 - y^2)$  and for the inplane orientation of magnetic moments leads to a reduction of the hyperfine field [\[54,55\]](#page-12-13) experienced by  $Mn^{3+/4+}$  ions due to the opposite orientation of the Fermi contact  $(\mathbf{H}_{con})$ and the dipolar  $(H_{\text{dip}})$  hyperfine fields, as sketched in Fig. [7\(b\)](#page-8-0).

Based on the above relation between the strain and hyperfine field experienced by <sup>55</sup>Mn nuclei, the presence of the  $f_1$  line in all spectra recorded from LSMO films is interpreted as a signature of the electron orbital preferential occupancy and an associated anisotropic dipolar contribution to  $H_{hf}$ . Observation of  $f_1 < f_0$  (i.e., a preferential occupancy of  $x^2 - y^2$  orbitals [Fig. [7\(b\)](#page-8-0)] and in-plane orientation of spins) is consistent with the presence of an A-type antiferromagnetic phase (A-AFM) displaying ferromagnetic order in planes but with a prevailing antiferromagnetic coupling between planes. Therefore, in the experiments reported here, the observation of the  $f_1$  line in <sup>55</sup>Mn NMR spectra of LSMO∥STO is regarded as a signature of A-AFM-type local ordering in the studied samples. We note in passing that the presence of the  $f_1$  line in the NMR spectra for nominally nonstrained film (LSMO∥LSAT), as well as of the LSMO bulk sample, can be taken as microscopic evidence of the lowtemperature spontaneous transformation of LSMO from cubic to orthorhombic (A-type) phase as derived from neutron-diffraction experiments on bulk samples [\[57\].](#page-12-14)

In view of the proposed modification of the  $Mn^{3+}$ hyperfine field triggered by strain, it can be expected that the spectrum recorded for the compressively strained LSMO∥YAO sample will show a different resonance line

at  $f_1' < f_0$ , and  $f_1'$  will fulfill a relation  $|f_0 - f_1| = (1/2)$  $|f_0 - f'_1|$ , because compressive strain favors a different imbalance of the dipolar hyperfine field component due to a preference for  $(3z^2 - r^2)$  orbital occupation [Fig. [7\(c\)\]](#page-8-0), as indicated above [\[54,55\]](#page-12-13). However, this configuration would correspond to a C-type orbital ordering and an associated C-AFM ordering, with spins pointing perpendicular to the film plane (as confirmed by the XLD data reported above). This 3D antiferromagnetically coupled structure cannot be easily excited by the very small in-plane  $h_1$  field used, and, thus, it cannot be observed in the corresponding NMR spectrum. On the other hand, the observation in LSMO∥YAO film of a resonance line at  $f_1 < f_0$  may seem at first sight surprising. However, it has to be recalled that the analysis of a lattice mismatch in the case of YAO substrate [\[10\]](#page-11-2) indicates a partial reduction of strain and a relaxed structure. Therefore, this observation can be regarded as the evidence of a nonhomogeneously relaxed state of the LSMO∥YAO films, with the strain-free or almost strain-free regions of the LSMO∥YAO film giving rise to the NMR spectrum characteristic for the unstrained LSMO∥LSAT film.

These observations also imply that each of the two forms of antiferromagnetic order (A-AFM and C-AFM) influence the restoring field  $(H_{res})$  of a phase-separated material in a different way. This aspect of the effect of strain on the restoring field can be traced by inspecting the changes of the restoring field for the LSMO films on LSAT, STO, and YAO substrates. Indeed, systematic measurements of the restoring field show that in the frequency region of interest, from 280 to 440 MHz, the corresponding values are approximately 2 Oe (LSAT), 10 Oe (STO), and 30 Oe (YAO) (see Fig. [4](#page-6-0)), which confirm the magnetic hardening associated with the presence of A-type and C-type spin orderings. On the other hand, microstructural effects such as dislocations formed when strain-relaxation occurs (in the case of YAO) may also contribute to increasing magnetic stiffness of the film by reinforcing magnetic domain-wall pinning. Since our NMR experiment is carried out without external field, i.e., in a demagnetized state, some kind of a domain structure must be present in all samples. Consequently, the experimentally determined restoring field should be analyzed in the context of all possible domain-wall excitations leading to the NMR enhancement  $\eta$  which can be active in these phase-separated materials.

Finally, we recall that NMR signal intensity is proportional to the number of nuclei resonating at a given frequency, and the integrated spectrum intensity is proportional to their total number. Figure [6](#page-7-1) presents the NMR spectrum intensities: total  $(f_0 + f_1)$  and decomposition split into  $f_0$  and  $f_1$  contributions as a function of magnetization measured by SQUID. This comparison shows that both techniques reveal a reduction of the ferromagnetic component by strain. Moreover, a proportionality between magnetization detected by SQUID and the intensity of the ferromagnetic fraction represented by the  $f_0$  line in NMR spectra is observed (circles in Fig. [6\)](#page-7-1) as a response to the increasing tetragonal lattice distortion due to the strain. The fraction of Mn ions giving rise to the  $f_1$ line (thus, corresponding to the antiferromagnetic A-type phase) is not contributing to magnetization, whereas it is detected in the NMR experiment. We note that the NMR signal from Mn ions can be excited under the small driving  $h_1$  field as far as their magnetic moments can be brought to oscillation generating, in turn, an oscillating transverse component of the hyperfine field and an effective field  $(1 +$  $\eta$ ) $h_1$  acting on Mn nuclear spins. In a single-phase antiferromagnet, this mechanism is not feasible, and, thus, AFM materials do not respond to  $h_1$ . However, A-type antiferromagnets have in-plane ferromagnetically aligned spins, which coexist with ferromagnetic phases. Therefore, exchange coupling and, thus, coupled oscillating responses to  $h_1$  giving rise to an enhanced spin-echo NMR signal can be expected in such case [\[56\].](#page-12-15) Consistently, the smaller value of the total NMR intensity for YAO is due to a missing intensity related to Mn atoms involved in the Ctype antiferromagnetic phase.

In summary, the present <sup>55</sup>Mn NMR study provides clear evidence of strain-induced orbital ordering and concomitant phase separation into A-type and C-type antiferromagnetic orders that coexist with residual ferromagnetic phases in LSMO.

### IV. SUMMARY AND CONCLUSIONS

We report an extensive study of the magnetic and orbital order of strained epitaxial half-doped manganite films by studying the dependence of x-ray absorption with linear and circular light polarization on the tetragonal distortion of the films. LSMO films show an almost linear dependence of the orbital occupancy with the tetragonal distortion, indicating a Jahn-Teller-like mechanism for the stabilization of  $x^2 - y^2 (3z^2 - r^2)$  states for tensile (compressive) strain. Surface symmetry-breaking effects are also shown to be relevant by contributing to a larger occupancy of  $3z^2 - r^2$  states added to the strain-induced occupancy.

The coupling between orbital and spin degrees of freedom is manifested in LSMO samples by the stabilization of an AFM phase with in-plane spin ordering for tensile strain, which is in accordance with the predicted A-AFM phase promoted by the  $x^2 - y^2$  orbital order, which favors the delocalization of electrons in the  $x-y$  plane and reduces the hopping along the  $c$  axis, thus, resulting in a (in-plane) metallic character. Both the AFM and metallic character of these films is corroborated by transport and magnetic measurements [\[10\].](#page-11-2) On the other hand, compressive strain is shown to favor an AFM phase with spin axis pointing in the  $c$ -axis direction, as expected from the predicted  $C$ -AFM phase coupled to the  $3z^2 - r^2$  orbital order. This phase presents a strongly insulating character also observed in macroscopic measurements [\[10\]](#page-11-2). Finally, on well-matched

<span id="page-10-4"></span>

FIG. 8. Strain phase diagram of half-doped manganite films indicating the orbital and magnetic phase derived from experiments and theoretical calculations. Shaded areas indicate regions where samples show metallic character.

substrates, where strain does not largely break the  $e_a$ -states degeneracy, a ferromagnetic and metallic phase is observed, both by x-ray absorption and macroscopic measurements. The phase diagram shown in Fig. [8](#page-10-4) summarizes these findings.

We find that the orbital occupancy in the narrower-band LCMO HD manganite is less affected by Jahn-Teller-like unit-cell distortions, as XLD shows that the induced modification in the XLD signal is less sensitive to the tetragonality ratio  $(c/a)$  in LCMO for films under compressive or moderate tensile strain. It is argued that rigid rotation of the Mn coordination polyhedra, rather than Jahn-Teller-like distortions, combined with the genuine  $3z^2 - r^2$  surface contribution may account for these observations. In contrast, tensile-strained samples show a strong dichroism indicative of a strongly modified orbital order, probably connected to the predicted CE phase. Indeed, lowtemperature dichroism measurements point to an AFM order with in-plane spin axis for these samples. On the other hand, measurements on compressively strained samples suggest a phase coexistence of FM and C-AFM phases. The strong predominance of AFM phases in LCMO is also consistent with macroscopic magnetic measurements [\[10\],](#page-11-2) which also confirm the insulating character of these samples (Fig. [8\)](#page-10-4).

<sup>55</sup>Mn NMR data bring consistent evidence of a suppression of the ferromagnetic phase under strain. Moreover, NMR provides new insight into orbital ordering by exploiting the sensitivity of the electron-spin dipolar hyperfine field on  $3d(e_a)$  orbital occupancy which gives rise to distinguishable resonance lines in the NMR spectrum for electrons at  $x^2 - y^2$  and  $3z^2 - r^2$  states. By itself, this finding may open a new perspective on using NMR techniques to explore orbital occupancy in solids.

In conclusion, we establish a clear connection between the magnetic and transport properties of half-doped manganite films and the electronic and magnetic structure characteristics giving rise to the observed macroscopic properties. From the perspective of implementing HD manganite layers in ferroelectric tunnel junctions aimed to induce controlled metal-insulator transitions, our results indicate that even in the cases of rather thick films as those reported here (20 nm), strain and interface effects have dramatic consequences on charge localization, orbital, and spin ordering accompanied by indications of phase separation. This complex interplay, which probably is reinforced in ultrathin films as required in tunnel devices, suggests that it may be difficult to obtain high-yield successful processing of electroresistive junctions. Alternative approaches may be envisioned by selecting materials or compositions less prone to phase separation.

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