

Rydberg states of He I using the polarization model

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The polarization-model calculation of the hydrogenic He I excited states ($l \geq 2$) is reexamined. Compact expressions for the $\langle nl | R^{-m} | nl \rangle$ matrix elements allow the elimination of spurious irregularities. The agreement with recent sophisticated calculations is greatly improved.

Recently, a great deal of attention has been devoted both experimentally¹ and theoretically²⁻⁵ to an accurate determination of the hydrogenic ($l \geq 2$) excited states of neutral helium. Indeed, the basic stimulus to this study was mainly provided by the very accurate determination of the bound-state energies using microwave and microwave-optical-resonance spectroscopy.¹

Sometime ago, I proposed² a polarization-model approach for the calculation of the He I Rydberg levels. Unfortunately, the numerical results were plagued with some errors arising mainly from the very tedious expressions we used for the hydrogenic matrix elements $\langle nl | R^{-7} | nl \rangle$. The corresponding discrepancies have led some authors⁵ to distrust this polarization approach, which has the merits of simplicity and transparency. As a consequence, one may be inclined to consider that only sophisticated techniques based either upon the extrapolation of scattering data⁴

or the use of Brueckner-Goldstone diagrams could produce quantitative agreements with experiment. The purpose of this work is to show clearly that this is not the case, and that the previous polarization approach² does not only provide a very transparent formula [Eq. (1) below] but also results in quantitative agreements with other techniques,³⁻⁵ provided the ortho-para difference is ignored.

The basic assumption of the static polarization model² consists in the recognition of the preeminence of the configurations ($1s nl$) where the first electron remains in the ground state of He II, while the second travels between the excited states (n, l) labeled with the hydrogenic quantum numbers n and l . Moreover, the two electrons are supposed to remain distinguishable, so that any exchange effect (singlet-triplet) is neglected.

The main result of this analysis is the explicit formula

$$T_{nl} = T_{\infty} - R_{\text{He}^4} \left(\frac{1}{n^2} + \langle nl | \frac{9}{32} R^{-4} - \frac{17.25R^{-6}}{64} - \frac{213}{256} R^{-7} + \dots | nl \rangle \right), \tag{1}$$

with $T_{\infty} = 198\,310.750 \text{ cm}^{-1}$ and $R_{\text{He}^4} = 109\,722.357 \text{ cm}^{-1}$. R denotes the optical electron position. Equation (1) is made explicit with the hydrogenic matrix elements

$$\langle nl | R^{-4} | nl \rangle = \frac{3n^2 - l(l+1)}{2n^5(l - \frac{1}{2})(l + \frac{1}{2})(l+1)(l + \frac{3}{2})}, \tag{2}$$

$$\langle nl | R^{-6} | nl \rangle = \frac{35n^4 - n^2[30l(l+1) - 25] + 3(l-1)l(l+1)(l+2)}{8n^7(l - \frac{3}{2})(l-1)(l - \frac{1}{2})(l + \frac{1}{2})(l + \frac{3}{2})(l+2)(l + \frac{5}{2})}, \tag{3}$$

and⁶

$$\langle nl | R^{-7} | nl \rangle = \frac{63n^4 - n^2[70l(l+1) - 105] + 15(l-1)l(l+1)(l+2) - 20l(l+1) + 12}{8n^7(l-2)(l - \frac{3}{2})(l-1)(l - \frac{1}{2})(l + \frac{1}{2})(l+1)(l + \frac{3}{2})(l+2)(l + \frac{5}{2})(l+3)}. \tag{4}$$

Equation (4), explicated recently by Bockasten⁷ through the relation

$$\langle nl | r^{-(m+2)} | nl \rangle = \left(\frac{2Z}{a_0} \right)^{2m+1} \frac{(2l-m)!}{(2l+m+1)!} \\ \times \langle nl | r^{m-1} | nl \rangle, \quad l \geq \frac{1}{2}m,$$

obtained previously by many authors,⁶ allows us

to evaluate Eq. (1) in a much more secure way than previously.² In order to make contact with the dynamical-polarization-techniques⁴ results, we also consider the term values in the form

$$T'_{nl} = \frac{10^6}{n^2} + \frac{T_{nl} - 198\,310.760}{0.109\,722\,357} \tag{5}$$

in units of 10^{-6} Ry , with T_{nl} in cm^{-1} given by Eq.

TABLE I. Polarization excitation energies T_{nl} (in cm^{-1}) and T'_{nl} (10^{-6} Ry) with the R^{-7} corrections included (columns 3 and 4) and neglected (columns 5 and 6).

n	l	T_{nl}	T'_{nl}	T_{nl}	T'_{nl}
3	2			186 106.060	-121.456
4	2			191 447.162	-54.232
4	3	191 452.005	-10.093	191 451.987	-10.254
5	2			193 918.746	-28.432
5	3	193 921.238	-5.718	193 921.224	-5.84
5	4	193 921.710	-1.419	193 921.710	-1.421
6	2			195 261.089	-16.656
6	3	195 262.535	-3.480	195 262.525	-3.570
6	4	195 262.817	-0.910	195 262.816	-0.912
6	5	195 262.885	-0.2916	195 262.884	-0.291
7	2			196 070.369	-10.564
7	3	196 071.280	-2.256	196 071.274	-2.319
7	4	196 071.467	-0.607	196 071.461	-0.608
7	5	196 071.506	-0.202	196 071.506	-0.202
7	6	196 071.519	-0.0779	196 071.519	-0.0779
8	2			196 595.568	-7.109
8	3	196 596.179	-1.539	196 596.174	-1.584
8	4	196 596.302	-0.421	196 596.302	-0.422
8	5	196 596.332	-0.143	196 596.332	-0.143
8	6	196 596.342	-0.0571	196 596.342	-0.0571
8	7	196 596.345	-0.0251	196 596.345	-0.0251
9	2			196 955.613	-5.10
9	3	196 956.043	-1.094	196 956.039	-1.21
9	4	196 956.130	-0.303	196 956.129	-0.304
9	5	196 956.151	-0.104	196 956.151	-0.104
9	6	196 956.158	-0.0424	196 956.158	-0.0424
9	7	196 956.161	-0.0192	196 956.161	-0.0192
9	8	196 956.162	-0.00935	196 956.162	-0.00935

(1).

In Table I, we display the numerical results for Eqs. (1) and (5) in columns 3 and 4. In order to get the $(n, 2)$ terms, and also to evaluate quantitatively the importance of the $\langle nl|R^{-7}|nl\rangle$ corrections in Eq. (1), we give in columns 5 and 6 additional data for T_{nl} and T'_{nl} , respectively, with this last correction put equal to zero. It turns out that the $\langle nl|R^{-7}|nl\rangle$ corrections are non-negligible mainly for $l \leq 3$. The T'_{nl} data are in excellent agreement with the singlet Temkin-Silver results.⁴ Moreover, for $l \leq 3$ and the $\langle nl|R^{-7}|nl\rangle$ corrections present, they get closer to the polarized-orbital values, which are more accurate than the extended polarization results. Notice also the improved $T_{72} = 196\,070.359 \text{ cm}^{-1}$ value. Moreover, we display in Table II some $T_{nG} - T_{nF}$ differences in order to demonstrate clearly that the irregularities

referred to in Ref. 5 were only spurious ones and did not result from any shortcomings of the polarization-model approach.

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TABLE II. $T_{nG} - T_{nF}$ level differences (in cm^{-1}).

n	$T_{nG} - T_{nF}$
7	0.181
8	0.123
9	0.087
10	0.064

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