Measurement of the lifetime of the $3d^2D_{5/2}$ state in ${}^{40}Ca^+$

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We report a measurement of the lifetime of the $3d {}^{2}D_{5/2}$ metastable level in ${}^{40}Ca^{+}$, using quantum jumps of a single cold calcium ion in a linear Paul trap. The $4s {}^{2}S_{1/2}-3d {}^{2}D_{5/2}$ transition is significant for single-ion optical frequency standards, astrophysical references, and tests of atomic structure calculations. We obtain τ = 1.168±0.007 s from observation of nearly 64 000 quantum jumps during ~ 32 h. Our result is more precise and significantly larger than previous measurements. Experiments carried out to quantify systematic effects included a study of a previously unremarked source of systematic error, namely, excitation by the broad background of radiation emitted by a semiconductor diode laser. Combining our result with atomic structure calculations yields 1.20 ± 0.01 s for the lifetime of $3d {}^{2}D_{3/2}$. We also use quantum jump observations to demonstrate photon antibunching, and to estimate background pressure and heating rates in the ion trap.

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I. INTRODUCTION

In this paper we present a measurement of the natural lifetime τ of the $3d^{2}D_{5/2}$ metastable level in singly ionized calcium, using quantum jumps of a single cold calcium ion in a linear Paul trap. The $3D_{5/2}$ level is of interest as the source of an optical frequency standard at 729 nm with $1/\tau \sim 1$ Hz natural linewidth [1], as a means of testing atomic structure calculations [2–8], and as a diagnostic in astrophysics [9,3]. In addition, our experiments offer insights into the diagnostics on the performance of the Paul trap, and highlight the need to take into account the spectral properties of semiconductor diode laser emission when such devices are used in atomic physics experiments.

Our result is $\tau = 1.168 \pm 0.007$ s, and is shown together with other recent measurements and theoretical predictions in Fig. 1 (see Refs. [2–8, 12, 21, 24–27]). Our result is higher (a longer lifetime) than all the previous measurements, and differs by several standard deviations from most of them. It is possible that this discrepancy is at least partly due to a previously unrecognized source of systematic error, namely, the presence of light of wavelength in the vicinity of 854 nm in the beam produced by a semiconductor diode laser emitting predominantly at 866 nm. This is discussed in Sec. IV A.

Precise knowledge of atomic structure for atoms or ions with a single electron outside closed shells is currently in demand for the analysis of atomic physics tests of electroweak theory, especially measurements of parity violation in Cs [10]. There has been a long-standing discrepancy at the 2% level between measured and theoretically predicted rates for electric dipole transitions [11]. Up until now measurements of the metastable lifetimes (electric quadrupole transition rates) in Ca⁺ have not been sufficiently precise to provide an independent test of *ab initio* calculations at this level of precision. Our measurement precision is 0.6%. Furthermore, the electric quadrupole transition rate is harder to calculate accurately (recent calculated values have a 15% spread), so our result is of particular interest to atomic structure theory.

The paper is organized as follows. First we discuss, in Sec. II, the central features of our experimental method to measure τ . Details of the apparatus are provided in Sec. III. This apparatus has not been described elsewhere, so we give a reasonably full description.

Section IV presents our study of systematic effects in the experiment. These include collisions with the background gas, off-resonant excitation of the 854-nm $3D_{5/2}-4P_{3/2}$ transition and of the 850-nm $3D_{3/2}-4P_{1/2}$ transition, heating of the trapped ion, and noise in the fluorescence signal. Section V contains a clean demonstration of photon antibunching, using the random telegraph method, and Sec. VI presents the final accurate measurements of τ .

II. EXPERIMENTAL METHOD

The experimental method was identical, in principle, to that adopted by Block et al. [12]; preliminary experiments were carried out somewhat differently (see Sec. V). A single ion of ⁴⁰Ca⁺ is trapped and laser cooled to around 1 mK. The transitions of interest are shown in Fig. 2. Laser beams at 397 nm and 866 nm continuously illuminate the ion, and the fluorescence at 397 nm is detected by a photomultiplier. The photon count signal is accumulated for periods of duration $t_b = 10.01$ ms (of which 2.002 ms is dead time), and logged. In our studies of systematic effects, and for our demonstration of photon antibunching, t_b was set at 22.022 ms. A laser at 850 nm drives the $3D_{3/2}-4P_{3/2}$ transition. The most probable decay route from $4P_{3/2}$ is to the $4S_{1/2}$ ground state; alternatively, the ion can return to $3D_{3/2}$. However, about 1 decay in 18 occurs to $3D_{5/2}$, the metastable "shelving" level of interest. At this point the fluorescence abruptly disappears and the observed photon count signal falls to a background level. A shutter on the 850-nm laser beam remains open for 100 ms before it is closed, which gives ample time for shelving. Between 5 and 10 ms after the shutter has closed, we begin one "observation," i.e., we start to record the photomultiplier count signal [see Fig. 3(a)]. We keep observing the photon count, in the 10-ms bins, until it abruptly increases to a level above a threshold. This is set between the background level and the level observed when the ion fluoresces continuously. The signature for the end of a dark period is taken to be ten consecutive bins above threshold. We record the number of 10-ms bins in the observed "dark" period. The 100-ms period of fluoresence also serves to allow the 397-nm and 866-nm lasers to cool the ion. After this we reopen the shutter on the 850-nm laser. This process is repeated for long periods of time (1 to 8 h), the laser intensities being also monitored and the frequencies servocontrolled. Subsequent analysis of the large collection of dark times consists primarily of gathering them into a histogram, and fitting the expected exponential distribution, in order to derive the decay rate from the shelved state (see Fig. 4).

Note that we do not measure the length of the dark period from when the ion is first shelved. This is not necessary, since the probability of decay is independent of how long the ion has been in the metastable state. This gives us time to block the 850-nm light, in order to prevent both off-resonant excitation of the ion by this light, and the possibility of missed quantum jumps should this light rapidly (in less than 5 ms) reshelve a decayed ion.

The data from a given run were analyzed as follows. The raw data consist of a series of counts indicating the average fluorescence level in each bin of duration t_b . A threshold is set, typically at $(2S_{dark}+S_{bright})/3$, where S_{dark} is the mean count observed during dark periods, and S_{bright} the mean count observed during fluorescing periods. This setting is chosen because bright periods have more noise than dark periods. The number of consecutive bins below threshold is a single dark-time measurement x_i . The x_i are expected to be distributed according to the exponential decay law, with Poissonian statistics describing the departures from the mean. It is appropriate to use a Poissonian fitting method, rather than least squares, because of the small numbers involved in part of the distribution (at large t). If $n(t_k)$ is the number of x_i equal to t_k/t_b then the cost function is

$$-\ln\left(\prod_{k=1}^{m} P[n(t_k)]\right) = \sum_{k=1}^{m} \{A e^{-\gamma t_k} + \ln[n(t_k)!] - n(t_k)\ln A + n(t_k)\gamma t_k\}, \quad (1)$$

where *m* is the number of bins, and *A* and γ are two fitted parameters (obtained by minimizing the cost function); they are the amplitude and decay rate in the assumed exponential decay $A \exp(-\gamma t)$ of population of $D_{5/2}$. The residuals shown in Fig. 4 indicate that our data are well fitted by an exponential function. Only dark times of duration less than 5 s are included in the fit, since our data collection procedure misses some dark times longer than this. We found that the statistical error in the fitted parameters was consistent with the expected $\sqrt{N/N}$ value, where $N = \sum n(t_k)$ is the number of x_i in the whole data set.

III. APPARATUS

We use a linear radio-frequency (rf) Paul trap, combined with an all-diode laser system, to isolate and cool a single ion of ${}^{40}\text{Ca}^+$. The electrodes are made from stainless steel rods and mounted on two supports made from machinable ceramic (Macor); an end view is shown in Fig. 5. The radial rf electrodes, of diameter 1.2 mm, are centered at the corners of a square of side 2.6 mm. The dc end cap electrodes, of diameter 1.2 mm, are centered on the *z* axis and positioned 7.2 mm apart. In addition to the electrodes that comprise the trap, there are a further four 1.6-mm-diameter electrodes positioned in a similar configuration to that of the rf electrodes, but centered at the corners of an 8.4-mm square. These electrodes allow potentials to be added to compensate for stray electric fields in the trapping region.

The complete experimental apparatus is shown schematically in Fig. 6, to which we refer in the remainder of this section. The trap electrodes lie at the center of a hexagonal stainless steel vacuum chamber. A high-voltage ac source RF supplies a drive voltage of frequency 6.2 MHz and peak-topeak amplitude 135 V for the radial electrodes, while highvoltage dc supplies DC provide the voltages for the end caps (95 V in the present experiments) and compensation electrodes (typically around 60 V are applied to the upper two compensation electrodes, while the lower two are grounded).

The central chamber is pumped by a 25 l/s ion pump IP and a 30 l/s getter pump GP. An ion gauge IG on the opposite side of the main chamber monitors the pressure; this is below 2×10^{-11} torr, the limit of the gauge's sensitivity. To produce calcium ions in the trapping region, we use a calcium oven c and electron gun e. The oven is a thin-walled stainless steel tube filled with calcium granules, closed by crimping at each end, and with a small hole at the center pointing toward the trap region. The oven is heated by passing a 6-A current along its length, which produces a beam of calcium atoms. The electron gun consists of a tungsten filament, also resistively heated, enclosed within a grounded stainless steel "grid" with respect to which it is negatively biased by 50 V. To load the trap, the oven and electron gun are heated for a few minutes, the latter being left on for 10 s after the oven has been turned off. We capture a small cloud of approximately 10 calcium ions using this procedure. This cloud is reduced to a single ion by applying to one of the end caps a low-voltage "tickle" oscillation, close to the axial resonance frequency of the trap, expelling ions until only one remains in the trap.

Violet light at 397 nm is generated by frequency-doubling 794-nm light from a master-slave diode laser system. A grating-stabilized master diode 794M, with a linewidth below 1 MHz, is locked to a stabilized low-finesse reference cavity RC and used to inject a slave diode 794S. Light from the slave is frequency doubled by a 10-mm-long Brewstercut lithium triborate crystal LBO in an external enhancement cavity; Hänsch-Couillaud polarization analysis of light reflected by the cavity provides a feedback signal for a piezomounted mirror PZT used to lock the cavity length to the fundamental light. The measured characteristics of the doubling cavity are finesse 130, enhancement 43, modematching efficiency 94%, input power 90 mW at 794 nm, and output power 0.50 mW at 397 nm. Correcting for losses at the exit face of the crystal and the output coupler gives an internal crystal efficiency $\gamma = 54(5) \ \mu W/W^2$, some 20%



FIG. 1. Values of τ experimentally measured (points with error bars) and theoretically calculated *ab initio* (circles). The first two columns give the reference, the third gives τ in milliseconds. Earlier measured values are not shown since they have considerably larger experimental uncertainty.

greater than previously reported values [13,14] and about 75% of the theoretical optimum efficiency calculated using a Boyd-Kleinman analysis [15] and an effective nonlinear coefficient for LBO of d_{eff} =0.855 pm/V [16]. The 397-nm beam passes through a $\lambda/2$ wave plate and polarizing beam splitter (PBS) cube to provide intensity control, and a lens focuses it to a spot size of 200×30 μ m² (measured with a charge-coupled device camera) at the center of the trap. The beam power used is typically 0.2 mW.

A grating-stabilized diode laser 866 provides repumping light at 866 nm whose intensity is adjusted by a $\lambda/2$ wave plate and PBS cube. A heated iodine bromide vapor cell IBr provides an absolute frequency reference—unfortunately not suitable for reliable locking—and a triple-pass acousto-optic modulator AOM shifts the laser light some 650 MHz into resonance with the $3D_{3/2} \rightarrow 4P_{1/2}$ calcium transition. Spontaneous light near 854 nm emitted by the laser diode (see Sec. IV A 2) is rejected by a diffraction grating DG and aperture A. The transmitted 866-nm light is superimposed on the 397-nm beam using a PBS cube and focused onto the trap. The spot size used in the final lifetime measurements was $250 \times 130 \ \mu m^2$; the maximum beam power was 2 mW.

The light at 850 nm to shelve the ion is provided by a third grating-stabilized laser diode 850 situated on a separate optical table, and is directed into the ion trap via a polarization-preserving monomode optical fiber. The intensity is controlled by a $\lambda/2$ wave plate before the optical isolator. A mechanical shutter S before the fiber allows complete extinction of this light. The spot size at the trap is $450 \times 450 \ \mu m^2$ and the maximum power 0.5 mW.

For clarity in Fig. 6 the detection optics are shown in the plane of the diagram: they are actually vertically above the ion trap. A wide-aperture compound lens gathers fluorescence emitted by the trapped ion and images it onto an aperture to reject scattered light; further lenses reimage the light, via a violet filter, onto a photomultiplier PMT connected to a gated photon counter. The net collection efficiency of the detection system, including the 16% quantum efficiency of the PMT at 397 nm, is approximately 0.12%. The peak photon count rate above background for a single cooled ion is typically 32 kHz.

A personal computer PC is used for data acquisition and control of the experiment; in particular it provides timing, logs PMT count data, controls the shutter S, and eliminates long-term drift of the 866-nm laser by locking it to the fluorescence signal from the trapped ion at the end of each 20-s acquisition period.

IV. SEARCHES FOR SYSTEMATIC EFFECTS

We now consider effects that alter the measured shelving periods from those appropriate to an unperturbed ion subject only to spontaneous decay. These are of two distinct types: those that alter the shelving periods themselves, because the ion is perturbed in some way, and those that cause systematic error in the process of measurement. We consider the two in turn. The significant difference between our final result and previous work calls for a detailed discussion here.

A. Perturbations to the ion

When the ion is fluorescing, it is cycling between the levels $4^{2}S_{1/2}$, $4^{2}P_{1/2}$, and $3^{2}D_{3/2}$. We denote this system of levels by Λ . During the shelving period, the ion is subject to radiation from two of the lasers (397 nm and 866 nm), to thermal radiation, and to the fields associated with the trap.



FIG. 2. Low-lying energy levels of ${}^{40}Ca^+$ and associated transitions. Lasers at 397, 866, and 850 nm drive the corresponding transitions in the experiments. The other transitions are significant to the interpretation of the measured signals and to systematic effects.



FIG. 3. Observed fluorescence signals. The vertical axis is the number of counts given by the photomultiplier during one counting bin, the horizontal axis is time. The horizontal dashed lines show the threshold settings for the data analysis. (a) Shutter method, in which the 850-nm laser is blocked during dark periods. The shaded bars indicate the periods when the shutter is open. (b) Random telegraph method, in which the 850-nm laser is permanently on. (a) was used for accurate τ measurements, (b) for $g^{(2)}$ measurements and various systematic studies.

There may also be collisions with the background gas. Any of these perturbations can transfer the ion to the Λ system. We consider them in turn.

1. Electric field

The ion experiences a static electric field because of imperfect compensation. The most significant effect on the internal state of the ion is to mix the $3D_{5/2}$ and $4P_{3/2}$ levels, so that the measured lifetime is shortened by the presence of the induced $4P_{3/2}-4S_{1/2}$ strong electric dipole transition. In fact, using the known matrix elements, one finds that the effect is negligible; the induced transition probability is 9.0×10^{-14} $E^2 \text{ s}^{-1}$, so that a field of 300 kV m⁻¹ (three orders of magnitude larger than the typical compensating fields used) would be necessary to produce a 1% reduction in the lifetime. We note, however, that there is another effect associated with an imperfectly compensated field, that of heating during the shelving period; we consider this in Sec. IV B 1.

2. Laser radiation

From the standard theory of atom-light interaction, one finds that transitions from a lower level (1) to a higher level



FIG. 4. Typical data set from a single 8-h run. The figure shows a histogram of the measured dark period durations x_i , and the fitted exponential curve produced by our analysis procedure (see text). The residuals are shown on an expanded scale, in the form (data $- \text{fit})/\sqrt{(\text{fit})}$. In this example the analysis gave $A = 117.7 \pm 1.5$, $\gamma = 0.853 \pm 0.009 \text{ s}^{-1}$.

(2) in the multilevel ion can be stimulated by radiation of intensity *I* and angular frequency ω_L at a rate R_{12} (averaged over all Zeeman components) given by

$$R_{12} = \frac{2J_2 + 1}{2J_1 + 1} \frac{\pi^2 c^3}{\hbar \omega_{12}^3} A_{21} \frac{I}{c} g(\omega_L - \omega_{12}), \qquad (2)$$

where J_1 and J_2 are the total angular momenta of the levels, ω_{12} is the atomic resonance angular frequency, and



FIG. 5. End view of the linear ion trap electrode arrangement, to scale, showing the ac trap electrodes (solid black circles) and dc compensation electrodes (gray circles). Dimensions are in mm. The position of the dc endcaps is also indicated (open circle); the separation between the two opposing end caps is 7.2 mm. The solid angle in which fluorescence is collected by the imaging system is 0.2 sr.



FIG. 6. Main features of the optical setup; see Sec. III for key.

 $g(\omega_L - \omega_{12})$ is the normalized line-shape function. In our case we may assume Lorentzian line shapes, so that

$$g(\omega_L - \omega_{12}) = \frac{\Gamma/(2\pi)}{(\omega_L - \omega_{12})^2 + \Gamma^2/4}$$
(3)

with the linewidth $\Gamma = 1/\tau_2$ determined by the sum of all the decay processes from the upper level.

Since Block *et al.* [12] reported a significant dependence of the shelving time on the intensity of the repumping laser, we first consider excitation from $3D_{5/2}$ to $4P_{3/2}$ by light at 866 nm. The lifetime τ_2 of the $4P_{3/2}$ level has been measured to be 6.924 ± 0.019 ns [11]. We use the value A_{21} = $(7.7\pm0.3)\times10^6$ s⁻¹ from *ab initio* [7] and semiempirical [17] atomic structure calculations. The 4% uncertainty is our own estimate, based on the variation among the published calculations, and on the fact that the calculations produce other electric dipole matrix elements in agreement with experiment to better than this level of precision. In any case, a 10% error in the value of A_{21} would have a negligible influence on our final result.

To excite the $3D_{5/2}-4P_{3/2}$ transition on resonance would require radiation of wavelength 854 nm. From Eq. (2), we find that with 866-nm light the rate is 9.9×10^{-5} s⁻¹/mW mm⁻². The probability that the ion will subsequently decay back to $3D_{5/2}$ is the branching ratio $b = A_{21}\tau_2 = 0.053$, so the rate at which it will be transferred to the Λ system is $(1-b)R_{12}=9.4 \times 10^{-5}$ s⁻¹/mW mm⁻². In our experiments, it is convenient to choose the 866-nm intensity such that the $3D_{3/2} \rightarrow 4P_{1/2}$ transition is saturated. This requires $I_{866} \ge 0.08$ mW mm⁻² if the laser frequency is set on resonance (taking this A_{21} coefficient to be 8.4×10^{6} s⁻¹ [7,17]), but to avoid the need to control this frequency precisely a much higher intensity was used, typically 1.5 mW in a spot size of $250 \times 130 \ \mu$ m², or 30 mW mm⁻². This results in a contribution to the depopulation rate of the $3D_{5/2}$ level of around 0.3% of that due to spontaneous emission to the ground level.

This is far smaller than the experimental result of Block et al. However, in our own preliminary work we also found that there was a significant dependence of the shelving time on the intensity of the repumper laser, of the same order of magnitude as that reported by Block et al., and some 200 times larger than the theoretical value given above. This suggested that the 866-nm laser was emitting some radiation much closer in wavelength to 854 nm, which was primarily responsible for the shortening of the apparent lifetime of the $3D_{5/2}$ level. This laser is a semiconductor diode device, operated with an extended cavity by use of a Littrow-mounted diffraction grating. Without the grating, the laser would operate close to 854 nm. Since any laser produces spontaneous emission over its gain profile, as well as stimulated emission at the lasing wavelength, there was in our preliminary work radiation incident on the ion in the vicinity of 854 nm. One might expect the intensity of this radiation to be greatly reduced because of the long (3 m) beam path. In fact, this is not the case, because the emitting region in the laser is small (dimensions of order microns) so the spontaneous component is well collimated; like the coherent component, it is transported to the trap with little loss.

We therefore investigated the spectrum of the light from the laser by means of a diffraction grating, and found it to contain a broad background from 840 nm to 870 nm. When the total laser power near the ion trap was 2 mW, the power in the broad component was 8 μ W, and the spot sizes were similar. This implies a mean spectral density around 854 nm sufficient to cause deshelving rates considerably higher than those we observed; we ascribe the lower observed rates to the structure of the background. This was not resolved in our investigation, but is expected on the basis of other experimental work [18,19] to include a long series of spikes separated by the longitudinal mode spacing of the diode (50 GHz). These occur because the gain is so high in these devices that there is some amplification right across the gain profile; evidence that this occurs in our laser is provided by the high degree of polarization (90%) of the background. It is thus reasonable to conclude that the $3D_{5/2}-4P_{3/2}$ atomic resonance falls between peaks in the 50-GHz-spaced comb.



FIG. 7. Measured deshelving rates. (a) Measurements using 1 to 2 h runs of the random telegraph method, at various 866-nm beam intensities, to test for intensity dependence of the rate. The lines are two-parameter straight line fits to the data, with fitted intercept and slope. With the diffraction grating and aperture in place, the slope is consistent with zero and with the small theoretically expected value (see text). (b) Final data set using the shutter method. Points taken at the same intensity are shown horizontally offset for clarity. The error bars are the statistical uncertainties emerging from the analysis of each run. The line is a single-parameter least-squares fit; it is given the theoretically expected slope, and the best fit intercept is obtained.

To study the effects of this background radiation we reduced its intensity at the position of the ion. This was done in two stages. First, we reduced it by a factor of 25 using an interference filter centered on 866 nm. The observed deshelving rate fell from 1.85 ± 0.06 s⁻¹ to 0.87 ± 0.02 s⁻¹, the two measurements being taken at the same 866-nm intensity. This provided convincing evidence that the deshelving was indeed caused by the postulated mechanism. We therefore replaced the filter with a diffraction grating and iris aperture, arranged to pass light at 866 nm. The power transmitted by the system in the vicinity of 854 nm was then reduced compared with the unfiltered laser by three and a half orders of magnitude (for a given intensity at 866 nm), and the remaining light was scattered, thus increasing the illuminated area in the vicinity of the ion by a factor measured to be 40, making a net intensity reduction of 8 $\times 10^{-6}$. Under these conditions transitions stimulated by this radiation become much less probable than those due to the 866-nm light itself. The observed deshelving rate was 0.858 ± 0.007 s⁻¹. Deshelving rates γ at various settings of the intensity *I* of the 866-nm laser beam as measured in these various experiments are shown in Fig. 7(a). A straight line of the form $\gamma = \gamma_0 + \alpha I$ fitted to the points for which the grating and iris system were in place gives $\gamma_0 = 0.857 \pm 0.016 \text{ s}^{-1}$, $\alpha = (1.5 \pm 6) \times 10^{-3} \text{ s}^{-1}/\text{mW mm}^{-2}$. The value of γ_0 is consistent with our final more accurate measurements, given in Sec. VI below, while the slope is consistent with zero (and with the very small theoretical value for deshelving by 866-nm radiation given above). The intercept with unfiltered light is greater than that given by our final data because our method of varying the laser intensity did not alter the unpolarized component of the background radiation.

Spontaneous emission from the repumper laser appears also to be likely to account for the observations of Block *et al.* It is possible that it was present in previous work on the $3D_{5/2}$ lifetime, and unaccounted for, explaining the lower values obtained by all earlier workers. This does not immediately apply to Block *et al.*, however, because their measurement involved an extrapolation to zero laser intensity using neutral density filters.

The 866-nm laser might also generate radiation near 854 nm if it went multimode owing to a degradation of the alignment of its own external cavity. If intermittent and at a low level, this effect could occur undetected. However, multimode operation was found in practice to have an all-ornothing character: if it occurred at all then it was obvious from a large increase in the noise of the fluorescence signals, and in such a case the data were discarded.

The grating and iris system were in place for our final data sets. Figure 7(b) shows our final rate measurements plotted against the intensity of the repumper laser. The observations are consistent with the theoretical value for the slight dependence on 866-nm intensity. Our final result for the lifetime was obtained with a slope fixed at the theoretical value (see Sec. VI).

The radiation at 397 nm is obtained by frequency doubling and so does not contain any significant background light. There is no transition from $3D_{5/2}$ near enough to this wavelength to cause significant deshelving. A check for this or some other (unidentified) effect was nevertheless carried out, where we changed the intensity of this light by a factor of 2, and we observed, to 10% precision, no effect on the deshelving rate.

3. Thermal radiation

The rate of deshelving is $(1-b)B_{12}\rho(\omega_{21})$, where $\rho(\omega)$ is the energy density per unit frequency interval in the thermal radiation, and $B_{12} = g_2 \pi^2 c^3 A_{21} / (g_1 \hbar \omega_{21}^3)$. In a thermal cavity we obtain the rate

$$(1-b)\frac{2J_2+1}{2J_1+1}A_{21}e^{-\hbar\omega_{21}/k_{\rm B}T}$$
(4)

for $\hbar \omega_{21} \gg k_{\rm B}T$. For the 854-nm transition in a roomtemperature cavity, the rate is of order 10^{-18} s⁻¹ so is negligible. Non-negligible rates can be obtained, however, when we consider the radiation produced by room lights or the filament of an ion gauge. The spectral energy density is reduced from the value in Eq. (4) by a geometrical factor approximately equal to $S/(4\pi r^2)$ where S is the area of the hot filament and r is its distance from the ion, if the ion is within line of sight of the filament. For example, taking T = 1700 K, S = 20 mm², and r = 30 cm, we obtain a rate $\sim 5 \times 10^{-3}$ s⁻¹. In our vacuum system, although the ion gauge is at this distance from the trapped ion, it is not in line of sight, so we expect the rate of this process to be well below this value.

4. Collisional effects

The ion in the shelved level can undergo a collision with an atom of the background gas. Either or both of two processes may then occur: the ion may gain a significant amount of kinetic energy, and it may be transferred to another state. This is a source of error since in both cases the apparent shelving time-the interval during which fluorescence is not observed-will be affected. To investigate the nature and frequency of collisional effects we monitored the fluorescence from the ion for 8 h with the 397-nm and 866-nm radiation present but with no laser operating at 850 nm to take the ion to the $4P_{3/2}$ level. The diffraction grating and aperture were in place. During this period we observed abrupt disappearance of the fluorescence (within the resolution of the 22-ms bins) on 17 occasions. It reappeared after times of the order of a second, with six "dark periods" as short as a few tens of milliseconds. The reappearance was generally abrupt, but in five of the longer periods it was more gradual, occurring over several bins.

One noncollisional effect that can lead to loss of fluorescence in this test is shelving in the $3D_{5/2}$ level. Shelving caused by the 866-nm radiation exciting the $3D_{3/2}$ to $4P_{3/2}$ transition is negligible, because the spontaneous decay to $3D_{5/2}$ has such a low branching ratio (the excitation rate can be calculated from the branching ratio b and the $3D_{3/2}$ $\rightarrow 4P_{3/2}$ coefficient $A_{21} = 0.91 \times 10^6 \text{ s}^{-1}$ [7,17]). In contrast, it is not possible to rule out excitation by the spontaneously emitted light from the 866-nm laser at 850 nm because the rate depends on the spectral distribution of the spontaneous emission at 850 nm; if a peak happened to be close to the frequency of the 850-nm transition the process could be responsible for a significant number of the observed events. However, we would then expect an abrupt reappearance of the fluorescence on a time scale of the order of a second, and the data then suggest that the upper limit for events of this type is around eight. These could alternatively be caused by fine-structure-changing collisions; the ion in the $3D_{3/2}$ level can be transferred to $3D_{5/2}$ by a long-range collision which may not transfer significant kinetic energy. At our working pressure of order 10⁻¹¹ mbar we would expect about eight such events on the basis of an approximate value of the collisional mixing rate that has been determined for conditions similar to ours [20,21]. Our observations thus provide a rough upper limit on the background gas pressure in our system directly at the location of the ion, to confirm our ion gauge reading. We note that the rates for $D_{5/2} \rightarrow D_{3/2}$ and $D_{3/2} \rightarrow D_{5/2}$ are approximately equal at room temperature, and therefore the present experiment does give an indication of the deshelving rate due to fine-structure-changing collisions in our $D_{5/2}$ lifetime measurements.

The other events are more obviously characteristic of collisions. In particular, the more gradual reappearance of the fluorescence after a long dark period is likely to be associated with the ion being cooled again after acquiring a significant amount of kinetic energy. On the basis of our measured pressure and reasonable estimates of cross sections, we do not expect more than two or three collisions of this type. Some of the very short dark periods are likely to be much smaller perturbations by relatively distant collisions. If such a perturbation were to occur during the lifetime measurement itself, fluorescence would not be observable for a period whatever state the ion was in after the collision. Fortunately, for the purposes of estimating the uncertainty in the lifetime measurement, detailed interpretation of the events is not necessary. An upper limit to the error introduced can be found by assuming that all 17 events are due to collisions, giving a rate of 6×10^{-4} s⁻¹, and that such a collision occurring in the experimental runs themselves while the ion was in the shelved level would have delayed (or hastened) the reappearance of fluorescence by an average of order 1 s. The net contribution to the measured rate has thus an upper limit of $\pm 6 \times 10^{-4}$ s⁻¹ which is an order of magnitude below the statistical error.

B. Systematic effects in the measurement process

Both the fluorescence and the background signal on which it is superposed are subject to fluctuations. As well as the random error this introduces into the measurement, because the instant at which fluorescence resumes is subject to statistical uncertainty, there are systematic effects. For example, a large fluctuation in the background can suggest that the ion has decayed while it is still shelved; our data analysis procedure had to be developed and tested to minimize errors due to such effects. Further, the ion is not cooled during the shelved period, and if there is significant heating the fluorescence may be reduced for a time after the decay.

1. Heating during the shelved periods

In our preliminary experiments, we found that when an electric field was applied in the vertical direction the fluorescence reappeared only gradually after shelving, over periods of 10-50 ms. We ascribe this to heating. When the dc electric field in the trap is not zero, the ion experiences the rf driving field, which is much noisier than the dc field, and so the ion motion heats up during the shelved periods when it is not laser cooled. We calculate that if the ion heated up to room temperature, it would take the lasers approximately 50 ms to cool the motion down again and thus for the fluorescence to reappear. Evidence supporting this interpretation is given by the fact that the nonabrupt reappearance of fluorescence was correlated to the duration of the dark period, being more likely for longer dark periods. We therefore took care to ensure this phenomenon was not present in the runs used for our final data set. This was done by nulling the vertical field carefully before each run.

In our linear trap geometry the rf field is two dimensional. To null the vertical field we adjusted the voltage on one of the dc field compensation electrodes, so as to minimize the linewidth of the ion fluorescence as a function of 397-nm laser frequency (at lowered 397-nm laser power). The 397-nm laser beam used for shelving measurements enters along the direction $(\sqrt{3},0,1)$ (where the xz plane is horizontal); this is sensitive to horizontal micromotion and hence the vertical field. We were able to null this field to ± 3 V/m, and most runs were carried out with nulling to ± 10 V/m. We measured the remaining heating rate, when this field was as well compensated as we could make it, by blocking the cooling laser beams (397 nm and 866 nm) for long periods, and looking for a nonabrupt return of the fluorescence when the beams were unblocked. No delay was observed (the limit of sensitivity being the bin size of 22 ms) unless the cooling lasers were blocked for more than 10 min, some 600 times longer than the shelving times occurring during the measurements themselves. The consequent systematic error in the lifetime can thus be safely neglected; heating is likely to be relatively slow when the ion is first shelved, but even assuming that the delay of fluorescence is linear with shelving time the error is only of order 30 μ s. We note that there were no soft edges in the runs used for our final data set.

We found that a horizontal field gave a much smaller heating effect, and indeed some of our final data points were taken in the presence of a horizontal field of order 200 V/m. However, for our final experimental run, a further beam was introduced along (0, -2, -1) to allow horizontal field compensation; this beam was blocked once the compensation was optimized. Although not important for the present lifetime measurements, accurate compensation is necessary for our future work in which the ion is to be cooled below the Doppler limit.

2. Tests of the reliability of the data analysis

We consider three possible sources of systematic error in the data analysis in turn. First, it is straightforward to show analytically that approximating the continuous exponential distribution of dark times as a histogram causes no systematic errors in the fitted value of τ . Second, numerically simulated data were used to show that varying the threshold level used in the data analysis did not systematically change the fitted value of τ by more than 0.1 ms. Our real data have a further property: intensity fluctuations. The τ value deduced from a real data set was found to vary as a function of threshold by amounts of order ± 0.5 ms. We estimate this may introduce a systematic error of order 0.5 ms. Third, repeated fits to numerically simulated data sets were used to show that any systematic error arising purely from the exponential fitting procedure was less than 0.25 ms. They also permitted us to verify the uncertainty (one standard deviation) in the fitted value of τ , derived from the cost function surface.

These effects give a total uncertainty of ± 0.6 ms.

V. DEMONSTRATION OF PHOTON ANTIBUNCHING

The quantum jump method provides a convenient means to demonstrate photon antibunching [22], that is, generation of a light field whose second-order coherence $g^{(2)}(t)$ falls below 1 as $t \rightarrow 0$. The second-order coherence is the normalized autocorrelation function of the intensity. A classical



FIG. 8. Second-order coherence of the 729-nm radiation emitted by the ion, as deduced from quantum jump observations. The data points give the number of times a jump was observed (therefore a 729-nm photon emitted) at time t after a chosen jump, normalized to the mean jump rate, accumulated in several data sets. The line is the theoretical expectation, described in the text.

definition of intensity leads to $g^{(2)}(t) \le g^{(2)}(0)$ and $g^{(2)}(0)$ >1, whereas a definition in terms of quantum electric field operators allows all values [22]. Therefore observation of a $g^{(2)}(0)$ value below 1 is a direct signature of the quantum nature of the radiation field. Quantum jump observations yield $g^{(2)}$ easily, since whenever a deshelving jump is observed, we may deduce, with close to 100% reliability, that one photon at 729 nm has been emitted by the ion [23-27]. Therefore we deduce the presence of a 729-nm radiation field which has $g^{(2)}(t) = \langle n(t)n(0) \rangle / \overline{n^2}$, where n(t) and n(0) are the numbers of jumps observed in two equal time intervals separated by a time t. This quantity is plotted in Fig. 8 for a typical data set in our experiment. For this study, we did not use the method described in Sec. II, in which the 850-nm light was blocked when the ion was shelved. Instead, this light was left permanently on, but detuned from the $D_{3/2} \rightarrow P_{3/2}$ transition by several hundred MHz, and the fluorescence monitored continuously. We therefore obtained the well-known "random telegraph" signal, Fig. 3(b). Since we detect very nearly all the 729-nm photons, we can be confident the second-order coherence does not vary at time scales too short for us to detect. Therefore the antibunching signature $g^{(2)}(0) < 1$ is clearly demonstrated.

We can understand the complete form of $g^{(2)}(t)$ by solving the rate equations for the populations of the ion levels. All the relevant processes are fast except for two, namely, spontaneous decay from $D_{5/2}$ to Λ and excitation from Λ to $D_{5/2}$, so the problem reduces to a two-level system. If we take t=0 to be the center of a short time interval (one bin) during which a jump occurred, so that n(0)=1, then the probability for the atom to emit a 729-nm photon at time *t* is proportional to the population of $D_{5/2}$ at *t*, given that it was zero at t=0. We thus obtain

$$g^{(2)}(t) = 1 - e^{-(R+\gamma)t},$$
(5)

where *R* is the excitation rate and γ the decay rate. This curve is plotted on Fig. 8 with no free parameters (*R* is taken as the inverse of the mean duration of bright periods in the

TABLE I. Statistical and systematic contributions to the error in the measured deshelving rate γ . The systematic errors are added in quadrature, then their total is added linearly to the statistical error, to give a total uncertainty of 5.2×10^{-3} s⁻¹. See also Sec. IV.

	$1\sigma \text{ errors } (10^{-3} \text{ s}^{-1})$	
Effect	Statistical	Systematic
Data fitting	±4	± 0.4
866-nm intensity uncertainty (30%)		± 1
$A_{21} (D_{5/2} \rightarrow P_{3/2})$ uncertainty (4%)		± 0.1
Collisional processes		± 0.6
Background from 866-nm laser		$\sim +0.01$
Total	± 4	± 1.2

same data set). The agreement between data and theory is evidence that we have a good understanding of our experimental situation.

VI. RESULT AND DISCUSSION

Our final data set consisted of four 8-h runs, and two 2-h runs, all using the experimental method of Sec. II (850-nm laser blocked during dark periods). The deshelving rates observed in these runs, as obtained by the analysis described above, are shown in Fig. 7(b). The size of each error bar is equal to the statistical uncertainty emerging from the analysis. The straight line through the data is a single-parameter weighted least-squares fit. The line is given the theoretically expected slope, and the best fit intercept is found to be $\gamma_0 = 0.856 \pm 0.004 \text{ s}^{-1}$.

The deshelving rate γ obtained in the experiment may be written

$$\gamma = \frac{1}{\tau} + \sum_{i} \gamma_{i}, \qquad (6)$$

where τ is the natural lifetime we wish to measure, and the γ_i are due to other processes that contribute to the measured rate, chiefly laser excitation of transitions in the ion and collisional processes. The effect of off-resonant excitation by 866-nm radiation is already accounted for in our fitted intercept γ_0 . However, uncertainty ($\pm 30\%$) in the light intensity at the ion makes this accounting imprecise, leading to a further systematic error in γ_0 at the level of 0.001 s^{-1} . This and other contributions to the systematic error, from collisional processes and remaining background light from the 866-nm laser, are shown in Table I. The statistical error from the data fitting dominates. The systematic effects are independent of one another, so we add their errors in quadrature. Adding this total systematic error linearly to the statistical error, the value we obtain for the natural lifetime of the $D_{5/2}$ level is

$$\tau = 1.168 \pm 0.007$$
 s. (7)

We have already noted the significant difference between this result and earlier measurements. Here we compare it with theory. Our result differs from all the reported *ab initio* calculations by amounts large compared with our 0.6% experimental uncertainty. The relative difference ($au_{ ext{theor}}$ $-\tau_{\rm meas})/\tau_{\rm meas}$ is -10% for a recent calculation based on the Brueckner approximation [7], +5.6% for relativistic manybody perturbation theory [4], and -2.6% for multiconfigurational Hartree-Fock (MCHF) calculations [5,6]. Of these calculations, those that produced the smallest discrepancy with our measured D state lifetime produced the largest discrepancy with the measured P state lifetimes obtained by Jin and Church [11]. A semiempirical calculation based on MCHF and core polarization [5], and a calculation using related methods [6], give a value close to our measured result (relative difference -0.7%). The most natural interpretation of these observations is that the *ab initio* calculations of τ carried out so far have a precision of at best a few percent, and success at calculating electric dipole matrix elements does not guarantee the same degree of success with other parameters such as electric quadrupole matrix elements.

The ratio between the lifetimes of $D_{3/2}$ and $D_{5/2}$ is much less sensitive to imperfections in the calculations, and is given primarily by the frequency factor ω^5 , which leads to a ratio 1.022. The factor emerging in recent calculations of the two lifetimes is 1.0335 [7], 1.0283 [4], and 1.0175 [5,6]. We take the standard deviation of these results to indicate the theoretical uncertainty on their mean, giving $\tau_{3/2}/\tau_{5/2}$ = 1.026±0.007. Combining this with our measurement of $\tau_{5/2}$ gives $\tau_{3/2}$ = 1.20±0.01 s for the lifetime of the 3 $d^2D_{3/2}$ level in ⁴⁰Ca⁺.

VII. CONCLUSION

We have described a linear ion trap apparatus and its use to measure the lifetime of the $D_{5/2}$ level in ${}^{40}\text{Ca}^+$ by quantum jump measurements on a single trapped ion. Our result is more precise than previous measurements, and significantly larger. We believe this discrepancy is mostly explained by previously unrecognized systematic errors, which tend to make the lifetime appear shorter than it in fact is. Our measurement provides a precise test of *ab initio* atomic structure calculations; it is in only moderate agreement with currently reported calculations.

We have discussed the spectral distribution of light emitted by a semiconductor diode laser operated in an extended cavity, emphasizing that in experiments where unwanted excitation of allowed atomic transitions is to be avoided, it is necessary to take into account the weak broad component in the spectrum, which extends many nanometers away from the main lasing wavelength. This is significant in many experiments in atomic physics, especially coherent atom optics, "dark" optical lattices, frequency standards, and quantum information processing.

Finally, we have discussed various diagnostics on the performance of the ion trap, made possible by careful analysis of long periods of operation of the trap. These include an upper limit for the pressure in the system, and the heating rate in the trap. We demonstrated photon antibunching, finding it in agreement with theoretical expectations.

Our uncertainty is dominated by statistics, so it would be possible to obtain significantly higher precision by accumulating more data, though for single-ion work this would require integration for several weeks. To go further, one would need better knowledge of the laser intensities and collisional processes.

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We would like to acknowledge helpful correspondence with G. Werth, and a copy of [12] before publication. L. Favre, E. Hodby, M. McDonnell, and J. P. Stacey contrib-

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