Electron-spin filter and polarizer in a standing light wave

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(Received 21 October 2016; published 30 November 2017)

We demonstrate the theoretical feasibility of spin-dependent diffraction and spin polarization of an electron in two counterpropagating, circularly polarized laser beams. The spin dynamics appears in a two-photon process of the Kapitza-Dirac effect in the Bragg regime. We show the spin dependence of the diffraction process by comparison of the time evolution of spin-up and spin-down electrons in a relativistic quantum simulation. We further discuss the spin properties of the scattering by studying an analytically approximated solution of the time-evolution matrix. A classification scheme in terms of unitary or nonunitary propagation matrices is used for establishing a generalized and spin-independent description of the spin properties in the diffraction process.

DOI: [10.1103/PhysRevA.96.052132](https://doi.org/10.1103/PhysRevA.96.052132)

I. INTRODUCTION

Diffraction of electrons in a standing wave of light as proposed by Kapitza and Dirac [\[1\]](#page-10-0) was demonstrated at the beginning of the century $[2,3]$, with analogs by diffracting into multiple diffraction orders $[4]$ or by using atoms $[5,6]$. The Kapitza-Dirac effect has already been studied theoretically, for example, in adiabatic switching [\[7\]](#page-10-0) by using perturbation theory [\[8–10\]](#page-10-0), for spinless particles by using the Klein-Gordon equation $[11,12]$, for the case of a traveling wave in a dielectric medium [\[13\]](#page-10-0), and for a blazed, sawtooth-shaped grating [\[14\]](#page-10-0). See also [\[15\]](#page-10-0) for an overview.

The question of whether the electron spin can be altered in the diffraction process was posed after the observation of the Kapitza-Dirac effect [\[16,17\]](#page-10-0). Subsequent theoretical considerations confirmed that the electron spin can be manipulated [\[18–21\]](#page-10-0), and the dynamical evolution has been identified as a rotation of the electron spin orientation $[22-24]$. A rotation of the electron spin, however, does not imply a dependence of the diffraction pattern on the initial spin configuration or spin alignment in a certain direction (spin polarization) due to the dynamics.

It is possible to produce polarized electron beams by photoemission [\[25,26\]](#page-10-0), strong-field ionization [\[27–34\]](#page-10-0), and nonlinear Compton scattering [\[35\]](#page-10-0). Also the spin has been investigated in double Compton scattering in a constant crossed field [\[36\]](#page-10-0), and spin polarization in the magnetic nodes of ultraintense lasers has been discussed recently [\[37\]](#page-10-0). Regarding spin-sensitive processes, spin-dependent diffraction has been considered to appear at a phase grating formed by microscopic coils [\[38\]](#page-10-0) or in the near field of a periodic magnetic nanostructure [\[39\]](#page-10-0). Also the possibility of a Stern-Gerlach-like setup for free electrons is discussed in theory $[40-45]$.

Here, we demonstrate that spin-dependent diffraction is possible in a standing light wave of circularly polarized light for the case of a two-photon interaction. While setups with two interacting photons correspond to the effect considered by Kapitza and Dirac originally [\[1\]](#page-10-0) and have been detected in the experiment $[2,3]$, three-photon scattering has also been

Note that at the final stage of our research spin-dependent diffraction has been discussed in the context of a three-photon interaction in the Kapitza-Dirac effect [\[48,49\]](#page-11-0). The former setup [\[48\]](#page-11-0) makes use of an interferometric setup with linear polarized laser beams, which combines three-photon and twophoton Kapitza-Dirac scattering, while the latter setup [\[49\]](#page-11-0) solely considers three-photon scattering in laser fields with a general polarization description. The effective three-photon interaction is realized by employing a bichromatic standing light wave as an external field. In contrast to that, we are investigating Kapitza-Dirac scattering in a monochromatic, standing light wave of circular polarization, in which the electron is undergoing an effective two-photon interaction.

Our article is organized as follows: In Sec. [II A](#page-1-0) we describe the laser field, and in Sec. \overline{I} IB we introduce the notion of relativistic quantum dynamics in momentum space.We present a full simulation of the equations of motion in Sec. [II C](#page-1-0) with a Gaussian-shaped, temporal interaction of the electron with the laser field, and we point out spin-dependent diffraction and spin-polarization effects. In Sec. [III](#page-2-0) we adapt an approximate solution of the quantum dynamics [\[19\]](#page-10-0) for a laser field which propagates along the *z* axis. Based on this solution we give an intuitive explanation for the origin of the described spin-dependent diffraction in Sec. [IV.](#page-3-0) Section [V](#page-3-0) discusses the spin properties of the analytic solution by starting with general considerations of the degrees of freedoms of the 2×2 submatrix which is responsible for the propagation of the electron spin. We further approximate the solution for different time scales, i.e., at instant times in Sec. [V A](#page-4-0) and after an eighth of the period $2\pi/\Omega_s$ in Sec. [V B,](#page-4-0) where Ω_s is a characteristic frequency of spin effects. For the latter case we investigate the spin-dependent diffraction in Sec. [V C](#page-5-0) and spin polarization of the electron in Sec. $V D$ by comparing the dynamics with a more accurate analytic solution in Appendix [B](#page-8-0) and the numerical simulation of the quantum dynamics. In Sec. [V E](#page-6-0) we discuss the extremal cases of the spin-dependent diffraction. We conclude in Sec. [VI](#page-7-0) with outlining the implications of the discussed spin dynamics.

discussed in bichromatic laser fields [\[46,47\]](#page-11-0), in particular in the context of spin effects $[18,21,22]$. In order to show spindependent diffraction we explicitly propagate electrons with different initial spin configurations and relate the different outcomes to the initial condition.

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II. SIMULATION OF RELATIVISTIC QUANTUM DYNAMICS

For the description of the process we solve the quantum dynamics of the single-particle Dirac equation

$$
i\hbar\dot{\Psi}(\mathbf{x},t) = \left[c\left(-i\hbar\nabla - \frac{q}{c}A(\mathbf{x},t)\right)\cdot\boldsymbol{\alpha} + mc^2\beta\right]\Psi(\mathbf{x},t)
$$
\n(1)

in momentum space by making use of a plane-wave expansion of the wave function $[18,22-24]$. The constants in Eq. (1) are the reduced Planck constant \hbar , the electron rest mass m , and the vacuum speed of light *c*. The α_i of the vector α and *β* are the Dirac matrices. In this article we use a dot above a time-dependent variable to denote its time derivative, for example, $\frac{\partial \Psi(x,t)}{\partial t} = \dot{\Psi}(x,t)$.

A. The external electromagnetic field

We describe the vector field of two counterpropagating, circularly polarized laser beams by

$$
A(x,t) = 2Aw(t)\cos(kz)[-\sin(\omega t)\boldsymbol{e}_x + \cos(\omega t)\boldsymbol{e}_y], \quad (2)
$$

with wave number *k* and frequency $\omega = ck$. Equation (2) is a solution of the Maxwell equations, provided that the envelope function $w(t)$ was constant in time. We model the temporal interaction of the electron with the laser beam in our numerical simulation by using the envelope function

$$
w(t) = \sin^2\left(\frac{\pi t}{\tau}\right),\tag{3}
$$

in accordance with earlier studies [\[18,19,22–24,](#page-10-0)[47,50\]](#page-11-0). The parameter τ is the time period of the interaction, and the simulation is evolved in the period between zero and τ , i.e., $t \in [0, \tau]$.

We point out that dynamics in standing light waves have been studied by the investigation of classical trajectories [\[51\]](#page-11-0), by solving the Klein-Gordon equation [\[52,53\]](#page-11-0), and by studying nonlinear Compton scattering [\[54\]](#page-11-0).

B. Equations of motion in momentum space

For the description of the relativistic wave function, we introduce the bispinors

$$
u_n^{+,\alpha} = \sqrt{\frac{\mathcal{E}_n + mc^2}{2\mathcal{E}_n}} \left(\frac{\chi^{\alpha}}{\frac{nck\hbar\sigma_z}{\mathcal{E}_n + mc^2}\chi^{\alpha}}\right),
$$
 (4a)

$$
u_n^{-,\alpha} = \sqrt{\frac{\mathcal{E}_n + mc^2}{2\mathcal{E}_n}} \left(-\frac{nck\hbar\sigma_z}{\mathcal{E}_n + mc^2} \chi^{\alpha} \right)
$$
(4b)

and the solutions of the free Dirac equation [\[18,22\]](#page-10-0)

$$
\psi_n^{\gamma,\alpha}(\mathbf{x}) = \sqrt{\frac{k}{2\pi}} u_n^{\gamma,\alpha} e^{inkz}.\tag{5}
$$

Here, \mathcal{E}_n is the relativistic energy momentum relation

$$
\mathcal{E}_n = \sqrt{(mc^2)^2 + (nck\hbar)^2},\tag{6}
$$

and σ_x , σ_y , and σ_z are the three Pauli matrices. The twocomponent objects $\chi^{\uparrow} = (1,0)^T$, $\chi^{\downarrow} = (0,1)^T$ form a basis in the spinor space of the Pauli equation. The functions (5)

are simultaneous eigenfunctions of the momentum operator, the free Dirac Hamiltonian, and the Foldy-Wouthuysen spin operator [\[55\]](#page-11-0). Correspondingly, the quantum numbers of the eigenfunctions denote the momentum $nk\hbar$, the sign of the eigenenergy $\gamma \in \{+, -\}$, and the spin $\sigma \in \{\uparrow, \downarrow\}.$

The relativistic wave function of the electron

$$
\Psi(\mathbf{x},t) = \sum_{n \in \mathbb{N}, \atop \alpha \in \{\uparrow,\downarrow\}} c_n^{\alpha}(t) \psi_n^{+,\alpha} + d_n^{\alpha}(t) \psi_n^{-,\alpha} \tag{7}
$$

is expanded in terms of the described eigenfunctions, where the time evolution of the expansion coefficients $c_n^{\alpha}(t)$ and $d_n^{\alpha}(t)$ is obtained by projecting the Dirac equation (1) at the plane waves (5). We obtain a system of differential equations

$$
i\hbar c_n^{\alpha}(t) = \mathcal{E}_n c_n^{\alpha}(t) + \sum_{n' \in \mathbb{N}, \atop \beta \in \{\uparrow, \downarrow\}} \left[V_{n,n'}^{+,\alpha;+,\beta}(t) c_{n'}^{\beta}(t) \right. \\ \left. + V_{n,n'}^{+,\alpha;-,\beta}(t) d_{n'}^{\beta}(t) \right], \qquad (8a)
$$

$$
i\hbar \dot{d}_n^{\alpha}(t) = -\mathcal{E}_n d_n^{\alpha}(t) + \sum_{n' \in \mathbb{N}, \atop \beta \in \{\uparrow, \downarrow\}} \left[V_{n,n'}^{-,\alpha;+,\beta}(t) c_{n'}^{\beta}(t) \right]
$$

$$
+ V_{n,n'}^{-,\alpha;-, \beta}(t) d_{n'}^{\beta}(t) \big], \tag{8b}
$$

with the interaction term

$$
V_{n,n'}^{\gamma,\rho;\gamma',\rho'}(t) = \frac{q}{c} A w(t) (\delta_{n,n'-1} + \delta_{n,n'+1})
$$

$$
\times u_n^{\gamma,\rho\dagger} [\alpha_1 \sin(\omega t) - \alpha_2 \cos(\omega t)] u_n^{\gamma',\rho'}.
$$
 (9)

Note that, in the numerical simulation, the amplitude of $|c_n^{\alpha}(t)|$ and $|d_n^{\alpha}(t)|$ drops exponentially for large $|n|$. Therefore, we truncate the system of differential equations of the expansion coefficients and set them to zero for $|n| > 10$.

C. The numerical simulation and its spin properties

We demonstrate the possibility of filtering and polarizing the electron spin by a simulation of the eigensolution's expansion coefficients $c_n^{\sigma}(t)$ and $d_n^{\sigma}(t)$, shown in Fig. [1.](#page-2-0) The electron spin initially points upwards in Figs. $1(a)$ and $1(b)$, and it initially points downwards in Figs. $1(c)$ and $1(d)$. Likewise, the initial electron is moving in the $−z$ direction with momentum $\hbar k = 7.8 \,\text{keV}/c$ in Figs. [1\(a\)](#page-2-0) and [1\(c\),](#page-2-0) and it is moving with momentum $\hbar k$ in the *z* direction in Figs. [1\(b\)](#page-2-0) and $1(d)$. One can see that spin-up electrons change their initial occupation probabilities $|c_{\pm 1}(0)|^2 = 1$ and $|c_{\mp 1}(0)|^2 = 0$ to the final probabilities $|c_{\pm 1}(\tau)|^2 = 0$ and $|c_{\mp 1}(\tau)|^2 = 1$, where

$$
|c_n(t)|^2 = |c_n^{\uparrow}(t)|^2 + |c_n^{\downarrow}(t)|^2
$$
 (10)

is the probability of finding the electron with momentum *nhk*¯ in the *z* direction at time *t*. In contrast, spin-down electrons do not exchange their occupation probabilities between the momenta $\hbar k$ and $-\hbar k$. This spin-dependent diffraction behavior implies that it is possible to separate electrons according to their spin state in the two-photon Kapitza-Dirac effect with circularly polarized light.

Also, if the electron is initially moving upwards with momentum $\hbar k$, as in Figs. [1\(b\)](#page-2-0) and [1\(d\),](#page-2-0) then the final electron will move downwards with electron spin pointing up or will move upwards with electron spin pointing down. Similarly,

FIG. 1. Simulated quantum dynamics. Shown are the absolute squares of the nonvanishing expansion coefficients of the wave function [\(7\)](#page-1-0) over the time *t*. For the initial condition we set the expansion coefficient (a) $c_{-1}^{\uparrow}(0)$, (b) $c_{+1}^{\uparrow}(0)$, (c) $c_{-1}^{\downarrow}(0)$, and (d) $c_{+1}^{\downarrow}(0)$ to 1, where all other expansion coefficients $c_n^{\sigma}(0)$ and $d_n^{\sigma}(0)$ are set to zero at time $t = 0$. One can see that electrons with spin-up polarization are reversing their momentum, while the electrons with spin-down polarization are not changing their momentum. This means that spin-dependent diffraction is taking place. The laser peak intensity is 1.12×10^{22} W/cm², with the wavelength $\lambda = 0.159$ nm in our simulation, in accordance with the parameters used in [\[19\]](#page-10-0).

an initially downwards-moving electron as in Figs. $1(a)$ and 1(c) will finally move upwards with spin pointing up or move downwards with spin pointing down. This means that the electron spin is polarized independent of its initial spin configuration.

The described spin dynamics are sketched in Fig. [2](#page-3-0) for illustration.

III. APPROXIMATE DESCRIPTION

A simplified picture of the spin dynamics in the considered system can be given by an approximate analytic solution of the relativistic quantum dynamics, which is described by Erhard and Bauke [\[19\]](#page-10-0). The method makes use of a Foldy-Wouthuysen transformation of the Dirac equation for obtaining a nonrelativistic approximation [\[55,56\]](#page-11-0). The non-negligible contributions of the transformation can be written in terms of the Pauli equation plus a relativistic correction term

$$
i\hbar \dot{\Psi}(x,t) = \left\{ \frac{1}{2m} \left[-i\hbar \nabla - \frac{q}{c} A(x,t) \right]^2 - \frac{q\hbar}{2mc} \sigma \cdot B(x,t) + \frac{q^2 \hbar}{4m^2 c^3} \sigma \cdot \left[E(x,t) \times A(x,t) \right] \right\} \Psi(x,t), \quad (11)
$$

where a constant mc^2 contribution is neglected due to the possible elimination by choosing a suitable gauge. The electric and magnetic fields are related to the vector potential [\(2\)](#page-1-0) by

$$
E(x,t) = -\frac{1}{c} \frac{\partial A(x,t)}{\partial t},
$$
\n(12)

$$
B(x,t) = \nabla \times A(x,t). \tag{13}
$$

The approximation from Erhard and Bauke assumes a nonvarying field amplitude $w(t) = 1$, for which the electric and magnetic fields evaluate to

$$
E(x,t) = 2A k \cos(kz) [\cos(\omega t) e_x + \sin(\omega t) e_y], \quad (14a)
$$

$$
\boldsymbol{B}(\boldsymbol{x},t) = 2A\,k\sin(kz)[\cos(\omega t)\boldsymbol{e}_x + \sin(\omega t)\boldsymbol{e}_y].\tag{14b}
$$

In another step $[19]$, Eq. (11) can be solved with the Magnus expansion [\[57,58\]](#page-11-0), where terms which are negligibly small and which are not growing linearly in time are neglected. The relevant terms of the calculation appear in an exponential representation of the time evolution and correspond to the wave equation

$$
i\hbar \dot{\Psi}(x,t) = \left[\frac{1}{2m}(-i\hbar \nabla)^2 + \frac{2q^2 A^2}{mc^2} \cos^2(kz) - \frac{q^2 A^2 \hbar k}{m^2 c^3} [\sin^2(kz) - \cos^2(kz)] \sigma_z \right] \Psi(x,t).
$$
\n(15)

One can exchange the relativistic wave function [\(7\)](#page-1-0) of the Dirac equation with the two-component wave function

$$
\Psi(x,t) = \sum_{n} c_n(t)e^{inkz}, \qquad (16)
$$

with the two-component structure

$$
c_n(t) = \begin{pmatrix} c_n^{\uparrow}(t) \\ c_n^{\downarrow}(t) \end{pmatrix}
$$
 (17)

of the expansion coefficients for the case of the Foldy-Wouthuysen transformed wave equation (11). Inserting the

FIG. 2. Interacting setup of the laser and electron. Sketched with yellow arrows are two counterpropagating, corotating, circularly polarized laser beams from the top and bottom and a corresponding yellow hyperboloid, which illustrates the resulting standing light wave. Depicted in the top left and bottom right are incoming spin-up and spin-down electrons, while in the bottom left and top right are the outgoing electrons. The connecting lines of electrons indicate that momenta of spin-up electrons are reversed, while momenta of spin-down electrons remain unchanged by interaction with the laser field. This property is consistent with the simulation in Fig. [1.](#page-2-0) The diagram also coincides with the analytic expression [\(48\)](#page-6-0) at time parameter $\eta = 8 \times 2\pi$, where η is defined in Eq. [\(37\)](#page-4-0) (see also Sec. V_E).

wave function [\(16\)](#page-2-0) into the relativistic Pauli equation [\(15\)](#page-2-0) and projecting on the plane-wave eigenfunctions $\chi^{\sigma} e^{inkz}$ yields

$$
i\hbar \dot{c}_n(t) = \frac{n^2 \hbar^2 k^2}{2m} c_n(t) + \frac{q^2 A^2}{2mc^2} [c_{n-2}(t) + 2c_n(t) + c_{n+2}(t)] + \frac{q^2 A^2 \hbar k}{2m^2 c^3} \sigma_z [c_{n-2}(t) + c_{n+2}(t)].
$$
\n(18)

We restrict the system of differential equations to the electron momenta $-\hbar k$ and $\hbar k$, according to a similar description of the Kapitza-Dirac effect in the so-called Bragg regime, which is discussed by Batelaan [\[3,15](#page-10-0)[,59\]](#page-11-0), resulting in

$$
i\dot{c}_{\pm 1}(t) = (\Omega_k + 2\Omega_R)c_{\pm 1}(t) + (\Omega_R \mathbf{1} + \Omega_S \sigma_z)c_{\mp 1}(t). \tag{19}
$$

Analogous to [\[19\]](#page-10-0), we have introduced the abbreviations for the kinetic energy

$$
\Omega_k = \frac{\hbar k^2}{2m},\tag{20}
$$

the Rabi frequency of the Kapitza-Dirac effect

$$
\Omega_R = \frac{q^2 A^2}{2mc^2 \hbar},\tag{21}
$$

and the frequency of spin-dependent effects

$$
\Omega_S = \Omega_R \frac{\hbar k}{mc}.
$$
\n(22)

With the choice of a suitable gauge, the term proportional to $(\Omega_k + 2\Omega_R)$ can be removed, yielding

$$
i\dot{c}_{\pm 1}(t) = (\Omega_R \mathbf{1} + \Omega_S \sigma_z) c_{\mp 1}(t). \tag{23}
$$

By introducing the notion

$$
c_{\pm 1}(t) = T(t)c_{\pm 1}(0) + R(t)c_{\mp 1}(0) \tag{24}
$$

for the time evolution one can write the solution of the differential equation (23) as

$$
T(t) = \begin{pmatrix} \cos[(\Omega_R + \Omega_S)t] & 0\\ 0 & \cos[(\Omega_R - \Omega_S)t] \end{pmatrix}, \quad (25a)
$$

$$
R(t) = -i \begin{pmatrix} \sin[(\Omega_R + \Omega_S)t] & 0\\ 0 & \sin[(\Omega_R - \Omega_S)t] \end{pmatrix}. \quad (25b)
$$

Here, the matrices $R(t)$ and $T(t)$ describe spin-dependent initial to final quantum state scattering with and without reversion of momentum, corresponding to reflection and transmission.

Note that it is also possible to solve the system of equations (23) by accounting for the momenta $\pm 3\hbar k$, instead of only $\pm 1\hbar k$ [\[19\]](#page-10-0), as explained in Appendix [B.](#page-8-0) One obtains corrections to the solution (25) which are negligibly small for the parameters in Fig. [1.](#page-2-0)

IV. EXPLANATION OF THE PHYSICAL PROCESS

One can intuitively understand the spin-dependent quantum dynamics by looking at Eqs. (23) and (25) . The spin-up and spin-down components in Eq. (23) do not mix, and consequently, the spin propagation matrices (25) are diagonal. However, one can see that the Rabi-flopping frequency Ω_R of the spin-up component is enhanced by the small value Ω_S , while the spin-down component is decreased by Ω_S . Thus, after several Rabi cycles elapse, there is a time at which the Rabi cycle of a spin-up electron is complete but the Rabi cycle of a spin-down electron is not or vice versa. This property can also be observed in the numerical simulation in Fig. [1,](#page-2-0) in which the spin-up electron oscillates through 16.5 cycles, while the spin-down electron evolves only 16 cycles. As a result only a spin-up electron will be in the diffracted state, while a spin-down electron remains in its initial state, corresponding to spin-dependent diffraction. In this sense, the spin effect presented here is caused by stronger (weaker) interaction of electrons with spin coaligned (counteraligned) to the spin density of the laser beam.

V. PROPERTIES OF SPIN DYNAMICS

The matrices $T(t)$ and $R(t)$ in Eq. (25) can be represented in the form [\[22\]](#page-10-0)

$$
U_s(t) = \sqrt{P}e^{i\chi}\left[\cos\left(\frac{\xi}{2}\right)\mathbf{1} - i\sin\left(\frac{\xi}{2}\right)\mathbf{n}\cdot\mathbf{\sigma}\right].
$$
 (26)

For the case of real parameters P , χ , ξ , and \boldsymbol{n} (with \boldsymbol{n} being a unit vector) the term in the square brackets is an SU(2) rotation which rotates the electron spin. In this case *P* has the meaning of the spin-independent diffraction probability. In general the unit vector *n* can also be complex valued, such that the representation (26) is parameterized by eight independent parameters, corresponding to the eight degrees of freedom of a complex-valued 2×2 matrix [\[60\]](#page-11-0). In this more general case the term in the square brackets is no longer an SU(2) rotation, and the parameter *P* loses its property as the spin-independent diffraction probability because different spin configurations will be diffracted with different probabilities.

We want to demonstrate this property for the time propagation (25) . The solution of (25) consists of a fast dynamical part of the scale Ω_R and a slow dynamical part of the scale Ω_S , which one can see from the expansion of the trigonometric functions

$$
\cos\left[(\Omega_R \pm \Omega_S)t\right] = \cos\Omega_R t \cos\Omega_S t \mp \sin\Omega_R t \sin\Omega_S t,
$$

\n
$$
\sin\left[(\Omega_R \pm \Omega_S)t\right] = \sin\Omega_R t \cos\Omega_S t \pm \cos\Omega_R t \sin\Omega_S t.
$$
\n(27)

A. Instant Rabi oscillations

We note that Ω_S is smaller than Ω_R by a factor of $\hbar k/(mc)$, i.e., $\Omega_R = 65.4 \Omega_S$ for the parameters used in the simulation of Fig. [1.](#page-2-0) Therefore, for times $t \ll 2\pi/\Omega_s$, the sin($\Omega_s t$) term can be neglected, and the $cos(\Omega_St)$ term can be set to one in Eq. (27), resulting in

$$
T(t) \approx \begin{pmatrix} \cos \Omega_R t & 0\\ 0 & \cos \Omega_R t \end{pmatrix}
$$
 (28a)

and

$$
R(t) \approx -i \begin{pmatrix} \sin \Omega_R t & 0 \\ 0 & \sin \Omega_R t \end{pmatrix} . \tag{28b}
$$

The matrix [\(26\)](#page-3-0) can approximate $T(t)$ and $R(t)$ by setting

$$
\xi = 0, P = \cos^2 \Omega_R t \qquad \text{for } T(t), \tag{29a}
$$

$$
\xi = 0, P = \sin^2 \Omega_R t \quad \text{for } R(t), \tag{29b}
$$

corresponding to spin-independent Rabi oscillations in the Kapitza-Dirac effect [\[15\]](#page-10-0).

B. After an eighth of period $2\pi/\Omega_s$

The dynamics change when the product Ω_St reaches fractions of the period 2π . An interesting value is an eighth of the period $2\pi/\Omega_s$, which also corresponds to the final quantum state configuration of the simulation in Fig. [1,](#page-2-0) as explained in Sec. [V E.](#page-6-0) For further investigations we introduce the shifted time

$$
t' = t - \frac{\pi}{4\Omega_S}.\tag{30}
$$

The functions $\cos \Omega_s t$ and $\sin \Omega_s t$ evaluate to $1/\sqrt{2}$ for $|t'| \ll$ $2\pi/\Omega_s$ in the trigonometric expansion (27), resulting in the nonvanishing matrix elements

$$
T_{11}(t) \approx [\cos(\Omega_R t' + \varphi_0) - \sin(\Omega_R t' + \varphi_0)]/\sqrt{2},
$$

\n
$$
T_{22}(t) \approx [\cos(\Omega_R t' + \varphi_0) + \sin(\Omega_R t' + \varphi_0)]/\sqrt{2},
$$

\n
$$
R_{11}(t) \approx -i[\sin(\Omega_R t' + \varphi_0) + \cos(\Omega_R t' + \varphi_0)]/\sqrt{2},
$$

\n
$$
R_{22}(t) \approx -i[\sin(\Omega_R t' + \varphi_0) - \cos(\Omega_R t' + \varphi_0)]/\sqrt{2},
$$
 (31)

where we introduce the abbreviation

$$
\varphi_0 = \frac{\pi}{4} \frac{\Omega_R}{\Omega_S}.
$$
\n(32)

The matrices (31) can be expressed in terms of the spin approximation $U_s(t)$ in Eq. [\(26\)](#page-3-0) by using the parameters

$$
P = 1/2, \quad \chi = 0, \quad n = (0, 0, -i)^T,
$$
 (33a)

$$
\xi = 2\Omega_R t' + 2\varphi_0 \quad \text{for } T(t) \tag{33b}
$$

and

$$
P = 1/2, \quad \chi = 3\pi/2, \quad n = (0, 0, -i)^T,
$$
 (33c)

$$
\xi = 2\Omega_R t' + 2\varphi_0 - \pi \quad \text{for } R(t). \tag{33d}
$$

The matrix in the square brackets in Eq. (26) is no longer an $SU(2)$ matrix, for the set of parameters in Eq. (33) because the vector *n* is imaginary-valued now. It implies that the diffraction probability depends on the electron's spin configuration, where spin-dependent diffraction is characterized as a nonunitary propagation matrix of the electron spin.

For investigating the spin properties of the diffraction process, it is suitable to shift the time (30) further by the small value $\pi/(4\Omega_R)$. Therefore, we introduce the shifted time

$$
t'' = t - \frac{\pi}{4\Omega_R} - \frac{\pi}{4\Omega_S}.
$$
 (34)

Inserting this shifted time in the arguments of the trigonometric functions [\(25\)](#page-3-0) yields

$$
\Omega_R t + \Omega_S t = \Omega_R t'' + \varphi_0 + \Omega_S \left(t'' + \frac{\pi}{4\Omega_R} \right) + \frac{\pi}{2}, \quad (35a)
$$

$$
\Omega_R t - \Omega_S t = \Omega_R t'' + \varphi_0 - \Omega_S \bigg(t'' + \frac{\pi}{4\Omega_R} \bigg). \tag{35b}
$$

The term $\Omega_S[t'' + \pi/(4\Omega_R)]$ is negligibly small for times $|t''| \ll 2\pi/\Omega_s$ and can be omitted, such that the matrices $T(t)$ and $R(t)$ in [\(25\)](#page-3-0) can be written as

$$
T(t) \approx \begin{pmatrix} -\sin \eta & 0\\ 0 & \cos \eta \end{pmatrix}, \quad R(t) \approx -i \begin{pmatrix} \cos \eta & 0\\ 0 & \sin \eta \end{pmatrix},
$$
\n(36)

where the argument of the trigonometric functions is abbreviated with

$$
\eta = \Omega_R t'' + \varphi_0. \tag{37}
$$

The parametrization of $U_s(t)$ for Eq. (36) is analogous to Eq. (33), where only *ξ* needs to be exchanged and to be expressed in terms of t'' , yielding

$$
\xi = 2\Omega_R t'' + 2\varphi_0 + \pi/2, \tag{38a}
$$

FIG. 3. Bloch vector in our setup. Shown is the expectation value of the quantum state (39) with respect to the vector σ of the Pauli matrices, which is the Bloch vector, which points in the direction (θ, φ) in spherical coordinates. The change in the vector's *z* component due to the laser-electron interaction in Fig. [5](#page-6-0) is indicated by the red (dark gray) arrows. The dashed line shows an additional reversion of the Bloch vector's *x*-*y* component, implied by Eq. [\(44\)](#page-6-0).

instead of Eq. $(33b)$ for $R(t)$, and

$$
\xi = 2\Omega_R t'' + 2\varphi_0 - \pi/2, \tag{38b}
$$

instead of Eq. $(33d)$ for $T(t)$.

C. Spin-dependent diffraction

For illustration of the spin properties of the spin propagation matrices $T(t)$ and $R(t)$ in Eq. [\(36\)](#page-4-0) we assume the quantum state

$$
c_{-1}(0) = \begin{pmatrix} \cos\frac{\theta}{2} \\ \sin\frac{\theta}{2}e^{i\varphi} \end{pmatrix}, \qquad c_{+1}(0) = 0 \tag{39}
$$

for the initial configuration of the electron. This corresponds to an electron which moves with momentum $-\hbar k$ in the *z* direction. The Bloch state parametrization of *c*−1(0) corresponds to the Bloch vector as sketched in Fig. 3. Inserting the initial state and the matrices (36) into the time evolution (24) results in the final quantum states

$$
c_{+1}(t) = \begin{pmatrix} -i\cos\eta\cos\frac{\theta}{2} \\ -i\sin\eta\sin\frac{\theta}{2}e^{i\varphi} \end{pmatrix}
$$
 (40a)

for the diffracted electron wave function and

$$
c_{-1}(t) = \begin{pmatrix} -\sin \eta \cos \frac{\theta}{2} \\ \cos \eta \sin \frac{\theta}{2} e^{i\varphi} \end{pmatrix}
$$
 (40b)

for the undiffracted electron wave function. Consequently, one can compute the probabilities

$$
|c_{\pm 1}(t)|^2 = \frac{1}{2}(1 \pm \cos \theta \cos 2\eta)
$$
 (41)

of finding the electron moving in the positive or negative *z* direction. Equation (41) implies a time-dependence of the diffraction probability by the time parameter *η* and also a dependence on the original azimuthal spin orientation *θ*. We plot the diffraction probability $|c_{+1}(t)|^2$ in Fig. 4(a). The chosen period of time from $2250 \omega/(2\pi)$ until $2550 \omega/(2\pi)$ corresponds to the one Rabi period $2\pi/\Omega_R$, starting and

FIG. 4. Spin-dependent diffraction probability. The diffraction probability [\(10\)](#page-1-0) of finding an electron with initial state (39) at final momentum $\hbar k$ is plotted over time. The initial quantum state is evolved in time (a) by the approximation (36) , (b) by the more accurate approximation $(B16)$, and (c) by a numerical solution according to the differential equations [\(8\)](#page-1-0). One can see that the diffraction probability depends on the initial spin configuration of the electron, where $\theta = 0$ corresponds to spin up and $\theta = \pi$ corresponds to spin down.

ending approximately at the parameter values $\eta \approx 7.5$ and $\eta \approx 8.5$, respectively. In Fig. 4(b) we also plot the diffraction probability of the time propagation $(B16)$ of the quantum state (39) for comparison. Equation $(B16)$ is the most accurate available analytic approximation [\[19\]](#page-10-0). Furthermore, we plot the numerically simulated time evolution of the quantum state (39) by using the relativistic equations of motion [\(8\)](#page-1-0) and the commonly used envelope function [\[18,19,22–24,](#page-10-0)[47,50\]](#page-11-0)

$$
w(t) = \begin{cases} \sin^2 \frac{\pi t}{2\delta \tau} & \text{if } 0 \leq t \leq \delta \tau, \\ 1 & \text{if } \delta \tau \leq t \leq \tau - \delta \tau, \\ \sin^2 \frac{\pi(\tau - t)}{2\delta \tau} & \text{if } \tau - \delta \tau \leq \tau \end{cases} \tag{42}
$$

in Fig. 4(c). Different simulations with different parameters *τ* are carried out for each time t in Fig. $4(c)$, and the simulation results $|c_n(\tau)|^2$ at the end of every simulation are plotted. For all simulations we set $\delta \tau = 10\pi/\omega$.

The nice agreement of Fig. $4(a)$ with Figs. $4(b)$ and $4(c)$ indicates that the analytic solution (25) describes the spin dynamics well in the chosen period of time. One can see a small retardation of the numeric solution in Fig. $4(c)$ compared to the analytic solutions in Figs. $4(a)$ and $4(b)$ of 7.7 laser cycles. This retardation can be explained by the switch-on and switch-off process of the external field, as discussed in Appendix [A.](#page-7-0) In fact, if one inserts $\delta \tau = 10\pi/\omega$ in Eq. [\(A7\)](#page-8-0), one obtains a retardation of the scaled time by 6.3 laser cycles.

The quantum dynamics shown here differs fundamentally from previous investigations [\[18,21–24\]](#page-10-0) of the Kapitza-Dirac effect in which the propagation of the electron spin could be described by the matrix $U_s(t)$ in Eq. [\(26\)](#page-3-0) with a real-valued unit vector n . For example, if the vector n in the set of the approximation parameters $(33c)$ and $(38b)$ had the value $(0,0,-1)^T$, the final quantum state of the diffracted electron

FIG. 5. Polarization of the electron spin. The *z* component of the Bloch vector (45) is plotted over time. Like in Fig. [4,](#page-5-0) the initial quantum state [\(39\)](#page-5-0) is evolved in time (a) by the approximation [\(36\)](#page-4-0), (b) by the more accurate approximation $(B16)$, and (c) by a numerical solution according to the differential equations [\(8\)](#page-1-0). One can observe that $\langle n(t) \rangle$ points upwards and downwards periodically, implying that the electron spin can be polarized.

would be

$$
c_{+1}(t) = -\frac{i}{\sqrt{2}} \begin{pmatrix} \cos\frac{\theta}{2} e^{i\frac{\xi}{2}} \\ \sin\frac{\theta}{2} e^{i\varphi - i\frac{\xi}{2}} \end{pmatrix}
$$
(43)

instead of $(40a)$. Then, the diffraction probability would have the time-independent and also spin-independent value $|c_{+1}(t)|^2 = 1/2$. In contrast, the diffraction probability is time and spin dependent in Fig. [4.](#page-5-0) This property can be used to separate spin-up from spin-down electrons in the form of a spin filter.

D. Polarization of the electron spin

The expectation value of the final quantum state $(40a)$ with respect to the Pauli spin matrices is

$$
c_{+1}(t)^{\dagger} \sigma_x c_{+1}(t) = \frac{1}{2} \sin \theta \sin 2\eta \cos \varphi, \qquad (44a)
$$

$$
c_{+1}(t)^{\dagger} \sigma_y c_{+1}(t) = \frac{1}{2} \sin \theta \sin 2\eta \sin \varphi, \qquad (44b)
$$

$$
c_{+1}(t)^{\dagger} \sigma_z c_{+1}(t) = \frac{1}{2} (\cos \theta + \cos 2\eta). \tag{44c}
$$

This can be normalized by the diffraction probability $|c_{+1}(t)|^2$ of Eq. [\(41\)](#page-5-0) and results in the Bloch vector

$$
\langle \mathbf{n}(t) \rangle = \frac{c_{+1}(t)^{\dagger} \sigma c_{+1}(t)}{|c_{+1}(t)|^2} \tag{45}
$$

of the electron spin of the diffracted electron. The *z* component of the Bloch vector (45) is plotted in Fig. $5(a)$. We also plot the *z* component of the Bloch vector resulting from the time propagation $(B16)$ of the initial quantum state (39) in Fig. 5(b), which is similar to Fig. [4\(b\).](#page-5-0) Also the *z* component of the Bloch vector from the numerical propagation of the relativistic equations of motion (8) is plotted in Fig. $5(c)$, according to the same procedure as for Fig. [4\(c\).](#page-5-0)

The plots in Fig. 5 agree in a manner similar to what was described for the plots in Fig. [4.](#page-5-0) This again emphasizes that Eq. [\(25\)](#page-3-0) is a suitable solution of the quantum dynamics in the chosen time period and also confirms the identified retardation [\(A7\)](#page-8-0) due to the switch-on and switch-off process of the external field.

In analogy to the diffraction probability, the shown dynamics of the spin direction of the electron is fundamentally different from dynamics related to the real-valued unit vector *n* in Eq. [\(26\)](#page-3-0). For example, the Bloch vector

$$
c_{+1}(t)^{\dagger} \sigma_x c_{+1}(t) = -\frac{1}{2} \sin \theta \sin(\varphi - 2\eta), \qquad (46a)
$$

$$
c_{+1}(t)^{\dagger} \sigma_y c_{+1}(t) = \frac{1}{2} \sin \theta \cos(\varphi - 2\eta), \tag{46b}
$$

$$
c_{+1}(t)^{\dagger} \sigma_z c_{+1}(t) = \frac{1}{2} \cos \theta \tag{46c}
$$

of the assumed quantum state (43) rotates with angular velocity $-2\Omega_R$ around the *z* axis. In contrast, the *z* component of the electron's spin vector is periodically tilted upwards and downwards in Fig. 5, as sketched by the red arrows in Fig. [3.](#page-5-0) At certain times, for example, at $t \approx 2400 \times 2\pi/\omega$ or $t \approx 2480 \times 2\pi/\omega$, the electron always points upwards or downwards, respectively, independent of its initial polarization in the *z* direction. Therefore, it is possible to polarize an initially unpolarized electron spin.

Still, the vector of spin expectation values (44) flips its direction in the *x*-*y* plane with period π/Ω_R . This flipping is sketched for illustration as a dashed line in Fig. [3.](#page-5-0) Hence, the spin-flipping dynamics in the *x*-*y*-plane goes along with spin-polarizing and spin-filtering effects along the *z* direction, in accordance with dynamics reported by Erhard and Bauke [\[19\]](#page-10-0), if one accounts for the choice of laser geometry.

E. Distinct spin separation

For $\eta = \pi n$, $n \in \mathbb{N}$ the approximate solution [\(36\)](#page-4-0) implies that spin-up electrons will be diffracted with momentum reversal in the *z* direction with probability 1 and, likewise, spin-down electrons will remain in their motional state with probability 1. The reverse property, i.e., diffraction of spindown electrons with probability 1 and no diffraction of spin-up electrons with probability 1, is reached for $\eta = \pi/2 + \pi n$, $n \in \mathbb{N}$.

Figures [4](#page-5-0) and 5 suggest that Eq. [\(36\)](#page-4-0) is a good approximation for the value $\eta = 8 \times 2\pi$. This is, indeed, the case because one can compute

$$
t'' = \frac{16\pi - \varphi_0}{\Omega_R} \approx -0.18 \frac{2\pi}{\Omega_R} \tag{47}
$$

for $\eta = 8 \times 2\pi$. Then, the necessary condition $|t''| \ll 2\pi/\Omega_s$, which is the requirement that Eq. (36) is a good approximation, is well fulfilled. In the case of $\eta = 8 \times 2\pi$ one obtains

$$
T(t) = \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix}, \qquad R(t) = \begin{pmatrix} -i & 0 \\ 0 & 0 \end{pmatrix} \tag{48}
$$

for the matrices [\(36\)](#page-4-0). The action of $T(t)$ and $R(t)$ at the initial conditions in Fig. [1](#page-2-0) results in the corresponding final configurations in all four panels of Fig. [1,](#page-2-0) as illustrated in Fig. [2.](#page-3-0) In other words Eq. (48) displays the propagation matrix of the quantum dynamics in Fig. [1](#page-2-0) and its illustration in Fig. [2.](#page-3-0)

Note that the time *t* in Eq. [\(48\)](#page-6-0) is related to η by Eqs. [\(34\)](#page-4-0) and [\(37\)](#page-4-0) and evaluates to

$$
t = \frac{\eta}{\Omega_R} + \frac{\pi}{4\Omega_R} = 2401 \frac{\omega}{2\pi} = 1.27 \,\text{fs.}
$$
 (49)

This differs from the total interaction time τ of the dynamics in Fig. [1,](#page-2-0) which is 6399 laser cycles, corresponding to 3.39 fs. The reason is the usage of a plateau-shaped envelope function [\(42\)](#page-5-0) for the simulation in Figs. $4(c)$ and $5(c)$ compared to the Gaussian-shaped envelope function [\(3\)](#page-1-0) in Fig. [1.](#page-2-0) It is possible to associate the different field envelopes by a substitution technique which is discussed in Appendix A. We obtain $\tilde{t}(\tau) = 2400\omega/(2\pi)$ from Eq. [\(A6\)](#page-8-0), which is fit to the time in Eq. (49). This demonstrates that the considerations in Appendix \overline{A} are suitable for relating the quantum dynamics of different time-dependent field amplitudes to each other.

The matrices $T(t)$ and $R(t)$ in Eq. [\(48\)](#page-6-0) can be expressed in terms of $U_s(t)$ in Eq. [\(26\)](#page-3-0) by the parameters [\(33a\)](#page-4-0) with $\xi = \pi/2$ and [\(33c\)](#page-4-0) with $\xi = -\pi/2$, respectively. For any set of parameters, the matrices in Eq. [\(48\)](#page-6-0) could be approximated by *Us*(*t*) only if an imaginary-valued unit vector *n* was used. In contrast, the spin dynamics as described in Refs. [\[18,21–24\]](#page-10-0) would require a real-valued unit vector *n* for the parametrization in terms of $U_s(t)$. The real-valued unit vector *n* implies that the absolute values of all eigenvalues of $U_s(t)$ have the same value \sqrt{P} . For the imaginary unit vector *n* in the representation of $U_s(t)$ the absolute values of the eigenvalues are 0 and 1, like for the matrices $T(t)$ and $R(t)$ in Eq. [\(48\)](#page-6-0). In other words $T(t)$ and $R(t)$ are projection matrices times a complex phase. This property differs fundamentally from the unitary propagation of the electron spin in previous descriptions of spin dynamics in the Kapitza-Dirac effect.

We point out that it is possible to identify similar properties for the quantum state propagation of an electron in a phase grating [\[38\]](#page-10-0). Also, spin-dependent electron scattering in a recently proposed bichromatic interferometric beam splitter [\[48\]](#page-11-0) can be described in terms of a nonunitary spin propagation, as well as spin-dependent electron diffraction in a Kapitza-Dirac effect with three interacting photons of arbitrary polarization [\[49\]](#page-11-0), as we became aware at the final stage of our research.

VI. CONCLUSION

The effect which is described in this article allows for the polarization and spin detection of free electrons due to interaction with a standing, circularly polarized light wave by effectively exchanging only two photons. Our results are presented in the context of high-intensity x-ray laser beams of novel facilities, for which the feasibility of electron diffraction with spin effects with similar parameters has already been discussed in an earlier investigation [\[18\]](#page-10-0). More details on the experimental feasibility are also considered in [\[48\]](#page-11-0). Furthermore, the experimental community has discussed the implementation of spin-dependent electron scattering with light in the optical regime $[20]$, and a perturbative variant is possible in terms of higher-order Compton scattering in the high-energy regime [\[61–63\]](#page-11-0). We point out that the effect takes place within a resonance peak of the diffraction process (see [\[21,22\]](#page-10-0)). A laser frequency uncertainty of 2.3×10^{18} Hz would be located inside the half width of this resonance peak

of the considered two-photon interaction. This also implies that a momentum uncertainty of the electron's momentum component in the laser propagation direction has to be below $1.5 \text{ keV}/c$, which can be concluded from the requirement of energy and momentum conservation (see the discussion in Secs. 8.5 and 2.2.4 in Ref. $[60]$). On the other hand, simulations similar to Fig. $4(c)$ show that nonzero electron momenta perpendicular to the laser propagation direction have almost no influence on the diffraction probability as long as this transverse momentum component is smaller than $0.1mc \approx 51$ keV. We also mention that the assumed external potential of the laser field [\(2\)](#page-1-0) does not account for a spatial envelope in the context of the plane-wave ansatz in this work. The effect of a space-dependent pulse envelope on the spin-dependent diffraction dynamics is a remaining aspect which should be studied in the future.

Our work has shown that the quantum dynamics is already described properly by the Pauli equation with relativistic corrections [\(11\)](#page-2-0), which is consistent with the dynamics from the Dirac equation [\(1\)](#page-1-0). Nevertheless, the effect of spin-dependent diffraction occurs only for weakly relativistic parameters of the light wave's frequency and its field amplitude. The electron in the external field is treated in terms of the most fundamental description in particle physics (Dirac equation in external fields) compared to effective theories, for example, in solid-state physics or quantum optics. Therefore, the effect of spin-dependent diffraction could be a test bed for examining relativistic quantum dynamics at the fundamental level if the required external fields can be provided accurately in experiment. At the current stage we do not expect significant sensitivity to new physics from the effect, unless drastic changes to the standard model are applied. However, further studies are needed to make authentic statements on fundamental effects beyond the standard model in particle physics.

Since the effect is also sensitive to the pulse amplitude and pulse duration of the laser field, it could be useful for beam diagnosis. Finally, we point out that the propagation of the quantum state is described by a unitary transformation. Therefore, the effect can be reversed, provided that a highfidelity experimental setup is available.

ACKNOWLEDGMENTS

S.A. is thankful for help and feedback from S.-Y. Zhu, C.-P. Sun, T. Cadez, H. Bauke, and C. Müller. This work has been supported by the National Basic Research Program of China (Grants No. 2016YFA0301201 and No. 2014CB921403), by the NSFC (Grants No. 11650110442, No. 11421063, and No. 11534002), and the NSAF (Grant No. U1530401).

APPENDIX A: THE EFFECT OF THE TIME-DEPENDENT FIELD AMPLITUDE

Assume the constant field amplitude *A* is replaced by the time-dependent amplitude $A w(t)$ in Eq. [\(23\)](#page-3-0), with corresponding time-dependent frequencies

$$
\Omega_R(t) = \Omega_R w(t)^2, \qquad \Omega_S(t) = \Omega_S w(t)^2. \tag{A1}
$$

Then $w(t)$ just appears as a time-dependent prefactor of the coefficients of the differential equation

$$
i\dot{c}_{\pm 1}(t) = w(t)^{2} (\Omega_{R} \mathbf{1} + \Omega_{S} \sigma_{z}) c_{\mp 1}(t). \tag{A2}
$$

We want to transform this equation into a formally equivalent version of Eq. (23) with reparameterized coefficients $\tilde{c}(\tilde{t})$ of scaled time

$$
\tilde{t}(t) = \int_0^t w(s)^2 ds,
$$
\n(A3)

such that $c(t) = \tilde{c}(\tilde{t}(t))$. Such a scaled time corresponds to the warped time parameter $[60]$ or the action parameter $[47]$. The new coefficients imply

$$
\dot{c}_n(t) = \frac{\partial}{\partial t} c_n(t) = \frac{\partial}{\partial t} \tilde{c}_n(\tilde{t}(t)) = \frac{\partial \tilde{t}(t)}{\partial t} \frac{\partial}{\partial \tilde{t}} \tilde{c}_n(\tilde{t}) = w(t)^2 \frac{\partial}{\partial \tilde{t}} \tilde{c}_n(\tilde{t})
$$
\n(A4)

due to the inner derivative. Plugging this back into (A2) results in

$$
i\frac{\partial}{\partial \tilde{t}}\tilde{c}(\tilde{t}) = (\Omega_R \mathbf{1} + \Omega_S \sigma_z) \tilde{c}_{\mp 1}(\tilde{t}), \tag{A5}
$$

which is formally equivalent to Eq. (23) , as desired. Integrating the scaled time for the whole interaction time τ yields the time

$$
\tilde{t}(\tau) = \int_0^{\tau} w(s)^2 ds = \int_0^{\tau} \sin^4\left(\frac{\pi s}{\tau}\right) ds = \frac{3}{8}\tau \qquad (A6)
$$

for the Gaussian envelope function [\(3\)](#page-1-0). For the plateau-shaped envelope function [\(42\)](#page-5-0) one obtains

$$
\tilde{t}(\tau) = \int_0^{\tau} w(s)^2 ds = \tau - \frac{5}{4} \delta \tau
$$
 (A7)

in a similar calculation.

APPENDIX B: COMPARISON WITH A MORE ACCURATE SOLUTION

We want to compare the approximate solution (25) in Sec. [III](#page-2-0) with the solution given in [\[19\]](#page-10-0) which also accounts for the electron momenta 3*h* and −3*hk*. By performing an analog derivation, the differential equation [\(18\)](#page-3-0) can first be written in matrix notion as

$$
i\begin{pmatrix} \dot{c}_{-3} \\ \dot{c}_{-1} \\ \dot{c}_{+1} \\ \dot{c}_{+3} \end{pmatrix} = \begin{pmatrix} 9\Omega_k \mathbf{1} & M & 0 & 0 \\ M & \Omega_k \mathbf{1} & M & 0 \\ 0 & M & \Omega_k \mathbf{1} & M \\ 0 & 0 & M & 9\Omega_k \mathbf{1} \end{pmatrix} \begin{pmatrix} c_{-3} \\ c_{-1} \\ c_{+1} \\ c_{+3} \end{pmatrix},
$$
(B1)

with the spin-dependent coupling matrix

$$
M = \Omega_R \mathbf{1} + \Omega_S \sigma_z = \begin{pmatrix} \Omega_R + \Omega_S & 0 \\ 0 & \Omega_R - \Omega_S \end{pmatrix}.
$$
 (B2)

A constant from the ponderomotive potential, which causes a global phase with oscillation frequency $2\Omega_R$, can be omitted by the choice of a suitable gauge. As in Ref. [\[19\]](#page-10-0), we use a computer algebra system and a simplification for expressions of the form

$$
\sqrt{[8\Omega_k - (\Omega_R + \Omega_S)]^2 + 4(\Omega_R + \Omega_S)^2} = 8\Omega_k - \Omega_R - \Omega_S + \frac{(\Omega_R + \Omega_S)^2}{4\Omega_k} + \cdots
$$
 (B3)

for the case of small frequencies $\Omega_R \ll \Omega_k$ and $\Omega_S \ll \Omega_k$ and therefore small numbers Ω_R/Ω_k and Ω_S/Ω_k . For the matrix in Eq. $(B1)$, we obtain the approximated eigenenergies

$$
\epsilon_1 \approx \epsilon_0 + \Omega_R + \Omega_S - \Delta, \tag{B4a}
$$

$$
\epsilon_2 \approx \epsilon_0 - \Omega_R + \Omega_S + \Delta, \tag{B4b}
$$

$$
\epsilon_3 \approx \epsilon_0 + \Omega_R - \Omega_S + \Delta, \tag{B4c}
$$

$$
\epsilon_4 \approx \epsilon_0 - \Omega_R - \Omega_S - \Delta, \tag{B4d}
$$

$$
\epsilon_5 \approx \epsilon_0 + 8\Omega_k - \Delta, \tag{B4e}
$$

$$
\epsilon_6 \approx \epsilon_0 + 8\Omega_k + \Delta, \tag{B4f}
$$

$$
\epsilon_7 \approx \epsilon_0 + 8\Omega_k + \Delta, \tag{B4g}
$$

$$
\epsilon_8 \approx \epsilon_0 + 8\Omega_k - \Delta, \tag{B4h}
$$

where we have introduced the frequency of an energy shift

$$
\epsilon_0 = \Omega_k - \frac{\Omega_R^2 + \Omega_S^2}{8\Omega_k} \tag{B5}
$$

and the frequency of higher-order corrections of the quantum dynamics

$$
\Delta = \frac{\Omega_R \Omega_S}{4\Omega_k}.
$$
 (B6)

The frequency ϵ_0 will be omitted in the following calculation, as it causes an additional, time-dependent phase of the quantum system [\(B1\)](#page-8-0) which can be removed by the choice of a suitable gauge. The corresponding approximated eigenvectors of the eigenvalues [\(B4\)](#page-8-0) are

$$
\boldsymbol{v}_1 = \left(1, 0, -\frac{8\Omega_k}{\Omega_R + \Omega_S} + 1 - \frac{\Omega_R + \Omega_S}{8\Omega_k}, 0, -\frac{8\Omega_k}{\Omega_R + \Omega_S} + 1 - \frac{\Omega_R + \Omega_S}{8\Omega_k}, 0, 1, 0\right)^T, \tag{B7a}
$$

$$
\mathbf{v}_2 = \left(0, -1, 0, \frac{8\Omega_k}{\Omega_R - \Omega_S} + 1 - \frac{-\Omega_R + \Omega_S}{8\Omega_k}, 0, -\frac{8\Omega_k}{\Omega_R - \Omega_S} - 1 + \frac{-\Omega_R + \Omega_S}{8\Omega_k}, 0, 1\right)^T, \tag{B7b}
$$

$$
\mathbf{v}_3 = \left(0, 1, 0, -\frac{8\Omega_k}{\Omega_R - \Omega_S} + 1 + \frac{-\Omega_R + \Omega_S}{8\Omega_k}, 0, -\frac{8\Omega_k}{\Omega_R - \Omega_S} + 1 + \frac{-\Omega_R + \Omega_S}{8\Omega_k}, 0, 1\right)^T, \tag{B7c}
$$

$$
\mathbf{v}_4 = \left(-1,0,\frac{8\Omega_k}{\Omega_R + \Omega_S} + 1 + \frac{\Omega_R + \Omega_S}{8\Omega_k},0, -\frac{8\Omega_k}{\Omega_R + \Omega_S} - 1 - \frac{\Omega_R + \Omega_S}{8\Omega_k},0,1,0\right)^T, \tag{B7d}
$$

$$
\mathbf{v}_5 = \left(1, 0, \frac{\Omega_R + \Omega_S}{8\Omega_k}, 0, \frac{\Omega_R + \Omega_S}{8\Omega_k}, 0, 1, 0\right)^T, \tag{B7e}
$$

$$
\mathbf{v}_6 = \left(0, -1, 0, \frac{-\Omega_R + \Omega_S}{8\Omega_k}, 0, -\frac{-\Omega_R + \Omega_S}{8\Omega_k}, 0, 1\right)^T, \tag{B7f}
$$

$$
\mathbf{v}_7 = \left(0, 1, 0, \frac{\Omega_R - \Omega_S}{8\Omega_k}, 0, \frac{\Omega_R - \Omega_S}{8\Omega_k}, 0, 1\right)^T, \tag{B7g}
$$

$$
\boldsymbol{v}_8 = \left(-1, 0, \frac{\Omega_R + \Omega_S}{8\Omega_k}, 0, -\frac{\Omega_R + \Omega_S}{8\Omega_k}, 0, 1, 0\right)^T.
$$
 (B7h)

For the limit $\Omega_k \gg \Omega_R > \Omega_S$ as used in [\[19\]](#page-10-0), the eigenvectors are approximated by

$$
(\mathbf{v}_1, \mathbf{v}_2, \mathbf{v}_3, \mathbf{v}_4, \mathbf{v}_5, \mathbf{v}_6, \mathbf{v}_7, \mathbf{v}_8) = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 & 0 & 0 & 0 & 1 & 0 & 0 & 1 \\ 0 & 0 & 0 & 0 & 0 & 1 & 1 & 0 \\ 1 & 0 & 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 & 0 & 0 & 0 & 0 \\ 1 & 0 & 0 & -1 & 0 & 0 & 0 & 0 \\ 0 & -1 & 1 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 1 & 0 & 0 & -1 \\ 0 & 0 & 0 & 0 & 0 & -1 & 1 & 0 \end{pmatrix}
$$
 (B8)

and normalized to 1 here. We are interested in the time evolution of the quantum states $c_{+1}(t)$ and $c_{-1}(t)$ and point out that the first four approximated eigenvectors in Eq. (B8) form a closed subspace of these states. Within this subspace, the time evolution of the vector of expansion coefficients

$$
C(t) = (c_{-1}^{\uparrow}(t), c_{-1}^{\downarrow}(t), c_{+}^{\uparrow}(t), c_{+1}^{\downarrow}(t))^T
$$
\n(B9)

has an equivalent expression for the time evolution [\(24\)](#page-3-0) and can be written as $C(t) = U(t)C(0)$ with the form of the propagator

$$
U(t) = \begin{pmatrix} T(t) & R(t) \\ R(t) & T(t) \end{pmatrix}.
$$
 (B10)

The time evolution can be computed by making use of the matrix exponential

$$
U(t) = V e^{-iDt} V^{-1},\tag{B11}
$$

in which we use the eigenvector subspace matrix

$$
V = V^{-1^{\dagger}} = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 0 & 0 & 1 \\ 0 & 1 & 1 & 0 \\ 1 & 0 & 0 & -1 \\ 0 & -1 & 1 & 0 \end{pmatrix}
$$
 (B12)

and the corresponding diagonal matrix of eigenvalues $D = \text{diag}(\epsilon_1, \epsilon_2, \epsilon_3, \epsilon_4)$. From the property $U(t)^\dagger U(t) = \text{id}_4$ we note that

$$
|T|^2 + |R|^2 = 1,\tag{B13}
$$

$$
T^{\dagger}R + R^{\dagger}T = 0 \tag{B14}
$$

ELECTRON-SPIN FILTER AND POLARIZER IN A . . . PHYSICAL REVIEW A **96**, 052132 (2017)

hold, where id₄ is the 4×4 identity matrix. Thus, $R(t)$ and $T(t)$ are reflection and transmission matrices.

An explicit expression of *U*(*t*) is

$$
U(t) = \frac{1}{2} \begin{pmatrix} e^{-i\epsilon_1 t} + e^{-i\epsilon_4 t} & 0 & e^{-i\epsilon_1 t} - e^{-i\epsilon_4 t} & 0\\ 0 & e^{-i\epsilon_2 t} + e^{-i\epsilon_3 t} & 0 & -e^{-i\epsilon_2 t} + e^{-i\epsilon_3 t} \\ e^{-i\epsilon_1 t} - e^{-i\epsilon_4 t} & 0 & e^{-i\epsilon_1 t} + e^{-i\epsilon_4 t} & 0\\ 0 & -e^{-i\epsilon_2 t} + e^{-i\epsilon_3 t} & 0 & e^{-i\epsilon_2 t} + e^{-i\epsilon_3 t} \end{pmatrix},
$$
(B15)

from which one can read off the matrices

$$
T(t) = \text{diag}\{\cos[(\Omega_R + \Omega_S)t]e^{i\Delta t}, \cos[(\Omega_R - \Omega_S)t]e^{-i\Delta t}\},\tag{B16a}
$$

$$
R(t) = \text{diag}\{-i\sin[(\Omega_R + \Omega_S)t]e^{i\Delta t}, -i\sin[(\Omega_R - \Omega_S)t]e^{-i\Delta t}\}.
$$
 (B16b)

Note again that ϵ_0 has been omitted here.

The frequency Δ scales with the fourth power of the field amplitude A, while Ω_R and Ω_S scale only with the square of A. Therefore, for small fields the frequency Δ is smaller than Ω_R and Ω_S , which is the case for the parameters chosen in Fig. [1.](#page-2-0) Thus, one may approximate

$$
e^{i\Delta t} \approx 1 + i\Delta t \approx 1\tag{B17}
$$

on time scales which are much shorter than the period $2\pi/\Delta$. In this case, the matrices $T(t)$ and $R(t)$ in (B16) turn into the simpler solution [\(25\)](#page-3-0) in Sec. [III.](#page-2-0)

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