


## Helicity Conservation for Mie Optical Cavities

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The study of helicity in the context of light-matter interactions is an increasing area of research. However, some fundamental aspects of the helicity content of light fields inside scatterers have been overlooked. In this work, we demonstrate that the helicity of light fields inside lossless spherical cavities cannot be either conserved or sign flipped as a result of a scattering event. The underlying reason is that the internal electric and magnetic Mie coefficients cannot simultaneously oscillate with equal amplitude and equal or opposite phase. Our analytical demonstration is fulfilled regardless of the refractive index, sphere size, and multipolar order. In addition, we show that the helicity of light fields inside lossy spheres can be conserved. This fact is in striking contrast to the behavior of the scattered field, whose helicity content cannot be conserved precisely when the sphere has losses. Finally, we show that the helicity content of internal fields can be flipped for materials with gain.

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### I. INTRODUCTION

The study of light-matter interactions is ubiquitous across physical sciences. In particular, the increasing reach of photonic technologies [1] is due to the advances in controlling light-matter interactions.

Many different properties of light-matter interactions can be partially controlled or tweaked. In recent years, a property of light-matter interactions that had been overlooked for a long time has gained significant attention: electromagnetic helicity [2]. The first fundamental explanation of the role of electromagnetic helicity in Maxwell equations dates back to 1965 when Calkin showed that the electromagnetic fields in vacuum satisfy a continuous symmetry: the electromagnetic duality. All continuous symmetries have a generator, and Calkin found helicity as the generator of duality for the electromagnetic fields in vacuum. Now, helicity is defined as the projection of the total angular momentum ( $\mathbf{J}$ ) onto the linear momentum of the wave ( $\mathbf{p}$ ), namely,  $\Lambda = (\mathbf{J} \cdot \mathbf{p})/|\mathbf{p}|$  [3]. Its definition becomes simpler in the plane-wave decomposition of an electromagnetic field, as helicity is associated with the handedness of the circular polarization of each plane wave with respect to its momentum vector. However, due to the nonexistence of magnetic monopoles in nature, which prevents Maxwell equations from being dual symmetric in the presence of matter, the interest of the optical community in

studying duality symmetry and helicity was residual for a large number of decades with very few exceptions [4–6].

The study of helicity upon light-matter interactions took a clear boost in 2013 when it was theoretically unveiled that helicity can be conserved upon scattering for dual materials, regardless of their geometry [7]. A dual material is such that the ratio between its relative magnetic permeability and its electric permittivity happens to be constant ( $\mu/\varepsilon = \text{constant}$ ). These materials restore duality symmetry in the macroscopic approximation of Maxwell equations. Unfortunately, there are no magnetic materials ( $\mu \neq 1$ ) at optical frequencies. The implication is that it should be impossible to experimentally observe helicity conservation at optical frequencies. However, shortly after, it was demonstrated [8] that high refractive-index particles could approximately conserve helicity due to their electric and magnetic resonances [9,10]. Since then, a lot of work has been done to characterize the role of helicity in light-matter interactions [11–14], as well as to study its relation with chirality [15,16]. One of the platforms that has been used to study the role of helicity in light-matter interactions is Mie theory [17]. Mie theory studies the interaction of a plane wave with a spherical scatterer. It is a widely used platform to discover alternative analytical effects, as well as to predict experimental measurements [18]. In particular, Mie theory has been used to understand the role of helicity in a variety of scattering phenomena at the nanoscale, such as the so-called Kerker conditions [19–21], enhanced optical localization errors provided by optical mirages [22], or nonradiating sources [23] such as hybrid optical anapoles [24]. Moreover, helicity-dependent

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optical forces [25,26] have given rise to a large plethora of interesting phenomena with applications in the biomedical and pharmaceutical industries, ranging from chiral sensing [27–29], chiral sorting, and enantiospecific detection [30–32], to optical tweezers [33,34], among others.

Most of the works dealing with helicity have studied scattering features, yet in the very last few years, some groups have started to study the helicity of fields trapped in a cavity [35–37]. Having the enhancement of chiral sensing in mind, the authors of Ref. [35] came up with the design of a cavity that tightly concentrates light in areas where the helicity of the field is maintained. However, it is worthwhile to note that this intriguing and significant effect relies on numerical methods under very specific illumination conditions. Here, we show that a simple lossy sphere can also be used to create a cavity that internally conserves the helicity content of the incident beam. In addition, we analytically demonstrate that the internal field of a lossless sphere cannot conserve the helicity content of an incident beam. Note that our findings of the conservation of helicity for the internal field of a spherical cavity are in striking contrast with what is known about the scattered field, i.e., the scattered field can conserve only the helicity of the incident beam when the spherical cavity is lossless [38]. Last but not least, we also show that the helicity of the internal field can be flipped if a sphere with gain is used.

## II. THEORETICAL FRAMEWORK

Next, we lay out the framework that we use to show how helicity works for internal fields. First, let us consider an incident field with well-defined helicity  $\sigma = \pm 1$  [39,40],

$$\mathbf{E}_{\text{inc}}^{\sigma}(k\mathbf{r}) = \sum_{l=1}^{\infty} \sum_{m=-l}^{+l} C_{lm}^{\sigma} \Psi_{lm}^{\sigma}(k\mathbf{r}). \quad (1)$$

Here  $C_{lm}^{\sigma}$  denotes the incident coefficients characterizing the nature of the wave,  $k$  is the radiation wave vector, and

$$\Psi_{lm}^{\sigma} = \frac{1}{\sqrt{2}} [\mathbf{N}_{lm} + \sigma \mathbf{M}_{lm}], \quad (2)$$

$$\mathbf{M}_{lm} \equiv j_l(kr) \mathbf{X}_{lm}, \quad \mathbf{N}_{lm} \equiv \frac{1}{k} \nabla \times \mathbf{M}_{lm}, \quad (3)$$

$$\mathbf{X}_{lm} \equiv \frac{1}{\sqrt{l(l+1)}} \mathbf{L} Y_{lm}(\theta, \varphi). \quad (4)$$

Here  $\mathbf{M}_{lm}$  and  $\mathbf{N}_{lm}$  are the so-called Hansen's multipoles [41],  $j_l(kr)$  are the spherical Bessel functions,  $Y_{lm}(\theta, \varphi)$  are the spherical harmonics,  $\theta$  and  $\varphi$  being the polar and azimuthal angles, and  $\mathbf{L} = \{-i\mathbf{r} \times \nabla\}$  is the total angular momentum operator. Let us recall that the multipoles  $\Psi_{lm}^{\sigma}$  are simultaneous eigenvectors of the squared angular momentum  $\mathbf{L}^2$ , the projection of the angular momentum on one direction  $L_z$ , and the helicity operator  $\Lambda$  [7], with

eigenvalues  $l(l+1)$ ,  $m$  and  $\sigma$ , respectively [41]. At this point, let us expand the electric field inside a sphere (internal electric field) in the same  $\Psi_{lm}^{\sigma}$  basis. The internal field is obtained as the result of a scattering process involving the incident field  $\mathbf{E}_{\text{inc}}^{\sigma}(k\mathbf{r})$  and a sphere of radius  $a$ :

$$\mathbf{E}_{\text{int}}^{\sigma}(k_i\mathbf{r}) = \sum_{\sigma'=\pm 1} \mathbf{F}_{\text{int}}^{\sigma\sigma'}(k_i\mathbf{r}), \quad (5)$$

$$\mathbf{F}_{\text{int}}^{\sigma\sigma'}(k_i\mathbf{r}) = \sum_{l=1}^{\infty} \sum_{m=-l}^{+l} F_{lm}^{\sigma\sigma'} \Psi_{lm}^{\sigma'}(k_i\mathbf{r}), \quad (6)$$

where  $F_{lm}^{\sigma\sigma'} = C_{lm}^{\sigma} (d_l + \sigma\sigma'c_l)/2$ . Here  $d_l$  and  $c_l$  denote the internal electric and magnetic Mie coefficients, respectively [42] and  $k_i = mk$ , with  $m = m_p/m_h$ ,  $m_p$  and  $m_h$  being the refractive index of the sphere and medium, respectively.

### A. A simplification on the notation of the internal Mie coefficients

From Eq. (6), we can notice that  $d_l = c_l$  preserves the incident helicity ( $F_{lm}^{\sigma\sigma'} = C_{lm}^{\sigma} d_l \delta_{\sigma\sigma'}$ ). Similarly, it is straightforward to infer that  $d_l = -c_l$  flips the incident helicity ( $F_{lm}^{\sigma\sigma'} = C_{lm}^{\sigma} d_l [1 - \delta_{\sigma\sigma'}]$ ). At this stage, let us draw our attention to the internal electric and magnetic Mie coefficients expressed in phase-shifts notation [43],

$$d_l = -\frac{im}{F_l^{(a)} + iG_l^{(a)}}, \quad c_l = \frac{im}{F_l^{(b)} + iG_l^{(b)}}, \quad (7)$$

where

$$F_l^{(a)} = m\psi_l'(q)\psi_l(mq) - \psi_l(q)\psi_l'(mq), \quad (8)$$

$$G_l^{(a)} = mx_l'(q)\psi_l(mq) - \psi_l'(mq)x_l(q), \quad (9)$$

$$F_l^{(b)} = m\psi_l'(mq)\psi_l(q) - \psi_l(mq)\psi_l'(q), \quad (10)$$

$$G_l^{(b)} = mx_l(q)\psi_l'(mq) - \psi_l(mq)x_l'(q). \quad (11)$$

Here  $\psi_l(q) = (\pi q/2)^{1/2} J_{l+(1/2)}(q)$  and  $x_l(q) = (\pi q/2)^{1/2} N_{l+(1/2)}(q)$  denote the Riccati-Bessel functions, where  $J_l(q)$  and  $N_l(q)$  are the Bessel functions of first and second kind, respectively [42]; ' denotes the derivative with respect the argument,  $q = 2\pi a/\lambda$  is the size parameter, and  $\lambda$  is the radiation wavelength. Now, we impose  $d_l = \tau c_l$ , where  $\tau = \pm 1$ . After doing some algebra we arrive from Eq. (7) to

$$F_l^{(a)} + iG_l^{(a)} = -\tau (F_l^{(b)} + iG_l^{(b)}), \quad (12)$$

with

$$F_l^{(a)} = mA - B, \quad G_l^{(a)} = mC - D, \quad (13)$$

$$F_l^{(b)} = mB - A, \quad G_l^{(b)} = mD - C. \quad (14)$$

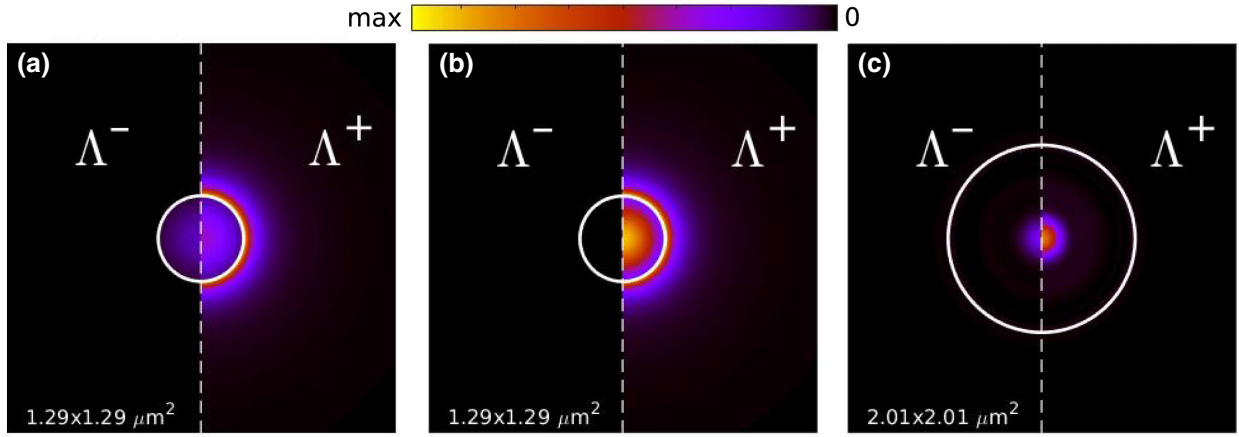


FIG. 1. Decomposition of the internal and scattered fields in the Riemann-Silberstein representation,  $\Lambda^{\sigma'} = |\mathbf{E} + i\sigma'\mathbf{ZH}|$ , under illumination of a well-defined helicity Gaussian beam ( $\sigma = +1$ ). According to the colormap, black color represents the absence of the  $\Lambda^{\sigma'}$  component. The white circle represents a lossless sphere with radius  $a$  and refractive-index contrast  $m \in \mathbb{R}$ . (a) Emergence of the first Kerker condition provided by a germanium (Ge) sphere of  $m = \sqrt{\epsilon} = 4.2$  and  $a = 140$  nm under illumination of a Gaussian beam focused with  $\text{NA} = 0.15$  at  $\lambda = 1347$  nm. In this case,  $|\Lambda_{\text{sca}}^-| = 0$  while  $|\Lambda_{\text{int}}^-| \neq 0$ . The plot has a dimension of  $1.29 \times 1.29 \mu\text{m}^2$ . (b) Electromagnetic duality restoration provided by a sphere of  $\epsilon = \mu = 4.2$  and  $a = 140$  nm under illumination of a Gaussian beam focused with  $\text{NA} = 0.15$  at  $\lambda = 1347$  nm. In this scenario,  $|\Lambda_{\text{sca}}^-| = |\Lambda_{\text{int}}^-| = 0$ . The plot has a dimension of  $1.29 \times 1.29 \mu\text{m}^2$ . (c) Emergence of the hybrid anapole mediated by a sphere of  $m = \sqrt{\epsilon} = 3.33$  and  $a = 453$  nm under the illumination of a Gaussian beam with  $\text{NA} = 0.9$  at  $\lambda = 633$  nm. In this scenario,  $|\Lambda_{\text{sca}}^+| = |\Lambda_{\text{sca}}^-| = 0$  while  $|\Lambda_{\text{int}}^-| \neq 0$  and  $|\Lambda_{\text{int}}^+| \neq 0$ . The plot has a dimension of  $2.01 \times 2.01 \mu\text{m}^2$ .

Here, we define  $A = \psi'_l(q)\psi_l(mq)$ ,  $B = \psi_l(q)\psi'_l(mq)$ ,  $C = x'_l(q)\psi_l(mq)$ , and  $D = \psi'_l(mq)x_l(q)$ . Now, by taking into account Eqs. (13) and (14), it can be shown that  $d_l = \tau c_l$ , given by Eq. (12), can be rewritten as

$$A + \tau B = -i(C + \tau D). \quad (15)$$

Now, by inspecting Eq. (15), it is straightforward to rewrite  $d_l = \tau c_l$  as

$$\tau \psi'_l(mq)[\psi_l(q) + ix_l(q)] + \psi_l(mq)[\psi'_l(q) + ix'_l(q)] = 0. \quad (16)$$

At this stage and by identifying  $h_l(q) = \psi_l(q) + ix_l(q)$  as the spherical Hankel function of second kind [42], we finally get

$$\psi_l(mq)h'_l(q) + \tau \psi'_l(mq)h_l(q) = 0. \quad (17)$$

Equation (17) represents a notable simplification as it allows us to compute  $d_l = \tau c_l$  by making use of fundamental properties of just two spherical Bessel functions. At this point, let us split the solutions of Eq. (17) into two possible physical scenarios, namely, nonabsorbing ( $m \in \mathbb{R}$ ) and lossy materials ( $m \in \mathbb{C}$  with  $|\text{Im}\{m\}| \neq 0$ ).

### III. ON THE HELICITY CONSERVATION FOR LOSSLESS MIE OPTICAL CAVITIES

Let us first draw our attention to the lossless case ( $m \in \mathbb{R}$ ), in which the complex Eq. (17) can be re-expressed as

two real-valued equations:

$$F_l^{(a)} = -\tau F_l^{(b)} \rightarrow \psi_l(mq)\psi'_l(q) + \tau \psi'_l(mq)\psi_l(q) = 0, \quad (18)$$

$$G_l^{(a)} = -\tau G_l^{(b)} \rightarrow \psi_l(mq)x'_l(q) + \tau \psi'_l(mq)x_l(q) = 0. \quad (19)$$

Now, it is useful to notice that Eqs. (18) and (19) need to be simultaneously fulfilled to obtain  $d_l = \tau c_l$ . At this point, let us drive our attention to Lemma I [44]:

1. The zeros of any cylinder function or its derivative are simple; if  $\nu$  is real, then  $J_\nu(z)$ ,  $J'_\nu(z)$ ,  $N_\nu(z)$ ,  $N'_\nu(z)$  each have an infinite number of positive real zeros. The  $m$ th positive zeros of these spherical functions are denoted by  $j_{\nu,m}$ ,  $j'_{\nu,m}$ ,  $n_{\nu,m}$ ,  $n'_{\nu,m}$ , and interlace according to  $\nu < j'_{\nu,1} < n_{\nu,1} < n'_{\nu,1} < j_{\nu,1} < j'_{\nu,2} < n_{\nu,2} < \dots$ .

Let us now use Lemma I to prove that the zeros of the Riccati-Bessel functions are also interlaced: let  $\psi_\nu(z) = (\pi z/2)^{1/2}J_{\nu+(1/2)}(z) = 0$ . For  $z \neq 0$ , this solution is given by the zeros of  $J_{\nu+(1/2)}(z)$ . Let us now take the first derivative of the Riccati-Bessel to then set it to zero, namely,

$$\psi'_\nu(z) = \frac{1}{2}J_{\nu+(1/2)}(z) + zJ'_{\nu+(1/2)}(z) = 0. \quad (20)$$

From Eq. (20) and by taking into account that we first settle  $J_{\nu+(1/2)}(z) = 0$ , the only possible solution of  $\psi'_\nu(z) = 0$

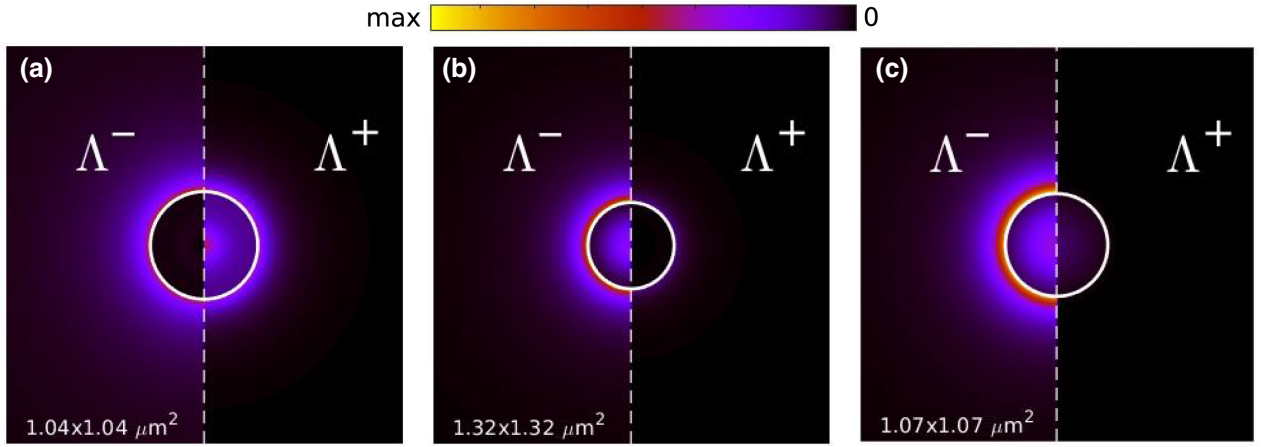


FIG. 2. Decomposition of the internal and scattered fields in the Riemann-Silberstein representation,  $\Lambda^{\sigma'} = |\mathbf{E} + i\sigma'\mathbf{ZH}|$ , under illumination of a well-defined helicity Gaussian beam ( $\sigma = +1$ ). According to the colormap, black color represents the absence of the  $\Lambda^{\sigma'}$  component. The white circle represents the lossy sphere with radius  $a$  and refractive-index contrast  $m \in \mathbb{C}$ . (a) Conservation of the helicity content of light fields inside a sphere of  $m = 4.2 + 0.54i$  and  $a = 140$  nm under illumination of a Gaussian beam with NA = 0.15 at  $\lambda = 407$  nm. In this scenario, the scattered helicity is not preserved while  $|\Lambda_{\text{int}}^-| = 0$ . The plot has a dimension of  $1.04 \times 1.04 \mu\text{m}^2$ . (b) Flipping of the helicity content of light fields provided by a sphere of  $m = \sqrt{\epsilon} = 4.2 - 0.37i$  and  $a = 140$  nm under illumination of a Gaussian beam with NA = 0.15 at  $\lambda = 1038$  nm. In this case,  $|\Lambda_{\text{int}}^+| = 0$ . The plot has a dimension of  $1.32 \times 1.32 \mu\text{m}^2$ . (c) The second Kerker condition provided by a sphere of  $m = \sqrt{\epsilon} = 4.2 - 0.33i$  and  $a = 140$  nm under illumination of a Gaussian beam with NA = 0.15 at  $\lambda = 1038$  nm. In this case,  $|\Lambda_{\text{sca}}^+| = 0$ . The plot has a dimension of  $1.07 \times 1.07 \mu\text{m}^2$ .

might be given by  $J'_{\nu+(1/2)}(z) = 0$ . However, the latter cannot be met due to the interlaced property of the zeros of Bessel functions provided by Lemma I. Consequently, the possible solutions of Eqs. (18) and (19) are notably reduced (see Ref. [45] to get insight into all possible combinations). That is, the only possibilities that make  $d_l = \tau c_l$  when  $m \in \mathbb{R}$  are as follows:

1. First Kerker condition (helicity conservation in scattering) [19,46], mathematically expressed as  $\psi'_l(mq) = 0$  (node of the first kind) and  $\psi_l(mq) = 0$  (node of the second kind) [39].
2. Hybrid or Kerker anapoles (optical transparency) [43], mathematically given by  $\psi'_l(mq) = 0$  and  $\psi'_l(q) = 0$  or  $\psi_l(mq) = 0$  and  $\psi_l(q) = 0$  [24].

First, the conservation of helicity in scattering for a lossless sphere precludes the conservation of the internal helicity [see Fig 1(a)]. Mathematically, we can demonstrate this by using the property that the zeros of the Riccati-Bessel functions are interlaced. That is, it is impossible to fulfill both Eqs. (18) and (19) if  $\psi'_l(mq) = 0$  or  $\psi_l(mq) = 0$ . On physics grounds, this is a result of the fact that we are dealing with spheres with  $\mu = 1$  and  $\epsilon^2 = m \in \mathbb{R}$ , with  $\epsilon$  and  $\mu$  denoting the electric permittivity and magnetic permeability, respectively. Now, it is known that electromagnetic duality can only be restored when  $\epsilon = \mu$  [7]. When duality is restored, helicity is conserved for both the internal and scattered field, as it can be observed in Fig. 1(b). However, for nonmagnetic lossless particles,

this physical picture is precluded: if the scattered helicity is preserved, then the internal helicity is not [47]. Second, hybrid anapoles, namely spectral points in which the scattering associated with a given order  $l$  vanishes, also prevent  $d_l = \tau c_l$ . Mathematically, the hybrid anapole condition imposes that  $F_l^{(a)} = F_l^{(b)} = 0$ , which yields  $c_l/d_l = m$  when  $\psi'_l(mq) = 0$  and  $\psi'_l(q) = 0$ , and  $d_l/c_l = m$  when  $\psi_l(mq) = 0$  and  $\psi_l(q) = 0$  [24]. Physically, we can notice that hybrid anapoles are a particular solution of the first Kerker condition with zero scattering, and as explained above: a sphere with  $\mu = 1$  cannot be dual. As a result, we conclude that hybrid anapoles of order  $l$  not only inhibit the conservation of the internal helicity, as can be inferred from Fig. 1(c), but also constrain the internal Mie coefficients to have a very specific relation given by  $c_l/d_l = m^{\pm 1}$ . This phenomenon remains valid regardless of the refractive index, optical size, making our proof general for higher-order anapoles [48].

#### IV. ON THE HELICITY CONSERVATION FOR LOSSY MIE OPTICAL CAVITIES

Hitherto, we find that the conservation of helicity in scattering and the emergence of hybrid anapoles are related to the fact that the helicity of light fields inside a lossless sphere cannot be either conserved or sign flipped as a result of a scattering event; namely,  $d_l \neq \tau c_l$  for  $m \in \mathbb{R}$ . In this vein, it has been analytically proven in Refs. [24,38] that the conservation of helicity in scattering and the emergence of hybrid anapoles can occur only for lossless

particles. Next, we show that conservation of helicity for the internal fields can happen only for the opposite case, i.e., for spheres made of a lossy material where  $m \in \mathbb{C}$  with  $|\text{Im}\{m\}| \neq 0$ . To show that, let us consider  $d_l = \tau c_l$  without assuming constraints on the real and imaginary parts in Eq. (17). Taking this crucial fact into account, we can rewrite  $d_l = \tau c_l$  as

$$-\tau = \frac{\psi_l(mq)h'_l(q)}{\psi'_l(mq)h_l(q)}. \quad (21)$$

Equation (21) is a transcendental equation that can only be satisfied for  $|\text{Im}\{m\}| \neq 0$ . As a matter of fact, it can be shown that for  $\tau = +1$  the set of solutions can only be given for  $\text{Im}\{m\} > 0$  while for  $\tau = -1$  these can only be met for  $\text{Im}\{m\} < 0$ . This phenomenon is depicted in Fig. 2. In particular, in Fig. 2(a), we show a Ge-like nanosphere in the visible spectral range ( $\lambda = 407$  nm,  $m = 4.2 + 0.54i$ ) whose internal field conserves the helicity content of the incident beam. In Fig. 2 we also show two spheres in the presence of optical gain. On the one hand, in Fig. 2(b) we show the case of a sphere where the helicity content of the internal field is just the opposite with respect to the incident beam. On the other hand, in Fig. 2(c) we show a sphere whose scattered field helicity content is just the opposite of the incident beam.

## V. CONCLUSIONS

In conclusion, in our work we unravel a fundamental property of the internal Mie coefficients: we demonstrate that the helicity of light fields inside lossless spheres cannot be either conserved or sign flipped as a result of a scattering event. This demonstration is analytical and involves special features of the scattered field, such as the conservation of helicity and the emergence of hybrid anapoles. Our proof does not depend on the incident polarization, optical size, and multipolar order. We also show that, in striking contrast to the behavior of the scattered field, losses are a compulsory requirement to conserve the helicity content of the internal field. That is,  $d_l = c_l$  can happen only for lossy materials. Finally, we show that the helicity content of internal fields can be flipped for materials with gain. Note that the main findings of helicity conservation inside spherical cavities can be extrapolated to other geometries such as disks or cylinders, finding potential applications in chiral sensing and chiral spectroscopy techniques.

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- [45] Notice that if  $\psi'_l(z) = 0$  then  $\psi_l(z) \neq 0$ . On the other hand, if  $\psi_l(z) = 0$  then  $\psi'_l(z) \neq 0$ . Notice that if  $x'_l(z) = 0$  then  $x_l(z) \neq 0$ . On the other hand, if  $x_l(z) = 0$  then  $x'_l(z) \neq 0$ .
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- [47] Notice that the optical size of the sphere is  $q = ka \sim 0.65$ . That is, we are dealing with a dipolar sphere under illumination of either a Gaussian beam of  $NA = 0.15$  or a plane wave.
- [48] It is worthwhile to notice that we need an engineered incident field such as tightly focused Gaussian beam to excite nonradiating anapoles in spheres. That is, we need to get rid of higher-order multipoles contributing to the scattering efficiency, a phenomenon that would not occur if impinging with a plane wave [24].