## Measurement of the strontium triplet Rydberg series by depletion spectroscopy of ultracold atoms

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We report on the atom loss spectroscopy of strontium Rydberg atoms in a magnetooptical trap, using a twophoton excitation scheme through the intermediate state  $5s5p^3P_1$ . Energies of the  $5sns^3S_1$  and  $5snd^3D_{1,2}$  Rydberg series of <sup>88</sup>Sr in the range  $13 \le n \le 50$  are determined with an absolute accuracy of 10 MHz, including the perturbed region where the 5snd  $^3D_2$  series couples to the 5snd  $^1D_2$  series. This represents an improvement by more than two orders of magnitude compared to previously published data. The quantum defects for each series are determined using the extended Rydberg-Ritz formula in the range where there is no strong perturbation. A value of 1 377 012 721(10) MHz for the first ionization limit of <sup>88</sup>Sr is extracted.

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#### I. INTRODUCTION

Spectroscopy of the intricate electronic level structure of two-electron Rydberg atoms has stimulated the development of theoretical models for the description of correlated electrons, in particular multichannel quantum defect theory (MQDT) [1,2]. The interaction between the electrons leads to phenomena such as autoionization of Rydberg states [3,4]. With the advent of laser cooling techniques, new opportunities for applications of two-electron Rydberg atoms were identified [5]. The optical transition of the ion core of the Rydberg atoms allows for dipolar trapping of Rydberg atoms in lattices [6] but also new techniques such as spatially selective Rydberg atom detection through autoionization [7]. Alkaline-earth-like atoms feature narrow intercombination lines, which, in combination with strong Rydberg-Rydberg interaction, make them a good candidate for quantum simulation via Rydberg dressing [8,9] and for the generation of spin-squeezed states with applications in metrology [10].

In the case of strontium, the singlet Rydberg series are well known since the early days of laser spectroscopy [11] and have been further studied over the past years [12,13]. Rydberg excitation of the triplet Rydberg states in an ultracold atomic gas has been realized only recently [9,14-16]. Surprisingly, available spectroscopic data about the triplet series date back to the late 1970s [17-19], where the measurements were performed with hot atoms at pressures on the order of  $\sim 10^{-2}$  mbar, leading to a significant line broadening. Accuracies of the absolute transition frequencies are on the order of

few GHz. Such a large uncertainty has been the limiting factor in predicting properties of the strontium triplet series [20,21].

In this paper we present spectroscopic data with an improved accuracy of the triplet Rydberg series  $5sns^3S_1$ ,  $5snd \,^{3}D_{1}$ , and  $5snd \,^{3}D_{2}$  in the range n = 13-50. The data include the strongly perturbed region of the 5snd  $^3D_2$  series, which couples to the singlet series. The measurement of the triplet series is performed on an ultracold gas of <sup>88</sup>Sr atoms using standard spectroscopic techniques [22,23]. The Rydberg transitions are detected through atom-loss spectroscopy in a magnetooptical trap operated on the Sr intercombination line. The spectroscopic data are fitted to the extended Rydberg-Ritz formula far away from perturbations to extract reliable quantum defects for energy level prediction. We also extract an updated value for the first ionization limit of <sup>88</sup>Sr [11].

## II. EXPERIMENTAL METHODS

## A. Rydberg excitation

A strontium magnetooptical trap (MOT), operated on the  $5s^2 {}^1S_0 \rightarrow 5s5p {}^1P_1$  transition, is loaded from a strontium two-dimensional MOT as described in Ref. [24]. Atoms are then transferred to a MOT operated on the narrow transition  $5s^2 {}^1S_0 \rightarrow 5s5p {}^3P_1$  transition (see, e.g., Ref. [25]), at a magnetic field gradient of 5 G/cm, as shown schematically in Fig. 1(b). We obtain about 10<sup>6</sup> atoms at a temperature of 1  $\mu$ K. Due to the narrow linewidth of the transition, the atoms accumulate in the lower shell of an ellipsoid, as shown in the inset of Fig. 1(b), with a peak atomic density about  $2 \times$ 10<sup>10</sup> atoms/cm<sup>3</sup> [26]. The shape of the atomic cloud reflects the fact that the Zeeman shift compensates the MOT beam detuning, as described in Refs. [26,27], at a finite magnetic field offset, essentially pointing along the vertical axis.

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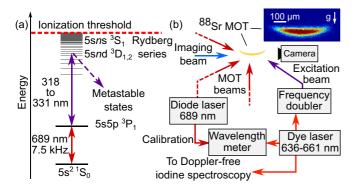


FIG. 1. Rydberg excitation scheme. (a) Energy level scheme for strontium Rydberg excitation. The atoms are excited to the 5sns  $^3S_1$ , 5snd  $^3D_1$ , and 5snd  $^3D_2$  by a two-photon excitation via the 5s5p  $^3P_1$  state. The UV light is tunable from n=13 to the first ionization limit. The metastable states are the long-lived 5s5p  $^3P_0$  and 5s5p  $^3P_2$  to which Rydberg states decay through direct or cascade deexcitation. (b) Schematic of the experiment. A magnetooptical trap (MOT) is operated on the  $5s^2$   $^1S_0 \rightarrow 5s5p$   $^3P_1$  transition at 689 nm from which atoms are excited by a frequency doubled dye laser. The MOT atom number is monitored by absorption imaging and a typical optical density map is shown in the top right corner. An iodine saturated absorption spectroscopy is used to determine the accuracy of the wavelength meter.

We excite the atoms to Rydberg states with two photons using the transitions  $5s^2$   $^1S_0 \rightarrow 5s5p$   $^3P_1 \rightarrow 5snl$   $^3L_J$ , as shown in Fig. 1(a). Starting from the 5s5p  $^3P_1$  state, we can access the 5sns  $^3S_1$ , 5snd  $^3D_1$ , and 5snd  $^3D_2$  Rydberg series (abbreviated  $^3S_1$ ,  $^3D_{1,2}$  in the rest of the paper). These states decay back to 5s5p  $^3P_1$  but also 5s5p  $^3P_2$  and 5s5p  $^3P_0$ , which are long-lived metastable states. The first photon is provided by the MOT laser field [see Fig 1(a)], which is generated by a 689 nm diode laser. The MOT is operated at a saturation parameter  $s \approx 20$ . The laser is stabilized to an ultrastable cavity reducing its linewidth to less than 10 kHz. The cavity drift amounts to a 8 kHz/day laser frequency deviation, which is compensated by using saturated absorption spectroscopy in a strontium heat pipe as a reference.

We excite the atoms in the  $5s5p^3P_1$ ,  $m_J=+1$  state to a Rydberg state with a UV beam of 1.4 mm  $1/e^2$  diameter, larger than the size of the MOT. The UV beam is linearly polarized along the vertical direction, which drives  $\pi$  transitions due to the magnetic alignment of the atoms in the narrow-band MOT [26,27]. We use a frequency doubled dye laser, which can be tuned from  $\lambda=318$  nm to  $\lambda=331$  nm, in a setup similar to the one described in Ref. [28]. The UV laser has a linewidth below 200 kHz over 100 ms. We use a UV pulse of one to few ms, with a power from few tens of  $\mu$ W to few mW, adjusted to keep a reasonable contrast as the loss is observed to increase at lower n.

The UV laser frequency is scanned over the transition twice in each direction at a scan speed of  $\sim$ 200 kHz/s. Atoms decaying to the metastable states, through direct or cascade decay induced by blackbody radiation, do not participate to the cooling cycle any longer and result in atom loss when performing absorption imaging at 461 nm on the  $5s^2$   $^1S_0 \rightarrow 5s5p$   $^1P_1$  transition. We determine the number of remaining

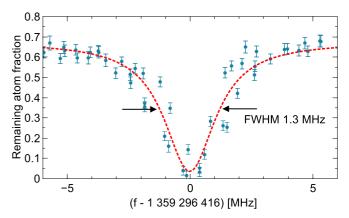


FIG. 2. Atom loss spectroscopy of the Rydberg line  $5s17s^3S_1$ . The blue circles is the fraction of atom number measured by absorption imaging remaining after Rydberg excitation in the MOT. The red dashed line is a Lorentzian fit. The frequency axis is the relative UV laser frequency with the origin set at the fitted center frequency. The error bars are estimated by analyzing the noise on the area of the imaging pictures where no atom is present.

atoms before and after the Rydberg excitation. The imaging by a weak laser beam with an intensity of  $I \sim 10^{-4} I_{\rm sat}$  does not create an observable atom loss nor heating. The overall repetition rate for the detection of Rydberg atoms is 0.5 Hz. There is a finite loss of  $\sim 30\%$  occurring without Rydberg excitation due to the finite MOT storage time. We plot the rescaled atom number versus the total energy, as shown in Fig. 2, for each Rydberg line.

#### B. Determination of the energy levels

The total energy is deduced from the sum of the two photon energies, at 689 nm and 318–331 nm. The energy of the first photon corresponds to the literature value of the transition for the  $5s5p^3P_1$  state [29] plus a finite detuning of  $\Delta f_{\rm MOT} = -600$  kHz corresponding to the MOT laser detuning. This detuning is known on a 10 kHz level through absorption spectroscopy in a heat pipe.

As shown in Fig. 1(b), we determine the frequency of the Rydberg excitation beam by measuring the frequency  $f_{dye}^{\rm WLM}$  of the Rydberg excitation laser with a commercial wavelength meter (HighFinesse WSU-10). The wavelength meter has a specified accuracy of 10 MHz at three standard deviation for a range of  $\pm 200$  nm around the calibration wavelength. We calibrate the wavelength meter with the 689 nm laser, for which the corresponding strontium resonance frequency  $f_{689}^{\rm lit}$  is known to an accuracy of 10 kHz.

As an additional frequency calibration close to the respective Rydberg lines, part of the light of the dye laser is sent to a saturated absorption spectroscopy of iodine. As described in Appendix A we find a systematic frequency shift of  $\delta f_{\rm sys}^{\rm WLM} = 16.8$  MHz with a statistical error of  $\pm 9.4$  MHz (at  $1\,\sigma$ ) on the frequency reading. To determine the Rydberg state energy, we also include the Zeeman shift  $\delta f_{\rm ZS}^{\rm Ry}$  of the Rydberg states, which is series dependent and typically  $|\delta f_{\rm ZS}^{\rm Ry}| < 500\,{\rm kHz}$ .

To determine the center of the Rydberg lines, we fit the spectrum obtained by scanning the UV light frequency with a Lorentzian function, as exemplarily shown in Fig. 2. The

full-width half-maximum is typically 1 MHz and the fit error on the center determination from the fit is typically 10 kHz.

In the following, we estimate potential frequency shifts caused by external fields or Rydberg interactions. Due to the small Rabi frequencies involved in the experiments (below 500 kHz), ac Stark shifts are far below 1 MHz. As we do not control dc electric fields in our chamber, we have to base our estimation of the dc Stark shift on a priori assumptions of the order of magnitude of stray dc electric fields. Taking a value of 30 mV/cm, which seems to be realistic as an upper bound in our stainless steel vacuum chamber with no nonconducting surfaces close to the atomic cloud (a similar value was found in Ref. [7]), we calculate a dc Stark shift of 100 kHz for the  $5s50d^3D_1$  state, which has the highest polarizability of all measured states. The calculation uses the polarizabilities reported in Refs. [30,31]. In fact, in our analysis of the Rydberg state energies we do not find any systematic contribution which would scale as the polarizability ( $\propto n^{*7}$ ). In addition, we did not find any signatures of excitation lines related to 5snp<sup>3</sup>P Rydberg states, which would signal state mixing due to electric fields. This provides further evidence, that we can safely ignore a systematic shift due to electric fields. An upper bound for systematic frequency shifts due to interactions can be given by the excitation linewidth, i.e., the laser linewidth of 200 kHz or the Rabi frequency, which is also below 1 MHz. As a conclusion, all possible systematic shifts are at least an order of magnitude smaller than the frequency uncertainty from the wavelength meter reading as described above. Therefore, we assign a total uncertainty of 10 MHz to the absolute determination of the Rydberg state energies.

## III. RESULTS AND DISCUSSION

Unlike the singlet Rydberg series, which have been determined with a an accuracy of 30 MHz [11,32], the triplet series  ${}^3S_1$  and  ${}^3D_{1,2,3}$  have only been measured previously with an accuracy on the order of few gigahertz [17,19]. With our setup we have improved the accuracy on the transition frequencies to 10 MHz, i.e., two orders of magnitude, for the  ${}^3S_1$  and  ${}^3D_{1,2}$  triplet Rydberg series, which are accessible through dipole transitions. We have mapped out all transition energies from n=13 to n=50 for these series; they are plotted in Fig. 3(a). The measured values are given by the Tables II and III in Appendix B.

The energies can be described by the Rydberg-Ritz formula:

$$E_n = I_s - \frac{\tilde{R}}{[n - \delta(n)]^2},\tag{1}$$

where  $I_s$  is the first ionization threshold,  $\tilde{R}$  is the mass-corrected Rydberg constant for <sup>88</sup>Sr, n is the principal quantum number and  $\delta(n)$  is the quantum defect, which is specific to each Rydberg series.  $\tilde{R}$  is taken as 109 736.631 cm<sup>-1</sup> using the latest values of the fundamental constants<sup>1</sup> and of the

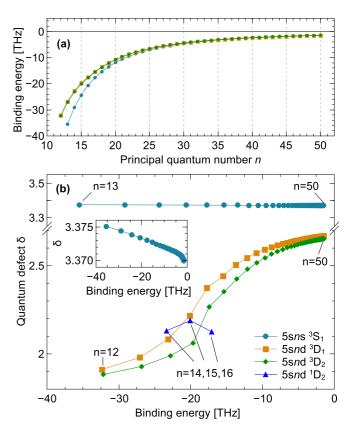


FIG. 3. Experimental states energies and quantum defects of the  $5sns^3S_1$  and  $5snd^3D_{1,2}$  Rydberg series. (a) Measured binding energies of the triplet Rydberg series. The exact values can be found in Tables II and III in Appendix B. (b) Quantum defects deduced from the Rydberg state energies by the Rydberg-Ritz formula versus its binding energy. The perturbation around n=15 creates a coupling between  $5snd^3D_2$  series with the singlet series  $5snd^3D_2$ . The solid lines are guides to the eye. The inset is a zoom on the  $5sns^3S_1$  Rydberg series, which exhibits a slight energy dependence. The error bars are much smaller than the symbols.

strontium mass [33,34]. An accurate prediction of  $\delta(n)$  using a model allows to reproduce and predict the Rydberg energies.

In Fig. 3(b) we show a plot of the experimental quantum defects versus the binding energy of the Rydberg states of the different series. It shows the energy dependence of the quantum defect and perturbations of the series, as described in detail in previous works [21,35]. Proper description of these energies would require MQDT [1,2], which is beyond the scope of this paper. We can however extract some qualitative features. For small binding energies, the energy levels converge to the ionization energy, as expected from Eq. (1).

In the case of the  ${}^{3}S_{1}$  series, the quantum defect is nearly independent of the binding energy, indicating a small influence of the ionic core polarizability. The small residual energy dependence is depicted by the inset in Fig. 3(b), which was not resolved in previous work [35]. The  ${}^{3}D_{1}$  series is strongly perturbed near n=15, that is attributed to a coupling to the  ${}^{3}D_{3}$  series [21]. These perturbations for two-electron Rydberg atoms are essentially due to admixtures of doubly excited states, which shift the position of the Rydberg level. The  ${}^{3}D_{2}$  series also exhibits a similar perturbation around n=15. The

<sup>&</sup>lt;sup>1</sup>In all the previous literature, the value of the Rydberg constant was taken as 109 736.627 cm<sup>-1</sup>, calculated in Ref. [32], which uses older values of the fundamental constants.

TABLE I. Fitted quantum defects parameters  $\delta_k$  (k = 0, 2, 4) and the ionization limit  $I_S$  according to Eqs. (1) and (2). The fitted range has been optimized to minimize the residual at high n, even though the series cannot be described fully by the Rydberg-Ritz formula. The uncertainties are obtained from the fit and are larger than the precision needed to reproduce the experimental data on a MHz level.

| Series                    | $\delta_0$                   | $\delta_2$              | $\delta_4$   | I <sub>S</sub> (MHz)                  | Fitted range  |
|---------------------------|------------------------------|-------------------------|--|---------------------------------------|---|
| $5sns^3S_1$               | 3.370 778(4)                 | 0.418(1)                | -0.3(1)  | 1 377 012 720.6(7)                    | $15 \leqslant n \leqslant 50$                               |
| $5snd ^3D_1$ $5snd ^3D_2$ | 2.675 17(20)<br>2.661 42(30) | -13.15(26) $-16.77(38)$ | $-4.444(91) \times 10^3$ $-6.656(134) \times 10^3$ | 1 377 012 718(8)<br>1 377 012 718(12) | $28 \leqslant n \leqslant 50$ $28 \leqslant n \leqslant 50$ |

behavior was explained by a six-channel MQDT [21], which includes a coupling to the  ${}^{1}D_{2}$  series through a doubly excited state. Through the admixture, the transition from the  $5s5p\,{}^{3}P_{1}$  to the  ${}^{1}D_{2}$  series becomes dipole allowed. As a consequence, we can observe three states of this series for n=14,15,16. We assign the lines according to Refs. [11,19], even though they are not pure states due to the strong mixing described in Ref. [21].

For practical purposes, we perform an analysis far away from the perturbation of the Rydberg series and describe the quantum defect using the extended Rydberg-Ritz formula:

$$\delta(n) = \delta_0 + \frac{\delta_2}{(n - \delta_0)^2} + \frac{\delta_4}{(n - \delta_0)^4} + \dots$$
 (2)

with  $\delta_i$  ( $i=0,2,4,\ldots$ ) parameters that have to be extracted from a fit to the experimental data. We perform such a fit of Eq. (1) combined with Eq. (2), with  $\delta_i$  and the ionization limit  $I_s$  as free parameters. We choose the fitting range such that the standard error on the fitted parameters is minimized. The fit results are shown in Table I, and the residuals of the fits are depicted in Fig. 4 for the series  ${}^3S_1$ ,  ${}^3D_1$ , and  ${}^3D_2$ . All three series can be well reproduced within the selected fitting range by including up to  $\delta_4$ . Higher orders do not improve the quality of the fit. Our findings represent a one to three order of magnitude improvement on the evaluation of the first term of the quantum defect  $\delta_0$ , as compared to Ref. [20]. The

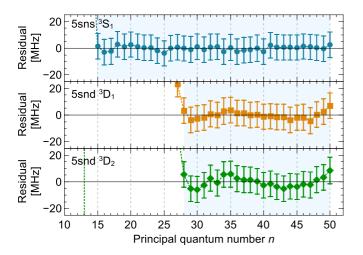


FIG. 4. Residuals of a fit of the experimental data for the 5sns  $^3S_1$  and 5snd  $^3D_{1,2}$  Rydberg series, respectively, with the extended Rydberg-Ritz formula. The results of the fits are given in Table I. The shaded background is the fitting range which has been optimized to minimize the error on the fitting parameters.

improved coefficients can be used to extrapolate the Rydberg state energies at higher n. However, at lower principal quantum number, there are significant deviations due to Rydberg series perturbations and would require a MQDT model for an accurate description.

The ionization limit is determined from independent fits of the three Rydberg series (see Table I). All three values agree with each other within the error bar. We calculate a mean value weighted by the inverse of the square of the errors. The error on the ionization limit is taken as the uncertainty on the experimental data. The ionization limit for strontium <sup>88</sup>Sr is thus 1 377 012 721(10) MHz. This value is 62 MHz higher than the value from Ref. [11]. The discrepancy can be explained by the lower *n* range used in the original work to extract the ionization limit, which is subject to Rydberg series perturbation.

## IV. CONCLUSION

We have measured the total energy of the strontium Rydberg states for the  ${}^{3}S_{1}$ ,  ${}^{3}D_{1}$ , and  ${}^{3}D_{2}$  Rydberg series over the range of n = 13 to n = 50 by depletion spectroscopy in a magnetooptical trap operated on the narrow intercombination line, yielding spectral lines with a linewidth around 1 MHz. Using the precision of a high-precision wavelength meter combined with the absolute accuracy of an iodine absorption spectroscopy, we have achieved a 10 MHz accuracy on the determination of the Rydberg energy levels and of the ionization limit. The improvement of the accuracy on these energies, in particular in the strongly perturbed region of the spectra, will be useful for improved theoretical predictions of the energy level positions [21] and of the Rydberg-Rydberg interactions [20], which can be in turn used to predict more accurately more complex effects such as Rydberg dressing [8]. The existence of a considerable mixing between the  ${}^{3}D_{2}$ and  ${}^{1}D_{2}$  Rydberg series around n = 15 has been confirmed through the direct observation of singlet states, which might offer interesting perspectives for optical multiwave mixing via Rydberg singlet-triplet coupling.

To further improve on the energy determination, one would need major improvements on the experimental setup. So far, the determination of the energy levels is mainly limited by the absolute accuracy of the standard wavelength meter combined with a simple iodine spectroscopy, but could be greatly reduce by the use of a frequency comb [36]. At this level, one would need a trap-free measurement with an accurate electric and magnetic field control by having electrodes and additional coils, that would result in even narrower Rydberg lines.

*Note added.* Recently, the group of F. B. Dunning and T.C. Killian has presented data and analysis on the spectroscopy

of triplet Rydberg series of <sup>87</sup>Sr at high principal quantum numbers [37]. They make use of previously published data for <sup>88</sup>Sr to evaluate the hyperfine splitting of <sup>87</sup>Sr Rydberg states and use <sup>87</sup>Sr energy measurements to improve quantum defect predictions for <sup>88</sup>Sr. From an estimation of the first ionization limit, they conclude that the previous value of the first ionization published in Ref. [11] has to be shifted to higher energy, in agreement with our findings.

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## APPENDIX A: WAVELENGTH METER CALIBRATION BY IODINE SPECTROSCOPY

To have a reliable estimate of the uncertainty of the frequency measurement by the wavelength meter, we employ Doppler-free spectroscopy of iodine, which has a well-known spectrum [38]. The Doppler-free hyperfine lines have a finite width and partially overlap with each other, as shown by two typical spectra depicted in Fig. 5. For a more accurate frequency determination, we chose groups of hyperfine lines with a comparatively small width.

To determine the frequency, we simulate the spectrum  $S_{I_2,\text{sim}}(f)$  with the software IODINESPEC [39,40], which provides an absolute accuracy about  $\pm 1.5$  MHz (at  $1\,\sigma$ ). We adjust the entire spectrum by fitting the parameters a and  $\delta_f$  such that the experimental data overlap with  $S_{I_2,\text{adj}}(f) = a \times S_{I_2,\text{sim}}(f+\delta_f)$ , as plotted in Figs. 5(a) and 5(b) with a red solid line.

We choose iodine lines close to Rydberg resonances. We thus obtain 91 absolute frequencies whose position in frequency follows the Rydberg spectrum. Figure 6 shows the deviation of the iodine line position of the spectra, for which the frequency is acquired by the wavelength meter, with the value from the IODINESPEC software. As there is no obvious trend in this shift as a function of the transition frequency, we estimate the shift by the statistical mean of all measurements weighted by their respective error bar. We find a mean value of  $\delta_f$  of +8.4 MHz with a standard deviation of 4.7 MHz, which have to be multiplied by two for the UV frequency after frequency doubling. The standard deviation is used as a statistical error of the wavelength meter reading, even though the distribution is not Gaussian. Following the statistical analysis, 85% of the data points fall into one standard deviation, which indicates that the standard deviation might actually overestimate the real error.

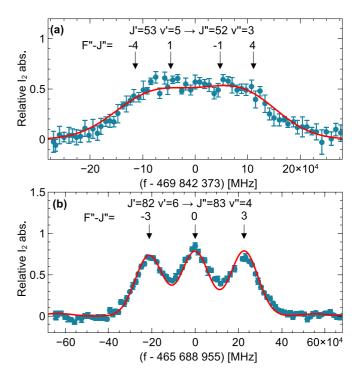


FIG. 5. Iodine Doppler-free spectrum. (a) and (b) Two examples of Doppler-free saturation spectroscopy of iodine lines near 638 nm and 644 nm. The y axis is the relative absorption through the iodine cell. The blue circles are the experimental data. The red solid line is spectrum generated by computer software [39], rescaled and adjusted to the data by a fit, see text for details. The black arrows are the positions of the hyperfine lines as predicted by the theory. J' and J'' are the lower and upper rotational quantum number.  $\nu'$  and  $\nu''$  are the lower and upper vibrational quantum number and F is the quantum number of the total momentum of the upper level.

The statistical uncertainty includes three sources of error: (i) the fitting error of the calculated spectrum to the data; (ii) the statistical uncertainties of the spectrum predicted by the calculation; (iii) the statistical error of wavelength

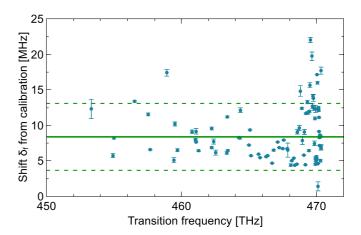


FIG. 6. Frequency shift  $\delta_f$  of the iodine spectra from the value computed by the IODINESPEC software [40] for different  $I_2$  lines at different frequencies. Each shift  $\delta_f$  is extracted from a fit with the experimental data, as described in the text. The green solid line corresponds to the weighted mean shift. The dashed green lines corresponds to  $\pm 1$  standard deviation from the weighted mean.

TABLE II. Experimental value of the Rydberg state energies for the  $5sns^3S_1$  series. Listed here are the principal quantum number n, the Rydberg series and the experimental Rydberg state energy  $E_{\rm exp}$  expressed in MHz. The uncertainty on these value is 10 MHz, see in the text.

| n  | Series        | $E_{\rm exp}$ (MHz) | n  | Series        | $E_{\rm exp}~({ m MHz})$ |
|----|---------------|---------------------|----|---------------|--------------------------|
| 13 | ${}^{3}S_{1}$ | 1 341 500 517       | 32 | $^{3}S_{1}$   | 1 372 998 803            |
| 14 | ${}^{3}S_{1}$ | 1 347 874 127       | 33 | ${}^{3}S_{1}$ | 1 373 265 188            |
| 15 | ${}^{3}S_{1}$ | 1 352 673 833       | 34 | ${}^{3}S_{1}$ | 1 373 505 903            |
| 16 | ${}^{3}S_{1}$ | 1 356 377 995       | 35 | ${}^{3}S_{1}$ | 1 373 724 155            |
| 17 | ${}^{3}S_{1}$ | 1 359 296 416       | 36 | ${}^{3}S_{1}$ | 1 373 922 642            |
| 18 | ${}^{3}S_{1}$ | 1 361 636 650       | 37 | ${}^{3}S_{1}$ | 1 374 103 691            |
| 19 | ${}^{3}S_{1}$ | 1 363 541 952       | 38 | ${}^{3}S_{1}$ | 1 374 269 280            |
| 20 | ${}^{3}S_{1}$ | 1 365 113 813       | 39 | ${}^{3}S_{1}$ | 1 374 421 124            |
| 21 | ${}^{3}S_{1}$ | 1 366 425 741       | 40 | ${}^{3}S_{1}$ | 1 374 560 698            |
| 22 | ${}^{3}S_{1}$ | 1 367 532 054       | 41 | ${}^{3}S_{1}$ | 1 374 689 300            |
| 23 | ${}^{3}S_{1}$ | 1 368 473 584       | 42 | ${}^{3}S_{1}$ | 1 374 808 037            |
| 24 | ${}^{3}S_{1}$ | 1 369 281 502       | 43 | ${}^{3}S_{1}$ | 1374917901               |
| 25 | ${}^{3}S_{1}$ | 1 369 979 949       | 44 | ${}^{3}S_{1}$ | 1 375 019 753            |
| 26 | ${}^{3}S_{1}$ | 1 370 587 852       | 45 | ${}^{3}S_{1}$ | 1 375 114 353            |
| 27 | ${}^{3}S_{1}$ | 1 371 120 204       | 46 | ${}^{3}S_{1}$ | 1 375 202 375            |
| 28 | ${}^{3}S_{1}$ | 1 371 589 028       | 47 | ${}^{3}S_{1}$ | 1 375 284 413            |
| 29 | ${}^{3}S_{1}$ | 1 372 004 044       | 48 | ${}^{3}S_{1}$ | 1 375 360 997            |
| 30 | ${}^{3}S_{1}$ | 1 372 373 187       | 49 | ${}^{3}S_{1}$ | 1 375 432 602            |
| 31 | ${}^{3}S_{1}$ | 1 372 702 970       | 50 | ${}^{3}S_{1}$ | 1 375 499 653            |

measurement itself, which includes a possible long-term drift of the wavelength meter as the lines have been measured over a ten-day period. The first source of error is the largest as our experimental data for the iodine spectrum have large error bars due to the electronic noise and distortion of the absorption signals, which affects the fitting procedure. The second source of uncertainty is expected to be around 1.5 MHz, that is, the statistical error of the original data used by the software. As for the last source of error, from a previous work in Ref. [41], we have shown that this wavelength meter has a relative reading stability of 1.4 MHz at a 1  $\sigma$  level over ten hours (taking the frequency doubling into account). All three sources of error contribute to the statistical error that we provide as the error bar of the wavelength meter.

# APPENDIX B: EXPERIMENTAL ENERGIES OF THE RYDBERG STATES

The experimental energies of the Rydberg states for the  $5sns^3S_1$  and  $5snd^3D_{1,2}$  Rydberg series are presented in Tables II and III. The total energies are referenced to the ground state  $5s^2$   $^1S_0$  and corrected for the systematic frequency shifts as presented in the main text.

TABLE III. Experimental value of the Rydberg state energies for the 5snd  $^3D_{1,2}$  and 5snd  $^1D_2$  Rydberg series. Listed here are the principal quantum number n, the Rydberg series and the experimental Rydberg state energy  $E_{\rm exp}$  expressed in MHz. The uncertainty on these value is 10 MHz, see in the text.

| n  | Series        | $E_{\rm exp}~({ m MHz})$ | n  | Series          | $E_{\rm exp}$ (MHz) |
|----|---------------|--------------------------|----|-----------------|---------------------|
| 12 | $^{3}D_{1}$   | 1 344 688 300            | 31 | $^{3}D_{1}$     | 1 372 918 946       |
| 12 | $^{3}D_{2}$   | 1344870880               | 31 | $^{3}D_{2}$     | 1 372 925 192       |
| 13 | $^{3}D_{1}$   | 1 349 925 421            | 32 | ${}^{3}D_{1}$   | 1 373 192 657       |
| 13 | $^{3}D_{2}$   | 1 350 174 107            | 32 | $^{3}D_{2}$     | 1 373 198 097       |
| 14 | $^1\!D_2$     | 1 353 661 576            | 33 | ${}^{3}\!D_{1}$ | 1 373 439 862       |
| 14 | ${}^{3}D_{1}$ | 1 353 850 897            | 33 | $^{3}D_{2}$     | 1 373 444 629       |
| 14 | $^{3}D_{2}$   | 1 354 207 372            | 34 | ${}^{3}\!D_{1}$ | 1 373 663 874       |
| 15 | $^{3}D_{1}$   | 1 356 887 051            | 34 | $^{3}D_{2}$     | 1 373 668 084       |
| 15 | $^{1}D_{2}$   | 1 356 969 526            | 35 | $^{3}D_{1}$     | 1 373 867 493       |
| 15 | $^{3}D_{2}$   | 1 357 360 134            | 35 | $^{3}D_{2}$     | 1 373 871 228       |
| 16 | $^{3}D_{1}$   | 1 359 296 415            | 36 | $^{3}D_{1}$     | 1 374 053 114       |
| 16 | $^{3}D_{2}$   | 1 359 574 504            | 36 | $^{3}D_{2}$     | 1 374 056 446       |
| 16 | $^{1}D_{2}$   | 1 359 922 783            | 37 | $^{3}D_{1}$     | 1 374 222 798       |
| 17 | $^{3}D_{1}$   | 1 361 493 566            | 37 | $^{3}D_{2}$     | 1 374 225 784       |
| 17 | $^{3}D_{2}$   | 1 361 682 770            | 38 | ${}^{3}\!D_{1}$ | 1 374 378 312       |
| 18 | ${}^{3}D_{1}$ | 1 363 313 169            | 38 | $^{3}D_{2}$     | 1 374 381 002       |
| 18 | $^{3}D_{2}$   | 1 363 452 486            | 39 | $^{3}D_{1}$     | 1 374 521 191       |
| 19 | $^{3}D_{1}$   | 1 364 863 538            | 39 | $^{3}D_{2}$     | 1 374 523 622       |
| 19 | $^{3}D_{2}$   | 1 364 960 612            | 40 | $^{3}D_{1}$     | 1 374 652 762       |
| 20 | $^{3}D_{1}$   | 1 366 181 658            | 40 | $^{3}D_{2}$     | 1 374 654 968       |
| 20 | $^{3}D_{2}$   | 1 366 249 880            | 41 | $^{3}D_{1}$     | 1 374 774 191       |
| 21 | $^{3}D_{1}$   | 1 367 305 009            | 41 | $^{3}D_{2}$     | 1 374 776 201       |
| 21 | $^{3}D_{2}$   | 1 367 354 291            | 42 | $^{3}D_{1}$     | 1 374 886 489       |
| 22 | $^{3}D_{1}$   | 1 368 266 930            | 42 | $^{3}D_{2}$     | 1 374 888 324       |
| 22 | $^{3}D_{2}$   | 1 368 303 621            | 43 | $^{3}D_{1}$     | 1 374 990 551       |
| 23 | $^{3}D_{1}$   | 1 369 095 323            | 43 | $^{3}D_{2}$     | 1 374 992 230       |
| 23 | $^{3}D_{2}$   | 1 369 123 407            | 44 | $^{3}D_{1}$     | 1 375 087 158       |
| 24 | $^{3}D_{1}$   | 1 369 812 958            | 44 | $^{3}D_{2}$     | 1 375 088 706       |
| 24 | $^{3}D_{2}$   | 1 369 834 979            | 45 | $^{3}D_{1}$     | 1 375 177 012       |
| 25 | $^{3}D_{1}$   | 1 370 438 257            | 45 | $^{3}D_{2}$     | 1 375 178 436       |
| 25 | $^{3}D_{2}$   | 1 370 455 884            | 46 | $^{3}D_{1}$     | 1 375 260 722       |
| 26 | $^{3}D_{1}$   | 1 370 986 135            | 46 | $^{3}D_{2}$     | 1 375 262 039       |
| 26 | $^{3}D_{2}$   | 1 371 000 499            | 47 | $^{3}D_{1}$     | 1 375 338 834       |
| 27 | $^{3}D_{1}$   | 1 371 468 700            | 47 | $^{3}D_{2}$     | 1 375 340 055       |
| 27 | $^{3}D_{2}$   | 1 371 480 583            | 48 | $^{3}D_{1}$     | 1 375 411 845       |
| 28 | $^{3}D_{1}$   | 1 371 895 834            | 48 | $^{3}D_{2}$     | 1 375 412 978       |
| 28 | $^{3}D_{2}$   | 1 371 905 792            | 49 | $^{3}D_{1}$     | 1 375 480 182       |
| 29 | $^{3}D_{1}$   | 1 372 275 642            | 49 | $^{3}D_{2}$     | 1 375 481 234       |
| 29 | $^{3}D_{2}$   | 1372284085               | 50 | $^{3}D_{1}$     | 1 375 544 238       |
| 30 | $^{3}D_{1}$   | 1372614826               | 50 | $^{3}D_{2}$     | 1 375 545 219       |
| 30 | $^{3}D_{2}$   | 1 372 622 055            |    |                 |                     |

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