# Ponderomotive dynamics of waves in quasiperiodically modulated media

D. E. Ruiz<sup>1</sup> and I. Y. Dodin<sup>1,2</sup>

<sup>1</sup>Department of Astrophysical Sciences, Princeton University, Princeton, New Jersey 08544, USA <sup>2</sup>Princeton Plasma Physics Laboratory, Princeton, New Jersey 08543, USA (Received 6 September 2016; published 14 March 2017)

Similarly to how charged particles experience time-averaged ponderomotive forces in high-frequency fields, linear waves also experience time-averaged refraction in modulated media. Here we propose a covariant variational theory of this ponderomotive effect on waves for a general nondissipative linear medium. Using the Weyl calculus, our formulation accommodates waves with temporal and spatial period comparable to that of the modulation (provided that parametric resonances are avoided). Our theory also shows that any wave is, in fact, a polarizable object that contributes to the linear dielectric tensor of the ambient medium. The dynamics of quantum particles is subsumed as a special case. As an illustration, ponderomotive Hamiltonians of quantum particles and photons are calculated within a number of models. We also explain a fundamental connection between these results and the well-known electrostatic dielectric tensor of quantum plasmas.

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# I. INTRODUCTION

It is well known that a nonuniform high-frequency electromagnetic (EM) field can produce a time-averaged force, known as the ponderomotive force, on any particle that is charged or, more generally, has nonzero polarizability [1-6]. This effect has permitted a number of applications ranging from atomic cooling to particle acceleration [7,8], but many other interesting opportunities remain. In particular, similar manipulations can be practiced on waves too. As shown recently in Ref. [9], any wave propagating through a temporally and (or) spatially modulated medium generally experiences time-averaged refraction determined by the modulation intensity [10]. It was also shown in Ref. [9] that this so-called ponderomotive effect on waves subsumes the ponderomotive dynamics of particles as a special case because, quantum-mechanically, particles can be represented as waves. However, Ref. [9] assumes that the wave period (both temporal and spatial) is much smaller than the modulation period. This approximation limits the applicability of the theory. One may wonder then whether it can be relaxed (without specifying the type of waves being considered) and whether that can help discover new interesting physics.

Here we answer these questions positively by proposing a general theory of the ponderomotive effect on waves. In contrast with Ref. [9], this theory can describe waves with temporal and spatial period comparable to that of the modulation (provided that parametric resonances are avoided). Using the Weyl calculus, we explicitly derive the effective dispersion symbol (27) that governs the time-averaged dynamics of a wave in a quasiperiodically modulated medium. This result is later used to obtain the wave ponderomotive Hamiltonian (41). This formulation can be understood as a generalization of the oscillation-center (OC) theory, which is known from classical plasma physics [11-13], to any linear waves and quantum particles in particular. Our theory also shows that any wave is, in fact, a polarizable object that contributes to the linear dielectric tensor of the ambient medium. As an illustration, ponderomotive energies of quantum particles and photons are calculated within a number of models and compared with simulations. In particular, we find that quantum effects can change the sign of the ponderomotive force. We also explain a fundamental connection between these results and the commonly known expression for the electrostatic dielectric function of quantum plasma. This work also serves as a stepping stone to improving the understanding of modulational instabilities in general wave ensembles, as will be reported separately.

It is to be noted that effective Hamiltonians for temporally driven systems have been studied before in condensed matter physics [14–21]. However, these studies are mainly focused on systems described by the Schrödinger equation and use the modulation period as the small parameter. In contrast, we study more general waves and expand in the modulation amplitude rather than period. This way, we can calculate the ponderomotive effect on waves using the Weyl calculus, which provides a direct connection with classical physics and the aforementioned OC theory in particular.

This work is organized as follows. In Sec. II the basic notation is defined. In Sec. III we present the variational formalism and the main assumptions used throughout the work. In Sec. IV we derive a general expression for the effective wave action. In Sec. V we present a theory of ponderomotive dynamics for eikonal waves. In Sec. VI we apply the theory to specific examples. In Sec. VII we show the fundamental connection between the ponderomotive energy that we derive in this paper and the commonly known dielectric tensor of quantum plasma. In Sec. VIII we summarize our main results. Some auxiliary calculations are presented in the appendixes. This includes an introduction to the Weyl calculus that we extensively use in the paper (Appendix A) and details of some of the calculations presented (Appendix B).

#### **II. NOTATION**

The following notation is used throughout the paper. The symbol  $\doteq$  denotes definitions. Unless otherwise specified, natural units are used in this work so that the speed of light equals one (c = 1), and so does the Planck constant ( $\hbar = 1$ ). The Minkowski metric is adopted with signature (+, -, -, -). Greek indices span from 0 to 3 and refer to spacetime coordinates,  $x^{\mu} = (x^0, \mathbf{x})$ , with  $x^0 = t$ . Also,

 $\partial_{\mu} \doteq \partial/\partial x^{\mu} = (\partial_t, \nabla)$ , and  $d^4x \doteq dx^0 d^3x$ . Latin indices span from 1 to 3 and denote the spatial variables, i.e.,  $\mathbf{x} = (x^1, x^2, x^3)$ and  $\partial_i \doteq \partial/\partial x^i$ . Summation over repeated indexes is assumed. For arbitrary four-vectors *a* and *b*, we have  $a \cdot b \doteq a^{\mu}b_{\mu} = a^0b^0 - \mathbf{a} \cdot \mathbf{b}$ . The Dirac bra-ket notation is used to denote  $|\Psi\rangle$  as a state of the Hilbert space defined over  $\mathbb{R}^4$ . In Euler-Lagrange equations (ELEs), the notation  $\delta a$ : denotes that the corresponding equation was obtained by extremizing the action integral with respect to *a*.

## **III. PHYSICAL MODEL**

#### A. Wave action principle

We represent a wave field, either quantum or classical, as a scalar complex function  $\Psi(x)$ . The dynamics of any nondissipative linear wave can be described by the least action principle,  $\delta \Lambda = 0$ , where the real action  $\Lambda$  is bilinear in the wave field [22]. In the absence of parametric resonances [23], the action can be written in the form [24]

$$\Lambda \doteq \int d^4x \, d^4x' \, \Psi^*(x) \mathcal{D}(x, x') \Psi(x'), \tag{1}$$

where  $\mathcal{D}$  is a Hermitian  $[\mathcal{D}(x,x') = \mathcal{D}^*(x',x)]$  scalar kernel that describes the underlying medium. Varying the action (1) leads to the following wave equations:

$$\delta \Psi^*(x): \quad 0 = \int d^4 x' \, \mathcal{D}(x, x') \Psi(x'), \tag{2a}$$

$$\delta \Psi(x): \quad 0 = \int d^4 x' \, \Psi^*(x') \mathcal{D}(x',x). \tag{2b}$$

For the rest of this work, it will be convenient to describe the wave  $\Psi(x)$  also as an abstract vector  $|\Psi\rangle$  in the Hilbert space of wave states with inner product [22,25]

$$\langle \Upsilon | \Psi \rangle = \int d^4 x \,\Upsilon^*(x) \Psi(x).$$
 (3)

In this representation,  $\Psi(x) = \langle x | \Psi \rangle$ , where  $|x\rangle$  are the eigenstates of the coordinate operator  $\hat{x}$  such that  $\langle x | \hat{x}^{\mu} | x' \rangle = x^{\mu} \langle x | x' \rangle = x^{\mu} \delta^4(x - x')$ . Let us introduce the momentum (wave vector) operator  $\hat{p}$  such that  $\langle x | \hat{p}_{\mu} | x' \rangle = i \partial \delta^4(x - x')/\partial x^{\mu}$  in the coordinate representation [26]. Thus, the action (1) can be rewritten as

$$\Lambda = \langle \Psi | \hat{\mathcal{D}} | \Psi \rangle, \tag{4}$$

where  $\hat{D}$  is the Hermitian *dispersion operator* defined such that  $D(x,x') = \langle x | \hat{D} | x' \rangle$ . Treating  $\langle \Psi |$  and  $| \Psi \rangle$  as independent [22], we obtain the following ELEs:

$$\delta\langle\Psi|:\quad \hat{\mathcal{D}}|\Psi\rangle = 0, \tag{5a}$$

$$\delta |\Psi\rangle : \quad \langle \Psi | \hat{\mathcal{D}} = 0, \tag{5b}$$

which can be understood as a generalized vector form of Eqs. (2). Specifically, Eqs. (2) are obtained by projecting Eqs. (5a) and (5b) by  $\langle x |$  and  $|x \rangle$ , respectively, and using the fact that  $\int d^4x |x \rangle \langle x| = \hat{1}$  is an identity operator.

## **B.** Problem outline

Below, we consider the propagation of a wave  $|\Psi\rangle$ , called the *probe wave* (PW), in a medium whose parameters are modulated by some other wave, which we call the *modulating wave* (MW). Accordingly,  $\mathcal{D}(x,x')$  is a rapidly oscillating function. Our goal is to derive a reduced version of Eqs. (5) that describes the time-averaged dynamics of the PW.

We assume that  $\hat{\mathcal{D}}$  can be decomposed as

$$\hat{\mathcal{D}} = \hat{\mathcal{D}}_0 + \hat{\mathcal{D}}_{\text{osc}},\tag{6}$$

where  $\hat{D}_0$  represents the effect of the unperturbed background medium and  $\hat{D}_{osc}$  represents a weak perturbation caused by the MW. Additionally, we assume

$$\hat{\mathcal{D}}_{\rm osc} = \sum_{n=1}^{\infty} \sigma^n \hat{\mathcal{D}}_n,\tag{7}$$

where  $\sigma \ll 1$  is some linear measure of the MW amplitude [27] and  $\hat{D}_n$  are Hermitian. Finally, we require the MW (but not necessarily the PW) to satisfy the standard assumptions of geometrical optics (GO). This means that the MW frequency  $\Omega$  and wave vector **K** must be large compared to the inverse temporal and spatial scales at which the envelope evolves. In a homogeneous medium, those scales would be simply the MW envelope duration  $\tau_{mw}$  and the MW envelope length  $\ell_{mw}$ . More generally, one also has the scales  $\tau_{bg}$  and  $\ell_{bg}$  that characterize the background temporal and spatial inhomogeneities, correspondingly. Thus, the applicability of our theory relies on the smallness of the following parameter:

$$\epsilon_{\rm mw} \doteq \max\left\{\frac{1}{\Omega\tau}, \frac{1}{|\mathbf{K}|\ell}\right\} \ll 1,$$
(8)

where  $\tau \doteq \min{\{\tau_{bg}, \tau_{mw}\}}$  and  $\ell \doteq \min{\{\ell_{bg}, \ell_{mw}\}}$ . A more rigorous definition of the GO regime that covers also waves near natural resonances is somewhat subtle, so it is not discussed here. For further details, see e.g., Ref. [28].

# **IV. GENERAL THEORY**

The oscillating terms in the dispersion operator will be eliminated by introducing an appropriate variable transformation on the PW. Specifically, let  $|\Psi\rangle = \hat{U}|\psi\rangle$ . Then, Eq. (4) transforms to

$$\Lambda = \langle \psi | \hat{\mathcal{D}}_{\text{eff}} | \psi \rangle, \tag{9}$$

where  $\hat{D}_{eff}$  is the effective dispersion operator

$$\hat{\mathcal{D}}_{\text{eff}} \doteq \hat{\mathcal{U}}^{\dagger} \hat{\mathcal{D}} \hat{\mathcal{U}}. \tag{10}$$

Below, we search for a transformation  $\hat{U}$  such that, unlike  $\hat{D}$ , the operator  $\hat{D}_{eff}$  contains no dependence on the MW phase. The corresponding  $|\psi\rangle$  is then understood as the OC state of the PW in a modulated medium. A schematic of the transformation is shown in Fig. 1.

#### A. Near-identity unitary transformation

For convenience, we require that  $\hat{\mathcal{U}}$  be unitary so that  $\langle \Psi | \Psi \rangle = \langle \psi | \psi \rangle$ . Then, it can be represented as

$$\hat{\mathcal{U}} = \exp(i\tilde{\mathcal{T}}),$$
 (11)

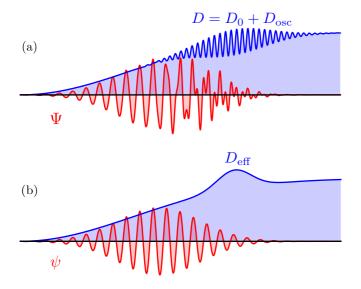


FIG. 1. One-dimensional schematic of a PW (in red) propagating in a medium with a given dispersion operator affected by some MW. (a) Dynamics in the original variables. (b) Dynamics in the OC representation, in which the oscillations at the MW phase and its harmonics are removed.

where  $\hat{\mathcal{T}}$  is a Hermitian operator called the *generator* of the unitary transformation  $\hat{\mathcal{U}}$ . In light of Eq. (7), we search for  $\hat{\mathcal{T}}$  and  $\hat{\mathcal{D}}_{eff}$  using the standard perturbation approach based on Lie transforms [12,29]. Specifically, we consider the operators as power series in  $\sigma$  so that

$$\hat{\Upsilon} = \sum_{n=1}^{\infty} \sigma^n \hat{\Upsilon}_n, \quad \hat{\mathcal{D}}_{\text{eff}} = \sum_{n=0}^{\infty} \sigma^n \hat{\mathcal{D}}_{\text{eff},n}, \quad (12)$$

where  $\hat{\mathbb{T}}_n$  and  $\hat{\mathbb{D}}_{\text{eff},n}$  are Hermitian. We substitute Eqs. (6), (7), (11), and (12) into Eq. (10). Collecting terms by equal powers in  $\sigma$ , we obtain the following set of equations [30]:

$$\hat{\mathbb{D}}_{\rm eff,0} = \hat{\mathbb{D}}_0,\tag{13a}$$

$$\hat{\mathcal{D}}_{\text{eff},1} = \hat{\mathcal{D}}_1 + i[\hat{\mathcal{D}}_0, \hat{\mathcal{T}}_1], \qquad (13b)$$

$$\hat{\mathcal{D}}_{\text{eff},2} = \hat{\mathcal{D}}_2 + i[\hat{\mathcal{D}}_0, \hat{\mathcal{T}}_2] + \hat{\mathcal{C}}_2, \qquad (13c)$$

where  $\hat{\mathbb{C}}_2 \doteq i[\hat{\mathbb{D}}_1, \hat{\mathbb{T}}_1] - (1/2)[[\hat{\mathbb{D}}_0, \hat{\mathbb{T}}_1], \hat{\mathbb{T}}_1]$  and so on. Here the brackets denote commutators. We require that  $\hat{\mathbb{D}}_{\text{eff},n}$  contains no high-frequency modulations, so we let

$$\hat{\mathcal{D}}_{\text{eff},1} = \langle\!\langle \hat{\mathcal{D}}_1 \rangle\!\rangle, \tag{14a}$$

$$\hat{\mathcal{D}}_{\text{eff},2} = \langle\!\langle \hat{\mathcal{D}}_2 \rangle\!\rangle + \langle\!\langle \hat{\mathcal{C}}_2 \rangle\!\rangle, \tag{14b}$$

where  $\langle\!\langle ... \rangle\!\rangle$  is a time average over a modulation period. Then, subtracting Eqs. (14) from Eqs. (13), we obtain

$$-i[\hat{\mathcal{D}}_0,\hat{\mathcal{T}}_1] = \hat{\mathcal{D}}_1 - \langle\!\langle \hat{\mathcal{D}}_1 \rangle\!\rangle, \tag{15a}$$

$$-i[\hat{\mathcal{D}}_0,\hat{\mathcal{T}}_2] = \hat{\mathcal{D}}_2 - \langle\!\langle \hat{\mathcal{D}}_2 \rangle\!\rangle + \hat{\mathcal{C}}_2 - \langle\!\langle \hat{\mathcal{C}}_2 \rangle\!\rangle.$$
(15b)

As usual, this procedure can be iterated to higher orders in  $\sigma$ . However, for the sake of conciseness, we shall only calculate  $\hat{D}_{eff}$  up to  $O(\sigma^2)$  in this work. Below, we demonstrate how to solve Eqs. (15) for  $\hat{T}_1$  and  $\hat{T}_2$ .

#### B. $\mathcal{D}_{eff}$ within the leading-order approximation

In order to explicitly obtain  $\hat{D}_{eff}$  and  $\hat{T}_n$ , let us consider Eqs. (13)–(15) in the Weyl representation. (Readers who are not familiar with the Weyl calculus are encouraged to read Appendix A before continuing further.) For n = 0, the Weyl transformation of Eq. (13a) leads to

$$D_{\rm eff,0}(x,p) = D_0(x,p),$$
 (16)

where  $D_n(x, p)$  and  $D_{\text{eff},n}(x, p)$  are the Weyl symbols (A1) of the operators  $\hat{D}_n$  and  $\hat{D}_{\text{eff},n}$ , respectively. For n = 1, the Weyl transformation of Eq. (13b) gives

$$D_{\text{eff},1} = D_1 - \{\!\{D_0, T_1\}\!\},\tag{17}$$

where  $\{\{\cdot,\cdot\}\}\$  is the Moyal sine bracket (A10) and  $T_n(x,p)$  are the Weyl symbols of  $\hat{T}_n$ . It is to be noted that  $D_n$ ,  $D_{\text{eff},n}$ , and  $T_n$  are real functions of the eight-dimensional phase space because the corresponding operators are Hermitian.

Since  $D_1$  is a linear measure of the MW field, we adopt

$$D_1(x,p) = \operatorname{Re}[\mathcal{D}_1(x,p)e^{i\Theta(x)}], \qquad (18)$$

where the real function  $\Theta(x)$  is the MW phase and  $\mathcal{D}_1(x, p)$  is the Weyl symbol characterizing the slowly varying MW envelope [31,32]. The gradients of the phase

$$\Omega(x) \doteq -\partial_t \Theta, \quad \mathbf{K}(x) \doteq \nabla \Theta, \tag{19}$$

determine the MW local frequency and wave vector, respectively. We introduce the MW four-wave-vector  $K_{\mu}(x) \doteq -\partial_{\mu}\Theta = (\Omega, -\mathbf{K})$ , which is considered a slow function. [Accordingly, the contravariant representation of the MW four-wave-vector is  $K^{\mu}(x) = (\Omega, \mathbf{K})$ .]

Since  $D_1$  is quasiperiodic [33], we have  $\langle \langle D_1 \rangle \rangle = 0$ . Following Eq. (14a), we obtain  $D_{\text{eff},1} = 0$  and

$$\{\!\{D_0, T_1\}\!\} = D_1. \tag{20}$$

Let us search for  $T_1$  in the polar representation:

$$T_1 = \operatorname{Re}[\mathcal{T}_1(x, p)e^{i\Theta(x)}], \qquad (21)$$

where  $T_1(x, p)$  is to be determined. Substituting Eqs. (18) and (21) into Eq. (20) and equating terms with the same phase, we obtain (Appendix B)

$$\mathcal{D}_{1}(x,p)e^{i\Theta(x)} = \{\!\{D_{0},\mathcal{T}_{1}e^{i\Theta}\}\!\} = \mathcal{T}_{1}\{\!\{D_{0},e^{i\Theta}\}\!\} + O(\epsilon_{\mathrm{mw}})$$

$$= -i\mathcal{T}_{1}(D_{0} \star e^{i\Theta} - e^{i\Theta} \star D_{0}) + O(\epsilon_{\mathrm{mw}})$$

$$= -i[D_{0}(x,p+K/2) - D_{0}(x,p-K/2)]$$

$$\times \mathcal{T}_{1}(x,p)e^{i\Theta(x)} + O(\epsilon_{\mathrm{mw}}), \qquad (22)$$

where  $\star$  is the Moyal product (A6) and  $\mathcal{T}_1$  is pulled out of the sine bracket because it is a slowly varying function. Solving for  $\mathcal{T}_1$ , we obtain

$$\mathcal{T}_{1}(x,p) = \frac{i\mathcal{D}_{1}(x,p)}{D_{0}(x,p+K/2) - D_{0}(x,p-K/2)} + O(\epsilon_{\rm mw}).$$
(23)

Now let us calculate  $D_{\text{eff},2}$ . From Eq. (13b), we have  $[\hat{D}_0, \hat{T}_1] = i\hat{D}_1$ , so  $\hat{C}_2 = -(i/2)[\hat{T}_1, \hat{D}_1]$ . Then, by applying the Weyl transform to Eq. (13c), we obtain

$$D_{\rm eff,2} = D_2 - \{\!\!\{D_0, T_2\}\!\!\} + C_2, \tag{24}$$

where  $C_2(x,p) = (1/2)\{\{T_1, D_1\}\}$ . After substituting  $D_1$  and  $T_1$ , the Weyl symbol  $C_2$  is found to be (Appendix B)

$$C_{2}(x,p) = -\frac{1}{4} \sum_{n=\pm 1} \frac{|\mathcal{D}_{1}(x,p+nK/2)|^{2}}{D_{0}(x,p+nK) - D_{0}(x,p)} + \operatorname{Re}[\mathcal{C}_{2}(x,p)e^{i2\Theta(x)}] + O(\epsilon_{\mathrm{mw}}), \quad (25)$$

where  $C_2(x, p)$  is a slowly varying function whose explicit expression will not be needed for our purposes.

Following Eqs. (14b) and (24), we let  $D_{\text{eff},2} = \langle \langle D_2 \rangle \rangle + \langle \langle C_2 \rangle \rangle$ . Then, the symbol  $T_2(x, p)$  satisfies

$$\{\!\{D_0, T_2\}\!\} = D_2 - \langle\!\langle D_2 \rangle\!\rangle + \operatorname{Re}(\mathcal{C}_2 e^{i2\Theta}).$$
(26)

We then repeat the procedure shown in Eqs. (21)–(23) to obtain  $T_2$  that satisfies Eq. (26). Finally, after collecting the previously obtained results of this section, the effective dispersion symbol is found to be

$$D_{\text{eff}}(x,p) = D_0(x,p) + \sigma^2 \langle\!\langle D_2(x,p) \rangle\!\rangle - \frac{\sigma^2}{4} \sum_{n=\pm 1} \frac{|\mathcal{D}_1(x,p+nK/2)|^2}{D_0(x,p+nK) - D_0(x,p)} + O(\epsilon_{\text{mw}}, \sigma^4).$$
(27)

The leading-order correction to  $D_{\text{eff}}(x, p)$ , that scales as  $\epsilon_{\text{mw}}^0$ , can be only of the fourth power of  $\sigma$ . This occurs because the third and other odd powers of the MW field have zero average and thus cannot contribute to the effective dispersion symbol  $D_{\text{eff}}(x, p)$  that governs the  $\Theta$ -averaged motion.

The Weyl symbol  $D_{\text{eff}}(x, p)$  in Eq. (27) constitutes one of the main results of this work. It determines the asymptotic form of the effective dispersion operator that governs the dynamics of the PW averaged over the MW oscillations at small enough GO parameter  $\epsilon_{\text{mw}}$  and small enough MW amplitude  $\sigma$ . The operator  $\hat{D}_{\text{eff}}$  can be obtained from the symbol (27) using the inverse Weyl transform (A2). Alternatively, one can find its coordinate representation  $\mathcal{D}_{\text{eff}}(x, x')$  using Eq. (A3).

# **V. PONDEROMOTIVE DYNAMICS**

With the effective dispersion operator  $\hat{D}_{eff}$ , we can describe the time-averaged dynamics of the PW by using

$$\hat{\mathcal{D}}_{\rm eff}|\psi\rangle = 0. \tag{28}$$

Alternatively, we can apply the variational approach and study the action (9) in the *phase-space representation*. Following Refs. [24,28], the action is written as

$$\Lambda = \int d^4x \, d^4p \, D_{\text{eff}}(x, p) W(x, p), \qquad (29)$$

where W(x, p) is the Wigner function [34] corresponding to the OC state  $|\psi\rangle$ ; namely,

$$W(x,p) \doteq \int \frac{d^4s}{(2\pi)^4} e^{ip \cdot s} \langle x + s/2 | \psi \rangle \langle \psi | x - s/2 \rangle.$$
(30)

The variational approach is convenient for deriving approximate models of wave dynamics [9,35–42]. For illustration purposes, here we focus on the OC dynamics of PWs in the eikonal approximation. Specifically, we proceed as follows.

# A. Eikonal approximation

Let us consider the complex function  $\psi \doteq \langle x | \psi \rangle$  in the following polar representation,

$$\langle x|\psi\rangle = \psi(x) = \sqrt{\mathcal{I}_0(x)} e^{i\theta(x)}, \qquad (31)$$

where  $\mathcal{I}_0(x)$  and  $\theta(x)$  are real functions. We assume that the phase  $\theta$  is fast compared to the slowly varying function  $\mathcal{I}_0$ . We also assume

$$\epsilon_{\rm pw} \doteq \max\left\{\frac{1}{\omega\tau}, \frac{1}{|\mathbf{k}|\ell}\right\} \ll 1,$$
(32)

where

$$\omega(x) \doteq -\partial_t \theta, \quad \mathbf{k}(x) \doteq \nabla \theta \tag{33}$$

are the local PW frequency and the wave vector, respectively. In other words, we consider that the characteristic scale lengths of the inhomogeneities of the background medium and of the MW envelope are large with respect to the wavelength of the PW. For simplicity, we combine the small parameters (8) and (32) into a single parameter,

$$\epsilon \doteq \max\{\epsilon_{\rm mw}, \epsilon_{\rm pw}\} \ll 1. \tag{34}$$

In particular, note that in order to apply the standard GO approximation to the original problem, the PW parameters must satisfy  $\Omega/\omega \ll 1$  and  $|\mathbf{K}|/|\mathbf{k}| \ll 1$ ; e.g., the PW wavelength must be smaller than the MW wavelength. However, after the transformation, the MW oscillations are eliminated (see Fig. 1), so the PW parameters must satisfy the less restrictive condition (32).

Since  $\psi$  is assumed quasimonochromatic, the Wigner function (30) is then, to the lowest order in  $\epsilon$  [24],

$$W(x,p) = \mathcal{I}_0(x)\delta^4(p-k) + O(\epsilon), \qquad (35)$$

where  $k_{\mu}(x) \doteq -\partial_{\mu}\theta = (\omega, -\mathbf{k})$ . Substituting Eq. (35) into Eq. (29) leads to the following action:

$$\Lambda = \int d^4x \, \mathcal{I}_0(x) D_{\text{eff}}(x,k). \tag{36}$$

The action (36) has the form of Whitham's action, where

$$\mathcal{I} \doteq \mathcal{I}_0 \partial_\omega D_{\text{eff}}(x,k) \tag{37}$$

serves as the wave action density [38]. [From now on,  $k(x) = -\partial \theta$ .] Treating  $\mathcal{I}_0$  and  $\theta$  as independent variables yields the following ELEs:

$$\delta\theta: \quad \partial_t \mathcal{I} + \nabla \cdot (\mathcal{I}\mathbf{v}) = 0, \tag{38a}$$

$$\delta \mathcal{I}_0: \quad D_{\text{eff}}(x,k) = 0, \tag{38b}$$

where the flow velocity  $\mathbf{v}$  is given by

$$\mathbf{v}(t,\mathbf{x}) \doteq -\frac{\partial_{\mathbf{k}} D_{\text{eff}}}{\partial_{\omega} D_{\text{eff}}}.$$
(39)

Equation (38a) represents the action conservation theorem, and Eq. (38b) is the local wave dispersion relation.

#### B. Hayes's representation

Equation (38b) can be used to express the PW frequency  $\omega$  as some function  $H_{\text{eff}}(t, \mathbf{x}, \nabla \theta)$ :

$$\omega = H_{\rm eff}(t, \mathbf{x}, \nabla \theta). \tag{40}$$

This determines a *dispersion manifold* [28,43]. The function  $H_{\text{eff}}$  can be represented as follows:

$$H_{\rm eff}(t,\mathbf{x},\mathbf{k}) \doteq H_0(t,\mathbf{x},\mathbf{k}) + \sigma^2 \Phi(t,\mathbf{x},\mathbf{k}), \qquad (41)$$

where higher powers of  $\sigma$  are neglected, like in the previous section. (Henceforth, the small parameter  $\sigma$  will be omitted for clarity.) Here  $H_0(t, \mathbf{x}, \mathbf{k})$  is the *unperturbed frequency* of the PW, so it satisfies  $D_0(x, k_*) = 0$ , where

$$k_*^{\mu}(t, \mathbf{x}, \mathbf{k}) \doteq (H_0(t, \mathbf{x}, \mathbf{k}), \mathbf{k}) \tag{42}$$

is the unperturbed PW four-wave-vector. The function  $\Phi(t, \mathbf{x}, \mathbf{k})$  can be understood as the PW *ponderomotive frequency shift*. When multiplied by  $\hbar$ ,  $\Phi$  is also understood as the ponderomotive energy or ponderomotive potential; that said, one may want to restrict usage of the term "potential" to cases when  $\Phi$  is independent of  $\mathbf{k}$ .

Using Eqs. (27) and (38b) together with the Taylor expansion

$$D_{\rm eff}(x,k) \approx D_{\rm eff}(x,k_*) + \partial_\omega D_{\rm eff}(x,k_*) [\omega - H_0(t,\mathbf{x},\mathbf{k})], \quad (43)$$

we obtain an explicit expression for  $\Phi$ , which is

$$\Phi(t, \mathbf{x}, \mathbf{k}) = \left[ -\frac{\langle\!\langle D_2(x, k)\rangle\!\rangle}{\partial_\omega D_0(x, k)} + \frac{1}{4\partial_\omega D_0(x, k)} \right]_{n=\pm 1} \frac{|\mathcal{D}_1(x, k+nK/2)|^2}{D_0(x, k+nK) - D_0(x, k)} \Big]_{k=k_*}.$$
 (44)

Hence, we can rewrite the action (36) in the Hayes's form [44]; namely,

$$\Lambda \simeq -\int d^4x \,\mathcal{I}[\partial_t \theta + H_{\rm eff}(t, \mathbf{x}, \nabla \theta)]. \tag{45}$$

In this case, the corresponding ELE's are

$$\delta\theta: \quad \partial_t \mathcal{I} + \nabla \cdot (\mathcal{I}\mathbf{u}) = 0, \tag{46a}$$

$$\delta \mathcal{I}: \quad \omega = H_{\text{eff}}(t, \mathbf{x}, \mathbf{k}), \tag{46b}$$

where **u** is the effective PW group velocity,

$$\mathbf{u}(t,\mathbf{x}) \doteq \partial_{\mathbf{k}} H_{\text{eff}}(t,\mathbf{x},\mathbf{k}). \tag{47}$$

Equation (46b) is a Hamilton-Jacobi equation representing the local wave dispersion. Note that, on solutions of Eq. (46b),  $\mathbf{u}(t,\mathbf{x})$  is the same as  $\mathbf{v}(t,\mathbf{x})$  defined in Eq. (39), so Eqs. (46) are consistent with Eqs. (38).

Another comment is the following. When  $|K| \ll |k_*|$ , the effective Hamiltonian can be approximated to

$$H_{\rm eff}(t, \mathbf{x}, \mathbf{k}) \simeq H_0(t, \mathbf{x}, \mathbf{k}) + \left[ -\frac{\langle\!\langle D_2(x, k) \rangle\!\rangle}{\partial_\omega D_0(x, k)} + \frac{\sigma^2}{4\partial_\omega D_0(x, k)} K^\mu \frac{\partial}{\partial k^\mu} \left( \frac{|\mathcal{D}_1(x, k)|^2}{K^\nu \partial_{k^\nu} D_0(x, k)} \right) \right]_{k=k_*},$$
(48)

where  $K^{\mu}\partial_{k^{\mu}} \doteq \Omega \partial_{\omega} + \mathbf{K} \cdot \partial_{\mathbf{k}}$ . When D(x, p) in Eq. (6) is of the Hayes's form  $[D(x, p) = p_0 - H(t, \mathbf{x}, \mathbf{p})]$ , Eq. (48) recovers the same expression for  $H_{\text{eff}}$  that was previously reported in Ref. [9].

#### C. Point-particle model and ray equations

The ray equations corresponding to Eqs. (46) can be obtained by assuming the point-particle limit. Specifically, let us adopt the ansatz

$$\mathcal{I}(t,\mathbf{x}) = \delta^3(\mathbf{x} - \mathbf{X}(t)), \tag{49}$$

where  $\mathbf{X}(t)$  is the location of the wave packet. As in Ref. [45], integrating the action (45) in space yields the canonical phase-space action of a point-particle; namely,

$$\Lambda = \int dt \left[ \mathbf{P} \cdot \dot{\mathbf{X}} - H_{\text{eff}}(t, \mathbf{X}, \mathbf{P}) \right], \tag{50}$$

where  $\mathbf{P}(t) \doteq \nabla \theta(t, \mathbf{X}(t))$ . Here,  $\mathbf{X}(t)$  and  $\mathbf{P}(t)$  serve as canonical variables. The corresponding ELEs are

$$\delta \mathbf{P}: \quad \mathbf{X} = \partial_{\mathbf{P}} H_{\text{eff}}(t, \mathbf{X}, \mathbf{P}), \tag{51a}$$

$$\delta \mathbf{X}: \quad \mathbf{P} = -\partial_{\mathbf{X}} H_{\text{eff}}(t, \mathbf{X}, \mathbf{P}). \tag{51b}$$

Equations (51) describe the ponderomotive dynamics of PW rays. These equations include the time-averaged refraction of a PW caused by the MW oscillations. The ponderomotive dynamics of charged particles is subsumed here as a special case. (Also note that, since  $H_{\text{eff}}$  is generally not separable into a kinetic energy and a potential energy, the dynamics governed by Eqs. (51) may be quite complicated and perhaps counterintuitive [46,47].) Some examples are discussed below.

#### VI. DISCUSSION AND EXAMPLES

# A. Example 1: Schrödinger particle in an electrostatic field

Let us consider a nonrelativistic particle interacting in a modulated electrostatic potential. The particle dynamics can be described using the Schrödinger equation

$$i\partial_t \Psi = \left[-\nabla^2/2m + qV(x)\right]\Psi,\tag{52}$$

where *m* and *q* are the particle mass and charge, the electrostatic potential  $V(x) = \text{Re}[V_c(x)e^{i\Theta(x)}]$  is assumed small,  $\Theta(x)$  is a real fast phase, and  $V_c(x)$  is a complex function describing the slowly varying potential envelope. In this case, the dispersion operator is

$$\hat{\mathcal{D}} \doteq \hat{p}_0 - \hat{\mathbf{p}}^2 / 2m - q V(\hat{x}).$$
(53)

The corresponding Weyl symbols are (Appendix A)

$$D_0(p) = p_0 - \mathbf{p}^2/2m, \quad D_{\text{osc}}(x) = -qV(x).$$
 (54)

The symbol  $D_{\text{eff}}$  is calculated using Eq. (27). Note that  $D_1 = -\text{Re}(q V_c e^{i\Theta})$ , so  $\mathcal{D}_1 = -q V_c$  and  $D_n = 0$  for  $n \ge 2$ .

Substituting into Eq. (27), we obtain

$$D_{\text{eff}}(x,p) = D_0(p) - \frac{1}{4} \sum_{n=\pm 1} \frac{|\mathcal{D}_1(x)|^2}{D_0(p+nK) - D_0(p)} = p_0 - \frac{\mathbf{p}^2}{2m} - \sum_{n=\pm 1} \frac{q^2 |V_c(x)|^2 / 4}{\left(p_0 + n\Omega - \frac{(\mathbf{p}+n\mathbf{K})^2}{2m}\right) - \left(p_0 - \frac{\mathbf{p}^2}{2m}\right)} = p_0 - \frac{\mathbf{p}^2}{2m} - \frac{q^2 |\mathbf{K}V_c|^2 / m}{4(\Omega - \mathbf{p} \cdot \mathbf{K}/m)^2 - (\mathbf{K}^2/m)^2}.$$
 (55)

Inserting Eq. (55) into Eq. (36) leads to the action in the Hayes's form (45), where the effective Hamiltonian is

$$H_{\rm eff}(t,\mathbf{x},\mathbf{k}) = \frac{\mathbf{k}^2}{2m} + \frac{q^2 |\mathbf{K}V_c|^2/m}{4(\Omega - \mathbf{k} \cdot \mathbf{K}/m)^2 - (\mathbf{K}^2/m)^2}.$$
 (56)

In the fluid description of the particle wave packet, the corresponding ELEs are given by Eqs. (46). The corresponding ray equations are obtained from the point-particle Lagrangian (50). When introducing the missing  $\hbar$  factors, the effective Hamiltonian becomes

$$H_{\rm eff}(t, \mathbf{X}, \mathbf{P}) = \frac{\mathbf{P}^2}{2m} + \frac{q^2 |\mathbf{K}V_c|^2/m}{4(\Omega - \mathbf{P} \cdot \mathbf{K}/m)^2 - (\hbar \mathbf{K}^2/m)^2}.$$
 (57)

In contrast with the classical ponderomotive Hamiltonian [3,4,40]

$$H_{\rm eff,cl}(t, \mathbf{X}, \mathbf{P}) = \frac{\mathbf{P}^2}{2m} + \frac{q^2 |\mathbf{K}V_c|^2}{4m(\Omega - \mathbf{P} \cdot \mathbf{K}/m)^2}, \quad (58)$$

which is recovered from Eq. (57) at small enough **K**, Eq. (57) predicts that the ponderomotive force can be attractive. This is seen from the fact that, when the second term in the denominator in Eq. (57) dominates, the ponderomotive energy becomes an effective negative potential (i.e., does not depend on **P**). This effect, which is similar to that reported in Refs. [15,48], was confirmed in our numerical simulations, whose results are shown in Fig. 2. Note that the ray trajectories generated by  $H_{\text{eff}}$  accurately match the motion of the wave packet's center.

Also note that, at  $\Omega = 0$ , the ponderomotive energy is resonant at  $2\mathbf{K} \cdot \mathbf{P} = \pm \hbar \mathbf{K}^2$ . This relation can be written as  $\lambda_{dB} = 2d \cos \zeta$ , where  $\lambda_{dB}$  is the particle de Broglie wavelength,  $d \doteq 2\pi/K$  is the characteristic length of the lattice, and  $\zeta$  is the angle between the **K** and **P** vectors. One may recognize this as the Bragg resonance. In other words, our wave theory presents Bragg scattering as a variation of the ponderomotive effect. One can also identify a parallel between Eq. (57) and the linear susceptibility of quantum plasma [49–51]. This will be further discussed in Sec. VII.

# B. Example 2: Ponderomotive dynamics of a relativistic spinless particle

In this section we calculate the ponderomotive Hamiltonian of a relativistic spinless particle interacting with a slowly varying background EM field and a high-frequency EM modulation [52]. The particle dynamics can be described using

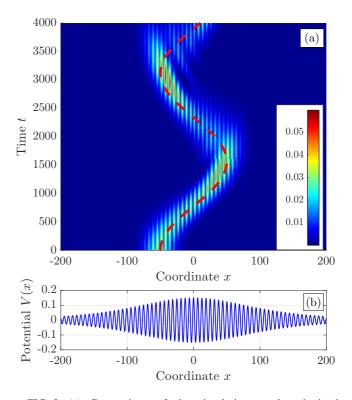


FIG. 2. (a) Comparison of the simulation results obtained by numerically integrating the full-wave Eq. (52) (solid fill) and the ray-tracing Eqs. (51) with  $H_{\text{eff}}$  taken from Eq. (57) (dashed) for a stationary MW. The initial wave packet is  $\Psi_0(x) =$  $(2\pi\eta^2)^{-1/4} \exp[-(x-\mu)^2/(4\eta^2)]$ , where  $\mu = -50$  and  $\eta = 15$ , and it is normalized such that  $\int dx \Psi_0^2(x) = 1$ . (The simulation is one dimensional, and x denotes the spatial coordinate, unlike in the main text, where x denotes the spacetime coordinate.) The initial conditions for the ray trajectory are X(0) = -50 and P(0) = 0. (b) MW profile of the form  $V(x) = 0.15 \operatorname{sech}(x/80) \cos(x)$ . Natural units are used such that  $m = 1, q = 1, \hbar = 1$ , and K = 1. At later times (not shown), diffraction effects become important, so the eikonal theory becomes inapplicable.

the Klein-Gordon equation

$$[(i\partial_t - qV)^2 - (-i\nabla - q\mathbf{A})^2 - m^2]\Psi = 0, \qquad (59)$$

where V(x) and  $\mathbf{A}(x)$  are the scalar and vector potentials, respectively. Let  $A^{\mu}(x) \doteq (V, \mathbf{A})$  be the associated fourpotential, which can be written as

$$A^{\mu}(x) \doteq A^{\mu}_{\rm h\sigma}(x) + A^{\mu}_{\rm osc}(x). \tag{60}$$

Here  $A_{bg}^{\mu}(x)$  is the four-potential describing the background EM field, and  $A_{osc}^{\mu}(x) \doteq \operatorname{Re}[A_c^{\mu}(x)e^{i\Theta(x)}]$  is the four-potential of the modulated EM wave with small amplitude. As before,  $\Theta(x)$  is a real fast phase, and  $A_c^{\mu}(x)$  is a slowly varying function. In terms of operators, the dispersion operator is

$$\hat{\mathcal{D}}_{0} = [\hat{p}^{\mu} - q A^{\mu}_{\text{bg}}(\hat{x})][\hat{p}_{\mu} - q A_{\text{bg},\mu}(\hat{x})] - m^{2}, \quad (61a)$$
$$\hat{\mathcal{D}}_{\text{osc}} = -\{q A^{\mu}_{\text{osc}}(\hat{x})[\hat{p}_{\mu} - q A_{\text{bg},\mu}(\hat{x})] + \text{H.c.}\} + q^{2} A^{\mu}_{\text{osc}}(\hat{x}) A_{\text{osc},\mu}(\hat{x}), \quad (61b)$$

where 'H.c.' denotes Hermitian conjugate.

The corresponding Weyl symbols are (Appendix A)

$$D_0(x,p) = \pi^2 - m^2,$$
 (62a)

$$D_1(x,p) = -2q\pi \cdot A_{\rm osc}(x), \tag{62b}$$

$$D_2(x,p) = q^2 A_{\rm osc}(x) \cdot A_{\rm osc}(x), \qquad (62c)$$

where  $\pi^{\mu}(x,p) \doteq p^{\mu} - q A^{\mu}_{bg}(x)$ . Substituting Eqs. (62) into Eq. (27), we obtain

$$D_{\text{eff}}(x,p) = \pi^2 - m^2 + \frac{q^2 |A_c|^2}{2} - \sum_{n=\pm 1} \frac{q^2 |A_c \cdot (\pi + nK/2)|^2}{2n\pi \cdot K + n^2 K \cdot K}, \quad (63)$$

where  $|A_c|^2 = A_c \cdot A_c^* = |V_c|^2 - |\mathbf{A}_c|^2$ .

Following the procedure in Sec. V, we determine the effective Hamiltonian for a point particle. Introducing the missing c and  $\hbar$  factors, we obtain

$$H_{\rm eff}(t, \mathbf{X}, \mathbf{P}) = \gamma m c^2 + q V_{\rm bg} - \frac{q^2 |A_c|^2}{4\gamma m c^2} + \frac{1}{2\gamma m c^2} \sum_{n=\pm 1} \frac{q^2 |A_c \cdot (\Pi_* + n\hbar K/2)|^2}{2n\Pi_* \cdot \hbar K + n^2 \hbar^2 K \cdot K}, \quad (64)$$

where

$$\gamma(t, \mathbf{X}, \mathbf{P}) \doteq \sqrt{1 + \left(\frac{\mathbf{P}}{mc} - \frac{q\mathbf{A}_{bg}}{mc^2}\right)^2}$$
(65)

is the unperturbed Lorentz factor,  $\Pi_*^{\mu} \doteq (\gamma mc, \mathbf{P} - q\mathbf{A}_{bg}/c)$  is the unperturbed kinetic four-momentum,  $A_c^{\mu}(t, \mathbf{X}) = (V_c, \mathbf{A}_c)$ is the modulated four-potential, and  $K^{\mu}(t, \mathbf{X}) = (\Omega/c, \mathbf{K})$  is the MW four-wave-vector. All quantities are evaluated at the particle position  $\mathbf{X}(t)$ .

Several interesting limits can be studied with the effective Hamiltonian (64). In the Lorentz gauge, where  $\partial_{\mu}A_{osc}^{\mu} = 0$ , we have  $K \cdot A_c = O(\epsilon)$ . Then,  $H_{eff}$  becomes

$$H_{\rm eff}(t, \mathbf{X}, \mathbf{P}) = \gamma m c^{2} + q V_{\rm bg} - \frac{q^{2} |A_{c}|^{2}}{4 \gamma m c^{2}} - \left(\frac{q^{2} |A_{c} \cdot \Pi_{*}|^{2}}{\gamma m c^{2}}\right) \frac{K \cdot K}{4(\Pi_{*} \cdot K)^{2} - (\hbar K \cdot K)^{2}}.$$
(66)

Let us discuss this result. For example, in the case of a vacuum EM wave,  $K \cdot K = (\Omega/c)^2 - \mathbf{K} = 0$ , so the second line vanishes. The remaining terms can be understood as the lowest-order expansion (in  $|A_c|^2$ ) of the effective ponderomotive Hamiltonian  $H_{\text{eff}} = mc^2[1 + \Pi^2/(mc)^2 - q^2|A_c|^2/(2m^2c^4)]^{1/2} + qV_{\text{bg}}$  that a relativistic spinless particle experiences in an oscillating EM pulse [53–56]. In the case where  $K \cdot K \neq 0$ , the term in the second line of Eq. (66) persists and accounts for Compton scattering, much like the Bragg scattering discussed in Sec. VI A.

Also, let us consider a particle that interacts with an oscillating electrostatic field so that  $A_c^{\mu} = (V_c, 0)$ . In this case,

Eq. (64) gives (Appendix B)

$$H_{\rm eff}(t, \mathbf{X}, \mathbf{P}) = \gamma mc^2 + q V_{\rm bg} + \frac{q^2 |V_c|^2}{4\gamma m} \times \frac{\mathbf{K}^2 - (\mathbf{v}_* \cdot \mathbf{K}/c)^2 - (\hbar \mathbf{K}/2\gamma mc)^2 (K \cdot K)}{(\Omega - \mathbf{v}_* \cdot \mathbf{K})^2 - (\hbar K \cdot K/2\gamma m)^2},$$
(67)

where  $\mathbf{v}_* \doteq \mathbf{\Pi}/(\gamma m)$  is the unperturbed particle velocity. The last term in Eq. (67) is the relativistic ponderomotive energy. [In the nonrelativistic limit, when  $\gamma \simeq 1$  and  $\hbar |\mathbf{K}| \ll mc$ , Eq. (67) reduces to Eq. (57), as expected.] When quantum corrections are negligible, we obtain

$$H_{\rm eff}(t, \mathbf{X}, \mathbf{P}) = \gamma m c^2 + q V_{\rm bg} + \frac{q^2 |\mathbf{K} V_c|^2}{4M(\Omega - \mathbf{v}_* \cdot \mathbf{K})^2}, \quad (68)$$

where  $M \doteq m\gamma |\mathbf{K}|^2 / [|\mathbf{K}|^2 - (\mathbf{v}_* \cdot \mathbf{K}/c)^2]$ . When  $\mathbf{v}_*$  is pointed along **K**, one has  $M = m\gamma^3$ , which is understood as the longitudinal mass. In contrast, when **v** is transverse to **K**, one has  $M = m\gamma$ , which is the transverse mass [57].

## C. Example 3: Electrostatic wave in a density modulated plasma

As another example, let us consider an EM wave  $\Psi(x)$  propagating in a density-modulated plasma. The PW dynamics is described by

$$\partial_t^2 \Psi = \nabla^2 \Psi - \omega_p^2 \Psi, \tag{69}$$

where  $\omega_p^2(x) \doteq 4\pi q^2 n(x)/m$  is the plasma frequency squared [58]. The plasma density is modulated such that  $n(x) = n_{\text{bg}}(x) + n_{\text{osc}}(x)$ , where  $n_{\text{bg}}(x)$  is the slowly varying background plasma density and  $n_{\text{osc}}(x) \doteq \text{Re}[n_c(x)e^{i\Theta(x)}]$  is a fast modulation of small amplitude. The dispersion operator is

$$\hat{\mathcal{D}} = \hat{p} \cdot \hat{p} - \omega_p^2(\hat{x}), \tag{70}$$

so the corresponding Weyl symbols are

$$D_0(x,p) = p \cdot p - \omega_{p,\mathrm{bg}}^2(x), \tag{71a}$$

$$D_{\text{osc}}(x) = -\text{Re}[\omega_{p,c}^2(x)e^{i\Theta(x)}],$$
(71b)

where  $\omega_{p,bg}^2(x) \doteq 4\pi q^2 n_{bg}/m$  and  $\omega_{p,c}^2(x) \doteq 4\pi q^2 n_c/m$ . Substituting Eqs. (71) into Eq. (27), we obtain

$$D_{\rm eff}(x,p) = p \cdot p - \omega_{p,\rm bg}^2 + \frac{|\omega_{p,c}^2|^2 (K \cdot K)/8}{(p \cdot K)^2 - (K \cdot K)^2/4}.$$
 (72)

Then, the effective Hamiltonian is given by

$$H_{\rm eff}(t, \mathbf{x}, \mathbf{k}) = \omega_0(t, \mathbf{x}, \mathbf{k}) - \frac{|\omega_{p,c}^2|^2}{16\omega_0^3} \Xi,$$
(73)

where  $\omega_0(t, \mathbf{x}, \mathbf{k}) \doteq (c^2 \mathbf{k}^2 + \omega_{p, bg}^2)^{1/2}$  is the unperturbed EM wave frequency,  $\Xi$  is a dimensionless factor given by

$$\Xi \doteq \frac{\Omega^2 - c^2 \mathbf{K}^2}{(\Omega - \mathbf{v}_* \cdot \mathbf{K})^2 - (\Omega^2 - c^2 \mathbf{K}^2)^2 / 4\omega_0^2}, \qquad (74)$$

and  $\mathbf{v}_* = c^2 \mathbf{k} / \omega_0$  is the unperturbed EM wave group velocity. (We have reintroduced the missing *c* factors for clarity.) The second term in Eq. (73) represents the ponderomotive frequency shift that a classical EM wave experiences in a modulated plasma.

Similarly to the previous examples, the denominator in Eq. (73) also contains photon recoil effects. The Bragg resonance condition is also included; i.e., for EM waves propagating in static modulated media ( $\Omega = 0$ ), the Bragg resonance occurs at  $2\mathbf{k} \cdot \mathbf{K} = \pm \mathbf{K}^2$ . In the opposite limit where  $\Omega \gg \mathbf{v}_* \cdot \mathbf{K}$ , Eq. (73) becomes

$$H_{\rm eff}(t, \mathbf{x}, \mathbf{k}) = \omega_0 + \left(\frac{|\omega_{p,c}^2|^2}{16\omega_0^3}\right) \frac{N^2 - 1}{1 - \mu^2 (N^2 - 1)^2}, \quad (75)$$

where  $\mu \doteq \Omega/2\omega_0$  and  $N \doteq c |\mathbf{K}|/\Omega$  is the MW refraction index. Note that the GO result reported in Ref. [9] is recovered in the limit  $\mu \ll 1$ .

## VII. MODULATIONAL DYNAMICS AND POLARIZABILITY OF WAVE QUANTA

#### A. Basic equations

Knowing the effective Hamiltonian  $H_{\text{eff}}$  of PWs, one can derive, without even considering the ray equations, the self-consistent dynamics of a MW when it interacts with an ensemble of PWs. (As a special case, when PWs are free charged particles, such ensemble is a plasma.) To do this, let us consider the action of the whole system in the form  $\Lambda_{\Sigma} = \Lambda_{\text{mw}} + \Lambda_{\text{pw}}$ , where  $\Lambda_{\text{mw}}$  is the MW action and  $\Lambda_{\text{pw}}$  is the cumulative action of all PWs. We attribute the interaction action to  $\Lambda_{\text{pw}}$ , so, by definition,  $\Lambda_{\text{mw}}$  is the system action absent PWs. Then,  $\Lambda_{\text{mw}}$  equals the action of the MW EM field in vacuum,  $\Lambda_{\text{mw}} \approx \int d^4x (\mathbf{E}_{\text{mw}}^2 - \mathbf{B}_{\text{mw}}^2)/(8\pi)$  [59]. Since the MW is assumed to satisfy the GO approximation, its electric and magnetic fields can be expressed as

$$\mathbf{E}_{\mathrm{mw}} = \operatorname{Re}\left(\mathbf{E}_{c}e^{i\Theta}\right), \quad \mathbf{B}_{\mathrm{mw}} = \operatorname{Re}\left(\mathbf{B}_{c}e^{i\Theta}\right), \quad (76)$$

where the envelopes  $\mathbf{E}_c$  and  $\mathbf{B}_c$  are slow compared to  $\Theta$ . Then, we can approximate  $\Lambda_{mw}$  as

$$\Lambda_{\rm mw} = \int d^4x \left( \frac{|\mathbf{E}_c|^2}{16\pi} - \frac{c^2 |\mathbf{K} \times \mathbf{E}_c|^2}{16\pi \,\Omega^2} \right),\tag{77}$$

where we substituted Faraday's law  $\mathbf{B}_c \approx (c\mathbf{K}/\Omega) \times \mathbf{E}_c$ .

To calculate  $\Lambda_{pw}$ , we assume that PWs are mutually incoherent and do not interact other than via the MW. (When PWs are charged particles, this is known as the collisionlessplasma approximation. In a broader context, this can be recognized as the quasilinear approximation; for instance, see Ref. [60].) Then,  $\Lambda_{pw} = \sum_i \Lambda_i$ , where  $\Lambda_i$  are the actions of the individual PWs. Adopting  $\Lambda_i$  in the form of Eq. (45), we obtain

$$\Lambda_{\rm pw} = \Lambda_{\rm pw,0} - \sum_{i} \int d^4 x \, \mathcal{I}_i(t, \mathbf{x}) \, \Phi_i(t, \mathbf{x}, \nabla \theta_i), \qquad (78)$$

where  $\Lambda_{pw,0} = -\sum_i \int d^4x \, \mathcal{I}_i \left[\partial_t \theta_i + H_{0,i}(t, \mathbf{x}, \nabla \theta_i)\right]$  is independent of the MW variables, so it can be dropped. (In this section, we are only interested in ELEs for the MW, and  $\Lambda_{pw,0}$  does not contribute to those.) Let us consider PWs in groups *s* such that, within each group, PWs have the same ponderomotive frequency shift  $\Phi_s$ . Then, we can rewrite  $\Lambda_{pw}$ 

as follows:

$$\Lambda_{\rm pw} = -\sum_{s} \int d^4 x \, d^3 \mathbf{p} \, f_s(t, \mathbf{x}, \mathbf{p}) \, \Phi_s(t, \mathbf{x}, \mathbf{p}), \qquad (79)$$

where  $f_s \doteq \sum_{i \in s} \mathcal{I}_i(t, \mathbf{x}) \,\delta[\mathbf{p} - \nabla \theta_i(t, \mathbf{x})]$ . This gives  $\Lambda_{\Sigma} = \int d^4x \,\mathcal{L}$ , where the Lagrangian density  $\mathcal{L}$  is

$$\mathfrak{L} = \frac{|\mathbf{E}_c|^2}{16\pi} - \frac{c^2 |\mathbf{K} \times \mathbf{E}_c|^2}{16\pi \,\Omega^2} - \sum_s \int d^3 \mathbf{p} \, f_s(t, \mathbf{x}, \mathbf{p}) \, \Phi_s(t, \mathbf{x}, \mathbf{p}).$$

The meaning of  $f_s$  is understood as follows. A single wave with a well-defined local momentum  $\nabla \theta_i(t, \mathbf{x})$  has a phasespace distribution that is  $\delta$ -shaped along the local wave-vector (momentum) coordinate,  $\propto \delta[\mathbf{p} - \nabla \theta_i(t, \mathbf{x})]$ . The coefficient in front of the  $\delta$  function must be the spatial probability density for the proper normalization. In our case, the spatial probability density is  $|\psi_i(t, \mathbf{x})|^2$ , which is the same as  $\mathcal{I}_i(t, \mathbf{x})$ . Thus,  $\mathcal{I}_i(t, \mathbf{x}) \,\delta[\mathbf{p} - \nabla \theta_i(t, \mathbf{x})]$  is the phase-space density of *i*th wave. This makes  $f_s(t, \mathbf{x}, \mathbf{p})$  the total phase-space density of species s. This formulation can also be applied, for example, to degenerate plasmas to the extent that the Hartree approximation is applicable [49,50]. Specifically, if the spin-orbital interaction is negligible and particles interact with each other only through the mean EM field, their Lagrangian densities sum up (by definition of the mean-field approximation), so one recovers the same  $\mathfrak{L}$  as in nondegenerate plasma. The only subtlety in this case is that  $f_s(t, \mathbf{x}, \mathbf{p})$  is now restricted by Pauli's exclusion principle (or, in equilibrium, to Fermi-Dirac statistics).

Since  $\Phi_s$  is bilinear in the MW field and independent on the MW phase, it can be expressed as

$$\Phi_s = -\frac{1}{4} \mathbf{E}_c^* \cdot \boldsymbol{\alpha}_s \cdot \mathbf{E}_c, \qquad (80)$$

where  $\alpha_s$  is some complex tensor that can depend on  $\Omega$  and **K** but not on  $\mathbf{E}_c$  or  $\mathbf{E}_c^*$ . Explicitly, it is defined as

$$\boldsymbol{\alpha}_{s} \doteq -4 \frac{\partial^{2}}{\partial \mathbf{E}_{c} \partial \mathbf{E}_{c}^{*}} \Phi_{s}(\mathbf{E}_{c}, \mathbf{E}_{c}^{*}, \Omega, \mathbf{K}; t, \mathbf{x}, \mathbf{p}), \qquad (81)$$

or, equivalently,  $\boldsymbol{\alpha}_s \doteq -4\partial^2 H_{\text{eff},s}/(\partial \mathbf{E}_c \partial \mathbf{E}_c^*)$ . Then,

$$\mathfrak{L} = \frac{1}{16\pi} \mathbf{E}_c^* \cdot \boldsymbol{\varepsilon}(t, \mathbf{x}, \Omega, \mathbf{K}) \cdot \mathbf{E}_c - \frac{c^2 |\mathbf{K} \times \mathbf{E}_c|^2}{16\pi \Omega^2}, \qquad (82)$$

where we introduced  $\boldsymbol{\varepsilon} \doteq 1 + \boldsymbol{\chi}$  and

$$\boldsymbol{\chi} \doteq 4\pi \sum_{s} \int d^{3} \mathbf{p} f_{s}(t, \mathbf{x}, \mathbf{p}) \boldsymbol{\alpha}_{s}(t, \mathbf{x}, \mathbf{p}, \Omega, \mathbf{K}).$$
(83)

By treating  $(\Theta, \mathbf{E}_c, \mathbf{E}_c^*)$  as independent variables, we then obtain the following ELEs:

 $\delta\Theta: \quad \partial_t(\partial_\Omega \mathfrak{L}) - \nabla \cdot (\partial_\mathbf{K} \mathfrak{L}) = 0, \tag{84}$ 

$$\delta \mathbf{E}_{c}^{*}: \quad (\Omega/c)^{2} \,\boldsymbol{\varepsilon} \cdot \mathbf{E}_{c} + \mathbf{K} \times (\mathbf{K} \times \mathbf{E}_{c}) = 0, \qquad (85)$$

plus a conjugate equation for  $\mathbf{E}_c^*$ . [Remember that  $\Omega$  and  $\mathbf{K}$  are related to  $\Theta$  via Eq. (19).] We then recognize these ELEs as the GO equations describing EM waves in a dispersive medium with dielectric tensor  $\boldsymbol{\varepsilon}$  [58,61]. Thus,  $\boldsymbol{\chi}$  is the susceptibility of the medium, and  $\boldsymbol{\alpha}_s$  serves as the *linear polarizability* of PWs of type *s* [62].

Hence, Eq. (80) can be interpreted as a fundamental relation between the ponderomotive energy and the linear polarizability. This relation represents a generalization of the well-known  $K-\chi$  theorem [4,63,64], which establishes this equality for classical particles, to general waves. Those include quantum particles as a special case and also photons, plasmons, phonons, etc. According to the theory presented here, any such object can be assigned a ponderomotive energy and thus has a polarizability (81). Some examples are discussed below.

## **B.** Examples

As a first example, let us consider a nonrelativistic quantum electron with charge q, mass m, and OC momentum  $\mathbf{P} \doteq m\mathbf{v}$ . Suppose the electron interacts with an electrostatic MW (so  $\mathbf{B}_c = 0$ ). Then,  $H_{\text{eff}}$  can be taken from Eq. (57), and Eq. (81) readily yields that the electron polarizability is a diagonal matrix given by

$$\boldsymbol{\alpha}_e = -\mathbb{I}_3 \, \frac{q^2}{m} [(\boldsymbol{\Omega} - \mathbf{K} \cdot \mathbf{v})^2 - (\hbar \mathbf{K}^2 / 2m)^2]^{-1}. \tag{86}$$

(Here,  $\mathbb{I}_3$  is a 3×3 unit matrix.) From Eq. (83), the susceptibility of the electron plasma is given by [65]

$$\mathbf{\chi} = -\mathbb{I}_3 \, \frac{4\pi \, q^2}{m} \int d^3 \mathbf{v} \, \frac{f(t, \mathbf{x}, \mathbf{v})}{(\Omega - \mathbf{K} \cdot \mathbf{v})^2 - (\hbar \mathbf{K}^2 / 2m)^2}, \quad (87)$$

which is precisely the textbook result [49,50]. This shows that the commonly known expression for the dielectric tensor of quantum plasmas is actually a reflection of the less-known quantum ponderomotive energy.

Second, consider an EM wave in a nonmagnetized densitymodulated cold electron plasma. Using Gauss's law, one readily finds that  $\omega_{p,c}^2 = (iq/m)\mathbf{K} \cdot \mathbf{E}_c$ , where we assume the same notation as in Sec. VIC. Then, using Eq. (73), one gets

$$\Phi = -\frac{\hbar q^2 \Xi}{16m^2 \omega_0^3} \left( \mathbf{E}_c^* \cdot \mathbf{K} \mathbf{K} \cdot \mathbf{E}_c \right), \tag{88}$$

where **KK** is a dyadic tensor and  $\Xi$  is given by Eq. (74). (The factor  $\hbar$  is introduced in order to treat  $\Phi$  as a per-photon energy rather than as a classical frequency.) Hence, Eq. (81) gives that the photon polarizability is

$$\boldsymbol{\alpha}_{\rm ph} = \frac{\hbar q^2 \Xi}{4m^2 \omega_0^3} \, \mathbf{K} \mathbf{K}. \tag{89}$$

In principle, one must account for this polarizability when calculating  $\boldsymbol{\varepsilon}$ ; i.e., photons contribute to the linear dielectric tensor just like electrons and ions [66,67]. That said, the effect is relatively small, and ignoring the photon contribution to the plasma dielectric tensor is justified except at large enough photon densities [66].

Similar calculations are also possible for dissipative dynamics and vector waves and also help understand the modulational dynamics of wave ensembles in a general context. However, elaborating on these topics is outside the scope of this paper and is left to future publications.

## VIII. CONCLUSIONS

In this work, we show that scalar waves, both classical and quantum, can experience time-averaged refraction when propagating in modulated media. This phenomenon is analogous to the ponderomotive effect encountered by charged particles in high-frequency EM fields. We propose a covariant variational theory of this ponderomotive effect on waves for a general nondissipative linear medium. Using the Weyl calculus, our formulation is able to describe waves with temporal and spatial period comparable to that of the modulation (provided that parametric resonances are avoided). This theory can be understood as a generalization of the oscillation-center theory, which is known from classical plasma physics, to any linear waves or quantum particles in particular. This work also shows that any wave is, in fact, a polarizable object that contributes to the linear dielectric tensor of the ambient medium. Three examples of applications of the theory are given: a Schrödinger particle propagating in an oscillating electrostatic field, a Klein-Gordon particle interacting with modulated EM fields, and an EM wave propagating in a density-modulated plasma.

This work can be expanded in several directions. First, one can extend the theory to dissipative waves [68] and vector waves with polarization effects [39,69], which could be important at Bragg resonances. Second, the theory presented here can be used as a stepping stone to improving the understanding of the modulational instabilities in general wave ensembles. This requires a generalization of the analysis presented in Sec. VII and will be reported in a separate paper.

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# APPENDIX A: THE WEYL TRANSFORM

This appendix summarizes our conventions for the Weyl transform. (For more information, see the excellent reviews in Refs. [28,70–72].) The Weyl symbol A(x, p) of any given operator  $\hat{A}$  is defined as

$$A(x,p) \doteq \int d^4s \, e^{ip \cdot s} \langle x + s/2 | \hat{\mathcal{A}} | x - s/2 \rangle, \qquad (A1)$$

where  $p \cdot s = p_0 s_0 - \mathbf{p} \cdot \mathbf{s}$  and the integrals span over  $\mathbb{R}^4$ . We shall refer to this description of the operators as a *phase-space representation* since the symbols (A1) are functions of the eight-dimensional phase space. Conversely, the inverse Weyl transformation is given by

$$\hat{\mathcal{A}} = \int \frac{d^4x \, d^4p \, d^4s}{(2\pi)^4} \, e^{ip \cdot s} A(x,p) |x-s/2\rangle \langle x+s/2|. \tag{A2}$$

Hence,  $\mathcal{A}(x, x') = \langle x | \hat{\mathcal{A}} | x' \rangle$  can be expressed as

$$A(x,x') = \int \frac{d^4p}{(2\pi)^4} e^{ip \cdot (x'-x)} A\left(\frac{x+x'}{2},p\right).$$
 (A3)

In the following, we will outline a number of useful properties of the Weyl transform:

(i) For any operator  $\hat{A}$ , the trace  $\text{Tr}[\hat{A}] \doteq \int d^4x \langle x | \hat{A} | x \rangle$  can be expressed as

$$\operatorname{Tr}[\hat{\mathcal{A}}] = \int \frac{d^4x \, d^4p}{(2\pi)^4} \, A(x, p). \tag{A4}$$

(ii) If A(x,p) is the Weyl symbol of  $\hat{A}$ , then  $A^*(x,p)$  is the Weyl symbol of  $\hat{A}^{\dagger}$ . As a corollary, the Weyl symbol of a Hermitian operator is real.

(iii) For any  $\hat{C} = \hat{A}\hat{B}$ , the corresponding Weyl symbols satisfy [73,74]

$$C(x,p) = A(x,p) \star B(x,p).$$
(A5)

Here  $\star$  refers to the *Moyal product*, which is given by

$$A(x,p) \star B(x,p) \doteq A(x,p)e^{i\hat{\mathcal{L}}/2}B(x,p), \qquad (A6)$$

and  $\hat{\mathcal{L}}$  is the *Janus operator*, which is given by

$$\hat{\mathcal{L}} \doteq \overleftarrow{\partial_p} \cdot \overrightarrow{\partial_x} - \overleftarrow{\partial_x} \cdot \overrightarrow{\partial_p} = \{\cdot, \cdot\}.$$
 (A7)

The arrows indicate the direction in which the derivatives act, and  $A\hat{\mathcal{L}}B = \{A, B\}$  is the canonical Poisson bracket in the eight-dimensional phase space, namely,

$$\hat{\mathcal{L}} = \frac{\overleftarrow{\partial}}{\partial p^0} \frac{\overrightarrow{\partial}}{\partial x^0} - \frac{\overleftarrow{\partial}}{\partial x^0} \frac{\overrightarrow{\partial}}{\partial p^0} + \frac{\overleftarrow{\partial}}{\partial \mathbf{x}} \cdot \frac{\overrightarrow{\partial}}{\partial \mathbf{p}} - \frac{\overleftarrow{\partial}}{\partial \mathbf{p}} \cdot \frac{\overrightarrow{\partial}}{\partial \mathbf{x}}.$$
 (A8)

(iv) The Moyal product is associative; i.e.,

$$A \star B \star C = (A \star B) \star C = A \star (B \star C).$$
(A9)

(v) The antisymmetrized Moyal product defines the so-called *Moyal bracket* 

$$\{\!\{A,B\}\!\} \doteq \frac{1}{i}(A \star B - B \star A) = 2A\sin\left(\frac{\hat{\mathcal{L}}}{2}\right)\!B. \quad (A10)$$

Because of the latter equality, the Moyal bracket is also often called the *sine bracket*. To the lowest order in  $\epsilon$ ,

$$\{\!\!\{A,B\}\!\!\} \simeq \{\!\!\{A,B\}\!\!\}. \tag{A11}$$

(vi) Now we tabulate some Weyl transforms of various operators. (We use a two-sided arrow to show the correspondence with the Weyl transform.) First of all, the Weyl transforms of the identity, position, and momentum operators are given by

$$\hat{1} \Leftrightarrow 1, \quad \hat{x}^{\mu} \Leftrightarrow x^{\mu}, \quad \hat{p}_{\mu} \Leftrightarrow p_{\mu}.$$
 (A12)

For any two functions f and g, one has

$$f(\hat{x}) \Leftrightarrow f(x), \quad g(\hat{p}) \Leftrightarrow g(p).$$
 (A13)

Similarly, using Eq. (A6), one has

$$\hat{p}_{\mu}f(\hat{x}) \Leftrightarrow p_{\mu}f(x) + (i/2)\partial_{\mu}f(x),$$
 (A14)

$$f(\hat{x})\hat{p}_{\mu} \Leftrightarrow p_{\mu}f(x) - (i/2)\partial_{\mu}f(x).$$
 (A15)

# APPENDIX B: AUXILIARY CALCULATIONS

Here we include additional details on some of the calculations that are reported in the main text. In particular, to obtain Eq. (22), we note that  $\Theta(x)$  is a fast function while  $K_{\mu}(x) \doteq -\partial_{\mu}\Theta$  is a slow function; then,

$$\begin{aligned} A(x,p) \star e^{i\Theta} &= A(x,p)e^{i\mathcal{L}/2}e^{i\Theta} \\ &= A(x,p) \left( \sum_{n=0}^{\infty} \frac{i^n}{2^n n!} \frac{\overleftarrow{\partial} n}{\partial p^n} \cdot \frac{\overrightarrow{\partial} n}{\partial x^n} \right) e^{i\Theta} \\ &= A(x,p) \left[ \sum_{n=0}^{\infty} \frac{i^n}{2^n n!} \frac{\overleftarrow{\partial} n}{\partial p^n} \cdot \left( i \frac{\partial \Theta}{\partial x} \right)^n \right] e^{i\Theta} + O(\epsilon_{\rm mw}) \\ &= A(x,p) \left[ \sum_{n=0}^{\infty} \frac{1}{n!} \frac{\overleftarrow{\partial} n}{\partial p^n} \cdot \left( \frac{K}{2} \right)^n \right] e^{i\Theta} + O(\epsilon_{\rm mw}) \\ &= A(x,p + K/2) e^{i\Theta} + O(\epsilon_{\rm mw}), \end{aligned}$$
(B1)

where the symbol  $\cdot$  denotes contraction. Similarly,

$$e^{i\Theta} \star A(x,p) = A(x,p-K/2)e^{i\Theta} + O(\epsilon_{\rm mw}).$$
(B2)

For the calculation shown in Eq. (25), we need the following result:

$$\begin{aligned} A(x,p)e^{i\Theta_{1}} \star B(x,p)e^{i\Theta_{2}} \\ &= A(x,p)e^{i\Theta_{1}}e^{i\hat{\beta}/2}B(x,p)e^{i\Theta_{2}} \\ &= A(x,p)e^{i\Theta_{1}}e^{i(\hat{\phi}_{p}\cdot\hat{\partial}_{x}-\hat{\phi}_{x}\cdot\hat{\partial}_{p})/2}e^{i\Theta_{2}}B(x,p) \\ &= A(x,p)e^{i\Theta_{1}}e^{-(\hat{\phi}_{p}\cdot\partial_{x}\Theta_{2}-\partial_{x}\Theta_{1}\cdot\hat{\partial}_{p})/2}e^{i\Theta_{2}}B(x,p) + O(\epsilon_{\rm mw}) \\ &= A(x,p)e^{i\Theta_{1}}e^{\hat{\partial}_{p}\cdot(K_{2}/2)}e^{-(K_{1}/2)\cdot\hat{\partial}_{p}}e^{i\Theta_{2}}B(x,p) + O(\epsilon_{\rm mw}) \\ &= A(x,p+K_{2}/2)B(x,p-K_{1}/2)e^{i(\Theta_{1}+\Theta_{2})} + O(\epsilon_{\rm mw}). \end{aligned}$$
(B3)

Substituting this result, we then obtain

$$C_{2} = \{\{T_{1}, D_{1}\}\}/2$$

$$= \{\{T_{1}(x, p)e^{i\Theta}, \mathcal{D}_{1}^{*}(x, p)e^{-i\Theta}\}\}/8$$

$$+ \{\{T_{1}^{*}(x, p)e^{-i\Theta}, \mathcal{D}_{1}(x, p)e^{i\Theta}\}\}/8$$

$$+ \{\{T_{1}(x, p)e^{i\Theta}, \mathcal{D}_{1}(x, p)e^{-i\Theta}\}\}/8$$

$$= \mathcal{T}_{1}(x, p - K/2)\mathcal{D}_{1}^{*}(x, p - K/2)/(8i)$$

$$- \mathcal{T}_{1}(x, p + K/2)\mathcal{D}_{1}(x, p + K/2)/(8i)$$

$$+ \mathcal{T}_{1}^{*}(x, p - K/2)\mathcal{D}_{1}(x, p - K/2)/(8i)$$

$$- \mathcal{T}_{1}^{*}(x, p - K/2)\mathcal{D}_{1}(x, p - K/2)/(8i)$$

$$+ \operatorname{Re}[\mathcal{C}_{2}(x, p)e^{2i\Theta(x)}] + O(\epsilon_{\mathrm{mw}}), \qquad (B4)$$

where  $C_2(x, p)$  is some function, whose explicit expression is not important for our purposes. Substituting Eq. (23) into Eq. (B4), we obtain

$$C_{2} = -\frac{1}{4} \left[ \frac{|\mathcal{D}_{1}(x, p + K/2)|^{2}}{D_{0}(x, p + K) - D_{0}(x, p)|^{2}} + \frac{|\mathcal{D}_{1}(x, p - K/2)|^{2}}{D_{0}(x, p - K) - D_{0}(x, p)} \right] + \operatorname{Re}[\mathcal{C}_{2}(x, p)e^{2i\Theta(x)}] + O(\epsilon_{\mathrm{mw}})$$

$$= -\frac{1}{4} \sum_{n=\pm 1} \frac{|\mathcal{D}_{1}(x, p + nK/2)|^{2}}{D_{0}(x, p + nK) - D_{0}(x, p)|^{2}} + \operatorname{Re}[\mathcal{C}_{2}(x, p)e^{2i\Theta(x)}] + O(\epsilon_{\mathrm{mw}}). \tag{B5}$$

The calculation of Eq. (67) is presented below. Starting from Eq. (64) and letting  $A_c^{\mu} = (V_c, 0)$ , we have

$$\begin{split} H_{\text{eff}}(t, \mathbf{X}, \mathbf{P}) &- \gamma mc^{2} - q V_{\text{bg}} = -\frac{q^{2}(A_{c} \cdot A_{c}^{*})}{4\gamma mc^{2}} + \frac{1}{2\gamma mc^{2}} \sum_{n=\pm 1} \frac{q^{2}|A_{c} \cdot (\Pi_{*} + n\hbar K/2)|^{2}}{2n\Pi_{*} \cdot \hbar K + n^{2}\hbar^{2}K \cdot K}, \\ &= -\frac{q^{2}|V_{c}|^{2}}{4\gamma mc^{2}} + \frac{q^{2}|V_{c}|^{2}}{2\gamma mc^{2}} \left[ \frac{(\gamma mc + \hbar\Omega/2c)^{2}}{2\Pi_{*} \cdot \hbar K + \hbar^{2}K \cdot K} - \frac{(\gamma mc - \hbar\Omega/2c)^{2}}{2\Pi_{*} \cdot \hbar K - \hbar^{2}K \cdot K} \right] \\ &= -\frac{q^{2}|V_{c}|^{2}}{4\gamma mc^{2}} + \left( \frac{q^{2}|V_{c}|^{2}}{2\gamma mc^{2}} \right) \frac{(\gamma mc + \hbar\Omega/2c)^{2}(2\Pi_{*} \cdot \hbar K - \hbar^{2}K \cdot K) - (\gamma mc - \hbar\Omega/2c)^{2}(2\Pi_{*} \cdot \hbar K + \hbar^{2}K \cdot K)}{4(\Pi_{*} \cdot \hbar K)^{2} - (\hbar^{2}K \cdot K)^{2}} \\ &= -\frac{q^{2}|V_{c}|^{2}}{4\gamma mc^{2}} + \left( \frac{q^{2}|V_{c}|^{2}}{8\gamma mc^{2}} \right) \frac{4\gamma m\Omega(\Pi_{*} \cdot K) - 2\gamma^{2}m^{2}c^{2}(K \cdot K) - \hbar^{2}\Omega^{2}(K \cdot K)/2c^{2}}{(\Pi_{*} \cdot K)^{2} - (\hbar K \cdot K/2)^{2}} \\ &= \left( \frac{q^{2}|V_{c}|^{2}}{8\gamma mc^{2}} \right) \frac{4\gamma m\Omega(\Pi_{*} \cdot K) - 2\gamma^{2}m^{2}c^{2}(K \cdot K) - 2(\Pi_{*} \cdot K)^{2} - \hbar^{2}\Omega^{2}(K \cdot K)/2c^{2} + \hbar^{2}(K \cdot K)^{2}/2}{(\Pi_{*} \cdot K)^{2} - (\hbar K \cdot K/2)^{2}} \\ &= \left( \frac{q^{2}|V_{c}|^{2}}{8\gamma mc^{2}} \right) \frac{4\gamma m\Omega(\gamma m\Omega - \Pi \cdot \mathbf{K}) - 2\gamma^{2}m^{2}c^{2}(\Omega^{2}/c^{2} - \mathbf{K}^{2}) - 2(\gamma m\Omega - \Pi \cdot \mathbf{K})^{2} - \hbar^{2}\mathbf{K}^{2}(K \cdot K)/2}{(\Pi_{*} \cdot K)^{2} - (\hbar K \cdot K/2)^{2}} \\ &= \left( \frac{q^{2}|V_{c}|^{2}}{8\gamma mc^{2}} \right) \frac{4\gamma m\Omega(\gamma m\Omega - \Pi \cdot \mathbf{K}) - 2\gamma^{2}m^{2}c^{2}(\Omega^{2}/c^{2} - \mathbf{K}^{2}) - 2(\gamma m\Omega - \Pi \cdot \mathbf{K})^{2} - \hbar^{2}\mathbf{K}^{2}(K \cdot K)/2}{(\Pi_{*} \cdot K)^{2} - (\hbar K \cdot K/2)^{2}} \\ &= \left( \frac{q^{2}|V_{c}|^{2}}{4\gamma m} \right) \frac{\mathbf{K}^{2} - (\Pi \cdot \mathbf{K}/\gamma mc)^{2} - (\hbar \mathbf{K}/2\gamma mc)^{2}(K \cdot K)}{(\Omega - \Pi \cdot \mathbf{K}/\gamma m)^{2}} - (\hbar K \cdot K/2\gamma m)^{2}} \\ &= \left( \frac{q^{2}|V_{c}|^{2}}{4\gamma m} \right) \frac{\mathbf{K}^{2} - (\Pi \cdot \mathbf{K}/\gamma mc)^{2}}{(\Omega - \Pi \cdot \mathbf{K}/\gamma m)^{2}} + O(\hbar^{2}). \end{aligned}$$
(B6)

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