# PT Symmetry and Singularity-Enhanced Sensing Based on Photoexcited Graphene Metasurfaces

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We introduce here a parity-time-( $\mathcal{PT}$ ) symmetric system using an optically pumped, active graphene metasurface paired with a resistive metallic filament, realizing a unidirectional reflectionless propagation of terahertz (THz) waves. The amplified THz stimulated emission and tailored plasmon resonances in the graphene metasurface may achieve an equivalent negative-resistance converter at THz frequencies. We theoretically demonstrate that the combination of the spectral singularity in a  $\mathcal{PT}$ -symmetric system and the chemical sensitivity of graphene may give rise to exotic scattering responses, strongly influenced by the presence of charged impurities in graphene *at* the spontaneous  $\mathcal{PT}$ -symmetry-breaking point. This graphene-based  $\mathcal{PT}$ -symmetric device may have broad relevance beyond the extraordinary manipulation of THz waves, as it may also open exciting prospects for detecting gas, chemical, and biological agents with high sensitivities.

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#### I. INTRODUCTION

In the past decade, significant attention has been devoted to parity-time-( $\mathcal{PT}$ ) symmetric quantum Hamiltonian systems [1-6], since it was shown that even non-Hermitian Hamiltonians can exhibit entirely real eigenspectra, provided that the system is invariant under combined operations of parity ( $\mathcal{P}$ ) and time-reversal ( $\mathcal{T}$ ) symmetry [1–3]. The linear operator  $\mathcal{P}$  performs the spatial inversion that transforms coordinates and momenta, whereas the antilinear operator  $\mathcal{T}$  conducts the time inversion. The simultaneous application of both operators  $\mathcal{PT}$  is antilinear, implying that the quantum potential must satisfy the specific condition  $V(x) = V^*(-x)$  [1–3]. Considering the antilinear character of the  $\mathcal{PT}$  operator, the Hamiltonian and  $\mathcal{PT}$  operator do not always share the same eigenvectors. Beyond some non-Hermiticity threshold, typically referred to as the spontaneous  $\mathcal{PT}$ -symmetry-breaking point or the exceptional point, an abrupt phase transition may occur and the eigenspectrum becomes complex. The existence of this degeneracy point in non-Hermitian systems exhibits an interesting property that both the eigenvalues and the eigenvectors simultaneously converge [1–6].

Although the concept of  $\mathcal{PT}$ -symmetric quantum systems is still under intensive debate [7], its optics [4–6, 8–27] and acoustic [28,29] analogues have been recently explored, by exploiting the formal similarities between the Schrödinger and Helmholtz equations. Optics emerges as the most versatile platform for exploring

 $\mathcal{PT}$ -symmetric physics, since it is technologically viable with spatially modulated distributions of optical gain and loss [11,16,17,25]. During recent years, several  $\mathcal{PT}$ symmetric applications have been discovered in the optical domain, including the unidirectional propagation phenomena (e.g., unidirectional invisibility and negative refraction) [4–6,8–27], planar focusing [23], beam switching [30,31], coherent perfect laser absorbers [9,15], and optical isolators and circulators [12,20,25,26], which find diverse potential applications in photonic devices and systems.

In this work, we propose the concept and a realistic design of a  $\mathcal{PT}$ -symmetric system in the terahertz (THz) regime, as shown in Fig. 1(a), which properly balances loss and gain using a resistive metallic filament and an optically pumped, amplifying graphene metasurface. These two absorbing and gain thin sheets, separated by an air or dielectric gap with thickness d, are characterized by a  $\mathcal{PT}$ symmetric impedance distribution  $Z_T = -Z_B$ , where T and B represent the top and bottom interfaces, respectively. At THz frequencies, an optically pumped graphene metasurface may exhibit a negative surface resistance  $Z_T = -R$ , opposite to that of metallic filament  $Z_B = R$ , thanks to the population inversion produced by cascaded optical-photon emissions [32-37]. Such paired absorbing and amplifying impedance sheets may effectively realize the simplest possible  $\mathcal{PT}$ -symmetric system [23], which supports the unidirectional transparency for THz waves. Furthermore, we propose that the unusual scattering properties around the singular frequency (exceptional point) may have the potential to realize ultrasensitive chemical, molecular, and biological sensing, as illustrated in Fig. 1(b). It is based on unique properties of graphene in the THz regime that the

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dynamic conductivity of graphene can be varied by surface dopants (e.g., reactive gas, molecular, and chemical species), chemically modulating the surface impedance of a graphene metasurface. This surface-impedance perturbation results in dramatically altered scattering properties of a  $\mathcal{PT}$ -symmetric metasurface, associated with the eigenvalue bifurcation of the scattering matrix. As we show below, a  $\mathcal{PT}$ -symmetric reflection-type sensor can potentially have much higher sensitivity compared to conventional passive, graphene-based plasmonic sensors.

# II. $\mathcal{PT}$ -SYMMETRY-INDUCED SCATTERING PROPERTIES

As illustrated in Fig. 1, the geometry of interest features a  $\mathcal{PT}$ -symmetric THz system composed of two isotropic, homogeneous surface impedances  $Z_T$  and  $Z_B$ , which can be modeled using an equivalent two-port transmission-line network model in Fig. 2. We assume here that the graphene and metal filament are suspended in air, being the same as the outside medium, and that a transverse-magnetic- (TM) polarized terahertz wave is normally incident on the impedance sheets [Fig. 1(a)]; the terahertz wave is propagating along the z axis, with the electric-field vector polarized in a direction perpendicular to the graphene nanoribbons (v axis). In this case, the deeply subwavelength metallic filament and graphene can be represented as two parallel lumped elements, separated by a transmissionline segment of electrical length  $x = k_0 d$ , characteristic impedance  $Z_0 = \sqrt{\mu_0/\epsilon_0}$ , and propagation constant  $k_0 =$  $\omega \sqrt{\mu_0 \varepsilon_0}$ . Specifically, we employ the metasurface structure [Fig. 2(a)] to support enhanced light-matter interactions in graphene and to balance the kinetic inductance of graphene with the geometric capacitance of the metasurface; hence, no reactive power is being stored around the graphene surface. This leads to a purely real and negative surface impedance  $Z_T = -R = -\kappa Z_0$ , where  $\kappa$  is the dimensionless non-Hermiticity parameter { $\kappa \in R : \kappa \ge 0$ }. The thickness-dependent surface resistance of a metallic filament is always positive ( $Z_B = +R = \kappa Z_0$ ) in the THz range [38]. Using the transfer-matrix method [39,40] (see Appendix A for details) and assuming a time-harmonic field of the form  $e^{j\omega t}$ , the scattering matrix **S** of the system in Fig. 2 can be derived as

$$\mathbf{S} = \begin{pmatrix} t & r_T \\ r_B & t \end{pmatrix}$$
$$= \begin{pmatrix} \frac{1}{e^{jx} - j\sin(x)/(2\kappa^2)} & \frac{(1+2\kappa)\sin(x)}{-\sin(x) - 2j\kappa^2 e^{jx}} \\ \frac{(1-2\kappa)\sin(x)}{-\sin(x) - 2j\kappa^2 e^{jx}} & \frac{1}{e^{jx} - j\sin(x)/(2\kappa^2)} \end{pmatrix}, \quad (1)$$

where  $r_T$  and  $r_B$  are the reflection coefficients for THz waves incident from the top and bottom, respectively, and *t* 



FIG. 1. (a) Schematic integration of a  $\mathcal{PT}$ -symmetric THz system consisting of an active graphene metasurface and an absorbing metallic sheet. (b) Illustration of the transmission and reflection of THz waves incident from the bottom (outlined as blue) and top (outlined as red) of a graphene-based  $\mathcal{PT}$ -symmetric sensor, before (left) and after (right) being chemically doped.



FIG. 2. (a) Scattering parameters  $(r_T, r_B, \text{and } t)$  and (b) eigenvalues as a function of the  $R/Z_0$  for the  $\mathcal{PT}$ -symmetric THz system in Fig. 1(a) with  $k_0 d = \sin^{-1}(1/4)$ ; the arrows indicate the evolution of scattering parameters and eigenvalues with increasing the value of R. The inset presents the corresponding two-port transmission-line model, comprising an optically pumped graphene metasurface with surface resistance -R and a resistive sheet with surface resistance +R, separated by a transmission-line segment with physical length d, wave number  $k_0$ , and characteristic impedance  $Z_0$ .

is the transmission coefficient, which is independent of the direction of incidence. It can be straightforwardly demonstrated that the scattering matrix in Eq. (1) indeed follows the special symmetry:  $\mathcal{PT}\mathbf{S}^*(\omega)\mathcal{PT} = \mathbf{S}^{-1}(\omega)$ , typical of a  $\mathcal{PT}$ -symmetric system [14]. Figure 2(a) shows the loci of complex scattering coefficients on a polar diagram for  $x = \sin^{-1}(1/4)$ , as the parameter  $\kappa$  is varied; each color in the legend represents different normalized resistance values. It is seen that the top reflection  $r_T$  can, in principle, differ from the bottom reflection  $r_B$ . A condition of special interest resides in the exceptional point occurring when  $\kappa = 0.5$ . At such frequency, one can obtain the unidirectional transparency with zero and unitary reflection for light incident from the bottom and top  $(|r_B| = 0$  and  $|r_T| = 0$ ), while with a unitary transmission for both sides (|t| = 1). This unidirectional reflectionless property is rather independent of the separation distance d. For instance, the scattering matrix for  $\kappa = 0.5$  and arbitrary x becomes

$$\mathbf{S} = \begin{pmatrix} e^{jx} & -2 + 2e^{2jx} \\ 0 & e^{jx} \end{pmatrix},\tag{2}$$

which clearly shows that the reflectionless perfect transmission occurs in one direction but not the other. The product of two reflections in Eq. (2) is zero, as the nature of  $\mathcal{PT}$ -symmetric systems leads to  $r_B r_T^* = 1 - |t|^2$  [14]. In Fig. 2(a), the change of the transmission coefficient from |t| < 1 to |t| > 1 is associated with the transition from the  $\mathcal{PT}$ -symmetric phase to the  $\mathcal{PT}$ -broken phase. At the exceptional point, achievable with  $\kappa = 0.5$  and  $x = \sin^{-1}(1/4)$ , the unidirectional reflectionless propagation with perfect transmission and unitary top reflection can be achieved.

In one-dimension systems, the transition between the  $\mathcal{PT}$  symmetry and symmetry breaking can be identified by tracing the behavior of eigenvalues of the scattering matrix **S** [14]. The eigenvalues of **S** in Eq. (1) can be derived as

$$\lambda_{\pm} = \frac{2\kappa^2 \pm \sqrt{(4\kappa^2 - 1)\sin^2(x)}}{2\kappa^2 e^{jx} - j\sin(x)}.$$
 (3)

In the  $\mathcal{PT}$ -symmetric phase, the two eigenvalues are nondegenerate and unimodular  $(|\lambda_{\pm}| = 1)$ , whereas the nonunimodular eigenvalues  $[\lambda_{+} = 1/(\lambda_{-})^{*}]$  suggest the  $\mathcal{PT}$ -broken phase. From Eq. (3), we find that regardless of *x*, when  $\kappa > 0.5$ , the unimodular eigenvalues  $(\lambda_{\pm})$  would transit to nonunimodular ones. At the exceptional point, the scattering matrix eigenvalues are equal  $[\lambda_{+} = \lambda_{-} = 1/(\lambda_{+})^{*}]$ . Figure 2(b) presents the complex eigenvalues of **S** as a function of the parameter  $\kappa$ , showing that the eigenvalues are unimodular and nondegenerate for  $\kappa < 0.5$ ( $\mathcal{PT}$ -symmetric phase with |t| < 1) and have reciprocal moduli for  $\kappa > 0.5$  ( $\mathcal{PT}$ -broken phase with |t| > 1), consistent with the evolution of the transmission coefficient in Fig. 2(a). We also note that a directional transparency can be obtained when  $x = n\pi$ , leading to  $r_B = r_T^* = 0$ ,  $t = e^{-jn\pi}$ , and  $\lambda = 1$  or -1, in some sense similar to a resonant, loss-gain-compensated medium.

#### **III. ACTIVE GRAPHENE METASURFACES**

Graphene, as a single-layer hexagonal network of carbon atoms, is of great interest as a material for integrated photonics and optoelectronics, since it can exhibit strong optical absorption, up to 2.3% for a single atomic layer [41,42], and ultrafast modulation of its conductivity by electrostatic gating in the terahertz-to-midinfrared regimes [43–51]. The nonequilibrium terahertz properties of graphene are especially interesting because the population inversion and negative dynamic conductivity (THz gain) can take place in an optically pumped graphene monolayer, due to the cascaded optical-phonon emission and interband transitions around the Dirac point [32-37], as illustrated in Fig. 3(a). The photoexcited electron-hole pairs in graphene split the Fermi level into two quasi-Fermi levels  $E_{Fn}$ ,  $E_{Fp} = \pm \varepsilon_F$  that, respectively, define the electron and hole concentrations. Since the relaxation time for intraband transitions is of the order of  $\tau \approx 1$  ps, which is faster than the recombination time  $\tau \approx 1$  ns for electron-hole pairs [52], the population inversion can be achieved with the optical pumping [32–37]. Under a sufficiently strong optical excitation, the interband emission of photons may prevail over the intraband Drude absorption, and thus the real part of the dynamic conductivity of graphene  $\text{Re}[\sigma]$ can be negative. Because of the unique gapless energy spectra of electrons and holes in graphene, the negative  $\operatorname{Re}[\sigma]$  can occur at relatively low frequencies, such as the THz spectral range. The dynamic conductivity of graphene modeled from nonequilibrium Green's functions [46]. comprising the contributions of both interband and intraband transitions, i.e.,  $\sigma = \sigma_{\text{intra}} + \sigma_{\text{inter}}$ , is given by

$$\sigma_{\text{intra}} = j \frac{q^2}{\pi \hbar^2} \frac{1}{\omega - j\tau^{-1}} \left[ \int_0^\infty \varepsilon \left( \frac{\partial F_1(\varepsilon)}{\partial \varepsilon} - \frac{\partial F_2(-\varepsilon)}{\partial \varepsilon} \right) d\varepsilon \right],$$
(4a)

$$\sigma_{\text{inter}} = -j \frac{q^2}{\pi \hbar^2} (\omega - j\tau^{-1}) \int_0^\infty \frac{F_2(-\varepsilon) - F_1(\varepsilon)}{(\omega - j\tau^{-1})^2 - 4\varepsilon^2/\hbar^2} d\varepsilon,$$
(4b)

where  $F_1(\varepsilon) = [1 + e^{(\varepsilon - E_{Fn})/K_BT}]^{-1}$ ,  $F_2(\varepsilon) = [1 + e^{(\varepsilon - E_{Fp})/K_BT}]^{-1}$ , q is the electric charge,  $\varepsilon$  is the energy,  $\hbar$  is the reduced Planck's constant,  $K_B$  is the Boltzmann constant, T is the temperature,  $\omega$  is the angular frequency, and  $\tau$  is the momentum relaxation time of charge carriers (here we assume  $\tau = 1$  ps, which is consistent with experimental results [52]). By solving the integral in Eq. 4(a),  $\sigma_{\text{intra}}$  can be written in a compact form:



FIG. 3. (a) Schematics of THz lasing in pristine graphene  $(E_F = 0 \text{ eV})$  triggered by the optical pumping. (b) Frequency dispersion of the real conductivity  $\text{Re}[\sigma]$  for pristine graphene before (dots) and after (solid lines) the optical pumping, under different temperatures. (c) Frequency dispersion of real (solid lines) and imaginary (dashed lines) conductivity for pristine graphene photoexcited to different quasi-Fermi energies at a low temperature (T = 3 K).

$$\sigma_{\text{intra}} = \left(\frac{q^2}{4\hbar}\right) \left(\frac{8k_B T}{\pi\hbar} \ln[1 + e^{\varepsilon_F/k_B T}]\right) \\ \times \left(\frac{\tau}{1 + \omega^2 \tau^2} - j\frac{\omega}{\omega^2 + \tau^{-2}}\right).$$
(5)

Re[ $\sigma_{inter}$ ] in Eq. 4(b) could be negative, which, however, must compete with the positive Re[ $\sigma_{intra}$ ] in Eq. (5). For instance, in the THz spectral range, Re[ $\sigma_{inter}$ ] can be approximately expressed as [32]

$$\operatorname{Re}[\sigma_{\operatorname{inter}}] \approx \frac{q^2}{4\hbar} \operatorname{tanh}\left(\frac{\hbar\omega - 2\varepsilon_F}{4K_BT}\right), \tag{6}$$

which can be negative if  $\hbar \omega < 2\varepsilon_F$ . Figure 3(b) shows  $\operatorname{Re}[\sigma]$  as a function of frequency for a graphene monolayer with  $\varepsilon_F = 25$  meV at different temperatures; here the equilibrium conductivities (without optical excitation and  $E_F = \varepsilon_F$ ) are also presented for comparison. It is seen that, under optical excitation,  $\text{Re}[\sigma]$  can be negative even at room temperature, implying that THz amplification may be realized over a single layer of atoms. This property is crucial for making  $\mathcal{PT}$ -symmetric systems with balanced gain and loss. In the following, we assume a low operating temperature of T = 3 K. Figure 3(c) shows  $\text{Re}[\sigma]$  (solid lines) and  $\text{Im}[\sigma]$  (dashed lines) as a function of frequency for graphene with different quasi-Fermi energies; here, dots represent the equilibrium  $\operatorname{Re}[\sigma]$  with Fermi energy  $E_F = \varepsilon_F$ . The THz gain bandwidth is related to the energy splitting of quasi-Fermi levels, primarily controlled by the intensity of the photodoping pump source (see Appendix B for details). The equilibrium and nonequilibrium conductivities converge to a similar form in low-frequency (e.g., microwaves) and high-frequency (e.g., midinfrared) regimes. In the visible and near-infrared spectral ranges, where the photon energy  $\hbar\Omega_0 \gg \varepsilon_F$ ,  $K_BT$ , only the interband contribution is important and the optical conductivity becomes

$$\sigma = \frac{q^2}{4\hbar} \tanh\left(\frac{\hbar\Omega_0 - 2\varepsilon_F}{4K_BT}\right) \approx \frac{q^2}{4\hbar}.$$
 (7)

We note here that the magnitude of  $\operatorname{Re}[\sigma]$  is bounded by the physical limit of  $\pm q^2/4\hbar$ , as can be understood from Eqs. (5)–(7). From Fig. 3(c), it is also seen that graphene has a large kinetic inductance in the THz regime (Im[ $\sigma$ ] < 0). In order to satisfy the  $\mathcal{PT}$ -symmetric conditions [Eq. (2)], the inductive nature of graphene must be suppressed by conjugate capacitive elements, which, for instance, can be achieved with the graphene-nanoribbon metasurface in Fig. 1(a). If a graphene-nanoribbon array has a subwavelength period, its equivalent surface impedance for the normally incident TM plane wave can be expressed as (see Appendix C for generalized expressions) [53–56]

$$Z_{s} = R_{s} + jX_{s} = \frac{1}{\sigma(1-\varphi)} - j\frac{Z_{0}}{\psi\ln[\csc(\pi\varphi/2)]}$$
$$= \frac{1}{(1-\varphi)}\frac{\operatorname{Re}[\sigma]}{|\sigma|^{2}} - j\left\{\frac{1}{(1-\varphi)}\frac{\operatorname{Im}[\sigma]}{|\sigma|^{2}} + \frac{Z_{0}}{\psi\ln[\csc(\pi\varphi/2)]}\right\},$$
(8)

where  $\sigma(\omega)$  is the conductivity of the graphene monolayer,  $\varphi$  represents the ratio between the gap g and period a of the graphene-nanoribbon array [Fig. 1(a)],  $\psi(\omega) = 2\omega a/\pi c =$  $4a/\lambda$ , c is the speed of light, and  $\lambda$  is the wavelength. The second term in Eq. (8) accounts for the net contribution of the kinetic inductance per unit cell  $L_K = -\text{Im}[\sigma]/\omega(1 - \varphi)|\sigma|^2$  [57] and the geometric capacitance per unit cell  $C_{ES} = \varepsilon_0 2a \ln[\csc(\pi\varphi/2)]/\pi$  [58–60], which are in series with the resistance per unit cell  $R_s = \text{Re}[\sigma]/(1 - \varphi)|\sigma|^2$  as  $Z_s = R_s + j(\omega L_K - 1/\omega C_{ES})$ . We propose here a design approach to determine the optimal set of dimensionless parameters  $\varphi$  and  $\psi$ , which achieve the conditions  $\text{Re}[Z_s] = -Z_0/2$  and  $\text{Im}[Z_s] = 0$ , necessary for obtaining the  $\mathcal{PT}$ -symmetry-induced unidirectional reflectionless effect. First, given the nonequilibrium conductivity of graphene at the frequency  $\omega_0/2\pi$ , the optimal value of  $\varphi$  that achieves  $\text{Re}[Z_s(\omega_0)] = -Z_0/2$  can be obtained from the first term of Eq. (8) as

$$\varphi_0 = 1 + \frac{2Z_0 \operatorname{Re}[\sigma(\omega_0)]}{|\sigma(\omega_0)|^2}.$$
(9)

Then, by applying  $\varphi_0$  to the second term of Eq. (8), the optimal value of  $\psi$  that makes  $\text{Im}[Z_s(\omega_0)] = 0$  can be obtained as

$$\psi_0 = -\frac{(1-\varphi_0)|\sigma(\omega_0)|^2 Z_0}{\operatorname{Im}[\sigma(\omega_0)]\ln[\csc(\pi\varphi_0/2)]}.$$
 (10)

As a result, a photoexcited graphene-nanoribbon metasurface with physical parameters  $d = \varphi_0 a$  and  $a = \psi_0 \pi c/2\omega_0$  may have a purely real and negative surface impedance  $Z_s = -Z_0/2$  at the design frequency  $\omega_0/2\pi$ .

Figure 4(a) shows the frequency dispersion of surface resistance (solid lines) and surface reactance (dashed lines) for photoexcited graphene sheets ( $\varepsilon_F = 15 \text{ meV}$ ) of different configurations: (i) uniform graphene monolayer (blue lines) and (ii) graphene-nanoribbon metasurface with  $(\varphi_0, \psi_0) = (0.164, 0.08)$  (red lines); here, a metasurface made of conducting metal of the same dimensions is also presented for comparison (black lines). As can be seen in Fig. 4(a), it is possible to achieve zero reactance by



FIG. 4. (a) Normalized surface impedance  $(Z_s/Z_0)$  against frequency for a graphene metasurface with  $\varepsilon_F = 15$  meV (red line), a graphene monolayer with  $E_F = 15$  meV (blue line), and a metasurface (black line) made of perfect electric conductor (PEC). The solid and dashed line represent the real and imaginary parts of surface impedance, respectively. For a PEC metasurface, the surface resistance is zero. (b) is the enlarged view of (a) around 1.5 THz.

balancing the intrinsic kinetic inductance of graphene with the geometric capacitance of nanoribbons. Therefore, a single metasurface can exhibit a highly controllable capacitive or inductive response, very different, and more appealing, than conventional metallic metasurfaces that are essentially capacitive at THz frequencies. On the other hand, a graphene monolayer always displays an inductive surface reactance with  $\text{Im}[Z_s] > 0$ . Figure 4(b) shows an enlargement of Fig. 4(a) around the design frequency  $\omega_0/2\pi$  (here,  $\omega_0/2\pi = 1.5$  THz). A graphene metasurface with geometric parameters ( $\varphi_0, \psi_0$ ) displays a negative surface resistance of  $-Z_0/2$  and a zero surface reactance, consistent with the conditions for the  $\mathcal{PT}$ -symmetryinduced unidirectional transparency.

The resistive portion (loss) of a  $\mathcal{PT}$ -symmetric system can be readily achieved with a metallic filament that is separated from the amplifying graphene metasurface by a distance  $x = \sin^{-1}(1/4)$ . The surface resistance of an ultrathin metal filament of thickness  $t_m$  can be expressed as  $R_s = 1/(\sigma_m t_m)$ , where the Drude conductivity  $\sigma_m(\omega) = \sigma_0/(1 + j\omega\tau) \approx \sigma_0$  (the relaxation time  $\tau$  for common metals is on the order of  $10^{-14}$  s [38]). For instance, a nichrome (NiCr) filament with  $\sigma_m = 6.7 \times 10^5$  [S/m] [38] and  $t_m = 7.9$  nm displays a surface resistance of  $+Z_0/2$ over a broad THz range.

## IV. *PT*-SYMMETRIC TERAHERTZ SYSTEMS AND SENSOR APPLICATIONS

Here, we consider the realistic gain and loss properties of the optically pumped graphene metasurface (denoted as GMTS 1) in Fig. 4 and a 7.9-nm-thick nichrome filament, forming the  $\mathcal{PT}$ -symmetric THz system in Fig. 1(a) at the design frequency  $\omega_0/2\pi = 1.5$  THz. The vacuum gap size is 8.04  $\mu$ m, which satisfies the condition of the exceptional point:  $x = \sin^{-1}(1/4)$  at 1.5 THz. Figure 5(a) shows the calculated reflectance and transmittance against frequency for this  $\mathcal{PT}$ -symmetric system. Figure 5(b) is similar to



FIG. 5. (a) Magnitude of reflectances  $(|r_B^2| \text{ and } |r_T^2|)$  and transmittance  $(|t^2|)$  against the frequency for a  $\mathcal{PT}$ -symmetric THz device based on the photoexcited graphene metasurface. Graphene metasurface 1 (GMTS 1) (Fig. 4) and graphene metasurface 2 (GMTS 2) are designed to have the exceptional point at 1.5 and 1.8 THz, respectively. (b) is similar to (a) but for phase variations in the frequency response.

Fig. 5(a) but for the phase variations in the frequency response. It is seen that the system is unidirectionally transparent, with  $|t|^2 = 1$ ,  $|r_T|^2 = 1$ , and  $|r_B|^2 = 0$ , at the exceptional point. At that frequency, the phase of  $r_{R}$ experiences an abrupt change of  $\pi$ , which is related to the singularity of zero reflection at the bottom interface, as the consequence of the onset of a spontaneous  $\mathcal{PT}$ symmetry breaking [14]. In addition, due to the stepfunction-like behavior of the phase, the delay time  $\tau_{delay} =$  $\partial \arg(r_B)/\partial \omega$  behaves as a delta function, implying that the reflected waves are trapped for a long time and being completely absorbed by the resistive sheet. Figures 5(a) and 5(b) also show a  $\mathcal{PT}$ -symmetric device designed to show an exceptional point at 1.8 THz. We find that the exceptional point and the associated unidirectional transparency can be upshifted to 1.8 GHz by using a graphene metasurface (denoted as GMTS 2) with  $\varepsilon_F = 20$  meV and geometric parameters  $(\varphi_0, \psi_0) = (0.23, 0.11)$ ; these values are calculated based on Eqs. (9) and (10). We should note that passive metasurfaces, if properly designed and implemented into the non-Hermitian system, may also achieve the unidirectional reflection at the exceptional points [61]. Nonetheless, the unidirectional transparency, with perfect transmissions and strongly asymmetric reflections, can occur only in the  $\mathcal{PT}$ -symmetric system involving a gain medium.

In recent years, sensing applications using graphene have been intensively studied, since its low density of states renders static and dynamic electrical characteristics very sensitive to the environmental conditions. Graphene-based sensors demonstrate superior sensitivities for gas, molecular, biological, and electrochemical sensing [62-65]. In these chemically specific, label-free graphene sensors, chemical species adsorbed on the graphene surface may act as *n*- or *p*-type dopants, leading to changes in transconductances of graphene field-effect devices [62-65] or changes in optical properties of graphene-based plasmonic sensors [51,66,67]. Here, we propose a different sensing scheme using the  $\mathcal{PT}$ -symmetric graphene device in Fig. 1. We notice that, for  $\mathcal{PT}$ -symmetric systems realized with balanced gain and loss, the bandwidth of eigenvalue bifurcation is typically quite narrow (see Fig. 5), which may be, in principle, very useful for sensing applications. In reality, due to frequency dispersion of the metasurface's surface impedance, the  $\mathcal{PT}$ -symmetry condition cannot be fulfilled over a finite frequency interval but only at the singular frequency point  $\omega_0$ , as can be verified by the causality principle and Kramers-Kronig relations [68] (see Appendix D for details). If the device is based on a graphene metasurface, the existence of a  $\mathcal{PT}$ -symmetric or -broken transition may be very sensitive to *n*- or *p*-type surface adsorbates in graphene, which may remarkably alter graphene's dynamic conductivity  $\sigma$ . In this scenario, the unidirectional scattering properties of our  $\mathcal{PT}$ symmetric THz system operated at the exceptional point



FIG. 6. (a) Magnitude of scattering parameters against frequency for a graphene-based  $\mathcal{PT}$ -symmetric sensor before and after being chemically doped ( $\varepsilon_F = 0 \text{ meV} \rightarrow \varepsilon_F = 5 \text{ meV}$ ). (b) is similar to (a) but for a plasmonic sensor based on the graphene metasurface before and after being doped ( $\varepsilon_F = 0 \text{ meV} \rightarrow \varepsilon_F = 5 \text{ meV}$ ).

can be chemically sensitive. In the following, we demonstrate that even a small change in the carrier density of graphene due to charged impurities (e.g., doping by chemical and biological agents) may dramatically modulate scattering properties of the graphene-based  $\mathcal{PT}$ -symmetric system.

Figure 6(a) shows the calculated transmittance and reflectance spectra for the  $\mathcal{PT}$ -symmetric THz device in Fig. 5(a) ( $\omega_0/2\pi = 1.5$  THz) before (dashed lines) and after (solid lines) the chemical doping; here, we assume the *n*-type surface dopants lead to a small shift of quasi-Fermi level  $\Delta E_{Fn} = 5 \text{ meV} (E_{Fn} = \varepsilon_F + \Delta E_{Fn} \text{ and } E_{Fp} = \varepsilon_F).$ It is seen that the change in the reflectance  $|r_B|^2$  can be dramatic, more than 40 dB at the exceptional point  $\omega_0$ . We note that both *n*-type and *p*-type shifts may result in the same changes in scattering properties, since charged carriers in graphene obey a linear energy-dispersion relation [42]. Here, we also compare the performance of this  $\mathcal{PT}$ -symmetric sensor with a passive plasmonic sensor consisting of an unpumped graphene metasurface [66]. This passive metasurface shares similar geometry with Fig. 1(a), but with Fermi energy  $E_F = 15$  meV, period  $a = 5.6 \ \mu \text{m}$ , gap size  $g = 190 \ \text{nm}$ , and an air gap separated from a metallic ground plane by 40  $\mu$ m. For pristine graphene, such a system exhibits a resonance frequency of 1.5 THz. Figure 6(b) shows the reflectance spectrum for this graphene-based plasmonic sensor in the initial condition ( $\Delta E_F = 0$  meV) and after chemical doping that causes a shift in Fermi energy  $\Delta E_F = 5$  meV. From Figs. 6(a) and 6(b), it is clearly seen that, although a passive graphene plasmonic sensor can also be tunable through chemical doping, it shows much-reduced sensitivity in comparison with a  $\mathcal{PT}$ -symmetric sensor. Figures 7(a) and 7(b) present the frequency of minimum  $|r_B|^2$  and the magnitude of  $|r_B|^2$  at 1.5 THz, as a function of the density of charged impurities  $n_{imp}$  (or  $\Delta E_{Fn}$ ). Here we



FIG. 7. Frequency of the  $r_B$  dip (top) and the value of  $|r_B^2|$  at the exceptional point (1.5 THz) (bottom) as a function of the dopant concentration for the graphene-based  $\mathcal{PT}$ -symmetric sensor [Fig. 6(a)]. Results for the passive, graphene-based plasmonic sensor [Fig. 6(b)] are also presented for comparisons.

define sensitivities as the ratio of resonance frequency shift  $\Delta\omega_0/2\pi$  to impurity density  $n_{\rm imp}$  for the broad-spectrum analysis [Fig. 7(a)] and as the ratio of reflectance change  $\Delta |r_B|^2$  to  $n_{\rm imp}$  for the monochromatic THz probing [Fig. 7(b)]. We find that, for the monochromatic THz probing, even light n- or p-type doping may devastate the existence of spontaneous  $\mathcal{PT}$ -symmetry breaking, resulting in a dramatic change in  $r_B$  and an ultrahigh sensitivity of 4.5 dB/ $\mu$ m<sup>2</sup> (blue shadow region) that is orders of magnitude higher than the passive graphene plasmonic sensor. Furthermore, for the broad-spectrum analysis, the  $\mathcal{PT}$ -symmetric sensor exhibits a high sensitivity of 1.15 GHz/ $\mu$ m<sup>2</sup> (red shadow regime), which is also significantly greater than the graphene plasmonic sensor; here, these two sensitivity factors are calculated based on the fitted slopes in Fig. 7. Since the negative surface resistance of the graphene metasurface modulates only the magnitude of reflection and its dispersion is relatively flat, as seen in Fig. 4, the frequency offset of the reflection dip mostly depends on the kinetic inductance of doped graphene and the point where the averaged stored magnetic and electric energies are equal. At the resonance frequency  $\omega_0 \approx \sqrt{L_K C_{ES}}$ , the net surface reactance approaches zero, and, if the surface resistance is not exactly equal to  $-Z_0/2$ , a nonzero  $r_B$  is obtained, as shown in Fig. 5(a). We note that the separation distance between the metasurface and the metal film has no influence on the resonance frequency, as long as the surface impedance of the self-resonant graphene metasurface approaches  $-Z_0/2$  [Eq. (2)]. On the other hand, for a passive graphene plasmonic sensor, the resonant absorption occurs when the surface reactance of metasurface cancels out the input impedance yielded by the grounded dielectric substrate  $X_d = jZ_0 \tan(k_0 d)$  [57]. In general, the distance between the metasurface and the metallic ground is subwavelength, and, therefore,  $X_d$  can be approximately modeled as a surface inductance  $L_d = \mu_0 d$  mounted in parallel to the metasurface. In this case, if the loss is moderately low, the resonance frequency is given by  $\omega_0 \approx \sqrt{C_{ES}(L_K + L_d)}$ , which renders a less sensitive frequency offset when  $L_K$  is varied by chemical doping, as compared to a  $\mathcal{PT}$ -symmetric sensor. Figure 7 clearly demonstrates that a  $\mathcal{PT}$ -symmetric device, if combined with the sensing functions of low-dimensional nanomaterials, can potentially outperform conventional photonic and plasmonic sensors.

#### **V. CONCLUSIONS**

We present a  $\mathcal{PT}$ -symmetric device based on the optically pumped graphene metasurface that displays a negative surface resistance and thus an amplification effect at THz frequencies. By tailoring the geometry of the graphene metasurface, the gain, loss, and reactive power can be perfectly balanced in the vicinity of the exceptional point. Thanks to the sharp spectral singularities of the gain- or loss-balanced  $\mathcal{PT}$ -symmetric system and the chemically sensitive conductance of graphene, we demonstrate that even a low-level chemical doping may dramatically modulate scattering properties of a graphene-based  $\mathcal{PT}$ -symmetric sensor. Our findings may unveil directions and effects for optically manipulating THz waves and enhancing the sensitivity of micro- and nanosensors.

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#### APPENDIX A: DETAILS ON SCATTERING PROPERTIES

When one or more two-port networks are connected in cascade, it is typically convenient to represent each junction or circuit by a 2 × 2 transmission (*ABCD*) matrix [39,40]. The matrix which describes the complete cascade connection may be obtained simply by multiplying the matrices describing individual building blocks. The transmission matrix **M** is defined for a two-port network in terms of the total electric and fields at the bottom side  $(E_b, H_b)$  and the top side  $(E_t, H_t)$  as

$$\begin{pmatrix} E_b \\ H_b \end{pmatrix} = \mathbf{M} \begin{pmatrix} E_t \\ H_t \end{pmatrix}.$$
 (A1)

For the proposed  $\mathcal{PT}$ -symmetric device in Fig. 2, the matrix can be written as

$$\mathbf{M} = \begin{bmatrix} A & B \\ C & D \end{bmatrix}$$
$$= \begin{bmatrix} 1 & 0 \\ Z_B^{-1} & 1 \end{bmatrix} \begin{bmatrix} \cos(x) & jZ\sin(x) \\ j\sin(x)/Z & \cos(x) \end{bmatrix} \begin{bmatrix} 1 & 0 \\ Z_T^{-1} & 1 \end{bmatrix},$$
(A2)

where the wave number and characteristic impedance of the dielectric spacer are  $k = k_0/\eta$  and  $Z = \eta Z_0$ , respectively, x = kd, and  $\{\eta \in R : \eta \le 1\}$  for typical lossless dielectrics. Knowing the transmission matrix, one can calculate the scattering coefficients from the *ABCD* parameters in Eq. (A2) as

$$\begin{aligned} r_B^- &= \frac{A + B/Z_0 - CZ_0 - D}{\Delta}, \\ t_T^- &= \frac{2(AD - BC)}{\Delta}, \\ t_B^+ &= \frac{2}{\Delta}, \\ r_T^+ &= \frac{-A + B/Z_0 - CZ_0 + D}{\Delta}, \end{aligned} \tag{A3}$$

where  $\Delta = A + B/Z_0 + CZ_0 + D$ . After some mathematical manipulations, the scattering coefficients are given by

$$r_{B}^{-} = \frac{\left[\eta^{2}(Z_{B} - Z_{0})(Z_{T} + Z_{0}) - Z_{B}Z_{T}\right]\sin(x) + jZ_{0}(Z_{B} + Z_{T})\eta\cos(x)}{\left[Z_{B}Z_{T} + \eta^{2}(Z_{0} + Z_{B})(Z_{0} + Z_{T})\right]\sin(x) - j\left[2Z_{B}Z_{T} + Z_{0}(Z_{B} + Z_{T})\right]\eta\cos(x)},$$
(A4a)

$$t_T^- = t_B^+ = t = \frac{2\eta Z_T Z_B}{\eta [2Z_T Z_B + Z_0 (Z_T + Z_B)] \cos [x] + j [Z_T Z_B + \eta^2 (Z_0 + Z_B) (Z_0 + Z_T)] \sin(x)},$$
 (A4b)

$$r_T^+ = \frac{\left[\eta^2 (Z_B + Z_0)(Z_T - Z_0) - Z_T Z_B\right] \sin(x) + j\eta Z_0 (Z_B + Z_T) \cos(x)}{\left[Z_T Z_B + \eta^2 (Z_0 + Z_B)(Z_0 + Z_T)\right] \sin(x) - j\eta [2Z_T Z_B + Z_0 (Z_B + Z_T)] \cos(x)},$$
(A4c)

where  $\pm$  represents the forward-  $(+\hat{z})$  and backward-  $(-\hat{z})$ propagating waves. In the specific case of  $\eta = 1$ ,  $Z_T/Z_0 = -\kappa$ , and  $Z_B/Z_0 = \kappa$ ,  $\{\kappa \in R : \kappa \ge 0\}$ , a set of transmission and reflection coefficients can be expressed as in Eq. (1). We note that there are two types of unidirectional reflectionless propagations. If  $\kappa = \eta/(1+\eta)$  and  $x = n\pi +$  $\sin^{-1}[1/(2+2\eta)]$  (*n* is an integer), one may obtain the scattering properties as  $|r_T| = |t| = 1$  and  $|r_B| = 0$ . On the other hand, if  $\eta \le 1/2$ ,  $\kappa = \eta/(1-\eta)$ , and  $x = n\pi +$  $\sin^{-1}[1/(2-2\eta)]$  (*n* is an integer), one may obtain the second type of unidirectional reflectionless properties as  $|r_B| = |t| = 1$  and  $|r_T| = 0$ .

# APPENDIX B: PHOTODOPING AND ITS RELATION TO PUMP INTENSITIES

Under equilibrium conditions, the electron density  $n_0$ and hole density  $p_0$  in graphene, as a function of Fermi energy  $E_F$ , can be obtained from the integration of density of states weighted by the Fermi-Dirac distribution as [51]

$$n_0(E_F) = -\frac{2}{\pi} \left(\frac{K_B T}{\hbar v_F}\right)^2 Li_2[-e^{-qE_F/(K_B T)}], \qquad (B1)$$

$$p_0(E_F) = -\frac{2}{\pi} \left(\frac{K_B T}{\hbar v_F}\right)^2 Li_2[-e^{qE_F/(K_B T)}],$$
 (B2)

where the dilogarithm  $Li_2$  is a special case of the polylogarithm  $Li_n(\cdot)$  for n = 2. For a pristine graphene with  $E_F = 0$ , the carrier densities are obtained as

$$n_0(0) = p_0(0) = \frac{\pi}{6} \left(\frac{k_B T}{\hbar v_F}\right)^2,$$
 (B3)

where  $v_F$  is the Fermi velocity in graphene. The carrier densities for an *n*- (donor) type or *p*- (acceptor) type doped graphene with  $|E_F| \gg k_B T$ , based on Eq. (B2), are given by

$$n_0(E_F) = p_0(-E_F) = \frac{|E_F|^2}{\pi\hbar^2 v_F^2}.$$
 (B4)

Under near-infrared and visible illuminations, the excess electrons and holes are generated in pairs ( $\delta n = \delta p$ ), and the total carrier densities become  $n = n_0 + \delta n$  and  $p = p_0 + \delta p$ . The density of photoexcited carriers is given by

$$\delta n = \delta p = \frac{\alpha I_{\Omega_0} \tau_r}{\hbar \Omega_0},\tag{B5}$$

where  $\alpha$  is the optical absorptance,  $I_{\Omega_0}$  and  $\hbar\Omega_0$  are the intensity and photon energy of the pump light, respectively, and  $\tau_r$  is the recombination lifetime for electron-hole pairs (typically,  $\tau_r \sim ns$ ). Under a weak optical excitation, i.e.,  $\varepsilon_F \ll K_B T$ , the normalized densities of excess carriers are derived as

$$\frac{\delta n}{n_0} = \frac{\delta p}{p_0} \approx \frac{12 \ln 2}{\pi^2} \frac{\varepsilon_F}{k_B T}.$$
 (B6)

From Eqs. (B5) and (B6), the quasi-Fermi levels  $E_{Fn}$ ,  $E_{Fp} = \pm \varepsilon_F$ , as a function of intensity of pump light, are given by

$$\frac{\varepsilon_F}{k_B T} = \frac{\pi}{2\ln 2} \left(\frac{\hbar v_F}{k_B T}\right)^2 \frac{\alpha I_{\Omega_0} \tau_r}{\hbar \Omega_0}.$$
 (B7)

On the other hand, under an intense optical excitation, i.e.,  $\varepsilon_F \gg K_B T$ , the normalized densities of excess carriers are derived as

$$\frac{\delta n}{n_0} = \frac{\delta p}{p_0} \approx \frac{6}{\pi^2} \left(\frac{\varepsilon_F}{k_B T}\right)^2 - 1.$$
(B8)

From Eqs. (B5) and (B8),  $\varepsilon_F$ , as a function of the intensity of pump light, is given by

$$\frac{\varepsilon_F}{k_B T} = \sqrt{\frac{\pi^2}{6} \left(1 + \frac{\delta n}{n_0}\right)} \approx \sqrt{\left[\frac{\pi^2}{6} + \pi \left(\frac{\hbar v_F}{k_B T}\right)^2 \frac{\tau_r \alpha I_{\Omega_0}}{\hbar \Omega_0}\right]}.$$
(B9)

In the near-infrared and visible ranges,  $\hbar\Omega_0 \gg \varepsilon_F$ ,  $k_BT$  and, therefore, the optical conductivity  $\sigma$ , based on Eq. (4), can be expressed as

$$\sigma(\Omega_0) = \frac{q^2}{4\hbar} \tanh\left(\frac{\hbar\Omega_0 - 2\varepsilon_F}{4k_BT}\right) \approx \frac{q^2}{4\hbar}, \qquad (B10)$$

which leads to a constant optical absorption  $\alpha \approx (q^2/\hbar)Z_0/4 = 2.3\%$  over a broad near-infrared and visible spectral range. For instance, assuming a pump source at  $\Omega_0/2\pi = 193$  THz and the recombination time  $\tau_r = 1$  ns, an energy splitting of  $\varepsilon_F = 15$  meV at T = 3 K requires the pump intensity  $I_{\Omega_0} = 146$  mW/mm<sup>2</sup>. For a larger energy splitting, for instance,  $\varepsilon_F = 100$  meV, the required pump intensity is increased to  $I_{\Omega_0} = 6500$  mW/mm<sup>2</sup>. These intensities are fairly reasonable at the telecommunication wavelengths.

## APPENDIX C: DETAILS ON SURFACE IMPEDANCE OF GRAPHENE METASURFACE

According to impedance boundary conditions, a discontinuity on the tangential magnetic field on the metasurface is related to the induced averaged surface current by the surface impedance. Assuming (perfectly conducting) metallic strips of zero thickness, aligned parallel to the magnetic field of the TM-polarized plane wave [corresponds to the incidence plane *y*-*z* with  $(\mathbf{k} \times \mathbf{E}) \cdot \hat{z} = 0$ ] incident at angle  $\theta$ , the equivalent surface impedance can be explicitly written as [69]

$$Z_{s}^{(\mathrm{TM})} = -j \frac{Z_{0}}{\psi \cos \theta} \left\{ \ln \left[ \csc \left( \frac{\pi \varphi}{2} \right) \right] + \frac{1}{2} \frac{(1-B)^{2} [(1-B^{2}/4)(A_{+}+A_{-}) + 4B^{2}A_{+}A_{-}]}{(1-B^{2}/4) + \beta^{2}(1+B^{2}/2 - B^{4}/8)(A_{+}+A_{-}) + 2B^{6}A_{+}A_{-}} \right\}^{-1},$$
(C1)

where

$$A_{\pm} = 1 / \sqrt{1 \pm \frac{\psi}{2} \sin \theta - \left(\frac{\psi \cos \theta}{4}\right)^2} - 1,$$
  

$$B = \sin\left(\frac{\pi \varphi}{2}\right),$$
  

$$\psi = 4a/\lambda,$$
  

$$\varphi = g/a,$$
  
(C2)

*a* is the unit cell dimension, *g* is the gap size, and  $\lambda$  is the wavelength, respectively. Equation (C2) is valid for wavelengths and incident angles that satisfy the condition  $\frac{\psi}{4}(1 + \sin \theta) < 1$ . For a uniform plane wave normally incident to the metasurface with  $\psi \ll 1$ , Eq. (C1) reduces to a capacitive surface with the impedance

$$Z_s^{(\mathrm{TM})} = -j \frac{Z_0}{\psi \ln[\csc(\frac{\pi \varphi}{2})]}.$$
 (C3)

We note that the excitation of surface plasmon polaritons in a graphene nanoribbon will also contribute to a series surface impedance as [53–57]

$$Z_{\text{graphene}} = \frac{1}{\sigma(1-\varphi)} = \frac{\text{Re}[\sigma] - j\text{Im}[\sigma]}{(1-\varphi)|\sigma|^2}.$$
 (C4)

Therefore, the graphene-nanoribbon array can be modeled with its shunt average surface impedance, which neglects the higher-order Floquet harmonics, as

$$Z_s = Z_{\text{graphene}} + Z_s^{(\text{TM})}.$$
 (C5)

Equation (C5) can be expanded into the form in Eq. (8).

# APPENDIX D: DETAILS ON RESTRICTIONS IMPOSED BY CAUSALITY

In the one-dimensional system including both absorbing and amplifying impedance surfaces [Fig. 1a], the  $\mathcal{PT}$ symmetry happens when  $Z_s(\omega, \mathbf{r})$  satisfies the conditions

$$\operatorname{Re}[Z_s(\omega, \mathbf{r})] = -\operatorname{Re}[Z_s(\omega, -\mathbf{r})], \qquad (D1a)$$

$$\operatorname{Im}[Z_s(\omega, \mathbf{r})] = \operatorname{Im}[Z_s(\omega, -\mathbf{r})].$$
(D1b)

The surface impedance  $\operatorname{Re}[Z_s(\omega, \mathbf{r})] = R_s(\omega, \mathbf{r})$  and  $\operatorname{Im}[Z_s(\omega, \mathbf{r})] = X_s(\omega, \mathbf{r})$  must be causal, namely, being an analytic function without poles in the upper half-plane

of the complex frequency plane. Following the Kramers-Kronig relations [39], the real and imaginary parts of the surface reactance are connected by

$$\operatorname{Re}[Z_{s}(\omega,\mathbf{r})] = \frac{2}{\pi} P \int_{0}^{\infty} \frac{\omega' \operatorname{Im}[Z_{s}(\omega',\mathbf{r})]}{\omega'^{2} - \omega^{2}} d\omega', \qquad (D2a)$$

$$\operatorname{Im}[Z_{s}(\omega,\mathbf{r})] = -\frac{2\omega}{\pi}P\int_{0}^{\infty}\frac{\operatorname{Re}[Z_{s}(\omega',\mathbf{r})]}{\omega'^{2}-\omega^{2}}d\omega', \quad (D2b)$$

where integrals are taken in the sense of principal value *P*. Equations (D2a) and (D2b) represent that the surface reactance is internally consistent with the surface resistance, and vice versa. If  $\mathcal{PT}$ -symmetry condition (D1a) is satisfied for the real-part surface impedance for any real frequencies, it follows from Eqs. (D2a) and (D1b) that

$$\operatorname{Re}[Z_{s}(\omega, -\mathbf{r})] = \frac{2}{\pi} P \int_{0}^{\infty} \frac{\omega' \operatorname{Im}[Z_{s}(\omega', -\mathbf{r})]}{\omega'^{2} - \omega^{2}} d\omega'$$
$$= \frac{2}{\pi} P \int_{0}^{\infty} \frac{\omega' \operatorname{Im}[Z_{s}(\omega', \mathbf{r})]}{\omega'^{2} - \omega^{2}} d\omega'.$$
(D3)

Now, from Eqs. (D2a) and (D3), we know that the surface reactance must satisfy the condition

$$\int_{0}^{\infty} \frac{\omega' \text{Im}[Z_s(\omega', \mathbf{r})]}{\omega'^2 - \omega^2} \equiv 0.$$
 (D4)

This implies that the  $\mathcal{PT}$ -symmetry condition at any real frequencies can hold only when  $\text{Im}[Z_s(\omega, \mathbf{r})] \equiv 0$ , i.e., the conjugate cancellation of inductive and capacitive reactances in the entire frequency range. For most metasurfaces that have frequency dispersions, the inductive and capacitive surface reactances can cancel each other only at the resonance frequency, as can be seen in Fig. 4. Hence, the  $\mathcal{PT}$ -symmetry condition cannot hold in the entire frequency range. Instead, it may exist in optical systems only at isolated frequencies.

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