Reduced theoretical error for ⁴ He⁺ spectroscopy

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(Received 19 September 2017; revised manuscript received 17 September 2018; published 19 November 2018)

We apply point-particle effective field theory to electronic and muonic ⁴He⁺ ions, and use it to identify linear combinations of spectroscopic measurements for which the theoretical uncertainties are much smaller than for any particular energy levels. The error is reduced because these combinations are independent of all short-range physics effects up to a given order in the expansion in the small parameters R/a_B and $Z\alpha$ (where *R* and a_B are the ion's nuclear and Bohr radii). In particular, the theory error is not limited by the precision with which nuclear matrix elements can be computed, or compromised, by the existence of any novel short-range interactions, should these exist. These combinations of ⁴He measurements therefore provide particularly precise tests of quantum electrodynamics. The restriction to ⁴ He arises because our analysis assumes a spherically symmetric nucleus, but the argument used is more general and extendable to both nuclei with spin, and to higher orders in R/a_B and *Zα*.

DOI: [10.1103/PhysRevA.98.052510](https://doi.org/10.1103/PhysRevA.98.052510)

I. INTRODUCTION

Atomic systems have historically been an important testing ground for quantum electrodynamics (QED), even providing one of the very first observations of a relativistic quantum effect with the Lamb shift [\[1\]](#page-16-0). Muonic atoms have further proved an excellent means of honing our understanding of QED by contrasting with electronic measurements. For muonic atoms, the leading QED radiative correction is due to electron-loop vacuum polarization [\[2\]](#page-16-0) in contrast to the electron's leading self-energy correction, and finite-size effects are enhanced by a factor $(m_{\mu}/m_e)^3 \sim 8 \times 10^6$. Indeed, experiments in the 1970's found a discrepancy between theoretical and measured values for certain transitions in heavy muonic atoms [\[3,4\]](#page-16-0). This motivated much research, and after a few years improvements in the theory [\[5–8\]](#page-16-0) and in experiments [\[9,10\]](#page-16-0) resolved the discrepancy and improved our understanding of QED [\[11\]](#page-16-0). Today, a very similar situation can be found in the "proton-radius" problem [\[12\]](#page-16-0), wherein the root-mean-squared charge radius inferred from the leading nuclear contributions to atomic energy shifts in hydrogen and muonic hydrogen appears to depend on the flavor of the orbiting lepton.

Recent laser spectroscopy of muonic atoms [\[13\]](#page-16-0) has opened the door to new high-precision tests of QED, constituting tests of the theory at the two- and three-loop levels [\[14\]](#page-17-0). However, the small size of these higher-order QED corrections to atomic levels makes them compete with more mundane energy shifts, such as those due to the finite size of the nucleus. Consequently, uncertainties in computing nuclear contributions to atomic energy shifts are important components of the theoretical error budget when comparing with experiments. These theoretical uncertainties are made even worse if there should also be new short-range interactions between the nucleus and muon, such as have been motivated [\[15\]](#page-17-0) by the proton-radius problem. Until it is understood whether this problem is solved by a better understanding of the experimental errors or through the existence of new physics, this discrepancy must be treated as an unknown unknown when assessing the theory error.

A better understanding of the nature of short-distance nucleus-lepton interactions is therefore an important prerequisite for exploiting the precision of spectroscopic measurements, both for the extraction of the best value of the Rydberg and to test QED. This is where effective field theory (EFT) in general [\[16,17\]](#page-17-0), and the point-particle effective field theory (PPEFT) framework in particular, can help [\[18–20\]](#page-17-0). EFTs allow one to write a small set of effective interactions that capture the effects of *all*short-distance contributions to atomic energy levels (including both nuclear-scale physics and any hypothetical new short-range forces), order by order in powers of the relevant small size *R* of the physics in question. For nuclear physics *R* would be of order the nuclear radius, while for a new short-range force it would instead be the force's range. The existence of these effective interactions allows a robust parametrization of the contributions of short-distance physics to atomic energy levels, without having to understand the details of its microscopic origin.

Of course, knowing the underlying microscopic physics in question (such as the structure of the relevant nucleus), it becomes possible to compute the size of these effective interactions from first principles. In this language, the uncertainties in nuclear-structure calculations enter into predictions through any inaccuracy in the values so inferred for the effective interactions. One of the points of this paper is to show how

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to relate such calculations to the effective couplings of the PPEFT framework in particular.

We also take an entirely different tack. Instead of trying to reduce the inaccuracy of these effective couplings through more precise nuclear calculations, in this paper we also use the generality of the EFT parametrization to identify combinations of spectroscopic measurements from which all of the relevant short-distance effective couplings drop out to a fixed order in the expansion in $R/a_B = m\epsilon Z\alpha$ and $Z\alpha$ (where *m* is the mass of the orbiting particle, Z is the nuclear charge, α is the fine-structure constant, and a_B is the relevant Bohr radius). These combinations are particularly interesting because the absence of short-distance contributions to them means that the theoretical error for these observables is controlled by powers of R/a_B or $Z\alpha$ rather than by the larger uncertainties arising from (say) nuclear physics. A similar approach has been used to cancel dependence on nuclear effects for the hyperfine splitting in hydrogen [\[21\]](#page-17-0) (as well as to highlight nuclear isotope dependence, among other reasons [\[13](#page-16-0)[,22\]](#page-17-0)), however our approach has the advantage of being systematic, and can be applied in principle to any spinning or spinless nucleus. We can also extend our results to higher orders, as we illustrate by identifying nuclear-free combinations to higher order in *Zα* than has been done previously.

The key observation of this work is that the short-distance PPEFT couplings only enter into spectroscopic measurements through a single (mass-dependent) length scale $\epsilon_{\star e,\mu}$ (where the e and μ are used to distinguish between the scale that applies to electrons versus muons). As a result, a single spectroscopic measurement for each fermion-type suffices to predict the finite-size contribution to all other energy shifts. Working to order $m^4R^3(Z\alpha)^5 \approx 10^{-2}$ eV $\approx 10^3$ GHz for muonic atoms (as is relevant for the newest generation of muonic helium experiments [\[12\]](#page-16-0)), we use this approach to predict

$$
\widehat{\Delta E}_{nS_{1/2}\neg P_{1/2}} = \frac{8\big[2 + \alpha \big(\eta_{n0}^{(\mu)} - \eta_{n1}^{(\mu)}\big)\big]}{n^3\big[2 + \alpha \big(\eta_{20}^{(\mu)} - \eta_{21}^{(\mu)}\big)\big]}\widehat{\Delta E}_{2S_{1/2}\neg P_{1/2}} \quad (1)
$$

and

$$
\Delta E_{n_1 S_{1/2} \cdot n_2 S_{1/2}} = 2 \widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}} \left(\frac{2 + \alpha \eta_{n_1 0}^{(\mu)}}{n_1^2} - \frac{2 + \alpha \eta_{n_2 0}^{(\mu)}}{n_2^2} \right), \quad (2)
$$

where

$$
\widehat{\Delta E}_{1 \to 2} := \Delta E_{1 \to 2} - \Delta E_{1 \to 2}^{\text{EM}} = \Delta E_{1 \to 2}^{\text{PP}} + \Delta E_{1 \to 2}^{\text{PP QED}} \tag{3}
$$

is the difference between the total $n_1 X_{i1} - n_2 Y_{i2}$ transition $(\Delta E_{1\rightarrow 2})$ and the purely pointlike contributions to the same difference $(\Delta E_{1\rightarrow 2}^{EM})$. [Equivalently, this is the difference between the finite-size correction to the $n_1 X_{i1}$ and $n_2 Y_{i2}$ states $(\Delta E_{1\rightarrow 2}^{PP})$, plus the difference between the combined finitesize-QED corrections to the same states $(\Delta E_{1\rightarrow 2}^{\text{PPQED}})$]. Here, $\eta_{n\ell}$ are computable *n*- and ℓ -dependent coefficients associated with the combined finite-size-QED contributions given explicitly for electrons in [\(64\)](#page-11-0) below.

For electrons, we also work to order $m^4 R^3 (Z\alpha)^5$, but now this is closer to 10^{-12} eV $\approx 10^{0}$ kHz, and so we must also include terms of order $m^3 R^2 (Z\alpha)^6 \approx 10^{-11}$ eV ≈ 10 kHz since

the smaller electron mass makes those scales comparable. In this case, we predict for the same transitions

$$
\Delta E_{nS_{1/2}\neg nP_{1/2}} = \frac{8}{n^3} \widehat{\Delta E}_{2s_{1/2}\neg 2p_{1/2}} \left\{ 1 + (Z\alpha)^2 \left[N(n) - \frac{n^2 - 1}{4n^2} \right] \right\} \tag{4}
$$

and

$$
\Delta E_{n_1 S \cdot n_2 S} = \widehat{\Delta E}_{2 S_{1/2} \cdot 2 P_{1/2}} \left\{ \frac{1}{n_1^3} - \frac{1}{n_2^3} + (Z\alpha)^2 \left[\frac{N(n_1)}{n_1^3} - \frac{N(n_2)}{n_2^3} \right] \right\},\tag{5}
$$

in which we define

$$
N(n) := \frac{12n^2 - n - 9}{4n^2(n+1)} - H_{n+1} + \frac{5}{4} + \frac{\eta_{n0}^{(e)}}{2Z}
$$

$$
-\frac{\eta_{20}^{(e)}}{2Z} - \ln\left(\frac{2}{n}\right).
$$
(6)

Moreover, even without solving for ϵ_{\star} explicitly, our knowledge of how this one parameter enters into energy shifts allows us to write linear combinations of measurements from which it cancels altogether, thus defining relations between energy shifts that are entirely free of nuclear physics. For muons, we identify

$$
\frac{n_1^2}{2 + \alpha \left(\eta_{n_1 0}^{(\mu)} - \eta_{n_2 1}^{(\mu)} \right)} \widehat{\Delta E}_{n_1 S_{1/2}, n_1 P_{3/2}} \n= \frac{n_2^2}{2 + \alpha \left(\eta_{n_2 0}^{(\mu)} - \eta_{n_2 1}^{(\mu)} \right)} \widehat{\Delta E}_{n_2 S_{1/2}, n_2 P_{3/2}},
$$
\n(7)

while for electrons,

$$
\frac{24n_1^5}{n_1^2 - 1} \Delta E_{n_1 P_{1/2} - n_1 P_{3/2}} \n= \frac{1}{F[n_1] - F[n_2]} (n_1^3 \Delta E_{n_1 S_{1/2} - n_1 P_{1/2}} - n_2^3 \Delta E_{n_2 S_{1/2} - n_2 P_{1/2}}),
$$
\n(8)

where

$$
F[n] := \frac{12n^2 - n - 9}{2n^2(n+1)} - \frac{n^2 - 1}{24n^2} + 2\ln n - 2H_{n+1} + \frac{\eta_{n0}^{(e)}}{Z}.
$$
\n(9)

We organize our presentation as follows. Section Π sets up the PPEFT framework required to draw the above conclusions, starting with a summary of the relevant near-nucleon boundary conditions and how these are related to the PPEFT effective description of the nucleus. This section also deals with various conceptual issues, such as deriving the appropriate renormalization-group- (RG-) invariant nuclear length scale ϵ_{\star} . Next, Sec. [III](#page-7-0) computes how this RG-invariant parameter captures various microscopic models for nuclei, including the moments of fixed charge distributions and nuclear polarizabilities. Once it is established how these contribute to atomic energy levels only through the one RG-invariant combination ϵ_{\star} , we identify combinations of atomic transition

frequencies from which this one nucleus-sensitive parameter cancels out. There are a great many such combinations, and each represents a quantity for which nuclear uncertainties are negligible at the level of present-day experimental measurements. Section [IV](#page-13-0) applies the formulas of the previous sections to the helium ion using the only available experimental data, the $2S_{1/2}$ - $2P_{1/2}$ transition. The result is a prediction for the 1*S*-2*S* transition of $v_{1S-2S} = 9.868561009(1) \times 10^9$ MHz, which is roughly four times less precise than predictions in the literature [\[23\]](#page-17-0). Our precision is, however, entirely dominated by the experimental error, and so can only improve with future experiments, while never relying on the inherently uncertain choice of a particular model of the nucleus. Finally, some conclusions are briefly summarized in Sec. [V.](#page-13-0)

II. PPEFT FOR SPINLESS NUCLEI

We present in this section a brief summary of EFT methods, as needed to discuss nuclear effects on the energy levels of electrons and muons orbiting spinless nuclei, such as 4He. EFTs are designed to exploit any hierarchies of scales in a problem to most efficiently compute a system's properties. As applied to atoms, EFTs such as nonrelativistic QED (NRQED) [\[16\]](#page-17-0) are usually used to exploit the hierarchy between the electron-muon mass and the much smaller size of typical bound-state energies. For PPEFT the hierarchy exploited is the large ratio between the small size *R* of the nucleus and the much larger size a_B of the atomic Bohr radius. The expansion of observables in powers of R/a_B reveals them not to depend on most of the nuclear details, but only on a set of "generalized multipole moments," similar to the way that ordinary multipole moments control the expansion of the electrostatic field of a compact charge distribution.

A. PPEFT including subleading order

This section reviews how to set up and solve for atomic energies within the PPEFT framework.

1. Bulk system

Before describing the nuclear degrees of freedom, we start by defining the long-distance, "bulk," fields whose properties the nucleus perturbs. We take the bulk system to be defined by QED, describing the renormalizable coupling of charge −*e* fermions to photons,¹

$$
S_{\scriptscriptstyle B} = -\int d^4x \left[\overline{\Psi} (\not\!\!D + m)\Psi + \frac{1}{4} F_{\mu\nu} F^{\mu\nu} \right], \qquad (10)
$$

where $D \psi = \gamma^{\mu} D_{\mu}$ with γ^{μ} denoting the usual Dirac gamma matrices and $D_{\mu}\Psi = (\partial_{\mu} + ieA_{\mu})\Psi$, as appropriate for fermions of charge $-e$, while $F_{\mu\nu} = \partial_{\mu}A_{\nu} - \partial_{\nu}A_{\mu}$. It is often useful to zoom in on the nonrelativistic limit of this bulk physics by taking *m* to be much larger than the energies of interest, and NRQED is the natural field-theoretic language for doing so. For later purposes it suffices to notice that this

limit can be formally derived by performing a field redefinition that simplifies the large-*m* limit. This is done for electrons and muons by redefining $\Psi \to \exp[mt\gamma^0]\Xi$, and assuming Ξ to vary appreciably only over distances and times much larger than $1/m$. The point of this redefinition is to ensure S_B has a well-defined large-*m* limit since the term $m\overline{\Psi}\Psi = m\overline{\Xi}\Xi$ then precisely cancels the rest-mass part of the time derivative $\overline{\Psi}\gamma^{0}\partial_{t}\Psi = -m\overline{\Xi}\Xi + \cdots$, leaving interactions that can be expanded in powers of derivatives divided by *m*.

2. Nuclear properties

If proceeding in the spirit of NRQED, nuclear properties could be included into the theory by adding its field Φ , preferably already within a nonrelativistic framework that exploits expansions in inverse powers of the nuclear mass *M*.

Within PPEFT, however, nuclear properties are instead identified by writing the *first-quantized* action for the nucleus that includes all possible local interactions between its centerof-mass coordinate $y^{\mu}(\tau)$ and the "bulk" fields $A_{\mu}(x)$ and $\Psi(x)$, respectively describing the electromagnetic potential and the Dirac field of the orbiting particle. This first-quantized framework is completely equivalent to the second-quantized one restricted to single-particle states and is more convenient when working purely within the single-nucleus sector, such as when describing an atom, for which most of the bells and whistles of quantum field theory for the nucleus are overkill.

For a spherically symmetric nucleus such as helium (or other doubly magic nuclei) restricted to parity-preserving interactions, this leads to [\[20\]](#page-17-0)

$$
S_p = -\int_{\mathcal{W}} d\tau \left[M - Ze A_\mu \dot{y}^\mu + c_s \, \overline{\Psi} \, \Psi + ic_v \, \overline{\Psi} \, \gamma_\mu \Psi \, \dot{y}^\mu \right. \\
\left. + \tilde{h} \, \dot{y}^\mu \partial^\nu F_{\mu\nu} + id_s \, \dot{y}^\mu \overline{\Psi} \, D_\mu \Psi + d_v \, \dot{y}^\mu \dot{y}^\nu \overline{\Psi} \, \gamma_\mu D_\nu \Psi \right. \\
\left. + \frac{1}{2} (d_\varepsilon + d_\varepsilon) \dot{y}^\mu \dot{y}^\nu F_{\mu\lambda} F_\nu^\lambda + \frac{1}{4} d_\varepsilon F_{\mu\nu} F^{\mu\nu} + \cdots \right].\n\tag{11}
$$

Here, W denotes the world line $y^{\mu}(\tau)$ of the nuclear center of mass, along which τ is its proper time with derivative \dot{y}^{μ} := $dy^{\mu}/d\tau$, at which all bulk fields are evaluated; as above, $D_{\mu}\Psi = (\partial_{\mu} + ieA_{\mu})\Psi.$

The first line describes the physics of a point source with mass *M* and charge *Ze*. The couplings c_s , c_v , and \tilde{h} in the second line have dimensions of $[length]²$, and so are expected to be order R^2 in size, up to dimensionless $O(1)$ coefficients. Similarly the couplings d_s , d_v , d_E , and d_B have dimension [length]³ and should be order R^3 and so on, with the ellipses containing all terms suppressed by more than three powers of *R*.

Since our focus is on energy shifts due to finite nuclear size, for simplicity of presentation we neglect kinematic nuclear recoil effects since the suppression of these corrections by powers of m/M make their contributions to nuclear size effects smaller than the order to which we work. This amounts to assuming the nucleus to be at rest within the atomic rest frame: $\dot{y}^{\mu} = \delta_0^{\mu}$. Recoil corrections are, however, easily included within this framework by instead using (and quantizing) the full nuclear 4-velocity $\dot{y}^{\mu} = \gamma \{1, v\}$, where $\gamma = (1 - \mathbf{v}^2)^{-1/2}.$

¹Our metric has (– + + +) signature, so γ^0 is anti-Hermitian while the spatial γ^i are Hermitian.

With a static nucleus the above action becomes

$$
S_p = -\int_{\mathcal{W}} dt \left[M - Ze A_0 + c_s \overline{\Psi} \Psi + ic_v \overline{\Psi} \gamma_0 \Psi \right.- \tilde{h} \nabla \cdot \mathbf{E} + id_s \overline{\Psi} D_0 \Psi + d_v \overline{\Psi} \gamma_0 D_0 \Psi + \frac{1}{2} d_\varepsilon \mathbf{E}^2 + \frac{1}{2} d_\varepsilon \mathbf{B}^2 + \cdots \right].
$$
 (12)

In the absence of any Ψ terms, the four pure electromagnetic interactions would establish the particle to have electric charge *Ze*, charge radius r_p with $\tilde{h} = \frac{1}{6} Z e r_p^2$, and so on. The complete response of the atom to the nucleus, including nuclear polarizabilities [\[24\]](#page-17-0), also requires direct couplings to Ψ , however, we see below how to relate these couplings to other nuclear properties, such as the polarizabilities and order-*R*³ Friar moment contributions to the nuclear electrostatic form factor [\[25\]](#page-17-0).

Because our interest is in largely nonrelativistic applications for which kinematic effects arise as powers of 1*/m*, just as for the bulk it can be convenient to rescale $\Psi =$ $\exp\left[\frac{mt}{\gamma^0}\right]$. To remove the rapidly oscillating phase associated with the rest mass. Having a reasonable large-*m* limit after doing so requires the coefficients c_s and c_v to contain contributions proportional to *m* that cancel those terms in S_p involving time derivatives $\partial_t \Psi = m\gamma^0 \Psi + \cdots$, leading to

$$
c_s \overline{\Psi} \Psi + i c_v \overline{\Psi} \gamma_0 \Psi + id_s \overline{\Psi} D_0 \Psi + d_v \overline{\Psi} \gamma_0 D_0 \Psi
$$

= $(c_s - d_v m) \overline{\Xi} \Xi + i (c_v + d_s m) \overline{\Xi} \gamma_0 \Xi + \cdots,$ (13)

and so suggesting writing $c_s = d_v m + \tilde{c}_s$ and $c_v = -d_s m + \tilde{c}_s$ \tilde{c}_v , and so on. In what follows, we make these replacements but drop the "tilde" on c_s and c_v to avoid notational clutter. Once this is done, all time derivatives acting on Ψ in S_p can be treated as giving $\partial_t \Psi \to -i(\omega - m)\Psi$.

3. Electromagnetic response

The purely electromagnetic terms in (12) influence atomic energy levels through the change they introduce in the electromagnetic field sourced by the atomic nucleus. The naive way to compute the modified electric field represents the action (12) as a delta function, leading to the formal perturbative modification

$$
\mathbf{E} \simeq \mathbf{E}_c + \tilde{h} \,\nabla \delta^3(\mathbf{r}) + d_E \mathbf{E}_c \,\delta^3(\mathbf{r}),\tag{14}
$$

in which $\mathbf{E}_c = (Ze/4\pi r^2)\hat{\mathbf{r}}$ denotes the lowest-order (Coulomb) field, with $\hat{\mathbf{r}} = \mathbf{r}/r$ being the radial unit vector.

What makes the above expression naive is the divergence of \mathbf{E}_c at the support of the delta function. A more precise way to formulate this (for which the PPEFT formalism is designed [\[18–20\]](#page-17-0)) is to recast the influence of S_p on A_μ in terms of a boundary condition at a regularization surface at small but nonzero radius $r = \epsilon$. The couplings \hat{h} and d_{ϵ} are regarded as depending implicitly on ϵ in such a way as to ensure that physical quantities do not depend on the precise value chosen for ϵ .

What counts for energy shifts is the scalar potential implied by (14). Keeping the regularization in mind, the result is

$$
A_0(r) = -\frac{Ze}{4\pi r} + \tilde{h}\,\delta^{(3)}(\mathbf{r}) + \frac{d_E Ze}{(4\pi)^2 \epsilon^2} f_\epsilon(r),\tag{15}
$$

where the function $f_{\epsilon}(r)$ is any regularization consistent with $\nabla f_{\epsilon} = 4\pi \hat{\mathbf{r}} \, \delta^3(\mathbf{r})$ in the small- ϵ limit [such as $f_{\epsilon}(r) =$ $-\Theta(\epsilon - r)/\epsilon^2$ where $\Theta(x)$ is the Heaviside step function].

A similar story goes through for the magnetic field, for which the Maxwell equation gets modified by S_p to become

$$
\nabla \times \mathbf{B} = d_{\scriptscriptstyle{B}} \, \nabla \times [\mathbf{B} \, \delta^{(3)}(x)]. \tag{16}
$$

Because of the absence of nuclear spin (and so also magnetic moment) dictated by our spherical-symmetry assumption, nontrivial solutions to this arise only suppressed by powers of *v/c* ∼ *Zα* and so are negligible to the order we work. This allows the neglect of the vector potential **A** in the calculations described below, in particular ensuring the magnetic polarizability d_B contributes negligibly to atomic energies at the order we work.

To these must be added the corrections to the Dirac field due to the boundary-condition change it also experiences.

4. Fermion response

To study atomic helium in this framework, we examine QED involving the Dirac and electromagnetic quantum fields, subject to the boundary conditions implied [\[18–20\]](#page-17-0) by the presence of S_p . In this language, it is only through these boundary conditions, and the modification (15) , that the nucleus affects atomic energy levels. More and more detailed nuclear contributions correspond to adding more and more complicated interactions to S_p , in what amounts to a "generalized multipole expansion" of the nucleus.

In this framework, QED interactions are included perturbatively as usual, with bound-state energies obtained from the positions of poles of the two-point function $\langle 0|T\Psi(x)\overline{\Psi}(x')|0\rangle$. These are determined in part by computing the modes $\psi_n(x) = \langle 0 | \Psi(x) | n \rangle$ everywhere away from the nucleus. Perturbation theory is set up as usual, with the unperturbed system neglecting QED and nuclear corrections to A_0 , i.e., using for ψ_n solutions to the Dirac equation with a Coulomb potential:

$$
(\mathcal{D} + m)\psi = \left[-\gamma^0 \left(\omega + \frac{Z\alpha}{r} \right) + \vec{\gamma} \cdot \vec{\nabla} + m \right] \psi = 0,
$$
\n(17)

for energy eigenstates $\psi \propto e^{-i\omega t}$.

This has well-known solutions of definite parity and total angular momentum given by

$$
\psi^{\pm} = \begin{pmatrix} f_{\pm}(r) \, U_{j j_{\epsilon}}^{\pm}(\theta, \phi) + i g_{\pm}(r) \, U_{j j_{\epsilon}}^{\mp}(\theta, \phi) \\ f_{\pm}(r) \, U_{j j_{\epsilon}}^{\pm}(\theta, \phi) - i g_{\pm}(r) \, U_{j j_{\epsilon}}^{\mp}(\theta, \phi) \end{pmatrix}, \qquad (18)
$$

where ψ^+ and ψ^- denote parity eigenstates, U^{\pm}_{jjz} are the Dirac spinor harmonics with definite total angular momentum $j = \ell \pm \frac{1}{2}$, and the parity eigenvalue is $\hat{\Pi} U_{j j_z}^{\pm} =$ $(-)^{j\mp\frac{1}{2}}U^{\pm}_{jj_z}.$

To lowest order the functions $f_{\pm}(r)$ and $g_{\pm}(r)$ solve the radial part of the Dirac-Coulomb equation, and for a source with charge *Ze* have the form

$$
f_{\pm} = \sqrt{m + \omega} e^{-\rho/2} \rho^{\zeta - 1} \left\{ A_{\pm} \mathcal{M} \left[\zeta - \frac{Z \alpha \omega}{\kappa}, 2\zeta + 1; \rho \right] + C_{\pm} \rho^{-2\zeta} \mathcal{M} \left[-\zeta - \frac{Z \alpha \omega}{\kappa}, -2\zeta + 1; \rho \right] - A_{\pm} \left(\frac{\zeta - Z \alpha \omega/\kappa}{K - Z \alpha m/\kappa} \right) \mathcal{M} \left[\zeta - \frac{Z \alpha \omega}{\kappa} + 1, 2\zeta + 1; \rho \right] + C_{\pm} \left(\frac{\zeta + Z \alpha \omega/\kappa}{K - Z \alpha m/\kappa} \right) \rho^{-2\zeta} \mathcal{M} \left[-\zeta - \frac{Z \alpha \omega}{\kappa} + 1, -2\zeta + 1; \rho \right] \right\}
$$
(19)

and

$$
g_{\pm} = -\sqrt{m - \omega} e^{-\rho/2} \rho^{\zeta - 1} \Bigg\{ A_{\pm} M \Bigg[\zeta - \frac{Z \alpha \omega}{\kappa}, 2\zeta + 1; \rho \Bigg] + C_{\pm} \rho^{-2\zeta} M \Bigg[-\zeta - \frac{Z \alpha \omega}{\kappa}, -2\zeta + 1; \rho \Bigg] + A_{\pm} \Bigg(\frac{\zeta - Z \alpha \omega/\kappa}{K - Z \alpha m/\kappa} \Bigg) M \Bigg[\zeta - \frac{Z \alpha \omega}{\kappa} + 1, 2\zeta + 1; \rho \Bigg] - C_{\pm} \Bigg(\frac{\zeta + Z \alpha \omega/\kappa}{K - Z \alpha m/\kappa} \Bigg) \rho^{-2\zeta} M \Bigg[-\zeta - \frac{Z \alpha \omega}{\kappa} + 1, -2\zeta + 1; \rho \Bigg] \Bigg\},
$$
(20)

where A_{\pm} and C_{\pm} are integration constants, $\mathcal{M}[a, b; z] =$ $1 + (a/b)z + \cdots$ are the standard confluent hypergeometric functions, ω is the mode energy, while $\rho = 2\kappa r$ where κ and *ζ* are defined by

$$
\kappa = \sqrt{(m - \omega)(m + \omega)} \text{ and}
$$

$$
\zeta = \sqrt{\left(j + \frac{1}{2}\right)^2 - (Z\alpha)^2}.
$$
 (21)

In what follows, κ is real because we study atomic bound states which satisfy $m > \omega$. The parity of the state often enters through the parameter $K = \pm (j + \frac{1}{2})$ where the upper (lower) sign in *K* corresponds to state ψ^+ (or ψ^-).

In this language, the entire influence of nuclear-scale physics on the orbiting fermion arises through the boundary condition implied by the point-particle action (12) for the bulk fields Ψ and A_μ near the origin [\[18–20\]](#page-17-0). Nuclear contributions to QED corrections similarly enter through the boundary conditions satisfied by the propagators built from these modes in the relevant graphs.

5. Near-nucleus boundary conditions

The main result (explained in some detail for the Dirac equation in [\[20\]](#page-17-0)) governing how nuclear properties perturb atomic levels relates the parameters of S_p to the near-nucleus value of the ratios $(g_{+}/f_{+})_{r=\epsilon}$ and $(f_{-}/g_{-})_{r=\epsilon}$ of the radial modes evaluated at a small (but arbitrary) distance $r = \epsilon$ outside the nucleus: $R \leq \epsilon \ll a_B$ (with *R* the smallest radius where an external extrapolation is valid and a_B denoting the relevant atomic Bohr radius). The ratios *g*+*/f*⁺ and *f*−*/g*[−] at $r = \epsilon$ determine the physical integration constant that arises in the general solution to the radial equation, which in turn controls the dependence of atomic observables.²

It is convenient when stating the boundary conditions to write the ratios $(g_{\pm}/f_{\pm})_{r=\epsilon}$ in a way that makes manifest the small parameters in the problem: the two small quantities $\epsilon/a_B = m\epsilon Z\alpha$ and $(Z\alpha)^2$. This is most conveniently done by writing

$$
\left(\frac{g_+}{f_+}\right)_{r=\epsilon} = \xi_g Z \alpha \quad \text{and} \quad X \left(\frac{f_-}{g_-}\right)_{r=\epsilon} = \frac{\xi_f}{2n},\qquad(22)
$$

where $X := \sqrt{(m - \omega)/(m + \omega)}$ is included for later notational simplicity, while *n* is the state's principal quantum number and/or atomic energy levels $\omega = m - (Z\alpha)^2 m/(2n^2) +$ \cdots . The quantities ξ_f and ξ_g then have the expansions

$$
\xi_{g} := \hat{g}_{1}(\epsilon) + (m\epsilon Z\alpha)\hat{g}_{2}(\epsilon) + (Z\alpha)^{2}\hat{g}_{3}(\epsilon) + \cdots,
$$

\n
$$
\xi_{f} := (m\epsilon Z\alpha)\hat{f}_{1}(\epsilon) + (m\epsilon Z\alpha)^{2}\hat{f}_{2}(\epsilon) + (Z\alpha)^{2}\hat{f}_{3}(\epsilon) + \cdots,
$$
\n(23)

where the ellipses involve terms involving more powers of $(m\epsilon Z\alpha)$ and/or $(Z\alpha)^2$ than those written, and the dependence on *n* follows directly from the *ω* dependence of the radial Dirac equation. The dimensionless coefficients $\hat{g}_i(\epsilon)$ and $\hat{f}_i(\epsilon)$ are normalized in (22) so as to ensure that \hat{g}_1 are order unity in applications to atomic energy levels.

6. Energy shifts

Before determining how \hat{f}_i and \hat{g}_i depend on nuclear parameters, we briefly summarize how these quantities are related to shifts in atomic energy levels. As shown in detail in [\[20\]](#page-17-0), the ratio of integration constants A_{\pm}/C_{\pm} appearing in the solutions (19) and (20) can be determined if f_{\pm}/g_{\pm} is regarded as being specified at $r = \epsilon$. For bound states, imposing normalizability at infinity overdetermines the eigenvalue problem in the usual way, leading to standard predictions for the bound-state energy levels. Writing the shift in these energies relative to the standard Dirac energies (obtained when $C_{\pm} = 0$) due to the deviations in \hat{f}_i and \hat{g}_i [\[20\]](#page-17-0) as δE

²Notice that specifying f_{\pm}/g_{\pm} at $r = \epsilon$ generically implies the radial functions need not remain bounded at the origin, which is the traditional choice for boundary conditions there. But, this is not a fundamental worry because the growth of the radial solution eventually gets cut off once the interior of the nucleus is reached and the asymptotic solution of the Coulomb-Dirac equation no longer approximates the real physics.

gives the nucleus-dependent shift to the $j = \frac{1}{2}$ positive- and negative-parity energy levels as

$$
\delta E_{1/2}^{+} \simeq \frac{m^3 \epsilon^2 (Z\alpha)^4}{n^3} \Biggl\{ 2(1+2\hat{g}_1) + \Biggl[2\hat{g}_2 - \frac{8}{3} - 4\,\hat{g}_1(\hat{g}_1 + 2) \Biggr] (m\epsilon Z\alpha) + \Biggl[4\hat{g}_3 + 5 + 8\hat{g}_1 - 2\hat{g}_1^2 \Biggr] + (1+2\hat{g}_1) \Biggl\{ \frac{12n^2 - n - 9}{2n^2(n+1)} - 2\ln\left(\frac{2m\epsilon Z\alpha}{n}\right) - 2H_{n+1} - 2\gamma \Biggr] \Biggr] (Z\alpha)^2 + \cdots \Biggr\}
$$
(24)

for parity-even states and

$$
\delta E_{1/2}^- \simeq -\frac{(n^2 - 1)}{n^5} m^4 \epsilon^3 (Z\alpha)^5 \left(\hat{f}_1 - \frac{2}{3}\right) + \frac{n^2 - 1}{2n^5} m^3 \epsilon^2 (Z\alpha)^6 (1 - 2\hat{f}_3) + \cdots
$$
 (25)

for parity-odd states. In these expressions, the ellipses contain terms suppressed by higher powers of $(m \in Z\alpha)$ and $(Z\alpha)^2$. Here, γ is the Euler-Mascheroni constant and H_n are the harmonic numbers $H_m = 1 + \frac{1}{2} + \frac{1}{3} + \cdots + \frac{1}{m}$, and so $H_1 =$ 1, $H_2 = \frac{3}{2}$, $H_3 = \frac{11}{6}$, and so on.

We include in the above all contributions relevant to the current generation of experiments involving electrons and muons orbiting a 4 He nucleus. Recall that for muons, $(m\epsilon Z\alpha) \gg (Z\alpha)^2$ when ϵ is a typical nuclear size, but for electrons ($m \in Z\alpha$) $\simeq (Z\alpha)^2$. Consequently, for muonic atoms it suffices to keep terms of order $m^4 \epsilon^3 (Z\alpha)^5$ while dropping terms of size $m^3 \epsilon^2 (Z\alpha)^6$, but for electrons these terms must both be kept. This means the coefficients \hat{g}_1 , \hat{g}_2 , and \hat{f}_1 are in principle of interest for muonic He, while all of \hat{g}_1 , \hat{g}_2 , \hat{g}_3 , \hat{f}_1 , and \hat{f}_3 are relevant for electrons. It is for this reason that the contribution to δE^- from \hat{f}_2 is not written in (25). Similarly, the leading contributions for $j = \frac{3}{2}$ are the same size as terms neglected above, and so can be dropped in what follows.

Later sections evaluate these formulas using \hat{f}_i and \hat{g}_i as computed with several simple specific models of nuclei, and in this way we verify that they include the results of standard calculations in the literature. In particular, they contain the various moments encountered when doing so with the nucleus modeled as a static charge distribution, reducing to well-known formulas for finite-size corrections to the Dirac-Coulomb energies [\[2](#page-16-0)[,20,25–29\]](#page-17-0). However, as we see below, the real power of the above expressions (24) and (25) is in their generality since once computed in terms of the parameters in S_p they capture the effects of arbitrary short-distance physics localized at the nucleus.³

B. Matching and RG invariance

The influence of the nucleus on atomic levels (or on lowenergy lepton scattering) is completely determined by the near-nucleus boundary condition for the modes ψ at $r = \epsilon$, and so is ultimately parametrized by the dependence of the coefficients $\hat{g}_i(\epsilon)$ and $\hat{f}_i(\epsilon)$ on nuclear parameters. The mapping of nuclear physics to atomic physics is completely captured

by describing this dependence, and the point of the PPEFT formalism is to parametrize this dependence efficiently so as to exploit the hierarchy of scales $R \lesssim \epsilon \ll a_B$.

1. Connecting boundary conditions to Sp

The main consequence of S_p for atomic levels comes from the boundary condition it implies at $r = \epsilon$ for the radial functions $f_{\pm}(r)$ and $g_{\pm}(r)$. These are worked out at leading nontrivial order in [\[20\]](#page-17-0), and the result is extended to include the subdominant interactions of (12) in $[30]$. The boundary conditions that follow from these references are

$$
\hat{c}'_s + \hat{c}'_{v \text{tot}} - \frac{(Z\alpha)}{2n^2} (\hat{d}_s + \hat{d}_v)(m\epsilon Z\alpha)
$$

= $\left(\frac{g_+}{f_+}\right)_{r=\epsilon}$
= $Z\alpha[\hat{g}_1(\epsilon) + (m\epsilon Z\alpha)\hat{g}_2(\epsilon) + (Z\alpha)^2 \hat{g}_3(\epsilon) + \cdots]$ (26)

for the parity-even states and

$$
\hat{c}'_s - \hat{c}'_{v \text{tot}} - \frac{(Z\alpha)}{2n^2} (\hat{d}_s - \hat{d}_v)(m\epsilon Z\alpha)
$$

=
$$
\left(\frac{f_-}{g_-}\right)_{r=\epsilon}
$$

=
$$
\frac{1}{2nX} [(m\epsilon Z\alpha)\hat{f}_1(\epsilon) + (m\epsilon Z\alpha)^2 \hat{f}_2(\epsilon)
$$

+
$$
(Z\alpha)^2 \hat{f}_3(\epsilon) + \cdots]
$$
 (27)

for the parity-odd states. Here, the hatted quantities are $\hat{c}^{\prime}_{s,v}$ tot := $c^{\prime}_{s,v}$ tot/ $4\pi\epsilon^2$ while $\hat{d}_{s,v} := d_{s,v}/4\pi\epsilon^3$, and so are dimensionless. Primes denote the combinations

$$
c'_{s,v} := c_{s,v} - \frac{(Z\alpha)d_{s,v}}{\epsilon}.
$$
 (28)

Finally, the subscript "tot" represents the combination

$$
c_{v\text{tot}} := c_v - e\tilde{h} - \frac{d_E Z \alpha}{3\epsilon}.
$$
 (29)

The parameters c_v and $e\bar{h}$ naturally combine in this way since both of these effective interactions introduce a delta-function potential in the nonrelativistic Schrödinger limit [\[18,20\]](#page-17-0).

The final step is to solve the above boundary condition to relate the quantities \hat{f}_i and \hat{g}_i to the parameters c_s , c_v , d_s , d_v , \tilde{h} , and d_E . This allows a determination of which nuclear parameters govern which atomic energy shifts. Before doing so, we first show how to deal with the apparent arbitrariness associated with the ubiquitous ϵ dependence of the boundary conditions. Doing so allows an efficient identification of the physical quantities, and in particular allows a clean counting of the number of nuclear parameters that enter into energy shifts at any given order.

³The interactions of S_p specialize to rotational and parity invariance, but nothing in principle forbids extending these interactions to include nuclear spin and parity-violating interactions.

2. Renormalization-group running

Recall that the position $r = \epsilon$, where the boundary conditions (26) and (27) are imposed, is basically arbitrary, so long as it lies outside the nucleus and is much smaller than the atomic Bohr radius. This makes it odd that expressions like (24) and (25) for physical energy shifts appear to make them depend on ϵ . The purpose of this section is to show why this dependence is really an illusion because it is canceled by an ϵ dependence that is implicit in the effective couplings c_s , c_v , and so on. This section develops renormalization-group (RG) tools for determining this dependence explicitly, thereby allowing a determination of the physical RG-invariant content of the effective couplings.

To this end, it is important to realize that equations like (26) and (27) can be read in two ways. First, they can be read as giving the ϵ dependence required of the effective couplings in order to ensure that physical quantities remain ϵ independent. This is done by equating it to the ϵ dependence that is explicit on the right-hand side (through the evaluation of the bulk solution for f_{\pm}/g_{\pm}). The condition that physical quantities be independent of ϵ in this language corresponds to demanding that the ratio of integration constants A_{\pm}/C_{\pm} be ϵ independent (and so RG invariant as ϵ is varied).

Once this is done, the ϵ dependence on both sides of Eqs. [\(26\)](#page-5-0) and [\(27\)](#page-5-0) becomes identical, and then the second way to read these equations is to equate the RG-invariant

coefficients on both sides. This then gives the ratio of integration constants A_{\pm}/C_{\pm} in terms of RG-invariant parameters. But, because energy shifts can be computed from A_{\pm}/C_{\pm} , this also gives predictions for the energy shifts in terms of the RG-invariant characterizations of the coupling flow.

To start this off, we take the small-*r* asymptotic form of the solutions given in (19) and (20) and use these to evaluate *g*+*/f*⁺ and *f*−*/g*[−] on the right-hand sides of Eqs. [\(26\)](#page-5-0) and [\(27\)](#page-5-0). This leads to the following expressions:

$$
\hat{c}'_s + \hat{c}'_{v\text{tot}} - \frac{(Z\alpha)}{2n^2} (\hat{d}_s + \hat{d}_v)(m\epsilon Z\alpha) \n= -X \frac{\{(g_{02}^+ + g_{03}^+\rho) + (g_{12}^+ + g_{13}^+\rho)\frac{C_+}{A_+}\rho^{-2\xi}\}}{\{(f_{02}^+ + f_{03}^+\rho) + (f_{12}^+ + f_{13}^+\rho)\frac{C_+}{A_+}\rho^{-2\xi}\}} \tag{30}
$$

and

$$
\hat{c}'_s - \hat{c}'_{v \text{ tot}} - \frac{(Z\alpha)}{2n^2} (\hat{d}_s + \hat{d}_v)(m\epsilon Z\alpha)
$$
\n
$$
= -\frac{1}{X} \frac{\left\{ (f_{02}^- + f_{03}^- \rho) + (f_{12}^- + f_{13}^- \rho) \frac{C_-}{A_-} \rho^{-2\zeta} \right\}}{\left\{ (g_{02}^- + g_{03}^- \rho) + (g_{12}^- + g_{13}^- \rho) \frac{C_-}{A_-} \rho^{-2\zeta} \right\}}, \quad (31)
$$

where (as before) $X := \sqrt{(m - \omega)/(m + \omega)}$ while $\rho =$ $2\kappa \epsilon = 2m\epsilon \sqrt{1 - \omega^2/m^2} \simeq 2m\epsilon Z\alpha/n$. Finally, the coefficients are given by

$$
g_{02}^{+} := -\left(j + \frac{1}{2}\right) + \zeta - \frac{Z\alpha}{X}, \qquad g_{12}^{+} := -\left(j + \frac{1}{2}\right) - \zeta - \frac{Z\alpha}{X},
$$

$$
f_{02}^{+} := -\left(j + \frac{1}{2}\right) - \zeta - Z\alpha X, \qquad f_{12}^{+} := -\left(j + \frac{1}{2}\right) + \zeta - Z\alpha X,
$$
 (32)

and

$$
f_{02}^- := \left(j + \frac{1}{2}\right) - \zeta - Z\alpha X, \quad f_{12}^- := \left(j + \frac{1}{2}\right) + \zeta - Z\alpha X,
$$

$$
g_{02}^- := \left(j + \frac{1}{2}\right) + \zeta - \frac{Z\alpha}{X}, \quad g_{12}^- := \left(j + \frac{1}{2}\right) - \zeta - \frac{Z\alpha}{X},
$$
 (33)

and

$$
g_{03}^{+} := \frac{(\zeta - Z\alpha\omega/\kappa)(\zeta - Z\alpha/X)}{2\zeta + 1}, \qquad g_{13}^{+} := \frac{(\zeta + Z\alpha\omega/\kappa)(\zeta + Z\alpha/X)}{-2\zeta + 1},
$$

\n
$$
f_{03}^{+} := \frac{(\zeta - Z\alpha\omega/\kappa)(-\zeta - Z\alpha X - 2)}{2\zeta + 1}, \qquad f_{13}^{+} := \frac{(\zeta + Z\alpha\omega/\kappa)(-\zeta + Z\alpha X + 2)}{-2\zeta + 1},
$$

\n
$$
f_{03}^{-} := \frac{(\zeta - Z\alpha\omega/\kappa)(-\zeta - Z\alpha X)}{2\zeta + 1}, \qquad f_{13}^{-} := \frac{(\zeta + Z\alpha\omega/\kappa)(-\zeta + Z\alpha X)}{-2\zeta + 1},
$$

\n
$$
g_{03}^{-} := \frac{(\zeta - Z\alpha\omega/\kappa)(2 + \zeta - Z\alpha/X)}{2\zeta + 1}, \qquad g_{13}^{-} := \frac{(\zeta + Z\alpha\omega/\kappa)(-2 + \zeta + Z\alpha/X)}{-2\zeta + 1}.
$$
\n(34)

These equations show that it is the series in integer powers of *ρ* on the right-hand side that corresponds to the expansion in powers of $m\epsilon Z\alpha$ on the left-hand side. Temporarily working to lowest order in this expansion leads to the expression found in [\[20\]](#page-17-0) for the running of the couplings \hat{c}_s and $\hat{c}_{v, \text{tot}}$:

$$
\hat{c}_s + \hat{c}_{v, \text{tot}} = -X \left(\frac{g_{02}^+ + g_{12}^+ \frac{C_+}{A_+} \rho^{-2\zeta}}{f_{02}^+ + f_{12}^+ \frac{C_+}{A_+} \rho^{-2\zeta}} \right),\tag{35}
$$

with coefficients given in (32) . Similarly,

$$
\hat{c}_s - \hat{c}_{v, \text{tot}} = -\frac{1}{X} \left(\frac{f_{02}^- + f_{12}^- \frac{C_-}{A_-} \rho^{-2\zeta}}{g_{02}^- + g_{12}^- \frac{C_-}{A_-} \rho^{-2\zeta}} \right), \tag{36}
$$

with coefficients given in (33) .

These expressions give the RG evolution of $\hat{c}'_s \pm \hat{c}'_{v, \text{tot}}$ as functions of ϵ . It is convenient to rewrite the result as

$$
\hat{c}'_{s} \pm \hat{c}'_{v, \text{tot}} = \bar{\lambda}_{\pm},\tag{37}
$$

where the $\bar{\lambda}^{\pm}$ are given by

$$
\bar{\lambda}_{\pm} := \frac{1}{Z\alpha} \left[\pm \zeta \frac{(\epsilon/\epsilon_{\star}^{\pm})^{2\zeta} + \eta_{\pm}}{(\epsilon/\epsilon_{\star}^{\pm})^{2\zeta} - \eta_{\pm}} + K \right],\tag{38}
$$

where $K := \mp(j + \frac{1}{2})$, with upper (lower) sign corresponding to parity even (odd). Equation (38) defines two types of RG evolution, distinguished by the parameter η_{\pm} := sgn[$|(Z\alpha)\overline{\lambda}_{\pm} - K| - 1$]. $\eta_{\pm} = 1$ corresponds to a class of evolution for which $\bar{\lambda}_{\pm}$ never passes through $-K/Z\alpha$ and is unbounded (diverging at $\epsilon = \epsilon_{\star}^{\pm}$). $\eta_{\pm} = -1$ represents a class of evolution for which $\bar{\lambda}_{\pm}$ is bounded and passes through $-K/Z\alpha$ once (at $\epsilon = \epsilon_{\star}^{\pm}$).

This evolution can also be recast in differential form by differentiating while requiring C_{\pm}/A_{\pm} to be ϵ independent, and reexpressing the result in terms of $\bar{\lambda}_{\pm}$. Equation (38) trades the constants C_{\pm}/A_{\pm} for convenient RG-invariant integration constants ϵ_{\star}^{\pm} , obtained by integrating the differential evolution.

How is this picture changed once we include the $m \in Z\alpha$ corrections? It turns out that the functions $\bar{\lambda}_{\pm}(\epsilon)$ are very useful in this case too because the functional form (38) appears in the coefficients of each power of ρ in [\(30\)](#page-6-0) and [\(31\)](#page-6-0). In particular, the generalization of (35) and (36) to next order in $m \in Z\alpha$ has the form

$$
\begin{split} \hat{c}'_s \pm \hat{c}'_{v \text{tot}} - \frac{(Z\alpha)}{2n^2} (\hat{d}_s \pm \hat{d}_v)(m\epsilon Z\alpha) \\ = \bar{\lambda}_{\pm} + \frac{1}{n} \Big[C_0^{\pm} + C_1^{\pm} \bar{\lambda}_{\pm} + C_2^{\pm} \bar{\lambda}_{\pm}^2 \Big] (2m\epsilon Z\alpha), \end{split} \tag{39}
$$

where, evaluating X and κ using the lowest-order Coulomb energy, $\omega/m \approx 1 - \frac{1}{2}(Z\alpha/n)^2$,

$$
C_0^+ := \frac{X(g_{02}^+ g_{13}^+ - g_{03}^+ g_{12}^+)}{f_{02}^+ g_{12}^+ - f_{12}^+ g_{02}^+} \approx \frac{8n^2 + 1}{12n} (Z\alpha) + \dots,
$$

\n
$$
C_1^+ := \frac{f_{02}^+ g_{13}^+ - f_{03}^+ g_{12}^+ - f_{12}^+ g_{03}^+ + f_{13}^+ g_{02}^+}{f_{02}^+ g_{12}^+ - f_{12}^+ g_{02}^+} \approx 2n + \dots,
$$

\n
$$
C_2^+ := \frac{f_{02}^+ f_{13}^+ - f_{03}^+ f_{12}^+}{X(f_{02}^+ g_{12}^+ - f_{12}^+ g_{02}^+)}
$$

\n
$$
\approx \frac{n}{Z\alpha} + \frac{8n^2 - 2n + 1}{4n} (Z\alpha) + \dots,
$$
\n(40)

and

$$
C_0^- := \frac{f_{02}^- f_{13}^- - f_{03}^- f_{12}^-}{X(g_{02}^- f_{12}^- - g_{12}^- f_{02}^-)} \approx \frac{n}{3(Z\alpha)} + \cdots,
$$

\n
$$
C_1^- := \frac{g_{02}^- f_{13}^- - g_{03}^- f_{12}^- - g_{12}^- f_{03}^- + g_{13}^- f_{02}^-}{g_{02}^- f_{12}^- - g_{12}^- f_{02}^-} \approx \frac{2n}{3} + \cdots,
$$

$$
C_2^- := \frac{X(g_{02}^-g_{13}^- - g_{03}^-g_{12}^-)}{g_{02}^-f_{12}^- - g_{12}^-f_{02}^-} \approx \frac{-8n^2 - 3}{12n}(Z\alpha) + \cdots. \tag{41}
$$

Here, ellipses indicate higher powers of *Zα*.

Equating the coefficients of each power of $m \in Z\alpha$ in (39) dictates separately the running of \hat{c}'_s , \hat{c}'_v , _{tot} [given by (37)], and \hat{d}_s and \hat{d}_v . The running of \hat{d}_s and \hat{d}_v is given by

$$
Z\alpha(\hat{d}_s + \hat{d}_v) = -\frac{8n^2 + 1}{3}(Z\alpha) - 8n^2\bar{\lambda}_+ - \left(\frac{4n^2}{Z\alpha} + (8n^2 - 2n + 1)(Z\alpha)\right)\bar{\lambda}_+^2 \quad (42)
$$

and

$$
Z\alpha(\hat{d}_s - \hat{d}_v) = -\frac{4n^2}{3(Z\alpha)} - \frac{8n^2}{3}\bar{\lambda}_- + \frac{8n^2 - 3}{3}(Z\alpha)\bar{\lambda}_-^2. \tag{43}
$$

Interestingly, the running of all of the effective couplings are controlled by the two functions $\bar{\lambda}_{\pm}(\epsilon)$. As a result, the flow of all couplings is described in principle by the same two RG-invariant constants ϵ_{\star}^{\pm} . These two parameters encode the information contained in C_{\pm}/A_{\pm} in the solutions f_{\pm} and g_{\pm} . As we see below, only one of these two quantities is independent for a parity-preserving nucleus since $\epsilon_{\star}^+ = \epsilon_{\star}^- =: \epsilon_{\star}.$

These functions are plotted in Figs. 1 and [2](#page-8-0) (for parity even) and in Figs. [3](#page-8-0) and [4](#page-8-0) (for parity odd). In each case, the two classes of flows identified by $\eta_{\pm} := \text{sgn}[|(Z\alpha)\overline{\lambda}_{\pm} - K| - 1].$ These figures show that the RG-invariant quantities ϵ_{\star}^{\pm} give the value of ϵ for which $(Z\alpha)\lambda_{\pm} \mp K$ approaches infinity (when $\eta_{\pm} = +1$) or 0 (when $\eta_{\pm} = -1$).

III. NUCLEAR UNCERTAINTIES

Having established in the previous section why the precise value of ϵ carries no physical information, we turn in this section to connecting the RG-invariant parameters ϵ_{\star}^{\pm} to explicit nuclear properties. This is done in the first subsection

FIG. 1. Plot of the RG flow of $B = (Z\alpha)^4(\hat{d}_s + \hat{d}_v)/4$ (solid blue) and $B = (Z\alpha)(\hat{c}'_s + \hat{c}'_{v\text{tot}})$ (dashed orange) vs $\ln \epsilon / \epsilon_{\star}$, with $\eta_{+} = +1.$

FIG. 2. Plot of the RG flow of $B = (Z\alpha)^4(\hat{d}_s + \hat{d}_v)$ (solid blue) and $B = (Z\alpha)(\hat{c}'_s + \hat{c}'_{v \text{ tot}})$ (dashed orange) vs $\ln \epsilon / \epsilon_\star$, with $\eta_+ = -1$.

by computing the energy shift as a function of ϵ_{\star}^{\pm} , and then comparing this result to the results of explicit simple models of the nucleus. The upshot of this section is the observation that a single parameter $\epsilon_{\star} := \epsilon_{\star}^+ = \epsilon_{\star}^-$ accounts for the energy shifts found using explicit calculations with these models, with $\eta_{+} = \eta_{-} = +1$.

Furthermore, the parameter ϵ_{\star} required to obtain this agreement does not depend on the quantum numbers $\{n, l, m\}$ of the state whose energy is being computed, as is intuitively plausible given that ϵ_{\star} captures the properties of the nucleus and these should not depend on which particular electron (or muon) state that is used to probe them.

Finally, the above statements are equally true at lowest order and when higher-order contributions are included in powers of *Zα* and/or *mRZα*. Working to subdominant order does not introduce new parameters beyond ϵ_{\star} into the result, it just determines the value of ϵ_{\star} with more precision than at lower order.

FIG. 3. Plot of the RG flow of $B = (Z\alpha)^4(\hat{d}_s - \hat{d}_v)$ (solid blue) and $B = (Z\alpha)(\hat{c}'_s - \hat{c}'_{v\text{tot}})$ (dashed orange) vs $\ln \epsilon / \epsilon_*$, with η [−] = +1.

FIG. 4. Plot of the RG flow of $B = (Z\alpha)^4(\hat{d}_s - \hat{d}_v)/4$ (solid blue) and $B = (Z\alpha)(\hat{c}'_s - \hat{c}'_{v\text{tot}})$ (dashed orange) vs $\ln \epsilon / \epsilon_*^-$, with $\eta_{-} = -1.$

The upshot to the order we work is that all calculations are captured by an RG-invariant scale ϵ_{\star} of the following form:

$$
\epsilon_{\star}^{2} = (Z\alpha)^{2} [R_{0}^{2} + R_{1}^{2}(Z\alpha) + R_{2}^{2}(Z\alpha)^{2} + \cdots].
$$
 (44)

The length scales R_i are generalized nuclear moments whose values can weakly depend on *m* (e.g., logarithmically), and are computed below for several models of interest. Notice in particular that the overall factor $(Z\alpha)^2$ ensures ϵ_{\star} is much smaller than the R_i , which turn out to be typical nuclear scales.

Finally, the second subsection in this part of the paper asks for observable combinations of energy levels from which ϵ_{\star} drops out. Such combinations must always exist when there are more observables than there are nuclear parameters. What is crucial is that the numbers R_0 , R_1 , and R_2 above are *not* independent parameters in this sense since they enter into all observables, for *both* electronic and muonic atoms, purely through the single combination ϵ_{\star} . Because of the explicit appearance of *m*, and the implicit dependence of the R_i on lepton mass, ϵ_{\star} will be numerically different between electronic and muonic atoms.

A. Moments and polarizabilities

We start by making contact with nuclear models, computing the value of ϵ_{\star}^{\pm} required to reproduce energy-shift calculations in the literature [and justifying Eq. (44)].

1. RG-invariant energy shifts

Consider first the energy shifts for atomic energy levels as a function of the RG-invariant parameters ϵ_{\star}^{\pm} and η^{\pm} . The calculation is greatly simplified given the knowledge that ϵ_{\star}^{\pm} proves to be much smaller than typical nuclear sizes [in retrospect due to the explicit factor $\epsilon_{\star} \propto Z\alpha$ implied by (44)].

Expanding Eqs. (37) , (38) , (42) , and (43) in the limit of small $\epsilon_{\star}/\epsilon$, and specializing to $j = \frac{1}{2}$, we have

$$
\hat{g}_1 = -\frac{1}{2} + \frac{2\eta_+}{(Z\alpha)^2} \left(\frac{\epsilon_+^+}{\epsilon}\right)^2,
$$
\n
$$
\hat{g}_2 = -\frac{n^2 - 1}{6n^2} + \frac{4\eta_+}{(Z\alpha)^2} \left(\frac{\epsilon_+^+}{\epsilon}\right)^2 + \frac{8}{(Z\alpha)^4} \left(\frac{\epsilon_+^+}{\epsilon}\right)^4,
$$
\n
$$
\hat{g}_3 = -\frac{1}{8} - \frac{\eta_+}{(Z\alpha)^2} \left(\frac{\epsilon_+^+}{\epsilon}\right)^2 [1 + 2\ln(\epsilon_+^+/\epsilon)]
$$
\n
$$
+ \frac{2}{(Z\alpha)^4} \left(\frac{\epsilon_+^+}{\epsilon}\right)^4,
$$
\n(45)

while

$$
\hat{f}_1 = \frac{2}{3},
$$
\n
$$
\hat{f}_3 = \frac{1}{2} - \frac{2\eta_{-}}{(Z\alpha)^2} \left(\frac{\epsilon_{\star}^{-}}{\epsilon}\right)^2.
$$
\n(46)

Using these in the energy shifts, Eqs. (24) and (25) , then gives the parity-even $j = \frac{1}{2}$ shift

$$
\delta E_{nS_{1/2}} \simeq \frac{4m^3(Z\alpha)^2}{n^3} \eta_+(\epsilon_\star^+)^2 \left\{ 2 + \left[\frac{12n^2 - n - 9}{2n^2(n+1)} - 2\ln\left(\frac{2m\epsilon_\star^+ Z\alpha}{n}\right) - 2H_{n+1} - 2\gamma + 4 \right] \right. \\ \times (Z\alpha)^2 + \cdots \left\}, \tag{47}
$$

while the parity-odd $j = \frac{1}{2}$ state shifts by

$$
\delta E_{nP_{1/2}} \simeq 2 \frac{n^2 - 1}{n^5} m^3 (Z\alpha)^4 \eta_{-} (\epsilon_{\star}^{-})^2 (1 + \cdots). \tag{48}
$$

As mentioned earlier, the nuclear shifts to $j = \frac{3}{2}$ states and higher are smaller than the order to which we work.

2. Fixed charge distributions

The simplest nuclear model treats it as a simple static charge distribution $\rho(\mathbf{r})$ and energy shifts for Dirac fermions orbiting such distributions have been computed in the limit where the radius R of the distribution is much smaller than atomic size a_B [\[2,](#page-16-0)[20,25–29\]](#page-17-0).

For such models in the limit $R \ll a_B$, the finite-size energy shift to leading and subleading order in R/a_B is parametrized by just three moments of the charge distribution. Expressions for this shift (as found by Refs. [\[2](#page-16-0)[,20,25–29\]](#page-17-0)) agree with (47) and (48) when $\eta := \eta_+ = \eta_- = +1$ and the RG-invariant parameter $\epsilon_{\star}^{+} = \epsilon_{\star}^{-} =: \epsilon_{\star}$ is given by

$$
\epsilon_{\star}^2 = \frac{(Z\alpha)^2}{12} \left(r_p^2 + \frac{1}{2} r_r^3 m Z\alpha + a_{\text{rel}}^2 (Z\alpha)^2 \right), \qquad (49)
$$

which corresponds to the generalized moments

$$
R_0^2 = \frac{r_p^2}{12}
$$
, $R_1^2 = m \frac{r_p^3}{24}$, and $R_2^2 = \frac{a_{\text{rel}}^2}{12}$. (50)

The nuclear moments r_p^2 , r_r^3 , and a_{rel}^2 above are defined as follows.

At order $m^3 R^2 (Z\alpha)^4$, the only moment that appears is the charge radius

$$
r_p^2 := \frac{1}{Ze} \int d^3 \mathbf{r} \, r^2 \rho. \tag{51}
$$

At order $m^4 R^3 (Z\alpha)^5$ only the Friar (or third Zemach) moment appears

$$
r_r^3 := \frac{1}{(Ze)^2} \int d^3 \mathbf{r} \, d^3 \mathbf{r}' \, \rho(\mathbf{r}) \rho(\mathbf{r}') |\mathbf{r} - \mathbf{r}'|^3. \tag{52}
$$

Finally, at order $m^3 R^2 (Z\alpha)^6$, there is one more moment that arises which we call *a*rel. This moment has a more complicated structure, for which several authors have presented different but equivalent formulations $[25,28,31]$. Following $[31]$, we write

$$
a_{\text{rel}}^2 = r_p^2 \bigg[1 + \frac{1}{2} \ln(12) - \ln(Z\alpha) + \ln\bigg(\frac{r_{c1}}{r_p}\bigg) \bigg],\qquad(53)
$$

with the parameter r_{c1} [cf. Eq. (66) in [\[31\]](#page-17-0)] given by

$$
\ln \frac{r_{c1}}{r_p} - 1 = \frac{6}{r_p^2} \int_0^\infty dr \, \ln(r/r_p) \frac{d}{dr} r^3
$$

$$
\times \left\{ 2\pi \rho(r) [V^{(2)}(r)]^2 - [V(r)]^2 V^{(2)}(r) - \frac{1}{r^2} \left[\frac{r}{2} + \frac{r_p^2}{6r} \right] \right\},
$$
 (54)

where $V(r) \approx 1/r$, $V^{(2)}(r) \approx -r/2 - r_p^2/6r$, and $\rho(r)$ is the nuclear charge distribution.

This example illustrates several things. First, it shows that agreement with calculated energy shifts requires the parityeven and parity-odd RG invariants to be the same. This seems a reasonable consequence of the assumed parity invariance of the nuclear couplings: odd- and even-parity electrons (or muons) see the same nucleus. Furthermore, this example shows how moving past leading order does not introduce new independent RG-invariant parameters into the energy shifts. Instead, it provides a more accurate determination of the value of the single RG invariant ϵ_{\star} . Finally, ϵ_{\star} is independent of the lepton-state quantum numbers $jj_z \Pi$.

3. Nuclear polarizability

In general, nuclear contributions to atomic energy shifts arise that cannot be simply parametrized in terms of a static nuclear charge distribution, such as those due to "inelastic" Coulomb exchanges. These typically involve sums over intermediate nuclear states and so sample nuclear degrees of freedom outside of their ground state, and contain the effects of nuclear polarizability. A representative example of how such a calculation proceeds is sketched in Appendix [A.](#page-14-0)

The upshot of these calculations is that they contribute (to within the accuracy we work here) to atomic energy shifts in a way that depends on the quantum numbers of the atomic state in the same way as does the charge-radius contribution. As a result, these contributions can also be captured by a shift in the value of the RG-invariant scale ϵ_{\star} with $\eta = +1$.

In terms of the parametrization of Eq. (44) the calculations of Refs. [\[24,31–34\]](#page-17-0) give contributions that first arise at order

 $m^3R^2(Z\alpha)^5$ for muonic atoms, and $m^4R^3(Z\alpha)^5$ for electronic atoms. For muons, the inelastic two-photon exchange introduces a new contribution $R_1^2 \supset -\tilde{\alpha}'_{pol}/6$, where $\tilde{\alpha}'_{pol}$ is a generalized (mass-dependent) nuclear polarizability given by [\[35,36\]](#page-17-0)

$$
\tilde{\alpha}_{\text{pol}}' := \int_{E_T} dE \sqrt{\frac{m}{2E}} |\langle \phi_N | \vec{d} | E \rangle|^2, \tag{55}
$$

where $|\phi_N\rangle$ is the nuclear ground state, $|E\rangle$ is the nuclear excited state with energy $E - M$, *d* is the nuclear dipole operator (divided by the elementary charge), and E_T is the nuclear threshold excitation energy (which for helium [\[37\]](#page-17-0) is ∼20 MeV). Furthermore, at order $m^4R^3(Zα)^5$, the nuclear polarizability also adjusts the value of R_1^2 , so that $R_1^2 \supset$ $m\tilde{r}_F^3/24$, where now \tilde{r}_F^3 is a generalized Friar moment. For muonic atoms [\[24\]](#page-17-0),

$$
\tilde{r}_{F,\mu}^3 = -\frac{1}{(Ze)^2} \int d^3r \int d^3r' |r - r'|^3 \langle \phi_N | \hat{\rho}^\dagger(r) \hat{\rho}(r') | \phi_N \rangle, \tag{56}
$$

where $\hat{\rho}(r)$ is the (un-normalized) nuclear charge density *operator*, and $|\phi_N\rangle$ is again the nuclear ground state [note that the matrix element $\langle \phi_N | \hat{\rho}^{\dagger}(r) \hat{\rho}(r') | \phi_N \rangle$ is distinct from $\rho(r)\rho(r') = \langle \phi_N | \hat{\rho}^\dagger(r) | \phi_N \rangle \langle \phi_N | \hat{\rho}(r') | \phi_N \rangle$, which appears in [\(52\)](#page-9-0)]. For electronic atoms, the static dipole polarizability also arises at this order, and so [\[36\]](#page-17-0)

$$
\tilde{r}_{F,e}^{3} = -\frac{\tilde{\alpha}_{\text{pol}}}{6} - \frac{1}{(Ze)^{2}} \int d^{3}r
$$

$$
\times \int d^{3}r'|r - r'|^{3} \langle \phi_{N} | \hat{\rho}^{\dagger}(r) \hat{\rho}(r') | \phi_{N} \rangle, \qquad (57)
$$

where

$$
\tilde{\alpha}_{pol} = \frac{2}{3} \int dE \left\{ \frac{19}{6} |\langle \phi_N | \vec{d} | E \rangle|^2 + 5 |\langle \phi_N | \vec{d} \ln(2E/m) | E \rangle|^2 \right\}
$$
\n(muons) (58)

is the weighted static electric nuclear polarizability. Finally, R_2^2 is also altered, although in this case the exact form of the inelastic exchange is not known for helium [\[31\]](#page-17-0). However, for both electrons and muons it is expected to be well described by a local interaction due to the high excitation energy of the ⁴He nucleus relative to atomic scales, and so should appear as some generalized a_{rel} which we denote \tilde{a}_{rel} , in analogy with the generalized Friar moment. Altogether, inclusion of nuclear polarizability effects can be encoded simply by the contributions

$$
R_0^2 = \frac{r_p^2}{12}
$$
, $R_1^2 = -\frac{\tilde{\alpha}_{\text{pol}}'}{6} + m\frac{\tilde{r}_F^3}{24}$, and $R_2^2 = \frac{\tilde{\alpha}_{\text{rel}}}{12}$, (59)

where $\tilde{\alpha}'_{pol}$ is defined in (58) for muons, and is 0 for electrons.

The bottom line is again that these contributions represent particular kinds of contributions to ϵ_{\star} , and are not contributing to atomic energy shifts as independent parameters. Consequently, assessments of nuclear errors involved in each of these kinds of processes can be interpreted as contributions to the total theoretical uncertainty in microscopic predictions for ϵ_{\star} .

However, the real power of the above expressions in terms of ϵ_{\star} is in their very broad generality. Although specific kinds of nuclear physics contribute to the value of ϵ_{\star} , the same would also be true for *arbitrary* short-distance physics, regardless of whether this has nuclear origins or not. Because the PPEFT framework parametrizes all possible interactions localized at the nucleus consistent with symmetries, the contribution to atomic energies of these couplings (through their RG-invariant parametrizations ϵ_{\star} and η) are guaranteed to capture any short-distance physics that shares these symmetries to the given order in R/a_B , regardless of the details of how that physics might be modeled.

B. Nucleus-independent combinations

Exploitation of more precise measurements of atomic level spacings is currently hampered by theoretical uncertainties associated with predicting the energy shifts due to nuclear physics. Ongoing efforts are underway to improve the theoretical prediction for these nuclear shifts, and in the language of PPEFT these can be regarded as improving the theoretical prediction for the RG-invariant parameter ϵ_{\star} . In this view, the various individual contributions to nuclear level shifts, e.g., charge radius, Friar moment, polarizability, and so on, all enter together only through this single parameter.⁴

The fact that the nucleus can only influence atomic levels through ϵ_{\star} suggests another approach towards reducing theoretical error for precision atomic measurements. Rather than trying to reduce the theoretical error by computing this parameter more accurately, why not instead identify combinations of observables from which the parameter ϵ_{\star} cancels out? Any such combination is a quantity for which the theoretical error is much smaller since it does not depend at all on any nuclear uncertainties.

To formalize this, we write the energy levels of hydrogenic atoms as

$$
E_{nj\pm} = E_{nj}^{\text{Dirac}} + \delta E_{nj\pm}^{\text{QED}} + \delta E_{nj\pm}^{\text{PP}} + \delta E_{nj\pm}^{\text{PPQED}},\tag{60}
$$

where quantum numbers *n*, *j* and parity \pm are used as labels. Here, E^{Dirac} is the energy eigenvalue predicted by the Dirac-Coulomb solution, and *δE*QED contains all QED radiative corrections in the limit of a point nucleus. *δE*PP is the nucleusdependent contribution given above, and *δE*PPQED contains the influence of nonzero nuclear size on all QED radiative corrections.

When comparing to the literature, such as the threephoton contributions evaluated in Ref. [\[31\]](#page-17-0), it is the "highenergy" parts of graphs whose effects can be captured by a shift in the parameters of the effective theory, which in the present instance means shifting the value of ϵ_{\star}^2 in $\delta E_{nj\pm}^{\text{PP}}$. The same cannot be done for the "low-energy" parts that correspond to graphs evaluated within the effective theory using nucleus-modified propagators and so these contributions

⁴Since ϵ_{\star} depends explicitly on the lepton mass [cf. the R_2^3 term in [\(44\)](#page-8-0)], strictly speaking there is a single parameter controlling electron-type atoms and another one for muonic atoms, and any evidence for a difference in these parameters for electrons and muons is evidence for the presence of a nonzero size for the parameter R_2^3 .

are either already included in the perturbative expansion of the energy shifts [Eqs. (24) and (25)], or else grouped into $\delta E_{nj\pm}^{\rm PPQED}.$

Both of *δE*PP and *δE*PPQED suffer from systematic uncertainties arising from nuclear physics (and the proton radius problem, should this prove not to be due to experimental error). But, because *δE*PPQED starts out with higher powers of α it only depends on the lowest-order R_0^2 contributions⁵ to ϵ_{\star} , unlike $\delta E^{\rm PP}$ which in principle depends on all of the parameters R_0^2 through to R_2^2 of Eq. [\(44\)](#page-8-0).

However, it is differences $\Delta E_{1\to 2} := E_{n_1, j_1, \pm_1} - E_{n_2, j_2, \pm_2}$ between energy levels that are measured spectroscopically. For these quantities we therefore write

$$
\Delta E_{1\rightarrow 2} = \Delta E_{1\rightarrow 2}^{EM} + \Delta E_{1\rightarrow 2}^{PP} + \Delta E_{1\rightarrow 2}^{PP QED},
$$
 (61)

in which the Dirac-Coulomb and point-source QED effects are grouped together into the term labeled "EM." Because $\Delta E_{1\rightarrow 2}^{\text{EM}}$ is calculable with negligible error, we focus below on the nucleus-dependent combination

$$
\widehat{\Delta E}_{1 \to 2} := \Delta E_{1 \to 2} - \Delta E_{1 \to 2}^{\text{EM}} = \Delta E_{1 \to 2}^{\text{PP}} + \Delta E_{1 \to 2}^{\text{PPQED}}.
$$
 (62)

Our goal is to identify linear combinations of these observables from which the parameter ϵ_{\star} cancels. With upcoming experiments in mind we do so explicitly here for muonic atoms up to the accuracy of $m^4 R^3 (Z\alpha)^5$ required to see the Friar moment. For electrons we go to the same accuracy, which is slightly more involved due to the necessity of keeping terms at both order $m^4 R^3 (Z\alpha)^5$ and $m^3 R^2 (Z\alpha)^6$ since these are similar in size (due to the numerical coincidence $m_e R \sim$ *Zα*).

1. Predicted energy differences

In order to pursue this program, we need complete expressions for the ϵ_{\star} dependence of all relevant levels, including both the *δE*PP and *δE*PPQED contributions. Since to the desired accuracy ϵ_{\star} does not appear at all within $\delta E^{\rm PP}$ for the energies of $j > \frac{1}{2}$ states, we focus on itemizing all relevant contributions for $j = \frac{1}{2}$.

The mixed nuclear-QED contribution has been evaluated at the order required, and we simply quote the result here. For both electrons and muons the leading result is given by [\[38,39\]](#page-17-0)

$$
\delta E^{\text{PPQED}} = \frac{4\eta_{nl}^{(e)}}{n^3} m_\mu^3 \alpha (Z\alpha)^2 \epsilon_{\star\mu}^2 \quad \text{(muons)}
$$

$$
= \frac{4\eta_{nl}^{(\mu)}}{n^3} m_e^3 \alpha (Z\alpha)^3 \epsilon_{\star e}^2 \quad \text{(electrons)}, \quad \text{(63)}
$$

with the dimensionless coefficients $\eta_{nl}^{(a)}$ depending on the quantum numbers of the lepton state. In these expressions, the subscripts " $a = \mu$, e " on $\epsilon_{\star\mu}$ is meant to underline that it is evaluated using the muon mass in its $R_2^3 m Z\alpha$ contribution.

We identify the ϵ_{\star} dependence by trading the dependence on r_p^2 given in the literature for ϵ_{\star} using only the leading R_0^2 contribution from Eq. [\(49\)](#page-9-0): $\epsilon_{\star}^2 = \frac{1}{12} (Z\alpha)^2 r_p^2$.

For electronic atoms η_{nl} is given by [\[38\]](#page-17-0)

$$
\eta_{nl}^{(e)} := (8 \ln 2 - 10)\delta_{l0} \quad \text{(electron)}, \tag{64}
$$

which vanishes for $l \neq 0$ since the wave function must have support at the position of the nucleus because the Bohr radius for the orbit $a_B \sim (Z \alpha m_e)^{-1}$ is much larger than the Compton wavelength $\lambda_c \sim m_e^{-1}$ of the virtual electrons in the QED loop. The same is not true for muons since αm_μ is comparable to m_e , and so for muonic atoms $\eta_{nl}^{(\mu)}$ need not vanish for $l \neq 0$. The precise value of $\eta_{nl}^{(\mu)}$, given in [\[39\]](#page-17-0), is not required in what follows.

Collecting results we have the following:

Muons. Here, we have the nonzero nuclear-dependent energy shifts to the desired order 6

$$
\delta E_{nS_{1/2}}^{\rm PP} + \delta E_{nS_{1/2}}^{\rm PPQED} = \frac{4m_{\mu}^3 (Z\alpha)^2}{n^3} (2 + \eta_{n0}^{(\mu)} \alpha) \epsilon_{\star\mu}^2 \qquad (65)
$$

while

$$
\delta E_{nP_{1/2}}^{\text{PP}} + \delta E_{nP_{1/2}}^{\text{PPQED}} = m_{\mu}^{3} (Z\alpha)^{2} \eta_{n1}^{(\mu)} \alpha \epsilon_{\star \mu}^{2}
$$
 (66)

and

$$
\delta E_{n_{1/2}}^{\rm PP} + \delta E_{n_{1/2}}^{\rm PPQED} = m_{\mu}^3 (Z\alpha)^2 \eta_{n1}^{(\mu)} \alpha \epsilon_{\star \mu}^2. \tag{67}
$$

Combining these expressions provides the following expressions for the measurable energy differences for the lowest angular momentum states:

$$
\widehat{\Delta E}_{nS_{1/2}\neg P_{1/2}} = \frac{4m_{\mu}^3(Z\alpha)^2}{n^3} \big[2 + \left(\eta_{n0}^{(\mu)} - \eta_{n1}^{(\mu)}\right)\alpha\big]\epsilon_{\star\mu}^2\,,\tag{68}
$$

$$
\widehat{\Delta E}_{nS_{1/2}\cdot nP_{3/2}} = \frac{4m_{\mu}^3(Z\alpha)^2}{n^3} \big[2 + \left(\eta_{n0}^{(\mu)} - \eta_{n1}^{(\mu)}\right)\alpha\big]\epsilon_{\star\mu}^2,\quad(69)
$$

while

$$
\widehat{\Delta E}_{nP_{1/2}\text{-}nP_{3/2}} = 0. \tag{70}
$$

Electrons. The corresponding formulas for electrons are

$$
\delta E_{nS_{1/2}}^{\text{PP}} + \delta E_{nS_{1/2}}^{\text{PPQED}}
$$

=
$$
\frac{4m_e^3(Z\alpha)^2}{n^3} \epsilon_{\star e}^2 \left\{ 2 + \left[\frac{12n^2 - n - 9}{2n^2(n+1)} - 2 \ln \left(\frac{2m_e \epsilon_{\star e} Z\alpha}{n} \right) -2H_{n+1} - 2\gamma + 4 + \frac{\eta_{n0}^{(e)}}{Z} \right] (Z\alpha)^2 \right\},
$$
(71)

as well as

$$
\delta E_{nP_{1/2}}^{\rm PP} + \delta E_{nP_{1/2}}^{\rm PPQED} = 2\left(\frac{n^2 - 1}{n^5}\right) m_e^3 (Z\alpha)^4 \epsilon_{\star e}^2,\tag{72}
$$

but now $\delta E_{nP_{3/2}}^{\text{PP}} = \delta E_{nP_{3/2}}^{\text{PPQED}} = 0$ to the order of interest.

 5 Apart from logarithms (see, e.g., [\[31\]](#page-17-0)) inasmuch as other nuclear scales aside from R_0 can appear logarithmically in low-energy contributions. When this occurs, we write a contribution of the form $\ln(mR_x)$ as $\ln(mR_0) + \ln(R_x/R_0)$ and absorb the *m*-independent factor $\ln(R_x/R_0)$ into the R_2^2 term of [\(44\)](#page-8-0).

⁶We switch to spectroscopic notation where states are labeled by *j* and parity, so the labels *S,P,D,F,...* are proxies for parity. Thus, *S* (or *P*) are parity-even (-odd) states with spin $j = \frac{1}{2}$, while *D* (or *F*) are parity-even (-odd) with spin $j = \frac{3}{2}$ and so on.

The corresponding energy differences for electrons are therefore

$$
\widehat{\Delta E}_{nS_{1/2}\cdot nP_{3/2}} = \frac{4m_e^3(Z\alpha)^2}{n^3} \epsilon_{\star e}^2 \left\{ 2 + \left[\frac{12n^2 - n - 9}{2n^2(n+1)} - 2 \ln \left(\frac{2m_e \epsilon_{\star e} Z\alpha}{n} \right) - 2H_{n+1} - 2\gamma + 4 + \frac{\eta_{n0}^{(e)}}{Z} \right] (Z\alpha)^2 \right\},\tag{73}
$$

as well as

$$
\widehat{\Delta E}_{nS_{1/2} - nP_{1/2}} = \frac{4m_e^3 (Z\alpha)^2}{n^3} \epsilon_{\star e}^2 \left\{ 2 + \left[\frac{12n^2 - n - 9}{2n^2(n+1)} - 2 \ln \left(\frac{2m_e \epsilon_{\star e} Z\alpha}{n} \right) - 2H_{n+1} - 2\gamma + 4 + \frac{\eta_{n0}^{(e)}}{Z} - \frac{n^2 - 1}{2n^2} \right] (Z\alpha)^2 \right\} (74)
$$

and

$$
\widehat{\Delta E}_{nP_{1/2}\neg P_{3/2}} = 2\bigg(\frac{n^2-1}{n^5}\bigg)m_e^3(Z\alpha)^4\epsilon_{\star e}^2. \tag{75}
$$

In essence, these expressions imply that the nuclear-size contributions to a great many energy electronic and muonic levels can be parametrized in terms of just two parameters, $\epsilon_{\star e}$ and $\epsilon_{\star \mu}$. By eliminating these parameters, we can derive relations that directly connect measurable quantities. The relations derived in this way are therefore known with smaller theoretical errors since they are entirely independent of nuclear uncertainties.

2. Levels with $n = 2$

We start by concentrating on the energy levels that have already been measured, and so restrict our attention to the special case $n = 2$.

Focusing first on muonic atoms, the nuclear contribution to the differences between the three levels $2S_{1/2}$, $2P_{1/2}$, and $2P_{3/2}$ is controlled by the single parameter $\epsilon_{\star\mu}$. This means there must be a nucleus-independent combination relating the two independent energy differences. This can be taken to be [\(70\)](#page-11-0): $\widehat{\Delta E}_{nP_{1/2}-nP_{3/2}} = 0$ is a statement unclouded by nuclear uncertainties, in particular for $n = 2$.

Alternatively, [\(68\)](#page-11-0) provides an accurate experimental determination of ϵ_{\star} for muonic helium:

$$
\epsilon_{\star\mu}^2 = \frac{\Delta E_{2S_{1/2}\cdot 2P_{1/2}}}{m_{\mu}^3 (Z\alpha)^2 \left[1 + \frac{1}{2} \left(\eta_{20}^{(\mu)} - \eta_{21}^{(\mu)}\right) \alpha\right]} + O[(Z\alpha)^4]. \quad (76)
$$

Turning now to the ${}^{4}He^{+}$ ion, the nuclear contribution to the two independent differences between the $2S_{1/2}$, $2P_{1/2}$, and $2P_{3/2}$ levels is controlled by the single parameter $\epsilon_{\star e}$, again suggesting there is a nucleus-independent combination.

This can be found by using (74) to eliminate $\epsilon_{\star e}$ and using the result in (75) to predict the $2P_{1/2}$ - $2P_{3/2}$ transition in terms of the $2S_{1/2}$ -2 $P_{1/2}$ transition:

$$
\widehat{\Delta E}_{2P_{1/2}\cdot 2P_{3/2}} = \frac{3}{16} (Z\alpha)^2 \widehat{\Delta E}_{2S_{1/2}\cdot 2P_{1/2}} + O[(Z\alpha)^7]. \quad (77)
$$

We write the error in this expression as $(Z\alpha)^7$ rather than $(Z\alpha)^8$ because the corrections to (75) arise at relative order $(mRZ\alpha)$, though for electrons this is numerically closer to order $(Z\alpha)^8$. Alternatively, using the $2S_{1/2}$ - $2P_{1/2}$ to predict the $2S_{1/2}$ - $2P_{3/2}$ difference leads to the equivalent prediction

$$
\widehat{\Delta E}_{2S_{1/2}\text{-}2P_{3/2}} = \widehat{\Delta E}_{2S_{1/2}\text{-}2P_{1/2}} \big[1 + \frac{3}{16} (Z\alpha)^2 + O((Z\alpha)^4) \big].
$$
\n(78)

While naively $\epsilon_{\star e}$ might be obtained from (75), leading to

$$
\epsilon_{\star e}^2 = \frac{16}{3m_e^3(Z\alpha)^4} \widehat{\Delta E}_{2P_{1/2} \cdot 2P_{3/2}} + O((Z\alpha)^4), \qquad (79)
$$

this determines it with larger relative error than it would have been by solving for $\epsilon_{\star e}$ from one of the other two energy differences. Taking this latter approach instead leads (see Appendix [B,](#page-15-0) including the result for general *n*) to

$$
m_e^2 \epsilon_{\star e}^2 \simeq \frac{1}{m_e (Z\alpha)^2} \widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}} \times \left\{ 1 + \frac{(Z\alpha)^2}{2} \left[\ln \left(\frac{\widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}}}{m_e} \right) - \frac{3}{2} + 2\gamma - \frac{\eta_{20}}{Z} \right] \right\}
$$

+ $\mathcal{O}\left((Z\alpha)^2 \frac{\widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}}}{m_e} \right),$ (80)

and the correction is now down by $(Z\alpha)^4$ relative to the leading term.

3. More general n

The relations found above for the special case $n = 2$ might not be all that surprising. However, should experiments access transitions with higher n , the fact that all nuclear contributions are controlled by the single parameter ϵ_{\star} becomes ever more predictive. This section makes a start at some of the nuclearfree relations that can be derived in this way for general *n*.

Muons. We start with muons, which are simpler. A start is the prediction for the general $nS_{1/2}$ - $nP_{1/2}$ shift for any *n* given measurements of this shift for $n = 2$. For $n = 2$, we use [\(69\)](#page-11-0) to infer the value of $\epsilon_{\star\mu}$, which when substituted into [\(68\)](#page-11-0) for general *n*, gives

$$
\widehat{\Delta E}_{nS_{1/2}\text{-}nP_{1/2}} = \frac{8\big[2 + \alpha \big(\eta_{n0}^{(\mu)} - \eta_{n1}^{(\mu)}\big)\big]}{n^3\big[2 + \alpha \big(\eta_{20}^{(\mu)} - \eta_{21}^{(\mu)}\big)\big]}\,\widehat{\Delta E}_{2S_{1/2}\text{-}2P_{1/2}}.\tag{81}
$$

Similarly, generic muonic *S*-*S* transitions become

$$
\widehat{\Delta E}_{n_1 S_{1/2} \cdot n_2 S_{1/2}} = 2 \left(\frac{2 + \alpha \eta_{n_1 0}^{(\mu)}}{n_1^2} - \frac{2 + \alpha \eta_{n_2 0}^{(\mu)}}{n_2^2} \right) \widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}}.
$$
\n(82)

A similar argument relates the $S_{1/2}$ - $P_{3/2}$ transitions for general *n*:

$$
\frac{n_1^2}{2 + \alpha \left(\eta_{n_1 0}^{(\mu)} - \eta_{n_2 1}^{(\mu)} \right)} \widehat{\Delta E}_{n_1 S_{1/2} - n_1 P_{3/2}} \n= \frac{n_2^2}{2 + \alpha \left(\eta_{n_2 0}^{(\mu)} - \eta_{n_2 1}^{(\mu)} \right)} \widehat{\Delta E}_{n_2 S_{1/2} - n_2 P_{3/2}}.
$$
\n(83)

Electrons. Similar expressions hold for electronic atoms. The prediction for the $nS_{1/2}$ - $nP_{1/2}$ shift for any *n* in terms of this shift for $n = 2$ obtained by using [\(80\)](#page-12-0) to infer the value of $\epsilon_{\star e}$ used in [\(74\)](#page-12-0) gives

$$
\widehat{\Delta E}_{nS_{1/2}\cdot nP_{1/2}} = \frac{8}{n^3} \widehat{\Delta E}_{2s_{1/2}\cdot 2p_{1/2}} \times \left\{ 1 + (Z\alpha)^2 \left[N(n) - \frac{n^2 - 1}{4n^2} \right] \right\}, \quad (84)
$$

in which we define

$$
N(n) := \frac{12n^2 - n - 9}{4n^2(n+1)} - H_{n+1} + \frac{5}{4} + \frac{\eta_{n0}^{(e)}}{2Z}
$$

$$
- \frac{\eta_{20}^{(e)}}{2Z} - \ln\left(\frac{2}{n}\right). \tag{85}
$$

The predictions for electronic *S*-*S* transitions is similarly

$$
\Delta E_{n_1 S \cdot n_2 S} = \widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}} \left\{ \frac{1}{n_1^3} - \frac{1}{n_2^3} + (Z\alpha)^2 \left[\frac{N(n_1)}{n_1^3} - \frac{N(n_2)}{n_2^3} \right] \right\}.
$$
\n(86)

The nucleus-free prediction for the difference between the *P* states for electronic atoms becomes

$$
\frac{n_1^5}{n_1^2 - 1} \widehat{\Delta E}_{n_1 P_{1/2} \cdot n_1 P_{3/2}} = \frac{n_2^5}{n_2^2 - 1} \widehat{\Delta E}_{n_2 P_{1/2} \cdot n_2 P_{3/2}}.
$$
 (87)

This situation is somewhat more complicated for electronic *S*-wave states, but using

$$
n_1^3 \widehat{\Delta E}_{n_1 S_{1/2} \cdot n_1 P_{1/2}} - n_2^3 \widehat{\Delta E}_{n_2 S_{1/2} \cdot n_2 P_{1/2}}
$$

= $4m_e^3 (Z\alpha)^4 \epsilon_{\star e}^2 (F[n_1] - F[n_2]),$ (88)

where

$$
F[n] := \frac{12n^2 - n - 9}{2n^2(n+1)} - \frac{n^2 - 1}{24n^2} + 2 \ln n - 2H_{n+1} + \frac{\eta_{n0}^{(e)}}{Z},
$$
\n(89)

the difference becomes

$$
\frac{1}{F[n_1] - F[n_2]} \left(n_1^3 \widehat{\Delta E}_{n_1 S_{1/2} \cdot n_1 P_{1/2}} - n_2^3 \widehat{\Delta E}_{n_2 S_{1/2} \cdot n_2 P_{1/2}}\right) - \frac{24n_1^5}{n_1^2 - 1} \widehat{\Delta E}_{n_1 P_{1/2} \cdot n_1 P_{3/2}} = 0,
$$
\n(90)

which is again free of nuclear uncertainties. It is clear that a great many such relations can be derived in the same way.

IV. NUMERICAL EXAMPLE

At the moment, data [\[40\]](#page-17-0) are only available for the $2P_{1/2}$ - $2S_{1/2}$ transition in ⁴He⁺. With this transition, we can use (86) to predict the 1*S*-2*S* transition in hydrogenic helium, which is relevant for upcoming experiments [\[41\]](#page-17-0). Subtracting the pointlike physics listed in [\[23\]](#page-17-0), we compute

$$
\widehat{\Delta E}_{2S_{1/2}\cdot 2P_{1/2}}^{\text{(exp)}} = -2.58(5) \times 10^{-9} \text{ Ry},\tag{91}
$$

in units of the Rydberg energy. Here, the number in parentheses is the error on the last digit. The predicted 1*S*-2*S* transition is then

$$
\Delta E_{2S-1S} = 2.999\,706\,711\,8\,(4)\,\text{Ry}
$$

= 9.868\,561\,009\,(1)\times10⁹\,\text{MHz},\,(92)

where in the last line, we used $Ry = 3.289841960355 \times$ 10^{15} Hz from the 2014 CODATA review [\[13\]](#page-16-0). Our prediction agrees with $[41]$ and $[23]$, however, the error we report is nominally a few times larger than they report (three times [\[41\]](#page-17-0) and four times [\[23\]](#page-17-0)). What is important in our case is that the error is completely independent of nuclear uncertainties, and is dominated by the experimental error. Our result will therefore only improve as future experiments improve their precision, and will never be hindered by a particular choice of nuclear model.

V. CONCLUSION

We here apply the PPEFT framework to muonic and electronic atoms with spinless nuclei, which produce systematic parametrizations of the energy level shifts due to *all* shortrange physics, including (but not limited to) uncertainties in evaluating nuclear contributions. Our parametrization cleanly identifies a single mass-dependent length scale ϵ_{\star} that encodes the effect of all nuclear physics on atomic energy levels.

That is, in discussions of finite-size contributions to atomic energy shifts, one often writes (see, e.g., [\[24\]](#page-17-0))

$$
\Delta E = \delta_{\text{QED}} + \delta_{\text{FS}} r^2 \langle r_p^2 \rangle + \delta_{\text{FS Other}},\tag{93}
$$

where δ_{OED} is all of the non-finite-size-dependent contributions, δ_{FS} *r*² $\langle r_p^2 \rangle$ is all the finite-size terms that are proportional to the squared charge radius, and $\delta_{FS\text{ Other}}$ is all the other finite-size contributions. Our observation is that at the level of atomic energy shifts, this division is artificial. The real division is

$$
\Delta E = \delta_{\text{QED}} + \delta_{\epsilon_{\star}},\tag{94}
$$

where δ_{QED} is all point-nucleus contributions (as above), and δ_{ϵ} is all finite-size contributions, which is a known function of the one length scale ϵ_{\star} . The separation of ϵ_{\star} into different sources (such as moments of the nuclear charge distribution, and nuclear polarizability) is a theoretical exercise (although certainly a worthy one) that always needs supplementary information, such as input from theoretical models and scattering data. However, ϵ_{\star} is just one number, so once it is determined from a single measurement, it can be used to predict the finite-size contribution of all other measurements.

As a practical application of this observation, we use two different strategies to make predictions about spectroscopic transition for electronic and muonic atoms that are free of ϵ_{\star} . For these observables our formulas reduce the theoretical error in tests of QED by eliminating any uncertainties arising from explicit models of the nucleus. The same predictions are also independent of any potential short-range new physics (should this prove to be responsible for the proton-radius problem) allowing tests of QED using only muonic ⁴He whose validity is undiminished by the existence of such forces.

Our first strategy is using a single measurement to solve for ϵ_{\star} , and then use that to predict all other measurements. Doing so, we find explicitly predictions for the following transitions:

For muonic atoms, we find

$$
\widehat{\Delta E}_{nS_{1/2}\neg nP_{1/2}} = \frac{8\big[2 + \alpha \big(\eta_{n0}^{(\mu)} - \eta_{n1}^{(\mu)}\big)\big]}{n^3\big[2 + \alpha \big(\eta_{20}^{(\mu)} - \eta_{21}^{(\mu)}\big)\big]}\widehat{\Delta E}_{2S_{1/2}\neg 2P_{1/2}} \quad (95)
$$

and

-

$$
\widehat{\Delta E}_{n_1 S_{1/2} \cdot n_2 S_{1/2}} = 2 \left(\frac{2 + \alpha \eta_{n_1 0}^{(\mu)}}{n_1^2} - \frac{2 + \alpha \eta_{n_2 0}^{(\mu)}}{n_2^2} \right) \widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}},
$$
\n(96)

while electronic atoms produce

$$
\widehat{\Delta E}_{nS_{1/2} - nP_{1/2}} = \frac{8}{n^3} \widehat{\Delta E}_{2s_{1/2} - 2p_{1/2}} \left\{ 1 + (Z\alpha)^2 \times \left[N(n) - \frac{n^2 - 1}{4n^2} \right] \right\}
$$
(97)

and

$$
\widehat{\Delta E}_{n_1 S \cdot n_2 S} = \widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}} \left\{ \frac{1}{n_1^3} - \frac{1}{n_2^3} + (Z\alpha)^2 \right. \\
 \times \left[\frac{N(n_1)}{n_1^3} - \frac{N(n_2)}{n_2^3} \right] \right\},\tag{98}
$$

with $N(n)$ defined in (85) .

Our second approach is to avoid solving for ϵ_{\star} altogether, and instead find general linear combinations of measurements for which it falls out. In this way, we predict the following: For muonic systems,

$$
\frac{n_1^2}{2 + \alpha \left(\eta_{n_1 0}^{(\mu)} - \eta_{n_2 1}^{(\mu)} \right)} \widehat{\Delta E}_{n_1 S_{1/2} \cdot n_1 P_{3/2}} \n= \frac{n_2^2}{2 + \alpha \left(\eta_{n_2 0}^{(\mu)} - \eta_{n_2 1}^{(\mu)} \right)} \widehat{\Delta E}_{n_2 S_{1/2} \cdot n_2 P_{3/2}} ,
$$
\n(99)

while for electronic systems,

$$
\frac{1}{F[n_1] - F[n_2]} \left(n_1^3 \Delta E_{n_1 S_{1/2} - n_1 P_{1/2}} - n_2^3 \Delta E_{n_2 S_{1/2} - n_2 P_{1/2}}\right) \n- \frac{24n_1^5}{n_1^2 - 1} \Delta E_{n_1 P_{1/2} - n_1 P_{3/2}} = 0,
$$
\n(100)

where $F[n]$ is defined in [\(89\)](#page-13-0).

Using the only available data for the helium ion (the 2*S*-2*P* Lamb shift in ordinary 4 He⁺), we use [\(86\)](#page-13-0) to predict a 1*S*-2*S* transition $v_{15-25} = 9.868561009(1) \times 10^9$ MHz. While our uncertainty in this prediction is roughly four times the uncertainty in the literature, our error is dominated by the experimental precision of the 2*S*-2*P* measurement. Consequently, our predictions will become more and more precise as experiments improve, and remain unencumbered by the inherent uncertainty in choice of nuclear model.

Although we here address only spinless nuclei, it is certainly possible to include nuclei with spin in the PPEFT framework, and work is ongoing to do so. Although nuclear spin changes the counting of parameters in the energy shift formulas above, the principle remains exactly the same and we expect in this case also to be able to build observables from which short-range contributions completely drop out.

ACKNOWLEDGMENTS

We thank R. Hill, B. Holdom, M. Horbatsch, T. Jacobson, R. Koniuk, B. Nickel, S. Penin, M. Pospelov, I. Rothstein, K. Zuber, and K. Pachucki for discussions and A. Antognini, F. Kottman, and R. Pohl for very helpful correspondence. We thank the organizers of the workshop 'Precision Measurements and Fundamental Physics: the Proton Radius and Beyond' held at the Mainz Institute for Theoretical Physics (MITP), for providing such stimulating environs where part of this work was completed. This research was supported in part by funds from the Natural Sciences and Engineering Research Council (NSERC) of Canada. Research at the Perimeter Institute is supported in part by the Government of Canada through Industry Canada, and by the Province of Ontario through the Ministry of Research and Information (MRI).

APPENDIX A: POLARIZABILITY IN A NUCLEAR MODEL

To illustrate how nuclear polarizabilities enter into the PPEFT framework, this appendix considers a relatively simple nuclear model, following Refs. [\[24,34\]](#page-17-0). The model works with nucleons and leptons with states $|NJJ_z; njj_z\rangle$ representing the nuclear (upper case) quantum numbers and lepton (lower case) quantum numbers. The Hamiltonian of the system is

$$
H = H_N + H_f + \Delta H, \tag{A1}
$$

where H_N is the Hamiltonian of the nucleus (whose details never need be explicitly written, with the basis of nuclear states $|NJJ_z\rangle$ assumed known), H_f is the Schrödinger or Dirac-Coulomb Hamiltonian for the lepton interacting with a point-source Coulomb potential, and ΔH is given by

$$
\Delta H = \frac{Z\alpha}{r} - Z\alpha \int d^3r' \frac{\hat{\varrho}(\mathbf{r}')}{|\mathbf{r} - \mathbf{r}'|},
$$
 (A2)

where $\hat{\varrho}$ is the electric charge operator written in terms of the quantum nuclear degrees of freedom (such as the nucleon positions and charges). The perturbation subtracts out the point-source Coulomb interaction appearing in H_f and replaces it with the more realistic nuclear electromagnetic source distribution.

Working perturbatively in ΔH leads to a graphical expansion that includes those of Fig. [5.](#page-15-0) Of these, the leftmost graph is linear in the nonpointlike Coulomb-nuclear coupling ΔH , and involves one factor of the nuclear charge-density operator $\hat{\varrho}$ evaluated within the nuclear ground state $\langle 0 | \Delta H | 0 \rangle$. It is this type of graph that gives the contributions that look like the charge radius r_p^2 of the nuclear charge distribution $\rho(\mathbf{r}) = \langle 0|\hat{\varrho}(\mathbf{r})|0\rangle.$

Terms quadratic in this same nuclear charge distribution, such as the Friar moment r_r^3 of [\(52\)](#page-9-0), arise from the second graph in Fig. [5](#page-15-0) that are quadratic in ΔH but also only involve the nucleus in its ground state. The first two types of graphs therefore have counterparts for leptons interacting with a specified charge distribution and so can be expected to contribute to energy shifts in the same way, leading to contributions to ϵ_{\star} of the form given in [\(49\)](#page-9-0).

It is the final graph of Fig. [5](#page-15-0) (and its crossed counterpart) that contains the nuclear polarizability and so is not simply captured by static moments of a given nuclear distribution

FIG. 5. Graphs arising from the perturbative expansion of nuclear electromagnetic interactions. The upper solid line represents the atomic lepton, dotted lines represent the Coulomb part of the electromagnetic field, and the lower solid line represents the nucleus in its ground state. The fat dot vertex includes a nonpointlike momentum-dependent correction to the Coulomb vertex, while the fat solid line represents the propagation of an excited nuclear state. Crossed graphs are also present even though they are not drawn.

 $\rho(\mathbf{r}) = \langle 0|\hat{\varrho}(\mathbf{r})|0\rangle$. For the nuclear sector, this graph contributes a contribution involving a sum over nuclear states involving the off-diagonal matrix elements $|\langle N|\hat{\varrho}(\mathbf{r})|0\rangle|^2$.

Explicitly, in [\[34\]](#page-17-0) Friar gives the following expression for the atomic energy shift due to such a polarizability:

$$
\delta E_{\text{pol}} = -\frac{4\pi}{3} (Z\alpha)^2 |\phi_n(0)|^2 \sum_{N \neq 0} \left[\sqrt{\frac{2m}{\omega_N}} |\langle N| \mathbf{D} |0 \rangle|^2 + \frac{m}{4} \int d^3x \int d^3y \langle 0|\rho(\mathbf{y})|N \rangle \langle N|\rho(\mathbf{x})|0 \rangle |\mathbf{x} - \mathbf{y}|^3 \right],
$$
\n(A3)

where **D** is the nucleon electric dipole operator $D =$ $\int d^3x \mathbf{x} \rho(\mathbf{x})$, and ω_N is the excitation energy of the intermediate nuclear state while $\phi_n(0)$ is the lepton's wave function at the origin.

For the main text what is important about this calculation is that it depends on the lepton quantum numbers in precisely the same way as does the charge radius r_p^2 , and so can be interpreted as a shift in the value of ϵ_{\star} . The leading (dipole) polarizability term goes as $(Z\alpha)^2 |\phi_n(0)|^2 R^2$ and so is a contribution to the R_1^2 contribution of ϵ_{\star} in the parametrization of [\(44\)](#page-8-0).

By comparison, the second term (and Friar moment correction) can be seen to go as relative order $(mRZ\alpha)$ and so are also contributions to R_1^2 in [\(44\)](#page-8-0). Contributions to R_2^2 in [\(44\)](#page-8-0) also arise in explicit calculations, typically as relativistic kinematic corrections to lower-order terms.

APPENDIX B: SOLVING FOR *-*

This Appendix fills in the details that give the expression for ϵ_{\star} in situations where the energy shifts also depend logarithmically on ϵ_{\star} . This arises in the main text when writing an expression for ϵ_{\star} in terms of the $2S_{1/2}$ -2*P*_{1/2} level shift, for example. We do so in this appendix for general *n*.

We start by writing the $nS_{1/2}$ - $nP_{1/2}$ shift as

$$
\widehat{\Delta E}_{nS_{1/2}\neg P_{1/2}} = \frac{4m_e^3(Z\alpha)^4}{n^3} \epsilon_{\star e}^2 \{\chi_n - \ln[(m_e \epsilon_{\star e})^2]\}, \quad \text{(B1)}
$$

where

$$
\chi_n := \frac{2}{(Z\alpha)^2} - 2\ln\left(\frac{2Z\alpha}{n}\right) + \frac{12n^2 - n - 9}{2n^2(n+1)} - 2H_{n+1}
$$

$$
-2\gamma + 4 + \frac{\eta_{n0}^{(e)}}{Z} - \frac{2(n^2 - 1)}{n^2},
$$
(B2)

and rearrange to obtain

$$
\frac{n^3}{4m_e(Z\alpha)^4} \widehat{\Delta E}_{2S_{1/2} \cdot 2P_{1/2}} = m_e^2 \epsilon_{\star e}^2 \{ \chi_n - \ln[(m_e \epsilon_{\star e})^2] \}. \quad (B3)
$$

We wish to solve this equation for $\epsilon_{\star e}$, but it has no closedform solution. However, the solution does have a name: it is called the Lambert *W* function. In terms of this we have

$$
m_e^2 \epsilon_{\star e}^2 = \exp\bigg[W\bigg(-\frac{n^3}{4m_e(Z\alpha)^4} \widehat{\Delta E}_{2S_{1/2}\cdot 2P_{1/2}} e^{-\chi_n} \bigg) + \chi_n \bigg].
$$
\n(B4)

To turn this into something useful, we use some approximate forms for *W* in various limits. The first observation is that the argument of the *W* function is order $e^{-1/(Z\alpha)^2}$ (coming from the χ_n) and so is very small. Also, the energy shift in question is positive, so this argument is negative. In this limit, $W[z]$ is double valued, and the branch of interest is the one satisfying $W[z] < -1$, denoted by $W_m[z]$. In the limit of small negative argument,

$$
W_m[z] \simeq -\ln\left(-\frac{1}{z}\right) - \ln\left[\ln\left(-\frac{1}{z}\right)\right] - \frac{\ln[\ln(-1/z)]}{\ln(-1/z)} \dots,
$$
\n(B5)

so that

$$
W\left(-\frac{n^3}{4m_e(Z\alpha)^4}\widehat{\Delta E}_{nS_{1/2}\cdot nP_{1/2}}e^{-\chi_n}\right)+\chi_n
$$

\n
$$
\simeq \ln\left(\frac{n^3}{4m_e(Z\alpha)^4}\widehat{\Delta E}_{nS_{1/2}\cdot nP_{1/2}}\right)
$$

\n
$$
-\ln\left[\chi_n - \ln\left(\frac{n^3}{4m_e(Z\alpha)^4}\widehat{\Delta E}_{nS_{1/2}\cdot nP_{1/2}}\right)\right]
$$

\n
$$
-\frac{(Z\alpha)^2}{2}\ln\left(\frac{2}{(Z\alpha)^2}\right)+\cdots,
$$
 (B6)

where the dots contain terms suppressed by order $(Z\alpha)^4$ and higher. Consequently,

$$
m_e^2 \epsilon_{\star e}^2 \simeq \frac{n^3}{8m_e(Z\alpha)^2} \widehat{\Delta E}_{nS_{1/2} - nP_{1/2}} \times \left\{ 1 + (Z\alpha)^2 \left[\widehat{\chi}_n + \frac{1}{2} \ln \left(\frac{n^3}{4m_e(Z\alpha)^4} \widehat{\Delta E}_{nS_{1/2} - nP_{1/2}} \right) \right] \right\} + O\left((Z\alpha)^2 \frac{n^3 \widehat{\Delta E}_{nS_{1/2} - nP_{1/2}}}{4m_e} \right),
$$
(B7)

where

$$
\hat{\chi}_n := \frac{1}{2} \ln[2(Z\alpha)^4/n^2] - \frac{12n^2 - n - 9}{4n^2(n+1)} + H_{n+1} + \gamma - 2 - \frac{\eta_{n0}}{2Z} + \frac{n^2 - 1}{4n^2}
$$
(B8)

(defined by $\chi_n = \left[\frac{2}{(Z\alpha)^2}\right](1 - \hat{\chi}_n)$), and the correction is down by $(Z\alpha)^4$ relative to the leading term. Finally, plugging this into [\(73\)](#page-12-0) for the $nS_{1/2}$ - $nP_{3/2}$ shift, we predict

$$
\widehat{\Delta E}_{nS_{1/2}\neg P_{3/2}} \approx \widehat{\Delta E}_{nS_{1/2}\neg P_{1/2}} \left\{ 1 + (Z\alpha)^2 \left[\hat{\chi}_n + \frac{1}{2} \ln \left(\frac{n^3}{4m_e (Z\alpha)^4} \widehat{\Delta E}_{nS_{1/2}\neg P_{1/2}} \right) \right] \right\}
$$

$$
\times \left\{ 1 + (Z\alpha)^2 \left[\frac{12n^2 - n - 9}{4n^2(n+1)} - \frac{1}{2} \ln \left(\frac{n \widehat{\Delta E}_{nS_{1/2}\neg P_{1/2}}}{2m_e} \right) - H_{n+1} - \gamma + 2 + \frac{\eta_{n0}}{2Z} \right] \right\}
$$

= $\widehat{\Delta E}_{nS_{1/2}\neg P_{1/2}} \left\{ 1 + (Z\alpha)^2 \left[\frac{n^2 - 1}{4n^2} \right] + O((Z\alpha)^4) \right\},$ (B9)

which is exactly the result (77) used in the main text.

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