Threshold effects in electron-positron pair creation from the vacuum: Stabilization and longitudinal versus transverse momentum sharing

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(Received 19 November 2018; published 2 July 2019)

Momentum distributions of electron-positron pairs created from the vacuum by an oscillating in time electric field are calculated in the framework of quantum field theory. A pronounced enhancement of those distributions is observed as the frequency of the electric field passes across the one-photon threshold. Below that threshold the pairs preferentially carry a longitudinal momentum, while above the threshold they tend to carry a transverse momentum. Such momentum sharing has an impact on the number of produced pairs: It grows fast with increasing the field frequency below the threshold but it saturates at a roughly constant value above it. On the other hand, at the fixed frequency above the one-photon threshold, the number of pairs scales quadratically with the field strength. This typically perturbative scaling holds even for large electric fields. Thus, the validity of the perturbation theory is extended here to processes which result in creation of particles with substantial transverse momenta.

DOI: [10.1103/PhysRevA.100.012104](https://doi.org/10.1103/PhysRevA.100.012104)

I. INTRODUCTION

The vacuum instability in the presence of a static electric field, which results in electron-positron (*e*−*e*+) pair creation, has been predicted decades ago $[1-3]$. Breaking the vacuum requires an enormous electric field strength $\mathcal{E}_S = m_e^2 c^3 / |e| h =$ 1.32×10^{18} V/m, where m_e is the electron rest mass and $e = -|e| < 0$ is its charge (here and in what follows, we keep \hbar = 1) [\[4\]](#page-8-0). Here \mathcal{E}_s is the Sauter-Schwinger critical field. Since such an electric field cannot be achieved in laboratory settings, the Sauter-Schwinger mechanism of electronpositron pair production has not been verified experimentally yet. Another disadvantage is that the process is very weak. Hence, various proposals have been put forward aiming at enhancing the signal of electron-positron pairs [\[5–21\]](#page-8-0). Thus, raising the question of optimal control of the process [\[22,23\]](#page-8-0).

In this paper we study the quantum vacuum instability in the presence of a pulsed electric field, with a frequency tuned so it passes across the one-photon threshold. This region is particularly interesting, due to a threshold-related enhancement of probability distributions of created pairs. Similar enhancements have been observed before in the context of multiphoton pair production and channel closing effects [\[24–26\]](#page-8-0). It is, however, the one-photon process that is the most efficient of all, in agreement with the results presented in [\[25,26\]](#page-8-0). At this point, let us also note that similar threshold-related enhancements have been observed in other multiphoton processes such as strong-field detachment or ionization [\[27–30\]](#page-8-0) and, as such, they are a universal strong-field phenomenon.

A closely related to threshold enhancements is the concept of an effective mass acquired by particles in strong fields. Such a concept, depending explicitly on the electric field parameters, has been discussed in [\[25\]](#page-8-0). Its limitation was also noted, as the effective mass should vary between different parameter regimes. While [\[25,26\]](#page-8-0) are related to the nonperturbative regime of pair creation, most of our results concern the opposite one. It is commonly believed that in the perturbative regime, the effective mass approaches the rest mass of particles. As we demonstrate in our paper, this happens provided that the transverse momentum of created particles is negligible.

Our paper deals with the quantum vacuum instability induced by a time-varying electric field; known as the dynamical Sauter-Schwinger process. To experimentally explore this phenomenon, it is necessary that short and intense pulses of electric field are generated in the laboratory. In this context it seems promising to use the rapidly developing laser technology, which allows us to generate very short (i.e., femtoor attosecond) and relativistically intense (of the order of 1022–1023 W/cm2) light pulses [\[31\]](#page-8-0). Actually, the *e*−*e*⁺ pair creation in electron-light collisions has been already observed in the experiment $[32,33]$ and interpreted theoretically as an indirect process [\[34,35\]](#page-9-0). Another possibility is to produce pairs in an all-optical scenario, i.e., in light-light collisions that result in an electromagnetic standing wave [\[36,37\]](#page-9-0). In this case, by adjusting polarizations of the colliding laser pulses, one can eliminate the magnetic field component and deal only with the space- and time-dependent electric field, at least in a small space domain. As shown in [\[36,37\]](#page-9-0), the space dependence of the electric field significantly modifies the momentum distribution of created pairs. This can be attributed to the laser-photon momentum, which is neglected in the dipole approximation. In this scenario, however, for the Sauter-Schwinger effect to be measurable, the laser-photon energy has to be large; typically around or larger than the electron rest energy $m_e c^2$. Therefore, it is hardly expected that such laser pulses can be generated in the laboratory environments in a foreseeable future. Another method of creating strong electric pulses, but this time in the absence

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of laser fields, are the heavy-ion collisions. This possibility of investigating the quantum vacuum instability was envisioned already in the 1970s and summarized in the book [\[38\]](#page-9-0) or the review articles [\[39,40\]](#page-9-0) (see also a more general presentation [\[41\]](#page-9-0), where aspects related to the generation of the quark-gluon plasma are also discussed). It seems that the heavy-ion collisions provide the most effective way of generating strong electric pulses, necessary for studies of the vacuum instabilities considered in this paper. Additionally, for vanishing longitudinal pair momenta (defined with respect to the electric field direction), the time-dependent electric field contributes to the time-dependent effective mass of electrons and positrons. For this reason, the problems studied here can find applications in the reheating processes that took part after inflation (see, e.g., Refs. [\[42,43\]](#page-9-0)). The above mentioned topics are very fundamental in the areas of relativistic quantum field theory and cosmology, for which the dynamical Sauter-Schwinger process has always played the role of trailblazer of explorations in relativistic physics. Thus, the important question arises whether the type of investigations presented in this paper can find practical applications or whether it can be studied experimentally. The answer to this question is positive as many relativistic-type phenomena can be explored in essentially nonrelativistic systems. The best example of such a system is graphene, in which massive electrons behave as massless quasiparticles moving with the speed around 300 times smaller than the speed of light. The systems of this type provide a spectacular avenue to test predictions of relativistic quantum mechanics. For instance, the Klein paradox can be probed in transport processes in graphene heterostructures. It is also possible to create the energy gap in the electron spectrum, which is equivalent to acquiring a nonzero mass by quasiparticles. The literature on these and similar topics is enormous (see, for instance, the recent collection of articles presented in the book [\[44\]](#page-9-0) and the review article [\[45\]](#page-9-0)). Importantly, since the energy gap in such systems is by many orders of magnitude smaller than the free electron rest energy, the effects predicted by quantum electrodynamics (QED) for extremely large fields now become visible already for moderate fields, for which the space dependence of the electric field can be neglected. As it has been already realized in various papers (see, e.g., [\[14\]](#page-8-0) and references therein), the corresponding equations for the momentum distribution of quasiparticles in graphene (to mention only the most popular solid-state system considered in this context) are very similar to the ones that we derive within the relativistic QED. Thus, also their consequences have to be similar. Note that analogs of the vacuum instability and the pair production induced by an oscillating in-time electric field has been also realized experimentally in waveguide superlattices [\[46\]](#page-9-0); thus, allowing us to visualize nonperturbative and extreme dynamical regimes of QED. These examples indicate that a remarkable prediction of QED, which is the dynamical Sauter-Schwinger effect, attracts a lot of attention across different disciplines. Such investigations allow us, for instance, to build a bridge between problems met in the micro- or mesoworld and those investigated in astrophysics. Because of analogies to solidstate and atomic physics, throughout the paper we shall use the nomenclature typical in these fields. In particular, we shall use the concept of multiphoton thresholds commonly

met in the detachment and photoinization processes. Also, the effects related to the modulations or periodicity in time of the electric field are going to be interpreted in terms of the photon absorption or emission, as it is routinely done in quantum mechanics.

In the current paper we provide a detailed study of the Sauter-Schwinger process in the vicinity of the onephoton threshold. This threshold marks the border between a multiple- and one-photon pair production. Thus, it makes for a qualitatively different behavior of the resulting momentum distributions and the number of produced pairs in those two regimes. Our analysis shows, for instance, that the process is either dominated by the longitudinal or by the transverse motion of created particles, that is below and above the onephoton threshold respectively. This also affects the marginal momentum distributions of created particles, as presented in the paper. The overall result on the total number of produced pairs is that while it increases fast with the electric field frequency below the threshold, it stabilizes above it. While our conclusions follow from exact numerical calculations, they are also confirmed by analytical results derived from the perturbative treatment of pair production.

Note that stabilization by external fields has been observed in other quantum-mechanical problems as well. See, for instance, the stabilization of atoms or molecules in intense laser fields [\[47\]](#page-9-0) and the stabilization of electron states in semiconductor heterostructures by crossed magnetic and electric fields [\[48\]](#page-9-0). Such an effect has also been observed in the nonlinear Bethe-Heitler process of pair production [\[49\]](#page-9-0). This counterintuitive effect seems, therefore, to occur quite frequently in quantum physics.

The paper is organized as follows. In Sec. II, for convenience of the reader, we briefly present the theoretical formulation of the Sauter-Schwinger pair production by a time-dependent electric field. This is followed by a detailed analysis of the resulting momentum distribution and the num-ber of created pairs in Sec. [III.](#page-3-0) We summarize our results in Sec. [IV.](#page-6-0) The Appendix presents the analytical explanation of the momentum sharing of produced particles, observed in numerical analysis in Sec. [III.](#page-3-0)

Unless otherwise stated, throughout the paper we put $h = 1$. In contrast, in all formulas we keep the speed of light c and the free electron mass m_e . This is to keep track of quantities which have to be replaced (by the Fermi velocity and by the electron effective mass, respectively) when applying this theory to graphene or to other solid-state-based systems used in this context.

II. THEORETICAL FORMULATION

We consider the electron-positron pair creation from vacuum by a homogeneous in space, time-dependent electric field, $\mathcal{E}(t) = \mathcal{E}(t)\mathbf{e}_z$. In addition, we assume that the field satisfies the condition [\[21\]](#page-8-0)

$$
\int_{-\infty}^{+\infty} dt \, \mathcal{E}(t) = 0. \tag{1}
$$

The reason for this extra assumption is that we want to eliminate any effects that are related to the change of the free-particle kinetic energy in the in- and out-states. This also means that in the classical dynamics of electrons in the presence of an oscillating in time electric field their initial and final momenta are equal. In the presence of the time-dependent electric field, the fermionic field operator can be decomposed into eigenmodes which are labeled by the linear momentum *p*. In the following, we will relate to its longitudinal p_{\parallel} and transverse p_{\perp} components being defined with respect to the electric field direction,

$$
p_{\parallel} = \boldsymbol{p} \cdot \boldsymbol{e}_z, \quad \boldsymbol{p}_{\perp} = \boldsymbol{p} - p_{\parallel} \boldsymbol{e}_z. \tag{2}
$$

As it was demonstrated in [\[21](#page-8-0)[,50,51\]](#page-9-0), the momentum distribution of particles $f(\mathbf{p})$ generated in the given eigenmode of the fermionic field *p* is determined by solving the system of equations,

$$
i\frac{d}{dt}\begin{bmatrix}c_p^{(1)}(t)\\c_p^{(2)}(t)\\A(t)\end{bmatrix} = \begin{pmatrix}\omega_p(t) & i\Omega_p(t) & 0\\-i\Omega_p(t) & -\omega_p(t) & 0\\0 & 0 & 0\end{pmatrix} \begin{bmatrix}c_p^{(1)}(t)\\c_p^{(2)}(t)\\A(t)\end{bmatrix} - \begin{bmatrix}0\\0\\i\mathcal{E}(t)\end{bmatrix},
$$
\n(3)

with the initial conditions that

$$
\lim_{t \to -\infty} c_p^{(1)}(t) = 1, \quad \lim_{t \to -\infty} c_p^{(2)}(t) = 0, \quad \lim_{t \to -\infty} A(t) = 0.
$$
\n(4)

Namely,

$$
f(\mathbf{p}) = \lim_{t \to +\infty} \left| c_{\mathbf{p}}^{(2)}(t) \right|^2, \tag{5}
$$

where

$$
\left|c_{p}^{(1)}(t)\right|^{2} + \left|c_{p}^{(2)}(t)\right|^{2} = 1.
$$
 (6)

Moreover, $A(t)$ in (3) defines the vector potential $A(t) =$ *A*(*t*) e_z , where $\mathcal{E}(t) = -\dot{A}(t)$, and, according to Eq. [\(1\)](#page-1-0), it has to satisfy the condition

$$
\lim_{t \to -\infty} A(t) = \lim_{t \to +\infty} A(t) = 0.
$$
 (7)

Here we took into account Eq. (4) . Moreover, in Eq. (3) we have introduced

$$
\omega_p(t) = \sqrt{[m_e(\pmb{p}_\perp)c^2]^2 + c^2[p_\parallel - eA(t)]^2},\tag{8}
$$

with the electron effective mass,

$$
m_{e}(\pmb{p}_{\perp}) = \frac{1}{c} \sqrt{(m_{e}c)^{2} + \pmb{p}_{\perp}^{2}}.
$$
 (9)

This is to emphasize that the transverse momentum of the electron always enters the formulas through the coupling to $m_e c$. This is confirmed by the definition of

$$
\Omega_p(t) = -ce\mathcal{E}(t)\frac{m_e(\mathbf{p}_\perp)c^2}{2\omega_p^2(t)},\tag{10}
$$

which appears in (3) along with $\omega_p(t)$. Note that, for negligibly small transverse momenta of produced particles, their effective mass (9) reduces to the rest one. As we will show in the next section, this characterizes the perturbative regime of a few-photon pair production. In contrast, the one-photon processes are typically accompanied by a large transverse momentum gain. Thus, giving a rise to the particles rest mass.

At this point we comment on the function $A(t)$, which is the *z* component of the vector potential $A(t)$. It has to be stressed that this is the vector potential in a particular gauge, in which it is solely determined by the electric field strength $\mathcal{E}(t)$ (the magnetic field is not present in our discussion),

$$
A(t) = -\int_{-\infty}^{t} d\tau \, \mathcal{E}(\tau). \tag{11}
$$

In addition, it is assumed that the scalar potential vanishes. Generally speaking, the electromagnetic vector potential may differ from the above quantities by the four gradient of an arbitrary and sufficiently smooth function of $x = (ct, x)$. As it is known, this arbitrariness can be removed, however, from the Dirac equation by multiplying the Dirac bispinor by the properly chosen phase factor, which does not affect probability currents. Since the system of equations (3) is derived from the Dirac equation without approximations and the amplitudes $c_p^{(1,2)}(t)$ are related to the solution of the Dirac equation by the algebraic linear transformation, their modulus square is gauge invariant. Therefore, the results presented in this paper hold irrespectively of the chosen gauge.

The first two equations of (3) are structurally identical with the Schrödinger equation of a two-level system. They have to be solved for the functions $c_p^{(i)}(t)$, $i = 1, 2$, which determine the momentum distributions of created particles [Eqs. (5) and (6)]. Due to the axial symmetry of the problem, those distributions will depend only on p_{\parallel} and $p_{\perp}^2 = \mathbf{p}^2 - p_{\parallel}^2$, i.e., $f(\mathbf{p}) = f(p_{\parallel}, p_{\perp})$. For our further purposes, we also introduce the marginal momentum distributions,

$$
f(p_{\parallel}) = 2\pi \int_0^{+\infty} dp_{\perp} p_{\perp} f(p_{\parallel}, p_{\perp})
$$
 (12)

and

$$
f(p_{\perp}^2) = \pi \int_{-\infty}^{+\infty} dp_{\parallel} f(p_{\parallel}, p_{\perp}).
$$
 (13)

Then, the total number of pairs created in the relativistic unit volume becomes

$$
f = \int d^3p f(p_{\parallel}, p_{\perp}) = 2\pi \int_{-\infty}^{+\infty} dp_{\parallel} \int_0^{+\infty} p_{\perp} dp_{\perp} f(p_{\parallel}, p_{\perp})
$$

$$
= \int_{-\infty}^{+\infty} dp_{\perp} f(p_{\perp}) = \int_{-\infty}^{+\infty} dp_{\perp}^2 f(p_{\perp}^2) \tag{14}
$$

$$
= \int_{-\infty}^{\infty} d p_{\parallel} f(p_{\parallel}) = \int_{0}^{\infty} d p_{\perp}^{2} f(p_{\perp}^{2}). \tag{14}
$$

Note that these definitions allow us to determine the momentum probability distributions,

$$
\mathcal{P}(p_{\parallel}, p_{\perp}) = f(p_{\parallel}, p_{\perp})/f \tag{15}
$$

and

$$
\mathcal{P}(p_{\parallel}) = f(p_{\parallel})/f, \quad \mathcal{P}(p_{\perp}^2) = f(p_{\perp}^2)/f. \tag{16}
$$

While in the following we will calculate $f(p_{\parallel}, p_{\perp})$ along with the longitudinal and transverse momentum distributions of created particles $f(p_{\parallel})$ and $f(p_{\perp}^2)$, their functional dependence on p_{\parallel} and p_{\perp}^2 remains the same as for the probability distributions mentioned above. Thus, it will be justified to talk about the particle's momenta for which the pair creation will be the most and least probable, even though formally we will

FIG. 1. Time dependence of the electric field $\mathcal{E}(t)$ [Eqs. (17) and (18)] and the corresponding vector potential $A(t)$ for different values of the parameter $N = 1$ (blue), 2 (red), 3 (green), 4 (magenta), and 5 (black). With increasing *N* the carrier frequency of the electric field oscillations ω increases as well. On the other hand, we keep the amplitude of the electric field fixed, $\mathcal{E}_0 = -0.1 \mathcal{E}_S$. Hence, while the number of modulations in the pulse increases with *N*, the amplitude of the vector potential decreases like 1/*N*.

not calculate the probability distributions given by Eqs. [\(15\)](#page-2-0) and [\(16\)](#page-2-0).

We will perform calculations for the following model of a pulsed electric field:

$$
\mathcal{E}(t) = \mathcal{E}_0 F(t),\tag{17}
$$

with

$$
F(t) = \frac{\mathcal{N}_0}{\cosh(\beta t)} \sin(\omega t). \tag{18}
$$

Here \mathcal{E}_0 is the amplitude while ω is the carrier frequency of field oscillations. The parameter β in (18) determines the bandwidth of the pulse. In the following we will fix $\beta = m_e c^2$ and \mathcal{E}_0 to either $\mathcal{E}_0 = -0.1 \mathcal{E}_S$ or $\mathcal{E}_0 = -\mathcal{E}_S$. On the other hand, we will change the frequency ω such that $\omega = N\omega_0$, with $\omega_0 = 0.2\pi m_e c^2$ and the value of *N* varying continuously. To fix the amplitude of the electric field while changing its carrier frequency, we will adjust \mathcal{N}_0 such that

$$
\max_{t} |F(t)| = 1. \tag{19}
$$

This means that the number \mathcal{N}_0 has to be changed appropriately for different values of *N*. For $\mathcal{E}_0 = -0.1\mathcal{E}_s$, the time dependence of the electric field $\mathcal{E}(t)$ and the corresponding vector potential $A(t)$ are shown in Fig. 1. Note that the maximum of the vector potential scales like 1/*N*, and so it decreases with increasing *N*. Similar behavior of $\mathcal{E}(t)$ and $A(t)$ is observed if we change the electric field amplitude to $\mathcal{E}_0 = -\mathcal{E}_s$. As we will demonstrate in the next section, this will have an impact on the momentum distributions of created pairs.

III. NUMERICAL ILLUSTRATIONS

In Fig. 2 we present the color mappings of the momentum distribution $f(p_{\parallel}, p_{\perp})$ as a function of the longitudinal momentum p_{\parallel} and a real number $N = \omega/\omega_0$. The results are for $\mathcal{E}_0 = -0.1\mathcal{E}_s$ and $p_\perp = 0$, with the remaining parameters given in the previous section. While in the upper panel we plot the results in the linear scale, their details become more visible in the logarithmic scale, which is used in the lower panel. As one can see, there is a region in the (*p*,*N*) plane where the *e*−*e*⁺ pair creation is most probable. This region is characterized by a roughly zero longitudinal momentum of created pairs $p_{\parallel} \approx 0$, and by the value $N \approx 3$. For $\omega_0 = 0.2\pi m_e c^2$, the latter corresponds to the electric field carrier frequency of roughly $\omega \approx 2m_e c^2$. This is the energy necessary to be absorbed from the external field in order to produce an electron-positron pair at rest. This agrees with the fact that the corresponding momentum distribution peaks at $p = 0$. It also shows that the most probable process is via absorption of a single photon. Other order processes, i.e., processes which occur via absorption of multiple photons, are possible but they are less likely to happen. This is even more clear in Fig. [3](#page-4-0) for $\mathcal{E}_0 = -\mathcal{E}_S$. The additional stripes in the distribution, which are visible already in the linear scale in the upper panel, correspond to different order processes. In these cases, the carrier frequency of the electric field is smaller than $2m_ec^2$ and, hence, the one-photon pair production is forbidden. Nevertheless, it is possible to absorb additional photons from the field, which leads to the above-threshold pair production. With increasing ω (or, equivalently, *N*) we pass through the one-photon threshold at $\omega_{\text{th}} = 2m_e c^2$. Since

FIG. 2. Color mappings of the momentum distribution of created particles $f(p_{\parallel}, p_{\perp})$, for $\mathcal{E}_0 = -0.1 \mathcal{E}_S$ and $p_{\perp} = 0$ as a function of p_{\parallel} and $N = \omega/\omega_0$. While in the upper panel we plot the results in the linear scale, in order to emphasize the details of the distribution the same but in the logarithmic scale is plotted in the lower panel. The distribution is maximum roughly for $p_{\parallel} \approx 0$ and $\omega \approx 2m_{\rm e}c^2$ which, together with $p_{\perp} = 0$, define the threshold for the one-photon pair production.

FIG. 3. The same as in Fig. [2](#page-3-0) but for $\mathcal{E}_0 = -\mathcal{E}_s$.

for the *n*-photon process the energy conservation law is $n\omega$ = $2\sqrt{[m_e(\mathbf{p}_\perp)c^2]^2+c^2p_{\parallel}^2}$, one can anticipate that in the current case ($n = 1$ and $\omega \approx \omega_{\text{th}}$) it is energetically preferable to produce particles at rest. With still increasing ω , there will be a portion of energy in excess to the threshold energy ω_{th} that will be available to the particles. As it is already indicated by Figs. [2](#page-3-0) and 3, which are for $p_{\perp} = 0$, this portion of energy, which will be equally redistributed between an electron and a positron, is hardly converted into their longitudinal motion. A more detailed analysis of the excess energy sharing between the longitudinal and the transverse motion of the particles can be based upon the color mappings presented in Fig. 4.

The two-dimensional momentum mappings in Fig. 4 are for $\mathcal{E}_0 = -\mathcal{E}_S$ and for different values of *N* (i.e., for different carrier frequencies ω). Such strong electric field has been chosen, as the features of the momentum distributions we want to discuss next are very pronounced in this case. First, we note that for $N = 1, 2$, and 3, the corresponding frequencies of the field oscillations $\omega = N\omega_0$ are below the one-photon energy threshold ω_{th} . In other words, these processes correspond to the above-threshold pair production. In this regime, the pairs are mostly created with a zero transverse and a nonzero longitudinal momentum components. For this strong field, already in the linear scale, the multiphoton modulations in the pair creation momentum distributions are visible. More importantly, with increasing *N* toward the one-photon threshold ($N_{\text{th}} = 10/\pi = 3.18$) the maximum of those distributions shifts toward zero longitudinal momentum. At the same time, when looking at the magnitude of the distributions, those will be the most pronounced of all. While still increasing *N*, the pair creation remains the one-photon process. Such a process typically occurs with a nearly zero longitudinal momentum of created particles but the excess energy absorbed from the field is converted into the particles transverse motion. Thus, with increasing *N* (and, hence, with increasing the available excess energy), the maximum of the momentum distribution is shifted toward larger transverse momenta.

FIG. 4. Color mappings of the momentum distribution of created particles $f(p_{\parallel}, p_{\perp})$ as a function of their longitudinal and transverse momenta. The results (in the linear scale) are plotted for $\mathcal{E}_0 = -\mathcal{E}_S$ and for different values of *N*, as denoted in each panel. For $N = 1$, 2, and 3, the process occurs via absorption of multiple electric field quanta. In this case, the most probable is to produce the *e*−*e*⁺ pair with a roughly zero transverse and nonzero longitudinal momentum components. With increasing N ($N \geq 4$), the pair creation occurs via a one-photon process. In such a case, the maximum of the distribution shifts toward larger values of the transverse momentum. At the same time, the distribution remains maximum around the zero longitudinal momentum, even though it becomes increasingly more spread around that value. Above the threshold most of pairs are created perpendicularly to the electric field.

As it follows from our analysis, the energy sharing between the transverse and longitudinal motion of created particles strongly depends on whether the pair creation is due to a single- or to a multiphoton transition. In either case, the energy absorbed from the field seems to be redistributed such that the particles have minimal energy. Specifically, for small *N*, in which case the vector potential takes large values (see Fig. [1\)](#page-3-0), it has to be balanced by a large longitudinal momentum. This follows from the definition of $\omega_p(t)$ [Eq. [\(8\)](#page-2-0)] which enters the system of equations (3) . It also explains why with decreasing *N*, the respective longitudinal momentum for which we observe maximum pair creation shifts toward larger values. At the same time, to minimalize the energy of created particles, the transverse momentum remains roughly zero. Taking into account the definition [\(9\)](#page-2-0), one can conclude that multiphoton pair creation occurs with no increase of the particles effective mass. According to Eq. [\(8\)](#page-2-0), the resulting momentum distributions should not be symmetric with respect to the momentum reflection $p_{\parallel} \rightarrow -p_{\parallel}$, or, consequently, *p* → *−p*. This is confirmed by Fig. 4 for substantial values of the vector potential, i.e., for small values of *N*. However, for larger *N* and, hence, for smaller values of the vector potential describing the external field, this asymmetry vanishes. As already discussed, close to the one-photon threshold, the pairs are created with roughly a zero momentum $p \approx 0$. With still

FIG. 5. The same as in Fig. [4](#page-4-0) but for $\mathcal{E}_0 = -0.1 \mathcal{E}_s$.

increasing *N*, the coupling to the vector potential practically does not play a role. In this case, it is energetically preferable that the excess energy absorbed from the field contributes to the transverse motion of created particles. Hence, the onephoton pair creation typically is accompanied by an increase of the particles effective mass [\(9\)](#page-2-0).

To illustrate the transition between the pair creation while it occurs with multiple versus single photon absorption we have used a rather strong electric field $\mathcal{E}_0 = -\mathcal{E}_S$. For weaker fields, such as $\mathcal{E}_0 = -0.1 \mathcal{E}_s$, the general features of the momentum distributions remain however the same (see Fig. 5). The difference is that in this case the multiphoton modulations of the momentum distributions are not as pronounced as in Fig. [4.](#page-4-0) This will affect detailed features of the marginal momentum distributions presented below.

In Fig. 6 we show the transverse momentum distribution $f(p_{\perp}^2)$ of pairs generated from the vacuum by the electric field considered in this paper. This time the amplitude of the electric field oscillations is $\mathcal{E}_0 = -0.1 \mathcal{E}_S$. Each curve corresponds to a different carrier frequency of the electric pulse determined by *N*. As the effect of the integration of the two-dimensional

FIG. 6. The transverse momentum distribution $f(p_\perp^2)$ for $\mathcal{E}_0 =$ $-0.1\mathcal{E}_s$ while changing the carrier frequency of the electric field, as pointed out by different values of *N*. The thick lines correspond to processes either just below $(N = 3)$ or above one-photon threshold $(N = 4)$.

FIG. 7. The longitudinal momentum distribution of created pairs $f(p_{\parallel})$ (upper panel) and the total number of pairs created in the relativistic unit volume *f* (lower panel) for $\mathcal{E}_0 = -0.1\mathcal{E}_S$ and for chosen values of, in principle, real parameter *N*. Similar to Fig. 6, the thick lines correspond to just below $(N = 3)$ or just above one-photon threshold $(N = 4)$.

momentum maps with respect to the longitudinal momentum component, for those frequencies which are below the onephoton energy threshold, $f(p_\perp^2)$ has a maximum at the zero perpendicular momentum. With increasing *N*, the maximum of the distribution grows in magnitude to become the most pronounced at the threshold value $N_{\text{th}} = 10/\pi$. Above the threshold, however, which is illustrated in Fig. 6 for $N = 4$, 5, and 6, the distribution exhibits an off-axis maximum. With increasing *N*, this maximum shifts toward larger values of *p*_⊥. While it spreads in *p*_⊥, the magnitude of the distribution drops down. The exact same behavior of $f(p_\perp^2)$ is observed for stronger electric fields. Interestingly, as we have checked this for $\mathcal{E}_0 = -\mathcal{E}_s$, the off-axis maxima of the transverse momentum distributions occur at the exact same values of p_{\perp} for the given *N*. The respective values of p_{\perp} can be estimated from the energy conservation relation. Namely, taking into account that the pairs produced in the one-photon process have most likely a zero longitudinal momentum, we estimate that $p_{\perp} =$ $\sqrt{(N\omega_0/2c)^2 - (m_e c)^2}$. This predicts quite accurately the positions of the off-axis maxima in Fig. 6 and is independent of the amplitude of the electric field oscillations \mathcal{E}_0 .

In Fig. 7 we plot the longitudinal momentum distribution $f(p_{\parallel})$ (upper panel) and the total number of created pairs *f* per unit volume (lower panel) for $\mathcal{E}_0 = -0.1 \mathcal{E}_S$. While all curves in the upper panel are bell shaped, their maximum is shifted to positive values of p_{\parallel} for small *N*. This asymmetry is lifted with increasing *N*, which was already noted in relation to the two-dimensional distributions $f(p_{\parallel}, p_{\perp})$. If we perform similar calculations for $\mathcal{E}_0 = -\mathcal{E}_s$, the bell-shaped curves centered at $p_{\parallel} \approx 0$ represent the results for $N > N_{\text{th}}$ only. For small *N*, the marginal momentum distribution $f(p_{\parallel})$

FIG. 8. Dependence of the total number of *e*−*e*⁺ pairs *f* on the electric field strength \mathcal{E}_0 . Each curve corresponds to a different value of *N*, which translates into a different carrier frequency of the external field according to $\omega = N\omega_0$.

exhibits multiple maxima for $p_{\parallel} > 0$, which result from the multiphoton modulations observed in Fig. [4.](#page-4-0) Rather than that, the overall behavior of $f(p_{\parallel})$ is the same, irrespectively of the electric field strength. In the lower panel of Fig. [7,](#page-5-0) we present the total number of pairs *f* calculated for discrete values of *N* between 1 and 20. Below the one-photon threshold $(N < N_{th})$, *f* takes rather small values which, however, increase quickly around N_{th} . Above the one-photon threshold $(N > N_{th})$, on the other hand, the number of created particles seems to saturate and even slightly decreases with *N*. One can conclude that, while the excess energy absorbed from the field in the one-photon process increases the effective mass of created particles $m_e(\mathbf{p}_\perp)$, it hardly affects their number. Similar stabilization is observed for $\mathcal{E}_0 = -\mathcal{E}_S$, even though the number of pairs in this case is by two orders of magnitude larger. In light of this result, it is interesting to study more closely the dependence of the number of created particles on the electric field strength.

In Fig. 8 we plot the total number of created pairs *f* [Eq. [\(14\)](#page-2-0)] as a function of \mathcal{E}_0 . The results are for different *N*, as denoted in the figure. We have checked that, above the one-photon threshold, the curves fit well to the functional dependence $f = 3.5(\mathcal{E}_0/\mathcal{E}_S)^2$. In other words, for $N > N_{\text{th}}$, the number of created pairs per relativistic unit volume depends quadratically on the external field strength, as observed already in relation to Fig. [7.](#page-5-0) This indicates the perturbative character of the process. The same conclusion is reached when considering the Keldysh parameter γ = $\omega \mathcal{E}_S/(m_e c^2 |\mathcal{E}_0|)$. Specifically, we would also like to note that $\gamma = 2\pi N$ for $\mathcal{E}_0 = -0.1\mathcal{E}_S$ and $\gamma = \pi N/5$ for $\mathcal{E}_0 = -\mathcal{E}_S$, which are the cases thoroughly studied in this paper. This shows that most of our results relate to the perturbative regime of electron-positron pair creation, with $\gamma \gtrsim 1$. Let us also note that, for fixed \mathcal{E}_0 , we go even more deeply into this regime when increasing *N*. Going back to Fig. 8, we note that neither of the curves can be fitted to the Schwinger tunneling formula $f \sim (\mathcal{E}_0/\mathcal{E}_S)^2 \exp(-\pi \mathcal{E}_S/|\mathcal{E}_0|)$, as the latter is applicable for $\gamma \ll 1$.

In light of these conclusions, let us go back to Eq. [\(3\)](#page-2-0) and treat the first two equations perturbatively. This can be done assuming that

$$
\max_{t} |\Omega_p(t)| \ll \min_{t} |\omega_p(t)|,\tag{20}
$$

which means that

$$
\frac{\mathcal{E}_0}{2\mathcal{E}_S} \ll \left[\frac{m_e(\boldsymbol{p}_\perp)}{m_e}\right]^2. \tag{21}
$$

Therefore, the perturbation theory can be applied when either the electric field is weak compared to the Sauter-Schwinger critical field, or when the transverse momentum of created particles is substantial [i.e., $m_e(\mathbf{p}_\perp) \gg m_e$]. The latter is particularly important from the point of view of this paper, as it characterizes the one-photon processes. As we have shown numerically, beyond the one-photon threshold, the particles will be produced with a significant transverse momentum irrespectively of the electric field strength. This justifies the perturbative treatment of such processes, in agreement with (21) . In this case, the original system of equations [\(3\)](#page-2-0) reduce to

$$
ic_p^{(1)}(t) = \omega_p(t)c_p^{(1)}(t),
$$
\n(22)

$$
i\dot{c}_p^{(2)}(t) = -i\Omega_p(t)c_p^{(1)}(t) - \omega_p(t)c_p^{(2)}(t),\tag{23}
$$

and it can be solved analytically. Accounting for the initial conditions [\(4\)](#page-2-0), we obtain that in the lowest order perturbation theory with respect to $\Omega_p(t)$, the momentum distribution of created pairs (5) becomes

$$
f(\mathbf{p}) \approx \left| \int_{-\infty}^{\infty} dt \, \Omega_{\mathbf{p}}(t) e^{-2i \int_{-\infty}^{t} dt \, \omega_{\mathbf{p}}(\tau)} \right|^{2}.
$$
 (24)

Note that the same formula can be derived using the quantum kinetic approach and the low-density approximation [\[51,52\]](#page-9-0). Taking into account the definition of $\Omega_p(t)$ [Eq. [\(10\)](#page-2-0)], it becomes clear that the minima of $\omega_p(t)$ contribute the most to the above integral. Those minima are determined by the conditions $p_{\perp} = 0$ and $p_{\parallel} = eA(t)$. The latter means that the temporal longitudinal momentum of created particles oscillates in time following the vector potential and, hence, asymptotically it becomes zero. A trivial conclusion is that the most probable process would result in generation of particles at rest, which can be accomplished by absorbing a photon of energy $\omega_{\text{th}} = 2m_e c^2$. This has been seen in our numerical results. In such a case, $\Omega_p(t) = -e\mathcal{E}_0 F(t)/(2m_e c)$ and, consequently, the momentum distribution (24) scales like \mathcal{E}_0^2 . Going beyond the one-photon threshold, one can use the same argument. The difference is that there will be the excess energy absorbed from the field that will contribute to the effective mass of particles. In such a case, $\Omega_p(t) = -e\mathcal{E}_0F(t)/[2m_e(\mathbf{p}_\perp)c]$, which surely indicates a quadratic scaling of the number of produced pairs *f* [Eq. (24)] with the electric field strength \mathcal{E}_0 . A more detailed qualitative analysis of the perpendicular and parallel momenta sharing is presented in the Appendix.

IV. SUMMARY

Our results for the momentum distributions and the number of electron-positron pairs created in the dynamical Sauter-Schwinger process show dramatic changes with varying the frequency of the electric field oscillations in the vicinity of the one-photon threshold. Specifically, this concerns the energy sharing between the longitudinal and the transverse motion of created particles. While below the one-photon threshold the particles are created with a nearly zero transverse and a

substantial longitudinal momentum, this tendency is reversed above the one-photon threshold. The latter is particularly surprising, as it is commonly believed that particles are mostly created along the electric field. As we have shown, with increasing the field frequency above the one-photon threshold, the field effect is exclusively to increase the effective mass of produced particles [\(9\)](#page-2-0). Their total number, however, remains roughly the same. Moreover, it scales quadratically with the strength of the electric field, which is typical for the perturbative regime of *e*−*e*⁺ pair creation. Note that such perturbative scaling of the number of produced pairs with the electric field strength has been demonstrated in this paper for arbitrarily strong electric fields. Thus, the validity of the perturbation theory has been extended in this paper to processes with substantial transverse momenta of created particles.

Our results are in line with the previous claim that the effective mass of produced particles has to be redefined in different regimes of pair creation [\[25\]](#page-8-0). In this paper we have proposed the effective mass description that is applicable in the perturbative regime. This involves the transverse momentum of created particles [\(9\)](#page-2-0). While below the one-photon threshold it approaches the rest mass, it can be substantially larger than that above the one-photon threshold. One can conclude, therefore, that the transverse momentum of particles can be a direct signature of their effective mass.

ACKNOWLEDGMENT

This work is supported by the National Science Centre (Poland) under Grant No. 2014/15/B/ST2/02203.

APPENDIX: QUALITATIVE ANALYSIS OF THE MOMENTUM SHARING OF PRODUCED PARTICLES

The common tool of analyzing the pair production by alternating in time electric fields is the saddle-point approximation [\[53,54\]](#page-9-0). It was shown in these papers that the momentum distribution of created particles is mostly concentrated at the origin, i.e., for small values of *p*, and as exemplified by Eq. (3) in Ref. [\[54\]](#page-9-0), is of the Gauss-type form. Our analysis demonstrates that such a pattern is not always present, as for sufficiently rapidly oscillating electric fields nonzero transverse momenta are favored against longitudinal ones; the latter being still centered around small values. This means that the interpretation of our numerical results should be based on a different approach. Let us note that it would be very difficult, if not impossible, to develop a general approach describing different regimes of electric-field interaction with vacuum. Therefore, we shall dwell on our particular findings that seem to be not adequately well described by the saddlepoint analysis applied in [\[53,54\]](#page-9-0) (and references therein).

Namely, for sufficiently rapidly oscillating fields, when the condition $|-2eA(t)p_{\parallel} + e^2A^2(t)| \ll m_e^2(\mathbf{p})c^2$ with $m_e^2(\mathbf{p}) =$ $m_e^2 + p^2/c^2$ is fulfilled (see Fig. [1\)](#page-3-0), one can approximate $\omega_p(t)$ by the Taylor expansion,

$$
\omega_p(t) \approx m_e(\boldsymbol{p})c^2 + \frac{-2eA(t)p_{\parallel} + e^2A^2(t)}{2m_e(\boldsymbol{p})} \approx m_e(\boldsymbol{p})c^2,
$$
\n(A1)

provided that $|eA(t)/m_e(\boldsymbol{p})c| \ll 1$. Moreover, within this approximation we have

$$
\frac{\Omega_p(t)}{m_e(\mathbf{p})c^2} \approx \frac{|e|\mathcal{E}(t)m_e(\mathbf{p}_\perp)}{2m_e^3(\mathbf{p})c^3}.
$$
\n(A2)

Therefore, if we define the momentum-dependent Sauter-Schwinger electric field strength (temporarily we restore the Planck constant \hbar),

$$
\mathcal{E}_S(\mathbf{p}) = \frac{m_e^2(\mathbf{p})c^3}{|e|\hbar},\tag{A3}
$$

and consider electric fields such that $|\mathcal{E}(t)| \ll \mathcal{E}_S(\boldsymbol{p})$, then

$$
|\Omega_p(t)| \ll \omega_p(t) \approx m_e(p)c^2,
$$
 (A4)

and the perturbative approach [\(24\)](#page-6-0) is applicable. Moreover, for the rapidly oscillating electric fields (i.e., for $\omega \gg \beta$ [see, Eq. (18)]) the slowly varying envelope approximation is justified. Since in our case the electric field is $\mathcal{E}(t) = \mathcal{E}_0(t) \sin \omega t$ [see Eqs. (17) and (18)] and the slowly changing envelope approximation requires that $\mathcal{E}_0(t) \ll \omega \mathcal{E}_0(t)$, therefore, in all time-integrals containing the electric field we can consider the envelope $\mathcal{E}_0(t)$ to be constant. As the result, we arrive at the following approximations:

$$
A(t) = -\int_{-\infty}^{t} \mathcal{E}(t)dt \approx \frac{\mathcal{E}_0(t)}{\omega} \cos \omega t,
$$

$$
\int_{-\infty}^{t} A(t)dt \approx \frac{\mathcal{E}_0(t)}{\omega^2} \sin \omega t,
$$

$$
\int_{-\infty}^{t} A^2(t)dt \approx \frac{\mathcal{E}_0^2(t)}{2\omega^2}t + \frac{\mathcal{E}_0^2(t)}{4\omega^3} \sin 2\omega t.
$$
 (A5)

Thus, the phase in (24) becomes

$$
2\int_{-\infty}^{t} [\omega_{p}(\tau) - m_{e}(\boldsymbol{p})c^{2}]d\tau \approx a_{1}(\boldsymbol{p}, t)\sin \omega t + a_{2}(\boldsymbol{p}, t)\sin 2\omega t + U(\boldsymbol{p}, t)t,
$$
\n(A6)

where

t

$$
a_1(\mathbf{p}, t) = -\frac{2eE_0(t)p_{\parallel}}{m_e(\mathbf{p})\omega^2}, \quad a_2(\mathbf{p}, t) = \frac{e^2E_0^2(t)}{4m_e(\mathbf{p})\omega^3},
$$

$$
U(\mathbf{p}, t) = \frac{e^2E_0^2(t)}{2m_e(\mathbf{p})\omega^2}.
$$
 (A7)

Accounting for these approximations, which for parameters considered in this paper are quite well satisfied, the momentum distribution of created pairs [\(5\)](#page-2-0) becomes

$$
f(\mathbf{p}) = |\mathcal{A}(\mathbf{p})|^2, \tag{A8}
$$

with

$$
\mathcal{A}(\boldsymbol{p}) \approx -\frac{m_e(\boldsymbol{p}_\perp)c^3}{(2m_e(\boldsymbol{p})c^2)^2} \int_{-\infty}^{\infty} dt \ e\mathcal{E}_0(t) [e^{i(\omega - 2m_e(\boldsymbol{p})c^2)t} -e^{-i(\omega + 2m_e(\boldsymbol{p})c^2)t}] \exp[-ia_1(\boldsymbol{p}, t) \sin \omega t - ia_2(\boldsymbol{p}, t) \sin 2\omega t - iU(\boldsymbol{p}, t)t]. \tag{A9}
$$

Note that the dominant contribution to this integral is for such momenta for which $\omega \approx 2m_e(\mathbf{p})c^2$, or

$$
\mathbf{p}_{\perp}^2 + p_{\parallel}^2 \approx \frac{(\omega/2)^2 - (m_{\rm e}c^2)^2}{c^2}.
$$
 (A10)

Thus, we obtain that the one-photon process is the most probable, and Eq. (A10) expresses the respective energy conservation condition. As a result, we clearly observe the ring pattern (see Figs. [4](#page-4-0) and [5\)](#page-5-0) for $\omega/2$ significantly larger than the electron rest energy. Furthermore, for parameters considered here and for ω larger than $2m_ec^2$ the functions $a_1(\mathbf{p},t)$, $a_2(\mathbf{p}, t)$, and $U(\mathbf{p}, t)/\omega$ are smaller than 1. Therefore, in the leading approximation we can ignore the last exponential function in Eq. $(A9)$. In this case, for the momenta that satisfy Eq. $(A10)$, we obtain

$$
\mathcal{A}(\boldsymbol{p}) \approx -i \frac{m_e(\boldsymbol{p}_\perp)c^3}{\omega^2} \int_{-\infty}^{\infty} dt \, e \mathcal{E}_0(t). \tag{A11}
$$

This formula supports our numerical findings that within the one-photon ring $(A10)$ the momentum distributions reach their maxima for small values of longitudinal momenta p_{\parallel} . Since for large ω also the vector potential $A(t)$ is small (see, e.g., Fig. [1\)](#page-3-0), therefore, one can conclude that for the abovethreshold pair production the most favorable momentum sharing is such that $p_{\parallel} - eA(t) \approx 0$. This result contradicts what one could expect from the standard tunneling theory, which was discussed already in the original Sauter paper [1].

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Our qualitative analysis also explains the existence of secondary rings in the momentum distributions of created particles; the latter being hardly visible for the parameters chosen in this paper. Namely, by applying the Fourier decomposition

$$
\exp[-ia_1(\boldsymbol{p}, t)\sin\omega t - ia_2(\boldsymbol{p}, t)\sin 2\omega t]
$$

=
$$
\sum_{L=-\infty}^{\infty} e^{iL\omega t} B_{-L}[a_1(\boldsymbol{p}, t), a_2(\boldsymbol{p}, t)],
$$
 (A12)

where $B_{-L}(x, y)$ are the so-called generalized Bessel functions [\[55\]](#page-9-0), we find out that the secondary rings for $L = 1, 2, \ldots$ are defined by the equation

$$
(L+1)\omega - 2m_e(\mathbf{p})c^2 \approx 0. \tag{A13}
$$

This is provided that $U(\boldsymbol{p}, t)$ can be neglected with respect to ω , which leads again to the circular rings in the momentum distribution of created particles. Similarly, one can derive formulas analogous to $(A11)$. In particular, for $L = 1$, the amplitude $A(p)$ behaves like \mathcal{E}_0^2 , in accordance with perturbation theory.

In conclusion, let us note that the qualitative predictions concerning the momentum sharing in pair creation by oscillating in time electric fields presented in this Appendix could be valid even beyond the domain of validity of approximations applied. In such cases, however, it would be rather difficult to devise an analytical approach for the reliable interpretation of numerical results. Meaning that one would have to rely only on the numerical analysis.

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