## Overcoming the dephasing limit in multiple-pulse laser wakefield acceleration

James D. Sadler<sup>1</sup>, Christopher Arran<sup>1</sup>, Hui Li<sup>1</sup>, and Kirk A. Flippo<sup>1</sup>

<sup>1</sup>Los Alamos National Laboratory, P.O. Box 1663, Los Alamos, New Mexico 87545, USA <sup>2</sup>York Plasma Institute, University of York, York, YO10 5DQ, United Kingdom

(Received 18 October 2019; accepted 24 January 2020; published 21 February 2020)

The electric field in laser-driven plasma wakefield acceleration is orders of magnitude higher than conventional radio-frequency cavities, but the energy gain is limited by dephasing between the ultrarelativistic electron bunch and the wakefield, which travels at the laser group velocity. We present a way to overcome this limit within a single plasma stage. The amplitude of the wakefield behind a train of laser pulses can be controlled in-flight by modulating the density profile. This creates a succession of resonant laser-plasma accelerator sections and nonresonant drift sections, within which the wakefield disappears and the electrons rephase. A two-dimensional particle-in-cell simulation with four 2.5 TW laser pulses produces a 50 MeV electron energy gain, four times that obtained from a uniform plasma. Although laser redshift prevents operation in the blowout regime, the technique offers increased energy gain for accelerators limited to the linear regime by the available laser power. This is particularly relevant for laser-plasma x-ray sources capable of operating at high repetition rates, which are highly sought after.

DOI: 10.1103/PhysRevAccelBeams.23.021303

The advent of ultrashort high-power lasers has allowed efficient ponderomotive driving of electron plasma waves with phase velocity close to c. When the available laser pulses became sufficiently intense, the plasma wave was shown to reach large amplitudes in the nonlinear blowout regime [1–4]. Monoenergetic electron bunches, with charge in the pC range, have been trapped in these waves and accelerated in millimeter size plasmas to energies exceeding 100 MeV [2,5,6]. These beams are ideal as compact sources for x-ray and gamma photon imaging, demonstrated to have exquisite femtosecond duration and micron source size [7–13]. Compact gamma sources also have potential applications in nuclear material detection. Although the peak x-ray brightness is similar to synchrotron light sources, the average brightness is limited by the  $\simeq 1$  Hz laser firing rate of high-power laser systems, which have low wall-plug efficiencies and struggle with high heat loads. There is therefore considerable interest in using lower peak power lasers with higher repetition rates to accelerate relativistic electrons [14,15]. This will achieve both high peak brightness and high average brightness in compact future light sources.

However, a severe and inherent limitation of laser plasma acceleration at a given laser power is that the laser pulse travels at a group velocity slightly below c, meaning the highly relativistic electrons move forward relative to the plasma wave and dephase. They eventually enter a part of the wave with a decelerating electric field and lose energy. Dephasing is the primary limitation for accelerators using the linear wakefields produced by lower power lasers; by overcoming the dephasing limit, laser wakefield accelerators could produce electrons with much higher energies without requiring higher laser powers or reducing the repetition rate.

One solution to dephasing is to link several accelerator stages in series, with a new laser pulse driving each of them (e.g., [16–18]). The use of fresh laser pulses avoids complications with laser diffraction and depletion, however it requires coupling every new pulse with femtosecond accuracy. What is more, this approach requires a large increase in the total supplied laser energy, since each new pulse is dumped at the end of the stage. An alternative, more efficient strategy is to manipulate the wakefield using density gradients within a single stage, ensuring that the electron stays in the accelerating region of the wave.

In this work, we propose such a strategy, involving the use of multiple evenly-spaced colinear laser pulses [19], otherwise known as a resonant laser-plasma accelerator [20,21]. The pulse train drives a wakefield only at specific resonant plasma densities, where the pulse spacing is an integer multiple of the plasma wavelength  $\lambda_p$ . This density resonance was previously demonstrated experimentally [22], using N = 2 and  $N \approx 7$  pulses. By changing the electron density  $n_e$  after the dephasing length, the interaction can be moved away from the resonance condition. This allows

Published by the American Physical Society under the terms of the Creative Commons Attribution 4.0 International license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI.

control over the wakefield amplitude during its propagation. When dephasing occurs, the wakefield can be extinguished, meaning the electrons never encounter a decelerating electric field. The electrons continue to drift and advance relative to the laser pulse, and when they reach the accelerating phase of the wakefield,  $n_e$  can be changed back to resonance. The single plasma stage acts in the same way as the multistage accelerator technique, with the advantage that no fresh laser pulses are required.

In practice, the eventual limitation on the scheme is due to the redshift of the laser pulses from propagating in the wakefield density gradient. This alters their group velocities and affects the pulse spacing. We will show that this limits the parameter window to the linear wakefield regime, reducing the possible output electron energy to far below the multi-GeV level demonstrated in the high-intensity, single-pulse blowout regime [23,24]. However, for accelerators restricted to linear wakefields by the available laser power, the technique offers a significant improvement in energy gain, performing better than the standard scheme with a single laser pulse of equal total energy. This makes the scheme applicable to x-ray photon sources that use linear wakefields excited by high repetition-rate terawatt lasers.

There have been previous proposals for manipulating the wakefield phase using a density ramp [25-28], shown to increase experimental energy gain by 50% [29]. However, rephasing the electrons in this manner only extends the dephasing limit, rather than overcoming it. Furthermore, use of a density ramp as in Refs. [25,26] is limited by group velocity dispersion stretching the laser pulse. It was also shown that density modulations can control the wakefield phase and increase energy gains [30]. Recently it was shown that, with greater laser energy, advanced focussing techniques can also mitigate dephasing [31]. These techniques can all produce GeV level energy gains in the high intensity blowout regime. In contrast to these techniques or the multistage wakefield accelerators, the scheme we present here is limited to linear wakefields produced by lower power lasers. Although the available energy gains are relatively low, they are several times higher than otherwise possible using the standard single pulse setup with equal total laser fluence. This allows high-repetition-rate laser systems with low peak powers to produce energetic electrons with greater efficiency.

The novel aspect of our proposal is that use of several laser pulses allows in-flight control over the wakefield amplitude, as well as its phase. For acceleration using linear wakefields, this leads to energy gains several times greater than that from an equivalent uniform plasma. Furthermore, this is the first proposed rephasing scheme that utilises the unique properties of multiple-pulse laser wakefield acceleration. To our knowledge, use of multiple pulses is the only way to gain control over the wakefield amplitude during its propagation. This new aspect of control may lead to innovative electron injection and rephasing schemes, of which this work is a part.

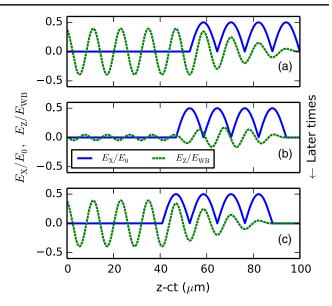


FIG. 1. Schematic of the proposed scheme, shown at times (a) t = 0, (b)  $t = L_{dp}/c$  and (c)  $t = 2L_{dp}/c$ , where  $L_{dp}$  is the dephasing length. The plots show the laser dimensionless vector potential (solid line), given by the transverse electric field envelope normalized to  $E_0 = 2\pi m_e c^2/(e\lambda) = 4 \text{ TVm}^{-1}$ . Also shown is the longitudinal wakefield electric field (dotted line) normalized to the wave-breaking field  $E_{WB} = c\sqrt{n_0m_e/\epsilon_0} =$ 270 GVm<sup>-1</sup>. There are four evenly spaced laser pulses with peak dimensionless vector potential  $a_0 = 0.5$  and  $\lambda = 0.8 \ \mu\text{m}$ , propagating to the right. In panel (b), to prevent deceleration of the electron bunch, the wakefield has been disrupted by raising  $n_e$  by 50%. In panel (c), the bunch is back in phase and so  $n_e$  has been returned to  $n_0 = 8 \times 10^{18} \text{ cm}^{-3}$ .

Figure 1 illustrates the general scheme. The free electron number density is  $n_e \ll n_c$ , where the laser critical density is  $n_c = 1.1 \times 10^{21}/\lambda^2$  cm<sup>-3</sup> and  $\lambda$  is the laser wavelength in microns. The wakefield has a wavelength  $\lambda_p = \lambda \sqrt{n_c/n_e}$  and frequency  $\omega_p = 2\pi c/\lambda_p$ . In each plasma wave period there is a section  $\lambda_p/2$  long where  $E_z < 0$  and electrons are accelerated. The wakefield phase velocity equals the laser group velocity  $v_g/c = \sqrt{1 - n_e/n_c} \simeq 1 - n_e/(2n_c)$ . The trapped electrons (with velocity  $v = \sqrt{1 - \gamma^{-2}c} \simeq c$ ) dephase when they have traveled a distance  $\lambda_p/2$  relative to the wave. This leads to an expression for the length of acceleration before dephasing occurs, given by  $\lambda (n_c/n_e)^{3/2}$ , which is typically in the millimeter range for  $\lambda \simeq 1 \ \mu m$  and  $n_e \simeq 10^{18} \ {\rm cm}^{-3}$ .

If the plasma wave is driven by *N* Gaussian laser pulses, each with temporal intensity profile  $I(t) = I_0 \exp(-t^2/\sigma^2)$  and spaced by  $\Delta \tau$ , the wakefield longitudinal electric field amplitude is [19,22,32]

$$E_{z0} = \frac{\sqrt{\pi}m_e c N a_0^2 \omega_p^2 \sigma}{4e} \exp\left[-\left(\frac{\omega_p \sigma}{2}\right)^2\right] A(n_e, N). \quad (1)$$

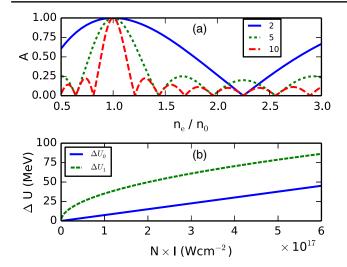


FIG. 2. (a) Wakefield amplitude, relative to the value at resonance, for N = 2, 5 and 10 laser pulses. This is given by Eq. (2), as a function of electron density normalized to  $n_0 = n_c \lambda^2 / (c^2 \Delta \tau^2)$ . (b) Estimates of the maximum achievable electron energy gain for the standard scheme in a uniform plasma  $(\Delta U_0)$  and for the mitigated dephasing scheme  $(\Delta U_1)$ . This is shown as a function of the laser intensity multiplied by the number of pulses N, for laser wavelength 0.8  $\mu$ m and  $n_0 = 8 \times 10^{18}$  cm<sup>-3</sup>.

In this expression  $m_e$  is the electron mass, e is the elementary charge and the peak dimensionless vector potential  $a_0 < 1$  is given in terms of laser intensity by  $I_0 = 1.4 \times 10^{18} a_0^2 / \lambda^2 \text{ Wcm}^{-2}$ , for  $\lambda$  in units of microns. The resonance function A is given by

$$A(n_e, N) = \left| \frac{\sin\left(N\pi\sqrt{n_e(z)/n_0}\right)}{N\sin\left(\pi\sqrt{n_e(z)/n_0}\right)} \right|,\tag{2}$$

where  $n_0 = n_c \lambda^2 / (c^2 \Delta \tau^2)$  is the resonant plasma density such that  $\Delta \tau = \lambda_p / c$ . The amplitude A = 1 when  $n_e(z) = n_0$  and A = 0 when  $n_e = n_0 (1 \pm 1/N)^2$ , as shown in Fig. 2(a).

The phase of the wakefield experienced by an electron bunch traveling at c is described by

$$\phi(z) = \sqrt{\frac{n_e(z)}{n_0}} \left[ \phi_0 + \pi \int_{z_0}^{z} \frac{n_e(z')}{n_0} \frac{dz'}{L_{dp}} \right], \quad (3)$$

where  $\phi_0$  is the initial phase of the electron bunch at  $z_0$ , the dephasing length  $L_{dp} = \lambda (n_c/n_0)^{3/2}$  and the integral term is due to the varying group velocity of the laser pulse in a density profile. For the case with  $n_e = n_0$  and the optimal pulse duration  $\sigma = \sqrt{2}/\omega_p$ , the maximal electron energy gain over a length  $L_{dp}$  for  $a_0 < 1$  can be calculated by integrating Eq. (1). The phase in Eq. (3) reduces to  $\phi = \pi z/L_{dp}$ , giving the energy gain

$$\Delta U_0 = e \int_0^{L_{\rm dp}} E_{z0} \sin(\pi z/L_{\rm dp}) dz \tag{4}$$

$$\simeq 1.5 m_e c^2 N a_0^2 n_c / n_0. \tag{5}$$

As the accelerating field experienced by the electron bunch is  $E_z(z) \propto -A(z) \sin[\phi(z)]$ , the density profile should be designed to maximise A(z) while  $0 \le \phi(z) \mod 2\pi < \pi$ and minimize A(z) while  $\pi \leq \phi(z) \mod 2\pi < 2\pi$ . Note that as the radial electric field is described by  $E_r(z, r) \propto$  $-A(z)r\cos[\phi(z)]$ , this density profile results in the electron bunch experiencing both focusing and defocusing regions of the wakefield. Surprisingly, we found that this reduced the transverse divergence of the electron bunch when compared to a purely focusing scheme, where A(z) was only maximized while  $\pi/2 \leq \phi(z) \mod 2\pi < \pi$ . In our scheme the transverse electric field is analogous to the strong focussing regime in conventional particle accelerators, where a periodic arrangement of focusing and defocusing quadrupoles is used to prevent growth in the beam divergence.

Figure 1(b) shows the situation after propagation beyond the dephasing length, where  $\phi(z) = \phi_0 + \pi$ . The density has been increased by 50%, so resonance is lost and there is no wakefield during the decelerating section. Due to the large extinction ratio of Eq. (2) with  $N \gg 1$ , the exact density profile and its amplitude are not important, only that the increased density  $n_1 > n_0(1 + \frac{1}{N})^2$ . The required length of the acceleration sections is  $L_0 = L_{dp}$  and Eq. (3) shows that the length of the drift sections should be  $L_1 = L_0 n_0/n_1$ . In Fig. 1(c),  $\phi(z) = \phi_0 + 2\pi$  and the electron bunch is back in phase, albeit in the preceding period. The density has been returned to the resonant value  $n_0$ .

Figure 3 shows the scheme using contours of the relativistic electron Hamiltonian, giving the phase space trajectories. When the wakefield is switched off, the electron maintains constant energy. This allows jumps between separate trajectories, each with energy gain  $\simeq \Delta U_0$ . The trajectories shown assume optimal acceleration lengths  $L_0$ , which tend toward  $L_{dp}$  for large  $\gamma$ .

The scheme proposed here only requires a spatial modulation of the plasma density with a period of several millimeters. This should be achievable using, for example, multiple gas jets [28] or capillary waveguides [33]. Note that laser wakefield acceleration is also limited by diffraction, since the Rayleigh range  $z_{\rm R} = \pi w_0^2 / \lambda$  will be less than  $L_{\rm dp}$  if the laser transverse spot size  $w_0 \simeq \lambda_{\rm p}$ . This means acceleration beyond  $L_{\rm dp}$  requires an overly wide  $w_0$  or a laser waveguide [34–37]. Second order effects such as depletion [38] and group velocity dispersion will also affect the driver pulses. This paper only describes a way of overcoming dephasing, upon which laser diffraction and depletion become the primary limitations.

The depletion is associated with laser redshift, causing an increase in pulse spacing and loss of resonance. The laser

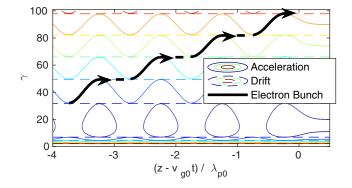


FIG. 3. Contours of the Hamiltonian  $H(\gamma, z - v_g t)$  for an electron with energy  $\gamma m_e c^2$  in the plasma wakefield, shown for the acceleration (solid contours) and drift (dashed) sections of the scheme. The black line shows the trajectory of an example electron bunch. In this example, using four laser pulses each with  $a_0 = 0.1$  in plasma at  $n_0 = 8 \times 10^{18}$  cm<sup>-3</sup>, the energy gain for each acceleration section is  $\Delta U_0 \simeq 16m_ec^2$  and the total gain is  $\Delta U_1 \simeq 4\Delta U_0$ .

wavelength initially evolves [38] as  $\lambda(t) = \lambda_0 (1 + ct/L_{red})$ , where  $\lambda_0$  is the initial wavelength and  $L_{red} \simeq 2L_{dp}/(Na_0^2)$  is the redshifting depletion length for the rearmost pulse. By approximating this for short propagation, its group velocity and position is

$$v_g = c \left( 1 - \frac{\lambda^2}{2\lambda_p^2} \right) \simeq c \left[ 1 - \frac{\lambda_0^2}{2\lambda_p^2} \left( 1 + \frac{ctNa_0^2}{L_{dp}} \right) \right], \quad (6)$$

$$z \simeq z_0 + \left(1 - \frac{\lambda_0^2}{2\lambda_p^2}\right)ct - \frac{Na_0^2\lambda_0^4}{4\lambda_p^5}(ct)^2.$$
(7)

The plasma wave resonance is lost when the quadratic term reaches a value of  $\lambda_p/2$ . This gives the maximum acceleration length as  $L = L_{dp}\sqrt{2/(Na_0^2)} \ll L_{red}$  and, accounting for the drift sections, an energy gain of

$$\Delta U_1 \simeq \frac{3n_c}{2n_0} m_e c^2 \sqrt{Na_0^2} = \frac{\Delta U_0}{\sqrt{Na_0^2}}.$$
 (8)

Effective acceleration beyond the dephasing length therefore requires  $\sqrt{Na_0^2} \ll 1$ , meaning the driver pulses have subrelativistic intensity and the wakefield is linear. Figure 2(b) shows plots of the estimates  $\Delta U_0$  and  $\Delta U_1$ .

Since the scheme is restricted to linear wakefields generated by laser pulses with  $a_0 \ll 1$ , self-injection will not generally occur. Instead, controlled injection is possible through, for instance, a density downramp at the start of the accelerating section [39], or an ionization injection scheme using a separate injection pulse [40,41]. A scheme for controlled injection in a resonant multipulse accelerator is described in Ref. [42]. These will lead to lower beam emittance and energy spread than possible with self-injection from high intensity laser pulses, which is a significant advantage of a multipulse scheme. It is not however our intent to explore injection in this paper, instead focusing on the accelerating scheme itself.

To further investigate this scheme, and the laser pulse evolution, we conducted a two-dimensional Cartesian particle-in-cell simulation using the code EPOCH [43]. Due to the linear wakefield and lack of injection mechanisms or self-focussing, a two-dimensional simulation was judged to accurately represent the interaction. The simulation used a moving spatial domain with velocity *c*, length 110  $\mu$ m and width 400  $\mu$ m. The grid size was 5040 by 576 cells. There were four identical transform limited Gaussian laser pulses, each with wavelength 0.8  $\mu$ m, peak intensity 4 × 10<sup>16</sup> Wcm<sup>-2</sup>,  $a_0 = 0.14$ , full width at half maximum duration 15 fs and each spaced by 40 fs. The transverse waist was  $w_0 = 58 \ \mu$ m; this made the Rayleigh length similar to the simulated propagation of 13.4 mm, with the position of best focus at z = 6.7 mm.

The resonant plasma density was  $n_0 = 8 \times 10^{18} \text{ cm}^{-3}$ , giving  $\lambda_p = 11.8 \ \mu m$ . The density was modulated longitudinally so that the plasma wave lost resonance when the trapped electrons were in a decelerating part of the plasma wave, using  $n_1 = 1.25 \times 10^{19}$  cm<sup>-3</sup>. This required repeating a series of acceleration stages of length  $L_0 = 2.3$  mm and drift stages of length  $L_0 n_0/n_1 = 1.5$  mm. Due to laser pulse evolution, the optimal value of  $L_0$  was slightly shorter than  $L_{dp} = 2.6$  mm. The density transitions had a lengthscale of 0.2 mm. There were 64 electron macroparticles per cell at temperature 100 eV, with static ions. Relativistic electrons were initialized in a 0.2 pC bunch in the final plasma wave period in the simulation domain. They had momentum  $p_z = 15 \text{ MeV/c}$ , and a Gaussian profile with transverse waist 5  $\mu$ m and longitudinal waist 1  $\mu$ m. The simulation used the standard Yee field solver with an increased time-step to give accurate numerical dispersion and group velocity. The transverse boundary conditions were periodic for the fields and open for the electron bunch. The standard particle push and current deposition were used [43]. The simulation setup is provided as supplementary material [44].

Figure 4 shows three time-steps from the twodimensional particle-in-cell simulation, as a function of the comoving coordinate z - ct. In the first time step, the plasma density is close to the resonant value, giving  $\lambda_p = c\Delta \tau$  and a high amplitude wakefield. Notice how the wakefield amplitude grows linearly with each laser pulse.

At the later time step, shown in Fig. 4(b), the relativistic electrons are in the decelerating phase and so the density has been moved away from resonance, causing a loss of wakefield amplitude and minimal deceleration. In Fig. 4(c) the bunch is again in phase and so the density has been returned to  $n_0$  to restore the wakefield, giving another similar burst of acceleration. The laser pulse red-shift and steepening also become apparent at this time. This can also

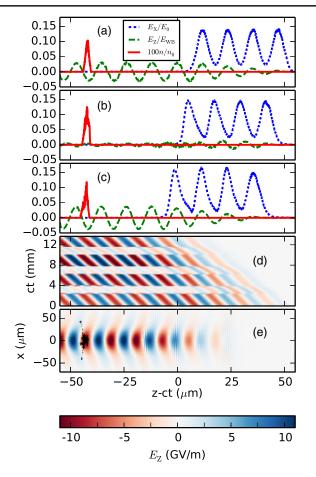


FIG. 4. Results of the two-dimensional particle-in-cell simulation, using  $n_0 = 8 \times 10^{18} \text{ cm}^{-3}$ ,  $n_1 = 1.25 \times 10^{19} \text{ cm}^{-3}$ , and four 15 fs,  $\lambda = 0.8 \,\mu m$  laser pulses with peak intensity  $I = 4 \times 10^{16}$  Wcm<sup>-2</sup>. The panels show axial line-outs at times (a) ct = 1 mm, (b) 3 mm, and (c) 5 mm. The plots show the laser dimensionless vector potential (dotted line), given by the transverse electric field envelope normalized to  $E_0 = 2\pi m_e c^2/(e\lambda) = 4 \text{ TVm}^{-1}$ . Also shown is the longitudinal wakefield electric field (dashed line) normalized to the wavebreaking field  $E_{\rm WB} = c \sqrt{n_0 m_e/\epsilon_0} = 270 \ {\rm GVm^{-1}}$ . The relativistic electron density (solid line) is normalized to  $n_0$  and multiplied by 100 for visibility. (d) The on-axis longitudinal electric field across the space-time diagram. (e) The longitudinal electric field at ct = 9 mm. Relativistic electrons are shown in black.

be seen in Fig. 4(d), which shows the longitudinal electric field. In the co-moving coordinate, the wakefield steadily shifts backwards due to the laser group velocity being less than *c*. Notice how the wakefield amplitude is effectively extinguished when it would be decelerating the electron bunch. At later times, the extinction ratio in the drift sections becomes weaker. This is because the laser pulse envelopes and spacing have changed. In addition, the longitudinal electric field becomes slightly greater at later times due to the laser pulse steepening, as well as the transverse focussing.

The laser pulse red-shift increases with intensity, meaning the on-axis region of the laser pulse sustains a slower group velocity. This leads to a forward curvature of the wakefield wave-fronts [Fig. 4(e)] developing over time.

Some values of z - ct have consistently negative  $E_z$  over many dephasing lengths, suggesting that trapped electrons will exceed the dephasing limited energy gain. This is shown by Fig. 5(a). The electron bunch retains fairly narrow energy spread, and continues on to receive an energy gain of  $\Delta U_1 = 50$  MeV, over four times the gain from the first dephasing length  $\Delta U_0 = 12$  MeV. These values are similar to the estimates in Fig. 2(b) for the simulated value of  $NI = 1.6 \times 10^{17}$  Wcm<sup>-2</sup>.

Emittance growth during the drift stages may also be of concern. However, these sections may be significantly shortened by using a higher density  $n_1$ . Figure 5(b) compares the angular beam distribution with respect to the *z* axis at the end of the simulation and after the first dephasing length. The lengthened propagation does not significantly increase the beam divergence, and only a small fraction of charge escapes the wakefield transversely.

Motion of the ions presents an additional consideration. However, in Ref. [19], it was found that this only becomes significant for N > 50. Since the plasma density must be maintained within a range of  $n_0(1 \pm 1/N)^2$ , it is likely that  $N \simeq 5-10$  pulses will be optimal, given experimental engineering constraints on the density uniformity. As the dephasing limit is one of the primary considerations pushing laser wakefield accelerators to lower densities and longer acceleration stages, an additional benefit to eradicating dephasing is that higher plasma densities and shorter propagation stages can be used. This both decreases

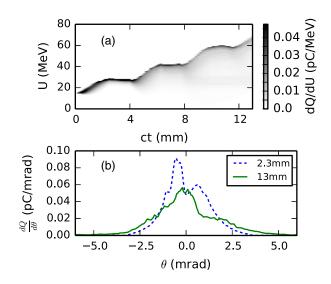


FIG. 5. Results of the two-dimensional particle-in-cell simulation. (a) Spectrum of the electron bunch as a function of time. (b) Angular distribution of the accelerated electrons in the x-z plane, shown after the first dephasing length at ct = 2.3 mm and at the end of the simulation.

the laser power requirement for relativistic self-guiding and reduces the need for complex guiding structures.

Achieving maximal energy transfer efficiency requires a high bunch charge and heavy beam loading, which in this case would cause excessive electron deceleration and spectral dispersion in the drift sections.

In summary, we have presented a new scheme to overcome the laser-wakefield dephasing limit in the linear regime. With use of several driver pulses, varying the plasma density allows a high degree of control over the wakefield amplitude. With a small change in plasma density, the wakefield can be extinguished, preventing deceleration of the electron bunch. Since the subsequent limitation is depletion and red-shift of the pulses, which does not happen for several dephasing lengths, this allows energy gains many times higher than usual. Furthermore, a two-dimensional simulation demonstrated that the low divergence angle and narrow energy spread is maintained. This work paves the way for use of lower power, kHz repetition-rate lasers for generation of relativistic electron beams and laser-plasma photon sources.

## ACKNOWLEDGMENTS

Research presented in this article was supported by the Laboratory Directed Research and Development program of Los Alamos National Laboratory under Project No. 20180040DR. The authors wish to thank the scientific computing staff at Los Alamos National Laboratory for provision of the Grizzly cluster. This work used the EPOCH particle-in-cell code, which was funded in part by the UK EPSRC Grants No. EP/G054950/1, No. EP/G056803/1, No. EP/G055165/1, and No. EP/M022463/1.

- [1] T. Tajima and J. M. Dawson, Laser Electron Accelerator, Phys. Rev. Lett. **43**, 267 (1979).
- [2] S. P. D. Mangles, C. D. Murphy, Z. Najmudin, A. G. R. Thomas, J. L. Collier, A. E. Dangor, E. J. Divall, P. S. Foster, J. G. Gallacher, C. J. Hooker *et al.*, Monoenergetic beams of relativistic electrons from intense laser–plasma interactions, Nature (London) **431**, 535 (2004).
- [3] C. G. R. Geddes, C. Toth, J. Van Tilborg, E. Esarey, C. B. Schroeder, D. Bruhwiler, C. Nieter, J. Cary, and W. P. Leemans, High-quality electron beams from a laser wakefield accelerator using plasma-channel guiding, Nature (London) 431, 538 (2004).
- [4] J. Faure, Y. Glinec, A. Pukhov, S. Kiselev, S. Gordienko, E. Lefebvre, J.-P. Rousseau, F. Burgy, and V. Malka, A laser-plasma accelerator producing monoenergetic electron beams, Nature (London) 431, 541 (2004).
- [5] W. P. Leemans, A. J. Gonsalves, H.-S. Mao, K. Nakamura, C. Benedetti, C. B. Schroeder, C. Tóth, J. Daniels, D. E. Mittelberger, S. S. Bulanov *et al.*, Multi-GeV Electron Beams from Capillary-Discharge-Guided Subpetawatt Laser Pulses in the Self-Trapping Regime, Phys. Rev. Lett. **113**, 245002 (2014).

- [6] A. J. Gonsalves, K. Nakamura, J. Daniels, C. Benedetti, C. Pieronek, T. C. H. de Raadt, S. Steinke, J. H. Bin, S. S. Bulanov, J. van Tilborg *et al.*, Petawatt Laser Guiding and Electron Beam Acceleration to 8 GeV in a Laser-Heated Capillary Discharge Waveguide, Phys. Rev. Lett. **122**, 084801 (2019).
- [7] M. Fuchs, R. Weingartner, A. Popp, Z. Major, S. Becker, J. Osterhoff, I. Cortrie, B. Zeitler, R. Hörlein, G. D. Tsakiris *et al.*, Laser-driven soft-X-ray undulator source, Nature (London) 5, 826 (2009).
- [8] N. D. Powers, I. Ghebregziabher, G. Golovin, C. Liu, S. Chen, S. Banerjee, J. Zhang, and D. P. Umstadter, Quasi-monoenergetic and tunable X-rays from a laser-driven Compton light source, Nat. Photonics 8, 28 (2014).
- [9] F. Albert and A. G. R. Thomas, Applications of laser wakefield accelerator-based light sources, Plasma Phys. Controlled Fusion 58, 103001 (2016).
- [10] J. Ferri, S. Corde, A. Döpp, A. Lifschitz, A. Doche, C. Thaury, K. T. Phuoc, B. Mahieu, I. A. Andriyash, V. Malka *et al.*, High-Brilliance Betatron  $\gamma$ -Ray Source Powered by Laser-Accelerated Electrons, Phys. Rev. Lett. **120**, 254802 (2018).
- [11] S. Kneip, C. McGuffey, F. Dollar, M. S. Bloom, V. Chvykov, G. Kalintchenko, K. Krushelnick, A. Maksimchuk, S. P. D. Mangles, T. Matsuoka *et al.*, X-ray phase contrast imaging of biological specimens with femtosecond pulses of betatron radiation from a compact laser plasma wakefield accelerator, Appl. Phys. Lett. **99**, 093701 (2011).
- [12] J. M. Cole, J. C. Wood, N. C. Lopes, K. Poder, R. L. Abel, S. Alatabi, J. S. J. Bryant, A. Jin, S. Kneip, K. Mecseki *et al.*, Tomography of human trabecular bone with a laserwakefield driven x-ray source, Plasma Phys. Controlled Fusion 58, 014008 (2016).
- [13] A. R. Maier, A. Meseck, S. Reiche, C. B. Schroeder, T. Seggebrock, and F. Grüner, Demonstration Scheme for a Laser-Plasma-Driven Free-Electron Laser, Phys. Rev. X 2, 031019 (2012).
- [14] A. J. Goers, G. A. Hine, L. Feder, B. Miao, F. Salehi, J. K. Wahlstrand, and H. M. Milchberg, Multi-MeV Electron Acceleration by Subterawatt Laser Pulses, Phys. Rev. Lett. 115, 194802 (2015).
- [15] D. Guénot, D. Gustas, A. Vernier, B. Beaurepaire, F. Böhle, M. Bocoum, M. Lozano, A. Jullien, R. Lopez-Martens, A. Lifschitz *et al.*, Relativistic electron beams driven by kHz single-cycle light pulses, Nat. Photonics **11**, 293 (2017).
- [16] S. Steinke, J. Van Tilborg, C. Benedetti, C. G. R. Geddes, C. B. Schroeder, J. Daniels, K. K. Swanson, A. J. Gonsalves, K. Nakamura, N. H. Matlis *et al.*, Multistage coupling of independent laser-plasma accelerators, Nature (London) 530, 190 (2016).
- [17] A. F. Pousa, A. M. de la Ossa, R. Brinkmann, and R. W. Assmann, Compact Multistage Plasma-Based Accelerator Design for Correlated Energy Spread Compensation, Phys. Rev. Lett. **123**, 054801 (2019).
- [18] J. Luo, M. Chen, W. Y. Wu, S. M. Weng, Z. M. Sheng, C. B. Schroeder, D. A. Jaroszynski, E. Esarey, W. P. Leemans, W. B. Mori *et al.*, Multistage Coupling of Laser-Wakefield Accelerators with Curved Plasma Channels, Phys. Rev. Lett. **120**, 154801 (2018).

- [19] S. M. Hooker, R. Bartolini, S. P. D. Mangles, A. Tünnermann, L. Corner, J. Limpert, A. Seryi, and R. Walczak, Multi-pulse laser wakefield acceleration: a new route to efficient, high-repetition-rate plasma accelerators and high flux radiation sources, J. Phys. B 47, 234003 (2014).
- [20] E. Esarey, P. Sprangle, J. Krall, and A. Ting, Overview of plasma-based accelerator concepts, IEEE Trans. Plasma Sci. 24, 252 (1996).
- [21] E. Esarey, C. B. Schroeder, and W. P. Leemans, Physics of laser-driven plasma-based electron accelerators, Rev. Mod. Phys. 81, 1229 (2009).
- [22] J. Cowley, C. Thornton, C. Arran, R. J. Shalloo, L. Corner, G. Cheung, C. D. Gregory, S. P. D. Mangles, N. H. Matlis, D. R. Symes *et al.*, Excitation and Control of Plasma Wakefields by Multiple Laser Pulses, Phys. Rev. Lett. **119**, 044802 (2017).
- [23] X. Wang, R. Zgadzaj, N. Fazel, Z. Li, S. A. Yi, X. Zhang, W. Henderson, Y.-Y. Chang, R. Korzekwa, H.-E. Tsai *et al.*, Quasi-monoenergetic laser-plasma acceleration of electrons to 2 GeV, Nat. Commun. 4, 1988 (2013).
- [24] W. P. Leemans, A. J. Gonsalves, H.-S. Mao, K. Nakamura, C. Benedetti, C. B. Schroeder, C. Tóth, J. Daniels, D. E. Mittelberger, S. S. Bulanov *et al.*, Multi-GeV Electron Beams from Capillary-Discharge-Guided Subpetawatt Laser Pulses in the Self-Trapping Regime, Phys. Rev. Lett. **113**, 245002 (2014).
- [25] W. Rittershofer, C. B. Schroeder, E. Esarey, F. J. Grüner, and W. P. Leemans, Tapered plasma channels to phase-lock accelerating and focusing forces in laser-plasma accelerators, Phys. Plasmas 17, 063104 (2010).
- [26] P. Sprangle, B. Hafizi, J. R. Peñano, R. F. Hubbard, A. Ting, A. Zigler, and T. M. Antonsen, Jr., Stable Laser-Pulse Propagation in Plasma Channels for GeV Electron Acceleration, Phys. Rev. Lett. 85, 5110 (2000).
- [27] A. Döpp, E. Guillaume, C. Thaury, A. Lifschitz, K. Ta Phuoc, and V. Malka, Energy boost in laser wakefield accelerators using sharp density transitions, Phys. Plasmas 23, 056702 (2016).
- [28] V. Malka, Manipulating relativistic electrons with lasers, Europhys. Lett. 115, 54001 (2016).
- [29] E. Guillaume, A. Döpp, C. Thaury, K.T. Phuoc, A. Lifschitz, G. Grittani, J.-P. Goddet, A. Tafzi, S. W. Chou, L. Veisz *et al.*, Electron Rephasing in a Laser-Wakefield Accelerator, Phys. Rev. Lett. **115**, 155002 (2015).
- [30] S. J. Yoon, J. P. Palastro, and H. M. Milchberg, Quasi-Phase-Matched Laser Wakefield Acceleration, Phys. Rev. Lett. **112**, 134803 (2014).
- [31] A. Debus, R. Pausch, A. Huebl, K. Steiniger, R. Widera, T. E. Cowan, U. Schramm, and M. Bussmann, Circumventing

the Dephasing and Depletion Limits of Laser-Wakefield Acceleration, Phys. Rev. X 9, 031044 (2019).

- [32] P. Gibbon, *Short Pulse Laser Interactions With Matter* (Imperial College Press, London, 2005).
- [33] N. H. Matlis, A. J. Gonsalves, S. Steinke, J. van Tilborg, C. G. R. Geddes, B. Shaw, and W. P. Leemans, Effects of gas dynamics in capillary-discharge-based LPA targets with embedded gas jets, *AIP Conf. Proc.* 1777, 040012 (2016).
- [34] D. J. Spence and S. M. Hooker, Investigation of a hydrogen plasma waveguide, Phys. Rev. E 63, 015401(R) (2000).
- [35] A. Butler, D. J. Spence, and S. M. Hooker, Guiding of High-Intensity Laser Pulses with a Hydrogen-Filled Capillary Discharge Waveguide, Phys. Rev. Lett. 89, 185003 (2002).
- [36] N. Lemos, T. Grismayer, L. Cardoso, G. Figueira, R. Issac, D. A. Jaroszynski, and J. M. Dias, Plasma expansion into a waveguide created by a linearly polarized femtosecond laser pulse, Phys. Plasmas 20, 063102 (2013).
- [37] R. J. Shalloo, C. Arran, L. Corner, J. Holloway, J. Jonnerby, R. Walczak, H. M. Milchberg, and S. M. Hooker, Hydrodynamic optical-field-ionized plasma channels, Phys. Rev. E 97, 053203 (2018).
- [38] B. A. Shadwick, C. B. Schroeder, and E. Esarey, Nonlinear laser energy depletion in laser-plasma accelerators, Phys. Plasmas 16, 056704 (2009).
- [39] K. K. Swanson, H.-E. Tsai, S. K. Barber, R. Lehe, H. Mao, S. Steinke, J. Van Tilborg, K. Nakamura, C. G. R. Geddes, C. B. Schroeder, E. Esarey, and W. P. Leemans, Control of tunable, monoenergetic laser-plasma-accelerated electron beams using a shock-induced density downramp injector, Phys. Rev. Accel. Beams 20, 051301 (2017).
- [40] J. Faure, C. Rechatin, A. Norlin, A. Lifschitz, Y. Glinec, and V. Malka, Controlled injection and acceleration of electrons in plasma wakefields by colliding laser pulses, Nature (London) 444, 737 (2006).
- [41] N. Bourgeois, J. Cowley, and S. M. Hooker, Two-Pulse Ionization Injection into Quasilinear Laser Wakefields, Phys. Rev. Lett. 111, 155004 (2013).
- [42] P. Tomassini, S. De Nicola, L. Labate, P. Londrillo, R. Fedele, D. Terzani, and L. A. Gizzi, The resonant multipulse ionization injection, Phys. Plasmas 24, 103120 (2017).
- [43] T. D. Arber, K. Bennett, C. S. Brady, A. Lawrence-Douglas, M. G. Ramsay, N. J. Sircombe, P. Gillies, R. G. Evans, H. Schmitz, A. R. Bell *et al.*, Contemporary particle-in-cell approach to laser-plasma modelling, Plasma Phys. Controlled Fusion 57, 113001 (2015).
- [44] See Supplemental Material at http://link.aps.org/ supplemental/10.1103/PhysRevAccelBeams.23.021303 for the simulation input file.