Hole Spin Qubits in Si FinFETs With Fully Tunable Spin-Orbit Coupling and Sweet Spots for Charge Noise

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The strong spin-orbit coupling in hole spin qubits enables fast and electrically tunable gates, but at the same time enhances the susceptibility of the qubit to charge noise. Suppressing this noise is a significant challenge in semiconductor quantum computing. Here, we show theoretically that hole Si fin field-effect transistors (FinFETs) are not only very compatible with modern CMOS technology, but they present operational sweet spots where the charge noise is completely removed. The presence of these sweet spots is a result of the interplay between the anisotropy of the material and the triangular shape of the FinFET cross section, and it does not require an extreme fine-tuning of the electrostatics of the device. We present how the sweet spots appear in FinFETs grown along different crystallographic axes and we study in detail how the behavior of these devices changes when the cross-section area and aspect ratio are varied. We identify designs that maximize the qubit performance and could pave the way towards a scalable spin-based quantum computer.

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I. INTRODUCTION

Strong spin-orbit coupling [1] is a desirable ingredient to build a scalable spin-based quantum computer [2,3], enabling fast and fully electrical manipulations of quantum bits [4-6]. Promising platforms to reach large values of spin-orbit interactions are p-doped semiconductor nanowires, where the charge carriers are holes rather than electrons [7–14]. When holes are strongly confined in two directions, an externally tunable electric field generates a large effective spin-orbit field [15,16] that results in ultrafast Rabi frequencies, larger than 400 MHz [17,18], and in spin-orbit lengths of tens of nanometers [19-25], shorter than typical interdot distances. The regime of strong coupling between spins and photons in microwave resonators [26,27] has been predicted in these systems [28], which could enable long-range coupling between distant qubits. Because of the large spin-orbit interaction, holesuperconductor heterostructures have also attracted much interest as platforms to detect and manipulate Majorana bound states [29–31].

On the other hand, large interactions between spin and charge degrees of freedom render the system strongly

Published by the American Physical Society under the terms of the Creative Commons Attribution 4.0 International license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI. susceptible to charge noise, reducing the qubit lifetime [17,32–34]. Efforts to find operational sweet spots where charge noise is reduced have focused on planar Ge qubits [35] or considered single atoms [36], as well as artificial spin-orbit fields [37]. The appearance of sweet spots depending on the direction of the applied magnetic field has also been analyzed [38,39]. At the working points identified in these studies, the spin-orbit interaction is not susceptible to small fluctuations of the electric field, but remains finite. However, in electrostatically defined quantum dots in hole nanowires, there are additional noise channels that are not suppressed at these working points. For example, because of the large value of the spin-orbit coupling, the fluctuations of the size of the dot strongly couple to the spin and lead to decoherence. To remove charge noise in these systems, one needs the ability to ondemand fully switch on and off the spin-orbit interactions depending on whether the qubit is operational or idle.

We find that such a spin-orbit switch naturally occurs in *p*-doped silicon fin field-effect transistors (FinFETs) [40–42], thus making these devices ideal candidates to reliably store quantum information. Silicon is highly compatible with the modern semiconductor industry and is one of the frontrunner materials for scalable large-scale quantum computers. State-of-the-art electron Si qubits can operate reliably at temperatures higher than 1 K [43,44], and high-fidelity two-qubit gates [45–49], as well as singlet-triplet qubit operations [50], control over higher spin states [51], and scalable readout schemes [52–56] have been demonstrated in Si. In addition, Si offers the unique possibility to drastically reduce the hyperfine noise [57–63] by

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isotopic purification [64,65], resulting in spin qubits whose performances are essentially limited only by the charge noise [32].

The tunability of the spin-orbit coupling by varying the electric field is a well-known feature of semiconductor nanowires [9,11], but in many typical geometries, such as wires with rectangular [16,66,67] or circular cross sections [15,17,24,28], the spin-orbit interaction is only fully removed when there is no external electric field. While working without a dc electric field can be possible for etched [68] or self-assembled [69] quantum dots, in electrostatically defined nanostructures, an external gate potential is required to delimit the dot. Consequently, the electric field cannot be easily set to zero, resulting in a residual spin-orbit interaction, which degrades the qubit performance. In contrast, a crucial feature of the Si Fin-FETs studied here is their nearly triangular cross section, which results in sweet spots where the spin-orbit coupling can be switched off at finite values of the electric field, thus removing the charge noise. In fact, we show that holes confined in triangular wires present a large spin-orbit coupling even without electric fields and, depending on the design of the fin, an external gate potential can suppress this intrinsic

The present paper is organized as follows. In Sec. II, we introduce different state-of-the-art FinFET designs [40–42], including silicon-on-insulator (SOI) FinFETs and bulk Si FinFETs, and we discuss the theoretical model used in our analysis.

In Sec. III, we consider an ideal fin with an equilateral triangular cross section and study the long-wavelength dynamics of the holes confined there. Because Si is an anisotropic semiconductor [1], we pay particular attention to how different growth directions affect the effective spin-orbit interactions [16,70–72]. By using a simple theoretical model, which only includes heavy and light holes, and by considering realistic inhomogeneous electric field profiles, we identify qualitatively distinct mechanisms that remove the spin-orbit coupling and that are suitable for different device designs. Here, we also comment on the effect of a possible moderate strain on the spin-orbit switch.

In Sec. IV, we extend the theoretical model of the Fin-FET by including the spin-orbit split-off hole (SOH) band. This band is energetically separated from heavy and light holes by the bulk Si spin-orbit gap [1], but it strongly influences the hole behavior in small wires and we find that it can even remove the spin-orbit sweet spot in wires with a triangular cross section of side shorter than 35 nm. Fortunately, we find that a more careful device design can counteract the action of the SOHs and we discuss a possible way of recovering the sweet spot.

Finally, in Sec. V, we study the charge noise of spin-1/2 qubits [2] in Si FinFETs. We find that working close to the spin-orbit sweet spot drastically suppresses the influence of charge noise on the qubit lifetime, and strongly improves

the dephasing time. By including in our analysis the fluctuations of the g factor as a function of the electric field, a charge noise mechanism that is not directly related to the effective spin-orbit coupling of the wire, the exact position of the sweet spot is slightly shifted, but the charge noise can still be exactly canceled, resulting in a system fully resilient against small charge fluctuations.

II. THEORETICAL MODEL

In this paper, we analyze the hole Si FinFET sketched in Fig. 1. The fin extends in the z direction and it defines a nanowire with an isosceles triangular cross section with equal sides L_y and base L_x . We study two different FinFET designs: SOI and bulk FinFETs. In SOI FinFETs, the triangular fin lies on top of a dielectric material, while in bulk FinFETs, it lies on top of a Si substrate. The apex of the fin is covered by a dielectric with an ideal metallic gate placed on top. The top gate is fixed at a potential V_g measured with respect to a back gate at a distance d_B from the bottom of the wire. In bulk FinFETs, a negative gate potential V_g is required to localize the hole wavefunction inside the fin, while in SOI FinFETs, the holes are confined in the wire by the dielectric and V_g can attain positive values, too.

The dynamics of this system is accurately described by the Hamiltonian

$$H = H_{LK} + V_{HW}(x, y) + V_E(x, y),$$
 (1)

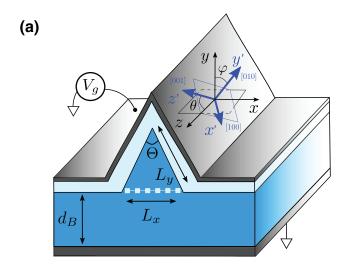
which comprises the hole kinetic energy H_{LK} and two distinct potential energies V_{HW} and V_E .

The potential $V_{\rm HW}$ captures the abrupt interfaces between the semiconductor and the dielectric and because of the large energy gap between the materials, we model it by requiring the wavefunction to vanish at the edges of the system (hard-wall boundary conditions). In contrast, V_E describes the smoother and externally tunable electrostatic potential generated by V_g . In the cross section of the wire, this term is well approximated by the multipole expansion

$$V_E(x,y) = -e\mathbf{E} \cdot \mathbf{r} - \frac{e}{2}\mathbf{r} \cdot \underline{\delta E} \cdot \mathbf{r}, \qquad (2)$$

which includes a homogeneous electric field vector $\mathbf{E} = (E_x, E_y)$ and a tensor modeling the inhomogeneous component of the electric field $(\underline{\delta E})_{ij}$. The coordinate system $\mathbf{r} = (x, y)$ is centered in the center of mass of the wire. Importantly, both the homogeneous and inhomogeneous components of the electric field depend linearly on the external gate potential V_g and their strength can be tuned by the gate design. More details on this approximation and a thorough discussion on the values of E_i and δE_{ij} in the FinFETs analyzed in this paper can be found in Appendix A.

A precise description of the kinetic energy of the holes in the valence bands of semiconductors is provided by the



(b) CA SA DRA
$$\theta = 0, \varphi = 0 \qquad \theta = -\frac{\pi}{2}, \varphi = -\frac{3\pi}{4} \qquad \theta = 0, \varphi = \frac{\pi}{4}$$

$$y \parallel [010] \qquad y \parallel [1\bar{1}0] \qquad y \parallel [\bar{1}10]$$

$$y \parallel [011] \qquad y \parallel [110]$$

$$z \parallel [001] \qquad z \parallel [101] \qquad z \parallel [001]$$

FIG. 1. Sketch of a Si FinFET. In (a), the blue and light blue areas represent the semiconductor and the dielectric, respectively, while the gray areas are the metallic gates. The orientation of the Si FinFET with respect to the crystallographic axes (blue axes) depends on the angles θ and φ . The wire extends along the z direction and the fin has an isosceles triangular shape with base L_x , equal sides L_y , and height parallel to the y direction. The apex angle of the triangle is Θ . We call wide and narrow FinFETs the $\Theta > \pi/3$ and $\Theta < \pi/3$ devices, respectively; the FinFET is equilateral when $\Theta = \pi/3$. The dashed line at the bottom of the fin indicates the lower boundary of the fin. In a SOI FinFET there is a clear physical separation between the Si substrate and the wire, which is provided by a thick dielectric layer at the position of the dashed line. In contrast, in a bulk Si FinFET, there is no physical separation between substrate and the fin. In this case, the holes are localized in the fin by negative values of the gate potential V_g applied with respect to a grounded back gate at a distance d_B from the bottom of the triangle. In (b), we show the main orientations of the axes of confinement with respect to the crystallographic axes.

 4×4 Luttinger-Kohn (LK) Hamiltonian [1,73]

$$H'_{LK} = \left(\gamma_1 + \frac{5}{2}\gamma_2\right) \frac{p'^2}{2m} - \frac{\gamma_2}{m} \mathbf{p}'^2 \cdot \mathbf{J}'^2 - \frac{2\gamma_3}{m} p_i' p_j' \{J_i', J_j'\} + \text{CP},$$
(3)

which describes the mixing of heavy holes (HHs) and light holes (LHs) with spin 3/2 and spin 1/2, respectively.

Here, m is the bare electron mass, we use the anticommutator $\{A,B\} = (AB+BA)/2$, and CP stands for cyclic permutations. Also, we have defined $p'^2 = p_x'^2 + p_y'^2 + p_z'^2$ and the vectors $\mathbf{p}'^2 = (p_x'^2, p_y'^2, p_z'^2)$ and $\mathbf{J}'^2 = (J_x'^2, J_y'^2, J_z'^2)$, where $p_i' = -i\hbar\partial_{i'}$ are canonical momenta and the four-dimensional matrices J_i' are spin-3/2 matrices. The primed coordinate system is aligned to the main crystallographic axes, i.e., $x' \parallel [100], y' \parallel [010]$, and $z' \parallel [001]$.

The LK Hamiltonian is parameterized by three materialdependent dimensionless quantities: $\gamma_{1,2,3}$. Here, we use the values of γ_i given in Ref. [1]. Si is an anisotropic semiconductor because the parameters γ_2 and γ_3 are quite different. As a consequence, the low-energy description of the system strongly depends on the orientation of the nanowire with respect to the crystallographic axes [16,70— 72]. In our convention, the nanowire always extends along the z direction, and to conveniently account for different growth directions, we transform the LK Hamiltonian as $H'_{LK} \to H_{LK}$ by performing a rotation of an angle θ around the $y' \parallel [010]$ crystallographic axis and a subsequent rotation of an angle φ around the rotated z' axis; see Fig. 1. This transformation aligns the coordinate system and the spin matrices to the axes (x, y, z) in the figure; the Hamiltonian $H_{\rm LK}$ and the relation between the primed and unprimed coordinates are given explicitly in Eqs. (C1) and (C2), respectively.

The most relevant orientations of the wire for this paper are summarized in Fig. 1(b). In particular, it is instructive to study the behavior of wires where the coordinate system is aligned to the crystallographic axes, and of wires grown along the [110] direction, as standardly done in experiments [22,41,42,66]. We also consider the growth direction that maximizes the direct Rashba spin-orbit interactions in inversion symmetric silicon nanowires [16] and quantum dots [70]. We refer to these orientations as the crystallographic axes (CA), standard axes (SA), and direct Rashba axes (DRA), respectively.

The 4×4 LK Hamiltonian in Eq. (3) captures accurately the physics of Si nanowires with large cross sections; however, to describe smaller wires, one needs to include the contribution of the spin-1/2 spin-orbit SOHs that are gapped from the HHs and LHs by a material-dependent spin-orbit energy Δ_0 . The SOHs are negligible only when Δ_0 is much larger than the confinement energy, such that the HH-LH subspace is well separated in energy from the subspace of the SOHs. In silicon, the gap $\Delta_0 \approx 44.1$ meV [1] is comparable to the confinement energy in narrow wires, leading to a strong influence of the SOHs on the response, especially in the presence of an electric field. To take the SOHs fully into account, we compare our results obtained with the 4×4 Hamiltonian (3) to more accurate results obtained with the 6×6 extension of the LK Hamiltonian, the complete form of which can be found, for example, in Appendix C of Ref. [1]. The conduction electrons are separated by a much larger gap from the

holes, and so their contribution is always neglected in the present analysis.

Without a magnetic field, the eigenvalues of the Hamiltonian in Eq. (1) are doubly degenerate Kramers partners. When the wavelength of the hole wavefunction along the nanowire is larger than the confinement length in the cross section, the low-energy physics of the system is well described by an effective nanowire Hamiltonian $H_{\rm NW}$ that acts only on the lowest pair of eigenstates. To second order in the momentum p_z along the wire, we obtain

$$H_{\text{NW}} = \frac{p_z^2}{2m^*} + \mathbf{v} \cdot \boldsymbol{\sigma} p_z, \tag{4}$$

where σ is a vector of Pauli matrices acting on the subspace of the lowest Kramers partners. The nanowire Hamiltonian is parameterized by an effective mass m^* and a spin-orbit velocity vector \mathbf{v} that can be found in perturbation theory. In particular, one can decompose H into powers of p_z as $H = H_0 + H_1 p_z + H_2 p_z^2$, with $H_0 = H_{LK}(p_z = 0) + V_{HW}(x,y) + V_E(x,y)$, and introduce the unitary matrix M_E that diagonalizes H_0 , i.e., $(M_E^{\dagger} H_0 M_E)_{nm} = \epsilon_E^n \delta_{nm}$. To obtain accurate results, we compute the eigenvectors M_E and the eigenenergies ϵ_E numerically by discretizing the Hamiltonian H_0 . By standard perturbation theory, it is straightforward to find that

$$(\mathbf{v} \cdot \boldsymbol{\sigma})_{ij} = (M_E^{\dagger} H_1 M_E)_{ij}, \tag{5}$$

where i,j act only on the lowest pair of Kramers partners; a similar perturbative expression for the effective mass is given in Eq. (C7). The subscript E in the eigensystem M_E and ϵ_E emphasizes the dependence on the electric field. For this reason, the effective parameters of the wire Hamiltonian are externally tunable by the gate potential V_g , which controls the electrostatic potential $V_E(x,y)$. We also introduce the spin-orbit length

$$l_{SO} = \frac{\hbar}{m^* |\mathbf{v}|} \tag{6}$$

that characterizes the spin-orbit interactions relative to the inertia of the particle.

To define a spin qubit, we include an external, homogeneous magnetic field **B**. For weak values of the magnetic field, typically below one tesla, we can safely neglect the orbital contribution of the magnetic field and focus only on the coupling of the magnetic field to the spin degree of freedom via the Zeeman energy, which in the 4×4 Luttinger-Kohn Hamiltonian is $H_Z = 2\mathbf{B} \cdot (\kappa \mathbf{J} + q \mathbf{J}^3)$. Here, κ and q are material-dependent parameters for the magnetic interactions. The magnetic interactions when SOHs are included, as well as the precise value of κ and q for Si, can be found in Ref. [1]. Projecting the Zeeman Hamiltonian onto the ground state of the wire, to linear

order in B, the effective Hamiltonian in Eq. (4) acquires the correction

$$H_{\text{NW}}^Z = \frac{1}{2} \mathbf{\Delta} \cdot \boldsymbol{\sigma},\tag{7}$$

where we introduce the vector $\Delta = \mu_B \underline{g} \cdot \mathbf{B}$. Here, μ_B is the Bohr magneton and \underline{g} is a dimensionless 3×3 matrix of g factors. From perturbation theory, we obtain the electric-field-dependent Zeeman interactions

$$(\mathbf{\Delta} \cdot \mathbf{\sigma})_{ii} = 2(M_F^{\dagger} H_Z M_F)_{ii}. \tag{8}$$

III. EQUILATERAL FinFETs

To have a simple model of FinFETs, we consider first a nanowire with a triangular cross section and we require that the hole wavefunction vanishes at the boundaries of the triangle; see Fig. 1. This model provides an accurate description of SOI FinFETs, but it is questionable in bulk Si FinFETs, where there is no sharp interface at the bottom of the fin and the wavefunction can leak into the bulk. In this case, however, the hard-wall approximation still provides a good qualitative understanding of the system, especially when the hole wavefunction is strongly confined inside the fin by a large negative gate potential V_g . The effect of the substrate in a bulk Si FinFET is discussed in Appendix F.

The choice of a triangular fin is crucial in our analysis. In fact, compared to rectangular or circular nanowires, a triangular cross section lacks inversion symmetry in the (x,y) plane, i.e., $V_{\rm HW}(x,y) \neq V_{\rm HW}(-x,-y)$, and consequently the triangular nanowire can present large intrinsic spinorbit interactions without external homogeneous electric fields, i.e., $\mathbf{v}_0 \equiv \mathbf{v}(\mathbf{E}=0) \neq 0$ [74].

In this section, we examine how the spin-orbit interaction varies as a function of the gate potential and of the growth direction in an ideal case, where the cross section is an equilateral triangle of side *L*. In Si FinFETs, the triangular cross section can be made rather equilateral (see, e.g., Ref. [42]); however, it is often the case that the fin is a more narrow [41] or wide [22] isosceles triangle. The spin-orbit coupling in isosceles triangles with different aspect ratios is analyzed in Sec. IV.

A convenient orthonormal basis to describe this system comprises the eigenfunctions of the two-dimensional Laplace operator $p_x^2 + p_y^2$ vanishing at the boundary of an equilateral triangle. Because of the highly symmetric geometry, the eigenfunctions can be expressed in terms of trigonometric functions; see Appendix B [in particular, Eq. (B1)] and Ref. [75] for more details. A natural energy scale for this problem is the confinement energy

$$\epsilon_c = \frac{16\hbar^2 \pi^2}{3mL^2} \gamma_1,\tag{9}$$

which characterizes the energy gap between different orbital states; see Eq. (B3). This energy is quite large, for

example in a silicon wire with side L=35 nm, the quantization energy is $\epsilon_c\approx 14$ meV, approximately 30% of the gap to the split-off band $\Delta_0\approx 44.1$ meV [1]. While, for $L\gtrsim 35$ nm, the 4×4 LK Hamiltonian in Eq. (3) is valid; in smaller wires such a strong quantization results in a large contribution of the SOHs, which demands a more detailed analysis that fully includes these states. In the following, we refer to small (large) wires when the side L is smaller (larger) than 35 nm. To gain a qualitative understanding of the system, we begin our analysis by studying large nanowires by using the 4×4 LK Hamiltonian; a detailed analysis of the effect of the SOHs is postponed to Sec. IV.

We first compute the intrinsic spin-orbit velocity \mathbf{v}_0 in the absence of electric fields, focusing on its dependence on the growth direction. Then, we separately describe the effect of homogeneous and inhomogeneous electric fields. We discuss when the electric-field-induced spin-orbit coupling compensates for the intrinsic spin-orbit interactions, yielding convenient operational sweet spots where spin-orbit effects vanish.

A. Intrinsic spin-orbit velocity

Without external fields, a simple yet satisfactory description of the system is provided by a reduced 12-dimensional Hamiltonian H_{12} that includes only the lowest three orbital states in Eq. (B1). Hamiltonian H_{12} parametrically depends on the growth orientation via the angles φ and θ (see Fig. 1), and its general expression can be obtained by combining Eqs. (C5) and (C4); when $\theta=0$, H_{12} is explicitly given in Eq. (C10). By using a second-order Schrieffer-Wolff transformation [1,76] on H_{12} , the intrinsic spin-orbit velocity \mathbf{v}_0 can be written as

$$\mathbf{v}_0 = \frac{\hbar}{mL} (\gamma_3 - \gamma_2) \, \boldsymbol{\alpha}_0(\theta, \varphi), \tag{10}$$

where $\alpha_0(\theta, \varphi)$ is a dimensionless three-dimensional vector that characterizes strength and direction of the spin-orbit field and depends on the growth direction and on the Luttinger parameters. Importantly, for an equilateral triangle, the intrinsic spin-orbit interaction is a result of the anisotropy of the semiconductor and it vanishes when $\gamma_2 = \gamma_3$. For this reason, materials such as silicon, where the anisotropy is large, are a convenient choice to study this effect.

The general dependence of these quantities on the growth directions in silicon is discussed in Appendix C 1; see, in particular, Fig. 12. From the analysis, we observe that the maximal value of $|\mathbf{v}_0| \approx 2.91\hbar/(mL)$ is reached when the wire extends along one of the crystallographic axes, i.e., when $z \parallel [100]$, [010], or [001]. In this case, there is no spin-orbit coupling in the direction of the wire, i.e., $(\mathbf{v}_0)_z = 0$, and we define the complex quantity $\alpha_0(\theta) = (\boldsymbol{\alpha}_0)_x(\theta, \varphi) + i(\boldsymbol{\alpha}_0)_y(\theta, \varphi)$, where, to simplify the notation, we suppress the explicit dependence of $\alpha_0(\theta)$ on

TABLE I. Parameters of the intrinsic spin-orbit vector \mathbf{v}_0 in Eq. (11b) when $\theta = -\pi/2$. These parameters describe the SA (CA) when $\varphi = -3\pi/4$ ($\varphi = 0$).

a_1	a_2	a_3	b_1	b_2
2.468	0.683	0.013	0.298	0.011

 φ . In particular, we find that

$$\alpha_0(0) = 9.34 \frac{\gamma_3}{\gamma_1 + (5/2)\gamma_2} e^{-4i\varphi} \approx 2.631 e^{-4i\varphi},$$
 (11a)

$$\alpha_0\left(\frac{\pi}{2}\right) = \frac{a_1 - a_2\cos(4\varphi) + a_3(\gamma_3 - \gamma_2)\cos(8\varphi)}{1 - b_1(\gamma_3 - \gamma_2)\cos(4\varphi) + b_2(\gamma_3 - \gamma_2)^2\cos(8\varphi)},$$
(11b)

where a_i and b_i are real functions of the Luttinger parameters, whose values for silicon are shown in Table I. The numerical value 2.631 in Eq. (11a) is obtained by using the Luttinger parameters of Si and describes the CA and the DRA. From Eq. (11b), we estimate α_0 ($\pi/2$) ≈ 2.354 at $\varphi = -3\pi/4$, corresponding to the SA.

A comparison between the perturbative results in Eq. (10) and the exact spin-orbit velocity computed numerically by using Eq. (5) and a larger number N=200 of the orbital basis states in Eq. (B1) is shown in Fig. 2. When the elevation angle is $\theta=0$, the wire extends along the [001] direction, and the spin-orbit vector has a roughly constant amplitude, but as a consequence of the fourfold rotational symmetry of the Luttinger-Kohn Hamiltonian, its direction oscillates as a function of the azimuthal angle

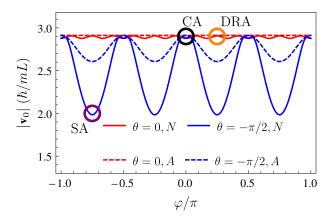


FIG. 2. Intrinsic spin-orbit velocity $|\mathbf{v}_0|$ without external electric fields in an equilateral FinFET. We compute $|\mathbf{v}_0|$ as a function of the angle φ at $\theta=0$ (red lines) and $\theta=-\pi/2$ (blue lines). The dashed lines are obtained by the approximate Eqs. (10) and (11), while the solid lines are obtained numerically by using Eq. (5) and including 200 orbital states in Eq. (B1). We mark with black, orange, and purple circles the results obtained for the relevant orientations of the CA, DRA, and SA, respectively; see Fig. 1(b).

 φ with period $\pi/2$. In contrast, when $\theta=\pm\pi/2$, the intrinsic spin-orbit vector has a constant direction $(\mathbf{v} \parallel \mathbf{e}_x)$ and an oscillating amplitude that reaches its maximum when the wire is aligned to the main crystallographic axes [100] or [010]. The minimal spin-orbit coupling occurs when the wire extends along the [110] direction, which corresponds to the standard experimental growth direction (SA); see Fig. 1(b). We note that while Eq. (11a) agrees well with the numerically computed spin-orbit coupling, Eq. (11b) captures the periodic oscillations but overestimates the absolute value of the intrinsic coupling at the SA.

The dependence of the effective mass and of the spin-orbit length on the growth direction can also be straightforwardly obtained, and a detailed analysis of these quantities is given in Appendix C 1. Importantly, the spin-orbit length defined in Eq. (6) is of the order of the side L of the triangle, which is typically much smaller than the lateral size of the dot, and it reaches the minimal value $l_{\rm SO}\approx 0.83L$ when $z\parallel [001]$. Consequently, we expect hole Si FinFETs to show effects due to large spin-orbit interaction such as renormalization of the g factor [10,21,24,25,66,67] and ultrafast Rabi oscillations [17].

B. Homogeneous electric field

We now analyze the effect of the electrostatic potential V_E in Eq. (2) on the spin-orbit velocity. For Si wires, there are two distinct mechanisms that suppress the spin-orbit interactions and eventually remove them entirely. These mechanisms are the application of a homogeneous electric field E_y pointing along the y direction and the application of inhomogeneous electric fields δE_{xx} and δE_{yy} that harmonically confine the wavefunction inside the fin. Both these fields are controllable by the external potential, and their strengths strongly depend on the gate design; see Appendix A for a more detailed analysis.

Let us first consider the effect of homogeneous electric fields, which models setups where the nonlinearities of the fields are suppressed. In realistic devices the top gate covers the wire rather symmetrically with respect to the y direction. For this reason, the homogeneous electric field E_x in the x direction is zero and we neglect it in the present analysis [77].

In Fig. 3, we show the results of a numerical analysis showing the dependence of the spin-orbit velocity on the dipole energy eE_yL for the growth directions given in Fig. 1(b). These results are obtained by projecting Hamiltonian (1) onto the first 200 orbital states in Eq. (B1) and using Eq. (5). We observe that the electric field strongly influences the spin-orbit field and it can increase it or decrease it depending on the orientation of the wire. In particular, for the DRA and the SA, the spin-orbit field can be exactly switched off when the dipole energy eE_yL becomes comparable to the confinement energy eE_y . More precisely,

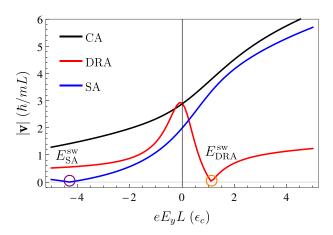


FIG. 3. Spin-orbit velocity $|\mathbf{v}|$ as a function of the homogeneous electric field E_y in an equilateral FinFET. We neglect the inhomogeneous contribution to the electric field profile and we compute $|\mathbf{v}|$ for the growth directions in Fig. 1(b). At negative (positive) electric fields, i.e., when the hole wavefunction is pushed to the bottom (apex) of the triangle, $|\mathbf{v}|$ can be zero when the wire is grown along the SA (DRA). We show the sweet spot $E_{\rm SA}^{\rm sw}(E_{\rm DRA}^{\rm sw})$ [see Eq. (12)] with a purple (orange) circle.

the spin-orbit switch occurs at

$$E_{\rm DRA}^{\rm sw} \approx 1.13 \frac{\epsilon_c}{eL} \approx 19.42 \times \frac{10^3 {\rm nm}^3}{L^3} {\rm V}/\mu {\rm m},$$
 (12a)

$$E_{\rm SA}^{\rm sw} \approx -4.3 \frac{\epsilon_c}{eL} \approx -73.9 \times \frac{10^3 {\rm nm}^3}{L^3} {\rm V}/\mu{\rm m},$$
 (12b)

for the DRA and SA, respectively. For a realistic cross section with sides of a few tens of nanometers, these electric fields are of the order $V/\mu m$, easily reachable in state-of-the-art devices. For the DRA, the spin-orbit coupling is removed when the electric field is positive and the holes are pushed to the apex of the fin, while for the SA growth direction, a negative field is required and the holes are pushed to the bottom of the triangle. Consequently, the SA is convenient in SOI FinFETs, where the wire is separated from the substrate by an oxide and the hard-wall boundary condition is also a good approximation at the bottom of the fin. In contrast, the DRA can also be suitable in bulk FinFETs because the large positive electric field confines the hole wavefunction in the fin and suppresses the leakage of the wavefunction into the substrate.

The suppression of the spin-orbit interaction comes from an interplay between the anisotropy of Si and the reduced symmetry of the cross section. For simplicity, we focus on wires where $z \parallel [001]$, i.e., $\theta = 0$, and examine the dependence of \mathbf{v} on φ . In this limit, a reasonable description of the system is provided by the reduced Hamiltonian H_{12} in Eq. (C10), which includes the lowest three orbital states given in Eq. (B1). By applying a fourth-order Schrieffer-Wolff transformation to H_{12} , we find that $v_z = 0$, and

we can write the complex off-diagonal matrix element of the spin-orbit velocity $v = (\mathbf{v})_x + i(\mathbf{v})_y$ as the sum of an anisotropic term α_A and an isotropic direct Rashba-like term α_I , i.e.,

$$v = \frac{\hbar}{mL} [(\gamma_3 - \gamma_2)\alpha_A(\varphi) + (\gamma_3 + \gamma_2)\alpha_I].$$
 (13)

Importantly, α_I is a real function of eE_yL and it does not depend on the azimuthal growth angle φ , while α_A is a complex function of eE_yL and oscillates as a function of φ . In particular, for small electric fields and in silicon, we find that

$$\alpha_A(\varphi) \approx \alpha_0 - 0.367e^{-4i\varphi} (eE_v L/\epsilon_c)^2,$$
 (14a)

$$\alpha_I \approx 0.35(eE_v L/\epsilon_c) + 0.246(eE_v L/\epsilon_c)^2,$$
 (14b)

where α_0 is the zero-field result in Eq. (11a) and in α_A we also neglected quantitatively small corrections linear in eE_yL/ϵ_c and proportional to different powers of $e^{-4i\varphi}$. For the general dependence of these parameters on the Luttinger parameters, see Eq. (C12). To better convey the importance of the shape of the cross section, in Appendix C3, we highlight the main differences in the spin-orbit coupling of triangular and square Si wires.

The spin-orbit interaction is fully switched off when $|\mathbf{v}|=0$. From Eq. (14), it follows that this cancelation can only occur at the growth angles $\varphi=\pi(2n+1)/4$ where α_A is a real-valued function, and where α_0 has a sign opposite to all the electric-field-dependent terms. From Eqs. (13) and (14), we estimate that the switch in silicon occurs at $E_{\mathrm{DRA}}^{\mathrm{sw}}\approx 1.52\epsilon_c/(eL)$. Note that our perturbative analysis provides good qualitative insights into the switching mechanism, and in addition, the numerical prefactor 1.52 is reasonably close to the prefactor 1.13, derived from the detailed numerical analysis including higher orbital states.

C. Inhomogeneous electric field

The electric field profile in a triangular FinFET comprises a large inhomogeneous component that significantly alters the spin-orbit velocity. In this section, we restrict ourselves to the analysis of Si FinFETs where a negative gate potential V_g is applied, such that the hole wavefunction is pushed to the apex of the triangle.

When the back gate is far from the wire, the inhomogeneous component of the electric field in the cross section can be well approximated by a linearly varying electric field parameterized by the tensor δE_{ij} ; see Eq. (2). As discussed in Appendix A, in typical devices, the cross terms δE_{xy} are very small. In contrast, the diagonal components δE_{xx} and the δE_{yy} are large and they vary linearly with the top gate potential V_g , with slopes that are comparable in

absolute value, but have opposite signs. In particular, we estimate $\delta E_{xx}/\delta E_{yy}\approx -1.01$, and thus the saddle potential energy

$$V_E(x, y) = e\delta E(y^2 - x^2)/2$$
 (15)

accurately describes the inhomogeneity of the electric field. Negative values of V_g correspond to positive values of the parameter δE and so $V_E(x,y)$ harmonically confines the holes in the y direction and pushes their wavefunction to the sides of the triangle in the x direction.

We first study separately the effect of the inhomogeneous coupling by setting the homogeneous electric field to zero, i.e., $E_y = 0$. We remark that, for inversion symmetric cross sections such as cylindrical or rectangular wires, the potential in Eq. (15) does not induce any spin-orbit interactions because $V_E(x,y) = V_E(-x,-y)$, and the results obtained in this section are specific for triangular wires.

In Fig. 4(a), we show the spin-orbit interactions as a function of δE and for the orientations in Fig. 1(b). We observe a qualitatively similar picture as discussed in Sec. III B for the homogeneous electric field: depending on the growth direction, the spin-orbit velocity varies with δE , and while it increases in the CA and SA, it decreases for the DRA, resulting in an operational sweet spot at

$$\delta E^{\text{sw}} \approx 20.5 \frac{\epsilon_c}{eL^2} \approx 35 \times 10^3 \times \frac{10^4 \text{nm}^4}{L^4} \text{V}/\mu\text{m}^2, \quad (16)$$

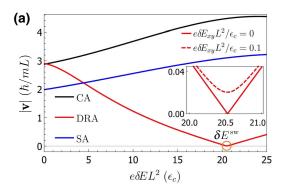
where $|\mathbf{v}|$ vanishes.

This spin-orbit sweet spot remains present also when nonidealities of the electric fields are included. In Appendix D, we show that the spin-orbit switch persists in a rather general FinFET design, where $\delta E_{xx} \neq -\delta E_{yy}$. Also, possible asymmetries of the gate design can lead to a small cross-coupling δE_{xy} . The effect of δE_{xy} on the spin-orbit velocity is shown in the inset of Fig. 4(a). We find that the spin-orbit switch is removed by including δE_{xy} . However, we expect that in most setups, δE_{xy} remains a few orders of magnitude smaller than δE and, thus, at the switch, the spin-orbit velocity is orders of magnitude smaller than the intrinsic velocity $|\mathbf{v}_0|$, still providing a good working point where charge noise is strongly reduced.

In realistic devices, the effects of homogeneous and linearly varying electric fields cannot be easily decoupled and thus we now examine how their interplay affects the spin-orbit switch. In Appendix A, we estimate that, in the FinFET shown in Fig. 1,

$$E_y \approx -0.3 \frac{V_g}{d_B} \approx 0.25 L \delta E. \tag{17}$$

While this constraint is strictly valid only for setups with top and back gates, we now explore a much larger parameter space where E_{ν} and δE are varied independently.



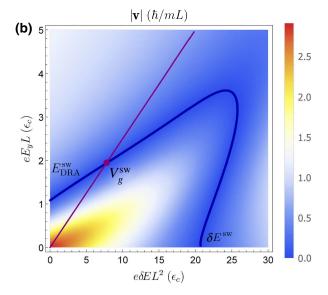


FIG. 4. Spin-orbit velocity $|\mathbf{v}|$ as a function of the inhomogeneous electric field δE in an equilateral FinFET. In (a) we use the confinement potential in Eq. (15) without the homogeneous field E_y and study how $|\mathbf{v}|$ varies for the wire orientations in Fig. 1(b); for the DRA device, $|\mathbf{v}|$ vanishes at the field δE^{sw} given in Eq. (16). In the inset, we show the effect of δE_{xy} for the DRA close to the switching field δE^{sw} . In (b) we show how $|\mathbf{v}|$ varies for the DRA device when δE and E_y are tuned independently. Here, $|\mathbf{v}|$ vanishes along the blue curve that connects $E_{\mathrm{DRA}}^{\mathrm{sw}}$ and δE^{sw} . In the device studied here, E_y and δE are constrained on the purple line defined by Eq. (17). From the intersection of the purple and blue lines, one finds the gate potential V_g^{sw} of the spin-orbit switch.

Consequently, our results are valid for a broad range of device designs, including, for example, Si FinFETs with gates placed sequentially along the wire.

In Fig. 4(b), we show the spin-orbit velocity in a Fin-FET grown along the DRA as a function of both E_y and δE . We observe that $|\mathbf{v}|$ vanishes along a (blue) curve that intersects the (purple) line defining constraint (17) at the point $(e\delta EL^2, eE_yL) = (7.8\epsilon_c, 1.95\epsilon_c)$.

The switching off of the spin-orbit velocity is mostly driven by the homogeneous electric field E_y and the inhomogeneous potential δE only renormalizes the value of E_y

required to compensate for the intrinsic spin-orbit interaction. Combining with Eq. (17), this point corresponds to the potential $V_g^{\rm sw} = -111.7 \times {\rm nm}^2 (d_B/L^3)$ V and, when L=20 nm and $d_B=100$ nm, one obtains the working point $V_g^{\rm sw} = -1.4$ V. Perturbative expressions of $|{\bf v}|$ as a function of E_y and δE can be found by generalizing the treatment discussed in Sec. IIIB and are given in Appendix C2; see Eq. (C12).

Another important feature of the spin-orbit switch is its robustness against moderate strain. In semiconductor nanostructures, strain can play a relevant role by renormalizing the response of the system to external fields [78]. In Si wires, strain could be induced, for example, by nearby metallic gates [79], or by incoherent interfaces between SiO_2 and Si [80,81]. The precise strain profile is strongly device dependent and it can be engineered by a careful fabrication process, where details such as choice of the materials [82] and dielectric thickness matter. Instead of focusing on a specific device realization, here we consider a simple strain model where the elements of the strain tensor ϵ_{ij} are homogeneous in the fin. By using the Bir-Pikus Hamiltonian [1,83], we estimate that the analysis provided above is qualitatively valid as long as

$$\epsilon_{xx} + \epsilon_{yy} - 2\epsilon_{zz} \in [0.54\%, -1.6\%] \times (L/10 \text{ nm})^{-2},$$
(18a)

$$|\epsilon_{xx} - \epsilon_{yy}| < 0.12\% \times (L/10 \text{ nm})^{-2},$$
 (18b)

$$|\epsilon_{xz}|, |\epsilon_{yz}| < 0.08\% \times (L/10 \text{ nm})^{-2},$$
 (18c)

$$|\epsilon_{xy}| < 0.9\% \times (L/10 \text{ nm})^{-2}.$$
 (18d)

Consequently, for typical cross sections where L is a few tens of nanometers, reasonable values of the strain parameters $\epsilon_{ij} \sim 0.1\%$ can still preserve the spin-orbit switch. A detailed analysis of the effect of strain as well as a justification for the homogeneous model are provided in Appendix E.

IV. EFFECT OF THE SOHS

In Sec. III, the effective spin-orbit velocity is computed by using the 4×4 LK Hamiltonian in Eq. (3), which describes the mixing of heavy and light holes. In this case, nanowires with equilateral triangular cross sections having different sides L show the same qualitative behavior, and L only sets the scale of the spin-orbit velocity $v \propto \hbar/(mL)$ and of the confinement energy $\epsilon_c \propto \hbar^2/(mL^2)$; see Eqs. (13) and (9), respectively. This model is valid for wires with a large cross section, where ϵ_c is the smallest energy scale and one can neglect the coupling to the split-off holes, gapped by a large energy Δ_0 . In contrast, for small Si wires, Δ_0 is comparable with ϵ_c and because of the influence of the SOHs, the ground-state dynamics of the wire depends nontrivially on the side L of the cross section [84]. As anticipated in Sec. II, to study this dependence,

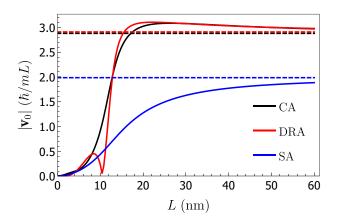


FIG. 5. Intrinsic spin-orbit velocity $|\mathbf{v}_0|$ as a function of the side length L of an equilateral FinFET. We compare the effect of the SOHs in wires grown along the orientations in Fig. 1(b) by showing with solid (dashed) lines the values of $|\mathbf{v}_0|$ obtained by the 6×6 (4 \times 4) LK Hamiltonian that includes (neglects) the SOHs.

we use the 6×6 LK Hamiltonian [1], fully accounting for the SOHs.

In Fig. 5, we show how the intrinsic spin-orbit velocity $|v_0|$ is modified by the SOHs in wires with different cross-section sides L. For large wires, with $L \gtrsim 35$ nm, the contribution of the SOHs is small and $|v_0|$ approaches the value in Eq. (10) obtained with the 4×4 LK Hamiltonian (dashed lines). In contrast, for very small wires, with $L \lesssim 10$ nm, the SOHs strongly suppress $|v_0|$. For moderately small wires, because of the anisotropy of Si, the effect of the SOHs strongly depends on the growth direction. In fact, while for the SA $|v_0|$ decreases monotonically, when $\theta = 0$, the spin-orbit velocity overshoots and reaches a maximum at $L \sim 20$ nm, where $|v_0|$ is larger than the value obtained for the 4×4 LK Hamiltonian. In addition, at $L \sim 10$ nm we observe that, for the DRA, the intrinsic spin-orbit interaction can be exactly canceled, restoring the usual direct Rashba spin-orbit coupling typical of inversion symmetric cross sections [15,16].

The SOHs strongly affect the response of the system to external electric fields. For example, we analyze here the spin-orbit velocity in wires with the DRA, where in Sec. III, we predict that the intrinsic spin-orbit interaction can be exactly canceled by a positive homogeneous electric field E_y and by an inhomogeneous field δE . In Fig. 6, we show how the spin-orbit switch-off mechanism discussed in Secs. III B and III C are modified by the SOHs. In particular, in Fig. 6(a) we show the combined effect of E_y and δE on the spin-orbit velocity v when the SOHs are accounted for. We study here an equilateral triangle of side L=20 nm, which maximizes the intrinsic spin-orbit coupling (see Fig. 5), and is easily achievable in state-of-the-art devices [41,42]. Comparing to Fig. 4(b), where v is obtained by using the 4×4 LK Hamiltonian, we observe

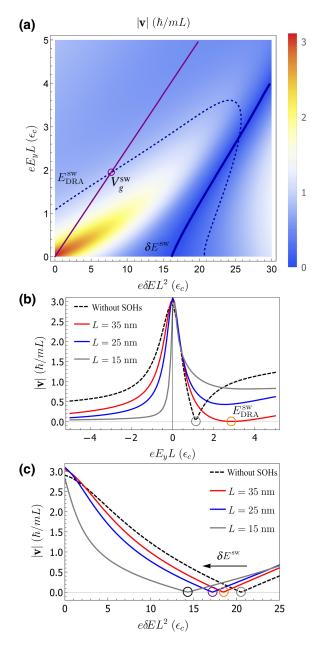


FIG. 6. Effect of the SOHs on the spin-orbit switch in small equilateral wires grown along the DRA. In (a), we show how |v| varies in a wire with cross section L = 20 nm as a function of homogeneous and inhomogeneous electric fields, E_{ν} and δE , respectively. When the SOHs are included, the spin-orbit switch driven by E_{ν} is removed and $|\mathbf{v}|$ vanishes only because of the inhomogeneous field δE . To facilitate the comparison with Fig. 4(b), we show with a dashed blue line the curve along which |v| vanishes in large wires. Importantly, when δE and E_v are constrained on the purple line [see Eq. (17)], the SOHs remove the spin-orbit switch at V_{σ}^{sw} . In (b),(c) we study how the SOHs affect the dependence of $|\mathbf{v}|^{s}$ on E_{y} and δE when the cross-section side L is varied. While the homogeneous spin-orbit switch E_{DRA}^{sw} is removed for wires with $L \lesssim 35$ nm, the inhomogeneous switch $\delta E^{\rm sw}$ remains and is pushed to lower values as the side length decreases. In the units used, the results obtained without the SOHs are independent of L.

that the SOHs drastically alter the response of the wire and they remove the charge noise sweet spot produced by the homogeneous electric field E_y , while maintaining the sweet spot resulting from the inhomogeneous field δE . This latter sweet spot also persists when a strong homogeneous electric field E_y is present and E_y only pushes the switch-off field $\delta E^{\rm sw}$ to larger values. In the plot, we show with a dashed line the curve along which the spin orbit vanishes when the SOHs are neglected. Importantly, for the simple gate design studied here, where E_y and δE are constrained along the purple line in the figure, the charge noise sweet spot is removed by the SOHs.

To have a better understanding of the system, we show in Figs. 6(b) and 6(c) the effect of E_y and δE in wires grown along the DRA and having different cross-section side L. We observe that, when $L\lesssim 35$ nm, the spin-orbit switch at $E_{\mathrm{DRA}}^{\mathrm{sw}}$ is removed by the SOHs. In contrast, the SOHs enhance the effect of δE and the spin-orbit switch at δE^{sw} persists in small wires and is pushed to lower values. A more detailed analysis of the inhomogeneous electric field response, including the general dependence on δE_{xx} and δE_{yy} for different growth directions, is given in Appendix D.

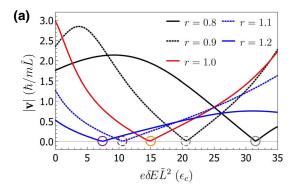
A more careful device design can minimize the effect of the SOHs. For example, in wires grown along the DRA, the spin-orbit switch is restored in wide isosceles FinFETs. To understand this result, we analyze the spin-orbit coupling in isosceles triangular wires with equal sides L_y and base L_x ; see Fig. 1. The aspect ratio is

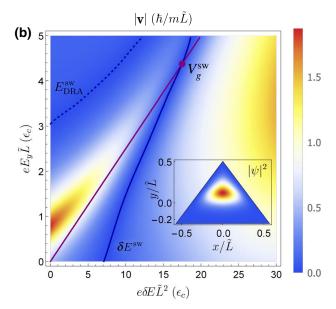
$$r \equiv L_x/L_y = 2\sin(\Theta/2) \in (0,2).$$
 (19)

The FinFET is equilateral when r=1, and we call wide and narrow FinFETs the devices with r>1 and r<1, respectively (Θ is the apex angle of the fin). For convenience, we also define an effective length $\tilde{L}=L_y\sqrt{\sin(\Theta)/\sin(\pi/3)}$ that is the side of an ideal equilateral triangle with the same area as the isosceles triangle. We redefine the confinement energy ϵ_c in Eq. (9) by the substitution $L\to \tilde{L}$.

In Fig. 7(a), we focus on cross sections with $\tilde{L}=20$ nm and we examine the dependence of $|\mathbf{v}|$ on δE when $E_y=0$ and when different values of r are considered. These numerical results are obtained by using Eq. (5) and by discretizing the 6×6 LK Hamiltonian in isosceles triangular cross sections. Here, we use the approximate potential in Eq. (15); the limits of this approximation in isosceles fins are discussed in Appendix D. Importantly, we observe that δE can remove the spin-orbit interactions for a broad range of r and that $\delta E^{\rm sw}$ is significantly reduced when the fin is wide.

This enhancement of the inhomogeneous field is crucial to restore the spin-orbit sweet spot. In fact, in Fig. 7(b), we show the simultaneous effect of δE and E_y when r = 1.2 and $\tilde{L} = 20$ nm, i.e., $L_x = 22.8$ nm and $L_y = 19$ nm. In





Spin-orbit velocity |v| in a wide FinFET grown along the DRA. In (a) we show how the dependence of $|\mathbf{v}|$ on the inhomogeneous electric field δE varies as a function of the aspect ratio r [see Eq. (19)] of the triangular cross section. We compare triangles with the same area $\sqrt{3}\tilde{L}^2/4$, with effective length L = 20 nm. When r > 1 (r < 1), the FinFET is wide (narrow). In (b) we show $|\mathbf{v}|$ as a function of E_v and δE for a device with r = 1.2 and $\tilde{L} = 20$ nm. The solid blue line shows the spin-orbit switch driven by the inhomogeneous field δE . The spin-orbit switch driven by the homogeneous field E_{ν} is also restored and |v| vanishes along the dashed blue curve. In the FinFET studied here, δE and E_{ν} are constrained along the purple line defined by Eq. (17). In the inset, we show the density $|\psi|^2$ of the hole wavefunction in the cross section at the switching point V_g^{sw} where the purple and blue lines intersect. The hole density vanishes in the blue region and attains maximal value in the red region.

the FinFET design shown in Fig. 1, where δE and E_y are constrained on the (purple) line defined by Eq. (17), we find that the spin-orbit coupling can be switched off by the inhomogeneous electric field at the gate potential $V_g^{\rm sw} \approx -249 \times {\rm nm}^2 d_B/\tilde{L}^3$ V. This value corresponds to $V_g^{\rm sw} \approx -3.12$ V when $\tilde{L}=20$ nm and the back gate is $d_B=100$ nm apart from the center of mass of the wire.

This gate potential is rather large, but it can be reduced by placing a back gate closer to the fin. We believe that an optimized electrostatic design of the device can also reduce $V_g^{\rm sw}$, but we do not investigate this aspect further. Interestingly, in this setup, we also recover the spin-orbit sweet spot $E_{\rm DRA}^{\rm sw}$ driven by the homogeneous field E_y ; see the dashed line in the figure. In addition, in the inset of Fig. 7(b), we show the total hole density $|\psi|^2$ at $V_g^{\rm sw}$. Because the wavefunction is strongly confined in the fin and has no support close to the bottom boundary, we expect the results presented here to be valid for both SOI and bulk FinFETs.

Finally, we estimate that in the range of parameters considered, the spin-orbit length in this setup can be pushed down to a minimal value of $l_{\rm SO}^{\rm min} \approx 1.5 \tilde{L}$ by reducing the amplitude of the gate potential. While still rather short, this length is longer than in the equilateral triangle, resulting in a smaller maximal spin-orbit coupling. Other possible SOI and bulk FinFET designs where the spin-orbit switch is restored are discussed in Appendix F. Amongst the setups analyzed, we chose to focus on the wide DRA FinFET because it guarantees the largest spin-orbit coupling when the interaction is turned on.

V. SUPPRESSING CHARGE NOISE IN FinFET QUBITS

We now study the susceptibility to charge noise of an elongated quantum dot that defines a spin-1/2 qubit [2]. All the results discussed in this section fully take into account the SOHs. To define the dot, we include a confining potential in the direction of the wire $e\delta E_{zz}z^2/2$, which is assumed to be much smoother than the cross-section side L; in this way, the effective wire Hamiltonian in Eq. (4) accurately describes the system. We emphasize that while we discuss here only elongated quantum dots, where $l \gg L$, our results also apply to FinFET-based spin qubits where $l \approx L$ [85], such as those in Ref. [42]. A potential $e\delta E_{zz}z^2/2$ is typically generated by terminating the top gate above the FinFET such that it has a finite extension in the direction along the wire (z direction). The precise value of δE_{zz} depends on the size of the gate along z, on the distance d_B of the back gate; also δE_{zz} varies linearly with the top gate potential V_g .

Without an external magnetic field **B**, one can exactly gauge the spin-orbit coupling away by the unitary transformation $S = e^{-i\mathbf{n}_v \cdot \sigma z/l_{\text{SO}}}$ [86], where \mathbf{n}_v is the direction of the spin-orbit vector \mathbf{v} , and the Hamiltonian reduces to a harmonic oscillator with frequency $\omega_z = \sqrt{e|\delta E_{zz}|/m^*}$, whose ground-state wavefunction is a Gaussian with standard deviation

$$l = \sqrt{\frac{\hbar}{m^* \omega_z}} = \sqrt[4]{\frac{\hbar^2}{em^* |\delta E_{zz}|}}.$$
 (20)

Because $\delta E_{zz} \propto V_g$, the harmonic length l depends on the gate potential as $l \propto |V_g|^{-1/4}$; the divergence of l for $V_g \to 0$ is a consequence of the fact that in electrostatically defined quantum dots a finite value of the gate potential V_g is required to confine the particles.

At finite values of **B**, the unitary S leads to an effective magnetic field that oscillates as a function of the position along the wire. When projected onto the ground state of the dot, these oscillations cause a spin-orbit coupling-dependent renormalization of the g tensor in the direction perpendicular to \mathbf{n}_v [21,24,25]. In particular, decomposing the vector $\mathbf{\Delta}$ defined in Eq. (8) into the sum of the two vectors $\mathbf{\Delta}_{\parallel}$ and $\mathbf{\Delta}_{\perp}$ that are parallel and perpendicular to the spin-orbit vector \mathbf{n}_v , respectively, we obtain the qubit Hamiltonian

$$H_q = \frac{1}{2} (\mathbf{\Delta}_{\parallel} + e^{-l^2/l_{\text{SO}}^2} \mathbf{\Delta}_{\perp}) \cdot \boldsymbol{\sigma}. \tag{21}$$

To study the effect of charge noise, we consider small fluctuations δV of the gate potential around the fixed working point V_g . To linear order in δV , the parameters of H_q modify as $\Delta \to \Delta + \Delta' \delta V$, $l \to l + l' \delta V$, and $l_{\rm SO} \to l_{\rm SO} + l'_{\rm SO} \delta V$, leading to

$$H_q \to H_q + \frac{\delta V}{2} \mathbf{Q} \cdot \boldsymbol{\sigma},$$
 (22)

where we define the vector with the units of charge

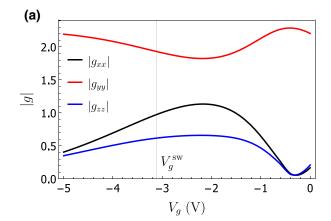
$$\mathbf{Q} = \mathbf{\Delta}'_{\parallel} + e^{-l^2/l_{SO}^2} \mathbf{\Delta}'_{\perp} + 2 \frac{l^2}{l_{SO}^2} e^{-l^2/l_{SO}^2} \left(\frac{l_{SO}'}{l_{SO}} - \frac{l'}{l} \right) \mathbf{\Delta}_{\perp}.$$
(23)

Unless the device is operated at the sweet spot, in elongated hole quantum dots, l is comparable with the spin-orbit length $l_{\rm SO}$, and the last term in Eq. (23) dominates. In addition, we stress that in these systems the requirement of a vanishing first derivative $|{\bf v}|'$ of the spin-orbit velocity $|{\bf v}|$ at the sweet spot is not sufficient to remove spin-orbit-caused charge noise [35,36], because there is an additional large contribution coming from the variation of the dot size l. In contrast, at the spin-orbit switch point, where $l_{\rm SO} \rightarrow \infty$, the last term in Eq. (23) vanishes exactly and charge noise only affects the qubit by the fluctuations of the g factor.

We now restrict ourselves to the analysis of the wide FinFET grown along the DRA that is discussed in Sec. IV. Because of the symmetries of this device, the principal axes of the g tensor are aligned to the coordinate system chosen in Fig. 1 [72], and the ith component of the Zeeman energy is $\Delta_i = g_{ii}\mu_B B_i$. Here, we consider a magnetic field pointing in the y direction, i.e., $\mathbf{B} = B_y \mathbf{e}_y$. This choice maximizes the Rabi frequency in electric spin dipole resonance experiments [87] because the spin-orbit vector points in the x direction; see Eq. (13). In addition,

this magnetic field direction minimizes the noise and provides the largest Zeeman energy gap. The dependence of the elements of the g-factor matrix on the gate potential V_g for this device design is shown in Fig. 8(a). The values of the g factors computed here and the strong anisotropy of the Zeeman energy depending on the direction of the magnetic field are in reasonable agreement with experiments [12,42,66].

In general, the vector \mathbf{Q} can have a component pointing along the vector $\mathbf{\Delta}$ and a component perpendicular to it;



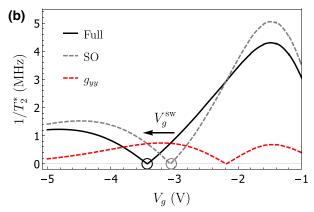


FIG. 8. Anisotropic g factor and dephasing rate $1/T_2^*$ of a Si FinFET qubit as a function of the gate potential V_g . We analyze a wide FinFET grown along the DRA with r = 1.2 and $\tilde{L} = 20$ nm. In (a), we show the diagonal entries g_{ii} of the wire g-factor matrix derived by considering a small magnetic field B_i in the idirection and dividing Δ_i in Eq. (8) by $\mu_B B_i$. In this device, the off-diagonal components of the g-factor matrix vanish. In (b), the dephasing rate $1/T_2^*$ of the qubit caused by charge noise is obtained by combining Eqs. (23) and (24) when $B_v = 100$ mT. The black line represents the total dephasing of the qubit, while with dashed gray and red lines we show the contributions to $1/T_2^*$ of the spin-orbit coupling and of the g-factor fluctuations, respectively. Because **B** is applied along the y direction, $\mathbf{\Delta}_{\parallel} = 0$ in Eq. (23) (v points in the x direction) and there is no relaxation $(\hat{\Delta}'_{\perp} \parallel \hat{\Delta}_{\perp} \parallel \hat{\mathbf{Q}})$. We fix $\delta E_{zz}/V_g$ such that at $V_g^{\rm sw} = -3.12$ V the lateral size of the dot in Eq. (20) is l = 30 nm. The dependence of l_{SO} on V_g is found by combining Eqs. (2) and (17). Here, we use $d_B = 100$ nm, $\sqrt{\langle \delta V^2 \rangle} = 0.3$ mV, and $\omega_{\rm ir} = 1$ Hz.

these components cause the dephasing and the relaxation of the qubit, respectively. However, when the matrix of g factors is diagonal and $\mathbf{B} = B_y \mathbf{e}_y$, the vector \mathbf{Q} is aligned to Δ and the qubit is only subjected to dephasing. From a Bloch-Redfield analysis and for 1/f -type noise with spectrum $S(\omega) = \langle \delta V^2 \rangle / |\omega|$, the dephasing rate $1/T_2^*$ is given by [88,89]

$$\frac{1}{T_2^*} = \frac{1}{\hbar} |\mathbf{Q}| \sqrt{\langle \delta V^2 \rangle} \sqrt{\frac{1}{2\pi} \log \left(\frac{|\mathbf{Q}| \sqrt{\langle \delta V^2 \rangle}}{\hbar \omega_{\text{ir}}} \right)}, \quad (24)$$

where $\omega_{ir} \sim 1$ Hz is a cut-off frequency depending on the experiment. Here, we only consider free induction decay, and do not account for echo pulses that can further improve the qubit lifetime.

The dependence of the dephasing rates due to charge noise on the gate potential for a wide FinFET qubit with $\tilde{L} = 20$ nm and r = 1.2 is shown in Fig. 8(b). For the plot, we consider a magnetic field $B_v = 100$ mT, which leads to a Zeeman energy of tens of microelectronvolts, comparable to the values measured in Ref. [17]. Also, we consider dots with a fixed value of $\delta E_{zz}/V_g$, chosen such that the lateral size of the dot is l = 30 nm at the spin-orbit switching point $V_g = V_g^{\text{sw}} = -3.12 \text{ V}$. In addition, at $V_g = V_g^{\text{sw}}$, the longitudinal confinement energy is $\hbar\omega_z=0.14$ meV, an order of magnitude larger than the Zeeman gap $\Delta_v = 11 \ \mu eV$ and an order of magnitude smaller than the transverse sub-band gap $\Delta E = 1.7$ meV; we then conclude that our approach is valid in this regime. To estimate the fluctuations of the gate potential, we consider that the typical fluctuations of the energy levels are $\sqrt{\langle \hbar^2 \omega_z^2 \rangle} \sim 5 \ \mu \text{eV}$ [90] and are connected to the fluctuations of the gate potential by the dimensionless lever arm $\alpha \equiv |\hbar \partial \omega_z/(e \partial V_g)|$, i.e., $\sqrt{\langle \delta V^2 \rangle} = \alpha \sqrt{\langle \hbar^2 \omega_z^2 \rangle}/e$. At $V_g = V_g^{\rm sw}$, choosing l = 30 nm, we obtain $\alpha \approx 65$, and we estimate $\sqrt{\langle \delta V^2 \rangle} \approx 0.3$ mV. We note that if l = 15 nm at $V_g = V_g^{\rm sw}$, the lever arm is $\alpha \approx 16$, in reasonable agreement with recent experiments where the lever arm is about 20 [91].

The black solid line in Fig. 8(b) represents the total dephasing rate of the FinFET qubit. We observe that charge noise leads to dephasing times T_2^* of hundreds of nanoseconds, in agreement with recent experimental data [91], which can be pushed to infinity when the devices are tuned to work at the sweet spots. Importantly, the sweet spot is close to the spin-orbit switching point $V_g^{\rm sw} = -3.12 \text{ V}$, but it does not exactly coincide with it. To have a better understanding of this shift, we show with dashed red and gray lines the dephasing rates $1/T_2^*$ obtained by considering only the terms of the vector \mathbf{Q} in Eq. (23) that are respectively related to the fluctuations of the g factor, i.e., $\propto \Delta'$, and to the spin-orbit coupling, i.e., $\propto l^2/l_{\rm SO}^2$. Because these different contributions in Eq. (23) can have a different sign depending on whether the g factor and the

spin-orbit coupling increases or decreases as a function of V_g , the small shift of the sweet spot is a result of the interference between the g-factor fluctuations and the spin-orbit coupling contribution to dephasing. In the wide DRA FinFET, where the spin-orbit length is very short, the spin-orbit coupling contribution to dephasing is dominating and the g-factor fluctuations are relevant only very close to the spin-orbit switch. Working at the sweet spot leads to a clear practical advantage, completely removing the charge noise when the qubit is idle.

VI. CONCLUSION

In this work, we present ways of suppressing charge noise in hole Si FinFET qubits. The advantage of these structures compared to other nanowires is their triangular cross section, which by symmetry permits large intrinsic spin-orbit interactions without external electric fields. When the device has a simple equilateral triangular cross section, we find this effect to be a result of the interplay between the low symmetry of the cross section and the anisotropy of Si. When an external gate potential is applied, an extra tunable contribution to the spin-orbit coupling arises and, depending on the growth direction of the wire, it can enhance or suppress the total spin-orbit interactions. This suppression leads to points where the spin-orbit velocity can be tuned exactly to zero, dramatically boosting the coherence times of spin-1/2 qubits.

We study in detail the dependence of spin-orbit coupling on the gate potential by considering an inhomogeneous electric field profile, which matches numerical simulations of the electrostatics of realistic FinFET devices. We distinguish between different mechanisms that drive the switching off of the spin-orbit coupling and that have a different behavior as the cross-section area becomes smaller as a result of the spin-orbit split-off hole band. These states generally degrade the performance of the FinFET and can even remove the spin-orbit switch. We present more involved designs, e.g., wide FinFETs, that reduce their effect and restore the spin-orbit switch.

When a small external magnetic field is applied, hole nanowire qubits also become susceptible to fluctuations of the Zeeman energy caused by an electrically tunable g factor. By analyzing the response of FinFET devices to small magnetic fields, we find sweet spots where the charge noise can be completely removed to linear order in the fluctuations of the gate potential, providing an ideal working point where quantum information can be reliably stored in charge noise resilient spin qubits.

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APPENDIX A: ELECTRIC FIELD SIMULATION

We present the model of the electric field profile in Si FinFETs and compare the approximate potential in Eq. (2) to the electrostatic potential obtained by solving the Laplace equation in the FinFET sketched in Fig. 1. We study a fin with an equilateral triangular cross section with side L. For simplicity, we neglect the effect of the dielectric on the electric field lines. This approximation describes well devices that use thin high-k dielectric materials, with a dielectric constant similar to Si, but we expect our results to be at least qualitatively correct for a wider range of devices, including devices made with SiO₂. In addition, we assume that the top and back gates extend to infinity along the wire (in the z direction), such that we can restrict our analysis to a cross section of the FinFET in the (x, y)plane. We solve the Laplace equation considering that the top gate fixes the electrostatic potential of Si to V_g and that the back gate is grounded to zero potential. To model the lateral sides of the substrate, we consider a wide substrate that extends symmetrically up to $x = \pm 15L$ from the position of the fin at x = 0, and we set the potential at the sides below the top gate to ground. This approximation describes well the potential in the fin as long as the distance d_B of the back gate from the fin is $\lesssim 30L$. In Fig. 9, we show the potential energy V_E^N simulated in this setup when the back gate is at $d_B = 15L$ from the bottom of the fin. Note that the potential in this simple design varies linearly with V_{φ} and that the lengths are normalized against the side L of the fin.

We compare the numerical solution V_E^N of the Laplace equation to the approximate potential in Eq. (2); in this section, we call the approximate potential V_E^A to distinguish it from the numerical solution V_E^N . To find the parameters E_i and δE_{ij} , we compute the appropriate derivatives of the potential and find their average in the fin. For example, $\delta E_{xx} = -(1/A_{\rm fin}) \int_{\rm fin} d{\bf r} \partial_{xx} V_E^N(x,y)$, with $A_{\rm fin}$

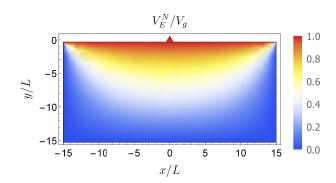


FIG. 9. Electrostatic potential V_E^N in the cross section of a Si FinFET. For the simulation, we used $d_B = 15L$ and a substrate 30L wide with an equilateral triangular fin of side L placed on top of it. The top gate covers the whole upper part of the device and is fixed at the potential V_g ; the rest of the boundary is grounded.

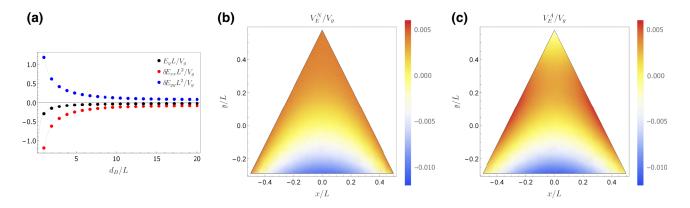


FIG. 10. Comparison between the electrostatic potential V_E^N simulated from the Laplace equation and the approximate potential V_E^A . In (a) we show the dependence of the parameters δE_{ii} and E_V defining V_E^A on the substrate thickness d_B/L . The dots are the results of the simulation, while the solid lines are obtained by combining Eqs. (A1) and (A2). In (b),(c), we show a comparison between the potential in the fin computed numerically (b) and its approximation (c) when $d_B = 15L$. To facilitate the comparison, in (b), we subtract the constant potential $V_0 = 0.996$ obtained by averaging the potential in the fin.

being the area of the triangle, where the averaging is performed. Because the device is symmetric around x = 0, the homogeneous electric field in the x direction vanishes and $E_x = 0$. Simulating devices with different substrate thicknesses d_B , we find that the homogeneous and inhomogeneous components of the electric field can be written to good approximation as

$$E_y = \frac{c_y V_g}{d_R}$$
 and $\delta E_{ij} = \frac{c_{ij} V_g}{d_R L}$, (A1)

where the dimensionless coefficients c are of order one. By fitting these formulas against the results of the simulation, we find a good fit when

$$c_v = -0.3, \qquad c_{xx} = -1.21, \qquad c_{yy} = 1.2; \quad (A2)$$

see Fig. 10(a). Note that $\delta E_{xx} \approx -\delta E_{yy}$, justifying the approximation in Eq. (2). We also find that $c_{xy} = 0$ in this geometry. When accounting for the finite size of the top gate, c_{xy} acquires a finite value; however, it is reasonable to assume that $|c_{xy}| \ll |c_{ii}|$ as long as the top electrode fully covers the fin. A comparison between the approximate potential V_E^A and V_E^V simulated from the Laplace

equation for $d_B = 15L$ is shown in Figs. 10(b) and 10(c). We observe that the electrostatic potential in the fin V_E^N is reasonably well approximated by V_E^A . We remark that the precise values of the coefficients c can change for different devices, e.g., by including dielectric materials, changing the aspect ratio of the fin, or including additional gates. While we do not expect drastic changes of our model, we do not investigate these effects in detail here.

APPENDIX B: ORBITAL EIGENSTATES

A convenient basis to analyze wires with triangular cross sections comprises the eigenstates of the two-dimensional Laplace operator $p_x^2 + p_y^2$ vanishing at the boundary of an equilateral triangle of side L [75]. These solutions can be chosen to be even (e) or odd (o) with respect to the height of the triangle at x = 0 and they are written compactly as

$$\psi_{\lambda}(x, y) = c_{\lambda} \mathbf{f}_{\lambda}(x/L) \cdot \mathbf{g}(y/L), \tag{B1}$$

where $\lambda = e, o$ indicates the parity and c_{λ} is a normalization constant. We define the vectors

$$\mathbf{f}_{e}(x) = \left(\cos\left[\frac{2\pi(3m+l)}{3}x\right], \cos\left[\frac{2\pi(3m+2l)}{3}x\right], -\cos\left[\frac{2\pi lx}{3}\right]\right),$$
(B2a)

$$\mathbf{f}_o(x) = \left(-\sin\left[\frac{2\pi(3m+l)}{3}x\right], \sin\left[\frac{2\pi(3m+2l)}{3}x\right], \sin\left[\frac{2\pi lx}{3}\right]\right),\tag{B2b}$$

$$\mathbf{g}(y) = \left(\sin\left[\frac{2\pi(m+l)}{3}(\sqrt{3}y-1)\right], \sin\left[\frac{2\pi m}{3}(\sqrt{3}y-1)\right], \sin\left[\frac{2\pi(2m+l)}{3}(\sqrt{3}y-1)\right]\right). \tag{B2c}$$

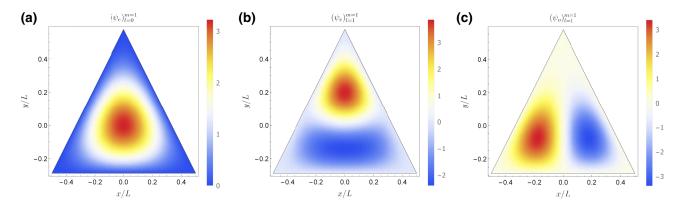


FIG. 11. First three orbital states in Eq. (B1) of the Laplace equation in an equilateral triangle. We consider the even solution with (l, m) = (0, 1) (a) and the solutions with (l, m) = (1, 1) and even (b) and odd (c) symmetries. The wavefunctions in this plot are normalized. These states are those used in Appendix C.

The quantum numbers m, l are integers satisfying the conditions $m \ge 1$, $l \ge 0$ and $m \ge 1$, $l \ge 1$ for the even and odd solutions, respectively. These quantum numbers label the eigenvalues of the Laplace operator according to

$$(p_x^2 + p_y^2)\psi_{\lambda} = \frac{\hbar^2}{L^2} \frac{16\pi^2}{3} \left(m^2 + lm + \frac{l^2}{3} \right) \psi_{\lambda}.$$
 (B3)

The states characterized by l=0 are threefold rotationally symmetric and even with respect to the height of the triangle; no odd solutions with l=0 are allowed. The remaining even and odd solutions labeled by the same quantum numbers m and $l\neq 0$ are degenerate. The lowest three normalized eigenfunctions are shown in Fig. 11. These three states are used in Appendix C to find an effective analytical model for the triangular FinFET.

APPENDIX C: SPIN-ORBIT INTERACTION IN PERTURBATION THEORY

1. Intrinsic spin-orbit velocity and length

In this section, we show the general dependence of the intrinsic spin-orbit vector \mathbf{v}_0 in Eq. (10) and of the spin-orbit length l_{SO} in Eq. (6) on the orientation of the wire. To account for the different growth directions, we rotate the 4×4 LK Hamiltonian H'_{LK} in Eq. (3) by the unitary operator $U=e^{i\theta F_{y'}}e^{i\varphi F_{z'}}$, i.e., $H'_{\text{LK}}\to H_{\text{LK}}=U^{\dagger}H'_{\text{LK}}U$, where $\mathbf{F}=\mathbf{J}'+\mathbf{x}'\times\mathbf{p}'$ [with $\mathbf{x}'=(x',y',z')$ and $\mathbf{J}'=(J'_x,J'_y,J'_z)$] is the total angular momentum, and θ and φ are the angles between the crystallographic axes and the final coordinate system; see Fig. 1. This unitary rotation aligns the coordinate system and the direction of the spin matrices to the axes x, y, and z. More explicitly, the Hamiltonian in the

rotated coordinate system is given by

$$H_{LK} = \left(\gamma_1 + \frac{5}{2}\gamma_2\right) \frac{p^2}{2m} - \frac{\gamma_2}{m} \mathbf{p}^2 \cdot \mathbf{J}^2$$
$$-\frac{2\gamma_3}{m} p_i p_j \{J_i, J_j\} + \text{CP}, \tag{C1}$$

where the rotated momenta are

$$\mathbf{p} = \begin{pmatrix} \cos(\theta)\cos(\varphi)p_x' + \cos(\theta)\sin(\varphi)p_y' - \sin(\theta)p_z' \\ \cos(\varphi)p_y' - \sin(\varphi)p_x' \\ \sin(\theta)\left(\cos(\varphi)p_x' + \sin(\varphi)p_y'\right) + \cos(\theta)p_z' \end{pmatrix},$$
(C2)

and $\mathbf{p}^2 = (p_x^2, p_y^2, p_z^2)$, $\mathbf{J}^2 = (J_x^2, J_y^2, J_z^2)$, $p^2 = p_x^2 + p_y^2 + p_z^2$. The spin-3/2 matrices **J** are rotated in the same way.

We do not include electric or magnetic fields at the moment and we focus on the intrinsic spin-orbit coupling. To obtain simple equations, we restrict the orbital space to the space spanned by the lowest three eigenstates of the Laplace equation in an equilateral triangle; see Fig. 11. By projecting $H_{\rm LK}$ onto this subspace, we obtain a 12×12 reduced Hamiltonian H_{12} that parametrically depends on the angles φ and θ and on the momentum p_z .

Specifically, H_{12} is found from H_{LK} in Eq. (C1) by separating the different powers of $p_i p_j$, i.e.,

$$H_{\rm LK} \equiv \sum_{i,j} p_i p_j H_{ij}, \qquad (C3)$$

and using the matrix representation of the momenta operators in the basis $(|1,0,e\rangle,|1,1,e\rangle,|1,1,o\rangle)$, where the eigenstates $|m,l,\lambda\rangle$ are defined by Eqs. (B1) and (B2).

Denoting the matrix representation of the momentum operators in this basis by an under bar $p_i p_j$, H_{12} is given by

$$H_{12} = \sum_{ij} \underline{p_i p_j} \otimes H_{ij}. \tag{C4}$$

The expressions of the matrix elements of H_{12} as a function of θ and φ can be straightforwardly derived from Eq. (C1) and we do not give them here. We report instead the matrices of the momenta:

$$\underline{p_x^2} = \frac{\hbar^2}{L^2} \begin{pmatrix} \frac{8\pi^2}{3} & \frac{k}{\sqrt{2}} & 0\\ \frac{k}{\sqrt{2}} & \frac{56\pi^2}{9} - \frac{21}{25}k & 0\\ 0 & 0 & \frac{56\pi^2}{9} + \frac{21}{25}k \end{pmatrix},$$
(C5a)

$$\underline{p_x p_y} = \frac{\hbar^2}{L^2} \begin{pmatrix} 0 & 0 & -\frac{k}{\sqrt{2}} \\ 0 & 0 & -\frac{21}{25}k \\ -\frac{k}{\sqrt{2}} & -\frac{21}{25}k & 0 \end{pmatrix}, \quad (C5b)$$

$$\underline{p_x p_z} = \frac{9\hbar k p_z}{10\sqrt{2}\pi L} \begin{pmatrix} 0 & 0 & i\\ 0 & 0 & 0\\ -i & 0 & 0 \end{pmatrix}, \tag{C5c}$$

$$\underline{p_y p_z} = \frac{9\hbar k p_z}{10\sqrt{2}\pi L} \begin{pmatrix} 0 & -i & 0\\ i & 0 & 0\\ 0 & 0 & 0 \end{pmatrix}, \tag{C5d}$$

and $\underline{p_y^2} = \underline{p_x^2}|_{k \to -k}$, $\underline{p_z^2} = p_z^2 \mathcal{I}_3$; also $k = 2187/112 \approx 19.53$ and \mathcal{I}_3 is the three-dimensional identity matrix. In the simple case $\theta = 0$, the 12×12 Hamiltonian, also including electric fields, is explicitly given in Eq. (C10).

We resort to perturbation theory on H_{12} to derive a low-energy description of the system. With a second-order Schrieffer-Wolff transformation (see, e.g., Appendix B of Ref. [1] or Ref. [76]), we obtain a 2×2 effective Hamiltonian that acts on the ground-state subspace of the wire. Expanding the matrix elements of this Hamiltonian up to second order in p_z , we find an effective wire Hamiltonian as in Eq. (4). The terms linear in p_z are related to the spinorbit velocity \mathbf{v} , while the effective mass m^* is twice of the inverse of the diagonal term quadratic in p_z .

For a Si wire, the dependence of the components of the intrinsic spin-orbit velocity vector \mathbf{v}_0 on the growth angles obtained in this way is shown in Fig. 12. Importantly, we find that \mathbf{v}_0 is in general proportional to the anisotropy of the material $\gamma_3 - \gamma_2$ and to the velocity \hbar/mL , and thus it can be written as in Eq. (10). In addition, there is no spin-orbit coupling in the direction along the wire when $\theta = 0$ and $\theta = \pm \pi/2$ (red and blue lines, respectively), and in these cases $(\mathbf{v}_0)_z = 0$. While these results

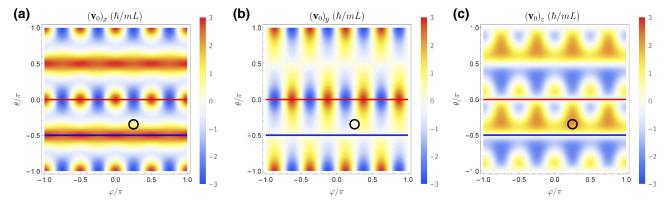


FIG. 12. Components of the intrinsic spin-orbit vector \mathbf{v}_0 in an equilateral FinFET as a function of the angles θ and φ that parameterize the orientation of the wire with respect to the crystallographic axes; see Fig. 1. The results shown here are obtained by using a second-order Schrieffer-Wolff transformation and including only the lowest three orbital states in Eq. (B1). The wavefunction of these states is shown in Fig. 11. We indicate with red and blue lines the cuts $\theta = 0$ and $\theta = -\pi/2$, respectively. These two cases are studied extensively in the main text. The black circle marks the point $\varphi = \pi/4$ and $\theta = -\arctan\sqrt{2+\sqrt{3}}$, where the wire is grown along the $z \parallel [111]$ direction, and where $(\mathbf{v}_0)_{x,y} = 0$ and $(\mathbf{v}_0)_z$ is maximal.

are found by perturbation theory, we find that they numerically hold generally. Interestingly, the off-diagonal components of the spin-orbit velocity $(\mathbf{v}_0)_{x,y}$ vanish, e.g., when $\varphi = \pi/4$ and $\theta = -\arctan\sqrt{2+\sqrt{3}}$, where the diagonal spin-orbit $(\mathbf{v}_0)_z$ is maximal. This orientation corresponds to $z \parallel [111]$, along which the Si lattice has a threefold rotational symmetry, and is marked with black circles in the figures.

By taking the limits $\theta = 0$ and $\theta = \pm \pi/2$, the expressions of the spin-orbit vector simplify notably and are given in Eqs. (11). When $\theta = \pm \pi/2$, the spin-orbit vector

points along the x direction and it has an oscillating amplitude, while when $\theta = 0$, the direction is oscillating as a function of φ . A plot of the absolute values of \mathbf{v}_0 in these cases and a comparison between the perturbation theory and a more detailed numerical solution comprising 200 orbital states in Eq. (B1) is shown in Fig. 2.

With this approach, we also find the effective mass m^* from the diagonal elements of the effective Hamiltonian. Along the $\theta=0$ and $\theta=\pm\pi/2$ directions, m^* can be compactly written as

$$\frac{m}{m^*(\theta=0)} = \gamma_1 + 2\gamma_2 - \frac{5.35\gamma_1\gamma_3^2 + 1.86\gamma_2^3 + 15.23\gamma_2\gamma_3^2}{(\gamma_1 + 5\gamma_2/2)^2} \approx 2.73,$$
 (C6a)

$$\frac{m}{m^*(\theta = \pm \pi/2)} \approx \frac{5.12 - 5.57\cos(4\varphi) + 1.14\cos(8\varphi) - 0.09\cos(12\varphi)}{1 - 0.91\cos(4\varphi) + 0.13\cos(8\varphi)},$$
 (C6b)

where in the second equation we discarded higher-harmonic components oscillating with a small amplitude and a fast period in φ ; m is the bare electron mass. In Fig. 13(a), we show the effective mass as a function of φ , comparing the approximate Eq. (C6) with a more precise numerical result. This numerical result is obtained by extending the general perturbation theory developed in Sec. II [see, in particular, Eq. (5)]. By considering $H_{LK} = H_0 + H_1 p_z + H_2 p_z^2$ and defining the matrix M_E of column eigenvectors of H_0 , the effective mass is given by

$$\frac{1}{2m^*} = (M_E^{\dagger} H_2 M_E)_{ii} + \sum_{k \neq i,j} \frac{|(M_E^{\dagger} H_1 M_E)_{ik}|^2}{\epsilon_E^i - \epsilon_E^k}; \quad (C7)$$

the indexes i,j label the ground-state Kramers partners and, on the left-hand side of the equation, we omitted them because $m_i^* = m_j^* \equiv m^*$. In analogy to the above, M_E is computed numerically by accommodating 200 orbital states given in Eq. (B1).

We observe that the simple analytical results capture well the oscillating behavior of the mass as a function of φ , but they underestimate the amplitude of the oscillations, leading to a smaller mass, especially when the wire extends along a crystallographic axis, e.g., when $\theta=0$ or when $\theta=-\pi/2$ and $\varphi=0$. For the SA, where $\theta=-\pi/2$ and $\varphi=-3\pi/4$, Eq. (C6b) works well and gives an effective mass $m_{\rm SA}^*\approx 0.17m$, while for the CA and DRA, the numerical analysis is more precise and it gives an effective mass $m_{\rm CA}^*\approx m_{\rm DRA}^*\approx 0.41m$.

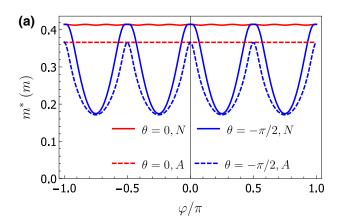
Analytical expressions for th intrinsic spin-orbit length $l_{\rm SO}$ defined in Eq. (6) can be obtained when $\theta=0$ and $\theta=\pi/2$ by combining Eqs. (10), (11), and (C6). A comparison between these expressions and the numerically computed values of $l_{\rm SO}$ is shown in Fig. 13(b). Because of the underestimation of the effective mass, the spin-orbit length predicted by perturbation theory is larger than the numerical values when the wire extends along a crystallographic axis. In contrast, for the SA, the perturbative result is smaller than the numerical result because of the overestimation of the spin-orbit velocity; see Fig. 2. From the numerical analysis, we find that

$$l_{\text{SO}}(\theta = 0) \approx 0.83L,$$
 (C8a)

$$l_{SO}(\theta = \pm \pi/2) \in [0.83L, 2.89L].$$
 (C8b)

Importantly, the intrinsic spin-orbit length is always of the order of the side of the triangle, typically much shorter than the confinement length of the quantum dot along the wire, leading to large spin-orbit interactions.

Finally, we point out that while our quantitative analysis here is limited to Si, our results can apply also to other semiconductors. For example, in Ref. [22], the spin-orbit interaction in hole Ge hut wires is studied and an intrinsic spin-orbit field of $\hbar |v_0| \sim 10$ meV nm was measured for a triangular device with width $L_x = 80$ nm and height H = 4 nm. An estimate of the amplitude of the intrinsic spin-orbit interaction related to the triangular cross section can be found by using the equilateral triangle equation for the



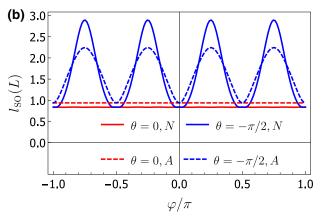


FIG. 13. (a) Effective mass m^* and (b) intrinsic spin-orbit length l_{SO} at zero electric field as a function of φ in an equilateral FinFET. We show with solid lines the results obtained numerically by using Eq. (C7) for m^* and by combining Eqs. (5), (6), and (C7) for l_{SO} . The dashed lines show the approximate values obtained by a second-order Schrieffer-Wolff transformation and including only the lowest three orbital states in Eq. (B1). For the m^* , we use Eq. (C6) and, for l_{SO} , we combine Eqs. (6), (C6), (10), and (11). Red and blue lines show results obtained at $\theta = 0$ and $\theta = -\pi/2$, respectively.

crystallographic growth direction,

$$|v_0| = 9.34 \frac{\hbar}{m\tilde{L}} \frac{\gamma_3(\gamma_3 - \gamma_2)}{\gamma_1 + (5/2)\gamma_2},\tag{C9}$$

obtained by combining Eqs. (10) and (11a). To better compare with the experiment, we consider a fictitious equilateral triangle of side \tilde{L} having the same cross-section area

as the hut wire; from the condition $\sqrt{3}\tilde{L}^2/4 = L_x H/2$, we find that the effective side of the fictitious equilateral triangle is $\tilde{L} \approx 19$ nm. Using the Luttinger parameters of Ge [1], we estimate an intrinsic spin-orbit field $\hbar |v_0| \approx 12.65$ meV nm, in very good agreement with the experiment [22].

2. Electric field dependence

Here, we focus on wires with $\theta = 0$, i.e., wires grown along the [001] crystallographic direction, and we study the dependence of the spin-orbit velocity on the electric field. In this case, the spin-orbit velocity vector has no component along the z direction and is off diagonal. We then define the complex off-diagonal component of the spin-orbit velocity $v = (\boldsymbol{v})_x + i(\boldsymbol{v})_y$. This quantity can be decomposed into the sum of an isotropic direct Rashba-like component that vanishes when the external electrostatic potential in Eq. (2) is turned off, and an anisotropic component that varies as a function of the angle φ ; see Eq. (13). At finite values of the electrostatic potential, v depends on the homogeneous electric field E_{ν} and on the inhomogeneous fields δE_{xx} and δE_{yy} . Here, we do not account for the effect of the terms E_x and δE_{xy} and we introduce the sum and difference of the inhomogeneous fields $\delta E =$ $(\delta E_{xx} - \delta E_{yy})/2$ and $\Sigma E = (\delta E_{xx} + \delta E_{yy})/2$. For ease of notation, we rescale the electric field by the confinement energy to obtain dimensionless quantities, i.e., $eE_vL/\epsilon_c \rightarrow$ E_v , $e\delta EL^2/\epsilon_c \rightarrow \delta E$, and $e\Sigma EL^2/\epsilon_c \rightarrow \Sigma E$, and we define the vector $\boldsymbol{\epsilon} = (E_v, \delta E, \Sigma E)$.

We neglect the SOHs and in analogy to the treatment in Appendix C 1, we study the 12×12 Hamiltonian obtained from the 4×4 total Hamiltonian in Eq. (1) rotated by the angle φ and projected onto the subspace spanned by the lowest three orbital states in Eq. (B1). Explicitly,

$$H_{12} = \frac{\hbar^2}{mL^2} \begin{pmatrix} H_{00} & H_{0e} & H_{0o} \\ H_{0e}^{\dagger} & H_{ee} & H_{eo} \\ H_{0o}^{\dagger} & H_{eo}^{\dagger} & H_{oo} \end{pmatrix}.$$
(C10)

By introducing the quantities $\gamma_{\perp}^{\pm} = \gamma_1 \pm \gamma_2$, $\gamma_{\parallel}^{\mp} = \gamma_1 \mp 2\gamma_2$, $C_{\pm} = (\sqrt{3}/2)k[e^{4i\varphi}(\gamma_3 - \gamma_2) \pm (\gamma_3 + \gamma_2)]$, $a_E = (59049/4480\pi)\gamma_1 \approx 4.186\gamma_1$, $a_{\delta} = (3969/2000\pi - 7\sqrt{3}/25)a_E \approx 0.616\gamma_1$, $b_{\delta} = [1107/280\sqrt{2}\pi - (\sqrt{2/3})]a_E \approx 0.308\gamma_1$, $K = (9/10\pi)(\sqrt{3/2})k\gamma_3 \approx 6.851\gamma_3$ [$k \approx 19.53$; see Eq. (C5)], we can write the dimensionless blocks as

$$H_{00} = \operatorname{diag}\left(\frac{8\pi^{2}}{3}\gamma_{\perp}^{+} + \frac{p_{z}^{2}}{2}\gamma_{\parallel}^{-}, \frac{8\pi^{2}}{3}\gamma_{\perp}^{-} + \frac{p_{z}^{2}}{2}\gamma_{\parallel}^{+}, \frac{8\pi^{2}}{3}\gamma_{\perp}^{-} + \frac{p_{z}^{2}}{2}\gamma_{\parallel}^{+}, \frac{8\pi^{2}}{3}\gamma_{\perp}^{+} + \frac{p_{z}^{2}}{2}\gamma_{\parallel}^{-}\right),$$
(C11a)

$$H_{ee} = \begin{pmatrix} \frac{56\pi^{2}}{9}\gamma_{\perp}^{+} + \frac{p_{z}^{2}}{2}\gamma_{\parallel}^{-} & 0 & -\frac{21}{25}C_{-} & 0\\ 0 & \frac{56\pi^{2}}{9}\gamma_{\perp}^{-} + \frac{p_{z}^{2}}{2}\gamma_{\parallel}^{+} & 0 & -\frac{21}{25}C_{-}\\ -\frac{21}{25}C_{-}^{*} & 0 & \frac{56\pi^{2}}{9}\gamma_{\perp}^{-} + \frac{p_{z}^{2}}{2}\gamma_{\parallel}^{+} & 0\\ 0 & -\frac{21}{25}C_{-}^{*} & 0 & \frac{56\pi^{2}}{9}\gamma_{\perp}^{+} + \frac{p_{z}^{2}}{2}\gamma_{\parallel}^{+} \end{pmatrix}$$

$$-\mathcal{I}_{4}\left(\frac{21}{25}a_{E}E_{y} - a_{\delta}\delta E + \frac{16}{27}\gamma_{1}\Sigma E\right), \tag{C11b}$$

$$H_{0e} = \begin{pmatrix} 0 & Kp_z & \frac{1}{\sqrt{2}}C_- & 0\\ -Kp_z & 0 & 0 & \frac{1}{\sqrt{2}}C_-\\ \frac{1}{\sqrt{2}}C_-^* & 0 & 0 & -Kp_z\\ 0 & \frac{1}{\sqrt{2}}C_-^* & Kp_z & 0 \end{pmatrix} - \mathcal{I}_4(\sqrt{2}a_E E_y - b_\delta \delta E), \tag{C11c}$$

$$H_{eo} = \begin{pmatrix} 0 & 0 & -\frac{21}{25}iC_{+} & 0\\ 0 & 0 & 0 & -\frac{21}{25}iC_{+}\\ \frac{21}{25}iC_{+}^{*} & 0 & 0 & 0\\ 0 & \frac{21}{25}iC_{+}^{*} & 0 & 0 \end{pmatrix}.$$
(C11d)

Also, $H_{oo} = H_{ee}\big|_{C_- \to -C_-, \delta E \to -\delta E, E_y \to -E_y}$, $H_{0o} = H_{0e}\big|_{C_- \to -iC_+, K \to -iK, \delta E \to 0, E_y \to 0}$, and \mathcal{I}_4 is a 4 × 4 identity matrix. Here, p_z is given in units of \hbar/L .

In contrast to Appendix C 1, a second-order Schrieffer-Wolff transformation does not capture accurately the dependence of the spin-orbit coupling on the electric field and thus we increase the accuracy of our calculation by using a fourth-order transformation. To obtain compact equations, we also Taylor expand the spin-orbit velocity to second order in the vector ϵ , leading to

$$\alpha_{I} \approx \frac{\gamma_{3}}{\gamma_{1} + 5\gamma_{2}/2} \left(\frac{\gamma_{1}}{\gamma_{1} + 5\gamma_{2}/2} \boldsymbol{\alpha}_{I}^{(1)} \cdot \boldsymbol{\epsilon} + \frac{\gamma_{1}^{2}}{(\gamma_{1} + 5\gamma_{2}/2)(\gamma_{1} - \gamma_{2})} \boldsymbol{\epsilon} \cdot \underline{\alpha}_{I}^{(2)} \cdot \boldsymbol{\epsilon} \right), \tag{C12a}$$

$$\alpha_{A}(\varphi) \approx \frac{\gamma_{3}}{\gamma_{1} + 5\gamma_{2}/2} e^{-4i\varphi} \left(\alpha_{A}^{(0)} + \frac{\gamma_{1}}{\gamma_{1} + 5\gamma_{2}/2} \boldsymbol{\alpha}_{A}^{(1)} \cdot \boldsymbol{\epsilon} + \frac{\gamma_{1}^{2}}{(\gamma_{1} + 5\gamma_{2}/2)(\gamma_{1} - \gamma_{2})} \boldsymbol{\epsilon} \cdot \underline{\alpha}_{A}^{(2)} \cdot \boldsymbol{\epsilon} \right), \tag{C12b}$$

$$\boldsymbol{\alpha}_{I}^{(1)} \approx \left(\frac{0.928(\gamma_{1} + 6\gamma_{2})}{\gamma_{1} - \gamma_{2}}, \frac{0.066\gamma_{1} - 0.407\gamma_{2}}{\gamma_{1} - \gamma_{2}}, 0\right),$$
 (C12c)

$$\underline{\alpha}_{I}^{(2)} \approx \begin{pmatrix} \frac{0.811\gamma_{1} + 0.938\gamma_{2}}{\gamma_{1} - \gamma_{2}} & -\frac{0.107\gamma_{1} + 0.155\gamma_{2}}{\gamma_{1} - \gamma_{2}} & \frac{0.0317\gamma_{1}^{2} + 0.2692\gamma_{2}\gamma_{1} + 0.0871\gamma_{2}^{2}}{(\gamma_{1} - \gamma_{2})(\gamma_{1} + 5\gamma_{2}/2)} \\ 0 & \frac{0.0034\gamma_{1} + 0.0055\gamma_{2}}{\gamma_{1} - \gamma_{2}} & \frac{0.0022\gamma_{1}^{2} - 0.0217\gamma_{2}\gamma_{1} - 0.0006\gamma_{2}^{2}}{(\gamma_{1} - \gamma_{2})(\gamma_{1} + 5\gamma_{2}/2)} \\ 0 & 0 & 0 \end{pmatrix},$$
 (C12d)

$$\alpha_A^{(0)} = \frac{14}{45} \left(\frac{k}{2\pi}\right)^3 \approx 9.338,$$
(C12e)

$$\boldsymbol{\alpha}_{A}^{(1)} \approx (0., 0., 0.158),$$
 (C12f)

$$\underline{\alpha}_{A}^{(2)} \approx \begin{pmatrix} -\frac{1.251\gamma_{1}^{2} + 4.231\gamma_{2}\gamma_{1} + 1.604\gamma_{2}^{2}}{(\gamma_{1} - \gamma_{2})(\gamma_{1} + 5\gamma_{2}/2)} & \frac{0.13\gamma_{1}^{2} + 0.52\gamma_{2}\gamma_{1} + 0.0855\gamma_{2}^{2}}{(\gamma_{1} - \gamma_{2})(\gamma_{1} + 5\gamma_{2}/2)} & 0.\\ 0 & -\frac{0.0019\gamma_{1}^{2} + 0.0185\gamma_{2}\gamma_{1} - 0.0013\gamma_{2}^{2}}{(\gamma_{1} - \gamma_{2})(\gamma_{1} + 5\gamma_{2}/2)} & 0.\\ 0 & 0 & 0.0027\frac{\gamma_{1} - \gamma_{2}}{\gamma_{1} + 5\gamma_{2}/2} \end{pmatrix}. \quad (C12g)$$

To further simplify the expressions, we kept only the terms with the lowest possible power in $1/\gamma_1$. This approximation allows for a good qualitative understanding of the system while keeping the equations short. As a result of this approximation, the α parameters are independent of γ_3 and we discard small terms—at least one order of magnitude smaller than the dominant terms—in α_A that do not oscillate as $e^{-4i\varphi}$, i.e., terms proportional to $e^{+4i\varphi}$ and to $(\gamma_3-\gamma_2)e^{-8i\varphi}$. To specify where these terms have been neglected in Eq. (C12), we use the notation 0. and 0 to distinguish between terms that are negligibly small but finite (0.) from terms that are exactly zero (0). For Si, Eq. (C12) reduces to

$$\alpha_I \approx 0.35E_y + 0.246E_y^2 + 0.0086\delta E + 0.0011\delta E^2$$

$$-0.0331E_y\delta E + 0.0124E_y\Sigma E + 0.00011\delta E\Sigma E,$$
(C13a)

$$\begin{split} \alpha_A(\varphi) &\approx e^{-4i\varphi} (2.631 - 0.367 E_y^2 - 0.00078 \delta E^2 \\ &+ 0.0372 \Sigma E + 0.00053 \Sigma E^2 + 0.0398 \delta E E_y). \end{split} \tag{C13b}$$

These expressions give valuable insights into the dependence of the spin-orbit coupling on the external fields and allow for a qualitative understanding of the numerical results presented in Secs. III B and III C. For example, let us take the limit $\Sigma E=0$ as in the main text. To obtain v=0, the intrinsic and electric-field-dependent spin-orbit couplings need to have opposite signs. By looking at Eq. (C13), it is clear that the DRA, with $\varphi=\pi/4$, can drive the switch because in this case all the terms varying with the electric field have the opposite sign with respect to the intrinsic coupling. In this case, when $\delta E=0$, we find that v=0 at $E_{\mathrm{DRA}}^{\mathrm{sw}}\approx 1.52$ and when $E_y=0$, v=0 at $\delta E^{\mathrm{sw}}\approx 29.5$. Quantitatively, the values of these critical fields are only accurate up to prefactors of order one; see Eqs. (12a) and (16).

The spin-orbit coupling also vanishes when the fields E_y and δE are both present. The precise shape of the curve

along which this occurs strongly depends on the numerical values of the α parameters. Using Eq. (C13), one predicts v=0 along two separate lines that do not intersect, while numerically we observe that the two lines merge together; see the blue curve in Fig. 4(b). This discrepancy is a consequence of the numerical inaccuracy of the approximation used: slight variations of the cross-coupling terms proportional to $E_v \delta E$ can drastically change the behavior of the switching curve. We note that the correct qualitative behavior of v is restored by including higher powers of v in the expansion in Eq. (C12), but we do not give explicit expressions for these terms here.

3. Comparison with a square cross section

We now summarize the key qualitative differences between Si FinFETs with equilateral triangular cross section and Si wires with an inversion symmetric cross section. In particular, here we focus on wires with a square cross section; a detailed analysis of the direct Rasbha spin-orbit coupling in the these wires can be found in Ref. [16]. The first key difference is that without external fields, the inversion symmetry of a square cross section prohibits the presence of an intrinsic spin-orbit coupling, and $\mathbf{v}_0^{\text{sq}} = 0$. Another important difference between the two systems is that the amplitude of the spin-orbit velocity in an square wire is a symmetric function of the homogeneous electric field, and $|\mathbf{v}^{\text{sq}}(E_{\nu})| = |\mathbf{v}^{\text{sq}}(-E_{\nu})|$. In contrast, in a triangular wire, the spin-orbit coupling does not need to be symmetric and the spin-orbit velocity v is modified in different ways when the hole wavefunction is pushed to the bottom or to the apex of the triangle; see Fig. 3. We note, however, that the amplitude of the spin-orbit velocity in triangular wires is still a symmetric function of the homogeneous field E_x .

To make a more quantitative comparison, we consider a Si wire with side L grown along the $z \parallel [001]$ direction. To linear order in the electric field, the direct Rashba

spin-orbit coupling can be written as [16]

spin-orbit coupling can be written as [16]
$$v^{\rm sq} \approx \frac{\hbar}{mL} [-0.41(\gamma_3 - \gamma_2)e^{-4i\varphi} + 0.38(\gamma_3 + \gamma_2)] \frac{eE_yL}{\epsilon_c^{\rm sq}}, \tag{C14}$$

where $\epsilon_c^{\text{sq}} = \hbar^2 \pi^2 \gamma_1 / mL^2$ is the characteristic confinement energy for a particle in a square cross section. To obtain this expression, we combined Eqs. (77)–(80) of Ref. [16] and used the Luttinger parameter of Si. To facilitate the comparison with our Eqs. (13) and (14) obtained for an equilateral triangle, we also introduced the imaginary spin-orbit velocity $v^{\text{sq}} = \mathbf{v}_x^{\text{sq}} + i\mathbf{v}_y^{\text{sq}}$, we expanded the function $\chi(\varphi) = 0.36/[1 + 0.16(\gamma_3 - \gamma_2)\cos(4\varphi)]$ [directly related to the function in Eq. (79) of Ref. [16]] to linear order in $(\gamma_3 - \gamma_2)\cos(4\varphi)$, and we discarded the small terms oscillating as $e^{4i\varphi}$ and $e^{-8i\varphi}$. The overall minus sign of the spin-orbit velocity here compared to Eq. (80) of Ref. [16] is a result of the field being applied in the y direction instead of the x direction.

Comparing Eqs. (13) and (C14), we observe that in square and triangular wires the spin-orbit coupling is a sum of an isotropic term and an anisotropic term, proportional to $\gamma_3 + \gamma_2$ and to $\gamma_3 - \gamma_2$, respectively. To linear order in E_{ν} , the isotropic contributions in both cross sections are in good quantitative agreement, but the anisotropic terms are qualitatively different; see Eq. (14). In fact, while in square wires the anisotropic term varies linearly with E_{ν} and its contribution to the overall direct Rasbha spin-orbit velocity is roughly equal to the isotropic contribution, in a triangular wire $\alpha_A(\varphi)$ comprises a constant intrinsic term and has a negligible linear dependence on E_{ν} .

Including higher powers in the electric field, we find an additional qualitative difference between the spin-orbit coupling in the two different cross sections. In fact, in a square wire, the spin-orbit velocity has no corrections quadratic in E_{ν} and the next-order corrections are proportional to E_v^3 . In contrast, in a triangular FinFET, both α_I and α_A present quadratic terms proportional to E_v^2 that make v asymmetric in E_{ν} ; see Eq. (14).

These qualitative differences are crucial here because, as discussed in Sec. IIIB, in triangular wires the presence of a spin-orbit switch at a finite value of the electric field is a result of the competition between the intrinsic spin-orbit coupling and the direct Rashba-like spin-orbit interaction dependent on the electric field. In a square Si wire there is no intrinsic spin-orbit velocity and the spin-orbit coupling only vanishes when $E_{x,y} = 0$ [or when $E_{x,y} \to \infty$; see Eq. (86) of Ref. [16]], a much inconvenient working point for electrostatically defined quantum

Finally, another difference between triangular and square cross sections comes from the sensitivity of the spin-orbit coupling to the quadratic potential $\delta E_{ii} r_i r_i / 2$; see Eq. (2). Without an homogeneous electric field, such a potential is inversion symmetric and does not produce spin-orbit coupling in square wires. In contrast, in Sec. IIIC, we show that this potential can produce another spin-orbit switch in triangular FinFETs, where the inversion symmetry is broken by the cross section.

APPENDIX D: SPIN-ORBIT COUPLING AGAINST

In the main text, we assume that the inhomogeneous electric field tensor is diagonal and $\delta E_{xx} \approx -\delta E_{yy} \equiv \delta E$. Here, we show that the presence of the spin-orbit switch is not related to this approximation by examining separately the effect of the fields δE_{xx} and δE_{yy} on the spin-orbit velocity. We restrict ourselves to the analysis of FinFETs grown along the [001] direction, with $\theta = 0$. In this section, we consider $E_v = 0$.

In Fig. 14, we study the spin-orbit velocity in equilateral triangles. In Figs. 14(a) and 14(b), we show the results obtained for large wires neglecting the SOHs and using the 4×4 LK Hamiltonian. The two figures correspond to the DRA and CA, respectively. The purple line marks the approximation $\delta E_{xx} = -\delta E_{yy}$ used in the main text. We observe that in the DRA, $|\mathbf{v}| = 0$ also by considering a more general relation between the inhomogeneous fields $\delta E_{yy} = c_{yy} \delta E_{xx}/c_{xx}$; see Eq. (A1). The spin-orbit coupling is not suppressed only when $|c_{yy}/c_{xx}| \ll 1$. We remark that the parameters c_{yy} and c_{xx} can vary depending on the device design. In the same regime of parameters, we do not find a comparable sweet spot for the CA. In Figs. 14(c) and 14(d), we show the results obtained by including the SOHs for an equilateral triangular cross section of side L = 20 nm. For the DRA, the spin-orbit coupling vanishes for any value of the ratio $|c_{yy}/c_{xx}|$ and interestingly also when $|c_{yy}/c_{xx}| \ll 1$, in contrast to when the SOHs are neglected. In addition, the SOHs modify the response when the wire is grown along the crystallographic orientation. In fact, in Fig. 14(d) we observe that the spin-orbit velocity vanishes along the vertical line $\delta E_{xx} \approx 30\epsilon_c/(eL^2)$. While this result also shows that this orientation might present suitable working points where charge noise is suppressed, we do not investigate this possibility further.

We now study how these results change when we consider wires with an isosceles triangular cross section, as those studied in Sec. IV. We consider a FinFET in the DRA and in Fig. 15, we compare the spinorbit velocity in isosceles triangles with the same area $\sqrt{3L^2/4}$ and different aspect ratios $r = L_x/L_v$. Here, we fully account for the SOHs and we use an effective side length of $\tilde{L} = 20$ nm. In Figs. 15(a) and 15(b), we show the spin-orbit velocity when the triangle is narrow. When r = 0.8, the spin-orbit coupling is still suppressed when $\delta E_{yy} = c_{yy} \delta E_{xx}/c_{xx} = -\delta E_{xx}$ (purple line),

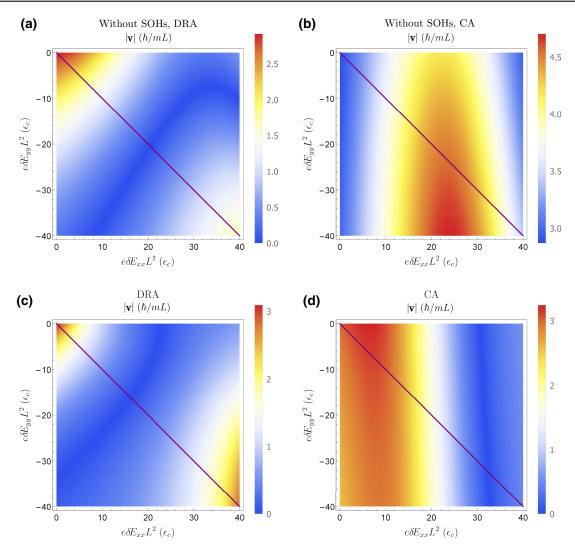


FIG. 14. Spin-orbit velocity $|\mathbf{v}|$ as a function of δE_{xx} and δE_{yy} when $\theta=0$. Here, we consider an equilateral triangular cross section. In (a),(b) we neglect the SOHs and show results obtained for the DRA and the CA orientations, respectively. In (c),(d) we include the SOHs and simulate a wire with cross section of side L=20 nm. We show results obtained for the DRA and CA orientations, respectively. The purple lines show the constraint $\delta E_{xx}=-\delta E_{yy}$.

but when the ratio $|c_{yy}/c_{xx}| \lesssim 1$, the spin-orbit coupling does not vanish and the charge noise sweet spot is removed. Even worse, when r=0.7, the spin-orbit coupling vanishes only when the ratio $|c_{yy}/c_{xx}| \gg 1$, away from the limit studied in the main text. In Figs. 15(c) and 15(d), we show the spin-orbit velocity when the triangle is wide. In contrast to the narrow triangle, here the spin-orbit coupling vanishes for any values of the ratio $|c_{yy}/c_{xx}|$. By increasing r, we observe that the line where $|\mathbf{v}|=0$ is pushed towards lower values of δE and when r=1.5, an additional line where the spin-orbit coupling vanishes appears. However, we also note that the maximal spin-orbit velocity in these devices decreases compared to the equilateral FinFET; see Fig. 14(c).

APPENDIX E: EFFECT OF STRAIN

Here, we examine in detail how strain modifies the spinorbit coupling. In particular, we extract the maximal strain that the system can support before the spin-orbit switch is removed. We restrict ourselves to the analysis of heavy and light holes of a fin grown along the DRA, where the effect of the strain tensor elements ϵ_{ij} is well described by the Bir-Pikus Hamiltonian [1,83]

$$H_{\rm BP}^{\rm DRA} = \epsilon_0^S J_z^2 + \begin{pmatrix} 0 & \epsilon_1^S & \epsilon_2^S & 0\\ (\epsilon_1^S)^* & 0 & 0 & \epsilon_2^S\\ (\epsilon_2^S)^* & 0 & 0 & -\epsilon_1^S\\ 0 & (\epsilon_2^S)^* & -(\epsilon_1^S)^* & 0 \end{pmatrix}, \tag{E1}$$

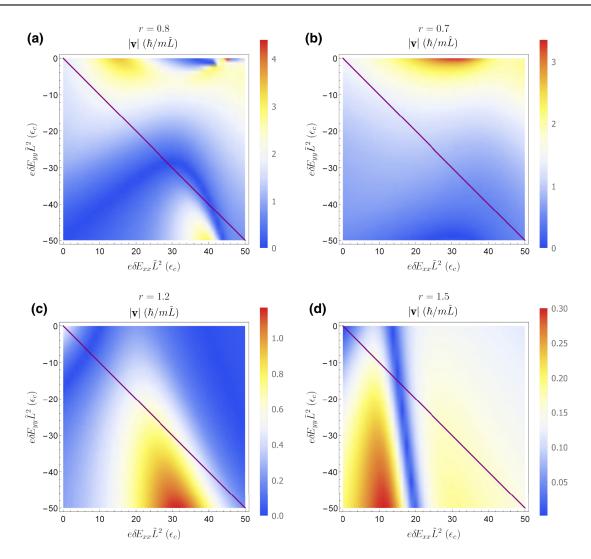


FIG. 15. Spin-orbit velocity $|\mathbf{v}|$ as a function of δE_{xx} and δE_{yy} for isosceles triangles. Here, we consider wires grown along the DRA orientation whose cross sections have an effective length $\tilde{L}=20$ nm and different aspect ratios $r=L_y/L_x$. The SOHs are fully included in these results. In (a),(b) we show the spin-orbit coupling obtained for narrow triangles (r<1), while in (c),(d) we show the results obtained for wide triangles (r>1). The purple lines show the constraint $\delta E_{xx}=-\delta E_{yy}$.

with

$$\epsilon_0^S = -2b(\epsilon_{xx} + \epsilon_{yy} - 2\epsilon_{zz}),$$
 (E2a)

$$\epsilon_1^S = d(\epsilon_{xz} - i\epsilon_{yz}),$$
 (E2b)

$$\epsilon_2^S = \frac{\sqrt{3}}{2}b(\epsilon_{xx} - \epsilon_{yy}) + id\epsilon_{xy}.$$
 (E2c)

For Si, the parameters b = -2.2 eV and d = -5.1 eV can be found in, e.g., Ref. [1].

In general, the strain elements ϵ_{ij} are functions of position, resulting in a complicated spin-dependent potential. We estimate the strain profile in the Si FinFET shown in

Fig. 1, when a pressure of 100 MPa is applied pushing the top interface downwards in the y direction. For the simulation, we use the structural mechanics module of COMSOL Multiphysics[®] [92], and consider an equilateral triangular cross section of side L=20 nm, and a substrate thickness of $d_B=20$ nm. We impose a free boundary condition on the substrate in the x direction, while the bottom interface is kept fixed. The total width of the substrate in the x direction is 50 nm, with the fin being placed in the middle.

The relevant combination of the strain tensors are shown in Fig. 16. With this simple model, we observe that most terms are rather homogeneous in the cross section, and thus we study the effect of constant values of the ϵ_i^S energies. The homogeneous approximation is reasonable for the diagonal elements ϵ_{ii} , but it is more debatable for the cross terms $\epsilon_{ij} \neq i$. In particular, the term ϵ_{xy} also has a component

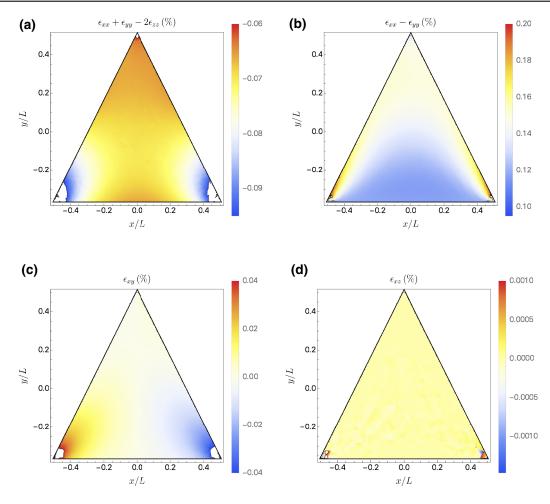


FIG. 16. Simulation of the strain profile in a Si FinFET. We consider here the strain in a L=20 nm triangular fin caused by a pressure of 100 MPa applied on the top interface (the two surfaces with side length L_y in Fig. 1), and show the distribution of the relevant combinations of the ϵ_{ij} parameters; see Eq. (18). The values provided here are given in percentages.

that varies linearly in the x direction, and so we extend our analysis by using $\mathrm{Im}[\epsilon_2^S(x)] \approx \mathrm{Im}(\epsilon_2^S) + x \partial_x \mathrm{Im}(\epsilon_2^S)$. Note however that in our simulation we are applying the pressure directly on the top of the Si structure. Applying the pressure on the electrode could potentially reduce the strain close to the boundaries of the Si triangle, due to the effect of the gate oxide. We also point out that the terms ϵ_{zz} and ϵ_{iz} are likely to have a z dependence when qubits are defined and the top gate is terminated along the z direction. However, we expect the strain field to be strongly peaked in a narrow region close to the edges of the electrodes, where the hole density is small, and, in the following, we neglect these inhomogeneities.

By studying the effect of each term independently, we find a reasonable estimation of the strain that the system can support. The results of this analysis are given in Fig. 17, where we show how the spin-orbit velocity dependence on E_y and δE is affected by the strain energies ϵ_i^S given in Eq. (E2). Here, we express the energies ϵ_i^S

in terms of the confinement energy $\epsilon_c \approx 17.2/L^2 \text{ eV nm}^2$. Positive and negative diagonal strains ϵ_0^S are examined in Figs. 17(a) and 17(b), respectively. The spin-orbit switch is robust against ϵ_0^S , but the shape of the curve along which $|\mathbf{v}|=0$ changes and, in particular, negative (positive) values of the strain narrow (widen) the curve. We extract bounds on the maximal strain allowed by considering that, when $\epsilon_0^S/\epsilon_c \gtrsim 0.1$, the $|\mathbf{v}|=0$ curve is too wide and the inhomogeneous switch δE^{sw} disappears from the range of parameters considered. In contrast, when $\epsilon_0^S/\epsilon_c \lesssim -0.035$, the curve becomes too narrow and results in a finite spin-orbit coupling in the whole parameter space.

Similar physics appears when the contribution of $\operatorname{Re}(\epsilon_2^S) \propto \epsilon_{xx} - \epsilon_{yy}$ is examined; see Figs. 17(c) and 17(d) for positive and negative values of $\operatorname{Re}(\epsilon_2^S)$, respectively. In fact, the spin-orbit switch persists, but the $|\mathbf{v}| = 0$ curve is modified by the strain. In particular, when $\operatorname{Re}(\epsilon_2^S) < 0$, the inhomogeneous field δE is strongly enhanced and the switching field δE^{sw} is pushed towards lower values. For

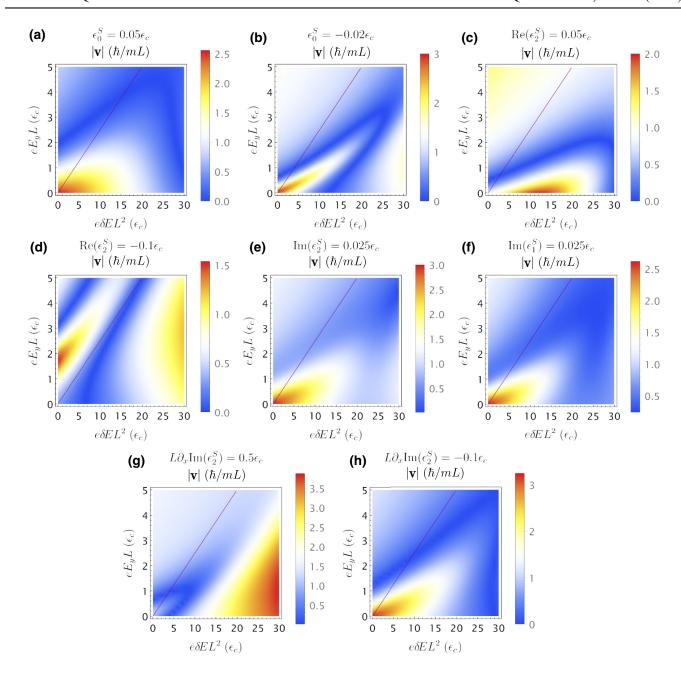


FIG. 17. Effect of strain on the spin-orbit coupling. We use here the Bir-Pikus Hamiltonian in Eq. (E1), which is parameterized by the strain energies ϵ_i^S related to the strain tensor via Eq. (E2). The values used in the simulation are given in units of ϵ_c ; see Eq. (9). In (a),(b), we show how the dependence of $|\mathbf{v}|$ as a function of E_y and δE changes by positive and negative values of the energy ϵ_0^S , respectively. In (c)–(f), we study the effect of positive and negative values of $\text{Re}(\epsilon_2^S)$ and the effect of $\text{Im}(\epsilon_2^S)$ and $\text{Im}(\epsilon_1^S)$, respectively. In (g),(h), we show how the inhomogeneous strain field $x\partial_x \text{Im}(\epsilon_2^S)$ acts on the spin-orbit coupling for positive and negative values of the gradient.

this reason, a moderate negative strain might be helpful to compensate for the SOHs, in analogy to the wide FinFET discussed in Sec. IV. We do not explore this intriguing possibility in more detail. In analogy to before, we extract the bounds $\text{Re}(\epsilon_2^S)/\epsilon_c \in [-0.1, 0.1]$ by verifying when the switch is pushed outside the range of parameters studied.

In contrast, the homogeneous components of the cross-couplings ϵ_{ij} remove the spin-orbit switch, but the shape of the curve where $|\mathbf{v}|$ is minimal does not change. In Figs. 17(e) and 17(f), we show how the terms $\mathrm{Im}(\epsilon_2^S) \propto \epsilon_{xy}$ and $\mathrm{Im}(\epsilon_1^S) \propto \epsilon_{yz}$ influence $|\mathbf{v}|$. The effect of $\mathrm{Re}(\epsilon_1^S) \propto \epsilon_{xz}$ is analogous to the effect of ϵ_{yz} and is not reported here. To find bounds on the maximal strain allowed, we estimate

TABLE II. Examples of FinFET designs where the spinorbit sweet spot is restored in the small cross-section limit. To estimate the values of minimal spin-orbit length, we consider devices with $L = \tilde{L} = 20$ nm. For the first two designs, we consider a back gate at $d_B = 100$ nm, while for the last FinFET, we consider a cross section 120 nm wide and 60 nm high. Here $V_g^{\rm sw}$ increases by increasing d_B or by decreasing L.

FinFET	Orientation	Aspect ratio r	$l_{ m SO}^{ m min}$	$V_g^{\text{sw}}(V)$
SOI or bulk	DRA	1.2	$1.5 ilde{L}$	-3.12
SOI	SA	1	4L	+0.72
Bulk	DRA	1	10 <i>L</i>	-0.28

that, when $|\operatorname{Im}(\epsilon_1^S)|/\epsilon_c < 0.025$ and $|\operatorname{Im}(\epsilon_2^S)|/\epsilon_c < 0.025$, the minimal value of the spin-orbit coupling is lower than 10% of the maximal coupling. We report the limiting values of the tensor elements ϵ_{ii} in Eq. (18).

Finally, in Figs. 17(g) and 17(h), we show how the largest inhomogeneous strain component $x\partial_x \text{Im}(\epsilon_2^S)$ alters $|\mathbf{v}|$. In analogy to ϵ_0^S and $\text{Re}(\epsilon_2^S)$, the spin-orbit coupling vanishes along a curve that is rescaled by strain. We estimate that the physics described in the main text remains qualitatively valid when $L\partial_x \text{Im}(\epsilon_2^S)/\epsilon_c \in [-0.15, 0.5]$, from which it follows that $L\partial_x \epsilon_{xy} \in [-1.7\%, 0.5\%] \times (L/10 \text{ nm})^{-2}$.

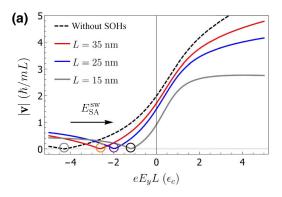
From Fig. 16, we see that, when L=20 nm, the cross term $\epsilon_{xy} \in [-0.06\%, 0.06\%]$, resulting in $|L\partial_x \epsilon_{xy}| \sim 0.1\%$. This value is smaller but still comparable to the estimated bound. However, we observe that most of the inhomogeneity of the strain comes from hotspots at the boundary of the triangle, where the wavefunction has no support, and thus the effective value of $|L\partial_x \epsilon_{xy}|$ is even smaller in more realistic scenarios. In addition, while the homogeneous parts of the cross terms $\epsilon_{ij} \neq i$ remove the spin-orbit switch, from the simple simulations shown in Fig. 16, we expect those terms to be rather small. Thus, we believe that the conditions on the homogeneous parts of the diagonal elements ϵ_{ii} are the most stringent ones.

APPENDIX F: COMPENSATING FOR THE SOHS

In Sec. IV, we show that the SOHs can remove the spinorbit switch in small wires and wide DRA FinFETs are proposed to restore the sweet spot. Here, we discuss other possible design concepts valid for both SOI and bulk Si FinFETs that can compensate for the SOHs. In particular, in equilateral SOI FinFETs the spin-orbit can be switched off in wires grown along the [110] direction (SA) by pushing the hole wavefunction at the bottom of the triangles, while in bulk FinFETs, the spin-orbit switch is naturally recovered by considering the leakage of the hole wavefunction into the Si substrate; a summary of the different designs considered is given in Table II.

In small equilateral SOI FinFETs, the spin-orbit velocity can also be suppressed by pushing the hole wavefunction towards the bottom of the fin by a positive gate potential. As discussed in Sec. III B, in a wire grown along the [110] direction (SA) with an equilateral triangular cross section, the spin-orbit velocity vanishes by the effect of a negative homogeneous electric field $E_{\rm SA}^{\rm sw} < 0$; see Eq. (12). In Fig. 18(a), we show the dependence of this switching field on the size of the equilateral cross section. In this case, the SOHs do not remove the sweet spot, but they push it to lower values of the homogeneous electric field that can be reached by a smaller gate potential. In Fig. 18(b), we study the spin-orbit coupling in an equilateral wire with side L = 20 nm when δE is also included. In this case, we observe that, along the purple line defined by Eq. (17), $|\mathbf{v}|$ vanishes at the gate potential $V_g^{\text{sw}} \approx +57.3 \times \text{nm}^2 d_B / \tilde{L}^3 \text{ V}$, corresponding to $V_g^{\rm sw} \approx +0.72~{\rm V}$ when $\tilde{L}=20~{\rm nm}$ and $d_B = 100$ nm, easily achievable in state-of-the-art devices. The total hole density $|\psi|^2$ at the switching potential V_{σ}^{sw} is shown in the inset of Fig. 18(b). Comparing to the wide DRA FinFET, we find that in the regime of parameters examined, the SA device has a larger minimal spin-orbit length $l_{\rm SO}^{\rm min} \approx 4L$, leading to smaller spin-orbit interactions when the qubit is operational.

So far, we have focused on FinFETs, where the triangular fin is well separated from the bulk and we have modeled these systems by using hard-wall boundary conditions at the edges of the triangle. This approximation is valid as long as the hole wavefunction is well confined inside the fin, such that the substrate can be neglected. In bulk Si Fin-FETs, there is a thick substrate that is strongly coupled to the holes in the wire and the confinement potential that localizes the holes in the fin is provided by the negative potential V_g applied to the top gate. By fully simulating this cross section, in Fig. 19, we show that a convenient working point where the spin-orbit velocity can be completely removed at smaller values of the gate potential (see Table II) also emerges naturally in these systems when the wire is grown in the DRA. To obtain this result, we simulate a cross section composed of an equilateral triangular fin with side L=20 nm symmetrically placed on top of a rectangular substrate 120 nm wide and 60 nm high. For this simulation, we use the 6×6 LK Hamiltonian and the electrostatic potential generated by the top gate is calculated by solving the Laplace equation with the boundary conditions described in Appendix A. When $|V_g| \gtrsim 0.1 \text{ V}$, the holes are confined in the fin and the spin-orbit velocity shows a behavior that is in qualitative agreement with our treatment; see, e.g., Fig. 3. The results obtained for lower values of the gate potential $|V_g| < 0.1$ V, where the hole wavefunction is largely spread in the substrate are inaccurate and have been removed from the figure. In this system, $|\mathbf{v}| = 0$ at $V_q^{\text{sw}} = -0.28$ V, where the wavefunction is strongly localized into the fin (see the inset of the figure); in larger devices, we again expect that the potential will scale roughly as $V_g^{\text{sw}} \propto d_B/L^3$. While the spin-orbit



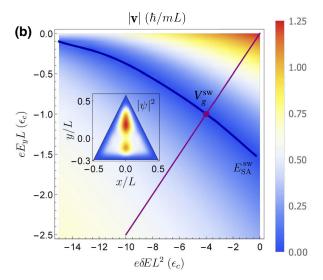


FIG. 18. Spin-orbit velocity $|\mathbf{v}|$ in an equilateral SOI FinFET grown along the SA. In (a), we show how the dependence of $|\mathbf{v}|$ on E_y varies as a function of L. The switching field $E_{\mathrm{SA}}^{\mathrm{sw}}$ is pushed towards lower values as the triangle becomes smaller. In this device, the spin-orbit coupling is removed by a negative electric field generated by a positive gate potential V_g that pushes the hole wavefunction to the bottom of the triangle. In the units used, the results obtained without including the SOHs are independent of L. In (b) we show $|\mathbf{v}|$ as a function of E_y and δE for a device with L=20 nm. The spin-orbit coupling vanishes along the blue line. The purple line indicates the constraint in Eq. (17). In the inset, we show the total density $|\psi|^2$ of the hole wavefunction in the cross section at V_g^{sw} , where purple and blue lines intersect. The density vanishes (is maximal) in the blue (red) region.

coupling can be conveniently switched off in this setup, we also estimate that the minimal spin-orbit length $I_{\rm SO}^{\rm min} \sim 10L$ is larger than in the other designs.

Finally, in Appendix E it is shown that strain can enhance the effect of the inhomogeneous electric field δE on the spin-orbit velocity. Consequently, we expect that one could also recover the spin-orbit switch by appropriately engineering the strain field in the device. However, here we do not analyze this possibility more quantitatively.

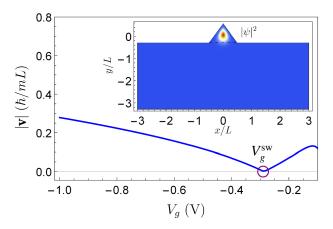


FIG. 19. Spin-orbit velocity $|\mathbf{v}|$ in a bulk equilateral FinFET grown along the DRA. We show $|\mathbf{v}|$ as a function of the gate potential V_g in a device where an equilateral triangle with side L=20 nm is placed on top of a substrate 6L wide and 3L high. The electrostatic potential in this calculation is simulated by solving the Laplace equation as discussed in Appendix A. In the inset, we show the total density $|\psi|^2$ of the hole wavefunction at $V_g=-0.28$ V, where the spin-orbit coupling vanishes. The hole density vanishes in the blue region and attains maximal value in the red region. At this potential, the holes are localized in the fin.

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