Quantum circuits for isometries

Raban Iten,¹ Roger Colbeck,² Ivan Kukuljan,³ Jonathan Home,⁴ and Matthias Christandl⁵

¹ETH Zürich, 8093 Zürich, Switzerland

²*Department of Mathematics, University of York, York YO10 5DD, United Kingdom*

³*University of Ljubljana, 1000 Ljubljana, Slovenia*

⁴Institute for Quantum Electronics, ETH Zürich, Otto-Stern-Weg 1, 8093 Zürich, Switzerland

⁵*Department of Mathematical Sciences, University of Copenhagen, Universitetsparken 5, 2100 Copenhagen Ø, Denmark*

(Received 3 June 2015; revised manuscript received 11 November 2015; published 11 March 2016)

We consider the decomposition of arbitrary isometries into a sequence of single-qubit and controlled-NOT (CNOT) gates. In many experimental architectures, the CNOT gate is relatively costly and hence we aim to keep the number of these as low as possible. We derive a theoretical lower bound on the number of CNOT gates required to decompose an arbitrary isometry from *m* to *n* qubits and give three explicit gate decompositions that achieve this bound up to a factor of about 2 in the leading order. We also perform some further optimizations for certain cases where *m* and *n* are small. In addition, we show how to apply our result for isometries to give a decomposition scheme for an arbitrary quantum operation via Stinespring's theorem and derive a lower bound on the number of CNOT gates in this case too. These results will have an impact on experimental efforts to build a quantum computer, enabling them to go further with the same resources.

DOI: [10.1103/PhysRevA.93.032318](http://dx.doi.org/10.1103/PhysRevA.93.032318)

I. INTRODUCTION

Quantum computers would allow us to speed up several important computations including searching [\[1,2\]](#page-17-0), quantum simulation [\[3\]](#page-17-0), and factoring [\[4\]](#page-17-0). The ability to do the latter would render RSA [\[5\]](#page-17-0), a widespread cryptographic protocol, unfit for its purpose. However, constructing a device capable of performing such computations is one of the biggest challenges facing the field and many candidate platforms remain in their infancy, operating only with a few qubits at best.

In spite of this, the theory of quantum computation is quite advanced. At an abstract level, a quantum computation corresponds to a unitary operation and a universal quantum computer should be able to perform arbitrary unitary operations (each to very high precision). Rather than having a different component for each unitary operation, it is convenient to break down such operations in terms of a small family of simple-to-perform gates. This is the aim of the circuit model of quantum computation, which mirrors an analogous model for classical computation, in which an arbitrary computation can be decomposed in terms of, for example NOT, AND, OR, and CNOT gates. In the quantum case, several examples of universal gate libraries are known (see, for example, [\[6\]](#page-17-0)). In this work we focus on one involving arbitrary single-qubit operations and CNOT gates. This gate set is universal for quantum computation in the sense that an arbitrary *n*-qubit unitary can be decomposed in terms of these gates alone [\[7\]](#page-17-0) and is particularly well suited to certain architectures in which these operations are relatively straightforward to implement. Of these operations, CNOT is often the most difficult to perform since in all experimental architectures it involves connecting the qubits using an additional degree of freedom [\[8,9\]](#page-17-0). This provides additional channels for the introduction of decoherence. The mediated interaction also typically requires longer gate times, increasing susceptibility to direct qubit decoherence. As an example, the current lowest infidelities achieved experimentally are *<*10[−]⁶ for single-qubit gates [\[10\]](#page-17-0) and $\sim 10^{-3}$ for two qubit gates [\[11\]](#page-17-0). Taking this as our

motivation, we use the number of CNOT gates required in a decomposition as a measure of the complexity of a gate sequence and we consider circuits that minimize the number of such gates.

This task has been previously considered both for arbitrary unitary operations and for state preparation (see, for example, [\[12,13\]](#page-17-0) and references therein). In [\[12\]](#page-17-0) a decomposition scheme was found for an arbitrary unitary operation on *n* qubits that requires $\frac{23}{48}4^n$ CNOT gates to leading order, approximately twice as many as the best known lower bound [\[14,15\]](#page-18-0). Similarly, in order to prepare a state of *n* qubits (starting from the state $|0\rangle^{\otimes n}$, the best known construction requires $\frac{23}{24}2^n$ CNOT gates to leading order if *n* is even $[13]$ and $2ⁿ$ to leading order if *n* is odd [\[16\]](#page-18-0), which is again approximately twice the best known lower bound [\[13\]](#page-17-0).

State preparation and arbitrary unitaries are special cases of a wider class of operations: isometries. An isometry is an inner-product-preserving transformation that maps between two Hilbert spaces that in general have different dimensions. Physically, isometries can be thought of as the introduction of ancilla qubits in a fixed state (conventionally $|0\rangle$) followed by a general unitary on the system and ancilla qubits. However, because its action only has to be specified when the ancilla systems start in state $|0\rangle$, there is a great deal of freedom when constructing the general unitary. This freedom can be exploited to lower the number of CNOT gates needed with respect to that of a general unitary. In the special case where the input and output spaces have the same dimensions, the isometry is a unitary operation, while state preparation corresponds to an isometry from a (trivial) one-dimensional space to that of the required output. In this paper we consider the problem of synthesis of general isometries from m qubits to $n \geq m$ qubits.

This task was first considered by Knill [\[17\]](#page-18-0), whose decomposition scheme is based on a decomposition scheme for state preparation (and uses such a scheme as a black box). His decomposition scheme together with the state preparation scheme of [\[16\]](#page-18-0) (or [\[13\]](#page-17-0)) leads directly (without any optimizations) to a decomposition of *m* to *n* isometries requiring about

TABLE I. Lowest known upper bounds (UBs) and highest known lower bounds (LBs) on the number of CNOT gates required to decompose *m* to *n* isometries for large *n*. For simplicity, all the counts are depicted to leading order. As is to be expected, the number of required CNOT gates increases with *m* (i.e., when fewer of the input qubits start in a fixed state).

\boldsymbol{m}	ĹВ	UB	UB/LB	References for UB
$m = 0$ (SP)	$\frac{1}{2}2^n$ [13]	$\frac{23}{24} 2^n$	\simeq 1.9	$[13]$ (<i>n</i> even), Remark 5 (<i>n</i> odd)
$1 \leqslant m \leqslant n-2$	$\frac{1}{2}2^{n+m} - 4^{m-1}$	$2^{n+m} - \frac{1}{24}2^n$	${<}2.3^{\circ}$	Eq. $(A21)$ (Theorem 1) ^b
$m = n - 1$	$\frac{3}{16}4^n$	$\frac{23}{64}4^n$	\simeq 1.9	Eq. $(A22)$
$m = n$ (unitary)	$\frac{1}{4}$ 4 ⁿ [14,15]	$\frac{23}{48}4^n$	\simeq 1.9	$\lceil 12 \rceil$

^aIf 1 ≤ *m* ≤ *n* − 5 we have UB/LB ≤ 2 (for large enough *n*).

^bIn the case $5 \leq m \leq n - 2$ and even *n*, Theorem 1 achieves a slightly lower CNOT count of $\frac{23}{24}(2^{n+m} + 2^n)$ to leading order.

 $2 \times 2^{m+n}$ CNOT gates to leading order. However, this can be modified (together with the decomposition scheme for state preparation described in [\[13\]](#page-17-0)) to achieve $2^{m+n} + 2^n$ to leading order, which is our first decomposition scheme.

We also introduce two others. Our second scheme is a column-by-column decomposition of an isometry that requires about 2^{m+n} CNOT gates to leading order. This decomposition also performs well for cases where *m* and *n* are small. For our final scheme, we adapt the decomposition of arbitrary unitaries [\[12\]](#page-17-0) to isometries, leading to a CNOT count of about $0.16 \times (4^m + 2 \times 4^n)$ to leading order.

To compare the quality of our schemes we give a theoretical lower bound on the number of CNOT gates required to decompose arbitrary isometries. These results are summarized in Tables I and II. As shown in Table I, for large enough n , in the worst case our decomposition scheme uses roughly 2*.*3 times the number of CNOT gates required by the lower bound (the worst case being an $n - 2$ to *n* isometry). This is comparable to the factor of 1*.*9 already known in the special cases of state preparation and of arbitrary unitary operations.

In addition, we optimize the CNOT counts for *m* to $n \leq 4$ isometries in Appendix \bf{B} \bf{B} \bf{B} (see Table III for a summary). These are most likely to be of practical relevance for experiments performed in the near future.

The CNOT counts in Tables I–III can be directly used to upper bound the total number of gates needed for the decomposition. Since each CNOT gate can introduce at most

TABLE II. Overview of the number of CNOT gates required to decompose *m* to *n* isometries using different decomposition schemes. (N.B. For small *n* we have done some additional optimizations; see Table III.) Here CCD denotes column-by-column decomposition of an isometry and CSD decomposition of an isometry using the cosinesine decomposition.

Method	CNOT count for an m to n isometry	References
Knill	$\frac{23}{24}(2^{m+n}+2^n)+O(n^2)2^m$	Theorem 1
(optimized)	if n is even	
	$\frac{115}{96}(2^{m+n}+2^n)+O(n^2)2^m$	Theorem 1
	if <i>n</i> is odd	
CCD	$2^{m+n} - \frac{1}{24}2^n + O(n^2)2^m$	Eq. $(A21)$
CSD	$\frac{23}{144}(4^m + 2 \times 4^n)$	Eq. $(A22)$

two single-qubit gates into a quantum circuit without redun-dancy (see Sec. [III](#page-2-0) for similar arguments¹), the number of single-qubit gates required for an isometry can be bounded by doubling the counts given in the two tables and adding *n*, the number of qubits in question.

Although we have ranked the decompositions in terms of gate counts above, there may be other features of a given decomposition scheme that make it preferable to another that may depend on the physical setup. It is also interesting to note that our decomposition schemes use others in a black box fashion (see Sec. [V](#page-7-0) for more details), e.g., the decomposition scheme of Knill uses a scheme for state preparation as a black box. An improvement in the decomposition of the black box would therefore directly improve the corresponding decomposition for an isometry, potentially altering the ordering in terms of gate counts.

II. BACKGROUND INFORMATION AND NOTATION

We work in the circuit model of quantum computation in which the fundamental information carriers are qubits. A computational basis state of the 2*ⁿ*-dimensional Hilbert space $\mathcal{H}_n = \mathcal{H}_1^{\otimes n}$ of an *n*-qubit register can be written as $|b_{n-1}\rangle \otimes |b_{n-2}\rangle \otimes \cdots \otimes |b_0\rangle$ or, in short notation, as $|b_{n-1}b_{n-2}\cdots b_0\rangle$, where $b_i \in \{0,1\}$. To abbreviate further we write $|b_{n-1}b_{n-2}\cdots b_0\rangle = |\sum_{i=0}^{n-1} b_i 2^i\rangle_n$, i.e., we interpret the

TABLE III. Smallest known achievable CNOT counts for *m* to $2 \le n \le 4$ isometries. The counts for $n = m$ are as in [\[12\]](#page-17-0). The counts for state preparation $(m = 0)$ on two and three qubits are taken from [\[28\]](#page-18-0) and the count for state preparation on four qubits follows from the decomposition scheme described in Appendix [A 5.](#page-15-0) The remaining cases are discussed in Appendix **B**. Note that the CNOT counts grow very fast. For example, any unitary on 10 qubits can be performed using about 500 000 CNOT gates.

m				
n			2	
		14	20	
	つつ	54	73	100

¹Note that we count arbitrary single-qubit gates here (rather than gates that rotate about a fixed axis).

bit string $b_{n-1}b_{n-2}\cdots b_0$ as a binary number. If $n=1$ we omit the subindex. Thus, $|1\rangle_3 = |001\rangle = |0\rangle \otimes |0\rangle \otimes |1\rangle$, for example.

In the circuit model of quantum computation, information carried in qubit wires is modified by quantum gates, which correspond mathematically to unitary operations. In particular, we will use the following single-qubit gates:

$$
R_x(\theta) = \begin{pmatrix} \cos[\theta/2] & -i\sin[\theta/2] \\ -i\sin[\theta/2] & \cos[\theta/2] \end{pmatrix}, \tag{1}
$$

$$
R_{y}(\theta) = \begin{pmatrix} \cos[\theta/2] & -\sin[\theta/2] \\ \sin[\theta/2] & \cos[\theta/2] \end{pmatrix},
$$
 (2)

$$
R_z(\theta) = \begin{pmatrix} e^{-i\theta/2} & 0\\ 0 & e^{i\theta/2} \end{pmatrix},
$$
 (3)

which correspond to rotations by angle θ about the *x*, *y*, and *z* axes of the Bloch sphere, respectively. One important special case is the NOT gate $\sigma_x = i R_x(\pi)$ in terms of which the CNOT gate can be written as $|0\rangle\langle 0| \otimes I + |1\rangle\langle 1| \otimes \sigma_x$.

Lemma 1 (ZYZ decomposition). For every unitary operation *U* acting on a single qubit, there exist real numbers α , β , γ , and *δ* such that

$$
U = e^{i\alpha} R_z(\beta) R_y(\gamma) R_z(\delta).
$$
 (4)

A proof of this decomposition can be found in [\[6\]](#page-17-0). Note that (by symmetry) Lemma 1 holds for any two orthogonal rotation axes. Lemma 1 shows that a single-qubit gate can be specified by three real parameters neglecting the (physically insignificant) global phase $e^{i\alpha}$. This is analogous to the description of a rotation in three dimensions being parametrized in terms of three Euler angles, here *β*, *γ* , and *δ*.

It is convenient to represent quantum circuits diagrammatically. Each qubit is represented by a wire and gates are shown using a variety of symbols. Conventionally, time flows from left to right. We will use the concept of circuit topologies, as in [\[14,15\]](#page-18-0), throughout this paper. A general circuit topology corresponds to a set of quantum circuits that have a particular structure, but in which some gates may be free or have free parameters. For example, Lemma 1 can be expressed as an equivalence of two circuit topologies

The general meaning of a circuit topology equivalence is the following: For all possible values of the (free) parameters of the circuit topology on the left-hand side there exist values for the parameters of the circuit topology on the right-hand side such that the two sides perform the same operation (up to a global phase). For example, each of the R_z gates in the above circuit represents a *z*-rotation gate with unspecified angle. If we use symbols for certain gates that have not been introduced before, they are considered to be arbitrary quantum gates (these will often be denoted by *U*). If the same symbol is used as a placeholder for more than one quantum gate, we mean that all gates are of this form, but the gates themselves do not have to be identical (as in the previous example where, although *Rz* appears twice on the right-hand side, each instance can have a different rotation angle).

III. LOWER BOUND

First we derive a theoretical lower bound on the number of CNOT gates required to decompose an isometry. For this purpose we use an argument similar to that used to derive theoretical lower bounds for general quantum gates [\[14,15\]](#page-18-0) or for state preparation [\[13\]](#page-17-0). Let *m* and *n* be natural numbers with $n \geq 2$ and $m \leq n$. An *m* to *n* isometry can be represented by a $2^n \times 2^m$ complex matrix satisfying $V^{\dagger}V = I_{2^m \times 2^m}$. Therefore, such an isometry is described by $2^{n+m+1} - 2^{2m} - 1$ real parameters, where the −1 accounts for the physically negligible global phase.

We can think of this isometry in terms of a unitary operation on *n* qubits, *n* − *m* of which always start in a fixed state, which we take to be $|0\rangle$.² Without any CNOT gates, all we can do is apply single-qubit unitaries individually to each of these *n* qubits. Each such unitary introduces at most three parameters (see Lemma 1). However, for the qubits that start in state $|0\rangle$, only two parameters are introduced, since a qubit state is fully specified by two real parameters. In order to introduce further parameters, CNOT gates are required.

One might expect each CNOT gate to allow the introduction of six real parameters by placing arbitrary single-qubit rotations after the control and target. However, since R_z gates commute with control qubits and *Rx* gates with target qubits, we can introduce at most four parameters for each additional CNOT gate $[14, 15]$. In essence we are using the circuit identity

which implies

$$
-\overline{U}
$$
\n

We conclude that we can introduce at most $3m + 2(n - m)$ + 4*r* real parameters using *r* CNOT gates.

In order to be a valid circuit topology, i.e., one that can generate every *m* to *n* isometry by an appropriate choice of its parameters, the number of parameters introduced into the circuit by the single-qubit rotations must exceed the number of parameters required to specify an arbitrary *m* to *n* isometry. Thus, the number of CNOT gates required for such a circuit topology $N_{iso}(m,n)$ must satisfy $3m + 2(n - 1)$ $(m) + 4N_{iso}(m,n) \ge 2^{n+m+1} - 2^{2m} - 1$. From this we obtain the lower bound

$$
N_{\rm iso}(m,n) \geqslant \frac{1}{4}(2^{n+m+1}-2^{2m}-2n-m-1). \qquad (6)
$$

We remark that we can rephrase our result (by arguments similar to those used in [\[14,15\]](#page-18-0)) as follows: Almost every *m* to *n* isometry cannot be decomposed into a quantum circuit (comprising single-qubit unitaries and CNOT gates) with fewer

²Note that additional ancilla qubits will not affect the lower bound. This can be seen by using the same arguments that we use in the derivation of the lower bound for quantum channels (see Sec. [VI\)](#page-8-0).

than $\left[\frac{1}{4}(2^{n+m+1} - 2^{2m} - 2n - m - 1)\right]$ CNOT gates. It is worth saying that the set of measure zero that is excluded from this statement contains several interesting isometries, for example, that required for Shor's algorithm [\[4\]](#page-17-0). This lower bound provides a limitation on a *universal* quantum computer, rather than one tailored to a specific task.

IV. DECOMPOSITION SCHEMES FOR ISOMETRIES

Any isometry *V* from *m* qubits to *n* qubits can be described by a $2^n \times 2^m$ matrix. This can instead be represented by a $2^n \times 2^n$ unitary matrix *U* by writing $V = U I_{2^n \times 2^m}$, where $I_{2^n \times 2^m}$ denotes the first 2^m columns of the $2^n \times 2^n$ identity matrix. Note that *U* is not unique (unless $m = n$). Our aim is to find a decomposition of a quantum gate of the form *U* in terms of CNOT gates and single-qubit gates. We describe three constructive decomposition schemes for arbitrary isometries. This section focuses on the ideas behind these decomposition schemes; the full technical details can be found in Appendix [A.](#page-9-0) It is also worth noting that the proof of each of these schemes can be seen as an alternative way to prove the universality of the gate library containing single-qubit and CNOT gates [\[7\]](#page-17-0).

A. Notation for controlled gates

We use *l*-qubit $C_k^{\text{u}}(U)$ to denote a gate that performs a different *l*-qubit unitary for each possible state of *k* control qubits, where U is a placeholder for a size 2^k set of 2*l* -dimensional unitary operations. We call an operation of this type a uniformly controlled gate (UCG). These are also referred to as multiplexed gates by some authors, e.g., in [\[12\]](#page-17-0). If $l = 1$ we abbreviate the notation to $C_k^{\mathrm{u}}(U)$. If we write R_x, R_y , or R_z instead of U, we mean that all the 2^k single-qubit gates that determine the UCG are of the form of the corresponding rotation gate.

In order to write such gates out more precisely, we split the Hilbert space of *n* qubits into a 2^k -dimensional space corresponding to the control qubits, a 2^l -dimensional space corresponding to the target qubits, and a 2^f -dimensional space, where $f := (n - l - k)$, corresponding to the free qubits, i.e., the qubits we neither control nor act on $\mathcal{H}_n = \mathcal{H}_k \otimes \mathcal{H}_l \otimes \mathcal{H}_f$. If *F* is an *l*-qubit $C_k^{\mathrm{u}}(U)$ gate, then it acts according to

$$
F(|i_1\rangle_k \otimes |i_2\rangle_l \otimes |i_3\rangle_f) = |i_1\rangle_k \otimes (U_{i_1}|i_2\rangle_l) \otimes |i_3\rangle_f, \quad (7)
$$

where $i_1 \in \{0, ..., 2^k - 1\}, \quad i_2 \in \{0, ..., 2^l - 1\}, \quad i_3 \in$ $\{0, \ldots, 2^f - 1\}$, and U_{i_1} denotes the quantum gate acting on the target qubits if the control qubits are in the state $|i_1\rangle_k$. If each member of the set U_{i_1} apart from one (call this one U_i) is equal to the identity operation, we drop the word "uniformly" and call such an operation a *k*-controlled *l*-qubit gate, denoted by *l*-qubit $C_k(U_i)$, or more generally a multicontrolled gate (MCG). If $l = 1$ and we want to emphasize the total number *n* of qubits of the system being considered, we add an *n* as a second subindex, i.e., $C_k(U)$ becomes $C_{k,n}(U)$.

By way of example, the following circuit diagram shows a two-qubit $C_2^{\text{u}}(U)$, $C_3(U)$ [or $C_{3,4}(U)$], and $C_2(U)$ [or $C_{2,4}(U)$]

gate in this order (from left to right):

Note that the $C_k(U)$ notation does not specify which are the control and which are the target qubits and whether we control on $|1\rangle$ (closed circle) or on $|0\rangle$ (open circle); these must be made clear in the particular context.

Each uniformly *k*-controlled gate can be decomposed into a sequence of 2^k *k*-controlled gates, as should be clear from the following example for the case $k = 2$, $l = n - 2$, and $n \ge 3$:

$$
l \rightarrow \boxed{U}
$$

The backslash stands for a data bus of several (in this case *l*) qubits. Note that the UCG above has block structure $U_0 \oplus$ $U_1 \oplus U_2 \oplus U_3$.

Remark 1. In Table [IV](#page-11-0) of Appendix [A 2](#page-11-0) we give an overview of CNOT counts for some special controlled gates that are used for decompositions arising in this paper.

B. Decomposition of isometries using the decomposition scheme of Knill

In this section we combine the decomposition scheme for isometries of Knill [\[17\]](#page-18-0) and the state preparation scheme described in [\[13\]](#page-17-0). The main result is as follows.

Theorem 1. Let *m* and *n* be natural numbers with $n \geq$ 5 and $m \le n$ and *V* be an *m* to *n* isometry. There exists a decomposition of *V* in terms of single-qubit gates and CNOT gates such that the number of CNOT gates required satisfies³

$$
N_{\rm iso}(m,n) \leq (2^m + 1)[N_U(\lfloor n/2 \rfloor) + N_U(\lceil n/2 \rceil)] + 2^{m+1} N_{\rm SP}(\lfloor n/2 \rfloor) + O(n^2)2^m,
$$
(8)

where $N_U(n)$ denotes the number of CNOT gates required for an arbitrary unitary on *n* qubits. Using the best known CNOT counts for unitaries and state preparation (see Table [I\)](#page-1-0) this leads to

$$
N_{\text{iso}}(m,n) \leq \frac{23}{24}(2^{m+n} + 2^n) + O(n^2)2^m \quad \text{if } n \text{ is even,}
$$
\n
$$
N_{\text{iso}}(m,n) \leq \frac{115}{96}(2^{m+n} + 2^n) + O(n^2)2^m \quad \text{if } n \text{ is odd.}
$$

Remark 2. For large *n*, the last two terms in (8) are negligible. The leading order for this scheme is therefore derived from that of a unitary on *n/*2 qubits.

Consider a set of unitary operations ${V_i}_{i=0}^{2^m-1}$ such that $V_i|0\rangle = V|i\rangle$, i.e., V_i is a unitary for state preparation on the state corresponding to the *i*th column of *V* . In the proof of Theorem 3.1 of $[17]$ it is shown that

$$
U = V_{2^m-1}C_{n-1}[P(\theta_{2^{m-1}})]V_{2^m-1}^{\dagger} \cdots V_0C_{n-1}[P(\theta_0)]V_0^{\dagger}, (9)
$$

³The exact count for this decomposition can be obtained by replacing $O(n^2)$ by $16n^2 - 60n + 42$.

where the gate $P(\theta) := e^{i\theta} |0\rangle\langle 0| + |1\rangle\langle 1|$. Consider decomposing each *Vi* using the (reverse of the) decomposition scheme for state preparation described in [\[13\]](#page-17-0). This leads to a circuit containing 2*^m* − 1 instances of the following circuit diagram (shown in the case where *n* is even), each corresponding to a unitary of the form $V_{i+1}^{\dagger} V_i$:

We can merge the unitaries and define $\tilde{U}_1 := U_3 U_1$ and $\tilde{U}_2 :=$ U_4U_2 :

We decompose all the terms of the form $V_{i+1}^{\dagger} V_i$ in Eq. [\(9\)](#page-3-0) in this way. The gate V_{2^m-1} and V_0^{\dagger} can also be decomposed using the (reversed) decomposition scheme for state preparation described in [\[13\]](#page-17-0). The $C_{n-1}[P(\theta_i)]$ gates are special cases of $C_{n-1}(U)$ gates. Hence, each can be decomposed into $16n^2 - 60n + 42$ CNOT gates (see Theorem 4). This leads to the claimed CNOT count given in Eq. [\(8\)](#page-3-0).

C. Column-by-column decomposition

In this section we introduce a circuit topology corresponding to a column-by-column decomposition of an arbitrary isometry, i.e., we decompose any isometry into single-qubit and CNOT gates proceeding one column at a time.

Theorem 2. Let *m* and *n* be natural numbers with $n \geq$ 2 and $m \le n$ and *V* be an *m* to *n* isometry. There exists a decomposition of *V* in terms of single-qubit gates and CNOT gates such that the number of CNOT gates required satisfies

$$
N_{\text{iso}}(m,n) \leq 2^m \left(\sum_{s=0}^{n-1} N_{\Delta C_{n-1-s}^u} \right) + O(n^2) 2^m,
$$

where $N_{\Delta C_{n-1-s}^{\text{u}}}$ denotes the number of CNOT gates required to decompose a $C_{n-1-s}^{\mathrm{u}}(U)$ gate up to a diagonal gate Δ , i.e., to decompose the two gates together, where the $C_{n-1-s}^{\mathrm{u}}(U)$ gate is determined but we are free to choose the diagonal gate . Together with the best known decomposition scheme for UCGs (up to diagonal gates) [\[16\]](#page-18-0) this leads to

$$
N_{\rm iso}(m,n)\leqslant 2^{m+n}+O(n^2)2^m.
$$

We defer a rigorous proof of the theorem to Appendix [A 3](#page-11-0) and instead use this section to explain the main ideas behind the argument. Our proof is constructive and the exact CNOT count is given in Eq. [\(A21\)](#page-14-0).

As before, we represent the *m* to *n* isometry *V* by a $2^n \times 2^n$ unitary matrix, here G^{\dagger} , by writing $V = G^{\dagger} I_{2^n \times 2^m}$. Since a CNOT gate is inverse to itself and the inverse of a single-qubit unitary is another single-qubit unitary, searching for a decomposition scheme for G^{\dagger} is equivalent to searching for a decomposition of a unitary operation *G* satisfying $GV = I_{2^n \times 2^m}$.

In essence, the idea is to find a sequence of unitary operations that when applied to *V* successively brings it closer to $I_{2^n \times 2^m}$. We will do this in a column-by-column fashion, first choosing a sequence of quantum gates, corresponding to a unitary G_0 that gets the first column right, i.e., $G_0V|0\rangle_m =$ $I_{2^n \times 2^m}$ $|0\rangle_m = |0\rangle_n$, then using G_1 to get the second column right without affecting the first, i.e., $G_1G_0V(1)_m =$ $I_{2^n \times 2^m} |1\rangle_m = |1\rangle_n$ and $G_1 G_0 V |0\rangle_m = G_1 |0\rangle_n = |0\rangle_n$, and so on (up to the 2^m th column). In other words, G_k gets the $(k + 1)$ th column right and acts trivially on the first *k* columns of $I_{2^n\times 2^m}$.

The gate G_0 can be decomposed into single-qubit and CNOT gates by reversing a decomposition scheme for the preparation of a state (applied to $V|0\rangle_m$). It is natural to imagine repeating this construction for each column in turn. However, without further modification, this procedure does not work since the action required for the decomposition of later columns affects those that have already been done. In other words, if we construct a unitary \tilde{G}_1 again by reversing a decomposition scheme for state preparation, we can obtain $\tilde{G}_1 G_0 V |1\rangle_m =$ $|1\rangle_n$, but in general $\tilde{G}_1G_0V|0\rangle_m \neq |0\rangle_n$. We therefore introduce a modified technique that takes this into account while only slightly increasing the number of CNOT gates needed over that required for state preparation on each column. This technique develops an idea used for state preparation using uniformly controlled gates [\[16\]](#page-18-0).

Lemma 2. Let $|\psi'\rangle \in \mathcal{H}_1$ and define *r* such that $\langle \psi' | \psi' \rangle =$ *r*². There exist $U_0, U_1 \in SU(2)$ such that

$$
U_0|\psi'\rangle = r|0\rangle,\tag{10}
$$

$$
U_1|\psi'\rangle = r|1\rangle. \tag{11}
$$

Proof. Define $|\psi\rangle = \frac{1}{r} |\psi'\rangle$ and $|\phi\rangle = -\langle \psi|1\rangle |0\rangle +$ $\langle \psi | 0 \rangle | 1 \rangle \in \mathcal{H}_1$. Then $U_0 = |0 \rangle \langle \psi | + |1 \rangle \langle \phi|$ is unitary with det $U_0 = 1$ and obeys Eq. (10); U_1 can be obtained analogously.

As noted above, the unitary operation G_0 can be decomposed using the reverse of the decomposition scheme for state preparation as described in [\[16\]](#page-18-0). First we act with a UCG $G_0^0 = C_{n-1}^{\mathrm{u}}(U_{0,0}^{\mathrm{u}})$ on the least significant qubit. The gate G_0^0 has a 2×2 block diagonal structure. Using Lemma 2 we can construct G_0^0 such that it zeroes every second entry of $|\psi_0^0\rangle := V|0\rangle_m$ (see Fig. [1\)](#page-5-0). This corresponds to disentangling (i.e., rotating to product form) the least significant qubit, so we can write $G_0^0|\psi_0^0\rangle = |\psi_0^1\rangle \otimes |0\rangle$ for some state $|\psi_0^1\rangle \in \mathcal{H}_{n-1}$. Now we apply the same procedure to $|\psi_0^1\rangle$ leaving the least significant qubit invariant. We act with $G_0^1 := C_{n-2}^{\mathrm{u}}(U_{0,1}^{\mathrm{u}})$, which corresponds to conditionally rotating the second least significant qubit, leading to $G_0^1 G_0^0 |\psi_0^0\rangle = |\psi_0^2\rangle \otimes |0\rangle \otimes |0\rangle$, for some $|\psi_0^2\rangle \in \mathcal{H}_{n-2}$. We continue in this fashion until all the qubits have been disentangled. Thus we have constructed a

FIG. 1. Implementing the first column of an isometry *V* from $m \ge 0$ qubits to $n = 4$ qubits. The action of G_0 on $|\psi_0^0\rangle := V|0\rangle_m$ can be decomposed into operators $\{G_0^i\}_{i\in{0,1,2,3}}$, where $G_0^i := C_{3-i}^u(U_{0,i}^u)$. The upper part shows how these gates successively zero the entries of the column, while the lower part gives the circuit representation. The inverse of this decomposition scheme was introduced in [\[16\]](#page-18-0) for state preparation together with an efficient decomposition of the uniformly controlled gates G_0^i into CNOT gates and single-qubit gates. Each asterisk denotes an arbitrary complex number.

quantum gate $G_0 := G_0^{n-1} G_0^{n-2} \cdots G_0^0$ such that $G_0 |\psi_0^0\rangle =$ $|0\rangle_n$ ⁴

In the following we describe how to construct a unitary G_1 setting the second column of G_0V to $(0,1,0,\ldots,0)$ without affecting the first column. We construct $G_1^0 = C_{n-1}^{\mathrm{u}}(U_{1,0}^{\mathrm{u}})$ choosing the unitary operations such that the first entry of each pair becomes zero (see Fig. 2). In other words, defining $|\psi_1^0\rangle := G_0 V |1\rangle_m$ we have $G_1^0 |\psi_1^0\rangle = |\psi_1^1\rangle \otimes |1\rangle$ for some state $|\psi_1^1\rangle$. Note that, by construction, the first column of G_0V in matrix form is $(1,0,\ldots,0)$ and since G_0 is unitary the first row also has the form (1*,*0*,...,*0). Hence the first entry of $|\psi_1^0\rangle$ is already 0 and we can set the uppermost 2×2 block of the uniformly controlled gate G_1^0 , i.e., the block acting on the states $|0\rangle_n$ and $|1\rangle_n$, to the identity. Therefore,

⁴Note that G_0^{\dagger} is a circuit for preparing the state $|\psi_0^0\rangle$; in this sense we have performed the inverse of state preparation.

we can perform this step without affecting the first column, i.e., $G_1^0 G_0 V |0\rangle_m = G_1^0 |0\rangle_n = |0\rangle_n$. The next step would be to do the same to $|\psi_1^1\rangle$ (i.e., zero every second entry). Doing so using a $C_{n-2}^{\mathrm{u}}(U)$ gate would in general have a nontrivial effect on the basis state $|0\rangle_n$. Therefore, we modify the procedure and instead use a $C_{n-2}^{\mathrm{u}}(U)$ gate to zero every second entry except that in the uppermost double block of $|\psi_1^1\rangle$ or equivalently that in the uppermost block of four elements of $G_1^0|\psi_1^0\rangle$. We subsequently correct for this using an additional MCG acting on the second least significant qubit, i.e., we set $G_1^1 = C_{n-1}(U_{1,1})C_{n-2}^u(U_{1,1}^u)$. With this additional MCG we can directly address the quantum states corresponding to the two nonzero entries in the uppermost four-element block. Indeed, controlling on $|0\rangle \otimes |0\rangle \otimes \cdots \otimes |0\rangle$ on the first *n* − 2 qubits and on $|1\rangle$ on the least significant qubit, we can zero the second nonzero entry of the uppermost four-element block without affecting $|0\rangle_n$.

FIG. 2. Implementing the second column of an isometry *V* from $m \ge 1$ qubits to $n = 4$ qubits. The operation of G_1 on $|\psi_1^0\rangle := G_0 V |1\rangle_m$ can be decomposed into operators $\{G_1^i\}_{i\in{0,1,2,3}}$, where $G_1^0 = C_3^{\text{u}}(U_{1,0}^{\text{u}})$, $G_1^1 = C_3(U_{1,1})C_2^{\text{u}}(U_{1,1}^{\text{u}})$, $G_1^2 = C_3(U_{1,2})C_1^{\text{u}}(U_{1,2}^{\text{u}})$, and $G_1^3 = C_3(U_{1,3})$. Note that all these gates act trivially on $|0\rangle_n$. Each asterisk denotes an arbitrary complex number.

We conclude that $G_1^1 G_1^0 |\psi_1^0\rangle = |\psi_1^2\rangle \otimes |0\rangle \otimes |1\rangle$ and $G_1^1|0\rangle_n = |0\rangle_n$. We continue in this way, until the most significant qubit is disentangled. We have therefore constructed an operation G_1 such that $G_1G_0V|1\rangle_m = G_1|\psi_1^0\rangle = |1\rangle_n$ and $G_1G_0V|0\rangle_m = G_1|0\rangle_n = |0\rangle_n.$

This procedure can be continued in a similar fashion, leading to unitaries G_k such that $G_kG_{k-1}\cdots G_0V|k\rangle_m = |k\rangle_n$ and $G_k|i\rangle=|i\rangle$ for all $i \in \{0,1,\ldots,k-1\}$. For a general description of the construction of the unitary G_k see Appendix [A 3.](#page-11-0) We can hence construct a unitary operator *G* := *G*_{2^{*m*}−1}*G*₂*m*−2 ···*G*₀ satisfying *GV* = *I*₂*n*×2*m*.

In order to compute the number of CNOT gates used for such a decomposition, we use the following existing results:

(i) $N_{\Delta C_k^u} = 2^k - 1$ CNOT gates are sufficient to decompose a UCG with k controls, up to a diagonal gate [\[16\]](#page-18-0).

(ii) $N_{\Delta}(m) = 2^m - 2$ CNOT gates are sufficient to decompose a diagonal gate acting nontrivially on *m* qubits [\[18\]](#page-18-0).

(iii) $N_{C_{n-1}(W)} = O(n)$ CNOT gates are sufficient to decompose an $(n - 1)$ -controlled special unitary gate *W* (see [\[7\]](#page-17-0), Corollary 7.10).

To take advantage of (i), we require a small modification to our decomposition scheme. Note that instead of implementing the UCGs, we do so up to diagonal gates, i.e., for every *k*, instead of $C_k^{\text{u}}(U)$ we implement $\Delta_{k+1} C_k^{\text{u}}(U)$, for some diagonal gate Δ_{k+1} on $k+1$ qubits. The effect of these diagonal gates is then corrected for at the end of the entire circuit by adding a diagonal gate that acts nontrivially on *m* qubits and whose CNOT count is given in (ii). (In fact, the number of CNOT gates required for this is of sufficiently low order that it does not feature in the count of Theorem 2.)

Furthermore, as shown in Lemma 2, we only require MCGs $C_{n-1}(W)$ for $W \in SU(2)$ and hence can use (iii). In fact, we have modified the decomposition described in [\[7\]](#page-17-0) and used some technical tricks (see Appendix A_1) to obtain a CNOT count for a $C_{n-1}(W)$ gate with leading order 28*n*.

We conclude that we can decompose each column of an isometry using at most

$$
N_{\text{col}} = \sum_{s=0}^{n-1} \left(N_{\Delta C_{n-1-s}^{\text{u}}} + N_{C_{n-1}(W)} \right)
$$

=
$$
\sum_{s=0}^{n-1} [(2^{n-1-s} - 1) + O(n)] = 2^n + O(n^2)
$$

CNOT gates. Note that, for simplicity, we have overcounted the number of additional MCGs, since in the above we have assumed that each G_k^s requires an additional MCG. Therefore, to decompose an *m* to *n* isometry, we require at most $2^m N_{\text{col}} + N_{\Delta}(m) = 2^m [2^n + O(n^2)] + 2^m = 2^{m+n} +$ $O(n^2)2^m$ CNOT gates.

Note that we implement every column of the isometry in a similar fashion. However, there are many constraints on the last few columns due to orthogonality or, in other words, the first *k* entries of $|\psi_k^0\rangle := G_{k-1}G_{k-2}\cdots G_0V|k\rangle_m$ are already zero by construction and so we have only to act on the other $2^n - k$ entries. Therefore, one might expect that the CNOT count for G_k decreases when *k* increases. Since we use 2^n CNOT gates to leading order for each column, our decomposition scheme does not take advantage of this fact (for large *n*). Hence the column-by-column decomposition has some inefficiency in the case where $m \simeq n$ (by comparison to the case $m \ll n$). To give an improved count in the cases $m = n - 1$ and $m = n$, we introduce a further decomposition scheme based on the CSD, which is adjusted to the unitary structure, in Sec. IV D. Note that this scheme corresponds exactly to the decomposition scheme of $[12]$ in the case $m = n$.

Remark 3. In some physical realizations it is difficult to implement CNOT gates between nonadjacent qubits. The decomposition in this section can be adapted to the gate library containing only nearest-neighbor CNOT and single-qubit gates in a relatively efficient way. To do so, note that the UCGs used to implement one column of an *m* to *n* isometry can be performed with at most $(5/3)2^n + O(n^2)$ nearest-neighbor CNOT gates [\[16\]](#page-18-0). Furthermore, since a CNOT gate acting between qubits a distance *n* apart can be decomposed using $O(n)$ nearest-neighbor CNOT gates [\[12\]](#page-17-0), the MCGs used to implement one column use $O(n^3)$ nearest-neighbor CNOT gates. Therefore, the decomposition of an *m* to *n* isometry uses at most $(5/3)2^{m+n} + O(n^3)2^m$ nearest-neighbor CNOT gates.

D. Decomposition of isometries using the cosine-sine decomposition

The most efficient known decomposition scheme for arbitrary unitary operators in terms of the number of CNOT gates required uses the CSD [\[12\]](#page-17-0). In this section we adapt the decomposition scheme used in [\[12\]](#page-17-0) to *m* to *n* isometries. To simplify the exposition, the count given here is not the lowest we can obtain; an improvement is given in Theorem 7.

Theorem 3. Let *m* and *n* be natural numbers with $2 \le m \le n$ and *V* be an isometry from *m* qubits to *n* qubits. There exists a decomposition of *V* in terms of single-qubit gates and CNOT gates such that the number of CNOT gates required satisfies

$$
N_{\rm iso}(m,n) \leqslant 3 \times 2^{2n-3} - 2^n + 2^{m-4} (3 \times 2^m - 8). \tag{12}
$$

The cosine-sine decomposition (CSD) [\[19\]](#page-18-0) was first used in [\[20\]](#page-18-0) in the context of quantum computation. In particular, the CSD states that every unitary matrix $U \in \mathbb{C}^{2^n \times 2^n}$ can be decomposed in terms of unitaries $A_0, A_1, B_0, B_1 \in \mathbb{C}^{2^{n-1} \times 2^{n-1}}$ and real diagonal matrices *C* and *S* satisfying $C^2 + S^2 = I$:

$$
U = \left(\frac{A_0 \mid 0}{0 \mid A_1}\right) \left(\frac{C \mid -S}{S \mid C}\right) \left(\frac{B_0 \mid 0}{0 \mid B_1}\right). \tag{13}
$$

The CSD can be summarized by the gate identity

$$
-1 \qquad \qquad \boxed{U_n} = \qquad \qquad \frac{1}{\sqrt{U_{n-1}}}
$$

Together with

 \overline{n}

$$
n-1 \quad \underbrace{\overbrace{\bigcup_{U_{n-1}}}^{P}}_{\longrightarrow} = \quad \underbrace{\overbrace{\bigcup_{U_{n-1}}}^{R_z}}_{\longrightarrow} \underbrace{\overbrace{\bigcup_{U_{n-1}}}^{P}}_{\longrightarrow} \quad (14)
$$

(which is Theorem 12 of $[12]$) it allows a recursive decomposition of an arbitrary unitary operation in terms of single-qubit gates and uniformly controlled R_y and R_z gates.

In the case of an isometry, we again use a representation in terms of a unitary matrix V_n such that $V = V_n I_{2^n \times 2^m}$. Now, if $n > m$, we can take the control qubit of the first $(n - 1)$ -qubit $C_1^{\text{u}}(U_{n-1})$ gate to be in the state $|0\rangle$ and hence this gate need not be uniformly controlled. Thus, the following circuit identity holds:

Note that V_{n-1} represents an *m* to $n-1$ isometry. In the matrix representation the circuit identity above corresponds to setting $B_1 = B_0$ in Eq. [\(13\)](#page-6-0). We can decompose the $(n - 1)$ -qubit $C_1^{\mathrm{u}}(U)$ gate as above so that

$$
\begin{array}{c}\n\vert 0 \rangle \\
n-1\n\end{array}\n\begin{bmatrix}\nV_n \\
\hline\n\end{bmatrix} =\n\begin{array}{c}\n\vert 0 \rangle \quad \text{R}_y \\
\hline\n\end{array}\n\begin{array}{c}\nR_y \\
\hline\n\end{array}\n\begin{array}{c}\nR_z \\
\hline\n\end{array}\n\end{array}
$$

We can use this idea to recursively decompose V_n . The uniformly $(n - 1)$ -controlled rotations can be decomposed using at most 2^{n-1} CNOT gates [\[18,21\]](#page-18-0). The two U_{n-1} gates can be decomposed by using the CSD and the circuit equivalence (14) recursively until two-qubit gates remain⁵ (each of which can be implemented with three CNOT gates). In this way it can be shown that each U_{n-1} requires at most (9*/*16)4*ⁿ*−¹ − (3*/*2)2*ⁿ*−¹ CNOT gates [\[12\]](#page-17-0). Note that this is not the optimal count reached in $[12]$, but we use this slightly weaker count here for simplicity (a count that takes into account the additional optimizations of the Appendix of [\[12\]](#page-17-0) can be found in Appendix [A 4\)](#page-14-0). The CNOT count for an *m* to *n* isometry $N_{iso}(m,n)$ hence satisfies the recursion relations

$$
N_{\rm iso}(m,i+1) = N_{\rm iso}(m,i) + \frac{9}{8}4^i - 2^i \quad \text{if } m \leq i < n,\tag{15}
$$

$$
N_{\rm iso}(m,m) = \frac{9}{16}4^m - \frac{3}{2}2^m.
$$
 (16)

Solving these leads to the claimed count.

Remark 4 (CSD approach zeroes too many entries). Recall that constructing a gate V_n such that $V = V_n I_{2^n \times 2^m}$ is equivalent to constructing a gate V_n^{\dagger} such that $V_n^{\dagger} V = I_{2^n \times 2^m}$. Therefore, rewriting Eq. (13) , the first recursion step of the CSD approach leads to

$$
\left(\begin{array}{c|c} C & S \\ \hline -S & C \end{array}\right) \left(\begin{array}{c|c} A_0^{\dagger} & 0 \\ \hline 0 & A_1^{\dagger} \end{array}\right) U = \left(\begin{array}{c|c} B_0 & 0 \\ \hline 0 & B_1 \end{array}\right). \tag{17}
$$

If $m < n - 1$ we apply the same procedure to B_0 . However, in this case, we already zeroed more entries than necessary in the first recursion step. Specifically, it was unnecessary to zero at least half of the entries in the upper right and in the lower left $2^{n-1} \times 2^{n-1}$ -dimensional block of the matrix on the right-hand side of Eq. (17) and the number of unnecessary zeros grows as *m* decreases. This intuitively explains why the CSD approach is not well suited to *m* to *n* isometries, where $m < n - 1$: By zeroing too many entries, more CNOT gates are used than needed.

Remark 5 (optimized state preparation). As a by-product of the above we obtain an improved bound over that of $[16]$ on the number of CNOT gates required for state preparation on an odd number $n = 2k + 1 \ge 5$ of qubits. The optimized decomposition is based on [\[13\]](#page-17-0) and described in Appendix [A 5.](#page-15-0) The count [\(A30\)](#page-15-0) using state preparation on *k* qubits, which requires $2^k - k - 1$ CNOT gates (as in [\[16\]](#page-18-0)), gives the following count for state preparation starting from the basis state $|0\rangle^{\otimes n}$:

$$
N_{\rm SP_{\rm opt}}(n) \leqslant \frac{23}{24} 2^n - \frac{3}{2} 2^{(n+1)/2} + 4/3. \tag{18}
$$

Previously, the bound of $\frac{23}{24}2^n$ CNOT gates to leading order was only known to be achievable for an even number of qubits $[13]$ with a slightly weaker bound of 2^n CNOT gates to leading order in the odd case [\[16\]](#page-18-0). It is interesting to note the parallelizability of our circuit for state preparation, similarly to [\[13\]](#page-17-0). The form of the circuit means that, for large (odd) *n*, the circuit depth (i.e., the number of computational steps needed to perform the circuit) is about 3*/*4 of the total gate count. Measuring the circuit depth only in terms of CNOT gates, our decomposition scheme has depth $\frac{23}{32}2^n$ to leading order, improving the previous best known bound of $\frac{23}{24}2^n$ [\[13\]](#page-17-0). In the case of even *n*, the minimum known circuit depth is $\frac{23}{48}2^n$ [\[13\]](#page-17-0).

V. COMPARISON OF DECOMPOSITIONS

We introduced three constructive decomposition schemes for arbitrary isometries from *m* to *n* qubits and derived a lower bound on the number of CNOT gates required for such decompositions. The asymptotic results are summarized in Tables [I](#page-1-0) and [II.](#page-1-0) To compare the three decomposition schemes, we consider the ratios $c_K(m,n)$, $c_{CC}(m,n)$, and $c_{CSD}(m,n)$ of the CNOT count for the optimized decomposition scheme of Knill, the column-by-column approach, and the CSD approach, respectively, to that of the lower bound for an *m* to *n* isometry. First note that for $m \geq 5$ and for large enough *n* the optimized decomposition scheme of Knill performs similarly to the column-by-column decomposition $[i.e., c_K(m,n) \simeq c_{CC}(m,n)]$. For $m \leq 4$ we have $c_{CC}(m,n) \simeq 2$ and $c_K(m,n)$ varies between $c_K(4,n) \simeq 2$ (if *n* is even) and $c_K(0,n) \simeq 4.8$ (if *n* is odd). Hence the column-by-column decomposition requires fewer CNOT gates if $m \leq 4$ (and *n* is large). In the case $m \simeq n$, the CSD approach may outperform the other two decompositions. For any natural number *d* and for sufficiently large *n*, we have $c_{\text{CC}}(n - d, n) = 2^{d+2}/(2^{d+1} -$ 1) [and $c_{\text{CC}}(n - d, n) \simeq c_K(n - d, n)$] and $c_{\text{CSD}}(n - d, d) =$ $\frac{23(2^{2d+1}+1)}{36(2^{d+1}-1)}$. In particular, $c_{\text{CC}}(n-2,n) \simeq 2.3$ and $c_{\text{CC}}(n-1)$ 1,*n*) \simeq 2.7 for large *n*. For *m* = *n* − 1 we can use the CSD approach to again reach $c_{\text{CSD}}(n-1,n) \simeq 1.9$ for large *n*.

The column-by-column decomposition and the CSD approach also perform well for small *m* and *n*. We give a step-bystep description of how to decompose *m* to $n \leq 4$ isometries in Appendix [B.](#page-15-0) The results are summarized in Table [III.](#page-1-0)

In addition we could use the CSD approach (and a technical trick) to lower the CNOT count for state preparation. In particular, we could lower the lowest known CNOT count for state preparation on 4 qubits from 9 [\[13\]](#page-17-0) to 8 CNOT gates and on 5 qubits from 26 [\[13,](#page-17-0)[16\]](#page-18-0) to 19 CNOT gates (see Appendix [A 5\)](#page-15-0).

The column-by-column decomposition performs similarly to the optimized decomposition of Knill with respect to the CNOT count, but there are other differences that should be

⁵We could finish the recursion at any stage such that only \tilde{n} -qubit unitaries remain. Therefore, an improvement of the CNOT count for *n*˜-qubit unitaries could help to improve the CNOT count given in Eq. [\(12\)](#page-6-0) [and Eq. [\(A22\)](#page-14-0)].

noted. For example, the column-by-column decomposition adapts quite well to implementations where we only allow nearest neighbor CNOT gates (see Remark 3). The optimized decomposition scheme of Knill has the advantage that some of the gates can be performed in parallel (see the circuit diagrams in Sec. [IV B\)](#page-3-0).

Another important difference between the column-bycolumn decomposition and the optimized decomposition of Knill is their dependence on the efficiency of the decomposition of their building blocks. In the first case, any improvement of the leading order of the CNOT count of uniformly controlled gates (up to diagonal gates) leads to an improvement of the leading order of the CNOT count for isometries (see Theorem 2), whereas in the second case, the leading order of the CNOT count depends on the leading order of the CNOT count for arbitrary unitary gates (see Theorem 1).

Remark 6. Another interesting black box relation can be extracted from [\[22\]](#page-18-0), where the Sinkhorn normal form for unitary matrices is used to decompose a unitary into a sequence of diagonal gates and discrete Fourier transforms (see Corollary 1 of [\[22\]](#page-18-0)). Since we can perform the discrete Fourier transform with a polynomial number of gates, they do not contribute to the leading order of the CNOT count of this decomposition. Therefore, this decomposition allows us to relate the efficiency with which we can decompose a unitary with the decomposition of diagonal gates.

VI. APPLICATION TO QUANTUM OPERATIONS

Experimental groups strive to demonstrate their ability to control a small number of qubits and the ultimate demonstration would be the ability to do any quantum operation on them [i.e., any completely positive trace-preserving (CPTP) map]. Since any such operation can be implemented via an isometry followed by partial trace (using Stinespring's theorem), we can use our decomposition scheme for isometries to efficiently synthesize arbitrary CPTP maps.

Indeed, we can use a similar parameter counting argument as used to derive the lower bound for isometries to find a lower bound on the number of CNOT gates required to implement arbitrary CPTP maps via a fixed quantum circuit topology. First we use the Choi-Jamiolkowski isomorphism [\[23–25\]](#page-18-0) to simplify the parameter count. This isomorphism states that the set of all CPTP maps from a system *A* consisting of *m* qubits to a system *B* consisting of *n* qubits is isomorphic to the set of all density operators ρ_{AB} on $\mathcal{H}_A \otimes \mathcal{H}_B$ satisfying tr_{*B*}(ρ_{AB}) = $\frac{1}{2^n}I_A$. Since a density operator ρ_{AB} is Hermitian, it can be described by $2^{2(n+m)}$ real parameters. The condition tr_B(ρ_{AB}) = $\frac{1}{2^m}I_A$ corresponds to 22*^m* constraints and hence the determination of a CPTP map requires $2^{2(n+m)} - 2^{2m}$ real parameters.

We restrict our analysis of the lower bound to the following setting: For the implementation of a CPTP map $\mathcal E$ from an *m*-qubit system *A* to an *n*-qubit system *B* we allow the use of an arbitrary number *k* of qubits on which we can perform CNOT and single-qubit gates, before we trace out a system *C* consisting of $k - n$ qubits. (Since tracing out qubits commutes with quantum gates on the other qubits, without loss of generality, we can defer tracing out to the end of the circuit.) We then use an argument similar to that used to derive the lower bound for isometries, but instead of commuting the R_x and R_z gates to the left of each CNOT, we commute them to the right so that we perform arbitrary single-qubit unitaries on all of the qubits at the end of the circuit [reversing the order of circuit diagram [\(5\)](#page-2-0)]. Since we have unitary freedom on the system *C* (because $\text{tr}_{C}[(I_{B} \otimes U_{C})\rho_{BC}(I_{B} \otimes U_{C}^{\dagger})]$ = $tr_C(\rho_{BC})$), the single-qubit gates on each qubit of the system *C* at the end of the circuit cannot introduce additional parameters. Hence, using r CNOT gates, we can introduce at most $4r + 3n$ real parameters. By the parameter count for a CPTP map given above, we conclude that a circuit topology has to consist of at least $\lceil \frac{1}{4}4^m(4^n - 1) - \frac{3}{4}n \rceil$ CNOT gates in order that it can implement arbitrary CPTP maps from *m* to *n* qubits.⁶

By Stinespring's theorem, every CPTP map $\mathcal E$ from an *m*-qubit system *A* to an *n*-qubit system *B* can be implemented with an isometry *V* from system *A* to system *BC*, where the system *C* consists of (at most) $n + m$ qubits, followed by partial trace on C . We can use the column-by-column approach⁷ to decompose the isometry *V*, which requires $4^{m+n} - \frac{1}{24}2^{2n+m}$ CNOT gates to leading order (without exploiting the unitary freedom on *C*). Therefore, we have found a way to implement an arbitrary quantum channel from *m* to *n* qubits in a constructive and exact way using about four times the number of CNOT gates required by the lower bound (for large enough *n*).

Note that the results of this section are derived in the setting where the CPTP map is implemented in the quantum circuit model. However, this is not the only possibility. For example, alternative methods for the implementation of quantum channels are described in $[26,27]$, which allow for additional classical randomness. In future work we will investigate how to use our approach in an alternative model that allows either measurements or classical randomness as additional resources, in order to further improve the CNOT counts.

Note also that, by Naimark's theorem, any positiveoperator-valued measure (POVM) on a system *A* can be implemented using an isometry from system *A* to an enlarged system *AB* followed by a measurement on system *B*. Therefore, our decomposition schemes for isometries can also be used for the implementation of arbitrary POVMs.

ACKNOWLEDGMENTS

Part of this work was carried out while M.C. and R.C. were with ETH Zürich. M.C. was supported by a Sapere Aude grant of the Danish Council for Independent Research, an ERC Starting Grant, the CHIST-ERA project "CQC," an SNSF Professorship, the Swiss NCCR "QSIT," and the Swiss SBFI in relation to COST Action No. MP1006. J.H. was also supported by the Swiss NCCR "QSIT." R.C. acknowledges support from the EPSRC's Quantum Communications Hub. We thank Vadym Kliuchnikov for kindly pointing out Ref. [\[17\]](#page-18-0). The authors are grateful to Bryan Eastin and Steven T. Flammia, whose package Qcircuit.tex was used to produce the circuit diagrams.

⁶For a more rigorous proof one could use an argument similar to that given in $[14, 15]$.

⁷The optimized decomposition scheme of Knill also leads to a similar asymptotic result if $m \geq 5$.

APPENDIX A: TECHNICAL DETAILS

In this appendix we give a rigorous proof that the columnby-column decomposition works for arbitrary *m* to *n* isometries and we give an explicit CNOT count in the case $n \geq 8$. Since MCGs arise in the column-by-column decomposition, we first optimize the decomposition of such gates, based on the decomposition scheme of [\[7\]](#page-17-0). In addition, we perform some optimizations for the CSD approach (based on the Appendix of [\[12\]](#page-17-0)) and for state preparation.

1. Decomposition of MCGs

In this section we describe how to efficiently decompose MCGs $C_{n-1,n}(U)$, where we focus on the special case of $C_{n-1,n}(W)$ gates, where $W \in SU(2)$. The decomposition schemes are based on those in [\[7\]](#page-17-0), except that we use some technical tricks to reduce the number of CNOT gates needed. Note that the number of CNOT gates required is the same whether we control on one or zero, because we can always transform a gate controlled on $|0\rangle$ on a certain control qubit of a MCG into a gate controlled on $|1\rangle$ using two σ_x gates, as illustrated by

We denote a *k*-controlled NOT gate acting on *n* qubits by $C_{k,n}(\sigma_x)$. In the case $k = 2$ with control on $|1\rangle \otimes |1\rangle$, we call such a gate a Toffoli gate.

Lemma 3 [*C*1*,*2(*U*) *gates (Ref. [\[7\]](#page-17-0), Corollary 5.3)*]. Any $C_{1,2}(U)$ gate can be decomposed using two CNOT gates, three special unitary gates *A*, *B*, and *C*, and a diagonal gate of the form $E = |0\rangle\langle 0| + e^{i\delta} |1\rangle\langle 1|$, where $\delta \in \mathbb{R}$:

Lemma 4 [*C*2*,*3(*U*) *gates (Ref. [\[7\]](#page-17-0), Lemma 6.1)*]. Any $C_{2,3}(U)$ gate can be decomposed as follows:

where $V^2 = U$.

Lemma 5 [*Toffoli gates (Ref. [\[7\]](#page-17-0), Sec. VI A)*]. A Toffoli gate can be performed with six CNOT gates using the following circuit:

where $A = R_z(-\frac{\pi}{2})R_y(\frac{\pi}{4})$, $B = R_y(-\frac{\pi}{4})$, $C = R_z(\frac{\pi}{2})$, and $E = |0\rangle\langle 0| + e^{i\pi/4} |1\rangle\langle 1|.$

 \blacksquare

Remark 7 (Ref. [\[7\]](#page-17-0), Corollary 6.2). By adjusting *A*, *B*, *C*, and *E*, the circuit topology in Lemma 5 can be used to generate $C_{2,3}(U)$ for any unitary U .

Proof. This circuit equivalence follows from Lemmas 3 and 4 together with the following circuit identities:

We can halve the CNOT count if we are only interested in performing the Toffoli gate up to a diagonal gate.

Lemma 6 (Ref. [\[7\]](#page-17-0), Sec. VI B). Let $A := R_y(\frac{\pi}{4})$. We can decompose a Toffoli gate up to a diagonal gate with the following decomposition:

Proof. To see this, note that if the second control qubit is in the state $|0\rangle$, the least significant qubit is unchanged, since $AA^{\dagger} = I$. If the second control qubit is in the state $|1\rangle$ and the first control qubit in the state $|0\rangle$, the action on the least significant qubit is $A^2 \sigma_x A^{\dagger^2}$, which is $-|0\rangle\langle 0| + |1\rangle\langle 1|$. If both control qubits are in the state $|1\rangle$, the action on the least significant qubit is $A\sigma_x A\sigma_x A^{\dagger} \sigma_x A^{\dagger} = \sigma_x$. We choose the diagonal gate Δ such that $|010\rangle$ is mapped to $-|010\rangle$.

Lemma 7 [*diagonal gates commute with UCGs*].

Proof. By inspection.

Lemma 8 $[C_{k,n}(\sigma_x), k \leq \lceil \frac{n}{2} \rceil]$. Let $n \geq 5$ denote the total number of qubits considered and $k \in \{1, ..., \lceil \frac{n}{2} \rceil\}$; then we can implement a $C_{k,n}(\sigma_x)$ gate with at most $8k - 6$ CNOT gates.

Note that the case $k = 1$ is trivial and the case $k = 2$ is implied by Lemma 5 (although we know of a tighter bound in both cases).

To illustrate the idea in the remaining cases, consider the decomposition leading to the desired CNOT count for $k = 4$ and $n = 7$. Lemma 7.2 of [\[7\]](#page-17-0) shows that

However, we consider instead the alternative decomposition

To see that this is also valid, note that the diagonal gates Δ_i are of the same kind as introduced in Lemma 6 and therefore $\Delta_i = \Delta_i^{\dagger}$. By Lemma 7 the two Δ_2 and Δ_1 gates cancel each other out. In addition, the combination of all gates between the two Δ_0 gates together correspond to a UCG acting only on the least significant (lowest) qubit and hence the two Δ_0 gates cancel each other out by Lemma 7.

The Toffoli gates that do not act on the least significant qubit can be decomposed together with the diagonal gates using Lemma 6. This leads to the following decomposition of the action part of the last circuit:

where $A = R_y(\frac{\pi}{4})$. The marked gates cancel each other out, because they commute with the gates between them. The reset part can be decomposed analogously.

Proof. First we apply Lemma 7.2 of [\[7\]](#page-17-0) (a circuit diagram for the case $k = 5$ and $n = 9$ can be found in [\[7\]](#page-17-0)). By arguments similar to those used in the special case above, we introduce a corresponding diagonal gate for each Toffoli gate apart from the two that act on the least significant qubit [i.e., on the target qubit of the $C_{k,n}(\sigma_x)$ gate].

The required CNOT count for $C_{k,n}(\sigma_x)$ is thus equal to twice that required for the reset part plus the number of CNOT gates needed to implement the Toffoli gates that form the first and last gates in the action part. By Lemma 5, the two Toffoli gates can be decomposed using 12 CNOT gates. One reset part uses $N_{C_{k,n}(\sigma_x)}^{\text{reset}} = 4(k-3) + 3$ CNOT gates. This leads to the claimed count.

Lemma 9 [$C_{k,n}(\sigma_x)$ (*Ref.* [\[7\]](#page-17-0), *Lemma* 7.3)]. Let $n \geq 5$ denote the total number of qubits considered. A $C_{n-2,n}(\sigma_x)$ gate can be decomposed into two $C_{k,n}(\sigma_x)$ and two $C_{n-k-1,n}(\sigma_x)$ gates, where k ∈ {2,3, . . . , $n - 3$ }.

For example, the decomposition for $n = 7$ and $k = 4$ is shown in the following circuit diagram:

Theorem 4 [$C_{n-1,n}(U)$]. Let $n \geq 3$ and *U* be a single-qubit unitary. We can decompose a $C_{n-1,n}(U)$ gate using at most $16n^2 - 60n + 42$ CNOT gates.

Proof. The idea is contained in the following diagram in which \tilde{V} is chosen such that $V^2 = U$ (see Lemma 7.5 of [\[7\]](#page-17-0)):

Using Lemma 3, this gives the relation $N_{C_{n-1,n}(U)} =$ $N_{C_{n-2,n}(U)} + 4 + 2N_{C_{n-2,n}(\sigma_x)}$. For simplicity, we consider the $C_{n-2,n}(U)$ gate as a $C_{n-2,n-1}(U)$ gate. This will lead to an overcount in our final CNOT count. Using Lemma 9 we have $N_{C_{n-2,n}(\sigma_x)} = 2(N_{C_{\lceil n/2 \rceil -1,n}(\sigma_x)} + N_{C_{\lfloor n/2 \rfloor,n}(\sigma_x)})$ for *n* ≥ 5 and hence, from Lemma 8, $N_{C_{n-2,n}(\sigma_x)} \leqslant 16n - 40$ for $n \geqslant 5$. Note that Lemma 5 implies that the same bound also holds for $n = 4$ (although we know of a tighter bound in this case). Thus, we wish to solve the recursion $N_{C_{n-1,n}(U)} = N_{C_{n-2,n-1}(U)} + 32n -$ 76. Noting that $N_{C_{2,3}(U)} = 6$ (see Remark 7), we obtain the stated count.

Note that this count could be improved. However, it turns out that the case $W \in SU(2)$ is particularly useful. In this case we make more effort with the optimizations leading to the following.

Theorem 5 [$C_{n-1,n}(W)$ *, where* $W \in SU(2)$]*.* Let $n \geq 8$ and *W* ∈ SU(2). We can decompose a $C_{n-1,n}(W)$ gate using at most 28*n* − 88 CNOT gates if *n* is even and 28*n* − 92 CNOT gates if *n* is odd.

Proof. To aid the proof, we provide illustrations for the case $n = 8$. By Lemma 7.9 of [\[7\]](#page-17-0) there exist quantum gates *A,B,C* ∈ SU(2) such that we can decompose the $C_{n-1,n}(W)$ gate as follows:

By Lemma 9 we can decompose the $C_{n-2,n}(\sigma_x)$ gates using two $C_{k_1,n}(\sigma_x)$ and two $C_{k_2,n}(\sigma_x)$ gates, where we set $k_2 = \lceil n/2 \rceil$ and $k_1 = n - k_2 - 1$. In our example $k_1 = 4$ and $k_2 = 3$:

Since the $C_{n-2,n}(\sigma_x)$ gate is its own inverse, we can use the inverted decomposition scheme to decompose the second $C_{n-2,n}(\sigma_x)$ gate. We can decompose the gates $C_{k_1,n}(\sigma_x)$ and $C_{k_2,n}(\sigma_x)$ using Lemma 8. Note that this works for all $n \geq 8$, since $3 \leq k_1, k_2 \leq \lceil n/2 \rceil$. We can lower the CNOT count with some technical tricks. As in the proof of Corollary 7.4 of [\[7\]](#page-17-0), we can decompose all Toffoli gates not acting on the least

Gate	Notation	CNOT count (upper bound)	No. of real parameters
UCG (up to a diagonal gate) uniformly controlled rotation	$\Delta C_{n-1}^{\mathrm{u}}(U)$ $C_{n-1}^{\mathrm{u}}(R_z)/C_{n-1}^{\mathrm{u}}(R_y)$	$2^{n-1} - 1^a$ $2n-1b$	2^n 2^{n-1}
multicontrolled unitary gate	$C_{n-1,n}(U)$	$16n^2 - 60n + 42$ if $n \ge 3^c$	4
multicontrolled special unitary gate	$C_{n-1,n}(W)$ $W \in SU(2)$	$28n - 88$ if $n \ge 8$ is even ^d $28n - 92$ if $n \ge 8$ is odd ^d	
multicontrolled Toffoli gate	$C_{k,n}(\sigma_{x})$	$8k - 6$ if $n \ge 5, k \in \{3, , \lceil \frac{n}{2} \rceil\}^e$	Ω

TABLE IV. CNOT counts and numbers of real parameters that can be introduced into a circuit by a specific gate, for various controlled gates.

^aReference [\[16\]](#page-18-0).

 b References [\[18,21\]](#page-18-0).

c Theorem 4.

dTheorem 5.

e Lemma 8.

significant qubit up to diagonal gates. This can be seen by reversing the decomposition scheme of Lemma 8 for the second and fourth $C_{k_1,n}(\sigma_x)$ gates and using Lemma 7. Therefore, using the same technique as in Lemma 8, but implementing all Toffoli gates up to diagonal gates, we can decompose each of the $C_{k_1,n}(\sigma_x)$ gates using $N_{C_{k_1,n}(\sigma_x)} - 2 \times$ $6 + 2 \times 2 = 8k_1 - 14$ CNOT gates.

Now consider the marked part of the last circuit. By Lemma 8 this can be decomposed using

where, to simplify, we have not explicitly illustrated the diagonal gates. The two reset parts commute with the controlled *B* gate, since they do not act on the two least significant qubits, and cancel out. Therefore, each of the marked $C_{k_2,n}(\sigma_x)$ gates uses $N_{C_{k_2,n}(\sigma_x)} - N_{C_{k_2,n}(\sigma_x)}^{\text{reset}} = 4k_2 + 3$ CNOT gates. We decompose the other two $C_{k_2,n}(\sigma_x)$ gates exactly as in Lemma 8. Using Lemma 3 for the three single controlled gates then leads to the claimed CNOT count.

2. Overview of CNOT counts for controlled gates

We summarize CNOT counts for some commonly used uniformly and not uniformly controlled gates in Table IV. Note that implementing a uniformly controlled $C_{n-1}^{\mathrm{u}}(U)$ gate up to a diagonal gate Δ means that we implement $\Delta C_{n-1}^{\mathrm{u}}(U)$, for some diagonal gate Δ . The number of real parameters required to specify a particular gate is shown in the final column and follows from Lemma 1 and the block diagonal form of the uniformly controlled gates (see also the argument used to derive the lower bound for isometries in Sec. [III\)](#page-2-0). For example, a $C_{n-1}^{\text{u}}(U)$ gate is described by $2^{n-1}(2 \times 2)$ unitaries. By Lemma 1 this corresponds to $4 \times 2^{n-1}$ real parameters. Since a diagonal gate Δ on *n* qubits is described by 2^n real parameters, a $\Delta C_{n-1}^{\mathrm{u}}(U)$ gate is described by $4 \times 2^{n-1} - 2^n = 2^n$ real parameters.

3. Rigorous proof of the decomposition scheme described in Sec. [IV C](#page-4-0) and exact CNOT count

We begin this section by introducing some additional notation. For $m' \in \mathbb{N}$ and $k \in \{0, 1, \ldots, 2^{m'} - 1\}$ we use the notation $k = [k_{m'-1}, k_{m'-2}, \dots, k_0] := \sum_{i=0}^{m'-1} k_i 2^i$, i.e., $\{k_i\}$ are the binary digits of *k*. For $s \in \mathbb{N}_0$ we define $a_s^k, b_s^k \in \mathbb{N}_0$ by $k = a_s^k 2^s + b_s^{\overline{k}}$ such that a_s^k is maximal. For $s \in \{1, 2, \ldots, n\}$ – 1}, where $n' \in \mathbb{N}_{\geq 2}$ and $n' \geq m'$, we can also write $a_s^k =$ $[k_{n'-1}, k_{n'-2}, \ldots, k_s]$ and $b_s^k = [k_{s-1}, k_{s-2}, \ldots, k_0].$

We now consider an elementary step in the decomposition scheme. Let $n \in \mathbb{N}_{\geqslant 2}$, $m \in \mathbb{N}$ with $n \geqslant m, k \in \{1, 2, \ldots, 2^n - \}$ 1}, and $s \in \{0, 1, \ldots, n-2\}$. Furthermore, suppose $|\psi\rangle$ is an *n*-qubit state of the form

$$
|\psi\rangle = \left(\sum_{l=a_s^k}^{2^{n-s}-1} c_l|l\rangle\right) \otimes |k_{s-1}k_{s-2}\cdots k_0\rangle, \quad (A1)
$$

where $c_l \in \mathbb{C}$ for all $l \in \{a_s^k, a_s^k + 1, \ldots, 2^{n-s} - 1\}$. Since it is clear from the context that, e.g., $|l\rangle \in \mathcal{H}_{n-s}$, we shorten the notation and write $|l\rangle$ instead of $|l\rangle_{n-s}$.

[Note that we use the following convention: If *s* − 1 *<* 0, we mean that the part $|k_{s-1}k_{s-2}\cdots k_0\rangle$ in Eq. (A1) does not exist, i.e., for $s = 0$ the statement of Eq. (A1) is $|\psi\rangle =$ $\sum_{l=a^k}^{2^n-1}$ $\int_{l=a_0^k}^{2^n-1} c_l |l\rangle$. Analogously, $I^{\otimes 0}$ means that no such part exists in the considered expression. Similarly, we set $\{n_s, \ldots, n_e\} = \emptyset$ if $n_e < n_s$.

Lemma 10. Take $|\psi^e\rangle := \sum_{l=a_s^k}^{2^{n-s}-1} c_l |l\rangle$, where e stands for entangled and assume that

$$
c_{2a_{s+1}^k+1} = 0 \quad \text{if } k_s = 0, \quad b_{s+1}^k \neq 0. \tag{A2}
$$

There exists a UCG $A := C_{n-1-s}^{\mathrm{u}}(U)$ of the form

$$
A = \sum_{l=0}^{2^{n-1-s}-1} |l\rangle\langle l| \otimes U_l \otimes I^{\otimes s} \tag{A3}
$$

such that $|\psi'\rangle := A|\psi\rangle$ has the form

$$
|\psi'\rangle = \left(\sum_{l=a_{s+1}^k}^{2^{n-(s+1)}-1} c'_l |l\rangle\right) \otimes |k_s k_{s-1} \cdots k_0\rangle, \tag{A4}
$$

FIG. 3. Using a quantum gate *A* to disentangle the $(n - s)$ th qubit into the state with $k_s = 0$ (left) or $k_s = 1$ (right).

where $c'_l \in \mathbb{C}$ for all $l \in \{a_{s+1}^k, a_{s+1}^k + 1, \ldots, 2^{n-(s+1)} - 1\}.$ Additionally, *A* has the property that

$$
A|i\rangle = |i\rangle \quad \text{for all } i \in \{0, 1, \dots, k - 1\}.
$$
 (A5)

Proof. The following proof depends on whether $k_s = 0$ or $k_s = 1$. In the case $k_s = 0$ we also have to distinguish between the cases $b_{s+1}^k = 0$ and $b_{s+1}^k \neq 0$. The reader might find it useful to read the proof first considering only the case $k_s = 1$ (and therefore $b_{s+1}^k \neq 0$). Considering blocks of two elements, there exist two possible forms of $|\psi^e\rangle$, depending on whether $k_s = 0$ or $k_s = 1$. If $k_s = 0$, then $a_s^k = 2a_{s+1}^k$ is even and therefore $|\psi^e\rangle$ begins with an even number of zeros (assuming $c_{a_s^k} \neq 0$). If $k_s = 1$, then $a_s^k = 2a_{s+1}^k + 1$ is odd and |*ψ*^e begins with an odd number of zeros (see Fig. 3). By Eq. [\(A3\)](#page-11-0) the quantum gate *A* leaves the *s* least significant qubits invariant and we can write $A|\psi\rangle = (\sum_{l=0}^{2^{n-s}-1} c_l^e |l\rangle) \otimes$ $|k_{s-1}k_{s-2}\cdots k_0\rangle$ for some coefficients $c^e \in \mathbb{C}$. We define $|\psi^{\prime e}\rangle := \sum_{l=0}^{2^{n-s}-1} c^{\prime e}_{l,l} |l\rangle$. We want to find a gate *A* such that for $l' \in \{0, 1, \ldots, 2^{n-s-1} - 1\}, c'^e_{2l'+1} = 0$ if $k_s = 0$ and $c'^e_{2l'} = 0$ if $k_s = 1$, i.e., we want to disentangle the $(n - s)$ th qubit into the state $|k_s\rangle$.

We now determine the UCG *A*. To ensure that *A* fulfills Eq. $(A5)$ we set

$$
U_l = \begin{cases} I & \text{for } l \in \{0, 1, \dots, a_{s+1}^k\} \\ I & \text{for } l = 0, 1, \dots, k \end{cases} \quad \text{if } b_{s+1}^k \neq 0 \quad \text{(A6a)}
$$

$$
U_l = \begin{cases} I & \text{for } l \in \{0, 1, \dots, a_{s+1}^k - 1\} \quad \text{if } b_{s+1}^k = 0. \end{cases} (A6b)
$$

If the gate A is not already fully specified by Eq. $(A6)$, we use Lemma 2 to determine the gates U_l for $l \in \{a_{s+1}^k + 1, a_{s+1}^k + \cdots\}$ 2,..., $2^{n-1-s} - 1$ } if $b_{s+1}^k \neq 0$ and for $l \in \{a_{s+1}^k, a_{s+1}^k + ...$ 1, ..., $2^{n-1-s} - 1$ } if $b_{s+1}^k = 0$:

$$
U_l \begin{pmatrix} c_{2l} \\ c_{2l+1} \end{pmatrix} = \begin{cases} r \begin{pmatrix} 1 \\ 0 \end{pmatrix} & \text{if } k_s = 0 \qquad (A7a) \\ r \begin{pmatrix} 0 \\ 1 \end{pmatrix} & \text{if } k_s = 1, \qquad (A7b) \end{cases}
$$

where $r \in \mathbb{R}$. (Note that if $b_{s+1}^k = 0$ and $l = a_{s+1}^k$, the gate *A* acts trivially on $|i\rangle$ for all $i \in \{0, 1, ..., k-1\}$ because of the form of the gate *A* and since $a_{s+1}^k > a_{s+1}^i$ for all $i \in \{0, 1, \ldots, k - 1\}$ in the considered case.)

With this choice of the gate *A* we conclude that for all $l \in \{a_{s+1}^k + 1, a_{s+1}^k + 2, \ldots, 2^{n-1-s} - 1\}$ we have $c_{2l+1}^e = 0$ if $k_s = 0$ and $c'^e_{2l} = 0$ if $k_s = 1$. Because of the initial form of

 $|\psi^e\rangle$ and the construction of the gate *A* we conclude further that c'^e ^e = 0 for $l' \in \{0, 1, ..., 2a_{s+1}^k - 1\}$. It remains to consider the two coefficients $c'^e_{2a_{s+1}^k}$ and $c'^e_{2a_{s+1}^k+1}$.

If $k_s = 0$ and $b_{s+1}^k = 0$, then we can zero the coefficient $c_{2a_{s+1}^k+1}$ with the gate *A* [see Eq. (A7a)]. In the case $k_s = 0$ and $b_{s+1}^k \neq 0$ the coefficient $c_{2a_{s+1}^k+1}$ is zero by assumption and we act trivially on it with the gate *A* by Eq. (A6a). If $k_s = 1$, then $c'^e_{2a^k_{k+1}} = 0$ because the corresponding entry in $|\psi^e\rangle$ is initially zero by Eq. [\(A1\)](#page-11-0) and *A* acts trivially on it by Eq. (A6a). So in all cases we can write $|\psi^{e}\rangle = (\sum_{l=a}^{2^{n-(s+1)}-1}$ $\sum_{l=a_{s+1}^k}^{2^{n-(s+1)}-1} c'_l | l \rangle) \otimes | k_s \rangle$ for some $c'_i \in \mathbb{C}$ (see Fig. 3). Therefore, $A|\psi\rangle$ is of the desired form [\(A4\)](#page-11-0) and by construction *A* satisfies Eq. (A5).

Lemma 11. Let $k \in \{1, 2, ..., 2^n - 1\}$ and $s \in \{0, 1, ..., n - 1\}$ 1} be such that $k_s = 0$ and $b_{s+1}^k \neq 0$. Let $|\psi\rangle$ be an *n*-qubit state of the form $(A1)$. Then there exists a MCG $B :=$ $C_{n-1}(U)$ whose nontrivial part is of the form $|K_1\rangle\langle K_1|\otimes$ $U \otimes |K_0\rangle\langle K_0|$, where $K_1 = [k_{n-1}, k_{n-2}, \ldots, k_{s+1}]$ and $K_0 =$ [*ks*[−]1*,ks*[−]2*, . . . ,k*0] such that we can write

$$
|\psi'\rangle := B|\psi\rangle = \left(\sum_{l=a_s^k}^{2^{n-s}-1} c'_l|l\rangle\right) \otimes |k_{s-1}k_{s-2}\cdots k_0\rangle, \quad (A8)
$$

where $c'_l \in \mathbb{C}$ for all $l \in \{a_s^k, a_s^k + 1, ..., 2^{n-s} - 1\}$ and $c'_{2a_{s+1}^k+1} = 0$. In addition, *B* leaves the first *k* basis states invariant

$$
B|i\rangle = |i\rangle \quad \text{for } i \in \{0, \dots, k-1\}. \tag{A9}
$$

Proof. Since $k_s = 0$ the condition (A9) is satisfied by construction of the gate *B*. We define the gate *U* with Lemma 2 such that

$$
U\begin{pmatrix} c_{2a_{s+1}^k} \\ c_{2a_{s+1}^k+1} \end{pmatrix} = r \begin{pmatrix} 1 \\ 0 \end{pmatrix},
$$
 (A10)

where $r \in \mathbb{R}$.

Lemma 12 [*one column of an isometry*]. Let $k \in$ $\{1, 2, \ldots, 2^n - 1\}$. Let $|\psi\rangle \in \mathcal{H}_n$ be an *n*-qubit state such that $\langle i|\psi\rangle = 0$ for $i \in \{0,1,\ldots,k-1\}$. There exists a quantum gate G_k with the following properties:

$$
G_k|i\rangle = e^{i\varphi_i}|i\rangle, \quad i \in \{0, 1, \dots, k-1\}, \qquad (A11)
$$

$$
G_k|\psi\rangle = e^{i\varphi_k}|k\rangle, \tag{A12}
$$

where $\varphi_i \in \mathbb{R}$ for all $i \in \{0, 1, \ldots, k\}.$

FIG. 4. Decomposition scheme of a quantum gate G_k . The asterisk surrounded by a square signifies a control on either one or zero.

Proof. We claim that we can implement the operator G_k with a circuit of the form as shown in Fig. 4.

(Note that we have interchanged the order of the MCGs and the UCGs compared with Sec. [IV C.](#page-4-0) We are allowed to do this since the gates commute by their construction.)

The structure of this decomposition is based on the idea used for state preparation in [\[16\]](#page-18-0). The diagonal gates in ${\{\Delta_i\}_{i \in \{0,1,\dots,n-1\}}}$ are present so we can use the efficient decomposition of the UCGs up to diagonal gates in [\[16\]](#page-18-0). Note that we never use the MCG $C_{n-1}(U_0)$ since we can absorb it into the UCG $C_{n-1}^{\mathrm{u}}(U_0^{\mathrm{u}})$. Formally we write

$$
G_k = \prod_{s=0}^{n-1} O_s := \prod_{s=0}^{n-1} (\Delta_s \otimes I^{\otimes s}) C_{n-1-s}^{\mathrm{u}}(U_s^{\mathrm{u}}) C_{n-1}(U_s).
$$

To keep the notation simple, we do not write down which of the *n* qubits are the control or target qubits. The target qubit of the controlled gates with lower index *s* is the $(n - s)$ th qubit. We consider all controlled gates as *n* qubit gates. If there are free qubits, i.e., qubits that are neither controlled nor acted on, they are the least significant ones.

We use Lemma 10 recursively to disentangle one qubit after another starting from the state $|\psi\rangle$. More formally, we define the state $|\psi_s\rangle := \prod_{s'=0}^{s-1} O_{s'} |\psi\rangle$ for $s \in \{1, 2, ..., n\}$ and we set $|\psi_0\rangle := |\psi\rangle$. To determine the gate $C_{n-1-s}^{\mathrm{u}}(U_s^{\mathrm{u}})$ for $s \in \{0, 1, \ldots, n-2\}$ we apply Lemma 10 on the state $|\psi'_s\rangle :=$ $C_{n-1}(U_s)|\psi_s\rangle$. If $k_s = 0$ and $b_{s+1}^k \neq 0$, $|\psi_s\rangle$ does not satisfies the condition $(A2)$ for Lemma 10 in general. In this case we can determine the MCG $C_{n-1}(U_s)$ by Lemma 11 such that $|\psi'_{s}\rangle$ satisfies the condition [\(A2\)](#page-11-0). In all other cases we set $C_{n-1}(U_s) = I$. Note that the diagonal gate $\Delta_s \otimes I^{\otimes s}$ leaves the form of the state $C_{n-1-s}^{\mathrm{u}}(U_s^{\mathrm{u}})|\psi'_s\rangle$ invariant up to phase shifts.

In the case $s = n - 1$ we have $b_n^k \neq 0$ and so either the most significant qubit is initially disentangled $(k_{n-1} = 1)$ or can be disentangled with the MCG $C_{n-1}(U_{n-1})$, determined by Lemma 11 $(k_{n-1} = 0)$. Therefore, we set $C_0^{\text{u}}(U_{n-1}^{\text{u}}) = I$ and $\Delta_{n-1} = I$. By construction, the operators O_s leave the states $\{|i\rangle\}_{i\in\{0,1,\ldots,k-1\}}$ invariant (up to phase shifts caused by the diagonal gates).

Lemma 13 [CNOT *count for one column*]. Let *k* ∈ $\{1, 2, \ldots, 2^n - 1\}$. We can decompose a quantum gate G_k , which is of the form as describe in Lemma 12, using at most $[(2^n - n - 1) + Q^k(n)N_{C_{n-1}(U)}]$ CNOT gates, where $Q^{k}(n) := |\{s : k_s = 0 \land b_{s+1}^k \neq 0, s \in \{0, 1, \dots, n-1\}\}|$ and $N_{C_{n-1}(U)}$ denotes the number of CNOT gates used to decompose a $C_{n-1}(U)$ gate.

Proof. To decompose the quantum gate G_k we use the decomposition scheme described in the proof of Lemma 12. The number of CNOT gates used to decompose the UCGs (together with the diagonal gates) give a count of $\sum_{s=0}^{n-1} (2^{n-1-s} - 1) = 2^n - n - 1$ CNOT gates [\[16\]](#page-18-0). By the construction of the proof of Lemma 12 we conclude that the quantity of MCGs used for the decomposition of G_k is at most $Q^k(n)$. We add the number of CNOT gates used to decompose $Q^k(n)$ MCGs to the CNOT count used to decompose the UCGs and get the claimed count.

Corollary 1. The number of MCGs $Q(m,n)$ used to decompose all operators in ${G_i}_{i \in \{1,2,...,2^m-1\}}$ using the decomposition scheme as in the proof of Lemma 12 is given by

$$
Q(m,n) = 2m \left(n - \frac{m}{2} - 1\right) - n + m + 1.
$$
 (A13)

Proof. We define the indicator function $I(k, s)$ by

$$
I(k,s) := \begin{cases} 1 & \text{if } k_s = 0 \land b_{s+1}^k \neq 0 \\ 0 & \text{otherwise.} \end{cases} \tag{A14a}
$$

In other words $I(k, s) = \delta_{k_s,0}(1 - \delta_{b_{s+1}^k,0}) = \delta_{k_s,0} - \delta_{b_{s+1}^k,0}$ since $b_{s+1}^k = 0$ implies $k_s = 0$. Now we can write $Q^k(n) =$ $\sum_{s=0}^{n-1} I(k,s)$. By Lemma 13,

$$
Q(m,n) = \sum_{k=1}^{2^m - 1} Q^k(n) = \sum_{s=0}^{n-1} Q_s(m),
$$
 (A15)

where $Q_s(m) := \sum_{k=1}^{2^m-1} I(k,s)$ denotes the number of MCGs acting on the $(n - s)$ th qubit used to decompose all the gates in ${G_i}_{i \in \{1, 2, ..., 2^m - 1\}}$. If *m* ≤ *s* ≤ *n* − 1 we have

$$
Q_s(m) = \sum_{k=1}^{2^m - 1} I(k, s) = 2^m - 1
$$
 (A16)

since $I(k,s) = 1$ for the whole index range. If $0 \le s \le$ $m - 1$ we include $k = 0$ in the index range to simplify the combinatorial idea behind the following calculation:

$$
Q_s(m) = \sum_{k=0}^{2^m-1} \delta_{k_s,0} - \delta_{k \bmod 2^{s+1},0} = 2^{m-1} - 2^{m-s-1}.
$$
 (A17)

Here we have used that $\delta_{b_{s+1}^k,0} = \delta_{k \mod 2^{s+1},0}$ by definition of b_{s+1}^k . Plugging everything into Eq. (A15), we get the claimed count.

Lemma 14 [*column-by-column decomposition*]. Let *V* be an *m* to *n* isometry, described by a $2^n \times 2^m$ matrix, and $I_{2^n \times 2^m}$

denote the first 2^m columns of the $2^n \times 2^n$ identity matrix. There exist quantum gates $G_1, G_2, \ldots, G_{2^m-1}$ of the same form as in Lemma 12, as well as a quantum gate G_0 , which satisfies Eq. [\(A12\)](#page-12-0) for an arbitrary *n*-qubit state $|\psi\rangle$, and a diagonal gate Δ acting on *m* qubits such that

$$
G_0^{\dagger} G_1^{\dagger} \cdots G_{2^m-1}^{\dagger} (I^{\otimes (n-m)} \otimes \Delta^{\dagger}) I_{2^n \times 2^m} = V. \qquad (A18)
$$

Proof. Assume that we know a decomposition of a quantum gate *G* into one-qubit and CNOT gates. We can inverse its order and take the conjugate transpose of the one-qubit gates to get a decomposition of G^{\dagger} , since a CNOT gate is inverse to itself. In particular, G^{\dagger} and *G* can be implemented using the same number of CNOT gates. This allows us to replace Eq. $(A18)$ by

$$
I_{2^{n}\times 2^{m}} = (I^{\otimes (n-m)} \otimes \Delta)G_{2^{m}-1}G_{2^{m}-2}\cdots G_{0}V. \qquad (A19)
$$

By definition of the gate G_0 , we can choose it such that $G_0 V |0\rangle_m = e^{i\varphi_0^0} |0\rangle_n$, where $\varphi_0^0 \in \mathbb{R}$. Since the columns of an isometry are orthonormal and G_0 is unitary, the columns of G_0V are also orthonormal (for example, $|n_0|G_0V|0\rangle_m|=1$ implies that $n(0|G_0V|1)_m = 0$. We can therefore choose *G*₁ such that $G_1G_0V|1\rangle_m = e^{i\varphi_1^1}|1\rangle_n$, where $\varphi_1^1 \in \mathbb{R}$. By definition of G_1 , $G_1G_0V|0\rangle_m = e^{i\varphi_0^1}|0\rangle_n$, where $\varphi_0^1 \in \mathbb{R}$. If we continue this procedure, we get $G_{2^m-1}G_{2^m-2}\cdots G_0V|i\rangle_m =$ $e^{i\varphi_i^{2^m-1}} |i\rangle_n$ for $i \in \{0,1,\ldots,2^m-1\}$, where $\varphi_i^{2^m-1} \in \mathbb{R}$. We clear up the phases with a diagonal gate Δ acting on the *m* least significant qubits such that $(I^{\otimes (n-m)} \otimes I)$ Δ)*G*₂^{*m*}−1*G*₂^{*m*}−2 ···*G*₀*V*|*i*)_{*m*} = |*i*)_{*n*} for *i* ∈ {0*,*1*,...,*2^{*m*} − 1}*,* which is equivalent to Eq. (A19).

Theorem 6 [CNOT *count for an isometry*]. Let *m* and *n* be natural numbers with $n \geq 8$ and *V* be an isometry from *m* qubits to *n* qubits. There exists a decomposition of *V* in terms of single-qubit gates and CNOT gates such that the number of CNOT gates required satisfies

$$
N_{\rm iso}(m,n) \leqslant N_{\rm SP}(n) + N_G(m,n) + N_\Delta(m), \tag{A20}
$$

where $N_{SP}(n)$ denotes the number of CNOT gates required for state preparation on *n* qubits starting from the state $|0\rangle_n$, $N_{\Delta}(m) \leq 2^m - 2$ denotes the number of CNOT gates required to decompose a diagonal gate acting on *m* qubits [\[18\]](#page-18-0), and $N_G(m,n)$ is the number of CNOT gates used to decompose the gates in $\{G_i\}_{i \in \{1, 2, ..., 2^m-1\}}$.

Proof. We decompose *V* as described in Lemma 14 and ${G_i}_{i \in \{1, 2, ..., 2^m - 1\}}$ as in the proof of Lemma 12. By Lemma 13 we have

$$
N_G(m,n) = \sum_{k=1}^{2^m-1} 2^n - n - 1 + Q^k(n)N_{C_{n-1}(U)}
$$

= $(2^m - 1)(2^n - n - 1) + Q(m,n)N_{C_{n-1}(U)},$

where $Q(m,n) = 2^m(n - \frac{m}{2} - 1) - n + m + 1$ is the number of MCGs used, as given by Corollary 1, and $N_{C_{n-1}(U)}$ denotes the number of CNOT gates needed to decompose a MCG $C_{n-1}(U)$, given by Theorem 5. Note that we require $U \in$ SU(2) to use Theorem 5. This causes no problems in our construction since Lemma 11 holds for $U \in SU(2)$. The gate G_0^{\dagger} can be decomposed using a decomposition scheme for state preparation, which finishes the proof.

Corollary 2 [*explicit count for an isometry*]. The number of CNOT gates required to decompose an *m* to $n \geq 8$ isometry *V*

satisfies

$$
N_{\rm iso}(m,n) \leqslant \lceil 2^{m+n} - \frac{1}{24} 2^n - 2 \times 2^{n/2} + 2^m \lfloor 28n^2 + m(44 - 14n) - 117n + 88 \rfloor - 28n^2 + m(28n - 88) + 117n - 87 \rceil. \tag{A21}
$$

Proof. Theorem 5 implies that $N_{C_{n-1}(U)} \le 28n - 88$ for all *n* (for simplicity we overcount in the case that *n* is odd). The asymptotic best known CNOT counts for state preparation (see Table [I\)](#page-1-0) give us the upper bound $N_{\text{SP}}(n) \leq \frac{23}{24}2^n - 2 \times 2^{n/2} +$ 2. The number of CNOT gates used to decompose a diagonal gate Δ acting on *m* qubits is at most $N_{\Delta}(m) = 2^m - 2$ [\[18\]](#page-18-0). Using the inequality ($\overline{A20}$), this leads to the claimed count.

4. Optimization of the decomposition of an isometry using the CSD

Theorem 7 [*optimized CSD approach*]. Let *m* and *n* be natural numbers with $2 \le m \le n$ and *V* be an isometry from *m*qubits to *n* qubits. There exists a decomposition of*V* in terms of single-qubit gates and CNOT gates such that the number of CNOT gates required satisfies

$$
N_{\rm iso}(m,n) \leqslant \frac{23}{144} (4^m + 2 \times 4^n) - 2^{m-1} - 2^n + \frac{1}{3}(m - n + 4). \tag{A22}
$$

Note that we recover the optimized CNOT count for general quantum gates [\[12\]](#page-17-0) setting $n = m$ in the inequality (A22).

Proof. We optimize the CNOT count of Sec. [IV D](#page-6-0) using the two ideas described in the Appendix of [\[12\]](#page-17-0). There it is shown how one can combine the decomposition of the $C_i^{\mathfrak{u}}(R_y)$ gates with neighboring *i*-qubit- $C_1^{\text{u}}(U)$ gates to save one CNOT gate over what would be required if the $C_i^{\text{u}}(R_y)$ gates were decomposed on their own. The essential idea is to use the circuit identity

The same idea also works for the CSD adapted to isometries, allowing us to save one CNOT per uniformly controlled R_v gate.

To count the number of uniformly controlled *Ry* gates $Q_{R_y}(m,n)$ used for an *m* to *n* isometry using the decomposition scheme of Sec. [IV D](#page-6-0) we use the following recursion relation:

$$
Q_{R_y}(m,i+1) = Q_{R_y}(m,i) + \frac{2 \times 4^{i-2} - 2}{3} + 1
$$

$$
\text{if } m \leqslant i < n,\tag{A23}
$$

$$
Q_{R_y}(m,m) = \frac{4^{m-2} - 1}{3},
$$
 (A24)

where the last relation comes from Appendix A of [\[12\]](#page-17-0). Solving these gives

$$
Q_{R_y}(m,n) = \frac{1}{144}(2^{2n+1} + 4^m) + \frac{1}{3}(n-m-1). \tag{A25}
$$

The CSD decomposition is used until the only generic unitaries that remain are on two qubits. In Appendix B of [\[12\]](#page-17-0) it is shown how to save one CNOT gate for each of the remaining two-qubit gates apart from one. Again this idea also works using the CSD adapted to isometries. The number of two-qubit

gates Q_U _(*m,n*) arising in the decomposition scheme described in Sec. [IV D](#page-6-0) satisfies the following recursion relations:

$$
Q_{U_2}(m, i+1) = Q_{U_2}(m, i) + 2 \times 4^{i-2} \quad \text{if } m \leq i < n,
$$
\n(A26)

$$
Q_{U_2}(m,m) = 4^{m-2}, \tag{A27}
$$

where the second of these relations is taken from Appendix B of [\[12\]](#page-17-0). Solving these gives

$$
Q_{U_2}(m,n) = \frac{1}{48}(2^{2n+1} + 4^m). \tag{A28}
$$

The optimized CNOT count is thus given by

$$
N_{\rm iso}(m,n) = \tilde{N}_{\rm iso}(m,n) - Q_{R_{\rm y}}(m,n) - Q_{U_2}(m,n) + 1,
$$
\n(A29)

where $\tilde{N}_{iso}(m,n)$ is bounded by the inequality [\(12\)](#page-6-0). This leads to the claimed count.

5. Optimized state preparation

For state preparation on two and three qubits there exist *ad hoc* methods using one and three CNOT gates, respectively [\[28\]](#page-18-0). For state preparation on $n \geqslant 4$ qubits we use the decomposition scheme described in $[13]$. In the case that *n* is even, this uses the following iterative circuit:

where we have divided the qubits into two groups of *n/*2. In other words, state preparation on *n* qubits is equivalent to state preparation on *n/*2 qubits, *n/*2 CNOT gates, and then two *n/*2 qubits unitary operations. If n is odd, the unitary U_1 is replaced by an $\lfloor n/2 \rfloor$ -qubit unitary and U_2 by an $\lfloor n/2 \rfloor$ to $\lfloor n/2 \rfloor + 1$ isometry.

If n is odd we can implement U_2 using the CSD approach. Furthermore, we can use a technical trick similar to that described in Appendix B of [\[12\]](#page-17-0) to save one CNOT gate when implementing *U*1: As noted in Appendix B of [\[12\]](#page-17-0), all apart from one of the two-qubit gates arising in the decomposition of a general unitary can be decomposed using two CNOT gates. For the last one we can also extract a diagonal gate and merge it with the state preparation, since the diagonal gate commutes through the control qubits of the CNOT gates that precede *U*1. In other words, for *n* even, we have

$$
N_{\rm SP}(n) \le N_{\rm SP}\left(\frac{n}{2}\right) + \frac{n}{2} + 2N_{\rm iso}\left(\frac{n}{2}, \frac{n}{2}\right) - 1,
$$

$$
N_{\rm SP}(n+1) \le N_{\rm SP}\left(\frac{n}{2}\right) + \frac{n}{2} + N_{\rm iso}\left(\frac{n}{2}, \frac{n}{2}\right) \tag{A30}
$$

$$
+ N_{\rm iso}\left(\frac{n}{2}, \frac{n}{2} + 1\right) - 1,
$$

where for the purpose of evaluating N_{iso} in these counts we use the inequality [\(A22\)](#page-14-0). Starting from $N_{SP}(2) = 1$ and $N_{SP}(3) = 3$ [\[28\]](#page-18-0), this allows us to iteratively compute $N_{SP}(n)$ for increasing *n*. For illustration purposes, the circuit for state

preparation on four qubits is shown in the following circuit diagram:

Note that the depth of the circuit is, to leading order, the number of steps required to perform U_2 , since U_1 and U_2 can be done in parallel and dominate the gate count.

APPENDIX B: ISOMETRIES ON A SMALL NUMBER OF QUBITS

1. Isometries from one to two qubits

We present an *ad hoc* decomposition for a 1 to 2 isometry *V* reaching the theoretical lower bound of two CNOT gates. Our result is based on the following decomposition of an arbitrary two-qubit operator *U* described in [\[12,](#page-17-0)[14,15\]](#page-18-0):

We represent *V* by a unitary matrix V_2 such that $V = V_2 I_{2^2 \times 2^1}$. Since we are only interested in the first two columns of V_2 , we can replace the diagonal gate Δ of the last circuit by a single-qubit diagonal gate acting on the least significant qubit. Absorbing this gate into the neighboring (arbitrary) singlequbit gate, we conclude the following circuit equivalence:

2. Isometries leading to three-qubit states

In this section we explain the steps needed to decompose isometries from *m* to 3 qubits for $m = 1$ and $m = 2$. Note that for $m = 0$ one can use the decomposition scheme for state preparation given in $[28,29]$, and for $m = 3$ the decomposition scheme of [\[12\]](#page-17-0).

a. Isometries from one to three qubits

We use the column-by-column approach described in Sec. [IV C](#page-4-0) to decompose an isometry *V* from one to three qubits. As in Sec. [IV,](#page-3-0) we represent the 8×2 matrix corresponding to *V* by an 8×8 unitary matrix G^{\dagger} by writing $V =$ $G^{\dagger} I_{8 \times 2}$. The unitary G_0^{\dagger} (defined in Sec. [IV C\)](#page-4-0) corresponds to state preparation on three qubits $(G_0^{\dagger} | 0 \rangle^{\otimes 3} = V | 0 \rangle =: | \psi_0^0 \rangle$ and can therefore be implemented with the techniques described in [\[28,29\]](#page-18-0).

We now consider constructing a circuit for the unitary G_1 . We define $|\psi_1^0\rangle := G_0 V |1\rangle$ and note that its first entry is zero. One can use Lemma 2 to choose the gates depicted in the circuit diagram below such that they have the following action on $|\psi_1^0\rangle$ (as previously each asterisk represents an arbitrary complex entry):

Note that all the gates in the circuit above act trivially on the state $|0\rangle^{\otimes 3}$. Therefore, this represents a valid circuit for the unitary G_1 .

Remark 8. The notation in the circuit diagram above is as introduced in the general case in Sec. [IV C.](#page-4-0) The difference between the circuit above and the circuit we would get by the techniques of Sec. IV C is that we switch the order of the UCG and the MCG (note that they commute by construction) and leave out some controls of the MCGs. Indeed, similar simplifications are possible for most MCGs, which arise in the column-by-column decomposition of arbitrary isometries from *m* to *n* qubits. We have not taken this into account in the general CNOT count since it does not affect its leading order.

Since MCGs are a special case of UCGs, we can implement the MCGs using UCGs instead. Furthermore, we can implement all the UCGs up to diagonal gates (i.e., implement ΔC rather than *C* for each UCG *C*) and correct for these at the end using a diagonal gate applied to the least significant qubit. Doing so we can save some CNOT gates, because for small *n*, we know how to implement $\Delta C_{n-1}^{\mathfrak{u}}(U)$ more efficiently than $C_{n-1}(U)$. For example, we need eight CNOT gates to implement a $C_{2,3}(U)$ gate (see Lemmas 3 and 4) and only three CNOT gates to implement a $\Delta C_2^{\text{u}}(U)$ gate (see Table [IV\)](#page-11-0):

We implement each UCG together with its subsequent diagonal gate as described in [\[16\]](#page-18-0). Together with the circuit for the unitary G_0 , this leads to the following circuit for the isometry *V* :

where we have not depicted the single-qubit gates for simplicity.

b. Isometries from two to three qubits

We use the CSD approach described in Sec. IVD to decompose an isometry *V* from two to three qubits. As in Sec. [IV,](#page-3-0) we represent the 8×4 matrix corresponding to *V* by an 8 \times 8 unitary matrix G^{\dagger} , by writing $V = G^{\dagger} I_{8 \times 4}$. Then we

apply Theorem 10 of $[12]$ to G^{\dagger} , which gives us

$$
\begin{array}{c}\n0 \\
2\n\end{array}\n\qquad\n\begin{array}{c}\n\begin{array}{c}\nG^{\dagger} \\
\end{array}\n\end{array}\n=\n\begin{array}{c}\n|0\n\end{array}\n\qquad\n\begin{array}{c}\n\begin{array}{c}\n\begin{array}{c}\n\begin{array}{c}\n\begin{array}{c}\n\end{array}\n\end{array}\n\end{array}\n\end{array}\n\qquad\n\begin{array}{c}\n\begin{array}{c}\n\begin{array}{c}\n\end{array}\n\end{array}\n\end{array}
$$

where each of the symbols *A* and *B* is a placeholder for two two-qubit unitaries denoted by $\{A_0, A_1\}$ and $\{B_0, B_1\}$, respectively. Since we can assume that the first qubit is initially in the state $|0\rangle$, we always implement A_0 on the last two qubits at the start of the circuit (on the right-hand side) above. Therefore, we can simplify the above circuit

$$
\begin{array}{c}\n0 \\
2\n\end{array}\n\qquad\n\begin{array}{c}\n\begin{array}{c}\nG^{\dagger} \\
\end{array}\n\end{array}\n=\n\begin{array}{c}\n|0\rangle \longrightarrow R_y \\
\begin{array}{c}\nR_y \\
\end{array}\n\end{array}\n\qquad\n\begin{array}{c}\n\begin{array}{c}\n\end{array}\n\end{array}
$$

We apply Theorem 8 of [\[12\]](#page-17-0) to the uniformly controlled R_v gate. Together with Appendix A of [\[12\]](#page-17-0), this leads to the following circuit for the isometry *V* :

where we can absorb the $R_y(\frac{\pi}{2})$ and $R_y(-\frac{\pi}{2})$ gates into the neighboring uniformly controlled R_y gates. We apply Theorem 12 of [\[12\]](#page-17-0) to the last uniformly controlled gate in the circuit above, which gives us two two-qubit unitaries *U* and *W* and the following circuit for the isometry *V* :

Decomposing the uniformly controlled rotations as described in [\[12\]](#page-17-0) and using the techniques described in Appendix B of [\[12\]](#page-17-0) leads to the following circuit for *V* :

where the single-qubit gates are not depicted for simplicity.

3. Isometries leading to four-qubit states

In this section we explain the steps needed to decompose isometries from *m* to 4 qubits for $m = 1$ and $m = 2$. Note that for $m = 0$ one can use the decomposition scheme for state preparation described in Appendix \overline{A} 5 and for $m = 4$ the decomposition scheme of $[12]$. The case $m = 3$ can be done with the CSD approach requiring 73 CNOT gates [see Eq. $(A22)$] and Appendix **B** 2 **b** for an example using the CSD approach].

a. Isometries from one to four qubits

As in Sec. [IV,](#page-3-0) we represent the 16×2 matrix corresponding to *V* by a 16 \times 16 unitary matrix G^{\dagger} by writing $V = G^{\dagger} I_{16 \times 2}$. The unitary G_0^{\dagger} (defined in Sec. [IV C\)](#page-4-0) corresponds to state preparation on four qubits $(G_0^{\dagger} | 0 \rangle^{\otimes 4} = V | 0 \rangle =: | \psi_0^0 \rangle)$ and can therefore be implemented with the techniques described in Appendix [A 5](#page-15-0) with eight CNOT gates. We construct the unitary

FIG. 5. Implementing the second column of an isometry *V* from one to four qubits with optimized controlling of the MCGs. Note that all gates act trivially on $|0000\rangle$. Each asterisk denotes an arbitrary complex number.

 G_1 in a fashion similar to the case of a 1 to 3 isometry (see Appendix \overline{B} 2 a) using the column-by-column approach described in Sec. [IV C.](#page-4-0) This leads to a circuit for the unitary *G*¹ given in Fig. 5. We implement all MCGs of the circuit for G_1 with UCGs up to diagonal gates by the techniques described in [\[16\]](#page-18-0) and correct for this at the end of the circuit with a diagonal gate acting on the least significant qubit (see Appendix B_2 a). Therefore, we use 22 CNOT gates to implement an isometry from one to four qubits.

b. Isometries from two to four qubits

As in Sec. [IV,](#page-3-0) we represent the 16×4 matrix corresponding to *V* by a 16 \times 16 unitary matrix G^{\dagger} by writing $V = G^{\dagger} I_{16 \times 4}$. We can construct the unitaries G_0 and G_1 as described in Appendix \overline{B} 3 a. Similarly, we find the circuit for the unitary *G*2,

and the circuit for the unitary *G*3,

Note that two controls are required for the MCGs for the unitary G_3 , such that G_3 acts trivially on the states $|0000\rangle$, $|0001\rangle$, and $|0010\rangle$.

We implement all MCGs with UCGs up to a diagonal gate by the techniques described in [\[16\]](#page-18-0) and correct for this at the end of the circuit with a diagonal gate acting on the two least significant qubits. Since a diagonal gate on two qubits requires two CNOT gates $[18]$, we conclude that we need 54 CNOT gates to implement a 2 to 4 isometry.

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QUANTUM CIRCUITS FOR ISOMETRIES PHYSICAL REVIEW A **93**, 032318 (2016)

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