## Manufacturing time operators: Covariance, selection criteria, and examples

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We provide the most general forms of covariant and normalized time operators and their probability densities, with applications to quantum clocks, the time of arrival, and Lyapunov quantum operators. Examples are discussed of the profusion of possible operators and their physical meaning. Criteria to define unique, optimal operators for specific cases are given.

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## I. INTRODUCTION

Quantum theory provides, for a given state preparation, expectation values and distributions for a number of observables whose operators have been identified by a combination of heuristic arguments (e.g., quantization rules) and consistency arguments. Their relevance and validity is eventually put to the test or motivated by experiments. Time observables, i.e., random variables such as the arrival times of particles at a detector for a given state preparation, have been more problematic than other observables such as "energy," "momentum," or "position" evaluated at a fixed instant. In fact, almost a century after the creation of the basic quantum formalism, the theoretical framework to deal with time observables, which have a relatively straightforward operational definition in the laboratory, is still being debated. Reviews of several aspects of the difficulties and efforts to formalize time in quantum mechanics may be found in two recent books [1,2]. Some of these difficulties may be traced back to the lack of a general framework to generate and define "time operators." An important point, frequently overlooked, is that for a given system, there is no single time operator. There are infinitely many time operators corresponding to different observables and apparatus. "Canonical time operators" have been defined [3,4], but, as we shall stress, the definition of "canonical" is basis dependent, even without energy degeneracy. Thus, further analysis is necessary to set ideal operators and possibly uniqueness in some cases by imposing the physical conditions to be satisfied (e.g., symmetries) or optimal properties, such as a minimal variance.

Time operators can be classified into two main groups on physical grounds, depending on their association with time durations or time instants. An example of a duration is the dwell time of a particle in a region of space. The corresponding operator commutes with the Hamiltonian since the duration of a future process does not depend on the instant that we choose to predict it [5]. Instead, the other group of time observables are shifted by the same amount as the preparation time, either forward (clocks) [6] or backward (event times recorded with a stopwatch, the simplest case being the time of arrival), and are conjugate to the Hamiltonian. We shall set here a framework for these "covariant" observables [3] associated with instants and analyze their multiplicity and physical properties. Applications are discussed for quantum clocks and the time of arrival. The relation to Lyapunov operators is also spelled out.

The plan of the paper is as follows. After introducing the main concepts and notation in Sec. II, in Sec. III the most general form of a covariant time operator is determined for a Hamiltonian with only continuous, possibly degenerate, eigenvalues. In Sec. IV it is shown that for a time-reversal invariant Hamiltonian, one arrives at a unique and natural form of time operator by imposing time-reversal covariance, invariance under additional symmetries, and minimality of the variance. In Sec. V the results are applied to arrival times for a particle moving on a half-line, and a connection with the delay time of Smith [7] is established. In Sec. VI the results are applied to Lyapunov operators which were considered in Ref. [8]. It is shown that the expression given there is a special case, and the general form as well as possible uniqueness conditions are presented. In particular it is shown that for a time-reversal invariant Hamiltonian, there is no time-reversal invariant Lyapunov operator. This is of interest because it has been argued that in order to characterize a quantum system as irreversible and an arrow of time if the Hamiltonian is time-reversal invariant and if one uses a formulation in terms of Lyapunov operators, a Lyapunov operator or functional should be time-reversal invariant [9].

#### **II. COVARIANCE OF TIME OPERATORS AND NOTATION**

We differentiate between clock time operators and event time operators. The former, denoted by  $\hat{T}$ , can be associated with a quantum clock which measures the progressing parametric time, while the latter, denoted by  $\hat{T}^A$ , describe the time of an event, for example, the instant of time a particle is found to arrive at a particular position. This and the following two sections are mostly devoted to clock observables, although the formal results are analogous for event times. In an ordinary clock, the dial position is the observable which tells us what time it is. In a quantum clock, the dial "position" is probabilistic, but its average should follow faithfully the advancement of parametric time. We would like as well to minimize the variance and estimate the time as accurately as possible with a finite number of measurements. We will investigate here not specific operational realizations, for which see a review in [6], but instead idealized operators and their properties.

### A. Clock time operators

For a given state  $|\psi\rangle$ , let the probability of finding the measured time in the interval  $(-\infty, \tau)$  be given by the expectation

with  $|\psi\rangle$  of an operator  $\hat{F}_{\tau}$ . Note that  $0 \leq \hat{F}_{\tau} \leq 1$ , so that  $\hat{F}_{\tau}$  is self-adjoint and bounded. [For a momentum measurement, the analogous operator would be  $\int_{-\infty}^{p} dp' |p'\rangle \langle p'|$  for finding the momentum in  $(-\infty, p)$ . However,  $\hat{F}_{\tau}$  can have a more general form, and in general one deals with a positive-operator valued measure.] Then

$$\Pi(\tau;\psi) \equiv \frac{d}{d\tau} \langle \psi | \hat{F}_{\tau} | \psi \rangle \tag{1}$$

is the corresponding temporal probability density, normalized as  $\int d\tau \Pi(\tau; \psi) = 1$ . We define the probability density operator  $\hat{\Pi}_{\tau}$  by

$$\hat{\Pi}_{\tau} \equiv \frac{d}{d\tau} \hat{F}_{\tau}, \qquad (2)$$

normalized as

$$\int_{-\infty}^{\infty} d\tau \,\hat{\Pi}_{\tau} = \mathbb{1}.$$
(3)

The mean value of observed time can be written as

$$\int_{-\infty}^{\infty} d\tau \,\tau \,\Pi(\tau;\psi) = \langle \psi | \int_{-\infty}^{\infty} d\tau \,\tau \,\hat{\Pi}_{\tau} |\psi\rangle \equiv \langle \psi | \hat{T} |\psi\rangle, \quad (4)$$

where

$$\hat{T} \equiv \int_{-\infty}^{\infty} d\tau \,\tau \,\hat{\Pi}_{\tau} \tag{5}$$

is called the time operator associated with  $\hat{\Pi}_{\tau}$ . The second moment, if it exists, is given by

$$\int d\tau \, \tau^2 \Pi(\tau; \psi) = \langle \psi | \int d\tau \, \tau^2 \hat{\Pi}_\tau | \psi \rangle \tag{6}$$

and similarly for higher moments. It may happen that this is not equal to  $\langle \psi | \hat{T}^2 | \psi \rangle$ .

A clock time operator is called covariant with respect to ordinary (parametric) time if for the states  $|\psi\rangle \equiv |\psi_0\rangle$  and  $|\psi_t\rangle$  the probabilities of finding the measured time in the respective intervals  $(-\infty, \tau)$  and  $(-\infty, \tau + t)$  coincide, i.e., if

$$\langle \psi_0 | \hat{F}_\tau | \psi_0 \rangle = \langle \psi_t | \hat{F}_{\tau+t} | \psi_t \rangle.$$
(7)

This implies, choosing  $t = -\tau$ ,

$$\hat{F}_{\tau} = e^{-i\hat{H}\tau/\hbar}\hat{F}_0 e^{i\hat{H}\tau/\hbar},\tag{8}$$

$$\hat{\Pi}_0 = \frac{-\iota}{\hbar} [\hat{H}, \hat{F}_0], \qquad (9)$$

$$\hat{\Pi}_{\tau} = e^{-i\hat{H}\tau/\hbar} \hat{\Pi}_0 e^{i\hat{H}\tau/\hbar}.$$
(10)

Note that  $\langle \psi | \hat{\Pi}_{\tau} | \psi \rangle$  is non-negative because  $\langle \psi | \hat{F}_{\tau} | \psi \rangle$  is nondecreasing. By a change of variable in Eq. (5), one obtains

$$e^{i\hat{H}t/\hbar}\hat{T}e^{-i\hat{H}t/\hbar} = \hat{T} + t.$$
(11)

From this it follows by differentiation that  $\hat{H}$  and  $\hat{T}$  satisfy the canonical commutation relation

$$[\hat{T},\hat{H}] = i\hbar, \tag{12}$$

when sandwiched between (normalizable) vectors from the domain of  $\hat{H}$ .

Note that  $\hat{\Pi}_0$  and  $\hat{\Pi}_{\tau}$  are in general not operators on the Hilbert space but only bilinear forms evaluated between normalizable vectors from the domain of  $\hat{H}$ . An expression like  $\langle E|\hat{\Pi}_0|E'\rangle$  has to be understood as a distribution. Since the diagonal E = E' has measure 0, it is no contradiction that Eq. (9) gives 0 on the diagonal while the following example gives  $(2\pi\hbar)^{-1}$ .

*Example*: For a Hamiltonian  $\hat{H}$  with nondegenerate continuous eigenvalues E and eigenvectors  $|E\rangle$  with  $\langle E|E'\rangle = \delta(E - E')$ , we put

$$\langle E|\hat{\Pi}_0|E'\rangle \equiv \frac{1}{2\pi\hbar},\tag{13}$$

so that in this case,

$$\hat{\Pi}_0 = \frac{1}{2\pi\hbar} \int dE dE' |E\rangle \langle E'|, \qquad (14)$$

$$\hat{\Pi}_{\tau} = \frac{1}{2\pi\hbar} \int dE dE' e^{-i(E-E')\tau/\hbar} |E\rangle\langle E'|.$$
(15)

The normalization condition in Eq. (3) is easily checked. The corresponding clock time operator  $-i\hbar\partial_E$  which results from Eq. (5), has been considered the "canonical time operator in the energy representation" [3,4,10], but note that  $|E\rangle$  is unique only up to a phase [3,11,12], and taking  $|E\rangle_{\varphi} \equiv e^{i\varphi(E)}|E\rangle$  instead of  $|E\rangle$  leads, for different  $\varphi$ , to multiple "energy representations," even for a system without any degeneracy. In the new basis, the "canonical operator" will be shifted by

$$\hbar \int dE \varphi'(E) |E\rangle \langle E|. \tag{16}$$

Moreover, the mean-square deviation  $\Delta T^2$  for a given state depends on  $\varphi(E)$  in such a way that there is no choice of  $\varphi(E)$  which would make  $\Delta T$  minimal for *all* states, as shown in the Appendix. Therefore, in this case, a minimality condition imposed on  $\Delta T$  cannot be fulfilled and does not lead to a unique natural choice of time operator without further additional restrictions. There must be additional physical criteria to choose, and in fact several of them may be physically significant. This will be exemplified below, see Sec. V.

## **B.** Arrival time operators

Time-of-event and in particular time-of-arrival operators and probability densities are similar to clock operators (for reviews of this concept, see [13,14]). Physically, we expect that a free particle in one dimension will arrive with certainty at a given detection point (including negative times and ignoring the case of zero momentum which is of measure zero for an arbitrary physical wave packet). Similarly a free particle in three dimensions will arrive at an infinitely extended plane. Also, a particle on a half-line with reflecting boundary conditions and without additional potential is expected to arrive once at the boundary and, at least on classical grounds, twice at any other point. In the latter case, it is meaningful to consider the first arrival at a given point, because this should be in principle observable. In all these cases, the total arrival probability and first arrival probability, respectively, are 1. The corresponding arrival time operators are denoted by  $\hat{T}^A$  and  $\hat{\Pi}^A_t$ , respectively, and when compared with clock operators, their formal properties are identical up to a change

of sign, e.g., in the conjugacy relations or the formulation of covariance [15]. This means that in contrast to clock times, if the particle's state is shifted in time by  $t_0$ , it should arrive a time  $t_0$  earlier, and the temporal probability density should be shifted by  $t_0$  to earlier times. These are, in other words, waiting times until an event occurs, which depend on the time when we set the stopwatch to zero, and decrease if we reset it at a later instant. Thus the analog of the cumulative probability operator in Eq. (7) must now satisfy

$$\langle \psi_0 | \hat{F}^A_{\tau} | \psi_0 \rangle = \langle \psi_t | \hat{F}^A_{\tau-t} | \psi_t \rangle$$

$$\hat{F}^A_{\tau} = e^{i \hat{H} \tau / \hbar} \hat{F}^A_0 e^{-i \hat{H} \tau / \hbar}.$$

$$(17)$$

With  $\hat{\Pi}_t^A \equiv d\hat{F}_t^A/dt$  and  $\hat{\Pi}_0^A = \frac{i}{\hbar}[\hat{H}, \hat{F}_0^A]$ , we have

$$\hat{T}^A = \int dt \, t \, e^{i \hat{H} t/\hbar} \hat{\Pi}_0^A e^{-i \hat{H} t/\hbar}, \qquad (18)$$

$$\hat{\Pi}_t^A = e^{i\hat{H}t/\hbar} \hat{\Pi}_0^A e^{-i\hat{H}t/\hbar}, \qquad (19)$$

$$\left\langle \psi_{t_0} | \hat{T}^A | \psi_{t_0} \right\rangle = \left\langle \psi_0 | \hat{T}^A | \psi_0 \right\rangle - t_0, \tag{20}$$

$$\langle \psi_{t_0} | \hat{\Pi}_t^A | \psi_{t_0} \rangle = \langle \psi_0 | \hat{\Pi}_{t+t_0}^A | \psi_0 \rangle.$$

In addition, the operator should incorporate the location where the arrivals are observed. For free particles coming in from one side and arrivals at a plane, this was achieved in Ref. [16] by postulating invariance of the probability density under a combination of space reflection and time reversal. It is evident that these properties still do not specify the operator uniquely. For physical reasons, one will also demand for an optimal arrival-time observable that the arrival-time probability density has minimal variance, analogous to the postulate in Ref. [16] for free particles in three-dimensional space. This means that no other arrival-time observable can be measured more precisely.

## **III. GENERAL FORM OF COVARIANT TIME OPERATORS**

We begin with covariant clock time operators associated with a given Hamiltonian *H*. For simplicity, we first consider the case when  $\hat{H}$  has only nondegenerate continuous eigenvalues *E*, with generalized eigenvector  $|E\rangle$  and normalization

$$\langle E|E'\rangle = \delta(E-E').$$

We will determine the most general form of  $\hat{\Pi}_0$  which, through Eqs. (1)–(10), leads to a covariant probability density operator and corresponding time operator.

The simple example in Eq. (14) can be generalized to

$$\hat{\Pi}_0 = \frac{1}{2\pi\hbar} \int dE \, dE' b(E) |E\rangle \langle E'| \overline{b(E')},$$

where the bar denotes complex conjugation, and, more generally, it will be shown that

$$\hat{\Pi}_0 = \frac{1}{2\pi\hbar} \sum_i \int dE dE' b_i(E) |E\rangle \langle E'| \overline{b_i(E')}, \qquad (21)$$

$$\hat{T} = \frac{1}{2\pi\hbar} \sum_{i} \int dt \, t \int dE \, dE' e^{-i(E-E')t/\hbar} \\ \times b_i(E) |E\rangle \langle E'| \overline{b_i(E')}$$
(22)

are the most general forms of  $\hat{\Pi}_0$  and  $\hat{T}$ , where the functions  $b_i(E)$  have to satisfy certain properties in order that the total probability is 1 and that the second moment in Eq. (6) is finite. Indeed, for given state  $|\psi\rangle$ , the total temporal probability is, with  $\psi(E) \equiv \langle E | \psi \rangle$ ,

$$\int_{-\infty}^{+\infty} dt \langle \psi | e^{-i\hat{H}t/\hbar} \hat{\Pi}_0 e^{i\hat{H}t/\hbar} | \psi \rangle$$
  
=  $\sum_i \int \frac{dt}{2\pi\hbar} \left| \int dE e^{-iEt/\hbar} \overline{\psi(E)} b_i(E) \right|^2$   
=  $\sum_i \int dE dE' \delta(E - E') \overline{\psi(E)} b_i(E) \overline{b_i(E')} \psi(E')$   
=  $\sum_i \int dE \overline{\psi(E)} \sum_i b_i(E) \overline{b_i(E)} \psi(E).$  (23)

This equals 1 for every state  $|\psi\rangle$  if and only if

$$\sum_{i} b_i(E)\overline{b_i(E)} = 1.$$
 (24)

Similarly,

$$\langle \psi | \hat{T} | \psi \rangle = i\hbar \int dE \bar{\psi}(E) \psi'(E)$$
  
+  $i\hbar \int dE |\psi(E)|^2 \sum b_i(E) \overline{b'_i(E)}.$  (25)

Note that  $\sum b_i \bar{b'_i}$  is purely imaginary, from Eq. (24), and thus vanishes if  $b_i$  is real.

The second moment is

$$\int dt t^{2} \langle \psi | e^{-i\hat{H}t/\hbar} \hat{\Pi}_{0} e^{i\hat{H}t/\hbar} | \psi \rangle$$

$$= \hbar \sum_{i} \int \frac{dt}{2\pi} \left| \int dE \partial_{E} e^{-iEt/\hbar} \overline{\psi(E)} b_{i}(E) \right|^{2}$$

$$= \hbar^{2} \sum_{i} \int dE \partial_{E} (\overline{\psi(E)} b_{i}(E)) \partial_{E} (\overline{b_{i}(E)} \psi(E))$$

$$= \hbar^{2} \int dE \left\{ |\psi'(E)|^{2} + \sum_{i} |b_{i}'(E)|^{2} |\psi(E)|^{2} + 2\operatorname{Re} \sum_{i} \overline{b_{i}(E)} b_{i}'(E) \overline{\psi(E)} \psi'(E) \right\}$$
(26)

by Eq. (24). This is finite if and only if the contributions from the first and second terms are finite; and for the latter to hold for all infinitely differentiable functions  $\psi(E)$  vanishing outside a finite interval (i.e., with compact support in *E*), one must have

$$\sum_{i} |b'_{i}(E)|^{2} \text{ integrable over any finite interval.}$$
(27)

Equation (21) gives the most general form of  $\hat{\Pi}_0$  leading to a covariant time operator when the functions  $b_i$  satisfy Eqs. (24), and the second moment is finite for states with  $\langle E|\psi\rangle$  of compact support if and only if Eq. (27) holds.

For a given  $\hat{\Pi}_0$ , one can construct the functions  $b_i$  as follows. One chooses a maximal set  $\{|g_i\rangle\}$  of vectors satisfying

$$\langle g_i | \hat{\Pi}_0 | g_j \rangle = \delta_{ij} / 2\pi\hbar. \tag{28}$$

Such a maximal set is easily constructed by the standard Schmidt orthogonalization procedure. Then a possible set  $\{b_i\}$  is given by

$$b_i(E) = 2\pi\hbar \langle E | \hat{\Pi}_0 | g_i \rangle. \tag{29}$$

Equation (21) is then a realization of the given  $\hat{\Pi}_0$ . Mathematical details, in particular regularity properties, will be presented elsewhere [17]. It should be noted that the functions  $b_i$  in the decomposition of  $\hat{\Pi}_0$  in Eq. (21) are not unique.

For the case of degenerate eigenvalues of  $\hat{H}$ , we first consider the case where the degeneracy is indexed by a discrete number and such that

$$\langle E, \alpha | E', \alpha' \rangle = \delta_{\alpha \alpha'} \delta(E - E'). \tag{30}$$

For simplicity we assume the same degeneracy for each E. Then Eqs. (21)–(27) generalize as

$$\hat{\Pi}_{0} = \frac{1}{2\pi\hbar} \sum_{i} \int dE \, dE' \\ \times \sum_{\alpha\alpha'} b_{i}(E,\alpha) |E,\alpha\rangle \langle E',\alpha'| \overline{b_{i}(E',\alpha')}, \qquad (31)$$

$$\sum_{i} b_i(E,\alpha) \overline{b_i(E,\alpha')} = \delta_{\alpha\alpha'}, \qquad (32)$$

second moment = 
$$\hbar^2 \int dE \left| \partial_E \sum_{\alpha} \overline{b_i(E,\alpha)} \psi(E,\alpha) \right|^2$$
, (33)

$$\sum_{i} |b'_{i}(E,\alpha)|^{2} \text{ integrable over any finite interval}$$
(34)

for each  $\alpha$ , where  $\psi(E,\alpha) \equiv \langle E,\alpha | \psi \rangle$  and  $b_i(E,\alpha) = 2\pi\hbar \langle E,\alpha | \hat{\Pi}_0 | g_i \rangle$ . Again Eq. (31) gives the most general form of  $\hat{\Pi}_0$  leading to a covariant time operator through Eqs. (1)–(10). The case of the continuous degeneracy parameter can be reduced to the discrete case.

These results carry over in a corresponding way to arrival times with normalized probability densities.

# IV. UNIQUENESS OF TIME OPERATOR: TIME REVERSAL, SYMMETRIES, AND MINIMAL VARIANCE

As seen in the previous section, there are many covariant clock time operators. For uniqueness, additional, physically motivated conditions are needed. Requiring minimal variance by itself does not make  $\hat{T}$  unique, not even in the case of a nondegenerate spectrum of  $\hat{H}$ , since in general it may not be possible to fulfill this requirement simultaneously for all states with second moment unless, in addition, one restricts the set of functions  $b_i$  by symmetry requirements, as we shall now discuss.

The time-reversal operator, here denoted by  $\hat{\Theta}$ , is an antiunitary operator (in coordinate representation  $\hat{\Theta}c|x\rangle = \overline{c}|x\rangle$  for any *c*). If the dynamics is time-reversal invariant, it is natural to demand that

$$\hat{\Theta}\hat{T}\hat{\Theta} = -\hat{T}, \qquad (35)$$

and similarly for the probability density. By Eq. (9) this implies

$$\hat{\Theta}\hat{\Pi}_0\hat{\Theta} = \hat{\Pi}_0. \tag{36}$$

It will now be shown for the nondegenerate eigenvalue case that time-reversal invariance of the Hamiltonian  $\hat{H}$  and of  $\hat{\Pi}_0$ , and minimal  $\Delta T$  together imply uniqueness of  $\hat{T}$  and  $\hat{\Pi}_t$ . For each eigenvalue E of  $\hat{H}$  one can choose a  $\hat{\Theta}$  invariant eigenvector, denoted by  $|E_{\Theta}\rangle$ ,

$$\hat{\Theta}|E_{\Theta}\rangle = |E_{\Theta}\rangle. \tag{37}$$

This means a specific choice of phase factor and a real function in position space. Equation (36) implies  $\hat{\Pi}_0 = 1/2(\hat{\Pi}_0 + \hat{\Theta}\hat{\Pi}_0\hat{\Theta})$ , and the general form of  $\hat{\Pi}_0$  in Eq. (21) then implies that  $b_i(E)$  can be chosen real. Then, from Eqs. (25) and (26), one finds

$$\langle \psi | \hat{T} | \psi \rangle = \int dE \overline{\psi(E)} \frac{\hbar}{i} \psi'(E), \qquad (38)$$

second moment =  $\hbar^2 \int dE |\psi'(E)|^2$ 

$$+\hbar^2 \sum_{i} \int dE |\psi|^2 |b'_i(E)|^2. \quad (39)$$

Hence  $\Delta T$  minimal means in this case that the second moment is minimal, and the latter holds if and only if  $b'_i(E) \equiv 0$ , i.e.,

$$b_i(E) \equiv c_i, \quad \sum c_i^2 = 1,$$

by Eq. (24). Inserting this into Eq. (21) one sees that the functions  $b_i$  can be replaced by the single function  $b(E) \equiv 1$ . Thus one obtains

$$\hat{\Pi}_{0} = \frac{1}{2\pi\hbar} \int dE \, dE' |E_{\Theta}\rangle \langle E'_{\Theta}|,$$

$$\hat{\Pi}_{t} = \frac{1}{2\pi\hbar} \int dE \, dE' \, e^{-i(E-E')t/\hbar} |E_{\Theta}\rangle \langle E'_{\Theta}|, \qquad (40)$$

$$\hat{T} = \int dt \, \hat{\Pi}_{t},$$

with time reflection invariant  $|E_{\Theta}\rangle$ . The (nonorthogonal) eigenfunctions  $|\tau\rangle$  of  $\hat{T}$  with eigenvalue  $\tau$  are given by

$$|\tau\rangle = \frac{1}{\sqrt{2\pi\hbar}} \int_0^\infty dE e^{-iE\tau/\hbar} |E_\Theta\rangle, \tag{41}$$

and  $\hat{T}$  can be written as

$$\hat{T} = \int_{-\infty}^{\infty} d\tau \,\tau |\tau\rangle \langle\tau|. \tag{42}$$

Therefore uniqueness holds in the nondegenerate case if timereversal invariance and minimal  $\Delta T$  are demanded.

In the degenerate eigenvalue case, this is no longer true and one needs additional conditions to obtain uniqueness, as discussed elsewhere [17]. Here we simply state some results. With a reflection invariant potential in one dimension, the clock time operator becomes unique and can be explicitly determined if, in addition to covariance under time reversal and minimal variance, one also demands invariance under space reflection. With a rotation invariant potential in three dimensions, the time operator becomes unique and can be explicitly determined if, in addition to covariance under time reversal and minimal variance, one also demands invariance under rotations and reflection  $x_1 \rightarrow -x_1$ . Analogous results hold for normalized arrival time operators. In particular, a generalization of the result of Ref. [16] is obtained [17].

#### V. APPLICATION TO ARRIVAL TIMES

Evidently the techniques of the previous sections can be applied in a completely analogous way to the study of arrival time operators. To illustrate this, we consider in the following the motion of a particle on the half-line  $x \ge 0$ , without additional potential, and study its arrival times at the origin and at an arbitrary point.

In the classical case, an incoming free particle of energy E is reflected at the origin and then travels back to infinity. Hence, for each point  $a \neq 0$ , there is a first and second time of arrival which we denote by  $t_1^a$  and  $t_2^a$ . For the time-reversed trajectory, the first arrival at a is at time  $t_{\theta,1}^a = -t_2^a$  and the second arrival at time  $t_{\theta,2}^a = -t_1^a$ , as is easily calculated. For the origin, a = 0, there is only one arrival and

$$t^0_\theta = -t^0. \tag{43}$$

The corresponding arrival time operator for arrivals at the origin is denoted by  $\hat{T}_{f}^{A}$ . It is natural to demand the analogous relation to Eq. (43), i.e.,

$$\hat{\Theta}\hat{T}_{f}^{A}\hat{\Theta} = -\hat{T}_{f}^{A},\tag{44}$$

and time-reversal invariance of  $\hat{\Pi}_{f,0}^A$ , where  $\hat{\Pi}_{f,t}^A$  is the associated probability density operator.

If  $a \neq 0$ , a classical free particle on the positive half-line, coming in from infinity with velocity |v|, arrives first at time  $t_1^a$  at the point *a*, and then at time  $t^0$  at the origin,

$$t_1^a = t^0 - a/|v|. (45)$$

If  $\hat{T}_1^A$  denotes the corresponding time operator for the first arrival at *a*, we may demand

$$\hat{T}_{1}^{A} = \hat{T}_{f}^{A} - a/|\hat{v}|, \qquad (46)$$

where  $|\hat{v}| = \sqrt{2\hat{H}/m}$  is the velocity operator.

#### A. Free particle on a half-line

We first consider arrivals at the origin for free motion on the half-line  $x \ge 0$ , with reflecting boundary conditions at x = 0. The eigenfunctions can be labeled by the energy  $E = k^2 \hbar^2/(2m)$ . Real, and thus  $\hat{\Theta}$  invariant, eigenfunctions for energy *E* which vanish at the origin are

$$\langle r|E_f\rangle = \frac{i}{\hbar}\sqrt{\frac{m}{2\pi k}}(e^{-ikr} - e^{ikr}),\tag{47}$$

where the subscript f in  $|E_f\rangle$  refers to the free Hamiltonian and where we have written r to indicate  $r \equiv x \ge 0$ . These eigenfunctions are normalized as  $\langle E_f | E'_f \rangle = \delta(E - E')$  on the half-line.

For the probability density operator for arrivals at the origin invariance under time reversal means

$$\hat{\Theta}\hat{\Pi}^A_{f,0}\hat{\Theta} = \hat{\Pi}^A_{f,0}.$$
(48)

By the results of the last section, the operators  $\hat{\Pi}_{f,t}^A$  and  $\hat{T}_f^A$  become unique if invariance under time reversal holds and minimal variance is assumed. From Eq. (40) one obtains, with

a change  $t \to -t$  and replacing  $|E_{\Theta}\rangle$  by  $|E_f\rangle$ ,

$$\hat{\Pi}_{f,t}^{A} = \frac{1}{2\pi\hbar} \int dE \, dE' e^{i(E-E')t/\hbar} |E_{f}\rangle \langle E'_{f}|,$$

$$\hat{T}_{f}^{A} = \int dt \, t \, \hat{\Pi}_{f,t}^{0}.$$
(49)

This arrival time operator is just the negative of the clock time operator of Eq. (40), with Eqs. (41) and (42) holding correspondingly.

Note that the vanishing of the wave function at r = 0 is not an obstacle to define these operators in a physically meaningful manner. A similar situation is found for antisymmetrical wave functions on the full line. It was shown in [18] that the ideal time-of-arrival distribution follows in a limiting process from an operational measurement model that considers explicitly a weak and narrow detector.

We now turn to first arrivals at  $a \neq 0$ . Using Eq. (12), a simple calculation shows that

$$e^{iam|\hat{v}|/\hbar}\hat{T}_{f}^{A}e^{-iam|\hat{v}|/\hbar} = \hat{T}_{f}^{A} - a/|\hat{v}|.$$
(50)

Since the right-hand side equals  $\hat{T}_1^A$ , by Eq. (46), this implies an analogous relation for the probability density operator  $\hat{\Pi}_{1,t}^A$ for  $\hat{T}_1^A$ ,

$$\hat{\Pi}^A_{1,t} = e^{iam|\hat{v}|/\hbar} \hat{\Pi}^A_{f,t} e^{-iam|\hat{v}|/\hbar}.$$
(51)

Using Eq. (49), this can be written as

$$\hat{\Pi}^{A}_{1,t} = \frac{1}{2\pi\hbar} \int dE \ dE' e^{i(E-E')t/\hbar} e^{i(k-k')a} |E_f\rangle \langle E'_f|, \quad (52)$$

which explicitly gives the temporal probability density operator for the first arrival at the point *a* of a free particle on the positive half-line. For  $a \rightarrow 0$ , one recovers Eq. (49).

#### B. Asymptotic states and Smith's delay time

We now apply the free-particle result in Eq. (49) to the asymptotic states of a particle in a potential on the half-line whose Hamiltonian has no bound states and to which scattering theory applies. Although for fixed *E* the eigenstate is unique up to a phase, there are physically relevant eigenstates  $|E_{\pm}\rangle$ which correspond to an incoming (+) and outgoing (-) plane wave, respectively, as well as the  $\Theta$  invariant state, denoted by  $|E_{\Theta}\rangle$ . Their relation and asymptotics are  $|E_{-}\rangle = \hat{\Theta}|E_{+}\rangle$  and, with the scattering phase shift  $\delta = \delta(E)$ ,

$$\langle r|E_{+}\rangle \sim \frac{1}{\hbar} \sqrt{\frac{2m}{k\pi}} \frac{i}{2} (e^{-ikr} - e^{2i\delta} e^{ikr}), \langle r|E_{-}\rangle = \overline{\langle r|E_{+}\rangle} = e^{-2i\delta} \langle r|E_{+}\rangle, \langle r|E_{\Theta}\rangle = e^{-i\delta} \langle r|E_{+}\rangle.$$
 (53)

The Møller operators  $\hat{\Omega}_{\pm}$  satisfy

$$\hat{\Omega}_{\pm} \equiv \lim_{t \to \mp \infty} e^{i\hat{H}t/\hbar} e^{-i\hat{H}_f t/\hbar} = \int_0^\infty dE |E_{\pm}\rangle \langle E_f|,$$

$$|E_{\pm}\rangle = \hat{\Omega}_{\pm} |E_f\rangle.$$
(54)

The freely moving asymptotic states  $|\psi_{in}\rangle$  and  $|\psi_{out}\rangle$  are mapped by  $\Omega_{\pm}$  to the actual state  $|\psi\rangle$ ,

$$\begin{split} |\psi\rangle &= \hat{\Omega}_{\pm} |\psi_{\text{out}}\rangle, \\ |\psi_{\text{out}}\rangle &= \hat{S} |\psi_{\text{in}}\rangle, \end{split} \tag{55}$$

where  $\hat{S} = \hat{\Omega}_{-}^{\dagger} \hat{\Omega}_{+}$  is the *S* operator. Note that, by Eq. (53),

$$\hat{S} = \int_0^\infty dE |E_f\rangle e^{2i\delta} \langle E_f|, \qquad (56)$$

so that  $e^{2i\delta}$  is the eigenvalue of  $\hat{S}$  for the state  $|E_f\rangle$ .

It is convenient to introduce also the operator

$$\hat{\Omega}_{\Theta} \equiv \int_{0}^{\infty} dE |E_{\Theta}\rangle \langle E_{f}|$$
(57)

and define operators  $\hat{T}^{A}_{\pm,\Theta}$  by

$$\hat{T}^{A}_{\pm,\Theta} \equiv \hat{\Omega}_{\pm,\Theta} \hat{T}^{0}_{f} \hat{\Omega}^{\dagger}_{\pm,\Theta} = \int dt \, t \int dE \, dE' e^{i(E-E')t/\hbar} |E_{\pm,\Theta}\rangle \langle E'_{\pm,\Theta}|.$$
(58)

The last line shows that  $-\hat{T}^{A}_{\pm,\Theta}$  are possible clock time operators for the particle in the potential. Since the states  $|E_{\pm,\Theta}\rangle$  differ only by a phase, the same calculation that leads to Eq. (16) gives

$$\hat{T}_{\pm}^{A} = \hat{T}_{\Theta}^{A} \mp \hbar \int dE \frac{\partial \delta}{\partial E} |E_{\Theta}\rangle \langle E_{\Theta}|.$$
(59)

From Eq. (55) it follows that the expectation values of  $\hat{T}^A_+$ ,  $\hat{T}^A_-$ , and  $\hat{T}^A_\Theta$  may be interpreted in terms of the asymptotic states and the free-motion arrival time operator  $\hat{T}^A_f$ ,

$$\langle \psi | \hat{T}_{+,-,\Theta}^{A} | \psi \rangle = \langle \psi_{\text{in,out,io}} | \hat{T}_{f}^{A} | \psi_{\text{in,out,io}} \rangle, \tag{60}$$

where the freely moving state  $|\psi_{io}\rangle$  is defined by

$$|\psi_{\rm io}\rangle \equiv \hat{S}^{1/2}|\psi_{\rm in}\rangle,\tag{61}$$

and can be considered as an interpolation between  $|\psi_{in}\rangle$  and  $|\psi_{out}\rangle = \hat{S}|\psi_{in}\rangle$ . With Eq. (57), one can write

$$|\psi_{\rm io}\rangle = \Omega_{\Theta}^{\dagger}|\psi\rangle. \tag{62}$$

Taking expectation values of Eq. (59) with  $|\psi\rangle$  and using Eqs. (60) and (54), together with the fact that  $|E_{\pm,\Theta}\rangle\langle E_{\pm,\Theta}|$  all coincide since the phases drop out, yields

$$\left\langle \psi_{\text{out}}^{\text{in}} \middle| \hat{T}_{f}^{A} \middle| \psi_{\text{out}}^{\text{in}} \right\rangle = \left\langle \psi_{\text{io}} \middle| \hat{T}_{f}^{A} \middle| \psi_{\text{io}} \right\rangle \mp \hbar \int dE \frac{\partial \delta}{\partial E} \left| \left\langle E_{f} \middle| \psi_{\text{in}} \right\rangle \right|^{2}.$$
(63)

One sees from this that the mean arrival time for the interpolating state  $|\psi_{io}\rangle$  lies between those of the ingoing and outgoing wave. From Eq. (63),

$$\langle \psi_{\text{out}} | \hat{T}_{f}^{A} | \psi_{\text{out}} \rangle - \langle \psi_{\text{in}} | \hat{T}_{f}^{A} | \psi_{\text{in}} \rangle = 2\hbar \int dE \frac{\partial \delta}{\partial E} |\langle E_{f} | \psi_{\text{in}} \rangle|^{2}.$$
(64)

The right-hand side of the last equation is the scattering time delay of Smith [7], and it shows that the time for the outgoing wave is shifted with respect to the time for the ingoing wave by the scattering time delay. An example is shown in Figs. 1 and 2.



FIG. 1. (Color online) Probability densities before (t = 0) and after (t = 190) the collision with a delta barrier. Dimensionless units are used with  $m = \hbar = 1$ . The initial wave packet is  $\psi(k) = N[1 - \exp(-\beta k^2)] \exp[-(k - k_0)^2/(4\Delta_k^2)] \exp(-ikx_0)\theta(k)$ , where N is the normalization constant, and  $\theta$  (here) the Heaviside step function; initial wave number  $k_0 = -\pi/2$ ,  $\Delta_k = 0.045$ ,  $\beta = 1/2$ ;  $V = 20\delta(x - 20)$ ; initial center of the wave packet is advanced with respect to the incoming state.

This extends the applicability of the concept of time delay, usually restricted to the wave arrival at long distances from the interaction region, to the time of arrival of the asymptotic states at the origin. The time delay has also been related to weak measurements, as discussed, e.g., in [19,20], and the relation between that approach and the present operator approach would be worth examining.

*Time reversal.* The behavior of  $T_{\pm}^{A}$  with respect to time reversal is determined by acting with the antilinear operator  $\hat{\Theta}$ ,

$$\hat{\Theta}\hat{T}^A_{\pm}\hat{\Theta} = -\hat{T}^A_{\mp},\tag{65}$$



FIG. 2. (Color online) Time-of-arrival distributions for arrivals at x = 0 corresponding to the previous figure.

whereas  $\hat{T}^A_{\Theta}$  simply changes sign. The operators  $\hat{T}^A_{\pm}$  do not simply change sign under time reversal as  $\hat{T}^0_{\Theta}$  does, but their behavior in Eq. (65) (changing the sign and exchanging the operators) is perfectly physical: the time reversal of a trajectory which moves toward the origin is a trajectory in the same location but moving away from the origin. If the original incoming trajectory requires a certain time  $\tau$  to arrive at the origin (with free motion), the reversed trajectory is outgoing, and departed from the origin at  $-\tau$ . These operators provide in summary information of the free-motion dynamics of incoming and outgoing asymptotes of the state, and scattering time delays [21,22]. Thus, although the operator  $\hat{T}^A_{\Theta}$  is unique when one applies the criteria of the previous section, it does not supersede  $\hat{T}^A_{\pm}$  since it does not describe the same physics, and all three operators have their own legitimacy.

## VI. APPLICATION TO LYAPUNOV OPERATORS IN QUANTUM MECHANICS

In Ref. [8] an operator  $\hat{L}$  is called a Lyapunov operator if for any normalized  $|\psi\rangle$  and  $|\psi_t\rangle \equiv e^{-i\hat{H}t/\hbar}|\psi\rangle$ , the expectation value  $\langle \psi_t | \hat{L} | \psi_t \rangle$  is monotonically decreasing to 0 as  $t \to \infty$ and goes to 1 for  $t \to -\infty$ . Reference [8] considered the case of a Hamiltonian  $\hat{H}$  with purely continuous eigenvalues ranging from 0 to infinity and degeneracy parameter j. The particular Lyapunov operator suggested there can be written as

$$\hat{L}_{S} = \frac{i}{2\pi\hbar} \sum_{j} \int_{0}^{\infty} dE \int_{0}^{\infty} dE' \frac{|E,j\rangle \langle E',j|}{E - E' + i\varepsilon}.$$
 (66)

More generally, one may call a bounded operator  $\hat{L}$  a Lyapunov operator if  $\langle \psi_t | \hat{L} | \psi_t \rangle$  is just monotonically decreasing, without specifying limits. However, it will be shown below, after Eq. (67), that, without loss of generality, one can always assume the above limiting behavior from 1 to 0 as t goes from  $-\infty$  to  $+\infty$ .

The above notion does not quite correspond to Lyapunov functionals used in Ref. [9] to define irreversibility and an arrow of time, since time-reversal invariance of the functional was assumed there in order to have neutrality with respect to past and future. It will be shown further below that there are no time-reversal invariant Lyapunov operators if the Hamiltonian is time-reversal invariant.

It is clear that the above properties do not define  $\hat{L}$  in Eq. (66) uniquely. For example, one can introduce phases and still get a Lyapunov operator. In this section, we are going to determine the most general form of  $\hat{L}$  for a Hamiltonian  $\hat{H}$  with a purely (absolutely) continuous spectrum and give conditions under which it becomes unique. It will also be seen that to each  $\hat{L}$  there is an associated covariant time operator  $\hat{T}_L$ .

To show that one can assume the above limit behavior, we put, for a given general Lyapunov operator  $\hat{L}$ ,

$$\hat{L}_t \equiv e^{-i\hat{H}t/\hbar}\hat{L}e^{i\hat{H}t/\hbar},\tag{67}$$

so that  $\hat{L}_t$  is monotonically increasing, by the monotonic decrease of  $\langle \psi_t | \hat{L} | \psi_t \rangle$ . From the boundedness of  $\hat{L}$  and from monotonicity it follows that  $\hat{L}_{\pm\infty}$  exists as operator limits in the weak sense, i.e., for expectation values. Moreover,  $\hat{L}_{\pm\infty}$ 

commutes with  $e^{-i\hat{H}_t/\hbar}$ , and therefore  $\hat{L}' \equiv \hat{L} - \hat{L}_{-\infty}$  is also a Lyapunov operator, with  $\hat{L}'_t \ge 0$ . Then  $\hat{L}'' \equiv \hat{L}'^{-1/2}\hat{L}'\hat{L}'^{-1/2}$  is a Lyapunov operator satisfying  $\hat{L}''_{-\infty} = 0$  and  $\hat{L}''_{\infty} = 1$  so that  $\langle \psi_t | \hat{L}'' | \psi_t \rangle$  is monotonically decreasing from 1 to 0, proving the above claim.

To determine the general form of  $\hat{L}$  with such a limit behavior for  $t \to \pm \infty$ , we note that by monotonicity

$$\hat{\Pi}_t^L \equiv \frac{d}{dt} \hat{L}_t = e^{-i\hat{H}t/\hbar} \frac{-i}{\hbar} [\hat{H}, \hat{L}] e^{i\hat{H}t/\hbar} \ge 0, \qquad (68)$$

i.e., expectation values of  $\hat{L}_t$  are non-negative for all t, in particular,

$$\hat{\Pi}_0^L = \frac{-i}{\hbar} [\hat{H}, L] \ge 0, \tag{69}$$

where the commutator is again to be understood in the weak sense via matrix elements and where  $\hat{\Pi}_0^L$  is in general not an operator but only a bilinear form, as in Eq. (9). From Eq. (68) and from  $\hat{L}_{-\infty} = 0$ , one obtains

$$\hat{L} = \int_{-\infty}^{0} dt \, e^{-i\hat{H}t/\hbar} \hat{\Pi}_{0}^{L} \, e^{i\hat{H}t/\hbar}.$$
(70)

From Eq. (68) one sees that

$$\Pi_L(t;\psi) \equiv \langle \psi | \hat{\Pi}_t^L | \psi \rangle \ge 0 \tag{71}$$

is a non-negative density which integrates to 1 for each normed state, i.e., it can be regarded as a probability density and hence  $\hat{L}_t$  behaves like the cumulative probability operator  $\hat{F}_{\tau}$  in Eq. (1). Therefore,

$$\hat{T}_L \equiv \int dt \, t \, e^{-i\hat{H}t/\hbar} \hat{\Pi}_0^L e^{i\hat{H}t/\hbar} \tag{72}$$

is an analog of the time operator  $\hat{T}$  in Eq. (5). Alternatively,  $1 - \hat{L}_{-t}$  behaves as the cumulative arrival probability operator  $\hat{F}_t^A$  in Eq. (17).

*Example:* Let  $\hat{\Pi}_0^L$  given by Eq. (14). Then, by Eq. (70),  $\hat{L}$  is given by

$$\hat{L} = \frac{1}{2\pi\hbar} \int_{-\infty}^{0} dt \int dE \, dE' \, e^{-i(E-E')t/\hbar} |E\rangle \langle E'|, \quad (73)$$

which is readily seen to agree with  $\hat{L}_S$  in Eq. (66) in the case of nondegeneracy.

For free motion on the half-line, with  $|E\rangle = |E_f\rangle$  from Eq. (47), the Lyapunov property of this example simply reflects the monotonous accumulation of arrivals at the origin, since a change of integration variable gives

$$\langle \psi_t | 1 - \hat{L} | \psi_t \rangle = \int_{-\infty}^t dt' \langle \psi | \hat{\Pi}_{f,t'}^0 | \psi \rangle.$$
(74)

With a potential on the half-line and taking  $|E\rangle = |E_{\pm}\rangle$  of the previous section, one obtains the accumulation of arrivals of the freely moving packets  $|\psi_{in}\rangle$  and  $|\psi_{out}\rangle$ , and for  $|E\rangle = |E_{\Theta}\rangle$  the corresponding accumulation of arrivals for  $|\psi_{io}\rangle$ .

The most general form of  $\hat{L}$  is obtained from the most general form of  $\hat{\Pi}_0^L$  which is given by Eqs. (31) and (32). If  $\hat{\Pi}_0^L$  is known, then  $\hat{L}$  is given by Eq. (70), and in this way one obtains the most general form of the Lyapunov operator  $\hat{L}$  with the above limit behavior for  $t \to \pm \infty$ . Uniqueness of  $\hat{L}$ 

may be achieved for particular Hamiltonians by demanding, e.g., time-reflection invariance of  $\hat{T}_l$ , special symmetries, and minimal variance  $\Delta T_L$ , as in Secs. IV and V.

We finally show that for a time-reversal invariant Hamiltonian there is no nontrivial time-reversal invariant Lyapunov operator. Indeed, if  $\hat{\Theta}\hat{H}\hat{\Theta} = \hat{H}$  and  $\hat{\Theta}\hat{L}\hat{\Theta} = \hat{L}$ , then one obtains, for initial state  $\hat{\Theta}|\psi\rangle \equiv |(\hat{\Theta}\psi)\rangle$ ,

$$\langle (\hat{\Theta}\psi)_t | \hat{L} | (\hat{\Theta}\psi)_t \rangle = \langle \psi_{-t} | \hat{L} | \psi_{-t} \rangle \tag{75}$$

by the antiunitarity of  $\hat{\Theta}$ . Now, for increasing *t*, the expression on the left-hand side decreases, while the one on the right-hand side increases. This is only possible if both sides are constant in *t*. Alternatively, one can conclude from Eq. (69) that both  $\hat{\Pi}_0^L \hat{\Theta} = -\hat{\Pi}_0^L$  are positive operators, which is only possible if  $\hat{\Pi}_0^L = 0$ . This means that  $\hat{L}$  commutes with  $\hat{H}$ , which also leads to the constancy of both sides in Eq. (75).

#### VII. DISCUSSION AND OUTLOOK

We have provided the most general form of covariant, normalized time operators. This is important to set a flexible framework where physically motivated conditions on the observable may be imposed. The application examples include clock time operators, time-of-arrival operators, and Lyapunov operators.

Experimentally, a number of interesting open questions remain for quantum clocks and arrival time measurements. For example, quantum clocks are basically quantum systems with an observable that evolves linearly with time. To evaluate the possibility to compete with current atomic clocks [23], the observable must be realized in a specific system. We have described an ideal observable (by imposing antisymmetry with respect to time reversal and minimal variance), and the analysis of the operational realization is now pending. A similar analysis for the ideal arrival time-of-arrival distribution of Kijowski has been carried out in terms of an operational quantum-optical realization with cold atoms (see Ref. [14] for a review). Indeed, cold atoms and quantum optics offer examples of times of events (other than arrivals), such as jump times, excitation times, and escape times, admitting a treatment in terms of covariant observables. Modeling and understanding these quantities and their statistics may improve our ability to manipulate or optimize dynamical processes.

On the theory side, an open question is how to adapt the proposed framework, possibly in combination with previous investigations [18,21,22,24–27], to arrival times when a particle moves in a potential.

Finally, we have shown that Lyapunov operators follow naturally from covariant time observables. Associated with time-of-arrival operators, they account for the monotonous accumulation of arrivals for freely moving asymptotic states from the infinite past independently of the state chosen. Note that the "infinite past" here is an idealized construct, since it must be assumed that the wave has been evolving forever, ignoring the fact that in practice the state may have been prepared at some specific instant. In other words, the Lyapunov operator does not depend on that preparation instant, and when applied to the state it takes into account its idealized (not necessarily actual) past, whether or not that past has been fully or partially realized. We have also shown at the end of the last section that in theories with a time-reversal invariant Hamiltonian, there are no time-reversal invariant Lyapunov operators. In Ref. [9], it was argued that in order to characterize a system as irreversible and single out a direction of time a Lyapunov functional should be time-reversal invariant. Hence, if one accepts this view of Ref. [9] then, by our result, quantum mechanics for finitely many particles should indeed not be irreversible and should not exhibit an arrow of time if the Hamiltonian is time-reversal invariant.

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### APPENDIX: MINIMAL VARIANCE AND NONUNIQUENESS OF TIME OPERATOR

We show for the case of a nondegenerate spectrum of  $\hat{H}$  that minimal variance alone does not imply uniqueness of  $\hat{T}$ . We first consider a state  $|\psi\rangle$  such that, with a given choice of generalized eigenvectors,  $\langle E|\psi\rangle \equiv \psi(E)$  is real. Then the first term on the right-hand side of Eq. (25) is the integral of a total derivative and therefore vanishes, as does the third term on the right-hand side of Eq. (26), by Eq. (24). Thus

$$\Delta T^{2} = \int dE |\psi'|^{2} + \sum_{i} \int dE |b'_{i}|^{2} |\psi|^{2}$$
$$- \left( \int dE |\psi|^{2} i \sum_{i} b_{i} \overline{b'_{i}} \right)^{2}.$$
(A1)

By Schwarz's inequality, the last term can be estimated as

$$\left|\sum_{i} \int dE |\psi|^{2} b_{i} \overline{b'_{i}}\right|^{2} \leq \sum_{i} \int dE |\psi|^{2} |b_{i}|^{2} \sum_{i} \int dE |\psi|^{2} |b'_{i}|^{2}, \quad (A2)$$

where the first sum on the right-hand side yields 1 and the equality sign holds if and only if

$$b'_i(E) = \gamma b_i(E), \quad \gamma = \text{constant},$$
 (A3)

which implies

$$\sum b_i \overline{b'_i} = \bar{\gamma} \sum b_i \overline{b_i} = \bar{\gamma}.$$
 (A4)

Since the left-hand side is purely imaginary, from Eq. (24), this implies  $\gamma = i\lambda$  with  $\lambda$  real. Thus, for real  $\psi(E)$ ,

$$\Delta T^2 \ge \int dE |\psi'(E)|^2, \tag{A5}$$

with equality holding if and only if Eq. (A3) holds with  $\gamma = i\lambda, \lambda$  real, i.e., if and only if

$$b_i(E) = c_i e^{i\lambda E}, \quad \lambda \text{ real},$$

$$\sum_i b_i(E)\overline{b_i(E)} = \sum |c_i|^2 = 1.$$
(A6)

These functions give the same time operator and density as the single function

$$b(E) = e^{i\lambda E}.$$
 (A7)

With this choice,  $\Delta T^2$  becomes minimal for real  $\psi(E)$ .

For a state given by  $e^{i\varphi(E)}\psi(E)$ , with real  $\psi(E)$  and  $\varphi(E)$ , the same argument gives, upon replacing  $b_i$  by  $e^{-i\varphi(E)}b_i$ , that one has minimal variance if and only if

$$b_i(E) = c_i e^{i[\lambda - \varphi(E)]}.$$
 (A8)

This differs from Eq. (A6), as does the analog  $e^{i[\lambda-\varphi(E)]}$  of the single function in Eq. (A7).

Hence among the set of all allowed functions  $b_i(E)$ , there is no choice of functions such that  $\Delta T$  becomes minimal for *all* states with finite second moment.

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