Lifetime of weakly bound dimers of ultracold metastable helium studied by photoassociation

S. Moal, M. Portier, N. Zahzam, and M. Leduc

École Normale Supérieure, Laboratoire Kastler Brossel, 24 rue Lhomond, 75231 Paris Cedex 05, France and Institut Francilien de Recherche sur les Atomes Froids, 24 rue Lhomond 75231 Paris Cedex 05, France

(Received 20 December 2006; published 26 March 2007)

We describe two-photon photoassociation (PA) experiments operated in an ultracold gas of metastable ⁴He^{*} atoms in the 2 ${}^{3}S_{1}$ state. Atom-molecule dark resonances as well as Raman signals provide information on the exotic molecule in the least bound vibrational J=2, v=14 state of the ${}^{5}\Sigma_{g}^{+}$ interaction potential of two spinpolarized metastable atoms. The physical origin of the various two-photon PA signals is first discussed. Their linewidths are interpreted in terms of processes limiting the lifetime τ of the exotic molecule. A value of τ =1.4±0.3 µs is found, which significantly differs from two recent calculations of the Penning ionization rate induced by spin-dipole coupling [T. J. Beams *et al.*, Phys. Rev. A **74**, 014702 (2006); M. Portier and G. V. Shlyapnikov (unpublished)]. The limitation of τ by atom-molecule inelastic collisions is investigated and ruled out.

DOI: 10.1103/PhysRevA.75.033415

PACS number(s): 32.80.Pj, 34.50.Gb, 39.30.+w, 67.65.+z

I. INTRODUCTION

Helium atoms ⁴He^{*} in the metastable $2 {}^{3}S_{1}$ state are long lived (2 h lifetime) and can be cooled to very low temperature, down to Bose-Einstein condensation, in magnetic traps in which they are spin polarized. The spin polarization is a drastic way to inhibit the inelastic collisions which otherwise would quickly destroy the atomic gas by Penning ionization. Such inhibition has been predicted by several authors [1–3] and results from the conservation of the electronic spin during the collision between two $2 {}^{3}S_{1}$ spin-polarized helium atoms. This inhibition has a limit set by spin relaxation processes occurring between a pair of colliding atoms. An inhibition of four orders of magnitude has been evaluated and confirmed by the possibility to achieve Bose-Einstein condensation [4,5].

An opportunity to study Penning ionization between spinpolarized 2 ${}^{3}S_{1}$ atoms is offered by photoassociation experiments, initially set for high-accuracy spectroscopy. In a recent experiment [6] based on two-photon photoassociation, our group studied exotic molecules in which two spinpolarized metastable helium atoms are bound. These molecules exhibit a relatively long lifetime, in the microsecond range or above. They are in the least-bound state of the ${}^{5}\Sigma_{g}^{+}$ interaction potential between the two atoms, and their extension is quite large (of order 4 nm). Measuring the energy of this weakly bound molecular state using atom-molecule dark resonances allowed a very precise determination of the *s*-wave scattering length of the two polarized metastable atoms [6].

This article is meant to present the latest results that we obtained about these exotic helium molecules. It first provides explanations about the physical origin of the two-photon photoassociation signals reported in Ref. [6]. Fits are given for the dark resonance signals resulting from the free-bound-bound transition scheme. They use the formalism of Refs. [7,8] and incorporate the thermal averaging over the atom velocity. Then the linewidths of the two-photon signals are studied in detail, from which information about the life-time of the exotic molecule can be derived. These experimental results are finally discussed with regard to two recent

theoretical estimates of the spin-relaxation-induced Penning ionization rate for the two polarized atoms forming an helium dimer [9,10]. The possible influence of atom-molecule inelastic collisions is also discussed.

II. OBTENTION OF TWO-PHOTON PHOTOASSOCIATION SIGNALS

A. Experimental setup

The two-photon scheme of the photoassociation experiment is shown in Fig. 1. A pair of atoms in the metastable 2 ${}^{3}S_{1}$ state enter a collisional channel with a kinetic energy E_{∞} . They are spin polarized and interact through the ${}^{5}\Sigma_{g}^{+}$ potential.



FIG. 1. Levels involved in the two-photon photoassociation experiment. ${}^{5}\Sigma_{g}^{+}$ is the interaction potential between two spinpolarized 2 ${}^{3}S_{1}$ helium atoms, v = 14 being the least-bound vibrational state in this potential. Laser L_{1} at frequency v_{1} operates on the free-bound transition with a detuning Δ_{1} , and laser L_{2} at frequency v_{2} drives the bound-bound transition with a detuning Δ_{2} from the two-photon transition. Energies are not to scale.

The spin-polarized ultracold atomic ⁴He^{*} cloud is confined in a three-coil magnetic trap of the Ioffé-Pritchard type. The bias magnetic field is typically 3 G. The cloud is kept at a temperature usually close to 4 μ K which can be varied in the range between 2 and 10 μ K. The density is of the order of 10^{13} cm⁻³. The cloud is illuminated along the magnetic field axis by a photoassociation (PA) pulse of duration τ_{PA} ranging from 0.2 to 100 ms. After this PA pulse which produces a heating of the atomic cloud, a delay τ_{th} of typically 400 ms is introduced before one switches off the magnetic trap, in order to have a complete thermalization. A ballistic expansion follows before the detection takes place. The detection is optical, based on the absorption of a resonant probe beam by the atomic cloud. One registers simultaneously the number of atoms, the optical density at the center of the cloud (peak density), and the temperature rise, exploiting the calorimetric method described in [11,12]. The increase of temperature is due to the deexcitation of the molecules formed by the absorption of a photon into a pair of atoms, taking away the binding energy of the molecular state and colliding with the cold trapped atoms.

The PA laser is produced by a distributed Bragg reflector (DBR) diode laser at a wavelength of 1083 nm, operating in an external cavity (linewidth around 300 kHz). Its frequency is stabilized by an heterodyne technique as described in [12]. It is tuned close to the PA transition, reaching the bound state J=1, v=0 in the 0_u^+ potential, 1.4 GHz in the red of the $2^{3}S_{1} \rightarrow 2^{3}P_{0}$ atomic transition. The PA beam is amplified using an ytterbium-doped fiber amplifier of 1 W power. Two Gaussian laser beams are generated from this light source at two different frequencies ν_1 and ν_2 (see Fig. 1), independently controlled by two acousto-optic modulators (AOMs). They are superimposed and simultaneously focused through the same optical fiber onto the atomic cloud after being σ polarized. The beam waist is about 220 μ m at the cloud position. The AOM devices are used to monitor the interruption of the laser beams by switching off the radio-frequency power supply. When it is off, we checked that no residual PA light perturbs the cloud. In each situation the pulse duration $\tau_{\rm PA}$ is the same for the two beams. It is adjusted according to the PA beam power so as to approximately keep a constant amplitude of the signals.

B. Autler-Townes and Raman spectra

Different spectroscopic signals can be recorded with the two PA beams when varying their frequencies. Most commonly we use the first laser as a probe beam for plotting the spectra. We vary its frequency v_1 , scanning across the free-bound transition between the incoming two atoms and the v=0 state in the 0^+_u potential (see Fig. 1). The second photon is at a fixed frequency v_2 close to the bound-bound transition between the two bound states v=14 in the ${}^{5}\Sigma^+_{g}$ and v=0 in the 0^+_{u} potential (see Fig. 1). The definitions of the detunings Δ_1 and Δ_2 are the same as in [8] (see Fig. 1). Note that here Δ_2 is not the detuning of photon 2 from the bound-bound transition. When recording experimental spectra, we define Δ'_1 , which is the detuning of the first photon from the atomic transition 2 ${}^{3}S_1 \rightarrow 2 {}^{3}P_0$.

We study here the case where the detuning $\Delta_1 - \Delta_2$ of the second photon from the bound-bound transition and/or the Rabi frequency Ω associated to the bound-bound transition are larger than the width of the electronically excited state γ_1 $(\Omega, |\Delta_1 - \Delta_2| \ge \gamma_1/2\pi)$. The application of the laser results in a splitting of the line associated with the molecular states that it couples [13]. The PA signal recorded when varying Δ'_1 shows two peaks (see Fig. 2). If the second photon is exactly at resonance $(\Delta_2 = \Delta_1)$, the two peaks are identical and the distance between them depends on the intensity of the second photon: it is the Autler-Townes configuration see Fig. 2(b)]. If the second photon is not exactly at resonance, the two peaks are no longer identical. There is a main peak approximately at the same position as without the second photon, with a rather similar shape. Another smaller peak shows up: it is the Raman signal exhibiting a dissymmetrical shape characterizing a Fano profile 14. The position of the Raman peak is red detuned as compared to the main peak when the second photon is in the red of the bound-bound transition $[\Delta_1 - \Delta_2 < 0]$; see Fig. 2(a)] and blue detuned in the opposite case $[\Delta_1 - \Delta_2 > 0;$ see Fig. 2(c)].

One can pass continuously from the Autler-Townes to the Raman configuration by scanning the difference $\Delta_1 - \Delta_2$ from zero to nonzero values. The positions of the two peaks vary as two hyperbolas as a function of $\Delta_1 - \Delta_2$ [see Fig. 2(d)]. The two asymptotes represent the energies of the noncoupled states: the first one is that of the molecular excited state v=0 [horizontal asymptote of Fig. 2(d)], and the other one is that of the v=14 state plus the energy of the second photon (diagonal asymptote) (see [13]). The effect of the coupling due to the second photon results in an anticrossing as shown in Fig. 2(d). Different positions of signals such as those shown in Figs. 2(a)-2(c) are reported in Fig. 2(d) as a function of $\Delta_1 - \Delta_2$. The positions of the symmetrical Autler-Townes signals appear for $\Delta_1 - \Delta_2 = 0$, whereas, for negative or positive values of $\Delta_1 - \Delta_2$, the positions of the Raman peaks appear on the hyperbolas close to the diagonal asymptote.

We studied the Raman peaks in more detail, as we focus on the linewidth of these signals in the last section of this article. Figure 3 shows a close-up of Raman signals such as those in Fig. 2(c), here taken at a detuning $\Delta_1 - \Delta_2$ =10 MHz. Three different signals are simultaneously recorded: the drop of the total number of atoms, the peak optical density, and the temperature raise. The parameters have been chosen to optimize the temperature signal: the thermalization time au_{th} after the PA pulse is sufficiently long (au_{th}) =400 ms) to compensate for the short duration of the PA pulse (τ_{PA} =200 μ s). In Fig. 3 we observe a clear signal of the temperature rise and of the optical density; however, the number of atoms is not changing much see Fig. 3(a), contrary to the case of pure Autler-Townes or dark resonances when $\Delta_1 - \Delta_2 = 0$ (see Sec. II C). The reason is that the number of excited molecules in the v=0 state is smaller when a large detuning $\Delta_1 - \Delta_2$ is used for recording Raman signals: the number of metastable atoms is thus less modified when one scans through the resonance.

C. Atom-molecule dark resonance signals

When the second photon is set on resonance with the bound-bound transition $(\Delta_1 - \Delta_2 = 0)$ and the intensity of the



FIG. 2. (Color online) Two-color photoassociation spectra for various detunings of ν_2 from the bound-bound transition. The two molecular bound states are dressed with the light field of laser L_2 , forming a doublet probed by laser L_1 . The temperature of the cloud is plotted as a function of frequency detuning Δ'_1 of laser L_1 from the atomic transition. The intensities are I_1 =13 mW/cm² and I_2 =26 mW/cm², and the PA pulse duration is τ_{PA} =500 μ s. Raman configuration is obtained in cases (a) $(\Delta_1 - \Delta_2 < 0)$ and (c) $(\Delta_1 - \Delta_2 > 0)$. Case (b) corresponds to an Autler-Townes configuration $(\Delta_1 - \Delta_2 = 0)$. The solid lines are fit curves based on the theoretical model described in [7,8]. (d) shows the frequency position of the two peaks. Coupling of the two molecular states by laser L_2 results in an anticrossing.



FIG. 3. (Color online) Close-up of the Raman peak obtained with the experimental parameters $\Delta_1 - \Delta_2 = 10$ MHz, $I_1 = 260 \text{ mW/cm}^2$, $I_2 = 65 \text{ mW/cm}^2$, and $\tau_{PA} = 200 \mu s$. After the PA laser pulse and thermalization during a time $\tau_{th} = 400$ ms, the remaining atoms are detected optically. The atom number (a), peak optical density (b), and temperature (c) are recorded.

second laser beam is strongly decreased ($\Omega \leq \gamma_1$), one reaches a situation where the Autler-Townes splitting is replaced by a very narrow dip appearing at the center of a unique PA signal, as displayed in Fig. 4. Such signals have been studied in [6] and interpreted as dark resonances occurring between the pair of free atoms and the final v = 14 bound

molecular state. We are here in the exact Autler-Townes configuration as in Fig. 2(b) $(\Delta_2 = \Delta_1)$ but with much lower intensity for the second photon ν_2 . The dark resonance results from the destructive interference between the two transition amplitudes for the two photons ν_1 and ν_2 . Under these conditions, the width of the central dip is related to the lifetime of the $\nu = 14$ state. The photoassociation should be totally inhibited if this lifetime was infinitely short, which is not the case. Note that the atom-molecule dark resonance condition is $\Delta_2=0$. It is studied for $\Delta_2=\Delta_1=0$, where the inhibition of the excitation of the 0^+_u molecular state is the most visible. It can also be observed for $\Delta_2=0$ and $\Delta_1 \neq 0$ on one side of the Raman peak.

Figure 4 illustrates two different and extreme experimental conditions that we use to observe the dark resonance, according to the nature of the signal that we want to optimize. The first set of experimental parameters is chosen to optimize the temperature raise [Fig. 4(c)]. For this, a large thermalization time τ_{th} (typically of 400 ms) favors the effect of heating due to the dissociation of the molecules in the v=0 state into pairs of fast atoms. In this case, one does not need a long PA pulse (τ_{PA} =500 μ s) or large laser intensities. Thus the number of excited molecules is not sufficient to induce a significant loss of atoms [Fig. 4(a)]. Note that the uncertainty in the number of atoms with these parameters is the worst and of the order of 30%. On the other hand, the second set of experimental parameters is chosen to optimize the atom loss [Fig. 4(d)], to the detriment of the temperature rise. Here a long PA pulse duration is chosen (alternatively a large intensity) for the first photon (τ_{PA} =10 ms)—namely, 20 times larger than in the previous case-in order to increase the number of excited molecules and thus the metastable atom loss. However, the thermalization time is zero here to avoid too large heating, which would blow up the cloud after the time-of-flight expansion.

III. THEORETICAL ANALYSIS

A. Formalism

We use the theory of Bohn and Julienne [7,8] to fit our data. The pair of two incoming metastable atoms is the initial state labeled 0, the other two molecular states of the λ transition scheme are v=0 and v=14 in the 0_u^+ and ${}^5\Sigma_g^+$ potentials, respectively. The two decay amplitudes for the 0 to v=0 and 0 to v=14 transitions are described by the *S*-matrix elements $S_{0,v=0}$ and $S_{0,v=14}$, which can be written as

$$|S_{0,\nu=0}|^{2} = \frac{n(\Gamma,\Omega,\gamma_{1},\gamma_{2},\Delta_{1},\Delta_{2},E_{\infty})}{d(\Gamma,\Omega,\gamma_{1},\gamma_{2},\Delta_{1},\Delta_{2},E_{\infty})},$$
$$|S_{0,\nu=14}|^{2} = \frac{16\Gamma\gamma_{2}\Omega^{2}}{d(\Gamma,\Omega,\gamma_{1},\gamma_{2},\Delta_{1},\Delta_{2},E_{\infty})},$$
(1)

with

$$n(\Gamma, \Omega, \gamma_1, \gamma_2, \Delta_1, \Delta_2, E_{\infty}) = 16\Gamma\gamma_1 \left[(E_{\infty} - \Delta_2)^2 + \left(\frac{\gamma_2}{2}\right)^2 \right],$$



FIG. 4. (Color online) Dark resonances in two-color photoassociation. The different spectra are obtained for $\Delta_1 - \Delta_2 = 0$ MHz. (a), (b), and (c) correspond to the experimental parameters $I_1 = 13$ mW/cm², $I_2 = 4$ mW/cm², $\tau_{PA} = 500 \ \mu s$, $\tau_{th} = 400$ ms; (d), (e), and (f) correspond to $I_1 = I_2 = 13$ mW/cm², $\tau_{PA} = 10$ ms, and $\tau_{th} = 0$ ms. After the PA laser pulses and further thermalization, the remaining atoms are detected optically. The atom number, peak optical density, and temperature rise are recorded.

$$d(\Gamma, \Omega, \gamma_1, \gamma_2, \Delta_1, \Delta_2, E_{\infty})$$

= $16\Omega^4 - 8\Omega^2 [-\gamma_2(\Gamma + \gamma_1) + 4(E_{\infty} - \Delta_1)(E_{\infty} - \Delta_2)]$
+ $[(\Gamma + \gamma_1)^2 + 4(E_{\infty} - \Delta_1)^2] [\gamma_2^2 + 4(E_{\infty} - \Delta_2)^2],$

where Γ is the transition rate between the continuum state

and v=0, and Ω is the Rabi frequency for the transition between v=0 and v=14. γ_1 and γ_2 are the widths of, respectively, the v=0 and v=14 states; $\Delta_{1,2}$ and E_{∞} are defined in Fig. 1. $\gamma_1/2\pi \approx 3$ MHz according to [11]. Ω can be measured from the Autler-Townes spectra (see Sec. III C). Γ is much smaller than γ_1 given the small intensity of the first laser ($\Gamma/2\pi$ is of the order of 1 kHz in the dark resonance experiments). The only adjustable parameter for the fit of the PA signals is γ_2 , related to the lifetime of the v=14 state which we want to determine.

B. Thermal averaging

In the case where photoassociation processes induce small atom losses, the PA signals are proportional to the rate coefficient K_p of the inelastic processes yielding to the products of the light-assisted collision between the two ground-state $2 {}^{3}S_{1}$ atoms. For a two-photon PA experiment involving a cloud of atoms characterized by a Maxwell-Boltzmann energy distribution, K_p can be expressed as [15]

$$K_{p}(T,\Gamma,\Omega,\gamma_{1},\gamma_{2},\Delta_{1},\Delta_{2},E_{\infty})$$

$$=\frac{h^{2}}{\left(2\pi\mu k_{B}T\right)^{3/2}}\int_{0}^{\infty}|S_{0,v=0}(\Gamma,\Omega,\gamma_{1,2},\Delta_{1,2},\epsilon/k_{B}T)|^{2}e^{-\epsilon/k_{B}T}d\epsilon$$
(2)

(μ is the reduced mass and k_B is the Boltzmann constant).

One obtains K_p as a function of γ_2 , Ω , and the temperature *T* of the cloud. One measures *T* by performing a timeof-flight expansion of the cloud. After the determination of Ω using the Autler-Townes splitting (Sec. III C), we can fit our experimental spectra with formula (2), adding an offset and an appropriate multiplication factor to match the amplitude.

C. Calibration of the Rabi frequency of the second photon

The distance $2h\delta$ between the two peaks in Fig. 2 is given by Eq. (3), which is valid as far as $\delta \gtrsim \gamma_1/2\pi$ [13]:

$$2h\delta = \hbar \sqrt{4\pi^2(\Delta_1 - \Delta_2)^2 + 4\Omega^2}.$$
 (3)

For the Autler-Townes signal $(\Delta_2 = \Delta_1)$, this reduces to $\delta = \Omega$. We have plotted the half splitting δ as a function of the square root of the second photon intensity I_2 , as shown in Fig. 5. By a linear fit, we obtain a calibration of the Rabi frequency:

$$\Omega/\sqrt{I_2} = (6.67 \pm 1.00) \text{ MHz cm W}^{-1/2}$$
.

The linear fit can be applied up to $\sqrt{I_2} \approx 1.5 \sqrt{W}/cm$. The error bar (±15%) takes into account the error in the linear fit, as well as the uncertainties in the laser waist size and on the calibration of the power meter. This calibration of Ω is used for the fit function of the PA spectra.

One notes in Fig. 5 that for $\sqrt{I_2}$ above 1.5 W^{1/2} cm⁻¹, the half splitting δ is no longer proportional to $\sqrt{I_2}$. The explanation of this effect is that photon 2 also induces a non-negligible coupling of v=0 with the continuum of scattering states in the ${}^{5}\Sigma_{g}^{+}$ as soon as the Rabi frequency Ω is comparable with the binding energy of the v=14 state of $h \times 91.35$ MHz.

D. Fit of the experimental spectra

For this analysis we first calculate the two S-matrix elements $S_{0,v=0}$ and $S_{0,v=14}$. $S_{0,v=14}$ and $S_{0,v=0}$ are of the same



FIG. 5. (Color online) Rabi frequency calibration of the second photon. In the Autler-Townes configuration $(\Delta_1 = \Delta_2 \text{ with } I_1 = 260 \text{ mW/cm}^2, \tau_{PA} = 100 \ \mu\text{s})$, the half-splitting between the two peaks is plotted versus the square root of the second photon intensity I_2 . The inset shows a typical Autler-Townes spectrum where two peaks are separated by 2δ .

order of magnitude for the usual experimental parameters. In our fit, we use only the contribution of $S_{0,\nu=0}$ and neglect the contribution of $S_{0,v=14}$. The reason is that the v = 14 molecular state is much less efficient than the v=0 state at heating up the cloud through its decay products. The v=14 molecular state decays from Penning ionization and eventually from collisions with the surrounding gas cloud, whereas the v=0molecule decays mostly radiatively, as shown in [11]. In the case of v = 14 the decay products have a very large energy and leave immediately the magnetic trap without heating the cloud; even if they collide with a trapped atom, they expel it immediately. On the contrary, in the case of v=0, the molecule decays into atoms of smaller energy; a significant fraction of them can remain trapped and heat up the rest of the cloud. In addition, another argument for neglecting the contribution of $S_{0,\nu=14}$ is based on the analysis of the shape of the Raman signals as shown in Fig. 3. The shape calculated from $S_{0,v=14}$ alone would be symmetrical, whereas the shape calculated from $S_{0,\nu=0}$ alone exhibits the typical asymmetrical Fano profile [see [13,16] and references therein and also Fig. 4(a) in [17]]. Experimentally, we observe a clearly asymmetrical profile in Fig. 3, which agrees well with the assumption that the heating of the cloud is predominantly due to the decay of the excited v=0 state.

In Figs. 2–4, the solid lines are the fit to the experimental data, where all parameters in Eq. (2) are known except γ_2 . One notes that the curves fit well all the spectra, given the dispersion of the experimental points. For the spectra in each of the three figures, the fit parameters (Γ , Ω , $\gamma_{1,2}$, E_{∞} , $\Delta_{1,2}$) are exactly the same for all three signals (atom loss, peak optical density, and temperature), except for an arbitrary offset and the amplitude adjustment. This fact confirms that all three signals are related to the same processes and can be indifferently exploited.



FIG. 6. (Color online) Close-up of the atom-molecule dark resonance dip. Data are taken with $I_1=13 \text{ mW/cm}^2$, $I_2=6.5 \text{ mW/cm}^2$, and $\tau_{PA}=2 \text{ ms}$. Data are fitted with formula (1) for curve (a) and with formula (2) for curves (b), (c), and (d). The value of $\gamma_2/2\pi$ is the same for curves (a) and (b). Curves (b), (c), and (d) only differ from the value of γ_2 . Clearly, adjustments (b) and (c) are both acceptable. The signal quality is here less good than in Fig. 3, as I_2 is on purpose chosen lower to avoid power broadening.

IV. LIFETIME STUDY OF THE EXOTIC HELIUM MOLECULE

In this section, we more precisely make use of the twophoton experimental data in view of deriving the lifetime τ of the least-bound state v=14 in the ${}^{5}\Sigma_{g}^{+}$ potential. The motivation is to obtain information on the Penning ionization within the molecular state or in the case of atom-molecule collisions. First we show the narrow atom-molecule dark resonance signals and discuss the precision of their theoretical fit as a function of $\gamma_{2}=1/\tau$. Then we report on linewidth measurements for the Raman peak when crucial parameters of the experiment are varied, from which we derive a value for τ .

A. Fit of the dark resonance signals

To obtain an estimate of γ_2 , we fit a typical dark resonance dip with formulas derived in Sec. III. The results are shown in Fig. 6. First we compare theoretical curves for which $\gamma_2 = 0$, with and without thermal averaging, in order to figure out the influence of the temperature broadening on the dip width. In Fig. 6, curve (a) neglects the thermal broadening and is just derived from formula (1), while curve (b)takes it into account and is derived from (2). One notes that the result of the adjustments for curves (a) and (b) are significantly distinct. Curve (a) does not match the experimental points as well as curve (b). This shows that the thermal broadening introduces a contribution to the linewidth which cannot be ignored from the fits for the derivation of γ_2 , which is coherent with the fact that $k_B T/h \approx 0.08$ MHz at the temperature $T=4 \ \mu K$ at which the data of Fig. 6 is taken. Now we deal with curves (b), (c), and (d) of Fig. 6 which all take into account thermal averaging, with $\gamma_2/2\pi=0, 0.5$, and 0.8 MHz, respectively. The fit with $\gamma_2/2\pi=0.8$ MHz clearly does not properly match the points, whereas the values of γ_2 under 0.5 MHz give possible adjustments. This gives only a lower limit for the lifetime $\tau > 0.3 \ \mu$ s. We varied the temperature in the experiment and tried to derive its influence on the width of the dark resonance signal. However, the results could not be exploited due to the poor quality of the signal at low photon-2 intensity. In an attempt to derive a measurement, we then use an alternative method, based on the linewidth of the Raman peak.

B. Measurement of the lifetime with the Raman peak

We study the shape of the Raman peaks recorded as described in Sec. II and shown in Fig. 3. Here we cannot apply a fit function to these Raman signals as was done with the dark resonance dip, because experimental conditions do not allow it. Actually Raman signals with a good signal-to-noise ratio are taken at large $\Delta_1 - \Delta_2$ detunings (from 10 MHz to above 20 MHz), using large intensities and/or long photoassociation pulses: it is thus impossible to simultaneously record the main PA line with the same experimental parameters as those requested for the Raman peak, because such high laser power blows up the cloud at resonance when Δ_1 =0. Without a full spectrum, some parameters of the fit are missing (for instance, the position of the main peak which may be light shifted) and the fit cannot be exploited. Instead we just measure the full width at half maximum (FWHM) of the Raman peak, in order to extract values of γ_2 after eliminating the broadening due to the main experimental parameters: intensity of the second photon, PA pulse duration, and temperature of the atomic sample.

1. Line broadening with the PA pulse parameters

In all these experiments, the first photon is used as a probe. Its intensity is kept constant and as weak as possible in order to avoid any alteration of the spectra. We carefully checked that it does not introduce any broadening of the Raman peaks by varying I_1 much above the value necessary to record the spectra. In addition we also calculated that the value of the transition rate Γ has no influence on the Raman peak width under the experimental conditions $(\Delta_1 - \Delta_2 = 10 \text{ MHz})$.

The PA pulse duration τ_{PA} is usually adjusted according to the laser intensity I_2 of the second photon in order to keep the temperature raise signal observable with the best possible signal-to-noise ratio. The PA pulse duration may broaden the line for two reasons. On the one hand, if it is too small, the linewidth would be Fourier limited, which is not the case for the shortest pulse we used (50 μ s). On the other hand, if it is too long, the line could be distorted, as the number of atoms decreases all along the pulse duration, all the more that the laser frequency is set close to resonance. To check if there is an influence of the pulse duration τ_{PA} , we varied it from 50 μ s to 1 ms, all other parameters being identical. The result is shown in Fig. 7. The straight line is the fit to the experimental data, which is compatible with no variation of the linewidth with τ_{PA} .



FIG. 7. (Color online) FWHM of the Raman peak versus the PA pulse duration τ_{PA} . All other experimental parameters are fixed: $I_1 = 650 \text{ mW/cm}^2$, $I_2 = 65 \text{ mW/cm}^2$, $\Delta_1 - \Delta_2 = 20 \text{ MHz}$, and $T \approx 4 \mu \text{K}$.

Finally we checked the influence of the intensity I_2 of the second photon. Actually for recording good Raman spectra such as those in Fig. 3, the I_2 values are much larger than for recording the Autler-Townes signals in Fig. 2. The larger the $\Delta_1 - \Delta_2$ detuning, the larger the necessary I_2 intensity. For instance, one requests I_2 values about 200 times larger for $\Delta_1 - \Delta_2 = 20$ MHz than for $\Delta_1 - \Delta_2 = 0$. On the other hand, the theory shows that the broadening of the Raman peak decreases with $\Delta_1 - \Delta_2$. There is thus a compromise to find for the choice of the appropriate detuning limiting the I_2 intensity and the subsequent broadening of the Raman peak.

We changed the I_2 intensity of the second photon within a range compatible with a clearly visible Raman peak. For each I_2 value we set the appropriate PA pulse duration τ_{PA} , ranging from 10 to 200 μ s for I_2 values from 0.1 to 1.4 W/cm^2 . Note that the change of pulse duration has no influence on the width of the Raman peak, as discussed above. We observe a broadening of the measured linewidth with the laser intensity I_2 , as shown in Fig. 8, which is compatible with a linear fit. Experimental error bars are larger at high intensity, as the signal to noise progressively degrades for I_2 above 0.5 W cm⁻². From this we conclude that it is important to operate at I_2 intensities as weak as possible if one aims at measuring γ_2 . One finds (0.28±0.02) MHz for the FWHM value extrapolated at zero intensity, where the error bar is twice the one given by the standard linear fit procedure [18].

2. Line broadening with temperature

The most important contribution to the linewidth at low laser intensity is the thermal broadening resulting from the energy distribution of the atoms, as already understood from Sec. IV A on the atom-molecule dark resonance. Figure 9 shows the Raman peak linewidth measured as a function of the average temperature of the gas. All the points are taken for the same I_2 intensity, chosen as low as possible, of order 0.1 W/cm², for which the intensity broadening is not signifi-



FIG. 8. (Color online) FWHM of the Raman peak versus intensity I_2 of the second laser. The experimental parameters are fixed to $I_1=660 \text{ mW/cm}^2$, $\Delta_1-\Delta_2=20 \text{ MHz}$, and $T\approx 4 \mu \text{K}$.

cant (see the arrow in Fig. 8). For a temperature of 4 μ K at which the data of Fig. 8 are taken, the linear fit of Fig. 9 gives a FWHM value of (0.25±0.03) MHz, where the error bar is defined similarly to the one of Fig. 8. It is in good agreement with the value of (0.28±0.02) MHz found at nearly zero I_2 intensity in Fig. 8. There is a consistency between the results for the linewidth studied as a function of the intensity and of the temperature.

The results plotted in Fig. 9 give a FWHM value at zero temperature of (0.20 ± 0.05) MHz, taking an error bar twice as large as that given by a linear fit of the data.

One can also deduce from the fit that the thermal broadening contribution to the linewidth at the experimental temperature of 4 μ K (see the arrow in Fig. 9) is (0.05±0.02) MHz.



FIG. 9. (Color online) FWHM of the Raman peak versus temperature of the atomic cloud. The temperature is changed by adjusting the evaporative cooling stage. The experimental parameters are fixed to I_1 =660 mW/cm², I_2 =66 mW/cm², τ_{PA} =200 μ s, and $\Delta_1 - \Delta_2$ =20 MHz.



FIG. 10. (Color online) FWHM of the Raman peak versus γ_2 . This curve is calculated at zero temperature for the typical intensity (see arrow in Fig. 8) and detuning (20 MHz) used in the experiment. For $\gamma_2=0$, the small remaining width is due to power broadening.

3. Value of the lifetime

As a final result for the FWHM of the Raman signal, we adopt for the value deduced from the results of Fig. 9 at zero temperature:

$$FWHM = (0.20 \pm 0.05) MHz$$

The value of the FWHM can be related to those of parameter $\gamma_2/2\pi$. The relation between the two can be calculated as shown in Fig. 10 using Refs. [7,8]. We thus find

$$\gamma_2/2\pi = (0.12 \pm 0.025)$$
 MHz.

In conclusion, we derive a final value for the lifetime $\tau = 1/\gamma_2 = (1.4 \pm 0.3) \ \mu$ s. The value of τ found here with the Raman spectra does not contradict the lower limit given in Sec. IV A as derived from the dark resonance signals. It also agrees with the measurement reported in our previous publication [6]. Let us stress the point that the present value of τ is the lifetime of the molecules as measured in the presence of the atomic cloud.

V. LIMITATION OF THE LIFETIME BY COLLISIONS

The most probable decay process of the exotic helium molecule in the v=14 state is Penning ionization. Another possible cause of lifetime shortening are the collisions of the molecules with the atoms of the cloud or other molecules: the inelastic collisions with the surrounding medium could cause a broadening of the Raman peak, as observed in the case of Rb_2 molecules in a condensate [19,20]. The number of molecules produced is much smaller than the number of atoms, so that the contribution of molecule-molecule collisions to the limitation of the lifetime is negligible compared to the contribution of atom-molecule collisions even if one assumes an inelastic molecule-molecule rate at the unitarity limit. In order to investigate the rate of the latter process, we performed some measurements with different atom densities (Sec. V A) and a different molecular electronic state (Sec. V B).



FIG. 11. (Color online) FWHM of the Raman peak versus atomic cloud density. The density is varied by adjusting the evaporative cooling stage. The experimental parameters are fixed to $I_1 = 660 \text{ mW/cm}^2$, $I_2 = 66 \text{ mW/cm}^2$, $\tau_{PA} = 500 \text{ }\mu\text{s}$, and $\Delta_1 - \Delta_2 = 20 \text{ MHz}$.

A. Influence of the atom density

The measured linewidths in Sec. IV are taken at an atom density of 1.4×10^{13} cm⁻³. It provides an upper limit for the inelastic atom-molecule collision rate K_{inel} of 6 $\times 10^{-8}$ cm³ s⁻¹. Such a value for K_{inel} is unlikely, as it is very large. Similar experiments with weakly bound Rb2 molecules in the electronic ground state gave $K_{inel} < 8 \times 10^{-11} \text{ cm}^3 \text{ s}^{-1}$ [19]. We varied the density in our experiment in order to verify that the influence of collisions is negligible. The atom density range for our measurement is limited if we want to keep the same experimental parameters at all densities, in particular the intensity I_2 : at too low atomic density (below $n_0=0.6 \times 10^{13} \text{ cm}^{-3}$), signals are blown up by the PA pulse; conversely, we reach a maximum density of $n_0=1.5$ $\times 10^{13}$ cm⁻³ with the characteristics of our trapping procedure. Our results for the FWHM linewidth of the Raman peaks as a function of the atomic density are plotted in Fig. 11 for a low I_2 intensity and a temperature of 4 μ K. The error bars are rather large at low density, due to the relatively low signal-to-noise ratio. The straight line in Fig. 11 is a linear fit to the data, corresponding to a FWHM at zero density of (0.24±0.08) MHz and a broadening of (0.029 ± 0.057) MHz/10¹³ cm⁻³, which is compatible with zero.

B. Influence of the electronic state of the molecule

We also performed a few measurements with a σ^+ polarization for photon 2, which drives a bound-bound transition to the v=14 molecular state in a ${}^{5}\Sigma_{g}^{+}$ potential connected to the $M_{s}=0$ asymptote, where M_{s} is the projection of the total spin of the pair of atoms on the laboratory-fixed quantization axis (see Fig. 12). In this case, the frequency of photon 2 is shifted by $4\mu_{B}B \approx 20$ MHz compared to the case of Fig. 1.

We do not observe a larger width for the signals in this case, as shown in Fig. 13. This is another argument demonstrating that there is no atom-molecule collision contribution in the measured linewidth of Sec. IV B 3. Actually we expect the inelastic atom-molecule rate to be much larger in the case



FIG. 12. Levels involved in the two-photon photoassociation experiment when the polarization of the bound-bound photon 2 is σ^+ . Energies are not to scale.

when the unexcited molecule is in the $M_s=0$ state of the ${}^{5}\Sigma_{g}^{+}$ potential, than in the case $M_s=2$. The reason is that the inhibition by the spin conservation during the atom-molecule collision occurs for the molecule in the $M_s=2$ state, but not in the $M_s=0$ state. This argument is based on similar spin conservation considerations, as for the inhibition of Penning ionization by spin polarization in atomic collisions [2].

Finally, we conclude from these studies that the linewidth of the PA signals cannot be attributed to atom-molecule collisions.

VI. CALCULATION OF SPIN-DIPOLE-INDUCED LIFETIME OF THE MOLECULE IN THE *v*=14 STATE

Ionization processes limit the lifetime of the exotic molecule in the least-bound vibrational v = 14 state. Estimates of



FIG. 13. (Color online) Atom-molecule dark resonance in twocolor photoassociation with a σ^+ polarized photon 2, according to the scheme of Fig. 12.

such mechanisms are here given for comparison with our measurement. As the two $2^{3}S_{1}$ metastable helium atoms are spin polarized when they form the v = 14 molecule in the ${}^{5}\Sigma_{g}^{+}$ potential, Penning ionization and associative ionization are inhibited by the electronic spin polarization, unless spin relaxation takes place. Such a relaxation process results from the weak spin-dipole coupling between the quintet ${}^{5}\Sigma_{g}^{+}$ state and the singlet ${}^{1}\Sigma_{g}^{+}$ state [2,3]. At ultralow temperature and weak magnetic field, relaxation-induced ionization is the leading decay channel [2].

Recently a detailed calculation of the spin-dipole induced lifetime of the least-bound ${}^{5}\Sigma_{g}^{+}$ state of metastable helium was produced by Beams, Peach, and Whittingham [9]. The spin-dipole interaction between the $2^{3}S_{1}$ metastable atoms couples the spin-polarized $SM_s = |22\rangle$ state to the $|21\rangle$, $|20\rangle$, and $|00\rangle$ electronic spin states. As Penning ionization and associative ionization from the S=0 singlet state are highly probable, the spin-dipole-induced coupling results in a finite lifetime of the $|22\rangle$ state. The spin dipole is treated as a perturbation, and the method presented in [9] is an adaptation of those given in [3]. They use the *ab initio* calculations of [21] for the ${}^{5}\Sigma_{g}^{+}$ potential and an optical potential in order to model Penning ionization in the singlet channel. The coupling between the initial quintet state and the singlet state produces a complex energy shift, the imaginary part of which provides the lifetime of the least-bound state of the ${}^{5}\Sigma_{p}^{+}$ potential. They find values between 132.1 μ s and 177.9 μ s for the lifetime.

Our group recently undertook another calculation for the same process. It is based on [1,2]. The Penning ionization process is modeled using a fully absorbing wall at short distance in the S=0 singlet interaction potential. One calculates the flux of atoms absorbed on such a wall to derive a Penning ionization rate. This calculation gives a value of the order of 120 μ s for the spin-dipole-induced lifetime of the doubly excited molecule in the v=14 state [10]. Both theoretical values of τ provide the same order of magnitude.

VII. CONCLUSION

In this article we fully explained the origin of all signals recorded in two-photon photoassociation experiments operated in an ultracold gas of metastable helium atoms. The atom-molecule dark resonance, as well as the Raman signals, was used to provide information on the exotic molecule in the least-bound vibrational state of the ${}^{5}\Sigma_{g}^{+}$ potential of a pair of spin-polarized 2 ${}^{3}S_{1}$ metastable atoms. A study of the lifetime of this molecule could be derived from the linewidth measurements of the spectra. We find the value au=1.4±0.3 μ s for the exotic molecule. It cannot be attributed to collisions with the atomic cloud environment. It is also not explained by theoretical estimates of the rate of Penning ionization inside the molecule. The discrepancy is still to be understood. If one excludes an experimental artifact, one can think of either a not fully justified assumption in the Penning ionization calculation or another nonexplored mechanism.

It would be interesting to continue these photoassociation experiments in conditions more appropriate to derive a more precise experimental value of the intrinsic lifetime of the molecule. We plan to add a channel electron multiplier to our setup in order to monitor the ion production rate. It would help to understand the decay mechanism of the molecular v=14 state, knowing that the molecular state in the 0^+_u electronic state does not decay through Penning ionization [22]. Furthermore, our group plans to perform new two-photon photoassociation experiments turning to the Bose-Einstein-condensed phase rather than the ultracold gas. By operating at much lower temperature one could more easily disen-

- G. V. Shlyapnikov, J. T. M. Walraven, U. M. Rahmanov, and M. W. Reynolds, Phys. Rev. Lett. 73, 3247 (1994).
- [2] P. O. Fedichev, M. W. Reynolds, U. M. Rahmanov, and G. V. Shlyapnikov, Phys. Rev. A 53, 1447 (1996).
- [3] V. Venturi, I. B. Whittingham, P. J. Leo, and G. Peach, Phys. Rev. A 60, 4635 (1999).
- [4] A. Robert, O. Sirjean, A. Browaeys, J. Poupard, S. Nowak, D. Boiron, C. I. Westbrook, and A. Aspect, Science 292, 461 (2001).
- [5] F. Pereira Dos Santos, J. Léonard, J. Wang, C. J. Barrelet, F. Perales, E. Rasel, C. S. Unnikrishnan, M. Leduc, and C. Cohen-Tannoudji, Phys. Rev. Lett. 86, 3459 (2001).
- [6] S. Moal, M. Portier, J. Kim, J. Dugué, U. D. Rapol, M. Leduc, and C. Cohen-Tannoudji, Phys. Rev. Lett. 96, 023203 (2006).
- [7] J. L. Bohn and P. S. Julienne, Phys. Rev. A 54, R4637 (1996).
- [8] J. L. Bohn and P. S. Julienne, Phys. Rev. A 60, 414 (1999).
- [9] T. J. Beams, G. Peach, and I. B. Whittingham, Phys. Rev. A 74, 014702 (2006).
- [10] M. Portier and G. V. Shlyapnikov (unpublished).
- [11] J. Léonard, M. Walhout, A. P. Mosk, T. Müller, M. Leduc, and C. Cohen-Tannoudji, Phys. Rev. Lett. 91, 073203 (2003).

tangle the thermal broadening from the intrinsic lifetime of the molecular state. The comparison with the two recent theoretical estimates would be fruitful.

ACKNOWLEDGMENTS

We thank C. Cohen-Tannoudji, G. Shlyapnikov, and E. Arimondo for very helpful discussions.

- [12] J. Kim, U. D. Rapol, S. Moal, J. Léonard, M. Walhout, and M. Leduc, Eur. Phys. J. D 31, 227 (2004).
- [13] C. Cohen-Tannoudji, J. Dupont-Roc, and G. Grynberg, *Atom-Photon Interactions* (Wiley, New York, 1998).
- [14] U. Fano, Phys. Rev. 124, 1866 (1961).
- [15] R. Napolitano, J. Weiner, C. J. Williams, and P. S. Julienne, Phys. Rev. Lett. **73**, 1352 (1994).
- [16] C. Cohen-Tannoudji and B. Lounis, J. Phys. II 2, 579 (1992).
- [17] J. C. J. Koelemeij and M. Leduc, Eur. Phys. J. D 31, 263 (2004).
- [18] W. H. Press, B. P. Flannery, S. A. Teukolsky, and W. T. Vetterling, *Numerical Recipes in FORTRAN* (Cambridge University Press, Cambridge, England, 1992).
- [19] R. Wynar, R. S. Freeland, D. J. Han, C. Ryu, and D. J. Heinzen, Science 287, 1016 (2000).
- [20] K. Winkler, G. Thalhammer, M. Theis, H. Ritsch, R. Grimm, and J. H. Denschlag, Phys. Rev. Lett. 95, 063202 (2005).
- [21] M. Przybytek and B. Jeziorski, J. Chem. Phys. **123**, 134315 (2005).
- [22] M. Rijnbach, Ph.D. thesis, Universiteit Utrecht, 2004.