

# Phase-controlled improvement of photon lifetime in coupled superconducting cavities

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High-quality cavities are crucial for various fundamental physical studies and applications. Here we find that by coupling two cavities directly or via a phase-tunable coupling channel, the photon lifetime of the local field can exceed that of the bare cavities. The cavity photon lifetime is modified by the phases of the initial states and the phase accumulation on the coupling channel, which affect the interference between cavities. In experiments, by coupling superconducting radio-frequency cavities via phase-tunable cables, we realize a factor of 2 improvement in the cavity photon lifetime. The results can bring rich revenue to quantum information science, sensing, and high-energy physics.

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## I. INTRODUCTION

High-quality (high- $Q$ ) cavities, the resonant structures that preserve electromagnetic energy with low dissipation rates, are essential devices in quantum sciences, high-energy physics, and modern industries. Particularly, in the recently fast-growing quantum information sciences, high-quality superconducting radio-frequency (SRF) cavities [1,2] play a pivotal role in constructing quantum memory, quantum processing units (QPUs), and sensors [3–6]. In those devices, the photon lifetime (or energy decay time) of a cavity, which is the duration for intracavity photons to undergo energy decay subject to dissipation effects, significantly affects the performance of quantum devices, such as gate operating time in QPUs, sensitivity of sensors, etc. Moreover, in systems utilizing cavities for qubit readout, there is a trade-off between the readout speed and the cavity-induced decoherence due to the Purcell effect. Therefore, the capability to engineer cavity photon lifetime is crucial for achieving high performance in realistic physical devices and systems.

Past decades have witnessed great progresses in mitigating dissipation and decoherence in microwave and optical cavities with state-of-the-art material and fabrication techniques [7]. Two-second photon lifetime has been

reported in three-dimensional (3D) niobium SRF cavities at the quantum regime [8]. However, the cavity photon lifetime in realistic quantum architectures is often constrained by various factors, such as the inverse Purcell effect and dielectric losses in circuit quantum electrodynamics [9–11] and hybrid quantum systems [12–17]. Therefore, further approaches are demanded to control photon lifetime and energy relaxation processes in cavities.

While a single cavity provides a simple platform for many problems, richer dynamic behavior can be found in systems of two or more cavities coupled directly or indirectly. Past studies have shown unconventional phenomena in coupled-mode systems, including quantum state transfer [18], qubit state encoding and error correction [19], single-photon state generation [20], high-precision sensing [21,22], absorption control [23,24], etc. It has also been proposed that coupled-mode systems exhibit modified decoherence processes under non-Hermitian effects [25–27]. Moreover, it has been shown that the phase of coupling parameters in a coupled-cavity system poses nontrivial influences on quantum statistical properties of bosonic states [28]. Such phase effect on the field dynamics and photon lifetime in coupled-cavity systems has not been fully investigated.

In this paper, we show that the phase-controlled interference affects the photon lifetime of the local field in coupled-cavity systems. We experimentally demonstrate a slowdown of photon-number decay in two SRF cavities coupled through a coaxial cable with phase control at cryogenic temperatures.

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## II. THEORETICAL MODEL OF THE COUPLED-CAVITY SYSTEMS

We study a system where two near-resonant cavities are coupled to each other, with two types of coupling considered: direct coupling via field overlap and indirect coupling via an intermediate mode in a cable or waveguide.

The direct coupling can be realized via the overlap of cavity mode profiles [Fig. 1(a)]. Assuming the cavities support modes  $a_{1,2}$  with frequencies  $\omega_{1,2}$ , and are coupled with the coupling strength  $g$ , we can write the system Hamiltonian as

$$H = \hbar\omega_1 a_1^\dagger a_1 + \hbar\omega_2 a_2^\dagger a_2 + g(a_1^\dagger a_2 + a_1 a_2^\dagger). \quad (1)$$

The full quantum dynamics of the system can be described by the Lindblad master equation. One can neglect the quantum jump terms in several scenarios: (1) by operating within the semiclassical limit [29], (2) through the post-selection of states to eliminate quantum trajectories with quantum jumps [30], or (3) in cases of extremely weak excitation where the cavity state is close to the ground state

[28,31]. The dynamic equations for the mode operators are

$$\begin{aligned} \frac{d}{dt} \begin{bmatrix} a_1 \\ a_2 \end{bmatrix} = & \begin{bmatrix} -i\omega_1 - \frac{\kappa_1}{2} & -ig \\ -ig & -i\omega_2 - \frac{\kappa_2}{2} \end{bmatrix} \begin{bmatrix} a_1 \\ a_2 \end{bmatrix} \\ & - \begin{bmatrix} \sqrt{\kappa_{e1}} a_{in,1} \\ \sqrt{\kappa_{e2}} a_{in,2} \end{bmatrix}, \end{aligned} \quad (2)$$

where  $a_{in,1,2}$  are the input fields. The total loss rates  $\kappa_{1,2}$  are composed of the internal and external losses, i.e.,  $\kappa_{1,2} = \kappa_{i1,i2} + \kappa_{e1,e2}$ .

The indirect coupling is realized via an intermediate coaxial cable or waveguide that is coupled to both cavities with the coupling strengths  $\gamma_{1,2}$  [Fig. 1(b)]. The wave propagation along the cable or waveguide with length  $L_0$  leads to a  $\theta$  phase shift and additional loss described by a linear coefficient  $\gamma_0$ .  $b_1$  ( $b_2$ ) is the field coupled from  $a_1$  ( $a_2$ ) to the left (right) end of the cable or waveguide. The propagation on the cable or waveguide picks up a prefactor  $e^{i\theta - \gamma_0 L_0/2}$  due to phase accumulation and dissipation. Using the input-output relation [32] yields the dynamic

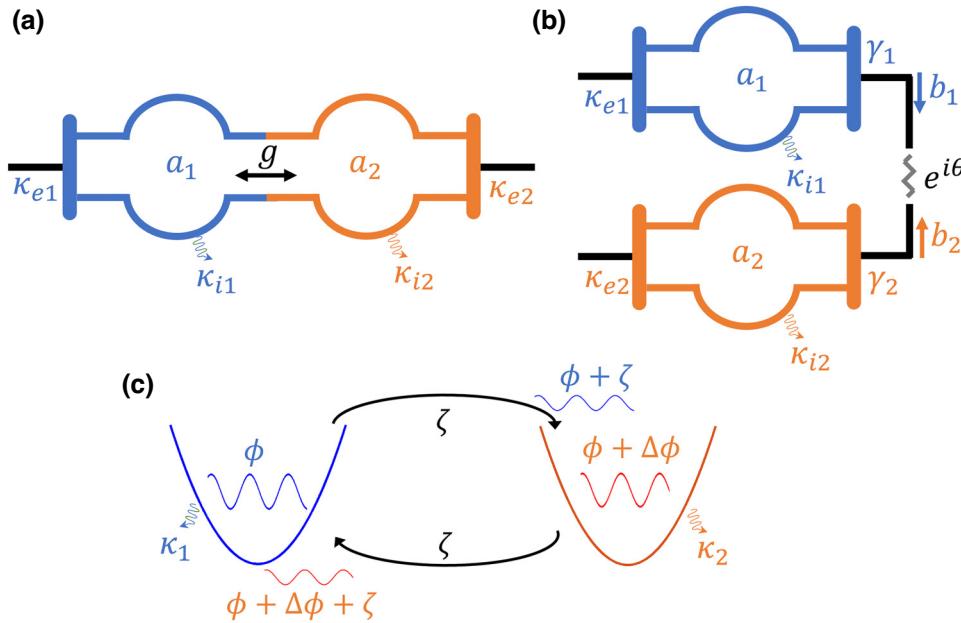


FIG. 1. Interference effects in coupled-cavity systems. (a) Schematic diagram of two SRF cavities with internal loss rates  $\kappa_{i1,2}$  directly coupled with coupling strength  $g$ . The cavities are coupled to the left and right ports with the coupling strengths  $\kappa_{e1,e2}$ . (b) Schematic diagram of two SRF cavities coupled to an intermediate cable or waveguide with coupling strength  $\gamma_{1,2}$ . The propagation on the cable or waveguide yields  $\theta$  phase shift. The definitions of other parameters are the same as in (a). (c) Illustration of field interference within the coupled cavities. The intracavity fields (sinusoidal curves with large amplitudes) have initial phases  $\phi$  and  $\phi + \Delta\phi$ , respectively. The fields tunneling from one cavity to another (sinusoidal curves with smaller amplitudes) are accompanied by a  $\zeta$  phase shift.

TABLE I. Conditions of constructive and destructive interference for indirectly coupled cavities.  $\Delta\phi$  represents the initial phase difference between the fields in cavity 2 and cavity 1.  $\zeta$  denotes the phase accumulation along the intermediate cable or waveguide.  $m$  represents an arbitrary integer.

Interference type	Condition
Constructive interference in cavity 1	$\Delta\phi + \zeta = 2m\pi$
Destructive interference in cavity 1	$\Delta\phi + \zeta = (2m+1)\pi$
Constructive interference in cavity 2	$\Delta\phi - \zeta = 2m\pi$
Destructive interference in cavity 2	$\Delta\phi - \zeta = (2m+1)\pi$

equations

$$\begin{aligned} \frac{da_1}{dt} &= \left(-i\omega_1 - \frac{\kappa_1}{2}\right)a_1 - \sqrt{\gamma_1}b_2 e^{i\theta-\gamma_0 L_0/2} - \sqrt{\kappa_{e1}}a_{in,1}, \\ \frac{da_2}{dt} &= \left(-i\omega_2 - \frac{\kappa_2}{2}\right)a_2 - \sqrt{\gamma_2}b_1 e^{i\theta-\gamma_0 L_0/2} - \sqrt{\kappa_{e2}}a_{in,2}, \\ b_1 &= b_2 e^{i\theta-\gamma_0 L_0/2} + \sqrt{\gamma_1}a_1, \\ b_2 &= b_1 e^{i\theta-\gamma_0 L_0/2} + \sqrt{\gamma_2}a_2, \end{aligned} \quad (3)$$

where  $\kappa_{1,2} = \kappa_{i1,i2} + \kappa_{e1,e2} + \gamma_{1,2}$ . By eliminating  $b_{1,2}$ , one

TABLE II. Conditions of constructive and destructive interference in directly coupled cavities. The definitions of parameters are the same as Table I.

Cavity 1	Cavity 2	Condition
Constructive	Destructive	$\Delta\phi = (2m + \frac{1}{2})\pi$
Destructive	Constructive	$\Delta\phi = (2m - \frac{1}{2})\pi$

can obtain

$$\begin{aligned} \frac{d}{dt} \begin{bmatrix} a_1 \\ a_2 \end{bmatrix} &= \begin{bmatrix} -i\omega_1 - \frac{\kappa_1}{2} - i\delta\omega_1 & -ig_{eff} \\ -ig_{eff} & -i\omega_2 - \frac{\kappa_2}{2} - i\delta\omega_2 \end{bmatrix} \\ &\times \begin{bmatrix} a_1 \\ a_2 \end{bmatrix} - \begin{bmatrix} \sqrt{\kappa_{e1}}a_{in,1} \\ \sqrt{\kappa_{e2}}a_{in,2} \end{bmatrix}, \end{aligned} \quad (4)$$

where  $\delta\omega_{1,2} = -i[\gamma_{1,2}e^{2i\theta-\gamma_0 L_0}/(1 - e^{2i\theta-\gamma_0 L_0})]$ , and  $g_{eff} = -i[\sqrt{\gamma_1\gamma_2}e^{i\theta-\gamma_0 L_0/2}/(1 - e^{2i\theta-\gamma_0 L_0})]$ .

In the rotating frame  $a_{1,2} = A_{1,2}e^{-i\omega t}$  with an initial condition  $A_{1,2}(t=0) = A_{10,20}$ , one can obtain

$$A_{1,2}(t) = A_{10,20}e^{-i\Delta_{1,2}t - (\kappa_{1,2}eff/2)t} + A_{20,10}e^{-ig_{eff}t}, \quad (5)$$

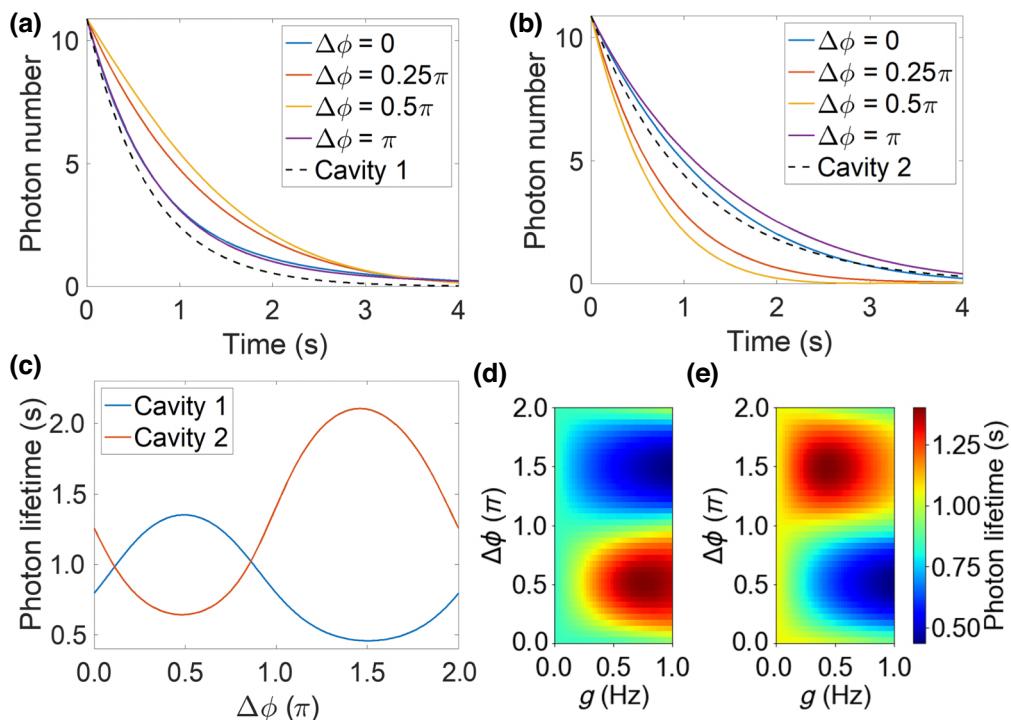


FIG. 2. Simulation of the state evolution in coupled-cavity systems. (a)–(c) State evolution in indirectly coupled cavities, based on Eq. (4).  $\theta = \pi/10$ ,  $\gamma_0 L_0 = 0.02$ , yielding  $\zeta = (1.5 - 0.0098)\pi$ . (a),(b) Time evolution of intracavity photon numbers in cavity 1 (a) and cavity 2 (b) is plotted for various initial phase difference  $\Delta\phi$ . (c) Photon lifetime of cavity 1 and cavity 2 versus  $\Delta\phi$ . (d),(e) Time evolution of directly coupled cavities solved by Python QuTip. Photon lifetime of cavity 1 (d) and cavity 2 (e) are plotted as a function of the initial phase difference  $\Delta\phi$  and the coupling strength  $g$  between the two cavities. Cavity temperature is 10 mK for (d),(e).

where  $\Delta_{1,2} = \omega - \omega_{1,2} - \text{Re}(\delta\omega_{1,2})$ , and  $\kappa_{1,2\text{eff}} = \kappa_{1,2} - 2\text{Im}(\delta\omega_{1,2})$ . One notable effect is that the interference of two cavity modes can induce distinct dynamics of the local field, leading to prolonged or shortened photon lifetime, as discussed below.

### III. INTERFERENCE EFFECTS IN COUPLED CAVITIES

We illustrate the field interference process within indirectly coupled cavities in Fig. 1(c). We assume that the cavity fields have initial phases of  $\phi$  and  $\phi + \Delta\phi$ , respectively. According to Eq. (4), the tunneling of the field from one cavity to another via the indirect coupling scheme leads to a phase shift  $\zeta = 3\pi/2 + \arg(g_{\text{eff}})$ , where  $3\pi/2$  originates from the  $-i$  factor in the antidiagonal term of the dynamic matrix. The same applies to the field tunneling from cavity 2 to cavity 1. It is noted that as the cable or waveguide loss is small,  $\zeta$  is approximately  $3\pi/2$ , which corresponds to an energy-conserved case.

As a result, interference occurs between the field tunneling from cavity 1 to cavity 2 with a phase  $\phi + \zeta$  and the existing field in cavity 2 with a phase  $\phi + \Delta\phi$ . The interference is constructive (destructive) if these two fields are in phase (completely out of phase), with the conditions summarized in Table I.

The same physical mechanism can be applied to the directly coupled cavities, where the total phase shift for the field tunneling from one cavity to another is  $\zeta = 3\pi/2$ . Consequently, constructive interference in cavity 1 is always associated with destructive interference in cavity 2, and vice versa. The conditions for constructive and destructive interference are summarized in Table II.

### IV. THE PHASE-CONTROLLED INTERFERENCE EFFECT ON CAVITY PHOTON LIFETIME

The photon lifetime of local fields in coupled-cavity systems can be modified by the interference effect. Intuitively, the constructive interference compensates the decay of the intracavity energy, while the destructive interference enhances the energy dissipation. In addition, Eq. (4) shows that the indirect coupling leads to complex frequency shifts  $\delta\omega_{1,2}$  in both cavity modes, with the real part representing a frequency shift and the imaginary part a modification of the loss rates, both depending on  $\theta$ . Therefore, the optimized  $\theta$  value may be shifted from the conditions listed in Table I.

To determine the relation between the phases, interference, and photon lifetime, we investigate the cavity-field evolution with the initial condition that two cavities are at coherent states  $|\alpha\rangle$  and  $|\alpha e^{i\Delta\phi}\rangle$ , respectively, with a phase difference ( $\Delta\phi$ ) in their amplitudes. By solving Eq. (4), we find that the decay rates of cavity photon numbers depend on  $\Delta\phi$  [Figs. 2(a) and 2(b)], and vary from that of an uncoupled cavity.

We characterize the photon lifetime by measuring the time for cavity energy to decay to  $1/e$  of its initial value. Figure 2(c) shows the variation of photon lifetime for both cavities against  $\Delta\phi$ . The photon lifetime is optimized around  $\Delta\phi = 1.5\pi$  for  $\theta = \pi/10$ , as  $\zeta$  is approximately  $1.5\pi$ , which matches the constructive interference condition in Table I.

The prolonged photon lifetime is also observed in directly coupled cavities. Python QuTip toolbox is used

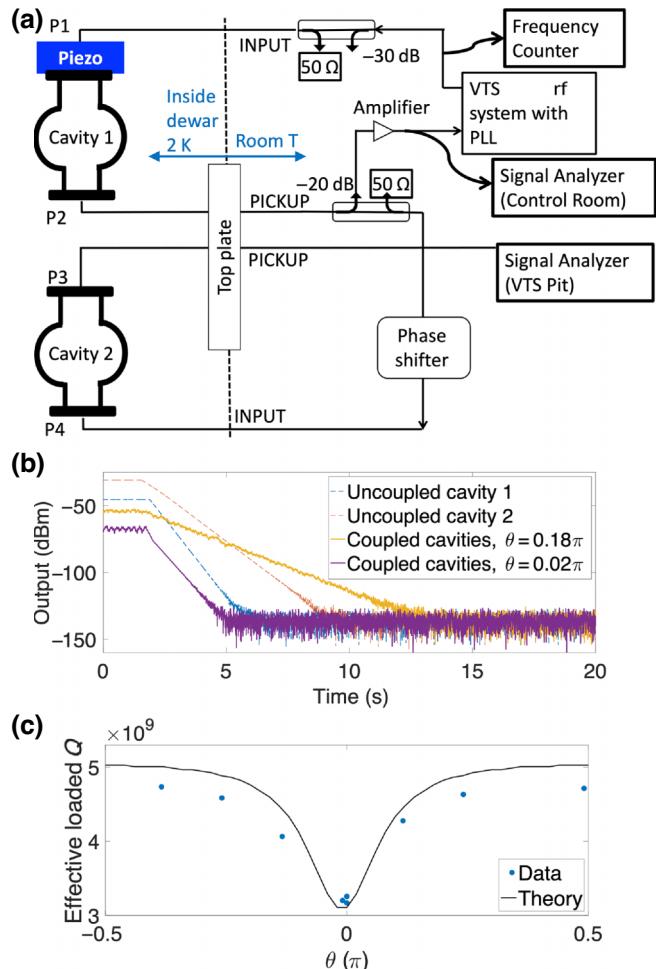


FIG. 3. Experimental study of the photon lifetime of indirectly coupled cavities. (a) Schematic diagram of the experimental setup based on the vertical test system (VTS) where cavities are immersed into liquid helium in a vertical dewar at 2 K. The rf signal is injected to the P1 port of cavity 1. 1% of the output from P2 is picked up as the feedback signal for the phase lock loop (PLL), while the remaining signal passes a phase shifter and reaches cavity 2. The total transmission spectrum and the time-domain output power is measured from the P3 port using a signal analyzer. (b) Measured transmitted power decay for coupled cavities at 1.3 GHz, with different  $\theta$ , compared with uncoupled cavity 1 and 2. (c) Effective  $Q$  factor versus  $\theta$  extracted from the power decay of a pair of 2.6-GHz SRF cavities measured via a spectrum analyzer.

to simulate the evolution of few-photon coherent states governed by Lindblad master equations in two directly coupled cavities prepared at coherent states  $|1\rangle$  and  $|e^{i\Delta\phi}\rangle$ , respectively. Figures 2(d) and 2(e) show that the photon lifetime of both cavities oscillates with  $\Delta\phi$ , and reaches maximum at  $g = 0.3$  Hz. Furthermore, at  $\Delta\phi = \pi/2$ , the longest (shortest) photon lifetime is observed for cavity 1 (2) and vice versa for  $\Delta\phi = 3\pi/2$ , which are consistent with the conditions in Table II. In both the direct and indirect coupling cases, the photon lifetime can exceed that of each uncoupled cavity. This provides a phase-dependent approach to mediate cavity dissipation without changing the cavity material or structural property.

Such effect observed in the transient dynamics depends on the initial state of the system. The initial state corresponding to the longest energy decay time in one cavity is in neither eigenmode of the system, but rather a superposition of two. The interference between the two eigenmodes with a frequency difference ( $\Delta f = \sqrt{4g^2 - (\kappa_1 - \kappa_2)^2}/4$  for  $\omega_1 = \omega_2$ ), lead to a slow oscillation that modifies the decay profile, though the  $Q$  factors of eigenmodes do not outperform that of the individual cavity.

## V. EXPERIMENTAL OBSERVATION OF PHOTON LIFETIME IMPROVEMENT

While the preparation of arbitrary initial states is non-trivial, one feasible case is to prepare steady states by

continuous one-port excitation. Assuming  $\omega_1 = \omega_2$  and zero input detuning in Eq. (4), the steady-state fields in two cavities have a phase difference  $\Delta\phi = \theta + \pi$ . This satisfies the constructive interference condition in cavity 2 once the input is off, leading to a favorable regime to improve the photon lifetime in cavity 2.

We experimentally demonstrate such effects in a system composed of two niobium TESLA SRF cavities [33] with similar frequencies in their fundamental modes aligned by the piezoactuator, which induces a mechanical displacement on the wall of cavity 1 [Fig. 3(a)]. High  $Q$  factors were achieved via heat treatment in the custom designed oven to remove the niobium pentoxide [4,8]. At the four coupling ports (P1–P4) antennas are mounted on the flanges to couple the coaxial cables with the cavities. A tunable phase shifter is inserted to the cable between cavities for phase control.

We first choose two cavities with 1.3 GHz resonance frequencies and loaded  $Q$  factors  $Q_{L1} = 1.53 \times 10^9$ ,  $Q_{L2} = 2.56 \times 10^9$ , respectively. The transmission spectrum collected from P2 allows the monitoring of two resonance peaks. After matching the resonance frequencies with the piezoactuator, we lock the signal to the resonance and perform decay measurement by turning off the input and monitoring the output power via a spectrum analyzer. The measurement is performed with different values of  $\theta$  [Fig. 3(b)]. At  $\theta = 0.18\pi$ , we observe an extended photon lifetime from cavity 2, corresponding to an effective  $Q$

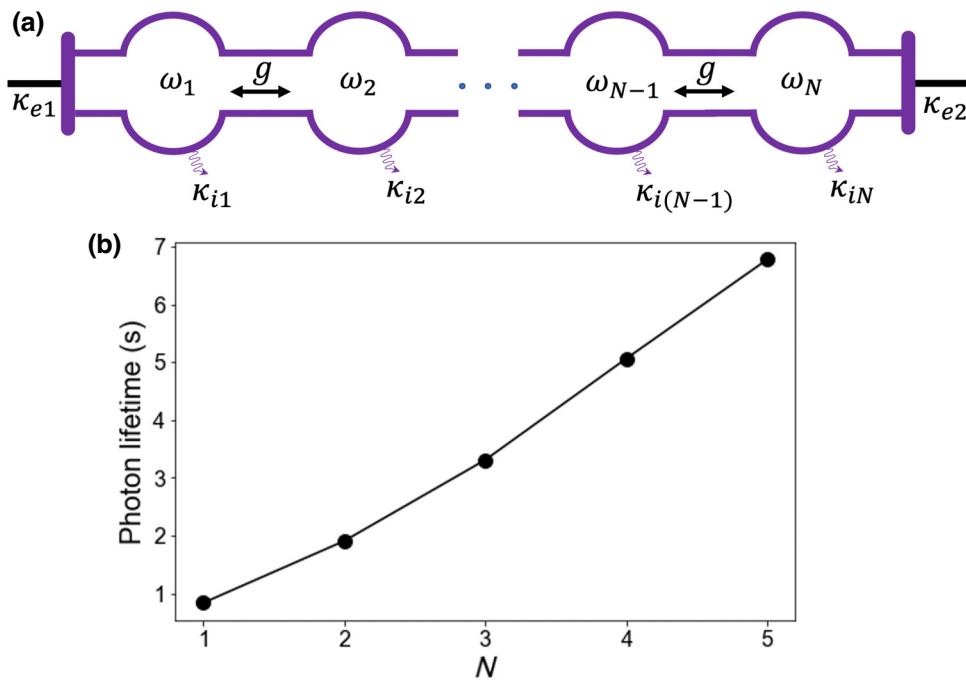


FIG. 4. Photon lifetime improvement in an  $N$ -cavity system. (a) Schematic diagram of  $N$  cascaded coupled SRF cavities. The first and  $N$ th cavities are coupled to antennas with the coupling strength  $\kappa_{e1,e2}$ , respectively. The adjacent cavities are coupled with the coupling strength  $g$ . (b) Photon lifetime of the  $N$ th cavity as a function of  $N$ . Parameters:  $g = 0.2$  Hz,  $\kappa_{i,j} = 1$  Hz ( $j = 1, 2, \dots, N$ ),  $\kappa_{e1} = \kappa_{e2} = 0.2$  Hz.

factor ( $4.98 \times 10^9$ ) nearly twice as large as the maximum loaded  $Q$  for uncoupled cavity 1 and 2 ( $2.56 \times 10^9$ ). Furthermore,  $\theta = 0.02\pi$  leads to shorter photon lifetime than that of cavity 2. Such a variation attributes to the phase-dependent effective loss on the coupling channel.

The coherence enhancement also appears for the case that  $Q_{L1} \ll Q_{L2}$ . We use two 2.6 GHz cavities with  $Q_{L1} = 4.29 \times 10^8$  and  $Q_{L2} = 4.46 \times 10^9$ , respectively. The measured effective loaded  $Q$  varies with  $\theta$  [Fig. 3(c)]. In a large range of  $\theta$  the effective  $Q$  shows advantage over  $\max(Q_{L1}, Q_{L2}) = 4.46 \times 10^9$ , indicating that the photon lifetime can be prolonged by coupling to a cavity with a much lower  $Q$ .

## VI. EXTENSION TO $N$ COUPLED CAVITIES

We further extend our discussions to a cascaded system composed of  $N$  directly coupled cavities [Fig. 4(a)]. For left-port excitation, the phase difference between two adjacent cavities is  $-\pi/2$  at steady states, leading to constructive interference and field compensation from left to right on the entire cavity chain. Simulation results show that the photon lifetime of the  $N$ th cavity measured from the right port scales approximately linearly with the total number of cavities [Fig. 4(b)]. This indicates a large room of lifetime enhancement and readout speed control in such a cascaded structure.

## VII. CONCLUSION AND OUTLOOK

In directly and indirectly coupled cavities, we find considerable improvement in photon lifetime of local fields by properly engineering the initial phase of the cavity states and phase accumulation on the coupling channel. The observed improvement of photon lifetime provides a pathway to mitigate the energy losses in the local intra-cavity field without any material or fabrication modification, thereby enhancing the performance of cavity-based devices. While the intrinsic quality factor constrains the quantum coherence in many cases, the modified cavity photon lifetime can still significantly affect coherence time of qubits via the Purcell effect. As the phase control provides a tunable speed of energy decay from a cavity, such a system coupled to a qubit can act as a Purcell filter to manipulate the qubit readout time with phase control without adding additional Purcell loss. Alternatively, one can achieve fast qubit readout through phase control using cavities with higher intrinsic  $Q$  factors, which leads to further protection of qubit coherence time. Such a scheme can enhance the performance of various systems including superconducting QPUs, optical, mechanical, and acoustic devices, as well as hybrid quantum systems.

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