Optical pulse propagation with minimal approximations

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Propagation equations for optical pulses are needed to assist in describing applications in ever more extreme situations—including those in metamaterials with linear and nonlinear magnetic responses. Here I show how to derive a single first-order propagation equation using a minimum of approximations and a straightforward "factorization" mathematical scheme. The approach generates exact coupled bidirectional equations, after which it is clear that the description can be reduced to a single unidirectional first-order wave equation by means of a simple "slow evolution" approximation, where the optical pulse changes little over the distance of one wavelength. It also allows a direct term-to-term comparison of an exact bidirectional theory with the approximate unidirectional theory.

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I. INTRODUCTION

In recent years, the propagation of optical pulses under ever more extreme conditions has been the subject of significant attention. This situation has arisen primarily because of the multitude of applications [\[1\]](#page-11-0): e.g., where ultrashort pulses are relied on to act as a kind of strobe lamp to image ultrafast processes $[2,3]$ or where the electric field profile of a pulse $[4,5]$ is engineered to excite specific atomic or molecular responses. Other motivations are systems where strong nonlinearity is used to construct equally wide-band but also temporally extended pulses—i.e., (white light) supercontinua [\[6–8\]](#page-11-0)—or even come full circle and use the strong nonlinearity to generate substructure that is again temporally confined, as in optical rogue waves [\[9\]](#page-11-0), or even the temporally and spatially localized filamentation processes [\[10,11\]](#page-11-0). Further, developments in electromagnetic metamaterials [\[12–14\]](#page-11-0) lead to a requirement for including magnetic dispersion or even magnetic nonlinearity [\[15\]](#page-11-0).

It is clear, therefore, that progress toward shorter pulse durations as well as their increasing spectral bandwidths and higher pulse intensities—as well as exotic propagation media—are all factors either stretching existing pulse propagation models to their limits or breaking them. In such regimes, we need to be sure that our numerical models still work and have a clear idea of what has been neglected and what the side effects of those approximations are. Most existing pulse propagation models make sequential approximations that can have unforeseen side effects. In contrast, in this article, I show how a straightforward and relatively simple derivation allows a side-by-side comparison of exact and approximate propagation equations, while still providing the numerical and analytical convenience of a first-order wave equation.

The analysis of optical pulse propagation traditionally involves describing a pulse in terms of a complex field envelope, while neglecting the underlying rapid oscillations at its carrier frequency. The resulting "slowly varying envelope approximation" (SVEA) (see, e.g., Ref. [\[16\]](#page-11-0)), which reduces second-order differential equations to first order, is valid when

the envelope encompasses many cycles of the optical field and varies slowly. Starting with the second-order wave equation, other auxiliary assumptions are required to get the final result of a first-order wave equation: the introduction of a comoving frame, and the neglect of usually negligible second-order spatial derivatives. Although it is now easily possible to choose to solve Maxwell's equations numerically instead (see, e.g., Refs. $[17-21]$, the approach lacks the intuitive picture of a pulse "envelope" and tends to be computationally demanding.

Many attempts have been made to generalize the SVEA style of derivation, and perhaps the most notable of these was that of Brabec and Krausz [\[19\]](#page-11-0). By slightly relaxing one assumption, they derived corrections to the SVEA, which they included in their "slowly evolving wave approximation" (SEWA). This enabled the few-cycle regime to be modeled with improved accuracy, and the SEWA has subsequently been applied in different situations, including ultrashort IR laser pulses in fused silica [\[22,23\]](#page-11-0), the filamentation of ultrashort laser pulses in air [\[24\]](#page-11-0), and even in microstructured optical fibers [\[25\]](#page-11-0). Later, Porras [\[26\]](#page-11-0) proposed a slightly different "slowly evolving envelope approximation" (SEEA) that included corrections for the transverse behavior of the field; and Kinsler and New [\[27\]](#page-11-0) took the process as far as it would go with their "generalized few-cycle envelope approximation" (GFEA). Although the wave equation generated by the GFEA was generally too complicated for practical use, its derivation exposes one important point: extending SVEA style derivations into wide-band situations exposes the user to a number of poorly controlled side effects [\[28\]](#page-11-0). Many other styles of dervivation also exist (see, e.g., Refs. [\[29–31\]](#page-11-0)), but most use similar approximations and apply them sequentially.

Here I will show that an alternative "factorization" style of derivation we can achieve the simplicity of a first-order wave equation for optical pulse propagation but avoid the unpleasant side effects of the traditional approach. Early but rather limited examples are by Shen [\[16\]](#page-11-0), Blow and Wood [\[32\]](#page-11-0), and perhaps Husakou and Herrmann [\[33\]](#page-11-0); more recently (and more rigorously) we have Ferrando *et al.* [\[34\]](#page-11-0) and Genty *et al.* [\[35\]](#page-11-0). The mathematical basis of the factorization shown in this article relies on Ferrando *et al.* [\[34\]](#page-11-0), but here I make a point of generating wave equations incorporating most optical effects—both electric and magnetic dispersion, diffraction,

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second- and third-order nonlinearity, angle-dependent refractive indices, and so on. In particular, prior to any approximations being applied, there is an (*explicitly* bidirectional) stage where two counterpropagating wave equations are coupled together. This provides us with an important insight: that a simple "slow evolution" approximation is all that is needed to obtain a unidirectional first-order wave equation, irrespective of the origin of the coupling.

In this article I give a description of a modern approach to optical pulse propagation applicable to most situations that occur in nonlinear optics. This is a regime where we want to model the most general situations possible, while avoiding having to do a full numerical simulation of Maxwell's equations. Starting with a general form of the second-order wave equation in Sec. II, I follow with discussion the important role of the choice of propagation direction in Sec. [III,](#page-2-0) which in nonlinear optics is usually in space and not in time. In Sec. [IV,](#page-3-0) I introduce the method of factorization that allows us to construct an explicitly bidirectional model and which is then reduced to the unidirectional limit in Sec. [V,](#page-5-0) where nonlinear pulse propagation is typically applied. Section [VI](#page-7-0) discusses typical modifications that can be applied to the equations given in Secs. [IV](#page-3-0) and V in order to and simplify them appropriately and compare them to existing models; while Sec. [VII](#page-8-0) gives specific examples for the common cases of propagation media with second- and third-order nonlinearities. The article is then summarized in Sec. [VIII.](#page-9-0)

II. SECOND-ORDER WAVE EQUATION

Most optical pulse problems consider a uniform and source free dielectric medium. In such cases a good starting point is the second-order wave equation for the electric field, which results from the substitution of the $\vec{\nabla} \times \vec{H} = \partial_t \vec{D} + \vec{J}$ Maxwell's equation into the $\vec{\nabla} \times \vec{E} = -\partial_t \vec{B}$ one (see, e.g., Ref. [\[36\]](#page-11-0)), although here I also allow for free currents *J*. Magnetic effects can also be incorporated—easily so in the case of linear magnetic dispersion, but also it is possible to retain a term for more general magnetic effects. However, cases where either the permittivity $\epsilon(\omega)$ or the permeability $\mu(\omega)$ are negative are not excluded.

A sufficiently general model of the dielectric response in the time domain is

$$
\vec{D}(\vec{r},t) = \epsilon(t) \star \vec{E}(\vec{r},t)
$$
\n(1)

$$
= \epsilon_0 \epsilon_L(\vec{r}, t) \star \vec{E}(\vec{r}, t) + \epsilon_0 \vec{P}_\epsilon(\vec{E}, \vec{r}, t), \qquad (2)
$$

where the scalar ϵ_L contains the linear response of the material that is both *isotropic*¹ and lossless (or gainless); since here it is a time-response function, it is convolved with the electric field *E*. Note that the field vectors *E*, *D*, and indeed the material parameter ϵ_L are all functions of time *t* and space $\vec{r} = (x, y, z)$; the polarization \vec{P}_{ϵ} is a function of time *t*, space \vec{r} , and field *E*. The following derivation also allows for magnetoelectric polarizations, i.e., those where \vec{P}_{ϵ} also depends on \vec{H} , although I do not explicitly include such a dependence in the notation.

Similarly, the magnetization response is

$$
\vec{B}(\vec{r},t) = \mu(t) \star \vec{H}(\vec{r},t)
$$
\n(3)

$$
= \mu_0 \mu_L(\vec{r}, t) \star \vec{H}(\vec{r}, t) + \mu_0 \vec{M}_{\mu}(\vec{H}, \vec{r}, t), \quad (4)
$$

where the scalar μ_L contains the linear response of the material that is both isotropic and lossless (or gainless). Note that *H* , *B*, and μ_L are all functions of time *t* and space $\vec{r} = (x, y, z)$; the magnetization \vec{M}_{ϵ} is a function of time *t*, space \vec{r} , and field *H*. The following derivation also allows for magnetoelectric magnetizations, i.e. those where M_μ also depends on \vec{E} , although I do not explicitly include such a dependence in the notation.

Since here I have chosen to incorporate the "simple" linear responses of the propagation medium in ϵ_L and μ_L , the remaining parts \vec{P}_{ϵ} , \vec{M}_{μ} will usually be in part electric and magnetic field dependent, and incorporate effects such as birefringence, angle dependence, and nonlinearity; it should also incorporate any loss [\[37\]](#page-11-0). For example, \vec{P}_{ϵ} might contain a scalar nonlinearity such as third-order Kerr nonlinearity with $P_{nl} \propto (\vec{E} \cdot \vec{E}) \vec{E}$, or a (vector) second-order nonlinearity. Note that it is not always necessary or desirable to include all the simple linear responses in ϵ_L and μ_L , some may be left in \vec{P}_{ϵ} , M_{μ} ; as will be discussed later. Alternatively, and in accordance with [\[37\]](#page-11-0) we could choose to pick ϵ_L and μ_L such that $\epsilon_L \mu_L$ is real, rather than each being real valued on its own. However, this would alter the handling of the \vec{J} , \vec{P}_{ϵ} , and \vec{M}_{μ} terms.

Defining $\vec{\nabla} = (\partial_x, \partial_y, \partial_z)$ and $\partial_a \equiv \partial/\partial a, \epsilon_0 \mu_0 = 1/c^2$, and current density \overline{J} , we can write the exact second-order wave equation as

$$
c^2 \vec{\nabla} \times \vec{\nabla} \times \vec{E}(t) = -\partial_t^2 [\mu_L(t) \star \epsilon_L(t) \star \vec{E}(t)]
$$

$$
-\partial_t^2 [\mu_L(t) \star \vec{P}_e(t)] - \mu_0 \mu_L(t) \star \partial_t \vec{J}
$$

$$
-\partial_t \left[\frac{\vec{\nabla} \times \vec{M}_\mu(t)}{\epsilon_0} \right].
$$
 (5)

Here I have suppressed the space coordinates and electric field dependence for notational simplicity. The (usual) next step is to replace $\vec{\nabla} \times \vec{\nabla} \times \vec{E}$ above with the identity $\vec{\nabla} \vec{\nabla} \cdot \vec{E} - \vec{\nabla}^2 \vec{E}$, where as usual $\vec{\nabla}^2 = \partial_x^2 + \partial_y^2 + \partial_z^2$. Initially this might look overcomplicated, since $\vec{\nabla}\vec{\nabla}\cdot\vec{E}$ adds in some extra terms (e.g., a $\partial_z^2 E_z$) which are then canceled by the same term from $\vec{\nabla}^2 \vec{E}$. However, since the field divergence is an important Maxwell's equation, splitting the double curl operation in this way turns out to be advantageous.

For the case of a free charge density ρ , and with the same separation of the material response as used above, Maxwell's equations tell us that

$$
\vec{\nabla} \cdot \vec{D} = \rho = \epsilon_0 \vec{\nabla} \cdot [\epsilon_L \star \vec{E} + \vec{P}_\epsilon]
$$
(6)

$$
= \epsilon_0 \epsilon_L \star \vec{\nabla} \cdot \vec{E} + \epsilon_0 [\vec{\nabla} \epsilon_L] \cdot \star \vec{E} + \epsilon_0 \vec{\nabla} \cdot \vec{P}_{\epsilon} \qquad (7)
$$

$$
\implies \epsilon_L \star \vec{\nabla} \cdot \vec{E} = -\vec{\nabla} \cdot \vec{P}_{\epsilon} - \rho, \tag{8}
$$

so for an isotropic ϵ_L , we can use $\vec{\nabla}\epsilon_L = 0$; note that isotropy also implies field independence. The frequency

=⇒ *-*

¹The isotropy of ϵ_L (and later of μ_L) is both important and useful.

domain changes convolutions into products, so that we have

$$
\epsilon_0 \epsilon_L(\omega) \vec{\nabla} \cdot \vec{E}(\omega) = \rho(\omega) - \vec{\nabla} \cdot \vec{P}_{\epsilon}(\omega) \tag{9}
$$

$$
\vec{\nabla} \cdot \vec{E}(\omega) = \frac{\rho(\omega)}{\epsilon_0 \epsilon_L(\omega)} - \frac{\vec{\nabla} \cdot \vec{P}_{\epsilon}(\omega)}{\epsilon_L(\omega)}.
$$
 (10)

Note that the left-hand side of this equation (i.e., $\vec{\nabla} \cdot \vec{E}$) seems to be potentially large, since it consists of field derivatives. However, the divergence condition reveals that with no free charge it is simply $\vec{\nabla} \cdot \vec{P}_{\epsilon}/\epsilon_L$, which merely is of the order of the nonlinearity or anisotropy of ϵ ; both of which are small in typical systems. Since $\vec{\nabla}[\vec{\nabla} \cdot \vec{E}]$ is typically much smaller than $\vec{\nabla}^2 \vec{E}$, it can reasonably be considered as a correction to a propagation dominated by $\vec{\nabla}^2 \vec{E}$.

As a result, we find that the replacement of $\vec{\nabla} \times \vec{\nabla} \times \vec{E}$ by $-\vec{\nabla}^2 \vec{E} + \vec{\nabla} \vec{\nabla} \cdot \vec{E}$ not only achieves this valuable minimization, but it also reduces the remaining spatial derivatives to the simple $\vec{\nabla}^2 \vec{E}$. The side effect is that we now need to compute $\vec{\nabla}\vec{\nabla}\cdot\vec{P}_{\epsilon}$, which may well be a complicated function of \vec{E} ; it also gives rise to phenomena such as nonlinear diffraction term (see, e.g., Ref. $[38]$).

The second-order wave equation is best written in the frequency domain, because of the need to divide the divergence term by the frequency dependent ϵ_L ; and so is

$$
-c^{2}\vec{\nabla}^{2}\vec{E}(\omega) = \omega^{2}\partial_{t}^{2}\epsilon_{L}(\omega)\mu_{L}(\omega)\vec{E}(\omega) + \omega^{2}\mu_{L}(\omega)\vec{P}_{\epsilon}(\omega) + i\omega\mu_{L}(\omega)\vec{J}(\omega) + i\frac{\omega}{\epsilon_{0}}\vec{\nabla}\times\vec{M}_{\mu} - \frac{c^{2}}{\epsilon_{L}(\omega)}\vec{\nabla}\left[\vec{\nabla}\cdot\vec{P}_{\epsilon}(\omega) - \frac{\rho(\omega)}{\epsilon_{0}}\right].
$$
 (11)

For plane polarized pulses, a scalar version allowing for just one of the linear polarization components is sufficient. However, for materials that couple the horizontal and perpendicular polarizations together, such as the $\chi^{(2)}$ interaction relied on by optical parametric amplifiers (OPA) or oscillators (see, e.g., Ref. [\[39\]](#page-11-0)), we could write one equation for each polarization and then find that they were coupled together by the nonlinearity.

The wave equation in Eq. (11) contains both current J and charge density ρ terms, which are usually interdependent. These terms are not often important in pulse propagation, so I do not discuss their modeling; appropriate treatments can be seen in the literature on optical filamentation (see, e.g., Ref. [\[40\]](#page-11-0)).

III. PROPAGATION DIRECTION

In this article I will not be considering strong reflections from material modulations or interfaces. Nevertheless, considering simple reflections is an excellent way of clarifying some important issues that arise when we choose whether to propagate pulses forward in time or forward in space.

Temporal propagation is the usual choice in finite difference time domain (FDTD) modeling of Maxwell's equations [\[41,42\]](#page-11-0), where fields $E(x, y, z)$, $H(x, y, z)$ are stepped forward in time *t*; exitations of the field (i.e., optical pulses) then evolves backward or forwards in the space coordinates (x, y, z) . We therefore set up initial conditions covering each point in space at a chosen initial time *ti*; likewise we read out

FIG. 1. (Color online) An ordinary reflection at an interface between media with permittivities ϵ_1 and ϵ_2 , in a *t*-propagated picture. An incoming pulse propagates forward (in *t*) and evolves forward (in *z*) until it reaches an interface, whereupon it splits into a transmitted pulse and a normal reflected pulse; the reflected pulse then evolves backward in space as both transmitted and reflected pulses continue to propagate forward in time.

our final state for each point in space at a chosen final time t_f , as shown in Fig. 1. This choice requires a time-response treatment of dispersion, perhaps involving convolutions; however, as also shown by Fig. 1, it provides natural reflections.

Spatial propagation is the usual choice in nonlinear optics and optical pulse propagation, where fields $E(t, x, y)$, $\overrightarrow{H}(t, x, y)$ are stepped forward in a chosen spatial direction (*z*); exitations of the field (i.e., optical pulses) then evolves backward or forwards in time and space coordinates (t, x, y) . We therefore set up initial conditions covering each point in time at a chosen point in space z_i ; likewise we read out our final state for each point in time at a chosen point in space z_f , as shown in Fig. [2.](#page-3-0) Comparison of figs. 1 and [2](#page-3-0) also show that to be correctly modeled, an ordinary reflection from the interface back to our initial point must be included in our initial conditions. Unfortunately, we will usually not know the properties of this reflection in advance, so we will not include it in the initial conditions. As a result, our solution of Maxwell's equations at the interface creates the mirror image pulse that is needed to exactly cancel out the ordinary reflection. Next, since we have chosen to propagate solely toward larger *z*, this mirror image "'reverse reflection" pulse now evolves forward in space *z* but backward in time *t*, as shown in Fig. [2.](#page-3-0)

We see, therefore, that if we want to take advantage of the benefits of spatial propagation, notably the eficient handling of dispersion, we will also not want to be modeling systems containing significant reflections. Indeed, this issue motivated the time-propagated model of Scalora *et al.* [\[30,43,44\]](#page-11-0), which are based on the second-order wave equation; however, that approach suffers some of the same drawbacks as other tradition pulse propagation techniques. To handle a temporally propagated model based on a second-order wave equation, it is best to use that for the displacement field *D* rather than for *E*; since time derivatives of *D* appear directly in Maxwell's equations, whereas those for \vec{E} are complicated by the material response.

FIG. 2. (Color online) A reflection at an interface between media with permittivities ϵ_1 and ϵ_2 , in a *z*-propagated picture. An incoming pulse propagates forward (in *z*) and evolves forward (in *t*) until it reaches an interface, whereupon it splits into a transmitted pulse and its reverse reflection; the reverse reflected pulse then evolves backward in time as both transmitted and reflected pulses continue to propagate forward in space. A reverse reflection is the means by which a spatially propagated system represents a pulse propagating backward in *z* so it cancels the ordinary reflection missing from the initial conditions.

A. Spatial propagation

The first step to achieving a first-order wave equation containing the necessary physics but without unnecessarily complex approximations is to reorganize the wave Eq. [\(5\)](#page-1-0) to emphasize contributions that by themselves can freely propagate forward and backward without interacting. To do this I choose a specific propagation direction (e.g., along the *z* axis) and then denote the orthogonal components (i.e., along *x* and *y*) as transverse behavior; many situations are also cylindrically symmetric, allowing simplification of the two transverse dimensions x , y into a single radial coordinate r . I therefore rearrange Eq. [\(11\)](#page-2-0) into

$$
\left[\partial_z^2 + \beta^2(\omega)\right] \vec{E}(\omega) = -\vec{\nabla}_{\perp}^2 \vec{E}(\omega) - k_0^2 \mu_L \vec{P}_{\epsilon}(\omega) \n- ik_0 \mu_L c^{-1} \vec{J}(\omega) - ik_0 c \vec{\nabla} \times \vec{M}_{\mu} \n+ \frac{1}{\epsilon_L(\omega)} \vec{\nabla} \left[\vec{\nabla} \cdot \vec{P}_{\epsilon}(\omega) - \frac{\rho(\omega)}{\epsilon_0}\right],
$$
\n(12)

where $k_0^2 = \omega^2/c^2$ and $\beta^2(\omega) = k_0^2 n^2 = \omega^2 \epsilon_0 \mu_0 \epsilon_L(\omega) \mu_L(\omega);$ $k_0^2 = \omega^2/c^2$. Here all the simple linear response (e.g., the isotropic refractive index and dispersion) has been moved to the left-hand side as a (possibly) frequency dependent propagation wave vector; the residual responses (i.e., \vec{P}_{ϵ} and \overrightarrow{M}_{μ}) contain any non- ω dependence, angle-dependent terms, nonlinearity or spatial variation. Note that defining $\beta(\omega)$ is a matter of *choice*, in some cases we may find it convenient to define it to be frequency independent; in others we might (e.g.) even decide to retain some angle dependence, perhaps even to the point of generating a spherical "in-out" bidirectional model rather than a linear forward-backward one.

IV. FACTORIZATION

I now factorize the wave equation, a process which, while used in optics for some time [\[32\]](#page-11-0) has only recently been used to its full potential [\[34,35,45\]](#page-11-0). Factorization neatly avoids almost all of the approximations necessary in the standard approach and its extensions [\[19,27,31,39\]](#page-11-0) (etc.)—which are in fact much more complicated than they first appear, as has been shown by detailed analysis [\[27,28\]](#page-11-0). A major advantage of factorization is that we can directly compare the exact bidirectional and approximate unidirectional theories term for term, whereas in other approaches the backward parts simply vanish and are not directly available for comparison. Perhaps the clearest recent description of the approximations made in a standard (nonfactorization) derivation of a unidirectional wave equation is by Berge and Skupin [\[40\]](#page-11-0). That work discussed the filamentation resulting from nonlinear self-focusing effects, so that they incorporated the role of the longitudinal field components and included a model for a plasma connecting the J and ρ contributions—here I retain these terms, but the reader is referred to Berge and Skupin [\[40\]](#page-11-0) for a specific model.

Factorization takes its name from the fact that the left-hand side of Eq. (12) is a simple sum of squares which might be factorized, indeed this is what was done in 1989 in a somewhat *ad hoc* fashion by Blow and Wood [\[32\]](#page-11-0). Since the factors are just $(\partial_z \mp i\beta)$, each by itself looks like a forward (or backward) directed wave equation. A rigorous factorization procedure [\[34,46\]](#page-11-0), of which some basics are given in Appendix [A,](#page-10-0) allows us to define a pair of counterpropagating Greens functions and so divide the second-order wave equation into a bidirectional pair of coupled first-order wave equations. That these factorized equations are equivalent to the original second-order wave equation is proven by taking their sum and differences, then substituting one into another with the assistance of a derivative with respect to *z*, as explained by the authors of Ref. $[34]$.² Further, even in the approximate unidirectional limit, the factorized wave equations have been shown by Genty *et al.*[\[35\]](#page-11-0) to give a stunning level of agreement with pseudospectral spatial domain (PSSD) [\[21\]](#page-11-0) Maxwell equations simulations.

Before proceeding, it is worth reiterating an important point—the choice of $\epsilon_L(\omega)$ and $\mu_L(\omega)$, and therefore of $\beta(\omega)$ in Eq. (12), defines the specific Greens functions used; it therefore also defines the underlying basis on which we will then propagate the electric field *E*.

As an aside, the interested reader may wish to examine the mathematical "wave-splitting" work of Weston and others (see, e.g., Ref. [\[47\]](#page-11-0)), although it does not consider residual terms and (at least initially) was primarily concerned only with reflections and scattering. This was based on that from the earlier work of Beezley and Krueger [\[48\]](#page-11-0), who applied wavesplitting concepts to optics. Other similar work is the oneway wave equation of Leviandier [\[49\]](#page-11-0), and other directional schemes have been suggested by Kinsler *et al.*[\[50\]](#page-11-0) and Kolesik *et al.* [\[51\]](#page-11-0). It is also interesting to compare and contrast the factorization scheme used here with beam propagation methods (BPM, e.g., Refs. [\[29,52\]](#page-11-0)). For example, the treatment

²See Sec. IV.B of this reference.

of Van Roey *et al.* [\[29\]](#page-11-0) also begins using Green's functions which define a chosen reference propagation. Thus, while those BPM methods might (in principle) be developed in a way which matches the benefits of the factorization scheme I present here, to my knowledge no such implementation has been published.

A. Bidirectional wave equations

A pair of bidirectional wave equations suggests similarly bidirectional fields, so I split the electric field into forward (E^+) and backward (E^-) directed parts, with $E = E^+ + E^-$. In the following equations I have reinstated the \vec{E} argument of \vec{P}_{ϵ} (and \vec{H} of \vec{M}_{μ}) to emphasize that they depend on the total field; an important point since we see that \vec{P}_{ϵ} , \vec{M}_{μ} , diffraction, and other terms drive both forward and backward equations equally.

Using the procedure summarized in Appendix [A,](#page-10-0) the second-order wave equation in Eq. [\(12\)](#page-3-0) can be converted into a pair of coupled bidirectional first-order wave equations for the directed fields \vec{E}^{\pm} . They are

$$
\partial_z \vec{E}^{\pm}(\omega) = \pm i \beta(\omega) \vec{E}^{\pm}(\omega) \pm \frac{i \vec{\nabla}_{\perp}^2}{2 \beta(\omega)} [\vec{E}^+(\omega) + \vec{E}^-(\omega)]
$$

$$
\pm \frac{i k_0^2(\omega) \mu_L}{2 \beta(\omega)} \vec{P}_{\epsilon} (\vec{E}^+ + \vec{E}^-, E_z, \omega)
$$

$$
\mp \frac{k_0(\omega) \mu_L}{2 \beta(\omega) c} \vec{J}(\omega) \mp \frac{k_0(\omega) c}{2 \beta(\omega)} \vec{\nabla} \times \vec{M}_{\mu}
$$

$$
\pm \frac{i}{2 \beta(\omega) \epsilon_L(\omega)} \vec{\nabla} \left[\vec{\nabla} \cdot \vec{P}_{\epsilon}(\omega) - \frac{\rho(\omega)}{\epsilon_0} \right].
$$
 (13)

Since $k_0 = \omega/c$, such factors convert to a (scaled) time derivative when these frequency domain equations are transformed into the time domain.

B. Propagation, evolution, and directed fields

Note that since our solutions of the wave equations enforce *propagation* toward larger *z*, the fields $E^{\pm}(t)$ are *directed* forwards and backward in time; these fields then *evolve* forwards and/or backward in time as *z* increases. Note that I use this terminology (propagated, directed, evolved) throughout this article to mean these three specific and distinct concepts.

When examining the wave equation Eq. (13) which evolves the directed fields E^{\pm} as they propagate forward in *z*, we see that the right-hand side has two types of terms, which I label the "underlying" and "residual" parts [\[37\]](#page-11-0).

Underlying evolution is that given by $\pm i\beta(\omega)E^{\pm}$ term and is determined by our chosen $\epsilon_L(\omega)$ and $\mu_L(\omega)$. By itself, it would describe a plane-wave–like evolution where the field oscillations would move forward (+) or backward (−) in time across $E^{\pm}(t)$. This is analogous to the choice of reference when constructing directional fields [\[50\]](#page-11-0) or the refractive index term n_0^2 used in the BPM [\[29\]](#page-11-0).

Residual evolution accounts for the discrepancy between the true evolution and the underlying evolution and is every part of the material response *not* included in $\epsilon_L(\omega)$ or $\mu_L(\omega)$; i.e., it is all the remaining terms on the right-hand side of Eq. (13). These typically include any nonlinear polarization, angle-dependent linear terms, and the transverse effects; they are analogous to the correction terms used in directional

fields models or the refractive index perturbation Δn^2 used in BPM [\[29\]](#page-11-0). In the language used by Ferrando *et al.* [\[34\]](#page-11-0), these residuals are "source" terms. Although we might hope they will be a weak perturbation, so that we could make the (desirable) unidirectional approximation discussed later, the factorization procedure is valid for *any* strength.

C. Underlying evolution: choice of β and the resulting E^{\pm}

I now examine how the choice of *β* affects the relative sizes of the forward and backward directed *E*⁺ and *E*[−]. To do this I consider the simple example of a medium for which the field is known to propagate with wave vector *k*; but for demonstration purposes we choose an underlying evolution determined by a wave vector β that is different from k . For example, for a linear isotropic medium we could exactly define $k^2 = \beta^2 + \Delta^2$; but in general we would just have some residual (source) term Q. This means that our definitions of forward and backward *directed* fields do not exactly correspond to what the wave equation will actually *evolve* forward and backward as we *propagate* toward larger *z*.

The second-order wave equation is $(\partial_z^2 + \beta^2)E = -Q$, which in the linear case has $Q = \delta^2 E$, so that $(\partial_z^2 + k^2)E = 0$. The factorization in terms of *β* is then

$$
\partial_z E^{\pm} = \pm i\beta E^{\pm} \pm \frac{i\Omega}{2\beta}.
$$
 (14)

Now if we select the case where our field *E* only evolves forward, we know that $E = E_0 \exp[kz]$. Consequently E^{\pm} must have matching oscillations: i.e., $E^{\pm} = E_0^{\pm} \exp[i k z]$, even though *E*[−] is directed backward. Substituting these into Eq. (14) gives

$$
E_0^- = \frac{\beta - k}{\beta + k} E_0^+, \tag{15}
$$

which specifies how much *E*[−] we need to combine with *E*⁺ so that our pulse evolves forward; since the *E*[−] will be dragged forward by its coupling to E^+ . This interdependent E^{\pm} behavior is generic—no matter what the origin of the discrepancy between β and the true evolution of the field (i.e. the residual or source terms such as mismatched dispersion, nonlinearity, diffraction, etc), some nonzero backward directed field *E*[−] must exist but still evolve forwards with *E*⁺. Analogous behavior can be seen in the directional fields approach of Kinsler *et al.* [\[50\]](#page-11-0).

Usually we hope that this residual *E*[−] contribution is small enough so that it can be neglected. If we assume $E^- \simeq 0$, then we find that $k \simeq \beta + \frac{\Delta^2}{2\beta}$, which is just the expansion of $k = (\beta^2 + \Delta^2)^{1/2}$ to first order in Δ^2/β^2 . Following this, we find that Eq. (15) then says that $E_0^- \simeq (\Delta^2/4\beta^2)E_0^+$, which has come full circle and provided us with the scale on which *E*[−] can be considered negligible. Outside the restricted (linear) case where we know Δ^2 , the true wave vector *k* might be difficult to determine and in nonlinear propagation may even change as the pulse propagates.

There is a further important point to notice: if we choose $\beta = \beta(\omega)$ with a frequency dependence, then we see that the sourcelike terms [e.g. diffraction, polarization, etc.; or Δ^2 in Eq. (14)] inherit that dispersion. This means that even if we started with polarization model with instantaneous

nonlinearity, our factorized equations no longer have instantaneous nonlinear terms, as they have become "antidispersed" by the factor of $\beta(\omega)^{-1}$; as indeed have the other residual terms. This matches exactly what happens in the directional fields approach of Kinsler *et al.* [\[50\]](#page-11-0), where choosing a dispersive reference has an equivalent effect on the correction terms.

V. UNIDIRECTIONAL WAVE EQUATIONS

Making only a single well-defined type of approximation I can now reduce the exact coupled bidirectional evolution of E_{\perp} down to a single unidirectional first-order wave equation. I do not require a moving frame, a smooth envelope, or to assume inconvenient second-order derivatives are somehow negligible: all these are frequently required in standard treatments, and even extensions use them [\[19,26,27,30,31,39\]](#page-11-0). The approximation is that the residual terms are weak compared to the (underlying) $\pm i \beta \vec{E}$ term—e.g., weak nonlinearity, angle dependence, and diffraction. This enables me to assert that if I start with $E^- = 0$, then E^- will remain negligible—see my estimate in subsection [IV C.](#page-4-0) In this context, "weak" means that no significant change in the backward field is generated in a distance shorter than one wave period ("slow evolution") and that small effects do not build up gradually over propagation distances of many wavelengths ("no accumulation").

Slow evolution is where the size of the residual terms is much smaller than that of the underlying linear evolution—i.e., smaller than $\beta \vec{E}$. This allows us to write down straightforward inequalities which need to be satisfied. It is important to note the close relationship between these and a good choice of β , as discussed in subsection [IV C.](#page-4-0) If *β* is not a good enough match, there always be significant contributions from both forward and backward directed fields; and even if nothing ends up *evolving* backward, an ignored backward directed field will result in miscalculated nonlinear effects, since the total field $\vec{E} = \vec{E}^+ + \vec{E}^-$ will be different to the assumed value of \vec{E}^+ .

No accumulation occurs when the evolution of any backward directed field *E*− is dominated by its coupling via the residual terms to the forward directed field \vec{E}^+ ; and not by its preferred underlying backward evolution. No accumulation means that forward-evolving field components do not couple to field components that evolve backward; this the typical behavior since the phase mismatch between forward-evolving and backward-evolving components is ∼2*β*; in essence it is comparable to the common rotating wave approximation (RWA). This rapid relative oscillation means that backwardevolving components never accumulate, as each new addition will be out of phase with the previous one; it is not quite a "no reflection" approximation, but one that asserts that the many microreflections will not combine to produce something significant. An estimate of the conditions required to break this approximation are given in Appendix B ; generally speaking this is a much more robust approximation than the slow evolution one. Of course, periodic spatial modulation of the medium gives periodic residual terms, and these can be engineered to force phase matching. In most contexts this would be a periodicity based on a relatively small phase mismatch (see, e.g., quasi phase matching in Boyd [\[39\]](#page-11-0)); but might even go as far as matching the backward wave (see, e.g., Ref. [\[53\]](#page-11-0)).

It is also important to note that the same small size of perturbation from the residual terms *can* accumulate on the forwardevolving field components (or, indeed, the backward perturbation on the backward-evolving field components). Although the magnitude of the residual terms acting on the forward and backward field evolution are identical, forward-evolving components of the residuals can accumulate on the forwardevolving field because they are phase matched, whereas backward residuals are not and rapidly average to zero.

A. Polarization and magnetization

To see most clearly how different optical effects satisfy this slow evolution criteria, I will split the total polarization \vec{P}_{ϵ} into pieces:

$$
\mu_L(t) \star \vec{P}_{\epsilon}(\vec{E}, \vec{r}, t) = \phi_{\epsilon}(\vec{E}, t) \star \vec{E}(\vec{r}, t) + \vec{V}_{\epsilon}(\vec{E}, \vec{r}, t)
$$

\n
$$
= \phi_L(\vec{E}, t) \star \vec{E}(\vec{r}, t)
$$

\n
$$
+ \phi_N(\vec{E}, t) \star \vec{E}(\vec{r}, t)
$$

\n
$$
+ \vec{V}_L(\vec{E}, \vec{r}, t) + \vec{V}_N(\vec{E}, \vec{r}, t). \quad (16)
$$

The part which is scalar in nature is represented by ϕ_{ϵ} ; it might contain linear parts and time response (ϕ_L) , but can also be a function of transverse wave vector (i.e., be angle dependent) or contain nonlinear contributions ϕ_N such as the third-order Kerr nonlinearity with $\phi_N E \propto (E \cdot E)E$. The vector part V_{ϵ} would typically be, e.g., a second-order nonlinearity, which couples the ordinary and extraordinary field polarizations. Note that this description of the material parameters does not restrict allowed values of ϵ in any way; they can include any order of nonlinearity.

The same can be done for \overline{M}_{μ} , the nonisotropic and nonlinear (i.e., the non- μ_L) part of the magnetization. However, the calculations will all follow the same basic pattern that they do for \vec{P}_{ϵ} , albeit somewhat complicated by the curl operation. Since magnetic nonlinearity is rarely present when considering optical propagation, I leave detailed assessment of such effects to later work.

B. Residual terms and slow evolution

Now I will treat each possible residual term in order, where the oppositely directed field is negligible: i.e., for E^{\pm} , we have that $\vec{E}^{\pm} \simeq 0$, where the scalar ϵ_L contains the linear response of the material that is both isotropic and lossless (or gainless); since here it is a time-response function, it is convolved with the electric field \vec{E} . Note that the field vectors \vec{E} , \vec{D} , and indeed the material parameter ϵ_L are all functions of time *t* and space $\vec{r} = (x, y, z)$; the polarization \vec{P}_{ϵ} and its components ϕ_{ϵ} , \vec{V}_{ϵ} are a functions of time *t*, space \vec{r} , and the field *E*.

Below I will refer to field components E_i , where $E \equiv$ (E_x, E_y, E_z) and $i \in \{x, y, z\}$; also to wave vector components *k_i* from $\vec{k} = (k_x, k_y, k_z)$, with $k_{\perp}^2 = k_x^2 + k_y^2$. However, note that in the constraints below, that k_{\perp} is also used as a substitute symbol to represent any one of k_x , k_y , or k_\perp .

First, we have the diffraction term $\vec{\nabla}^2_{\perp} \vec{E}$, which is linear. For $i, j \in \{x, y\}$, and in transverse wave vector space, the criteria is

$$
\frac{k_j^2 |E_i^+ + E_i^-| / 2\beta}{\iota \beta |E_i^+|} \simeq \frac{\iota k_j^2 |E_i^+| / 2\beta}{\iota \beta |E_i^+|} = \frac{k_j^2}{2\beta^2} \ll 1. \tag{17}
$$

<i>u

This is just the criterion already given in Ref. [\[54\]](#page-11-0) and is identical to the standard paraxial criteria. This diffraction constraint applies only to the transverse behavior of the pulse; it does not constrain the pulse's intensity, temporal bandwidth, or field profile in any way.

Second, scalar polarization terms $φ_ε$, which can be either linear (ϕ_L) or nonlinear $[\phi_N(E)]$. These might encode, e.g., some of the dispersion, birefringence, or perhaps an angledependent refractive index; if nonlinear they might arise from, e.g., a third-order nonlinearity. Such terms give us the criterion

$$
\frac{\iota \phi_{\epsilon} |E_i^+ + E_i^-| / 2\beta}{\iota \beta |E_i^+|} \simeq \frac{\iota \phi_{\epsilon} |E_i^+| / 2\beta}{\iota \beta |E_i^+|} = \frac{\phi_{\epsilon}}{2\beta^2} \ll 1. \quad (18)
$$

In the linear case, $\phi = \phi_L$ is independent of *E*, so only the material parameters are constrained, the pulse properties play no role. In the nonlinear case, e.g., for a third-order nonlinearity, as already treated in Refs. [\[35,45\]](#page-11-0), we have $\phi \equiv$ $\phi_N \simeq \chi^{(3)}|\vec{E}^+|^2$. Thus the nonlinear criteria makes demands on the peak intensity of the pulse—but does not apply smoothness assumptions or bandwidth restrictions.

Third, linear and nonlinear terms from \vec{V}_{ϵ} . These will have a criterion broadly the same as the scalar cases in Eq. (18), but with \vec{V}_{ϵ} replacing $\phi_{\epsilon} \vec{E}$. Thus for $i \in \{x, y, z\}$, we can write down constraints for each component of the vector \vec{V}_{ϵ} , which are

$$
ik_0^2|V_{\epsilon,i}|/2\beta \ll i\beta|E_i^{\pm}| \Longrightarrow |V_{\epsilon,i}| \ll 2\frac{\beta^2}{k_0^2}|E_i^{\pm}|. \quad (19)
$$

In the linear case, $\vec{V}_{\epsilon} \equiv \vec{V}_{L}$, and since \vec{V}_{L} and \vec{E} have some linear relationship, this criterion only constrains the material parameters contained in V_L , not the pulse. In the nonlinear case, $\vec{V}_{\epsilon} \equiv \vec{V}_{N}$, the same holds except just as for scalar nonlinear terms, the peak pulse intensity is restricted; e.g., for a $\chi^{(2)}$ medium, $|\vec{V}_N| \sim \chi^{(2)}|\vec{E}|$.

However, one complication of the vector cases is that a field consisting of only one field polarization component (e.g., E_x^+) may induce a driving in the orthogonal (and initially zero) components (e.g., E_y^{\pm}). Hence both E_y^{\pm} fields will be driven with the same strength, so it is far from obvious that we can set E_y^+ to zero, but still keep the E_y^+ without being inconsistency. However, as described above, it is the phase matching which ensures that forward residuals accumulate, while the nonmatched backward residuals are subject to the RWA and become negligible: hence we can still rely on Eq. (19), albeit under caution.

Fourth, we have the divergence term $\vec{\nabla}\vec{\nabla} \cdot \vec{P}_{\epsilon}$. Often this term is considered negligible and discarded even before writing down the second-order wave equation; nevertheless we should test it. Here we consider just scalar linear or nonlinear terms *φ*, but the arguments can be adapted to vector terms as done above; in any case the results are comparable. For $i, j \in \{x, y, z\}$, we have

$$
ik_{i}k_{j}|P_{j}^{+} + P_{j}^{-}|/2\beta \ll i\beta |E_{i}^{\pm}|
$$

$$
\frac{k_{i}k_{j}}{2\beta^{2}}\phi|E_{j}^{+} + E_{j}^{-}| \ll |E_{i}^{\pm}|.
$$
 (20)

There are four distinct cases to consider here but only two resulting criteria. First, if $i \in \{x, y\}$, then whether $j \in \{x, y\}$

or $j \equiv z$ we find that

$$
\frac{k_{\perp}^2}{2\beta^2}|\phi| \ll 1\tag{21}
$$

since $|E_z|/|E_i| \sim k_{\perp}/\beta$; this we see that this is a combination of both the diffraction and nonlinear criteria and is thus easily satisfied. For the second, where $i \equiv z$, all the wave vector contributions cancel, leaving simply

$$
|\phi| \ll 1. \tag{22}
$$

It is thus directly comparable to the scalar nonlinear criteria above and equally likely to be satisfied; the comparable vector criteria are $k_{\perp}^2 V_i/2\beta^2 \ll E_i$ and $V_i \ll E_i$.

Fifth, we must consider the charge density ρ and charge current \vec{J} . These criteria are simple to write down, but whether they are satisfied will depend on the initial conditions and the response of how these are modeled to the propagating pulse. This is something that may need to be checked during simulation or solution of the pulse propagation, and not assumed beforehand, although Berge and Skupin [\[40\]](#page-11-0) discuss the issues in the context of optical beam filamentation. The charge and current constraints are

$$
\frac{|\rho|}{2\beta^2\epsilon_0|\epsilon_L|} \ll |E_i|,\tag{23}
$$

$$
\frac{k_0\mu_L|J_i|}{2\beta^2c} \ll |E_i|.\tag{24}
$$

Sixth, a constraint on the non- μ _{*L*} magnetization \overline{M}_{μ} can also be written down, although (as already discussed) I leave the details for later work. It is

$$
\frac{k_0 c}{2\beta^2} |\vec{\nabla} \times \vec{M}_{\mu}| \ll |E_i|.
$$
 (25)

Here the curl operator might often be expected to return a value of order β , so with $k_0 \sim \beta$ we have $c|M_\mu|/2 \ll |E_i|$.

To summarize, the diffraction criterion asserts the beam must be sufficiently paraxial, the linear criteria asserts the material must have weak dispersion, and the nonlinear criteria assert the nonlinear effect must be weak. Paraxiality is determined by our experimental conditions and can thus be guaranteed if desired, and for most optical materials, the dispersion is sufficiently weak—except perhaps in the vicinity of resonances or band gaps. Weak nonlinearity is invariably guaranteed by material damage thresholds, since the material suffers damage long before nonlinear effects become strong—nevertheless, the effects of such strong nonlinearities on unidirectional approximations have been analytically and numerically studied [\[45\]](#page-11-0). Finally, it is worth noting that each criterion is independent of the others, so each effect can be tested for separately.

C. Unidirectional equation for *E***+**

In the case where all of the wavelength-scale slow-evolution criteria listed above hold, we can be sure that the backward directed field \vec{E} [−] is negligible, and if the no-accumulation condition also holds, then neither will there be any backwardevolving contributions to the field. Consequently, we can be sure that an initially negligible *E*− remains so, and again with

 $k_0 = \omega/c$, the bidirectional Eq. [\(13\)](#page-4-0) simplifies to

$$
\partial_z \vec{E}^+(\omega) = +i\beta(\omega)\vec{E}^+(\omega) + \frac{i\vec{\nabla}_{\perp}^2}{2\beta(\omega)}\vec{E}^+(\omega) \n+ \frac{i k_0^2(\omega)\mu_L}{2\beta(\omega)}\vec{P}_{\epsilon}(\vec{E}^+, \omega) - \frac{k_0(\omega)\mu_0}{2\beta(\omega)c}\vec{J}(\omega) \n- \frac{k_0(\omega)c}{2\beta(\omega)}\vec{\nabla} \times \vec{M}_{\mu}(\vec{H}^+) + \frac{i}{2\beta(\omega)\epsilon_L(\omega)} \n\times \vec{\nabla} \left[\vec{\nabla} \cdot \vec{P}_{\epsilon}(\vec{E}^+, \omega) - \frac{\rho(\omega)}{\epsilon_0} \right].
$$
\n(26)

Here now the polarization \vec{P}_{ϵ} , diffraction, and divergence are solely dependent on the forward directed field (E^+) . Likewise the magnetization term \vec{M}_{μ} should be considered as being solely dependent on the forward directed field (H^+) —although we will need to estimate the value of H^+ using the known electric field \vec{E}^+ . Since we are in a slow evolution approximation, a good estimate for the components of \vec{H}^+ will simply be those of \vec{E}^+ scaled by $\epsilon_0(\epsilon_L/\mu_L)^{1/2}c$; so that (e.g.) H_y^+ depends on E_x^+ . Also, the $\vec{\nabla} \times \vec{M}_\mu$ will be dominated by the *z* dependence of its *x* and *y* components, so that it will typically generate factors of order $\beta|M_\mu|$.

Although I have included magnetic effects in the derivation of Eq. (26), I do not consider specific cases in detail, as has been done for plane-polarized light in, e.g., Refs. [\[55–57\]](#page-11-0). The derivations in those articles are "traditional" in the sense that each consists of multiple interim stages at which an additional approximation is applied; it is instructive to compare those derivations with mine, in particular, e.g., all apply bandwidth limitations, and discard various high-order derivative terms that are not specific to their choice of propagation medium. Although Scalora *et al.* [\[55\]](#page-11-0) is the least aggressive in this respect, it does not allow for magnetic nonlinearity.

VI. MODIFICATIONS

Let us now consider some of the strategies used in other approaches, some of which were *required* in order to get approximations that eventually achieved a sufficiently simple evolution equation. In particular, the various envelope equations (e.g., Refs. [\[19,27,30,31\]](#page-11-0), and even Refs. [\[56,57\]](#page-11-0)) all use comoving frames and/or envelopes as a preparation for discarding inconvenient derivatives: here such steps are optional extras. In this factorization approach shown here, none of these were required, but they nevertheless may be useful. Examples are as follows:

- 1. A *comoving frame* can now be added, using $t' = t z/v_f$. This is a simple linear process that causes no extra complications; the leading right-hand side $\iota \beta E^+$ term is replaced by $\iota(\beta \mp k_f)E^{\pm}$, for frame speed $v_f = \omega_1/k_f$. Note that setting $\beta = k_f$ will freeze the phase velocity of a pulse centered at ω_1 , not the group velocity.
- 2. The *field can be split up* into pieces localized at certain frequencies, as done in descriptions of OPAs or Raman combs (as in, e.g., Refs. [\[27,58,59\]](#page-11-0)). The wave equation can then be separated into one equation for each piece, coupled

by the appropriate frequency-matched polarization terms (see, e.g., Ref. $[60]$).

- 3. A *carrier-envelope* description of the field is not required but can easily be implemented with the usual prescription of $[39,61]$ $E(t) = A(t) \exp[i(\omega_1 t - k_1 z)] +$ $A^*(t) \exp[-i(\omega_1 t - k_1 z)]$ defining the envelope $A(t)$ with respect to carrier frequency ω_1 and wave vector k_1 ; this also provides a built in a comoving frame $v_f = \omega_1/k_1$. Multiple envelopes centered at different carrier frequencies and wave vectors (ω_i, k_i) can also be used [\[39,60\]](#page-11-0).
- 4. *Bandwidth restrictions* might be added (see below), either to ensure a smooth envelope or to simplify the wave equations; in addition they might be used to separate out or neglect frequency mixing terms or harmonic generation. As it stands, no bandwidth restrictions were applied when deriving Eq. (26)—there are only the limitations of the dispersion and/or polarization models to consider.
- 5. *Mode averaging* is where the transverse extent of a propagating beam is not explicitly modeled but is subsumed into a description of a transverse mode profile; as such it is typically applied to situations involving optical fibers or other waveguides. See, e.g., Ref. [\[62\]](#page-11-0) for a recent approach, which goes beyond a simple addition of a frequency dependence to the "effective area" of the mode and generalizes the effective area concept itself.

A wave equation like that derived above, but limited to describing propagation in optical fibres (i.e., a dispersive and third-order nonlinear material), has already been studied [\[35\]](#page-11-0); but it did not consider the effects of diffraction or angle dependent refractive index, vector polarization terms, or the divergence of \vec{P}_{ϵ} . It did, however, show a stunning level of agreement between undirectional envelope and PSSD [\[21\]](#page-11-0) Maxwell equations simulations in the case of optical carrier wave shocking—even though it described the pulse using an envelope!

If desired, we can easily recover wave equations that match the SEWA and SVEA wave equations already in common use, by applying bandwidth constraints to our field, and making approximations based on them. First, we set $k_0 = \omega_0(1 + \delta)/c$, with $\delta = (\omega - \omega_0)/\omega_0$. Then assume that our field \dot{E}^+ has a bandwidth much smaller than the carrier frequency ω_0 , so that $E(\omega_0(1+\delta))$ is only non-negligible for $\delta \ll 1$; thus we can now assume $\delta^2 \simeq 0$. This bandwidth constraint amounts to an assumption about the smoothness of the pulse in the time domain. The k_0^2 factor now simplifies to $k_0^2 \simeq \omega_0^2(1+2\delta)/c^2$, and hence we get a *nonenvelope* but otherwise SEWA-like wave equation [\[19\]](#page-11-0), which is

$$
\partial_z \vec{E}^+(\omega) = +i(\beta(\omega) - k_f)\vec{E}^+(\omega) + \frac{i}{2\beta(\omega)}\vec{\nabla}^2_{\perp}\vec{E}^+(\omega) \n+ \frac{i\omega_0^2\mu_L}{2c^2\beta(\omega)} \left[1 + 2\frac{\omega - \omega_0}{\omega_0}\right] \vec{P}_\epsilon(\vec{E}^+(\omega), \omega).
$$
\n(27)

The next level of bandwidth-limiting approximation takes us back to an equation matching the venerable SVEA. To achieve this we take such narrow-band fields that we can set $\delta \simeq 0$, and so

$$
\partial_z \vec{E}^+(\omega) = +i(\beta(\omega) - k_f)\vec{E}^+(\omega) + \frac{i}{2\beta(\omega)}\vec{\nabla}^2_{\perp}\vec{E}^+(\omega) + \frac{i\omega_0^2\mu_L}{2c^2\beta(\omega)}\vec{P}_\epsilon(\vec{E}^+(\omega), \omega).
$$
 (28)

Neither of these (SEWA-like, SVEA-like) wave equations are required to incorporate an envelope-carrier description of the fields or a comoving frame as demanded by the usual SEWA or SVEA derivations; the moving frame specified by k_f above is a mere convenience, and k_f may be set to zero. Strictly speaking, to match the SEWA or SVEA wave equations most closely, we should also set *β* to a fixed value and put *all* of the remaining linear dielectric properties of the material into \vec{P}_{ϵ} .

Even in the SVEA limit, the factorization technique allows us to recover the same propagation equations as derived using standard approaches, but this derivation now gives us a better (and much simpler) basis on which to judge their robustness to strong nonlinearity, angle-dependent refractive indices, and diffraction or transverse effects. Note in particular that the linear constraints given in Sec. [V](#page-5-0) depend *only* on the material properties and not on the field in any way. The nonlinear constraints are the same, but with an additional dependence on the peak field strength—but importantly, *not* its smoothness or bandwidth.

It is important to remember that introducing an envelope and carrier representation of the pulse remains useful. This is because a well-chosen carrier frequency ω_1 will almost certainly provide an envelope smoother than the field itself; this will provide a more intuitive picture but will also have advantages for numerical computation.

VII. EXAMPLES

A. Third-order nonlinearity

Third-order nonlinearities are common in many materials, e.g., in the silica used to make optical fibers [\[36\]](#page-11-0). Here I study propagation in a comparable material but also allow for magnetic dispersion. The propagation is based around a wave vector reference $β$, where the residual frequency dependence of the material refractive index is represented by a dimensionless parameter *κ* dependent on the linear dispersive parts of the permittivity ϵ_d and permeability μ_d , so that $\kappa = \omega(\epsilon_d \mu_d)^{1/2} / \beta - 1$. The instantaneous electric third-order nonlinearity is $\chi^{(3)}$. For plane polarized fields, the unidirectional wave equation for $E_x^{\dagger}(\omega)$ can be derived from Eq. [\(26\)](#page-7-0), and with the usual $k_0 = \omega/c$ is

$$
\partial_z E_x^+ = +i\beta [1 + \kappa] E_x^+ + \frac{i k_0^2 \mu_L}{2\beta} \times \mathcal{F} \big[\chi^{(3)} E_x^2(t) E_x^+(t) \big] + \frac{i \vec{\nabla}_{\perp}^2}{2\beta} E_x^+, \qquad (29)
$$

where \mathfrak{F} [...] is the Fourier transform that converts the timedomain nonlinear polarization into its frequency domain form.

This is a generalized nonlinear Schrödinger (NLS) equation but is for the full field (i.e., uses no envelope description) and retains the full nonlinearity (i.e., retains the third-harmonic generation (THG) term). The only assumptions made are that of transverse fields, weak dispersive corrections *κ*, and weakly nonlinear response; these all allow us to decouple the forward and backward wave equations. This decoupling then allows us, without any extra approximation, to reduce our description to one of forward only pulse propagation. The specific example chosen here is for an instantaneous cubic nonlinearity, but it is easily generalized to noninstantaneous cases or other scalar nonlinearities.

We can transform Eq. (29) into a NLS equation by representing the field in terms of an envelope and carrier, where the carrier has a fixed frequency ω_1 and wave vector k_1 ; i.e., using

$$
E_x^+(t) = A(t) \exp[i(\omega_1 t - k_1 z)] + A^*(t) \exp[-i(\omega_1 t - k_1 z)].
$$
 (30)

In the frequency domain an arbitrary frequency *ω* differs from the carrier frequency ω_1 by an offset Δ ; i.e., $\omega = \omega_1 + \Delta$; hence the frequency domain counterpart to $A(t)$ is best written $A(\Delta)$, not $A(\omega)$. We proceed by setting β to have the constant value k_1 and ignoring the off-resonant third-harmonic generation term, which is usually very poorly phase matched. After separating into a pair of complex-conjugate equations (one for *A*, one for *A*[∗]), this gives us the expected NLS equation with diffraction. The chosen carrier effectively moves us into a frame that freezes those carrier oscillations, but this differs from one that is comoving with the pulse envelope, i.e., one moving at the group velocity $v_g = \frac{\partial \omega}{\partial k}$. After we transform into a frame comoving with the group velocity, where at ω_1 we have $K_g = \omega_1 (v_g^{-1} - v_p^{-1})$, the frequency domain wave equation is

$$
\partial_z A = +iK(\Delta)A + \frac{i k_0^2 \mu_L}{2k} \mathcal{F}[\chi^{(3)} |A(t)|^2 A(t)] + \frac{i \vec{\nabla}_{\perp}^2}{2k} A,
$$
\n(31)

with $K(\Delta) = k\kappa(\omega_1 + \Delta) + K_g$. All that has been assumed to derive this equation is uni-directional propagation and negligible THG. This Eq. (31) is for a magnetically dispersive system broadly comparable to that giving rise to the Eq. (12) of Scalora *et al.* [\[55\]](#page-11-0) [henceforth Eq. $(S12)^3$]; although I have additionally retained diffraction and any order of dispersion.

Many instances of NLS-type equations, such as that of Eq. (S12) or simpler forms (e.g., Ref. [\[36\]](#page-11-0)), are written in the time domain, which means that it is more complicated to represent the full range of the dispersive response. When transforming Eq. (31) into the time domain, the dispersion term $K(\Delta)A(\Delta)$ becomes a convolution—but it can also be represented as a Taylor series in time derivatives. This Taylor series is usually reduced to a few low-order terms, and when using the correct group velocity, the lowest order term is a quadratic. Also often seen in NLS equations is the self-steepening term [again see Eq. (S12)]. This selfsteepening term be obtained from Eq. (31) by expanding $k_0^2 = \omega^2/c^2 = (\omega_1 + \Delta)^2/c^2$, in a similar manner to deriving a SEWA-like equation as discussed in the previous section. Then the leading term ($\propto \omega_1^2$) gives the usual nonlinear term, while the first-order contribution ($\propto 2\omega_1\Delta$) gives the single time derivative needed for self-steepening in the time domain. Also present in Eq. (S12), but *not* in Eq. (31), is a term

³Note that Eq. (S12) has scaled both the time and space parameters.

proportional to $\chi^{(3)}$ squared. Here such a term is not present because it is second-order correction, while the unidirectional approximation applied here is first order. While it is possible to incorporate higher-order corrections, one has to be careful to remain consistent and not miss other significant corrections of the same order, nor to include unnecessary terms which should strictly be considered negligible.

B. Second-order nonlinearity

The case of second-order nonlinearity is a little more complicated, since it typically couples the two possible polarization states of the field together [\[39\]](#page-11-0). For simplicity, I will avoid an exhaustive, detailed derivation from first principles, and instead just give example wave equations directly. Indeed, they can be easily inferred directly from the format of the coupling in standard treatments.

In second-order nonlinear interactions such as optical parametric amplification (OPA) in lithium borate (LBO) using birefringent phase-matching, two field polarizations need to be considered. To model the cross-coupling between the orthogonally polarized fields, it is necessary to solve for both field polarizations and to allow for the birefringence we need a pair of linear responses, i.e., $\kappa_x(\omega)$, $\kappa_y(\omega)$.

Since it is convenient, I split the vector form of the E^{\pm} wave equation up into its transverse *x* and *y* components. The propagation is based around a wave vector reference *β*, where the residual frequency dependence of the material refractive index in the *x* or *y* directions is represented by a dimensionless parameter κ_i , for $i \in \{x, y\}$. This κ_i is dependent on the linear dispersive parts of the permittivities $\epsilon_{d,i}$ and permeabilities $\mu_{d,i}$, so that $\kappa_i = \omega(\epsilon_{d,i} \mu_{d,i})^{1/2} / \beta - 1$. The instantaneous electric second-order nonlinear coefficient is $\chi^{(2)}$. Based on Eq. [\(26\)](#page-7-0), and for second harmonic generation in the orthogonal polarization (i.e., a type I OPA), the wave equations for $E_x^+(\omega)$ and $E_y^+(\omega)$ (with the usual $k_0 = \omega/c$) are

$$
\partial_z E_x^+ = +i\beta \left[1 + \kappa_x \right] E_x^+ + \frac{i k_0^2 \mu_L}{2\beta} \mathcal{F}
$$

$$
\times \left[2\chi^{(2)} E_y^+(t) E_x^+(t) \right] \frac{i \vec{\nabla}_{\perp}^2}{2\beta} E_x^+ \tag{32}
$$

$$
\partial_z E_y^+ = +i\beta [1 + \kappa_y] E_y^+ + \frac{i k_0^2 \mu_L}{2\beta} \mathcal{F}
$$

$$
\times \left[\chi^{(2)} E_x^{+2}(t) \right] + \frac{i \vec{\nabla}_{\perp}^2}{2\beta} E_y^+, \tag{33}
$$

where \mathfrak{F} [...] is the Fourier transform that converts the timedomain nonlinear polarization into its frequency domain form. The specific example chosen here is easy to modify to allow for or incorporate other $\chi^{(2)}$ processes. Remarkably, it is also strikingly similar in appearance (although not in detail) to the usual SVEA equations used to propagate narrow-band pulse envelopes; despite the lack of a comoving frame, and even though they are for the field, not an envelope.

We can transform Eqs. (32) , (33) into the usual equations for a parametric amplifier by representing the *x* and *y* polarized fields in terms of three envelopes and carrier pairs:

$$
E_x(t) = A_1(t) \exp [t(\omega_1 t - k_1 z)]
$$

+
$$
A_1^*(t) \exp [-t(\omega_1 t - k_1 z)]
$$

$$
+ A_2(t) \exp [t(\omega_2 t - k_2 z)]
$$

+
$$
A_2^*(t) \exp [-t(\omega_2 t - k_2 z)]
$$
 (34)

$$
E_y(t) = A_3(t) \exp[i(\omega_3 t - k_3 z)] + A_3^*(t) \exp[-i(\omega_3 t - k_3 z)],
$$
 (35)

where $\omega_3 = \omega_1 + \omega_2$. After separating into pairs of complexconjugate equations (one each for A_i , one for A_i^*), and ignoring the off-resonant polarization terms, Just as for the NLS example above, we also transform into a frame comoving with the group velocity, although here we select the group velocity of a preferred frequency component (perhaps *ω*3), with, e.g., $K_g = \omega_3(v_g^{-1} - v_p^{-1})$. Choosing β for each equation differently, i.e., with $\beta \in \{k_1^r, k_2, k_3\}$, the wave equations for the $A_i(\omega)$ are

$$
\partial_z A_1 = iK_1(\Delta)A_1 + \frac{i k_0^2 \mu_L}{2k_1} \mathcal{F} \Big[2\chi^{(2)} A_3(t) A_2^*(t) \Big] \times e^{-t\Delta k z} + \frac{i \vec{\nabla}_{\perp}^2}{2k_1} A_1 \tag{36}
$$

$$
\partial_z A_2 = iK_2(\Delta)A_2 + \frac{i k_0^2 \mu_L}{2k_2} \mathcal{F} \Big[2\chi^{(2)} A_3(t) A_1^*(t) \Big] \times e^{-i\Delta k z} + \frac{i\vec{\nabla}_{\perp}^2}{2k_2} A_2 \tag{37}
$$

$$
\partial_z A_3 = iK_3(\Delta)A_3 + \frac{i k_0^2 \mu_L}{2k_3} \mathcal{F} \big[\chi^{(2)} A_1(t) A_2(t) \big] \times e^{+t\Delta k z} + \frac{i \vec{\nabla}_{\perp}^2}{2k_3} A_3.
$$
\n(38)

Here $K_i(\Delta) = k_i \kappa_x(\omega_i + \Delta) + K_g$, with $i \in \{1, 2\}$; and $K_3(\Delta) = k_3 \kappa_y (\omega_3 + \Delta) + K_g$. The phase mismatch term is $\Delta k = k_3 - k_2 - k_1$. The only approximations used to derive these equations are unidirectional propagation and negligible off-resonant polarization terms.

VIII. CONCLUSION

I have derived a general first-order wave equation for unidirectional pulse propagation that allows for arbitrary dielectric polarization, diffraction, and free electric charge and currents; even magnetic dispersion and other magnetic responses are allowed. After factorizing the second-order wave equation into an exact bidirectional model, it applies the same slow-evolution approximation to all nontrivial effects (e.g., nonlinearity, diffraction) and so reduces the propagation equations to a first-order unidirectional wave equation. My derivation contrasts with typical approaches, which often rely on a comoving frame and a sequence of different approximations, such as *ad hoc* assumption of negligible second derivatives. In the appropriate limits, it turns out that many existing derivations have given similar but more restricted results to those presented here. As a result, with minimal adjustment, existing numerical and theoretical models could be adapted to take advantage of this sounder theoretical basis, more straightforward approximations, and simpler error-term calculations.

The improved "factorization" derivation presented here allows a term-to-term comparison of the exact bidirectional theory with its approximate unidirectional counterpart so the approximation used (and its consequences) is much more easily understood. This means that pulse propagation models in the extreme ultrafast and wide-band limits can be made more robust—since differences between exact bidirectional and approximate unidirectional propagation can be straightforwardly computed.

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APPENDIX A: FACTORIZING

Here I present a simple overview of the mathematics of the factorization procedure, since full details can be found in Ref. [\[34\]](#page-11-0). In the calculations below, I transform into wave vector space, where the *z* derivative ∂_z is converted to *ik*. Also, we have that $\beta^2 = n^2 \omega^2/c^2$, and the unspecified residual term is denoted *Q*. The second-order wave equation can then be written

$$
\left[\partial_z^2 + \beta^2\right]E = -Q\tag{A1}
$$

$$
[-k^2 + \beta^2]E = -Q \tag{A2}
$$

$$
E = \frac{1}{k^2 - \beta^2} Q = \frac{1}{(k - \beta)(k + \beta)}
$$
 (A3)

$$
= \frac{-1}{2\beta} \left[\frac{1}{k+\beta} - \frac{1}{k-\beta} \right] Q.
$$
 (A4)

Now $(k - \beta)^{-1}$ is a forwardlike (Green's function) propagator for the field, but note that, in my terminology, it *evolves* the field. The complementary backwardlike propagator is $(k +$ β)⁻¹. As already described in the main text, we now write $E = E^+ + E^-$ and split the two sides up to get

$$
E^{+} + E^{-} = \frac{-1}{2\beta} \left[\frac{1}{k + \beta} - \frac{1}{k - \beta} \right] Q
$$
 (A5)

$$
E^{\pm} = \frac{\pm 1}{2\beta} \frac{1}{k \mp \beta} Q \tag{A6}
$$

$$
[k \mp \beta] E^{\pm} = \pm \frac{1}{2\beta} \frac{1}{k \mp \beta} Q \tag{A7}
$$

$$
ikE^{\pm} = \pm i\beta E^{\pm} \pm \frac{i}{2\beta} Q. \tag{A8}
$$

Finally, we transform the wave vector space *ık* terms back into normal space to give *z* derivatives, resulting in the final form

$$
\partial_z E^{\pm} = \pm i \beta E^{\pm} \pm \frac{i}{2\beta} Q. \tag{A9}
$$

APPENDIX B: THE NO ACCUMULATION APPROXIMATION

In the main text, I describe the no accumulation approximation in spectral terms as a RWA approximation. However, it is hard to set a clear, accurate criterion for the RWA

approximation to be satisfied in the general case, since it requires knowledge of the entire propagation before it can be justified. In this appendix, I take a different approach to determine the conditions under which the approximation will be satisfied.

First, consider a forward-evolving field so $E =$ $E_0 \exp(i kz)$, and therefore

$$
E_0^- = \frac{k - \beta}{k + \beta} E_0^+ = \xi E_0^+, \tag{B1}
$$

where as noted *k* can be difficult to determine and may even change dynamically; here we can assume it corresponds to the propagation wave vector that would be seen at if all the conditions holding at a chosen position also held everywhere else. On this basis, we can even define $k = k(z)$, where by analogy to the linear case we might assert that $k^2(z) = \beta^2 +$ $Q(z)/E(z)$ so for small Q, we have $kE \simeq \beta(E + \frac{Q}{2\beta^2})$.

Let us start by assuming our field is propagating and evolving forwards (only), with perfectly matched E^{\pm} fields so $E^- = \xi E^+$, but then it happens that Q changes by δQ over a small interval *δz*; likewise *ξ* changes by *δξ* . The *E*[±] will no longer be matched, and now the total field splits into two parts that evolve in opposite directions. The part that continues to evolve forward has E^+ nearly unchanged, but the forward-evolving *E*[−] has changed size [and is now α ($\xi - \delta \xi$)] to stay perfectly matched according to the new Q. The rest of the old E^{-} ($\propto \delta \xi$) now propagates backward, taking with it a tiny fraction of the original E^+ (and is $\propto \xi \delta \xi$).

Comparing the two backward-evolving *E*[−] components at *z* and $z + \delta z$, and taking the limit $\delta z \rightarrow 0$, enables us to estimate that the backward-evolving *E*[−] field changes according to

$$
\partial_z E_{0,\text{backward}}^- = \frac{2\beta}{(k+\beta)^2} [\partial_z k] E_{0,\text{forward}}^+.
$$
 (B2)

Using the small- Ω approximation for k , we can write

$$
\partial_z E_{0,\text{backward}}^- = \frac{1}{(k+\beta)^2} [\partial_z \mathcal{Q}] e^{-lkz}.
$$
 (B3)

where the exponential part removes any oscillations due to the linear part of \mathcal{Q} ; i.e., if $\mathcal{Q} = \chi E$ then

$$
\partial_z E_{0,\text{backward}}^- = \frac{1}{(k+\beta)^2} [\partial_z \chi]. \tag{B4}
$$

So here we see that backward-evolving fields are only generated from forward-evolving fields due to changes in the underlying conditions (i.e., either material response or pulse properties) but that for the reflection to be strong those changes will have to be significant on the order of a wavelength or be periodic so that phase matching of the the backward wave could occur.

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