# Stroboscopic painting of optical potentials for atoms with subwavelength resolution

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We propose and discuss a method to engineer stroboscopically arbitrary one-dimensional optical potentials with subwavelength resolution. Our approach is based on subwavelength optical potential barriers for atoms in the dark state in an optical  $\Lambda$  system, which we use as a stroboscopic drawing tool by controlling their amplitude and position by changing the amplitude and the phase of the control Rabi frequency in the  $\Lambda$  system. We demonstrate the ability of the method to engineer both smooth and comblike periodic potentials for atoms in the dark state, and establish the range of stroboscopic frequencies when the quasienergies of the stroboscopic Floquet system reproduce the band structure of the time-averaged potentials. In contrast to usual stroboscopic engineering which becomes increasingly accurate with increasing the stroboscopic frequency, the presence of the bright states of the  $\Lambda$  system results in the upper bound on the frequency, above which the dynamics strongly mixes the dark and the bright channels, and the description in terms of a time-averaged potential fails. For frequencies below this bound, the lowest Bloch band of quasienergies contains several avoided-crossing coming from the coupling to high-energy states, with widths decreasing with increasing stroboscopic frequency. We analyze the influence of these avoided crossings on the dynamics in the lowest band using Bloch oscillations as an example, and establish the parameter regimes when the population transfer from the lowest band into high bands is negligible. We also present protocols for loading atoms into the lowest band of the painted potentials starting from atoms in the lowest band of a standard optical lattice.

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### I. INTRODUCTION

Generating arbitrary landscapes of optical potentials for atoms with optical subwavelength resolution is a key challenge in designing many-body systems and applications based on cold atoms; see, for example, [1,2]. Realization of this goal provides an unprecedented control over atomic systems, beyond the familiar far-off resonant laser traps and optical lattices. A particular example we have in mind is the creation of an optical lattice, or superlattice with spacing much shorter than the optical wavelength. One motivation to create such short-spacing lattices is significantly increased energy scales compared to achievable temperatures in implementing Bose and Fermi Hubbard, and spin models, i.e., the promise to prepare quantum phases which are not accessible in standard setups. A second example is to generate optical potentials with optical barriers of arbitrary shape, compared to the sinusoidal potentials generated by standing light waves. In the present paper we address the problem of "painting" arbitrary optical potential landscapes with subwavelength resolution. The present work builds on the ability to generate  $\delta$ -function-like potentials as nonadiabatic corrections in atomic dark states of the  $\Lambda$  systems [3–5]. These potential peaks are used as "drawing pencils" of the optical landscape, which is obtained as a time averaged potential by moving rapidly the spatial position and changing height of these barriers; i.e., we require the stroboscopic painting of the potentials to be fast relative to the time scale of atomic motion in the resulting potential. The present scheme goes beyond previous proposals [6–13],

by allowing the generation of an arbitrary potential landscape (within the scale of the optical wavelength).

The paper is organized as follows. In Sec. II we describe our stroboscopic painting procedure and present possible protocols for painting smooth and comblike potentials. Section III contains the description of our approach to numerical calculations of the quasienergies and eigenfunctions within the Bloch-Floquet scheme, which we then apply to the analysis of the atomic motion in the dark-state channel (Sec. IV) and in the full three-channel problem (Sec. V). We also establish there the conditions on the stroboscopic frequency for the appearance of well-defined low-energy Bloch bands in the dark channel, and discuss their properties. In Sec. VI we address the dynamics of the Bloch states in the time-averaged potential by considering Bloch oscillations. Section VII contains the description of two protocols for loading atoms into the lowest Bloch band of the painted potentials, followed by concluding remarks in Sec. VIII.

## II. PAINTING POTENTIALS USING NANOSCALE BARRIERS

We start with a brief description of the setup for producing a periodic comb of narrow  $\delta$ -function-like optical potential peaks for atoms using an optical  $\Lambda$  system (for more details see [3] and Appendix A). Let us consider an atom that can move along the *z* direction, while the motion in the other two transverse directions is frozen to the ground state of a strong confining potential. We also assume that the atomic internal



FIG. 1. Panel (a) shows the atomic optical  $\Lambda$  scheme with two stable atomic states  $|g_1\rangle$ ,  $|g_2\rangle$  and one excited state  $|e\rangle$ , which is used for creation a subwavelength comb potential shown in (b) (see text). The Rabi frequency  $\Omega_p$  is time- and position-independent, while  $\Omega_c(z, t)$  depends on both. Panels (c) and (d) show schematically two possible protocols for stroboscopic painting of a potential  $\overline{V}(z)$ : In protocol I in panel (c) peaks of the potential move with a constant velocity and time-varying amplitude, while in protocol II in panel (d) the potential peaks of a constant height move with varying velocity.

structure allows formation of a well-isolated optical  $\Lambda$  system consisting of two stable internal states  $|g_1\rangle$  and  $|g_2\rangle$  coupled to an excited state  $|e\rangle$  by the probe field and by the control one satisfying the condition of the two-photon resonance, with the strengths given by the Rabi frequencies  $\Omega_p$  and  $\Omega_c(z)$ , respectively [see Fig. 1(a)], such that the Hamiltonian takes the form

$$H(z) = -\frac{\hbar^2}{2m_a}\partial_z^2 + H_\Lambda(z), \qquad (1)$$

where

$$H_{\Lambda}(z) = \hbar \begin{pmatrix} 0 & \Omega_c(z)/2 & 0\\ \Omega_c(z)/2 & -\Delta - i\Gamma/2 & \Omega_p/2\\ 0 & \Omega_p/2 & 0 \end{pmatrix}.$$
 (2)

The Rabi frequency  $\Omega_p$  is z independent, while  $\Omega_c(z)$  has the form of a standing wave,

$$\Omega_c(z) = \Omega_c \sin[k(z - z_0)]. \tag{3}$$

Because of the position dependence of  $\Omega_c(z)$ , the eigenstates of the  $\Lambda$  system in the adiabatic Born-Oppenheimer approximation [i.e., the eigenstates of the Hamiltonian  $H_{\Lambda}(z, t)$ ] are also position-dependent and include the dark state  $|D(z)\rangle =$  $-\cos \alpha(z)|g_1\rangle + \sin \alpha(z)|g_2\rangle$  with  $\alpha(z) = \arctan[\Omega_c(z)/\Omega_p]$ , which has zero eigenenergy and is a linear combination of the stable atomic states  $|g_1\rangle$  and  $|g_2\rangle$  only, and two bright states  $|B_{\pm}(z)\rangle$  containing also the excited state  $|e\rangle$  and separated from the dark state by the gaps  $\Delta E_{B\pm} = \min_z |\hbar E_{\pm}(z)|$ , respectively (see Appendix A).

With the Hamiltonian of the kinetic energy [the first term in Eq. (1)] taken into account, an atom in the dark state

 $|D(z)\rangle$  experiences a conservative nonadiabatic optical potential [3,5],

$$V_{\rm na}(\epsilon, z - z_0) = E_R \frac{\epsilon^2 \cos^2[k(z - z_0)]}{\{\epsilon^2 + \sin^2[k(z - z_0)]\}^2},$$
 (4)

which depends on the ratio  $\epsilon = \Omega_p / \Omega_c$  of the amplitudes of the Rabi frequencies and the phase  $kz_0$  of the control field,  $E_R = \hbar^2 k^2 / 2m_a$  is the recoil energy,  $m_a$  is the mass of the atom. In addition, the kinetic-energy term generates nonadiabatic couplings between the dark and the bright states. As shown in Refs. [3] and [5] the effects of these couplings are small if the energy gaps  $\Delta E_{B\pm}$  are much larger than the height  $E_R/\epsilon^2$  of the potential  $V_{na}(\epsilon, z - z_0)$ , namely  $\Delta E_{B\pm} \gg$  $E_R/\epsilon^2$ . (For zero detuning  $\Delta = 0$ , this condition requires  $\Omega_p/2 \gg E_R/\epsilon^2$ .) Under this condition, the motion of an atom in the dark state corresponds to motion of a particle in the potential (4).

#### A. Stroboscopic painting

For  $\epsilon \ll 1$ , the potential  $V_{na}(\epsilon, z - z_0)$  has the form of a comb of sharp  $\delta$ -function-like peaks centered around  $z_0 + \pi n/k$  with integer n, which have a subwavelength width  $\sigma = \epsilon/k \ll \lambda$  (here  $\lambda = 2\pi/k$ ) and a height  $\hbar^2/(2m_a\sigma^2) = E_R/\epsilon^2 \gg E_R$  [see Fig. 1(b)]. These high and narrow peaks can be used as "pencils" for drawing in the stroboscopic way an arbitrary periodic potential with the spatial resolution  $\sigma$  by fast changing the positions of the peaks and their height. This can be achieved by taking a time-dependent control field

$$\Omega_c(z) \to \Omega_c(z,t) = \Omega_c(t) \sin\{k[z - z_0(t)]\}$$
(5)

with the amplitude  $\Omega_c(z, t) \gg \Omega_p$  which is periodic in time with the period  $T = 2\pi/\omega$  and  $z_0(t)$  periodic or quasiperiodic, for example,  $z_0(t + T) = z_0(t) + 2\pi/k$ . The Hamiltonian (2) and, hence, the total Hamiltonian (1) become now periodic functions of time with the period T,  $H_{\Lambda}(z, t) = H_{\Lambda}(z, t + T)$ , and H(z, t) = H(z, t + T). [We note here that, although the spatial period of the potential  $V_{na}(\epsilon, z - z_0)$  is  $\pi/k$ , the control field  $\Omega_c(z, t)$  and, therefore, the Hamiltonian have the spatial period  $2\pi/k$ , and the stroboscopic approach has to be consistent with the spatial periodicity of the Hamiltonian H(z, t). Another option, however, could be to use an antiperiodic function  $\Omega_c(t)$ ,  $\Omega_c(t+T) = -\Omega_c(t)$ , and  $z_0(t+T) = z_0(t) +$  $\pi/k$ .] The resulting nonadiabatic potential  $V_{na}[\epsilon(t), z - z_0(t)]$ is then periodic in time with the frequency  $\omega = 2\pi/T$  and corresponds to the moving comb of peaks with positions determined by  $z_0(t)$ , and with the time-dependent amplitude  $E_R/\epsilon(t)^2$ .

When the stroboscopic frequency  $\omega$  is much larger than the typical frequency  $\omega_{at}$  of the motion of an atom in the dark state but much smaller than the gaps  $\Delta E_{B\pm}$  to the bright states,  $\omega_{at} \ll \omega \ll \Delta E_{B\pm}/\hbar$ , the atom in the dark state experiences the time-averaged potential

$$\bar{V}(z) = \frac{1}{T} \int_0^T V_{\text{na}}[\epsilon(t), z - z_0(t)] dt, \qquad (6)$$

which is the leading term in the Magnus expansion [11] based on the condition  $\omega \gg \omega_{at}$ , and the effects of the bright states can still be neglected. It is clear from the previous discussion that, by choosing various functions  $\epsilon(t)$  and  $z_0(t)$ , one can generate a large family of potentials  $\bar{V}(z)$  restricted by only two constraints: (i) the potential changes on a spatial scale which is larger than  $\sigma$  (or, in other words, its spatial Fourier decomposition does not contain components with the wave vector larger than  $\sigma^{-1}$ ), and (ii) it is non-negative,  $\bar{V}(z) \ge 0$ . The latter constraint does not actually impose any physical limitations because one can always add a (positive) constant to the potential of interest without changing the related physics.

We note however that Eq. (6) for the potential filled by an atom in the dark state is valid only in the ideal situation when  $\omega_{at}/\omega \rightarrow 0$  and  $\Delta E_{B\pm}/\omega \rightarrow \infty$ . For finite values of these ratios, Eq. (6) is only the leading approximation, and in the next sections we establish the conditions which ensure the validity of this approximate solution and find corrections to it. We address these issues on the two examples of potentials: the one of the standard sinusoidal form and the other of the comb type, both with the shorter period  $\lambda/2M$  (M > 1 is an integer) as compared to the standard optical lattice and the comb potential from Refs. [3,5].

Following the above discussion, the stroboscopic "painting" of an arbitrary optical potential  $V(z) \ge 0$  with spatial resolution  $\sigma$  starts with finding the functions  $\epsilon(t)$  and  $z_0(t)$  which solve Eq. (6) for  $\overline{V}(z) = V(z)$ . Note that there are (infinitely) many solutions of this problem, and one can use this ambiguity to minimize the errors related to the approximate character of (6), including the effects of the bright states. Below we discuss possible solutions (painting protocols) of Eq. (6) for the cases of a smooth potential (for precise definition, see below) and of a comblike one. It turns out that in the former case there exist two simple approximate solutions of Eq. (6) for a general potential V(z).

#### **B.** Painting smooth potentials

We consider first a smooth potential V(z) that changes on a typical scale L such that  $\lambda/2 > L \gg \sigma$  and satisfies the condition  $V_{\min} > E_R$  with  $V_{\min}$  being the minimal value of V(z), which, as discussed above, is not restrictive because we can always add a constant to the potential. This condition originates from the fact that the potential (6) is strictly positive and its typical value  $\bar{V}$  can be estimated as a product of the typical height of the potential peak  $V_{\rm na} \sim \hbar^2/(m_a \sigma^2)$  and the typical fraction  $\sim \epsilon$  of the period during which the peak crosses a spatial region of the size  $\sigma$  having a typical velocity  $v \sim \lambda/T$ . We thus obtain  $\bar{V} \sim E_R/\epsilon \ge E_R$ . Note also that in experiments, the width of the peaks  $\sigma$  is always limited,  $\sigma \ge \sigma_{\min} = \epsilon_{\min}/k$ , by the available laser power and by the necessity of having as large as possible gap between the dark and the bright states. This provides an upper limit  $V_{\rm max} \leq$  $E_R/\epsilon_{\min}$  on the maximal value  $V_{\max}$  of the smooth potential V(z) which can be painted stroboscopically.

For a potential satisfying the above conditions, the functions  $\epsilon(t)$  and  $z_0(t)$  change slowly on the time scale  $\sigma/v \sim \sigma T/\lambda$ , and can be easily found from Eq. (6) in two limiting cases, when either peaks of varying heights move with a constant velocity (protocol I) [see Fig. 1(c)], or they have a fixed height but move with varying velocity (protocol II) [see Fig. 1(d)].

Let us first present the solution of Eq. (6) for protocol I when the peaks of the potential, Eq. (4), move with a constant

velocity  $v = \lambda/T = \omega/k$ , i.e.,  $z_0(t) = vt$ . It is easy to see that the desired function  $\epsilon(t)$  [and, therefore,  $\Omega_c(t)$ ] changes slowly on the time scale  $\sigma/v$ , and that the main contribution to the averaged potential at position *z* comes from the value of  $\epsilon(t)$  at time  $t_z \approx z/v$ . We therefore obtain

$$\epsilon(t) \approx \frac{E_R}{2V(vt)} \ll 1,\tag{7}$$

where we used the condition  $V(z) \gg E_R$ . Note that the spatial resolution  $\sigma = \epsilon/k$  in this protocol is not homogeneous: it is worse in the region of small values of V(z).

In protocol II with a constant height of the peaks, we have  $\epsilon(t) = \epsilon_0 \ll 1$ , and the peaks, keeping their form, move with the varying velocity  $v = dz_0/dt$ . The value of  $\epsilon_0$  is related to the average (over the spatial period  $\lambda/2$ ) value  $\overline{V}$  of the potential V(z) as

$$\overline{V} \equiv (2/\lambda) \int_0^{\lambda/2} V(z) dz = E_R/(2\epsilon_0), \qquad (8)$$

which follows from the fact that  $(2/\lambda) \int_0^{\lambda/2} V_{\text{na}}[\epsilon_0, z - z_0(t)] dz \approx E_R/(2\epsilon_0)$ . The velocity v(z) at which the peak should cross the point z is

$$v(z) \approx \frac{\pi E_R}{2\epsilon_0 V(z)} \frac{1}{kT} = v_0 \frac{\overline{V}}{V(z)},\tag{9}$$

where  $v_0 = \lambda/T$  is the average velocity, and the required  $z_0(t)$  can be found from the equation

$$\frac{2}{\lambda} \int_0^{z_0(t)} \frac{V(z)}{\overline{V}} dz = \frac{t}{T}.$$
(10)

As an illustration, let us consider the potential

$$V_W(z) = V \sin^2(Mkz) + W, \tag{11}$$

where *M* is an integer  $(M \ge 1)$  and *W* is a positive offset, which is an analog of a standard optical potential but with a shorter lattice spacing  $a = \lambda/(2M)$ . The results of applying both protocols with the approximate solutions from Eqs. (7) and (9) are presented in Fig. 2. The left panels show the resulting painted potential  $\overline{V}_W(z)$  calculated for  $V = 10E_R$ and three different values of the offset  $W/E_R = 0.1$ , 1, and 10, together with the original potential  $V_W(z)$ . We see that in protocol I, following Eq. (7), the subwavelength peak is smaller and broader near the minima of  $V_W$  resulting in a larger error as compared to that in the maxima. In protocol II, the height and the width of the peaks are constant and the errors at the minima and maxima of  $V_W$  are the same. Panels (b) and (d) illustrate the mean-square error between the painted potential  $\overline{V}_W(z)$  and the original one  $V_W(z)$ ,

$$\mathcal{E} = ||V_W - \overline{V}_W||_{L^2} = \left\{ \int_{-\pi/2kM}^{\pi/2kM} [V_W(z) - \overline{V}_W(z)]^2 dz \right\}^{1/2}.$$
(12)

We see that generically the error decreases with increasing the potential offset *W* because it results in a smaller value of  $\epsilon$  and, as a consequence, in a better spatial resolution  $\sigma$ . We note, however, that for a smooth potential, the values  $W \leq E_R$ suffice to obtain a very good result; see Fig. 2. On the other hand, the error increases with increasing *M* (for a fixed *W*), because the scale *L* on which the potential changes decreases



FIG. 2. Comparison of the two protocols for painting being applied to the potential  $V(x) = V \sin^2(Mkx) + W$  with  $V = 10E_R$ . Panels (a) and (b) correspond to protocol I, Eqs. (6) and (7), and (c) and (d) to protocol II, Eqs. (6) and (9). Panels (a) and (c) show the painted potential  $\overline{V}_W(z)$  for M = 3 and W = 0.1, 1,  $10E_R$  (red long-dashed, blue dotted, and green dot-dashed curves), as well as the original potential V(x) (black solid curve). The W dependence of the approximation error  $||V - \overline{V}_W||_{L^2}$  for these protocols is shown in (b) and (d), respectively, for M = 1, 2, 3 (black circles, red triangles, and blue rhombi, from bottom to top) (see text).

with increasing M, and, having the same spatial resolution  $\sigma$ , one naturally expects a larger error in painting. To increase the accuracy, therefore, one has to consider as high value of the offset W as possible. Another option is to optimize the time dependencies of  $\epsilon(t)$  and  $z_0(t)$ .

#### C. Painting comb potentials

Now we turn to the case of potentials with  $L \sim \sigma$ , when the functions  $\epsilon(t)$  and  $z_0(t)$  vary on a short-time scale  $\sigma T/\lambda$ . Unfortunately, with a potential V(z) of this type, Eq. (6) for  $\epsilon(t)$  and  $z_0(t)$  cannot be solved explicitly, except for special cases. One of them is a periodic comb potential made of peaks with a width  $\sim \sigma$  separated by a distance  $a = \lambda/(2M)$ , where M > 1 is an integer, which we consider below, see Fig. 3(a) for M = 3. This potential is an analog of a comb potential from Refs. [3,5] but with a shorter lattice spacing. A possible solution is given by protocol III which corresponds to a sequence of stroboscopic "flashes" of the potential  $V_{na}$ during the stroboscopic period T, with some spatial shift of  $V_{\text{na}}$  from flash to flash; see Fig. 3(b). Due to the fact that the potential  $V_{na}(z)$  has a twice shorter period than the original Hamiltonian, a specific realization of this protocol depends on the parity of M. For an odd M, it is sufficient to have M flashes of  $V_{na}$  per stroboscopic period, and from flash to flash the potential  $V_{na}$  should be shifted by the distance  $2a = \lambda/M$ . The details of this procedure are presented in Fig. 3(c). The upper panel shows the time dependence of the height of the potential  $V_{\rm na}$ : It first increases from 0 (this formally corresponds to  $\epsilon = \infty$ , or  $\Omega_c = 0$ ) to its maximal value  $E_R/\epsilon_0^2$  during time  $\tau_s$ , then remains constant for the time  $\tau_h$ , and finally decreases



FIG. 3. A comb potential with M = 3 peaks per length  $\lambda/2$  (a) and a "flashing" steps for its painting (protocol III) in (b), see text. Panel (c) shows functions  $E_R/\epsilon^2(t)$  and  $\bar{z}(t)$  used for this protocol.

back to 0 during time  $\tau_s$ . When the potential  $V_{na}$  stays close to zero, the function  $z_0(t)$  rapidly increases its value by the amount  $\lambda/M = 2a$ , see lower panel in Fig. 3(c), and then the process repeats. For an even M, one needs 2M flashes of  $V_{na}$  per stroboscopic period, and from flash to flash the potential  $V_{na}$  should be shifted by the distance  $a = \lambda/(2M)$ .

Assuming the potential  $V_{na}$  being switched on or off linearly in time  $\tau_s$ , we obtain from Eq. (6) that the generated potential  $\bar{V}$  consists of equidistant peaks of the height

$$\max \bar{V}(z) = \frac{1}{M} \frac{E_R}{\epsilon_0^2} \alpha, \quad \alpha = \frac{\tau_h + \tau_s}{\tau_h + 2\tau_s} < 1, \quad (13)$$

and the width  $\epsilon_0 \lambda/2\pi$ , separated by the distance  $a = \lambda/2M$ ; see Fig. 3(a). Being compared to the potential  $V_{na}(z)$ , the resulting potential  $\bar{V}(z)$  has M times shorter spatial period, the potential peaks in  $\bar{V}(z)$  have the same width as in  $V_{na}(z)$ , but their height is M times smaller (for  $\tau_s \rightarrow 0$ ). The above conclusions are practically independent on how one switches on or off the potential during the time  $\tau_s$ ; a different choice results in small variations of the form of  $\bar{V}(z)$  and the value of max  $\bar{V}(z)$ . In the next section we present a detailed quantummechanical Floquet analysis of the above schemes, illustrated by examples of both smooth and comb potentials with a three times shorter spatial period than that of  $V_{na}$  (M = 3).

### **III. FLOQUET ANALYSIS AND BAND STRUCTURE**

In this section we perform a complete Floquet analysis of the time-periodic three-level Hamiltonian H(z, t) [see (1)] to manifest the role of the bright states in the  $\Lambda$  system, to establish the limits of validity of the simple approximation given by Eqs. (4) and (6), and to find corrections to them. Following the previous discussion, we consider the control Rabi frequency of the form  $\Omega_c(z, t) = \Omega_c(t) \sin k[z - z_0(t)]$ , where  $\Omega_c(t)$  is periodic with the period  $T = 2\pi/\omega$ . As a result, the Hamiltonian H(z, t) takes the form

$$H(z,t) = -\frac{\hbar^2}{2m_a}\partial_z^2 + \hbar \begin{pmatrix} 0 & \Omega_c(z,t)/2 & 0\\ \Omega_c(z,t)/2 & -\Delta - i\Gamma/2 & \Omega_p/2\\ 0 & \Omega_p/2 & 0 \end{pmatrix}$$
(14)

and is periodic in space and time,  $H(z, t) = H(z + \lambda, t) =$ H(z, t + T). The solutions of the Schrödinger equation

$$i\hbar\frac{\partial}{\partial t}\psi(z,t) = H(z,t)\psi(z,t)$$
(15)

for the three-component wave function  $\psi(z, t) = \{\psi_{g_1}(z, t), \psi_{g_2}(z, t), \psi_{g_3}(z, t),$  $\psi_e(z, t), \psi_{g_2}(z, t)$  which defines the state of the system

$$|\psi(z,t)\rangle = \psi_{g_1}(z,t) |g_1\rangle + \psi_e(z,t) |e\rangle + \psi_{g_2}(z,t) |g_2\rangle \quad (16)$$

can be taken in the Bloch-Floquet form:

$$\psi_{q,n,k}(z,t) = e^{iqz} e^{-i\epsilon_{q,n,k}t/\hbar} u_{q,n,k}(z,t),$$
(17)

where  $q \in [-\pi/\lambda, \pi/\lambda]$  and  $\epsilon_{q,n,k} \in [-\hbar\omega/2, \hbar\omega/2)$  are the quasimomentum and the quasienergy, respectively, and  $u_{q,n,k}(z,t)$  is a periodic function both in space and in time,  $u_{q,n,k}(z+\lambda,t) = u_{q,n,k}(z,t+T) = u_{q,n,k}(z,t)$ . Here *n* refers to the Bloch (spatial) band index and k to the Floquet (temporal) one. Formally, the quasienergies and the corresponding functions  $u_{q,n,k}(z,t)$  can be found by solving the eigenvalue problem

$$\mathcal{H}_q(z,t)u_{q,n,k}(z,t) = \epsilon_{q,n,k}u_{q,n,k}(z,t)$$
(18)

with the Bloch-Floquet Hamiltonian

$$\mathcal{H}_q(z,t) = H_q(z,t) - i\hbar\partial_t, \qquad (19)$$

where

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$$H_q(z,t) = e^{-iqz}H(z,t)e^{iqz} = -\frac{\hbar^2}{2m_a}(\partial_z + iq)^2 + H_\Lambda(z,t).$$
(20)

After performing the Fourier transform in time,

$$u_{q,n,k}(z,t) = \sum_{m=-\infty}^{\infty} u_{q,n,k}^{(m)}(z) e^{im\omega t},$$
 (21)

we can reformulate the eigenvalue problem (18) as a standard eigenvalue problem,

$$\hat{\mathcal{H}}_{q}\mathbf{u}_{q,n,k} = \epsilon_{q,n,k}\mathbf{u}_{q,n,k},\tag{22}$$

for the eigenvectors  $\mathbf{u}_{q,n,k} = \{u_{q,n,k}^{(m)}(z)\}$  and the Hamiltonian  $\hat{\mathcal{H}}_q$ :

$$\hat{\mathcal{H}}_{q} = \begin{pmatrix} \ddots & H_{1,q} & H_{2,q} & H_{3,q} & H_{4,q} \\ H_{-1,q} & -\omega + H_{0,q} & H_{1,q} & H_{2,q} & H_{3,q} \\ H_{-2,q} & H_{-1,q} & H_{0,q} & H_{1,q} & H_{2,q} \\ H_{-3,q} & H_{-2,q} & H_{-1,q} & \omega + H_{0,q} & H_{1,q} \\ H_{-4,q} & H_{-3,q} & H_{-2,q} & H_{-1,q} & \ddots \end{pmatrix},$$

$$(23)$$

where the operators  $H_{n,q}$  originate from the expansion  $H_q(z,t) = \sum_{s}^{1} e^{i\omega st} H_{s,q}(z).$ 

A version of this approach, which is convenient when the driving frequency  $\omega$  is small compared to the gap  $\sim \Omega_p$ between the dark and the bright states and, therefore, when the dark and the bright channels are only weakly coupled, can be formulated in terms of the instantaneous dark and bright eigenstates  $\{|D(z,t)\rangle, |B_+(z,t)\rangle, |B_-(z,t)\rangle\}$  of the atomic part Hamiltonian (14); see Appendix A for details. Namely, if we write the state of the system in the form

$$\begin{aligned} |\psi(z,t)\rangle &= \psi^{(d)}(z,t) |D(z,t)\rangle + \psi^{(+)}(z,t) |B_{+}(z,t)\rangle \\ &+ \psi^{(-)}(z,t) |B_{-}(z,t)\rangle, \end{aligned}$$
(24)

the Schrödinger equation for the three-component wave function  $\tilde{\psi}(z,t) = \{\psi^{(d)}(z,t), \psi^{(+)}(z,t), \psi^{(-)}(z,t)\}$  reads

$$i\hbar\frac{\partial}{\partial t}\tilde{\psi}(z,t) = \left[-\frac{\hbar^2}{2m_a}[\partial_z + \hat{A}(z,t)]^2 + \hbar\hat{E}(z,t) - i\hbar\hat{A}_t(z,t)\right]\tilde{\psi}(z,t),$$
(25)

where  $\hat{A}$  and  $\hat{A}_t$  are matrices of the spatial and temporal connections, respectively,  $(\hat{A})_{\alpha\beta} = \langle \alpha(z,t) | \partial_z | \beta(z,t) \rangle$ ,  $(\hat{A}_t)_{\alpha\beta} =$  $\langle \alpha(z,t) | \partial_t | \beta(z,t) \rangle$  with  $\alpha, \beta = D, B_{\pm}$ , and  $\hat{E}(z,t) =$ diag[0,  $E_+(z, t)$ ,  $E_-(z, t)$ ] (see Appendix A). The last term in the above equation introduces an extra coupling  $i\hbar \hat{A}_t$ between the dark and the bright channels, in addition to the coupling  $-(\hbar^2/m_a)(\hat{A}\partial_z + \partial_z \hat{A})$  from the expansion of the kinetic-energy term. Another term in this expansion,  $-(\hbar^2/2m_a)\hat{A}^2$ , gives the nonadiabatic potential  $V_{\rm na}(z,t)$ in the dark channel. With the ansatz (17) for the wave function  $\tilde{\psi}(z, t)$ , we then end up with the standard eigenvalue problem (22), (23) with the blocks  $H_{s,q}(z)$  being now determined by the Hamiltonian

$$\tilde{H}_q(z,t) = -\frac{\hbar^2}{2m_a} [\partial_z + iq + \hat{A}(z,t)]^2 + \hbar \hat{E}(z,t) - i\hbar \hat{A}_t(z,t)$$
$$= \sum_s e^{i\omega st} H_{s,q}(z).$$
(26)

In the following analysis of the stroboscopic potential painting, we apply both versions of this general scheme. In Sec. IV we approach the problem from the side of low stroboscopic frequencies  $\omega$  when couplings between the dark and the bright channels can be ignored. The approach based on the state representation (24) with the Hamiltonian (26) is then more convenient, because it allows straightforward reduction of the problem to the dark channel only and makes numerical simulations simpler. We establish the lower bound  $\omega_1$  on  $\omega$ , above which the approach based on the time-averaged potential becomes adequate. In Sec. V, we consider higher stroboscopic frequencies  $\omega$  and, using the approach (16), (20), analyze the effects of the bright states on low-energy eigenstates in the dark channel, as well as establish the upper bound  $\omega_2$  on  $\omega$ , above which the stroboscopic dynamics strongly mixes the dark and the bright channels.

## IV. DARK STATE REGIME

We first consider the case when the stroboscopic frequency  $\omega$  is much smaller that the energy gap to the bright states in the atomic  $\Lambda$  system, such that the dynamics occurs entirely within the dark state and the couplings to the bright states can be ignored. We can therefore keep only the dark state part in the decomposition (24) and in Eq. (25). Within the ansatz (17) for the dark state wave function, the term  $H_q$  in the Bloch-Floquet Hamiltonian, Eq. (19), then reads

$$H_q(z,t) = -\frac{\hbar^2}{2m_a}(\partial_z + iq)^2 + V_{\rm na}[\epsilon(t), z - z_0(t)], \quad (27)$$

where  $\epsilon(t)$  and  $z_0(t)$  correspond to the chosen stroboscopic protocol.

A time averaging of  $H_q(z, t)$  over the stroboscopic period gives the operator  $H_{0,q}(z)$  that appears on the diagonal in Eq. (23). We note that the operator  $H_{0,q}$  contains the time-averaged potential  $\overline{V}(z)$  which is periodic and, therefore, the equation  $H_{0,q}(z)u_{q,n}(z) = \epsilon_{q,n}^{(0)}u_{q,n}(z)$  determines the eigenenergies of the Bloch states in the potential  $\overline{V}(z)$  for a given quasimomentum q, where n is the Bloch band index. For a potential  $\overline{V}(z)$  which has an M times shorter period  $a = \lambda/(2M)$  than  $V_{\text{na.}}(z)$ , the Brillouin zone  $q \in$  $[-\pi/a, \pi/a] = [-kM, kM] \equiv BZ_M$  is 2M times larger than the Brillouin zone  $q \in [-\pi/\lambda, \pi/\lambda] = [-k/2, k/2] \equiv BZ$ for solutions of Eq. (18), which are  $\lambda$  periodic. The two Brillouin zones can be mapped onto each other by introducing a subband index n' = 0, 1, ..., 2M according to the rule  $\overline{q} = q + \pi n' \operatorname{sgn}(q) / \lambda = q + kn' \operatorname{sgn}(q) / 2$ , where  $\overline{q} \in \operatorname{BZ}_{\operatorname{M}}$ and  $q \in BZ$ . Figure 4(a) shows an example of such mapping for the quasienergy  $\epsilon_{a,0,0}$  in the lowest (n = 0 and k = 0)Bloch-Floquet band obtained by using protocol III for the comb potential with M = 3.

When one neglects the off-diagonal blocks in the Hamiltonian (23), the quasienergies will simply be  $\epsilon_{q,n,m}^{(0)} = \epsilon_{q,n}^{(0)} +$  $\hbar\omega m$ . Nondiagonal blocks  $H_{m,q}$ ,  $m \neq 0$  couple the bare states in different Floquet and Bloch bands via the matrix elements  $(H_{m,q})_{n_1n_2}$ . This coupling is essential when the two coupled ( $H_{m,q}$ )<sub> $n_{1n_2}$ </sub>. This coupling is essential insertion in the level are close in energy,  $\epsilon_{q,n_1,m_1}^{(0)} \approx \epsilon_{q,n_2,m_2}^{(0)} + \hbar\omega m$ , and results in the avoiding crossing with the gap  $\Delta E = 2|(H_{m,q_0})_{n_1n_2}|$ , where  $q_0$  corresponds to the resonance,  $\epsilon_{q_0,n_1,m_1}^{(0)} = \epsilon_{q_0,n_2,m_2}^{(0)} +$  $\hbar\omega m$ . For low-energy bands  $\epsilon_{q,n,0}^{(0)} = \epsilon_{q,n}^{(0)}$  of  $H_{0,q}$  (with small *n*), a level  $\epsilon_{n_1,q}^{(0)}$  with  $n_1 \sim 1$  can be significantly coupled to the level  $\epsilon_{q,n_2,m}^{(0)} = \epsilon_{n_2,q}^{(0)} + m\omega\hbar$  provided  $|\epsilon_{n_1,q}^{(0)} - \epsilon_{n_2,q}^{(0)} - \hbar\omega m| \lesssim |(H_{m,q})_{n_1n_2}|$ . In the considered case of a large driving frequency  $\hbar \omega \gg E_R$ , this takes place for m < 0 and  $n_2 \sim$  $\sqrt{m\hbar\omega/E_R} \gg 1$ , meaning the coupling to the states in the high bands where  $\epsilon_{q,n}^{(0)}$  generically changes rapidly with q. As a result, the range  $\delta q$  of the quasimomentum where the coupling is important can be estimated as  $\delta q \sim (H_{m,q})_{n_1n_2}/v_{n_2}(q)$ , where  $v_{n_2}(q) = d\epsilon_{n_2,q}^{(0)}/dq$  is the group velocity in the band  $\epsilon_{n_2,q}^{(0)}$ at the resonant quasimomentum. Keeping in mind that the matrix elements  $(H_{m,q})_{n_1n_2}$  decay fast with  $|n_2 - n_1| \sim \sqrt{\omega}$ , we conclude that the low-energy part of the coupled band structure is given by the bands of  $\overline{V}$  with avoided crossings whose widths decay with  $\omega$ ; see Fig. 4.

To support this picture, we performed numerical simulations of the the Floquet problem for all three protocols



FIG. 4. Panel (a) shows the lowest band for the potential  $\bar{V}(z)$  with  $\epsilon_0 = 1/15$  (see text) in the full Brillouin zone BZ<sub>M</sub> =  $\left[-2M\pi/\lambda, 2M\pi/\lambda\right]$  (left) and in the folded Brillouin zone (right). The lowest band for driving frequencies  $\hbar\omega/(2\pi E_R) = 50$  (b), 250 (c), and 5000 (d), with visible avoided crossings for the smallest and for the intermediate  $\omega$ . The dependence of the quasienergies  $\epsilon_{a,0,0}$  for  $\bar{q} = 0, \pi/3\lambda, \dots, 5\pi/3\lambda$  (q = 0 in the folded picture) on the driving frequency  $\omega$  for the comb potential painted with protocol III (e), and for the smooth potential from Eq. (11) painted with protocols I (f) and II (g) (see text). Panel (h) shows the maximal width of the avoided crossing  $\Delta E$  in the lowest band as a function of  $\omega$ : Black crosses are for protocol III, red squares and blue triangles for protocols I and II, respectively. The parameters are the same as in (e)-(g). Panel (i) compares the dependence of the size  $\Delta E$  of the avoided crossings on the height of the potential, which is encoded in the ratio of the lowest band gap  $\Delta E_{12}$  and the width of the lowest band  $\Delta E_1$ , for different protocols (see text). Triangles refer to protocol I (solid line for  $\omega = 2\pi \times 22E_R/\hbar$  and dashed for  $\omega = 2\pi \times 13E_R/\hbar$ ), rectangles to protocol II (solid for  $\omega = 2\pi \times 62.5 E_R/\hbar$ , dashed for  $\omega = 2\pi \times 22.7 E_R/\hbar$ , and dash-dotted for  $\omega = 2\pi \times 16.1 E_R/\hbar$ ), and crosses to protocol III (solid for  $\omega = 2\pi \times 910 E_R/\hbar$  and dashed for  $\omega = 2\pi \times 161 E_R/\hbar).$ 

considered above. For this purpose we truncate the matrix in Eq. (23) up to  $|m| \leq 10$  and  $|n_z| < 300$  spatial Fourier components in the decomposition of the eigenvectors  $\mathbf{u}_{q,n,k}(z) =$  $\sum_{n_z} \mathbf{u}_{q,n,k}(n_z) \exp(ikn_z z)$  (we have checked that increasing these cutoffs to larger values does not change the results), and use the SciPy Python library [14] to compute the eigenvalues. Figures 4(b)–4(d) show the results for the quasienergy  $\epsilon_{q,0,0}$  in the first Bloch-Floquet band (in the folded Brillouin-zone picture) for the comb potential with  $\epsilon_0 = 1/15$  and M = 3, calculated using protocol III (see details in Appendix B) for driving frequencies  $\hbar\omega/E_R = 2\pi \times 50$ ,  $2\pi \times 250$ , and  $2\pi \times 5000$ , respectively. For the smallest driving frequency, the couplings to high bands disrupt the band structure almost completely. With increasing the driving frequency to the intermediate value, the effect of the couplings decreases drastically but is still visible, and for the largest  $\omega$  the lowest band looks practically perfect, with only a few extremely narrow avoided crossing regions (see however the discussion of the effects of the couplings to the bright states in Sec. V). The calculated parameters of the low-energy band structure in this case are max V(z) = $63E_R$ , bandwidth of the lowest band of  $\Delta E_1 \approx 5.3E_R$ , and the band gap to the next band  $\Delta E_{12} \approx 8.7 E_R$ , such that  $\Delta E_{12}/$  $\Delta E_1 \approx 1.64.$ 

The band structures calculated for the potential in Eq. (11) with M = 3 painted by using protocols I and II show the same features with only some minor quantitative differences. To compare different protocols, we chose the value of the amplitude V in Eq. (11) to be  $V = 17.2E_R$  for protocol I and  $V = 18.2E_R$  for protocol II ( $W = 3E_R$  in both cases). With these values, for both protocols we obtain  $\Delta E_1 = 5.3E_R$  for the width of the lowest band and  $\Delta E_{12} = 8.8E_R$  for the gap between the lowest bands, such that the ratio  $\Delta E_{12}/\Delta E_1 \approx 1.66$  is almost the same as in the above case of the comb potential with M = 3 painted with protocol III.

The results of the three protocols are compared in Figs. 4(e)-4(g) where we present the dependence of the lowest band quasienergy  $\epsilon_{q,0,0}$  for the quasimomenta  $\bar{q} = 0$ ,  $\pi/3\lambda, \ldots, 5\pi/3\lambda$  (corresponding to the folded quasimomentum q = 0) on the driving frequency  $\omega$  for protocols III, I, and II, respectively. For each  $\omega$  we have six values of  $\epsilon_{q,0,0}$ immersed in the background of the quasienergies from other Floquet bands, which show a complicated avoided crossing structure for small  $\omega$  but form a continuous lines (two middle ones are double degenerate) when  $\omega$  increases and the description in terms of the averaged potential  $\bar{V}(z)$  becomes accurate. We see that in the case of the comb potential [Fig. 4(e)], the region of significant avoided crossings extends to much high driving frequencies as compared to the cases of the smooth potential [Figs. 4(f) and 4(g)]. This is a result of a much slower decay of the Fourier components, both in frequency and in momentum spaces, of the  $V_{na}(z, t)$  in this case.

To compare the avoided crossings for different protocols quantitatively, we consider those values of  $\omega$  when the avoided crossing takes place for  $\bar{q} = 0$  (at the bottom of the Bloch band). The corresponding avoided crossing gaps  $\Delta E$  for these values of  $\omega$  are plotted in Fig. 4(h) for all three protocols, showing that the gaps  $\Delta E$  for the smooth protocols I and II are generically much smaller than that for protocol III, and vanishes much faster with increasing  $\omega$ . In Fig. 4(i) we present for several values of  $\omega$  and different painting protocols the dependence of the maximal  $\Delta E$  across the lowest band on the ratio  $\Delta E_{12}/\Delta E_1$  which is mostly determined by the height of the painted potential. To obtain this dependence, we scan the parameters used for painting ( $\epsilon_0$  for protocol III and both V and W for protocols I and II) such that the painted potentials have band structures with the ratio  $\Delta E_{12}/\Delta E_1$  in the range 1–20. The values of the stroboscopic frequency  $\omega$  are chosen in the range where the values of  $\Delta E$  are between a fraction of  $E_R$  and a few  $E_R$ . For the smooth protocols I and II this results in the values of  $\omega$  between  $2\pi \times 13E_R/\hbar$  and  $2\pi \times 67.5E_R/\hbar$ , and between  $2\pi \times 161 E_R/\hbar$  and  $2\pi \times 552 E_R/\hbar$  for potential III. Again we see that the painting of a comb potential is generically much more demanding to the value of the stroboscopic frequency  $\omega$ , in order to produce the lowest band of the same "quality." Note that the growth of  $\Delta E$  with  $\Delta E_{12}/\Delta E_1$ for a fixed  $\omega$ , which is clearly seen in Fig. 4(i), is mostly related to the increase of the coupling matrix element  $(H_{1,q})_{0n_2}$ which couples the lowest Bloch band with the high ones.

#### V. BRIGHT STATES' EFFECTS

From the results of the previous section we see that the stroboscopic approach in the single-channel (dark-state) approximation becomes increasingly accurate with increasing the driving frequency  $\omega$ . However, one would expect that for  $\omega$  of the order of the gap between the dark and the bright states (actually, much earlier due to higher Fourier components; see below), couplings to the bright states become important and, therefore, the single-channel approach of the previous section fails. Another effect of the bright states which shows up before the driving frequency becomes comparable to the gap is the appearance of significant imaginary parts for the quasienergies in the lowest dark-state band in the regions of avoided crossing. These imaginary parts are much larger than one would expect on the basis of the direct coupling between the states in the lowest dark-state band and the bright states [3]. They originate from the large imaginary parts for the quasienergies of the states in the high-energy dark-state band (having much higher energy, they are stronger coupled to the bright states) which strongly coupled to the states in the lowest dark-state band in the avoided crossing regions.

To take the bright states into account, we consider the Floquet problem with the Hamiltonian (23), where the Floquet blocks  $H_{s,q}(z)$  are determined by the full Hamiltonian (14). For our numerical calculations we consider the cases of a smooth and of a comb potential, both with the spatial period  $\lambda/6$  (M = 3). The smooth potential is taken in the form (11) with  $W = 3E_R$  and  $V = 15E_R$ , and for its painting we use protocol II with  $\epsilon_0 = 0.06$ . In painting the comb potential according to protocol III, we take  $\epsilon_0 = 0.2$  (see below) and fix the maximal value of  $\Omega_c(z, t)$  to  $2 \times 10^6 E_R/\hbar$  (see also Appendix B) which corresponds to  $\Omega_p = 4 \times 10^5 E_R/\hbar$ .

The Floquet-Bloch Hamiltonian  $\hat{\mathcal{H}}_q$ , Eq. (23), is truncated to  $|m| \leq 300$  and  $|n_k| < 300$  (we get similar results with twice larger cutoffs), and in calculating its matrix elements we use two-dimensional (2D) discrete Fourier transform and keep only terms which are larger than  $10^{-6} \max_{i,j} |(\mathcal{H}_q)_{i,j}|$ . This gives ~100 nonzero entries per row for protocol II and 604 for protocol III in the 1 083 603×1 083 603 matrix. By



FIG. 5. Low-energy Bloch-Floquet eigenenergies calculated using Eqs. (23) and (14) for the smooth potential Eq. (11) with  $W = 3E_R$  and  $V = 15E_R$ , painted using protocol II. Panel (a) shows real part  $\text{Re}\epsilon_{q,0,0}$  of the quasienergies, with black dots used for the states in the lowest Bloch-Floquet band and gray dots for all others. In panel (b) we indicate also the imaginary part  $\text{Im}\epsilon_{q,0,0}$ of the quasienergies in the lowest band by the shaded region with boundaries  $\text{Re}\epsilon_{q,0,0} \pm \text{Im}\epsilon_{q,0,0}$ . The data in both panels are for  $\omega = 2\pi \times 30E_R/\hbar$  and  $\Omega_c = 2 \times 10^6 E_R$  ( $\epsilon_0 = 0.06$ ). The width of the excited atomic state  $|e\rangle$  is  $\Gamma = 300E_R$ .

using Sparse diagonalization routines from Python's SciPy library [14], we extract 30 eigenvalues which are the closest to the lowest dark-state band in the m = 0 Floquet block.

Figure 5(a) shows the real parts of the quasienergies in the lowest band for the case of the smooth potential painted with the driving frequency  $\omega = 2\pi \times 30 E_R/\hbar$  which is well below the gap  $\Omega_p/2 = 6.7 \times 10^4 E_R/\hbar$  to the bright state, such that direct couplings between dark states in the lowest band and bright states are very small. We see a well-defined band with few avoided crossings due to couplings to the states in the high dark-state bands. This band is immersed into the background of other quasienergies which we plot only if the corresponding eigenstates have an overlap of more than 0.7 with the eigenstates  $\psi_{q,n,0}^{(d)}$  calculated for the dark channel only (see previous section) in the limit  $\omega \to \infty$  (with the time averaged potential). In Fig. 5(b) we show the corresponding imaginary part which is generically very small due to small couplings to the bright states (see [3,5]), except for several regions with avoided crossings. As it was pointed out before, these large imaginary parts are due to large imaginary parts of the admixed high-energy dark states from different Floquet blocks, which are strongly coupled to decaying bright states.

In Fig. 6 we present the quasienergies for q = 0 as a function of driving frequency  $\omega$  for the smooth case with protocol II [panels (a) and (b)] and for the comb case with protocol III [panel (c)]. The black points mark quasienergies in the lowest Floquet block, which correspond to the eigenstates with an overlap of at least 0.99 with the dark channel eigenstates  $\psi_{q,n,0}^{(d)}$ . Other quasienergies are gray points and form a background. In the region of small  $\omega$ , we recover the same behavior as in Figs. 4(e)-4(g) with formation of a well-defined



FIG. 6. Low-energy Bloch-Floquet eigenenergies for quasimomenta  $\bar{q} = 0, \pi/3\lambda, \ldots, 5\pi/3\lambda$  (q = 0 in the folded picture) as a function of the driving frequency  $\omega$ , calculated on the basis of Eqs. (23) and (25) (see text). Panels (a) and (b) show real parts of the quasienergies when protocol II is used with  $\Omega_c = 2 \times 10^6 E_R/\hbar$  and  $\Omega_c = 1.5 \times 10^6 E_R/\hbar$ , respectively ( $\epsilon_0 = 0.06$  in both cases) for painting the smooth potential given by Eq. (11) with  $W = 3E_R$ ,  $V = 15E_R$ , and M = 3. Panel (c) is for the comb potential with M = 3 painted with protocol III when  $\epsilon_0 = 0.2$  and  $\max_z \Omega_c = 2 \times 10^6 E_R/\hbar$ , where we also indicate the imaginary parts for the states in the lowest Bloch-Floquet band by the shaded region with boundaries  $\operatorname{Re}_{q,0,0} \pm \operatorname{Im}_{e_q,0,0}$ , calculated for  $\Gamma = 300E_R$ .

dark-state Bloch band for the driving frequencies  $\omega$  larger than some typical value  $\omega_1$ . For the entire system, however, with increasing  $\omega$ , the dark-state band structure terminates at some value  $\omega_2$  due to strong coupling to the bright states, when also substantial imaginary parts appear [see Fig. 6(c); similar behavior is also present for the cases in panels (a) and (b) but is not shown]. The value of  $\omega_2$  is related to the gap  $\Omega_p/2$  as it is demonstrated in Figs. 6(a) and 6(b) which corresponds to the same  $\epsilon_0 = 0.06$  but different  $\Omega_c$  and, therefore, different  $\Omega_p$ :  $\Omega_p = 1.2 \times 10^5 E_R/\hbar$  for  $\Omega_c = 2 \times 10^6 E_R/\hbar$ and  $\Omega_p = 9 \times 10^4 E_R/\hbar$  for  $\Omega_c = 1.5 \times 10^6 E_R/\hbar$ , respectively. Note, however, that  $\omega_2$  is typically two orders of magnitude smaller than the gap  $\Omega_p/2$ , indicating the importance of higher Fourier components  $m\omega$  in the couplings to the bright states. We mention also that in the case of protocol III, Fig. 5(c), the chosen value  $\epsilon_0 = 0.2$  results in a rather shallow comb potential with the height  $\sim 7E_R$ . This, together with rapid change of  $\Omega_c(z, t)$  in time and space and, hence, the presence of high Fourier components, results in a stronger coupling to the bright states for this protocol. Note that, if for protocol III we decrease  $\epsilon_0$  without increasing max<sub>z</sub> $\Omega_c(z)$ , the result will be the decrease of the gap  $\Omega_p/2$  to the bright states, and, as a consequence, the destruction of the low-energy bands in the dark channel. Taking smaller values of  $\epsilon_0$  would therefore require considering much high values of  $\Omega_c$  which is problematic for numerical simulations.

The above examples show that the stroboscopic painting of a smooth potential requires less restrictive conditions on the Rabi frequencies  $\Omega_c$  and  $\Omega_p$  to ensure the existence of an intermediate driving frequency regime where the description based on the dark-state channel with a time-averaged potential is legitimate. This is, of course, related to the fact that the smoother the function, the faster high Fourier components decay. Therefore, for a rapidly varying potential one needs a much larger gap to the bright states, as compared to a smooth potential, in order to minimize their effect on the low-energy states in the dark channel.

### VI. BLOCH OSCILLATIONS

As we have seen in the previous section, the low-energy band structure of the painted potentials has a number of avoided crossings due to coupling to states in high-energy bands. For an evolving state in the lowest band, these avoided crossings result in a "leakage" into higher-energy states each time the evolving state passes through them. Intuitively, the faster the speed at which the state passes through the avoided crossing, the smaller the fraction transferred into the higher bands. On the other hand, applying too strong forces in order to speed up the dynamics can also introduce transitions into higher bands. We address these effects below by considering Bloch oscillations in the lowest band. Our consideration will be limited to the dark-state channel, and the effects of the bright states will be discussed at the end of the section.

To initiate the Bloch oscillations, we apply a constant force F which corresponds to a linear potential -Fz added to the Hamiltonian. This force results in an evolution of the quasimomentum  $q(t) = q_i + Ft/\hbar$  which, starting from an initial value  $q_i$ , winds around the Brillouin zone after the Bloch oscillation period  $\tau_B$ ,  $q(\tau_B) = q_i + 2\pi/\lambda$  with  $\tau_B = 2\pi\hbar/(F\lambda) =$  $\hbar k/F$ . As an initial state  $|\psi_i\rangle$  we take a state with a quasimomentum  $q_i$  in the lowest Bloch-Floquet band, and apply the time-evolution operator  $\mathcal{T} \exp \left[i/\hbar \int (H_{q(t)} - Fz)dt\right]$ during time  $\tau_B$  with  $H_q$  from Eq. (27). The resulting final states  $|\psi_f\rangle$  of the system is then compared with the initial one by calculating the fidelity  $\mathcal{F} = |\langle \psi_i | \psi_f \rangle|$ . The decrease of  $\mathcal{F}$  from its maximal value 1 determines the loss into higher bands. For our numerical simulations we use protocol III to paint a comb potential with M = 3 peaks per length  $a = \lambda/2$ and  $\epsilon_0 = 1/15$ . We choose this protocol because it results in the most prominent avoided-crossing structure in the lowest band among the three considered protocols. The calculation of the time evolution operator is performed by the Lanczos algorithm implemented with adaptive time steps.



FIG. 7. The overlap of initial Bloch state  $\psi_i$  on the final state, after one period of the Bloch oscillations. Panel (a) shows such fidelity  $\mathcal{F} = |\langle \psi_i | \psi_f \rangle|$  in the case of evolution in tilted time-averaged potential  $\bar{V}$ , i.e., no avoided crossings present,  $\omega \to \infty$  limit in the dark state channel. Drop of the fidelity for  $\tilde{F} > \tilde{F}_0$  due to population of higher Bloch bands. Panel (b) shows  $\mathcal{F}$  computed for the dark state Floquet Hamiltonian, for the comb potential  $\epsilon_0 = 2/30, N = 3$  with M = 5 Floquet blocks for several values of projection frequency  $\omega$ . For  $\omega \to \infty$  limit from (a) is recovered. For finite  $\omega$  the fidelity is maximized for the moderate tilt of the lattice  $\tilde{F}$ . For  $\tilde{F} \to 0$  the state follows adiabatically any avoided crossing, for  $\tilde{F} \to \infty$  population is spread to higher Bloch bands.

Let us first establish the upper bound on the force F. For this purpose we consider the limit  $\omega \to \infty$  when the Hamiltonian  $H_q$  contains the time-averaged potential  $\bar{V}(z)$ and no avoided crossings are present in the band structure. Figure 7(a) shows the fidelity  $\mathcal{F}$  for this case as a function of the dimensionless force  $\tilde{F} = F/(kE_R) = \hbar/(\tau_B E_R)$ . We see that the fidelity  $\mathcal{F}$  shows a noticeable decrease for  $\tilde{F} \ge \tilde{F}_0 \sim 1$ due to interband transitions, when the change of the potential energy caused by the force F over the lattice period,  $\Delta E \sim$  $F\lambda$ , becomes of the order of the gap between the lowest and the next Bloch bands. We therefore obtain the condition  $F < kE_R$  which sets the upper bound on the force F and ensures the absence of the interband transitions in the case of no avoided crossings.

For a finite stroboscopic frequency  $\omega$ , we perform our calculations using the Floquet scheme with the Hamiltonian (27). In these calculations, for each set of parameters we chose an initial quasimomentum  $q_i$  to be far away from any avoided crossing. The calculated dependence of the fidelity  $\mathcal{F}$  on the dimensionless force  $\tilde{F}$  is shown in Fig. 7(b) for different  $\omega$ . As in Fig. 7(a), we see a decrease of  $\mathcal{F}$  for  $\tilde{F} > 1$  for all  $\omega$  due to interband transitions. The behavior of the fidelity for  $\tilde{F} < 1$  strongly depends on the the value of  $\omega$ . For the highest considered frequency  $\omega = 2\pi \times 10^3 E_R/\hbar$ , the fidelity  $\mathcal F$  remains very close to unity even for very small values of the force  $\tilde{F}$ , while we see a strong decrease of the fidelity with decreasing F for smaller values of  $\omega$ . This behavior is related to the  $\omega$  dependence of the widths of the avoided crossing regions, which grow with decreasing  $\omega$  [see discussion in Sec. IV and Fig. 4(h)]. As a result, the higher the stroboscopic frequency  $\omega$ , the more diabatic is the traverse through the avoided crossing region for a given force  $\tilde{F}$ .

A more quantitative picture can be obtained on the basis of the Landau-Zener expression for the probability of nonadiabatic passage during a linear sweep through a single avoided crossing [15],

$$P = \exp(-2\pi\Gamma), \quad \Gamma = \frac{|\Delta E/2|^2}{\alpha\hbar}, \quad (28)$$

where  $\Delta E$  is the minimal energy difference (twice the coupling matrix element) in the avoided crossing and  $\alpha$  is the speed with which the energy difference between the crossing levels changes during the sweep. To estimate  $\alpha$  we assume that the avoided crossing takes place at some quasimomentum  $q_*$ , when two states, one in the lowest band (n = 0) and one in the high-energy band  $(n_1 \gg 1)$ , are at resonance,  $\epsilon_{q_*,n_1,0}^{(0)} - \epsilon_{q_*,0,0}^{(0)} = \hbar \omega$ , where we consider the Floquet resonance with m = 1 because it results in the strongest coupling matrix element. For the dispersion  $\epsilon_{q,n_1,0}^{(0)}$  in the high-energy band we can assume a quadratic in form  $\epsilon_{q,n_1,0}^{(0)} \approx \hbar^2(q + 2kMn_1)^2/2m$  and, therefore, for the group velocity at  $q = q_*$  we obtain  $v_{n_1}(q_*) = d\epsilon_{q_*,n_1,0}/dq \approx \hbar \sqrt{2\hbar\omega/m}$ . As a result, the energy difference between the crossing levels during the sweep can be written as  $\Delta \epsilon(q) = \epsilon_{q,n_1,0}^{(0)} - \hbar \omega \approx \epsilon_{q,n_1,0}^{(0)} - \hbar \omega \approx v_{n_1}(q_*)(q - q_*)$  for  $q \approx q_*$ , and for the speed  $\alpha$  we obtain  $\alpha = v_{n_1}(q_*)F/\hbar = F\sqrt{2\hbar\omega/m}$ . The expression for  $\Gamma$  can now be written in the form

$$\Gamma = \frac{|\Delta E|^2}{\hbar F \sqrt{2\hbar\omega/m}} = \left| \frac{(H_{1,q_*})_{0,n_1}}{E_R} \right|^2 \frac{1}{2\tilde{F}\sqrt{\hbar\omega/E_R}}, \quad (29)$$

and we see that a substantial adiabatic passage through the avoided crossing and, therefore, strong loss into high bands, occurs when  $\tilde{F} \leq \tilde{f}_0 \sim [(H_{1,q_*})_{0,n_1}/E_R]^2 \sqrt{E_R/\hbar\omega}$ . The value of  $\tilde{f}_0$  decreases rapidly with increasing  $\omega$ , also due to the decrease of the coupling matrix element  $(H_{1,q_*})_{0,n_1}$  for large  $n_1 \sim \sqrt{\omega}$ , in accordance with Fig. 7(b).

Let us now briefly discuss the effects of the bright channels. It is clear that the above consideration of the Bloch oscillations makes sense only when the couplings to the bright channels are small such that the dark-channel low-energy bands are well defined, that is for  $\omega$  much less than the gap to the bright states. In this case, the effect of the bright states can be taken into account by introducing an effective overall decay rate  $\Gamma_{\rm eff}(\omega)$  which is an averaged (over the Brillouin zone) decay rate of the states in the lowest-energy Bloch band in the dark channel; see Fig. 5(b). The fidelity  $\mathcal{F}$  gets then an extra factor  $\exp[-\Gamma_{\text{eff}}(\omega)\tau_B]$  reflecting a finite lifetime of the states in the dark channel. Note that the quantity  $\Gamma_{\rm eff}(\omega)$  can be computed within the three-channel calculations from Sec. V, similar to the approach used in [5] for describing an effective loss rate in the experiments with a static comb potential implemented using an atomic  $\Lambda$  scheme.

### VII. LOADING PROTOCOL

We now describe protocols for loading atoms into the lowest band of a painted potential. We consider a smooth and a comb potential painted with protocols II and III, respectively, both with M = 3. In both cases we start with an atom described by the Hamiltonian (2) with  $\Omega_c=0$  but  $\Omega_p\neq 0$  in the presence of an additional far-off-resonance optical potential

$$V_L(z) = V_0 \cos^2(kz),$$
 (30)



FIG. 8. Steps of the protocol for loading an atom into the lowest band of the time-averaged potential  $\bar{V}(z)$  from Eq. (11). Each panel shows the time-averaged potential on the left part and the corresponding band structure on the right part. Panel (a) shows the beginning of the loading, when the atom is in the lowest band of the auxiliary time-independent optical lattice potential  $V_L(z)$ , and also the end of the first step if all plots are shifted up in energy by W. During the second step we slowly switch  $V_L(z)$  off together with switching on the amplitude V in the painted potential. An intermediate moment of the second step is presented in (b), and the final moment in (c) (see text).

which is assumed to act equally on all three atomic states involved in the  $\Lambda$  scheme (in our calculations we use the value  $V_0 = 10E_R$ ). Initially, the atom is in the dark state  $|D(z,t)\rangle = |g_1\rangle$  and its motional state is in the lowest Bloch band of the potential  $V_L(z)$ . Note that  $V_{na} = 0$  in this  $\Lambda$  scheme configuration. Another important thing to keep in mind is that the probe Rabi frequency  $\Omega_p$  remain constant during the entire loading procedure, providing a nonzero gap between the dark and the bright channels.

Let us first discuss a two-step loading into the smooth potential  $V_W(z)$ , Eq. (11), with M=3,  $V=15E_R$ , and  $W=3E_R$ , painted with protocol II; see Sec. II B. The initial potential  $V_L(z)$  and the corresponding three lowest Bloch bands are shown in Fig. 8(a). In a first step, we gradually increase the amplitude  $\Omega_c$  of the "moving" control Rabi frequency  $\Omega_c \sin\{k[z-z_0(t)]\}$  with  $z_0(t) = v_0t = \lambda t/T$  to the value



FIG. 9. Loading protocol for painted comb potential. Each panel shows the time-averaged potential  $\bar{V}(z)$  in the left upper part, the time dependence of the Rabi frequencies  $\Omega_p$  and  $\Omega_c$  in the left lower part, and the lowest energy bands of  $\bar{V}(z)$  in the right part. Panel (a) corresponds the end of the first step when the auxiliary optical potential  $V_L(z)$  is switched off and the control Rabi frequency in the form of a standing wave  $\Omega_c^0(z) = \Omega_c^0 \sin(kz)$  with time-independent amplitude  $\Omega_c^{(0)}$  is on. In (b) we present the end of the second step when the timedependent amplitude  $\Omega_{c,1}(t)$  of the control Rabi frequency generates only the first flash in the sequence of flashes in the painting protocol III. Panels (c) and (d) show some intermediate and final moments of step 3, respectively. During this step we gradually recover the entire sequence of flashes of the painting protocol (see text).

 $\Omega_{cW}$  such that the painted part of the potential is equal to the offset W of the desired potential  $V_W(z)$ . The total (averaged) potential at this stage is  $\overline{V}(z) = V_L(z) + W$  and the corresponding band structures are similar to those in Fig. 8(a) but shifted upwards in energy by W. In the second step, we slowly decrease  $V_0$  to zero [say, as  $V_0(t) = V_0(1 - t/\tau)$ with  $\tau \gg T$ ] and increase  $\Omega_c$  to its final value  $\Omega_{cV} = \Omega_p/\epsilon_0$  with  $\epsilon_0 = W + V/2$  [say,  $\Omega_c(t) = \Omega_{cW}(1 - t/\tau) + \Omega_{cV}t/\tau$ ], together with the corresponding adjustment of the velocity  $dz_0(t)/dt$  from  $v_0$  to v(z) from Eq. (6). The time-averaged potential and the corresponding low-energy band structure at some intermediate time and at the end  $(t = \tau)$  of this stage are shown in Figs. 8(b) and 8(c), respectively. We see that during this loading protocol, the three lowest bands of the initial potential  $V_L(z)$  merge together and form the lowest band of the final potential (11), while all other bands are kept separated by a finite energy gap, ensuring the transfer of the atom into the final lowest band.

The loading procedure into the painted comb potential is similar and has three steps. First, as in Ref. [5], we slowly decrease  $V_0$  to zero and simultaneously ramp up the control Rabi frequency to  $\Omega_c^0(z) = \Omega_c^0 \sin(kz)$  with  $\Omega_c^0 = \Omega_p/\epsilon_0$ , where  $\epsilon_0$  determines the maximal value  $E_R/\epsilon_0^2$  of the  $V_{\rm na}(z,t)$ used for the painting; see Sec. II C. An atom which initially was in the lowest band of  $V_0(z)$  is now loaded into the lowest band of the time-independent potential  $V_{na}(z)$ , Eq. (4), with  $z_0 = 0$ ; see Fig. 9(a). During the next step we gradually introduce a periodic time dependence with period  $T = 2\pi/\omega$ of the control Rabi frequency,  $\Omega_c^0 \to \Omega_{c,1}(t)$ , where  $\Omega_{c,1}(t)$ [see Fig. 9(b)] reproduces only the first flash in the painting protocol as discussed in Sec. IIC and shown in Fig. 3. At the end of this step, the time averaged potential is simply  $V_{na}(z)$ scaled down by a factor  $\approx 1/M$  ( $\approx 1/3$  in the considered case) with the corresponding modification of the band structure. In the final step we quickly switch on the motion of the potential peaks  $z_0(t)$  according to protocol III, see Fig. 3(c), and then adiabatically increase the amplitude of the "missing" M - 1flashes in the painting protocol to their final value by changing the time dependence of  $\Omega_c(t)$  such that it acquires increasing nonzero values during the times of missing flashes,  $\Omega_{c,1}(t) \rightarrow$  $\tilde{\Omega}_c(t) = \Omega_{c,1}(t)(1-t/\tau) + \Omega_c(t)t/\tau$  with  $\tau \gg T$ . [Note that switching on  $z_0(t)$  at the beginning of this step does not affect the potential  $V_{na}(z,t)$  because  $z_0(t) \neq \overline{0}$  when  $\Omega_{c,1}(t) = 0.$ ] The corresponding time-averaged potentials  $\overline{V}(z)$ , time dependence of  $\Omega_c(t)$ , and the low-energy band structures are presented in Figs. 9(c) and 9(d) during and at the end of this step, respectively. As in the case of the loading into the smooth potential, the three lowest energy bands of  $V_0(z)$  are merged into a single band of the painted potential after the loading protocol, and all higher bands always kept separated by a finite gap.

## VIII. CONCLUDING REMARKS

We have demonstrated that the subwavelength high optical potential peaks created within an atomic  $\Lambda$  system can be used for stroboscopic painting of optical potentials which changes on a subwavelength scale, both in a smooth or in a sharp way. In contrast to usual stroboscopic engineering of atomic Hamiltonians (see, for example, [11–13]), which becomes progressively accurate with increasing the stroboscopic frequency  $\omega$ , the usage of the atomic  $\Lambda$  scheme for generating the subwavelength painting element introduces an upper limit for the stroboscopic frequency, when bright states inevitable present in the  $\Lambda$  scheme become strongly coupled to the states in the dark channel during stroboscopic dynamics. As a result, the choice of  $\omega$  is a compromise between the accuracy

of painting (as well as of the widths of avoided crossings) and the involvement of the bright channels, which limits the lifetime of the system. When drawing a smooth potential, the range of available stroboscopic frequencies  $\omega$  is generally broader than for the rapidly changing potential because of a faster decay of high frequency Fourier components of the time-dependent drawing potential. In principle, the upper limit on  $\omega$  can be pushed to higher values by increasing the gap (given by the control Rabi frequency  $\Omega_p$ ) to the bright states, but, to keep the same painting spatial resolution, this would also require higher control Rabi frequencies  $\Omega_c$  which could be very challenging in practice.

As a final remark, the proposed method can be used not only for painting static potentials. One can also think of generating slowly time varying potentials with subwavelength resolution, and using them for manipulations of atomic systems. Examples of such manipulations could be splitting of a potential well into two wells by raising a subwavelength barrier, or merging two potential wells by decreasing the barrier between them. As compared with the standard usage (see, for example, [16–18]) of optical superlattices for such operations, our method provides much more flexibility in spatial design of the potential barriers and wells.

*Note added in proof.* We note that related and complementary work is being pursued by Subhankar *et al.* [19].

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## APPENDIX A: BORN-OPPENHEIMER DESCRIPTION OF A SYSTEM

In the rotating wave approximation, the single-particle Hamiltonian describing one-dimensional motion of an atom in the  $\Lambda$  configuration in Fig. 1 as discussed in the main text has the form

$$H = H_{kin} + H_{\Lambda}(z, t) \tag{A1}$$

$$= -\frac{\hbar^2}{2m_a}\partial_z^2 + \hbar \begin{pmatrix} 0 & \Omega_c(z,t)/2 & 0\\ \Omega_c(z,t)/2 & -\Delta - i\Gamma/2 & \Omega_p/2\\ 0 & \Omega_p/2 & 0 \end{pmatrix},$$
(A2)

where  $\Delta$  indicates the detuning of both Rabi frequencies  $\Omega_c$  and  $\Omega_p$  from the excited state  $|e\rangle$  with loss rate  $\Gamma$  due to spontaneous emission. In the Born-Oppenheimer (BO) approximation, one neglects the kinetic energy such that the right eigenvectors of H are determined by the atomic Hamiltonian  $H_{\Lambda}$ , which are the position- and time-dependent dark state [3] (we prefer to use here different notations),

$$|D(z,t)\rangle = \frac{-\Omega_p |g_1\rangle + \Omega_c(z,t)|g_2\rangle}{E(z,t)}$$

with zero eigenenergy,  $E(z, t) = \sqrt{\Omega_c(z, t)^2 + \Omega_p^2}$ , and two bright states,

$$|B_{\pm}(z,t)\rangle = \frac{\Omega_c(z,t)|g_1\rangle + 2E_{\pm}(z,t)|e\rangle + \Omega_p|g_2\rangle}{\mathscr{E}_{\pm}(z,t)},$$

where  $\mathscr{E}_{\pm}(z,t) = \sqrt{E(z,t)^2 + 4E_{\pm}(z,t)^2}$  with local eigenenergies

$$\hbar E_{\pm}(z,t) = \frac{\hbar}{2} \left[ -\tilde{\Delta} \pm \sqrt{\tilde{\Delta}^2 + E^2(z,t)} \right], \quad \tilde{\Delta} = \Delta + i\Gamma/2.$$
(A3)

The corresponding left eigenstates of  $H_{\Lambda}$ , which form a biorthogonal system with the above right eigenstates,  $\langle \alpha(z,t) | \beta(z,t) \rangle = \delta_{\alpha\beta}$ , are

$$\begin{aligned} \langle D(z,t) | &= \frac{-\Omega_p \langle g_1 | + \Omega_c(z,t) \langle g_2 |}{E(z,t)}, \\ \langle B_{\pm}(z,t) | &= \frac{\Omega_c(z,t) \langle g_1 | + 2E_{\pm}(z,t) \langle e | + \Omega_p \langle g_2 |}{\mathscr{E}_{\pm}(z,t)}. \end{aligned}$$

The BO local eigenbasis  $\{|D(z,t)\rangle, |B_+(z,t)\rangle, |B_-(z,t)\rangle\} \equiv \{|\alpha(z,t)\rangle\}$  can be used for expansion of an arbitrary atomic state,  $|\psi(z,t)\rangle = \sum_{\alpha=D,B_{\pm}} \psi^{(\alpha)}(z,t)|\alpha(z,t)\rangle$ , and the Hamiltonian for the wave functions  $\{\psi^{(\alpha)}(z,t)\}$ , obtained from the Schrödinger equation  $i\hbar\partial_t|\psi(z,t)\rangle = H|\psi(z,t)\rangle$  with the Hamiltonian *H* from Eq. (A2), reads

$$H_{BO}(z,t) = -\frac{\hbar^2}{2m} [\partial_z + \hat{A}(z,t)]^2 + \hbar \hat{E}(z,t) - i\hbar \hat{A}_t(z,t),$$
(A4)

where the matrix  $\hat{A}(z,t)$  has matrix elements  $\hat{A}_{\alpha\beta}(z,t) = \langle \alpha(z,t) | \partial_z | \beta(z,t) \rangle$ ,  $\hat{E}(z,t)$  is the diagonal matrix of BO local eigenenergies,  $\hat{E}(z,t) = \text{diag}[0, E_+(z,t), E_-(z,t)]$ , and the matrix elements of  $\hat{A}_t(z,t)$  are  $\hat{A}_{t,\alpha\beta}(z,t) = \langle \alpha(z,t) | \partial_t | \beta(z,t) \rangle$ . Explicitly, the matrices  $\hat{A}(z,t)$  and  $\hat{A}_t(z,t)$  are given by

 $\hat{A}(z,t)$ 

$$= \frac{\Omega_p \partial_z \Omega_c(z,t)}{E(z,t)} \begin{pmatrix} 0 & -\mathcal{E}_+^{-1}(z,t) & -\mathcal{E}_-^{-1}(z,t) \\ \mathcal{E}_+^{-1}(z,t) & 0 & D(z,t) \\ \mathcal{E}_-^{-1}(z,t) & -D(z,t) & 0 \end{pmatrix}$$

and

 $\hat{A}_t(z,t)$ 

$$= \frac{\Omega_p \partial_t \Omega_c(z,t)}{E(z,t)} \begin{pmatrix} 0 & -\mathcal{E}_+^{-1}(z,t) & -\mathcal{E}_-^{-1}(z,t) \\ \mathcal{E}_+^{-1}(z,t) & 0 & D(z,t) \\ \mathcal{E}_-^{-1}(z,t) & -D(z,t) & 0 \end{pmatrix}$$

with

$$D(z,t) = \frac{\Omega_c(z,t)}{2\Omega_p} \frac{\tilde{\Delta}}{\tilde{\Delta}^2 + E^2(z,t)}$$

The expressions for  $\hat{A}(z, t)$  and  $\hat{A}_t(z, t)$  become substantially simpler for  $\tilde{\Delta} = 0$ ,

$$\hat{A}(z,t) = \frac{\Omega_p \partial_z \Omega_c(z,t)}{\sqrt{2}E(z,t)^2} \begin{pmatrix} 0 & -1 & -1\\ 1 & 0 & 0\\ 1 & 0 & 0 \end{pmatrix}$$

and

$$\hat{A}_t(z,t) = \frac{\Omega_p \partial_t \Omega_c(z,t)}{\sqrt{2}E(z,t)^2} \begin{pmatrix} 0 & -1 & -1 \\ 1 & 0 & 0 \\ 1 & 0 & 0 \end{pmatrix}.$$

In the expansion of the kinetic energy term in Eq. (A4) in powers of  $\hat{A}$ , the off-diagonal elements of  $\hat{A}$  and  $\hat{A}^2$ , together with  $\hat{A}_t$ , define the nonadiabatic couplings between the dark and the bright states, while the diagonal elements in  $\hat{A}^2$  give rise to nonadiabatic potentials in the BO channels. For the dark state this nonadiabatic potential is

$$V_{\rm na}(z,t) = \frac{\hbar^2}{2m} \left\{ \frac{\Omega_p \partial_z \Omega_c(z,t)}{\Omega_p^2 + [\partial_z \Omega_c(z,t)]^2} \right\}^2$$

and takes the form of Eq. (4) in the main text with  $\epsilon(t) = \Omega_p / \Omega_c(t)$  and  $z_0(t)$  for  $\Omega_c(z, t) = \Omega_c(t) \sin[k(z - z_0(t))]$ . The effects of the bright states on the atomic dynamics in the dark state due to the nonadiabatic couplings can be decreased by making larger gaps  $\Delta E_{B\pm} = \min_z |\hbar E_{\pm}(z)|$  between the BO channels, which is achieved by increasing the values of the Rabi frequencies. In this case, the dynamics of an atom in

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the dark state is dominated by the time-averaged nonadiabatic potential  $\bar{V}(z)$  from Eq. (6).

# APPENDIX B: TIME DEPENDENCE OF $\Omega_c$ FOR PROTOCOL III

Here we specify the time dependence of the amplitude  $\Omega_c(t)$  of the control Rabi frequency we use in numerical simulation for protocol III, which generates the time evolution of the height of the potential peaks shown in Fig. 3(c). Following this figure, the amplitude  $\Omega_c(t)$  should be zero at times  $t = 0, T/M, 2t/M, \ldots$ , and in between these times it increases to its maximal value  $\Omega_c^{\text{max.}}$  during time  $\tau_s$ , stays constant for time  $\tau_h$ , and decreases back to zero during time  $\tau_s$ . For the elementary period t = [0, T/M], we define  $\Omega_c(t)$  as  $\Omega_c(t) = \Omega_c^{\text{max.}} f(t)$  with the function f(t) given by

$$f(t) = \begin{cases} 0, & t \in [0, \tau_h/2) \\ h(t), & t \in [\tau_h/2, \tau_h/2 + \tau_s) \\ 1, & t \in [\tau_h/2 + \tau_s, 3\tau_h/2 + \tau_s) \\ h(3\tau_h/2 + 2\tau_s - t), & t \in [3\tau_h/2 + 2\tau_s, 3\tau_h/2 + 2\tau_s) \\ 0, & t \in [3\tau_h/2 + 2\tau_s, 2\tau_h + 2\tau_s) \end{cases}$$
(B1)

where

$$h(x) = \begin{cases} 0, & x \leq 0\\ \exp(-1/x)e^2/2, & x < 1/2\\ 1 - \exp[-1/(1-x)]e^2/2, & 1/2 < x < 1\\ 1, & x \ge 1 \end{cases}$$

This choice avoids discontinuities of  $\Omega_c(t)$  and its derivatives which lead to a slow decay of the matrix elements coupling different Floquet blocks (as discussed in Sec. V).

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