# Magnetic decoupling of Rb spin relaxation in H<sub>2</sub> buffer gas

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We report studies of the magnetic decoupling of Rb spin relaxation in the presence of H<sub>2</sub> buffer gas at high pressures ( $\geq 1.5$  atm). At low Rb number densities ( $\leq 5 \times 10^{13}$  cm<sup>-3</sup>), we find that the observed magnetic-field dependence of the spin relaxation is almost solely due to binary collisions between Rb atoms and hydrogen molecules, and that it is very well described by three rates: the Rb-Rb spin-exchange rate, the *S*-damping rate, and the Carver rate associated with the hyperfine pressure-shift interaction in collisions of Rb with H<sub>2</sub> molecules. At higher Rb densities, the contribution to the relaxation from Rb triplet dimers becomes significant.

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# I. INTRODUCTION

When nuclear spin-polarized noble gases are produced by spin exchange [1] with optically pumped alkali-metal atoms [2], molecular nitrogen is nearly always used to quench the excited alkali-metal atom of the pumping cycle, thereby reducing the large spin-depolarizing effects of radiation trapping. A recent study has shown that despite the chemical reaction of H<sub>2</sub> gas with alkali metals to form alkali hydrides, high nonequilibrium hydrogen densities may persist for several weeks in heated sealed glass cells containing Rb and H<sub>2</sub> [3]. Hence, hydrogen may serve as an alternative quenching gas to nitrogen, especially in applications of hyperpolarized noble gases (such as polarized <sup>3</sup>He targets for high-energy scattering experiments) where the dilution of the hyperpolarized nuclei by N<sub>2</sub>, with its much higher nuclear charge Z, would be profitably avoided.

Hydrogen, like nitrogen and indeed all other inert buffer gases, contributes to the spin relaxation of the optically aligned alkali-metal vapor. In the present work, we investigate experimentally the magnetic-field dependence of the spin relaxation of Rb in the presence of H<sub>2</sub> buffer gas by measuring the relaxation rate "in the dark," utilizing a variation of the method originally introduced by Franzen [4].

#### **II. EXPERIMENTAL SETUP**

The single exponential late-time decay rate of the Rb polarization is determined using a previously described experimental arrangement [5,6]. The apparatus is illustrated in Fig. 1. We use spherical glass cells, of diameter  $d \approx 2.5$  cm, containing Rb of natural isotopic composition and H<sub>2</sub> gas at several densities from 1.6 to 9 amagat [7]. The cells, inside an oven heated by blowing hot air, are placed in a dc magnetic field *B* (varied from 50 to 6000 G) produced by an electromagnet. The Rb electron spins are polarized by a circularly polarized, resonant  $D_1$  pump beam propagating parallel to the applied magnetic field. The pump light is then blocked with a mechanical chopper and the decay of the electron spin is measured by monitoring the transmitted intensities  $I_{\pm}(t)$  of the two helicity components of a weak, linearly polarized probe beam, collinear with the pump, detuned 5–10 Å from the Rb  $D_2$  resonance line. As discussed in Refs. [5] and [6], at late times, the observed decay rate  $\gamma_{obs}$  can be found from the signal ratio  $V(t) = I_{+}(t)/I_{-}(t)$  by use of  $\ln \ln[V(t)/V(\infty)] = -\gamma_{obs}t + a$ , where  $V(\infty)$  is the transmitted signal ratio when the Rb polarization has decayed completely and *a* is an unimportant constant determined by the initial Rb polarization, the Rb number density, the optical path length, and the probe detuning. We verified that the measured rates were independent of the probe-laser power and detuning. Figure 2 shows a typical measurement of a single late-time decay rate.

For a given cell, the late-time relaxation rate  $\gamma_{obs}$  was determined as a function of the magnetic field for various temperatures between 125 °C and 225 °C. The H<sub>2</sub> number density [H<sub>2</sub>] in each cell was determined by measuring the widths of the pressure-broadened absorption profiles of the Rb  $D_1$  and  $D_2$  lines, as described in Ref. [3]. These measurements were performed both before and after a relaxation measurement in order to monitor possible changes in [H<sub>2</sub>] due to hydride formation. We found that [H<sub>2</sub>] remained constant for all cells throughout the relaxation rate measurements except in the cell with the highest H<sub>2</sub> density, where the density was observed to drop from 9.2 amagat to 8.8



FIG. 1. Experimental setup used to measure the spin decay rate for Rb. The dark interval, caused by the chopper wheel blocking the pump beam, was 20 times the light interval. P1 and P2 denote polarizing beam-splitter cubes, W1 and W2 quarterwave plates, and PD1–PD3 photodiodes.

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FIG. 2. After sufficiently long time, the decay is characterized by a single exponential time constant  $1/\gamma_{obs}$  where  $-\gamma_{obs}$  is the slope.

amagat during relaxation measurements at five different temperatures. The Rb number density [Rb] was measured *in situ* by Faraday rotation [8]. Figure 3 shows a representative measurement of the Faraday rotation angle as a function of probe-laser detuning.

Interestingly, we find that the relationship between the Rb number density and the temperature in our cells differs considerably from the Killian formula for saturated vapor pressure [9]. In the low  $H_2$  density cells, the Rb number density was reduced by roughly a factor of 2 compared to the Killian formula, perhaps due to the hydride layer, which rapidly forms at the exposed Rb surfaces. In the high  $H_2$  density cells, the measured Rb number densities were reduced even further. In fact, in the cell with the highest  $H_2$  density, [Rb] appeared to be nearly independent of temperature.

## **III. DATA ANALYSIS**

The main objective of the present study is to investigate the contributions to the Rb spin relaxation from binary col-



FIG. 3. Faraday rotation angle of the Rb polarization as a function of probe-laser detuning. The Rb number density is extracted as described in Ref. [8].

lisions between Rb atoms and H<sub>2</sub> molecules. Thus, we correct the observed late-time rate  $\gamma_{obs}$  for diffusion to the cell walls and contributions due to Rb triplet dimers in order to obtain the fundamental late-time rate  $\gamma^{(1)}$ ,

$$\gamma^{(1)} = \gamma_{\rm obs} - \gamma_{\rm diff} - \gamma_{\rm trip} \,. \tag{1}$$

The diffusion correction is given by  $\gamma_{\text{diff}} = \sqrt{4D \gamma_{\text{obs}}}/\pi d^2$ , as discussed in Ref. [10]. An additional phenomenon, first discovered by Kadlecek *et al.* [11] and now believed to be due to loosely bound Rb triplet dimers, manifests itself in the magnetic decoupling curves at high Rb number densities. At low buffer-gas densities, the spin-axis interaction in Rb triplet dimers has conclusively been shown to play an important role in the Rb spin relaxation [5]. Kadlecek *et al.* [11] and Erickson [12] have conducted thorough studies on the influence of Rb triplet dimers on the magnetic decoupling curves at high <sup>3</sup>He and N<sub>2</sub> buffer-gas densities and have found that this still puzzling effect at a fixed buffer-gas pressure can be characterized by a rate coefficient  $k_{\text{trip}}$  and magnetic decoupling width  $\Delta B$ :

$$\gamma_{\rm trip} = \frac{k_{\rm trip} [\rm Rb]}{1 + (B/\Delta B)^2}.$$
 (2)

We find that all our high-[Rb] data are well parameterized by  $\Delta B \sim 1100$  G and  $k_{\rm trip} \sim 2.4 \times 10^{-14}$  cm<sup>3</sup> s<sup>-1</sup>, in good agreement with the findings of Ref. [11].

After subtracting these relatively small contributions to the relaxation from diffusion and from Rb triplet dimers, we find that the relaxation rate as a function of the applied magnetic field can be described very well by the model recently presented by Walter *et al.* [6], in which the observed relaxation is the result of three mechanisms: the spin-rotation interaction  $\gamma \mathbf{N} \cdot \mathbf{S}$ , the hyperfine pressure-shift interaction  $\delta A \mathbf{I} \cdot \mathbf{S}$  in binary collisions between Rb atoms and H<sub>2</sub> molecules, and the spin-exchange interaction  $J\mathbf{S}_1 \cdot \mathbf{S}_2$  in collisions between pairs of Rb atoms. Unlike in Ref. [6], here we use natural Rb rather than pure isotopes, since large amounts of Rb are consumed by hydride formation; as a result, the analysis is slightly more complicated than it is for the singleisotope case.

The spin interactions of a free Rb atom of isotope  $\mu$  are given by the Breit-Rabi Hamiltionian

$$H_{\mu} = A_{\mu} \mathbf{I}_{\mu} \cdot \mathbf{S}_{\mu} + g_{\mathrm{S}} \mu_{\mathrm{B}} B S_{z\mu}, \qquad (3)$$

where  $I_{\mu}$  and  $S_{\mu}$  are the nuclear and electron spin, respectively, of isotope  $\mu$  and  $A_{\mu}$  is the ground-state hyperfine coupling coefficient. The Schrödinger equation

$$H_{\mu}|\mu r\rangle = E_{\mu r}|\mu r\rangle \tag{4}$$

defines a set of energies  $E_{\mu r}$  and eigenstates  $|\mu r\rangle$ . The spin polarization of the Rb vapor of mixed isotopes is given by the occupation probabilities  $\rho_r^{\mu}$  of sublevel *r* of isotope  $\mu$ . Because spin exchange occurs not only between Rb atoms of the same isotope, but also between Rb atoms of different isotopes, the relaxation equation contains terms which couple  $\rho_r^{\mu}$  to  $\rho_s^{\nu}$  for  $\mu \neq \nu$ . The full relaxation equation is

$$\frac{d}{dt}\rho_r^{\mu} = -\sum_{\nu s} \Gamma_{rs}^{\mu\nu}\rho_s^{\nu}, \qquad (5)$$

where the relaxation matrix is

$$-\Gamma_{rs}^{\mu\nu} = \delta_{\mu\nu} [\chi_{\mu}^2 \Gamma_{\rm C} C_{rs}^{\mu} + \Gamma_{\rm SD} D_{rs}^{\mu}] + \Gamma_{\rm EX} E_{rs}^{\mu\nu}.$$
(6)

The three characteristic rates associated with the hyperfine pressure-shift interaction, the spin-rotation interaction, and the spin-exchange interaction, respectively, are the Carver rate  $\Gamma_{\rm C}$ , the S-damping rate  $\Gamma_{\rm SD}$ , and the spin-exchange rate  $\Gamma_{\rm EX}$ . The corresponding rate matrices are

$$C_{rs}^{\mu} = -\delta_{rs} \langle \mu r | (\mathbf{I}_{\mu} \cdot \mathbf{S}_{\mu})^{2} | \mu r \rangle + | \langle \mu r | \mathbf{I}_{\mu} \cdot \mathbf{S}_{\mu} | \mu s \rangle |^{2}, \quad (7)$$

$$D_{rs}^{\mu} = -\frac{3}{4} \,\delta_{rs} + \langle \mu r | \mathbf{S}_{\mu} | \mu s \rangle \cdot \langle \mu s | \mathbf{S}_{\mu} | \mu r \rangle, \tag{8}$$

$$E_{rs}^{\mu\nu} = \delta_{\mu\nu} D_{rs}^{\mu} + \frac{2\eta_{\nu}}{[I_{\mu}]} \langle \mu r | S_{z\mu} | \mu r \rangle \langle \nu s | S_{z\nu} | \nu s \rangle.$$
(9)

The dimensionless constant  $\chi_{\mu}$  in Eq. (6), defined as

$$\chi_{\mu} = \frac{\mu_{\mathrm{I}\mu}}{2I_{\mu}\mu_{\mathrm{N}}},\tag{10}$$

is the ratio of the hyperfine coupling  $A_{\mu}$  of isotope  $\mu$  (with nuclear spin  $I_{\mu}$  and nuclear moment  $\mu_{I\mu}$ ) to the coupling Aof a hypothetical Rb isotope with nuclear spin I=1/2 and nuclear moment equal to the nuclear magneton  $\mu_{\rm N}$ . The  $\chi$ factors for <sup>87</sup>Rb and <sup>85</sup>Rb are 0.9170 and 0.2706, respectively. In Eq. (9),  $\eta_{\nu} = [X_{\nu}]/[X]$  denotes the atom fraction of isotope  $X_{\nu}$  of chemical species X, and  $[I_{\mu}]=2I_{\mu}+1$  is the number of nuclear azimuthal spin states of isotope  $\mu$ .

The solutions of the relaxation equation (5) are of the form

$$\rho_r^{\mu} = v_{rk}^{\mu} e^{-\gamma_k t}, \qquad (11)$$

which upon substitution into Eq. (5) yields the eigenvalue equation

$$\sum_{\nu s} (\Gamma_{rs}^{\mu\nu} - \gamma_k \delta_{rs} \delta_{\mu\nu}) v_{sk}^{\nu} = 0.$$
 (12)

Ordering the non-negative, real decay rates  $\gamma_k$  [13] such that  $\gamma_1 \leq \gamma_2 \leq \cdots \leq \gamma_N$ , we have

$$\gamma_1 = \gamma_2 = \dots = \gamma_p = 0, \tag{13}$$

where *p* is the number of different isotopes. For sufficiently late time *t*, the polarization decay transients are characterized by the single slowest nonzero rate  $\gamma_{p+1}$ , which is easily extracted from the data. Using  $\Gamma_{\rm C}$ ,  $\Gamma_{\rm SD}$ , and  $\Gamma_{\rm EX}$  as free parameters, we find that the late-time decay rates, corrected for diffusion and triplet dimer contributions, can be fit very well to the foregoing model. In all cases, we find that the best-fit value of  $\Gamma_{\rm EX}$ , within errors on the fit and the measured Rb number density, agrees with previous measurements of the spin-exchange cross section  $\sigma_{\rm EX} = \Gamma_{\rm EX}/\overline{v}$  [Rb]



FIG. 4. Measured magnetic decoupling data  $\gamma_{obs}$  ( $\bullet$ ) and fits  $\gamma_{fit}^{(1)} + \gamma_{diff} + \gamma_{trip}$  (—) for Rb in 2.2 amagat H<sub>2</sub>.

[6,14,15]. Representative measured magnetic decoupling curves for Rb in  $H_2$  are shown in Fig. 4, together with fits to the model.

### **IV. RESULTS**

The measured S-damping rates  $\Gamma_{\rm SD}$  due to binary collisions between Rb atoms and H<sub>2</sub> molecules are shown as a function of temperature in Fig. 5. At high Rb number densities, Rb–Rb binary collisions also contribute to the total S-damping rate. We take this contribution into account by subtracting  $\Gamma_{\rm SD,Rb} = \bar{v} \sigma_{\rm SA}[\rm Rb]$  from the best-fit values of  $\Gamma_{\rm SD}$ , where  $\bar{v}$  is the average relative velocity of the Rb atom pair and  $\sigma_{\rm SA}$  is the binary relaxation cross section, given by  $\sigma_{\rm SA} = 5.6 \times 10^{-18} \rm \ cm^2$  based on the extensive empirical data in Ref. [12].

We find that  $\Gamma_{SD}$  is well described by



FIG. 5. The measured  $\Gamma_{SD}/[H_2]$  as a function of temperature. The solid line is a linear fit to the data. Also shown is  $\Gamma_{SD}/[N_2]$  from Ref. [6] (dashed line).

$$\frac{\Gamma_{\rm SD}}{[\rm H_2]} = (94 \pm 6) \left( 1 + \frac{T - 90 \,^{\circ}\rm C}{(61 \pm 7) \,^{\circ}\rm C} \right) \quad \text{amagat}^{-1} \, \rm{s}^{-1}.$$
(14)

For comparison, we note that Ref. [16] reported  $\Gamma_{SD}/[H_2] = 160 \text{ amagat}^{-1} \text{ s}^{-1}$  at 35 °C (assuming a slowing-down factor s = 15.2) and Ref. [17] found  $\Gamma_{SD}/[H_2] = 160 \text{ amagat}^{-1} \text{ s}^{-1}$  at 70 °C (assuming s = 10.8).

Comparing our results with those recently obtained by Walter et al. [6] for the relaxation of Rb in helium and nitrogen, we find that the S-damping rate coefficient at 90 °C of Rb in  $H_2$  is nearly four times larger than that of Rb in <sup>3</sup>He, and slightly more than half the S-damping rate coefficient of Rb in  $N_2$ . Although it may be rather surprising that  $H_2$ causes markedly faster Rb spin relaxation than does helium (which has the same nuclear charge Z), these observations are consistent with the theory of Walker et al. [18] for the spin-rotation interaction between alkali-metal atoms and small perturbers such as helium, for which the dominant contribution to the spin-rotation coupling is expected to come from the region external to the core of the perturber (rather than from the region internal to the perturber's core—the case for heavier atoms such as Kr and Xe [19]). In Ref. [18], it is shown that the spin-rotation coupling coefficient  $\gamma_a$  at internuclear separation R of the interaction  $\gamma_a \mathbf{N} \cdot \mathbf{S}$  between the alkali-metal electron spin S and the rotational angular momentum N of the alkali-metal–He-atom pair is given by

$$\gamma_a(R) = \frac{16\pi^2 \hbar^6 a^2 \Delta E_{n_g p}}{3E_p^3 M_{ab} m^2 R^2} |\phi_0(R)|^2 |\phi_{n_g p_z}(R)|^2, \quad (15)$$

where *m* is the electron mass,  $M_{ab}$  is the reduced mass of the atom pair, *a* is the electron-scattering length from the perturber,  $\Delta E_{n_g p}$  is the spin-orbit splitting of the unperturbed first-excited alkali-metal *p* state (with excitation energy  $E_p$ ),

and  $\phi_0$  ( $\phi_{n_g p_z}$ ) is the unperturbed wave function of the alkali-metal valence electron in the ground (first-excited  $p_z$ ) state.

Based on the data for the pressure shift of the alkali-metal absorption lines, the scattering lengths of low-energy electrons from helium and hydrogen are very nearly equal [20,21], and therefore, the difference in the spin-rotation coupling for Rb-He and for Rb-H<sub>2</sub> is due solely to the difference in the reduced mass  $M_{ab}$ . Since the cross section is proportional to the collisional average of  $\gamma^2$ , the rate coefficient will scale as  $k_{\rm SD} \sim M^{-5/2}$ , including the additional factor of  $M^{-1/2}$  from the average relative velocity of the colliding atom pair. Thus for Rb, the *S*-damping rate coefficient in H<sub>2</sub> is expected to be roughly a factor of 3 larger than the *S*-damping rate coefficient in He, in good agreement with the results reported here and in Ref. [6].

At high Rb number densities ([Rb] $\gtrsim 5 \times 10^{13}$  cm<sup>-3</sup>), the Carver rate cannot be accurately determined, due to the dominance of the much higher spin-exchange rate, but at lower Rb number densities, we find that a nonzero Carver rate is necessary to obtain satisfactory fits to the theory. From the fits of the theory to the data, we find the Carver rate to be

$$\frac{\Gamma_{\rm C}}{[\rm H_2]} = 226 \pm 59 \text{ amagat}^{-1} \, {\rm s}^{-1}.$$
(16)

The relatively large error is due to uncertainties in [Rb] and hence in  $\Gamma_{EX}$ . We thus find that the Carver rate for Rb in H<sub>2</sub> has the same magnitude as that for Rb in<sup>3</sup>He [6].

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