From fast to slow light in a resonantly driven absorbing medium

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We theoretically study the propagation through a resonant absorbing medium of a time-dependent perturbation modulating the amplitude of a continuous wave (cw). Modeling the medium as a two-level system and linearizing the Maxwell-Bloch equations for the perturbation, we establish an exact *analytical* expression of the transfer function relating the Fourier transforms of the incident and transmitted perturbations. It directly gives the gain and the phase shift undergone in the medium by a harmonic modulation. For the case of a pulse modulation, it enables us to determine the transmission time of the pulse center of mass (group delay), evidencing the relative contributions of the coherent and incoherent (population) relaxations. We show that the group delay has a negative value (fast light) fixed by the coherent effects when the cw intensity is small compared to the saturation intensity and becomes positive (slow light) when this intensity increases, before attaining a maximum that cannot exceed the population relaxation time. The analytical results are completed by numerical determinations of the shape of the transmitted pulses in the different regimes.

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I. INTRODUCTION

Convincing demonstrations of fast light in a linear homogeneous medium were performed in the 1980s by exploiting the steep anomalous dispersion associated with a well-isolated, narrow, and strong absorption line of the medium, leading to negative values of the group velocity [1,2]. Ideally bell-shaped pulses can then propagate moderately, distorted in such a way that the maximum of the transmitted pulse occurs before that of the incident pulse. Time advances exceeding 0.5 times the half-duration at half-maximum of the pulse envelope have been so evidenced in experiments involving a true shape detection of the latter [2] (see also [3,4]). More generally, due to the causality principle (leading to the Kramers-Kronig relations), fast light is expected every time that the carrier frequency of the pulses coincides with the bottom of a well-marked *dip* in the medium transmission and the pulse distortion resulting from the first-order variations of the transmission and of the group velocity versus frequency cancels when this coincidence is exact [5]. The dip in the transmission may be natural or created in various arrangements involving electromagnetically induced absorption [6,7], stimulated Raman [8], or Brillouin [9] scattering, and so on. The literature on fast light is abundant (for reviews, see, e.g., [10–13]), but it seems that the fractional pulse advance with moderate distortion reported in [2] has not been overtaken. This is easily explained by remarking that, since the transmission dip at the carrier frequency must be well pronounced, there are spectral regions where the overall transmission of the system is much larger. For obvious reasons of noise (no matter its origin), instability and hypersensitivity to small defects in the incident pulse shape, the usable transmission dynamics cannot be too large and this limits the observable fast-light effects in any linear system [14]. The dynamics actually involved in the fast-light experiments do not exceed 45 dB and are often much lower. The situation is quite different in the slow-light experiments where the

medium transmission is *maximal* at the carrier frequency and can be very low on both sides of this frequency, with transmission-dynamics exceeding 1000 dB [15,16].

In the present article, we study the propagation in an absorbing medium of a continuous wave (cw) whose amplitude is pulse modulated with a low modulation index. The medium is modeled as a homogeneously broadened two-level system (TLS) [17] with a resonance frequency ω_0 and a relaxation time T_1 (T_2) for the population difference (the coherence). We assume that the cw is on exact resonance and we are interested in the propagation of the pulsed part of the wave (the pulse) whose optical spectrum is centered on ω_0 and maximum at this frequency. The pulse may thus be seen as a continuous superposition of fields symmetrically detuned from the cw field (sidebands) that probe the changes of the TLS properties induced by the cw. The propagation in a strongly driven TLS of two symmetrically detuned fields is a basic problem in nonlinear optics [18,19]. When the sidebands are associated with an amplitude modulation, it has been experimentally evidenced [20] and theoretically demonstrated [18,21] that the transmission of the modulation presents a maximum on resonance for strong enough cw intensities. According to our general analysis, the pulse propagation may be slow in such conditions. On the other hand, when the cw intensity is small compared to the saturation intensity, the TLS behaves linearly both for the cw and the pulse, the propagation of which is not modified by the presence of the cw (fast light regime). Our main purpose is to analyze how the transition from a fast to a slow light regime takes place when the cw intensity increases. Our calculations take full account of the depletion of the cw intensity during the propagation and are made for arbitrary values of the relaxation times T_1 and T_2 . The corresponding results (mainly analytical) are new and it seems that the possibility of switching from fast to slow light in a TLS by simply adding a resonant cw to the pulses has not been previously considered.

The arrangement of our paper is as follows. In Sec. II, we specify the system under consideration and we establish *an exact analytical expression* of its transfer function for the

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time-dependent part of the field envelope. This expression directly gives the gain and the phase shift undergone in the medium by a harmonic modulation, examined in Sec. III. The propagation of pulses is studied in Sec. IV, with a special attention paid to the transmission delay of their center of mass (identified to the group delay). The analytical results are completed by numerical determination of the envelope of the transmitted pulses. We finally conclude in Sec. V by summarizing the main results.

II. TRANSFER FUNCTION OF THE MEDIUM

As previously mentioned, we consider the case where the cw is exactly resonant. The amplitude modulation is then an eigenmode of modulation in the sense that it is conserved during the propagation [22–24]. We denote ℓ the thickness of the medium, α its unsaturated absorption coefficient on resonance for the intensity, and z ($0 < z < \ell$) the direction of propagation of the wave assumed to be plane and polarized along the *x* axis. We write the *x* component of the electric field as

$$E_x(z,t) = \operatorname{Re}[e^{i\omega_0 t} \widetilde{E}(z,t)], \qquad (1)$$

where $\tilde{E}(z,t)$ is the slowly varying field envelope. As in all the following, *t* is a *local time*, that is, the real time minus n_0z/c , *c* being the velocity of light in vacuum and n_0 the refractive index around ω_0 of the eventual host medium. Denoting μ the dipole matrix element for the transition (chosen real), $R(z,t) = \frac{\mu \tilde{E}(z,t)}{\hbar}$ the Rabi frequency, N(z,t) the population difference per volume unit (N_0 its value at equilibrium), and $\tilde{P}(z,t)$ the envelope of the electric polarization induced in the medium; it is convenient to introduce the dimensionless quantities $D = \frac{N}{N_0}$, $P = i \frac{\tilde{P}}{N_0 \mu} \sqrt{\frac{T_1}{T_2}}$, and $E = \frac{\mu \tilde{E}}{\hbar} \sqrt{T_1 T_2} = R \sqrt{T_1 T_2}$. Note that all these quantities are real for the resonant case considered here and that $I = E^2$ is the intensity normalized to the saturation intensity. In such conditions, the Maxwell-Bloch (MB) equations governing the system evolution take the simple form

$$\frac{\partial E}{\partial z} = -\frac{\alpha}{2}P,\tag{2}$$

$$T_2 \frac{\partial P}{\partial t} = DE - P, \qquad (3)$$

$$T_1 \frac{\partial D}{\partial t} = -PE + (1 - D). \tag{4}$$

These equations are easily solved when only the cw is present. In the following we denote the corresponding values of E, P, D, and I by the index cw. Combining Eqs. (3) and (4), we find $D_{cw}(z) = 1/[1 + I_{cw}(z)]$ and $P_{cw}(z) = E_{cw}(z)/[1 + I_{cw}(z)]$. Replacing this result in Eq. (2), we get

$$\frac{\partial}{\partial z} \left[I_{\rm cw}(z) + \ln I_{\rm cw}(z) + \alpha z \right] = 0, \tag{5}$$

$$I_{\rm out} + \ln I_{\rm out} = I_{\rm in} + \ln I_{\rm in} - \alpha \ell, \qquad (6)$$

where I_{out} and I_{in} are short-hand notations of $I_{\text{cw}}(\ell)$ and $I_{\text{cw}}(0)$. When a small time-dependent perturbation $\delta E_{\text{in}}(t)$ (also real for an amplitude modulation) is added to the constant amplitude $E_{\text{in}} = \sqrt{I_{\text{in}}}$ of the field of the incident cw, we search for solutions of the MB equations under the

form $E(z,t) = E_{cw}(z) + \delta E(z,t)$, $D(z,t) = D_{cw}(z) + \delta D(z,t)$ and $P(z,t) = P_{cw}(z) + \delta P(z,t)$. Taking into account the cw solution, we get at the first order of perturbation

$$\frac{\partial(\delta E)}{\partial z} = -\frac{\alpha}{2}\delta P,\tag{7}$$

$$T_2 \frac{\partial(\delta P)}{\partial t} = E_{\rm cw} \delta D + D_{\rm cw} \delta E - \delta P, \qquad (8)$$

$$T_1 \frac{\partial(\delta D)}{\partial t} = -E_{\rm cw} \delta P - P_{\rm cw} \delta E - \delta D.$$
⁽⁹⁾

These linear equations can be solved by introducing the Fourier transforms $\Delta E(z,\Omega)$, $\Delta P(z,\Omega)$, and $\Delta D(z,\Omega)$ of $\delta E(z,t)$, $\delta P(z,t)$, and $\delta D(z,t)$ [25]. From Eqs. (8) and (9), we get

$$\Delta P(z,\Omega) = \frac{[1+i\Omega T_1 - I_{cw}(z)]\Delta E(z,\Omega)}{[1+I_{cw}(z)][(1+i\Omega T_1)(1+i\Omega T_2) + I_{cw}(z)]}.$$
(10)

Replacing this result in Eq. (7) and integrating on *z*, we finally obtain the transfer function $H(\Omega)$ relating $\Delta E_{out}(\Omega)$ and $\Delta E_{in}(\Omega)$, the Fourier transforms of $\delta E_{out}(t) = \delta E(\ell, t)$ and $\delta E_{in}(t)$. It reads as

$$H(\Omega) = \exp\left(\int_0^\ell f(z,\Omega) \, dz\right),\tag{11}$$

where

$$f(z,\Omega) = \frac{\alpha}{2} \frac{I_{\rm cw}(z) - (1 + i\,\Omega T_1)}{[1 + I_{\rm cw}(z)] \left[(1 + i\,\Omega T_1)\,(1 + i\,\Omega T_2) + I_{\rm cw}(z)\right]},\tag{12}$$

is the complex gain factor at the abscissa z. By means of Eq. (5), the integration on z in Eq. (11) can be transformed in an integration on I_{cw} . We get

$$H(\Omega) = \exp\left[\frac{1}{2} \int_{I_{\rm in}}^{I_{\rm out}} \frac{1 + i\,\Omega T_1 - I_{\rm cw}}{I_{\rm cw}\,[(1 + i\,\Omega T_1)\,(1 + i\,\Omega T_2) + I_{\rm cw}]} dI_{\rm cw}\right],\tag{13}$$

and finally

$$H(\Omega) = \exp\left[\frac{1+i\frac{\Omega T_2}{2}}{1+i\Omega T_2}\ln\left(\frac{I_{\rm in} + (1+i\Omega T_1)(1+i\Omega T_2)}{I_{\rm out} + (1+i\Omega T_1)(1+i\Omega T_2)}\right) - \frac{\ln\sqrt{I_{\rm in}/I_{\rm out}}}{(1+i\Omega T_2)}\right],$$
(14)

where I_{out} and I_{in} are related by Eq. (6). This expression of $H(\Omega)$ is the central result of our paper. In the limit $I_{in} \ll 1$, $I_{out} \approx I_{in} \exp(-\alpha \ell)$, and $H(\Omega)$ is reduced to $\exp(-\frac{\alpha \ell}{2(1+i\Omega T_2)})$, which as expected, is the transfer function of a linear medium with a Lorentzian absorption line [5]. Quite generally, we see that the poles of $H(\Omega)$ are in the half-plane Im $(\Omega) > 0$ and that $H(-\Omega) = H^*(\Omega)$. This ensures that the impulse response h(t), the inverse Fourier transform of $H(\Omega)$, cancels for t < 0 and is real, confirming that the system is causal [25] and that the amplitude modulation is an eigenmode of modulation. At the first order of perturbation considered here, we finally remark that

$$I(z,t) = [E_{\rm cw}(z) + \delta E(z,t)]^2 \approx I_{\rm cw}(z) + 2\delta E(z,t)\sqrt{I_{\rm cw}(z)}.$$
(15)



FIG. 1. The driving wave (cw) at ω_0 can modify the propagation of the pair of sidebands at $\omega_0 \pm \Omega$.

This means, in particular, that a quadratic detection, as currently used in optics, will deliver a time-dependent signal $\delta I_{out}(t)$ proportional to $\delta E_{out}(t)$ and that the instantaneous modulation indices for the intensity and for the field are such that $\frac{\delta I(z,t)}{E_w(z)} = 2 \frac{\delta E(z,t)}{E_w(z)}$ in every point.

III. TRANSMISSION OF A HARMONIC MODULATION

When the amplitude modulation is harmonic of frequency Ω ($\Omega > 0$), the optical field has two sidebands at $\omega_0 \pm$ Ω that both act as probes of the system driven at ω_0 (Fig. 1). The modulus $G(\Omega)$ and the argument $\Phi(\Omega)$ of $H(\Omega)$ are then, respectively, the gain and the phase shift of the output amplitude modulation with respect to the input one. The gain coefficient $g(z,\Omega) = \operatorname{Re}[f(z,\Omega)]$ and the phaseshift coefficient $\varphi(z, \Omega) = \text{Im} [f(z, \Omega)]$ are the corresponding quantities per unit length. Due to the depletion of the cw intensity I_{cw} during the propagation, these latter quantities depend on z. Note that the expression of $g(z, \Omega)$ derived from Eq. (12) is consistent with the results given in [18,21], also as in [20] for the particular case $T_1 = T_2$. Figures 2 and 3 show a set of profiles $g(\Omega)$ and $\varphi(\Omega)$ obtained for $T_2 = 2T_1$ (purely radiative relaxation) with various cw intensities. For $I_{\rm cw} \ll 1$ (fully linear case), we obviously retrieve the gain and dispersion profiles $g(\Omega) = -\frac{\alpha}{2(1+\Omega^2 T_2^2)}$ and $\varphi(\Omega) = \frac{\alpha \Omega T_2}{2(1+\Omega^2 T_2^2)}$ associated with a Lorentzian absorption line.

The gain coefficient (Fig. 2) keeps negative as long as $I_{\rm cw} < 1$. It cancels at $\Omega = 0$ when $I_{\rm cw} = 1$ (absolute cw intensity equal to the saturation intensity). Beyond, it becomes positive in the frequency range $\Omega < \Omega_g = \sqrt{(I_{\rm cw}^2 - 1)/(I_{\rm cw}T_1T_2 + T_1^2)}$, attaining an absolute maximum $\alpha/16$ for $I_{\rm cw} = 3$. When $I_{\rm cw} \gg 1$, Ω_g tends to the Rabi frequency associated with the cw field. We also note that $g(\Omega)$ being an even function, $g(0) = \frac{\alpha(I_{\rm cw}-1)}{2(I_{\rm cw}+1)^2}$



FIG. 2. Gain coefficient $g(\Omega)$ in $\alpha/2$ units as a function of Ω in $1/T_1$ units for $T_2 = 2T_1$. The different curves are labeled by the corresponding value of the normalized intensity I_{cw} .



FIG. 3. Same as Fig. 2 for the phase-shift coefficient $\varphi(\Omega)$ in $\alpha/2$ units.

is always an extremum of the gain coefficient. This extremum is flat for $I_{cw} = b \pm \sqrt{b^2 - T_2/T_1}$ with $b = 3/2 + T_1/T_2 + T_2/2T_1$, that is, $I_{cw} = 3 \pm \sqrt{7}$ when $T_2 = 2T_1$. Despite some common points, the profiles $g(\Omega)$ significantly differ from those obtained by using a probe independent of the driving field [18,26–29]. They are a bit simpler, probably because the amplitude modulation is an eigenmode of modulation (contrary to the single sideband modulation). On the other hand, the refractive index experienced by the optical probe field, well defined for the single sideband case [30], is not defined for the case of an amplitude modulation where the probe field has two frequency components at $\omega_0 \pm \Omega$ that are not independent.

The phase-shift coefficient $\varphi(\Omega)$ (Fig. 3) has a maximum $\varphi_{\text{max}} = \alpha/4$ (phase advance) at $\Omega = 1/T_2$ for $I_{\text{cw}} \ll 1$ and an absolute minimum $\varphi_{\text{min}} \approx -0.078 \alpha$ (phase lag) at $\Omega \approx 1.14/T_1$ for $I_{\text{cw}} \approx 3.3$. On the other hand, the slope $\frac{d\varphi}{d\Omega}|_{\Omega=0}$ at the origin is also maximal for $I_{\text{cw}} \ll 1$. This slope is half-maximum, cancels, and attains its (negative) minimum for I_{cw} , respectively, equal to 0.135, 1/2, and 5/4.

Representative profiles of the (overall) gain $G(\Omega)$ and phase shift $\Phi(\Omega)$ are shown Figs. 4 and 5 for $\alpha \ell = 10$, with various intensities I_{in} chosen according to criteria analog to those used Figs. 2 and 3. The optical thickness retained



FIG. 4. Gain $G(\Omega)$ as a function of Ω in $1/T_1$ units for $T_2 = 2T_1$ and $\alpha \ell = 10$. The different curves are labeled by the corresponding value of the normalized intensity I_{in} .



FIG. 5. Same as Fig. 4 for the phase shift $\Phi(\Omega)$. The maximum and minimum phase shift are, respectively, $\alpha \ell/4 = 2.5$ rad at $\Omega = 1/T_2$ for $I_{\rm in} \ll 1$ and -0.56 rad at $\Omega = 1.68/T_1$ for $I_{\rm in} \approx 11.5$.

is of the order of that actually used in [2]. When $I_{in} \ll 1$, $G(\Omega) = \exp[-\frac{\alpha \ell}{2(1+\Omega^2 T_2^2)}]$, and $\Phi(\Omega) = \frac{\alpha \ell \Omega T_2}{2(1+\Omega^2 T_2^2)}$. Except for this fully linear case, Eqs. (11) and (12) show that $G(\Omega)$ and $\Phi(\Omega)$ are strongly affected by the depletion of the cw intensity in the medium, often not taken into account in the literature. This point is illustrated Fig. 6 where we give the profile $G(\Omega) = \exp[\ell g(\Omega)]$, which would be obtained by neglecting the cw depletion (i.e., by taking $I_{cw}(z) = I_{in}$ everywhere). The depletion obviously forces one to use larger incident cw intensities to obtain similar gain profiles and the maximum gain is smaller. The difference is more important when the optical thickness $\alpha \ell$ is very large. From Eqs. (6) and (14), we find that the maximum gain then tends to $\sqrt{\alpha \ell/2}$ whereas it equals $\exp[\alpha \ell/16]$ when the depletion is neglected. There are obviously similar effects on the phase shift $\Phi(\Omega)$.

The previous results take a very simple form in the limit case where T_2 is negligible compared to T_1 . The MB equations are then reduced to the rate equations [17] that provide a good description of the propagation of light in numbers of saturable



FIG. 6. Same as Fig. 4 when the depletion of the driving wave is not taken into account.

absorbers [31–36]. Putting $T_2 \approx 0$ in Eqs. (12) and (14), we get

$$f(z,\Omega) = -\frac{\alpha}{2(1+I_{\rm cw})} + \frac{\alpha I_{\rm cw}}{(1+I_{\rm cw})^2} \left(\frac{1}{1+i\frac{\Omega T_{\rm l}}{1+I_{\rm cw}}}\right), \quad (16)$$

$$H(\Omega) = \sqrt{\frac{I_{\text{out}}}{I_{\text{in}}}} \left(\frac{1 + I_{\text{in}} + i\,\Omega T_1}{1 + I_{\text{out}} + i\,\Omega T_1}\right).$$
(17)

Apart from the term $-\frac{\alpha}{2(1+I_{cw})}$ independent of Ω , the complex gain factor $f(z,\Omega)$ is identical to that of a Lorentzian gain line of half-width at half-maximum $(1 + I_{cw})/T_1$ with a gain coefficient on resonance $\alpha I_{cw}/(1 + I_{cw})^2$ for the amplitude. During the propagation in the medium, the *modulation index* is magnified whereas the phase of the modulation is delayed [35–38]. The magnification $K(\Omega)$ of the modulation index and the phase lag $L(\Omega) = -\Phi(\Omega)$ for both the amplitude and the intensity modulations are easily deduced from Eq. (17). We get

$$K(\Omega) = G(\Omega) \sqrt{\frac{I_{\rm in}}{I_{\rm out}}} = \sqrt{\frac{(1+I_{\rm in})^2 + \Omega^2 T_1^2}{(1+I_{\rm out})^2 + \Omega^2 T_1^2}}, \quad (18)$$

$$L(\Omega) = \tan^{-1} \left(\frac{\Omega T_1 (I_{\rm in} - I_{\rm out})}{(1 + I_{\rm in})(1 + I_{\rm out}) + \Omega^2 T_1^2} \right).$$
(19)

The phase lag, always positive for this "incoherent" case, attains its maximum $L_{\text{max}} = \tan^{-1}[(I_{\text{in}} I_{\text{out}}/2\sqrt{(1+I_{\text{in}})(1+I_{\text{out}})}$ for $\Omega T_1 = \sqrt{(1+I_{\text{in}})(1+I_{\text{out}})}$. We remark that $L_{\text{max}} < \pi/2$, the upper limit being approached when $I_{in} \gg 1$ and $I_{out} \ll 1$, that is, for $\alpha \ell \to \infty$. Consequently the time delay of the output modulation can never exceed a quarter of the modulation period $T = 2\pi/\Omega$ (about an eighth for $\alpha \ell = 10$). Since the work reported in [39], numerous slowlight experiments performed in saturable media have been analyzed by invoking hole burning via coherent population oscillations (CPO), resulting in a reduction of the group velocity. In fact, a more direct analysis is provided by the basic model of saturable absorber [33] and, as shown in detail in [36], the signals observed in most CPO experiments can be perfectly reproduced by means of Eqs. (18) and (19), eventually extended to take into account inhomogeneous effects.

IV. PULSE PROPAGATION

Strictly speaking, a harmonic modulation does not contain any information and a time-delay of T/8 as considered at the end of the previous section can also be seen as a time advance of 7T/8. Unambiguous demonstrations of fast or slow light require one to use pulses of finite duration and energy. An important parameter to characterize the propagation is then the transmission time of the center of mass of the pulse envelope. Following the use in signal theory [25], we define the center of mass of a signal y(t) of normalized area as $\int_{-\infty}^{\infty} ty(t)dt$. A direct application of the moment theorem [25] shows then that the transmission time of the center of mass of the pulse envelope is equal to the group delay $\tau_g = -\frac{d\Phi}{d\Omega}|_{\Omega=0}$, whatever the pulse distortion may be [5]. On the other hand $-\frac{d\varphi}{d\Omega}|_{\Omega=0}$ appears as the transmission delay or group delay per unit length, equal in our local time picture to $1/v_g - n_0/c \approx 1/v_g$, where v_g is the group velocity. We emphasize that, due to the cw depletion, v_g is not uniform. From Eq. (14), we get $\tau_g = \tau_1 + \tau_2$ with

$$\tau_1 = T_1 \left(\frac{1}{I_{\text{out}} + 1} - \frac{1}{I_{\text{in}} + 1} \right),$$
 (20)

$$\pi_2 = T_2 \left(\frac{1}{I_{\text{out}} + 1} - \frac{1}{I_{\text{in}} + 1} - \ln \sqrt{\frac{1 + 1/I_{\text{out}}}{1 + 1/I_{\text{in}}}} \right), \quad (21)$$

 τ_1 (τ_2), proportional to T_1 (T_2), may be considered as the contribution to the group delay of the incoherent (coherent) effects. We see that the incoherent or population effects always lead to a delay whereas the coherent ones mainly lead to a much larger time advance (Fig. 7), at least when T_2 is comparable to T_1 (the coherent effects obviously disappear in a saturable absorber where $T_2 \approx 0$).

Before commenting further on Eqs. (20) and (21), consider the simpler results obtained when the depletion of the driving wave is neglected ($I_{cw} = I_{in}$ everywhere). From Eq. (12), we then get

$$\tau_1 = T_1 \frac{\alpha \ell I_{\rm in}}{\left(1 + I_{\rm in}\right)^3},\tag{22}$$

$$\tau_2 = -T_2 \frac{\alpha \ell \left(1 - I_{\rm in}\right)}{2 \left(1 + I_{\rm in}\right)^3},\tag{23}$$

 τ_1/T_1 , negligible for $I_{in} \ll 1$, is maximum for $I_{in} = 1/2$ whereas τ_2/T_2 starts from the large negative value $-\alpha \ell/2$ before attaining a small positive maximum for $I_{in} = 2$. The total group delay cancels for $I_{in} = T_2/(T_2 + 2T_1)$ and is maximum for $I_{in} = (2T_2 + T_1)/(T_2 + 2T_1)$, that is, respectively, for $I_{in} = 1/2$ and $I_{in} = 5/4$ when the relaxation is purely radiative (see Fig. 3). As expected, taking into account the depletion of the cw intensity does not modify the delays for $I_{in} \ll 1$, but shifts the curves $\tau_1(I_{in})$ and $\tau_2(I_{in})$ to larger I_{in} , dramatically spreads them, and reduces the amplitude of their maximum (Fig. 7). Equation (20) shows that τ_1 cannot overtake T_1 , this value being approached when $I_{in} \gg 1$ and $I_{out} \ll 1$, that is, for $\alpha \ell$ extremely large [35]. An estimate of the maximum of τ_1 for large but realistic values of $\alpha \ell$ can be



FIG. 7. Normalized coherent and incoherent contributions to the group delay as a function of the incident driving intensity $I_{\rm in}$, depending whether the cw depletion ($\alpha \ell = 10$) is taken into account or not.

obtained by anticipating that it is attained for $I_{\text{out}} \ll 1$. From Eq. (6) we get then $I_{\text{out}} \approx I_{\text{in}} \exp(I_{\text{in}} - \alpha \ell)$ and

$$\tau_1 \approx T_1 \left(\frac{1}{I_{\rm in} \exp{(I_{\rm in} - \alpha \ell)} + 1} - \frac{1}{I_{\rm in} + 1} \right).$$
(24)

The maximum is obtained for $(I_{\rm in} + 1)^3 \approx \exp(\alpha \ell - I_{\rm in})$. For $\alpha \ell = 10$ (Fig. 7), we find $I_{\rm in} \approx 4.8$ and, putting this value in Eq. (24), we get $\max(\tau_1/T_1) \approx 0.80$, in perfect agreement with the exact result. By the same method we find $\max(\tau_1/T_1) \approx 0.995$ for $\alpha \ell = 200$. An upper bound to the total group delay can be obtained by using the method of the Lagrange multipliers, perfectly adapted to the search of a maximum under constraint, here fixed by Eq. (6). Following the procedure exactly as exposed in the original work of Lagrange [40], we find an extra relation between $I_{\rm in}$ and $I_{\rm out}$ at the maximum of τ_g , namely

$$\frac{I_{\rm in}}{I_{\rm out}} = \left(\frac{I_{\rm in}+1}{I_{\rm out}+1}\right)^3 \left[\frac{2T_1 + T_2\left(1 - 1/I_{\rm out}\right)}{2T_1 + T_2\left(1 - 1/I_{\rm in}\right)}\right]$$
(25)

A numerical exploration shows that the upper bound to the group delay is attained when I_{in} is extremely large whereas I_{out} keeps finite. Equation (25) takes then the form

$$(1 + I_{\text{out}})^3 \approx I_{\text{in}}^2 \left[I_{\text{out}} - T_2 / (2T_1 + T_2) \right],$$
 (26)

which can be verified if and only if $I_{out} \approx T_2/(2T_1 + T_2)$. Injecting this result in the general expression of τ_g , we finally find

S

$$\sup[\max(\tau_g)] = T_1 + \frac{T_2}{2} - T_2 \ln \sqrt{2\left(1 + \frac{T_1}{T_2}\right)}.$$
 (27)

When $T_2 \approx 0$ (saturable absorber), we obviously retrieve the upper bound T_1 for τ_g whereas this upper bound is $(2 - \ln 3) T_1 \approx 0.90T_1$ when the relaxation is purely radiative $(T_2 = 2T_1)$. For the latter case max (τ_g/T_1) is only 0.68 for $\alpha \ell = 10$, significantly below its upper limit, and raises to 0.89 for $\alpha \ell = 200$.



FIG. 8. Normalized pulse envelopes obtained for $\alpha \ell = 10$ and $T_2 = 2T_1$, when the group *advance* $-\tau_g$ is maximum (solid line) and half-maximum (dashed line). τ_p is chosen such that the fractional advance of the pulse maximum $-\tau_m/\tau_p$ is significant whereas the distortion remains moderate $(\tau_p/T_1 = 12.5)$. For the first case, $\tau_m/\tau_g = 0.88$ and $-\tau_m/\tau_p = 0.71$. For the second case $\tau_m/\tau_g = 0.91$ and $-\tau_m/\tau_p = 0.37$. The envelope of the incident pulse is given for reference (dotted line).



FIG. 9. Same as Fig. 8 when the pulse durations are those maximizing the fractional advance $-\tau_m/\tau_p$. For the solid line $\tau_p/T_1 = 4.1$, $\tau_m/\tau_g = 0.44$, and $-\tau_m/\tau_p = 1.1$. For the dashed line $\tau_p/T_1 = 2.8$, $\tau_m/\tau_g = 0.38$, and $-\tau_m/\tau_p = 0.68$.

As previously mentioned, the group delay τ_g is the transmission delay of the pulse center of mass, as large as the pulse distortion may be. On the other hand, the envelope $\delta E_{out}(t)$ of the transmitted pulse is simply the inverse Fourier transform of $H(\Omega)\Delta E_{\rm in}(\Omega)$. When the duration τ_p of the incident pulse is long enough, $\Delta E_{in}(\Omega)$ is concentrated around $\Omega = 0$ where $H(\Omega) \approx \sqrt{I_{in}/I_{out}} \exp(-i\Omega\tau_g)$. We then get $\delta E_{out}(t) =$ $\sqrt{I_{\rm in}/I_{\rm out}}\delta E_{\rm in}(t-\tau_g)$. The whole envelope is multiplied by $\sqrt{I_{\rm in}/I_{\rm out}}$ and time shifted by τ_g , without any distortion. Strictly speaking, this solution is only valid for a very long pulse and is not really interesting insofar as the time delay is then negligible compared to the pulse duration. For finite τ_p , there is always some pulse distortion whose importance depends, in particular, on the transmission dynamics (as defined in the Introduction). If, as usual, the incident pulse is bell shaped and symmetric with a maximum at t = 0, the envelope of the transmitted pulse will be dissymmetric with a maximum at a time τ_m such that $\tau_m/\tau_g < 1$, its center of mass keeping exactly at the time τ_g no matter the pulse duration. The challenge in the slow or fast light experiments is to obtain a fractional delay or advance $|\tau_m|/\tau_p$ as large as possible,



FIG. 10. Normalized pulse envelopes obtained for $\alpha \ell = 10$ and $T_2 = 2T_1$, when the group *delay* τ_g is maximum. For the solid line $\tau_p/T_1 = 2.27$, $\tau_m/\tau_g = 0.77$, and $\tau_m/\tau_p = 0.23$. For the dashed line $\tau_p/T_1 = 1.44$, $\tau_m/\tau_g = 0.56$, and $\tau_m/\tau_p = 0.27$. The envelope of the incident pulse is given for reference (dotted line).



FIG. 11. Same as Fig. 10 when $T_2 \approx 0$ (saturable absorber). For the solid line $\tau_p/T_1 = 2.0$, $\tau_m/\tau_g = 0.79$, and $\tau_m/\tau_p = 0.32$. For the dashed line $\tau_p/T_1 = 0.44$, $\tau_m/\tau_g = 0.31$, and $\tau_m/\tau_p = 0.57$.

with moderate distortion. τ_m and τ_g are then comparable. The following figures are obtained by using standard techniques of fast Fourier transform. The incident pulse is Gaussian and τ_p is its half-duration at half-maximum.

Figures 8, 9, and 10 show typical shapes of the transmitted pulse for $T_2 = 2T_1$ (radiative relaxation) and $\alpha \ell = 10$.

Figures 8 and 9 are obtained for $I_{in} = 0.001$ and $I_{in} = 1.9$ leading, respectively, to a group *advance* $-\tau_g$ nearly equals to its maximum $\alpha \ell T_2/2$ and the half of this value. The corresponding transmission dynamics are, respectively, 43 and 26 dB. In Fig. 8, τ_p has been chosen in order that the fractional advance $-\tau_m/\tau_p$ is significant (respectively, 0.71 and 0.37) and the distortion keeps moderate (τ_m/τ_g , respectively, equals 0.88 and 0.91). When the pulse duration is shortened, the fractional advance increases, but not as much as one could expect (respectively, up to 1.1 and 0.68) and this is paid by a dramatic distortion of the transmitted pulse (Fig. 9).

Figure 10 is obtained for $I_{in} \approx 8.0$, leading to the largest normalized group *delay* ($\tau_g/T_1 \approx 0.68$). The corresponding transmission dynamics are small (7 dB). This explains, in part, that even when the pulse duration is optimized (dashed line), the fractional delay τ_m/τ_p does not exceed 0.27. Another reason is that the coherent relaxation negatively contributes to the group delay (see Fig. 7).

For a saturable absorber $(T_2 \approx 0)$ of the same optical thickness $\alpha \ell$, the maximal group delay, now attained for $I_{in} \approx 4.8$, is upgraded to $0.80T_1$ (see Fig. 7) whereas the transmission dynamics attains 15 dB. Figure 11 shows the pulse envelopes obtained for two different pulse durations. As expected, the maximum fractional delay, obtained for $\tau_p \approx 0.44T_1$ (dashed line), is significantly larger than for the case of radiative relaxation (more than two times larger). We, however, remark that the corresponding fall of the pulse is considerably lengthened. An extensive study of the pulse distortion in this particular system can be found in [35].

V. CONCLUSION

In their letter that appeared in 1982 and was soberly entitled "Linear Pulse Propagation in an Absorbing Medium," Chu and Wong [1] paved the way for the now-called fast-light experiments. We have examined in the present article how the propagation is modified when the absorbing medium is driven by a cw. Modeling the absorbing medium as an ensemble of two-level atoms, we have more specifically considered the case where both pulses and cw are on exact resonance, a condition simply realized by pulse modulating the cw amplitude, with a low modulation index. This particular arrangement eliminates the pulse distortion associated with the first-order variations of the absorption and of the group delay versus frequency. The basic result of our paper is the exact analytical expression of the transfer function relating the Fourier transforms of the incident and transmitted modulations for arbitrary values of the coherent and incoherent relaxation times [Eq. (14)]. It shows the importance of the effects resulting from the depletion of the cw intensity along the propagation. When the modulation is only harmonic (as in numerous experiments), it directly gives the gain and the phase shift undergone by the modulation. They significantly depart from those obtained with a unique probe field (single sideband modulation). When the modulation is actually pulsed, the transmission delay of

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the pulse center of mass, identified to the group delay, is deduced from the transfer function by a simple calculation of derivative. A remarkable point is that the group delay is the sum of two terms, respectively, proportional to the coherent and incoherent relaxation times. These two terms being mainly of opposite sign and depending differently on the cw intensity, this explains why the transmission delay, strongly negative when the cw intensity is low, may become (slightly) positive when the latter increases. Finally, the numerical determination of the pulse shapes confirms a general property of the fast-light and slow-light systems, namely that significant advances or delays with moderate distortion can only be obtained in media with a large transmission dynamics. Though our study is only theoretical, it is illustrated for a realistic value of the optical thickness, comparable to that actually used in the microwave experiment reported in [2]. In the optical domain, suitable optical thickness and time scale could probably be obtained by using an ensemble of cold atoms. We expect that our theoretical work will stimulate such an experiment.

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