


**Effective thermalization of a many-body dynamically localized Bose gas**Vincent Vuatelet and Adam Rançon *Université de Lille, CNRS, UMR 8523 – PhLAM – Laboratoire de Physique des Lasers, Atomes et Molécules, F-59000 Lille, France*

(Received 1 April 2021; revised 17 September 2021; accepted 20 September 2021; published 4 October 2021)

Dynamical localization is the analog of Anderson localization in momentum space, where the system's energy saturates and the single-particle wave functions are exponentially localized in momentum space. In the presence of interactions, in the context of a periodically kicked Bose gas, it has been argued that dynamical localization persists. Focusing on the Tonks (strongly interacting) regime, we show that the many-body dynamically localized phase is effectively thermal, a clear deviation from the breaking of ergodicity observed in standard many-body localized systems. We relate the effective temperature to the driving parameters, and thus quantitatively describe the loss of coherence at large distances in this phase. Contrary to the noninteracting case, the momentum distribution decays as a power-law at large momenta, characterized by an effectively thermal Tan's contact. This is a rare example where driving and many-body (dynamical) localization lead to an effectively ergodic state.

DOI: [10.1103/PhysRevA.104.043302](https://doi.org/10.1103/PhysRevA.104.043302)**I. INTRODUCTION**

Anderson localization of classical and quantum waves is a universal phenomenon induced by disorder [1,2]. Whether or not it survives in the presence of interactions has been under intense scrutiny in recent years, both theoretically and experimentally [3,4]. It is now well understood that while interactions tend to destroy localization, a strong enough disorder will give rise to many-body localization (MBL), at least in low dimensions. MBL can be understood in terms of an effective integrability due to the existence of an extensive number of local integrals of motions, breaking ergodicity, and preventing thermalization [5,6]. The same mechanism prevents driven MBL systems from absorbing an infinite amount of energy and thus prevents runaway heating [7,8].

Dynamical localization is the quantum chaos analog of Anderson localization, but takes place in momentum space [9]. In the paradigmatic quantum kicked rotor (QKR), periodic kicks give rise to a ballistic propagation in momentum space, while the (pseudo) random phase accumulated during the free propagation in between kicks by each momentum state plays the role of disorder, resulting in destructive quantum interferences and dynamical localization. Experimental realizations of the atomic QKR have allowed for detailed investigations of the Anderson physics: observation of Anderson transition [10], characterization of its critical properties [11,12], localization at the upper critical dimension [13], the effects symmetries on weak localization [14], and classical-to-quantum transition at early times [15].

Whether interactions destroy dynamical localization is a fundamental question that challenges our understanding of driven interacting quantum systems. This has been studied for various toy models [16–21], as well as for the kicked Lieb-Liniger model, a realistic model for cold atom experiments [22]. At the mean-field level, it has been argued both on theoretical and numerical grounds that interactions destroy dynamical localization, which is replaced by a subdiffusion

in momentum space [23–28]. However, it is well known that mean-field theory breaks down in one dimension [29], questioning these predictions. Beyond mean-field, an early study for two bosons hinted that interactions may also destroy dynamical localization [30], but the validity of these results has been recently questioned [31]. Finally, Rylands *et al.* have argued that dynamical localization persists in the presence of interactions, leading to a many-body dynamically localized (MBDL) phase [32]. The MBDL phase can be described by a steady-state density matrix  $\hat{\rho}_{ss}$ , which in general should belong to a generalized Gibbs ensemble [33,34]. However, this regime and its density matrix have yet to be characterized.

In this article, we study the MBDL phase of the kicked Lieb-Liniger gas in the infinite interaction (Tonks) regime. Our main result is that the steady-state of the system is very well described by the density matrix of a *thermal* gas, seemingly in contradiction with the fact that the system is integrable and has an extensive number of conserved charges (the occupation of the Floquet eigenstates). We stress that this effective thermalization takes place while the system is still periodically driven. This is a rare instance where driving and many-body (dynamical) localization give rise to an effectively ergodic state. We relate this temperature to the system's parameters (kicks strength and period). This allows us to quantitatively characterize two experimentally relevant observables: the momentum distribution that does not decay exponentially, as in the noninteracting limit, but as a power law, which is to be expected for interacting quantum systems [35,36]; and the coherence function, which decays exponentially, demonstrating the absence of phase coherence.

The article is organized as follows. In Sec. II, we present the model and the physical observables studied. In Sec. III, we summarize our numerical results for the momentum distribution and the coherence function in the localized regime, while in Sec. IV we interpret those results in terms of an effective thermalization of the system, and we give arguments

to explain such a thermalization in Sec. V. The discussion of our results appears in Sec. VI.

## II. MODEL

We consider  $N$  interacting bosons of mass  $m$ , the dynamics of which is described by the periodic Hamiltonian

$$\hat{H}(t) = \sum_i \left( \frac{\hat{p}_i^2}{2} + K \cos(\hat{x}_i) \sum_n \delta(t-n) \right) + g \sum_{i<j} \delta(\hat{x}_i - \hat{x}_j). \quad (1)$$

The one-body term corresponds to the QKR Hamiltonian  $\hat{H}_{QKR}(t)$ , while the other describes the contact interaction (we also define  $\hat{H}_{TG} = \hat{H}|_{K=0}$ ). Here and in the following, time is in units of the period  $\tau$  of the kicks and length in unit of the inverse of the kick-potential wave number  $k_K$ . Momenta are normalized such that  $[\hat{x}_i, \hat{p}_j] = i\hbar\delta_{ij}$ , with  $\hbar = \hbar k_K^2 \tau / m$  the effective Planck constant. The system is of size  $L = 2\pi$ , and we assume periodic boundary conditions, implying that momenta are quantized in units of  $\hbar$  (we will use units such that the Boltzmann constant  $k_B = 1$ ).

In the free case ( $g = 0$ ), we recover the physics of the QKR, where any single-particle wave function is localized in momentum space at a long time (larger than the localization time) and decays exponentially in momentum space, with the same ‘‘localization length’’  $p_{\text{loc}}$  (for larger  $K/\hbar$ , one finds  $p_{\text{loc}} \propto K^2/\hbar$  [37–39]). In particular, the total energy of the system saturates to a constant value at long time.

Here, we focus on the Tonks regime,  $g \rightarrow \infty$ , allowing us to write the exact time-dependent wave function  $\Psi_B(\{x\}; t)$  of the system using the Bose-Fermi mapping [40–44],

$$\Psi_B(\{x\}; t) = \prod_{i<j} \text{sgn}(x_i - x_j) \Psi_F(\{x\}; t), \quad (2)$$

where  $\Psi_F(\{x\}; t) = \frac{1}{\sqrt{N!}} \det[\psi_i(x_j, t)]$  is the free fermions wave function constructed from the  $N$  single-particle orbitals  $\psi_i(x, t)$ , which evolve according to the QKR Hamiltonian,  $i\hbar \partial_t |\psi_i(t)\rangle = \hat{H}_{QKR}(t) |\psi_i(t)\rangle$ . We assume that the system starts in its ground state, i.e., the fermionic wave function describes a Fermi sea with Fermi momentum  $p_F \propto N$  and ground state energy  $E_0$ .

For a Tonks gas, all bosonic local observables (such as the energy or the density) are given by those of free fermions. Therefore, since the dynamics of the single-particle orbitals  $\psi_i(x, t)$  is that of the noninteracting QKR, we directly infer that they all dynamically localize at long time. The energy (of both fermions and bosons) will thus saturate to a finite value  $E_f \simeq E_0 + N \frac{p_{\text{loc}}^2}{2}$  for time larger than the localization time, which is interpreted as MBDL [32], see Fig. 1. Since the fermions orbitals reach a steady state in the MBDL phase, we expect the system to be described by a steady-state density matrix  $\hat{\rho}_{ss}$ , belonging *a priori* to the generalized Gibbs ensemble [33], see discussion in Sec. V. Here we focus on the properties of the system in this MBDL steady state, and thus do not write time dependence of observables.

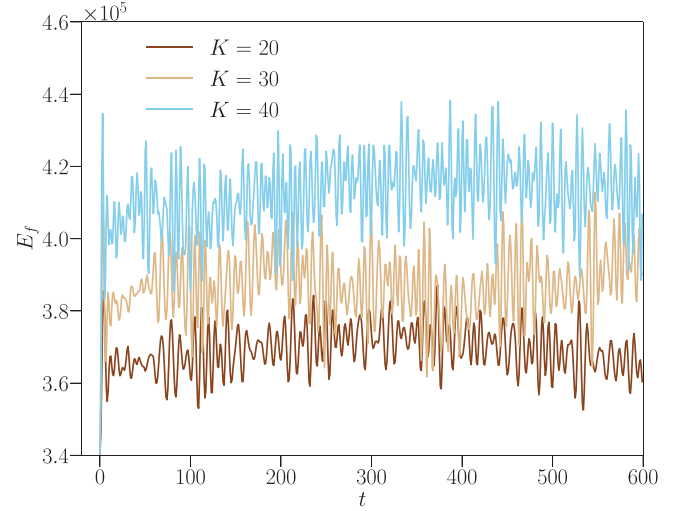


FIG. 1. Time evolution of the total energy of the system  $E_f(t)$  for  $N = 61$  particles for  $K = 20, 30$  and  $40$  ( $\hbar = 6$ ).

Nonlocal observables such as the steady-state one-body density matrix (OBDM)

$$\rho(x, y) = N \int dx_2 \dots dx_N \Psi_B^*(x, x_2, \dots, x_N) \times \Psi_B(y, x_2, \dots, x_N), \quad (3)$$

and its Fourier transform, the momentum distribution

$$n_k = \frac{1}{L} \int dx dy e^{ik(x-y)} \rho(x, y), \quad (4)$$

are significantly different with those of free fermions. Since dynamical localization is a nonlocal phenomenon, we therefore expect these observables to significantly differ from that of free particles [45]. We, therefore, focus on those observables in the steady state (time much larger than the localization time) in the following.

The time evolution of each single-particle orbital is performed numerically by discretizing space and using fast Fourier transform to alternate between real space for the kicks and momentum space for the free propagation. The observables are computed using the method of Refs. [46,47].

## III. MBDL MOMENTUM DISTRIBUTION AND COHERENCE

The ground state of the Tonks gas is characterized by quasi-long-range order,  $n_k \propto 1/\sqrt{k}$  at small momenta and  $n_{k=0} \propto \sqrt{N}$ , where the sublinear scaling implies the absence of true long-range order [48]. Figure 2 shows the momentum distribution in the ground state and in the localized regime for  $N = 51$  bosons,  $\hbar = 6$  and various values of  $K$ , in log-log scale. The divergence at small momenta of the momentum distribution is rounded (see inset), while we observe a power-law decay at large momenta,  $n_k \simeq \mathcal{C}/k^4$ . This behavior is a universal feature of interacting quantum systems, where  $\mathcal{C}$  is the so-called Tan’s contact [35,36]. We conclude that while the interactions do not destroy dynamical localization, in the sense that the system does not heat up to infinite temperature,

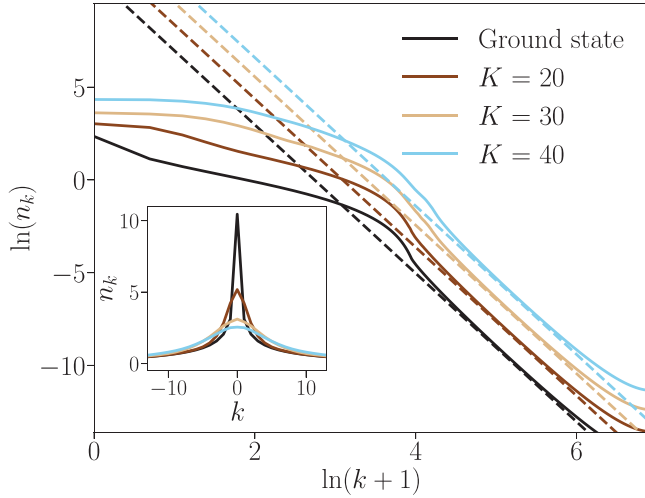


FIG. 2. Steady-state momentum distribution for  $N = 51$  particles at  $\bar{k} = 6$  for  $K = 20, 30$  and  $40$  in log-log scale (the different  $n_k$  have been shifted for better visibility in the main panel). The dashed line shows the asymptotic behavior  $n_k \simeq C_{ss}/k^4$  at large momenta, with  $C_{ss}$  computed using the effectively thermal density matrix (see text). The inset shows the same quantities in linear scale.

they do significantly alter the exponential localization in momentum distribution of the bosons.

The coherence of the Tonks gas in the MBDL regime can also be characterized by the coherence function

$$g_1(r) = \frac{1}{L} \int dR \rho(R - r/2, R + r/2). \quad (5)$$

In its ground state, the gas has algebraic correlations,  $g_1(r, t = 0) \propto 1/\sqrt{r}$ , corresponding to quasi-long-range order [29]. Figure 3 shows that in the MBDL regime, the coherence function decays exponentially fast at large distance, implying that the kicks have destroyed the coherence of the quasicon-

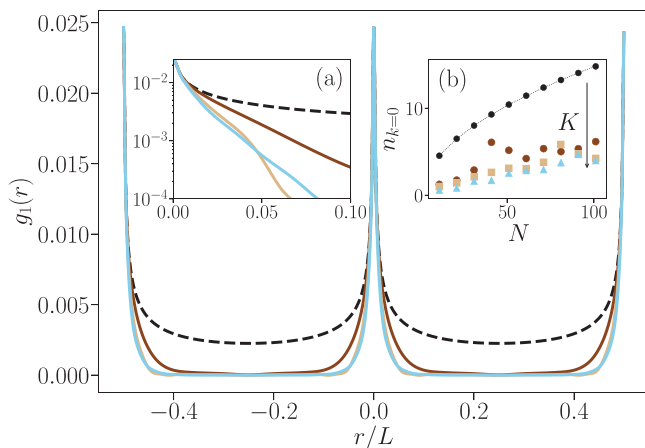


FIG. 3. Steady-state coherence function  $g_1(r)$  for  $N = 101$  particles at  $\bar{k} = 6$  for  $K = 20, 30$  and  $40$ . Inset (a): Same data, in semi-log scale, emphasizing the exponential decay in the MBDL, compared to the  $1/\sqrt{r}$  decay of the initial condition (dashed curve); (b): Occupation of the zero-momentum state  $n_{k=0}$ . It grows as  $\sqrt{N}$  in the ground state (dotted line), but saturate to a finite value in the MBDL regime.

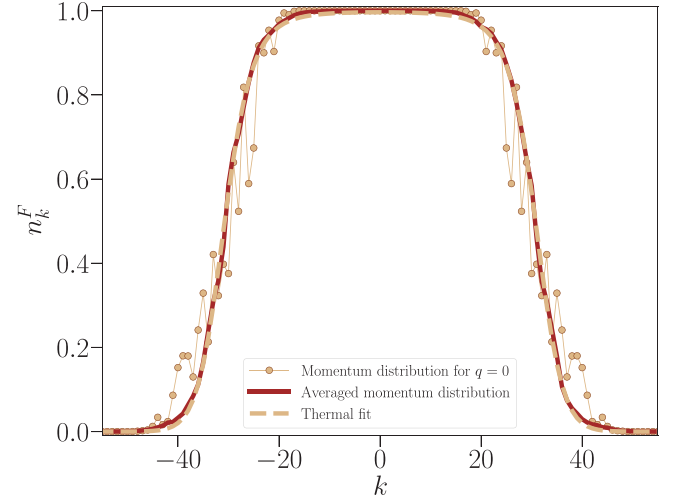


FIG. 4. Comparison between raw and averaged distribution for the many-body momentum distribution. In this case,  $N = 61$ ,  $K = 30$ ,  $\bar{k} = 6$ .

densate. This is in agreement with the fact that  $n_{k=0}$  does not scale with the number of particles [see inset (b) of Fig. 3].

#### IV. EFFECTIVE THERMALIZATION OF MBDL

The absence of quasi-long-range coherence of the localized regime is similar to that of a thermal Tonks gas [29]. We now show that the system is very well described in the MBDL by the a thermal density matrix  $\hat{\rho}_{ss} \simeq \hat{\rho}_{th}$ , where  $\hat{\rho}_{th}$  is the thermal density matrix of the Tonks gas

$$\hat{\rho}_{th} \propto e^{-(\hat{H}_{TG} - \mu_{\text{eff}} \hat{N})/T_{\text{eff}}}, \quad (6)$$

with effective temperature  $T_{\text{eff}}$  and effective chemical potential  $\mu_{\text{eff}}$  that depends on the system's parameters and the number of particles.

Thanks to the Bose-Fermi mapping, if there is indeed effective thermalization, we expect the momentum distribution  $n_k^F$  of the underlying free fermions to be described by a Fermi-Dirac distribution, allowing us to extract  $T_{\text{eff}}$  and  $\mu_{\text{eff}}$ . We therefore begin by analyzing the thermal properties of the free fermions, and then address the thermal-like properties of the Tonks gas in the localized regime.

##### A. Fermions

An example of the momentum distribution of the fermions in the localized regime is shown in Fig. 4 (symbols). Contrary to the momentum distribution of the bosons, it is rather noisy, as typical for disordered systems. To better fit the momentum distribution of the fermions, it is convenient to introduce a modified QKR Hamiltonian depending on a parameter  $q$  [49]

$$\hat{H}_q = \frac{(\hat{p} + q\hat{k})^2}{2} + K \cos(\hat{x}) \sum_n \delta(t - n). \quad (7)$$

Note that we never average the bosonic observables (we always consider the physical value  $q = 0$ ), such as the OBDM or the momentum distribution. The highly non-linear transformation relating the bosonic observables to that of the fermions

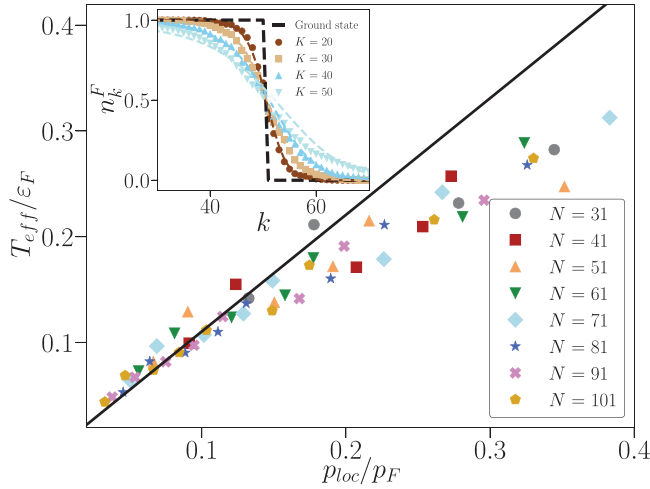


FIG. 5. Effective temperature  $T_{\text{eff}}/\varepsilon_F$  as a function of  $p_{\text{loc}}/p_F$  for various particle numbers. The collapse of the data shows the linear scaling for small enough  $p_{\text{loc}}/p_F$ ,  $T_{\text{eff}}/\varepsilon_F \simeq \frac{2\sqrt{3}}{\pi} p_{\text{loc}}/p_F$  (black line). Inset: Momentum distribution of the fermions  $n_k^F$  in the localized regime (symbols), fitted by a Fermi-Dirac distribution with temperature  $T_{\text{eff}}$  and chemical potential  $\mu_{\text{eff}}$ , for  $N = 101$  and  $k = 6$ .

averages out the fluctuations. In Appendix A, we show below that the temperature that can be estimated from  $q = 0$  is very well correlated with that extracted from the average fermionic distribution.

In Fig. 4, in addition to the momentum distribution  $n_k^F$  at  $q = 0$  discussed above, we also show the  $n_k^F$  the momentum distribution averaged over 150 random values of  $q$  (full line). The smoothing effect of the averaging procedure is very clear. On the same figure, we also show a Fermi-Dirac distribution at an effective temperature  $T_{\text{eff}}$  and effective chemical potential  $\mu_{\text{eff}}$  such that this thermal distribution explains very well the data (dashed line). The effective temperature and chemical potential are obtained by imposing that

$$\begin{aligned} \sum_{k \in \mathbb{Z}} f_{FD}(k, T_{\text{eff}}, \mu_{\text{eff}}) &= N, \\ \sum_{k \in \mathbb{Z}} \frac{k^2 k^2}{2} f_{FD}(k, T_{\text{eff}}, \mu_{\text{eff}}) &= E_f, \end{aligned} \quad (8)$$

where  $E_f$  is the energy obtained from the averaged momentum distribution  $n_k^F$ , and  $f_{FD}$  is the Fermi-Dirac distribution

$$f_{FD}(k, T, \mu) = \frac{1}{e^{\frac{k^2 k^2 - \mu}{2T}} + 1}. \quad (9)$$

We observe that the fit is very good, see the inset of Fig. 5, as long as  $p_F \gg p_{\text{loc}}$  (corresponding to small enough  $K$ ), see also Appendix A for a detailed analysis of the parameters regime where the thermal fit works. We focus on this effectively thermal regime here. This corresponds to low effective temperatures compared to the initial Fermi energy  $\varepsilon_F = p_F^2/2$ , which allows us to find an explicit expression of the effective temperature in terms of the two natural quantities  $p_{\text{loc}}$  and  $p_F$ .

The initial condition of the system corresponds to the ground state, the energy of which is

$$E_0 = \frac{N\varepsilon_F}{3}, \quad (10)$$

for a one-dimensional Fermi gas, with  $\varepsilon_F = \frac{p_F^2}{2}$  the Fermi energy, which in our units read  $\varepsilon_F = \frac{N^2}{8}$  ( $N \gg 1$ ). On the other hand, in the localized regime, the final energy reads

$$E_f = E_0 + N \frac{p_{\text{loc}}^2}{2}. \quad (11)$$

Assuming that the system is thermal, the Sommerfeld expansion of the energy gives

$$E(T_{\text{eff}}) \simeq \frac{N\varepsilon_F}{3} + \frac{N\pi^2}{12} \frac{T_{\text{eff}}^2}{\varepsilon_F} + \dots \quad (12)$$

Equating  $E_f = E(T_{\text{eff}})$ , we obtain

$$\frac{T_{\text{eff}}}{\varepsilon_F} = \frac{2\sqrt{3}}{\pi} \frac{p_{\text{loc}}}{p_F}. \quad (13)$$

Note that the effective temperature is indeed small (compared to the Fermi energy) for small  $p_{\text{loc}}/p_F$ , validating our initial assumption.

Figure 5 shows that indeed Eq. (13) works very well for  $p_{\text{loc}}/p_F \ll 1$ . Note that while the effective temperature scales linearly with the particle number, the relative thermal broadening of the Fermi distribution  $T_{\text{eff}}/\varepsilon_F$  vanishes as  $N^{-1}$ .

## B. Implications for the bosons

Assuming that the steady-state density matrix  $\hat{\rho}_{ss}$  is thermal allows us to quantitatively characterize the momentum distribution and the coherence function of the Tonks gas in the localized regime, an *a priori* formidable task without this insight.

At short distance, the coherence function of a Tonks gas is known to be nonanalytic due to the interactions,  $g_1(r) \sim \frac{\pi C}{6L} |r|^3$ . For a thermal Tonks gas of  $N$  bosons at temperature  $T$ , the contact reads  $C_{th}(T, N) = \frac{8NE(T, N)}{L^2 k^2}$  [50]. We therefore infer that the contact in the MBDL regime  $C_{ss}$  should be given by  $C_{ss} = C_{th}(T_{\text{eff}}, N)$ . Figure 2 shows that the power-law decay is very well explained by  $C_{th}(T_{\text{eff}}, N)/k^4$ , showed as dashed lines.

At long distances, the exponential decay of  $g_1(r)$  of a Tonks gas at finite temperature,  $g_1(r) \propto e^{-2|r|/r_c}$ , is also known [29,51], and in the low-temperature limit we expect  $r_c = \frac{k v_F}{T_{\text{eff}}}$ , where  $v_F = \frac{kN}{2}$  is the Fermi velocity in our units. Therefore, due to the effective thermality of the MBDL phase, we expect the correlation length  $r_c$  to be independent of the particle number and to be inversely proportional to  $p_{\text{loc}}$ . Combining the thermal scaling and the expression in Eq. (13), we do expect the scaling  $r_c = \frac{\pi}{\sqrt{3}} \frac{k}{p_{\text{loc}}}$ , which can be rewritten as

$$r_c p_F = \frac{k\pi}{\sqrt{3}} \frac{p_F}{p_{\text{loc}}}. \quad (14)$$

Figure 6 shows good agreement between Eq. (14) and the correlation length extracted from the steady state (see Appendix B for details). The inset shows that Eq. (14) describes well the exponential decay of the coherence function.

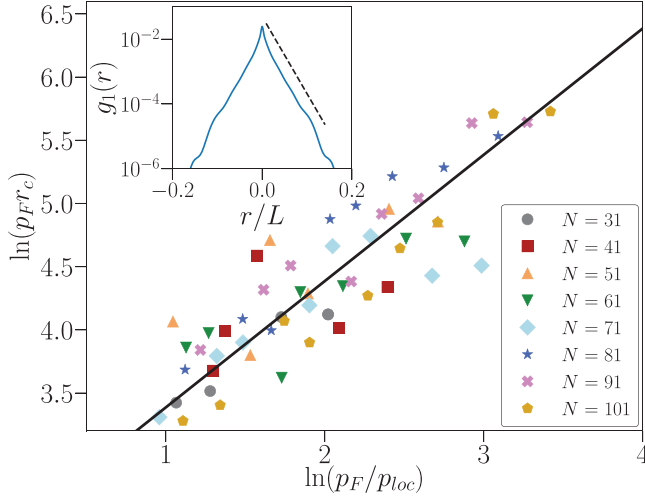


FIG. 6. Correlation length  $r_c$  as a function of  $p_{loc}$  for various  $N$ . The collapse of the data shows that it is independent of the particle number. The line corresponds to the scaling  $r_c = \frac{\pi}{3} \frac{k}{p_{loc}}$ . Inset: Coherence function  $g_1(r)$  (blue line) and the expected exponential decay with  $r_c = \frac{\pi}{3} \frac{k}{p_{loc}}$ , for  $N = 101$ ,  $K = 40$ ,  $k = 6$ .

## V. EXPLANATION OF THE EFFECTIVE THERMALIZATION

Let us now argue why the MBDL steady-state appears thermal. This is best understood using the fermionic degrees of freedom, which are noninteracting and evolve according to  $\hat{H}_{QKR}$ . Introducing the evolution operator over one period  $\hat{U}_{QKR}$  and its Floquet eigenstates  $\hat{U}_{QKR}|\phi_\alpha\rangle = e^{-i\omega_\alpha}|\phi_\alpha\rangle$ , it can be written in second quantization as  $\hat{U}_{QKR} = \exp(-i\sum_\alpha \omega_\alpha \hat{f}_\alpha^\dagger \hat{f}_\alpha)$ . Now, the occupation numbers of the Floquet eigenstates  $n_\alpha = \langle \hat{f}_\alpha^\dagger \hat{f}_\alpha \rangle$  are obviously constants of motion, and since there is an extensive number of them, the system is integrable. We therefore expect the steady-state to be described by the (periodic) generalized Gibbs ensemble (GGE) [33,52],  $\hat{\rho}_{ss} \simeq \hat{\rho}_{GGE}$ , with

$$\hat{\rho}_{GGE} \propto e^{-\sum_\alpha \lambda_\alpha \hat{f}_\alpha^\dagger \hat{f}_\alpha}, \quad (15)$$

where the Lagrange multipliers  $\lambda_\alpha = \log((1 - n_\alpha)/n_\alpha)$  are such that  $\text{Tr}(\hat{\rho}_{GGE} \hat{f}_\alpha^\dagger \hat{f}_\alpha) = n_\alpha$  [53]. It is *a priori* surprising that this GGE density matrix, depending on an extensive number of Lagrange multipliers, is well described by a thermal density matrix, depending only on  $T_{\text{eff}}$  and  $\mu_{\text{eff}}$ . To understand this, we write it in terms of a nonlocal operator in momentum space

$$\hat{\rho}_{GGE} \propto e^{-\sum_{p,q} M_{p,q} \hat{f}_p^\dagger \hat{f}_q}, \quad (16)$$

with  $M_{p,q} = \sum_\alpha \langle p|\phi_\alpha\rangle \lambda_\alpha \langle \phi_\alpha|q\rangle$ . Therefore, for generic dynamics and initial states, one should expect a large number of nonlocal conserved quantities and a clear departure from a thermal state. However, in the present case, we note that the Floquet eigenstates are exponentially localized in momentum space, over a scale of order  $p_{loc}$ [9], implying that (i) only the states with  $|p_\alpha| \lesssim p_F + p_{loc}$  are occupied [ $n_\alpha \simeq 1$  (resp. 0) for  $|p_\alpha| \ll p_F$  (resp.  $|p_\alpha| \gg p_F$ )], with  $n_\alpha$  interpolating between 1 and 0 around  $|p_\alpha| \simeq p_F$  on a width of order  $p_{loc}$ ; (ii)  $M_{p,q} \simeq 0$  if  $|p - q| \gg p_{loc}$ , meaning that it is almost diagonal,  $M_{p,q} \simeq \delta_{p,q} h_p$  for some  $h_p$ . In practice, we find that  $h_p \simeq f_p \equiv$

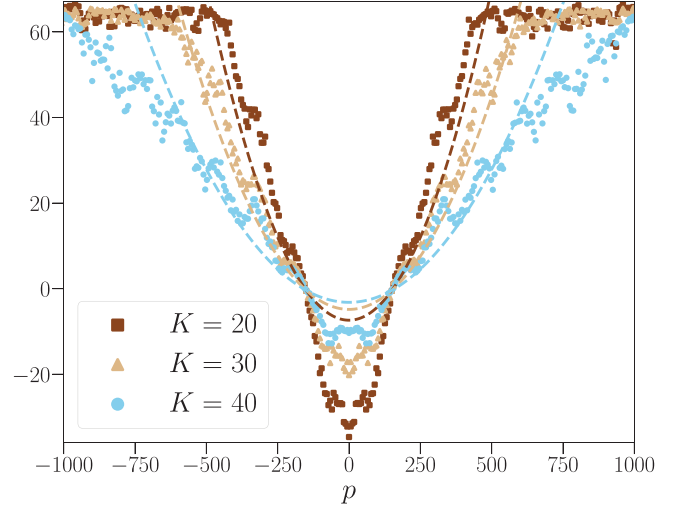


FIG. 7. Comparison of  $h_p$  (symbols) with  $f_p$  for varying  $K$ ,  $N = 51$  and  $k = 6$ .

$(-\mu_{\text{eff}} + p^2/2)/T_{\text{eff}}$  to a good approximation as shown in Fig. 7, justifying the effective thermalization  $\hat{\rho}_{ss} \simeq \hat{\rho}_{th}$ . Note that this effective thermalization depends crucially on point (i), as other initial conditions far from the ground state, or a too large  $p_{loc}$  implying that too many eigenstate are populated, do not allow for a description of the steady state in terms of a thermal density matrix [54].

The fact that  $M_{p,q}$  is not exactly diagonal means that the steady state is not perfectly described by a thermal density matrix. In particular, it implies that the natural orbitals of the OBDM are not exactly plane waves, but have width  $p_{loc}$  and that the two-dimensional Fourier transform of the OBDM,  $L^{-1} \int dx dy e^{ik(x+y)} \rho(x, y; t)$  decays exponentially as  $\exp(-|k|/p_{loc})$  instead of being  $N\delta_{k,0}$ , see Appendix C.

## VI. CONCLUSION

We have studied the steady-state of a kicked Tonks gas. While dynamical localization is preserved by the interactions, in the sense that the system does not heat up to infinite temperature, we have shown that the momentum distribution of the bosons is not exponentially localized, as in the noninteracting case. Instead, it decays as a power law given by Tan's contact, as expected for an interacting quantum many-body system. We have also shown that the steady state is very well described by a thermal density matrix, with an effective temperature that scales linearly with both the Fermi and localization momenta. This steady state is therefore both many-body dynamically localized and well described by a small number of constant of motions, corresponding to the particle number and the energy of the localized state, even though the dynamic is integrable, with an extensive number of conserved quantities. This is in contrast with standard MBL, where ergodicity breaking corresponds to emergent integrability and the existence of an extensive set of quasilocal integrals of motion [4]. MBDL should be observable in state-of-the-art cold atom experiments by measuring the steady-state momentum distribution using, for instance, the methods of Refs. [55,56]. As long as the initial temperature is smaller than the effective temperature,

effective thermalization should dominate [57]. It can be tested by measuring the momentum distribution of the underlying fermions [58,59], extracting the corresponding temperature, and comparing with the bosons' observables.

In the few-body limit, it has been shown that finite or infinite interactions give a rather similar dynamical localization of the kicked Lieb-Liniger model [31]. An interesting question is whether this effective thermalization persists beyond the Tonks regime and allows for a quantitative description of the many-body dynamical localization at finite interactions.

Finally, it is well known that if the kicks strength is modulated, the (noninteracting) QKR displays a delocalization transition similar to the Anderson transition [60,61], which has been observed experimentally in the atomic QKR [10,38]. We therefore expect that modulating the kicks in the kicked Lieb-Liniger model will induce a phase transition from the MBDL to a new phase where the system can heat up to infinite temperature. Understanding the properties of such a delocalized phase is under progress.

### ACKNOWLEDGMENTS

We thank R. Chicireanu, J.-C. Garreau, D. Delande, N. Cherroret, C. Tian and H. Buljan for insightful discussions. This work was supported by Agence Nationale de la Recherche through Research Grants No. QRITic I-SITE ULNE/ANR-16-IDEX-0004 ULNE, the Labex CEMPI Grant No. ANR-11-LABX-0007-01, the Programme In-

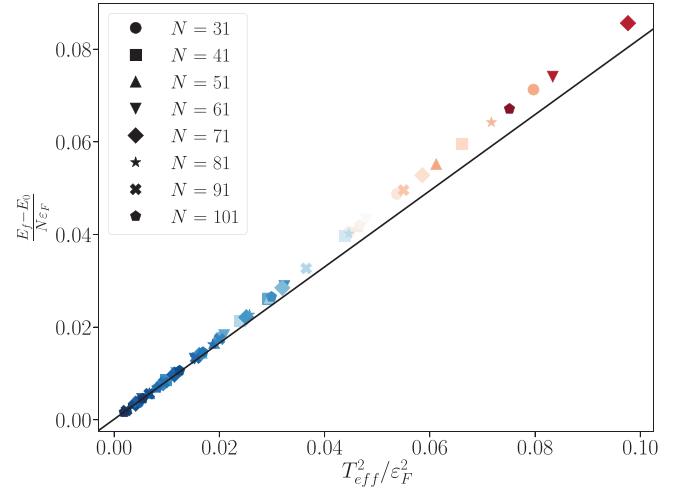


FIG. 9. Final energy  $E_f$  as a function of the fitted effective temperature  $T_{\text{eff}}$  for  $\hbar = 6$  and various particle number. In practice, we plot  $\frac{E_f - E_0}{N\varepsilon_F}$  as a function of  $T_{\text{eff}}^2/\varepsilon_F^2$ . The black line corresponds to the Sommerfeld expansion in Eq. (12). The color code corresponds to that of Fig. 8.

vestissements d'Avenir ANR-11-IDEX-0002-02, reference ANR-10-LABX-0037-NEXT and the Ministry of Higher Education and Research, Hauts-de-France Council and European Regional Development Fund (ERDF) through the Contrat Projets État-Region (CPER Photonics for Society, P4S).

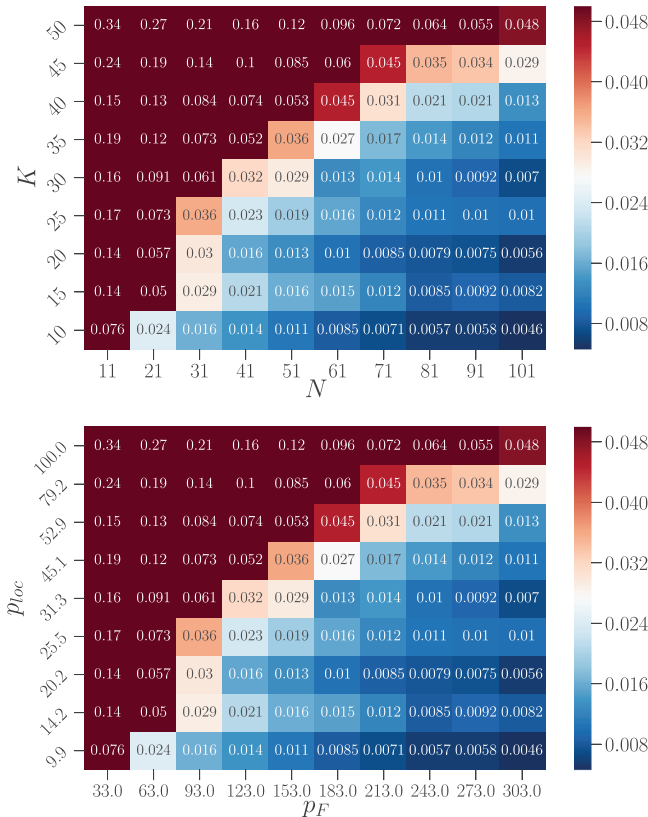


FIG. 8. Top panel:  $\varepsilon(N, K)$  at fixed  $\hbar = 6$ . Dark red color corresponds to  $\varepsilon \geq 0.05$ . Bottom panel: same as top panel but in function of  $p_{\text{loc}}$  and  $p_F$ .

### APPENDIX A: VALIDITY OF THE THERMAL FIT OF THE STEADY-STATE OF THE FERMIONIC MOMENTUM DISTRIBUTIONS

We focus here on giving details on the effective thermalization and its range of validity with respect to the parameters of the system.

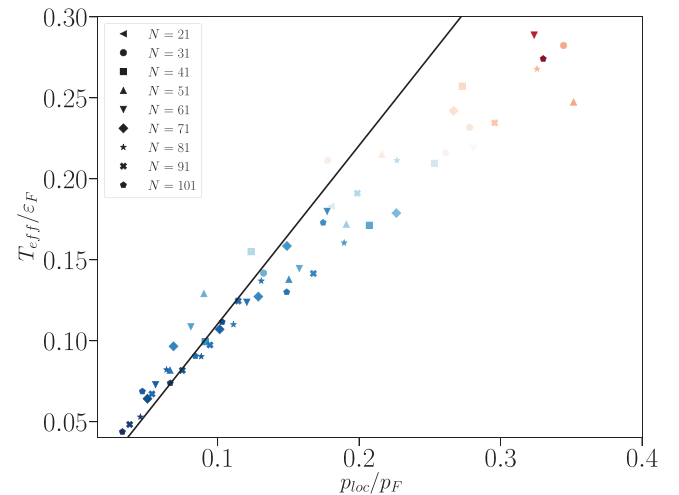


FIG. 10. Effective temperature  $T_{\text{eff}}/\varepsilon_F$  as a function of  $p_{\text{loc}}/p_F$  for  $\hbar = 6$  and various particle number. In practice, we plot  $\frac{E_f - E_0}{N\varepsilon_F}$  as a function of  $T_{\text{eff}}^2/\varepsilon_F^2$ . The black line corresponds to the prediction Eq. (13). The color code corresponds to that of Fig. 8.

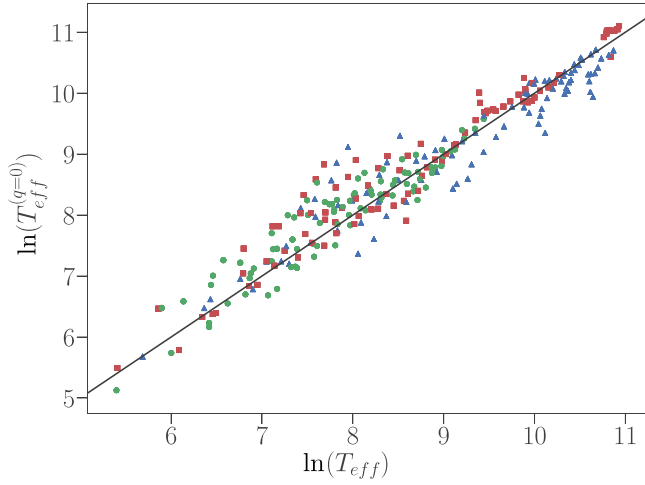


FIG. 11. Comparison of temperature extracted from  $E_f$  and from the averaged distribution (respectively  $T_{\text{eff}}^{(q=0)}$  and  $T_{\text{eff}}$ ). The colored dots are the data (green:  $\bar{k} = 6$ , red:  $\bar{k} = 7$ , blue:  $\bar{k} = 8$ ) and the black line is a guide to the eye. The collapse of the data around the black line show that  $T_{\text{eff}}^{(q=0)}$  and  $T_{\text{eff}}$  are mostly the same.

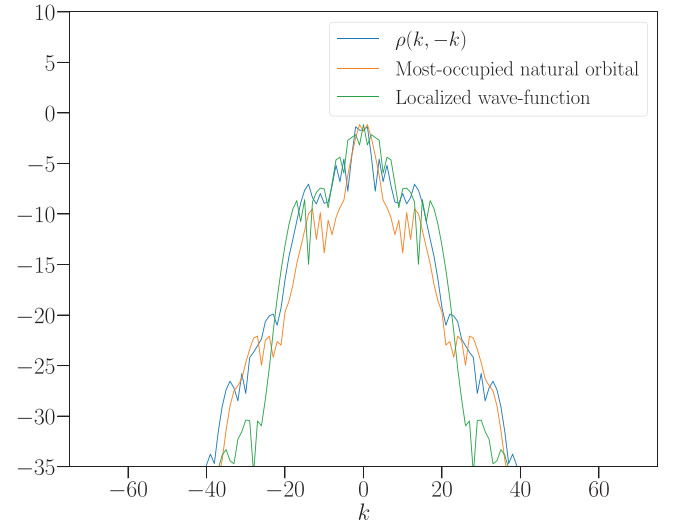
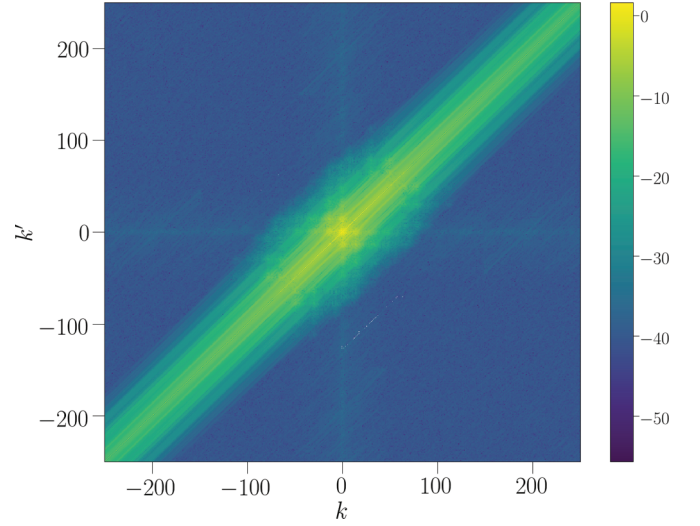


FIG. 13. In both panels  $N = 51$ ,  $K = 20$ ,  $\bar{k} = 6$ . Top panel: 2D graphic of the logarithm value of the OBDM in momentum space  $\rho(k, k')$ . Bottom panel: comparison between the anti-diagonal of the OBDM in momentum space and the most-occupied natural orbitals. We compare them to the  $k = 0$  wave function for the same parameters.

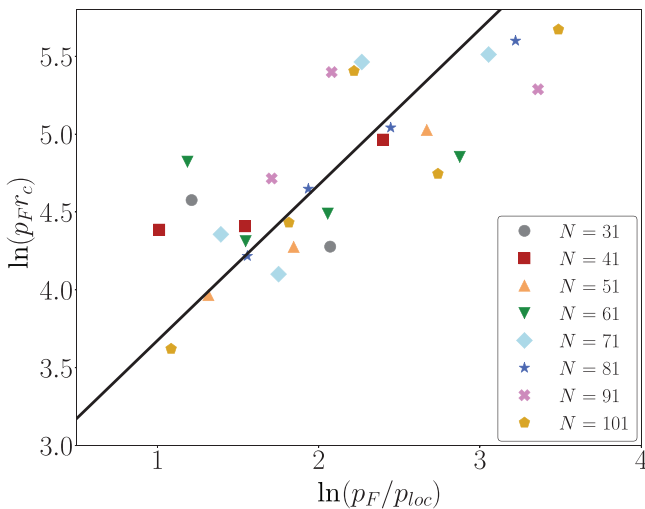
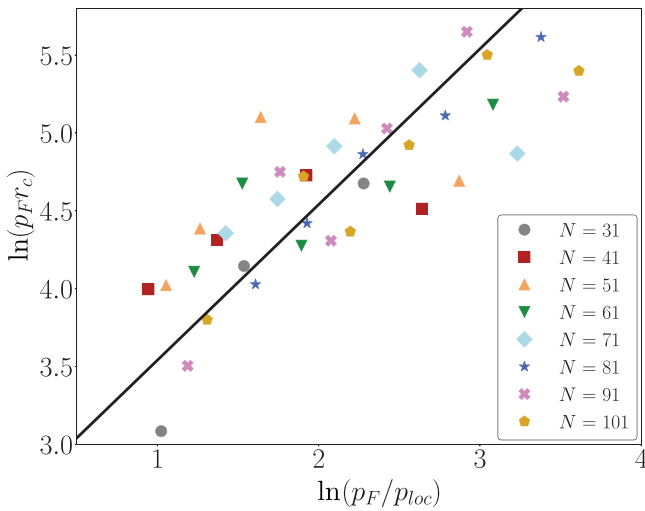


FIG. 12. Correlation length for different  $\bar{k}$  (7, 8 from up to down). The black line correspond on every figure to the relation Eq. (14).

As hinted in the inset of Fig. 5, the thermal fit of the steady-state fermionic momentum distributions works well for  $p_{\text{loc}}/p_F \ll 1$ , while in the opposite limit, it does not work, implying that the system does not effectively thermalize. This can be quantified by introducing the error

$$\varepsilon = \frac{\|n_k^F - f_{FD}(k, T_{\text{eff}}, \mu_{\text{eff}})\|}{\|n_k^F\|}. \quad (\text{A1})$$

The error as a function of  $N$  and  $K$  is shown in the top panel of Fig. 8, and as a function of  $p_F$  and  $p_{\text{loc}}$  in the bottom panel. The low value of  $\varepsilon$ , i.e., a good the thermal fit, corresponds to the blue area in Fig. 8). In the following, we only consider parameters such that  $\varepsilon \lesssim 5\%$ , where the effective thermalization takes place.

Figure 9 shows that the localized energy in the steady-state is well described by the Sommerfeld expansion Eq. (12) in

terms of the fitted effective temperature  $T_{\text{eff}}$ , as long as the temperature is small enough, i.e., when the thermal fit works well (dark blue symbols). Figure 10 shows that in the same regime, the effective temperature is also well described by our prediction Eq. (13).

Finally, let us address the effects of the averaging over  $q$ . Figure 11 is a scatter plot of  $T_{\text{eff}}^{(q=0)}$ , the effective temperature extracted from the fermionic energy for  $q = 0$ , and  $T_{\text{eff}}$ , the effective temperature obtained from the averaged momentum distribution, for various values of  $N$ ,  $\tilde{k}$  and  $K$ . We see a very clear correlation between the two. This shows that while averaging is convenient to analyze the fermionic degrees of freedom, the effective temperature and chemical potential obtained will describe very well the nonaveraged observables of the bosons.

### APPENDIX B: EXTRACTION OF $r_c$

We observed that the coherence function of the Tonks gas  $g_1(r)$  decays exponentially in the localized regime as it was shown in Fig. 3. Assuming that it decays as  $g_1(r) \propto e^{-2|r|/r_c}$ , we can estimate the correlation length  $r_c$  by

$$r_c = \sqrt{2 \frac{\sum_r r^2 g_1(r) - (\sum_r r g_1(r))^2}{\sum_r g_1(r)}}, \quad (\text{B1})$$

which is well described by Eq. (14) as discussed in the main text, where we have focus on the case  $\tilde{k} = 6$ . We show in

Fig. 12 that for other  $\tilde{k}$ , our prediction is in good agreement with the data.

### APPENDIX C: NATURAL ORBITALS

The OBDM can be decomposed in natural orbitals  $\phi^\eta(x)$ , which can be interpreted as the many-body version of the wave functions occupied by the bosons, and which are the eigenfunctions of the OBDM,

$$\int dy \rho(x, y) \phi^\eta(y) = \lambda_\eta \phi^\eta(x), \quad (\text{C1})$$

with the  $\lambda_\eta$  the occupation of  $\eta$ -th natural orbital. Figure 13 (top) shows the most occupied natural orbital in momentum space for  $N = 51$ ,  $K = 20$ ,  $\tilde{k} = 6$  in semilog scale. We observe that it decays exponentially over a scale  $p_{\text{loc}}$ , as can be verified by plotting a localized wave function of the noninteracting QKR (which decays over the same scale).

Figure 13 (bottom) shows the two-dimensional Fourier transform of the OBDM,

$$\rho(k, k') = \frac{1}{L} \int dx dy e^{ikx - ik'y} \rho(x, y), \quad (\text{C2})$$

where  $\rho(k, k')$  is the momentum distribution. We observe that contrary to a thermal OBDM, it is nonzero for  $k \neq k'$  (as expected by invariance by translation for the thermal gas). However, it decays exponentially over the scale  $p_{\text{loc}}$ , as can be seen in Fig. 13 (bottom).

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- ( $T_R = E_R/k_B$  the recoil temperature, typically of order  $10^{-7}K$  in cold atoms experiments).
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