# Self-Phase Modulation and "Rocking" of Molecules in Trapped Filaments of Light with Picosecond Pulses* 

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#### Abstract

The spectral properties of trapped filaments of light in many liquids have been studied in detail using, as an excitation source, a ruby laser operating in different regimes. It has been found that the regular periodic structures in the spectra, which are typical of the selfphase modulation process, can be obtained with high reproducibility under excitation with laser pulses of $\approx 5 \mathrm{psec}$. These properties have been interpreted using the method of stationary phase, which makes it possible to derive the temporal behavior of the nonlinear refractive index $\delta n$ in the filaments in a fairly simple way. Other conclusions deduced from this method about the structure of the spectra have been confirmed by experiment. By using a functional relation between $\delta n$ and the optical field intensity $A^{2}$ based on a model given by Starunov the relaxation time $\tau_{1}$ of $\delta n$ and the temporal behavior of the pulse intensity have also been derived. The value of $\tau_{1}$, which is consistently of the order of a few tenths of a picosecond, gives a strong indication that a "molecular rocking" is the main mechanism for trapping with picosecond excitation. The optical pulse derived has a time width of $\approx 2.5 \mathrm{psec}$ and an asymmetrical shape. The self-consistency of the method employed has been checked by using the derived pulses $\delta n(t)$ and $A(t)$ to calculate, by computer, the spectral power density of the optical pulse. The spectrum so calculated fits the experimental one fairly well.


## I. INTRODUCTION

The self-trapping of intense laser beams in liquids has been studied by several authors over the last few years. Particular attention has been devoted both to the physical mechanisms which may be responsible for the formation of smallscale filaments and to the nonlinearities which occur in the filaments owing to the extremely high electric field. Self-trapped filaments have been observed with different excitations. In the most studied case, when a $Q$-switched laser pulse with a few tens of nanoseconds' duration has been used as the excitation source, the molecular orientational Kerr effect has been considered to be the most important mechanism for filament formation. ${ }^{1}$

Among the physical properties of trapped light, the spectral composition is perhaps the most striking. Under $Q$-switched single-mode excitation, evidence of large broadening with occasional periodic structures in the spectra of the filaments was first reported by Grieneisen and Sacchi, and Brewer. ${ }^{2}$ Regular and peculiar spectral structures obtained by Shimizu, ${ }^{3}$ under $Q$-switched, yet multimode, laser operation have been interpreted in terms of self-phase modulation of a trapped optical pulse. A more complete treatment of the selfmodulation process has been given by Gustafson et al., ${ }^{4}$ who have pointed out the importance of a pulse shortening of the laser excitation in order to have agreement with the experimental spectra. A possible process of short-pulse formation has
been described by Marburger et al. ${ }^{5}$ in a treatment of self-focusing in a transient regime. Self-modulation of a sinusoidal modulation of laser intensity induced by a process within the liquid suggested by Cheung et al. ${ }^{6}$ can equally well fit the experimental spectra when a fine structure ${ }^{7}$ is observed. Finally, ultrashort pulses of a mode-locked laser have been used for a trapping experiment by Brewer and Lee. ${ }^{8}$ These last authors, who did not report spectral observations of the trapped light, introduced a molecular electronic distortion as the main mechanism for trapping formation in the case of picosecond excitation.

A previous work ${ }^{9}$ reported the observation of very regular and reproducible spectra of trapped filaments under picosecond excitation, and it has been suggested that a fast mechanism ("rocking" of molecules in a potential well) could be the most important mechanism in ultrashort excitation.

The purposes of this work are (i) to report on experimental results which confirm the importance of short laser pulses to obtain broad and regular spectra of trapped light and (ii) to describe a treatment, based on the model of molecular rocking and on the method of stationary phase, which allows the measurement of important physical parameters of the trapping mechanism.

## II. EXPERIMENTAL RESULTS

On studying the spectral properties of the filaments, the excitation source used was a ruby laser operating in three different regimes: (i) $Q$-switched with a single transverse and longitudinal mode,
(ii) mode-locked, with a single transverse mode and a pulse width of $\approx 1 \mathrm{nsec}$, and (iii) mode-locked, with a single transverse mode giving ultrashort pulses (20-5 psec). These types of lasers have been described in previous works. ${ }^{10-12}$ The experimental apparatus is very similar to that used in this kind of experiment by other authors. ${ }^{2,3}$ Some of the usual liquids $\left(\mathrm{CS}_{2}\right.$, toluene, bromobenzene) have been tested, in cells of different lengths ( $5-25 \mathrm{~cm}$ ).

In the first series of experiments, a singletransverse ( $\mathrm{TEM}_{00}$ ) longitudinal-mode $Q$-switched ruby laser, giving a pulse $\approx 30 \mathrm{nsec}$ in duration and a peak power density up to $100 \mathrm{Mw} / \mathrm{cm}^{2}$, was used. In this case, a plane or slightly converging input beam produced a single filament most of the time, provided that the laser power was kept below twice the focusing threshold. The results on spectral broadening, however, were found to depend on the distance of the liquid cell from the laser. Let us consider the two following cases. (i) Case of small distances ( $<1 \mathrm{~m}$ ): A plane or slightly converging beam produced an intense laser component and relevant Raman content at the first and second Stokes lines. The broadening of these lines spanned several tens to several hundreds of $\mathrm{cm}^{-1}$ (depending on the laser power), the spectra exhibiting discrete but rather irregular structures. If the input beam was strongly focused inside the liquid, a more intense and broad spectrum of the filaments was obtained with an enhancement of Raman radiation and the appearance of more regular discrete patterns in the spectra. (ii) If the liquid cell was moved a few meters away from the laser, the frequency broadening of the filaments was strongly reduced, becoming of the order of a few $\mathrm{cm}^{-1}$. This result was found to hold substantially for both focused and unfocused beams. These observations are in agreement with the possibility that short pulses are of importance in producing a more or less regular broad spectrum. ${ }^{4}$ Indeed, in spite of the single-mode character of our input beam, short pulses may be produced in the backscattered Brillouin radiation, ${ }^{13}$ which enters the liquid cell after being reamplified in the laser cavity. ${ }^{14}$

To check this possibility, a mode-locked ruby laser with a single-transverse mode ( $\mathrm{TEM}_{00}$ ) and a pulse duration $\approx 1 \mathrm{nsec}$ was used as an excitation source. With such short pulses, it is well known ${ }^{15}$ that the Brillouin effect is strongly reduced. In this case, a plane beam entering the liquid cell produced many filaments with a rather narrow spectrum, spanning only a few $\mathrm{cm}^{-1}$, independent of the distance of the liquid from the laser. This confirms the importance of Brillouin scattering to produce, even in an indirect way, frequency broadening of the filaments, and it indicates that our
pulses were not short enough to produce large frequency broadening.

A third experiment employed a $\mathrm{TEM}_{00}$-mode mode-locked ruby laser, generating ultrashort pulses in the range $20-5 \mathrm{psec}$, according to the dye used, ${ }^{11}$ and a power density $\approx 5 \mathrm{Gw} / \mathrm{cm}^{2}$. No lenses were put in front of the liquid cell, and the immediate appearance of broad highly regular spectra of the type reproduced in Fig. 1 was observed. In the case of the shortest excitation, this kind of spectrum is exhibited by each filament in a very reproducible way. The spectra may span a few tens to several hundreds of $\mathrm{cm}^{-1}$, depending on the laser power, and extend both to the Stokes and to the anti-Stokes side. The Stokes component is, however, more intense. Almost no Raman light was present in the case of $\mathrm{CS}_{2}$.

The main fact that can be deduced from these results is that the very regular and characteristic spectra, which have been attributed to self-modulation, are mainly due to self-focusing of ultrashort pulses, which directly enter the liquid or are produced in different nonlinear processes, like the Brillouin scattering or the self-focusing itself. ${ }^{5}$ It is likely that short pulses were present (even if not explicitly verified) in the multimode $Q$-switched excitation used by other authors, who obtained regular spectra.

It is worth noting that in the case of picosecond excitation, a fine structure ${ }^{7}$ with a period ranging $7-10 \mathrm{~cm}^{-1}$ was occasionally observed in all the previous liquids. Since the spectra that exhibit fine structure are among the broadest and most intense ones, it is likely that the modulation process responsible for this effect is produced in the filaments (where there are the strongest fields) rather than being present at the initiation of all the filaments.

Finally, measurements of filament diameters, although not extensively performed for all the


FIG. 1. Typical regular spectra due to self-phase modulation as obtained with picosecond excitation.
liquids, gave a value $\approx 5 \mu$ for $\mathrm{CS}_{2}$, with both nanosecond and picosecond excitation. Since, in the latter case, the Brillouin and Raman effects are almost absent, it may be concluded that they do not play an important role in diameter stabilization.

## III. INTERPRETATION OF THE SPECTRA

According to what has been done elsewhere, 3, 4, 9 the spectrum $f(z, \omega)$ of the light pulse after traveling a distance $z$ in the filament can be written as

$$
\begin{equation*}
f(z, \omega)=e^{i k z} \int_{-\infty}^{\infty} A(t, z) e^{i(\gamma 6 n+\omega t)} d t \tag{1}
\end{equation*}
$$

where $A(t, z)$ is the field amplitude $\gamma=\omega_{0} z / c$, $\delta n$ is the nonlinear refractive index induced by the field, $\omega_{0}$ is the laser angular frequency, and $\omega$ is the angular frequency of the spectrum minus $\omega_{0}$. As done by Gustafson et al., ${ }^{4}$ one can assume a given shape for $A(t, z)$ and a given functional relation between $\delta n$ and $A$, and then, by computer, calculate $f(z, \omega)$ to fit the experimental results. Interesting pieces of information can, however, be obtained by approximately calculating the integral in Eq. (1) by the method of stationary phase. ${ }^{16}$ This method makes use of the intuitive observation that, at each angular frequency $\omega$, the main contribution to the integral (1) comes from the points at which

$$
\begin{equation*}
\gamma-\frac{d \delta n}{d t}=-\omega \tag{2}
\end{equation*}
$$

Now, this method provides for an asymptotic expansion of the integral (1) which holds when $\gamma$ $\rightarrow \infty$. The results which follow are, therefore, believed to hold with greater accuracy for the widest observed spectra.

For what follows, the following assumptions will be made. (a) The spectral broadening of the function $f(z, \omega)$ is mainly due to the phase term $e^{i(\gamma 6 n+\omega t)}$ rather than to the amplitude term $A(t, z)$ appearing in Eq. (1). (b) The curve describing $\delta n=\delta n(t)$ has a bell-shaped, but not necessarily symmetrical, form. On the above two assumptions, it will be shown that from the observed spectra one can almost completely reconstruct the function $\gamma \delta n(t)$. In order to know the absolute value of $\delta n(t)$, one should know the value of $\gamma$, i.e., the value of the propagation distance $z$ of the filament in the liquid. This can be done experimentally by using pin-hole techniques, as done by Denariez and Taran. ${ }^{17}$ It has not, however, been done in our experiments, so that the absolute value of $\delta n(t)$ will be inferred from the measured filament diameter.

For what follows reference will be made to Fig. 2, where a typical spectrum is shown schematically
[Fig. 2(a)] and a bell-shaped curve is assumed for $\delta n(t)$ [Fig. 2(b)]. In Fig. 2(b), the two inflection points 1 and 2 and the peak value of $\delta n$ are also indicated. It will be shown that, by using the method of stationary phase, the following quantities are easily obtained from the spectra: (i) $\gamma \delta n_{1}$ and $\gamma \delta n_{2}$, (ii) $\gamma(d \delta n / d t)_{1}$ and $\gamma(d \delta n / d t)_{2}$, (iii) $\gamma\left(d^{3} \delta n / d t^{3}\right)_{1}$ and $\gamma\left(d^{3} \delta n / d t^{3}\right)_{2}$, and (iv) $\gamma \delta n_{p}$, where the subscripts 1 and 2 refer to the inflection points. Measurement of the above quantities makes it possible to determine a power expansion of $\gamma \delta n(t)$ up to the third order, which provides a fairly accurate description of the function in a wide range around the peak value.

The calculation of the first time derivatives at the inflection points comes immediately from Eq. (2). Indeed, we have

$$
\begin{align*}
& \gamma\left(\frac{d \delta n}{d t}\right)_{1}=-\omega_{S}  \tag{3a}\\
& \gamma\left(\frac{d \delta n}{d t}\right)_{2}=-\omega_{a S} \tag{3b}
\end{align*}
$$

where $\omega_{S}=2 \pi \nu_{S}$ and $\omega_{a S}=2 \pi \nu_{a s}$ are the extensions of the spectra at the Stokes and anti-Stokes side, respectively [see Fig. 2(a)]. It is immediately obvious that, if the two extensions are not equal, the curve $\delta n(t)$ will not be symmetrical.

To calculate $\gamma \delta n_{p}$, let us first consider a given frequency $\omega$ at the Stokes side ( $\left.|\omega|<\left|\omega_{s}\right|\right)$. According to Eq. (2), the main contributions to the integral (1) come from the two points $t^{\prime}$ and $t^{\prime \prime}$ [Fig. 2(b)] at which

$$
\begin{equation*}
\gamma\left(\frac{d \delta n}{d t}\right)_{t=t^{\prime}}=\gamma\left(\frac{d \delta n}{d t}\right)_{t=t^{\prime \prime}}=-\omega \tag{4}
\end{equation*}
$$



FIG. 2. (a) Schematic drawing of a typical spectrum. (b) Bell-shaped curve (not necessarily symmetrical) which is assumed for the nonlinear refractive index $\delta n(t)$ and which is used in discussion of the text.

The method of stationary phase then gives, for $f(z, \omega)$,

$$
\begin{align*}
f(z, \omega)= & \left(\frac{4 \pi}{\gamma}\right)^{1 / 2} e^{i(k z-\pi / 2)}\left(\frac{A\left(t^{\prime}\right) e^{i\left[\gamma 6 n\left(t^{\prime}\right)+\omega t^{\prime}\right]}}{\left(d^{2} \delta n / d t^{2}\right)_{t=t^{\prime}}^{1 / 2}}\right. \\
& \left.+\frac{A\left(t^{\prime \prime}\right) e^{i\left[\gamma 6 n\left(t^{\prime \prime}\right)+\omega t^{\prime}\right]}}{\left(d^{2} \delta n / d t^{2}\right)_{t=t^{\prime}}^{1 / 2}}\right) . \tag{5}
\end{align*}
$$

It is immediately evident from Eq. (5) that $|f(z, \omega)|^{2}$ will be at a minimum when

$$
\begin{equation*}
\gamma \delta n\left(t^{\prime}\right)+\omega t^{\prime}=\gamma \delta n\left(t^{\prime \prime}\right)+\omega t^{\prime \prime}+(2 l-1) \pi \tag{6}
\end{equation*}
$$

where $l$ is an integer $(l=1,2, \cdots)$. Equation (6) is easily understood from a physical point of view; it simply states that in order to have a minimum in the spectrum the contributions from the two points $t^{\prime}$ and $t^{\prime \prime}$ must be $180^{\circ}$ out of phase, so that they will cancel each other out by interference. Let us now consider Eq. (6) at the particular frequency $\omega=0$ (i.e., the laser frequency). From Eq. (4) and Fig. 2(b), we then have $t^{\prime}=t_{p}, t^{\prime \prime} \rightarrow-\infty$, $\delta n\left(t^{\prime}\right)=\delta n_{p}$, and $\delta n\left(t^{\prime \prime}\right)=0$. We now further assume that $\omega t^{\prime \prime}=-\gamma t^{\prime \prime}(d \delta n / d t)_{t=t^{\prime \prime}} \rightarrow 0$ when $t^{\prime \prime} \rightarrow-\infty$, which implies that $\delta n(t)$ must go to 0 at infinity at least as fast as $1 / t^{\alpha}$ with $\alpha$ positive. From this assumption, one gets from Eq. (6) for $\omega=0$

$$
\begin{equation*}
\gamma \delta n_{p}=(2 m-1) \pi, \tag{7}
\end{equation*}
$$

where $m$ is the total number of minima of the spectrum at the Stokes side. Equation (7) readily gives $\gamma \delta n_{p}$ once $m$ has been measured from the spectrum. Taking into account the expression for $\gamma$, Eq。(7) can be put in the form $\delta n_{p}=(2 m-1) \lambda_{0} / 2 z \approx m \lambda_{0} / z$, which relates the peak value of $\delta n$ to the central wavelength $\lambda_{0}$ and to the number of sidebands per unit length $m / z$ generated in the liquid. Since the previous calculation can equally well be applied to a frequency $\omega$ at the anti-Stokes side, we also come to the conclusion that the number of minima $m$ of the spectrum at the Stokes side is equal to that at the anti-Stokes side. This result is somewhat intuitive, since it simply states that the number of sidebands due to the phase-modulation process is equal at both the Stokes and the anti-Stokes side. It is also a very useful result, since the observed anti-Stokes spectrum is sometimes very weak, so that the number of minima there cannot be easily measured.

It is important to note that Eq. (5) is not valid for $\omega=\omega_{S}$ (and $\omega=\omega_{a S}$ ), i.e., at the frequency extrema of the spectrum. Indeed, when $\omega=\omega_{S}$, the main contribution to the integral (1) will come from the point $t=t_{1}$, where $\left(d^{2} \delta n / d t^{2}\right)_{1}=0$. In this case, the method of stationary phase gives the following result for $f\left(\omega_{S}, z\right)$ :

$$
\begin{align*}
f\left(\omega_{S}, z\right)= & {\left[6^{1 / 3} \Gamma\left(\frac{4}{3}\right) e^{i k z} e^{i\left(\gamma 6 n_{1}+\omega_{S} t_{1}+\pi / 6\right)}\right] } \\
& \times A\left(t_{1}\right) /\left(\gamma \frac{d^{3} \delta n}{d t^{3}}\right)_{1}^{1 / 3} . \tag{8}
\end{align*}
$$

The corresponding result at $\omega=\omega_{a s}$ can be readily obtained from Eq. (8) by substituting the subscript 2 for the subscript 1 and $\omega_{a S}$ for $\omega_{S}$. The result shown in Eq. (8) comes from a power-series expansion up to the third order of the function $\gamma \delta n(t)$ around the point $t=t_{1}$, namely,

$$
\begin{equation*}
\gamma \delta n=\gamma \delta n_{1}-\omega_{S}\left(t-t_{1}\right)+\frac{1}{6}\left(\gamma \frac{d^{3} \delta n}{d t^{3}}\right)_{1}\left(t-t_{1}\right)^{3} \tag{9}
\end{equation*}
$$

where use has been made of Eq. (3a).
To calculate $\left(\gamma d^{3} \delta n / d t^{3}\right)_{1}$, we have to consider the integral (1) at frequency $\omega \approx \omega_{S}$ [a similar calculation at frequency $\omega \approx \omega_{a s}$ produces the expression $\left.\left(\gamma d^{3} \delta n / d t^{3}\right)_{2}\right]$. When $\omega$ is sufficiently close to $\omega_{S}$, the power expansion (9) holds for $\gamma \delta n$ so that, according to Eq. (2), the main contributions to the integral (1) will come from the two points $t_{ \pm}$given by the equation

$$
\begin{equation*}
\left(t_{ \pm}-t_{1}\right)= \pm\left[2 \Delta \omega_{S} /\left(\gamma \frac{d^{3} \delta n}{d t^{3}}\right)_{1}\right]^{1 / 2} \tag{10}
\end{equation*}
$$

where $\Delta \omega_{S}=\omega_{S}-\omega$. We see from Eq. (10) that the two points are symmetrically located around the inflection point $t_{1}$, which is a consequence of the expansion only up to the third order of $\gamma \delta n$ [Eq. (9)]. The phases $\phi_{ \pm}$of these two contributions are

$$
\begin{equation*}
\phi_{ \pm}=\gamma \delta n\left(t_{ \pm}\right)+\omega t_{ \pm} . \tag{11}
\end{equation*}
$$

If the above two contributions are required to be $180^{\circ}$ out of phase, i.e., if it is required that

$$
\begin{equation*}
\phi_{+}-\phi_{-}=\pi, \tag{12}
\end{equation*}
$$

then the frequency $\omega$ should correspond to the first minimum of the spectrum. From Eq. (12), with the help of Eqs. (9)-(11), we can easily obtain

$$
\begin{equation*}
\left(\gamma \frac{d^{3} \delta n}{d t^{3}}\right)_{1}=0.36\left(\Delta_{1} \omega_{S}\right)^{3} \tag{13}
\end{equation*}
$$

where $\Delta_{1} \omega_{S}$ is the frequency difference between the first maximum and first minimum of the spectrum at the Stokes side [see Fig. 2(a)]. Equation (13) readily gives $\left(\gamma d^{3} \delta n / d t^{3}\right)_{1}$ once $\Delta_{1} \omega_{s}$ is measured from the spectrum. To improve the accuracy of the measurement of $\left(\gamma d^{3} \delta n / d t^{3}\right)_{1}$ we may consider the $l$ th minimum of the spectrum instead of the first one. If $l$ is not too large, Eq. (9) still applies, and now Eq. (12) must be replaced with $\phi_{+}-\phi_{-}=(2 l-1) \pi$. From this relation, with the help of Eqs. (9)-(11) one now gets

$$
\begin{equation*}
\left(\gamma \frac{d^{3} \delta n}{d t^{3}}\right)_{1}=0.36 \frac{\left(\Delta_{l} \omega_{s}\right)^{3}}{(2 l-1)^{2}} \tag{14}
\end{equation*}
$$

where $\Delta_{l} \omega_{S}$ is now the frequency difference between the first maximum and the $l$ th minimum. From Eqs. (13) and (14) we readily obtain

$$
\begin{equation*}
\Delta_{l} \omega_{S}=\Delta_{1} \omega_{S}(2 l-1)^{2 / 3} \tag{15}
\end{equation*}
$$

which predicts the positions of the minima of the spectrum as long as the third-order expansion given by Eq. (9) applies. From Eqs. (13)-(15) we immediately get the corresponding expressions for the anti-Stokes side by substituting the subscript 2 for the subscript 1 and $\omega_{a s}$ for $\omega_{S}$ 。

To calculate $\gamma \delta n_{1}$, we may now assume that the power expansion (9) provides for an accurate description of $\gamma \delta n(t)$ from the inflection point to the peak value. It can easily be verified, for example, that this is true for any Gaussian or Lorentzian pulse shape, the accuracy being better than $3 \%$. Therefore we may now set the condition that the maximum value of $\gamma \delta n$ as obtained from Eq. (9) be equal to $\gamma \delta n_{p}$, whose value has already been calculated [Eq. (7)]. In this way, with the help of Eq. (13), we can easily obtain

$$
\begin{equation*}
\gamma \delta n_{1}=\left[1-\frac{0.5}{2 m-1}\left(\frac{\omega_{S}}{\Delta_{1} \omega_{S}}\right)^{3 / 2}\right](2 m-1) \pi \tag{16}
\end{equation*}
$$

A similar expression can be derived, in the usual way, for $\gamma \delta n_{2}$. We may therefore note that, if $\left(\omega_{s} / \Delta_{1} \omega_{S}\right) \neq\left(\omega_{a s} / \Delta_{1} \omega_{a S}\right)$, the heights of the two inflection points will be different.

## IV. MOLECULAR ROCKING

Equations (3)-(16), which will be used in this and in the following sections, have been derived on the basis of the method of stationary phase and of simple power expansions of $\gamma \delta n$. No hypothesis has been made, up to now, on the functional relation between $\delta n$ and the electric field amplitude $A(t)$. Such a relation will be considered in this section.
The experimental resulis obtained using a $Q$ switched laser pulse lasting a few or a few tens of nanoseconds appear to be well interpreted by assuming that the molecular orientational Kerr effect is the main mechanism to produce a nonlinear refractive index. ${ }^{1}$ Only the size of the filament diameter does not agree with the theoretical expectations ${ }^{18,19}$ or, alternatively, the theoretical trapped power does not correspond to the experimental one. ${ }^{20}$ In this case, $\delta n$ is related to the electric field amplitude by the well-known equation ${ }^{4}$ :

$$
\begin{equation*}
\tau \frac{d \delta n}{d t}+\delta n=n_{2} A^{2} \tag{17}
\end{equation*}
$$

where $\tau$ is one-third of the Debye relaxation time. However, with laser pulses shorter than $\tau$, the orientational Kerr effect should be almost quenched. This should be the case with picosecond laser pulses for most of the liquids used in our experiments. In this case, according to a model introduced by Starunov, ${ }^{21}$ a different physical mechanism involving "rocking" of molecules in the field of neighboring molecules has been previously considered ${ }^{9}$ as a possible source for $\delta n$. This mechanism is characterized by a relaxation time $\tau_{1}$ considerably shorter than $\tau$ (by even more than one order of magnitude, according to the liquid), so that it can respond to a fast excitation. Starunov's model refers to a possible aspect of molecular movement in liquids, i.e., to elastic vibrations of linear molecules in the field of neighboring molecules. The model was introduced to give an interpretation of the far wing of the Rayleigh line.
Roughly speaking, if the excitation pulses have a duration shorter than the lifetime of the molecules in the potential well, the motions of the molecules may be regarded as elastic vibrations. In this case, the nonlinear polarization is a consequence of small rotations $\delta \theta$ of each molecule about its equilibrium position, the rotations being driven by a torque proportional to the square field amplitude $A^{2}$. To these rotations, induced by the laser intensity, it is referred to here as a stimulated rocking of molecules. During longer excitations, many transitions of the molecules may occur from one potential well to another, and there results a rotational diffusion, which gives rise to the molecular orientational Kerr effect. In this case, the nonlinear polarization is a consequence of the molecular orientation about the electric field, described by a Maxwell-Boltzmann distribution. ${ }^{1}$

If $\delta \theta$ is the angle of deviation of the molecular axis from its equilibrium position $\theta$, the motion of the molecule, under the influence of the linearly polarized electric field $E=\frac{1}{2} A e^{i\left(k z-\omega_{0} t\right)}+$ c. c. of an ultrashort laser pulse, will then be described by the equation ${ }^{21,22}$

$$
\begin{equation*}
I \frac{d^{2} \delta \theta}{d t^{2}}+\xi \frac{d \delta \theta}{d t}+\mu \delta \theta=\frac{\alpha}{3} L^{2} A^{2} \sin \theta \cos \theta \tag{18}
\end{equation*}
$$

$I$ is the moment of inertia of the molecule, $\xi$ is a coefficient of internal friction, $\mu$ is the elastic constant, $\alpha=\alpha_{3}-\alpha_{1}$ is the difference between the polarizabilities parallel and perpendicular to the molecular axis. $L$ is a local-field correction factor which, in the simple case of a Lorentz cavity, takes the form $L=\frac{1}{3}\left(n_{0}^{2}+2\right)$, where $n_{0}$ is the linear index of refraction. The right-hand side of Eq. (18) represents the torque exerted by the electric field on the molecule. The particular expression of the torque suggests that a solution of the type

$$
\begin{equation*}
\delta \theta=c(t) \sin \theta \cos \theta \tag{19}
\end{equation*}
$$

can be assumed for $\delta \theta$. By substitution of (19) in (18) one gets

$$
\begin{equation*}
I \frac{d^{2} c}{d t^{2}}+\xi \frac{d c}{d t}+\mu c=\frac{1}{2} \alpha L^{2} A^{2} \tag{20}
\end{equation*}
$$

The nonlinear refractive index is now derived from the average nonlinear polarization along the field direction:

$$
\begin{equation*}
\delta P^{N L}=N \int \delta p^{N L} P(\Omega) d \Omega / \int P(\Omega) d \Omega \tag{21}
\end{equation*}
$$

Here

$$
\delta p^{N L}=2 \alpha L E \sin \theta \cos \theta \delta \theta
$$

is the induced dipole moment (along the field direction) which corresponds to an angular displacement $\delta \theta, P(\Omega) d \Omega$ is the probability of a molecule having its axis of symmetry in a solid-angle element $d \Omega$, making an angle $\theta$ with respect to the electric field, and $N$ is the number of molecules per unit volume. It is now assumed $P(\Omega)=$ const, i.e., a random orientation of the molecules. This assumption appears to be reasonable since, for a short light pulse, the molecules have no time to reach their Maxwell-Boltzmann distribution, corresponding to the optical field $A(t) .{ }^{1}$ From Eq。(21) with the help of Eqs. (21') and (19) we then get

$$
\begin{align*}
\delta P^{N L} & =2 N \alpha L E c(t) \int_{0}^{\pi} \sin ^{3} \theta \cos ^{2} \theta d \theta / \int_{0}^{\pi} \sin \theta d \theta \\
& =\frac{4}{15} N \alpha L E c(t) \tag{22}
\end{align*}
$$

Since $L \delta P^{N L}=2 \epsilon_{0} n_{0} \delta n E$, the following expression is derived for $\delta n$ :

$$
\begin{equation*}
\delta n=\left(2 / 15 \epsilon_{0} n_{0}\right) N \alpha L^{2} c(t) . \tag{23}
\end{equation*}
$$

From Eq. (20), a differential equation is derived which gives a functional relation between $\delta n$ and the field amplitude $A$ :

$$
\begin{equation*}
\tau_{2}^{2} \frac{d^{2} \delta n}{d t^{2}}+\tau_{1} \frac{d \delta n}{d t}+\delta n=n_{2} A^{2} \tag{24}
\end{equation*}
$$

where $\tau_{2}=(I / \mu)^{1 / 2}, \tau_{1}=\xi / \mu$, and $n_{2}=L^{4} N \alpha^{2} / 15 \epsilon_{0} n_{0} \mu_{\text {。 }}$ It is worth comparing Eq. (24) with Eq. (17), which refers to the Kerr effect. The main formal difference is due to the presence of an inertial term in Eq. (24); however significant differences also exist between the coefficients $n_{2}$ and between $\tau$ and $\tau_{1}$. Namely, since for the Kerr effect ${ }^{1,23}\left(n_{2}\right)_{\text {Kerr }}$ $=L_{4} \alpha^{2} N / 90 \epsilon_{0} n_{0} k T$, we get $\left(n_{2}\right)_{\text {rocking }} /\left(n_{2}\right)_{\text {Kerr }}=6 k T / \mu$. For $\mathrm{CS}_{2}$, taking for $\mu$ the numerical value given in Ref. 24, we get $\left(n_{2}\right)_{\text {rocking }} /\left(n_{2}\right)_{\text {Ker r }} \approx 0.2$ at room temperature.

The most important difference occurs between


FIG. 3. (a) Picture of the typical spectrum of a filament. The central part of the picture is saturated by light entering the open slit of the spectrograph. (b) Intensity profile of the spectrum as recorded by means of a microdensitometer and corrected by taking into account the contrast factor of the film (Kodak 1N). (c) Intensity profile of the spectrum as obtained by computer, using the pulses represented in Fig. 4 for $\delta n(t)$ and the field amplitude $A(t)$. A numerical comparison between the spectra (b) and (c) is made in Table I.
$\tau$ and $\tau_{1}$. While $\tau$ is in the range of a few or a few tens of picoseconds, ${ }^{25} \tau_{1}$ is in the range of a few tenths of picoseconds. Measurements of $\tau_{1}$ had already been deduced from the extreme wing of the spontaneous Rayleigh line, ${ }^{24}$ but, as pointed out in Ref. 9, Eq. (24), in connection with some of the relations derived in Sec. III, allows a measurement of $\tau_{1}$ from the spectra of the filaments.

## V. DISCUSSION AND NUMERICAL EXAMPLE

Following the theory developed in the previous sections, a numerical example is considered here. The purpose of this example is to show that many quantities of interest for the trapping phenomenon can be deduced from the spectra. Namely, we can obtain the time behavior of the nonlinear refractive index $\delta n$ and of the field intensity $A^{2}$ in the filament, as well as the relaxation time $\tau_{1}$.

Let us consider the spectrum indicated in Fig. 3(a). In order to obtain precise numerical evaluations, the intensity profile of the spectrum has been recorded by means of a microdensitometer, and by using the characteristic curve of the film
(Kodak 1 N ). This curve has been checked with picosecond excitation and found to be in agreement with the nominal one. By subtracting the extended background due to the widely open slit of the spectrograph, we get the intensity profile of Fig. 3(b), which contains enough details for our purpose.

An approximate time behavior of $\gamma \delta n(t)$ can now be obtained on the basis of the third-order expansion given by Eq. (9). The quantities $\gamma \delta n_{1}$, $\omega_{S}$, and $\left(\gamma d^{3} \delta n / d t^{3}\right)_{1}$ appearing in the equation are readily obtained from the spectrum of Fig. 3(b) with the help of Eqs. (19) and (16). Once Eq. (9) is applied to both the Stokes and anti-Stokes sides of the spectrum, the curve shown in Fig. 4 is obtained for $\gamma \delta n(t)$. It is worth noting that the resulting pulse is not symmetrical. In fact, we get $\delta n_{1} / \delta n_{p}=0.536$ and $\delta n_{2} / \delta n_{p}=0.59$, and the distances of the inflection points from the peak are 1.4 and 0.95 psec , respectively.

We may now ask how well the third-order expansion (9) agrees with the experimental results. To this end, a plot is shown in Fig. 5 of the observed position of the minima of the spectrum versus the parameter $(2 l-1)^{2 / 3}$, where $l$ is the order of the minima. According to Eq. (15), which is based on (9), the plot should give a straight line. We see that Eq. (15) is very well followed up to approximately the ninth minimum (points B and C in Fig. 5) for both the Stokes and anti-Stokes sides of the spectrum. Since the ninth minimum corresponds to a broadening which is $\approx 0.4$ times the extension of the spectrum, it follows that the third-order expansion (9) represents satisfactorily the time behavior of $\delta n$ between points $\mathrm{B}^{\prime}$ and $\mathrm{B}^{\prime \prime}$ and points $\mathrm{C}^{\prime}$ and $\mathrm{C}^{\prime \prime}$ of Fig. 4. Since, however, $B^{\prime}$ and $C^{\prime}$ lie very near the peak of the pulse, one can also assume that Eq. (9) gives a good description of $\gamma \delta n$ for the entire interval of time between points $\mathrm{B}^{\prime \prime}$ and $\mathrm{C}^{\prime \prime}$. From the present theory, no information can be obtained for the tails of the pulse, i.e., beyond points $\mathrm{B}^{\prime \prime}$ and $C^{\prime \prime}$.


FIG. 4. Temporal behavior of the nonlinear refractive index $\delta n(t)$ and of the field intensity $A^{2}(t)$, as derived in the text from the experimental spectrum of the filament represented in Fig. 3.


FIG. 5. Experimental plot of the position of the minima of the spectrum in Fig. 3(b) (dots) versus the parameter $(2 l-1)^{2 / 3}$. The quantity $\Delta_{l} \omega_{S}$ is the angularfrequency separation between the highest maximum of the Stokes side and the $l$ th minimum. The quantity $\Delta_{l} \omega_{a s}$ has the same meaning for the anti-Stokes side of the spectrum. The straight lines in the figure are the theoretical predictions [Eq. (15)] on the basis of a third-order expansion for $\gamma \delta n(t)$.

Therefore, exponential tails matching the slope of $\gamma \delta n$ at $\mathrm{B}^{\prime \prime}$ and $\mathrm{C}^{\prime \prime}$ have been arbitrarily assumed in Fig. 4.

Since $\gamma \delta n(t)$ is now known, the optical pulse $A^{2}(t)$ can be obtained from Eq. (24) once $\tau_{1}$ and $\tau_{2}$ are known. The quantity $\tau_{1}$ can also be directly obtained from the spectrum of Fig. 3(b). Although the resulting expression for $\tau_{1}$ has already been given in a previous work, ${ }^{9}$ the derivation of this expression is here reported for the sake of completeness. Considering Eq. (24) at the two points $t_{1}$ and $t_{2}$ [Fig. 2(b)] where $d^{2} \delta n / d t^{2}=0$, taking the ratio of the two expressions, and using Eqs. (3) and (7) with $m \gg 1$, we have

$$
\begin{equation*}
\frac{\tau_{1}\left(\left|\nu_{s}\right| / m\right) \delta n_{p}+\delta n_{1}}{-\tau_{1}\left(\left|\nu_{a S}\right| / m\right) \delta n_{p}+\delta n_{2}}=\frac{A_{1}^{2}}{A_{2}^{2}}, \tag{25}
\end{equation*}
$$

where $A_{1}^{2}$ and $A_{2}^{2}$ are the square field amplitudes at the times $t_{1}$ and $t_{2}$ ，respectively．Using Eqs． （8）and（13）for the right－hand side，Eq．（25）be－ comes

$$
\begin{equation*}
\frac{\tau_{1}\left(\left|\nu_{S}\right| / m\right)+\left(\delta n_{1} / \delta n_{p}\right)}{-\tau_{1}\left(\left|\nu_{a S}\right| / m\right)+\left(\delta n_{2} / \delta n_{p}\right)}=\frac{\left|f_{1}\right|^{2}}{\left|f_{2}\right|^{2}} \frac{\Delta_{1} \nu_{S}^{2}}{\Delta_{1} \nu_{a S}^{2}}, \tag{26}
\end{equation*}
$$

where $\left|f_{1}\right|^{2}$ and $\left|f_{2}\right|^{2}$ are shown in Fig．3（b）。Equa－ tion（26）gives the value of $\tau_{1}$ ，since all the other quantities can be measured from the spectra．For the spectra of Fig．3（b），Eq．（26）gives $\tau_{1} \approx 0.25$ psec，in agreement with the numerical results re－ ported under Ref．9．Unfortunately，the theory presented here does not appear to be able to give a similarly simple expression for $\tau_{2}$ ．If，however， we assume for $\tau_{2}$ a value of $\approx 0.21 \mathrm{psec}$ ，as esti－ mated from the Rayleigh－wing scattering experi－ ments，${ }^{24}$ we see from Eq．（24）that the term $\tau_{2}^{2}$ $\times d^{2} \delta n / d t^{2}$ gives only a correction of a few percent around the peak of $\gamma \delta n(t)$ ．The optical pulse $A^{2}(t)$ can therefore be obtained from Eq．（24）simplified， to a first approximation，assuming that $\tau_{2}=0$ ．The pulse is shown in Fig．4．The pulse width at half－ intensity is 2.5 psec ．Since the input pulses have a duration of $\approx 5 \mathrm{psec}$ ，a pulse shortening by a fac－ tor 2 seems to occur．One cannot，however，ex－ clude the possibility that this time shortening is only apparent．Indeed，the measurement of the pulse width of the input pulses has been made by the usual two－photon fluorescence technique．${ }^{26}$ This gives an average value of the pulse width which might change by a factor 2 from one pulse to another of the mode－locked train．However， since pulses $\approx 2 \mathrm{psec}$ wide have always been mea－ sured in the filaments，even by using input pulses which are 10 or 20 psec wide（on the average），${ }^{11}$ it is more likely that a real－time shortening occurs and is due to the self－focusing process．${ }^{5}$ An asym－ metry is also apparent in the shape of the pulse of Fig．4，the trailing edge being steeper than the leading edge．This may be due to a self－steepening process ${ }^{27}$ over the traveling distance $z$ of the fila－ ment．An alternative explanation is that the input pulses are in themselves asymmetrical．

TABLE I．Numerical comparison between the experi－ mental spectrum［Fig．3（b）］and the computed spectrum ［Fig．3（c）］．

| Physical <br> quantity | Experimental <br> results | Computer <br> results |
| :--- | :---: | :---: |
| $\nu_{S}\left(\mathrm{~cm}^{-1}\right)$ | -340 | -336 |
| $\nu_{a S}\left(\mathrm{~cm}^{-1}\right)$ | 444 | 412 |
| $\nu_{a S} / \nu_{S}$ | 1.3 | 1.22 |
| $\left\|f_{1}\right\|^{2} /\left\|f_{2}\right\|^{2}$ | 2.9 | 2.75 |
| $\Delta_{1} \nu_{S}\left(\mathrm{~cm}^{-1}\right)$ | 29.6 | 27.4 |
| $\Delta_{1} \nu_{a S}$ | 42.5 | 36.3 |
| $m$ | 20 | 20 |

The considerations so far presented make it pos－ sible to measure the absolute value of $\gamma \delta n(t)$ and $\gamma n_{2} A^{2}(t)$ 。 If $\gamma=\omega_{0} z / c$（i．e．，the traveling distance $z$ of the filament）were known，we could immedi－ ately obtain the absolute value of $\delta n(t)$ ．Although the distance $z$ can，in principle，be obtained with the pin－hole technique suggested by Denariez and Taran，${ }^{17}$ an alternative way is to obtain an approx－ imate absolute value of $\delta n$ from measurements of the filament diameter．Indeed，by equating the critical angle for trapping to the diffraction angle of the trapped beam we get ${ }^{1}$

$$
\begin{equation*}
(2 \delta n / n)^{1 / 2}=(1.22 / 2.88) \lambda / d \tag{27}
\end{equation*}
$$

where $d$ is the filament diameter．Since the mea－ sured diameter of our filaments is $\approx 5 \mu$（the mea－ surement being made with a resolving power of $\approx 1.3 \mu$ ），we get from Eq．（27）approximately $\delta n_{p}$ $\approx 2.64 \times 10^{-3}$ ．This value gives a traveling distance $z=c \gamma / \omega_{0} \approx 0.54 \mathrm{~cm}$ for the filament，in agreement with the values found in Ref．17．The peak value of $n_{2} A^{2}$ is therefore $\approx 1.7 \times 10^{-3}$ ，and assuming for $\mathrm{CS}_{2}, \quad\left(n_{2}\right)_{\text {rocking }} /\left(n_{2}\right)_{\text {Kerr }} \approx 0.2$ ，a maximum field am－ plitude of $\sim 10^{7} \mathrm{~V} / \mathrm{cm}$ is arrived at．Integration of the pulse intensity over a time width of 2.5 psec and a cross section of $\approx 5 \mu$ diam gives an energy of about 1 erg for the filament．This is in agree－ ment with the measurement of filament energy made photographically by means of near－field pic－ tures of the filaments，once the sensitivity of the film is known．

The analysis carried out up to now has been based on the method of stationary phase．By this method a number of quantities directly deducible from the spectra have been deduced which，in－ serted in the expansion（9），enable us to know the time behavior of $\delta n$ ．Then，using a functional re－ lation between $\delta n$ and $A^{2}$ based on Starunov＇s model， we can also obtain the pulse $A^{2}(t)$ ．In order to check the self－consistency of this procedure， $\gamma \delta n(t)$ and $A(t)$ ，obtained in this way，were put in the integral（1），which was then calculated by com－ puter．The resulting spectral power density $|f|^{2}$ is represented in Fig．3（c）and must be compared with the experimental one shown in Fig。3（b）．The comparison，which is made in Table I，indicates that the computed spectrum agrees well the exper－ imental one and therefore indicates that the pulses $\gamma \delta n(t)$ and $A^{2}(t)$ previously derived accurately describe the physical process．In particular，the computed spectrum contains a number of minima $m$ which are the same for both the Stokes and the anti－Stokes sides，and $m=20$ is in agreement with the corresponding experimental value．

## VI．CONCLUSIONS

The spectral properties of trapped filaments of
light have been extensively studied. By means of the method of stationary phase an important piece of information on the trapping phenomenon, namely, the time behavior of the nonlinear refractive index has been obtained. Furthermore, by making use of Starunov's model, the time behavior, the pluse intensity in the filaments, and the value of the relaxation time $\tau_{1}$ of the nonlinear refractive index have also been derived. In particular, the measurement of $\tau_{1}$, which is consistently in the range of a few tenths of a picosecond, is a strong indication that a "molecular rocking" is the main mechanism for trapping with picosecond excitation. The self-consistency of the method employed has been checked by using the pulses $\gamma \delta n(t)$ and $A(t)$ previously obtained to calculate, by computer, the corresponding spectral power density to be compared with the
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experimental one. The resulting high degree of agreement indicates that the pulses have been derived with close approximation.

It may be concluded that useful pieces of information on important physical parameters of the trapping phenomenon can be derived by combining clean reproducible experimental results obtained with picosecond excitation with a rather simple, yet powerful, method of analysis. In this way, a deeper insight into the whole dynamics of the trapping phenomenon becomes possible.

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FIG. 1. Typical regular spectra due to self-phase modulation as obtained with picosecond excitation.


FIG. 3. (a) Picture of the typical spectrum of a filament. The central part of the picture is saturated by light entering the open slit of the spectrograph. (b) Intensity profile of the spectrum as recorded by means of a microdensitometer and corrected by taking into account the contrast factor of the film (Kodak 1 N ). (c) Intensity profile of the spectrum as obtained by computer, using the pulses represented in Fig. 4 for $\delta n(t)$ and the field amplitude $A(t)$. A numerical comparison between the spectra (b) and (c) is made in Table I.

